IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

LIST OF APPROVED
BODY
COMPOSITION
ASSESSMENT
METHODS AND
PERSONNEL
2018-19

IOWA HIGH SCHOOL ATHLETIC ASSOCIATION LIST OF APPROVED BODY COMPOSITION ASSESSMENT METHODS, 2018-19

*** BOD POD AIR DISPLACEMENT

*** FUTREX NEAR-INFRARED PHOTOSPECTROMETRY MACHINES (ONLY THE FOLLOWING MODELS ARE PERMITTED)

5000 A/WL 5500 A/WL

*** HYDROSTATIC WEIGHING

*** SKIN FOLD MEASUREMENTS
(ONLY HIGH QUALITY METAL ALLOY CALIPERS ARE ALLOWED)

*** TANITA SCALES/BODY COMPOSITION ANALYZERS: (ONLY THE FOLLOWING MODELS ARE PERMITTED)

TBF-300A - Using the <u>STANDARD</u> Mode ONLY TBF-300WA - Using the <u>STANDARD</u> Mode ONLY

The personnel <u>listed alphabetically by city</u> on the following pages are available to perform body composition assessments on high school wrestlers. It is important to contact assessment personnel early to assure you can schedule assessment at a convenient time.

Organization: Ankeny PT Powered by ARCT

Contact Person: Pete Harder, LAT Mailing Address: 301 N Ankeny Blvd

City: Ankeny State: IA Zip: 50023

Phone: 515-965-1422 **Fax:** 515-965-1449

E-mail: pharder@arcpt.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$\$1.00

Organization: Naig Chropractic **Contact Person:** Jeremiah Naig

Mailing Address: 225 SE Oralabor Rd Suite 7

City: Ankeny State: IA Zip: 50021

Phone: 515-963-7675 **Fax:** 515-963-7714

E-mail: drjdnaig@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Brad Bruhl, DC Contact Person: Brad Bruhl, DC Mailing Address: 802 NW 22nd St

City: Ankney State: IA Zip: 50023

Phone: 515-240-5131

Fax:

E-mail: bruhldrb@aol.com

Assessment Method: Skinfolds
Maximum Cost at School: \$7.00
Maximum Cost at Agency: \$7.00
Maximum Travel Distance: 25 miles

Organization: Bettendorf High School Contact Person: Eric Knudson, LAT Mailing Address: 3333 18th Street

City: Bettendorf

State: IA **Zip**: 52722

Phone: 563-332-4516 **Fax:** 563-332-8761

E-mail: eknudson@bettendorf.k12.ia.us

Assessment Method: Futrex/Tanita/Skinfolds

Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Pleasant Valley High School

Contact Person: Jason Viel, LAT **Mailing Address:** 604 Belmont Road

City: Bettendorf

State: IA **Zip:** 52722

Phone: 563-370-3379

Fax:

E-mail: vieljason@pleasval.k12.ia.us Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Kincart Physical Therapy Services

Contact Person: Brian Sharp, PT

Mailing Address: 509 North Madison St

City: Bloomfield

State: IA **Zip:** 52537

Phone: 641-664-7086 **Fax:** 641-664-3846

E-mail: bsharp@daviscountyhospital.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 2 miles

Organization: Boone Rehab Services

Contact Person: Samantha Busch, ATC/LAT

Mailing Address: 1015 Union Street

City: Boone State: IA Zip: 50036

Phone: 319-415-1212 **Fax:** 515-433-0701

E-mail: safrost4@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 45 miles

Mileage Rate: \$\$0.50

Organization: Corwin Stuart

Contact Person: BGM High School **Mailing Address:** 1090 Jackson St

City: Brooklyn State: IA Zip: 52211

Phone: 319-400-4411 **Fax:** 641-522-7009

E-mail: cstuart@brooklyn.k12.ia.us

Assessment Method: Tanita

Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$8.00 Maximum Travel Distance: 40 miles

Mileage Rate: \$ \$0.54

Organization: Universal Therapy Group Contact Person: Scott Leinbach, ATC Mailing Address: 2750 Mt Pleasant St

City: Burlington

State: IA **Zip:** 52601

Phone: 319-752-7727 **Fax:** 319-752-7774

E-mail: scott.leinbach@universaltherapygroup.com

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: St. Anthony Regional Hospital Contact Person: Steve Schable, ATC/L Mailing Address: 311 South Clark Street

City: Carroll State: IA Zip: 51401

Phone: 712-794-5241

Fax:

E-mail: sschable@stanthonyhospital.org

Assessment Method: Skinfolds
Maximum Cost at School: \$8.00
Maximum Cost at Agency: \$8.00
Maximum Travel Distance: 45 miles

Mileage Rate: \$ \$0.54

Organization: Cascade Jr./Sr. High School Contact Person: Jordan Oberbreckling, LAT

Mailing Address: 505 Johnson St NW

City: Cascade State: IA Zip: 52033

Phone: 319-480-6191

Fax:

E-mail: jordan.oberbreckling@wdbqschools.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 20 miles

Mileage Rate: \$\$0.50

Organization: Cedar Valley Medical Specialists

Contact Person: Pete Watters, ATC/LAT **Mailing Address:** 1015 Division Street

City: Cedar Falls

State: IA **Zip:** 50613

Phone: 319-215-0814

Fax:

E-mail: h2obrothers.pw@gmail.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Organization: Jefferson High School Contact Person: Suzi Guider, ATC/LAT Mailing Address: 1243 20th Street, SW

City: Cedar Rapids

State: IA **Zip:** 52404

Phone: 319-560-3768 **Fax:** 319-398-2149

E-mail: sguider@cr.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Kennedy High School Contact Person: Lynn Groth, ATC, LAT Mailing Address: 4545 Wenig Rd NE

City: Cedar Rapids

State: IA **Zip:** 52402

Phone: 319-310-4822

Fax:

E-mail: lagroth@aol.com

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Linn County Physical Therapy Contact Person: Kevin Lux, MPT, CSCS Mailing Address: 1825 29th Street, NE

City: Cedar Rapids

State: IA **Zip:** 52402

Phone: 319-362-6994 Fax: 319-368-3399 E-mail: kmlux@lcpt.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Washington High School Contact Person: Katie Kimmich, ATC Mailing Address: 2205 Forest Drive, SE

City: Cedar Rapids

State: IA **Zip:** 52402

Phone: 319-558-2226 Fax: 319-398-2227

E-mail: kkimmich@cr.k12.ia.us
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Special Medical Services Corp. **Contact Person:** Bret Kruthoff, PT, PTC, ATC

Mailing Address: 800 11th Street

City: Charles City

State: IA **Zip:** 50616

Phone: 641-228-6344 **Fax:** 641-257-4339

E-mail: bretkruthoff@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$4.00
Maximum Cost at Agency: \$4.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Cherokee Regional Medical Center

Contact Person: Jodi Schlichting, LAT **Mailing Address:** 300 Sioux Valley Drive

City: Cherokee

State: IA **Zip:** 51012

Phone: 712-225-6858 Fax: 712-225-6872

E-mail: jschlichting@cherokeermc.org

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Clarinda Regional Health Center Contact Person: Molly Gilmore, MS, RD, LD Mailing Address: 220 Essie Davison Drive

City: Clarinda State: IA Zip: 51632

Phone: 712-542-8261 **Fax:** 712-542-8381

E-mail: mgilmore@clarindahealth.com

Assessment Method: Futrex
Maximum Cost at School: \$\$0.00
Maximum Cost at Agency: \$\$0.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Kelsi Huseman, MSED, LAT, ATC **Contact Person:** Kelsi Huseman, MSED, LAT, ATC

Mailing Address: 2090 Toubert Ave

City: Clarinda State: IA Zip: 51632

Phone: 712-435-0108 **Fax:** 712-435-0108

E-mail: kelsihuseman@yahoo.com Assessment Method: Skinfolds Maximum Cost at School: \$5.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 100 miles

Mileage Rate: \$ \$0.00

Organization: Iowa Specialty Hospital, Clarion

Contact Person: Jon Ahrendsen, MD Mailing Address: 215 13th Ave SW

City: Clarion State: IA Zip: 50525

Phone: 515-532-2836 **Fax:** 515-532-2523

E-mail: jon.ahrendsen@iaspecialty.com

Assessment Method: Tanita
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 50 miles

Organization: Laube's Cutting Edge Fitness, Inc.

Contact Person: Jason Laube

Mailing Address: 5 Teamquest Way

City: Clear Lake

State: IA **Zip:** 50428

Phone: 641-357-5515 **Fax:** 641-357-5415

E-mail: j_02_laube@hotmail.com Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 50 miles

Mileage Rate: \$\$0.20

Organization: Clinton High School

Contact Person: Kurt Flathers, ATC, LAT **Mailing Address:** 817 8th Ave, South

City: Clinton State: IA Zip: 52732

Phone: 563-212-0763 **Fax**: 563-243-9612

E-mail: kflathers@clintonia.org
Assessment Method: Skinfolds
Maximum Cost at School: \$6.00
Maximum Cost at Agency: \$6.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.44

Organization: Riverbend Chiropractic Wellness Center, LLC

Contact Person: Dr. Karen Smith, D.C. Mailing Address: 1663 Lincolnway Suite B

City: Clinton State: IA Zip: 52732

Phone: 563-242-8090 **Fax**: 563-242-0195

E-mail: rcwcsmith@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 2 miles

Organization: Performance Therapies, PC **Contact Person:** Molly Camacho, DPT

Mailing Address: 3290 Ridgeway Drive, Suite 3

City: Coralville State: IA Zip: 52241

Phone: 319-665-2630 **Fax:** 319-665-2631

E-mail: mcamacho@perfther.com Assessment Method: Skinfolds Maximum Cost at School: \$7.00 Maximum Cost at Agency: \$7.00 Maximum Travel Distance: 40 miles

Mileage Rate: \$\$0.50

Organization: Peak Performance **Contact Person:** Bobby Reisz, LAT **Mailing Address:** 1469 Abercorn Dr

City: Council Bluffs

State: IA **Zip:** 51503

Phone: 515-577-7901

Fax:

E-mail: peakperformancesportstraining@gmail.com

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$6.00
Maximum Travel Distance: 125 miles

Mileage Rate: \$ \$0.50

Organization: Miller Orthopedic Specialists Contact Person: Joshua Bintz, PT, DPT Mailing Address: 1 Edmundsopn Place #500

City: Council Bluffs

State: IA **Zip:** 51503

Phone: 712-323-5333 **Fax**: 712-323-8332

E-mail: jbintz@millerortho.com
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 45 miles

Organization: Methodist Jennie Edmundson Sports Medicine

Contact Person: Dave Byrne, LAT, ATC **Mailing Address:** 900 Woodbury Avenue

City: Council Bluffs

State: IA **Zip:** 51503

Phone: 712-322-8307 Fax: 712-328-3224

E-mail: dave.byrne@nmhs.org
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 50 miles

Mileage Rate: \$ \$0.00

Organization: Regional Health Services of Howard County

Contact Person: Chris Trytten, ATC, LAT Mailing Address: 235 8th Ave West

City: Cresco State: IA Zip: 52136

Phone: 563-547-6361

rax:

E-mail: tryttenc@mercyhealth.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: CNOS

Contact Person: Brandon Marreel, LAT Mailing Address: 575 Sioux Point Road

City: Dakota Dunes

State: SD **Zip:** 57049

Phone: 712-251-6839

Fax:

E-mail: brandon.marreel@cnosfoundation.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 50 miles

Organization: Ben Jobgen, PT Contact Person: Ben Jobgen, PT Mailing Address: 6316 Forest Rd

City: Davenport

State: IA **Zip:** 52807

Phone: 563-370-2495

Fax:

E-mail: bmgjobu@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Davenport Central High School

Contact Person: Tyler Beauchamp, LAT Mailing Address: 1120 N Main Street

City: Davenport

State: IA **Zip:** 52803

Phone: 563-260-3428

Fax:

E-mail: tyler.beauchamp@rockvalleypt.com

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Winneshiek Medical Center Contact Person: Jessica Morken, MS, AT Mailing Address: 901 Montgomery Street

City: Decorah State: IA Zip: 52101

Phone: 563-387-3031 **Fax:** 563-382-1582

E-mail: morkenj@winmedical.org
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Organization: Decorah High School Contact Person: Kelli Rueckert, LAT Mailing Address: 100 Claiborne Dr

City: Decorah State: IA Zip: 52101

Phone: 563-387-3031 Fax: 563-382-1582

E-mail: rueckertk@winmedical.org
Assessment Method: Skinfolds
Maximum Cost at School: \$3.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 40 miles

Mileage Rate: \$ \$0.54

Organization: Physiotherapy Associates **Contact Person:** Allison Klapperich, MS, LAT

Mailing Address: 450 Laurel Street

City: Des Moines

State: IA **Zip:** 50314

Phone: 515-323-6485 **Fax:** 515-323-6486

E-mail: aklapperich@selectmedical.com

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.54

Organization: Physiotherapy/Select Medical

Contact Person: Melanie Mason, LAT Mailing Address: 450 Laurel Street

City: Des Moines

State: IA **Zip:** 50314

Phone: 515-975-2943

Fax:

E-mail: mrmarti1@gundersenhealth.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Hempstead High School Contact Person: Aurora Hemann, LAT Mailing Address: 3517 Pennsylvania Avve

City: Dubuque

State: IA **Zip:** 52002

Phone: 712-229-2828

Fax:

E-mail: auroraashlyn@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$\$0.00

Organization: Dubuque Senior High School **Contact Person:** Ronda Humpal, ATC, LAT

Mailing Address: 1800 Clarke Drive

City: Dubuque State: IA Zip: 52001

Phone: 563-580-6667

Fax:

E-mail: rhumpal@dbqschools.org
Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Wahlert Catholic High School **Contact Person:** Molly Pilcher MS, LAT, ATC

Mailing Address: 2005 Kane Street

City: Dubuque State: IA Zip: 52001

Phone: 563-583-9771 **Fax:** 563-583-9775

E-mail: mpilcher@holyfamilydbq.org
Assessment Method: Skinfolds/Tanita
Maximum Cost at School: \$0.00

Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Organization: North Scott High School Contact Person: Tom Lyons, LAT Mailing Address: 200 South 1st Street

City: Eldridge State: IA Zip: 52748

Phone: 563-285-3207

Fax:

E-mail: kathi.washam@north-scott.k12.ia.us
Assessment Method: Skinfolds/Tanita
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 20 miles

Mileage Rate: \$ \$0.00

Organization: Central Community High School Warriors

Contact Person: Theresa E. Eberhardt RDN/LD

Mailing Address: 18098 Hwy 56

City: Elkader State: IA Zip: 52043

Phone: 563-419-0860

Fax:

E-mail: bonnie@alpinecom.net
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 15 miles

Mileage Rate: \$ \$0.00

Organization: Central Community Hospital

Contact Person: Angie Gerndt

Mailing Address: 901 Davidson St NW

City: Elkader State: IA Zip: 52043

Phone: 563-245-7014 **Fax:** 563-245-7001

E-mail: gerndta@cchelkader.org
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Western Dubuque Community Schools

Contact Person: Susan Thiesen, LAT, ATC Mailing Address: 302 5th Avenue, SE

City: Epworth State: IA Zip: 52045

Phone: 563-876-3442 ext 3062

Fax: 563-876-9109

E-mail: sue.theisen@wdbqschools.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 60 miles

Mileage Rate: \$\$0.00

Organization: Helmich Chiropractic Clinic Contact Person: Nicholas Helmich, DC Mailing Address: 1820 Central Avenue

City: Estherville

State: IA **Zip:** 51334

Phone: 712-362-5236 **Fax:** 712-215-7979

E-mail: nick_helmich@yahoo.com Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Iowa Lakes Community College

Contact Person: Kyle Norris, MS, LAT

Mailing Address: 300 S 18th St

City: Estherville

State: IA **Zip:** 51334

Phone: 712-362-8377 **Fax**: 712-362-8363

E-mail: knorris@iowalakes.edu
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 20 miles

Organization: Medical Arts Clinic Contact Person: Michael Greiner, MD Mailing Address: 2000B South Main Street

City: Fairfield State: IA Zip: 52556

Phone: 641-472-4156 **Fax:** 641-472-9436

E-mail: mgreiner@medicalartsclinic.net

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Forest City Chiropractic & Sport Clinic

Contact Person: Jim Brockhohn, DC Mailing Address: 245 North Clark Street

City: Forest City

State: IA **Zip:** 50436

Phone: 641-585-3032 **Fax:** 641-585-2382

E-mail: fcsports@wctatel.net
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 40 miles

Mileage Rate: \$ \$0.50

Organization: Active Health Chiropractic

Contact Person: Zach Mason, DC Mailing Address: 20 N 29th St

City: Fort Dodge

State: IA **Zip:** 50501

Phone: 515-227-7491 **Fax**: 888-594-7231

E-mail: zmasondc@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Organization: Orthopedic Specialists Contact Person: Josh Seltz, ATC Mailing Address: 2700 1st Ave S

City: Fort Dodge

State: IA **Zip:** 50501

Phone: 515-570-2157

Fax:

E-mail: jseltz9966@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$\$0.00
Maximum Cost at Agency: \$\$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Unity Point Health - Highland Park Center

Contact Person: Michelle Mann, ATC Mailing Address: 821 S 25th Street

City: Fort Dodge

State: IA **Zip:** 50501

Phone: 515-574-6919 **Fax:** 515-573-8327

E-mail: Michelle.Mann@unitypoint.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Fort Madison Community Hospital

Contact Person: Trevor Pezley, ATC **Mailing Address:** 5445 Avenue O

City: Fort Madison

State: IA **Zip:** 52627

Phone: 319-470-8896 **Fax:** 319-372-1325

E-mail: tpezley@fmchosp.com
Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 10 miles

Organization: Wood Chiropractic Clinic

Contact Person: Scott Wood, DC Mailing Address: 232 State Street

City: Garner State: IA Zip: 50438

Phone: 641-923-2059 **Fax:** 641-923-2059

E-mail: wooddc@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 15 miles

Mileage Rate: \$\$0.00

Organization: Total Rehab-Ortho. **Contact Person:** Jordan Vos, PT/ATC

Mailing Address: 234 West Street South, Southview Plaza #4

City: Grinnell State: IA Zip: 50112

Phone: 641-236-4506 Fax: 641-236-4316

E-mail: jordan@totalrehab-pt.com Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: SportsPlus Sports Medicine and Physical Therapy **Contact Person:** Kristina Horner, ATC/Share with Marshalltown

Mailing Address: 606 E 1st St

City: Grundy Center

State: IA **Zip:** 50638

Phone: 319-825-6636

Fax:

E-mail: khorner@sportsplustherapy.com

Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 45 miles

Organization: Guthrie County Hospital Contact Person: Sheyrl Clark, PT

Mailing Address: 710 North 12th Street

City: Guthrie Center

State: IA **Zip:** 50115

Phone: 641-332-3810 **Fax:** 641-332-3809

E-mail: sheyrlc@gcho.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.55

Organization: Cornerstone Family Practice, GMH

Contact Person: Dr. Jeffrey Hoffmann, DO

Mailing Address: 200 Main Street

City: Guttenberg

State: IA **Zip:** 52052

Phone: 563-252-5527 Fax: 563-252-5528

E-mail: jeffrey.hoffmann@guttenberghospital.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 25 miles

Mileage Rate: \$ \$0.56

Organization: Koenen & Collins Chiropractic Clinic

Contact Person: Dr. James Koenen, DC **Mailing Address:** 303 Central Avenue, East

City: Hampton State: IA Zip: 50441

Phone: 641-456-4142 Fax: 641-456-2777

E-mail: jrkoenendc@msn.com
Assessment Method: Skinfolds
Maximum Cost at School: \$8.00

Maximum Cost at Agency: \$8.00 Maximum Travel Distance: 40 miles

Organization: Petersen Family Wellness Center

Contact Person: Todd Alberti

Mailing Address: 1213 Chatburn Ave

City: Harlan State: IA Zip: 51537

Phone: 712-755-4505 **Fax**: 712-755-4510

E-mail: talberti@myrtuemedical.org
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 50 miles

Mileage Rate: \$\$0.00

Organization: Hawarden Regional Healthcare

Contact Person: Mike May, DPT **Mailing Address:** 1111 11th Street

City: Hawarden

State: IA **Zip:** 51023

Phone: 712-551-3108 **Fax:** 712-551-3438

E-mail: maymj@mercyhealth.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 5 miles

Mileage Rate: \$ \$0.00

Organization: Humboldt County Memorial Hospital

Contact Person: Andrew Newell, LAT Mailing Address: 1000 N 15th St

City: Humboldt

State: IA **Zip:** 50548

Phone: 507-951-6709

Fax:

E-mail: andrewn@humboldthospital.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Huxley Physical Therapy Contact Person: Rob Drew, PT, LAT Mailing Address: 408 Campus Dr Ste B

City: Huxley State: IA Zip: 50124

Phone: 515-597-3726 **Fax:** 515-597-3727

E-mail: rob@huxleypt.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 5 miles

Mileage Rate: \$ \$0.00

Organization: Buchanan County Health Center Contact Person: John Eikenberry, PT, LAT Mailing Address: 1600 First Street East

City: Independence

State: IA **Zip:** 50644

Phone: 319-332-0851 **Fax:** 319-332-0965

E-mail: jeikenberry@bchealth.org
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Simpson College, Athletic Department

Contact Person: Nicolle Whalen, LAT

Mailing Address: 701 N C St

City: Indianola State: IA Zip: 50125

Phone: 515-961-1753 **Fax:** 515-961-1279

E-mail: nicolle.whalen@simpson.edu
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$8.00
Maximum Travel Distance: 45 miles

Organization: Iowa City Community School District

Contact Person: Jennifer McHenry, LAT **Mailing Address:** 1900 Morningside Dr.

City: Iowa City

State: IA **Zip:** 52245

Phone: 319-430-2372

Fax:

E-mail: mchenry.jennifer@iowacityschools.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$\$0.00

Organization: Iowa City School District Contact Person: Sheila Stiles, ATC, LAT Mailing Address: 2901 Melrose Avenue

City: Iowa City State: IA Zip: 52246

Phone: 319-331-1693 **Fax:** 319-688-1315

E-mail: stiles.sheila@iowaccityschools.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: UI Sports Medicine Center

Contact Person: Matt Doyle, LAT

Mailing Address: 2701 Prairie Meadow Dr

City: Iowa City State: IA

Zip: 52242

Phone: 319-467-8255 **Fax:** 319-467-8247

E-mail: matthew-doyle@uiowa.edu
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 0 miles

Organization: UnityPoint Health - Iowa City

Contact Person: Marissa Yorgey Mailing Address: 708 Sunset St

City: Iowa City State: IA

Zip: 52246

Phone: 641-220-0872

Fax:

E-mail: marissa.yorgey@linnmar.k12.ia.us

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 60 miles

Mileage Rate: \$\$0.00

Organization: Greene County Community Schools

Contact Person: Ann Hicks, RN Mailing Address: 101 Ram Dr

City: Jefferson State: IA Zip: 50129

Phone: 515-386-2188 **Fax:** 515-386-2159

E-mail: hicksa@greenecountycsd.net

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Keokuk Chiropractic & Sports Injury Ctr.

Contact Person: Dr. Dennis E Wolter, DC

Mailing Address: 924 Main Street

City: Keokuk State: IA Zip: 52632

Phone: 319-524-0905 **Fax:** 319-524-0904

E-mail: dewolter@yahoo.com
Assessment Method: Tanita
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 5 miles

Organization: Van Buren Community School

Contact Person: Heidi Bainbridge **Mailing Address:** 1576 Broad St

City: Keosauqua

State: IA **Zip:** 52565

Phone: 641-919-7360

Fax:

E-mail: heidi.bainbridge@van-burencsd.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Pella Regional Health Center - Knoxville

Contact Person: Todd Smith, ATC Mailing Address: 1208 N Lincoln

City: Knoxville State: IA Zip: 50138

Phone: 641-828-3832

Fax:

E-mail: todds@pellahealth.org

Assessment Method: Skinfolds/Futrex Maximum Cost at School: \$7.50 Maximum Cost at Agency: \$7.50 Maximum Travel Distance: 45 miles

Mileage Rate: \$ \$0.00

Organization: South Central Calhoun High School **Contact Person:** Lorie Otto, School Nurse, RN

Mailing Address: 709 West Main

City: Lake City State: IA

Zip: 51449

Phone: 712-464-7211 **Fax**: 712-464-3724

E-mail: lotto@scc.k12.ia.us
Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Therapeutic Health Services Inc.

Contact Person: Anthony Peyton, PT Mailing Address: 714 Lincoln Street

City: LeMars State: IA Zip: 51031

Phone: 712-546-3377 **Fax:** 712-546-3472

E-mail: anthony.peyton@floydvalley.org

Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 10 miles

Mileage Rate: \$ \$0.50

Organization: Decatur County Hospital - Rehab Dept.

Contact Person: Laria Rasmussen

Mailing Address: 1405 NW Church Street

City: Leon State: IA Zip: 50144

Phone: 641-446-2219 Fax: 641-446-2209

E-mail: lrasmussen@d-c-h.org
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 5 miles

Mileage Rate: \$ \$0.00

Organization: Regional Medical Center of NE Iowa

Contact Person: Jeff McCormick, LAT Mailing Address: 709 West Main Street

City: Manchester

State: IA **Zip:** 52057

Phone: 563-927-7311 **Fax:** 563-927-7510

E-mail: jeff.mccormick@regmedctr.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 25 miles

Organization: West Delaware CSD **Contact Person:** Ashley Monaghan, RN

Mailing Address: 605 New St

City: Manchester

State: IA **Zip:** 52057

Phone: 563-927-3515 **Fax:** 563-927-9115

E-mail: ashleymonaghan@w-delaware.k12.ia.us

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Ultimate Chiropractic Health Center

Contact Person: Dr. Brent D. Pauls, DC Mailing Address: 616 West Platt Street

City: Maguoketa

State: IA **Zip:** 52060

Phone: 563-652-4364 **Fax:** 563-652-6818

E-mail: drbrentpauls@yahoo.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Iowa Valley Schools Contact Person: Jeremy Kriegel Mailing Address: 359 East Hilton St

City: Marengo State: IA Zip: 52301

Phone: 319-642-3332

Fax:

E-mail: jkriegel@ivcsd.org
Assessment Method: Tanita
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 45 miles

Organization: Unity Point Health, St. Luke's Hospital

Contact Person: Vince Klopfenstein, MS, LAT

Mailing Address: 3111 N 10th St

City: Marion State: IA Zip: 52302

Phone: 319-750-1591 **Fax:** 319-730-1622

E-mail: vince.klopfenstein@unitypoint.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 20 miles

Mileage Rate: \$ \$0.50

Organization: Anna Strand

Contact Person: Anna Strand, RN,BSN Mailing Address: 3274 Midway Road

City: Marion State: IA Zip: 52302

Phone: 319-721-1404

Fax:

E-mail: kakyki@yahoo.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: SportsPlus Sports Medicine and PT

Contact Person: Kristina Horner, ATC Mailing Address: 32 East Main St

City: Marshalltown

State: IA **Zip:** 50158

Phone: 641-753-6636

Fax:

E-mail: khorner@sportsplustherapy.com

Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 45 miles

Organization: Mercy Medical Center North Iowa

Contact Person: John Knapper, ATC Mailing Address: 1501 4th st SW

City: Mason City

State: IA **Zip:** 50401

Phone: 641-428-7498 **Fax**: 641-428-6484

E-mail: john.knapper@mercyhealth.com Assessment Method: Futrex/Tanita Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 50 miles

Mileage Rate: \$ \$0.55

Organization: Ringgold County Hospital

Contact Person: Jill Ehlen, PTA

Mailing Address: 504 North Cleveland St

City: Mount Ayr

State: IA **Zip**: 50854

Phone: 641-464-4428 Fax: 641-464-4449

E-mail: jehlen@rchmtayr.org
Assessment Method: Skinfolds
Maximum Cost at School: \$8.00
Maximum Cost at Agency: \$8.00
Maximum Travel Distance: 2 miles

Mileage Rate: \$ \$0.00

Organization: Iowa Physical Therapy Contact Person: Jeremy Elliott, LAT Mailing Address: 108 First Street, SE

City: Mount Vernon

State: IA **Zip:** 52314

Phone: 319-895-4085 **Fax:** 319-895-8013

E-mail: mvelliott@netzero.net
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 30 miles

Organization: Linden Chiropractic Clinic **Contact Person:** Dr. Byron Linden, DC

Mailing Address: PO Box 626

City: Moville State: IA Zip: 51039

Phone: 712-873-5111 **Fax:** 712-873-5112

E-mail: beckylb@wiatel.net
Assessment Method: Skinfolds
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.50

Organization: Integrated Therapy Specialists Contact Person: Nicole Calvert, ATC/LAT, CSCS Mailing Address: 2109 Cedarwood Drive, Suite 100

City: Muscatine

State: IA **Zip:** 52761

Phone: 563-288-6787 **Fax:** 563-288-6719

E-mail: nicole.calvert@rockvalleypt.com

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.25

Organization: 21st Century Rehab - Nevada

Contact Person: Matt Myers, MS, ATC Mailing Address: 640 S. 19th Street

City: Nevada State: IA Zip: 50201

Phone: 515-382-7008 **Fax:** 515-382-7113

E-mail: mattm@21stcenturyrehab.com

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Organization: Dr. Kelly Kadel, DPM Contact Person: Dr. Kelly Kadel, DPM Mailing Address: 2455 Racine Avenue

City: New London

State: IA **Zip:** 52645

Phone: 319-750-0465 **Fax:** 319-768-4975

E-mail: ktmracerboy19@icloud.com Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 60 miles

Mileage Rate: \$\$0.30

Organization: Kinetic Edge Physical Therapy **Contact Person:** Matt Scotton, DPT, ATC, CSCS

Mailing Address: 1715 1st Ave East

City: Newton State: IA Zip: 50208

Phone: 641-791-9675 **Fax:** 641-787-9006

E-mail: matts@kineticedgept.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Performance Rehab LLC - Oelwein **Contact Person:** Mike VanDenHul, LAT, ATC, PTA

Mailing Address: 204 East Charles Street

City: Oelwein State: IA Zip: 50662

Phone: 319-283-2002 **Fax:** 319-283-2015

E-mail: mvandenhul@performancerehabiowa.com

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 20 miles

Organization: MOC-Floyd Valley High School

Contact Person: Chris Krohn, LAT Mailing Address: 615 8th Street, SE

City: Orange City

State: IA **Zip:** 51041

Phone: 712-737-4871 **Fax**: 712-737-3933

E-mail: ckrohn@mocfv.org
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$\$0.00

Organization: Northwestern College Contact Person: Derrick Moss, LAT Mailing Address: 208 8th Street, SW

City: Orange City

State: IA **Zip:** 51041

Phone: 712-441-4018 **Fax:** 712-737-7305

E-mail: derrick.moss@nwciowa.edu Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Street Chiropractic Contact Person: Zach Muller, DC Mailing Address: 139 W Main

City: Osage State: IA Zip: 50461

Phone: 641-732-4665 **Fax:** 641-732-3770

E-mail: zachmuller@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 30 miles

Organization: Kinetic Edge Physical Therapy Contact Person: Laura Norberg, LAT, ATC Mailing Address: 1412 A Ave W Suite A

City: Oskaloosa

State: IA **Zip:** 52577

Phone: 641-676-3535 **Fax:** 641-676-3537

E-mail: lauran@kineticedgept.com
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 20 miles

Mileage Rate: \$ \$0.33

Organization: William Penn University

Contact Person: Abu Ibrahim, MBL, ATC, LAT

Mailing Address: 201 Trueblood Ave

City: Oskaloosa

State: IA **Zip:** 52577

Phone: 641-673-1293 **Fax:** 641-673-1290

E-mail: ibrahima@wmpenn.edu
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 15 miles

Mileage Rate: \$ \$0.54

Organization: Ottumwa Regional Health Center

Contact Person: Tomi Shull

Mailing Address: 1001 Pennsylvania Avenue

City: Ottumwa State: IA

Zip: 52501

Phone: 641-684-2664 Fax: 641-683-2821 E-mail: tshull@orhc.com

Assessment Method: Futrex
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 40 miles

Organization: Pella Regional Health Center - Ottumwa

Contact Person: Todd Smith, ATC Mailing Address: 611 North Hancock St

City: Ottumwa State: IA Zip: 52501

Phone: 641-954-8085

Fax:

E-mail: todds@pellahealth.org

Assessment Method: Skinfolds/Futrex Maximum Cost at School: \$7.50 Maximum Cost at Agency: \$7.50 Maximum Travel Distance: 45 miles

Mileage Rate: \$ \$0.00

Organization: Kinetic Edge Physical Therapy

Contact Person: Dustin Briggs

Mailing Address: 604 Liberty St. Suite 227

City: Pella State: IA Zip: 50219

Phone: 641-621-0230 Fax: 641-621-0319

E-mail: dustinb@kineticedgept.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Pella Regional Health Center

Contact Person: Todd Smith, ATC Mailing Address: 500 Jefferson St

City: Pella State: IA Zip: 50219

Phone: 641-628-6623

Fax:

E-mail: todds@pellahealth.org

Assessment Method: Skinfolds/Futrex Maximum Cost at School: \$7.50 Maximum Cost at Agency: \$7.50 Maximum Travel Distance: 45 miles

Organization: Southeast Polk CSD Contact Person: Darrin Carpenter, LAT

Mailing Address: 7945 NE University Avenue

City: Pleasant Hill

State: IA **Zip:** 50327

Phone: 515-967-6631 ext 2402

Fax: 515-957-3498

E-mail: darrin.carpenter@southeastpolk.org

Assessment Method: Tanita
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Nicole Rengstorf Contact Person: Nicole Rengstorf Mailing Address: 1507 Blue Grass Rd

City: Red Oak State: IA Zip: 51566

Phone: 712-370-6602

Fax:

E-mail: nrengstorf@mcmh.org
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 30 miles

Mileage Rate: \$ \$0.00

Organization: Hegg Memorial Health Center

Contact Person: Jordyn Kleinwolterink, Mailing Address: 1202 21st Avenue

City: Rock Valley

State: IA **Zip:** 51247

Phone: 712-476-8081

Fax:

E-mail: jordyn.kleinwolterink@hegghc.org

Assessment Method: Tanita
Maximum Cost at School: \$5.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 46 miles

Organization: West Fork Family Medicine

Contact Person: Joshua Baker, DO Mailing Address: 705 Elm Street East

City: Rockwell State: IA

Zip: 50469

Phone: 641-372-0315 **Fax:** 866-610-4284

E-mail: joshuapaulbaker@gmail.com Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$\$0.00

Organization: Saint Ansgar High School

Contact Person: Luke Nielsen Mailing Address: 206 E. 8th Street

City: Saint Ansgar

State: IA **Zip:** 50472

Phone: 641-713-4720 **Fax**: 641-713-2449

E-mail: Inielsen@st-ansgar.k12.ia.us Assessment Method: Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$0.00 Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Sanford Sheldon Medical Center

Contact Person: Donna Ihnen, PT Mailing Address: 118 N 7th Avenue

City: Sheldon State: IA Zip: 51201

Phone: 712-324-6151 **Fax:** 712-324-6170

E-mail: donna.ihnen@sanfordhealth.org
Assessment Method: Skinfolds/Tanita
Maximum Cost at School: \$3.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 60 miles

Organization: Shenandoah Medical Center

Contact Person: Nikki Carlson

Mailing Address: 300 Pershing Avenue

City: Shenandoah

State: IA **Zip:** 51601

Phone: 712-246-7325 **Fax:** 712-246-7416

E-mail: ncarlson@smchospital.com Assessment Method: Skinfolds Maximum Cost at School: \$5.00 Maximum Cost at Agency: \$5.00 Maximum Travel Distance: 50 miles

Mileage Rate: \$\$0.00

Organization: Sibley Chiropractic, PC Contact Person: Dr. Brian Sayler, DC Mailing Address: 240 9th Street

City: Sibley State: IA Zip: 51249

Phone: 712-754-2794 Fax: 712-754-4667

E-mail: drbriansayler@gmail.com Assessment Method: Skinfolds Maximum Cost at School: \$2.50 Maximum Cost at Agency: \$2.50 Maximum Travel Distance: 45 miles

Mileage Rate: \$ \$0.54

Organization: Sports Medicine Northwest

Contact Person: Jim Lonning, LAT

Mailing Address: 1200 1st Avenue E, Suite C

City: Spencer State: IA Zip: 51301

Phone: 515-890-7746

Fax:

E-mail: cloneit@yahoo.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 60 miles

Organization: Mary Greeley Rehab and Wellness

Contact Person: Matt Petersen, PT Mailing Address: 812 Elm Avenue

City: Story City

State: IA **Zip:** 50248

Phone: 515-733-5129 **Fax:** 515-733-2426

E-mail: petersen@mgmc.com

Assessment Method: Futrex/Skinfolds Maximum Cost at School: \$0.00 Maximum Cost at Agency: \$5.00 Maximum Travel Distance: 5 miles

Mileage Rate: \$ \$0.00

Organization: Performance Rehab LLC - Sumner

Contact Person: Justin Trainor, MSPT Mailing Address: 909 West 1st St

City: Sumner State: IA

Zip: 50674-0148

Phone: 563-578-2139 **Fax:** 563-578-2175

E-mail: justin.trainor@unitypoint.org
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 20 miles

Mileage Rate: \$ \$0.54

Organization: Select Medical Sports Med / South Tama High School

Contact Person: Jill Kienzle, LAT/ATC Mailing Address: 1307 South Broadway

City: Toledo State: IA Zip: 52342

Phone: 319-533-5721

Fax:

E-mail: jkienzle@selectmedical.com Assessment Method: Skinfolds Maximum Cost at School: \$10.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 60 miles

Organization: Benton Community School **Contact Person:** David Frazier, CSCS, MA

Mailing Address: 600 1st St

City: Van Horne

State: IA **Zip:** 52346

Phone: 319-560-9920

Fax:

E-mail: dffraz@hotmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$7.00
Maximum Cost at Agency: \$7.00
Maximum Travel Distance: 35 miles

Mileage Rate: \$ \$0.35

Organization: Virginia Gay Hospitals & Clinics **Contact Person:** Matthew Wilden, PAC/DPT

Mailing Address: 504 N 9th Avenue

City: Vinton State: IA Zip: 52349

Phone: 319-472-6215 **Fax:** 319-472-6483

E-mail: matt.wilden@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$\$0.00
Maximum Cost at Agency: \$\$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: JET Physical Therapy Contact Person: Eric Turner, PT, LAT Mailing Address: 511 Highway 1, South

City: Washington

State: IA **Zip:** 52353

Phone: 319-653-5494 **Fax:** 319-863-9016

E-mail: eric-turner@jetpt.net
Assessment Method: Skinfolds
Maximum Cost at School: \$6.00
Maximum Cost at Agency: \$6.00
Maximum Travel Distance: 30 miles

Organization: Athletico Physical Therapy **Contact Person:** Hannah Rinken, ATC, LAT

Mailing Address: 1655 East San Marnan Drive Suite A

City: Waterloo State: IA

Zip: 50702

Phone: 319-486-6423

Fax:

E-mail: hannah.rinken@athletico.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 10 miles

Mileage Rate: \$\$0.54

Organization: Covenant Wellness Center

Contact Person: Colby Yoder, LAT Mailing Address: 2101 Kimball Avenue

City: Waterloo State: IA Zip: 50702

Phone: 319-272-2358 **Fax:** 319-272-2923

E-mail: colby.yoder@wfhc.org
Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$8.00
Maximum Travel Distance: 60 miles

Mileage Rate: \$ \$0.55

Organization: Cedar Valley Meical

Contact Person: Dave Fricke

Mailing Address: 1753 W. Ridgeway Ave

City: Waterloo State: IA

Zip: 50701 **Phone:** 319-239

Phone: 319-239-4880 **Fax:** 319-833-5901

E-mail: bonesfricke14@gmail.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 22 miles

Organization: Veteran's Memorial Hospital Contact Person: Brad Krambeer, LAT Mailing Address: 40 1st Street, SE

City: Waukon State: IA Zip: 52172

Phone: 563-568-5528 **Fax:** 563-568-5566

E-mail: bkrambeer@vmhospital.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$6.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$\$0.00

Organization: Taylor Physical Therapy Associates

Contact Person: Jerod Gayer, PT Mailing Address: 312 9th Street, SW

City: Waverly State: IA Zip: 50677

Phone: 319-352-5644 **Fax:** 319-483-4004

E-mail: jgayer@waverlyhealthcenter.org

Assessment Method: Skinfolds
Maximum Cost at School: \$7.50
Maximum Cost at Agency: \$7.50
Maximum Travel Distance: 60 miles

Mileage Rate: \$ \$0.45

Organization: Woltz Physical Therapy, P.C.

Contact Person: Jon Woltz, PT

Mailing Address: 112 2nd Street, NW

City: Waverly State: IA Zip: 50677

Phone: 319-352-0102 **Fax:** 319-352-0104

E-mail: jon.woltz@rockvalleypt.com
Assessment Method: Skinfolds
Maximum Cost at School: \$7.00
Maximum Cost at Agency: \$5.00
Maximum Travel Distance: 40 miles

Organization: North Central Chiropractic Contact Person: James W. Kumm, DC Mailing Address: 639 Second Street

City: Webster City

State: IA **Zip:** 50595

Phone: 515-832-2142 **Fax:** 515-832-2142

E-mail: jamesncsportsdc@gmail.com Assessment Method: Skinfolds/Tanita Maximum Cost at School: \$9.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 40 miles

Mileage Rate: \$\$0.50

Organization: Great River Medical Center Contact Person: Sheena Abbott, ATC/LAT Mailing Address: 1401 W Agency Rd

City: West Burlington

State: IA **Zip:** 52655

Phone: 319-768-4158 **Fax:** 319-768-4120

E-mail: skabbott@grhs.net
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 40 miles

Mileage Rate: \$ \$0.00

Organization: EP True Chiropractic **Contact Person:** Kevin Miller, DC

Mailing Address: 1905 EP True Pkwy #207

Citv: West Des Moines

State: IA **Zip:** 50265

Phone: 515-309-3791 **Fax:** 515-309-3792

E-mail: eptruechiro@hotmail.com Assessment Method: Skinfolds Maximum Cost at School: \$8.00 Maximum Cost at Agency: \$8.00 Maximum Travel Distance: 50 miles

Organization: UnityPoint Health - Des Moines

Contact Person: Chris Wiedmann, LAT Mailing Address: 2850 Westown Parkway

City: West Des Moines

State: IA **Zip:** 50266

Phone: 515-224-5225 **Fax:** 515-224-5235

E-mail: chris.wiedmann@unitypoint.org

Assessment Method: Skinfolds
Maximum Cost at School: \$10.00
Maximum Cost at Agency: \$10.00
Maximum Travel Distance: 50 miles

Mileage Rate: \$ \$0.50

Organization: Gundersen Palmer Lutheran Hospital and Clinics

Contact Person: Melanie Martin, LAT, ATC **Mailing Address:** 112 Jefferson Street

City: West Union

State: IA **Zip:** 52175

Phone: 563-422-3811

Fax:

E-mail: mrmarti1@gundersenhealth.org

Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 0 miles

Mileage Rate: \$ \$0.00

Organization: Dominink Ervelli D.O. Contact Person: Cathy Anderson Mailing Address: 235 Highway 30

City: Westside State: IA

Zip: 51467

Phone: 712-663-4371 **Fax**: 712-663-4370

E-mail: tinyelvis99@msn.com
Assessment Method: Skinfolds
Maximum Cost at School: \$0.00
Maximum Cost at Agency: \$0.00
Maximum Travel Distance: 20 miles

Organization: Gary Christensen Contact Person: Gary Christensen Mailing Address: 1704 Patricia Acres

City: Winterset

State: IA **Zip:** 50273

Phone: 515-493-8685 **Fax:** 515-462-2178

E-mail: gchristensen@centurylink.net Assessment Method: Skinfolds Maximum Cost at School: \$7.00 Maximum Cost at Agency: \$10.00 Maximum Travel Distance: 60 miles

Mileage Rate: \$ \$0.30

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City:
State:
Zip:
Phone:
Fax:
E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$
Organization:
Contact Person:
Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles

Mileage Rate: \$

Organization: Contact Person: Mailing Address:

City: State: Zip: Phone: Fax: E-mail:

Assessment Method:

Maximum Cost at School: \$
Maximum Cost at Agency: \$
Maximum Travel Distance: miles