

STATE WRESTLING TOURNAMENT SCHOOL INFORMATION SHEET

WEIGH-INS - WEIGH-INS WILL TAKE PLACE AS PER THE ENCLOSED SCHEDULE. All weigh-ins will take place in the basement of Vet's Auditorium at the scheduled starting times. Team personnel will use the northeast entrance on Crocker Street, as in the past. This entrance will be posted as the "WEIGH-IN & PACKET PICK UP ENTRANCE" and will OPEN ONE HOUR BEFORE WEIGH-INS are officially scheduled to begin.

COACHES ARE RESPONSIBLE FOR BEING SURE THEIR WRESTLERS ARE IN THE WEIGH-IN AREA WHEN WEIGH-INS BEGIN.

Weigh-ins will begin at the 103# weight class and proceed through the 285# weight class. Wrestlers will be called to the scale alphabetically, by school. As per NFHS rules, the consecutive day scale allowance is in effect up to a maximum of 2 pounds. *Wrestlers weighing in for the first time on Wednesday will receive a 1-pound scale allowance on Thursday and an additional pound on Friday, but will receive NO scale allowance on Saturday. Wrestlers weighing in for the first time on Thursday will receive a 1-pound scale allowance on Friday and an additional pound on Saturday.* Please refer to the enclosure regarding the scale allowances each day.

Everyone is responsible for their own valuables. All bags, etc. should be brought with you from the weigh-in area to the Arena as there will be NO SECURITY in the weigh-in area, except during weigh-ins.

WEIGH INS FOR THE FINALS WILL BE CONDUCTED AT 10:00AM ON SATURDAY, THE SAME TIME AS WEIGH-INS FOR THE CONSOLATION FINALS.

TEAM PACKETS AND SECURITY WRIST BANDS - At the weigh-in entrance, coaches will sign for their packet of materials, including security wrist bands for all team personnel.

The following procedure is used to determine the number of security wrist bands a school will receive in their packet:

- ALL SCHOOLS will receive three complimentary wrist bands for their coaches.
- Each qualifying wrestler will receive one complimentary wrist band.
- Schools qualifying three, or more, wrestlers will receive one complimentary wrist band for a team manager.
- Schools ordering additional coaches wrist bands, and/or **ONE** wrist band for the sports medicine professional traveling with their team, will also find these bands in their packet.

Security wrist bands are required to gain entrance through the Wrestler and Worker Entrance and the Tunnel Entrance at Wells Fargo Arena. These wrist bands will allow team personnel access through these entrances for the entire tournament, regardless of how far a school's wrestler(s) advances in the tournament. Security wrist bands are NOT removable and MUST be worn on the wrist to gain access to Wells Fargo Arena. **Anyone NOT wearing a band on their wrist will NOT be allowed access to Wells Fargo Arena through the Wrestler & Worker Entrance or Tunnel Entrance**, which means they will have to buy a ticket and sit in the spectator seating area to watch wrestling. Only those personnel with security wrist bands will be allowed access to the floor level of the Arena. Damaged wrist bands can be ***returned and replaced*** at the Head Table or at the desk in the locker room hallway next to Warm up Area A. **After entering through the Wrestler & Worker Entrance or Tunnel Entrance, security wrist bands will allow access to the spectator seating area through a designated access point.**

AWARDS - Wrestlers placing first - eighth in the tournament will receive their medals on the award stand shortly after the finals match in each weight class.

The championship coach of the first-place wrestler in each weight class (Class 1A, 2A & 3A) will present the medals to wrestlers on the award stand.

Wrestlers on the award stand **MUST** wear school issued warm ups.

Information about ordering state tournament photos will be available on the main concourse level throughout the tournament. Questions about award stand photos should be directed to Chad Elsberry at the Athletic Association. His e-mail address is <celsberry@iahsaa.org>

At the conclusion of the 285-pound awards, the **teams placing 3rd - 1st respectively, in each class (1A, 2A & 3A)** will be asked to report to their respective mats for recognition and a picture for the plaques which will be sent to your school following the tournament.

At the conclusion of these team presentations, the **individual state champions in each weight class** will be asked to report to their respective mats for a picture.

BANNERS, SIGNS, HOOPS, CONFETTI, ETC., PROHIBITED - The Board of Control of the IHSA prohibits spectators from displaying any banners or signs, using artificial noise makers, as well as, the use of confetti, etc. Cheerleaders are prohibited from using a paper hoop designed for athletes to run through when coming onto the mat. Wells Fargo Arena security will not allow any of these items into the Arena. Any of these items discovered in the Arena will be confiscated.

BUS PARKING - School busses will be allowed to park at Principal Park free-of-charge. Principal Park is about one mile directly south of WFA on 3rd Street. **School busses will be allowed to drop students off at the 3rd Street drop off lane near the Main Entrance to the Arena.** After dropping students off, busses will be directed to Principal Park where pep busses ONLY can park for free.

Transportation from Principal Park to Wells Fargo Arena: Once they have parked their school bus at Principal Park, drivers should call **515-282-8111** and ask for the “**School Bus Shuttle Cab**” to pick them up at Principal Park. The approximate one way fee will be \$6.00 to Wells Fargo Arena.

Transportation from Wells Fargo Arena to Principal Park: School bus drivers should call **515-282-8111** or use the **Taxi Courtesy Phones** located throughout Wells Fargo Arena and ask for the “**School Bus Shuttle Cab**”. They will be picked up on the south entrance of Wells Fargo Arena at Third and Center Streets and return to Principal Park for approximately \$6.00.

Approximate wait time for a taxi is 5 to 7 minutes from when the call is placed.

CHEERLEADERS - Please refer to the cheerleader letter and information sheet that is enclosed. **NO** tickets are sold at the cheerleader entrance.

COACHES BREAKFAST & MEETING - **All coaches are invited to the IWCOA breakfast at 7:30am, Saturday, February 20, 2010.** Please refer to the enclosed map for the designated entrance for the breakfast. The IWCOA meeting will be held immediately after breakfast. ***(Weigh-ins for consolation and championship finals will be conducted at 10:00am in Vet’s Auditorium.)***

COACHES HOSPITALITY ROOM - A coaches' and workers' hospitality room will be available on wrestling level of Wells Fargo Arena. **Drinks are NOT to be taken from this room. If coaches violate this rule, their school administration will be notified after the tournament of their failure to follow IHSAA rules.** This room is only accessible to those coaches wearing a security wrist band.

FOOD & DRINK - Team personnel are allowed to bring food and drink into the Arena through the Wrestler & Worker Entrance or Tunnel Entrance. It is NOT permissible to bring food into the spectator seating areas.

GRAND MARCH - The Grand March is scheduled for 6:00pm Saturday evening. Wrestlers placing first-eighth in the Tournament should report to warm-up Area A no later than 5:00pm to line up for the Grand March. There will be personnel and signs to direct wrestlers where to line up for the Grand March. **Wrestlers in the Grand March MUST wear school issued warm ups.**

IOWA WRESTLING COACHES AND OFFICIALS ROOM - A room for IWCOA members is available in the Southwest corner of the 300 level of Wells Fargo Arena. This is NOT a hospitality room, but is a place for members of the IWCOA to conduct any business they may have during the tournament. Access is by way of the elevators in either the Southeast or Northwest corners of WFA. When exiting the elevators follow the signs.

LOCKER ROOMS - Locker rooms are available for wrestlers. These locker rooms are large enough so ALL wrestlers can plan on showering at the Arena when they are finished wrestling for the day. This will help alleviate any concerns about wrestlers becoming ill or developing a communicable skin condition from not showering. Soap & towels are NOT provided in the locker rooms. Each wrestler should bring their own soap.

DO NOT KEEP VALUABLES IN THE LOCKER ROOM. EACH SCHOOL IS RESPONSIBLE FOR KEEPING THEIR VALUABLES WITH THEM AT ALL TIMES!

PERSONNEL PERMITTED AT MAT-SIDE - A maximum of TWO school personnel are permitted at mat-side. If your school has paid for a security wrist band for an Athletic Trainer, or other sports medicine professional, to travel with your school's wrestlers they are expected to stay in the sports medicine areas reserved for them, unless an injury occurs.

PHOTOGRAPHY - Spectators may take pictures and video from their seats as long as no external power is utilized. Taking pictures or videotaping in the aisles is

strictly prohibited. No photos or videotape may be sold, or otherwise redistributed, without written permission from the Iowa High School Athletic Association. **Information about ordering state tournament photos will be available on the main concourse level throughout the tournament.** Questions about award stand photos should be directed to Chad Elsberry at the Athletic Association. His e-mail address is <celsberry@iahsaa.org>

PICTURES AND VIDEO - ONLY credentialed media are permitted to take pictures and shoot video at mat-side. Coaches, managers, and wrestlers are NOT allowed to do so. Coaches, managers, or wrestlers taking pictures or shooting video at mat-side will be asked to leave the area.

SEATING FOR TEAM PERSONNEL - For sessions 1-9, no team personnel will be permitted into spectator areas until 15 minutes after the spectator doors open. Seating for team personnel during sessions 1-9 will be at the north end of the Arena directly opposite the head table. Only those personnel wearing security wrist bands will be allowed to sit in this area. For the finals, a special seating area will be provided on the floor for those wrestlers in the Grand March. An area off the main floor will be provided for other team personnel wearing security bands.

SCORING - Eight place team scoring will be used at the State Tournament (16-12-9-7-5-3-2-1).

SKIN CHECKS AND COMMUNICABLE SKIN CONDITION FORMS - Skin checks will be performed at weigh-ins for each class (1A, 2A & 3A). **Any wrestlers with suspect skin conditions MUST present a current, completed Wrestling Skin Condition Report at the time of weigh-ins signed by a medical professional stating the condition is NOT communicable.** A tournament physician will be available the first time each class weighs in to rule on any suspect skin, or other health, conditions. **The tournament physician will have final authority as to whether the wrestler competes in the tournament.**

SPORTSMANSHIP - Good sportsmanship is an expectation at the State Wrestling Tournament. Athletic Directors & Head Coaches, be sure to visit with your assistant coaches and wrestlers about sportsmanship at the tournament. Emotions can run high at the tournament and it would be very unfortunate for a coach or wrestler to be ejected from the tournament due to poor behavior.

SPORTS MEDICINE PERSONNEL - The Athletic Association provides tournament physicians and athletic trainers for the tournament. Each school is allowed ONE qualified sports medicine professional to accompany their wrestlers, and have access to the floor, if they have purchased a security wrist band for this person IN ADVANCE.

STATE MEET RESULTS - Match and team results will be displayed on screens throughout the arena. They will also be posted on the IHSAA web site <www.iahsaa.org>. Updated brackets will be sold at all program locations On Thursday - Saturday of the tournament.

TEAM PERSONNEL ENTRANCES INTO THE ARENA - The team personnel entrances into Wells Fargo Arena are located at the Northeast corner on 2nd Avenue and through the tunnel from the basement of Vet's Auditorium. These are the ONLY entrances team personnel will be admitted free-of-charge, IF they are wearing a security wrist band. **ONLY TEAM PERSONNEL WEARING SECURITY WRIST BANDS WILL ADMITTED THROUGH THESE ENTRANCES.**

TEAM VAN AND BUS PARKING - For those schools who purchased parking passes from the IWCOA parking is available in the lot immediately north of Vet's Auditorium. For others, parking is available in the lot north of Crocker Street. Vans are charged \$6 and team busses are charged \$25. Pep busses are NOT allowed to park in this lot. Pep busses may park for free at Principal Park. Refer to the information under the Pep Bus Parking heading.

TRAVEL EXPENSE ALLOWANCE - Expense allowances for the State Wrestling Tournament can be found in the wrestling section of the current IHSAA Handbook.

WARM UP AREAS - Warm up areas are provided at Wells Fargo Arena and in the basement of Vet's Auditorium. You will be directed to these areas when you arrive. A map of the floor of the Arena has been supplied to assist you in finding your way around.

WEIGHT CHECKS - Wrestlers will be allowed to check their weight on Tuesday evening, before the tournament from 7:00pm - 9:00pm in the basement of Vet's Auditorium. The entrance will be posted as the "WEIGH-IN & PACKET PICK UP ENTRANCE."

A scale will also be available in the locker room at the Arena throughout the tournament so wrestlers can check their weight.

STATE WRESTLING TOURNAMENT BUS PARKING

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Approximate wait time for a taxis is 5 to 7 minutes from when the call is placed.

Bus drivers can also stay with their bus or arrange for alternative transportation to and from Wells Fargo Arena.