

STATE WRESTLING TOURNAMENT INFORMATION SHEET

TIME SCHEDULE AND WEIGH-INS - WEIGH-INS WILL TAKE PLACE 2 HOURS BEFORE THE FIRST SESSION IN WHICH A WRESTLER COMPETES EACH DAY. All weigh-ins will begin at the 103# weight class and proceed through the 285# weight class. Wrestlers will be called to the scale alphabetically, by school. As per NFHS rules, the consecutive day scale allowance is in effect up to a maximum of 2 pounds. *Wrestlers weighing in for the first time on Wednesday will receive a 1-pound scale allowance on Thursday and an additional pound on Friday, but will receive NO scale allowance on Saturday. Wrestlers weighing in for the first time on Thursday will receive a 1-pound scale allowance on Friday and an additional pound on Saturday.* A schedule for the Tournament, including weigh-in times, has been enclosed.

WEIGH INS FOR THE FINALS WILL BE CONDUCTED AT 4:00PM ON SATURDAY. ALL COACHES MUST BE AWARE OF THIS AS WRESTLERS ARE REQUIRED TO BE IN THE WEIGH-IN AREA WHEN WEIGH-INS BEGIN.

Weigh-ins, and packet pick up, will take place in the basement of Vet's Auditorium. Team personnel will use the northeast entrance on Crocker Street, as in the past. **This entrance will be posted as the "WEIGH-IN & PACKET PICK UP ENTRANCE" and will OPEN ONE HOUR BEFORE WEIGH-INS** are officially scheduled to begin so wrestlers can check their weight before the official weigh-in period. All bags, etc. should be brought with you from the weigh-in area to the Arena as there will be NO SECURITY in the weigh-in area, except during weigh-ins. ***Please remember, everyone is responsible for their own valuables.***

TEAM PACKET AND SECURITY WRIST BANDS - At the weigh-in entrance, coaches will sign for their packet of materials, including security wrist bands for all team personnel. **Security wrist bands are required to gain entrance through the Wrestler and Worker Entrance and the Tunnel Entrance at Wells Fargo Arena.**

These wrist bands will allow team personnel access through these entrances for the entire tournament, regardless of how far a school's wrestler(s) advances in the tournament. Security wrist bands are NOT removable and MUST be worn on the wrist to gain access to Wells Fargo Arena. **Anyone NOT wearing a band on their wrist will NOT be allowed access to Wells Fargo Arena through the Wrestler & Worker Entrance or Tunnel Entrance,** which means they will have to buy a ticket and sit in the spectator seating area to watch wrestling. Only those personnel with security wrist bands will be allowed access to the floor level of the Arena. Damaged wrist bands can be ***returned and replaced*** at the Head Table and in the east hallway next to Warm up Area A. **After entering through the Wrestler & Worker Entrance or Tunnel Entrance, security wrist bands will allow access to the spectator seating area through a designated access point.**

Schools qualifying three, or more, wrestlers will be given a security wrist band for ONE team manager. Schools ordering additional coaches wrist bands, and/or ONE wrist band for the sports medicine professional traveling with their team, will also find these bands in their packet. These people MUST wear the security wrist band on their wrist to gain access to the wrestler entrance at Wells Fargo Arena.

AWARDS - Wrestlers placing first - eighth in the tournament will receive their medals on the award stand shortly after the finals match in each weight class. Wrestlers on the award stand **MUST** wear school issued warm ups. A photographer will take pictures of the awards ceremony and pictures may be ordered at tables located on the main concourse level of the Arena. The championship coach of the first-place wrestler in each weight class (Class 1A, 2A & 3A) will present the medals to wrestlers on the award stand.

At the conclusion of the 285-pound awards, the **teams placing 3rd - 1st respectively, in each class (1A, 2A & 3A)** will be asked to report to their respective mats for recognition and a picture for the plaques which will be sent to your school following the tournament.

At the conclusion of these team presentations, the **individual state champions in each weight class** will be asked to report to their respective mats for a picture.

BANNERS, SIGNS, HOOPS, CONFETTI, ETC., PROHIBITED - The Board of Control of the IHSAA prohibits spectators from displaying any banners or signs, using artificial noise makers, as well as, the use of confetti, etc. Cheerleaders are prohibited from using a paper hoop designed for athletes to run through when coming onto the mat. Wells Fargo Arena security will not allow any of these items into the Arena. Any of these items discovered in the Arena will be confiscated.

CHEERLEADERS - Please refer to the cheerleader letter and information sheet that is enclosed.

CHECKING WEIGHTS - Wrestlers will be allowed to check their weight on Tuesday evening, February 12 from 7:00pm - 9:00pm in the basement of Vet's Auditorium. A scale will also be available in the locker room at the Arena throughout the tournament so wrestlers can check their weight.

COACHES BREAKFAST & MEETING - All coaches are invited to the IWCOA breakfast at 7:30am, Saturday, February 16, 2008. Please refer to the enclosed map for the designated entrance for the breakfast. The IWCOA meeting will be held immediately after breakfast. *(Weigh-ins for consolation finals will be conducted at 10:00am in Vet's Auditorium.)*

COACHES HOSPITALITY ROOM - A coaches' and workers' hospitality room will be available on wrestling level of Wells Fargo Arena. This room is only accessible to those coaches wearing a security wrist band.

FOOD & DRINK - Team personnel are allowed to bring food and drink into the Arena through the Wrestler & Worker Entrance or Tunnel Entrance. It is NOT permissible to bring food into the spectator seating areas.

GRAND MARCH - The Grand March is scheduled for 6:00pm Saturday evening. Wrestlers placing first-eighth in the Tournament should report no later than 5:00pm to line up for the Grand March. **Weight classes 103# - 140# report to Warm Up Area A and weight classes 145# - 285# report to Warm Up area B.** Wrestlers in the Grand March MUST wear school issued warm ups.

IOWA WRESTLING COACHES AND OFFICIALS ROOM - A room for IWCOA members is available in the Southwest corner of the 300 level of Wells Fargo Arena. This is NOT a hospitality room, but is a place for members of the IWCOA to conduct any business they may have during the tournament. Access is by way of the elevators in either the Southeast or Northwest corners of WFA. When exiting either elevator turn right.

LOCKER ROOMS - Locker rooms are available for wrestlers. These locker rooms are large enough so ALL wrestlers can plan on showering at the Arena when they are finished wrestling for the day. This will help alleviate any concerns about wrestlers becoming ill or developing a communicable skin condition from not showering. Soap & towels are NOT provided in the locker rooms. Each wrestler should bring their own soap. **DO NOT KEEP VALUABLES IN THE LOCKER ROOM. EACH SCHOOL IS RESPONSIBLE FOR KEEPING THEIR VALUABLES**

WITH THEM AT ALL TIMES!

PERSONNEL PERMITTED AT MAT SIDE - A maximum of **TWO school personnel are permitted at mat side**. If your school has paid for a security wrist band for an Athletic Trainer, or other sports medicine professional, to travel with your team they are expected to stay in the sports medicine areas reserved for them, unless an injury occurs.

PHOTOGRAPHY - Spectators may take pictures and video from their seats as long as no external power is utilized. Taking pictures or videotaping in the aisles is strictly prohibited. No photos or videotape may be sold, or otherwise redistributed, without written permission from the Iowa High School Athletic Association. **Award stand photo orders will be taken on the main concourse level on Friday and Saturday**. Questions about award stand photos should be directed to Chad Elsberry at the Athletic Association. His e-mail address is <celsberry@iahsaa.org>

The Iowa High School Athletic Association has contracted with Visual Image Photography (VIP) to provide photographic coverage of State Wrestling Tournament. The VIP photographers will take action photos throughout the tournament. VIP will also take photos of the teams placing first - third at the state tournament and the group shots of the individual champions in each class. After the tournament, photos will be posted on the www.vipis.com web site for preview and ordering by parents and others. VIP will also have a display at the tournament regarding previewing and ordering photos. All inquires regarding VIP photos should be made through their web site or by calling 1-800-577-9570.

PICTURES AND VIDEO - **ONLY bona-fide media are permitted to take pictures and shoot video at mat side**. Coaches, managers, and wrestlers are NOT allowed to do so. Coaches, managers, or wrestlers taking pictures or shooting video at mat side will be asked to leave the area.

SEATING FOR TEAM PERSONNEL - Seating for team personnel during sessions 1-9 will be directly behind the Head Table and at the end of the Arena directly opposite the head table. Only those personnel wearing security wrist bands will allowed to sit in these areas. For the finals, a special seating area will be provided on the floor for those wrestlers in the Grand March. An area off the main floor will be provided for other team personnel wearing security bands. **NO TEAM PERSONNEL WILL BE PERMITTED INTO SPECTATOR AREAS UNTIL 15 MINUTES AFTER THE SPECTATOR DOORS OPEN.**

SCORING - Eight place team scoring will be used at the State Tournament (16-12-9-

7-5-3-2-1).

SKIN CHECKS AND COMMUNICABLE SKIN CONDITION FORMS - Skin checks will be performed at weigh-ins for each class (1A, 2A & 3A). Any wrestlers with suspect skin conditions **MUST** present a current, completed **Wrestling Skin Condition Report** signed by a medical professional stating the condition is NOT communicable. Even if the wrestler presents the appropriate form, if there is any question whether the condition is communicable the on-site tournament physician will have final authority as to whether the wrestler competes in the tournament.

SPORTSMANSHIP - **Athletic Directors & Head Coaches, be sure to visit with your assistant coaches and wrestlers about sportsmanship at the tournament.** Emotions can run high at the tournament and it would be very unfortunate for a coach or wrestler to be ejected from the tournament due to poor behavior.

SPORTS MEDICINE PERSONNEL - **The Athletic Association provides tournament physicians and athletic trainers for the tournament.** Each school is allowed ONE qualified sports medicine professional to accompany their wrestlers, and have access to the floor, **if** they have purchased a security wrist band for this person **IN ADVANCE**.

SPOUSE TICKETS - Tickets will **ONLY** be sold at the ticket windows or, for the first session in each class, in advance at the school. **NO** tickets will sold at the cheerleader or the wrestler entrance. **The ONLY place coaches' spouses can buy tickets at the Arena is at one of the ticket windows.**

TRAVEL EXPENSE ALLOWANCE - Expense allowances for the State Wrestling Tournament can be found in the wrestling section of the current IHSAA Handbook.

WARM UP AREAS - **Warm up areas are provided at Wells Fargo Arena and in the basement of Vet's Auditorium.** You will be directed to these areas when you arrive. A map of the floor of the Arena has been supplied to assist you in finding your way around the Arena.

WORKOUT AREA - **The basement of Vet's Auditorium will be open during the tournament for state tournament qualifying wrestlers to work out, but they must be wearing a security wrist band to have access to this area.** Anyone not wearing a wrist band will **NOT** be allowed in the basement of Vet's Auditorium.

WRESTLERS ENTRANCES TO THE ARENA - The wrestler entrances to Wells Fargo Arena are located at the Northeast corner on 2nd Avenue **and through the**

tunnel from the basement of Vet's Auditorium. These are the ONLY entrances team personnel will be admitted free-of-charge, IF they are wearing a security wrist band. **ONLY TEAM PERSONNEL WEARING SECURITY WRIST BANDS WILL ADMITTED THROUGH THESE ENTRANCES.**