

***IOWA HIGH
SCHOOL ATHLETIC
ASSOCIATION***

***LIST OF APPROVED
BODY
COMPOSITION
ASSESSMENT
METHODS AND
PERSONNEL
2013-14***

**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
LIST OF APPROVED BODY COMPOSITION
ASSESSMENT METHODS, 2013-14**

***** BOD POD AIR DISPLACEMENT**

***** FUTREX NEAR-IR INFRARED PHOTOSPECTROMETRY MACHINES
(ONLY THE FOLLOWING MODELS ARE PERMITTED)**

5000 A/WL
5500 A/WL

***** HYDROSTATIC WEIGHING**

***** SKIN FOLD MEASUREMENTS
(ONLY HIGH QUALITY METAL ALLOY CALIPERS ARE
ALLOWED)**

***** TANITA SCALES/BODY COMPOSITION ANALYZERS:
(ONLY THE FOLLOWING MODELS ARE PERMITTED)**

TBF-300A - Using the STANDARD Mode ONLY
TBF-300WA - Using the STANDARD Mode ONLY

The personnel *listed alphabetically by city* on the following pages are available to perform body composition assessments on high school wrestlers. It is important to contact assessment personnel early to assure you can schedule assessment at a convenient time.

Organization: Algona Community Schools
Contact Person: Dan Schreiber, PE Teacher
Mailing Address: 803 East Call
City: Algona
State: IA
Zip: 50511
Phone: 515-341-7851
Fax:
E-mail: dschribe@netamumail.com
Assessment Method: Skinfolds
Cost at School: \$7
Cost at Agency: \$7
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.45

Organization: Accelerated Rehabilitation Centers
Contact Person: Sarah Short, MBL, LAT
Mailing Address: 3160 8th St. SW Suite I
City: Altoona
State: IA
Zip: 50009
Phone: 563-543-3505
Fax: 515-967-4899
E-mail: sbanwarth@acceleratedrehab.com
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0

Organization: Ames High School
Contact Person: Kayla Kleihauer, LAT
Mailing Address: 1921 Ames High Drive
City: Ames
State: IA
Zip: 50013
Phone: 712-540-5708
Fax: 515-817-0617
E-mail: kaylak@iastate.edu
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Bruhl Chiropractic
Contact Person: Brad Bruhl, DC
Mailing Address: 501 Main Street
City: Ames
State: IA
Zip: 50010
Phone: 515-232-6171
Fax: 515-232-2295
E-mail: bruhldrb@aol.com
Assessment Method: Skinfolids
Cost at School: \$7
Cost at Agency: \$5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: McFarland Clinic, PC
Contact Person: Cassie Franklin, LAT
Mailing Address: 2707 Stange Road, Suite 102
City: Ames
State: IA
Zip: 50010
Phone: 515-956-4014
Fax: 515-292-7200
E-mail: cfranklin@mcfarlandclinic.com
Assessment Method: Skinfolids
Cost at School: \$3
Cost at Agency: \$3
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Christina Ditch
Contact Person: Christina Ditch
Mailing Address: 1002 East Main St
City: Anamosa
State: IA
Zip: 52205
Phone: 319-821-0921
Fax: 319-462-2332
E-mail: cditch@cr.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$7
Cost at Agency: \$10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0

Organization: Starmont High School
Contact Person: Lindy Tommasin, ARNP
Mailing Address: 3202 40th St
City: Arlington
State: IA
Zip: 50605
Phone: 319-238-1555
Fax: 319-283-1430
E-mail:
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Iowa Specialty Hospital
Contact Person: Jamie Schoenherr, LAT
Mailing Address: 504 E Main St
City: Belmont
State: IA
Zip: 50421
Phone: 641-444-5650
Fax: 641-444-5556
E-mail: jamie.schoenherr@iaspecialty.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Bettendorf High School
Contact Person: Eric Knudson, LAT
Mailing Address: 3333 18th Street
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-332-4516 EXT 6134
Fax: 563-332-8716
E-mail: eknudson@bettendorf.k12.ia.us
Assessment Method: Futrex
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Picchiotti Wellness Central
Contact Person: Robert S Picchiotti, DC
Mailing Address: 3430 Towne Pointe Drive
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-332-2204
Fax: 563-332-2205
E-mail: rspicchiotti@gmail.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ 0

Organization: Pleasant Valley Community Schools
Contact Person: Jason Viel, LAT
Mailing Address: 604 Belmont Road
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-370-3379
Fax: 563-823-1952
E-mail: vieljason@pleasval.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Kincart Physical Therapy Services
Contact Person: Brian Sharp, PT
Mailing Address: PO Box 145
City: Bloomfield
State: IA
Zip: 52537
Phone: 641-664-7086
Fax: 641-664-3846
E-mail: bsharp@daviscountyhospital.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 1 miles
Mileage Rate: \$ 0

Organization: Boone Rehab Services
Contact Person: Samantha Frost, LAT
Mailing Address: 1015 Union Street
City: Boone
State: IA
Zip: 50036
Phone: 319-415-1212
Fax: 515-433-0701
E-mail: safrost4@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0.55

Organization: BGM High School
Contact Person: Corwin Stuart, Health Teacher
Mailing Address: 1090 Jackson Street
City: Brooklyn
State: IA
Zip: 52211
Phone: 641-522-9268
Fax: 641-522-7009
E-mail: cstuart@brooklyn.k12.ia.us
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 35 miles
Mileage Rate: \$ 0.56

Organization: SE IA Ortho & Sports Medicine, PC
Contact Person: Tina Conner, RN
Mailing Address: 600 North Main Street
City: Burlington
State: IA
Zip: 52601
Phone: 319-750-1908
Fax: 319-758-9143
E-mail: tconner5@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.2

Organization: 21st Century Rehabilitation
Contact Person: Nicole Pontier
Mailing Address: 125 North 1st Street, PO Box 542
City: Carlisle
State: IA
Zip: 50047
Phone: 515-989-0100
Fax: 515-989-1095
E-mail: carlisle@21stcenturyrehab.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.4

Organization: Family & Specialty Medical Center
Contact Person: Brian Bellinghausen, PTA
Mailing Address: 515 North Main Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-792-4000
Fax: 712-792-3554
E-mail: brian@familymedcenter.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Family & Specialty Medical Center
Contact Person: Monica Steinborn, LAT
Mailing Address: 515 North Main Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-792-4000
Fax: 712-792-3554
E-mail: tandmsteinborn@iowatelecom.net
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: St. Anthony Regional Hospital
Contact Person: Steve Schable, ATC/L
Mailing Address: 311 South Clark Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-794-5241
Fax: 712-794-5001
E-mail: sschable@stanthonyhospital.org
Assessment Method: Skinfolds
Cost at School: \$8
Cost at Agency: \$8
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.5

Organization: Cascade High School
Contact Person: Matt Breitbach, Athletic Director
Mailing Address: 505 Johnson St
City: Cascade
State: IA
Zip: 52033
Phone: 563-852-3201
Fax:
E-mail: matt.breitbach@wdbqschools.org
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Cedar Falls High School
Contact Person: Pete Watters, LAT
Mailing Address: 1015 Division Street
City: Cedar Falls
State: IA
Zip: 50613
Phone: 319-215-0814
Fax: 319-277-6223
E-mail: h2obrothers@aol.com
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Cedar Valley Medical Specialists
Contact Person: Shantelle Weichers, LAT
Mailing Address: 1214 Orchard Drive
City: Cedar Falls
State: IA
Zip: 50613
Phone: 319-239-2738
Fax: 319-833-5901
E-mail: shaniweichers@cfu.net
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0

Organization: Jefferson High School
Contact Person: Katie Kimmich, LAT
Mailing Address: 1243 20th Street, SW
City: Cedar Rapids
State: IA
Zip: 52404
Phone: 319-654-6114
Fax: 319-398-2149
E-mail: kkimmich@mercyare.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Kennedy High School
Contact Person: Lynn Groth, LAT
Mailing Address: 4545 Wenig Dr, NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-558-2328
Fax: 319-294-1222
E-mail: lagroth@aol.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Linn County Physical Therapy
Contact Person: Kevin Lux, PT
Mailing Address: 1825 29th Street, NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-362-6994
Fax: 319-368-3399
E-mail: kmlux@lcpt.org
Assessment Method: Skinfolids
Cost at School: \$7
Cost at Agency: \$7
Maximum Travel Distance: 25 miles
Mileage Rate: \$ 0.4

Organization: Unity Point Health - St. Luke's Spts Med. Ctr
Contact Person: Chris Pickering, LAT
Mailing Address: 830 First Avenue NE
City: Cedar Rapids
State: IA
Zip: 52406
Phone: 319-369-8749
Fax: 319-368-5521
E-mail: chris.pickering@unitypoint.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.55

Organization: Washington High School
Contact Person: Michelle Bartels, LAT
Mailing Address: 2205 Forest Drive, SE
City: Cedar Rapids
State: IA
Zip: 52401
Phone: 319-350-4865
Fax: 319-398-2227
E-mail: mbartels@mercy.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Center Point-Urbana Schools
Contact Person: William Miller
Mailing Address: 145 Iowa Street, PO Box 296
City: Center Point City
State: IA
Zip: 52213
Phone: 319-560-3595
Fax: 319-849-2068
E-mail: willmilluni@gmail.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Special Medical Services Corp.
Contact Person: Bret Kruthoff, LAT
Mailing Address: 800 11th Street
City: Charles City
State: IA
Zip: 50616
Phone: 641-228-6344
Fax: 641-257-4339
E-mail: smscorp@fiai.net
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Cherokee Regional Medical Center
Contact Person: Jodi Schlichting, LAT
Mailing Address: 300 Sioux Valley Drive
City: Cherokee
State: IA
Zip: 51012
Phone: 712-261-0597
Fax: 712-225-2173
E-mail: jodi@sequinsbridalboutique.com
Assessment Method: Skinfolids/Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Iowa Specialty Hospital
Contact Person: Dr. Jon Ahrendsen, MD
Mailing Address: 215 13th Avenue, SW
City: Clarion
State: IA
Zip: 50525
Phone: 515-532-2836
Fax: 515-532-2523
E-mail: jon.ahrendsen@iaspecialty.com
Assessment Method: Skinfolds/Tanita
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.5

Organization: Laube's Cutting edge Fitness ILC
Contact Person: Jason Laube
Mailing Address: 5 Teamquest Way
City: Clear Lake
State: IA
Zip: 50428
Phone: 641-357-5515
Fax: 641-357-5415
E-mail: j_02_laube@hotmail.com
Assessment Method: Skinfolds
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.2

Organization: Clinton High School
Contact Person: Kurt Flathers, LAT
Mailing Address: 817 8th Ave, South
City: Clinton
State: IA
Zip: 52731
Phone: 563-212-0763
Fax: 563-243-2415
E-mail: kflathers@clintonia.org
Assessment Method: Skinfolds
Cost at School: \$6
Cost at Agency: \$6
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.39

Organization: Dr. Brian Masonholder, DO
Contact Person: Dr. Brian Masonholder, DO
Mailing Address: 109 East Walnut Street
City: Columbus Junction
State: IA
Zip: 52738
Phone: 319-728-2429
Fax: 319-728-7600
E-mail: jmason59@iowatelecom.net
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 1 miles
Mileage Rate: \$ 0

Organization: Performance Therapies, PC
Contact Person: Molly Camacho, PT, LAT
Mailing Address: 3290 Ridgeway Drive, Suite 3
City: Coralville
State: IA
Zip: 52241
Phone: 319-665-2630
Fax: 319-665-2631
E-mail: mollyptatc@yahoo.com
Assessment Method: Skinfolds
Cost at School: \$7
Cost at Agency: \$7
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0.42

Organization: South Central Athletic Training
Contact Person: Joel Petty, LAT
Mailing Address: 1875 80th
City: Corydon
State: IA
Zip: 50060
Phone: 641-203-8642
Fax: 641-203-8642
E-mail: pettyfarms@me.com
Assessment Method: Skinfolds
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.55

Organization: Jennie Edmundson Spts Med
Contact Person: Dave Byrne, LAT
Mailing Address: 900 Woodbury Avenue
City: Council Bluffs
State: IA
Zip: 51503
Phone: 712-328-8307
Fax: 712-328-3224
E-mail: dave.byrne@nmhs.org
Assessment Method: Skinfolts
Cost at School: \$9
Cost at Agency: \$9
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0

Organization: Greater Regional Medical Center
Contact Person: Nancy Anthony, RN
Mailing Address: 1700 West Townline Street
City: Creston
State: IA
Zip: 50801
Phone: 641-782-3518
Fax: 641-782-3894
E-mail: nancya@greaterregional.org
Assessment Method: Futrex
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.55

Organization: CNOS
Contact Person: Brandon Marreel, LAT
Mailing Address: 575 Sioux Point Road
City: Dakota Dunes
State: SD
Zip: 57049
Phone: 712-251-6839
Fax:
E-mail: brandon.marreel@cnosfoundation.org
Assessment Method: Skinfolts
Cost at School: \$8
Cost at Agency: \$8
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Ben Jobgen, LAT
Contact Person: Ben Jobgen, LAT
Mailing Address: 806 North Meadows Court
City: Davenport
State: IA
Zip: 52806
Phone: 563-386-3251
Fax:
E-mail: bmgjobu@gmail.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Central High School
Contact Person: Steve Knoche, LAT
Mailing Address: 1120 North Main Street
City: Davenport
State: IA
Zip: 52803
Phone: 563-323-9900
Fax: 563-323-3110
E-mail: knoches@davenportschools.org
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: North High School
Contact Person: Kenton Glover, LAT
Mailing Address: 626 West 53rd St
City: Davenport
State: IA
Zip: 52806
Phone: 563-388-9880
Fax: 563-388-9456
E-mail: gloverkenton042@gmail.com
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Rock Valley Physical Therapy
Contact Person: Devin Mattson, ATC
Mailing Address: 1008 35th Street
City: Davenport
State: IA
Zip: 52806
Phone: 563-324-2263
Fax: 563-324-0719
E-mail: devin.mattson@rockvalleypt.com
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ 0.55

Organization: Team Rehab, L.C.
Contact Person: Derek Rausch, LAT
Mailing Address: 516 Montgomery Street
City: Decorah
State: IA
Zip: 52101
Phone: 563-382-4770
Fax: 563-382-4785
E-mail: derek@teamrehab.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0

Organization: Winneshiek Medical Center
Contact Person: Jessica Morken, MS, ATC
Mailing Address: 901 Montgomery Street
City: Decorah
State: IA
Zip: 52101
Phone: 563-387-3031
Fax: 563-382-1582
E-mail: morkenj@winmedical.org
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.5

Organization: Physiotherapy Associates
Contact Person: Allison Klapperich, MS, LAT
Mailing Address: 450 Laurel Street
City: Des Moines
State: IA
Zip: 50314
Phone: 515-323-6485
Fax: 515-323-6486
E-mail: allison.klapperich@physiocorp.com
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0.5

Organization: Hempstead High School
Contact Person: Megan Weber, LAT
Mailing Address: 3715 Pennsylvania Avenue
City: Dubuque
State: IA
Zip: 52002
Phone: 563-581-0141
Fax: 563-552-5231
E-mail: megod13@gmail.com
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Dubuque Senior High School
Contact Person: Ronda Humpal, ATC, LAT
Mailing Address: 1800 Clarke Drive
City: Dubuque
State: IA
Zip: 52002
Phone: 563-552-5674
Fax: 563-552-5702
E-mail: rhumpal@dbqschools.org
Assessment Method: Skinfolds/Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Wahlert Catholic High School
Contact Person: Tracy Steffen, MS,ATC, LAT
Mailing Address: 2005 Kane Street
City: Dubuque
State: IA
Zip: 52001
Phone: 563-583-9771
Fax: 563-583-9775
E-mail: tsteffen@holyfamilydbq.org
Assessment Method: Skinfolids/Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: North Scott High School
Contact Person: Kathi Washam, Activities Secretary
Mailing Address: 200 South 1st Street
City: Eldridge
State: IA
Zip: 52748
Phone: 563-285-3207
Fax:
E-mail: kathi.washam@north-scott.k12.ia.us
Assessment Method: Skinfolids or Tanita Scale
Cost at School: \$5
Cost at Agency: \$0
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0

Organization: Kathryn Fassbinder
Contact Person: Kathryn Fassbinder, MS, RD/LD
Mailing Address: 1003 200th Street
City: Elgin
State: IA
Zip: 52141
Phone: 563-426-5462
Fax: 563-426-5462
E-mail: honeybee@alpinecom.net
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Western Dubuque Community Schools
Contact Person: Susan Thiesen, LAT
Mailing Address: 302 5th Avenue, SW
City: Epworth
State: IA
Zip: 52045
Phone: 563-876-3442 ext 3062
Fax: 563-876-5512
E-mail: trainersue@live.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Helmich Chiropractic Clinic
Contact Person: Nick Helmich, DC
Mailing Address: 1820 Central Avenue
City: Estherville
State: IA
Zip: 51334
Phone: 712-362-5236
Fax: 712-362-4490
E-mail: nick_helmich@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.5

Organization: Medical Arts Clinic
Contact Person: Michael Greiner, MD
Mailing Address: 2000B South Main Street
City: Fairfield
State: IA
Zip: 52556
Phone: 641-472-4156
Fax: 641-472-9436
E-mail: mgreiner@medicalartsclinic.net
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Forest City Chiropractic & Sport Clinic
Contact Person: Jim Brockhohn, DC
Mailing Address: 245 North Clark Street
City: Forest City
State: IA
Zip: 50436
Phone: 641-585-3032
Fax: 641-585-2382
E-mail: fcsports@wctatel.net
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0.5

Organization: Linda Freiha, ATC
Contact Person: Linda Freiha, ATC
Mailing Address: 129 Sweet Grass Lane
City: Forest City
State: IA
Zip: 50436
Phone: 319-560-1490
Fax: 641-585-8184
E-mail: lfreiha@gmail.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Active Health Chiropractic
Contact Person: Joshua J Mason, DC
Mailing Address: 1523 2nd Ave N
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-227-7491
Fax: 888-594-7231
E-mail: jmasondc@msn.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 1

Organization: Highland Park Rehab Center
Contact Person: Michelle Mann, LAT
Mailing Address: 821 S 25th Street
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-574-6919
Fax: 515-573-8327
E-mail: Michelle.Mann@unitypoint.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0

Organization: Orthopedic Specialists
Contact Person: Dean Kirschenmann, LAT
Mailing Address: 2700 1st Avenue, South Ste 100
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-955-6767
Fax: 515-576-8581
E-mail: dean.kirschenmann@orthopedicspecialists.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.55

Organization: Wood Chiropractic Clinic
Contact Person: Scott Wood, DC
Mailing Address: 232 State Street
City: Garner
State: IA
Zip: 50438
Phone: 641-923-2059
Fax: 641-923-2059
E-mail: wooddc@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Total Rehab-Ortho./Sports Spec.
Contact Person: Stacey Alberts, PT
Mailing Address: 234 West Street South
City: Grinnell
State: IA
Zip: 50112
Phone: 641-236-4506
Fax: 641-236-4316
E-mail: stacey@totalrehab-pt.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Guthrie County Hospital
Contact Person: Sheyrl Clark, PT
Mailing Address: 710 North 12th Street
City: Guthrie Center
State: IA
Zip: 50115
Phone: 641-332-3810
Fax: 641-332-3809
E-mail: sheyrlc@gcho.org
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.56

Organization: Cornerstone Family Practice
Contact Person: Dr. Jeff Hoffmann, DO
Mailing Address: 200 Main Street
City: Guttenberg
State: IA
Zip: 52052
Phone: 563-252-2141
Fax: 563-252-9013
E-mail: jeffreyh@guttenbergfma.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.56

Organization: Koenen & Collins Chiropractic Clinic
Contact Person: James Koenen, DC
Mailing Address: 303 Central Avenue, East
City: Hampton
State: IA
Zip: 50441
Phone: 641-456-4142
Fax: 641-456-2777
E-mail: jrkoenendc@msn.com
Assessment Method: Skinfolids
Cost at School: \$7.5
Cost at Agency: \$7.5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0

Organization: Myrtue Medical Center Physical Therapy
Contact Person: Darla Hansen, PTA
Mailing Address: 1213 Garfield Avenue
City: Harlan
State: IA
Zip: 51537
Phone: 712-755-4342
Fax: 712-755-4513
E-mail: dhansen@myrtuemedical.org
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.55

Organization: Hawarden RegionaI Healthcare
Contact Person: Mike May, DPT
Mailing Address: 1111 11th Street
City: Hawarden
State: IA
Zip: 51023
Phone: 712-551-3108
Fax: 712-551-3177
E-mail: maymj@mercyhealth.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 2 miles
Mileage Rate: \$ 0

Organization: Whitmer Spine & Sports Chiropractic
Contact Person: Jamie Whitmer, DC
Mailing Address: 800 South Main
City: Holstein
State: IA
Zip: 51025
Phone: 712-368-4547
Fax: 712-368-4702
E-mail: whitmerjamie@yahoo.com
Assessment Method: Tanita
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 25 miles
Mileage Rate: \$ 0

Organization: Short Physical Therapy
Contact Person: Daryl Short, DPT
Mailing Address: 1212 5th Avenue, North
City: Humboldt
State: IA
Zip: 50548
Phone: 515-890-2787
Fax: 515-332-7900
E-mail: hawkds@gmail.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 10 miles
Mileage Rate: \$ 0

Organization: Huxley Physical Therapy
Contact Person: Rob Drew, PT, LAT
Mailing Address: PO Box 298
City: Huxley
State: IA
Zip: 50124
Phone: 515-597-3726
Fax: 515-597-3727
E-mail: rob@huxleypt.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ 0

Organization: Buchanan County Health Center
Contact Person: John Eikenberry, PT, LAT
Mailing Address: 1600 First Street, East
City: Independence
State: IA
Zip: 50644
Phone: 319-332-0851
Fax: 319-332-0965
E-mail: jeikenberry@bchealth.info
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$0
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0

Organization: Millennium Therapy
Contact Person: Kalika Staker, PTA
Mailing Address: 2300 Swan Lake Blvd., Suite 103
City: Independence
State: IA
Zip: 50644
Phone: 319-334-5155
Fax: 319-334-6166
E-mail: kstakerpta@indytel.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Simpson College, Athletic Department
Contact Person: Nicolle Whalen, LAT
Mailing Address: 909 N D St
City: Indianola
State: IA
Zip: 50125
Phone: 515-961-1753
Fax: 515-961-1279
E-mail: nicolle.whelen@simpson.edu
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0

Organization: Iowa City Community Schools
Contact Person: Jennifer McHenry, LAT
Mailing Address: 1900 Morningside Dr
City: Iowa City
State: IA
Zip: 52240
Phone: 319-688-1001 x 4271
Fax: 319-688-1314
E-mail: mchenry.jennifer@iccsd.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: UI Sports Medicine Center
Contact Person: Matt Doyle, LAT
Mailing Address: 2701 Prairie Meadow Dr
City: Iowa City
State: IA
Zip: 52242
Phone: 319-467-8255
Fax: 319-384-9305
E-mail: matthew-doyle@uiowa.edu
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Progressive Rehabilitation Assoc. LLC
Contact Person: Scott Thoma, PT
Mailing Address: 2401 Towncrest Dr
City: Iowa City
State: IA
Zip: 52240
Phone: 563-886-3421
Fax: 563-886-2083
E-mail: sthoma@praiowa.com
Assessment Method: Tanita
Cost at School: \$7
Cost at Agency: \$5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.4

Organization: Ellsworth Municipal Hospital
Contact Person: Rick Tjaden
Mailing Address: 110 Rocksylvania Avenue
City: Iowa Falls
State: IA
Zip: 50126
Phone: 641-648-7145
Fax: 641-648-7094
E-mail: ricktjaden1@hotmail.com
Assessment Method: Skinfolds/Futrex
Cost at School: \$10
Cost at Agency: \$5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0.56

Organization: Greene County High School
Contact Person: Ann Hicks, RN
Mailing Address: 101 Ram Dr
City: Jefferson
State: IA
Zip: 50129
Phone: 515-386-2188
Fax: 515-386-2159
E-mail: ahicks@jefferson-scranton.k12.ia.us
Assessment Method: Futrex
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Keokuk Chiropractic & Sports Injury Ctr.
Contact Person: Dennis Wolter, DC
Mailing Address: 924 Main Street
City: Keokuk
State: IA
Zip: 52632
Phone: 319-524-0905
Fax: 319-524-0904
E-mail: dewolter@yahoo.com
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Van Buren Community School
Contact Person: Heidi Bainbridge
Mailing Address: 405 4th St
City: Keosauqua
State: IA
Zip: 52565
Phone: 319-293-3334
Fax:
E-mail: heidi.bainbridge@van-burencsd.org
Assessment Method: Skinfolds
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: South Central Calhoun High School
Contact Person: Lorie Otto, School Nurse
Mailing Address: 709 West Main
City: Lake City
State: IA
Zip: 51449
Phone: 712-464-7210
Fax: 712-464-3724
E-mail: lotto@scc.k12.ia.us
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: 0

Organization: Therapeutic Health Services Inc.
Contact Person: Anthony Peyton, PT
Mailing Address: 714 Lincoln Street, NE
City: LeMars
State: IA
Zip: 51031
Phone: 712-546-3377
Fax: 712-546-3472
E-mail: anthony.peyton@floydvalleyhospital.org
Assessment Method: Skinfolds
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0.5

Organization: Decatur County Hospital - Rehab Dept.
Contact Person: Laria Rasmussen
Mailing Address: 1405 NW Church Street
City: Leon
State: IA
Zip: 50144
Phone: 641-446-2219
Fax: 641-446-2209
E-mail: lrasmussen@d-c-h.org
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$0
Maximum Travel Distance: 5 miles
Mileage Rate: \$ 0

Organization: June Anne Gaeta, LAT
Contact Person: June Anne Gaeta, LAT
Mailing Address: 1900 US Hwy 61
City: Letts
State: IA
Zip: 52754
Phone: 319-726-4029
Fax: 563-299-4029
E-mail: juneanneatc@gmail.com
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 100 miles
Mileage Rate: \$ 0.5

Organization: Regional Medical Center of NE Iowa
Contact Person: Jeff McCormick, LAT
Mailing Address: 709 West Main Street
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-7311
Fax: 563-927-7510
E-mail: jeff.mccormick@regmedctr.org
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 35 miles
Mileage Rate: \$ 1

Organization: West Delaware High School
Contact Person: Julie Wilson, RN
Mailing Address: 701 New Street
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-3515
Fax: 563.-927-5514
E-mail: jwilson@w-delaware.k12.ia.us
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Dr. Paul Koob, DO
Contact Person: Dr. Paul Koob, DO
Mailing Address: 808 Vine Street
City: Maquoketa
State: IA
Zip: 52060
Phone: 563-357-2921
Fax:
E-mail: pkoob67@msn.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: UCHC Physical & Sports Therapy
Contact Person: Brent Pauls, DC
Mailing Address: 616 West Platt Street
City: Maquoketa
State: IA
Zip: 52060
Phone: 563-652-4364
Fax: 563-652-6818
E-mail: drbrentpauls@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Iowa Valley High School
Contact Person: Dan Sovers
Mailing Address: 359 East Hilton St
City: Marengo
State: IA
Zip: 52301
Phone: 319-642-3332
Fax: 319-642-3023
E-mail: dsovers@iowa-valley.k12.ia.us
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0.5

Organization:
Contact Person: Anna Strand, RN
Mailing Address: 3274 Midway Road
City: Marion
State: IA
Zip: 52302
Phone: 319-721-1404
Fax: 319-373-9144
E-mail: kakyki@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Linn-Mar High School
Contact Person: Jill Hendricks, LAT
Mailing Address: 3111 North 10th Street
City: Marion
State: IA
Zip: 52302
Phone: 319-533-5721
Fax: 319-373-6718
E-mail: jhendricks@linnmar.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0.6

Organization: Mercy Medical Center
Contact Person: Heather Schellhorn, LAT
Mailing Address: 675 South 15th Street
City: Marion
State: IA
Zip: 52302
Phone: 319-213-0604
Fax: 319-377-7621
E-mail: hschellhorn@mercycares.org
Assessment Method: Skinfolts
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: MMSC Rehabilitation Center
Contact Person: Janelle Snyder, LAT, PTA
Mailing Address: 1902 South Center Street
City: Marshalltown
State: IA
Zip: 50158
Phone: 641-754-6120
Fax: 641-754-5019
E-mail: djsnyder99@yahoo.com
Assessment Method: Skinfolts
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.5

Organization: Sports Plus Sports Medicine and PT
Contact Person: Brett Hand, MA, ATC, CSCS, PTA
Mailing Address: 32 East Main
City: Marshalltown
State: IA
Zip: 50158
Phone: 641-753-6636
Fax: 641-753-1005
E-mail: brettthand1@gmail.com
Assessment Method: Skinfolts
Cost at School: \$5
Cost at Agency: \$10
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0.5

Organization: Accelerated Rehabilitation Centers
Contact Person: Kurt Walderbach, PT, LAT
Mailing Address: 520 South Pierce, #224
City: Mason City
State: IA
Zip: 50401
Phone: 641-421-8584
Fax: 641-421-8588
E-mail: kwalderbach@acceleratedrehab.com
Assessment Method: Skinfolds
Cost at School: \$10
Cost at Agency: \$8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0

Organization: Mercy Medical Center North Iowa
Contact Person: Chris Trytten, LAT
Mailing Address: 1501 4th Street, SW
City: Mason City
State: IA
Zip: 50401
Phone: 641-428-7498
Fax: 641-422-6484
E-mail: tryttenc@mercyhealth.com
Assessment Method: Futrex/Tanita
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.5

Organization: Ringgold County Hospital
Contact Person: Linda Winkler, PT, CLT
Mailing Address: 504 North Cleveland
City: Mount Ayr
State: IA
Zip: 50854
Phone: 641-464-4428
Fax: 641-464-4449
E-mail: lwinkler@rchmtayr.org
Assessment Method: Skinfolds
Cost at School: \$7
Cost at Agency: \$7
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Iowa Physical Therapy
Contact Person: Jeremy Elliott, LAT
Mailing Address: 108 First Street, SE
City: Mount Vernon
State: IA
Zip: 52314
Phone: 319-895-4085
Fax: 319-895-8013
E-mail: mvelliott@netzero.net
Assessment Method: Skinfolds
Cost at School: \$5
Cost at Agency: \$0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.4

Organization: Linden Chiropractic Clinic
Contact Person: Byron Linden, DC
Mailing Address: PO Box 626
City: Merville
State: IA
Zip: 51039
Phone: 712-873-5111
Fax: 712-873-5112
E-mail: beckylb@wiatel.net
Assessment Method: Skinfolds
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.5

Organization: Muscatine Physical Therapy Serv.
Contact Person: Steve Wieskamp, PT
Mailing Address: 2109 Cedarwood Drive, Suite 100
City: Muscatine
State: IA
Zip: 52761
Phone: 563-288-6787
Fax: 563-288-6719
E-mail: swieskamp@mptspc.com
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: 21st Century Rehab - Nevada
Contact Person: Tasha A Vorm, LAT
Mailing Address: 630 6th Street
City: Nevada
State: IA
Zip: 50201
Phone: 515-382-7008
Fax: 515-382-7113
E-mail: ptstaff@storymedical.org
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Dr. Kelly Kadel, DPM
Contact Person: Dr. Kelly Kadel, DPM
Mailing Address: 2455 Racine Avenue
City: New London
State: IA
Zip: 52645
Phone: 319-367-5217
Fax: 319-753-9976
E-mail: ktmracerboy@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.34

Organization: Skiff Medical Center
Contact Person: Matt Scotton, DPT, ATC, CSCS
Mailing Address: 204 North 4th Avenue East
City: Newton
State: IA
Zip: 50208
Phone: 641-791-4380
Fax: 641-791-4826
E-mail: mscotton@skiffmed.com
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$0
Maximum Travel Distance: 25 miles
Mileage Rate: \$ 1

Organization: Oelwein Community Schools
Contact Person: Sue Crandall
Mailing Address: 315 8th Avenue, SE
City: Oelwein
State: IA
Zip: 50662
Phone: 319-283-2731
Fax: 319-283-1689
E-mail: scrandall@oelwein.k12.ia.us
Assessment Method: Tanita Scale
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: MOC-Floyd Valley High School
Contact Person: Chris Krohn, LAT
Mailing Address: 615 8th Street, SE
City: Orange City
State: IA
Zip: 51041
Phone: 712-737-4871
Fax: 712-737-3933
E-mail: ckrohn@moc-fv.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Northwestern College Athletic Training
Contact Person: Matt Schmidt, LAT
Mailing Address: 208 8th Street, SW
City: Orange City
State: IA
Zip: 51041
Phone: 712-707-7287
Fax: 712-707-7305
E-mail: mas@nwcsiowa.edu
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$10
Maximum Travel Distance: 25 miles
Mileage Rate: \$ 0.42

Organization: Street Chiropractic
Contact Person: Aaron Street, DC
Mailing Address: 139 West Main Street
City: Osage
State: IA
Zip: 50461
Phone: 641-732-4665
Fax: 641-732-3770
E-mail: streetaaron@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0

Organization: Work Systems Rehab
Contact Person: Heather Pilcher, LAT
Mailing Address: 1417 A Ave East, Suite 200
City: Oskaloosa
State: IA
Zip: 52577
Phone: 641-676-3535
Fax: 641-676-3537
E-mail: heatherp@worksystemspc.com
Assessment Method: Tanita
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.3

Organization: Ottumwa Regional Health Center
Contact Person: Tomi Shull
Mailing Address: 1001 Pennsylvania Avenue
City: Ottumwa
State: IA
Zip: 52501
Phone: 641-684-3119
Fax: 641-683-2821
E-mail: tshull@orhc.com
Assessment Method: Futrex
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0.56

Organization: Pella Regional Health Center
Contact Person: Amy Stevens, LAT
Mailing Address: 404 Jefferson Street
City: Pella
State: IA
Zip: 50219
Phone: 641-628-6623
Fax: 641-621-2223
E-mail: astevens@pellahealth.org
Assessment Method: Skinfolts
Cost at School: \$7.5
Cost at Agency: \$7.5
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.55

Organization: Sterling Physical Therapy, PC
Contact Person: Travis Sterling, PT
Mailing Address: 2525 Washington Street
City: Pella
State: IA
Zip: 50219
Phone: 641-621-1401
Fax: 641-621-1401
E-mail: travis@sterlingospt.com
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: 21st Century Rehab
Contact Person: Keri Sersland, ATC
Mailing Address: 610 10th Street
City: Perry
State: IA
Zip: 50220
Phone: 563-380-6708
Fax: 515-465-7655
E-mail: keri.sersland@gmail.com
Assessment Method: Skinfolts
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Southeast Polk High School
Contact Person: Darrin Carpenter, LAT
Mailing Address: 7945 NE University Avenue
City: Pleasant Hills
State: IA
Zip: 50327
Phone: 515-967-6631 ext 2401
Fax: 515-967-5117
E-mail: darrin.carpenter@southeastpolk.org
Assessment Method: Tanita
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Riceville Community Schools
Contact Person: Kelly Brown, School Nurse
Mailing Address: 1919 130th St
City: Riceville
State: IA
Zip: 50466
Phone: 641-985-2288
Fax: 641-985-4171
E-mail: kbrown@riceville.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Hegg Memorial Health Center
Contact Person: Alli Steffensmeier
Mailing Address: 1202 21st Avenue
City: Rock Valley
State: IA
Zip: 51247
Phone: 712-476-8081
Fax: 712-476-2710
E-mail: Allison.Steffensmeier@hegghc.org
Assessment Method: Skinfolids/Tanita
Cost at School: \$7
Cost at Agency: \$7
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: West Fork Family Medicine
Contact Person: Dawn Wendland
Mailing Address: 705 Elm Street, East
City: Rockwell City
State: IA
Zip: 50469
Phone: 641-372-0315
Fax: 641-372-0304
E-mail: westforkmedicine@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Sanford Medical Center
Contact Person: Donna Ihnen, PT
Mailing Address: 118 N 7th Avenue, PO Box 250
City: Sheldon
State: IA
Zip: 51201
Phone: 712-324-6153
Fax: 712-324-6170
E-mail: donna.ihnen@sanfordhealth.org
Assessment Method: Skinfolids/Tanita
Cost at School: \$3
Cost at Agency: \$3
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.55

Organization: Shenandoah Medical Center
Contact Person: Nikki Carlson
Mailing Address: 300 Pershing Avenue
City: Shenandoah
State: IA
Zip: 51601
Phone: 712-246-7325
Fax: 712-246-7416
E-mail: ncarlson@smchospital.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 40 miles
Mileage Rate: \$ 0

Organization: Nicole Rengstorf
Contact Person: Nicole Rengstorf
Mailing Address: 1090 211th St
City: Shenandoah
State: IA
Zip: 51601
Phone: 712-242-6601
Fax:
E-mail: n.rengstorf@q.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0

Organization: Sibley Family & Sports Chiropractic
Contact Person: Brian Sayler, DC
Mailing Address: 240 9th Street
City: Sibley
State: IA
Zip: 51249
Phone: 712-754-2794
Fax: 712-754-4667
E-mail: drbriansayler@gmail.com
Assessment Method: Skinfolids
Cost at School: \$2
Cost at Agency: \$2
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.52

Organization: Schwartz Chiropractic
Contact Person: Doug Schwartz, DC
Mailing Address: PO Box 1334
City: Spencer
State: IA
Zip: 51301
Phone: 712-264-8829
Fax: 712-264-8849
E-mail: drdougdc@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 15

Organization: Sports Medicine Northwest
Contact Person: Jim Lonning, LAT
Mailing Address: 1200 1st Avenue E, Suite C
City: Spencer
State: IA
Zip: 51301
Phone: 515-890-7746
Fax:
E-mail: cloneit@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0

Organization: Athletic Republic
Contact Person: Levi Markwardt, LAT
Mailing Address: 1380 Lake Street
City: Spirit Lake
State: IA
Zip: 51360
Phone: 712-336-4040
Fax: 712-336-0248
E-mail: levi.arsl@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0

Organization: Mary Greeley Medical Center
Contact Person: Katie Waynar
Mailing Address: 812 Elm Avenue
City: Story City
State: IA
Zip: 50248
Phone: 515-733-5129
Fax: 515-733-2426
E-mail: ktwaynar@gmail.com
Assessment Method: Futrex
Cost at School: \$10
Cost at Agency: \$0
Maximum Travel Distance: 15 miles
Mileage Rate: \$ 0.51

Organization: Performance Rehab LLC
Contact Person: Justin Trainor, MSPT
Mailing Address: PO Box 148
City: Sumner
State: IA
Zip: 0
Phone: 563-578-2139
Fax: 563-578-2175
E-mail: justin.trainor@unitypoint.org
Assessment Method: Skinfolds
Cost at School: \$10
Cost at Agency: \$10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Peak Performance
Contact Person: Bobby Reisz, LAT
Mailing Address: 4137 120th Street
City: Urbandale
State: IA
Zip: 50323
Phone: 515-577-7901
Fax: 515-278-0848
E-mail: bobbyreisz@gmail.com
Assessment Method: Skinfolds
Cost at School: \$8
Cost at Agency: \$6
Maximum Travel Distance: 100 miles
Mileage Rate: \$ 0.5

Organization: JET Physical Therapy
Contact Person: Eric Turner, PT, LAT
Mailing Address: 511 Highway 1, South
City: Washington
State: IA
Zip: 52353
Phone: 319-653-5494
Fax: 319-863-9016
E-mail: eric-turner@jetpt.net
Assessment Method: Skinfolds
Cost at School: \$6
Cost at Agency: \$6
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.4

Organization: Covenant Wellness
Contact Person: Colby Yoder, LAT
Mailing Address: 2101 Kimball Avenue
City: Waterloo
State: IA
Zip: 50702
Phone: 319-272-2358
Fax: 319-272-2923
E-mail: colby.yoder@wfhc.org
Assessment Method: Skinfolids
Cost at School: \$8
Cost at Agency: \$8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ 0.56

Organization: Veteran's Memorial Hospital
Contact Person: Brad Krambeer, LAT
Mailing Address: 40 1st Street, SE
City: Waukon
State: IA
Zip: 52172
Phone: 563-568-5566
Fax: 563-568-3411
E-mail: 2bkrambe@acegroup.cc
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 10

Organization: Taylor Physical Therapy Associates
Contact Person: Jerod Gayer, PT
Mailing Address: 312 9th Street, SW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-5644
Fax: 319-483-4004
E-mail: jgayer@waverlyhealthcenter.org
Assessment Method: Skinfolids
Cost at School: \$7.5
Cost at Agency: \$7.5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0.4

Organization: Woltz Physical Therapy
Contact Person: Jon Woltz, PT
Mailing Address: 112 2nd Street, NW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-0102
Fax: 319-352-0104
E-mail: jonwoltz@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.45

Organization: North Central Chiropractic
Contact Person: James Kumm, DC
Mailing Address: 639 Second Street
City: Webster City
State: IA
Zip: 50595
Phone: 515-832-2142
Fax: 515-832-2142
E-mail: ncchiro@iowatelecom.net
Assessment Method: Tanita
Cost at School: \$8
Cost at Agency: \$8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ 0.4

Organization: Universal Therapy Group
Contact Person: Scott Leinbach, ATC
Mailing Address: 411 W Agency Suite 1
City: West Burlington
State: IA
Zip: 52655
Phone: 319-752-7727
Fax: 319-752-7774
E-mail: scott.leinbach@universaltherapygroup.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Great River Medical Center
Contact Person: Sheena Teeter, LAT
Mailing Address: 1401 West Agency Road
City: West Burlington
State: IA
Zip: 52655
Phone: 319-768-4158
Fax: 319-768-4160
E-mail: steeter@grhs.net
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: EP True Chiropractic
Contact Person: Kevin Miller, DC
Mailing Address: 1905 EP True Pkwy #207
City: West Des Moines
State: IA
Zip: 50265
Phone: 515-309-3791
Fax: 515-309-3792
E-mail: eptruechiro@gmail.com
Assessment Method: Skinfolids
Cost at School: \$8
Cost at Agency: \$0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0

Organization: Unity Point Health - Des Moines
Contact Person: Chris Wiedmann, LAT
Mailing Address: 6001 Westown Pkwy, Suite 205
City: West Des Moines
State: IA
Zip: 50266
Phone: 515-224-5225
Fax: 515-224-5235
E-mail: chris.wiedmann@unitypoint.org
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ 0.5

Organization: Palmer Lutheran Health Center
Contact Person: Melanie Martin, LAT
Mailing Address: 112 Jefferson Street
City: West Union
State: IA
Zip: 52175
Phone: 563-422-9729
Fax: 563-422-9229
E-mail: m.martin@palmerlutheran.org
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Westside Medical Clinic
Contact Person: Dr. Dominick Ervelli, DO
Mailing Address: 235 Highway 30
City: Westside
State: IA
Zip: 51467
Phone: 712-663-4371
Fax: 712-663-4370
E-mail: tinyelvis99@msn.com
Assessment Method: Skinfolids
Cost at School: \$5
Cost at Agency: \$5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ 0

Organization: Eastern Iowa Physical Therapy
Contact Person: Ryan Larson, DPT
Mailing Address: 400 Oveson Drive, PO Box 668
City: Wilton
State: IA
Zip: 52778
Phone: 563-732-4317
Fax: 563-732-4318
E-mail: rlarson@eiptherapy.com
Assessment Method: Skinfolids
Cost at School: \$0
Cost at Agency: \$5
Maximum Travel Distance: 15 miles
Mileage Rate: \$ 0.45

Organization: Gary Christensen
Contact Person: Gary Christensen
Mailing Address: 1704 Patricia Acres
City: Winterset
State: IA
Zip: 50273
Phone: 515-493-8685
Fax: 515-462-2178
E-mail: gchristensen@centurylink.net
Assessment Method: Skinfolds
Cost at School: \$8
Cost at Agency: \$8
Maximum Travel Distance: 45 miles
Mileage Rate: \$ 0.3