IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

LIST OF APPROVED BODY COMPOSITION ASSESSMENT METHODS AND PERSONNEL 2018-19
*** BOD POD AIR DISPLACEMENT

*** FUTREX NEAR-INFRARED PHOTOSPECTROMETRY MACHINES
(ONLY THE FOLLOWING MODELS ARE PERMITTED)

5000 A/WL
5500 A/WL

*** HYDROSTATIC WEIGHING

*** SKIN FOLD MEASUREMENTS
(ONLY HIGH QUALITY METAL ALLOY CALIPERS ARE ALLOWED)

*** TANITA SCALES/BODY COMPOSITION ANALYZERS:
(ONLY THE FOLLOWING MODELS ARE PERMITTED)

TBF-300A - Using the **STANDARD** Mode ONLY
TBF-300WA - Using the **STANDARD** Mode ONLY

The personnel *listed alphabetically by city* on the following pages are available to perform body composition assessments on high school wrestlers. It is important to contact assessment personnel early to assure you can schedule assessment at a convenient time.
Organization: Ankeny PT Powered by ARCT
Contact Person: Pete Harder, LAT
Mailing Address: 301 N Ankeny Blvd
City: Ankeny
State: IA
Zip: 50023
Phone: 515-965-1422
Fax: 515-965-1449
E-mail: pharder@arcpt.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $ $1.00

Organization: Naig Chiropractic
Contact Person: Jeremiah Naig
Mailing Address: 225 SE Oralabor Rd Suite 7
City: Ankeny
State: IA
Zip: 50021
Phone: 515-963-7675
Fax: 515-963-7714
E-mail: drjdnaig@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: Brad Bruhl, DC
Contact Person: Brad Bruhl, DC
Mailing Address: 802 NW 22nd St
City: Ankeny
State: IA
Zip: 50023
Phone: 515-240-5131
Fax:
E-mail: bruhldr@aol.com
Assessment Method: Skinfolds
Maximum Cost at School: $7.00
Maximum Cost at Agency: $7.00
Maximum Travel Distance: 25 miles
Mileage Rate: $ $0.00
Organization: Bettendorf High School
Contact Person: Eric Knudson, LAT
Mailing Address: 3333 18th Street
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-332-4516
Fax: 563-332-8761
E-mail: eknudson@bettendorf.k12.ia.us
Assessment Method: Futrex/Tanita/Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Pleasant Valley High School
Contact Person: Jason Viel, LAT
Mailing Address: 604 Belmont Road
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-370-3379
Fax:
E-mail: vieljason@pleasval.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Kincart Physical Therapy Services
Contact Person: Brian Sharp, PT
Mailing Address: 509 North Madison St
City: Bloomfield
State: IA
Zip: 52537
Phone: 641-664-7086
Fax: 641-664-3846
E-mail: bsharp@daviscountyhospital.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 2 miles
Mileage Rate: $0.00
**Organization:** Boone Rehab Services  
**Contact Person:** Samantha Busch, ATC/LAT  
**Mailing Address:** 1015 Union Street  
**City:** Boone  
**State:** IA  
**Zip:** 50036  
**Phone:** 319-415-1212  
**Fax:** 515-433-0701  
**E-mail:** safrost4@hotmail.com  
**Assessment Method:** Skinfolds  
**Maximum Cost at School:** $10.00  
**Maximum Cost at Agency:** $5.00  
**Maximum Travel Distance:** 45 miles  
**Mileage Rate:** $ $0.50

**Organization:** Corwin Stuart  
**Contact Person:** BGM High School  
**Mailing Address:** 1090 Jackson St  
**City:** Brooklyn  
**State:** IA  
**Zip:** 52211  
**Phone:** 319-400-4411  
**Fax:** 641-522-7009  
**E-mail:** cstuart@brooklyn.k12.ia.us  
**Assessment Method:** Tanita  
**Maximum Cost at School:** $10.00  
**Maximum Cost at Agency:** $8.00  
**Maximum Travel Distance:** 40 miles  
**Mileage Rate:** $ $0.54

**Organization:** Universal Therapy Group  
**Contact Person:** Scott Leinbach, ATC  
**Mailing Address:** 2750 Mt Pleasant St  
**City:** Burlington  
**State:** IA  
**Zip:** 52601  
**Phone:** 319-752-7727  
**Fax:** 319-752-7774  
**E-mail:** scott.leinbach@universaltherapygroup.com  
**Assessment Method:** Skinfolds  
**Maximum Cost at School:** $0.00  
**Maximum Cost at Agency:** $0.00  
**Maximum Travel Distance:** 0 miles  
**Mileage Rate:** $ $0.00
Organization: St. Anthony Regional Hospital  
Contact Person: Steve Schable, ATC/L  
Mailing Address: 311 South Clark Street  
City: Carroll  
State: IA  
Zip: 51401  
Phone: 712-794-5241  
Fax:  
E-mail: sschable@stantonyhospital.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $8.00  
Maximum Cost at Agency: $8.00  
Maximum Travel Distance: 45 miles  
Mileage Rate: $0.54  

Organization: Cascade Jr./Sr. High School  
Contact Person: Jordan Oberbreckling, LAT  
Mailing Address: 505 Johnson St NW  
City: Cascade  
State: IA  
Zip: 52033  
Phone: 319-480-6191  
Fax:  
E-mail: jordan.oberbreckling@wdbqschools.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 20 miles  
Mileage Rate: $0.50  

Organization: Cedar Valley Medical Specialists  
Contact Person: Pete Watters, ATC/LAT  
Mailing Address: 1015 Division Street  
City: Cedar Falls  
State: IA  
Zip: 50613  
Phone: 319-215-0814  
Fax:  
E-mail: h2obrothers.pw@gmail.com  
Assessment Method: Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 0 miles  
Mileage Rate: $0.00
Organization: Jefferson High School
Contact Person: Suzi Guider, ATC/LAT
Mailing Address: 1243 20th Street, SW
City: Cedar Rapids
State: IA
Zip: 52404
Phone: 319-560-3768
Fax: 319-398-2149
E-mail: sguider@cr.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Kennedy High School
Contact Person: Lynn Groth, ATC, LAT
Mailing Address: 4545 Wenig Rd NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-310-4822
Fax:
E-mail: lagroth@aol.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Linn County Physical Therapy
Contact Person: Kevin Lux, MPT, CSCS
Mailing Address: 1825 29th Street, NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-362-6994
Fax: 319-368-3399
E-mail: kmlux@lcpt.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization: Washington High School
Contact Person: Katie Kimmich, ATC
Mailing Address: 2205 Forest Drive, SE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-558-2226
Fax: 319-398-2227
E-mail: kkimmich@cr.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: Special Medical Services Corp.
Contact Person: Bret Kruthoff, PT, PTC, ATC
Mailing Address: 800 11th Street
City: Charles City
State: IA
Zip: 50616
Phone: 641-228-6344
Fax: 641-257-4339
E-mail: bretkruthoff@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $4.00
Maximum Cost at Agency: $4.00
Maximum Travel Distance: 30 miles
Mileage Rate: $ $0.00

Organization: Cherokee Regional Medical Center
Contact Person: Jodi Schlichting, LAT
Mailing Address: 300 Sioux Valley Drive
City: Cherokee
State: IA
Zip: 51012
Phone: 712-225-6858
Fax: 712-225-6872
E-mail: jschlichting@cherokeermc.org
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00
<table>
<thead>
<tr>
<th>Organization</th>
<th>Clarinda Regional Health Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Person</td>
<td>Molly Gilmore, MS, RD, LD</td>
</tr>
<tr>
<td>Mailing Address</td>
<td>220 Essie Davison Drive</td>
</tr>
<tr>
<td>City</td>
<td>Clarinda</td>
</tr>
<tr>
<td>State</td>
<td>IA</td>
</tr>
<tr>
<td>Zip</td>
<td>51632</td>
</tr>
<tr>
<td>Phone</td>
<td>712-542-8261</td>
</tr>
<tr>
<td>Fax</td>
<td>712-542-8381</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:mgilmore@clarindahealth.com">mgilmore@clarindahealth.com</a></td>
</tr>
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<td>Assessment Method</td>
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<tr>
<th>Organization</th>
<th>Kelsi Huseman, MSED, LAT, ATC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Person</td>
<td>Kelsi Huseman, MSED, LAT, ATC</td>
</tr>
<tr>
<td>Mailing Address</td>
<td>2090 Toubert Ave</td>
</tr>
<tr>
<td>City</td>
<td>Clarinda</td>
</tr>
<tr>
<td>State</td>
<td>IA</td>
</tr>
<tr>
<td>Zip</td>
<td>51632</td>
</tr>
<tr>
<td>Phone</td>
<td>712-435-0108</td>
</tr>
<tr>
<td>Fax</td>
<td>712-435-0108</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:kelsihuseman@yahoo.com">kelsihuseman@yahoo.com</a></td>
</tr>
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<td>Assessment Method</td>
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<th>Organization</th>
<th>Iowa Specialty Hospital, Clarion</th>
</tr>
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<tbody>
<tr>
<td>Contact Person</td>
<td>Jon Ahrendsen, MD</td>
</tr>
<tr>
<td>Mailing Address</td>
<td>215 13th Ave SW</td>
</tr>
<tr>
<td>City</td>
<td>Clarion</td>
</tr>
<tr>
<td>State</td>
<td>IA</td>
</tr>
<tr>
<td>Zip</td>
<td>50525</td>
</tr>
<tr>
<td>Phone</td>
<td>515-532-2836</td>
</tr>
<tr>
<td>Fax</td>
<td>515-532-2523</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:jon.ahrendsen@iaspecialty.com">jon.ahrendsen@iaspecialty.com</a></td>
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<td>Assessment Method</td>
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<td>Mileage Rate</td>
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Organization: Laube's Cutting Edge Fitness, Inc.
Contact Person: Jason Laube
Mailing Address: 5 Teamquest Way
City: Clear Lake
State: IA
Zip: 50428
Phone: 641-357-5515
Fax: 641-357-5415
E-mail: j_02_laube@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.20

Organization: Clinton High School
Contact Person: Kurt Flathers, ATC, LAT
Mailing Address: 817 8th Ave, South
City: Clinton
State: IA
Zip: 52732
Phone: 563-212-0763
Fax: 563-243-9612
E-mail: kflathers@clintonia.org
Assessment Method: Skinfolds
Maximum Cost at School: $6.00
Maximum Cost at Agency: $6.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.44

Organization: Riverbend Chiropractic Wellness Center, LLC
Contact Person: Dr. Karen Smith, D.C.
Mailing Address: 1663 Lincolnway Suite B
City: Clinton
State: IA
Zip: 52732
Phone: 563-242-8090
Fax: 563-242-0195
E-mail: rcwsmith@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 2 miles
Mileage Rate: $0.00
Organization: Performance Therapies, PC
Contact Person: Molly Camacho, DPT
Mailing Address: 3290 Ridgeway Drive, Suite 3
City: Coralville
State: IA
Zip: 52241
Phone: 319-665-2630
Fax: 319-665-2631
E-mail: mcamacho@perfther.com
Assessment Method: Skinfolds
Maximum Cost at School: $7.00
Maximum Cost at Agency: $7.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.50

Organization: Peak Performance
Contact Person: Bobby Reisz, LAT
Mailing Address: 1469 Abercorn Dr
City: Council Bluffs
State: IA
Zip: 51503
Phone: 515-577-7901
Fax:
E-mail: peakperformancesportstraining@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $6.00
Maximum Travel Distance: 125 miles
Mileage Rate: $0.50

Organization: Miller Orthopedic Specialists
Contact Person: Joshua Bintz, PT, DPT
Mailing Address: 1 Edmundsopn Place #500
City: Council Bluffs
State: IA
Zip: 51503
Phone: 712-323-5333
Fax: 712-323-8332
E-mail: jbintz@millerortho.com
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 45 miles
Mileage Rate: $0.00
Organization: Methodist Jennie Edmundson Sports Medicine
Contact Person: Dave Byrne, LAT, ATC
Mailing Address: 900 Woodbury Avenue
City: Council Bluffs
State: IA
Zip: 51503
Phone: 712-322-8307
Fax: 712-328-3224
E-mail: dave.byrne@nmhs.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 50 miles
Mileage Rate: $ $0.00

Organization: Regional Health Services of Howard County
Contact Person: Chris Trytten, ATC, LAT
Mailing Address: 235 8th Ave West
City: Cresco
State: IA
Zip: 52136
Phone: 563-547-6361
Fax: 563-547-6361
E-mail: trytten@mercyhealth.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: CNOS
Contact Person: Brandon Marreel, LAT
Mailing Address: 575 Sioux Point Road
City: Dakota Dunes
State: SD
Zip: 57049
Phone: 712-251-6839
Fax: 712-251-6839
E-mail: brandon.marreel@cnosfoundation.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 50 miles
Mileage Rate: $ $0.00
Organization: Ben Jobgen, PT
Contact Person: Ben Jobgen, PT
Mailing Address: 6316 Forest Rd
City: Davenport
State: IA
Zip: 52807
Phone: 563-370-2495
Fax:
E-mail: bmgjobu@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.00

Organization: Davenport Central High School
Contact Person: Tyler Beauchamp, LAT
Mailing Address: 1120 N Main Street
City: Davenport
State: IA
Zip: 52803
Phone: 563-260-3428
Fax:
E-mail: tyler.beauchamp@rockvalleypt.com
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Winneshiek Medical Center
Contact Person: Jessica Morken, MS, AT
Mailing Address: 901 Montgomery Street
City: Decorah
State: IA
Zip: 52101
Phone: 563-387-3031
Fax: 563-382-1582
E-mail: morkenj@winmedical.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.50
Organization: Decorah High School
Contact Person: Kelli Rueckert, LAT
Mailing Address: 100 Claiborne Dr
City: Decorah
State: IA
Zip: 52101
Phone: 563-387-3031
Fax: 563-382-1582
E-mail: rueckertk@winmedical.org
Assessment Method: Skinfolds
Maximum Cost at School: $3.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.54

Organization: Physiotherapy Associates
Contact Person: Allison Klapperich, MS, LAT
Mailing Address: 450 Laurel Street
City: Des Moines
State: IA
Zip: 50314
Phone: 515-323-6485
Fax: 515-323-6486
E-mail: aklapperich@selectmedical.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.54

Organization: Physiotherapy/Select Medical
Contact Person: Melanie Mason, LAT
Mailing Address: 450 Laurel Street
City: Des Moines
State: IA
Zip: 50314
Phone: 515-975-2943
Fax:
E-mail: mrmarti1@gundersenhealth.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization:  Hempstead High School
Contact Person:  Aurora Hemann, LAT
Mailing Address:  3517 Pennsylvania Avve
City:  Dubuque
State:  IA
Zip:  52002
Phone:  712-229-2828
Fax:
E-mail:  auroraashlyn@gmail.com
Assessment Method:  Skinfolds
Maximum Cost at School:  $0.00
Maximum Cost at Agency:  $0.00
Maximum Travel Distance:  0 miles
Mileage Rate:  $0.00

Organization:  Dubuque Senior High School
Contact Person:  Ronda Humpal, ATC, LAT
Mailing Address:  1800 Clarke Drive
City:  Dubuque
State:  IA
Zip:  52001
Phone:  563-580-6667
Fax:
E-mail:  rhumpal@dbqschools.org
Assessment Method:  Tanita
Maximum Cost at School:  $0.00
Maximum Cost at Agency:  $0.00
Maximum Travel Distance:  0 miles
Mileage Rate:  $0.00

Organization:  Wahlert Catholic High School
Contact Person:  Molly Pilcher MS, LAT, ATC
Mailing Address:  2005 Kane Street
City:  Dubuque
State:  IA
Zip:  52001
Phone:  563-583-9771
Fax:  563-583-9775
E-mail:  mpilcher@holyfamilydbq.org
Assessment Method:  Skinfolds/Tanita
Maximum Cost at School:  $0.00
Maximum Cost at Agency:  $0.00
Maximum Travel Distance:  0 miles
Mileage Rate:  $0.00
Organization: North Scott High School  
Contact Person: Tom Lyons, LAT  
Mailing Address: 200 South 1st Street  
City: Eldridge  
State: IA  
Zip: 52748  
Phone: 563-285-3207  
Fax:  
E-mail: kathi.washam@north-scott.k12.ia.us  
Assessment Method: Skinfolds/Tanita  
Maximum Cost at School: $5.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 20 miles  
Mileage Rate: $ $0.00

Organization: Central Community High School Warriors  
Contact Person: Theresa E. Eberhardt RDN/LD  
Mailing Address: 18098 Hwy 56  
City: Elkader  
State: IA  
Zip: 52043  
Phone: 563-419-0860  
Fax:  
E-mail: bonnie@alpinecom.net  
Assessment Method: Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 15 miles  
Mileage Rate: $ $0.00

Organization: Central Community Hospital  
Contact Person: Angie Gerndt  
Mailing Address: 901 Davidson St NW  
City: Elkader  
State: IA  
Zip: 52043  
Phone: 563-245-7014  
Fax: 563-245-7001  
E-mail: gerndta@cchelkader.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 0 miles  
Mileage Rate: $ $0.00
Organization: Western Dubuque Community Schools
Contact Person: Susan Thiesen, LAT, ATC
Mailing Address: 302 5th Avenue, SE
City: Epworth
State: IA
Zip: 52045
Phone: 563-876-3442 ext 3062
Fax: 563-876-9109
E-mail: sue.theisen@wdbqschools.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 60 miles
Mileage Rate: $0.00

Organization: Helmich Chiropractic Clinic
Contact Person: Nicholas Helmich, DC
Mailing Address: 1820 Central Avenue
City: Estherville
State: IA
Zip: 51334
Phone: 712-362-5236
Fax: 712-215-7979
E-mail: nick_helmich@yahoo.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.00

Organization: Iowa Lakes Community College
Contact Person: Kyle Norris, MS, LAT
Mailing Address: 300 S 18th St
City: Estherville
State: IA
Zip: 51334
Phone: 712-362-8377
Fax: 712-362-8363
E-mail: knorris@iowalakes.edu
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 20 miles
Mileage Rate: $0.00
Organization: Medical Arts Clinic
Contact Person: Michael Greiner, MD
Mailing Address: 2000B South Main Street
City: Fairfield
State: IA
Zip: 52556
Phone: 641-472-4156
Fax: 641-472-9436
E-mail: mgreiner@medicalartsclinic.net
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Forest City Chiropractic & Sport Clinic
Contact Person: Jim Brockhohn, DC
Mailing Address: 245 North Clark Street
City: Forest City
State: IA
Zip: 50436
Phone: 641-585-3032
Fax: 641-585-2382
E-mail: fcsports@wctatel.net
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.50

Organization: Active Health Chiropractic
Contact Person: Zach Mason, DC
Mailing Address: 20 N 29th St
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-227-7491
Fax: 888-594-7231
E-mail: zmasondc@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $2.00
Organization: Orthopedic Specialists
Contact Person: Josh Seltz, ATC
Mailing Address: 2700 1st Ave S
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-570-2157
Fax:
E-mail: jseltz9966@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Unity Point Health - Highland Park Center
Contact Person: Michelle Mann, ATC
Mailing Address: 821 S 25th Street
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-574-6919
Fax: 515-573-8327
E-mail: Michelle.Mann@unitypoint.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.00

Organization: Fort Madison Community Hospital
Contact Person: Trevor Pezley, ATC
Mailing Address: 5445 Avenue O
City: Fort Madison
State: IA
Zip: 52627
Phone: 319-470-8896
Fax: 319-372-1325
E-mail: tpezley@fmchosp.com
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 10 miles
Mileage Rate: $0.00
Organization: Wood Chiropractic Clinic
Contact Person: Scott Wood, DC
Mailing Address: 232 State Street
City: Garner
State: IA
Zip: 50438
Phone: 641-923-2059
Fax: 641-923-2059
E-mail: wooddc@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 15 miles
Mileage Rate: $0.00

Organization: Total Rehab-Ortho.
Contact Person: Jordan Vos, PT/ATC
Mailing Address: 234 West Street South, Southview Plaza #4
City: Grinnell
State: IA
Zip: 50112
Phone: 641-236-4506
Fax: 641-236-4316
E-mail: jordan@totalrehab-pt.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Contact Person: Kristina Horner, ATC/Share with Marshalltown
Mailing Address: 606 E 1st St
City: Grundy Center
State: IA
Zip: 50638
Phone: 319-825-6636
Fax:
E-mail: khorner@sportsplustherapy.com
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 45 miles
Mileage Rate: $0.50
Organization: Guthrie County Hospital
Contact Person: Sheyrl Clark, PT
Mailing Address: 710 North 12th Street
City: Guthrie Center
State: IA
Zip: 50115
Phone: 641-332-3810
Fax: 641-332-3809
E-mail: sheyrlc@gcho.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.55

Organization: Cornerstone Family Practice, GMH
Contact Person: Dr. Jeffrey Hoffmann, DO
Mailing Address: 200 Main Street
City: Guttenberg
State: IA
Zip: 52052
Phone: 563-252-5527
Fax: 563-252-5528
E-mail: jeffrey.hoffmann@guttenberghospital.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 25 miles
Mileage Rate: $0.56

Organization: Koenen & Collins Chiropractic Clinic
Contact Person: Dr. James Koenen, DC
Mailing Address: 303 Central Avenue, East
City: Hampton
State: IA
Zip: 50441
Phone: 641-456-4142
Fax: 641-456-2777
E-mail: jrkoenendc@msn.com
Assessment Method: Skinfolds
Maximum Cost at School: $8.00
Maximum Cost at Agency: $8.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.00
Organization: Petersen Family Wellness Center
Contact Person: Todd Alberti
Mailing Address: 1213 Chatburn Ave
City: Harlan
State: IA
Zip: 51537
Phone: 712-755-4505
Fax: 712-755-4510
E-mail: talberti@myrtuemedical.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.00

Organization: Hawarden Regional Healthcare
Contact Person: Mike May, DPT
Mailing Address: 1111 11th Street
City: Hawarden
State: IA
Zip: 51023
Phone: 712-551-3108
Fax: 712-551-3438
E-mail: maymj@mercyhealth.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 5 miles
Mileage Rate: $0.00

Organization: Humboldt County Memorial Hospital
Contact Person: Andrew Newell, LAT
Mailing Address: 1000 N 15th St
City: Humboldt
State: IA
Zip: 50548
Phone: 507-951-6709
Fax:
E-mail: andrewn@humboldthospital.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization: Huxley Physical Therapy
Contact Person: Rob Drew, PT, LAT
Mailing Address: 408 Campus Dr Ste B
City: Huxley
State: IA
Zip: 50124
Phone: 515-597-3726
Fax: 515-597-3727
E-mail: rob@huxleypt.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 5 miles
Mileage Rate: $0.00

Organization: Buchanan County Health Center
Contact Person: John Eikenberry, PT, LAT
Mailing Address: 1600 First Street East
City: Independence
State: IA
Zip: 50644
Phone: 319-332-0851
Fax: 319-332-0965
E-mail: jeikenberry@bchealth.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.00

Organization: Simpson College, Athletic Department
Contact Person: Nicolle Whalen, LAT
Mailing Address: 701 N C St
City: Indianola
State: IA
Zip: 50125
Phone: 515-961-1753
Fax: 515-961-1279
E-mail: nicolle.whalen@simpson.edu
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $8.00
Maximum Travel Distance: 45 miles
Mileage Rate: $0.56
Organization: Iowa City Community School District
Contact Person: Jennifer McHenry, LAT
Mailing Address: 1900 Morningside Dr.
City: Iowa City
State: IA
Zip: 52245
Phone: 319-430-2372
Fax: 
E-mail: mchenry.jennifer@iowacityschools.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Iowa City School District
Contact Person: Sheila Stiles, ATC, LAT
Mailing Address: 2901 Melrose Avenue
City: Iowa City
State: IA
Zip: 52246
Phone: 319-331-1693
Fax: 319-688-1315
E-mail: stiles.sheila@iowacityschools.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: UI Sports Medicine Center
Contact Person: Matt Doyle, LAT
Mailing Address: 2701 Prairie Meadow Dr
City: Iowa City
State: IA
Zip: 52242
Phone: 319-467-8255
Fax: 319-467-8247
E-mail: matthew-doyle@uiowa.edu
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
**Organization:** UnityPoint Health - Iowa City  
**Contact Person:** Marissa Yorgey  
**Mailing Address:** 708 Sunset St  
**City:** Iowa City  
**State:** IA  
**Zip:** 52246  
**Phone:** 641-220-0872  
**Fax:**  
**E-mail:** marissa.yorgey@linnmar.k12.ia.us  
**Assessment Method:** Skinfolds  
**Maximum Cost at School:** $0.00  
**Maximum Cost at Agency:** $0.00  
**Maximum Travel Distance:** 60 miles  
**Mileage Rate:** $0.00

**Organization:** Greene County Community Schools  
**Contact Person:** Ann Hicks, RN  
**Mailing Address:** 101 Ram Dr  
**City:** Jefferson  
**State:** IA  
**Zip:** 50129  
**Phone:** 515-386-2188  
**Fax:** 515-386-2159  
**E-mail:** hicksa@greenecountycsd.net  
**Assessment Method:** Tanita  
**Maximum Cost at School:** $0.00  
**Maximum Cost at Agency:** $0.00  
**Maximum Travel Distance:** 0 miles  
**Mileage Rate:** $0.00

**Organization:** Keokuk Chiropractic & Sports Injury Ctr.  
**Contact Person:** Dr. Dennis E Wolter, DC  
**Mailing Address:** 924 Main Street  
**City:** Keokuk  
**State:** IA  
**Zip:** 52632  
**Phone:** 319-524-0905  
**Fax:** 319-524-0904  
**E-mail:** dewolter@yahoo.com  
**Assessment Method:** Tanita  
**Maximum Cost at School:** $10.00  
**Maximum Cost at Agency:** $10.00  
**Maximum Travel Distance:** 5 miles  
**Mileage Rate:** $0.00
Organization: Van Buren Community School
Contact Person: Heidi Bainbridge
Mailing Address: 1576 Broad St
City: Keosauqua
State: IA
Zip: 52565
Phone: 641-919-7360
Fax: 
E-mail: heidi.bainbridge@van-burencsd.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: Pella Regional Health Center - Knoxville
Contact Person: Todd Smith, ATC
Mailing Address: 1208 N Lincoln
City: Knoxville
State: IA
Zip: 50138
Phone: 641-828-3832
Fax: 
E-mail: todds@pellahealth.org
Assessment Method: Skinfolds/Futrex
Maximum Cost at School: $7.50
Maximum Cost at Agency: $7.50
Maximum Travel Distance: 45 miles
Mileage Rate: $ $0.00
Organization: South Central Calhoun High School
Contact Person: Lorie Otto, School Nurse, RN
Mailing Address: 709 West Main
City: Lake City
State: IA
Zip: 51449
Phone: 712-464-7211
Fax: 712-464-3724
E-mail: lotto@scc.k12.ia.us
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00
Organization: Therapeutic Health Services Inc.
Contact Person: Anthony Peyton, PT
Mailing Address: 714 Lincoln Street
City: LeMars
State: IA
Zip: 51031
Phone: 712-546-3377
Fax: 712-546-3472
E-mail: anthony.peyton@floydvalley.org
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 10 miles
Mileage Rate: $ $0.50

Organization: Decatur County Hospital - Rehab Dept.
Contact Person: Laria Rasmussen
Mailing Address: 1405 NW Church Street
City: Leon
State: IA
Zip: 50144
Phone: 641-446-2219
Fax: 641-446-2209
E-mail: lrasmussen@d-c-h.org
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 5 miles
Mileage Rate: $ $0.00
Organization: Regional Medical Center of NE Iowa
Contact Person: Jeff McCormick, LAT
Mailing Address: 709 West Main Street
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-7311
Fax: 563-927-7510
E-mail: jeff.mccormick@regmedctr.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 25 miles
Mileage Rate: $ $0.00
Organization: West Delaware CSD
Contact Person: Ashley Monaghan, RN
Mailing Address: 605 New St
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-3515
Fax: 563-927-9115
E-mail: ashleymonaghan@w-delaware.k12.ia.us
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: Ultimate Chiropractic Health Center
Contact Person: Dr. Brent D. Pauls, DC
Mailing Address: 616 West Platt Street
City: Maquoketa
State: IA
Zip: 52060
Phone: 563-652-4364
Fax: 563-652-6818
E-mail: drbrentpauls@yahoo.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 30 miles
Mileage Rate: $ $0.00

Organization: Iowa Valley Schools
Contact Person: Jeremy Kriegel
Mailing Address: 359 East Hilton St
City: Marengo
State: IA
Zip: 52301
Phone: 319-642-3332
Fax:
E-mail: jkriegel@ivcisd.org
Assessment Method: Tanita
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 45 miles
Mileage Rate: $ $0.00
Organization:  Unity Point Health, St. Luke’s Hospital  
Contact Person:  Vince Klopfenstein, MS, LAT  
Mailing Address:  3111 N 10th St  
City:  Marion  
State:  IA  
Zip:  52302  
Phone:  319-750-1591  
Fax:  319-730-1622  
E-mail:  vince.klopfenstein@unitypoint.org  
Assessment Method:  Skinfolds  
Maximum Cost at School:  $10.00  
Maximum Cost at Agency:  $10.00  
Maximum Travel Distance:  20 miles  
Mileage Rate:  $ 0.50

Organization:  Anna Strand  
Contact Person:  Anna Strand, RN, BSN  
Mailing Address:  3274 Midway Road  
City:  Marion  
State:  IA  
Zip:  52302  
Phone:  319-721-1404  
Fax:  
E-mail: kakyki@yahoo.com  
Assessment Method:  Skinfolds  
Maximum Cost at School:  $0.00  
Maximum Cost at Agency:  $0.00  
Maximum Travel Distance:  0 miles  
Mileage Rate:  $ 0.00

Organization:  SportsPlus Sports Medicine and PT  
Contact Person:  Kristina Horner, ATC  
Mailing Address:  32 East Main St  
City:  Marshalltown  
State:  IA  
Zip:  50158  
Phone:  641-753-6636  
Fax:  
E-mail: khorner@sportsplustherapy.com  
Assessment Method:  Skinfolds  
Maximum Cost at School:  $5.00  
Maximum Cost at Agency:  $10.00  
Maximum Travel Distance:  45 miles  
Mileage Rate:  $ 0.50
Organization: Mercy Medical Center North Iowa
Contact Person: John Knapper, ATC
Mailing Address: 1501 4th st SW
City: Mason City
State: IA
Zip: 50401
Phone: 641-428-7498
Fax: 641-428-6484
E-mail: john.knapper@mercyhealth.com
Assessment Method: Futrex/Tanita
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.55

Organization: Ringgold County Hospital
Contact Person: Jill Ehlen, PTA
Mailing Address: 504 North Cleveland St
City: Mount Ayr
State: IA
Zip: 50854
Phone: 641-464-4428
Fax: 641-464-4449
E-mail: jehlen@rchmtayr.org
Assessment Method: Skinfolds
Maximum Cost at School: $8.00
Maximum Cost at Agency: $8.00
Maximum Travel Distance: 2 miles
Mileage Rate: $0.00
Organization: Iowa Physical Therapy
Contact Person: Jeremy Elliott, LAT
Mailing Address: 108 First Street, SE
City: Mount Vernon
State: IA
Zip: 52314
Phone: 319-895-4085
Fax: 319-895-8013
E-mail: mvelliott@netzero.net
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.50
Organization: Linden Chiropractic Clinic
Contact Person: Dr. Byron Linden, DC
Mailing Address: PO Box 626
City: Moville
State: IA
Zip: 51039
Phone: 712-873-5111
Fax: 712-873-5112
E-mail: beckylb@wiatel.net
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.50

Organization: Integrated Therapy Specialists
Contact Person: Nicole Calvert, ATC/LAT, CSCS
Mailing Address: 2109 Cedarwood Drive, Suite 100
City: Muscatine
State: IA
Zip: 52761
Phone: 563-288-6787
Fax: 563-288-6719
E-mail: nicole.calvert@rockvalleypt.com
Assessment Method: Tanita
Maximum Cost at School: $0.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 30 miles
Mileage Rate: $0.25

Organization: 21st Century Rehab - Nevada
Contact Person: Matt Myers, MS, ATC
Mailing Address: 640 S. 19th Street
City: Nevada
State: IA
Zip: 50201
Phone: 515-382-7008
Fax: 515-382-7113
E-mail: mattm@21stcenturyrehab.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization: Kinetic Edge Physical Therapy
Contact Person: Matt Scotton, DPT, ATC, CSCS
Mailing Address: 1715 1st Ave East
City: Newton
State: IA
Zip: 50208
Phone: 641-791-9675
Fax: 641-787-9006
E-mail: matts@kineticedgept.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Performance Rehab LLC - Oelwein
Contact Person: Mike VanDenHul, LAT, ATC, PTA
Mailing Address: 204 East Charles Street
City: Oelwein
State: IA
Zip: 50662
Phone: 319-283-2002
Fax: 319-283-2015
E-mail: mvandenhul@performancerhabiowa.com
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 20 miles
Mileage Rate: $0.55
Organization: MOC-Floyd Valley High School  
Contact Person: Chris Krohn, LAT  
Mailing Address: 615 8th Street, SE  
City: Orange City  
State: IA  
Zip: 51041  
Phone: 712-737-4871  
Fax: 712-737-3933  
E-mail: c Krohn@mocfv.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 0 miles  
Mileage Rate: $0.00

Organization: Northwestern College  
Contact Person: Derrick Moss, LAT  
Mailing Address: 208 8th Street, SW  
City: Orange City  
State: IA  
Zip: 51041  
Phone: 712-441-4018  
Fax: 712-737-7305  
E-mail: derrick.moss@nwciowa.edu  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 0 miles  
Mileage Rate: $0.00

Organization: Street Chiropractic  
Contact Person: Zach Muller, DC  
Mailing Address: 139 W Main  
City: Osage  
State: IA  
Zip: 50461  
Phone: 641-732-4665  
Fax: 641-732-3770  
E-mail: zachmuller@hotmail.com  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 30 miles  
Mileage Rate: $0.00
Organization: Kinetic Edge Physical Therapy  
Contact Person: Laura Norberg, LAT, ATC  
Mailing Address: 1412 A Ave W Suite A  
City: Oskaloosa  
State: IA  
Zip: 52577  
Phone: 641-676-3535  
Fax: 641-676-3537  
E-mail: lauran@kineticedgept.com  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 20 miles  
Mileage Rate: $0.33  

Organization: William Penn University  
Contact Person: Abu Ibrahim, MBL, ATC, LAT  
Mailing Address: 201 Trueblood Ave  
City: Oskaloosa  
State: IA  
Zip: 52577  
Phone: 641-673-1293  
Fax: 641-673-1290  
E-mail: ibrahima@wmpenn.edu  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 15 miles  
Mileage Rate: $0.54  

Organization: Ottumwa Regional Health Center  
Contact Person: Tomi Shull  
Mailing Address: 1001 Pennsylvania Avenue  
City: Ottumwa  
State: IA  
Zip: 52501  
Phone: 641-684-2664  
Fax: 641-683-2821  
E-mail: tshull@orhc.com  
Assessment Method: Futrex  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 40 miles  
Mileage Rate: $0.54
Organization: Pella Regional Health Center - Ottumwa
Contact Person: Todd Smith, ATC
Mailing Address: 611 North Hancock St
City: Ottumwa
State: IA
Zip: 52501
Phone: 641-954-8085
Fax: 
E-mail: todds@pellahealth.org
Assessment Method: Skinfolds/Futrex
Maximum Cost at School: $7.50
Maximum Cost at Agency: $7.50
Maximum Travel Distance: 45 miles
Mileage Rate: $0.00

Organization: Kinetic Edge Physical Therapy
Contact Person: Dustin Briggs
Mailing Address: 604 Liberty St. Suite 227
City: Pella
State: IA
Zip: 50219
Phone: 641-621-0230
Fax: 641-621-0319
E-mail: dustinb@kineticedgept.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization: Pella Regional Health Center
Contact Person: Todd Smith, ATC
Mailing Address: 500 Jefferson St
City: Pella
State: IA
Zip: 50219
Phone: 641-628-6623
Fax: 
E-mail: todds@pellahealth.org
Assessment Method: Skinfolds/Futrex
Maximum Cost at School: $7.50
Maximum Cost at Agency: $7.50
Maximum Travel Distance: 45 miles
Mileage Rate: $0.00
Organization: Southeast Polk CSD  
Contact Person: Darrin Carpenter, LAT  
Mailing Address: 7945 NE University Avenue  
City: Pleasant Hill  
State: IA  
Zip: 50327  
Phone: 515-967-6631 ext 2402  
Fax: 515-957-3498  
E-mail: darrin.carpenter@southeastpolk.org  
Assessment Method: Tanita  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 0 miles  
Mileage Rate: $0.00

Organization: Nicole Rengstorf  
Contact Person: Nicole Rengstorf  
Mailing Address: 1507 Blue Grass Rd  
City: Red Oak  
State: IA  
Zip: 51566  
Phone: 712-370-6602  
Fax:  
E-mail: nrengstorf@mcmh.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 30 miles  
Mileage Rate: $0.00  
Organization: Hegg Memorial Health Center  
Contact Person: Jordyn Kleinwolterink,  
Mailing Address: 1202 21st Avenue  
City: Rock Valley  
State: IA  
Zip: 51247  
Phone: 712-476-8081  
Fax:  
E-mail: jordyn.kleinwolterink@hegghc.org  
Assessment Method: Tanita  
Maximum Cost at School: $5.00  
Maximum Cost at Agency: $5.00  
Maximum Travel Distance: 46 miles  
Mileage Rate: $0.54
Organization: West Fork Family Medicine
Contact Person: Joshua Baker, DO
Mailing Address: 705 Elm Street East
City: Rockwell
State: IA
Zip: 50469
Phone: 641-372-0315
Fax: 866-610-4284
E-mail: joshuapaulbaker@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Saint Ansgar High School
Contact Person: Luke Nielsen
Mailing Address: 206 E. 8th Street
City: Saint Ansgar
State: IA
Zip: 50472
Phone: 641-713-4720
Fax: 641-713-2449
E-mail: lnielsen@st-ansgar.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Sanford Sheldon Medical Center
Contact Person: Donna Ihnen, PT
Mailing Address: 118 N 7th Avenue
City: Sheldon
State: IA
Zip: 51201
Phone: 712-324-6151
Fax: 712-324-6170
E-mail: donna.ihnen@sanfordhealth.org
Assessment Method: Skinfolds/Tanita
Maximum Cost at School: $3.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 60 miles
Mileage Rate: $0.54
Organization: Shenandoah Medical Center
Contact Person: Nikki Carlson
Mailing Address: 300 Pershing Avenue
City: Shenandoah
State: IA
Zip: 51601
Phone: 712-246-7325
Fax: 712-246-7416
E-mail: ncarlson@smchospital.com
Assessment Method: Skinfolds
Maximum Cost at School: $5.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.00

Organization: Sibley Chiropractic, PC
Contact Person: Dr. Brian Sayler, DC
Mailing Address: 240 9th Street
City: Sibley
State: IA
Zip: 51249
Phone: 712-754-2794
Fax: 712-754-4667
E-mail: drbriansayler@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $2.50
Maximum Cost at Agency: $2.50
Maximum Travel Distance: 45 miles
Mileage Rate: $0.54

Organization: Sports Medicine Northwest
Contact Person: Jim Lonning, LAT
Mailing Address: 1200 1st Avenue E, Suite C
City: Spencer
State: IA
Zip: 51301
Phone: 515-890-7746
Fax:
E-mail: cloneit@yahoo.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 60 miles
Mileage Rate: $0.00
Organization: Mary Greeley Rehab and Wellness  
Contact Person: Matt Petersen, PT  
Mailing Address: 812 Elm Avenue  
City: Story City  
State: IA  
Zip: 50248  
Phone: 515-733-5129  
Fax: 515-733-2426  
E-mail: petersen@mgmc.com  
Assessment Method: Futrex/Skinfolds  
Maximum Cost at School: $0.00  
Maximum Cost at Agency: $5.00  
Maximum Travel Distance: 5 miles  
Mileage Rate: $ 0.00

Organization: Performance Rehab LLC - Sumner  
Contact Person: Justin Trainor, MSPT  
Mailing Address: 909 West 1st St  
City: Sumner  
State: IA  
Zip: 50674-0148  
Phone: 563-578-2139  
Fax: 563-578-2175  
E-mail: justin.trainor@unitypoint.org  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $0.00  
Maximum Travel Distance: 20 miles  
Mileage Rate: $ 0.54

Organization: Select Medical Sports Med / South Tama High School  
Contact Person: Jill Kienzle, LAT/ATC  
Mailing Address: 1307 South Broadway  
City: Toledo  
State: IA  
Zip: 52342  
Phone: 319-533-5721  
Fax:  
E-mail: jkienzle@selectmedical.com  
Assessment Method: Skinfolds  
Maximum Cost at School: $10.00  
Maximum Cost at Agency: $10.00  
Maximum Travel Distance: 60 miles  
Mileage Rate: $ 0.60
Organization: Benton Community School
Contact Person: David Frazier, CSCS, MA
Mailing Address: 600 1st St
City: Van Horne
State: IA
Zip: 52346
Phone: 319-560-9920
Fax:
E-mail: dffraz@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $7.00
Maximum Cost at Agency: $7.00
Maximum Travel Distance: 35 miles
Mileage Rate: $ $0.35

Organization: Virginia Gay Hospitals & Clinics
Contact Person: Matthew Wilden, PAC/DPT
Mailing Address: 504 N 9th Avenue
City: Vinton
State: IA
Zip: 52349
Phone: 319-472-6215
 Fax: 319-472-6483
E-mail: matt.wilden@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $$0.00
Maximum Cost at Agency: $$0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $ $0.00

Organization: JET Physical Therapy
Contact Person: Eric Turner, PT, LAT
Mailing Address: 511 Highway 1, South
City: Washington
State: IA
Zip: 52353
Phone: 319-653-5494
Fax: 319-863-9016
E-mail: eric-turner@jetpt.net
Assessment Method: Skinfolds
Maximum Cost at School: $6.00
Maximum Cost at Agency: $6.00
Maximum Travel Distance: 30 miles
Mileage Rate: $ $0.40
Organization: Athletico Physical Therapy
Contact Person: Hannah Rinken, ATC, LAT
Mailing Address: 1655 East San Mar nan Drive Suite A
City: Waterloo
State: IA
Zip: 50702
Phone: 319-486-6423
Fax: 
E-mail: hannah.rinken@athletico.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 10 miles
Mileage Rate: $0.54

Organization: Covenant Wellness Center
Contact Person: Colby Yoder, LAT
Mailing Address: 2101 Kimball Avenue
City: Waterloo
State: IA
Zip: 50702
Phone: 319-272-2358
Fax: 319-272-2923
E-mail: colby.yoder@wfhc.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $8.00
Maximum Travel Distance: 60 miles
Mileage Rate: $0.55

Organization: Cedar Valley Medical
Contact Person: Dave Fricke
Mailing Address: 1753 W. Ridgeway Ave
City: Waterloo
State: IA
Zip: 50701
Phone: 319-239-4880
Fax: 319-833-5901
E-mail: bonesfricke14@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 22 miles
Mileage Rate: $0.54
Organization: Veteran's Memorial Hospital
Contact Person: Brad Krambeer, LAT
Mailing Address: 40 1st Street, SE
City: Waukon
State: IA
Zip: 52172
Phone: 563-568-5528
Fax: 563-568-5566
E-mail: bkrambeer@vmhospital.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $6.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00

Organization: Taylor Physical Therapy Associates
Contact Person: Jerod Gayer, PT
Mailing Address: 312 9th Street, SW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-5644
Fax: 319-483-4004
E-mail: jgayer@waverlyhealthcenter.org
Assessment Method: Skinfolds
Maximum Cost at School: $7.50
Maximum Cost at Agency: $7.50
Maximum Travel Distance: 60 miles
Mileage Rate: $0.45

Organization: Woltz Physical Therapy, P.C.
Contact Person: Jon Woltz, PT
Mailing Address: 112 2nd Street, NW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-0102
Fax: 319-352-0104
E-mail: jon.woltz@rockvalleypt.com
Assessment Method: Skinfolds
Maximum Cost at School: $7.00
Maximum Cost at Agency: $5.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.45
Organization: North Central Chiropractic
Contact Person: James W. Kumm, DC
Mailing Address: 639 Second Street
City: Webster City
State: IA
Zip: 50595
Phone: 515-832-2142
Fax: 515-832-2142
E-mail: jamesncsportsdc@gmail.com
Assessment Method: Skinfolds/Tanita
Maximum Cost at School: $9.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.50

Organization: Great River Medical Center
Contact Person: Sheena Abbott, ATC/LAT
Mailing Address: 1401 W Agency Rd
City: West Burlington
State: IA
Zip: 52655
Phone: 319-768-4158
Fax: 319-768-4120
E-mail: skabbott@grhs.net
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 40 miles
Mileage Rate: $0.00

Organization: EP True Chiropractic
Contact Person: Kevin Miller, DC
Mailing Address: 1905 EP True Pkwy #207
City: West Des Moines
State: IA
Zip: 50265
Phone: 515-309-3791
Fax: 515-309-3792
E-mail: eptruechiro@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: $8.00
Maximum Cost at Agency: $8.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.00
Organization: UnityPoint Health - Des Moines
Contact Person: Chris Wiedmann, LAT
Mailing Address: 2850 Westown Parkway
City: West Des Moines
State: IA
Zip: 50266
Phone: 515-224-5225
Fax: 515-224-5235
E-mail: chris.wiedmann@unitypoint.org
Assessment Method: Skinfolds
Maximum Cost at School: $10.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 50 miles
Mileage Rate: $0.50

Organization: Gundersen Palmer Lutheran Hospital and Clinics
Contact Person: Melanie Martin, LAT, ATC
Mailing Address: 112 Jefferson Street
City: West Union
State: IA
Zip: 52175
Phone: 563-422-3811
Fax:
E-mail: mrmarti1@gundersenhealth.org
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 0 miles
Mileage Rate: $0.00
Organization: Dominink Ervelli D.O.
Contact Person: Cathy Anderson
Mailing Address: 235 Highway 30
City: Westside
State: IA
Zip: 51467
Phone: 712-663-4371
Fax: 712-663-4370
E-mail: tinyelvis99@msn.com
Assessment Method: Skinfolds
Maximum Cost at School: $0.00
Maximum Cost at Agency: $0.00
Maximum Travel Distance: 20 miles
Mileage Rate: $0.00
Organization: Gary Christensen
Contact Person: Gary Christensen
Mailing Address: 1704 Patricia Acres
City: Winterset
State: IA
Zip: 50273
Phone: 515-493-8685
Fax: 515-462-2178
E-mail: gchristensen@centurylink.net
Assessment Method: Skinfolds
Maximum Cost at School: $7.00
Maximum Cost at Agency: $10.00
Maximum Travel Distance: 60 miles
Mileage Rate: $0.30
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

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Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $
Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $

Organization:
Contact Person:
Mailing Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Assessment Method:
Maximum Cost at School: $
Maximum Cost at Agency: $
Maximum Travel Distance: miles
Mileage Rate: $