

Wrestling Coaches and A.D.s,

Due to school closings on February 12, all State Dual Team participants weighing in on Wednesday, Feb. 13, will receive a one-pound scale allowance for the State Duals. That means one additional pound for all wrestlers, and if an individual wrestler has qualified for the growth allowance (two pounds) there would be a total of three pounds allowed.

Example: 106-pounder with growth allowance that says YES can weigh 109 pounds on Wednesday.

Individual state qualifiers will receive a two-pound scale allowance on every day of the tournament (Thursday, Friday, Saturday) plus the two-pound growth allowance for a total of four pounds.

Example: 106-pounder can weigh 110 on Thursday, Friday and Saturday.

Lewie Curtis
IHSAA Wrestling Administrator