

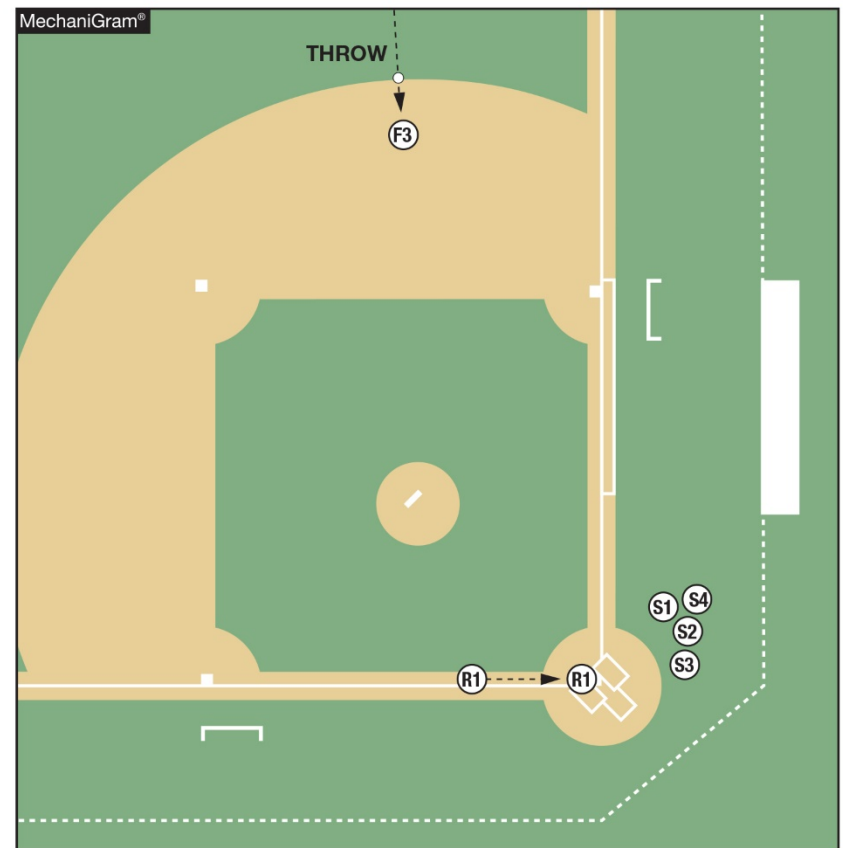


POINTS OF EMPHASIS



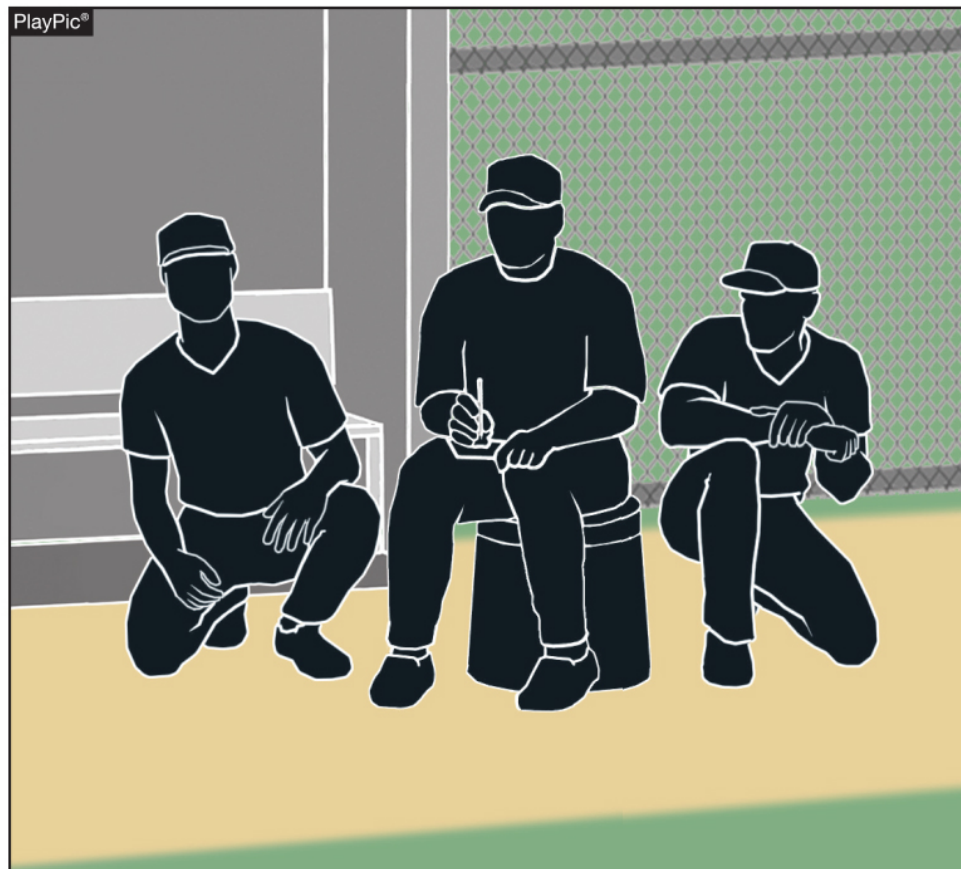
SPORTSMANSHIP — BENCH REQUIREMENTS AND CELEBRATIONS

Coaches, players, substitutes, attendants or other bench personnel shall not leave the dugout during a live ball for any unauthorized purposes.



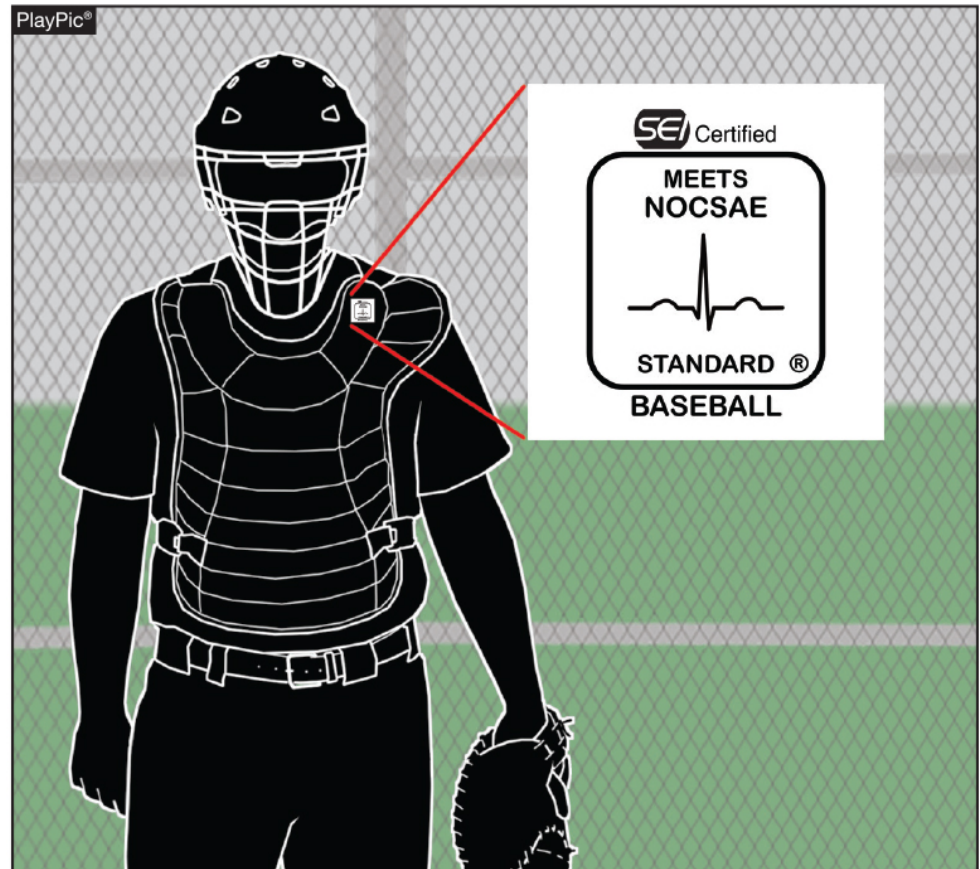
SPORTSMANSHIP — BENCH REQUIREMENTS

Coaches or team personnel may not sit outside the dugout/bench area on buckets or stools.

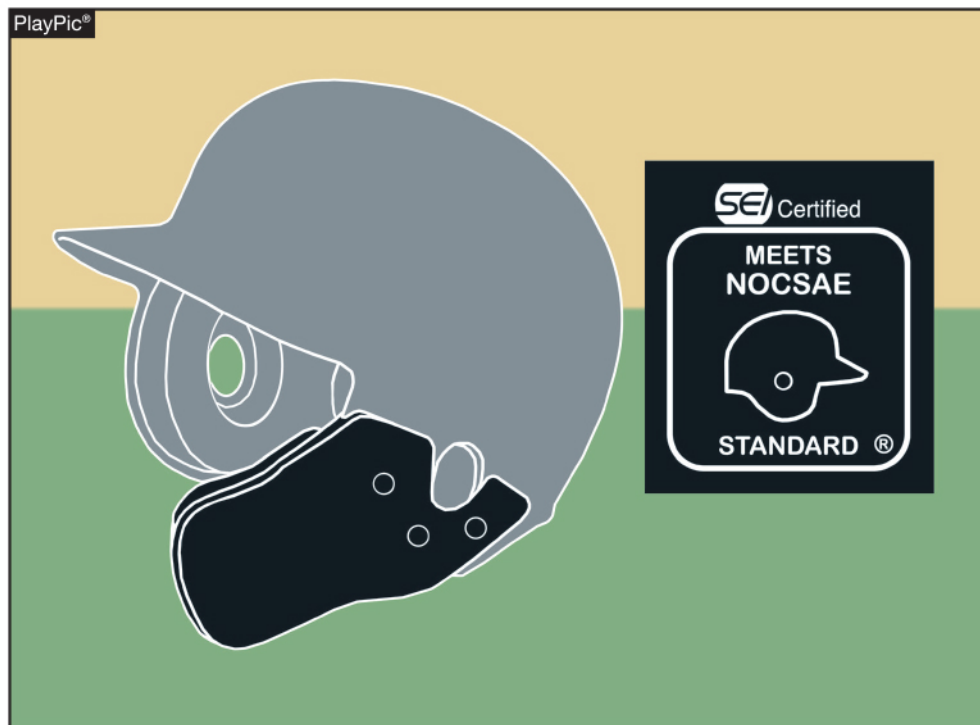


COMPLIANT OF PLAYER'S EQUIPMENT – BODY/CHEST PROTECTOR

Per a rule change approved in 2017, the catcher's body/chest protector shall meet the NOCSAE standard effective January 1, 2020.

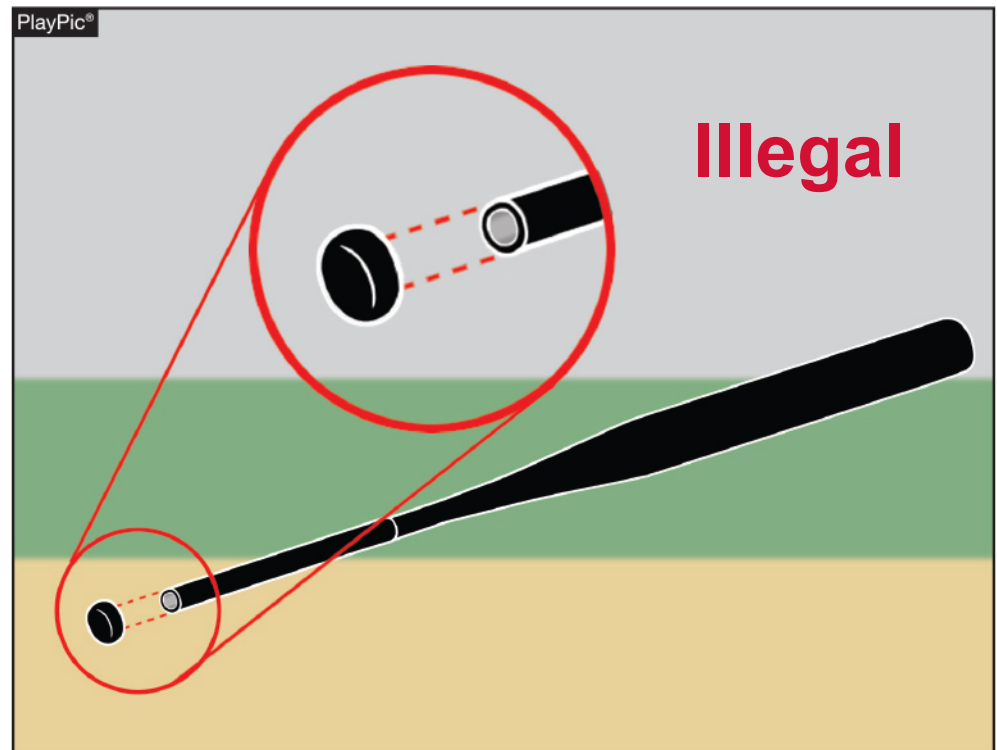


COMPLIANT OF PLAYER'S EQUIPMENT - HELMETS



COMPLIANT OF PLAYER'S EQUIPMENT - BATS

Bats shall be unaltered from the manufacturer's original design and production and must meet the provisions of Rule 1-3-2.



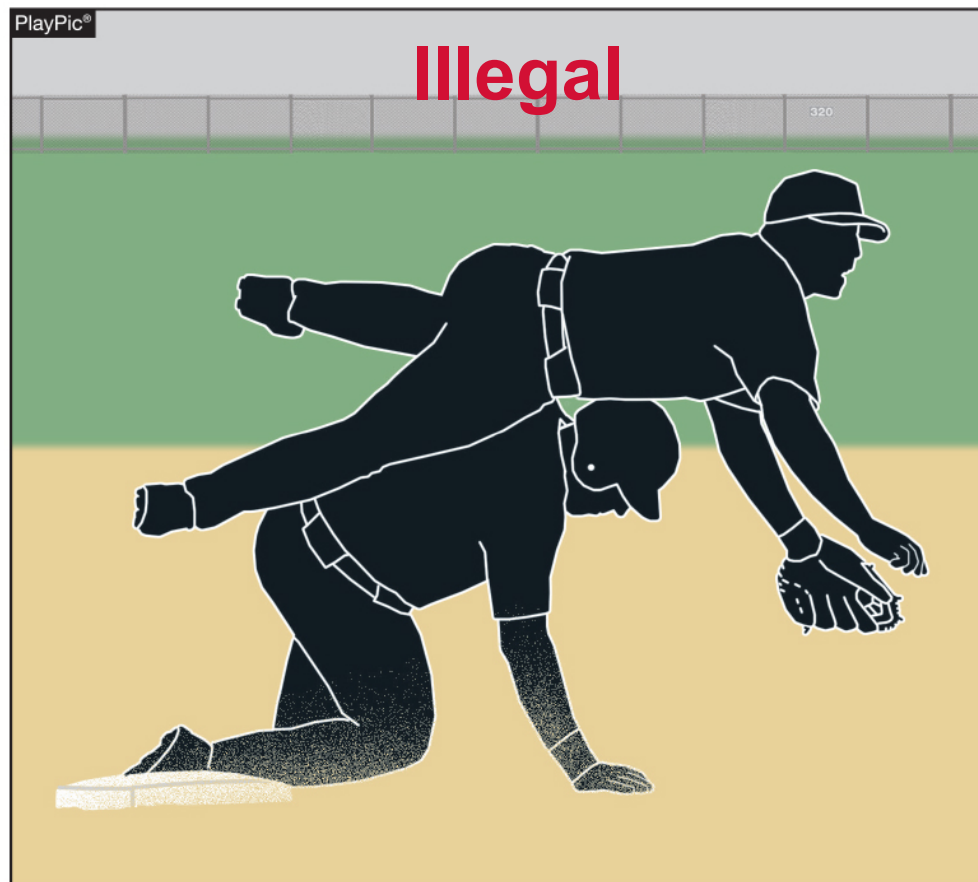
BASERUNNER'S RESPONSIBILITIES

Runners are never required to slide, but if a runner elects to slide, it must be legal. A legal slide can either be feet first or head first. If a runner slides feet first, at least one leg and buttock shall be on the ground.



BASERUNNER'S RESPONSIBILITIES

Runners may not pop-up into the fielder.



BASERUNNER'S RESPONSIBILITIES

Runners may not have a leg raised higher than the fielder's knee.



BASERUNNER'S RESPONSIBILITIES

Except at home plate, runners may not slide through or beyond the base.



BASERUNNER'S RESPONSIBILITIES

Runners may not slide away from a base in the direction of the fielder. But a runner may slide in a direction away from the fielder to avoid making contact or altering the play of the fielder.



BASERUNNER'S RESPONSIBILITIES

The runner is out when he illegally slides and affects the play. On a force play, the runner is also guilty of interference. The batter-runner is also declared out and all runners must return to the base occupied at the time of the pitch.



BASERUNNER'S RESPONSIBILITIES

Jumping, hurdling and leaping are all legal attempts to avoid a fielder as long as the fielder is lying on the ground.



BASERUNNER'S RESPONSIBILITIES

When illegally executed, as shown in the PlayPic, hurdling, jumping or leaping over a fielder supersedes obstruction.



BASERUNNER'S RESPONSIBILITIES

Diving over a fielder is always illegal. Diving supersedes obstruction.

