

***IOWA HIGH
SCHOOL ATHLETIC
ASSOCIATION***

***LIST OF APPROVED
BODY
COMPOSITION
ASSESSMENT
METHODS AND
PERSONNEL
2009-10***

**IOWA HIGH SCHOOL ATHLETIC ASSOCIATION
LIST OF APPROVED BODY COMPOSITION
ASSESSMENT METHODS, 2009-10**

***** BOD POD AIR DISPLACEMENT**

***** FUTREX NEAR-INFRARED PHOTOSPECTROMETRY MACHINES
(ONLY THE FOLLOWING MODELS ARE PERMITTED)**

5000 A/WL
5500 A/WL

***** HYDROSTATIC WEIGHING**

***** SKIN FOLD MEASUREMENTS
(ONLY HIGH QUALITY METAL ALLOY CALIPERS ARE
ALLOWED)**

***** TANITA SCALES/BODY COMPOSITION ANALYZERS:
(ONLY THE FOLLOWING MODELS ARE PERMITTED)**

TBF-300A - Using the STANDARD Mode
TBF-300WA - Using the STANDARD Mode

The personnel *listed alphabetically by city* on the following pages are available to perform body composition assessments on high school wrestlers. It is important to contact assessment personnel early to assure you can schedule assessment at a convenient time.

Organization: Algona Community Schools
Contact Person: Dan Schreiber, PE Teacher
Mailing Address: 803 E Call Street
City: Algona
State: IA
Zip: 50511
Phone: 515-341-7851
Fax:
E-mail: dschribe@netamumail.com
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.000

Organization: Bruhl Chiropractic
Contact Person: Brad Bruhl, DC
Mailing Address: 501 Main Street
City: Ames
State: IA
Zip: 50010
Phone: 515-232-6171
Fax: 515-232-2295
E-mail: bruhldrb@aol.com
Assessment Method: Skinfolds
Cost at School: \$ 8
Cost at Agency: \$ 8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Mary Greeley Medical Center
Contact Person: Mark Hoven, PT
Mailing Address: 1111 Duff Avenue
City: Ames
State: IA
Zip: 50023
Phone: 515-239-6773
Fax: 515-239-6737
E-mail: hoven@mgmc.com
Assessment Method: Futrex
Cost at School: \$ 10
Cost at Agency: \$ 5
Maximum Travel Distance: 15 miles
Mileage Rate: \$ IRS Rate

Organization: McFarland Sports Medicine
Contact Person: Sarah Whetstone, LAT
Mailing Address: 2707 Stange Road, Suite 102
City: Ames
State: IA
Zip: 50010
Phone: 515-956-4014
Fax: 515-292-7200
E-mail: swhetstone@mcfarlandclinic.com
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Anamosa High School
Contact Person: Christina Ditch, PE Teacher
Mailing Address: 209 Sadie Street
City: Anamosa
State: IA
Zip: 52205
Phone: 319-462-3594
Fax:
E-mail: chditch@anamosa.k12.ia.us
Assessment Method: Skinfolts
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Physiotherapy Associates
Contact Person: Cheryl Wood, LAT
Mailing Address: 1555 SE Delaware Ave, Suite M
City: Ankeny
State: IA
Zip: 50021
Phone: 515-564-9955
Fax: 515-963-8755
E-mail: Cheryl.wood@physiocorp.com
Assessment Method: Skinfolts or Tanita Scale
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.000

Organization: Starmont Community School
Contact Person: Ruth Goldenstein, School Nurse
Mailing Address: 3202 40th Street
City: Arlington
State: IA
Zip: 50606
Phone: 563-933-238
Fax: 563-933-2134
E-mail: rgoldenstein@starmont.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Bettendorf High School
Contact Person: Eric Knudsen, LAT
Mailing Address: 3333 18th Street
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-332-7001
Fax: 563-332-8761
E-mail: eknudson@bettendorf.k12.ia.us
Assessment Method: Skinfolids or Futrex
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Pleasant Valley Community Schools
Contact Person: Jason Viel, LAT
Mailing Address: 604 Belmont Road
City: Bettendorf
State: IA
Zip: 52722
Phone: 563-650-9230
Fax: 563-823-1952
E-mail: vieljason@pleasval.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ 0

Organization: Kincart Physical Therapy Services
Contact Person: Brian Sharp, PT
Mailing Address: PO Box 145
City: Bloomfield
State: IA
Zip: 52537
Phone: 641-664-7086
Fax: 641-664-3846
E-mail: kincarttherapy@daviscountyhospital.org
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 1 miles
Mileage Rate: \$ \$0.000

Organization: Boone High School
Contact Person: Rick Davis, PE Teacher
Mailing Address: 500 7th Street
City: Boone
State: IA
Zip: 50036
Phone: 515-433-0995
Fax:
E-mail: vdavis@boone.k12.is.us
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: BGM High School
Contact Person: Corwin Stuart, Health Teacher
Mailing Address: 1090 Jackson Street
City: Brooklyn
State: IA
Zip: 52211
Phone: 641-522-9268
Fax: 641-522-7009
E-mail: cstuart@brooklyn.k12.ia.us
Assessment Method: Tanita Scale
Cost at School: \$ 8
Cost at Agency: \$ 10
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.550

Organization: Family & Specialty Medical Center
Contact Person: Brian Bellinghausen, PTA
Mailing Address: 511 N Main Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-792-4000
Fax: 712-792-3554
E-mail: brian@familymedcenter.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Family & Specialty Medical Center
Contact Person: Monica Steinborn, LAT
Mailing Address: 511 N Main Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-792-4000
Fax: 712-792-3554
E-mail: tandmsteinborn@iowatelecom.net
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: St. Anthony Regional Hospital
Contact Person: Steve Schable, LAT
Mailing Address: 311 South Clark Street
City: Carroll
State: IA
Zip: 51401
Phone: 712-794-5241
Fax: 712-792-2124
E-mail: sschable@stanthonyhospital.org
Assessment Method: Skinfolids
Cost at School: \$ 8
Cost at Agency: \$ 8
Maximum Travel Distance: 35 miles
Mileage Rate: \$ \$0.000

Organization: Cascade High School
Contact Person: Bret Jones, Athletic Director
Mailing Address: 505 Johnson Street, NW
City: Cascade
State: IA
Zip: 52033
Phone: 563-852-3201
Fax: 563-852-7186
E-mail: bret.jones@w-dubuque.k12.is.us
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Cedar Falls High School
Contact Person: Pete Watters, LAT
Mailing Address: 1015 Division Street
City: Cedar Falls
State: IA
Zip: 50613
Phone: 319-553-2535
Fax: 319-277-6223
E-mail: h2obrothers@aol.com
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: UNI Youth Fitness & Obesity Institute
Contact Person: Kevin Finn, Ph.D.
Mailing Address: WRC 127 Box 2820
City: Cedar Falls
State: IA
Zip: 50614
Phone: 319-273-5921
Fax: 319-273-5958
E-mail: kevin.finn@uni.edu
Assessment Method: Skinfolts, Tanita Scale, Bod-Pod, or Hydrostatic Wt.
Cost at School: \$ 0
Cost at Agency: \$ 5
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Linn County Physical Therapy
Contact Person: Kevin Lux, PT
Mailing Address: 1825 29th Street, NE, Suite C
City: Cedar Rapids
State: IA
Zip: 52411
Phone: 319-362-6994
Fax: 319-368-3399
E-mail: kmlux@lcpt.org
Assessment Method: Skinfolids
Cost at School: \$ 7
Cost at Agency: \$ 7
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.350

Organization: Jefferson High School
Contact Person: Jason Lewis, LAT
Mailing Address: 1243 20th Street, SW
City: Cedar Rapids
State: IA
Zip: 52404
Phone: 319-213-5122
Fax: 319-398-2149
E-mail: jlew@mchsi.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Mercy Sports Care
Contact Person: Heather Schellhorn, LAT
Mailing Address: 5264 Council Street, NE, #600
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-213-0604
Fax: 319-377-7621
E-mail: hschellhorn@mercy care.org
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Washington High School
Contact Person: Alecia Puls, LAT
Mailing Address: 2205 Forest Drive, SE
City: Cedar Rapids
State: IA
Zip: 52401
Phone: 319-653-2143
Fax: 319-653-6751
E-mail:
Assessment Method: Skinfolds
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: St. Luke's Sports Medicine Center
Contact Person: Chris Pickering, LAT
Mailing Address: 1026 A Avenue, NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-899-1628
Fax: 319-369-8045
E-mail: pickercd@crstlukes.com
Assessment Method: Skinfolds
Cost at School: \$ 7
Cost at Agency: \$ 7
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.500

Organization: Kennedy High School
Contact Person: Lynn Groth, LAT
Mailing Address: 4545 Wenig Road, NE
City: Cedar Rapids
State: IA
Zip: 52402
Phone: 319-213-5303
Fax: 319-294-1222
E-mail: lgroth@mercy care.org
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Tresemer Physical Therapy, Inc
Contact Person: Ray Tresemer, PT
Mailing Address: 612 East Franklin Street
City: Centerville
State: IA
Zip: 52544
Phone: 641-856-2515
Fax: 641-856-2516
E-mail: tresemerpt@iowatelecom.net
Assessment Method: Skinfolds
Cost at School: \$ 10
Cost at Agency: \$ 5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.500

Organization: Lucas County Health Center
Contact Person: Joel Petty, LAT
Mailing Address: 1200 North 7th Street
City: Chariton
State: IA
Zip: 50049
Phone: 641-774-3213
Fax: 641-774-3284
E-mail: jpetty@lchcia.com
Assessment Method: Skinfolds or Tanita Scale
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.550

Organization: Special Medical Services Corp.
Contact Person: Bret Kruthoff, LAT
Mailing Address: 800 11th Street
City: Charles City
State: IA
Zip: 50616
Phone: 641-228-6344
Fax: 641-257-4339
E-mail: smscorp@fiai.net
Assessment Method: Skinfolds
Cost at School: \$ 3
Cost at Agency: \$ 3
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Cherokee Regional Medical Center
Contact Person: Jodi Schlicting, LAT
Mailing Address: 300 Sioux Valley Drive
City: Cherokee
State: IA
Zip: 51012
Phone: 712-261-0597
Fax: 712-225-2173`
E-mail: jodi@sequirisbridalboutique.com
Assessment Method: Skinfolds or Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Wright Medical Center - Clarion
Contact Person: Dr. Jon Ahrendsen, MD
Mailing Address: 215 13th Avenue, SW
City: Clarion
State: IA
Zip: 50525
Phone: 515-532-2836
Fax: 515-532-2523
E-mail: jahrendsen@wrightmed.com
Assessment Method: Skinfolds, Tanita Scale or Hydrostatic Wt.
Cost at School: \$ 8
Cost at Agency: \$ 8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.000

Organization:
Contact Person: Heide White-Laube, LAT
Mailing Address: 1100 S.3rd Street
City: Clear Lake
State: IA
Zip: 50428
Phone: 952-836-6349
Fax:
E-mail: hwhiteATC@gmail.com
Assessment Method: Skinfolds
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.450

Organization: Cutting Edge Fitness
Contact Person: Jason Laube
Mailing Address: 1100 South 3rd Street
City: Clear Lake
State: IA
Zip: 50428
Phone: 715-212-8795
Fax:
E-mail: j_02_laube@hotmail.com
Assessment Method:
Cost at School: \$
Cost at Agency: \$
Maximum Travel Distance: miles
Mileage Rate: \$

Organization: Clinton High School
Contact Person: Kurt Flathers, LAT
Mailing Address: 817 8th Ave, South
City: Clinton
State: IA
Zip: 52732
Phone: 563-243-7540
Fax:
E-mail: kflathers@clintonia.org
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.350

Organization: Riverbend Chiropractic
Contact Person: Vijay Puri, DC
Mailing Address: 1631 Lincolnway Avenue
City: Clinton
State: IA
Zip: 52732
Phone: 563-242-8090
Fax: 563-242-0195
E-mail: vpwidc@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.000

Organization: Dr. Brian Masonholder, MD
Contact Person: Dr. Brian Masonholder, DO
Mailing Address: 109 Walnut Street
City: Columbus Junction
State: IA
Zip: 52738
Phone: 319-728-2429
Fax: 319-728-7600
E-mail: jmason59@iowatelecom.net
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 1 miles
Mileage Rate: \$ \$0.000

Organization: Performance Therapies, PC
Contact Person: Molly Camacho, PT, LAT
Mailing Address: 3290 Ridgeway Drive, Suite 3
City: Coralville
State: IA
Zip: 52241
Phone: 319-665-2630
Fax: 319-665-2631
E-mail: mcamacho@perfther.com
Assessment Method: Skinfolids
Cost at School: \$ 6
Cost at Agency: \$ 6
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.420

Organization: Progressive Rehabilitation
Contact Person: Andy Roder, LAT
Mailing Address: 1101 5th Street, Suite 100
City: Coralville
State: IA
Zip: 52241
Phone: 712-251-8681
Fax: 319-341-0836
E-mail: aroder@praiowa.com
Assessment Method: Skinfolids
Cost at School: \$ 7
Cost at Agency: \$ 5
Maximum Travel Distance: 80 miles
Mileage Rate: \$ \$0.440

Organization: Jennie Edmundson Spts Med
Contact Person: Dave Byrne, LAT
Mailing Address: 900 Woodbury Avenue
City: Council Bluffs
State: IA
Zip: 51503
Phone: 712-322-8307
Fax: 712-328-3224
E-mail:
Assessment Method: Skinfolids
Cost at School: \$ 9
Cost at Agency: \$ 9
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.000

Organization: Greater Regional Medical Center
Contact Person: Nancy Anthony, RN
Mailing Address: 1700 W Townline Street
City: Creston
State: IA
Zip: 50801
Phone: 641-782-3518
Fax: 641-782-3894
E-mail: nancya@greaterregional.org
Assessment Method: Futrex
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.590

Organization: CNOS
Contact Person: Zach Mathers, LAT
Mailing Address: 575 North Sioux Point Road
City: Dakota Dunes
State: SD
Zip: 57049
Phone: 712-898-7408
Fax:
E-mail: zach.mathers@cnos.net
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.440

Organization: Ben Jobgen, LAT
Contact Person: Ben Jobgen, LAT
Mailing Address: 806 North Meadows Court
City: Davenport
State: IA
Zip: 52806
Phone: 563-386-3251
Fax:
E-mail: bmgjobu@gmail.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Davenport Central High School
Contact Person: Steve Knoche, LAT
Mailing Address: 1120 N Main Street
City: Davenport
State: IA
Zip: 52803
Phone: 563-323-9900
Fax:
E-mail: knoches@davenportschools.com
Assessment Method: Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: North High School
Contact Person: Megan Avesing, LAT
Mailing Address: 626 West 53rd Street
City: Davenport
State: IA
Zip: 52806
Phone: 563-940-9355
Fax:
E-mail: avesingmegan@yahoo.com
Assessment Method: Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: West High School
Contact Person: Al Blocker, Athletic Director
Mailing Address: 3505 West Locust Street
City: Davenport
State: IA
Zip: 52804
Phone: 563-386-5500
Fax: 563-386-5508
E-mail: blockera@davenportschools.org
Assessment Method: Futrex
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Team Rehab, L.C.
Contact Person: Derek Rausch, LAT
Mailing Address: 516 Montgomery Street
City: Decorah
State: IA
Zip: 52101
Phone: 563-382-4770
Fax: 563-382-4785
E-mail: team@teamrehab.org
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.410

Organization: Winneshiek Medical Center
Contact Person: Kelli Blum, LAT
Mailing Address: 901 Montgomery Street
City: Decorah
State: IA
Zip: 52101
Phone: 563-387-3031
Fax: 563-387-3021
E-mail: blumk@winmedical.org
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 3
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.320

Organization: Des Moines Physical Therapy
Contact Person: Paul Ouverson, PT
Mailing Address: 1050 East Army Post Road
City: Des Moines
State: IA
Zip: 50315
Phone: 515-953-5817
Fax: 515-953-1085
E-mail: pouverson@usphclinic.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.500

Organization: Wahlert High School
Contact Person: Dawn Potts, LAT
Mailing Address: 2005 Kane Street
City: Dubuque
State: IA
Zip: 52002
Phone: 563-583-9771
Fax: 563-583-9775
E-mail: dpotts@holyfamily.dbq.pvt.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Dubuque Community School District
Contact Person: Megan Weber, LAT
Mailing Address: 3715 Pennsylvania Avenue
City: Dubuque
State: IA
Zip: 52002
Phone: 563-581-0141
Fax: 563-552-5231
E-mail: megod13@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Dubuque, Senior High School
Contact Person: Rhonda Humpal, LAT
Mailing Address: 1800 Clarke Drive
City: Dubuque
State: IA
Zip: 52001
Phone: 563-552-5500
Fax: 563-552-5702
E-mail: rhumpal@dubuque.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: North Scott High School
Contact Person: Tim Block, LAT
Mailing Address: 200 South 1st Street
City: Eldridge
State: IA
Zip: 52748
Phone: 563-285-3235
Fax: 563-285-9308
E-mail: tim.block@north-scott.k12.ia.us
Assessment Method: Skinfolids or Tanita Scale
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.000

Organization: Central Community Hospital
Contact Person: Sarah Anderson
Mailing Address: 901 Davidson Street, NW
City: Elkader
State: IA
Zip: 52043
Phone: 563-245-1750
Fax: 563-245-7095
E-mail: sarahoop@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Western Dubuque Community Schools
Contact Person: Susan Thiesen, LAT
Mailing Address: PO Box 379
City: Epworth
State: IA
Zip: 52045
Phone: 563-876-3442
Fax: 563-876-5512
E-mail: stheisen@w-dubuque.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Moreau Chiropractic Clinic
Contact Person: Nick Helmich, DC
Mailing Address: 1820 Central Avenue
City: Estherville
State: IA
Zip: 51334
Phone: 712-367-5236
Fax: 712-367-5668
E-mail: nick_helmich@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.500

Organization: Fairfield High School
Contact Person: Mike Dailey, CSCS
Mailing Address: 909 South 8th Street
City: Fairfield
State: IA
Zip: 52556
Phone: 641-472-5019
Fax: 641-472-5301
E-mail: mike.dailey@fairfieldsfuture.org
Assessment Method: Tanita Scale
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.350

Organization: Upper Iowa University
Contact Person: Matt Rueckert, LAT
Mailing Address: Po Box 1857
City: Fayette
State: IA
Zip: 52142
Phone: 563-425-5364
Fax: 563-425-5334
E-mail: rueckertm@uiu.edu
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 35 miles
Mileage Rate: \$ \$0.000

Organization: Forest City Chiropractic & Sport Clinic
Contact Person: Jim Brockhohn, DC
Mailing Address: 245 North Clark Street
City: Forest City
State: IA
Zip: 50436
Phone: 641-585-3032
Fax: 641-585-2382
E-mail: fcsports@wctatel.net
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.500

Organization: Highland Park Center
Contact Person: Michelle Mann, LAT
Mailing Address: 821 S 25th Street
City: Fort Dodge
State: IA
Zip: 50501
Phone: 515-574-6919
Fax: 515-573-8327
E-mail: mannml@ihs.org
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Orthopaedic and Sports Medicine Specialists, LLC
Contact Person: Dean Kirschenmann, LAT
Mailing Address: 2700 1st Avenue, South
City: Fort Dodge
State: IA
Zip: 50548
Phone: 515-955-6767
Fax: 515-576-8581
E-mail: hm2doc07@yahoo.com
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.500

Organization: Fort Madison High School
Contact Person: Brent Buttjer, Athletic Director
Mailing Address: 2001 Avenue B
City: Fort Madison
State: IA
Zip: 52627
Phone: 319-372-1862
Fax: 319-372-1325
E-mail: brent.buttjer@ft.madison.k12.ia.us
Assessment Method: Skinfolds or Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 5
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Wood Chiropractic Clinic
Contact Person: Scott Wood, DC
Mailing Address: 232 State Street
City: Garner
State: IA
Zip: 50438
Phone: 641-923-2039
Fax: 641-923-2039
E-mail: wooddc@hotmail.com
Assessment Method: Skinfolds
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: 21st Century Rehab - Grimes
Contact Person: Kerri Pedersen, LAT
Mailing Address: 270 SW 1st Street, Suite H
City: Grimes
State: IA
Zip: 50111
Phone: 515-986-9667
Fax: 515-986-9642
E-mail: drimes@21stcenturyrehab.com
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Grinnell Regional Medical Center
Contact Person: Tom Gallo, PT
Mailing Address: 1840 Prairie Street
City: Grinnell
State: IA
Zip: 50112
Phone: 641-236-2364
Fax: 641-236-2489
E-mail: thomasg@iowatelecom.net
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.500

Organization: Total Rehab-Ortho./Sports Spec.
Contact Person: Stacey Alberts, PT
Mailing Address: 234 West Street South
City: Grinnell
State: IA
Zip: 50112
Phone: 641-236-4506
Fax: 641-236-4316
E-mail: stacey@totalrehab-pt.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Guthrie County Hospital
Contact Person: Sheyrl Clark, PT
Mailing Address: 710 N. 12th Street
City: Guthrie Center
State: IA
Zip: 50115
Phone: 641-332-3810
Fax: 641-332-3809
E-mail: sheyrlc@gcho.org
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.550

Organization: Family Medicine Associates
Contact Person: Dr. Jeff Hoffmann, DO
Mailing Address: PO Box 370
City: Guttenberg
State: IA
Zip: 52052
Phone: 563-252-2141
Fax: 563-252-9013
E-mail: jeffreyh@guttenbergfma.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.510

Organization: Koenen & Collins Chiropractic Clinic
Contact Person: James Koenen, DC
Mailing Address: 303 Central Avenue, East
City: Hampton
State: IA
Zip: 50441
Phone: 641-456-4142
Fax: 641-456-2777
E-mail: kccclinic@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$ 7.5
Cost at Agency: \$ 7.5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.000

Organization: Myrtue Medical Center Physical Therapy
Contact Person: Darla Miller, PTA
Mailing Address: 1213 Garfield Avenue
City: Harlan
State: IA
Zip: 51537
Phone: 712-755-4342
Fax: 712-755-4343
E-mail: darla.miller@rehabvisions.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.420

Organization: Whitmer Spine & Sports Chiropractic
Contact Person: Jamie Whitmer, DC
Mailing Address: 800 S Main
City: Holstein
State: IA
Zip: 51025
Phone: 712-368-4547
Fax: 712-368-4702
E-mail: whitmerjamie@yahoo.com
Assessment Method: Tanita Scale
Cost at School: \$ 3
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Humboldt County Mem. Hospital
Contact Person: Daryl Short, PT
Mailing Address: 1000 15th Street, North
City: Humboldt
State: IA
Zip: 50548
Phone: 515-332-4200
Fax: 515-332-7620
E-mail: daryls@humboldthospital.org
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Huxley Physical Therapy
Contact Person: Rob Drew, PT, LAT
Mailing Address: PO Box 298
City: Huxley
State: IA
Zip: 50124
Phone: 515-597-3726
Fax: 515-597-3727
E-mail: rob@huxleypf.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 5 miles
Mileage Rate: \$ \$0.000

Organization: Millennium Therapy
Contact Person: Kalika Staker, PTA
Mailing Address: 2300 Swan Lake Blvd., Suite 103
City: Independence
State: IA
Zip: 50644
Phone: 319-334-5155
Fax: 319-334-6166
E-mail: kstakerpta@indytel.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Buchanan County Health Center
Contact Person: John Eikenberry, PT, LAT
Mailing Address: 1600 First Street, East
City: Independence
State: IA
Zip: 50644
Phone: 319-332-0851
Fax: 319-332-0958
E-mail: jeikenberry@bchealth.info
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Simpson College, Athletic Department
Contact Person: Nicolle Whalen, LAT
Mailing Address: 701 North C Street
City: Indianola
State: IA
Zip: 50125
Phone: 515-961-1753
Fax: 515-961-1279
E-mail: nicolle.whalen@simpson.edu
Assessment Method: Skinfolts
Cost at School: \$ 8
Cost at Agency: \$ 5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.550

Organization: Iowa City Community Schools
Contact Person: Jennifer McHenry, LAT
Mailing Address: 509 S Dubuque Street
City: Iowa City
State: IA
Zip: 52240
Phone: 319-688-1000
Fax: 319-688-1314
E-mail: mchenry.jennifer@iccsd.k12.ia.us
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Progressive Rehabilitation
Contact Person: Haylee Orman, LAT
Mailing Address: 2401 Towncrest Drive
City: Iowa City
State: IA
Zip: 52241
Phone: 319-354-2429
Fax: 319-354-0100
E-mail: hayleeorman@praiowa.com
Assessment Method: Skinfolts
Cost at School: \$ 7
Cost at Agency: \$ 5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.400

Organization: Pediatric Associates of Iowa City & Coralville
Contact Person: Dr. Stan Hackbarth, MD
Mailing Address: 605 East Jefferson Street
City: Iowa City
State: IA
Zip: 52240
Phone: 319-351-1448
Fax: 319-351-9367
E-mail: stan.hackbarth@mercyic.org
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Ellsworth Municipal Hospital
Contact Person: Emily Kruckenburg, RN
Mailing Address: 110 Rocksylvana Avenue
City: Iowa Falls
State: IA
Zip: 50126
Phone: 641-648-7006
Fax: 641-648-7069
E-mail: kruckene@mercyhealth.com
Assessment Method: Skinfolds or Futrex
Cost at School: \$ 10
Cost at Agency: \$ 5
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.550

Organization: Jefferson-Scranton HS
Contact Person: Jolene Peters, RN
Mailing Address: 401 E Russell
City: Jefferson
State: IA
Zip: 50129
Phone: 515-386-3178
Fax: 515-386-3483
E-mail: jpeters@jscsd.org
Assessment Method: Futrex
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Keokuk Chiropractic & Sports Injury Center
Contact Person: Dennis Wolter, DC
Mailing Address: 924 Main Street
City: Keokuk
State: IA
Zip: 52632
Phone: 319-524-0905
Fax: 319-524-0904
E-mail: dewolter@yahoo.com
Assessment Method: Tanita
Cost at School: \$ 0
Cost at Agency: \$ 10
Maximum Travel Distance: 10 miles
Mileage Rate: \$ \$0.000

Organization: Van Buren County Hospital
Contact Person: Denise Carlson, RN
Mailing Address: 304 Franklin Street
City: Keosauqua
State: IA
Zip: 52565
Phone: 319-293-3171
Fax: 319-293-6417
E-mail: denise.carlson@vbch.org
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 1 miles
Mileage Rate: \$ \$0.000

Organization: Associated Therapy Services Corp.
Contact Person: Scott Evans, PT
Mailing Address: 1010 E Montgomery Street
City: Knoxville
State: IA
Zip: 50138
Phone: 641-842-1464
Fax: 641-842-1470
E-mail: sevans@kach.org
Assessment Method: Futrex
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Therapeutic Health Services Inc.
Contact Person: Anthony Peyton, PT
Mailing Address: Box 10 Hwy 3 East
City: LeMars
State: IA
Zip: 51031
Phone: 712-546-3377
Fax:
E-mail: anthony.peyton@floydvalleyhospital.org
Assessment Method: Skinfolds
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.500

Organization: Decatur County Hospital
Contact Person: Gerard Linskens, PT
Mailing Address: 1405 NW Church Street
City: Leon
State: IA
Zip: 50144
Phone: 641-446-2219
Fax: 641-446-2209
E-mail: glinskens@d-c-h.org
Assessment Method: Skinfolds
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 5 miles
Mileage Rate: \$ Negotiable

Organization: June Anne Gaeta
Contact Person: June Anne Gaeta, LAT
Mailing Address: 1900 Highway 61, South
City: Letts
State: IA
Zip: 52754
Phone: 363-299-4029
Fax: 319-726-4029
E-mail: juneanna@iowatelecom.net
Assessment Method: Tanita Scale
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 75 miles
Mileage Rate: \$ \$0.380

Organization: West Delaware High School
Contact Person: Julie Wilson, RN
Mailing Address: 701 New Street
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-3515
Fax: 563.-927-5514
E-mail: jwilson@w-delaware.k12.ia.us
Assessment Method: Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Regional Medical Center of NE Iowa
Contact Person: Jeff McCormick, LAT
Mailing Address: 709 West Main Street
City: Manchester
State: IA
Zip: 52057
Phone: 563-927-7311
Fax: 563-927-7510
E-mail:
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 26 miles
Mileage Rate: \$ \$1.000

Organization: Dr. Paul Koob, DO
Contact Person: Dr. Paul Koob, DO
Mailing Address: 808 Vine Street
City: Maquoketa
State: IA
Zip: 52060
Phone: 563-357-2921
Fax: 563-652-3674
E-mail: pkoob67@msn.com
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Anna Strand, RN
Contact Person: Anna Strand, RN
Mailing Address: 3274 Midway Rd
City: Marion
State: IA
Zip: 52302
Phone: 319-721-1404
Fax:
E-mail: astrand@linnmar.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ \$0.000

Organization: Linn-Mar High School
Contact Person: Jill Hendricks, LAT
Mailing Address: 3111 North 10th Street
City: Marion
State: IA
Zip: 52302
Phone: 319-533-5721
Fax: 319-373-6718
E-mail: jhendricks@linnmar.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 7
Cost at Agency: \$ 7
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.500

Organization: MMSC Rehabilitation
Contact Person: Janelle Snyder, LAT
Mailing Address: 1902 South Center Street
City: Marshalltown
State: IA
Zip: 50158
Phone: 641-754-6120
Fax: 641-754-5019
E-mail: jsnyder@marshmed.com
Assessment Method: Skinfolids or Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Sports Plus
Contact Person: Brett Hand, LAT
Mailing Address: PO Box 474
City: Marshalltown
State: IA
Zip: 50158
Phone: 641-753-6636
Fax: 641-753-1005
E-mail: sportspluspt@dybb.com
Assessment Method: Skinfolts
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.500

Organization: Mercy Medical Center North Iowa
Contact Person: Chris Trytten, LAT
Mailing Address: 1000 4th Street, SW
City: Mason City
State: IA
Zip: 50401
Phone: 641-423-7498
Fax: 641-422-6484
E-mail: tryttenc@mercyhealth.com
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Accelerated Rehabilitation Centers
Contact Person: Kurt Waldersbach, PT, LAT
Mailing Address: 520 South Pierce, #224
City: Mason City
State: IA
Zip: 50401
Phone: 641-421-8584
Fax: 641-421-8588
E-mail:
Assessment Method: Skindfolts
Cost at School: \$ 10
Cost at Agency: \$ 0
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.410

Organization: Ringgold County Hospital
Contact Person: Linda Winkler, PT
Mailing Address: 211 Shellway Drive
City: Mount Ayr
State: IA
Zip: 50854
Phone: 641-464-4428
Fax: 641-464-4412
E-mail: lwinker@rchmtayr.org
Assessment Method: Skinfolids
Cost at School: \$ 7
Cost at Agency: \$ 7
Maximum Travel Distance: 1 miles
Mileage Rate: \$ \$0.000

Organization: Iowa Physical Therapy
Contact Person: Jeremy Elliot, LAT
Mailing Address: 108 First Street, SE
City: Mount Vernon
State: IA
Zip: 52314
Phone: 319-895-4085
Fax: 319-895-8013
E-mail: mvelliott@netzero.net
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.400

Organization: Linden Chiropractic Clinic
Contact Person: Byron Linden, DC
Mailing Address: PO Box 626
City: Merville
State: IA
Zip: 51039
Phone: 712-873-5111
Fax: 712-873-5112
E-mail: blinden@netins.net
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.300

Organization: Muscatine Physical Therapy Serv.
Contact Person: Steve Wieskamp, PT
Mailing Address: 2109 Cedarwood Drive, Suite 100
City: Muscatine
State: IA
Zip: 52761
Phone: 563-288-6787
Fax: 563-288-6719
E-mail: swieskamp@muscatinephysicaltherapy.com
Assessment Method: Tanita
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ \$0.000

Organization: Taylor Physical Therapy Associates
Contact Person: Shelby Walsten, DPT, ATC
Mailing Address: 80 Amhearst Blvd.
City: Nashua
State: IA
Zip: 50658
Phone: 319-352-5644
Fax: 319-483-4004
E-mail: shelbywalsten@gmail.com
Assessment Method: Skinfolids
Cost at School: \$ 6.5
Cost at Agency: \$ 6.5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.400

Organization: 21st Century Rehab - Nevada
Contact Person: Tasha A Vorm, LAT
Mailing Address: 630 6th Street
City: Nevada
State: IA
Zip: 50201
Phone: 515-382-7008
Fax: 515-382-7171
E-mail: ptstaff@scmcnevada.org
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Dr. Kelly Kadel, DPM
Contact Person: Dr. Kelly Kadel, DPM
Mailing Address: 2455 Racine Avenue
City: New London
State: IA
Zip: 52645
Phone: 319-367-5217
Fax: 319-753-9976
E-mail: podsquad@iowatelecom.net
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.000

Organization: Skiff Sports Rehab & Physical Therapy
Contact Person: Laura Williamson, LAT
Mailing Address: 1730 1st Avenue, East
City: Newton
State: IA
Zip: 50208
Phone: 641-791-2300
Fax: 641-791-0973
E-mail: lwilliamson@skiffmed.com
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Iowa Health Systems
Contact Person: Jamie Elrod LAT
Mailing Address: 1201 North Avenue
City: Norwalk
State: IA
Zip: 50211
Phone: 641-521-8828
Fax: 515-981-9871
E-mail: jamie.elrod@gmail.com
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Oelwein High School
Contact Person: Susan Crandall
Mailing Address: 315 8th Avenue, SE
City: Oelwein
State: IA
Zip: 50662
Phone: 319-283-2731
Fax:
E-mail: scrandall@oelwein.k12.ia.us
Assessment Method: Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: MOC-Floyd Valley High School
Contact Person: Chris Krohn, LAT
Mailing Address: 615 8th Street, SE
City: Orange City
State: IA
Zip: 51041
Phone: 712-737-4871
Fax: 712-737-3933
E-mail: ckrohn@moc-fv.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.350

Organization: Northwestern College Athletic Training
Contact Person: Matt Schmidt, LAT
Mailing Address: 101 7th Street, SW
City: Orange City
State: IA
Zip: 51041
Phone: 712-707-7287
Fax: 712-707-7290
E-mail: mas@nwcsiowa.edu
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.420

Organization: Street Chiropractic
Contact Person: Aaron Street, DC
Mailing Address: 139 West Main Street
City: Osage
State: IA
Zip: 50461
Phone: 641-732-4665
Fax: 641-732-3770
E-mail: streetaaran@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Mahaska County Hospital
Contact Person: Ryan Rowley, PT
Mailing Address: 1229 C Avenue
City: Oskaloosa
State: IA
Zip: 52577
Phone: 641-672-3306
Fax: 641-672-3123
E-mail: rowley@mahaskahospital.com
Assessment Method: Tanita Scale
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.500

Organization: William Penn University, Athletic Training
Contact Person: Chad Derby, LAT
Mailing Address: 201 Trueblood Avenue
City: Oskaloosa
State: IA
Zip: 52577
Phone: 641-673-1093
Fax: 641-673-1373
E-mail: derbych@wmpenn.edu
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 5
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Ottumwa Regional Health Center
Contact Person: Susan Schrader
Mailing Address: 1001 Pennsylvania Avenue
City: Ottumwa
State: IA
Zip: 52501
Phone: 641-684-3197
Fax: 641-684-3223
E-mail: sschrader@orhc.com
Assessment Method: Futrex
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.550

Organization: Work Systems Rehab
Contact Person: Heather Pilcher, LAT
Mailing Address: 308 SE 9th Street
City: Pella
State: IA
Zip: 50219
Phone: 641-621-0230
Fax: 641-621-0319
E-mail: heatherp@worksystemspc.com
Assessment Method: Tanita Scale
Cost at School: \$ 10
Cost at Agency: \$ 8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.330

Organization: Pella Regional Health Center
Contact Person: Amy Stevens, LAT
Mailing Address: 404 Jefferson Street
City: Pella
State: IA
Zip: 50219
Phone: 641-628-6623
Fax: 641-621-2223
E-mail: astevens@pellahealth.org
Assessment Method: Skinfolids
Cost at School: \$ 7.5
Cost at Agency: \$ 7.5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.550

Organization: Southeast Polk High School
Contact Person: Darrin Carpenter, LAT
Mailing Address: 7945 NE University Avenue
City: Pleasant Hills
State: IA
Zip: 50327
Phone: 515-967-6631
Fax: 515-967-5117
E-mail: carpenterd@se-polk.k12.ia.us
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ *

Organization: Riceville Community Schools
Contact Person: Greg Adams, Principal
Mailing Address: 912 Woodland Avenue
City: Riceville
State: IA
Zip: 50466
Phone: 641-985-2288
Fax: 641-985-4001
E-mail: gadams@riceville.k12.ia.us
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ *

Organization: Hegg Memorial Health Center
Contact Person: Greta Giese, Exercise Specialist
Mailing Address: 1202 21st Avenue
City: Rock Valley
State: IA
Zip: 51247
Phone: 712-476-8081
Fax: 712-476-2710
E-mail: greta.giese@hegghc.org
Assessment Method: Tanita Scale or Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 10
Maximum Travel Distance: 20 miles
Mileage Rate: \$ \$0.405

Organization: Rockwell City-Lytton High School
Contact Person: Robert Ericsson, School Nurse
Mailing Address: 1000 Tonawanda Avenue
City: Rockwell City
State: IA
Zip: 50579
Phone: 712-297-8111
Fax:
E-mail: rericsson@rockwell-city-lytton.k12.ia.us
Assessment Method: Tanita Scale
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.000

Organization: Sanford Sheldon Wellness Center
Contact Person: Donna Ihnen, PT
Mailing Address: PO Box 250
City: Sheldon
State: IA
Zip: 51201
Phone: 712-324-6153
Fax: 712-324-6170
E-mail: ihncn@sunfordhealth.org
Assessment Method: Skinfolids
Cost at School: \$ 3
Cost at Agency: \$ 2
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.550

Organization: Shenandoah Medical Center
Contact Person: Nikki Carlson
Mailing Address: 300 Pershing Avenue
City: Shenandoah
State: IA
Zip: 51601
Phone: 712-246-7325
Fax: 712-246-7416
E-mail: ncarlson@smchospital.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Sibley Family & Sports Chiropractic
Contact Person: Brian Sayler, DC
Mailing Address: 240 9th Street
City: Sibley
State: IA
Zip: 51249
Phone: 712-754-2794
Fax: 712-754-4667
E-mail: bjsdchls@hickorytech.net
Assessment Method: Skinfolds
Cost at School: \$ 2
Cost at Agency: \$ 2
Maximum Travel Distance: 50 miles
Mileage Rate: \$ IRS Rate

Organization: Sioux Center Comm. Hospital
Contact Person: Kim Nibbelink, RN
Mailing Address: 605 South Main Avenue
City: Sioux Center
State: IA
Zip: 51250
Phone: 712-722-8159
Fax: 712-722-4109
E-mail: kim.nibbelink@schospital.org
Assessment Method: Tanita Scale
Cost at School: \$ 9
Cost at Agency: \$ 9
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.550

Organization: Brandon Marreel, LAT
Contact Person: Brandon Marreel, LAT
Mailing Address: 5041 Lowel Court
City: Sioux City
State: IA
Zip: 51106
Phone: 712-251-6839
Fax:
E-mail: brmarc@hotmail.com
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 10
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.000

Organization: Sports Medicine Northwest
Contact Person: Jim Lonning, LAT
Mailing Address: 1200 1st Avenue, Suite C
City: Spencer
State: IA
Zip: 51301
Phone: 515-890-7746
Fax:
E-mail: cloneit@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 0
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.550

Organization: Schwartz Chiropractic and Acupuncture
Contact Person: Doug Schwartz, DC
Mailing Address: Box 1334
City: Spencer
State: IA
Zip: 51301
Phone: 712-852-8282
Fax: 712-852-8028
E-mail: drdougdc@hotmail
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 10 miles
Mileage Rate: \$ \$0.000

Organization: Sports Acceleration Center
Contact Person: Levi Markwardt, LAT
Mailing Address: 1350 Lake Street, PO Box 49
City: Spirit Lake
State: IA
Zip: 51360
Phone: 712-336-4040
Fax:
E-mail: saclevi@yahoo.com
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 10
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Peak Performance
Contact Person: Bob Reisz, LAT
Mailing Address: 4137 120th Street
City: Urbandale
State: IA
Zip: 50323
Phone: 515-577-7901
Fax: 515-278-0848
E-mail:
Assessment Method: Skinfolds
Cost at School: \$ 10
Cost at Agency: \$ 7
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.500

Organization: Virginia Gay Hospitals & Clinics
Contact Person: Matthew Wilden, PA-C, MSPT
Mailing Address: 504 N 9th Avenue
City: Vinton
State: IA
Zip: 52349
Phone: 319-472-6329
Fax:
E-mail:
Assessment Method: Skinfolds
Cost at School: \$ 0
Cost at Agency: \$ 10
Maximum Travel Distance: 15 miles
Mileage Rate: \$ \$0.000

Organization: JET Physical Therapy
Contact Person: Eric Turner, PT, LAT
Mailing Address: 511 Highway 1, South
City: Washington
State: IA
Zip: 52353
Phone: 319-653-5494
Fax: 319-863-9016
E-mail: eric-turner@jetpt.net
Assessment Method: Skinfolds
Cost at School: \$ 6
Cost at Agency: \$ 6
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.400

Organization: Cedar Valley Medical Specialists
Contact Person: Shantelle Weichers, LAT
Mailing Address: 1731 West Ridgeway Avenue
City: Waterloo
State: IA
Zip: 50701
Phone: 319-239-2738
Fax: 319-833-5901
E-mail: shaniweichers@cfu.net
Assessment Method: Skinfolids
Cost at School: \$ 10
Cost at Agency: \$ 8
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.000

Organization: Covenant Wellness
Contact Person: Colby Yoder, LAT
Mailing Address: 2101 Kimball Avenue
City: Waterloo
State: IA
Zip: 50702
Phone: 319-272-2358
Fax: 319-272-2923
E-mail: colby.yoder@wfhc.org
Assessment Method: Skinfolids
Cost at School: \$ 7
Cost at Agency: \$ 7
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.500

Organization: Veteran's Memorial Hospital
Contact Person: Brad Krambeer, LAT
Mailing Address: 40 1st Street, SE
City: Waukon
State: IA
Zip: 52172
Phone: 563-568-5528
Fax: 563-568-6139
E-mail:
Assessment Method: Skinfolids
Cost at School: \$ 6
Cost at Agency: \$ 5
Maximum Travel Distance: 30 miles
Mileage Rate: \$ \$0.400

Organization: Waverly Health Center - Taylor Physical Therapy
Contact Person: Jerod Gayer, PT
Mailing Address: 312 9th Street, SW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-5644
Fax: 319-483-4004
E-mail: jgayer@taylor-physicaltherapy.com
Assessment Method: Skinfolids
Cost at School: \$ 6.5
Cost at Agency: \$ 6.5
Maximum Travel Distance: 45 miles
Mileage Rate: \$ \$0.400

Organization: Woltz Physical Therapy
Contact Person: Jon Woltz, PT
Mailing Address: 112 2nd Street, NW
City: Waverly
State: IA
Zip: 50677
Phone: 319-352-0102
Fax: 319-352-0104
E-mail: jonwoltz@hotmail.com
Assessment Method: Skinfolids
Cost at School: \$ 6
Cost at Agency: \$ 6
Maximum Travel Distance: 40 miles
Mileage Rate: \$ \$0.400

Organization: North Central Chiropractic
Contact Person: James Kumm, DC
Mailing Address: 639 Second Street
City: Webster City
State: IA
Zip: 50595
Phone: 515-832-2142
Fax: 515-832-2142
E-mail: ncchiro@iowatelecom.net
Assessment Method: Tanita Scale
Cost at School: \$ 7
Cost at Agency: \$ 6
Maximum Travel Distance: 25 miles
Mileage Rate: \$ \$0.400

Organization: Advanced Rehab & Sports Medicine
Contact Person: Scott Leinbach, LAT
Mailing Address: 403 South Gear Avenue, Suite 105
City: West Burlington
State: IA
Zip: 52655
Phone: 319-752-5129
Fax: 319-752-5164
E-mail: sleinbach@advrehab.com
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 0 miles
Mileage Rate: \$ \$0.540

Organization: Great River Medical Center
Contact Person: Sheena Teeter, LAT
Mailing Address: 1401 West Agency Road
City: West Burlington
State: IA
Zip: 52655
Phone: 319-768-4158
Fax: 319-768-4160
E-mail: steeter@grhs.net
Assessment Method: Skinfolts
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 45 miles
Mileage Rate: \$ Negotiable

Organization: EP True Chiropractic
Contact Person: Kevin Miller, DC
Mailing Address: 1905 EP True Pkwy #207
City: West Des Moines
State: IA
Zip: 50265
Phone: 515-309-3791
Fax: 515-309-3792
E-mail: info@eptruechiropractic.com
Assessment Method: Skinfolts
Cost at School: \$ 8
Cost at Agency: \$ 0
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.000

Organization: Iowa Health-Des Moines, Outpatient Therapy
Contact Person: Chris Wiedmann, LAT
Mailing Address: 6001 Westown Pkwy, Suite 205
City: West Des Moines
State: IA
Zip: 50266
Phone: 515-224-5225
Fax: 515-224-5235
E-mail: wiedmacj@ihs.org
Assessment Method: Skinfolids
Cost at School: \$ 6
Cost at Agency: \$ 5
Maximum Travel Distance: 50 miles
Mileage Rate: \$ \$0.000

Organization: Eastern Iowa Physical Therapy
Contact Person: Beth Dessner, PT
Mailing Address: 400 Oveson Drive, PO Box 668
City: Wilton
State: IA
Zip: 52778
Phone: 563-732-4317
Fax: 563-732-4318
E-mail: eipt@netwtc.net
Assessment Method: Skinfolids
Cost at School: \$ 0
Cost at Agency: \$ 0
Maximum Travel Distance: 10 miles
Mileage Rate: \$ \$0.000

Organization: Gary Christensen
Contact Person: Gary Christensen, Athletic Director
Mailing Address: 1704 Patricia Acres
City: Winterset
State: IA
Zip: 50273
Phone: 515-462-3887
Fax: 515-462-2178
E-mail: gchristensen@winterset.k12.ia.us
Assessment Method: Skinfolids
Cost at School: \$ 5
Cost at Agency: \$ 8
Maximum Travel Distance: 60 miles
Mileage Rate: \$ \$0.300