

November 5, 2018

Dear Swimming Coaches, Athletic Directors and Officials:

As we prepare for the boys swim season, we want to pass along the rules changes and other important information that was mentioned in the online rules meeting and the 2018-19 IHSAA Winter Sports Manual.

### **2018-2019 IMPORTANT DATES**

District Competition: Saturday, February 2, 2019 – 12:00 pm

State Competition: Saturday, February 9, 2019 – 12:30 pm @ Campus Recreation and Wellness Center, Iowa City

### **2018-2019 INFORMATION**

#### **2018-19 Rules Books**

Each school and registered official should have received a new rules book earlier this fall. If you have not received a new rules book, please contact Laura Brooker in our office. Please keep this rules book through the 2019-20 swimming season, as you will not receive a new book next fall. All rule changes for the 2019-20 swim season will be communicated through the online rules meeting and online memos.

#### **2018-2019 Swimming Rules Meeting**

The 2018-19 Swimming and Diving Rules Meeting is active on the IHSAA website. Head coaches are required to view the rules meeting by Monday, November 26 in order to coach in postseason competition. Officials are required to view the rules meeting and pass the swimming examination in order to become registered and work any high school meet. Our rules meeting is the same as the girls' meeting, so if you watched the meeting earlier this fall, you have met the requirement for the year.

#### **Concussion in Sports: What You Need to Know Course**

All 7-12 coaches (head, assistant, paid, volunteer) are required to view the online concussion course before the first day of practice. This requirement is through legislative action and is being administered by the IHSAA. Your school has been receiving reminders for all coaches who have not completed this requirement. Coaches who do not view this course risk losing their coaching authorization/endorsement.

#### **QUIKSTATS**

QuikStats is now open and ready for schools to enter their rosters and schedules. Each school's roster should have rolled over and the grade of the athletes has advanced by one grade. Again, there will be 3 checkpoints throughout the regular season: Tuesday, December 4; Tuesday, January 8; and Tuesday, January 29. All

meets completed through the previous Saturday of each reporting date need to be entered by the check date. Meet results must also be entered by the Tuesday after both the district and state meet. The penalty for failure to report on time is:

**First Offense:** a letter/e-mail to the head coach and athletic director from the IHSAA sport administrator giving 3 days to comply with the mandate.

**Second Offense:** a letter to the athletic director with a copy to the principal and superintendent from the IHSAA executive director, giving 3 days to comply with the mandate.

**Third Offense:** IHSAA member school's expense allowances will be withheld by the IHSAA in the sport in which the third offense occurred.

### **2018-19 Rules & Editorial Changes**

Please review your rule book for the exact wording of these changes.

### **2018-19 Rules Changes**

**Rule 1:** Rule 1 has been reorganized to more accurately reflect and define meet specifications and organization.

**2-4-5:** The 16.4-yard/15-meter marks must be visible on both sides of the pool deck.

**2-7-2b:** Backstroke starting ledges are not permitted in high school swimming.

**2-7-2c (NEW), 2-7-2 NOTE (NEW):** Options for starting platform malfunctions are provided, and direction for malfunctioning swimming equipment has been re-organized.

**4-2-1d:** The referee shall conduct a pre-meet conference with the starter, the coach and the captain of each team for all non-championship meets.

**4-5-3, 4-7:** The responsibilities of stroke inspectors and turn/finish judges can now be combined by the referee.

**5-3, 5-3-2, 5-3-6 NOTE:** Section 5-3 has been updated to provide lane and heat assignment protocol from the dual meet to the championship meet.

**5-4-2:** New language provides scoring protocol based on pool facilities with differing numbers of available lanes.

**9-4-6 NOTE 2 (NEW):** The NOTE clarifies that it is permissible to conduct eleven-divide competitions during dual meets, double-dual meets, and other non-championship multi-team meets.

## **2018-19 SWIMMING AND DIVING MAJOR EDITORIAL CHANGES**

**2-6:** Reorganizes water condition requirements and provides directives for non-compliant conditions.

**2-7-9, 7-2-5:** Clarifies the recommendation for posting team scores through a meet.

**4-1-2:** Clarifies that a meet committee and meet director are only required for championship meets. Other meets are administered by the referee or other officials appropriate to the type of meet.

**8-3-3 NOTE:** Instruction for the starting procedure during a backstroke relay was moved to a NOTE, as this is not an NFHS event. The NOTE can provide the guidance that may be needed.

### **District Meet Information**

The six district meets will be held on Saturday, February 2, 2019, at 12:00 pm. District sites will be posted on our web site later this month. The advisory committee recommended, and the Board of Control approved, not to release the team assignments until Week 28 (January 6-12) of the standardized calendar. We will still communicate with each school how to make its district entries, but each district meet manager will be responsible for communicating the particulars of their individual site to the participating school.

### **State Meet Information**

The state meet will be held at the Campus Recreation and Wellness Center in Iowa City on Saturday, February 9, 2019, at 12:30 pm. As last year, all seats in the competition pool area will be reserved, and each state meet qualifying school will have an opportunity to purchase tickets directly over the pool. More information regarding the state meet will be sent out in the future in a separate email.

**PROPER SUPERVISION OF SWIMMERS** - Section 641-15.4(4)"d"(4) of the Iowa Code states, "For a structured swimming program, such as lap swim, competitive swimming, water exercise classes, swim lessons, and physical education classes a life guard is not required provided the program is supervised by an instructor,

teacher, or **coach who is a lifeguard or has current certification from the American Red Cross in basic water rescue, first aid, and infant, child and adult CPR**; or equivalent training approved by the Department of Health. **“An instructor, teacher, or coach may be responsible for a MAXIMUM of 30 persons within a structured activity. If more than 30 persons are involved (*in or out of the water*) in a structured activity, a second qualified supervisor **MUST** be present.”**

**Iowa High School Swim Coaches Association**

Coaches are reminded of the networking and leadership opportunities and student-athlete awards that are available to members of the Iowa High School Swim Coaches Association. Please contact Rick Loeffelholz at Hempstead High School (rloeffelholz@dbqschools.org) for additional information.

We hope you have a great start to the season. Again, don't hesitate to contact me with any concerns throughout the season.

Sincerely,

Jared Chizek  
Assistant Director