

ALPHABETICAL LIST OF STATE WRESTLING CHAMPIONS 1926-2018

Through the 2018 Championships 2,609 titles have been won by 2,562 athletes. Twenty-seven wrestlers have been 4-time State Champions, while 87 have won three titles and 341 have been two-time champions.

Aarthus, Cruse	Cedar Rapids, Kennedy	2007-103
Abadi, John	Iowa City, City High	1983-98
Abel, Jared	Winterset	2002-145
Abens, Keith (3)	Humboldt	1967-145; 1968-154; 1969-154
Aberg, Gene	Cresco	1948-129
Abernathy, Brandon	Indianola	2011-189
Abernathy, Corey	Waverly-Shell Rock	2014-170
Albert, Charles	Eldora Training School	1927-105
Alger, Royce (3)	Lisbon	1981-126; 1982-138; 1983-167
Allan, Bill	Lewis Central	1973-132
Allard, Adam (2)	West Sioux, Hawarden	2017-106; 2018-113
Allen, Tracey	Mount Vernon	1986-185
Allers, LaVerne	Davenport, West	1962-175
Altman, Frank	Osage	1947-112
Aman, Ralph	Eldora Training School	1931-145
Andersen, Ethan (2)	Southeast Polk	2014-220; 2015-220
Anderson, Andrew (2)	Sioux City, East	2003-189; 2004-189
Anderson, Blake (2)	Lewis Central	2000-152; 2001-160
Anderson, Dale (2)	Waterloo, West	1963-120; 1964-127
Anderson, Dennis	Waterloo, East	1974-145
Anderson, Doug	Ankeny	1975-155
Anderson, Leslie	Clarion	1954-103
Anderson, Marty	Clarion	1983-126
Anderson, Matt (2)	Shenandoah	1997-140; 1998-145
Anderson, Murray	Clarion	1983-132
Anderson, Tim (2)	Dowling Catholic, WDM	1987-132; 1988-132
Andrew, Bill	Waterloo, West	1969-133
Andrews, Roy	Waterloo, West	1955-120
Angell, Glenn	Osage	1947-135
Angell, Mervel (Duke)	Osage	1944-129
Angrick, Mike	Des Moines, Roosevelt	1987-155
Anson, Kyle (3)	Iowa City, City High	2002-119; 2004-125; 2004-125
Arbogast, Trevor	Assumption, Davenport	2001-130
Artist, Kirk	Glenwood	2001-145
Artist, Mark	Guthrie Center	1977-155
Arzani, Sal	Interstate 35, Truro	2016-160
Ascherl, Tim	Fort Dodge	1985-98
Asche, Mike	Eagle Grove	1973-155
Ask, Jeremy (2)	Saint Ansgar	1989-140; 1990-140
Austin, Dick	Waverly-Shell Rock	1961-154
Austin, Paul	Mason City	1965-120
Aversa, Dominic	Oelwein	1945-95
Avila, Andre	Assumption, Davenport	2002-112
Axmear, Zachary	English Valleys	2017-152
Babb, Tyler	Wilton	2002-189
Babcock, Mike	Ankeny	1974-112
Backer, Tim	Clarksville	1996-119
Bahr, Dale (2)	Iowa Falls	1963-145; 1964-145
Baier, Austin	Nodaway Valley	2005-125
Baird, David	Iowa City, West	1983-145
Baker, Mark	Ballard, Huxley	1980-138
Baker, Roger	Creston	1983-185
Bales, Ken	Fort Dodge	1934-105

Ball, Brandon.....	Columbus, Columbus Junction	2007-130
Ball, Tom (2).....	New Hampton	1972-167; 19773-167
Ballard, Curt	Reinbeck.....	1973-167
Ballweg, Jacob (Jake) (3).....	Waverly-Shell Rock.....	2008-119; 2009-135; 2010-140
Ballweg, Mark (2)	Waverly-Shell Rock.....	2005-103; 2008-135
Ballweg, Matt (2)	Waverly-Shell Rock.....	2005-140; 2006-145
Banke, Henry.....	Cedar Rapids, Jefferson	1969-HWT
Bard, Harold	Eagle Grove	1945-135
Barker, Eric.....	Marshalltown	1971-UNL
Barker, Gorden.....	Osage.....	1978-105
Barman, Jim (2).....	Waterloo, East	1959-95; 1960-103
Barnard, Dean.....	Eldora.....	1969-154
Barnes, Zach.....	Southeast Polk.....	2017-145
Barron, Dick.....	Waterloo, West	1947-95
Barron, Jack (2).....	Iowa Deaf, Council Bluffs.....	1980-119; 1983-138
Bartel, Jared	Mason City	2012-182
Bartel, Isaac	Mason City	2017-195
Bason, Dick	Des Moines, Lincoln.....	1964-145
Bates, Zach	Rockwell City-Lytton	2004-160
Bauer, Dakota	Ballard; Iowa City, West.....	2009-112; 2012-132
Baumbach, Brett	Lewis Central.....	2009-130
Baumler, Jordan	North Fayette Valley	2017-220
Baxter, Alan.....	Morning Sun.....	1965-165
Bazzocco, Chris	Dowling Catholic, WDM	1984-132
Beaman, Brad	Johnston.....	1993-160
Beatty, Chad (2)	Wilton	2004-171; 2005-171
Becker, Ben.....	Saint Edmond, Fort Dodge	2006-171
Becker, Todd.....	Don Bosco, Gilbertville.....	2006-160
Beckman, Cory (2)	New Hampton	1998-140; 1999-145
Bedard, Tony.....	Don Bosco, Gilbertville.....	1978-145
Beenken, Scott.....	Reinbeck	1982-SUP
Beermann, Dan	Norwalk	1990-125
Behr, Ryan	Newman Catholic, Mason City.....	1991-HWT
Behrends, Travis	Waverly-Shell Rock.....	2001-189
Behrendsen, Nate	Pocahontas Area	2004-119
Bellows, Jeff	Lewis Central	1993-112
Bell, Paul (3).....	Clarion.....	1936-85; 1937-95; 1938-115
Beminio, Tony	Iowa City, West	1996-275
Benda, Jim	Don Bosco, Gilbertville.....	1987-132
Bendorf, Adam (2).....	Lewis Central	1994-160; 1995-160
Bennethum, Curt	Valley, West Des Moines	1989-152
Bennett, Bill	Valley Junction	1938-HWT
Bennett, Chad	Ballard, Huxley.....	1992-103
Bennett, Drew.....	Fort Dodge	2018-132
Benning, Brian.....	Ackley-Geneva.....	1988-167
Benschoter, Doug	Waverly-Shell Rock.....	1975-UNL
Benskin, Bill.....	Saydel	1972-185
Benson, Brett.....	Algona	1976-167
Benson, Larry	Clarion.....	1966-145
Bentley, Mike.....	Coon Rapids	1970-130
Benton, Adam.....	Nodaway Valley, Greenfield.....	2002-160
Bentrim, Gary	Cedar Rapids, Jefferson	1973-126
Beranek, Randy	Solon	1978-155
Bergman, Larry.....	Turkey Valley, Jackson Junction	1972-119
Berger, Taylor.....	Carroll.....	2011-160
Bernard, Dick.....	Eagle Grove	1958-95
Bernard, Don.....	Eagle Grove	1954-112

Berrie, Brody	Bettendorf	2010-285
Berrier, Chuck (2)	Urbandale	1970-137; 1971-145
Berrier, Tim.....	Urbandale	1978-132
Berry, Clifford	Eldora Training School.....	1935-155
Beuter, Nick.....	Cedar Falls.....	2003-130
Bevins, Colin	Creston/O-M	2012-285
Bieber, Tom.....	Clear Lake.....	1979-105
Billings, Layne (2).....	Nora Springs-Rock Falls	1985-138; 1986-145
Binek, Rich	Waterloo, West	1969-165
Birchmier, Aric.....	Bondurant-Farrar	1982-167
Birt, Bradan	Epworth, Western Dubuque.....	2017-132
Birt, Tristan	Wahlert Catholic, Dubuque.....	2014-106
Biscoglia, Kyle (3)	Waukee	2016-106; 2017-113; 2018-120
Bjustron, Francis	Algona	1958-138
Bjustron, Jay.....	Algona	2003-130
Black, Dick.....	Fort Dodge	1940-135
Black, Montie.....	Algona	1951-112
Black, Tucker.....	Eddyville-Blakesburg-Fremont.....	2014-152
Blackford, Dylan	Southeast Polk	2013-170
Blackford, Steve (2).....	Dowling Catholic, WDM	1995-145; 1996-160
Blake, Wayland	Eagle Grove	1951-165
Blanchard, Brad	Belle Plaine	1976-155
Blanchet, Leo	Gilmore City	1939-135
Bleakley, Richard	Cedar Rapids, Washington.....	1963-154
Blickenderfer, Steve	Nora Springs-Rock Falls	1978-185
Bliven, Dustin	Columbus, Columbus Junction	2001-145
Blockhus, Michael (3) [incl. 2 as Michael Millage]	New Hampton/Turkey Valley	2018-138
Blocker, Kyle	West Marshall, State Center.....	2013-138
Blount, Tim	Clinton	1956-138
Blum, Tyler	Atlantic	2004-215
Blythe, Austin (3).....	Williamsburg	2009-285; 2010-285, 2011-285
Blythe, Holden.....	Williamsburg	2008-215
Boerjan, Charles	Osage.....	1950-105
Boerjan, Jim	Osage.....	1959-133
Bohlke, Brandon (2)	Kingsley-Pierson	2003-119, 2006-140
Bohlke, Justin	Kingsley-Pierson	2002-125
Bolanos, Larry	Fort Madison	1968-127
Boltz, Jack	Davenport, West	1962-120
Bonnette, Seth.....	Riceville.....	1986-SUP
Boothby, Ben.....	Clinton	2007-285
Boorn, Dennis.....	Wilton	1973-138
Boorn, Shane	Wilton	1995-152
Borkowski, Alan.....	Audubon.....	1969-HWT
Bormann, Ryan	Tipton	2004-145
Borota, Brian	Clinton	1987-SUP
Borschel, Jay (4)	Linn-Mar, Marion	2002-103; 03-125; 04-152; 2005-171
Bothwell, Jerry.....	Tri-Center, Neola	1968-127
Bouslog, Scott	Linn-Mar, Marion.....	1980-145
Bouwman, Drew	West Lyon, Inwood	1997-160
Bowlin, Mike	Indianola.....	1985-155
Bowlsby, John (2).....	Waterloo, West	1973-UNL; 1974-UNL
Bowman, Mitch.....	North Scott, Eldridge.....	2014-182
Boyer, Dimitri (2)	Eddyville-Blakesburg	2009-145; 2010-152
Braby, Curt	Mount Ayr.....	1977-UNL
Bradley, Elmer.....	Traer.....	1951-155
Bradley, Ken.....	North Tama, Traer	1984-132
Bradley, Paul.....	South Tama County.....	2001-171

Brainerd, Dee (2)	Fort Dodge	1955-112; 56-120
Brandenburg, Mark	Emmetsburg	1993-125
Brands, Nelson (3)	Iowa City, West	2016-138; 2017-152; 2018-160
Brands, Terry (2)	Sheldon	1985-98; 1986-105
Brands, Tom	Sheldon	1986-112
Brandt, Arnie	Waverly	1952-145
Brandt, Steve	Sumner	1989-145
Brand, Dale	Fort Dodge	1931-105
Braner, Kevin	Belmond	1974-105
Branson, Travis	Melcher-Dallas	2003-171
Brant, Travis	Interstate 35, Truro	1995-103
Bream, Bob	Iowa City	1964-154
Breeding, Greg	Winterset	1995-135
Bremer, Jordan (3)	Woodbury Central, Merville	2010-103; 2011-103; 2012-113
Brewer, Joe	Dallas Center-Grimes	2001-215
Brindley, John	Fort Dodge	1926-85
Brinkman, Jared (2)	Regina, Iowa City	2016-285; 2017-285
Brisker, Trey	Wilton	2018-152
Broderson, Julien (2)	Assumption, Davenport	2017-160; 2018-182
Broghammer, Carl	West Delaware	2009-189
Broghammer, Dean	West Delaware	2013-285
Brosdahl, Brad	North Central, Manly	1983-119
Broulik, John	Mount Vernon	1976-138
Brown, David	Cedar Rapids, Kennedy	1977-138
Brown, David	LeMars	1999-135
Brown, Jerry	Jesup	1961-127
Brown, Justin (2)	Centerville	2002-103; 2003-112
Brown, Marv	Adel	1975-155
Brown, Tom	Graettinger	1978-UNL
Bruhl, Brad	Fort Dodge	1988-119
Bryant, Earl (2)	Morning Sun	1981-119; 1982-126
Buchholz, Roger	Tripoli	1969-133
Buckland, Todd	Des Moines, Lincoln	1996-145
Bucklin, Michael	Colfax-Mingo	2004-215
Bucknell, Shannon	Postville	1989-140
Budden, Troy	Sheldon	1987-112
Budke, Josh (3)	Cedar Falls	1995-103; 1996-112; 1997-125
Bunning, Jim	Waterloo, West	1956-145
Burbach, Matt	Wahlert, Dubuque	1983-HWT
Burgess, Dan	Lisbon	1983-155
Burke, Max	Des Moines, East	1939-145
Burkholder, Steve	WACO, Olds	1969-95
Burkle, Alex	North Linn, Troy Mills	2009-215
Burkle, Kyle	North Linn, Troy Mills	2002-130
Burkle, Tyler	North Linn, Troy Mills	2006-152
Burrell, Brandon	CR Washington	2009-285
Burrows, Robert	Atlantic	1981-119
Bush, Danny	Assumption, Davenport	2014-152
Bush, Pete	Assumption, Davenport	1979-185
Buskohl, Matt	Dike-New Hartford	1996-171
Bussanmas, Marty	Norwalk	1974-138
Buster, Ward	Wapello	1988-105
Butteris, Bill	Lisbon	1977-138
Butteris, Greg	Lisbon	1987-167
Butteris, J.J. (Jeremiah) (2)	Lisbon	1999-130; 2000-140
Buzzard, Bob (2)	Waterloo, East	1958-95; 1960-127
Buzzard, Don (2)	Waterloo, East	1963-165; 1964-180
Byrne, Jamie	Cedar Rapids, Washington	1988-145

Cacek, Don.....	Cedar Falls.....	1973-132
Caldwell, Cody (3).....	Waverly-Shell Rock.....	2009-125; 2010-145; 2011-152
Callahan, Phil.....	Clinton.....	1981-126
Camamo, Ted.....	Fort Dodge.....	1982-155
Cameron, Paul (Bo) (2).....	Cresco.....	1931-95; 1933-115
Campana, John.....	Dowling Catholic, WDM.....	1978-138
Campbell, Bob.....	Iowa Falls.....	1960-HWT
Campbell, Dean.....	Clarion.....	1937-165
Canoyer, Kyle (2).....	Riverside, Oakland.....	1996-112; 1997-125
Carey, Bob.....	Waterloo, East.....	1955-95
Carew, Dylan (2).....	Iowa City West.....	2006-103; 2009-140
Carlson, Ray.....	Fort Dodge.....	1941-HWT
Carl, Matt.....	Corning.....	1983-105
Carman, Keith.....	Crestwood, Cresco.....	1980-138
Carpenter, John.....	New London.....	1980-HWT
Carritt, Terry.....	West Harrison, Mondamin.....	1970-185
Carr, Jim.....	New Hampton.....	1957-103
Carr, Virgil (2).....	Waterloo, East.....	1957-145; 1958-154
Carruthers, Bryce.....	Co. Bluffs Thomas Jefferson.....	2004-145
Carstensen, Brent.....	Camanche.....	1987-126
Carstensen, Joe.....	Camanche.....	1966-127
Carter, Akeem (2).....	Waterloo West.....	2001-171; 2002-189
Carter, Jeff.....	Dowling Catholic, WDM.....	1981-98
Carter, Kenyatta.....	Waterloo, West.....	2000-160
Carton, Topher.....	Assumption, Davenport.....	2011-119
Caskey, Chad.....	Carson-Macedonia-Oakland.....	1991-125
Cassady, Mike.....	Martensdale-St. Marys.....	1996-160
Castagnoli, Abe.....	Fort Dodge.....	1934-145
Champlin, James.....	Eldora Training School.....	1931-135
Chapman, Greg.....	Clarion.....	1977-167
Chase, Marc.....	Cedar Rapids, Jefferson.....	1989-119
Chelesvig, Bart (3).....	Webster City.....	1985-145; 1986-167; 1987-167
Chelesvig, Tom.....	Eagle Grove.....	1950-145
Cherry, Dave.....	Des Moines, Lincoln.....	1963-138
Chezum, Joe.....	Fairfield.....	1958-HWT
Childs, Steve (2).....	Cedar Rapids, Jefferson.....	1962-95; 1963-95
Chiri, Jeret.....	New London/Winfield-Mt. Union.....	2008-152
Chrisman, Charles.....	Eldora Training School.....	1932-115
Christensen, Cory (3).....	Winterset.....	1991-125; 1992-135; 1993-145
Christensen, Craig.....	Woodbury Central, Merville.....	1971-126
Christensen, Mike.....	Lenox.....	1993-275
Christensen, Tysen.....	Lenox.....	1999-125
Christofferson, Joe.....	Saint Ansgar.....	1976-112
Church, Dave.....	Fort Dodge.....	1958-165
Chyma, Bryce.....	South Tama County.....	2003-189
Ciavarelli, Dalton.....	Clarksville.....	2013-182
Claeys, Mike.....	B-G-M, Brooklyn.....	1998-160
Clark, Cory (4).....	Southeast Polk.....	2009-103; 2010-112; 2011-119; 2012-126
Clark, Duane.....	Waverly-Shell Rock.....	1980-SUP
Clark, Jeff.....	Lisbon.....	1994-171
Clark, Randy.....	Fort Dodge.....	1977-105
Clark, Trey (3).....	Union, LaPorte City.....	1997-171; 1999-189; 2000-189
Clarke, Eric.....	Assumption, Davenport.....	2014-132
Clarke, Matt.....	Eldora.....	1969-165
Clary, Jim.....	Eldora.....	1969-175
Claude, Steve.....	Algona.....	1967-127
Clausen, Keith.....	Underwood.....	2000-160

Clayter, Todd.....	Waterloo, East	1976-119
Clement, Bill.....	Newton.....	1953-145
Clemmensen, Harvey.....	Waterloo, West	1942-155
Cline, Dennis.....	Decorah.....	1971-98
Clingenpeel, Colton.....	Council Bluffs, Thomas Jefferson	2016-152
Clutter, Jeff.....	Winterset.....	1983-138
Cochran, Briar.....	Moravia	2016-132
Cole, Nick.....	Highland, Riverside.....	2000-135
Cole, Ray.....	Waterloo, Central.....	1975-132
Cole, Richard (2).....	Ames.....	1926-105; 1927-115
Cole, Ricky.....	Highland, Riverside.....	1979-98
Cole, Robert.....	Des Moines, North	1996-171
Coleman, Marcus (3).....	Ames.....	2015-152; 2016-170; 2017-170
Collins, Roger.....	Iowa City	1967-HWT
Colon-Jacob.....	Clear Lake.....	2011-125
Colon, Joe (2).....	Clear Lake.....	2007-103; 2009-125
Coltvet, Jeff (2).....	Eagle Grove	1982-119; 1984-155
Coltvet, Rick.....	Eagle Grove	1988-145
Comisky, Maurice.....	Osage.....	1950-118
Comreid, Jim.....	Cedar Rapids, Jefferson	1975-145
Conway, Aaron.....	Marion	2003-119
Conaway, Larry.....	Cedar Rapids, Washington.....	1960-HWT
Conlon, Tony.....	Humboldt	2000-275
Conly, Dick.....	Kuemper, Carroll.....	1963-133
Connell, Cory.....	Iowa City, City.....	2000-130
Conway, Chuck (2).....	Britt.....	1956-127; 1957-133
Cook, Duane (2).....	Britt.....	1975-119; 1976-126
Cook, Sam (2).....	Fort Dodge	2015-195; 2016-195
Cooper, Terry.....	Creston.....	1981-112
Coppock, Darren (2).....	Council Bluffs, Abraham Lincoln.....	1991-103; 1992-112
Coppola, Chris.....	Dowling Catholic, WDM	1992-135
Copsey, Ty.....	Glenwood.....	2006-189
Corcoran, John (2).....	Greenfield	1974-132; 1975-132
Cordes, Tony (2).....	Waterloo, West	1971-132; 1973-155
Corrington, Bud (2).....	Cherokee.....	1932-155; 1933-165
Corso, Joe.....	Valley, West Des Moines	1971-112
Cory, Adam.....	Bondurant-Farrar	1997-171
Cory, John (2).....	Coon Rapids	1984-155; 1986-167
Cory, Steve (2).....	Coon Rapids	1979-185; 1980-185
Cory, Tim (2).....	Bondurant-Farrar	1997-130; 1998-135
Costello, Aaron.....	Epworth, Western Dubuque.....	2017-285
Cote, Paul.....	Decorah.....	1970-175
Coufal, Dusty.....	Prairie, CR	1994-140
Counsell, Virgil.....	Osage.....	1944-145
Cox, Don.....	Bedford.....	1979-145
Cox, Doug.....	Bedford.....	1981-155
Cox, Jeff.....	Harlan.....	1969-138
Craig, Jacob (2).....	Mount Vernon	2003-160; 2004-171
Crain, Josh.....	Sidney	1993-103
Crawford, Kirk.....	Union, LaPorte City.....	1991-152
Crile, Willie.....	Oskaloosa	1995-130
Crooks, Jason (2).....	Fort Madison	1994-171; 1995-189
Cummings, Ryan (2).....	Mediapolis.....	1992-152; 1993-152
Cummings, Tom.....	Osage.....	1945-123
Cumming, Dick.....	Waterloo, West	1944-118
Cunningham, Dave.....	Waterloo, East	1972-105
Curran, Joe.....	Bishop Heelan, Sioux City	2005-189
Curtis, Taylor.....	Underwood.....	2013-106

Cutsforth, Ken	New Hampton	1959-138
Cuvelier, Dick (2).....	Turkey Valley, Jackson Junction	1975-UNL; 1976-UNL
Daggy, MacJohn	Dowling Catholic, WDM	1997-HWT
Daggy, Micah	Dowling Catholic, WDM	1996-189
Danford, Rick.....	Marion	1970-115
Danner, Tom	Wahlert, Dubuque	1971-98
Daugherty, Tony.....	Norwalk	1991-140
Davila, Dan.....	Underwood.....	2002-103
Davis, Barry (3)	Prairie, CR	1978-112; 1979-119; 1980-119
Davis, Chad (2)	Lewis Central	2000-119; 2001-130
Davis, Cory.....	Wapsie Valley, Fairbank	1995-135
Davis, Eric	WACO, Wayland	2005-130
Davis, Marty (2).....	Coon Rapids	1981-112; 1982-119
Davis, Stan	Waterloo, East	1949-145
Davis, Tom	West Monona, Onawa	1992-135
DaVitt, Bob	Audubon.....	1957-145
DeAnda, Tony	Bishop Heelan, Sioux City	1991-130
Deaver, Kasey.....	Indianola.....	2002-275
DeBartolo, Rick (2).....	Dowling Catholic, WDM	1980-105; 1981-105
Decker, Justin (2)	West Central, Maynard	1994-152; 1992-152
Decker, Rod (2).....	East Buchanan, Winthrop	1985-119; 1986-126
DeGiacoma, John	Waterloo, West	1980-132
Deike, Steve	Plainfield.....	1973-126
Demmon, Jake	Eddyville-Blakesburg	2008-119
DeRocher, Matt	LeMars	1995-171
Derifield, Spencer.....	Waverly-Shell Rock.....	2013-152
Derscheid, Ted.....	Clarion.....	1968-95
DeSart, Dale (2)	Cresco.....	1949-95; 1950-95
DeSart, Roger	Waterloo, West	1978-105
DeVos, Cade.....	Southeast Polk	2018-145
DeVos, Eric	Waverly-Shell Rock.....	2010-119
Dewald, Doug.....	Cedar Falls	1989-125
Diaz, Felix.....	Osage.....	1943-112
Dickey, Marty.....	Waterloo, West	1966-120
Dickey, Matt (2)	Waterloo, West	1990-119; 1991-119
Dietze, Chad (2)	Iowa Valley, Marengo	1986-119; 1987-126
Dietze, Tracy	Iowa Valley, Marengo	1991-119
Dillon, Tim	Hampton.....	1967-120
Dimit, Greg	Grinnell.....	1990-189
Dinsdale, Gavin.....	Webster City	2016-220
Ditsworth, Richard.....	Algona	1942-118
Djoumessi, Romeo.....	Waverly-Shell Rock.....	2005-189
Doebel, Brennen	Clear Lake.....	2015-113
Doebel, David.....	Clear Lake.....	1996-171
Doerning, Bernard	Graettinger	1932-HWT
Dole, Tom (2)	Algona	1980-SUP; 1981-SUP
Dombrowski, Mike.....	Hampton-Dumont.....	1990-130
Donahue, Donni	Clarinda.....	1989-103
Dotson, Bill (2).....	Waterloo, East	1957-133; 1958-145
Doughan, Duane	Britt.....	1970-123
Downey, Jarid (2)	Indianola.....	1990-135; 1991-145
Doyle, Casey.....	West Delaware, Manchester.....	1996-119
Drahos, Jesse	Belle Plaine	2002-145
Drain, Adam	Mediapolis	2013-170
Draper, Bernie.....	Johnston.....	1970-HWT
Draper, Mike.....	Grundy Center	1973-98
Dresser, Kevin (2)	Humboldt.....	1980-126; 1981-132

Dreyer, Jeff.....	Humboldt.....	1979-UNL
Dreyer, Jim.....	Humboldt.....	1976-185
Dubishar, Dan (2).....	Prairie, CR.....	1970-HWT; 1971-UNL
Duckworth, Brian.....	Johnston.....	1991-135
Dufey, Albert (2).....	Cresco.....	1927-85; 1929-105
Duff, Bill.....	Waterloo, East.....	1960-95
Duff, Tim.....	Winterset.....	1994-160
Duggan, Francis.....	Iowa City, West.....	2018-220
Dull, Bert.....	Cherokee.....	1928-135
Duncan, Brandon.....	Pleasant Valley.....	1997-140
Duncan, Creighton.....	Pleasant Valley.....	1997-171
Dunneman, Barney.....	Cresco.....	1948-118
Durick, Joe.....	Underwood.....	1999-140
Durrell, David.....	North Polk, Alleman.....	1981-138
Duryee, Duane.....	Riceville.....	1980-SUP
Dutler, Chad.....	Galva-Holstein.....	1994-145
Duvall, Bob.....	New Hampton.....	1957-165
Duvall, Dick.....	New Hampton.....	1959-165
Dykes, Jacob.....	Iowa City, City High.....	2018-195
Earleywine, Rod (2).....	West Harrison, Mondamin.....	1976-132; 1977-145
Eberhart, Chad.....	Dike-New Hartford.....	1999-145
Eckerman, Matt.....	Forest City.....	1992-189
Eddy, Scott.....	Independence.....	1997-HWT
Edgington, Marcus.....	Hinton.....	2008-160
Edgington, Wade.....	Indianola.....	2011-135
Edwards, Earl (2).....	NUH, Cedar Falls.....	1953-112; 1954-120
Edwards, Keith.....	Iowa City, West.....	1997-103
Egeland, Joe.....	Mason City.....	1974-119
Egeland, Matt.....	Dowling Catholic, WDM.....	1981-112
Eggenberg, Don.....	Muscatine.....	1966-103
Eggers, Eric.....	West Marshall, State Center.....	1986-167
Eggers, Travis.....	MFL/MarMac, Monona.....	2005-140
Egorenko, Alex.....	Crestwood, Cresco.....	1960-145
Ehlen, Eric (3).....	Belle Plaine.....	1988-98; 1989-103; 1990-112
Ehrig, Dave (2).....	Grundy Center.....	1976-UNL; 1978-UNL
Eicher, Clayton.....	Valley, West Des Moines.....	2013-113
Eichorn, Adam.....	Cedar Falls.....	1997-119
Einfeldt, Jim (2).....	Durant.....	1975-126; 1976-138
Eknes, Kirk (2).....	Rock Valley.....	1993-119; 1994-125
Embray, Devin.....	Twin Cedars, Bussey.....	1985-185
Enderton, Jared.....	Graettinger-Terril.....	2007-189
Engel, Newell.....	Cresco.....	1935-85
Engelmann, Mike.....	Spencer.....	2001-215
England, Mike.....	Centerville.....	2010-171
Englert, Doug (2).....	Lisbon.....	1973-105; 1974-112
Engler, Curt.....	Dowling Catholic, WDM.....	1988-185
Entriiken, Taylan.....	Hudson.....	2017-170
Erickson, Bob.....	Clear Lake.....	1974-145
Erickson, Don.....	Clear Lake.....	1975-185
Erickson, Luke.....	Mediapolis.....	2016-182
Erickson, Miles.....	Mediapolis.....	1981-155
Ersland, Tony (2).....	Humboldt.....	1991-171; 1992-171
Esaias, Seth.....	Red Oak.....	2012-182
Esmoil, Bryce (2).....	West Liberty.....	2017-195; 2018-195
Etherington, Jason.....	Algona.....	1960-133
Etherington, Jason.....	Algona.....	1983-119
Ettelson, C.J. (4).....	Hudson.....	2000-112; 2001-119; 2002-130; 2003-135

Ettelson, Charles (2)	Hudson	2004-135; 2005-135
Evans, Kalab (2)	Creston/Orient-Macksburg	2007-160; 2008-160
Evans, Lance	Solon	2014-220
Evans, Rod	Glenwood	1971-132
Evans, Seth	Lenox	2000-152
Evashevski, John	Iowa City, City	1968-154
Even, Austin	Jesup	2011-160
Everts, Jake	Aplington-Parkersburg	2011-171
Ewing, Christopher (Topher)	Ankeny	2003-145
Ewing, Randy	Fort Dodge	1985-185
Eyberg Martin	Oakland	1970-123
Faldet, Craig	Decorah	1972-155
Faine, Eldon	Fort Dodge	1942-129
Fank, Ryan	Independence	2010-215
Farrell, Marvin	LuVerne	1935-145
Farris, Sawyer	New London/W-MU	2009-103
Fay, Moza (2)	Anamosa	2003-135; 2004-145
Fellin, Dail	Mason City	1982-98
Fenn, Murray	Carson-Macedonia	1971-105
Feuerbach, Jacob	Belle Plaine	2000-171
Fields, Matt (2)	North Cedar, Stanwood	2003-275; 2004-275
Finch, Don (2)	Britt	1986-185; 1887-185
Finch, Mike	Hartley-Melvin-Sanborn	2007-152
Finch, Ron	Britt	1987-145
Finer, Dustin	Emmetsburg-Armstrong-Ringsted	2001-103
Fingalsen, Kegen	Central Springs	2015-160
Finken, Dave	Tri-Center, Neola	1974-105
Finken, Denny	Tri-Center, Neola	1971-138
Finnegan, Don	Ames	1973-98
Fisher, Bryce	Southeast Polk	2013-220
Fisher, Doug	Sheldon	1980-HWT
Fisher, Paul (2)	Algona	1950-123; 1951-129
Fisher, Scott	Eagle Grove	1934-135
Fitzer, Eric	Wilton	1995-140
Fitzer, Tom	Wilton	1998-125
Fitzgerald, Dave (2)	Davenport, West	1976-167; 1977-167
Fitzpatrick, Tom	Algona	1966-HWT
Fjetland, Bill	Eagle Grove	1969-127
Flach, Nick (2)	Fort Madison	1995-125; 1996-135
Flatebo, Carroll	Eagle Grove	1958-133
Fliehler, Jack	Starmont, Strawberry Point	1972-105
Flora, Andrew	ADM, Adel	2018-113
Flynn, Mike	Assumption, Davenport	1984-155
Fobian, Dave	Cedar Falls	1961-HWT
Follman, Brian	CAM, Anita	1992-140
Foster, Merle	Marshalltown	1926-125
Foster, Mike	Oskaloosa	2002-135
Foubert, Tyler	Eddyville-Blakesburg-Fremont	2014-160
Foutch, Andrew	Underwood	2013-126
Fouts, Bob	Waterloo, West	1972-UNL
Fox, Dave	Johnston	1972-167
Fox, Gable	Don Bosco, Gilbertville	2018-138
Fox, Kelly	Guthrie Center	1983-98
Fox, Mark	Waterloo, West	1970-137
Fox, Mark	Dowling Catholic, WDM	1991-152
Fox, Ray	Don Bosco, Gilbertville	1977-119
Foy, Dennis	Britt	1958-112

Francis, Al (2)	Don Bosco, Gilbertville	1980-98; 1982-112
Francois, Jason	Wahlert, Dubuque	1993-145
Frank, Joe	Crestwood, Cresco	1959-127
Frank, Omar	Crestwood, Cresco	1961-133
Frank, Rod	Highland, Riverside	1985-145
Frantz, Roy	Iowa City	1961-175
Freeman, Alan	Griswold	1978-138
Freeman, Mel	Davenport, West	1965-127
Freidhof, Jeff	New Hampton	1996-152
Friedrich, Ryan	Riceville	1997-119
Friess, Keith	Valley, West Des Moines	1985-145
Frisk, Kurt	Ackley-Geneva	1975-167
Frost, Al	Nashua	1979-145
Frush, Todd	LaPorte City	1987-98
Fuhs, Avery	Chariton	2008-285
Fulcher, Cam	Hudson	2018-220
Fuller, Nick	Independence	2012-170
Fuller, Ryan (2)	Lisbon	2001-275; 2002-275
Fullhart, Bob	Decorah	1995-189
Fullhart, Lee (3)	Decorah	1992-160; 1993-171; 1994-189
Fulsaas, Randy (2)	Decorah	1998-275; 1999-189
Fulsaas, Ryan	Decorah	1999-HWT
Funk, Steve	Osage	1966-95
Furne, Mike (2)	Durant	1972-UNL; 1973-UNL
Fye, Joe	Pekin, Packwood	1970-107
Gable, Dan (3)	Waterloo, West	1964-95; 1965-103; 1966-112
Gabrielson,	Belmond-Klemme	1993-130
Gacke, Jordan (2)	Central Lyon, Rock Rapids	2007-160; 2008-171
Gadson, Kyven (2)	Waterloo East	2009-171; 2010-189
Gaffey, Daniel	Regina, Iowa City	2013-220
Gallagher, Ken	Columbus, Waterloo	1977-145
Gallagher, Mike	Cedar Rapids, Jefferson	1972-98
Galloway, Johnny Jr. (3)	Waterloo, East	2000-145
	Iowa City, City	2001-152; 2002-160
Galloway, Kentral	Waterloo, East	1998-125
Gamble, Bob	Mason City	1942-135
Gambrall, Grant (2)	Iowa City West	2007-171; 2008-171
Garcia, Vince	Davenport	1954-95
Gargano, Frank (2)	Fort Dodge	1929-135; 1930-145
Gargano, Joe	Fort Dodge	1927-145
Gargano, Tony	Fort Dodge	1931-155
Garvey, Justin	New London	1998-189
Garvin, Craig	Waterloo, West	1977-132
Garvin, Jon (2)	Assumption, Davenport	1998-135; 1999-140
Gast, Bruce	Osage	1969-138
Gast, Dick	Osage	1940-155
Gast, George	Osage	1940-165
Gates, Dave	Cresco	1958-127
Gayken, Bruce	Britt	1972-145
Geary, Zach	Cedar Falls	1993-125
Geerlings, Paul	Northwood-Kensett	1976-145
Geerts, Keaton (2)	New Hampton	2016-132; 2017-138
Geilenfeldt, Henry	Algona	1941-145
George, Charley	Cherokee	1936-155
Georgean, Nick	Assumption, Davenport	2012-152
Gerlock, Clarke	CAM, Anita	2003-189
Gesell, Tom	Waterloo, East	1959-127

Gibbons, Jeff (2)	Ames	1983-119; 1984-126
Gibbons, Jim (3)	Ames	1975-98; 1976-105; 1977-119
Gibbons, Joe (4)	Columbus, Waterloo-2	1978-98; 1979-105
	Ames-2	1980-126; 1981-132
Gibbons, Tim	Ames	1976-98
Gilbertson, Jason	Lake Mills	1997-HWT
Gillespie, Don	Des Moines, Roosevelt	1966-180
Gillis, Blake	Spencer	2003-215
Gillmor, Stew	North Scott, Eldridge	2007-145
Glaser, Andy	Nashua-Plainfield	2012-182
Glenny, David	Waterloo, West	1948-165
Glissman, Joe	Knoxville	1998-112
Glosser, Jeren	Eddyville-Blakesburg-Fremont	2014-138
Glynn, Paul	Bettendorf	1981-119
Goetsch, Colby	Ankeny	2003-140
Gomez, Pedro	Marshalltown	2013-285
Gonshorowski, Matt	Washington	1992-130
Gonshorowski, Bobby (2)	Washington	1996-140; 1997-145
Goodale, Ralph	Marshalltown	1926-HWT
Goodale, Trent (3)	Osage	1999-112; 2000-119; 2001-125
Gordon, Ken	Pleasantville	1972-112
Gordon, Mike	Charles City	1960-165
Gormally, Joe	Sioux City, East	1977-185
Gottschalk, Adam	Dubuque, Hempstead	2002-112
Govig, Dick (2)	Britt	1951-105; 1952-112
Graham, Paul (2)	Sigourney	1967-103; 1968-103
Grandon, Lloyd	Cedar Falls	1958-103
Grant, Bob	Charles City	1959-154
Grant, Dave	Britt	1966-180
Graser, Bernie	Waterloo, West	1967-120
Grask, Tyler	Ballard, Huxley	2008-119
Gravert, Matt	Assumption, Davenport	1995-160
Gray, Ron (3)	Eagle Grove	1952-103; 1953-120; 1955-138
Greedy, Layne	Sidney	2001-130
Green, Fletcher	Washington	2013-113
Greenlee, Dave	Washington	1982-145
Greenlee, Joel	Waverly-Shell Rock	1984-185
Greenlee, Justin	Waverly-Shell Rock	1990-275
Gregg, Wayne	Ballard, Huxley	1969-HWT
Greiner, Adam (2)	Mid-Prairie, Wellman	1992-HWT; 1993-275
Greiner, Jared	Pekin, Packwood	1995-112
Gremmel, Gannon	Dubuque, Hempstead	2016-285
Gresham, Ron	Pleasant Valley	1968-145
Gribben, Jim	Newman Catholic, Mason City	1984-138
Griffin, Tim	Laurens-Marathon	1988-119
Griffin, Todd	Laurens-Marathon	1989-130
Griffith, Dan	Twin Cedars, Bussey	1995-275
Grimm, Danny	Des Moines, Roosevelt	1959-HWT
Grotegut, Kannon	Waukon	1995-103
Grothus, Brody	Assumption, Davenport	2011-145
Grove, Donovan (2)	Southeast Webster-Grand, Burnside	2006-275; 2007-285
Grover, Jim	Cresco	1958-154
Grube, Josh	Crestwood, Cresco	1999-HWT
Grunder, Alex	Wilton	2001-135
Guernsey, Byron	Waterloo, East	1933-135
Gugler, Don	Council Bluffs, Thomas Jefferson	1934-HWT
Gulling, Lloyd	Cherokee	1936-165
Gunderson, Ted	BCL, Conrad	1971-155

Gunther, Jay.....	Lewis Central	1983-185
Guthrie, Mike.....	Dowling Catholic, WDM	1983-105
Guyer, Jim	North Fayette, West Union.....	1965-154
Guyer, Jim (2).....	North Fayette, West Union.....	1986-155; 1987-167
Guyer, Lance.....	North Fayette, West Union.....	1998-189
Haberman, Joel.....	Clarion-Goldfield-Dows	2015-132
Hackett, Dave.....	Waterloo, West	1968-165
Hackett, Steve.....	Oakland.....	1974-119
Hagedorn, Dave	Jefferson	1979-155
Hagen, Brent (3).....	Britt.....	1972-98; 1973-98; 1975-112
Hagen, John (3)	Britt.....	1969-95; 1970-107; 1971-112
Hagen, Wallace (2)	Clarion.....	1943-95; 1944-95
Hahey, Mike.....	Prairie, CR	1981-145
Haines, Ryan.....	Winfield-Mt. Union.....	1979-105
Hain, Bob (2)	Davenport	1955-HWT; 1956-HWT
Hakeman, Brett	Union, LaPorte City.....	2005-160
Halblom, Christopher (3)	Alburnett.....	2009-112. 2010-119, 2011-125
Halligan, Tim	Independence	2000-135
Hallman, Bob.....	Dowling Catholic, WDM	1979-112
Hall, Brian.....	Lisbon.....	1980-105
Hall, Don (2)	Cresco.....	1952-120; 1953-127
Hall, Lester	Iowa Falls	1927-HWT
Halsor, Greg.....	Cedar Falls.....	1993-152
Halupnick, Jason.....	Centerville	1994-119
Halvorsen, Jake	Iowa City West	2001-103
Halvorson, Tyler	Cherokee.....	2005-103
Hamad, Dave	North Linn, Coggon	1976-155
Haman, Andy.....	Iowa City, City High.....	1984-HWT
Hamilton, Lawrence	Iowa Falls	1932-105
Hamilton, Pat (2)	Emmetsburg.....	1984-126; 1985-132
Hamilton, Steve (2)	Emmetsburg.....	1985-126; 1987-138
Hamlin, Daryl.....	Janesville	1984-112
Hand, Matt.....	South Tama County	1996-145
Hand, Stacy.....	South Tama County	1987-185
Hand, Wes.....	South Tama County	1995-225
Hangsleben, Mark (2).....	Urbandale	1999-119; 2000-125
Hannon, Pat	Urbandale	1965-120
Hansen, Colton.....	Newman Catholic, Mason City.....	2016-220
Hansen, Dale (2)	Cresco.....	1934-85; 1935-105
Hansen, Evan (2)	Exira-Elk Horn-Kimballton.....	2013-145; 2015-182
Hansen, Greg.....	AvoHa, Avoca	1988-155
Hansen, Kyle.....	Wilton	1997-160
Hansen, Sam.....	Columbus, Waterloo	2004-152
Hanson, Bernie (2)	Humboldt.....	1972-138; 1973-145
Hanson, Bill	Bettendorf	1985-138
Hanson, Dan	Decorah.....	1977-132
Hanson, Duane	Oelwein	1943-129
Hanson, Justin (2)	Humboldt.....	2003-125; 2004-135
Hanson, Tony.....	Waterloo, West	1984-167
Happel, Cael (2)	Lisbon.....	2017-113; 2018-120
Happel, Carter (4)	Lisbon	2013-120; 2014-132; 2015-138; 2016-145
Happel, Dean (3).....	Lisbon.....	1982-98; 1983-112; 1984-119
Hardin, Chuck.....	Prairie, CR	1984-105
Harp, Rod (2).....	Waterloo, West	1970-123; 1971-126
Harrington, Marcus (2)	Waterloo, West	2013-195; 2014-195
Harrison, Andy.....	Valley, West Des Moines	1998-160
Harrison, Chris	South Tama County	2002-275

Harrison, Jeff (3)	Westwood, Sloan	1998-112; 1999-119; 2000-130
Harrison, Ralph (2)	Carroll	1931-115; 1932-125
Harris, Mark	Algona	1975-167
Harris, Toronald	Cedar Rapids, Jefferson	1997-135
Hartley, Gene	Maxwell	1979-138
Hartle, Nate	Sioux City, East	1990-140
Hartle, Steve	Sioux City, East	1988-138
Hartzler, Shea	Linn-Mar	2016-160
Hassman, Gordon	New Hampton	1960-120
Hassman, Paul	New Hampton	1933-155
Hatcher, Matt (2)	Prairie, CR	1991-140; 1992-145
Hatch, Doug	Dallas Community, Dallas Center	1984-105
Hathaway, Jack	Iowa City, West	2011-125
Haub, John	Rockwell City	1965-127
Hauser, Dick (3)	Waterloo, West	1944-105; 1945-118; 1946-118
Havick, Frank	Oakland	1966-138
Havig, Brad	Osage	1968-145
Havig, Joe	Osage	1999-125
Hayes, Andrew (2)	Creston	1999-152; 2000-160
Hayes, Larry	Des Moines, Lincoln	1957-138
Hayes, Nick	Lewis Central	2003-152
Haynes, Mark	Lenox	1974-155
Hazen, Scott	Underwood	2005-171
Heene, Bob	Waterloo, West	1967-154
Heene, Charles	Waterloo, West	1968-138
Heene, Ed	Waterloo, West	1964-138
Heesch, Dillon (2)	Southeast Webster-Grand, Burnside	2007-215; 2008-285
Heideman, Curtis (2)	New Hampton	1990-171; 1991-189
Heideman, Randy	Janesville	1990-140
Heidt, Jamie (2)	Humboldt	1993-130; 1994-140
Heim, Ryan (2)	Dubuque, Hempstead	1999-130; 2000-135
Heimer, Cole	Nora Springs-Rock Falls	2007-171
Helenthal, Ryan	Keokuk	2007-152
Helgeson, Rod	North Central, Manly	1984-98
Helgeson, Tim	Lake Mills	1998-275
Hellickson, Nolan	Southeast Polk	2015-126
Helling, Mark	Hudson	1976-167
Helmkamp, Brent	Fort Dodge	1986-119
Helmrich, Aaron	North Linn, Troy Mills	2001-112
Hemann, Mike	Riceville	1984-126
Henderson, Brock (2)	North Linn, Troy Mills	2016-113; 2017-120
Hendricks, Baron (2)	Clinton	1986-105; 1987-112
Hennings, Chad	Benton Community, Van Horne	1984-HWT
Henning, Joel	Lynnville-Sully	1981-145
Henning, Phil	Decorah	1965-145
Henning, Travis	MFL MarMac	1998-275
Henrich, John (2)	Akron-Westfield	2017-160; 2018-160
Henry, Brad	Dowling Catholic, WDM	1989-275
Henry, Don (2)	Crestwood, Cresco	1959-103; 1961-112
Herber, Greg	Wahlert, Dubuque	1986-185
Herda, Nate (2)	Central Lyon, Rock Rapids	2007-135; 2008-140
Herman, Connor	Cedar Rapids, Jefferson	2011-215
Herman, Ed	Johnston	1972-155
Hernandez, Alex	Bettendorf	2013-145
Hernandez, Carl	Oelwein	1951-118
Herum, Steve	Estherville	1971-167
Hess, Thomas (2)	Bedford	2005-189, 2006-189
Hesseltine, Casey	Iowa City, City High	1990-171

Hessenius, Brian	LeMars	1998-103
Hess, Bob	Cresco	1927-135
Hiatt, Tanner.....	Ballard	2009-140
Hilke, Earl.....	Cresco.....	1935-115
Hilleman, Dale (2)	West Marshall, State Center	2014-170; 2015-170
Hilmer, Blake.....	Denver/Tripoli.....	2007-135
Hinners, Travis	Emmetsburg-Armstrong-Ringsted	2001-189
Hinschberger, Drew	Belle Plaine	2009-130
Hinschberger, Dustin.....	Belle Plaine	2002-135
Hinschberger, Kurt (2)	Belle Plaine	1978-119; 1979-119
Hiscocks, Alan.....	Britt.....	1956-165
Hoback, Rob.....	Columbus, Columbus Junction	1998-145
Hochhaus, Larry (2)	Britt.....	1959-HWT; 1960-154
Hoffman, Chris	Sigourney.....	1985-98
Hogan, Kevin (2)	Edgewood-Colesburg	1989-112; 1990-119
Hogan, Mike	Don Bosco, Gilbertville.....	1979-112
Hogan, Pat	Don Bosco, Gilbertville.....	1984-138
Hogan, Tom.....	Don Bosco, Gilbertville.....	1988-132
Hoffman, Eric.....	Davenport, North.....	2003-119
Hoffman, Justin	East Buchanan, Winthrop	2010-145
Hoffman, Tyler.....	East Buchanan, Winthrop	2014-195
Hollins, Jay (2).....	Waterloo, East	1957-120; 1958-127
Holloway, Steven (2)	Mediapolis	2014-195; 2015-195
Holloway, Stewart	West Burlington/Notre Dame	2010-189
Holmgaard, Chase (2)	Fort Dodge	2003-171; 04-171
Holschag, Jacob (2)	Union, LaPorte City.....	2014-160; 2015-170
Holst, Dick	Council Bluffs, Thomas Jefferson	1945-112
Homan, Brian	Waverly-Shell Rock.....	1968-HWT
Homan, Jim	Waverly-Shell Rock.....	1962-HWT
Hommer, Larry	Southeast Warren	1975-138
Honts, Joe	Louisa-Muscatine, Letts	1999-103
Hoogendoorn, Darrell.....	Rock Valley	1985-167
Hoosman, Jim	Waterloo, East	1957-HWT
Hoosman, Willie	Waterloo, East	1964-133
Hoover, Matt (2)	Belle Plaine	1993-171; 1994-189
Horak, Jeff	Cedar Rapids, Jefferson	1990-189
Horn, Harry (2)	Osage.....	1945-155; 1946-155
Horton, Bart.....	Wahlert, Dubuque	1992-152
Horton, Brad.....	Norwalk	1994-152
Hoskins, Marion.....	Iowa Falls	1930-105
Houchins, Dallas	Interstate 35, Truro	2011-152
Hough, Kevin.....	Underwood.....	1978-98
Howard, Mike (2).....	Creston.....	1973-112; 1974-119
Howard, Nate	Graettinger-Terril.....	2011-215
Howell, Brian	Maquoketa	1992-119
Howieson, Jim.....	Clarion.....	1955-165
Howlett, Cliff (2).....	Britt.....	1969-133; 1971-145
Howlett, Dave.....	Britt.....	1973-126
Huber, Luke.....	Hudson.....	2014-182
Hudson, Steve.....	North Polk	1977-185
Huffman, Ed	Ames	1966-HWT
Hufford, Paul	Mount Vernon	1979-185
Huff, Don (2).....	Waterloo, West	1956-95; 1957-112
Huff, Ed	Sheldon	1987-SUP
Huff, Tom (3).....	Waterloo, West	1957-95; 1958-112; 1959-120
Hughes, John	Clinton	1983-138
Hughes, Parry	Clinton	1982-126
Hughes, Tony.....	Waterloo, West	1976-138

Hulett, Keaton.....	Creston/Orient-Macksburg.....	2013-195
Hummel, Bryant.....	Clarinda.....	2009-215
Hummel, Perry (2).....	Dowling Catholic, WDM.....	1977-155; 1978-167
Humpal, Mike (2).....	New Hampton.....	2002-215; 2003-215
Hunter, Dick.....	Jesup.....	1961-120
Hunter, Grant.....	Council Bluffs, Abraham Lincoln.....	1940-95
Hunt, Bob (2).....	Council Bluffs, Thomas Jefferson.....	1942-112; 1943-118
Hunt, Duane (2).....	Algona.....	1969-165; 1970-165
Hunt, Gene (2).....	Algona.....	1970-155; 1972-167
Hutchinson, Greg.....	West Delaware.....	1970-107
Hyke, Charles.....	Cresco.....	1948-135
Hynek, Paul.....	Prairie, CR.....	1998-189
Hynek, Trent.....	Prairie, CR.....	1995-275
Igram, Ali.....	Cedar Rapids, Jefferson.....	1990-125
Ihfeld, Bob.....	Davenport.....	1955-154
Ihnen, Josh.....	Sheldon.....	2008-189
Ironside, Mark (2).....	Cedar Rapids, Jefferson.....	1992-130; 1993-135
Ironside, Matt.....	Cedar Rapids, Jefferson.....	1991-135
Ironside, Tim.....	Cedar Rapids, Jefferson.....	1998-130
Irwin, Bradley.....	Centerville.....	2015-132
Isaacson, Mike (2).....	Lake Mills.....	1989-189; 1990-189
Isaacson, Roger.....	Fort Dodge.....	1937-145
Isley, Carter (2).....	Albia.....	2015-220; 2016-285
Jackson, Todd.....	Laurens-Marathon.....	1986-HWT
Janssen, Aaron.....	Emmetsburg/Armstrong-Ringsted.....	2006-152
Jay, Kent.....	Grinnell.....	1988-185
Jeffrey, Alijah.....	Linn-Mar, Marion.....	2014-120
Jeffer, Justin.....	Winterset.....	1995-130
Jehle, Scott (2).....	Durant.....	1980-105; 1982-112
Jenkinson, Harlan.....	Waterloo, West.....	1952-154
Jenkins, Cal.....	Cedar Rapids, Jefferson.....	1962-127
Jennings, Brady.....	Osage.....	2015-138
Jennings, Brock.....	Osage.....	2017-170
Jensen, Anthony (2).....	Fort Dodge.....	1961-95; 1963-112
Jensen, Dalton (2).....	Missouri Valley.....	2005 - 103; 2007-125
Jensen, Dave.....	Charles City.....	1957-127
Jensen, Ryan (2).....	Winterset.....	1993-140; 1994-145
Jensen, Terry.....	Waterloo, West.....	1972-155
Jens, Jeff (2).....	Glenwood.....	1989-152; 1990-152
Jerkovich, Chuck.....	Council Bluffs, Thomas Jefferson.....	1977-98
Jerkovich, Joey.....	Lewis Central.....	2008-112
Jewett, Jason.....	Dowling Catholic, WDM.....	1990-112
Jobgen, Ben.....	Assumption, Davenport.....	1995-145
Johnsen, Drake.....	Logan-Magnolia.....	2017-220
Johnsen, Lynn.....	Logan-Magnolia.....	1990-152
Johnsen, Rex.....	Logan-Magnolia.....	1969-145
Johnson, Bob.....	Fort Dodge.....	1941-155
Johnson, Clarence.....	Fort Dodge.....	1931-85
Johnson, Gary.....	New Hampton.....	1963-120
Johnson, Gordon.....	Fort Madison.....	2006-189
Johnson, Jay.....	Morning Sun.....	1980-145
Johnson, Jerry.....	Cedar Rapids, Jefferson.....	1977-112
Johnson, Lee (2).....	Crestwood, Cresco.....	1968-120; 1969-127
Johnson, Mark.....	Des Moines, Hoover.....	1974-185
Johnson, Mike.....	Cedar Rapids, Jefferson.....	1981-155
Johnson, Mike.....	Terril.....	1980-132

Johnson, Neal	Waterloo, West	1943-135
Johnson, Trent	Dike-New Hartford	2017-145
Johnson, Troy.....	Eagle Grove	1982-167
Johnson, Wallace.....	Fort Dodge	1929-85
Johnston, Cody	Nashua-Plainfield.....	2008-130
Johnston, Zach.....	ADM, Adel.....	2016-160
Jones, Brandon	Valley, WDM	2009-112
Jones, Cade (2).....	West Branch	2012-195; 2013-195
Jones, Charlie	Columbus Catholic, Waterloo	2012-120
Jones, Chris	Central Decatur, Leon.....	1994-130
Jones, Chuck.....	Cedar Rapids, Washington.....	1973-119
Jones, Dick.....	Cresco.....	1928-115
Jones, Don	Iowa Falls.....	1961-133
Jones, Glynn	Cedar Rapids, Washington.....	1973-112
Jones, Jim	Southeast Polk.....	1974-155
Jordan, Dave.....	Cedar Falls.....	1985-105
Jorgenson, Chuck	Crestwood, Cresco	1963-112
Josephson, Erik.....	Fort Dodge	1991-171
Juchems, Rick.....	BCL, Conrad	1974-UNL
Judge, Isaac (2)	South Tama County.....	2017-152; 2018-152
Juergens, Eric (4)	Maquoketa	1993-103; 1994-112; 1995-119; 1996-125
Justice, Scott.....	Ankeny	1972-185
Kahl, Kevin	Durant	1984-145
Kamberling, Jamie	Lisbon.....	1988-185
Kampe, Bob.....	Camanche.....	1971-167
Kampen, Tanner	Humboldt.....	2008-145
Kane, Rollie (2).....	Wapsie Valley, Fairbank	1981-167; 1982-185
Kanellis, Alex.....	Iowa City West	2004-215
Kauffman, Bob.....	Emmetsburg	1981-145
Kauffman, Dan (2).....	Emmetsburg.....	1978-132; 1979-138
Kauffman, Kevin.....	Emmetsburg.....	1976-132
Kauffman, Scott.....	Emmetsburg.....	1998-171
Kaufman, Tom.....	North Tama, Traer	1984-167
Kay, Larry	Charles City	1959-138
Keenan, Jason (4)	Ogden.....	1992-103; 1993-112; 1994-119; 1995-125
Keith, Dick	Reinbeck	1973-145
Kelber, Jason (3).....	West Marshall, State Center.....	1984-105; 1985-105; 1986-119
Keller, Eric (2).....	Indianola.....	1992-103; 1994-119
Keller, Lance (2).....	Iowa Falls	1988-SUP; 1989-275
Keller, Micah.....	Mediapolis.....	2005-152
Kellogg, Robert.....	Sioux City North	2007-160
Kelly, Drew (3).....	Charles City	1997-145; 1998-152; 1999-160
Kelly, Jeff (2)	Britt.....	1984-145; 1985-155
Kelly, Ronald	Eldora Training School.....	1942-95
Kelly, Michael (2).....	Cedar Falls.....	2009-145; 2010-152
Kelly, Mike	Britt.....	1986-155
Kelly, Pat (2).....	Britt.....	1987-HWT; 1988-HWT
Kelly, Wil (3)	Wahlert, Dubuque	1993-119; 1994-138; 1995-135
Kempema, Dave	Rock Valley	1979-155
Kent, Wallace	Cresco.....	1928-125
Keough, Roy.....	Nora Springs-Rock Falls	1981-105
Keppy, Myron (2).....	Durant	1982-HWT; 1983-HWT
Kerber, Jeff (4)	Emmetsburg	1976-98; 1977-112; 1978-119; 1979-126
Kerber, Justin (2).....	Emmetsburg/Armstrong-Ringsted	2005-145; 2006-160
Kesterson, Grayson	Williamsburg	2017-106
Kessler, John	Davenport, Central.....	1961-138
Ketelsen, Ryan	Osage.....	2007-171

Kettman, Taylor	Don Bosco, Gilbertville.....	2010-189
Kielhorn, Earl.....	Cherokee.....	1930-125
Kielman, Joe.....	Clarksville/Allison-Bristow	1992-160
Kiger, Matt	Audubon.....	1992-130
Kilgore, Mike.....	Southeast Warren	1987-SUP
Kiley, Ridge	Eagle Grove	2008-112
Kimball, Daniel	Don Bosco, Gilbertville.....	2018-106
Kimsey, Jim	Underwood.....	1976-119
Kinney, Corbon.....	Griswold	1991-152
Kinseth, Bruce	Decorah.....	1975-132
Kirstein, Bill.....	Clarion.....	1937-105
Kirstein, Ruel.....	Lincoln, Stanwood.....	1988-SUP
Kisley, Norbert.....	Osage.....	1965-133
Kist, Mark (3).....	Eagle Grove	2004-103; 2005-112, 2006-112
Kittelson, Ryan	Decorah.....	1990-152
Kittleson, Randy	Saint Ansgar	1986-138
Kittleson, Trevor	Saint Ansgar	2006-145
Kjeldgaard, Dave (3)	Lewis Central	1994-135; 1995-140; 1996-152
Kjeldgaard, Doug	Lewis Central	1989-145
Klar, LuVerne	Osage.....	1941-118
Klassen, Eric	Iowa City, City	1978-UNL
Klein, Steve	Alden	1965-HWT
Klemsrud, Gary	Osage.....	1954-127
Klepfer, Jim	Cedar Falls.....	1956-103
Klepfer, Scot.....	Cedar Falls.....	1959-133
Kline, Edward (3).....	Mason City	1951-1995; 52-1995; 1953-103
Kline, Scott	Bettendorf	1985-132
Klinghammer, Tim (2).....	Waterloo Central-1; Waterloo West-1	1980-98; 1982-112
Kloberdanz, Alec	Osage.....	1944-123
Kluesner, Kevin	Epworth, Western Dubuque.....	2006-160
Cluever, Dave.....	North Scott, Eldridge.....	1971-167
Knight, Bill	Iowa City, City	1968-112
Knight, Colby.....	Urbandale	2011-112
Knight, Dan (4).....	Clinton.....	1984-98; 1985-112; 1986-126; 1987-126
Knight, Evan (2)	Urbandale	2008-160; 2009-189
Knight, Jeff	Clinton	1978-119
Knight, Steve (2)	Clinton	1982-105; 1983-112
Knotek, Doug.....	Lewis Central	1988-112
Knox, Bud.....	Waterloo, West	1965-HWT
Knutson, Dennis.....	Decorah	1965-95
Knutson, Gary	Lamoni.....	1976-98
Knutson, Jeff	Crestwood, Cresco	1982-SUP
Kober, Kyle.....	West Branch	2009-285
Koehn, Jack.....	Waterloo, West	1953-95
Koenig, Bob.....	Spencer.....	1998-140
Koenig, Cody.....	Underwood.....	2001-152
Koeppel, Jeff (2)	Urbandale	1985-SUP; 1986-SUP
Koethe, Jake	Valley, West Des Moines	2013-120
Koethe, Marshall (2).....	Akron-Westfield.....	2006-125; 2007-130
Kohl, Pete.....	Cedar Rapids, Washington.....	1965-180
Kollings, Scott.....	Dowling Catholic, WDM	1975-119
Koll, Bill.....	Fort Dodge	1941-135
Kopriva, Dan.....	North Tama, Traer	1987-155
Kovacovich, Andrew.....	Eldora Training School.....	1930-135
Krall, Kaleb	Wapsie Valley	2017-138
Kramer, Adam	New Hampton	1999-119
Kramer, Sam	New Hampton	1941-129
Krebs, Duane	Cedar Falls.....	1968-103

Krebs, Kory.....	Nevada.....	1973-UNL
Kreimeyer, Paul (2)	Wilton	1979-112; 1980-119
Kressley, Erwin.....	Waterloo, East	1936-95
Kressley, Zach.....	Columbus, Waterloo	2004-112
Kriebs, John	Dubuque, Wahlert	1979-UNL
Krieger, Herb.....	Mason City	1962-138
Krieger, Tim (3)	Mason City	1982-119; 1983-132; 1984-145
Krieger, Todd.....	Mason City	1982-HWT
Kriener, Darren.....	South Winneshiek, Calmar	2006-215
Krob, Brian	Lisbon.....	1988-145
Kroeze, Chad	Clarksville.....	1990-160
Kroeze, Wade (2)	Clarksville/Allison-Bristow	1991-189; 1992-189
Kroul, Cody.....	Solon	2004-189
Kroul, Matt	Mount Vernon	2004-275
Krueger, Andy (2)	Bishop Heelan, Sioux City	1994-145; 1995-152
Kruger, Calley.....	Aplington-Parkersburg	1995-189
Krull, Dennis.....	Britt.....	1961-145
Krumwiede, Cory (3)	Waverly-Shell Rock.....	2009-215; 2010-215; 2011-285
Krutsinger, J.J.	Columbus Catholic, Waterloo	2006-125
Kuecker, Mike (2)	Tripoli	2001-215; 2002-215
Kuhn, Willis (2)	Fort Dodge	1936-125; 1937-135
Kunerth, Bill	Ames	1972-132
Kuper, Dallas.....	Osage.....	2003-140
Kuper, Reed.....	Osage.....	2002-160
Kurdelmeier, Gary (2).....	Cresco.....	1953-HWT; 1954-HWT
Kurimski, Adam	Fairfield	2004-135
Kurovski, Kevin.....	Belle Plaine	2001-140
LaGrange, Ryan	Prairie, CR	1997-189
Lahr, Don.....	Eagle Grove	1948-105
Laird, Lyle.....	Humboldt.....	1968-120
Lamp, Heath.....	AHST, Avoca	2003-160
Lampe, Randy.....	Fort Madison	1974-98
Landswerk, Gordon	Cresco.....	1943-145
Land, Mike.....	Valley, West Des Moines	1974-126
Lander, Mike.....	Underwood.....	2000-275
Landon, Kirk	Audubon.....	2006-135
Lane, Frank.	Waterloo, West	1959-112
Langan, Gary.....	Bettendorf	1961-165
Lange, James.....	Centerville	2002-140
Lange, Lowell (2).....	Waterloo, West	1945-145; 1946-145
Langreck, Mitch.....	Turkey Valley, Jackson Junction	2003-215
Lappe, Todd (2).....	Algona	1984-167; 1985-167
Lara, Triston (2).....	Fort Dodge	2016-126; 2017-138
Larsen, Lewis.....	Eagle Grove.....	1946-123
Larson, Chris (2)	Urbandale	1971-105; 1972-112
Larson, Robert.....	Fort Dodge	1932-135
Larson, Ross (2).....	Ballard; Ankeny.	2011-189; 2012-195
Laux, Phillip (2).....	Iowa City, West	2011-103; 2012-113
LaValley, Tim.....	Dallas Community, Dallas Center	1977-126
Leach, Jim	Davenport, Central.....	1960-138
LeClere, Daniel (4)	North Linn, Troy Mills	2002-119; 2003-130; 04-140; 05-140
LeClere, Nick.....	North Linn, Troy Mills	2007-145
Lee, Nick	Columbus, Columbus Junction	1999-103
Leeman, Albert (2)	Osage.....	1937-85; 1938-95
Leeman, Gerald (3)	Osage.....	1939-105; 1940-115; 1941-123
Lee, Jim.....	East Buchanan, Winthrop	1982-155
LeGrand, Chuck	Lisbon.....	1975-105

Lehman, Ben.....	Independence	2005-215
Leichtman, Rich	New Hampton	1962-112
Leighton, Todd.....	Griswold	1978-167
Leisure, Ryan (3).....	Clear Lake.....	2015-126; 2016-132; 2017-145
Leith, Quin	Creston/Orient-Macksburg.....	2008-130
Lenth, Jim.....	Riceville.....	1980-155
Lentz, Austin.....	Ogden	2016-182
Leon, Dave	Valley, West Des Moines	1972-119
Lerdal, Jake.....	New London/Winfield-Mt. Union	2008-189
Leshen, Bruce	Albia	2016-145
Lester, Mike.....	Clear Lake.....	1999-160
Lewis, Glenn.....	Lynnville-Sully	1980-112
Lewis, Matthew.....	Centerville	2018-106
Lewis, Wayne	Ankeny	1966-133
Lewton, Ken	Dowling Catholic, WDM	1985-126
Light, Ike (3)	Lisbon.....	1990-103; 1991-112; 1992-125
Light, Shane (4)	Lisbon	1987-98; 1988-112; 1989-125; 1990-125
Light, Vance (2).....	Lisbon.....	1986-112; 1987-119
Light, Zach (2)	Lisbon.....	1991-140; 1992-145
Lille, Roland.....	Carroll.....	1930-85
Linden, Keith	Bishop Heelan, Sioux City	1987-145
Linden, Scott	Woodbury Central, Merville.....	2002-152
Linderbaum, Harry	Cresco.....	1943-HWT
Linderman, Tyler	Creston.....	2006-112
Lindholm, Einer	Waterloo, East	1937-125
Linkenmeyer, Rich	Riceville.....	1980-138
Liston, Len.....	West Sioux, Hawarden	1967-112
Livingood, Brandon (2).....	Decorah.....	1997-130; 1998-135
Llewellyn, Jay.....	Cedar Falls.....	1979-167
Lloyd, Larry (2)	Britt.....	1961-95; 1962-103
Lodge, Wiley.....	Waterloo, East	1965-95
Loftus, Logan.....	Iowa Valley, Marengo	2013-132
Logan, Bob	Marshalltown.....	1976-112
Long, Andrew (3).....	Creston/Orient-Macksburg.....	2006-103; 2007-112; 2008-125
Long, Dylan (2).....	Creston.....	1998-119; 1999-130
Lord, Doug.....	Lisbon.....	1973-132
Lord, Jim (3)	Lisbon.....	1976-105; 1977-112; 1978-126
Lott, David	Denver.....	1975-98
Lovell, Dan	Marshalltown.....	1992-140
Love, Wayne	Waterloo, Central	1980-167
Lower, Brad.....	Burlington	2005-145
Loyd, Damon.....	New London	1990-145
Loy, Gordon.....	Cresco.....	1957-127
Lucas, James	Eldora Training School.....	1927-125
Lucchi, Joe	Iowa City, City	1996-103
Lueders, J.D.	Clinton	1982-167
Lufken, Dean (2)	Newton	1951-123; 1952-127
Luna, Blake	Clarinda.....	2014-120
Lundvall, Dain.....	Glenwood	1995-171
Lux, Eric	South Tama County, Tama.....	2012-160
Lux, Kyle.....	South Tama County, Tama.....	2011-160
Lybbert, Ed.....	Cresco.....	1935-95
Lyon, Max (2)	Epworth, Western Dubuque.....	2016-182; 2017-182
Lyons, Adam	Central Decatur, Leon.....	2005-275
Macek, Milan	Fort Dodge	1939-85
Macek, Paul.....	Fort Dodge	1938-105
Machovec, Steve.....	Iowa City	1959-165

Macias, Manuel	Davenport	1946-105
Madison, Clint.....	Glenwood.....	1998-145
Mahin, Tim.....	Sergeant Bluff-Luton	1983-126
Majors, Randy	Mount Vernon	1978-112
Makey, Patrick (2)	Logan-Magnolia	2003-103; 2004-112
Maland, Don (3)	Cresco.....	1932-95; 1933-105; 1934-125
Malcom, Matt.....	Glenwood	2016-152
Malecek, Dave (2)	Osage.....	1988-167; 1989-171
Malecek, Gerald (2).....	Belle Plaine	1967-154; 1968-165
Malecek, Joe	Osage.....	1985-185
Malone, Jerry.....	Morning Sun.....	1981-SUP
Manchon, Dave	Marshalltown.....	1986-98
Mangrich, Mark.....	Don Bosco, Gilbertville.....	1981-132
Mangrich, Scott	Don Bosco, Gilbertville.....	1983-98
Mangum, Marcus	Waterloo, East	1988-155
Manning, Bill.....	Waterloo, West	1944-135
Manning, Cory.....	Dowling Catholic, WDM	1989-171
Mann, Mike.....	Marshalltown.....	1978-185
Mansfield, Taylor	Decorah.....	2006-275
Marchant, Frank	Humboldt.....	1997-135
Marin, Nick (2).....	West Liberty	1994-112; 1996-112
Marion, Montell (2)	Valley, WDM; Des Moines Roosevelt	2005-119; 2006-130
Mark, Jerry	Iowa Falls	1955-127
Marlin, Jake (4)	Creston/O-M	2010-130; 2011-135; 2012-138; 2013-138
Marlin, Randy	Creston.....	1986-132
Marloff, Blake	Eddyville-Blakesburg-Fremont.....	2014-145
Marnin, Jake.....	Southeast Polk	2015-2085
Marrah, Dave.....	Union, LaPorte City.....	1996-135
Marsden, Hugh.....	Eldora.....	1975-UNL
Marshall, Kevin.....	Adel.....	1971-UNL
Martens, Chuck (2).....	Crestwood, Cresco	1982-155; 1983-167
Martinez, Victor	Fort Madison	1994-125
Martin, Carroll.....	Clarion.....	1946-112
Martin, Dave	Adel.....	1970-145
Martin, Dave (2).....	Algona	1965-145; 1966-154
Martin, Leon	Eagle Grove	1939-165
Martin, Paul (3).....	Algona	1972-132; 1973-138; 1974-155
Mason, Brandon (3)	Lewis Central	2001-135; 2003-160; 2004-160
Massey, Lewis (2)	Lewis Central	1979-98; 1982-132
Matthys, Tim.....	Assumption, Davenport.....	1998-152
Mayo, Bob	Grinnell.....	1961-103
Mayo, Paul	Grinnell.....	1960-133
McAninch, Mike	Norwalk	1974-185
McCaffrey, Pat.....	Centerville	2005-112
McCall, Gary (2)	Cedar Rapids, Washington.....	1984-112; 1985-119
McCart, George.....	Eagle Grove	1944-112
McConkey, John	Atlantic/CAM	2018-285
McCool, Zach	West Delaware, Manchester.....	2007-140
McCracken, Brandon	Aplington-Parkersburg	2013-285
McCracken, Brian (2)	Bettendorf	1981-185; 1982-185
McCrystal, Colton (2)	Sergeant Bluff-Luton	2012-126; 2013-132
McCullough, Dean.....	Clarion.....	1938-85
McCune, Don	Central Clinton, DeWitt	1967-95
McCurdy, Jim (2).....	Ames.....	1929-115; 1930-115
McDermott, Boone	Wahlert Catholic, Dubuque.....	2018-220
McDonald, Gerald (2).....	Waterloo, East	1956-154; 1957-154
McDonald, Ron.....	Morning Sun.....	1969-103

McDonough, Brandon	Des Moines, Lincoln.....	2003-112
McDonough, Matt (3)	Linn-Mar, Marion.....	2006-112; 2007-119; 2008-130
McDowell, Alec.....	Maquoketa Valley	2017-182
McElhose, Alan	Waterloo, West	1958-133
McGinness, Jeff (4)	Iowa City, City	1990-103; 1991-112; 1992-125; 1993-130
McGinness, Tyler	Shenandoah.....	2000-152
McGivern, Mike	Iowa Valley, Marengo	1972-119
McGrath, Howard	Clarion.....	1932-145
McGrath, Mark.....	Emmetsburg.....	1988-155
McGrew, LeRoy.....	Belle Plaine	1943-105
McKee, Dan (2)	Stuart-Menlo	1971-98; 1972-105
McKenzie, Danny	Urbandale	1964-95
McKinley, Dave	Council Bluffs, Abraham Lincoln	1949-155
McKinney, Bret.....	Belle Plaine	1989-119
McKray, Zach	Iowa City, City	2005-135
McLaren, John.....	Valley Junction.....	1937-HWT
McLaughlin, Gary	Hampton.....	1988-98
McLaughlin, Jordan.....	Belmond-Klemme	2004-189
McLaughlin, Lorri.....	Hampton.....	1964-120
McManus, Harry.....	Cherokee.....	1939-155
McMillan, Pat.....	Valley Community, Elgin	1998-140
McNamara, Mike	Rock Valley	1985-HWT
McNitt, Brennan.....	St. Albert, Council Bluffs	2011-130
McQuillen, Logan	Monticello	2013-160
McRoberts, Nathan	Rockford.....	2008-135
Meacham, Ken (2).....	Mason City	1949-123; 1950-129
Meade, Travis.....	Iowa City West	2005-275
Meeks, John (4)	Des Moines Roosevelt.....	2009-119; 2010-125; 2011-130; 2012-138
Meendering, Randy.....	Rock Valley	1974-145
Mehlert, Bart.....	Union, LaPorte City.....	2000-140
Meier, Josh.....	Denver.....	1995-130
Meleney, Ron	Britt.....	1954-154
Menefee, Gary.....	Cedar Rapids, Washington.....	1970-165
Mericle, Burt	Des Moines, Tech	1963-145
Messerly, Floyd (2).....	Fort Dodge	1934-165; 1935-165
Meyer, Alex	Southeast Polk	2012-170
Meyer, Blake	Sumner-Fredericksburg	2015-145
Meyer, Jeremy (2)	Newton	2001-125; 2003-135
Meyer, Jeff.....	Sumner.....	1994-135
Meyerhoff, Mark	Waterloo, West	1967-138
Meyers, Jon.....	Coon Rapids-Bayard.....	2010-215
Meyers, Roger.....	Glenwood.....	1977-105
Michaelosky, Vetcha (Victor).....	Eldora Training School.....	1926-95
Michaelson, Oliver.....	Waterloo, West	1944-HWT
Mickelson, Geoff	Humboldt.....	1968-HWT
Middleton, Ernest	Waterloo, West	1992-171
Middleton, Peter	Waterloo, East	1964-165
Midkiff, McGwire.....	Council Bluffs, Thomas Jefferson	2017-126
Mihal, Rich.....	Cedar Rapids, Jefferson	1965-138
Milbrandt, Dennis	North Fayette, West Union.....	1970-130
Miklus, Tim	Southeast Polk	2013-160
Miklus, Willie (2)	Southeast Polk	2011-171; 2012-220
Miles, Ed.....	Mason City	1990-160
Millage, Michael (2) (see Michael Blockhus, NH/TV).....	Crestwood; New Hampton	2015-106; 2017-126
Miller, B.J.....	North Iowa, Buffalo Center.....	1993-145
Miller, Darrell	Iowa Falls	1953-133
Miller, Dennis (2)	Algona	1964-133; 1965-138
Miller, Don (2).....	Eagle Grove	1963-154; 1964-165

Miller, Don (2)	Waterloo, East	1947-129; 1948-145
Miller, Kendall (2)	New Hampton	1962-95; 1963-103
Miller, Paul (2)	Waterloo, West	1961-103; 1962-103
Miller, Rory	Riverside, Oakland	2005-215
Miller, Vince (2)	Plainfield	1986-132; 1987-138
Mills, Corey (2)	Don Bosco, Gilbertville	1981-98; 1982-105
Miner, Dillon	Spirit Lake Park	2007-119
Miner, Doug (3)	Spirit Lake Park	2011-103; 2012-106; 2013-120
Mitchell, Glen	Davenport, Central	1962-165
Mitchell, Jim	Riceville	1973-155
Moeller, Jon	Gladbrook	1969-112
Moen, T.J. (2)	Saydel	2006-140; 2007-145
Moews, Bret	Ackley-Geneva	1987-112
Moffitt, Luke	Estherville	1997-125
Mohr, John	Gladbrook	1975-155
Montgomery, Doren	Lisbon	1983-SUP
Moorehead, George (2)	Winterset	1985-HWT; 1986-HWT
Moore, Cliff (3)	Dubuque, Hempstead	1997-112; 1998-119; 1999-125
Moore, Nate (2)	Iowa City West	2007-125; 2008-125
Moore, Nick (4)	Iowa City West	2007-130; 2008-140; 2009-152; 2010-160
Moore, Randy	Perry	1971-126
Moore, Steve	Carlisle	1971-138
Moore, Tom	Waterloo, East	1964-120
Moore, Tracy	Roland-Story	1976-105
Moore, Trent	Dubuque, Hempstead	1996-140
Moorman, Ethan	Centerville	2009-160
Moorman, Mark	Centerville	1989-130
Morehead, Maurice	Waterloo, East	1985-167
Moreno, Gabriel	Urbandale	2012-145
Moreno, Mike	Glenwood	1987-132
Moreno, Mike	Urbandale	2010-171
Moreno, Rick (2)	Glenwood	1991-145; 1992-145
Moretz, Brian (3)	Northwood-Kensett	1989-275; 1990-275; 1991-HWT
Morford, Maurice (2)	Clarion	1935-125; 1936-135
Morgan, Dave (3)	Eagle Grove	1972-98; 1973-105; 1974-126
Morgan, David	New Hampton	1993-135
Morkel, Dave	Waterloo, West	1979-132
Morningstar, Ryan (3)	Lisbon	2003-140; 2004-152; 2005-152
Morningstar, Scott (4)	Lisbon	1977-98; 1978-105; 1979-119; 1980-126
Morphew, Mike	Eagle Grove	1971-185
Morrison, Chad	West Liberty	1996-189
Morrison, Dick	English Valleys, North English	1984-HWT
Morrison, Hodge (Guy)	Marshalltown	1929-155
Morrow, Travis	Southern Cal, Lake City	1996-130
Moser, Gordon	Waterloo, West	1954-138
Moses, Damian	Clarinda	1994-171
Moses, Dave	Waterloo, West	1969-120
Moss, Kenton	Carson-Macedonia	1970-155
Mougin, Matt	Columbus Community, Columbus Junction	2009-145
Mountsier, Derek	Newton	1991-125
Moyer, Derek (3)	Oskaloosa	2003-103; 2004-112; 2006-135
Moyer, Dominick (2)	Oskaloosa	1999-103; 2000-103
Mueller, Bob	Osage	1965-95
Mueller, Mark (2)	Postville	2001-171; 2002-171
Mueller, Mitch	Iowa City West	2004-130
Muell, Dave (2)	Harlan	1974-105; 1975-112
Muhl, Bob	Fort Dodge	1938-135
Muller, Bob	Osage	1994-275

Mulnix, Logan (2)	North-Linn, Troy Mills	2010-125; 2012-138
Mulvihill, Matt	Dowling Catholic, WDM	1993-171
Munger, Larry	Algona	1966-112
Murray, Bill	Cresco	1958-145
Musselman, Dave (3)	Humboldt	1970-98; 1971-105; 1972-126
Musser, Bob	Council Bluffs, Thomas Jefferson	1950-165
Myers, Kirk	Algona	1977-185
Nadler, Bob	Clarke, Osceola	1985-SUP
Naig, Doyle	Emmetsburg	1982-HWT
Naig, Jacob (2)	Emmetsburg/Armstrong-Ringsted	2001-112; 2003-145
Naig, J. D.	Emmetsburg/Armstrong-Ringsted	2002-152
Nason, Mike (2)	West Marshall, State Center	1967-133; 1968-133
Natvig, Dave (2)	New Hampton	1933-85; 1934-95
Natvig, Steve	Waterloo, East	1969-95
Naughton, Marco	St. Albert, Council Bluffs	2012-285
Neal, Brian	Dowling Catholic, WDM	1977-UNL
Nelson, Arnie	Audubon	1954-165
Nelson, Charles (2)	Gilmore City	1942-123; 1943-123
Nelson, Dale	Eagle Grove	1945-105
Nelson, Ed (3)	Eagle Grove	1947-105; 1948-112; 1949-118
Nelson, Gary	Alden	1967-165
Nelson, William	Ames	1931-125
Nelson, William	Eagle Grove	1945-HWT
Nessa, Shawn	Eagle Grove	1985-155
Neuhaus, Jeremy	MFL MarMac	1996-145
Neuman, Mike	Valley, West Des Moines	1988-98
Neuzil, Ed	Regina, Iowa City	1983-155
Newman, Stuart	Perry	1971-119
Newmeister, John	Cedar Rapids, Washington	1966-154
Nichols, Don (2)	Cresco	1933-95; 1935-135
Nicholson, James	Des Moines Roosevelt	2006-119
Nicholson, John (2)	Des Moines Roosevelt	2008-152; 2009-160
Nicol, Dave (2)	Cedar Falls	1968-95; 1969-103
Nielsen, John	Lake Mills	1983-SUP
Nielsen, Ron	Denver	1980-185
Nixt, Tyler	Greene	1999-171
Noah, Ron	Charles City	1962-145
Noah, Steve	Charles City	1966-133
Noble, Seth (2)	Columbus, Columbus Junction	2008-135; 2010-140
Nockles, Frank	Carroll	1926-145
Nodtvedt, Andrew	Central Springs, Manly	2011-189
Nordyke, Tom	Waterloo, West	1957-103
Norris, Eric (2)	Ankeny	1970-145; 1971-155
Norris, Mike (2)	Ankeny	1972-138; 1973-145
Norton, Mitch	Nashua-Plainfield	2005-145
Norton, Tim	Clarksville	1993-152
Norton, Tony	Clarksville	1988-105
Novak, Rick	Prairie, CR	1986-145
Nurre, Jason	Beckman, Dyersville	1991-112
O'Brien, Tim	Stuart-Menlo	1989-171
Oglesby, Bill	Mason City	1950-155
O'Kada, Ken	Cresco	1956-133
O'Loughlin, Andy	Independence	2006-171
O'Loughlin, David	Don Bosco, Gilbertville	2005-119
O'Loughlin, Phil	Don Bosco, Gilbertville	2005-160
Olberding, B. J.	St. Albert, Co. Bluffs	2003-152

Oldham, Nick.....	Valley, West Des Moines	2018-113
Oldham, Walter (2).....	Clarion.....	1940-105; 1941-112
Olson, Cameron.....	South Hamilton, Jewell	2008-215
Olson, Roger.....	Mason City.....	1957-165
Omvig, Randy.....	Eagle Grove.....	1970-185
Onoo, Kaz.....	Mason City.....	2014-126
Oostendorp, John.....	West Liberty.....	1988-HWT
Orr, Tyrone.....	Davenport, Central.....	1964-103
Orton, Matt.....	Cedar Rapids, Jefferson.....	1989-135
Osboe, Kent.....	Fort Dodge.....	1964-HWT
Osborn, Dan (2).....	Prairie, CR.....	1987-98; 1989-103
Osgood, Ryan.....	Mason City.....	2001-112
Otten, Matt (2).....	North Central, Manly.....	1986-98; 1987-105
Otto, Mitch.....	Sioux City, East.....	2015-182
Ottosen, Orlo.....	Osage.....	1955-103
Ott, Kevin.....	Cedar Falls.....	1976-132
Owen, Dan.....	Adel.....	1975-119
Owens, Rice.....	Valley, West Des Moines.....	1998-112
Pacha, Curt (2).....	Washington.....	1979-167; 1980-167
Palmer, Marv.....	Corning.....	1969-175
Pape, Cole (3).....	Maquoketa.....	1998-130; 1999-135; 2001-152
Parham, Terry.....	Glenwood.....	1997-152
Parish, Todd.....	Lenox.....	2003-275
Parker, Don.....	North Fayette, West Union.....	1963-165
Parmely, Max.....	Fort Dodge.....	1932-85
Parmley, Ryan (2).....	Maquoketa Valley, Delhi.....	2014-220; 2015-220
Parsons, Walter.....	Eagle Grove.....	1942-145
Pasvogel, Matt.....	Wilton.....	1997-103
Patterson, Dick.....	Fort Dodge.....	1961-120
Patterson, Mike (2).....	Hudson.....	1977-132; 78-138
Patton, Bob.....	Algona.....	1962-133
Patton, Isaiah (2).....	Dowling Catholic, WDM.....	2014-160; 2015-170
Paul, Bryce.....	Alburnett.....	2015-152
Pauley, Gabe.....	AHSTW, Avoca.....	2018-170
Paulsen, Joe (2).....	Davenport.....	1946-HWT; 1947-HWT
Paulsen, Kyle.....	Wilton.....	2010-135
Paulsen, Levi.....	Woodbury Central.....	2015-285
Paulson, Brent.....	Cedar Rapids, Kennedy.....	1992-119
Paulson, Lance (2).....	Cedar Rapids, Kennedy.....	1988-105; 1989-112
Paulson, Russ.....	Clarion.....	1971-145
Paulson, Travis (3).....	Lewis Central.....	1999-112; 2001-145; 2002-152
Paulson, Trent (2).....	Lewis Central.....	2001-140; 2002-145
Payne, Jason (2).....	Columbus, Columbus Junction.....	1996-189; 1997-189
Pazzi, Louis.....	Valley Junction.....	1936-105
Peacock, Jim.....	Greenfield.....	1970-98
Pearl, Keith.....	West Liberty.....	2000-145
Pearson, Chuck.....	Waterloo, East.....	1984-119
Pecenka, Troy.....	Don Bosco, Gilbertville.....	1996-140
Peckham, Tom (3).....	Crestwood, Cresco.....	1960-127; 1961-154; 1962-165
Peck, Cliff.....	Cherokee.....	1933-HWT
Peck, Scott.....	Council Bluffs, Thomas Jefferson.....	1993-275
Pedersen, Jacob.....	Hudson.....	2004-130
Pedretti, Eric.....	Crestwood, Cresco.....	2003-171
Pedretti, Kyle (2).....	MFL, MarMac, Monona.....	2006-119; 2007-125
Peed, Melvin.....	Fort Dodge.....	1949-165
Pelsang, Louis.....	Iowa City, City.....	1992-160
Pence, Matt.....	Prairie, Cedar Rapids.....	1996-130

Penn, Dale.....	Waterloo, West	1938-145
Penrod, Fred	Davenport, West	1970-175
Pentecost, Michael.....	Independence	1996-119
Perrin, Adam	North Scott, Eldridge.....	2008-103
Perrin, Del, Jr.	Cherokee.....	1942-HWT
Peters, Dylan (3)	Denver-Tripoli	2010-103, 2011-112; 2012-120
Peters, Levi	Twin River Valley, Bode.....	2010-160
Peterson, Hap	Bettendorf	1981-HWT
Peyton, Mitch.....	West Delaware.....	1997-160
Phillips, Ryan.....	Burlington	2002-215
Phinney, Dean.....	Clear Lake.....	1977-UNL
Piazza, Joe.....	Dowling Catholic, WDM	1990-130
Pickford, Pat.....	Fort Madison	1980-112
Pickerell, Nick (2)	Albia - 1; Centerville – 1	2005-130; 2006-135
Piersall, Gene (2)	Davenport	1949-105; 1950-112
Pike, Travis.....	Cedar Rapids, Jefferson	1994-152
Piper, Todd.....	Mason City	1982-138
Pitkin, Glenn	Britt.....	1963-HWT
Pladsen, Steve	Waukon	1990-119
Pohlmeyer, Henry	Johnston.....	2013-106
Pollard, Dusty	Osage.....	2000-103
Ponte, Walter.....	Eldora Training School.....	1935-HWT
Pontius, Andrew	Fort Dodge	1927-158
Poppinga, Dave (2)	Manson	1977-167; 1978-185
Pottebaum, Jeremiah (2).....	Lawton-Bronson	1999-189; 2000-189
Porter, Josh	Fort Dodge	1999-171
Portillo, Josh (3)	Clarion-Goldfield-Dows	2014-113; 2015-126; 2016-120
Portillo, Justin (2)	Clarion-Goldfield-Dows	2015-106; 2016-113
Poush, Ron.....	Chariton.....	1964-127
Powelka, Matt.....	Janesville	1994-275
Powers, John.....	Davenport, Central.....	1965-133
Prehm, Dave (2)	Eagle Grove	1974-98; 1975-105
Prim, Lim	Grinnell.....	1991-119
Prins, Adam.....	Sibley-Ocheyedan.....	2001-275
Proctor, Drew	Tipton	2011-135
Pugh, J.D.....	Columbus, Columbus Junction	1997-119
Pugh, Randy.....	Columbus, Columbus Junction	1995-145
Pugh, Seth.....	Columbus, Columbus Junction	2006-145
Purdy, Troy.....	Don Bosco, Gilbertville.....	1991-160
Putney, Tyler	Forest City.....	2014-285
Ralfs, Joel.....	Durant	1983-185
Ralston, Kevin	Grundy Center	1974-98
Ramirez, Henry	Davenport, West	1967-112
Ramirez, Josh	Wahlert Catholic, Dubuque.....	2018-160
Randall, Dave.....	Osage.....	1960-138
Randall, Greg (4)	Mount Vernon	1979-98; 1980-112; 1981-126; 1982-132
Randall, Steve (2)	Mount Vernon	1981-138; 1982-138
Randone, Matthew	Assumption, Davenport.....	2016-106
Ranshaw, Curt.....	Iowa City, West	1981-138
Rasing, Blake	New Hampton	2007-285
Rathbun, Brock (3)	Center Point-Urbana	2014-113; 2015-120; 2016-126
Rathjen, Kirk.....	Iowa Valley, Marengo	1992-171
Rau, Jeff	Lewis Central	2006-125
Rausenberger, Bob (2).....	Iowa Falls	1962-127; 1963-127
Ray, Brett	Orient-Macksburg	2003-112
Reece, Brian (2)	Clarke, Osceola	1989-112; 1990-112
Reed, Dion	Waterloo, East	1994-275

Reed, Frank.....	Iowa Falls	1958-103
Reed, Harold.....	Adel.....	1970-137
Reeves, Aden (2)	Albia	2017-113, 20187-120
Regan, John (2)	Cedar Rapids, LaSalle	1983-112; 1984-119
Reicks, Henry.....	Turkey Valley, Jackson Junction	1975-98
Reicks, Jason (2)	New Hampton	1999-171; 2000-171
Reicks, Ralph	Turkey Valley, Jackson Junction	1977-98
Reid, David.....	Wapello	1997-189
Reiland, Luke	Eagle Grove	2002-140
Reiland, Mark (2).....	Eagle Grove	1986-145; 1987-155
Reimers, Steve.....	Humboldt	1981-HWT
Reis, Kim	Coon Rapids	1981-185
Reisner, Dan	Cedar Rapids, Kennedy.....	1999-140
Reiter, Bart (4).....	Don Bosco, Gilbertville	2006-103; 2007-112, 2008-125; 2009-135
Reiter, Joe	Don Bosco, Gilbertville.....	2000-125
Reiter, Mack (4).....	Don Bosco, Gilbertville	2000-103; 2001-103; 2002-112; 2003-125
Reiter, Virgil.....	Perry.....	1959-154
Reth, Adam (2).....	West Delaware, Manchester.....	2012-195; 2013-220
Rex, Bill (2).....	Central Decatur, Leon.....	1963-133; 1964-138
Rhoades, Kim (3)	Cedar Falls.....	1965-165; 1966-165; 1967-165
Rhoades, Mark.....	Cedar Falls.....	1974-132
Rhoades, Todd.....	Cedar Falls	1968-133
Rhodes, Dusty.....	Osage.....	1992-125
Rial, Mark (2).....	Fort Dodge	1994-103; 1996-125
Rice, Ron.....	Northern University High, Cedar Falls	1959-145
Rice, Stacey (3).....	Storm Lake.....	1986-126; 1988-132; 1989-135
Richardson, Ashten.....	Iowa City, West	2000-171
Riddle, Justin.....	Clarinda.....	1997-103
Rieks, Ralph (2).....	Iowa Falls	1951-135; 1952-138
Rierson, Monty	Cedar Rapids, Jefferson	1963-180
Riley, Tim (2).....	Iowa City, City	1978-126; 1979-126
Rink, Virgil	Clarion.....	1946-95
Risher, Kyler.....	Centerville	2011-140
Risk, Courtney.....	North Tama, Traer	1982-132
Rizzuti, Jim	Urbandale	1971-155
Robertson, Aaron	Highland, Riverside	1996-103
Roberts, Hugh O.	West Des Moines	1939-125
Roberts, John (2)	Valley Junction.....	1937-155; 1938-165
Roberts, Simon.....	Davenport	1954-133
Roberts, Tyrone.....	South Tama County.....	1989-189
Robertson, Matt (2)	Assumption, Davenport.....	2017-132; 2018-132
Robinson, Al.....	Waterloo, East	1960-112
Robinson, Dave.....	Winterset.....	1977-145
Robinson, George	Central City	1992-152
Robles, Juan	Wilton	1992-116
Roby, Steve.....	Rockwell City	1976-112
Rodgers, Jimmy (3).....	Riverside, Oakland.....	1995-119; 1996-135; 1997-145
RoehlK, Phil	Durant	1982-185
Rogers, Chase	Marshalltown.....	2003-275
Rogers, Steve.....	Regina, Iowa City.....	1984-132
Rohrer, Jerry	Clarion.....	1947-155
Rohrer, Joe.....	Clarion.....	1985-112
Rohrer, Leonard	Clarion.....	1943-155
Rohret, Troy	Clear Creek, Tiffin	1989-160
Roland, Lucas	PCM, Monroe.....	2018-170
Roosa, Tim	Clarion.....	1972-UNL
Roseland, Jason	Marshalltown.....	1983-167
Rosenberg, Gordon.....	Iowa Falls	1928-105

Rosenburger, Kurt.....	Valley, West Des Moines	1987-185
Rossberg, Del (2)	Waterloo, West	1954-145; 1955-145
Ross, Steve	Ames	1980-155
Rostermundt, Gabe.....	Lewis Central	2001-119
Roths, Merle.....	New Hampton	1941-105
Rowan, John	Clarion.....	1947-123
Rowray, Dan.....	Cedar Rapids, Jefferson	1970-130
Rowson, Chad.....	Central Clinton, DeWitt	1996-160
Royer, John	Marion	1989-145
Ruden, Brady	Wilton	2014-126
Ruebel, Rick.....	Grundy Center	1980-155
Ruffridge, Shea	Pocahontas Area	2018-126
Ruggles, Ken (3)	Ames.....	1928-145; 1929-145; 1930-155
Ruhnke, Kevin.....	Algona	1975-145
Rule, Dan	Parkersburg	1990-160
Rule, Pat.....	Parkersburg	1984-185
Rumeliote, Tom (2)	Mason City.....	1936-145; 1938-155
Rupp, Pat	Belle Plaine	1995-140
Rusk, Tom	Dubuque, Hempstead.....	1975-185
Russell, Mike.....	CR Kennedy.....	2004-140
Ryan, Chad	Sioux City North	2010-130
Ryan, Don (2)	Council Bluffs, Thomas Jefferson	1947-145; 1948-155
Ryan, Logan (2)	Bettendorf	2013-132; 2014-138
Ryan, Trey.....	Mount Vernon	2014-170
Ryerson, Kelby.....	Eagle Grove	2006-130
Saddler, Dave (2)	Waterloo, East	1961-127; 1962-133
Sadler, Brian.....	Jesup.....	2018-285
Sallis, Darnell	Waterloo, East	1983-126
Sallis, Kirk.....	Waterloo, Central	1975-105
Salmon, Jerry	Newton	1953-138
Salyars, Don.....	Central Clinton, DeWitt	1983-HWT
Salyer, Ken.....	Waterloo, East	1953-165
Sampson, Luke	Roland-Story	1996-275
Sanders, Caleb.....	Glenwood	2018-285
Sanders, Eli.....	Columbus, Columbus Junction	1999-135
Sandy, Chris.....	Spirit Lake Park.....	2004-125
Sanger, Mark.....	West Hancock, Britt	2001-189
Sarasin, Ben.....	Cedar Rapids, Kennedy.....	2018-170
Sargisson, Kyle	Kingsley-Pierson	1996-152
Satarn, Luke.....	Humboldt.....	2005-135
Satarn, Wade	Humboldt.....	2002-119
Sauer, Matt.....	Woodbury Central, Merville.....	1992-HWT
Saunders, Stan	Janesville	1961-165
Sawyer, Rick	Humboldt.....	1981-105
Saxton, Dave.....	Emmetsburg.....	1986-SUP
Scarberry, Daniel	Creston.....	2004-140
Scarbrough, Sean	Columbus, Waterloo	1991-160
Schaeffer, Matt.....	Midland, Wyoming	1978-167
Schaumburg, John	Eagle Grove	1977-138
Schebler, John	Davenport, Central.....	1980-185
Schemmel, Mike.....	Epworth, Western Dubuque.....	1984-SUP
Schilling, Roger	New Hampton	1961-HWT
Schimp, Mike.....	Belmond	1978-98
Schlosser, Bo	Bettendorf	2010-135
Schmauss, Richard	Crestwood, Cresco	1960-95
Schmauss, Merlin (2)	Crestwood, Cresco	1959-112; 1960-112
Schmauss, Mike.....	Crestwood, Cresco	1964-103

Schmelzer, Nick	South Winneshiek, Calmar	2012-220
Schmidt, Dick	Independence	1950-HWT
Schmidt, Gary.....	Jesup.....	1970-165
Schmidt, Tanner.....	Charles City	2008-103
Schmit, Donny (2)	Wapsie Valley	2016-106; 2018-132
Schmitz, Brian	Lisbon.....	1989-152
Schmitz, Jeff.....	Don Bosco, Gilbertville.....	1985-126
Schmuecker, Terry (2)	Benton Community, Van Horne	1984-98; 1985-112
Schriever, Cullan (2)	Mason City	2017-106; 2018-106
Schumacher, Brent	Harlan.....	2002-171
Schumacher, Logan	Martensdale-St. Marys.....	2018-182
Schnee, Herb	Dubuque.....	1958-120
Schoeneman, John	Ames.....	1971-185
Schoenfelder, Brad	Bettendorf	1988-HWT
Schott, Brendan (2)	North Linn, Troy Mills	2012-170; 2013-170
Schreck, Dave.....	Dowling Catholic, WDM	1975-167
Schroeder, Richard	LeMars	1999-152
Schropp, Jerry.....	Prairie, CR	1966-103
Schropp, Rick.....	Prairie, CR	1969-103
Schultz, Alfred	Eldora Training School.....	1940-145
Schultz, Larry	Eagle Grove	1958-165
Schulze, Marc (2)	Rock Valley	1992-112; 1993-125
Schwab, Doug.....	Osage.....	1996-130
Schwab, Mark (4).....	Osage	1982-98; 1983-105; 1984-112; 1985-119
Schwab, Mike.....	Osage.....	1981-98
Schwarm, Jacob (2)	Bettendorf	2014-113; 2015-120
Schwarz, Jeff.....	Sheldon	1984-SUP
Schweitzberger, Ryan	Kingsley-Pierson	1994-140
Schwenke, Darrian.....	Atlantic-CAM	2014-126
Schwienebart, Craig.....	BCL, Conrad	1983-145
Schwitters, Jan	Iowa Falls.....	1957-HWT
Scorpil, Ben	West Liberty	1995-125
Scott, Gary	Corning.....	1975-185
Seabold, Matt	Burlington	2013-182
Seamon, Chuck.....	Cherokee.....	1926-135
Sebolt, T. J. (4).....	Centerville.....	2003-103; 2004-103; 2005-119; 2006-130
Seeber, Jerry.....	Osage.....	1951-145
Seely, Kane (2).....	Perry.....	2011-215; 2012-220
Seery, Kelly	New Hampton	1993-112
Seifert, Gerald	Ames.....	1970-145
Sellers, Clint	Chariton.....	2002-189
Sells, Mike	Cedar Falls.....	1976-145
Sergeant, Charles (2)	Marshalltown.....	1928-HWT; 29-HWT
Sesker, Matt	Forest City.....	1990-135
Severson, Arlin	New Hampton	1957-112
Severson, Larry.....	New Hampton	1957-95
Sexton, Phil	Prairie, CR	2006-140
Seymour, Roy.....	Camanche.....	1965-103
Shade, Tim	Des Moines, Tech	1966-145
Shaffer, Keevin.....	Lisbon.....	1982-145
Shaffer, Laramie (2)	Winterset	2004-119, 2005-125
Shandri, Nick.....	Southeast Polk.....	2006-215
Shaner, Ken	Alden	1962-138
Shane, Ben.....	Iowa Falls	1994-130
Shane, Marion.....	Iowa Falls	1930-95
Shapiro, Joel (2)	Valley, West Des Moines	2017-160; 2018-182
Shaw, Nate.....	Bettendorf	2012-285
Shedek, Mike (2)	Xavier, CR.....	2000-275; 2001-275

Shedenhelm, Chase.....	Denver-Tripoli	2013-182
Shedenhelm, Izaak	Denver/Tripoli.....	2016-195
Shepherd, William	Eldora Training School.....	1932-165
Sherburne, Phil.....	Waterloo, West	1966-138
Sherman, Larry.....	Davenport, Central.....	1963-HWT
Shiltz, Chase (3).....	Creston/Orient-Macksburg.....	2015-160; 2016-170; 2017-182
Shirk, Ben (2)	Wilton	1994-103; 1997-140
Shirley, Clyde	Charles City	1960-120
Shirley, Ron.....	Bettendorf	1952-HWT
Short, Bobby.....	Central Decatur, Leon.....	1988-126
Short, Justin	East Buchanan, Winthrop	1995-160
Showalter, Andy	Waterloo, West	1989-130
Shulista, Conner.....	Alburnett.....	2016-152
Shulista, Tyler (3)	Alburnett.....	2010-112, 2011-119; 2012-126
Shunkwiler, Dean	Mason City	1949-112
Sickles, Scott.....	Janesville	1970-175
Siebrecht, Cooper	Lisbon.....	20-18-145
Siegel, Johnny.....	New London/Winfield-Mt. Union	2007-140
Sielaff, David	Alden	1969-127
Sievert, Joe	Akron-Westfield.....	2009-160
Sievertsen, Al	Cedar Rapids, Jefferson	1963-127
Sifuentes, Slade (2).....	Lake Mills	2016-195; 2017-195
Silberstein, Alex	Ballard	2015-285
Sill, Russell.....	West Delaware.....	1964-154
Silver, Benji (2).....	Central City	1997-152; 1998-160
Simms, Brance	Twin River Valley, Bode.....	2011-112
Simons, Dutch (2)	Cherokee.....	1930-HWT; 1931-HWT
Simonson, Kyle	Algona	2007-215
Simpson, Brooks	Newton	1985-HWT
Simpson, John.....	Central Decatur, Leon.....	1979-UNL
Sinclair, Eric	Cedar Falls.....	1997-130
Sinclair, Terry	Indianola.....	1975-138
Sindlinger, Mark (3).....	Charles City	1981-SUP; 1982-SUP; 1983-SUP
Skopic, Zach.....	Spirit Lake Park.....	2014-145
Slaton, Joey (2).....	Cedar Rapids, Kennedy.....	2004-119; 2005-130
Slessor, Stan.....	Reinbeck	1966-120
Slifka, Kyle.....	Crestwood, Cresco	2006-275
Sloan, Tanner (2)	Alburnett.....	2016-170; 2018-195
Smith, Ben.....	Southeast Polk.....	1993-160
Smith, Bill	Des Moines, Roosevelt	1962-112
Smith, Charles.....	Cedar Rapids, Washington.....	1970-185
Smith, Dave.....	Iowa Valley, Marengo	1973-119
Smith, Dennis (2)	Creston.....	1975-112; 1976-119
Smith, Jack.....	Waterloo, East	1953-154
Smith, Jason.....	Ankeny	1966-165
Smith, Jessman.....	Southeast Polk.....	1998-171
Smith, Jesse.....	Southeast Polk.....	2005-215
Smith, Jordan	Dubuque, Senior	1969-145
Smith, Paul.....	Britt.....	1960-165
Smith, Randy (2)	Clarion.....	1973-185; 1974-185
Smith, Rex.....	Waterloo, Orange.....	1967-HWT
Smith, Todd.....	Denver.....	1981-185
Snakenberg, George.....	Sigourney	1980-145
Snover, Travis	Des Moines, Lincoln.....	2002-125
Snyder, Dan	Midland, Wyoming	1978-155
Snyder, Ken.....	Columbus, Waterloo	1971-138
Sorenson, Aaron	Forest City.....	2010-145
Sorenson, Andrew.....	Forest City.....	2007-152

Sorensen, Brandon (4)	Denver-Tripoli	2010-119; 2011-130; 2012-132; 2013-145
South, Garrett.....	CAM, Anita.....	2001-160
Speltz, Mark.....	New Hampton.....	1990-145
Sperry, Dan.....	Independence.....	1992-140
Spinka, Frank.....	Cedar Rapids, Jefferson.....	1965-154
Sponsler, Cale.....	Johnston.....	1988-112
Spooner, Alex.....	Forest City.....	2009-103
Spooner, Shane.....	Ankeny.....	2004-275
Sprague, Jeremy.....	Bondurant-Farrar.....	1994-103
Springer, Jack.....	Waterloo, West.....	1947-118
Springer, Jerry.....	Waterloo, West.....	1958-138
Staack, Kaleb.....	Waverly-Shell Rock.....	2014-285
St. John, Derek (2).....	Iowa City West.....	2007-135; 2008-145
Stamp, Dave.....	Tri-Center, Neola.....	1974-167
Stamp, Luke.....	Lewis Central.....	2006-152
Stamp, Mike.....	Lewis Central.....	2005-152
Stamp, Tait.....	Lisbon.....	1993-189
Stanley, Chad.....	Interstate 35, Truro.....	1993-135
Stanley, Cody.....	Wilton.....	2007-140
Stanley, Corey.....	Wilton.....	1995-119
Stanley, Justin (2).....	Wilton.....	1997-112; 1998-130
Stanley, Ross.....	Eldora Training School.....	1928-158
Stanley, Tim.....	Grundy Center.....	1984-185
Stapes, Klint.....	Interstate 35, Truro.....	2008-103
Starry, Corey.....	Cedar Rapids, LaSalle.....	1993-140
Stecher, Ken.....	Iowa City, City.....	1987-105
Steele, Gordon.....	Cherokee.....	1939-HWT
Steenlage, Bob (4)	Britt	1959-95; 1960-103; 1961-112; 1962-120
Steffen, Ryan.....	Crestwood.....	2018-145
Steffensmeier, Gary (2).....	Fort Madison.....	1986-112; 1987-119
Steffensmeier, Harlan.....	Fort Madison.....	2018-152
Steffen, Jeff.....	Cedar Rapids, LaSalle.....	1975-126
Steiert, Bryce (2).....	Waverly-Shell Rock.....	2014-145; 2015-160
Steiger, Ray (2).....	Cresco.....	1948-123; 1949-129
Stein, Curt.....	Gilmore City.....	1946-135
Stender, Sean.....	North Scott, Eldridge.....	2000-189
Stensrud, Mike.....	Lake Mills.....	1974-UNL
Stephani, Danny (2).....	North Central, Manly.....	1984-SUP; 1985-SUP
Sterner, Wes (2).....	Waterloo, East.....	1949-135; 1950-135
Sterns, Mitch.....	Fort Dodge.....	1976-126
Stevenson, Jeff (2).....	Britt.....	1971-119; 72-132
Stevenson, Mark (3).....	Britt.....	1973-119; 1974-138; 1975-145
Stevenson, Taras.....	Waterloo, West.....	1984-138
Stevens, Mark (2).....	Northwood-Kensett.....	1978-132; 79-132
Stevens, Tommy (2).....	Cherokee.....	1927-95; 29-95
Stevens, Tony (2).....	Waterloo, East.....	1966-127; 1967-133
Stewart, Brian.....	Lisbon.....	1990-130
Stewart, Jimmy.....	Cherokee.....	1939-95
Stewart, Lowell.....	Waterloo, West.....	1959-103
Stewart, Zach.....	Perry.....	2018-138
Stifter, Jack.....	Waverly.....	1957-138
Stillman, Rich (3).....	Emmetsburg.....	1975-138; 1976-145; 1977-155
Stinson, Paul (3).....	Waterloo, East.....	1963-103; 1964-112; 1965-112
Stirling, David.....	Clarksville.....	1991-135
Stirling, Steve.....	Clarksville.....	1989-135
Stockton, Brad.....	Iowa City, City.....	2002-130
Stogdill, Chris.....	Charles City.....	1988-SUP
Stoneking, Brett (2).....	Lisbon.....	1980-98; 1982-105

Stotts, Grant	Valley, West Des Moines	2016-132
Stoyanoff, Jimmie (3)	Waterloo, West	1940-85; 41-1995; 1942-105
Straight, Matt	Logan-Magnolia	1990-171
Stratton, Fritz	Muscatine	1981-167
Straw, Chase	Independence	2015-152
Straw, Reo	Iowa Valley, Marengo	1979-167
Strawn, Eric	Jefferson	1982-126
Streicher, Doug (2)	Starmont, Strawberry Point	1986-138; 1987-145
Streicher, Kent (3)	Starmont, Strawberry Point	1986-98; 1987-105; 1989-125
Strellner, Steve	South Tama County	1969-154
Strever, Don	Clarion	1928-95
Strohman, Dave	Algona	1983-145
Stroker, Fredy (3)	Bettendorf	2013-126; 2014-132; 2015-145
Strom, Phil	Fort Dodge	1936-HWT
Stroner, Erik	Webster City	1991-189
Strum, Ryan	Emmetsburg-Armstrong-Ringsted	2001-160
Struthers, Robert	Emmetsburg-Armstrong-Ringsted	2004-130
Suma, Brad	Cedar Rapids, Jefferson	1972-126
Sundell, Jesse (4)	Ogden	1998-103; 1999-112; 2000-112; 2001-119
Sutherland, Dana	Cedar Falls	1973-167
Sutton, Jereme	Williamsburg	1989-119
Swafford, Justin	Mediapolis	2002-125
Swain, Tim	Corning	1971-112
Swalla, Chris	Stuart-Menlo	1991-171
Sweeting, Dan	Highland, Riverside	1993-160
Sweeting, Tony	Highland, Riverside	1998-119
Swope, Steve	Oakland, Riverside	1996-125
Sword, Lloyd	Eldora	1936-115
Swoyer, Dan	Greenfield	1972-126
Swoyer, Don	Greenfield	1972-138
Swoyer, Randy (2)	Greenfield	1973-112; 74-126
Taft, Peter	Newman Catholic, Mason City	1991-103
Tanis, Paul	Dike	1976-85
Tate, Bill	Columbus, Waterloo	1983-155
Tate, Byron	Clinton	2008-215
Taute, Jim	Humboldt	1969-112
Taxted, Jamie (2)	Webster City	1996-103; 1997-112
Taylor, Larry (2)	Algona	1968-138; 1969-145
Taylor, Mitchell	Waterloo, East	1970-98
Taylor, Scott (2)	Midland, Wyoming	1977-105; 1978-112
Taylor, Tim	Council Bluffs, Abraham Lincoln	1970-115
Taylor, Travis	Prairie Valley, Gowrie	2007-119
Teague, Joe	Algona	2015-182
Terpstra, Randy	North Mahaska, New Sharon	1973-185
Teske, Brody (4)	Fort Dodge	2015-106; 2016-113; 2017-120; 2018-126
Thayer, Kris (2)	Odebolt-Arthur	2000-119; 2001-125
Theiler, Jeff (3)	Dowling Catholic, WDM	1988-126; 1989-140; 1990-145
Thomas, Blair	Cresco	1926-115
Thomas, Derric (3)	Newman Catholic, Mason City	2008-112; 2009-119; 2010-130
Thomas, Earl	Cresco	1934-115
Thomas, Frank	Davenport, Central	1967-180
Thomas, Paul	Cresco	1928-85
Thomas, Tom	Johnston	1967-138
Thoma, Steve	Don Bosco, Gilbertville	1988-138
Thome, Jake	Don Bosco, Gilbertville	2009-189
Thome, Irv	Don Bosco, Gilbertville	1981-167
Thompson, Andy	Clear Lake	1998-125

Thompson, Bob	Ames	1986-155
Thompson, Eric (2)	Waverly-Shell Rock	2007-215; 2008-285
Thompson, George	Davenport, Central	1960-175
Thompson, Jase	Newman Catholic, Mason City	2006-119
Thompson, Leonard	Janesville	1967-180
Thompson, Orin (2)	Mason City	1937-115; 1938-125
Thompson, Tom	Janesville	1961-138
Thomsen, Alex (4)	Underwood	2015-113; 2016-126; 2017-126; 2018-126
Thomsen, Leo (2)	Waterloo, West	1945-129; 1946-129
Thomsen, Logan	Union Community, LaPorte City	2013-152
Thomsen, Max (4)	Union, La Porte City	2012-113; 2013-126; 2014-138; 2015-145
Thomsen, Will	Jefferson-Scranton	1994-125
Thorpe, Mark	LeMars	1976-185
Thronson, Chance	Riceville	2017-132
Titus, Doug (2)	Carlisle	1992-112; 1993-119
Toft, Gabe	Spencer	1992-HWT
Tolander, Aaron	WACO, Olds	1980-167
Tool, Dave	Gilmore City-Bradgate	1983-132
Tool, Nate	Twin River Valley, Bode	2009-171
Tornberg, Jon	Valley, West Des Moines	1993-140
Tourtlotte, Gary (2)	Clarion	1964-112; 1965-112
Tracy, Brian	Greenfield	1971-185
Trauffer, Bob	Davenport	1952-133
Trees, Doug (2)	Greene	1968-112; 1969-120
Trees, Nate	Greene	1997-135
Trizzino, Nick	Bettendorf	2007-112
Tucker, Tracy	Spirit Lake	1988-126
Tucker, Trent	Creston/Orient-Macksburg	2008-140
Tuinstra, Ted	Des Moines, East	1962-HWT
Turk, Jack	Clarion	1948-95
Turnure, Earl	Eldora Training School	1931-165
Uker, Ben	Osage	1994-135
Ulven, Clark	Westwood, Sloan	1979-126
Underhill, Lennie	LDF, LeGrand	1970-115
Utesch, Chris	Akron-Westfield	2004-125
Uthoff, Vince	Prairie, CR	1975-126
Utley, Chad	New Hampton	1993-189
Valline, Ryan	East Marshall/GMG	2011-152
Van Arsdale, Mike	Waterloo, West	1982-145
Van Beek, Keith	Central Lyon, Rock Rapids	1985-105
Van Beek, Mark	Rock Valley	1994-112
Van Den Huevel, Ryan	Tri-County, Thornburg	1991-130
Van Dyke, Nathan	South Tama County	2003-152
Van Dyke, Tom	Clarke, Osceola	1996-275
Van Pelt, Cory	Winterset	2006-215
Van Wetzlinga, Rusty	Pleasant	1992-189
Vander Woude, Mike	Central Lyon, Rock Rapids	1989-160
Vanderhorst, Dennis	Ottumwa	1967-95
Vanlengen, Jed	Janesville	1998-171
Vaske, Daryl	West Delaware	1991-130
Vaske, Nathan	West Delaware	2009-130
Vercande, JC	Williamsburg	2012-145
Vesey, Terry	Assumption, Davenport	2001-140
Vipond, Tim	Algona	1963-138
Vogel, Mark	Jesup	1974-167
Vogel, Pat	Benton Community, Van Horne	1977-119

Voigt, Shawn	Mount Vernon	1985-138
Von Stein, Scott	Bondurant-Farrar	1981-HWT
Vornbrock, Paul.....	LeMars	1973-105
Voss, Nick	Pleasant Valley	2000-112
Vote, Dave.....	Gilmore City-Bradgate	1985-132
Wade, Dick.....	Des Moines, East.....	1951-HWT
Wadle, Gene	Southeast Warren	1969-138
Wagner, Colton	Belle Plaine	2009-140
Wagner, Jack (3).....	Bettendorf	2014-106; 2015-113; 2016-120
Wagner, Vinnie.....	Osage.....	2007-189
Wahle, Blu (2).....	Underwood.....	1998-152; 1999-160
Wahle, Zeb	Lewis Central	2012-160
Waid, Dan (2)	Crestwood, Cresco	1977-126; 1979-138
Waldon, Mel	Clarion.....	1949-HWT
Walker, David.....	Martensdale-St. Marys.....	2012-132
Walker, Jeff	Davenport, Central.....	1978-155
Walker, Robert (3).....	Martensdale-St. Marys.....	2010-140, 2011-140; 2012-145
Wallace, Ted	Greenfield	1971-132
Waller, Karl.....	Cedar Rapids, Washington.....	1971-119
Waller, Landy	Cedar Rapids, Washington.....	1967-127
Wall, Bob	Iowa Falls	1957-154
Warren, Brian	Des Moines North/Hoover.....	2011-140
Waschek, Jim	Cedar Falls.....	1970-HWT
Washburn, Hunter (2).....	Alburnett.....	2012-106; 2013-113
Waters, Jimmy (3)	Lewis Central	2005-160; 2006-171; 2007-189
Waters, Pat.....	Iowa City, City	1986-138
Watson, Anthony	Iowa City, City	2002-140
Watts, Jeff	Linn-Mar, Marion	1991-HWT
Watts, Josh (3)	Assumption, Davenport.....	1998-103; 2000-125; 2001-135
Weakley, Russ (2).....	Fort Madison	2004-103; 2005-112
Wearth, Steve.....	Ames	1968-180
Weatherman, Brock (2).....	Ballard, Huxley	2008-171; 2009-171
Weatherman, Tanner (3).....	Ballard	2009-135; 2010-152; 2011-171
Weatherman, Trent (2).....	Ballard, Huxley	2008-152; 2009-152;
Webb, Scott.....	Sigourney	1999-HWT
Weber, Daryl (2)	Don Bosco, Gilbertville.....	1990-135; 1991-145
Weber, Eric.....	Dubuque, Senior	1999-145
Weber, Lee.....	Don Bosco, Gilbertville.....	1995-171
Weber, Mark.....	Don Bosco, Gilbertville.....	2012-160
Weber, Nick.....	Clear Lake.....	2004-160
Webster, Don (2).....	Cresco.....	1956-112; 1957-120
Wedeking, Kevin	Charles City	1979-155
Wedemeier, Jerry	Waverly	1958-HWT
Wedgbury, Jason	Hampton-Dumont.....	1991-160
Wegner, Dennis	Wapsie Valley, Fairbank	1962-154
Welch, Jack.....	Des Moines, North	1970-155
Wells, Michael	Clarinda.....	2002-135
Welter, Clay (2)	Don Bosco, Gilbertville.....	2008-145; 2009-152
Welter, Cole (3).....	Don Bosco, Gilbertville.....	2007-103; 2009-125; 2010-135
Weltha, Paul (2).....	Ames	1986-HWT; 1987-HWT
Wempen, Matt.....	Linn-Mar, Marion	2012-106
Wenger, Josh	Prairie, CR	2015-138
Wernimont, Aaron	Pocahontas Area	2003-145
Wernimont, Chris	Pocahontas Area	2000-145
West, Bryce (3).....	Highland, Riverside; Solon.....	2015-120; 2016-120; 2017-120
West, Drew.....	Highland, Riverside	2014-106
Westcott, Don.....	Iowa City	1960-154

Whalen, Francis (Tux).....	New Hampton	1933-125
Whinnery, Randall.....	Fort Dodge	1929-125
White, Caleb.....	Tri-Center, Neola	2011-285
White, Curtis.....	Dowling Catholic, WDM	1988-167
Whitmer, Jesse.....	Eagle Grove	1990-103
Whitmer, John	Eagle Grove	1994-160
Wickman, Chad.....	West Delaware.....	1995-112
Wieland, Mel (3)	Cedar Rapids, Jefferson	1960-145; 1961-145; 1962-154
Wieland, Tony (2).....	Cedar Falls.....	1993-189; 1994-189
Wilbur, Steve.....	Indianola.....	1980-HWT
Wilcke, Cash (2).....	OA-BCIG	2014-182; 2015-195
Wilcox, Jack (2).....	Waterloo, West	1939-115; 1940-125
Wilcox, Roger (2)	Eagle Grove	1933-145; 1934-155
Wildeman, Parker.....	Cherokee, Washington	1990-275
Wildeman, Paul	Cherokee, Washington	1987-HWT
Wilder, Glenn.....	Waterloo, West	1989-189
Wilken, Caleb	Nashua-Plainfield.....	2010-285
Wilkerson, Norm.....	Ottumwa.....	1967-103
Wilkerson, Paul	Wapello	1991-103
Wilkes, Dick.....	Osage.....	1962-145
Willers, Travis.....	Pleasant Valley	2014-152
Willers, Tyler (2)	Pleasant Valley	2010-103; 2012-120
Willett, Mike.....	Cedar Falls.....	1976-UNL
Williams, Chad	Lisbon.....	1986-105
Williams, Donald	Des Moines, Tech	1969-112
Williams, Landon.....	Assumption, Davenport.....	2010-160
Williams, Loren (3)	Tri-Center, Neola	2011-145; 2012-152; 2013-152
Williams, Nick (2)	Lisbon.....	2014-120; 2016-138
Williams, Steve.....	Charles City	1989-160
Williamson, Kurtis.....	Eagle Grove	1999-152
Willis, Larry.....	Clarion.....	1959-120
Wilson, Bill.....	Ankeny	1986-132
Wilson, Bob	Waterloo, West	1944-155
Wilson, Bruce	Waterloo, West	1972-145
Wilson, Carrol.....	Clarion.....	1926-158
Wilson, John.....	Clarion.....	1972-112
Wilson, Merle.....	Clarion.....	1948-HWT
Wilson, Morris.....	Clarion.....	1958-120
Wilson, Quinn	Riverside, Oakland.....	2010-171
Wilson, Reece	Waterloo, West	1969-175
Wilson, Rich (2).....	Belmond	1974-112; 1976-126
Winborn, Ed.....	Davenport, Central.....	1959-145
Winder, John	Waterloo, West	1952-165
Winder, Tom.....	Waterloo, West	1955-133
Windfield, Dylan	Alburnett.....	2013-160
Winkey, Brandon	Ames.....	2000-140
Winters, Wade.....	Bondurant-Farrar	1964-HWT
Wirfs, Tristan	Mount Vernon	2017-285
Witte, Zach (2).....	Prairie, CR	2011-145; 2012-152
Wolfensperger, Gunnar.....	Denver-Tripoli	2010-112
Wolfensperger, Levi (2).....	Denver-Tripoli	2009-119; 2010-125
Woltz, Mark	Waverly-Shell Rock.....	1976-155
Wood, Chay.....	Chariton.....	1997-152
Wood, Gary	Centerville	1974-132
Wood, Taylor.....	Chariton.....	2000-130
Woods, Patrick	West Delaware.....	2013-106
Woodward, Jacob	Bettendorf	2013-138
Woolsey, Bruce	Waterloo, Orange.....	1963-95

Wrage, Dylan.....	Waverly-Shell Rock.....	2008-189
Wriedt, Wyatt (2)	North Scott, Eldridge	2016-220; 2017-220
Wright, Pat.....	Bettendorf	1973-185
Yoder, Clark (3).....	Sigourney	1978-126; 1979-132; 1980-132
Yoder, Ross.....	Sigourney	1978-145
Yonkovic, Tyler.....	Maquoketa Valley, Delhi	2014-285
Young, Clint.....	Algona	1967-145
Young, Mike	Emmetsburg.....	1988-138
Young, Travis	Indianola.....	1987-138
Zach, Al	Prairie, Cedar Rapids.....	1969-120
Zachary, Michael (2)	Dowling Catholic, WDM	2015-132; 2016-145
Zalesky, Jim (2).....	Prairie, Cedar Rapids.....	1978-145; 1979-145
Zalesky, Lenny	Prairie, Cedar Rapids.....	1977-126
Zander, Lloyd	Tripoli	1972-185
Zander, Paul.....	Tripoli	1968-180
Zaputil, Chad (2)	Centerville	1987-119; 1988-119
Zaputil, Chase (2).....	Centerville	1993-103; 1995-112
Zell, Harold	Waterloo, East	1940-HWT
Zenor, Glenn	Cedar Rapids, Kennedy	1974-167
Zepeda, Dan.....	Des Moines, Lincoln.....	2002-171
Zidlicky, Dave	Decorah.....	1972-145
Zimmerman, Don	Cedar Rapids, Jefferson	1973-138
Zimmerly, Mike	Independence	2005-275
Zuspan, Joe.....	Fort Dodge	1974-138

Updated Dec. 30, 2018