



May 1, 2019

Dear Coach,

Congratulations to you and your athletes on a very successful season and qualifying to compete in the 2019 State Track Meet. The Drake University Master of Athletic Training (MAT) Program will be working with the Iowa Girls High School Athletic Union and the Iowa High School Athletic Association to provide athletic training services during the meet.

Athletic Trainers and Athletic Training Students will be located in the NE corner of the track for any necessary needs (taping, ice, injury evaluations, or wound care) 1 hour prior to the first event and 30 minutes following the final event. We will not provide massage therapy or ice baths during the meet. Water and cups will be located throughout the track complex for your use. In order to easily identify athletic trainers during the meet, we will be wearing khakis and a blue Drake polo/jacket.

Please note that the current forecast for next week has some of the warmest days of the track season. Due to the consistently cold/rainy weather we have had, warm weather will impact your athletes more than normal. Reinforce to them the importance of being hydrated before and during the track meet.

If you have a Certified Athletic Trainer who will attend the meet with your team, please forward my name and number to them so that we can make arrangements with them.

If you or a member of your team has questions or requests of our services prior to the state track meet, please feel free to contact me (Megan) at (319) 230-3636 and we will do our best to accommodate your requests. We wish you and your team best of luck during the State Track Meet.

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