

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 6 Boys 100 Meter Dash 3A (24) Prelims

Thursday 5/16/2019 - 1:12 PM

State Record: 10.74 2017 Isaiah Trousil, W Burlington

All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1 Schwedler, Jorma	11	SB-Luton	11.03	1
2 Bawden, Samonte	11	Algona	11.05	1
3 Post, Cody	12	Boy-Hul/Rock Val	11.12	2
4 Lamm, Jax	12	W Burlington/ND	11.18	1
5 Freeman, Rancy	12	DC-Grimes	11.23	1
6 Martinez, Braylon	11	Keokuk	11.30	2
7 LaSourd, Lincoln	11	Webster City	11.31	2
8 Wegener, Wyatt	11	Algona	11.32	3
9 Weitz, Simon	10	Assumption	11.35	3
10 McKinney, Chase	10	Norwalk	11.36	2
11 Elefson, JD	10	North Polk	11.39	1
12 Stanislav, Christian	12	Glenwood	11.43	1
13 Richards, Reece	12	W Burlington/ND	11.48	4
14 Whitmore, Garrett	11	Webster City	11.51	4
15 Bock, Adam	12	Solon	11.52	1
16 Anderson, Scott	11	Norwalk	11.53	3
17 Rohret, Isaac	10	Independence	11.53	1
18 Strottman, Jakob	12	Nevada	11.53	2
19 Figueroa, Alex	10	Clear Crk-Amana	11.54	2
20 Kulhanek, Tyler	11	Assumption	11.54	5
21 Larson, Aaron	12	Xavier, CR	11.56	3
22 Lamoreux, Anthony	11	LeMars	11.59	3
23 Atienza, Caiden	10	Maquoketa	11.66	2
24 Dougan, Kato	11	Perry	11.73	2

Event 14 Boys 200 Meter Dash 3A (24) Prelims

Thursday 5/16/2019 - 11:10 AM

State Record: 21.22 2017 Isaiah Trousil, W Burlington

All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1 Schwedler, Jorma	11	SB-Luton	22.32	1
2 Moen, Tyler	11	Atlantic	22.37	1
3 Kuntz, Alden	12	Wahlert, Dub	22.40	1
4 Bawden, Samonte	11	Algona	22.50	1
5 McKinney, Chase	10	Norwalk	22.53	1
6 Osborn, Blake	11	Benton Comm	22.57	1
7 Heinz, Jamison	11	Humboldt	22.63	2
8 Post, Cody	12	Boy-Hul/Rock Val	22.67	2
9 Belken, Connor	12	Wahlert, Dub	22.71	2
10 Elefson, JD	10	North Polk	22.73	1
11 Freeman, Rancy	12	DC-Grimes	22.77	2
12 Niklasen, Zade	12	Atlantic	22.80	3
13 Rohret, Isaac	10	Independence	22.81	3
14 Wegener, Wyatt	11	Algona	22.88	2
15 Hart, Brian	10	Norwalk	22.94	3
16 Crawford, Drake	12	S Tama Cty	22.94	2

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Event 14 ... (Boys 200 Meter Dash 3A (24) Prelims)

Name	Year	School	Seed Time	
17 LaSourd, Lincoln	11	Webster City	23.03	3
18 Richards, Reece	12	W Burlington/ND	23.05	1
19 Lamoreux, Anthony	11	LeMars	23.17	3
20 Imhoff, Jacob	10	Carlisle	23.17	4
21 Cuevas, Kaiden	11	Xavier, CR	23.18	3
22 DaSilva, Caeden	09	Nevada	23.20	2
23 Vondra, Zach	12	Glenwood	23.34	4
24 Weitz, Simon	10	Assumption	23.46	2

Event 22 Boys 400 Meter Dash 3A (24)

Thursday 5/16/2019 - 1:50 PM

State Record: 48.11 5/20/2005 Greg Offerman, Charles City
All-Time: 47.01 2002 Calvin Davis, Iowa City High

Name	Year	School	Seed Time	
1 Schwedler, Jorma	11	SB-Luton	48.94	1
2 Moen, Tyler	11	Atlantic	49.68	1
3 Miller, Matt	11	Humboldt	50.24	2
4 Osborn, Blake	11	Benton Comm	50.37	1
5 Niklasen, Zade	12	Atlantic	50.48	3
6 Casotti, Tyler	12	Boone	50.61	4
7 Erlmeier, Michael	10	Harlan	50.64	5
8 Olejniczak, Kaleb	12	Perry	51.45	6
9 Schmitt, Jagger	09	Clear Lake	51.51	1
10 Elefson, JD	10	North Polk	51.66	1
11 Driscoll, Mitchell	12	Washington	51.68	1
12 O'Brien-Green, Jaden	10	Clear Lake	51.89	2
13 Wiebers, Charlie	11	Denison-Schlswg	51.93	2
14 Keahna, Keith	12	S Tama Cty	52.20	2
15 Mendlik, Jack	11	Denison-Schlswg	52.34	3
16 Huyser, Carter	12	Oskaloosa	52.44	1
17 Frommelt, Nick	12	Wahlert, Dub	52.45	1
18 Nichols, Kieren	10	Knoxville	52.58	2
19 Griffin, Quincy	10	Carlisle	52.69	3
20 McAreavy, Kaden	12	Clear Crk-Amana	52.71	3
21 Franzen, Carter	11	Nevada	52.83	2
22 Kelderman, Marcus	10	Boy-Hul/Rock Val	52.94	4
23 Lamphier, Kaleb	11	Independence	53.14	2
24 Foley, Parker	10	Assumption	54.85	2

Event 30 Boys 800 Meter Run 3A (24)

Saturday 5/18/2019 - 11:30 AM

State Record: 1:53.74 2008 Isaac Wendland, Charles City
All-Time: 1:50.18 2007 Aaron Stockstell, Mid-Prairie

Name	Year	School	Seed Time	
1 Skala, Nathan	12	Xavier, CR	1:57.71	1
2 Rankin, Billy	12	Boy-Hul/Rock Val	1:58.57	1
3 Mullenix, Chase	12	Atlantic	1:58.75	1
4 Harfst, Max	12	Webster City	1:59.55	1
5 Simon, Joe	12	Grinnell	1:59.59	2
6 Kepford, Sam	12	Waverly-SR	1:59.64	2

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Event 30 ... (Boys 800 Meter Run 3A (24))

Name	Year	School	Seed Time		
7	Huysen, Carter	12	Oskaloosa	1:59.97	1
8	Becker, Craig Alan	10	Atlantic	2:00.11	2
9	Wade, Alex	11	CPU	2:00.15	3
10	Mueller, Nate	10	ADM, Adel	2:00.39	2
11	Dupont, Tyler	11	Xavier, CR	2:00.88	4
12	Schmitz, Tony	10	Pella	2:01.44	1
13	Stukerjurgan, Jacob	12	Mt Pleasant	2:01.70	1
14	Oberfoell, Carter	12	Wahlert, Dub	2:02.05	1
15	VanBaale, Seth	11	Bond-Farrar	2:02.20	2
16	Simmering, Justin	11	Washington	2:02.51	2
17	Wright, Justin	10	Clear Lake	2:02.77	3
18	Hasleiet, Cameron	12	CPU	2:02.88	5
19	Fritz, Kolby	11	Carlisle	2:03.21	3
20	Guise, Chris	11	Assumption	2:03.26	3
21	Litterer, Nick	12	Charles City	2:03.84	4
22	Clark, Ryan	12	Mt Vernon	2:04.35	2
23	VanHauen, Drew	12	Pella	2:04.59	3
24	Parmelee, Landen	12	LeMars	2:06.16	2

Event 38 Boys 1600 Meter Run 3A (24)

Saturday 5/18/2019 - 2:31 PM

State Record: 4:09.67 5/23/2015 Thomas Pollard, Gilbert

All-Time: 4:06.32 2014 Josh Evans, Linn-Mar

Name	Year	School	Seed Time		
1	Becker, Craig Alan	10	Atlantic	4:31.17	1
2	Engen, Trey	12	Algona	4:32.24	1
3	Mertens, Cody	12	Mt Pleasant	4:33.44	1
4	Hayes, Gus	12	Decorah	4:35.14	2
5	Hellige, Matt	11	Fort Madison	4:36.95	2
6	Orr, Quinton	10	Humboldt	4:36.95	2
7	Kunert, Joseph	12	Humboldt	4:37.27	3
8	Barton, George	12	Wahlert, Dub	4:38.11	1
9	O'Connor, Nick	11	Clear Crk-Amana	4:38.14	1
10	Vanderlinden, Harrison	12	Marion	4:38.49	2
11	Schmidt, Ethan	11	Spencer	4:38.71	1
12	Kepford, Sam	12	Waverly-SR	4:38.73	3
13	Wittenberg, Josiah	09	Pella	4:38.93	1
14	Olson, Thomas	12	Storm Lake	4:39.09	2
15	Hiler, Gavin	11	Marion	4:39.34	3
16	Cunningham, Matthew	12	Grinnell	4:40.13	2
17	Munshower, Nathan	10	Wahlert, Dub	4:40.18	4
18	Eskelsen, Caden	12	Mt Vernon	4:41.15	5
19	Crocker, Oliver	12	Mt Vernon	4:41.20	6
20	Mueller, Nate	10	ADM, Adel	4:42.00	1
21	Ockey, John	12	Gilbert	4:42.35	2
22	Newcomb, Parker	10	Boone	4:43.28	4
23	Moyle, Dalton	12	Mt Pleasant	4:43.35	3
24	Ramsey, Aidan	09	DC-Grimes	4:46.46	2

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Event 46 Boys 3200 Meter Run 3A (24)

Thursday 5/16/2019 - 10:25 AM

State Record: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time	
1 Engen, Trey	12	Algona	9:50.13	1
2 Hayes, Gus	12	Decorah	9:56.11	2
3 Mertens, Cody	12	Mt Pleasant	9:56.17	1
4 Vanderlinden, Harrison	12	Marion	10:00.20	1
5 Orr, Quinton	10	Humboldt	10:00.70	1
6 Munshower, Nathan	10	Wahlert, Dub	10:03.37	2
7 Barton, George	12	Wahlert, Dub	10:03.86	3
8 Mueller, Nate	10	ADM, Adel	10:04.38	1
9 Petersen, Jalen	12	Atlantic	10:04.63	2
10 Hellige, Matt	11	Fort Madison	10:05.09	2
11 Juergens, Ethan	10	ADM, Adel	10:05.23	2
12 Barker, Brandon	10	Clear Crk-Amana	10:05.69	1
13 O'Connor, Nick	11	Clear Crk-Amana	10:05.90	2
14 Hiler, Gavin	11	Marion	10:06.40	4
15 Larson, Eli	09	CPU	10:06.49	3
16 Crocker, Oliver	12	Mt Vernon	10:06.90	5
17 Wittenberg, Josiah	09	Pella	10:07.09	1
18 Ramsey, Aidan	09	DC-Grimes	10:08.19	3
19 Renning, Jack	11	Xavier, CR	10:11.47	4
20 Hogan, Brady	10	Decorah	10:12.54	3
21 Gross, Trey	10	Harlan	10:12.63	3
22 Olson, Thomas	12	Storm Lake	10:13.23	1
23 Mesenbrink, Ethan	12	Gilbert	10:14.65	2
24 Lopez, Marco	10	Boy-Hul/Rock Val	10:18.09	2

Event 54 Boys 110 Meter Hurdles 3A (24) Prelims

Friday 5/17/2019 - 9:50 AM

State Record: 14.03 5/23/2014 Connor Ham, Solon

All-Time: 13.85 2018 Riley Moss, Ankeny Cent

Name	Year	School	Seed Time	
1 Murphy, Max	12	SB-Luton	14.63	1
2 Benshoof, Matt	12	Winterset	14.95	1
3 Magner, Andrew	11	Decorah	15.08	1
4 Lamm, Chase	12	Mt Pleasant	15.14	1
5 Freiberg, Austin	11	SB-Luton	15.21	2
6 Brunsen, Nolan	12	Carlisle	15.21	2
7 McKinney, Chase	10	Norwalk	15.22	3
8 Heitz, Lucas	12	ADM, Adel	15.35	4
9 Beck, Trenton	12	Carlisle	15.41	5
10 Hennings, Carson	12	Xavier, CR	15.42	1
11 Enke, Drew	12	Clear Lake	15.44	2
12 Buma, Jordan	12	Pella	15.45	1
13 Flint, Riley	12	Hampton-Dumont-CAL	15.49	3
14 McCann, Trent	11	Centerville	15.51	2
15 Sommers, Quinten	12	North Polk	15.54	2
16 Dudley, Charlie	11	Vinton-Shellbrg	15.56	2

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Event 54 ... (Boys 110 Meter Hurdles 3A (24) Prelims)

Name	Year	School	Seed Time
17 Hennigan, Cade	12	Washington	15.59 3
18 Schroeder, Turner	11	Benton Comm	15.59 3
19 Domina, Riley	12	Clarke	15.61 6
20 Kleese, Lincoln	12	Washington	15.81 4
21 Busse, Joey	12	Humboldt	15.84 1
22 Johnson, Dae Quan	10	Marion	15.87 1
23 Walton, Matthew	12	Anamosa	16.03 2
24 Fah, Thomas	12	Harlan	16.04 2

Event 63 Boys 400 Meter Hurdles 3A (24)

Friday 5/17/2019 - 11:30 AM

State Record: 51.35 5/20/2005 Greg Offerman, Charles City

All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time
1 Price, Bret	12	Boone	53.68 1
2 Nelson, Joven	12	Nevada	54.19 1
3 Sommers, Quinten	12	North Polk	54.72 2
4 Whitmore, Garrett	11	Webster City	54.87 1
5 Bock, Tegan	10	Boone	54.99 2
6 Hunt, Ethan	11	Washington	55.14 1
7 Buma, Jordan	12	Pella	55.50 3
8 Domina, Riley	12	Clarke	56.01 1
9 Freiberg, Austin	11	SB-Luton	56.24 1
10 TeSlaa, Spencer	11	Boy-Hul/Rock Val	56.28 2
11 Schneider, Quentin	11	Fort Madison	56.60 2
12 Owens, Jon	12	Harlan	56.65 3
13 Dudley, Charlie	11	Vinton-Shellbrg	56.67 1
14 Acton, Dalen	12	Maquoketa	56.86 1
15 Brandt, Thomas	11	Solon	57.00 2
16 Enke, Drew	12	Clear Lake	57.36 2
17 Heitz, Lucas	12	ADM, Adel	57.69 2
18 Brown, Reed	10	Oskaloosa	57.75 3
19 Vogelzang, Zach	12	Boy-Hul/Rock Val	57.97 3
20 Willey, Mitch	12	Xavier, CR	57.99 3
21 Gisleson, Quentin	12	Clear Crk-Amana	58.05 4
22 Hemann, Cole	11	Marion	58.16 2
23 Murphy, Max	12	SB-Luton	58.21 4
24 Whalen, Connor	11	Marion	58.29 3

Event 75 Boys 4x100 Meter Relay 3A (24) Prelims

Friday 5/17/2019 - 1:10 PM

State Record: 42.18 2008 Xavier, Cedar Rapids, Xavier, CR

D Kramer, D Woolner, C Reed, B Colston

All-Time: 41.33 1996 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Bishop Heelan		43.66 1
1) Clark, Keyontre 10	2) Yaneff, Joe 12	3) Lee, Camden 11
5) Breen, RJ 11	6) Tobin, Andrew 12	4) Olson, Drew 12

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Event 75 ... (Boys 4x100 Meter Relay 3A (24) Prelims)

Event	Team	Relay	Seed Time
2	Wahlert, Dub		43.69 1
	1) McDermott, Danny 12	2) Brosius, Jake 10	3) Weber, Jared 11
	5) Adams, Coby 12	6) Walsh, Isaac 12	4) Kuntz, Alden 12
3	Winterset		43.72 1
	1) Shaw, Kaden 12	2) Johnson, Brock 11	3) Darling, Easton 11
	5) Kleemeier, Casey 12	6) Pashek, Hunter 12	4) Benschopf, Matt 12
4	Nevada		43.75 1
	1) DaSilva, Caeden 09	2) Jensen, Dylan 11	3) Strottman, Jakob 12
	5) Abraham, Sam 12	6) Skelton, Theo 10	4) Nelson, Joven 12
5	Spencer		44.08 2
	1) Green, Darrious 11	2) Green, TyRale 10	3) Nissen, Jon 10
	5) Green, Taron 09	6) Christofferson, Drew 11	4) Spencer, Isaiah 11
6	Humboldt		44.10 1
	1) Heinz, Jamison 11	2) Hundertmark, Cale 10	3) Vitzthum, Tyler 12
	5) Busse, Joey 12	6) Savery, Sawyer 12	4) Miller, Matt 11
7	Webster City		44.11 1
	1) Whitmore, Garrett 11	2) Mathis, Trey 10	3) Struchen, Carson 12
	5) Porter, Kasey 11	6) Levongkhom, Kaiyu 10	4) LaSourd, Lincoln 11
8	W Burlington/ND		44.22 1
	1) Skerik, Nicholas 11	2) Richards, Reece 12	3) Snodgrass, Tanner 12
	5) Conner, Jeron 11	6) Oleson, Brady 10	4) Lamm, Jax 12
9	Xavier, CR		44.22 1
	1) Klein, Christian 12	2) Larson, Aaron 12	3) Skala, Nathan 12
	5) Finley, Bryant 11	6) Skala, Derrick 12	4) Cuevas, Kaiden 11
10	Mt Pleasant		44.27 2
	1) Truong, Khang 11	2) Lamm, Chase 12	3) Seberg, Rylan 11
		6) Shull, Tate 12	4) Johnson, Jack 10
11	Norwalk		44.28 2
	1) Anderson, Scott 11	2) Neller, Jacob 12	3) Hart, Brian 10
	5) Percy, Jon 11	6) Raper, Carson 12	4) McKinney, Chase 10
12	Glenwood		44.39 2
	1) Lee, Jon 12	2) Vondra, Zach 12	3) Silvius, Cooper 12
	5) Hughes, Jack 12	6) Clark, Logen 10	4) Stanislav, Christian 12
13	Marion		44.41 2
	1) Miller-Baker, Caden 11	2) Cechota, Isaac 11	3) Svoboda, Braeden 12
	5) Unsen, Lucas 10	6) Bleadorn, Patrick 12	4) Whalen, Connor 11
14	LeMars		44.41 3
	1) Rasmussen, Dylan 11	2) Lamoreux, Anthony 11	3) Wadle, Ben 12
	5) Ott, Cody 12	6) Spieler, Eric 11	4) Ferguson, Tyler 12
15	Assumption		44.42 3
	1) Simpson, Grant 11	2) Weitz, Simon 10	3) Hamel, Owen 10
	5) Good, Alex 09	6) Kreinbring, Kade 10	4) Kulhanek, Tyler 11
16	Vinton-Shellbrg		44.45 2
	1) Hoepfner, Axl 12	2) Wilson, Jose 11	3) Dudley, Charlie 11
	5) Griffith, Sam 11	6) Burnell, Chevy 12	4) Thompson, Keegan 12
17	Solon		44.48 3
	1) Andregg, Jace 11	2) Pipolo, Jackson 12	3) Coons, AJ 11
	5) Geistkemper, Ryan 12	6) Hoffman, Colton 10	4) Bock, Adam 12
18	Clear Lake		44.53 2
	1) Green-Harrington, Tyres 10	2) Kearns, Kody 11	3) Schmitt, Jagger 09
	5) Anderson, Zane 11	6) O'Brien-Green, Jaden 10	4) Danielson, Nick 11

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Team	Relay	Seed Time
19 Decorah		44.54 3
1) Stowe, Haywood 09	2) Magner, Andrew 11	3) Adam, Jason 11
5) Fullhart, Mikel 12	6) DeLong, Cameron 12	4) Gunhus-Dansdill, Beirgen 12
20 Bond-Farrar		44.70 2
1) Beresford, Ty 10	2) Wilson, Lain 10	3) Powell, Dalton 11
5) Lilly, Cash 10	6) Lozano, Kaeden 11	4) Smith, Porter 09
21 Washington		44.73 4
1) Kleese, Lincoln 12	2) Turner, Luke 11	3) Miller, Jacob 09
5) Driscoll, Mitchell 12	6) Sotelo, Spencer 10	4) Hennigan, Cade 12
22 Centerville		45.15 5
1) Carson, Gage 11	2) McDonald, Matthew 11	3) Oden, McCain 11
5) Kauzlarich, Brady 10	6) Byrd, Isaac 09	4) McCann, Trent 11
23 Central DeWitt		45.16 3
1) Paul, Michael 11	2) Muhl, Kaiden 10	3) Michoski, Mitch 12
5) Fuller, Jeff 11	6) Manatt, Beau 12	4) Necker, Easton 12
24 Harlan		45.21 3
1) Schechinger, Alex 11	2) Bruck, Connor 11	3) Monson, Jonathon 11
5) Griffith, Mason 10	6) Mulligan, Preston 12	4) Boldan, Elijah 12

Event 83 Boys 4x200 Meter Relay 3A (24)

Friday 5/17/2019 - 10:35 AM

State Record: 1:27.87 5/20/2016 SB-Luton, SB-Luton
M George, R McGregor, D Girres, B Wall
All-Time: 1:26.40 1997 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Nevada		1:30.64 1
1) DaSilva, Caeden 09	2) Abraham, Sam 12	3) Strottman, Jakob 12
5) Saunders, Andrew 12	6) Jensen, Dylan 11	4) Nelson, Joven 12
2 DC-Grimes		1:31.06 1
1) Grimes, Caden 10	2) Todd, Gavin 09	3) Liebe, Trenton 11
5) Grove, Jett 12	6) Collins, Rowan 12	4) Freeman, Rancy 12
3 Bishop Heelan		1:31.14 1
1) Olson, Drew 12	2) Yaneff, Joe 12	3) Lee, Camden 11
5) Clark, Keyontre 10	6) Rizk, Michael 11	4) Walker, Deonte 12
4 Wahlert, Dub		1:31.14 1
1) McDermott, Danny 12	2) Adams, Coby 12	3) Brosius, Jake 10
5) Belken, Connor 12	6) Weber, Jared 11	4) Kuntz, Alden 12
5 SB-Luton		1:31.65 2
1) Shultz, Zach 12	2) DeMoss, Sam 12	3) Stangel, Josh 11
5) Groves, Conner 12	6) Schwedler, Jorma 11	4) Ritz, Easton 12
6 Marion		1:31.66 2
1) Hemann, Cole 11	2) Cechota, Isaac 11	3) Miller-Baker, Caden 11
5) Unsen, Lucas 10	6) Bettenga, Brayden 11	4) Whalen, Connor 11
7 Centerville		1:32.26 1
1) Carson, Gage 11	2) Koestner, Quinton 11	3) Kauzlarich, Brady 10
5) Oden, McCain 11	6) Byrd, Isaac 09	4) McDonald, Matthew 11
8 Boy-Hul/Rock Val		1:32.29 3
1) TeSlaa, Sam 12	2) Godfredsen, Alex 10	3) Heitritter, Josh 11
5) Moser, Keyton 11	6) Rozeboom, Mason 10	4) Post, Cody 12
9 Webster City		1:32.58 1
1) Whitmore, Garrett 11	2) Struchen, Carson 12	3) Mathis, Trey 10
5) Porter, Kasey 11	6) Van Diest, Jack 10	4) LaSourd, Lincoln 11

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	Team	Relay	Seed Time
10	Harlan		1:32.67 1
	1) Schechinger, Alex 11	2) Bruck, Connor 11	3) Monson, Jonathon 11
	5) Erlmeier, Michael 10	6) Griffith, Mason 10	4) Boldan, Elijah 12
11	Keokuk		1:32.72 2
	1) Martinez, Braylon 11	2) Skinner, Corey 10	3) Jeffers, Dylan 11
	5) McWilliams, Jacob 10	6) Flax-Solomon, Cory 12	4) Potratz, Anthony 10
12	Glenwood		1:32.79 2
	1) Hughes, Jack 12	2) Vondra, Zach 12	3) Bales, Silas 10
	5) Sell, Brock 09	6) Lincoln, Preston 11	4) Stanislav, Christian 12
13	Clear Lake		1:32.83 2
	1) Green-Harrington, Tyres 10	2) Danielson, Nick 11	3) Warnke, Austin 10
	5) Schmitt, Jagger 09	6) O'Brien-Green, Jaden 10	4) Kearns, Kody 11
14	Clear Crk-Amana		1:32.88 1
	1) Kabbage, Zach 12	2) Freeman, Gage 09	3) Stockman, Trever 12
	5) Bollers, TJ 10	6) Gerard, Nick 11	4) Figueroa, Alex 10
15	Winterset		1:33.09 2
	1) Darling, Easton 11	2) Kleemeier, Casey 12	3) Pashek, Hunter 12
	5) Tindle, Austin 10	6) Simon, Ethan 12	4) O'Neal, Griffin 10
16	Decorah		1:33.21 3
	1) Adam, Jason 11	2) Stowe, Haywood 09	3) Fullhart, Mikel 12
	5) Magner, Andrew 11	6) Thompson, Solomon 12	4) Gunhus-Dansdill, Beirgen 12
17	Mt Vernon		1:33.24 3
	1) Elliott, Tyler 12	2) Ryan, Paul 12	3) Niehaus, Tyler 11
	5) Martin, Matt 12	6) Booth, Blake 12	4) Erickson, Noah 11
18	Bond-Farrar		1:33.31 2
	1) Beresford, Ty 10	2) Wilson, Lain 10	3) Powell, Dalton 11
	5) Lilly, Cash 10	6) VanBaale, Seth 11	4) Smith, Porter 09
19	LeMars		1:33.38 4
	1) Rasmussen, Dylan 11	2) Lamoreux, Anthony 11	3) Spieler, Eric 11
	5) Ott, Cody 12	6) Spieler, Reece 09	4) Ferguson, Tyler 12
20	Spencer		1:33.51 5
	1) Green, TyRale 10	2) Pingle, Isaac 11	3) Green, Taron 09
	5) Green, Darrious 11	6) Christofferson, Drew 11	4) Spencer, Isaiah 11
21	Vinton-Shellbrg		1:33.61 2
	1) Wilson, Jose 11	2) Hoepfner, Axl 12	3) Griffith, Sam 11
	5) Dudley, Charlie 11	6) Haisman, Nolan 12	4) Thompson, Keegan 12
22	Carlisle		1:33.67 3
	1) Vollstedt, Jace 11	2) Goodhue, Nic 10	3) Hoang, Hung 11
	5) McPhee, Sam 12	6) Griffin, Quincy 10	4) Imhoff, Jacob 10
23	Pella		1:33.67 3
	1) Huizinga, Xavion 11	2) Clayberg, Nolan 09	3) Schouten, David 11
	5) Hackman, Derek 12	6) Jablonski, Ben 11	4) Rozenboom, Jackson 10
24	Solon		1:33.88 3
	1) Andregg, Jace 11	2) Pipolo, Jackson 12	3) Coons, AJ 11
	5) Hoffman, Colton 10	6) Bell, Jack 11	4) Bock, Adam 12

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Event 91 Boys 4x400 Meter Relay 3A (24) Prelims**Friday 5/17/2019 - 2:15 PM**

State Record: 3:18.24 2009 Bishop Heelan, SC, Bishop Heelan, SC
P Ives, M Malloy, N Berger, B Dougherty

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
B Collins, Z Sandvig, R Keairnes, B McSkimming

Team	Relay			Seed Time	
1 Atlantic				3:23.67	1
	1) Niklasen, Zade 12	2) Mullenix, Colin 10	3) Moen, Tyler 11	4) Mullenix, Chase 12	
	5) Becker, Craig Alan 10	6) Granner, Sam 12			
2 Oskaloosa				3:25.01	1
	1) VanKampen, Brayden 11	2) Schultz, Iszac 11	3) Blom, Aaron 11	4) Huyser, Carter 12	
	5) Hill, Casey 12	6) Hunt, Ben 12			
3 Carlisle				3:26.11	2
	1) Griffin, Quincy 10	2) Imhoff, Jacob 10	3) Fritz, Kolby 11	4) Brunsen, Nolan 12	
	5) Miller, Kyle 11	6) Neely, Justin 10			
4 SB-Luton				3:26.53	1
	1) Shultz, Zach 12	2) Stangel, Josh 11	3) Groves, Conner 12	4) Ritz, Easton 12	
	5) Schwedler, Jorma 11	6) Murphy, Max 12			
5 Harlan				3:27.53	2
	1) Boldan, Elijah 12	2) Owens, Jon 12	3) Monson, Jonathon 11	4) Erlmeier, Michael 10	
	5) Schechinger, Alex 11	6) Bruck, Connor 11			
6 Winterset				3:28.05	3
	1) Darling, Easton 11	2) Kleemeier, Casey 12	3) Tindle, Austin 10	4) O'Neal, Griffin 10	
	5) Hoffman, Jake 11	6) Esser, Luke 12			
7 Pella				3:28.67	1
	1) Schmitz, Tony 10	2) VanHauen, Drew 12	3) Rozenboom, Jackson 10	4) Miller, Karl 09	
	5) Wittenberg, Josiah 09	6) Clayberg, Nolan 09			
8 Mt Vernon				3:28.97	1
	1) Erickson, Noah 11	2) Pitlik, Trenton 09	3) Elliott, Tyler 12	4) Ryan, Paul 12	
	5) Meeker, Jackson 12	6) Weber, Trevor 10			
9 Benton Comm				3:29.31	1
	1) Sayers, Drew 12	2) Embretson, Grant 11	3) Michels, Nathan 12	4) Osborn, Blake 11	
	5) Spina, Dylan 12	6) Weirather, Ethan 10			
10 Boy-Hul/Rock Val				3:29.51	2
	1) TeSlaa, Spencer 11	2) TeSlaa, Sam 12	3) Kelderman, Marcus 10	4) Rankin, Billy 12	
	5) Heitritter, Josh 11	6) Ruvalcaba, Emiliano 09			
11 Anamosa				3:29.53	2
	1) Rickels, Dylan 12	2) McLean, Nolan 10	3) Keating, Nathan 10	4) McLean, Zac 12	
	5) Bickford, Wyatt 11	6) Marsh, Walker 12			
12 Boone				3:29.97	3
	1) Casotti, Tyler 12	2) Bock, Tegan 10	3) Arringdale, Ajay 10	4) Price, Bret 12	
	5) Newcomb, Parker 10	6) Sherrard, Brecklan 11			
13 Independence				3:30.17	3
	1) Rohret, Isaac 10	2) Schmitt, Logan 11	3) Beatty, Marcus 09	4) Cordes, Tristan 12	
	5) Lamphier, Kaleb 11	6) Schmitt, Keegan 09			
14 Grinnell				3:30.21	2
	1) Gibson, Brett 12	2) Osborne, Josh 09	3) Strand, Tanner 12	4) Simon, Joe 12	
	5) Bryant, Isaac 11	6) Cunningham, Matthew 12			
15 Washington				3:30.27	1
	1) Driscoll, Mitchell 12	2) Turner, Luke 11	3) Simmering, Justin 11	4) Hunt, Ethan 11	
	5) Schiefer, Ben 12	6) Kimball, Michael 11			

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	Team	Relay	Seed Time	
16	Charles City		3:30.36	1
	1) Slinger, Colton 12	2) Deeter, Mason 12	3) Collins, Ian 09	4) Litterer, Nick 12
	5) Koresh, Dylan 12	6) Lopez, Malcolm 09		
17	Clear Lake		3:30.63	2
	1) Reimann, Tanner 09	2) Enke, Drew 12	3) Schmitt, Jagger 09	4) Wright, Justin 10
	5) O'Brien-Green, Jaden 10	6) Bergman, Jordan 10		
18	CPU		3:30.68	3
	1) Hasleiet, Cameron 12	2) Peterson, Logan 10	3) Chesmore, Max 12	4) Wade, Alex 11
	5) Takes, Caleb 12	6) Gatrost, Maverick 12		
19	S Tama Cty		3:30.87	4
	1) Lasley, Tyrin 11	2) Keahna, Keith 12	3) Babinat, Gabe 12	4) Crawford, Drake 12
	5) Demarce, Sonny 10	6) Rosenberger, Trusten 09		
20	North Polk		3:31.12	2
	1) Williams, Michael 11	2) Banwart, Chris 11	3) Sommers, Quinten 12	4) Elefson, JD 10
	5) Jones, Thomas 10	6) McCarthur, Quinton 12		
21	Centerville		3:31.33	2
	1) Koestner, Quinton 11	2) Kauzlarich, Brady 10	3) Oden, McCain 11	4) Mathews, Merrick 10
	5) Pasa, Owen 11	6) Ocker, Jaxson 12		
22	Wahlert, Dub		3:31.63	4
	1) Frommelt, Nick 12	2) Adams, Coby 12	3) Hocking, Jacob 11	4) Oberfoell, Carter 12
	5) Barton, George 12	6) Belken, Connor 12		
23	Mt Pleasant		3:31.96	3
	1) Shull, Tate 12	2) Beatty, Sam 12	3) Bender, Brody 11	4) Stukerjurgan, Jacob 12
	5) Mills, Mason 10	6) Johnson, Jack 10		
24	Hampton-Dumont-CAL		3:32.20	3
	1) Worjloh, Mugabe 11	2) Flint, Riley 12	3) Klein, Cade 11	4) Severs, Jordan 10
	5) Waddingham, Matt 11	6) Walker, Logan 11		

Event 99 Boys 4x800 Meter Relay 3A (24)

Thursday 5/16/2019 - 12:30 PM

State Record: 7:49.07 5/19/2011 Spirit Lake Park, Spirit Lake
A Baldwin, K Byers, K Feldick, W Norris

All-Time: 7:41.43 5/21/2015 Ames, Ames
L Grim, K Chol, A Akok, D Chan

	Team	Relay	Seed Time	
1	Clear Crk-Amana		8:07.07	1
	1) Johnson, Tom 10	2) McAreavy, Kaden 12	3) Sexton, Jack 11	4) O'Connor, Nick 11
	5) Zillyette, Gavin 09	6) Gisleson, Quentin 12		
2	CPU		8:08.67	2
	1) Webster, Cole 11	2) Wyse, Jed 12	3) Hasleiet, Cameron 12	4) Wade, Alex 11
	5) Larson, Abe 11	6) Larson, Eli 09		
3	SB-Luton		8:09.23	1
	1) Hofer, Payden 12	2) Muller, Nick 10	3) Groves, Conner 12	4) Ritz, Easton 12
	5) Hannemann, Gabe 12	6) Marksbury, Drew 12		
4	Grinnell		8:09.38	3
	1) Gibson, Brett 12	2) Bryant, Isaac 11	3) Cunningham, Matthew 12	4) Simon, Joe 12
	5) Christinson, Caden 11	6) Osborne, Josh 09		
5	Atlantic		8:11.24	1
	1) Becker, Craig Alan 10	2) Dennis, Bradley 11	3) Behrends, Nathan 12	4) Mullenix, Chase 12
	5) Petersen, Jalen 12	6) Leonard, Cooper 12		

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Event 99 ... (Boys 4x800 Meter Relay 3A (24))

	Team	Relay	Seed Time
6	Norwalk		8:13.51 1
	1) Rohrer, Sam 12	2) Lucas, Brody 09	3) Larson, Grant 10
	5) Buckley, Liam 11	6) Rohrer, Max 10	4) Carlson, Ethan 10
7	Spencer		8:13.80 2
	1) Schoelerman, Ty 12	2) Schoelerman, Zach 10	3) Schmidt, Ethan 11
	5) Hussey, Qai 09	6) Pingle, Isaac 11	4) Morony, Kyle 11
8	Wahlert, Dub		8:13.90 1
	1) Frommelt, Nick 12	2) Oberfoell, Carter 12	3) King, Tommy 11
	5) Barton, George 12	6) Munshower, Nathan 10	4) Hocking, Jacob 11
9	Mt Pleasant		8:15.33 1
	1) Moyle, Dalton 12	2) Bender, Brody 11	3) Brooks, Thad 12
	5) Mertens, Cody 12	6) Mills, Mason 10	4) Stukerjurgan, Jacob 12
10	Carlisle		8:15.94 2
	1) Flaws, Jonathan 12	2) Miller, Kyle 11	3) Kessler, Tristen 11
	5) Schlichte, Ethan 10	6) Logue, Carter 12	4) Fritz, Kolby 11
11	Pella		8:15.98 1
	1) VanHauen, Drew 12	2) Miller, Karl 09	3) Turner, Cutler 09
	5) Wittenberg, Josiah 09	6) Johnston, Mason 11	4) Schmitz, Tony 10
12	Mt Vernon		8:16.30 2
	1) Louwagie, Andrew 12	2) Wolfe, David 12	3) Brand, Nolan 11
	5) Crocker, Oliver 12	6) Meeker, Jackson 12	4) Brand, Kaleb 11
13	Humboldt		8:18.27 2
	1) Carlson, Calvin 12	2) Kunert, Joseph 12	3) Helmer, Noah 12
	5) Jacobson, Trevor 09	6) Orr, Quinton 10	4) Wittrock, Eric 10
14	Charles City		8:19.08 1
	1) Deeter, Mason 12	2) Litterer, Nick 12	3) Slinger, Colton 12
	5) Cooper, Antwone 10	6) Graeser, Zack 10	4) Collins, Ian 09
15	Assumption		8:19.22 2
	1) Straub, Mike 11	2) Fitzpatrick, TJ 10	3) Guise, Chris 11
	5) Foley, Parker 10		4) Motley, Josh 12
16	Anamosa		8:19.64 3
	1) Rickels, Dylan 12	2) Engelbart, Mitchell 11	3) Borst, Colton 10
	5) Lasack, Brady 12	6) Moss, Ben 11	4) McLean, Zac 12
17	Benton Comm		8:20.32 4
	1) Spina, Dylan 12	2) Lange, Drew 11	3) Gorkow, Bennett 12
	5) Atwood, Russell 12	6) Caldwell, Nathaniel 12	4) Harris, Aiden 09
18	Gilbert		8:20.61 2
	1) Ockey, John 12	2) Hanson, Birk 09	3) Stuber, Ethen 12
	5) Buchele, Jacob 11	6) Mesenbrink, Ethan 12	4) Ruba, Griffin 11
19	Waverly-SR		8:21.47 2
	1) Kepford, Sam 12	2) Kueker, Kyle 12	3) Davis, Elijah 10
	5) Cummer, Andrew 09	6) Kepford, Nick 09	4) Stromberg, Luke 12
20	Glenwood		8:22.73 3
	1) Mower, Brett 12	2) McIntyre, Sam 11	3) Parks, Mason 12
	5) Huey, Tyler 10	6) Presley, Adison 11	4) Covington, Parson 12
21	W Delaware		8:22.78 4
	1) Goranson, Nathan 11	2) Smith, Blake 10	3) Woellert, Logan 10
	5) Loecke, Sam 11	6) Cole, Kyle 09	4) Rich, Isaiah 11
22	North Polk		8:22.96 3
	1) Henderson, Caleb 10	2) Vernon, Flint 12	3) Banwart, Chris 11
	5) Crabb, Matt 11	6) Rimathe, Hunter 11	4) Jones, Thomas 10

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Event 99 ... (Boys 4x800 Meter Relay 3A (24))

	Team	Relay	Seed Time	
23	Boy-Hul/Rock Val		8:24.82	3
	1) TeSlaa, Sam 12	2) Brunsting, Dayton 10	3) Brown, Canyon 11	4) Gorter, Wyatt 10
	5) Rankin, Kohen 09	6) Kelderman, Marcus 10		
24	Central DeWitt		8:25.35	5
	1) Ridgley, Colby 12	2) Mullin, Noah 12	3) Naeve, Tanner 11	4) Hinkle, Zach 11
	5) Kinney, Sean 10	6) Donovan, Carter 09		

Event 103 Boys 100 Meter Run WC (1)

Saturday 5/18/2019 - 12:42 PM

State Record: 17.81 2000 E.J. Runyan, Johnston
 All-Time: 17.81 2000 E.J. Runyan, Johnston

	Name	Year	School	Seed Time	
1	Woodard, Kadin	12	LeMars	20.11	1

Event 105 Boys 200 Meter Run WC (1)

Saturday 5/18/2019 - 1:50 PM

State Record: 31.01 5/18/2013 Jon Litzkow, Waterloo, West
 All-Time: 30.52 2013 Jon Litzkow, Waterloo, West

	Name	Year	School	Seed Time	
1	Woodard, Kadin	12	LeMars	38.05	1

Event 107 Boys 400 Meter Run WC (1)

Saturday 5/18/2019 - 3:20 PM

State Record: 56.57 5/18/2013 Jon Litzkow, Waterloo, West
 All-Time: 56.57 5/18/2013 Jon Litzkow, Waterloo, West

	Name	Year	School	Seed Time	
1	Woodard, Kadin	12	LeMars	1:18.32	1

Event 113 Boys Distance Medley 3A (24)

Friday 5/17/2019 - 12:20 PM

State Record: 3:27.65 2004 Davenport Assumption, Dav. Assumption
 B. Irmen, J. Conklin, M. Craddick, B. Adams
 All-Time: 3:22.69 2001 Iowa City High, Iowa City High

	Team	Relay	Seed Time	
1	Boy-Hul/Rock Val		3:34.67	1
	1) Godfredsen, Alex 10	2) Heitritter, Josh 11	3) TeSlaa, Spencer 11	4) Rankin, Billy 12
	5) Post, Cody 12	6) TeSlaa, Sam 12		
2	Algona		3:36.92	1
	1) Groen, Skyler 12	2) Wegener, Wyatt 11	3) Bawden, Samonte 11	4) Engen, Trey 12
	5) Grein, Matt 12	6) Helmers, Caleb 11		
3	Waverly-SR		3:37.52	2
	1) Hemer, Ben 12	2) DeBower, Daniel 10	3) Schwab, Andrew 12	4) Kepford, Sam 12
	5) Davis, Elijah 10	6) Leonard, Payton 11		
4	Bishop Heelan		3:38.10	2
	1) Clark, Keyontre 10	2) Walker, Deonte 12	3) Breen, RJ 11	4) Saulsbury, Charlie 12
	5) Olson, Drew 12	6) Longval, Luke 09		
5	Pella		3:38.32	1
	1) Huizinga, Xavion 11	2) Buma, Jordan 12	3) Miller, Karl 09	4) Wittenberg, Josiah 09
	5) Schmitz, Tony 10	6) Rozenboom, Jackson 10		
6	SB-Luton		3:38.77	3
	1) Shultz, Zach 12	2) DeMoss, Sam 12	3) Groves, Conner 12	4) Hannemann, Gabe 12
	5) Ritz, Easton 12	6) Stangel, Josh 11		

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Event	Team	Relay	Seed Time
7	Atlantic		3:39.39 1
	1) Mullenix, Colin 10	2) O'Hara, Gannon 09	3) Becker, Craig Alan 10
	5) Moen, Tyler 11	6) Niklasen, Zade 12	4) Mullenix, Chase 12
8	Clear Lake		3:39.64 3
	1) Danielson, Nick 11	2) Kearns, Kody 11	3) Reimann, Tanner 09
	5) Schmitt, Jagger 09	6) DeVries, Jaylen 11	4) Wright, Justin 10
9	Wahlert, Dub		3:40.08 1
	1) Weber, Jared 11	2) Adams, Coby 12	3) Belken, Connor 12
	5) Oberfoell, Carter 12	6) Brosius, Jake 10	4) Hocking, Jacob 11
10	CPU		3:40.15 1
	1) Chesmore, Max 12	2) Tobin, Derek 11	3) Peterson, Logan 10
	5) Hasleiet, Cameron 12	6) Larson, Abe 11	4) Wade, Alex 11
11	Grinnell		3:40.57 2
	1) Bryant, Isaac 11	2) Simon, Joe 12	3) Strand, Tanner 12
	5) Hunter, Wyatt 10	6) Cunningham, Matthew 12	4) Gibson, Brett 12
12	Mt Vernon		3:40.83 2
	1) Ryan, Paul 12	2) Martin, Matt 12	3) Pitlik, Trenton 09
	5) Elliott, Tyler 12	6) Erickson, Noah 11	4) Meeker, Jackson 12
13	Norwalk		3:41.02 1
	1) Anderson, Scott 11	2) Hart, Brian 10	3) Marker, Zach 11
	5) Larson, Grant 10	6) McKinney, Chase 10	4) Carlson, Ethan 10
14	Mt Pleasant		3:41.71 1
	1) Truong, Khang 11	2) Lamm, Chase 12	3) Seberg, Rylan 11
	5) Shull, Tate 12	6) Bender, Brody 11	4) Stukerjurgan, Jacob 12
15	Marion		3:41.73 3
	1) Unsen, Lucas 10	2) Cechota, Isaac 11	3) Hemann, Cole 11
	5) Whalen, Connor 11	6) Svoboda, Braeden 12	4) Brase, Matthew 12
16	Central DeWitt		3:42.13 4
	1) Necker, Easton 12	2) Horst, Colby 12	3) Pitts, Logan 12
	5) Arndt, Julian 11	6) Fuller, Jeff 11	4) Mullin, Noah 12
17	Anamosa		3:43.66 5
	1) McLean, Nolan 10	2) Weers, Tristan 09	3) McLean, Zac 12
	5) Kaufmann, Ky 09	6) Borst, Colton 10	4) Rickels, Dylan 12
18	Benton Comm		3:43.86 3
	1) Sayers, Drew 12	2) Michels, Nathan 12	3) Embretson, Grant 11
	5) Timmerman, Austin 11	6) Lange, Drew 11	4) Spina, Dylan 12
19	Carroll		3:44.42 2
	1) Christensen, Colby 10	2) Perrin, Owen 11	3) Dirx, Zach 09
	5) Dirx, Abraham 10	6) Baack, Devin 12	4) Hagen, Jack 11
20	Fairfield		3:44.73 2
	1) Jones, Caden 12	2) Kooiker, Landon 11	3) Kretz, Kevin 10
	5) Rippey, Dalton 12	6) Martin, Drew 11	4) Diers, Mark 12
21	Winterset		3:45.05 2
	1) Griffin, Carter 11	2) Simon, Ethan 12	3) Hoffman, Jake 11
	5) Yeager, Wynn 11	6) Tindle, Austin 10	4) Esser, Luke 12
22	LeMars		3:45.15 4
	1) Ott, Cody 12	2) Spieler, Reece 09	3) Olson, Brandon 12
	5) Spieler, Eric 11	6) Wurth, Austin 12	4) Parmelee, Landen 12
23	Harlan		3:45.91 3
	1) Schechinger, Alex 11	2) Bruck, Connor 11	3) Owens, Jon 12
	5) Gross, Trey 10	6) Fah, Joseph 09	4) Frederick, Thomas 11

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Event 113 ... (Boys Distance Medley 3A (24))

Team	Relay	Seed Time
24 Gilbert		3:46.00 2
1) Hanson, Tucker 10	2) Steffen, Mark 12	3) Ruba, Griffin 11
5) Turner, Will 12	6) Saltzman, Nathan 12	4) Mesenbrink, Ethan 12

Event 121 Boys High Jump 3A (24)

Thursday 5/16/2019 - 9:00 AM

State Record: 6-11 2008 Colten Kelly, Anamosa
All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Name	Year	School	Seed Mark
1 Gach, Waw	11	Denison-Schlswg	6-08.00 1
2 Keahna, Keith	12	S Tama Cty	6-07.00 1
3 Kooiker, Landon	11	Fairfield	6-07.00 1
4 Beatty, Sam	12	Mt Pleasant	6-05.00 2
5 Collins, Ian	09	Charles City	6-04.00 1
6 Freiberg, Austin	11	SB-Luton	6-03.00 2
7 Rickels, CJ	10	Vinton-Shellbrg	6-03.00 2
8 Andrews, Bradley	11	Charles City	6-02.00 2
9 Mueller, Tyjai	11	Keokuk	6-02.00 3
10 Salazar, Eric	11	Boy-Hul/Rock Val	6-02.00 3
11 Noble, Jack	09	North Polk	6-01.00 1
12 Stine-Smith, Tate	10	ADM, Adel	6-01.00 1
13 Soto, Jesus	10	Storm Lake	6-01.00 4
14 Paulsen, Logan	11	Central DeWitt	6-01.00 1
15 Capaldo, Sal	09	North Polk	6-00.00 2
16 Solberg, Keaton	11	Decorah	6-00.00 3
17 Long, Timothy	12	Ia Falls-Alden	6-00.00 4
18 Imming, Jacob	09	SB-Luton	6-00.00 5
19 Hicks, Thade	10	Spencer	6-00.00 6
20 Schroeder, Turner	11	Benton Comm	6-00.00 3
21 Price, Bret	12	Boone	6-00.00 1
22 Sedivec, Jordan	10	DC-Grimes	5-10.00 2
23 Werling, DaShaun	11	Mt Vernon	5-10.00 2
24 Feldman, Tory	10	Carroll	5-10.00 2

Event 129 Boys Long Jump 3A (24)

Friday 5/17/2019 - 9:00 AM

State Record: 23-04.25 5/23/2014 Chandler Diercks, Clear Lake
All-Time: 24-09.50 1984 Chris Walker, Davenport Central

Name	Year	School	Seed Mark
1 Clark, Keyontre	10	Bishop Heelan	22-09.00 1
2 Beck, Trenton	12	Carlisle	21-04.00 1
3 McDermott, Danny	12	Wahlert, Dub	21-02.25 1
4 Vondra, Zach	12	Glenwood	21-01.25 1
5 Bock, Tegan	10	Boone	21-00.25 2
6 Seberg, Rylan	11	Mt Pleasant	20-11.50 1
7 Kleese, Lincoln	12	Washington	20-10.75 2
8 Erlmeier, Michael	10	Harlan	20-10.25 3
9 Winship, Payton	12	Clarke	20-10.00 2
10 Heinz, Jamison	11	Humboldt	20-08.50 4
11 Shaw, Kaden	12	Winterset	20-08.00 3

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Event 129 ... (Boys Long Jump 3A (24))

Name	Year	School	Seed	Mark
12	Abraham, Sam	12 Nevada	20-07.00	1
13	Lozano, Kaeden	11 Bond-Farrar	20-06.00	2
14	McPhee, Sam	12 Carlisle	20-04.25	4
15	Wilson, Lain	10 Bond-Farrar	20-04.00	3
16	Muhl, Kaiden	10 Central DeWitt	20-03.75	2
17	Elliott, Tyler	12 Mt Vernon	20-01.75	3
18	Andregg, Jace	11 Solon	20-00.50	1
19	Baack, Devin	12 Carroll	20-00.25	5
20	Vest, Payton	10 S Tama Cty	20-00.00	2
21	Zuspan, Ryan	12 Charles City	20-00.00	1
22	Martinez, Braylon	11 Keokuk	19-10.75	3
23	Nissen, Jon	10 Spencer	19-08.00	2
24	Rivera, Jorge	10 Clear Lake	18-11.50	2

Event 137 Boys Discus Throw 3A (24)

Thursday 5/16/2019 - 11:30 AM

State Record: 187-09 5/17/2012 Tyler Hovey, Atlantic
All-Time: 207-08 1978 Scott Crowell, Mason City

Name	Year	School	Seed	Mark
1	Vislisel, Matt	12 Mt Vernon	182-00	1
2	Miller, Mitchell	12 Wahlert, Dub	166-00	2
3	Flansburg, Coal	12 Solon	164-04	1
4	DeJong, Nick	12 Pella	158-05	1
5	Newsom, Mosai	12 Waverly-SR	156-09	1
6	Beason, Zach	12 Mt Pleasant	154-00	1
7	Huisman, Kody	10 Pella	153-11	2
8	Becthold, Cooper	11 Mt Vernon	153-10	3
9	Weyer, Derec	12 Harlan	151-11	1
10	Bieker, Caleb	12 Harlan	150-04	2
11	Dierson, Hayes	11 Solon	150-01	2
12	Sutton, Kaden	11 ADM, Adel	148-10	1
13	Hill, Casey	12 Oskaloosa	148-09	2
14	Besick, Derek	12 CPU	147-09	4
15	Westcott, Cody	12 CPU	147-09	3
16	Moore, Cade	11 Centerville	146-10	2
17	Eilers, Ethan	10 W Burlington/ND	145-10	3
18	Waugh, Tristan	12 Fairfield	145-09	4
19	Gladden, Chase	11 Carroll	144-02	3
20	VanderSluis, Brandon	09 LeMars	143-10	1
21	Boorn, Tom	11 ADM, Adel	143-09	3
22	Topping, Lucas	11 Wahlert, Dub	142-10	4
23	Siech, Caleb	11 Waverly-SR	141-05	2
24	Roemeling, Brandon	11 Boy-Hul/Rock Val	140-08	2

Event 145 Boys Shot Put 3A (24)

Friday 5/17/2019 - 11:30 AM

State Record: 64-07.75 2009 Drew Clark, Marion
All-Time: 70-11 1968 Doug Lane, Cedar Rapids Jefferson

Name	Year	School	Seed	Mark
1	DeJong, Nick	12 Pella	59-11.75	1

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Event 145 ... (Boys Shot Put 3A (24))

	Name	Year	School	Seed	Mark
2	Newsom, Mosai	12	Waverly-SR	54-01.00	1
3	Lensing, Rocky	12	Solon	52-11.00	1
4	Endres, Tyler	12	Norwalk	51-00.25	1
5	Bieker, Caleb	12	Harlan	51-00.00	1
6	Jones, Justin	12	Humboldt	50-11.75	2
7	Becthold, Cooper	11	Mt Vernon	50-11.00	1
8	Terwilliger, Owen	12	Humboldt	50-10.75	3
9	Oden, McCain	11	Centerville	50-10.75	1
10	Vislisl, Matt	12	Mt Vernon	50-09.25	2
11	Lomica, Caleb	12	North Polk	50-07.00	2
12	Halverson, Logan	11	Decorah	50-06.25	2
13	Clayborne, Kobe	11	Bishop Heelan	50-03.00	1
14	Wagner, Garret	10	Marion	49-04.25	3
15	Huerter, Mason	11	Pella	49-03.00	3
16	Takes, Nick	12	CPU	48-09.50	2
17	McQuiggin, Riley	12	Mt Pleasant	48-09.50	2
18	Heiter, Ethan	10	Spencer	48-04.50	2
19	Miller, Mitchell	12	Wahlert, Dub	47-10.50	4
20	Lutovsky, Henry	10	Mt Pleasant	47-10.25	3
21	Lampman, Austin	12	Webster City	47-06.50	3
22	Grau, Jeff	12	Central DeWitt	47-06.25	5
23	Buckley, Alex	12	Knoxville	47-05.75	2
24	Grover, Travis	12	Spencer	47-04.00	3

Event 153 Boys Shot Put WC (1)

Saturday 5/18/2019 - 10:00 AM

State Record: 40-05.50 5/18/2013 Alex Gudenauf, Dubuque, Senior

All-Time: 40-05.50 5/18/2013 Alex Gudenauf, DBQ Senior WC

	Name	Year	School	Seed	Mark
1	Woodard, Kadin	12	LeMars	16-05.50	1

Event 156 Boys 4x110 Meter Shuttle Hurdle 3A (24) Prelims

Thursday 5/16/2019 - 2:20 PM

State Record: 56.74 5/21/2011 Waverly-SR, Waverly-SR
C Chesnut, J Litterer, B Willson, E Larson

	Team	Relay	Seed	Time
1	Carlisle		1:00.25	1
	1) Beck, Trenton 12	2) Dunn, Karson 10	3) Imhoff, Jacob 10	4) Brunsen, Nolan 12
	5) Goodhue, Nic 10	6) Ogbourne, Archer 09		
2	SB-Luton		1:00.30	1
	1) Hansen, Matthew 12	2) Verros, Nate 12	3) Murphy, Max 12	4) Freiberg, Austin 11
	5) McGregor, Nolan 11	6) Gill, Cade 11		
3	Pella		1:01.24	1
	1) Clayberg, Nolan 09	2) Winegardner, Brandon 10	3) Thomas, Gabe 12	4) Buma, Jordan 12
	5) Thoreson, Reece 09	6) Huyser, Gage 09		
4	Charles City		1:01.30	1
	1) Sibuma, John 11	2) Reams, Cole 12	3) Chapman, Jeremiah 10	4) Koresh, Dylan 12
	5) Graeser, Zack 10	6) Tamayo, Tino 09		
5	Benton Comm		1:01.37	1
	1) Embretson, Grant 11	2) Weirather, Ethan 10	3) Snitker, Jaxson 10	4) Schroeder, Turner 11
	5) Brecht, Jacob 09	6) Schmidt, Will 11		

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Event	Team	Relay	Seed Time
6	Mt Pleasant		1:01.44 1
	1) Truong, Khang 11	2) Shull, Tate 12	3) Peterson, Konnor 11
	5) Johnson, Jack 10	6) Beason, Zach 12	4) Lamm, Chase 12
7	Winterset		1:01.48 2
	1) Simon, Ethan 12	2) Bellamy, Blake 09	3) Brown, Tyler 10
	5) Fulcher, Carson 11	6) Kleemeier, Caden 09	4) Benschhof, Matt 12
8	Humboldt		1:01.53 1
	1) Savery, Sawyer 12	2) Matson, Caden 09	3) Busse, Joey 12
	5) Gerjets, Troy 10	6) Miller, Matt 11	4) Vitzthum, Tyler 12
9	LeMars		1:01.78 2
	1) Arens, Carter 10	2) Spieler, Reece 09	3) Spieler, Eric 11
	5) Calhoun, Konnor 09	6) Boehmer, Collin 10	4) Wadle, Ben 12
10	Washington		1:01.98 2
	1) Kleese, Lincoln 12	2) Schiefer, Ben 12	3) Sotelo, Spencer 10
	5) Medrano, James 09	6) Hunt, Ethan 11	4) Hennigan, Cade 12
11	Hampton-Dumont-CAL		1:02.10 2
	1) Waddingham, Matt 11	2) Klein, Cade 11	3) Sutter, Wyatt 11
	5) Benji, Sauke 10	6) Severs, Jordan 10	4) Flint, Riley 12
12	ADM, Adel		1:02.14 3
	1) Heitz, Lucas 12	2) Pirtle, Colton 11	3) Harsh, Nolan 12
	5) Finnegan, David 09	6) Randol, Matthew 10	4) Dufoe, Matt 09
13	Vinton-Shellbrg		1:02.44 2
	1) Zearley, Logan 09	2) Burnell, Chevy 12	3) Pladsen, Alex 12
	5) Kalous, Elijah 10	6) Rickels, CJ 10	4) Dudley, Charlie 11
14	Spencer		1:02.45 3
	1) Sundblad, Justin 11	2) Doran, Jacob 12	3) Tigges, Conner 11
	5) Conrad, Tyler 11	6) Coleman, Titan 10	4) Spencer, Isaiah 11
15	North Polk		1:02.56 2
	1) Ford, Jacob 10	2) Manock, Hunter 10	3) Sommers, Quinten 12
	5) Maring, Luke 10	6) Noble, Jack 09	4) Capaldo, Sal 09
16	Clear Crk-Amana		1:02.57 3
	1) Rosenberg, Harrison 09	2) Rachman, Zaid 10	3) Swails, Ben 09
	5) Swails, Andrew 11	6) Gisleson, Keyan 09	4) Stockman, Trever 12
17	Decorah		1:02.58 3
	1) Adam, Jason 11	2) Groux, James 10	3) Snyder, Drew 10
	5) Wilkins, Austin 09	6) Shindelar, Seth 11	4) Magner, Andrew 11
18	Harlan		1:02.63 2
	1) Owens, Jon 12	2) Fah, Joseph 09	3) Bruck, Connor 11
	5) McLaughlin, Jake 12	6) Frum, Hunter 12	4) Fah, Thomas 12
19	Boy-Hul/Rock Val		1:02.79 4
	1) Vogelzang, Zach 12	2) TeSlaa, Spencer 11	3) Kramer, Logan 10
	5) Noble, Kody 10	6) Te Slaa, Jonathon 10	4) Vonk, Dawson 11
20	Ia Falls-Alden		1:02.92 4
	1) Huffman, Zack 11	2) Hamilton, Magnum 12	3) Off, Samuel 10
	5) Furns, Dalton 09	6) Stalzer, Gavin 09	4) Long, Timothy 12
21	Xavier, CR		1:02.93 4
	1) Gundacker, Michael 12	2) Stoltenberg, Nate 12	3) Willey, Mitch 12
	5) Lux, Jack 10	6) Wilken, Tyler 10	4) Hennings, Carson 12
22	Webster City		1:03.14 5
	1) Porter, Kasey 11	2) Montes, Malachi 11	3) Levongkhom, Kaiyu 10
	5) Stuhr, Jamin 09	6) Whitmore, Garrett 11	4) Mathis, Trey 10

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Team	Relay	Seed Time
23 Central DeWitt		1:03.36 1
1) Michoski, Mitch 12	2) Kueter, Drew 12	3) Burmeister, Lucas 09
5) Rivera, Gio 09	6) Hinkle, Zach 11	4) Krukow, Lane 11
24 Anamosa		1:05.77 2
1) Edson, Cody 11	2) Marsh, Walker 12	3) Walton, Matthew 12
5) Dietiker, Kole 09	6) Jess, Jake 09	4) Bickford, Wyatt 11

Event 160 Boys 800 Sprint Medley 3A (24)

Saturday 5/18/2019 - 10:10 AM

State Record: 1:33.11 5/19/2018 Glenwood, Glenwood
J Saddler, J Lee, K Watson, N Kennedy
All-Time: 1:31.12 2018 Bettendorf, Bettendorf
L Desequira, A Kaler, D Nicholson, D Porter

Team	Relay	Seed Time
1 Wahlert, Dub		1:32.41 1
1) McDermott, Danny 12	2) Adams, Coby 12	3) Kuntz, Alden 12
5) Walsh, Isaac 12	6) Weber, Jared 11	4) Belken, Connor 12
2 SB-Luton		1:32.55 1
1) Shultz, Zach 12	2) DeMoss, Sam 12	3) Stangel, Josh 11
5) Groves, Conner 12	6) Mathison, Drew 12	4) Schwedler, Jorma 11
3 Boy-Hul/Rock Val		1:33.92 2
1) Vogelzang, Zach 12	2) Post, Cody 12	3) TeSlaa, Sam 12
5) Moser, Cody 11	6) Godfredsen, Alex 10	4) Rankin, Billy 12
4 Benton Comm		1:33.93 1
1) Michels, Nathan 12	2) Timmerman, Austin 11	3) Sayers, Drew 12
5) Spina, Dylan 12	6) Embretson, Grant 11	4) Osborn, Blake 11
5 Nevada		1:34.40 1
1) DaSilva, Caeden 09	2) Jensen, Dylan 11	3) Strottman, Jakob 12
5) Abraham, Sam 12	6) Saunders, Andrew 12	4) Nelson, Joven 12
6 Humboldt		1:34.74 1
1) Vitzthum, Tyler 12	2) Hundertmark, Cale 10	3) Heinz, Jamison 11
5) Busse, Joey 12	6) Savery, Sawyer 12	4) Miller, Matt 11
7 Bishop Heelan		1:35.14 3
1) Tobin, Andrew 12	2) Yaneff, Joe 12	3) Olson, Drew 12
5) Lee, Camden 11	6) Breen, RJ 11	4) Walker, Deonte 12
8 Winterset		1:35.38 1
1) Shaw, Kaden 12	2) Pashek, Hunter 12	3) Benshoof, Matt 12
5) Kleemeier, Casey 12	6) Johnson, Brock 11	4) Darling, Easton 11
9 Marion		1:35.41 2
1) Miller-Baker, Caden 11	2) Svoboda, Braeden 12	3) Cechota, Isaac 11
5) Hemann, Cole 11	6) Unsen, Lucas 10	4) Whalen, Connor 11
10 Oskaloosa		1:35.42 2
1) Blom, Aaron 11	2) Hill, Casey 12	3) VanKampen, Brayden 11
5) Schultz, Iszac 11	6) VanLueven, Dylan 12	4) Huyser, Carter 12
11 Atlantic		1:35.42 2
1) Ray, Spencer 11	2) O'Hara, Gannon 09	3) Niklasen, Zade 12
5) Mullenix, Colin 10	6) Pulido, Cael 10	4) Moen, Tyler 11
12 Xavier, CR		1:35.73 2
1) Klein, Christian 12	2) Skala, Nathan 12	3) Cuevas, Kaiden 11
5) Skala, Derrick 12	6) Rexroth, Jaxon 10	4) Larson, Aaron 12

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	Team	Relay	Seed Time
13	Washington		1:35.79 1
	1) Hennigan, Cade 12	2) Miller, Jacob 09	3) Hunt, Ethan 11
	5) Schiefer, Ben 12	6) Kleese, Lincoln 12	4) Driscoll, Mitchell 12
14	Algona		1:35.82 1
	1) Groen, Skyler 12	2) David, Patrick 11	3) Bawden, Samonte 11
	5) Grein, Matt 12	6) Engen, Trey 12	4) Wegener, Wyatt 11
15	Harlan		1:36.14 3
	1) Fah, Thomas 12	2) Monson, Jonathon 11	3) Boldan, Elijah 12
	5) Schechinger, Alex 11	6) Bartley, Brenden 10	4) Erlmeier, Michael 10
16	DC-Grimes		1:36.16 3
	1) Boley, Isaac 11	2) Tarwo, Tonny 10	3) Grimes, Caden 10
	5) Freeman, Rancy 12	6) Todd, Gavin 09	4) Liebe, Trenton 11
17	Clear Lake		1:36.37 2
	1) Danielson, Nick 11	2) Kearns, Kody 11	3) Schmitt, Jagger 09
	5) Warnke, Austin 10	6) Green-Harrington, Tyres 10	4) Wright, Justin 10
18	Decorah		1:36.42 3
	1) Adam, Jason 11	2) Fullhart, Mikel 12	3) Gunhus-Dansdill, Beirgen 12
	5) Magner, Andrew 11	6) Johnson, Breydon 11	4) DeLong, Cameron 12
19	Vinton-Shellbrg		1:36.56 3
	1) Hoepfner, Axl 12	2) Griffith, Sam 11	3) Wilson, Jose 11
	5) Haisman, Nolan 12	6) Dudley, Charlie 11	4) Thompson, Keegan 12
20	Boone		1:36.67 4
	1) Bock, Tegan 10	2) Riyazimana, Norbert 12	3) Price, Bret 12
	5) Unga, Ryan 11	6) Sherrard, Brecklan 11	4) Casotti, Tyler 12
21	Mt Vernon		1:36.85 3
	1) Niehaus, Tyler 11	2) Martin, Matt 12	3) Ryan, Paul 12
	5) Elliott, Tyler 12	6) Clark, Ryan 12	4) Erickson, Noah 11
22	Glenwood		1:37.01 5
	1) Lee, Jon 12	2) Hughes, Jack 12	3) Stanislav, Christian 12
	5) Silvius, Cooper 12	6) Vondra, Zach 12	4) Bales, Silas 10
23	Centerville		1:37.31 2
	1) Carson, Gage 11	2) Kauzlarich, Brady 10	3) McDonald, Matthew 11
	5) Mathews, Merrick 10	6) Carson, Grant 10	4) Koestner, Quinton 11
24	Pella		1:37.48 2
	1) Thomas, Gabe 12	2) Jablonski, Ben 11	3) Huizinga, Xavion 11
	5) Miller, Karl 09	6) Hackman, Derek 12	4) Rozenboom, Jackson 10