

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa

Drake Stadium

Performance List

Event 8 Boys 100 Meter Dash 4A (24) Prelims

Thursday 5/16/2019 - 6:52 PM

State Record: 10.5h 1981 Treye Jackson, Newton

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1 Porter, Darien	12	Bettendorf	10.68	1
2 Waylee, Harrison	11	Urbandale	10.74	1
3 Bell Jr., Bernard	12	Ames	10.87	2
4 Inlay, Ardell	12	SC, East	10.94	1
5 Smith, Max	12	Ankeny	11.02	3
6 Caruthers, Gabe	12	IC, West	11.05	1
7 Niffenegger, Connor	12	Ankeny	11.06	4
8 Smith, Mark	10	Burlington	11.08	2
9 Kalar, Austin	12	Bettendorf	11.12	3
10 Hendred, Cairron	11	CR Kennedy	11.15	2
11 Schreier, Tyler	10	Fort Dodge	11.19	5
12 Kilpatrick, Ryan	12	Prairie, CR	11.20	3
13 Hogan, Collin	11	Epworth, WD	11.25	1
14 Warren, Cedrick	11	DSM, East	11.26	1
15 Trunnell, Kyle	11	Cedar Falls	11.27	2
16 Johnson, Teagan	11	Dowling Cath	11.27	2
17 Webb, Aaron	12	Muscatine	11.28	4
18 Wright, Brayden	12	CR Washington	11.29	4
19 Talbert, Ray	12	WAT East	11.30	4
20 Whitlatch, Mason	11	SE Polk	11.30	2
21 Sarsfield, Coy	10	Linn-Mar	11.30	3
22 Nimely, Tim	10	Muscatine	11.38	5
23 Shaw, Jeron	10	WAT West	11.38	5
24 Coleman, Anthony	12	Johnston	11.48	3

Event 16 Boys 200 Meter Dash 4A (24) Prelims

Thursday 5/16/2019 - 4:50 PM

State Record: 21.16 5/21/2011 James Harrington, Cedar Falls

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1 Porter, Darien	12	Bettendorf	21.69	1
2 Bell Jr., Bernard	12	Ames	21.89	1
3 Waylee, Harrison	11	Urbandale	21.93	2
4 Inlay, Ardell	12	SC, East	22.04	1
5 Keller, Jake	12	Valley, WDM	22.11	1
6 Coleman Wilks, Savion	10	DSM, East	22.17	2
7 Caruthers, Gabe	12	IC, West	22.22	1
8 Gbaley, Kumunule	10	DSM, Roosevelt	22.37	3
9 Smith, Aaron	10	Waukee	22.44	2
10 Wright, Brayden	12	CR Washington	22.67	2
11 Murphy, Liam	12	Ankeny Cent	22.69	4
12 Trunnell, Kyle	11	Cedar Falls	22.71	1
13 Neu, Ryan	11	Valley, WDM	22.74	3
14 Gates, Avery	11	Ankeny Cent	22.81	5
15 Hendred, Cairron	11	CR Kennedy	22.83	3
16 Wagner, Gabe	11	SC, East	22.92	3

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Event 16 ... (Boys 200 Meter Dash 4A (24) Prelims)

Name	Year	School	Seed Time	
17 Fairchild, Mason	12	SE Polk	22.93	4
18 Kremer, Michael	11	Cedar Falls	22.95	2
19 Lambertz, Colton	11	SE Polk	22.99	5
20 Desequeira, Leo	12	Bettendorf	23.06	2
21 Shaw, Jeron	10	WAT West	23.09	3
22 Lovell, Brody	10	CR Kennedy	23.17	4
23 Brecht, Brody	10	Ankeny	23.17	6
24 Fagerlind, Daniel	12	Epworth, WD	23.18	4

Event 24 Boys 400 Meter Dash 4A (24)

Thursday 5/16/2019 - 7:30 PM

State Record: 47.33 2004 Yawusa Kinda, DM Roosevelt
All-Time: 47.01 2002 Calvin Davis, Iowa City High

Name	Year	School	Seed Time	
1 Porter, Darien	12	Bettendorf	47.84	1
2 Yeaway, Sam	12	Waukee	48.54	1
3 Caruthers, Gabe	12	IC, West	49.10	1
4 Smith, Aaron	10	Waukee	49.35	2
5 Keller, Jake	12	Valley, WDM	49.46	1
6 Marcotte, Jay	11	Urbandale	49.47	1
7 Coleman Wilks, Savion	10	DSM, East	49.72	2
8 Gass, JJ	12	Valley, WDM	49.79	3
9 Braun, Jared	12	Ames	49.86	2
10 Collins, Thomas	10	Ankeny Cent	50.03	3
11 Yahn, Noah	10	Muscatine	50.58	2
12 Woody, Drake	11	IC, Liberty	50.92	2
13 Martin, Trey	11	Linn-Mar	51.02	1
14 Smith-Reed, Mekou	10	Bettendorf	51.08	3
15 Mortensen, Lucas	11	SE Polk	51.08	4
16 Patterson, Ulysses	11	Clinton	51.30	2
17 Johnson, David	11	Clinton	51.39	3
18 Goering, Graham	10	IC, West	51.87	3
19 Jones, Austin	10	Ankeny Cent	51.98	4
20 Meyer, Aidan	12	CR Jefferson	52.05	4
21 Bass, Mohamed	10	DSM, North	52.13	5
22 Mohrfeld, Zach	12	Ankeny	52.40	5
23 Gronewold, Iain	12	DVPT, Central	52.51	4
24 Telander, Kelby	10	IC, Liberty	52.53	5

Event 32 Boys 800 Meter Run 4A (24)

Saturday 5/18/2019 - 11:40 AM

State Record: 1:50.30 5/21/2016 Ryan Schweizer, Dowling C, W
All-Time: 1:50.18 2007 Aaron Stockstell, Mid-Prairie

Name	Year	School	Seed Time	
1 Schaefer, Joe	12	Johnston	1:56.93	1
2 Brown, Daniel	12	IC, City High	1:57.36	1
3 Conner, Kevin	12	Dowling Cath	1:57.80	1
4 Eaton, Zachary	12	Waukee	1:57.83	2
5 Holesinger, David	12	DUB Hempstead	1:58.17	1
6 Kleman, Lewis	11	CR Washington	1:58.76	2

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Event 32 ... (Boys 800 Meter Run 4A (24))

Name	Year	School	Seed Time
7 Armitage, Evan	12	Valley, WDM	1:59.44 2
8 Smith, Morey	12	Waukee	1:59.60 3
9 Marcotte, Jay	11	Urbandale	1:59.78 1
10 Akok, Aniey	10	Ames	2:00.22 2
11 O'Hair, Quinlan	12	Cedar Falls	2:01.14 2
12 Bar-Shimon, Aytonn	12	Ottumwa	2:01.15 3
13 Elwell, Jalen	12	Ankeny	2:01.35 3
14 Scott, Brendan	12	Bettendorf	2:01.47 1
15 West, Matt	12	SE Polk	2:01.57 3
16 Moore, Nick	10	Bettendorf	2:01.57 2
17 Cartee, Kale	11	Epworth, WD	2:01.67 3
18 Temsah, Mohamed	10	DSM, Hoover	2:01.76 4
19 Long, Trent	12	Linn-Mar	2:01.82 4
20 Abbas, Rowen	11	DSM, Roosevelt	2:01.84 4
21 Ode, Will	11	Dowling Cath	2:01.90 4
22 Niphong, Chawol	11	DSM, North	2:01.99 5
23 Salomon, Dante	11	Ottumwa	2:02.09 4
24 Benson, Luke	12	SC, North	2:02.38 5

Event 40 Boys 1600 Meter Run 4A (24)

Saturday 5/18/2019 - 2:38 PM

State Record: 4:06.32 5/24/2014 Josh Evans, Linn-Mar

All-Time: 4:06.32 2014 Josh Evans, Linn-Mar

Name	Year	School	Seed Time
1 Greiner, Kolby	12	IC, West	4:26.89 1
2 Hall, Sam	11	Dowling Cath	4:27.26 1
3 Sindt, Tim	12	Ankeny	4:27.49 1
4 Loecke, Travis	12	Waukee	4:28.22 2
5 Locher, Max	11	CR Washington	4:28.25 2
6 Pendergast, Jack	11	Prairie, CR	4:28.27 3
7 Smith, Morey	12	Waukee	4:28.40 3
8 Holesinger, David	12	DUB Hempstead	4:29.03 1
9 Hermiston, Ben	12	DUB Hempstead	4:30.18 2
10 Threlkeld-Wiegand, Ry	12	IC, City High	4:30.62 4
11 Schaefer, Joe	12	Johnston	4:31.36 1
12 Sommer, Kole	10	Pleasant Valley	4:31.48 1
13 Warrick, Ean	12	Ames	4:31.77 2
14 Schneidermann, Paul	12	CR Washington	4:31.85 5
15 Murphy, Max	11	Pleasant Valley	4:31.92 2
16 Vicker, Gabe	10	Ankeny Cent	4:32.61 3
17 Conrad, Will	12	IC, West	4:32.91 6
18 Dolezal, Dylan	11	Linn-Mar	4:33.51 3
19 Klein, Andrew	11	DSM Lincoln	4:34.24 4
20 Hanson, Drake	11	SE Polk	4:34.55 2
21 Marrs, Payton	11	Urbandale	4:35.35 5
22 Armitage, Evan	12	Valley, WDM	4:36.03 3
23 Coyle, Connor	11	Epworth, WD	4:36.30 4
24 Owen, Carter	11	Valley, WDM	4:36.96 4

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Event 48 Boys 3200 Meter Run 4A (24)

Thursday 5/16/2019 - 4:05 PM

State Record: 9:00.97 5/22/2014 Josh Evans, Linn-Mar
All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time	
1 Greiner, Kolby	12	IC, West	9:30.06	1
2 Pendergast, Jack	11	Prairie, CR	9:37.44	2
3 Hall, Sam	11	Dowling Cath	9:38.66	1
4 Loecke, Travis	12	Waukee	9:39.35	2
5 Bouwers, Jaysen	10	SC, North	9:39.36	3
6 Holesinger, David	12	DUB Hempstead	9:42.12	1
7 Hermiston, Ben	12	DUB Hempstead	9:42.77	2
8 Dolezal, Dylan	11	Linn-Mar	9:46.25	3
9 Schneidermann, Paul	12	CR Washington	9:47.99	3
10 Perman, Luke	12	Johnston	9:49.52	1
11 Baldus, Eric	12	Indianola	9:49.98	2
12 Locher, Max	11	CR Washington	9:50.03	4
13 Smith, Eli	10	Cedar Falls	9:50.60	4
14 Fry, Zach	11	Dowling Cath	9:50.86	4
15 Sindt, Tim	12	Ankeny	9:51.03	1
16 Nichols, Kent	11	Pleasant Valley	9:51.99	1
17 Marrs, Payton	11	Urbandale	9:52.58	2
18 Goodenbour, Michael	10	Cedar Falls	9:55.08	5
19 Vicker, Gabe	10	Ankeny Cent	9:55.33	3
20 Sommer, Kole	10	Pleasant Valley	9:57.18	2
21 Schmitz, Sam	11	Johnston	9:58.69	3
22 Vicker, Jonah	12	Ankeny Cent	9:59.41	4
23 Messer, Cade	10	Epworth, WD	9:59.63	6
24 Klein, Andrew	11	DSM Lincoln	10:02.11	5

Event 56 Boys 110 Meter Hurdles 4A (24) Prelims

Friday 5/17/2019 - 3:30 PM

State Record: 13.91 2017 Joah Banks, Prairie, CR
All-Time: 13.85 2018 Riley Moss, Ankeny Cent

Name	Year	School	Seed Time	
1 Davis, Trent	12	Linn-Mar	14.51	1
2 Williams, Jayden	10	Valley, WDM	14.75	1
3 Christensen, Jace	12	SE Polk	14.81	2
4 Foley, Trevor	12	DSM, East	14.81	3
5 Ubadigbio, Josh	10	DSM, Roosevelt	14.95	1
6 Leopold, Oisin	11	IC, City High	14.98	1
7 Reilly, Carson	11	Linn-Mar	15.06	2
8 Thomas, Spencer	12	North Scott	15.06	1
9 Trunnell, Kyle	11	Cedar Falls	15.07	3
10 Sturtzer, Sam	11	Pleasant Valley	15.08	2
11 Bartels, Drew	10	CR Kennedy	15.10	2
12 Adams, Ceonda	10	Prairie, CR	15.10	3
13 Niffenegger, Connor	12	Ankeny	15.15	2
14 Lipsey, Tamin	09	Ames	15.19	3
15 Conner, Cale	12	SC, North	15.24	1
16 Minear, Chantz	11	DSM, Roosevelt	15.25	4

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Event 56 ... (Boys 110 Meter Hurdles 4A (24) Prelims)

Name	Year	School	Seed Time
17 Cottrell, Porter	12	Pleasant Valley	15.31 3
18 Bossou, Jonathon	12	Ottumwa	15.31 4
19 Fickbohm, Austin	11	SE Polk	15.32 4
20 Paskach, Lucas	11	Dowling Cath	15.37 2
21 Love, Deyton	11	WAT West	15.37 4
22 Marschel, Parker	12	Valley, WDM	15.41 5
23 Achenbach, Ethan	12	Epworth, WD	15.45 5
24 Carter, Camren	11	DVPT, West	15.49 4

Event 65 Boys 400 Meter Hurdles 4A (24)

Friday 5/17/2019 - 5:10 PM

State Record: 50.96 1996 Dustin Avey, Ames

All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time
1 Reemtsma, Will	12	DVPT, Central	53.61 1
2 Burds, Will	11	Epworth, WD	53.69 1
3 DeAngelo, Dylan	11	Ankeny Cent	54.23 1
4 Thompson, Thai	12	Dowling Cath	54.28 1
5 Davis, Trent	12	Linn-Mar	54.64 2
6 Woody, Drake	11	IC, Liberty	54.97 1
7 Kruse, Ted	11	DUB Senior	54.99 3
8 Christensen, Jace	12	SE Polk	55.20 1
9 Wong, Jon	11	Ankeny Cent	55.36 2
10 Clarke, Ethan	12	Bettendorf	55.57 2
11 Thornton, Trajen	11	Valley, WDM	55.58 2
12 Byers, Dominic	10	DSM, East	55.99 3
13 Keitges, Charles	11	Ames	56.31 3
14 Harris, John	12	DSM Lincoln	56.72 4
15 Gbarjolo, Urias	11	Valley, WDM	56.73 4
16 Eaton, Issac	10	Ottumwa	56.78 2
17 Thompson, Mason	10	Ankeny	56.79 5
18 Wilson, Ben	11	Pleasant Valley	56.82 3
19 Rodriguez, Christian	10	Mason City	56.84 6
20 Sutton, Connor	12	Ottumwa	56.89 3
21 Paskach, Lucas	11	Dowling Cath	56.94 2
22 Burris, Joel	10	Cedar Falls	56.97 4
23 Niffenegger, Connor	12	Ankeny	57.19 7
24 Mukhtar, Bill	10	Waukee	57.38 3

Event 77 Boys 4x100 Meter Relay 4A (24) Prelims

Friday 5/17/2019 - 6:50 PM

State Record: 41.84 5/18/2013 WAT West, WAT West

J Medina, D Martin, J Millett, L Dunn Jr.

All-Time: 41.33 1996 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 DSM, East		42.16 1
1) Warren, Cedrick 11	2) Coleman Wilks, Savion 10	3) Emunah, Justice 12
5) Dameron, Isaiah 11	6) Woodyard, Tyler 12	4) Gillard, Aubrey 11

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Event 77 ... (Boys 4x100 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time	
2	SE Polk		42.46	2
	1) Lambertz, Colton 11	2) Fairchild, Mason 12	3) Whitlatch, Mason 11	4) Montgomery, Deveyon 11
	5) Sarpee, Junior 11	6) Christiansen, Titus 09		
3	SC, East		42.55	1
	1) Jones, Kayden 11	2) Wagner, Gabe 11	3) Douglas, Ray Ray 12	4) Inlay, Ardell 12
	5) Breyfogle, Ethan 10	6) Knudsen, Kage 10		
4	Valley, WDM		42.62	3
	1) Mitchell, Creighton 11	2) Mahoney, Matt 10	3) Neu, Ryan 11	4) Shaner, Jon 12
	5) Keller, Jake 12	6) Loecher, Nate 11		
5	Fort Dodge		42.68	1
	1) Schreier, Tyler 10	2) Bell, Brycen 11	3) Daniel, Sam 10	4) Kershaw, Tysen 11
	5) Thorson, Asle 11	6) Klindt, Degan 09		
6	Ames		42.73	2
	1) Lipsey, Tamin 09	2) Braun, Jared 12	3) Bell Jr., Bernard 12	4) Grey, Evan 09
	5) Isaac, DeAndre 09	6) Armstrong, Sam 10		
7	Epworth, WD		43.00	1
	1) George, Drake 12	2) Butcher, Zack 12	3) Burds, Will 11	4) Jaeger, Damon 12
	5) Hogan, Collin 11	6) Tate, Kyrie 09		
8	WAT East		43.13	2
	1) Talbert, Ray 12	2) Robinson, Kendall 12	3) Muhammad, Ahkil 11	4) Stigler, Brenden 10
	5) Owens, KJuan 09	6) Niles, Chase 10		
9	Dowling Cath		43.17	2
	1) Brown, Ashton 12	2) Johnson, Teagan 11	3) Lyman, Jack 12	4) Brooks, Louis 10
	5) Hauschilt, Chace 11	6) McClain, Mikey 09		
10	Cedar Falls		43.28	3
	1) Young, Mitch 12	2) Albaugh, Bryce 11	3) Bailey, Jibreel 11	4) Ostrich, Ryan 10
	5) Paulson, Jacob 11	6) Trunnell, Kyle 11		
11	DSM, Roosevelt		43.34	3
	1) Hussen, Roy 11	2) Gbaley, Kumunule 10	3) Jelleh, Prince 11	4) Ubadigbio, Josh 10
	5) Singleton, Jayden 11	6) Quinn, Gary 11		
12	Bettendorf		43.36	1
	1) Kalar, Austin 12	2) Smith-Reed, Mekou 10	3) Bell, Carter 12	4) Desequeira, Leo 12
	5) Wray, CJ 11	6) Trettin, Clay 09		
13	CR Washington		43.46	1
	1) Wright, Brayden 12	2) Snitker, Ross 12	3) Riley, Lincoln 12	4) Bell, Carter 11
	5) Bjornsen, Maxwell 10	6) Rowland, Imanuel 12		
14	Ottumwa		43.47	2
	1) Bossou, Jonathon 12	2) Barndt, Caleb 12	3) Cole, Andrew 11	4) McDanel, Eli 12
	5) Welch, Charlie 10	6) Carnahan, Colton 11		
15	CR Kennedy		43.51	3
	1) Bartels, Drew 10	2) Graham, Shamariyon 11	3) Parker, Cade 11	4) Hendred, Cairron 11
	5) Williams, Logan 11	6) Ocheltree, Divion 10		
16	Indianola		43.66	4
	1) Kirgan, Tryce 10	2) Erickson, Carter 09	3) Hixson, Grant 11	4) Kolarik, Kolby 12
	5) Kennedy, Blake 11	6) Cunningham, Sean 10		
17	Ankeny		43.69	4
	1) Smith, Max 12	2) Scherle, Nick 11	3) Agan, Peyton 12	4) Boyd, Cael 10
	5) Norgaard, Jackson 11	6) Daniels, Kayden 09		
18	Burlington		43.83	2
	1) Taylor, Larry 09	2) Harris, Taven 12	3) Martinez-Hale, Carlton 12	4) Smith, Mark 10
	5) Terry, Preston 12	6) Conard, Tarvais 09		

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Team	Relay	Seed Time
19 Waukee		43.86 3
1) Hicks-Jumper, Kahlil 12	2) Moore, Xzavier 11	3) Espeland, Blake 12
5) Okudowa, Ethan 12	6) Gaines, Zachary 11	4) Witte, Kyle 11
20 Linn-Mar		43.87 4
1) Sarsfield, Coy 10	2) Hess, Alex 12	3) Vega, Miguel 11
5) Shelby, Jaxon 11	6) Aucutt, Bridger 12	4) Williams, Jaidyn 11
21 Prairie, CR		44.04 4
1) Amir, Tariq 11	2) Pearson, Nick 10	3) Moeller, Aiden 10
5) Corrin, Josh 11	6) Rickertsen, Collin 10	4) Kilpatrick, Ryan 12
22 Ankeny Cent		44.29 5
1) Boike, Derek 12	2) Porter, Trey 09	3) Huber, Jackson 11
5) Gates, Avery 11	6) Wilde, Nathan 10	4) Decker, Josh 12
23 North Scott		44.34 3
1) Nass, David 10	2) Butler, Darnell 09	3) Quinn, Marquan 10
5) Treiber, Dane 09	6) Mentzer, Ryan 11	4) Kroeger, Luke 11
24 Johnston		44.45 5
1) Coleman, Anthony 12	2) Blair, Jackson 11	3) Shupe, Parker 11
5) Moorer, Phavian 11	6) Murray, Blake 12	4) Rusch, Jordan 11

Event 85 Boys 4x200 Meter Relay 4A (24)

Friday 5/17/2019 - 4:15 PM

State Record: 1:27.02 2004

Des Moines East, DM East

D. Daniels, L. Hayes, P. Thomas, R. Thompson

All-Time: 1:26.40 1997

Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Epworth, WD		1:27.76 1
1) George, Drake 12	2) Butcher, Zack 12	3) Fagerlind, Daniel 12
5) Hickie, Caden 11	6) Kluesner, Cameron 11	4) Jaeger, Damon 12
2 SC, East		1:29.21 1
1) Wagner, Gabe 11	2) Douglas, Ray Ray 12	3) Jones, Kayden 11
5) Breyfogle, Ethan 10	6) Shaputis, Ben 10	4) Inlay, Ardell 12
3 Valley, WDM		1:29.29 1
1) Shaner, Jon 12	2) Mahoney, Matt 10	3) Neu, Ryan 11
5) Keller, Jake 12	6) Gass, JJ 12	4) Mitchell, Creighton 11
4 Fort Dodge		1:29.41 1
1) Schreier, Tyler 10	2) Thorson, Asle 11	3) Bell, Brycen 11
5) Daniel, Sam 10	6) Daniel, Thomas 10	4) Kershaw, Tysen 11
5 Ankeny Cent		1:29.46 2
1) Gates, Avery 11	2) DeAngelo, Dylan 11	3) Wong, Jon 11
5) Porter, Trey 09	6) Collins, Thomas 10	4) Murphy, Liam 12
6 SE Polk		1:29.74 2
1) Lambertz, Colton 11	2) Fairchild, Mason 12	3) Whitlatch, Mason 11
5) Filloon, Cole 09	6) Christiansen, Titus 09	4) Montgomery, Devayon 11
7 WAT East		1:29.75 2
1) Talbert, Ray 12	2) Jenkins, Tavious 12	3) Robinson, Kendall 12
5) Reyes, Dylan 11	6) Owens, Kjuan 09	4) Stigler, Brenden 10
8 Cedar Falls		1:30.35 3
1) Kremer, Michael 11	2) Ostrich, Ryan 10	3) Bailey, Jibreel 11
5) Trunnell, Kyle 11	6) Young, Mitch 12	4) Paulson, Jacob 11
9 DSM, Roosevelt		1:30.39 3
1) Jelleh, Prince 11	2) Gbaley, Kumunule 10	3) Garang, Kongor 11
5) Bennett, Walker 09	6) Ubadigbio, Josh 10	4) Hussen, Roy 11

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Event 85 ... (Boys 4x200 Meter Relay 4A (24))

Event	Team	Relay	Seed Time
10	Ottumwa		1:30.47 1
	1) Cole, Andrew 11	2) Welch, Charlie 10	3) McDanel, Eli 12
	5) Bossou, Jonathon 12	6) Delehoy, Dominick 11	4) Barndt, Caleb 12
11	IC, City High		1:30.61 2
	1) Jack, Kaleba 11	2) Deprenger, Max 12	3) Harris, Jovan 09
	5) Lulinda, Sila 10	6) Rew, Matt 11	4) Fouch, DaRhon 11
12	DSM, East		1:30.64 3
	1) Warren, Cedrick 11	2) Emunah, Justice 12	3) Woodyard, Tyler 12
	5) Coleman Wilks, Savion 10	6) Crane, Robert 12	4) Gillard, Aubrey 11
13	Bettendorf		1:30.75 1
	1) Kalar, Austin 12	2) Desequeira, Leo 12	3) Bell, Carter 12
	5) Wray, CJ 11	6) Trettin, Clay 09	4) Clarke, Ethan 12
14	CR Washington		1:30.84 3
	1) Wright, Brayden 12	2) Snitker, Ross 12	3) Riley, Lincoln 12
	5) Bjornsen, Maxwell 10	6) Rowland, Imanuel 12	4) Bell, Carter 11
15	Burlington		1:30.90 2
	1) Taylor, Larry 09	2) Harris, Taven 12	3) Martinez-Hale, Carlton 12
	5) Williams, Bryant 09	6) Walker, Riley 11	4) Smith, Mark 10
16	Prairie, CR		1:30.98 4
	1) Amir, Tariq 11	2) Pearson, Nick 10	3) Fetters, Nick 10
	5) Adams, Ceondae 10	6) Kolosick, Brayden 09	4) Kilpatrick, Ryan 12
17	CR Kennedy		1:31.24 5
	1) Ocheltree, Divion 10	2) Cory, Paul 11	3) Parker, Cade 11
	5) Lynch, Michael 12	6) Graham, Shamariyon 11	4) Hendred, Cairron 11
18	Waukee		1:31.26 2
	1) Hicks-Jumper, Kahlil 12	2) Mukhtar, Bill 10	3) Witte, Kyle 11
	5) Moore, Xzavier 11	6) Yeaway, Sam 12	4) Espeland, Blake 12
19	Johnston		1:31.52 4
	1) Mooror, Phavian 11	2) Blair, Jackson 11	3) Abbey, Zach 11
	5) Kliegl, Matthew 11	6) Garcia, Nicolas 10	4) Rusch, Jordan 11
20	DUB Senior		1:31.64 4
	1) Schumacher, Gavyn 10	2) Vandermillen, Jack 12	3) Becker, Brennen 12
	5) McWilliams, Cain 10	6) Kruse, Matthew 09	4) Kruse, Ted 11
21	Ankeny		1:31.90 4
	1) Smith, Max 12	2) Scherle, Nick 11	3) Brecht, Brody 10
	5) Somers, Kade 10	6) Agan, Peyton 12	4) Miller, Tyrese 09
22	Linn-Mar		1:32.28 5
	1) Sarsfield, Coy 10	2) Williams, Jaidyn 11	3) Shelby, Jaxon 11
	5) Vega, Miguel 11	6) Busch, AJ 12	4) Hess, Alex 12
23	Urbandale		1:32.40 5
	1) Brechtel, Jacob 12	2) Neyens, Ian 10	3) Chandler, Deylin 10
	5) Brockway, Matt 11	6) Waylee, Harrison 11	4) Neyens, Joshua 12
24	Muscatine		1:32.68 3
	1) Webb, Aaron 12	2) Hazelwood, Owen 12	3) Tovar, Trei 12
	5) Gaye, Eli 10	6) Yahn, Noah 10	4) Hardy, Zack 11

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Event 93 Boys 4x400 Meter Relay 4A (24) Prelims**Friday 5/17/2019 - 8:00 PM**

State Record: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
B Collins, Z Sandvig, R Keairnes, B McSkimming

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
B Collins, Z Sandvig, R Keairnes, B McSkimming

Team	Relay				Seed Time
1 Valley, WDM	1) Gass, JJ 12	2) Loecher, Nate 11	3) Shaner, Jon 12	4) Keller, Jake 12	3:23.01 1
	5) Neu, Ryan 11	6) Mahoney, Matt 10			
2 Cedar Falls	1) Eastman, Will 10	2) Paulson, Jacob 11	3) Conrad, Brandon 12	4) O'Hair, Quinlan 12	3:23.05 1
	5) Tomlyanovich, TJ 10	6) Burris, Joel 10			
3 Epworth, WD	1) Butcher, Zack 12	2) Goodman, Sam 12	3) George, Drake 12	4) Burds, Will 11	3:23.56 2
	5) Fagerlind, Daniel 12	6) Theisen, Jeff 12			
4 Ames	1) Bell Jr., Bernard 12	2) Akok, Garang 10	3) Braun, Jared 12	4) Akok, Aniey 10	3:23.72 1
	5) Chiman, Maywen 12	6) Downs, Cooper 11			
5 Ankeny Cent	1) DeAngelo, Dylan 11	2) Gates, Avery 11	3) Collins, Thomas 10	4) Murphy, Liam 12	3:24.39 2
	5) Pippett, Seth 12	6) Lyons, Ben 12			
6 Muscatine	1) Hazelwood, Owen 12	2) Hardy, Zack 11	3) Tovar, Trei 12	4) Yahn, Noah 10	3:24.43 1
	5) Gaye, Eli 10	6) Zeck, Cooper 12			
7 Bettendorf	1) Smith, Cole 12	2) Scott, Brendan 12	3) Clarke, Ethan 12	4) Smith-Reed, Mekou 10	3:24.55 2
	5) Weyman, Carter 11	6) Swarm, Jonny 11			
8 Johnston	1) Abbey, Zach 11	2) Bauer, Andrew 11	3) Moorer, Phavian 11	4) Kliegl, Matthew 11	3:25.13 2
	5) Garcia, Nicolas 10	6) Kleve, Karson 11			
9 Waukee	1) Yeaway, Sam 12	2) Eaton, Zachary 12	3) Sankot, Braden 11	4) Smith, Aaron 10	3:26.54 1
	5) Hicks-Jumper, Kahlil 12	6) Haider, Farakh 09			
10 IC, Liberty	1) Telander, Kelby 10	2) Gryp, Bo 10	3) Houselog, Ben 11	4) Woody, Drake 11	3:27.27 1
	5) Chandler, Evan 09	6) Davis, JaQuel 11			
11 Urbandale	1) Chandler, Deylin 10	2) Neyens, Ian 10	3) Neyens, Joshua 12	4) Marcotte, Jay 11	3:27.77 3
	5) Brockway, Matt 11	6) Peck, Kyler 09			
12 DUB Senior	1) Becker, Brennen 12	2) Obbink, Nick 11	3) Schumacher, Gavyn 10	4) Kruse, Ted 11	3:27.84 3
	5) Cook, Ben 12	6) McWilliams, Cain 10			
13 Clinton	1) Johnson, David 11	2) Hammond, Sean 12	3) Swamberger, Matt 12	4) Patterson, Ulysses 11	3:28.27 4
	5) Myli, Bret 12	6) Bitner, Trevor 11			
14 DUB Hempstead	1) Westermeyer, Jacob 11	2) McGrath, Sean 11	3) Arthofer, Kyle 11	4) Behnke, Mike 12	3:28.46 5
	5) Hermiston, Ben 12	6) Odefey, Luke 09			
15 DSM, Roosevelt	1) Abbas, Rowen 11	2) Prentice, Harry 12	3) Garang, Kongor 11	4) James, Ethan 12	3:28.59 4
	5) Adum, Ardadi 09	6) Minear, Chantz 11			

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Event 93 ... (Boys 4x400 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time	
16	Prairie, CR		3:28.62	2
	1) Griffin, Karter 11	2) Kolosick, Brayden 09	3) Pearson, Nick 10	4) Adams, Ceondae 10
	5) Stewart, Blake 12	6) Joens, Brody 11		
17	SE Polk		3:28.88	3
	1) Mortensen, Lucas 11	2) Schneider, Jackson 12	3) Parker, Nathan 11	4) Filloon, Cole 09
	5) West, Matt 12	6) Combs, Jay 11		
18	Linn-Mar		3:28.90	6
	1) Martin, Trey 11	2) Miell, Devin 10	3) Aucutt, Bridger 12	4) Shelby, Jaxon 11
	5) Davis, Trent 12	6) Nelson, Cam 12		
19	CR Kennedy		3:29.16	3
	1) Torres, Rogelio 10	2) Manternach, Reese 12	3) Gallagher, Michael 12	4) Ocheltree, Divion 10
		6) Harrison, Sam 12		
20	Ankeny		3:29.52	5
	1) Strnad, Drake 12	2) Norgaard, Ethan 11	3) Mohrfeld, Zach 12	4) Miller, Tyrese 09
	5) Odson, Noah 12	6) Elwell, Jalen 12		
21	WAT West		3:30.52	7
	1) Shaw, Jeron 10	2) Gunderson, Sebastain 12	3) Westemeier, Jackson 09	4) Love, Deyton 11
	5) Newlon, Andrew 12	6) Moss, Savian 11		
22	Ottumwa		3:31.75	4
	1) Bar-Shimon, Aytonn 12	2) Eaton, Issac 10	3) Fountain, Austin 09	4) Welch, Charlie 10
	5) Menninga, Gatlin 10	6) Salomon, Donte 11		
23	Indianola		3:32.20	4
	1) Woodruff, Wyatt 10	2) DeWall, Joseph 10	3) Miller, Andreas 11	4) Grover, Logan 10
	5) Cunningham, Sean 10	6) Erickson, Carter 09		
24	Lewis Central		3:34.08	2
	1) Nettles, Drake 12	2) Sell, Nathan 10	3) Bowman, Bryson 11	4) Rew, Collin 12
	5) Allen, Quentin 09	6) Mortensen, Adam 11		

Event 101 Boys 4x800 Meter Relay 4A (24)**Thursday 5/16/2019 - 6:10 PM**

State Record: 7:41.43 5/21/2015 Ames, Ames
L Grim, K Chol, A Akok, D Chan
All-Time: 7:41.43 5/21/2015 Ames, Ames
L Grim, K Chol, A Akok, D Chan

	Team	Relay	Seed Time	
1	Johnston		7:59.05	1
	1) Schmitz, Michael 12	2) Kleve, Karson 11	3) Borwick, Carter 10	4) Schaefer, Joe 12
	5) Bauer, Andrew 11	6) Hawn, Nick 11		
2	Cedar Falls		8:00.98	1
	1) Jorgensen, Jack 10	2) Tomlyanovich, TJ 10	3) Conrad, Brandon 12	4) O'Hair, Quinlan 12
	5) Eastman, Will 10	6) Jacobson, Hunter 09		
3	SE Polk		8:01.19	2
	1) Hanson, Drake 11	2) Schneider, Jackson 12	3) Mash, Cade 11	4) West, Matt 12
	5) Schneider, Alex 12	6) Bartlett, Chase 10		
4	Bettendorf		8:04.14	1
	1) Moore, Nick 10	2) Roehr, Aaron 11	3) Swarm, Jonny 11	4) Scott, Brendan 12
	5) Castro, Kyler 11	6) Smith, Cole 12		
5	Valley, WDM		8:04.27	3
	1) Armitage, Evan 12	2) Owen, Carter 11	3) Kinney, Tyler 12	4) Williams, Nate 12
	5) Reding, Eric 11	6) Edwards, Blake 12		

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Event 101 ... (Boys 4x800 Meter Relay 4A (24))

	Team	Relay	Seed Time	
6	IC, City High		8:05.32	1
	1) Brown, Daniel 12	2) Threlkeld-Wiegand, Ry 12	3) Fischer, Joe 10	4) Deprenger, Max 12
	5) Taylor, Matt 11	6) Kabat, Noah 11		
7	Pleasant Valley		8:05.75	2
	1) Sampson, Michael 12	2) Kaffenberger, Ian 11	3) Murphy, Max 11	4) Huhn, Parker 12
	5) Ashby, Tommy 11	6) Smith, Gavin 12		
8	Dowling Cath		8:06.68	1
	1) Ode, Will 11	2) Gipple, Mike 11	3) Brase, Drew 12	4) Conner, Kevin 12
	5) Fry, Zach 11	6) Hall, Sam 11		
9	Ottumwa		8:06.85	2
	1) Foy, Blake 12	2) Martin, Javon 12	3) Bar-Shimon, Aytonn 12	4) Salomon, Dante 11
	5) Hernandez-pool, Andres 12	6) Barndt, Taylor 10		
10	Waukee		8:08.21	2
	1) Simpson, Cade 12	2) Haisch, Daniel 12	3) Robus, Ethan 11	4) Smith, Morey 12
	5) Eaton, Zachary 12	6) Sankot, Braden 11		
11	Ames		8:08.56	1
	1) Warrick, Ean 12	2) Kohut-Jackson, Noah 11	3) Akok, Garang 10	4) Akok, Aniey 10
	5) Orth, Will 11	6) Imhoff, Colin 12		
12	Linn-Mar		8:09.30	2
	1) Martin, Trey 11	2) Long, Trent 12	3) Harper, Tryton 11	4) Meike, Luke 09
	5) Dolezal, Dylan 11	6) Crawford, Ethan 10		
13	DUB Hempstead		8:09.46	3
	1) Westermeyer, Jacob 11	2) Maloney, Owen 10	3) Doser, Brandon 12	4) Schatz, Matt 12
	5) Leicht, Derek 09	6) Winger, Ryan 10		
14	Prairie, CR		8:10.02	3
	1) Griffin, Karter 11	2) Cortez, Brady 09	3) Kolosick, Brayden 09	4) Dannenfelser, Carlo 11
	5) Kalous, Hunter 10	6) Costigan, Ty 10		
15	IC, West		8:12.38	4
	1) Noeller, Caden 09	2) Yang, Raymond 11	3) Conrad, Will 12	4) Prescott, Ian 12
	5) Greiner, Kolby 12	6) Salama, Yousif 12		
16	Ankeny		8:15.40	2
	1) Norgaard, Ethan 11	2) Elwell, Jalen 12	3) Strnad, Drake 12	4) Odson, Noah 12
	5) Mohrfeld, Zach 12	6) Poock, Andrew 10		
17	DSM, Roosevelt		8:16.25	3
	1) Abbas, Rowen 11	2) Joyce, Jack 10	3) Prentice, Harry 12	4) Nagle, Henry 09
	5) Parry, Seth 11	6) James, Ethan 12		
18	Epworth, WD		8:16.32	4
	1) Cartee, Kale 11	2) Naumann, Eli 09	3) Mulert, Ben 11	4) Begle, Brenden 09
	5) Goodman, Sam 12	6) Coyle, Connor 11		
19	CR Kennedy		8:17.55	5
	1) Harris, Maksi 11	2) Schissel, Jack 09	3) Rader, Brendan 09	4) Middlekauf, Lucas 11
	5) Casey, Sean 12	6) Green, Jacob 11		
20	Urbandale		8:18.14	4
	1) Knepper, Reece 11	2) Knepper, Alec 11	3) Schweizer, Sam 11	4) Moran, Anthony 10
	5) Marrs, Payton 11	6) Marcotte, Jay 11		
21	North Scott		8:20.25	3
	1) Jensen, Gabe 12	2) West, Owen 10	3) Dowda, Will 10	4) Garrard, Zach 12
	5) Schrock, Jackson 12	6) Straley, Cael 09		
22	Mason City		8:20.31	5
	1) Mulholland, Luke 11	2) Rodriguez, Christian 10	3) Jaime, Miguel 12	4) Rowe, Michael 12
	5) Malek, Ethan 11	6) Gorder, Dalton 12		

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Event 101 ... (Boys 4x800 Meter Relay 4A (24))

Team	Relay	Seed Time
23 DUB Senior		8:20.70 5
1) Wille, Evan 12	2) Smith, Cole 10	3) Gilligan, Jack 09
5) Beversdorf, Nick 11	6) Kilgore, Connor 10	4) Weber, Drew 09
24 IC, Liberty		8:21.95 6
1) Kinzer, Jack 10	2) O'Donnell, Ethan 10	3) Gryp, Bo 10
5) Nugent, Ryan 11	6) Krain, Henry 11	4) Lambert, Tyler 10

Event 103 Boys 100 Meter Run WC (3)

Saturday 5/18/2019 - 12:42 PM

State Record: 17.81 2000 E.J. Runyan, Johnston

All-Time: 17.81 2000 E.J. Runyan, Johnston

Name	Year	School	Seed Time
1 Correll, Evan	10	Waukee	18.43 1
2 Beland, Koda	09	Cedar Falls	23.75 1
3 Thorn, Justin	12	Ankeny Cent	37.31 1

Event 105 Boys 200 Meter Run WC (3)

Saturday 5/18/2019 - 1:50 PM

State Record: 31.01 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 30.52 2013 Jon Litzkow, Waterloo, West

Name	Year	School	Seed Time
1 Correll, Evan	10	Waukee	32.24 1
2 Schultz, Matthew	11	SE Polk	37.88 1
3 Beland, Koda	09	Cedar Falls	47.98 1

Event 107 Boys 400 Meter Run WC (3)

Saturday 5/18/2019 - 3:20 PM

State Record: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

All-Time: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

Name	Year	School	Seed Time
1 Correll, Evan	10	Waukee	1:02.54 1
2 Schultz, Matthew	11	SE Polk	1:11.37 1
3 Beland, Koda	09	Cedar Falls	1:34.43 1

Event 115 Boys Distance Medley 4A (24)

Friday 5/17/2019 - 6:00 PM

State Record: 3:24.39 5/23/2014 Linn-Mar, Linn-Mar

A Flieder, T Wolfe, D Trenary, J Evans

All-Time: 3:22.69 2001 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Ames		3:31.72 1
1) Lipsey, Tamin 09	2) Grey, Evan 09	3) Akok, Garang 10
5) Braun, Jared 12	6) Bell Jr., Bernard 12	4) Akok, Aniey 10
2 Valley, WDM		3:33.50 1
1) Mitchell, Creighton 11	2) Mahoney, Matt 10	3) Loecher, Nate 11
5) Gass, JJ 12	6) Reding, Eric 11	4) Armitage, Evan 12
3 Urbandale		3:34.44 2
1) Neyens, Joshua 12	2) Neyens, Ian 10	3) Waylee, Harrison 11
5) Marcotte, Jay 11	6) Chandler, Deylin 10	4) Moran, Anthony 10
4 Ankeny		3:36.37 3
1) Somers, Kade 10	2) Agan, Peyton 12	3) Anyuon, Anyuon 11
5) Brecht, Brody 10	6) Smith, Max 12	4) Sindt, Tim 12

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Event 115 ... (Boys Distance Medley 4A (24))

	Team	Relay	Seed Time
5	Cedar Falls		3:36.37 1
	1) Young, Mitch 12	2) Albaugh, Bryce 11	3) Eastman, Will 10
	5) O'Hair, Quinlan 12	6) Paulson, Jacob 11	4) Conrad, Brandon 12
6	SE Polk		3:37.28 2
	1) Christiansen, Titus 09	2) Filloon, Cole 09	3) Parker, Nathan 11
	5) West, Matt 12	6) Mash, Cade 11	4) Hanson, Drake 11
7	Waukee		3:37.45 1
	1) Hicks-Jumper, Kahlil 12	2) Witte, Kyle 11	3) Haider, Farakh 09
	5) Yeaway, Sam 12	6) Eaton, Zachary 12	4) Sankot, Braden 11
8	DUB Hempstead		3:38.14 2
	1) Spahn, Clayton 12	2) Arthofer, Kyle 11	3) McGrath, Sean 11
	5) Schleiter, Blake 11	6) Maloney, Owen 10	4) Hermiston, Ben 12
9	Lewis Central		3:38.15 2
	1) Pomrenke, Jonah 12	2) Rew, Collin 12	3) Nettles, Drake 12
	5) Fidone, Thomas 10	6) Sell, Josh 11	4) Sell, Nathan 10
10	Linn-Mar		3:38.20 3
	1) Vega, Miguel 11	2) Miell, Devin 10	3) Aucutt, Bridger 12
	5) Long, Trent 12	6) Busch, AJ 12	4) Dolezal, Dylan 11
11	Bettendorf		3:38.69 1
	1) Wray, CJ 11	2) Trettin, Clay 09	3) Weyman, Carter 11
	5) Scott, Brendan 12	6) Smith, Cole 12	4) Castro, Kyler 11
12	Dowling Cath		3:38.83 3
	1) Lyman, Jack 12	2) Johnson, Teagan 11	3) Jarabek, Dyer 11
	5) Conner, Kevin 12	6) Brooks, Louis 10	4) Brase, Drew 12
13	IC, Liberty		3:39.12 1
	1) Chandler, Evan 09	2) McGee, Tayshaun 11	3) Houselog, Ben 11
	5) Woody, Drake 11	6) Lambert, Tyler 10	4) Gryp, Bo 10
14	Epworth, WD		3:40.13 4
	1) Hickie, Caden 11	2) Kluesner, Cameron 11	3) Theisen, Jeff 12
	5) Fagerlind, Daniel 12	6) Mulert, Ben 11	4) Goodman, Sam 12
15	IC, City High		3:40.20 2
	1) Jack, Kaleba 11	2) Harris, Jovan 09	3) Seaton, Carter 09
	5) Brown, Daniel 12	6) Deprenger, Max 12	4) Taylor, Matt 11
16	Ottumwa		3:40.31 3
	1) Bossou, Jonathon 12	2) Barndt, Caleb 12	3) Menninga, Gatlin 10
	5) Welch, Charlie 10	6) Salomon, Dante 11	4) Martin, Javon 12
17	North Scott		3:40.40 2
	1) Nass, David 10	2) Treiber, Dane 09	3) Straley, Cael 09
	5) West, Owen 10	6) Butler, Darnell 09	4) Schrock, Jackson 12
18	Ankeny Cent		3:40.69 4
	1) Porter, Trey 09	2) Decker, Josh 12	3) Pippett, Seth 12
	5) Collins, Thomas 10	6) Murphy, Liam 12	4) Lyons, Ben 12
19	Johnston		3:41.10 3
	1) Abbey, Zach 11	2) Mooror, Phavian 11	3) Kliegl, Matthew 11
	5) Garcia, Nicolas 10	6) Schaefer, Joe 12	4) Bauer, Andrew 11
20	IC, West		3:41.23 4
	1) Gudenkauf, Ryan 12	2) Johnson, Nick 12	3) Bell, Tyuss 10
	5) Goering, Grahm 10	6) Caruthers, Gabe 12	4) Greiner, Kolby 12
21	CR Kennedy		3:41.67 5
	1) Williams, Logan 11	2) Lynch, Michael 12	3) Torres, Rogelio 10
	5) Cory, Paul 11	6) Green, Jacob 11	4) Casey, Sean 12

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Event 115 ... (Boys Distance Medley 4A (24))

Team	Relay	Seed Time
22 Mason City		3:42.51 5
1) Keller, Chris 11	2) Quintero, Joey 12	3) Lafrenz, Connor 12
5) Rodriguez, Christian 10	6) Jaime, Miguel 12	4) Rowe, Michael 12
23 Clinton		3:43.35 5
1) Williams, Favin 10	2) Myli, Bret 12	3) Swamberger, Matt 12
5) Guilliams, Kyle 12	6) Smith, Noah 11	4) Hammond, Sean 12
24 Pleasant Valley		3:43.99 3
1) Moats, Jackson 11	2) Royer, Ben 12	3) Haack, Alexander 12
5) Kaffenberger, Ian 11	6) Sampson, Michael 12	4) Huhn, Parker 12

Event 123 Boys High Jump 4A (24)

Thursday 5/16/2019 - 2:00 PM

State Record: 7-00 1999 Andy Kohler, Ames
 All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Name	Year	School	Seed Mark
1 Deng, Aguek	12	Valley, WDM	6-07.00 1
2 Albaugh, Bryce	11	Cedar Falls	6-06.00 1
3 Kelchen, Grant	12	Epworth, WD	6-06.00 2
4 Kellogg, Japannah	12	Ames	6-06.00 1
5 Allard, Trent	11	North Scott	6-04.00 1
6 Williams, Trayvon	12	Valley, WDM	6-04.00 2
7 Morgan, Marcus	10	IC, West	6-04.00 1
8 Numkena, Tynan	09	Bettendorf	6-03.00 2
9 Williamson, Tevon	11	IC, City High	6-03.00 2
10 Joar, Dwight	10	Marshalltown	6-02.00 3
11 Seifert, Alec	12	DVPT, North	6-02.00 3
12 Cleveland, Max	12	Indianola	6-02.00 4
13 Jacavino, James	12	Ankeny Cent	6-01.00 2
14 McKnight, Matt	11	Indianola	6-01.00 5
15 Fidone, Thomas	10	Lewis Central	6-01.00 1
16 Rummel, Gabe	12	Prairie, CR	6-01.00 3
17 Lovell, Brody	10	CR Kennedy	6-01.00 4
18 Erlandson, Brody	12	DVPT, Central	6-00.00 4
19 Conn, Owen	10	Dowling Cath	6-00.00 2
20 Cory, Paul	11	CR Kennedy	6-00.00 5
21 Paskach, Lucas	11	Dowling Cath	6-00.00 3
22 Zalasky, Tate	10	Ames	6-00.00 3
23 Thompson, Jaxon	11	Linn-Mar	6-00.00 3
24 Daniels, Kayden	09	Ankeny	5-10.00 4

Event 131 Boys Long Jump 4A (24)

Friday 5/17/2019 - 2:00 PM

State Record: 24-01 1983 Chris Walker, Davenport Central
 All-Time: 24-09.50 1984 Chris Walker, Davenport Central

Name	Year	School	Seed Mark
1 Jaeger, Damon	12	Epworth, WD	22-04.00 1
2 Jack, Kaleba	11	IC, City High	22-02.00 1
3 Love, Deyton	11	WAT West	22-00.00 2
4 Harris, Taven	12	Burlington	21-09.75 1
5 Butcher, Zack	12	Epworth, WD	21-09.00 3

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Event 131 ... (Boys Long Jump 4A (24))

	Name	Year	School	Seed	Mark
6	Lipsey, Tamin	09	Ames	21-08.75	1
7	Bartels, Drew	10	CR Kennedy	21-08.25	2
8	Williams, Jaidyn	11	Linn-Mar	21-07.00	4
9	Westerfield, Malik	12	DVPT, West	21-06.25	2
10	Fugate, Tre	12	Valley, WDM	21-04.50	1
11	Vega, Miguel	11	Linn-Mar	21-04.25	5
12	Gbarjolo, Urias	11	Valley, WDM	21-03.50	2
13	Davis, JaQuel	11	IC, Liberty	21-02.75	3
14	Wiseman, Elisjsha	12	DVPT, North	21-01.50	3
15	Toe, Zeph	12	WAT West	21-01.00	6
16	Gaines, Zachary	11	Waukee	21-01.00	1
17	Bell, Carter	11	CR Washington	21-00.75	4
18	Pippett, Seth	12	Ankeny Cent	20-11.50	2
19	Bunten, Derik	11	CR Jefferson	20-11.25	5
20	Patterson, Ulysses	11	Clinton	20-11.00	7
21	Bell, Carter	12	Bettendorf	20-10.50	4
22	Thompson, Thai	12	Dowling Cath	20-08.75	2
23	Canny, Brandon	11	DSM Lincoln	20-06.50	3
24	Mukosa, Kelvin	12	Bettendorf	20-05.00	5

Event 139 Boys Discus Throw 4A (24)

Thursday 5/16/2019 - 4:30 PM

State Record: 192-06 5/17/2007 Nick Brayton, Iowa City We
All-Time: 207-08 1978 Scott Crowell, Mason City

	Name	Year	School	Seed	Mark
1	Jones, Cam	12	CR Kennedy	178-01	1
2	Jones, Logan	11	Lewis Central	173-04	1
3	Collier, Cade	12	Pleasant Valley	156-07	1
4	Schilling, Kaden	12	Prairie, CR	156-02	2
5	Greenlee, Gabe	10	Ames	155-08	1
6	Hale, Mason	09	Waukee	154-10	2
7	Baier, Jacob	11	Ankeny	150-04	2
8	Dieleman, Jake	12	Johnston	149-00	1
9	Carter, Brant	12	DVPT, North	148-08	2
10	DeWitt, Aiden	12	DUB Hempstead	148-04	1
11	Mays, Dayton	12	Indianola	147-03	2
12	Dobbins, Dru	12	Marshalltown	146-09	3
13	Green, Jermaine	11	CB, T Jefferson	146-09	3
14	VanElsen, Tanner	12	SE Polk	146-06	4
15	Belken, Ben	11	North Scott	146-01	3
16	Green, Landon	12	IC, West	146-01	3
17	Shaner, Zach	11	Valley, WDM	145-08	5
18	Kluesner, Justin	12	Epworth, WD	145-08	2
19	Sherod, Levi	11	IC, City High	145-03	4
20	Formanek, Trevor	12	Ankeny Cent	145-03	3
21	Seifert, Alec	12	DVPT, North	144-09	4
22	Remsburg, Jake	12	Valley, WDM	144-03	6
23	Wilty, Jack	11	SE Polk	142-10	7
24	Ridenour, Nile	12	Bettendorf	142-00	5

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Event 147 Boys Shot Put 4A (24)

Friday 5/17/2019 - 4:30 PM

State Record: 65-11.50 1968 Doug Lane, CR Jefferson
All-Time: 70-11 1968 Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1	12	Valley, WDM	60-01.25	1
2	11	Lewis Central	59-00.00	1
3	12	Epworth, WD	57-06.50	1
4	11	Ames	55-10.00	1
5	12	Ames	55-08.00	2
6	12	IC, West	54-11.00	1
7	12	Johnston	54-10.50	2
8	12	Cedar Falls	54-04.00	2
9	11	Ankeny	53-02.25	3
10	12	DUB Hempstead	53-01.00	3
11	11	SC, East	52-08.00	2
12	12	Epworth, WD	52-07.25	4
13	11	Dowling Cath	51-03.00	3
14	12	Bettendorf	51-01.00	1
15	12	CR Kennedy	50-09.00	2
16	11	Waukee	50-00.50	4
17	12	Waukee	49-01.00	5
18	11	Linn-Mar	48-05.75	5
19	11	Valley, WDM	48-05.50	3
20	10	Ottumwa	48-01.50	3
21	09	IC, West	47-10.25	4
22	12	DSM, East	47-09.75	4
23	12	DUB Hempstead	47-04.00	6
24	12	Pleasant Valley	47-00.50	2

Event 153 Boys Shot Put WC (3)

Saturday 5/18/2019 - 10:00 AM

State Record: 40-05.50 5/18/2013 Alex Gudenkauf, Dubuque, Senior
All-Time: 40-05.50 5/18/2013 Alex Gudenkauf, DBQ Senior WC

Name	Year	School	Seed	Mark
1	11	SE Polk	23-02.50	1
2	09	Cedar Falls	11-07.50	1
3	11	SE Polk	11-02.25	2

Event 157 Boys 4x110 Meter Shuttle Hurdle 4A (24) Prelims

Thursday 5/16/2019 - 3:00 PM

State Record: 55.78 5/24/2014 Waukee, Waukee
J Brdicko, K Renshaw, S Stanley, J Brdicko

Team	Relay	Seed	Time	
1	Valley, WDM 1) Gbarjolo, Urias 11 5) Manuel, Dante 11	2) Marschel, Parker 12 6) Whitcomb, Alex 11	3) Williams, Jayden 10 4) Thornton, Trajen 11	58.02 1
2	Linn-Mar 1) Reilly, Carson 11 5) Gerst, Greg 10	2) Thompson, Jaxon 11 6) Martin, Trey 11	3) Kemokai, Abass 10 4) Davis, Trent 12	58.39 1

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Event 157 ... (Boys 4x110 Meter Shuttle Hurdle 4A (24) Prelims)

Team	Relay			Seed Time
3 Ankeny Cent				58.45 1
1) DeAngelo, Dylan 11	2) Wong, Jon 11	3) Johnson, Tyler 10	4) Reinke, Nathan 11	
5) Griffin, Payton 12	6) Murphy, Blake 12			
4 Ankeny				58.78 2
1) Griffin, Max 12	2) Thompson, Mason 10	3) Scherle, Nick 11	4) Niffenegger, Connor 12	
5) Boyd, Cael 10	6) Cox, Cooper 10			
5 Dowling Cath				59.31 1
1) Thompson, Thai 12	2) Ousley, Chris 11	3) Thompson, Koah 10	4) Paskach, Lucas 11	
5) Brooks, Louis 10	6) Conn, Owen 10			
6 Epworth, WD				59.41 2
1) Kelchen, Grant 12	2) Brosius, Logan 10	3) Jaeger, Damon 12	4) Achenbach, Ethan 12	
5) Ashline, Mitchell 10	6) Nauman, Tanner 10			
7 CR Kennedy				1:00.17 1
1) Stecker, Will 12	2) Bartels, Drew 10	3) Lovell, Brody 10	4) Harris, Makhi 11	
5) Oostendorp, Jay 11	6) White, Max 10			
8 SE Polk				1:00.18 2
1) Christensen, Jace 12	2) Fickbohm, Austin 11	3) Babcock, Michael 12	4) Carter, Grant 12	
5) Rickabaugh, Alex 12	6) Christensen, Quent 09			
9 IC, City High				1:00.36 2
1) Leopold, Oisín 11	2) Aschenbrenner, John 10	3) Williamson, Tevon 11	4) Vogelgesang, Griffen 11	
5) Moore, Riley 12	6) Carter, Ryan 11			
10 Ottumwa				1:00.78 3
1) Sutton, Connor 12	2) McDanel, Eli 12	3) Eaton, Issac 10	4) Bossou, Jonathon 12	
5) Vanderheiden, Jesse 10	6) Jones, Kameron 11			
11 Waukee				1:00.84 2
1) Payne, Jackson 11	2) Morrison, Joe 10	3) Wright, Adam 09	4) Day, Nolan 11	
5) Gaines, Zachary 11	6) Mukhtar, Bill 10			
12 Pleasant Valley				1:01.05 1
1) Cottrell, Porter 12	2) Graham, Ethan 12	3) Wilson, Ben 11	4) Sturtzer, Sam 11	
5) Bruce, Dalton 11	6) Lawlor, Michael 12			
13 DSM, Roosevelt				1:01.37 3
1) Minear, Chantz 11	2) Jones, Xavier 11	3) Runkel, George 11	4) Ubadigbio, Josh 10	
5) Norris, Cole 09	6) Norris, Hunter 09			
14 Indianola				1:01.55 3
1) Erickson, Carter 09	2) Hixson, Grant 11	3) Kennedy, Blake 11	4) Cleveland, Max 12	
5) Jensen, Ty 12	6) Pepper, Mark 10			
15 Fort Dodge				1:01.60 4
1) Kasperbauer, Trey 12	2) Wagner, Anthony 12	3) Thorson, Asle 11	4) Williamson, Lucas 12	
5) Kasperbauer, Tyler 09	6) Bodholdt, Mason 12			
16 DVPT, West				1:02.10 2
1) King, Anthony 12	2) Carter, Camren 11	3) Westerfield, Malik 12	4) Mattson, Kyle 12	
5) Bui, Dan 11	6) Neitzer, Jared 10			
17 DSM, East				1:02.41 4
1) Hannan, Brayton 10	2) Byers, Dominic 10	3) Woodyard, Tyson 10	4) Foley, Trevor 12	
5) Hannan, Jaxson 11	6) Shade-Butts, Tazge 10			
18 North Scott				1:03.00 3
1) Kruse, Will 10	2) Kroeger, Luke 11	3) Akers, Cade 12	4) Thomas, Spencer 12	
5) Juel, Grayson 09	6) Chizek, Andrew 10			
19 Bettendorf				1:03.03 4
1) Clarke, Ethan 12	2) Hornbuckle, Jake 11	3) Goerd, Aidian 10	4) Wilkenson, Ben 10	
5) Douglas, AJ 11				

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Event 157 ... (Boys 4x110 Meter Shuttle Hurdle 4A (24) Prelims)

Team	Relay			Seed Time
20 Cedar Falls				1:03.29 3
1) Hoag, Logan 12	2) Ausborn, Owen 10	3) Block, Jack 10	4) Atkins, Sidney 09	
5) Trunnell, Kyle 11	6) Schofield, Chet 09			
21 Lewis Central				1:03.30 3
1) McKenzie, Nolan 12	2) Mortensen, Adam 11	3) Sell, Josh 11	4) Fidone, Thomas 10	
5) Dermody, Easton 11	6) Dales, Tanner 09			
22 Johnston				1:03.40 5
1) Schneider, Kyle 12	2) Kronlage, Tyler 10	3) Haggerty, Caden 09	4) Roquet, Max 10	
5) Jauron, Andrew 11	6) Wuebker, Chase 10			
23 Ames				1:03.99 5
1) Carney, Gabe 11	2) Keitges, Charles 11	3) Alvarez, Diego 11	4) Diress, Tadeas 12	
5) Papin, Derick 10				
24 DUB Senior				1:04.39 4
1) Kubitz, Zak 10	2) Kruse, Matthew 09	3) Kordell, Emmet 12	4) Weber, Jared 12	
5) Kruse, Ted 11	6) Wernke, Max 10			

Event 161 Boys 800 Sprint Medley 4A (24)

Saturday 5/18/2019 - 10:20 AM

State Record: 1:31.30 5/19/2018 Dowling Catholic, Dowling Catholic
N Steenblock, Q Wellmaker, J Lyman, C Johnson
All-Time: 1:31.12 2018 Bettendorf, Bettendorf
L Desequeira, A Kaler, D Nicholson, D Porter

Team	Relay			Seed Time
1 Urbandale				1:31.52 1
1) Neyens, Joshua 12	2) Neyens, Ian 10	3) Waylee, Harrison 11	4) Marcotte, Jay 11	
5) Chandler, Deylin 10	6) Brechtel, Jacob 12			
2 Bettendorf				1:31.73 1
1) Kalar, Austin 12	2) Bell, Carter 12	3) Desequeira, Leo 12	4) Porter, Darien 12	
5) Smith-Reed, Mekou 10	6) Wray, CJ 11			
3 Fort Dodge				1:32.12 2
1) Daniel, Sam 10	2) Bell, Brycen 11	3) Schreier, Tyler 10	4) Kershaw, Tysen 11	
5) Thorson, Asle 11	6) Daniel, James 10			
4 Ankeny Cent				1:32.60 3
1) Gates, Avery 11	2) Wong, Jon 11	3) Murphy, Liam 12	4) Collins, Thomas 10	
5) Porter, Trey 09	6) Pippett, Seth 12			
5 Waukee				1:32.97 1
1) Hicks-Jumper, Kahlil 12	2) Smith, Aaron 10	3) Yeaway, Sam 12	4) Eaton, Zachary 12	
5) Witte, Kyle 11	6) Espeland, Blake 12			
6 DSM, East				1:33.17 1
1) Warren, Cedrick 11	2) Emunah, Justice 12	3) Gillard, Aubrey 11	4) Coleman Wilks, Savion 10	
5) Woodyard, Tyler 12	6) Crane, Robert 12			
7 DSM, Roosevelt				1:33.20 4
1) Jelleh, Prince 11	2) Ubadigbio, Josh 10	3) Gbaley, Kumunule 10	4) Garang, Kongor 11	
5) Hussen, Roy 11	6) Adum, Ardadi 09			
8 Epworth, WD				1:33.37 1
1) George, Drake 12	2) Hogan, Collin 11	3) Burds, Will 11	4) Goodman, Sam 12	
5) Fagerlind, Daniel 12	6) Jaeger, Damon 12			
9 IC, West				1:33.68 1
1) Wyatt, Shamar 12	2) Bell, Tyuss 10	3) Johnson, Nick 12	4) Caruthers, Gabe 12	
5) Goering, Grahm 10	6) Brown, Fabian 10			

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Event 161 ... (Boys 800 Sprint Medley 4A (24))

	Team	Relay		Seed Time
10	Cedar Falls			1:33.81 2
	1) Young, Mitch 12	2) Albaugh, Bryce 11	3) Paulson, Jacob 11	4) Eastman, Will 10
	5) O'Hair, Quinlan 12	6) Trunnell, Kyle 11		
11	Johnston			1:33.82 2
	1) Coleman, Anthony 12	2) Rusch, Jordan 11	3) Abbey, Zach 11	4) Kliegl, Matthew 11
	5) Moorer, Phavian 11	6) Garcia, Nicolas 10		
12	Valley, WDM			1:34.10 3
	1) Mitchell, Creighton 11	2) Neu, Ryan 11	3) Keller, Jake 12	4) Shaner, Jon 12
	5) Gass, JJ 12	6) Loecher, Nate 11		
13	SE Polk			1:34.41 4
	1) Lambertz, Colton 11	2) Montgomery, Deveyon 11	3) Fairchild, Mason 12	4) Whitlatch, Mason 11
	5) Mortensen, Lucas 11	6) Sarpee, Junior 11		
14	Muscatine			1:34.46 2
	1) Webb, Aaron 12	2) Hazelwood, Owen 12	3) Hardy, Zack 11	4) Yahn, Noah 10
	5) Gaye, Eli 10	6) Tovar, Trei 12		
15	Linn-Mar			1:34.54 3
	1) Sarsfield, Coy 10	2) Hess, Alex 12	3) Shelby, Jaxon 11	4) Davis, Trent 12
	5) Martin, Trey 11	6) Nelson, Cam 12		
16	WAT East			1:34.77 4
	1) Talbert, Ray 12	2) Robinson, Kendall 12	3) Stigler, Brenden 10	4) Jenkins, Tavious 12
	5) Muhammad, Ahkil 11	6) Reyes, Dylan 11		
17	DUB Senior			1:34.89 5
	1) Schumacher, Gavyn 10	2) Vandermillen, Jack 12	3) Kruse, Ted 11	4) Becker, Brennen 12
	5) McWilliams, Cain 10	6) Obbink, Nick 11		
18	DVPT, Central			1:35.10 3
	1) Goree, Spencer 12	2) Gronewold, Iain 12	3) Martin, Stephon 12	4) Reemtsma, Will 12
	5) Rios Wilkinson, Alonzo 12	6) Erlandson, Brody 12		
19	Ottumwa			1:35.58 2
	1) Cole, Andrew 11	2) McDanel, Eli 12	3) Barndt, Caleb 12	4) Welch, Charlie 10
	5) Delehoy, Dominick 11	6) Bar-Shimon, Aytonn 12		
20	Prairie, CR			1:35.62 3
	1) Amir, Tariq 11	2) Kilpatrick, Ryan 12	3) Pearson, Nick 10	4) Adams, Ceondae 10
	5) Griffin, Karter 11	6) Fetters, Nick 10		
21	Indianola			1:36.02 5
	1) Kirgan, Tryce 10	2) Erickson, Carter 09	3) Kolarik, Kolby 12	4) Woodruff, Wyatt 10
	5) Grover, Logan 10	6) Hixson, Grant 11		
22	Dowling Cath			1:36.03 2
	1) Hauschilt, Chace 11	2) McClain, Mikey 09	3) Peterson, Drew 12	4) Abuyoum, Steve 11
	5) Craven, Aidan 11	6) Conn, Owen 10		
23	IC, Liberty			1:36.05 4
	1) Chandler, Evan 09	2) Houselog, Ben 11	3) Telander, Kelby 10	4) Woody, Drake 11
	5) Williams, Kaleb 11	6) Davis, JaQuel 11		
24	SC, East			1:36.82 3
	1) Jones, Kayden 11	2) Breyfogle, Ethan 10	3) Wagner, Gabe 11	4) Douglas, Ray Ray 12
	5) Inlay, Ardell 12	6) Burge, Ethan 10		

Event 163 Boys 800 Meter Run WC (2)

Friday 5/17/2019 - 2:35 PM

	Name	Year	School	Seed Time
1	Correll, Evan	10	Waukee	2:13.79
2	Schultz, Matthew	11	SE Polk	2:29.94