
DIRECTORY

2018-2019 SCHOOL YEAR

YOUR IOWA HIGH SCHOOL ATHLETIC ASSOCIATION DIRECTORY

This directory of administrators, athletic directors, coaches, and music and speech directors has been prepared and published by the Iowa High School Athletic Association with the hope it will find many uses among its member schools and officials.

IHSAA SCHOOL LISTING TO COINCIDE WITH DOE LISTING

A change has been made in the way the Iowa High School Athletic Association lists school names. As directed by the Board of Control, the IHSAA will now list school names so they coincide with the way the Department of Education lists them...that is with the actual school system name listed first.

DIRECTORY LISTING UPDATES

Only positions listed and completed with the online form are listed in this printed directory. Please note if you have changes in your directory information, go to your "Member School Link" and make those changes to your listing. You will need the same password that was sent to the school in the spring.

IHSAA MISSION STATEMENT

"The Iowa High School Athletic Association serves its member schools and students by providing leadership and support for education based interscholastic athletics that enrich the educational experience of the student athlete."



IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

Member of National Federation of State High School Associations
(515) 432-2011 1605 S. Story Street, P.O. Box 10, Boone, IA 50036-0010 FAX (515) 432-2961

World Wide Web Site - <http://www.iahsaa.org>

2018-2019 IHSAA DIRECTORY



Iowa High School Athletic Association Contact List - By Sports

Baseball – Todd Tharp / Jared Chizek
Basketball – Brett Nanninga
Bowling – Todd Tharp
Cross Country – Jared Chizek
Football – Todd Tharp
Golf – Chad Elsberry
Soccer – Todd Tharp
Swimming – Jared Chizek
Tennis – Alan Beste
Track and Field – Jared Chizek
Wrestling – Lewie Curtis / Alan Beste /
Jared Chizek (Weight management)

Iowa High School Athletic Association E-Mail Addresses

Sandra Anderson, Director of Finance - sanderson@iahsaa.org
Alan Beste, Executive Director - abeste@iahsaa.org
Laura Brooker, Asst. to the Director of Officials - officials@iahsaa.org
Jared Chizek, Assistant Director - jchizek@iahsaa.org
Chelsea Clark, Administrative Assistant - cclark@iahsaa.org
Chris Cuellar, Communications Director - ccuellar@iahsaa.org
Lewie Curtis, Director of Officials - lcurtis@iahsaa.org
Chad Elsberry, Assistant Director - celsberry@iahsaa.org
Amy Hopkins, Administrative Assistant - ahopkins@iahsaa.org
Elisa Kahler, Office Manager - ekahler@iahsaa.org
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Bud Legg, IHSAA Historian - blegg@iahsaa.org
Kim Mechura, Administrative Assistant - kmechura@iahsaa.org
Jessica Morgan, Accountant - jmorgan@iahsaa.org
Brett Nanninga, Associate Director - bnaninga@iahsaa.org
Todd Tharp, Assistant Director - ttharp@iahsaa.org



Iowa High School Music Association (www.ihsma.org)
PO Box 10, 1605 S. Story Street
Boone, IA 50036
515-432-2013

Iowa Girls High School Athletic Union (www.ighsau.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

Iowa High School Speech Association (www.ihssa.org)
5000 Westown Parkway, Suite 150
West Des Moines, IA 50312
515-288-9741

BEING A STUDENT ATHLETE MEANS...

**KEEPING
ACADEMICS
FIRST**



A message from the Iowa High School Athletic Association

**INTRODUCE A FRIEND
TO THE WORLD
OF OFFICIATING**



**Learn more about
Officiating and the IHSAA at
www.iahsaa.org**

2018-2019 School Directory

ACGC HIGH SCHOOL

Street Address: 906 School St
 City: Guthrie Center
 Zip Code: 50115
 Mailing Address: 906 School St
 City: Guthrie Center
 Zip Code: 50115-1436
 Supt. St Address: 906 School St
 Supt. City: Guthrie Center
 Supt. Zip: 50115-1436
 County: Guthrie
 Area Code: 641
 School Phone: 332-2236
 HS Fax: 332-2973
 AD Fax: 332-2973
 Web Site: <http://www.acgcschools.org>
 School Colors: Black & Gold
 Nickname: Chargers
 Conference: West Central Activities

Superintendent Steve Smith
 Phone (641)332-2972
 Email ssmith@acgcschools.org
 Principal Shane Arp
 Phone (641)332-2236
 Email sarp@acgcschools.org
 Asst/Assoc/Vice-Principal Garold Thomas
 Phone (641)332-2236
 Email gthomas@acgcschools.org
 Asst/Assoc/Vice-Principal Cynthia Jenson
 Phone (641)332-2236
 Email cjensen@acgcschools.org
 Athletic Administrator Ethan Lensch
 Phone (641)332-2974
 Email elensch@acgcschools.org
 Athletic Secretary Tara Embleton
 Phone (641)332-2972
 Email tembleton@acgcschools.org

Golf Lori McGivney
 Girls Golf Lori McGivney
 Basketball Lance Kading
 Girls Basketball Dan Baker
 Baseball Dana Fink
 Girls Softball Tim O'Brien
 Wrestling Shawn Danker
 Football Cody Matthewson
 Girls Volleyball Trevor Irwin
 Track & Field Cody Matthewson
 Girls Track & Field Colin Shawgo
 Cross Country Colin Shawgo
 Girls Cross Country Colin Shawgo
 Football Cheerleading Jen Betterton
 Basketball Cheerleading Carie Gruber
 Wrestling Cheerleading Brenda Rumelhart
 Speech Director Kelsey Moran
 Band Director Kyra Babcock
 Vocal Director Kelsey Moran

ADM, ADEL

Street Address: 801 Nile Kinnick Dr S
 City: Adel
 Zip Code: 50003
 Mailing Address: 801 Nile Kinnick Dr S
 City: Adel
 Zip Code: 50003
 Supt. St Address: 215 N. 11th Street
 Supt. City: Adel
 Supt. Zip: 50003
 County: Dallas
 Area Code: 515
 School Phone: 993-4584
 HS Fax: 993-3025
 AD Fax: 993-3025
 Web Site: <http://www.admschools.org>
 School Colors: Red & Black
 Nickname: Tigers
 Conference: Raccoon River
 Superintendent Greg Dufoe
 Phone (515)993-4283
 Email gdufoe@adm.k12.ia.us

Admin Asst. Debbie Stiles
 Phone (515)993-4283
 Email dstiles@adm.k12.ia.us
 Principal Lee Griebel
 Phone (515)993-4584
 Email lgriebel@adm.k12.ia.us
 Asst/Assoc/Vice-Principal Matt Lohmann
 Phone (515)993-4819
 Email mlohmann@adm.k12.ia.us
 Athletic Administrator Reece Satre
 Phone (515)993-4819
 Email rsatre@adm.k12.ia.us
 Athletic Secretary Lisa Wilken
 Phone (515)993-4819
 Email lwilken@adm.k12.ia.us
 Sp. Med. Prov. Melanie Mason (Select Medical)
 Golf Kelly Roder
 Girls Golf Kelly Roder
 Basketball Aaron Mager
 Baseball Jason Book
 Wrestling Chris Hatchitt
 Football Garrison Carter
 Girls Volleyball Mary Beth Scott
 Track & Field Jesse Hunt
 Girls Track & Field Bart Mueller
 Cross Country David Zwank
 Girls Cross Country David Zwank
 Soccer Bill Shields
 Girls Soccer Kelsey Graffney
 Football Cheerleading Alec Craigmile
 Basketball Cheerleading Lexy Greiner
 Wrestling Cheerleading Alec Craigmile
 Speech Director Jacqueline Seidl
 Student Council Tammie Smith
 Band Director Russ Braun
 Vocal Director Rebecca Cassel

AGWSR, ACKLEY

Street Address: 918 4th Ave
 City: Ackley
 Zip Code: 50601
 Mailing Address: 918 4th Ave
 City: Ackley
 Zip Code: 50601
 Supt. St Address: 918 4th Ave
 Supt. City: Ackley
 Supt. Zip: 50601
 County: Hardin
 Area Code: 641
 School Phone: 847-2633
 HS Fax: 847-3345
 AD Fax: 847-3345
 Web Site: <http://www.agwsr.org>
 School Colors: Purple, Navy, White
 Nickname: Cougars
 Conference: North Iowa Cedar-West

Superintendent Erik Smith
 Phone (641)847-2611
 Email esmith@agwsr.org
 Principal Erik Smith
 Phone (641)847-2633
 Email esmith@agwsr.org
 Athletic Administrator Lowell Young
 Phone (641)847-2633
 Email ad@agwsr.org
 Tennis Dan Karsjens
 Golf Brad Hames
 Girls Golf Stacy Drake
 Basketball Russ Banzhaf
 Girls Basketball Laurie Gann
 Baseball David Showalter
 Girls Softball Brenda Drake/Scott O'Brien
 Wrestling Chad Gerbracht
 Football James Koop
 Girls Volleyball Stacy Drake, Shanna Sperfslage
 Track & Field Ryley Schipper
 Girls Track & Field Laurie Gann
 Cross Country Matt Balsley
 Football Cheerleading Christy Koop

Basketball Cheerleading Christy Koop
 Wrestling Cheerleading Stacy Drake
 Speech Director Christy Koop
 Student Council Christy Koop
 Band Director Jeremy Idler
 Vocal Director Kim Medick

AHSTW, AVOCA

Street Address: 768 S Maple
 City: Avoca
 Zip Code: 51521
 Mailing Address: 768 S Maple
 City: Avoca
 Zip Code: 51521
 Supt. St Address: 768 S Maple
 Supt. City: Avoca
 Supt. Zip: 51521
 County: Pottawattamie
 Area Code: 712
 School Phone: 343-6364
 HS Fax: 343-2170
 AD Fax: 343-6915
 Web Site: <http://www.ahstwschools.org>
 School Colors: Blue, White, and Red
 Nickname: Vikings & Lady Vikes
 Conference: Western Iowa

Superintendent Darin Jones
 Phone (712)343-6364
 Email darin.jones@ahstwschools.org
 Admin Asst. Mary Kay Sievers
 Phone (712)343-6364 x7500
 Email marykay.sievers@ahstwschools.org
 Principal Steven Sauvain
 Phone (712)343-6364
 Email steven.sauvain@ahstwschools.org
 Athletic Administrator Davis Pattee
 Phone (712)343-6364
 Email davis.pattee@ahstwschools.org
 Athletic Secretary Jean Epley
 Phone (712)343-6364
 Email jean.epley@ahstwschools.org

Sp. Med. Prov. Stephanie Harder
 Golf Lori Tiarks
 Girls Golf Lori Tiarks
 Basketball G.G. Harris
 Girls Basketball Steve Sauvain
 Baseball Jason Holst
 Girls Softball Kelsey Muxfeldt
 Wrestling Evan McCarthy
 Football Davis Pattee
 Girls Volleyball Kelsey Muxfeldt
 Track & Field G.G. Harris
 Girls Track & Field Jenny Hamilton
 Cross Country Jenny Hamilton
 Girls Cross Country Jenny Hamilton
 Soccer James Johnson
 Girls Soccer TBA
 Football Cheerleading Joy Best
 Basketball Cheerleading Joy Best
 Wrestling Cheerleading Katie Pace
 Speech Director Amy Nissen
 Student Council Amy Pattee
 Band Director Annie Keupp
 Vocal Director Joseph Smerdel

AKRON-WESTFIELD

Street Address: 850 Kerr Drive
 City: Akron
 Zip Code: 51001
 Mailing Address: 850 Kerr Drive
 City: Akron
 Zip Code: 51001
 Supt. St Address: 850 Kerr Drive
 Supt. City: Akron
 Supt. Zip: 51001
 County: Plymouth
 Area Code: 712
 School Phone: 568-2020
 HS Fax: 568-2997

AD Fax: 568-2997
 Web Site: <http://www.akron-westfield.com>
 School Colors: Red & Black
 Nickname: Westerners
 Conference: War Eagle
 Superintendent Randy Collins
 Phone (712)568-2616
 Email rcollins@akron-westfield.com
 Principal Derek Briggs
 Phone (712)568-2020
 Email dbriggs@akron-westfield.com
 Athletic Administrator Todd Colt
 Phone (712)568-2020
 Email tcolt@akron-westfield.com
 Golf Todd Colt
 Girls Golf Todd Colt
 Basketball Jon Harris
 Girls Basketball Kent Johnson
 Baseball Gordy Johnson
 Girls Softball Todd Colt
 Wrestling John Sievert
 Football Eric Walkingstick
 Girls Volleyball Robyn VanEldik
 Track & Field Kent Johnson
 Girls Track & Field Eric Walkingstick
 Football Cheerleading Katie Muir
 Speech Director Colleen Westergard
 Student Council Krista Weiland
 Vocal Director Ryan Schuknecht

ALBIA

Street Address: 503 B Ave E
 City: Albia
 Zip Code: 52531
 Mailing Address: 503 B Ave E
 City: Albia
 Zip Code: 52531
 Supt. St Address: 701 Washington Ave E
 Supt. City: Albia
 Supt. Zip: 52531
 County: Monroe
 Area Code: 641
 School Phone: 932-2161
 HS Fax: 932-7069
 AD Fax: 932-7069
 Web Site: <http://www.albia.k12.ia.us>
 School Colors: Royal Blue, Red, White
 Nickname: Blue Demons/Lady Dees
 Conference: South Central
 Superintendent Kevin Crall
 Phone (641)932-2161 x1101
 Email kevin.crall@albia.k12.ia.us
 Principal Richard Montgomery
 Phone (641)932-2161 x1401
 Email richard.montgomery@albia.k12.ia.us
 Asst/Assoc/Vice-Principal Lori Eads
 Phone (641)932-2161 x1406
 Email lori.eads@albia.k12.ia.us
 Athletic Administrator Lori Eads
 Phone (641)932-2161 x1406
 Email lori.eads@albia.k12.ia.us
 Athletic Secretary Stacey Johnson
 Phone (641)932-2161 x1405
 Email staceyjohnson@albia.k12.ia.us
 Tennis Joe Judge
 Girls Tennis Justin Huber
 Golf Marty Hermesen
 Girls Golf Lynne Osing
 Basketball Kevin Archer
 Girls Basketball Katy Dykes
 Baseball Robbie D'Amato
 Wrestling Dave Wenger
 Football Justin Huber, Scott Farrington
 Girls Volleyball Missy Cox Dustin
 Track & Field Darren Hill
 Girls Track & Field Justin Long
 Cross Country Todd Ratliff
 Girls Cross Country Todd Ratliff
 Soccer Aaron Koester

Football Cheerleading Lori Hugen
 Basketball Cheerleading Lori Hugen
 Wrestling Cheerleading Lori Hugen
 Speech Director Suzanne Hollinrake
 Student Council Darren Hill
 Band Director David Perry
 Vocal Director Alex Steines

ALBURNETT

Street Address: 131 Roosevelt St
 City: Alburnett
 Zip Code: 52202
 Mailing Address: PO Box 400
 City: Alburnett
 Zip Code: 52202
 Supt. St Address: PO Box 400
 Supt. City: Alburnett
 Supt. Zip: 52202
 County: Linn
 Area Code: 319
 School Phone: 842-2263
 HS Fax: 842-2398
 AD Fax: 842-2398
 Web Site: <http://www.alburnettcsd.org>
 School Colors: Purple & Gold
 Nickname: Pirates
 Conference: Tri Rivers
 Superintendent Danielle Trimble
 Phone (319)842-2261
 Email dtrimble@alburnettcsd.org
 Principal Brian Moretz
 Phone (319)842-2263
 Email bmoretz@alburnettcsd.org
 Athletic Administrator Mike Mitchell
 Phone (319)842-2263
 Email mimitchell@alburnettcsd.org
 Athletic Secretary Tanya Keeney
 Phone (319)842-2263
 Email tkeeney@alburnettcsd.org
 Sp. Med. Prov. Shane Von Holten, PT
 (Performance Therapies PC)
 Golf Steve Sodawasser
 Girls Golf Steve Sodawasser
 Basketball Jeff Christopherson
 Girls Basketball Ann Jameson
 Baseball Ryan Stensland
 Girls Softball Nate Robertson
 Wrestling Clayton Rush
 Football Nic Breuer
 Girls Volleyball Allyssa Dierks
 Track & Field Christine Minor
 Girls Track & Field Kevan Kaestner
 Cross Country Luke Ossman
 Girls Cross Country Luke Ossman
 Football Cheerleading Loxley Grafe
 Basketball Cheerleading Loxley Grafe
 Student Council Abbie Parker
 Band Director Lydia Raim
 Vocal Director Joe Fagerstrom

ALGONA

Street Address: 600 S Hale St
 City: Algona
 Zip Code: 50511
 Mailing Address: 600 S Hale St
 City: Algona
 Zip Code: 50511
 Supt. St Address: 600 S Hale St
 Supt. City: Algona
 Supt. Zip: 50511
 County: Kossuth
 Area Code: 515
 School Phone: 295-7207
 HS Fax: 295-9273
 AD Fax: 295-9273
 Web Site: <http://www.algona.k12.ia.us>
 School Colors: Red & Black
 Nickname: Bulldogs
 Conference: North Central

Superintendent Dr. Thomas Williams
 Phone (515)295-3528
 Principal Jared Cecil
 Phone (515)295-7207
 Email jcecil@algona.k12.ia.us
 Asst/Assoc/Vice-Principal Brian Morgan
 Phone (515)295-7207
 Email bmorgan@algona.k12.ia.us
 Athletic Administrator Shelly TerHark
 Phone (515)295-7207 x225
 Email sterhark@algona.k12.ia.us
 Athletic Secretary Kathy Breiner
 Phone (515)295-7207 x225
 Email kbreiner@algona.k12.ia.us
 Sp. Med. Prov. Jim Lonning
 Golf Mike Ford
 Girls Golf Mike Weier
 Basketball Noel McLaughlin
 Girls Basketball Mike Ford
 Girls Swimming Jim Fisher
 Baseball Mike Elsbecker
 Girls Softball Jackie Fonley
 Wrestling Nick Kuecker
 Football Andy Jacobson
 Girls Volleyball Shelly TerHark
 Track & Field Gregg Wellman
 Girls Track & Field Brian Connick, Tong Uk Yi
 Cross Country Pete Waltz
 Girls Cross Country Pete Waltz
 Football Cheerleading Heather Pesicka
 Basketball Cheerleading Heather Pesicka
 Wrestling Cheerleading Heather Pesicka
 Speech Director Rachel Zellau
 Student Council Lisa Cassens
 Band Director Kurt Kissinger
 Vocal Director Adam Orban

ALTA-AURELIA

Street Address: 1009 Main St
 City: Alta
 Zip Code: 51002
 Mailing Address: 1009 Main St
 City: Alta
 Zip Code: 51002
 Supt. St Address: 101 W 5th St
 Supt. City: Alta
 Supt. Zip: 51002
 County: Buena Vista
 Area Code: 712
 School Phone: 200-1331
 HS Fax: 200-4123
 AD Fax: 200-4123
 Web Site: <http://www.alta-aurelia.org>
 School Colors: Navy, red, white
 Nickname: Warriors
 Conference: Twin Lakes
 Superintendent K. Lynn Evans
 Phone (712)200-1010
 Email levans@alta-aurelia.k12.ia.us
 Principal Tom Ryherd
 Phone (712)200-1331
 Email tryherd@alta-aurelia.k12.ia.us
 Athletic Administrator Terri Sherkenbach
 Phone (712)200-1331 x26
 Email tzimmerman@alta-aurelia.k12.ia.us
 Sp. Med. Prov. Mike Spelman
 Golf Mark Henningsen
 Girls Golf LeAnn Patton
 Basketball Evan Franzmeier
 Girls Basketball Adam Rapp
 Baseball Ryan Burkhart
 Girls Softball Dave Turnquist
 Wrestling Mike Fry
 Football Chris Reinert, Grant Peckenscheider
 Girls Volleyball Jeannie Henningsen
 Track & Field Wendell Larson
 Girls Track & Field Tim Galvin
 Cross Country Wendell Larson
 Girls Cross Country Wendell Larson

Soccer John Stange
Football Cheerleading Lori Kolpin
Basketball Cheerleading..... Terri Sherkenbach
Wrestling Cheerleading..... Terri Sherkenbach
Student CouncilLindsay Brown
Band Director..... Corbett Butler
Vocal Director Natalie Bradburn

AMES

Street Address: 1921 Ames High Dr
City: Ames
Zip Code: 50010
Mailing Address: 1921 Ames High Dr
City: Ames
Zip Code: 50010
Supt. St Address: 2005 24th St
Supt. City: Ames
Supt. Zip: 50010-4488
County: Story
Area Code: 515
School Phone: 817-0600
HS Fax: 817-0617
AD Fax: 817-0617
Web Site: <http://www.ames.k12.ia.us>
School Colors: Orange & Black
Nickname: Little Cyclones
Conference: CIML-Central
Superintendent Jenny Risner
Phone (515)268-6660
Email jenny.risner@ames.k12.ia.us
Asst/Assoc Supt Amy Lane
Phone (515)268-6620
Email amy.lane@ames.k12.ia.us
Principal Spence Evans
Phone (515)817-0600
Email spence.evans@ames.k12.ia.us
Asst/Assoc/Vice-Principal Jeff Anderson
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Email jeff.anderson@ames.k12.ia.us
Asst/Assoc/Vice-Principal Brian Carico
Phone (515)817-0600
Email brian.carico@ames.k12.ia.us
Athletic Administrator Judge W. Johnston
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Email judge.johnston@ames.k12.ia.us
Co-AD/Assistant Ian Smith
Phone (515)817-0611
Email ian.smith@ames.k12.ia.us
Athletic Secretary J.D. Mitchell
Phone (515)817-0611
Email joshua.mitchell@ames.k12.ia.us
Sp. Med. Prov. Lindsey Struck (McFarland Clinic)
Tennis Dustin Rhoads
Girls Tennis..... Dustin Rhoads
Golf R.J. Voss
Girls Golf..... R.J. Voss
Basketball Vance Downs
Girls Basketball..... Joel Sullivan
Swimming Dan Flannery
Girls Swimming..... Dan Flannery
Baseball Brett Fuller
Girls Softball Gary Gorman
Wrestling..... Andy Fecht
Football..... Bruce Vertanen
Girls Volleyball Peter Cruz
Track & Field..... Ben Duea
Girls Track & Field Ben Duea
Cross Country..... Tim Mooney
Girls Cross Country Cole Anderson
Soccer Chad Zmolek
Girls Soccer..... Bobby Myers
Football Cheerleading Sarah Buss
Basketball Cheerleading..... Dana Logan
Wrestling Cheerleading Dana Logan
Speech Director Connie Ringlee
Student Council Allison DiBlasi
Band Director..... Chris Ewan
Vocal Director Peggy Dieter
Orchestra Director Mary Kay Polashek

ANAMOSA

Street Address: 209 Sadie Street
City: Anamosa
Zip Code: 52205
Mailing Address: 209 Sadie St
City: Anamosa
Zip Code: 52205
Supt. St Address: 200 S. Garnavillo St.
Supt. City: Anamosa
Supt. Zip: 52205
County: Jones
Area Code: 319
School Phone: 462-3594
HS Fax: 462-2332
AD Fax: 462-2332
Web Site: <http://www.anamosa.k12.ia.us>
School Colors: Royal & White
Nickname: Blue Raiders
Conference: WaMaC
Superintendent Larry Hunt
Phone (319)462-4321
Email lhunt@anamosa.k12.ia.us
Admin Asst..... Cathy Wehling
Phone (319)462-4321
Email cwehling@anamosa.k12.ia.us
Principal..... Jacqueline Lahey
Phone (319)462-3594 x1610
Email jlahey@anamosa.k12.ia.us
Asst/Assoc/Vice-Principal..... Bret Jones
Phone (319)462-3594 x1645
Email bjones@anamosa.k12.ia.us
Athletic Administrator Bret Jones
Phone (319)462-3594 x1645
Email bjones@anamosa.k12.ia.us
Athletic Secretary Deb Hardersen
Phone (319)462-3594 x1545
Email dhardersen@anamosa.k12.ia.us
Sp. Med. Prov. Sally Meyer (Wapsi Physical Therapy)
Golf Trent Jeffrey
Basketball Kevin Barnes
Girls Basketball..... Jack Lighty
Baseball..... Bryan McCray
Wrestling..... Trevor Greene
Football..... Lucas Stanton
Girls Volleyball Caitlin McVay
Track & Field..... Justin Bader
Girls Track & Field Hannah Noll
Cross Country..... Justin Bader
Girls Cross Country Justin Bader
Soccer David Stemper
Girls Soccer Tom Rogers
Speech Director..... Jamie Hamblin
Student Council Kori Lighty
Band Director..... Caleb Haselhuhn
Vocal Director Andrew Eley

ANKENY

Street Address: 1155 SW Cherry St
City: Ankeny
Zip Code: 50023
Mailing Address: 1155 SW Cherry St
City: Ankeny
Zip Code: 50023
Supt. St Address: 306 SW School St
Supt. City: Ankeny
Supt. Zip: 50021
County: Polk
Area Code: 515
School Phone: 965-9630
HS Fax: 965-9639
AD Fax: 964-2956
Web Site: <http://www.ankenyschools.org>
School Colors: Maroon & Gold
Nickname: Hawks/Hawkettes
Conference: CIML-Central
Superintendent Dr. Bruce Kimpston
Phone (515)965-9600
Email bruce.kimpston@ankenyschools.org

Asst/Assoc Supt Dr. Matt Adams
Phone (515)965-9600
Email matt.adams@ankenyschools.org
Admin Asst..... Suzanne Showalter
Phone (515)965-9600
Email suzanne.showalter@ankenyschools.org
Principal..... Dr. Jeff Hawkins
Phone (515)965-9630
Email jeff.hawkins@ankenyschools.org
Asst/Assoc/Vice-Principal Christopher Feldhans
Phone (515)965-9630
Email christopher.feldhans@ankenyschools.org
Asst/Assoc/Vice-Principal Lisa Hill
Phone (515)965-9630
Email lisa.hill@ankenyschools.org
Asst/Assoc/Vice-Principal Mike Bakker
Phone (515)965-9635
Email mike.bakker@ankenyschools.org
Asst/Assoc/Vice-Principal Adam Busch
Phone (515)965-9635
Email adam.busch@ankenyschools.org
Athletic Administrator Brent Buttjer
Phone (515)963-4335 x2804
Email brent.buttjer@ankenyschools.org
Co-AD/Assistant Tom Day
Phone (515)963-4335
Email tom.day@ankenyschools.org
Athletic Secretary Sarah Murphy
Phone (515)963-4335
Email sarah.murphy@ankenyschools.org
Sp. Med. Prov. Ellen Sutphen, LAT
(Ankeny Physical and Sports Therapy)
Girls Tennis..... Katie Owens
Golf Mike Weddingfeld
Girls Golf..... Seth Hagarty
Basketball Brandt Carlson
Girls Basketball..... Dru McAnelly
Swimming Justin Crouch
Girls Swimming..... Michelle Stout
Baseball..... Joe Balvanz
Girls Softball Dave Bingham
Wrestling..... Jack Wignall
Football Rick Nelson
Girls Volleyball Joe Morton
Track & Field..... Nick Nelson
Cross Country..... Jon Lindaman
Girls Cross Country Eric Klingensmith
Soccer Jordan Burns
Girls Soccer Dan Bertsch
Bowling Hanna Munson
Girls Bowling..... Hanna Munson
Football Cheerleading Katie Bales
Basketball Cheerleading..... Katie Bales
Wrestling Cheerleading Britne Davis
Speech Director Grace Jones
Student Council Morgan Olson
Band Director..... Joel Poppen
Vocal Director Ben Walters

ANKENY CENTENNIAL

Street Address: 2220 NW State St
City: Ankeny
Zip Code: 50023
Mailing Address: 2220 NW State St
City: Ankeny
Zip Code: 50023
Supt. St Address: 306 SW School St
Supt. City: Ankeny
Supt. Zip: 50021
County: Polk
Area Code: 515
School Phone: 965-9630
HS Fax: 965-4234
AD Fax: 964-5326
Web Site: <http://www.ankenyschools.org>
School Colors: Black & Silver / Maroon Accent
Nickname: Jaguars
Conference: CIML-Central

Superintendent Dr. Bruce Kimpston
 Phone (515)965-9600 x3941
 Email bruce.kimpston@ankenyschools.org
 Asst/Assoc Supt Dr. Matt Adams
 Phone (515)965-9600 x3931
 Email matt.adams@ankenyschools.org
 Admin Asst Suzanne Showalter
 Phone (515)965-9600 x3940
 Email suzanne.showalter@ankenyschools.org
 Principal Dr. Jen Lindaman
 Phone (515)965-9610 x2985
 Email jen.lindaman@ankenyschools.org
 Asst/Assoc/Vice-Principal Nancy Lehman
 Phone (515)965-9610 x2987
 Email nancy.lehman@ankenyschools.org
 Asst/Assoc/Vice-Principal Dr. Darin Haack
 Phone (515)965-9610 x2986
 Email darin.haack@ankenyschools.org
 Asst/Assoc/Vice-Principal Cory Goldsmith
 Phone (515)965-9610 x2809
 Email cory.goldsmith@ankenyschools.org
 Athletic Administrator Scott Garvis
 Phone (515)635-2975
 Email scott.garvis@ankenyschools.org
 Co-AD/Assistant Randy Hoeck
 Phone (515)635-2974
 Email randy.hoeck@ankenyschools.org
 Co-AD/Assistant Holly Anderson
 Phone (515)635-2974
 Email holly.anderson@ankenyschools.org
 Athletic Secretary Marge Rasmuson
 Phone (515)635-2976
 Email marge.rasmuson@ankenyschools.org
 Sp. Med. Prov. Peter Harder
 Tennis Tami Lewton
 Girls Tennis TBA
 Golf Rick Fee
 Girls Golf TBA
 Basketball Bob Fontana
 Girls Basketball Scott DeJong
 Swimming Justin Crouch
 Girls Swimming Michelle Stout
 Baseball Mark Hey
 Girls Softball TBA
 Wrestling Jay Groth
 Football Jerry Pezzetti, Ryan Pezzetti
 Girls Volleyball Jessica Rinehart
 Track & Field Nate Smith
 Girls Track & Field Andrew Kruzich
 Cross Country Chad Fickbohm
 Girls Cross Country Eric Cogdill
 Soccer Brian Duax
 Girls Soccer Chris Allen
 Football Cheerleading Alyssa Howlett
 Basketball Cheerleading Alyssa Howlett
 Wrestling Cheerleading Alyssa Howlett
 Speech Director Jon Russell
 Student Council Amy Bossard
 Band Director Scott Hook
 Vocal Director Lester Miller

ANKENY CHRISTIAN ACADEMY

Street Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023
 Mailing Address: 1604 W 1st St
 City: Ankeny
 Zip Code: 50023
 Supt. St Address: 1604 W 1st Street
 Supt. City: Ankeny
 Supt. Zip: 50023
 County: Polk
 Area Code: 515
 School Phone: 965-8114
 HS Fax: 965-8210
 AD Fax: 965-8210
 Web Site: <http://www.ankenychristianacademy.org>
 School Colors: Royal Blue & White
 Nickname: Eagles

Conference: Blue Grass
 Superintendent Dr. Steve Robinson
 Phone (515)965-8114 x110
 Email steve.robinson@ankenychristianacademy.com
 Asst/Assoc Supt Joyce Hansen
 Phone (515)965-8114
 Email joyce.hansen@ankenychristianacademy.com
 Admin Asst Melanie Fericks
 Phone (515)965-8114 x118
 Email melanie.fericks@ankenychristianacademy.com
 Athletic Administrator Larry Schroeder
 Phone (515)965-8114 x121
 Email larry.schroeder@ankenychristianacademy.com
 Sp. Med. Prov. Otto Krueger (Krueger Chiropractic)
 Golf Larry Schroeder
 Girls Golf Larry Schroeder
 Basketball Paul Selindh
 Girls Basketball Monica Dickinson
 Baseball Craig Dueker
 Girls Volleyball Kelly Appell
 Track & Field Tim Olejniczak
 Girls Track & Field Tim Olejniczak
 Cross Country Larry Schroeder
 Girls Cross Country Larry Schroeder
 Student Council Cheryl Schroeder
 Band Director Danae Oliver
 Vocal Director Emily Mungons

APLINGTON-PARKERSBURG

Street Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Mailing Address: 610 N Johnson Rd
 City: Parkersburg
 Zip Code: 50665
 Supt. St Address: 610 N Johnson Rd
 Supt. City: Parkersburg
 Supt. Zip: 50665
 County: Butler
 Area Code: 319
 School Phone: 346-1572
 HS Fax: 346-1012
 AD Fax: 346-1012
 Web Site: <http://www.apl-park.k12.ia.us>
 School Colors: Red, Black & Silver
 Nickname: Falcons
 Conference: North Iowa Cedar East
 Superintendent Jon Thompson
 Phone (319)346-1571
 Email jon.thompson@a-pcsd.net
 Principal Aaron Thomas
 Phone (319)346-1571
 Email aaron.thomas@a-pcsd.net
 Athletic Administrator Jason Berkey
 Phone (319)346-1571
 Email jason.berkey@a-pcsd.net
 Athletic Secretary Staci Brungard
 Phone (319)346-1571
 Email staci.brungard@a-pcsd.net
 Tennis Jon Wiegmann
 Girls Tennis Angie Reifenrath
 Golf Gary Flanigan
 Girls Golf Gary Flanigan
 Basketball Aaron Thomas
 Girls Basketball Jason Berkey
 Baseball Roger Oberhauser
 Girls Softball Charity Rosteck
 Wrestling Brian Benning
 Football Alex Pollock
 Girls Volleyball Erin Huddleson
 Track & Field Mark Haren
 Girls Track & Field Alex Pollock
 Cross Country Jason Berkey
 Girls Cross Country Jason Berkey
 Soccer Senad Mrzljak
 Girls Soccer Cory Goetch
 Football Cheerleading Rachel Barrett
 Basketball Cheerleading Rachel Barrett
 Wrestling Cheerleading Cristine Mehmen

Speech Director Klay Hoppenworth
 Student Council Anthony Wheaton
 Band Director Thom Mahler
 Vocal Director Jeff Bieber

AR-WE-VA, WESTSIDE

Street Address: 108 Clinton St
 City: Westside
 Zip Code: 51467
 Mailing Address: PO Box 108
 City: Westside
 Zip Code: 51467
 Supt. St Address: PO Box 108
 Supt. City: Westside
 Supt. Zip: 51467
 County: Crawford
 Area Code: 712
 School Phone: 663-4312
 HS Fax: 663-4340
 AD Fax: 663-4312
 Web Site: <http://www.ar-we-va.k12.ia.us>
 School Colors: Red, Black & White
 Nickname: Rockets
 Conference: Rolling Valley Conference
 Superintendent Jeff Kruse
 Phone (712)663-4312
 Email jkruse@scc.k12.ia.us
 Principal Chris Petersen
 Phone (712)663-4312
 Email cpetersen@ar-we-va.k12.ia.us
 Athletic Administrator Darin Schurke
 Phone (712)663-4312
 Email schurke@ar-we-va.k12.ia.us
 Athletic Secretary Barb Niehaus
 Phone (712)663-4312
 Email bnierhaus@ar-we-va.k12.ia.us
 Basketball Matt Wilken
 Girls Basketball Dan Kock
 Baseball Austin Stoelk
 Girls Softball Mackenzie Fitch
 Football Chris Petersen
 Girls Volleyball Amber Hoffman
 Track & Field Darin Schurke
 Girls Track & Field Darin Schurke
 Football Cheerleading Candi Miller
 Basketball Cheerleading Candi Miller
 Speech Director Rosemary Cameron
 Student Council Barb Niehaus
 Band Director Rebecca Dose
 Vocal Director Rebecca Dose

ASSUMPTION, DAVENPORT

Street Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804
 Mailing Address: 1020 W Central Park Ave
 City: Davenport
 Zip Code: 52804
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Scott
 Area Code: 563
 School Phone: 326-5313
 HS Fax: 322-9125
 AD Fax: 322-9125
 Web Site: <http://www.assumptionhigh.org>
 School Colors: Scarlet Red and White
 Nickname: Knights
 Conference: Mississippi Athletic
 Superintendent Lee Morrison
 Phone (563)324-1911
 Email morrison@davenportdiocese.org
 Executive Coordinator Andy Craig
 Phone (563)326-5313 x225
 Email andy.craig@assumptionhigh.org
 Principal Bridget Murphy
 Phone (563)326-5313 x289
 Email bridget.murphy@assumptionhigh.org

Asst/Assoc/Vice-Principal.....Mike Frieden
 Phone.....(563)326-5313 x224
 Email.....mike.frieden@assumptionhigh.org
 Athletic Administrator.....Wade King
 Phone.....(563)326-5313 x245
 Email.....wade.king@assumptionhigh.org
 Athletic Secretary.....Jordan Gizzarelli
 Phone.....(563)326-5313 x242
 Email.....jordan.gizzarelli@assumptionhigh.org
 Sp. Med. Prov.....Kaelene Voorhees (Rock Valley PT)
 Tennis.....Jake Timm
 Girls Tennis.....Cindy McCabe
 Golf.....Gary Laake
 Girls Golf.....Gary Laake
 Basketball.....Matt Fitzpatrick
 Girls Basketball.....Katelyn McNamara
 Baseball.....TBA
 Girls Softball.....Ron Ferrill
 Wrestling.....Jon Terronez
 Football.....Wade King
 Girls Volleyball.....Bre Scherler
 Track & Field.....Tim O'Neill
 Girls Track & Field.....Tim O'Neill
 Cross Country.....Tim O'Neill
 Girls Cross Country.....Tim O'Neill
 Soccer.....Greg Zeller
 Girls Soccer.....Elizabeth Maus
 Football Cheerleading.....Brittany Nylin
 Basketball Cheerleading.....Brittany Nylin
 Wrestling Cheerleading.....Brittany Nylin
 Student Council.....Mike Frieden
 Band Director.....Erin Mahr
 Vocal Director.....Trevor Loes

ATLANTIC

Street Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Mailing Address: 1201 E 14th St
 City: Atlantic
 Zip Code: 50022
 Supt. St Address: 1100 Linn St
 Supt. City: Atlantic
 Supt. Zip: 50022
 County: Cass
 Area Code: 712
 School Phone: 243-5358
 HS Fax: 243-8007
 AD Fax: 243-8007
 Web Site: <http://www.atlanticaschools.org>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: Hawkeye Ten
 Superintendent.....Steve Barber
 Phone.....(712)243-4252
 Email.....sbarber@atlanticaschools.org
 Principal.....Heather Joy McKay
 Phone.....(712)243-5358
 Email.....hmckay@atlanticaschools.org
 Asst/Assoc/Vice-Principal.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticaschools.org
 Athletic Administrator.....Andrew Mitchell
 Phone.....(712)243-5364
 Email.....amitchell@atlanticaschools.org
 Athletic Secretary.....Amber Jipsen
 Phone.....(712)243-5364
 Email.....ajipsen@atlanticaschools.org
 Sp. Med. Prov.....Andy Niemann, LAT
 (Cass County Health Systems)
 Tennis.....Mike McDermott
 Girls Tennis.....Mike McDermott
 Golf.....Ed DenBeste
 Girls Golf.....Kathy Hobson
 Basketball.....Jeffrey Ebling
 Girls Basketball.....Dan Vargason
 Swimming.....Dean Junker
 Girls Swimming.....Dean Junker
 Baseball.....TBD

Girls Softball.....Terry Hinzmann
 Wrestling.....Tim Duff
 Football.....Mike McDermott
 Girls Volleyball.....Michelle Blake
 Track & Field.....TBD
 Girls Track & Field.....TBD
 Cross Country.....Dan Vargason
 Girls Cross Country.....Dan Vargason
 Soccer.....Justin Williams
 Girls Soccer.....Jordan Newberg
 Football Cheerleading.....Andrea Reilly
 Basketball Cheerleading.....Andrea Reilly
 Wrestling Cheerleading.....Andrea Reilly
 Speech Director.....Alex Bales
 Student Council.....Pat Wiederien, Taylor Williams
 Band Director.....Jarrod O'Donnell
 Vocal Director.....Jennifer Gaesser

AUDUBON

Street Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Mailing Address: 800 3rd Ave
 City: Audubon
 Zip Code: 50025
 Supt. St Address: 800 3rd Ave
 Supt. City: Audubon
 Supt. Zip: 50025
 County: Audubon
 Area Code: 712
 School Phone: 563-2607
 HS Fax: 563-3607
 AD Fax: 563-3607
 Web Site: <http://www.audubon.k12.ia.us>
 School Colors: Red & White
 Nickname: Wheelers
 Conference: Western Iowa
 Superintendent.....Brett Gibbs
 Phone.....(712)563-2607 x223
 Email.....bgibbs@audubon.k12.ia.us
 Principal.....Eric Trager
 Phone.....(712)563-2607 x229
 Email.....etrager@audubon.k12.ia.us
 Athletic Administrator.....Randy Spies
 Phone.....(712)563-2607 x228
 Email.....rspies@audubon.k12.ia.us
 Athletic Secretary.....Kristie Nielsen
 Phone.....(712)563-2607 x227
 Email.....knielsen@audubon.k12.ia.us
 Tennis.....McKenzie Krauel
 Golf.....Sue Hawkins
 Girls Golf.....Paul Lynch
 Basketball.....Coleman Mullenix
 Girls Basketball.....Darren Miller
 Baseball.....Sean Birks
 Girls Softball.....Eric Borkowski
 Wrestling.....Shawn Bohlmann, Kris Obermeier
 Football.....Sean Birks
 Girls Volleyball.....Elizabeth Stein
 Track & Field.....Monte Riebhoff
 Girls Track & Field.....Tony Konkler
 Cross Country.....Pete Dammel
 Girls Cross Country.....Pete Dammel
 Football Cheerleading.....Sarah Smith
 Wrestling Cheerleading.....April Brand
 Speech Director.....Steph Graham, Erin O'Brien
 Student Council.....Victoria Chargo
 Band Director.....Victoria Chargo
 Vocal Director.....Tami Meiners

BALLARD

Street Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Mailing Address: 701 Ballard Drive
 City: Huxley
 Zip Code: 50124
 Supt. St Address: 509 North Main
 Supt. City: Huxley

Supt. Zip: 50124
 County: Story
 Area Code: 515
 School Phone: 597-2971
 HS Fax: 597-2964
 AD Fax: 597-2964
 Web Site: <http://www.ballard.k12.ia.us>
 School Colors: Red & White
 Nickname: Bombers
 Conference: Raccoon River
 Superintendent.....Ottie Maxey
 Phone.....(515)597-2811
 Email.....omaxey@ballard.k12.ia.us
 Principal.....John Ronca
 Phone.....(515)597-2971 x2171
 Email.....jronca@ballard.k12.ia.us
 Asst/Assoc/Vice-Principal.....Chris Deason
 Phone.....(515)597-2971 x2172
 Email.....cdeason@ballard.k12.ia.us
 Asst/Assoc/Vice-Principal.....Mike Manock
 Phone.....(515)597-3017
 Email.....mmanock@ballard.k12.ia.us
 Athletic Administrator.....Nate Boock
 Phone.....(515)597-2971 x2139
 Email.....nboock@ballard.k12.ia.us
 Athletic Secretary.....Terri Weeks
 Phone.....(515)597-2971 x2138
 Email.....tweeks@ballard.k12.ia.us
 Sp. Med. Prov.....Jordan Hayes, LAT (DMOS)
 Tennis.....Matt Fjelland
 Girls Tennis.....Jennifer Dovre
 Girls Golf.....Mike Ogle
 Basketball.....Chris Deason
 Girls Basketball.....Kelly Anderson
 Baseball.....Nick Steenhagen
 Girls Softball.....Charlie Husak
 Wrestling.....Steve Mickelson
 Football.....Corey Vespestad, Kyle Howard
 Girls Volleyball.....Shannon Wilhelm
 Girls Track & Field.....Scott Barth
 Cross Country.....Scott Barth
 Girls Cross Country.....Scott Barth
 Soccer.....Marcelo Irvin
 Girls Soccer.....Brent Emerson
 Football Cheerleading.....Kaily Macdonald
 Basketball Cheerleading.....JoEllen Wesselmann
 Wrestling Cheerleading.....Allison Vincent
 Speech Director.....Lisa Ronca
 Student Council.....Catherine Mein, Julie Ramer
 Band Director.....Derrick Hawks
 Vocal Director.....Peter Krum

BAXTER

Street Address: 202 E State St
 City: Baxter
 Zip Code: 50028
 Mailing Address: PO Box 189
 City: Baxter
 Zip Code: 50028
 Supt. St Address: PO Box 189
 Supt. City: Baxter
 Supt. Zip: 50028
 County: Jasper
 Area Code: 641
 School Phone: 227-3103
 HS Fax: 227-3217
 AD Fax: 227-3217
 Web Site: <http://www.baxter.k12.ia.us>
 School Colors: Purple, Black, Silver
 Nickname: Bolts
 Conference: Iowa Star
 Superintendent.....Mickolyn Clapper
 Phone.....(641)227-3102
 Email.....mclapper@baxter.k12.ia.us
 Principal.....Rob Luther
 Phone.....(641)227-3103
 Email.....rluther@baxter.k12.ia.us
 Athletic Administrator.....Lori Fricke
 Phone.....(641)227-3523
 Email.....lfricke@baxter.k12.ia.us

Sp. Med. Prov. Kyle Walker
 Golf Zach Hasselbrink
 Girls Golf Zach Hasselbrink
 Basketball Zach Hasselbrink
 Girls Basketball Eric Padgett
 Baseball Lewis Daye
 Girls Softball Crystal Bruntz
 Wrestling Richard Beeler
 Football Rob Luther
 Girls Volleyball Scott Ranck
 Track & Field Josh Russell
 Girls Track & Field Jason Aker
 Cross Country Dennis Vaughn
 Girls Cross Country Dennis Vaughn
 Football Cheerleading Cassie Applegate-Brummel
 Wrestling Cheerleading Julia Heimer
 Speech Director Ryan Boley
 Student Council Rob Luther
 Band Director Julia Heimer
 Vocal Director Colette Hill

BCLUW, CONRAD

Street Address: 610 E Center St
 City: Conrad
 Zip Code: 50621
 Mailing Address: PO Box 670
 City: Conrad
 Zip Code: 50621
 Supt. St Address: PO Box 670
 Supt. City: Conrad
 Supt. Zip: 50621
 County: Grundy
 Area Code: 641
 School Phone: 366-2810
 HS Fax: 366-2951
 AD Fax: 366-2951
 Web Site: <http://www.bcluw-ia.schoolloop.com/>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: North Iowa Cedar-West
 Superintendent Ben Petty
 Phone (641)366-2819 x213
 Email bpetty@bcluw.org
 Admin Asst Cami Parker
 Phone (641)366-2810 x3600
 Email cparker@bcluw.org
 Principal Kristyn Kell
 Phone (641)366-2810 x3003
 Email kkell@bcluw.org
 Athletic Administrator Lynn Silver
 Phone (641)366-2810 x3009
 Email ad@bcluw.org
 Athletic Secretary Cami Parker
 Phone (641)366-2819 x3009
 Email cparker@bcluw.org
 Sp. Med. Prov. Matt Ingram
 Golf Heath Rhinehart
 Girls Golf Stacy Simpson
 Basketball Luke Higgins
 Girls Basketball Dave Lee
 Baseball Matt Zoske
 Girls Softball Megan Yantis, Ashlee Hlggins
 Wrestling Stacy Simpson, Mike Olson
 Football Anthony Jahr
 Girls Volleyball Kristen Garber
 Track & Field Anthony Jahr
 Girls Track & Field Dustin Grothoff
 Cross Country Donna Fiscus
 Girls Cross Country Donna Fiscus
 Football Cheerleading Kelly Trinkle
 Basketball Cheerleading Morgan Trinkle
 Speech Director Gina Dinsmore
 Student Council Roberta Vanderah, Grant Bohlke
 Band Director David Bartling
 Vocal Director Michael Jahn

BECKMAN CATHOLIC, DYERSVILLE

Street Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040

Mailing Address: 1325 9th St SE
 City: Dyersville
 Zip Code: 52040
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Dubuque
 Area Code: 563
 School Phone: 875-7188
 HS Fax: 875-7242
 AD Fax: 875-7242
 Web Site: <http://www.beckman.pvt.k12.ia.us>
 School Colors: Green & Gold
 Nickname: Trailblazers
 Conference: WaMac East
 Superintendent Kim Hermsen
 Phone (563)556-2580 x289
 Email dbqsup@dbqarch.org
 Principal Marcel Kielkucki
 Phone (563)875-7188 x300
 Email mkielkucki@beckman.pvt.k12.ia.us
 Asst/Assoc/Vice-Principal Ryan Devereux
 Phone (563)875-7188 x303
 Email rdevereux@beckman.pvt.k12.ia.us
 Athletic Administrator Todd Troutman
 Phone (563)875-7188 x305
 Email ttroutman@beckman.pvt.k12.ia.us
 Athletic Secretary Rita Mulcahy
 Phone (563)875-7188 x302
 Email rmulcahy@beckman.pvt.k12.ia.us
 Sp. Med. Prov. Susan Theisen
 Golf Darin Michels
 Girls Golf Jim Sheston
 Basketball Mike Molony
 Girls Basketball Chad Thomason
 Baseball Fred Martin
 Girls Softball Tom Tegeler
 Wrestling Cody Ortmann
 Football Mark Atwater
 Girls Volleyball Todd Troutman
 Track & Field Todd Troutman; Ryan Meissner
 Girls Track & Field Todd Troutman; Ryan Meissner
 Cross Country Tyson Squiers
 Girls Cross Country Tyson Squiers
 Soccer Mirek Laskowski
 Girls Soccer Greg Keegan
 Speech Director Emmy Thomason
 Student Council Ryan Deveraux
 Band Director Staci Speer
 Vocal Director Krystal Smith

BEDFORD

Street Address: 906 Penn St
 City: Bedford
 Zip Code: 50833
 Mailing Address: PO Box 234
 City: Bedford
 Zip Code: 50833
 Supt. St Address: PO Box 234
 Supt. City: Bedford
 Supt. Zip: 50833
 County: Taylor
 Area Code: 712
 School Phone: 523-2114
 HS Fax: 523-2308
 AD Fax: 523-2589
 Web Site: <http://www.bedford.k12.ia.us>
 School Colors: Navy & White
 Nickname: Bulldogs
 Conference: Pride of Iowa
 Superintendent Joe Drake
 Phone (712)523-2656
 Email jdrake@bedford.k12.ia.us
 Admin Asst Vicki Streebin
 Phone (712)523-2656
 Email vstreebin@bedford.k12.ia.us
 Principal Michael Irvin
 Phone (712)523-2114
 Email mirvin@bedford.k12.ia.us

Asst/Assoc/Vice-Principal Dana Nally
 Phone (712)523-2114
 Email dnally@bedford.k12.ia.us
 Athletic Administrator Matt Ambrose
 Phone (712)523-2116
 Email mambrose@bedford.k12.ia.us
 Athletic Secretary Kay Lynne Sheffield
 Phone (712)523-2116
 Email ksheffield@bedford.k12.ia.us
 Golf Donnie Weed
 Girls Golf Donnie Weed
 Basketball Frank Sefrit
 Girls Basketball Kenny Weed
 Baseball Frank Sefrit
 Girls Softball Dan Musich
 Wrestling Derek Weller, Lynn Christensen
 Football Matt Ambrose, Jeremy Nally
 Girls Volleyball Deb Bonde
 Track & Field Matt Ambrose
 Girls Track & Field Tim Gallagher
 Cross Country Tim Gallagher
 Girls Cross Country Tim Gallagher
 Football Cheerleading Debbie Powell
 Basketball Cheerleading Debbie Powell
 Wrestling Cheerleading Debbie Powell
 Speech Director Carl Rankin
 Band Director Peggy Roed
 Vocal Director John Standerford
 Orchestra Director Peggy Roed

BELLE PLAINE

Street Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Mailing Address: 610 13th Ave S
 City: Belle Plaine
 Zip Code: 52208
 Supt. St Address: 707 7th St
 Supt. City: Belle Plaine
 Supt. Zip: 52208
 County: Benton
 Area Code: 319
 School Phone: 444-3720
 HS Fax: 444-4507
 AD Fax: 444-4507
 Web Site: <http://www.belle-plaine.k12.ia.us>
 School Colors: Blue & Gold
 Nickname: Plainsmen
 Conference: South Iowa Cedar
 Superintendent Chadwick Straight
 Phone (319)444-3611
 Email cstraight@belle-plaine.k12.ia.us
 Principal Todd Werner
 Phone (319)444-3720
 Email twerner@belle-plaine.k12.ia.us
 Athletic Administrator Greg Walton
 Phone (319)444-3720
 Email gwalton@belle-plaine.k12.ia.us
 Athletic Secretary Dawn Stull
 Phone (319)444-3720
 Email dstull@belle-plaine.k12.ia.us
 Golf Andrew Dahlquist
 Girls Golf Andrew Dahlquist
 Basketball Justin Northrop
 Girls Basketball Jonathan Wonderly
 Baseball Shawn Welsh
 Girls Softball Cathy Cronbaugh
 Wrestling Brandon Heying
 Football Todd Bohlen
 Girls Volleyball April Kressely
 Track & Field Mark Tegeler
 Girls Track & Field Julie Mantz
 Cross Country Mark Tegeler
 Girls Cross Country Mark Tegeler
 Football Cheerleading Leah Mast
 Basketball Cheerleading Leah Mast
 Wrestling Cheerleading Leah Mast
 Speech Director Susan Mattmiller
 Student Council Julie Mantz

Band Director..... Nathan Johnson
Vocal Director..... Nathan Johnson

BELLEVUE

Street Address: 1601 State St
City: Bellevue
Zip Code: 52031
Mailing Address: 1601 State St
City: Bellevue
Zip Code: 52031
Supt. St Address: 1601 State St
Supt. City: Bellevue
Supt. Zip: 52031
County: Jackson
Area Code: 563
School Phone: 872-4001
HS Fax: 872-3298
AD Fax: 872-3298
Web Site: <http://www.bellevue.k12.ia.us>
School Colors: Blue & White
Nickname: Comets
Conference: River Valley

Superintendent.....Tom Meyer
Phone.....(563)872-4001 x261
Email.....tommeyer@bellevue.k12.ia.us
Principal.....Jeff Recker
Phone.....(563)872-4001 x201
Email.....jeffrecker@bellevue.k12.ia.us
Athletic Administrator.....David Wright
Phone.....(563)872-4001 x205
Email.....davewright@bellevue.k12.ia.us
Sp. Med. Prov.....Nicole Sullivan
Golf.....Chet Knake
Girls Golf.....Mark Ruden
Basketball.....Chet Knake
Girls Basketball.....Rick Reeg
Baseball.....Pete Bonifas
Girls Softball.....Adam Smith
Wrestling.....Dave Ripperger
Football.....Chet Knake
Girls Volleyball.....Jodi Heim
Girls Track & Field.....Judy Michels
Cross Country.....Scott Jess
Girls Cross Country.....Scott Jess
Bowling.....Ken Anderson
Girls Bowling.....Mark Ruden
Football Cheerleading.....Megan Fischer, Elise Cullers
Basketball Cheerleading.....Megan Fischer, Elise Cullers
Wrestling Cheerleading.....Megan Fischer, Elise Cullers
Speech Director.....Erin Fischer, Pam Van Vleck
Student Council.....Ken Anderson, Matt Jaeger
Band Director.....Evan Davies
Vocal Director.....Chris Dockum

BELMOND-KLEMM

Street Address: 411 10th Ave NE
City: Belmond
Zip Code: 50421
Mailing Address: 411 10th Ave NE
City: Belmond
Zip Code: 50421
Supt. St Address: 411 10th Ave NE
Supt. City: Belmond
Supt. Zip: 50421
County: Wright
Area Code: 641
School Phone: 444-4300
HS Fax: 444-4097
AD Fax: 444-4097
Web Site: <http://www.bkcsd.org>
School Colors: Navy Blue & Kelly Green
Nickname: Broncos
Conference: North Iowa

Superintendent.....Dan Frazier
Phone.....(641)444-4300 x1322
Email.....dan.frazier@bkcsd.org
Principal.....Greg Fisher
Phone.....(641)444-4300 x2126
Email.....greg.fisher@bkcsd.org

Athletic Administrator.....Scott Meyer
Phone.....(641)444-4300 x2129
Email.....scott.meyer@bkcsd.org
Athletic Secretary.....Krista Carlson
Phone.....(641)444-4300 x2109
Email.....krista.carlson@bkcsd.org
Golf.....Joe Perez
Girls Golf.....Joe Perez
Basketball.....Tom Christianson
Girls Basketball.....Andrew O'Conner
Football.....Darwin Christensen
Girls Volleyball.....Leigh Faaborg
Track & Field.....Shannon Muhlenbruch
Girls Track & Field.....Brad Bloemke
Cross Country.....Brad Bloemke
Girls Cross Country.....Brad Bloemke
Football Cheerleading.....Barbara Kozisek
Speech Director.....Nicole Bock, Melissa Greene
Student Council.....Callie Stein
Band Director.....Mike Stittsworth
Vocal Director.....Zach Howell

BENTON COMMUNITY

Street Address: 600 1st St
City: Van Horne
Zip Code: 52346
Mailing Address: PO Box 70
City: Van Horne
Zip Code: 52346
Supt. St Address: PO Box 70
Supt. City: Van Horne
Supt. Zip: 52346
County: Benton
Area Code: 319
School Phone: 228-8701
HS Fax: 228-8747
AD Fax: 228-8747
Web Site: <http://www.benton.k12.ia.us>
School Colors: Royal Blue & Gold
Nickname: Bobcats
Conference: WaMac

Superintendent.....Gary Zittergruen
Phone.....(319)228-8701 x501
Email.....gzittergruen@benton.k12.ia.us
Asst/Assoc Supt.....Doug Embray
Phone.....(319)228-8701 x502
Email.....doembray@benton.k12.ia.us
Principal.....James Bieschke
Phone.....(319)228-8701 x350
Email.....jbieschke@benton.k12.ia.us
Asst/Assoc/Vice-Principal.....Kal Goodchild
Phone.....(319)228-8701 x352
Email.....kgoodchild@benton.k12.ia.us
Asst/Assoc/Vice-Principal.....Rob Arnold
Phone.....(319)227-7142 x2222
Email.....rarnold@benton.k12.ia.us
Asst/Assoc/Vice-Principal.....Ryan Junge
Phone.....(319)442-3221
Email.....rjunge@benton.k12.ia.us
Asst/Assoc/Vice-Principal.....Jason West
Phone.....(319)446-7525
Email.....jwest@benton.k12.ia.us
Athletic Administrator.....Shawn Pffifner
Phone.....(319)228-8701 x352
Email.....spffifner@benton.k12.ia.us
Athletic Secretary.....Amy Eggert
Phone.....(319)228-8701 x357
Email.....aeggert@benton.k12.ia.us
Golf.....Jeremy Suiter
Girls Golf.....Travis Dirks
Basketball.....Larry Carlson
Girls Basketball.....Jeff Zittergruen
Baseball.....Derek Anderson
Girls Softball.....Eric Stenberg
Wrestling.....TJ Murphy
Football.....Kal Goodchild
Girls Volleyball.....Mike Embretson
Track & Field.....Kory Winsor
Girls Track & Field.....Marty Thomae

Cross Country.....Marty Thomae
Girls Cross Country.....Marty Thomae
Soccer.....Will Stockman
Girls Soccer.....Chris Auger
Football Cheerleading.....Bridget McWhorter
Basketball Cheerleading.....Bridget McWhorter
Wrestling Cheerleading.....Bridget McWhorter
Speech Director.....Jennifer Bange
Student Council.....Laurie Donald
Band Director.....Brad Williamson
Vocal Director.....John Hayden

BETTENDORF

Street Address: 3333 18th St
City: Bettendorf
Zip Code: 52722
Mailing Address: 3333 18th St
City: Bettendorf
Zip Code: 52722
Supt. St Address: PO Box 1150
Supt. City: Bettendorf
Supt. Zip: 52722
County: Scott
Area Code: 563
School Phone: 332-7001
HS Fax: 332-8761
AD Fax: 332-8761
Web Site: <http://www.bettendorf.k12.ia.us>
School Colors: Black & Gold
Nickname: Bulldogs
Conference: Mississippi Athletic

Superintendent.....Mike Raso
Phone.....(563)359-3681
Email.....mraso@bettendorf.k12.ia.us
Admin Asst.....Shannon Muckenfuss
Phone.....(563)359-3681
Email.....smuckenfuss@bettendorf.k12.ia.us
Principal.....Joy Kelly
Phone.....(563)332-7001 x6000
Email.....jkelly@bettendorf.k12.ia.us
Asst/Assoc/Vice-Principal.....Kevin Skillett
Phone.....(563)332-7001
Email.....kskillett@bettendorf.k12.ia.us
Asst/Assoc/Vice-Principal.....Kristy Cleppe
Phone.....(563)332-7001
Email.....kcleppe@bettendorf.k12.ia.us
Asst/Assoc/Vice-Principal.....Chad Uhde
Phone.....(563)332-7001
Email.....cuhde@bettendorf.k12.ia.us
Athletic Administrator.....Colin Wikan
Phone.....(563)332-4516 x6005
Email.....cwikan@bettendorf.k12.ia.us
Athletic Secretary.....Renee Mosenfelder
Phone.....(563)332-4516 x6009
Email.....rmosenfelder@bettendorf.k12.ia.us
Sp. Med. Prov.....Eric Knudsen, Craig Wainright,
Jessica Wooldridge
Tennis.....Matt Edwards
Girls Tennis.....Ron Stout
Golf.....Chris Like, Katie Hansen
Girls Golf.....Robbie Furne
Basketball.....Curtis Clark
Girls Basketball.....Brian Tritt
Swimming.....Mike Ahrens
Girls Swimming.....Mike Ahrens
Baseball.....Brandon Nau
Wrestling.....Dan Knight
Football.....Aaron Wiley
Girls Volleyball.....Diane Lichtenberg
Track & Field.....David Terronez
Girls Track & Field.....Erin Flynn
Cross Country.....David Terronez
Girls Cross Country.....Erin Flynn
Soccer.....Ben Pennington
Girls Soccer.....Todd Hornaday
Bowling.....Mike Kelly
Girls Bowling.....Shane Scheafer
Football Cheerleading.....Tanya Gilmore
Basketball Cheerleading.....Tanya Gilmore

Wrestling Cheerleading..... Tanya Gilmore
Speech Director..... Joe Rankin
Student Council..... Christina Hesse
Band Director..... Mike Dynes
Vocal Director..... Andrea Cooper
Orchestra Director..... Megan Cooney

BGM, BROOKLYN

Street Address: 1090 Jackson St
City: Brooklyn
Zip Code: 52211
Mailing Address: 1090 Jackson St
City: Brooklyn
Zip Code: 52211
Supt. St Address: 1090 Jackson St
Supt. City: Brooklyn
Supt. Zip: 52211
County: Poweshiek
Area Code: 641
School Phone: 522-7058
HS Fax: 522-7211
AD Fax: 522-7211
Web Site: <http://www.brooklyn.k12.ia.us>
School Colors: Royal Blue and Red
Nickname: Bears
Conference: South Iowa Cedar League
Superintendent..... Brad Hohensee
Phone..... (641)522-7058 x212
Email..... bhohensee@brooklyn.k12.ia.us
Principal..... Rick Radcliffe
Phone..... (641)522-7058 x213
Email..... rradcliffe@brooklyn.k12.ia.us
Athletic Administrator..... Jerod Burns
Phone..... (641)522-7058 x231
Email..... jburns@brooklyn.k12.ia.us
Co-AD/Assistant..... Dean Knight
Phone..... (641)522-7058 x113
Email..... dknight@brooklyn.k12.ia.us

Golf..... Jerod Burns
Girls Golf..... Jerod Burns
Basketball..... Jordan Ely
Girls Basketball..... Matt Smith
Baseball..... Jordan Ely
Girls Softball..... Jill Hulsing
Wrestling..... Wyatt Bauman
Football..... Jerod Burns
Girls Volleyball..... Ashley Hulsing
Track & Field..... Matt Smith
Girls Track & Field..... Shane Wilson
Cross Country..... Jon Holdefer
Girls Cross Country..... Jon Holdefer
Football Cheerleading..... Franci McClenathan
Basketball Cheerleading..... Franci McClenathan
Wrestling Cheerleading..... Franci McClenathan
Speech Director..... Beth Byers
Student Council..... Rick Radcliffe
Band Director..... Tyler Coleman
Vocal Director..... Carrie Hoskey

BISHOP GARRIGAN, ALGONA

Street Address: 1224 N McCoy St
City: Algona
Zip Code: 50511
Mailing Address: 1224 N McCoy St
City: Algona
Zip Code: 50511
Supt. St Address: 1224 N McCoy St
Supt. City: Algona
Supt. Zip: 50511
County: Kossuth
Area Code: 515
School Phone: 295-3521
HS Fax: 295-7739
AD Fax: 295-7739
Web Site: <http://www.bishopgarrigan.org>
School Colors: Black & Gold
Nickname: Golden Bears
Conference: Top of Iowa

Superintendent..... Lynn Miller
Phone..... (515)295-3521
Email..... milleri@bishopgarrigan.org
Principal..... Christina Peterson
Phone..... (515)295-3521
Email..... petersonc@bishopgarrigan.org
Athletic Administrator..... Rob Meister
Phone..... (515)295-3521
Email..... meisterr@bishopgarrigan.org
Athletic Secretary..... Cheryl Hamilton
Phone..... (515)295-3521
Email..... chamilton@bishopgarrigan.org
Golf..... Jared Montag
Girls Golf..... Jared Montag
Basketball..... Harry Condoleon
Girls Basketball..... Brandon Schwab
Baseball..... Rob Meister
Girls Softball..... Wendi Meister
Football..... Marty Wadle
Girls Volleyball..... Dave Schnurr
Track & Field..... Marty Wadle
Girls Track & Field..... TBA
Cross Country..... Brandon & Cassie Rowley
Girls Cross Country..... Brandon & Cassie Rowley
Football Cheerleading..... Erin Miller
Basketball Cheerleading..... Micheala Holst
Speech Director..... Jake Rosenmeyer
Student Council..... Jake Rosenmeyer
Band Director..... Katherine Wiemers
Vocal Director..... Dave Fog

BISHOP HEELAN CATHOLIC, SIOUX CITY

Street Address: 1231 Grandview Blvd.
City: Sioux City
Zip Code: 51103
Mailing Address: 1231 Grandview Blvd.
City: Sioux City
Zip Code: 51103
Supt. St Address: 50 13th St.
Supt. City: Sioux City
Supt. Zip: 51103
County: Woodbury
Area Code: 712
School Phone: 252-0573
HS Fax: 252-9086
AD Fax: 258-3690
Web Site: <http://www.bishopheelan.org>
School Colors: Navy & Vegas Gold
Nickname: Crusaders
Conference: Missouri River
Superintendent..... Timm Funk
Phone..... (712)252-1350
Email..... timm.funk@bishopheelan.org
Principal..... Chris Bork
Phone..... 252-0573
Email..... chris.bork@bishopheelan.org
Asst/Assoc/Vice-Principal..... Jake Delfs
Phone..... (712)252-0573
Email..... jake.delfs@bishopheelan.org
Athletic Administrator..... Anthony Elias
Phone..... (712)252-0573
Email..... anthony.elias@bishopheelan.org
Co-AD/Assistant..... Andy Foster
Phone..... (605)225-5568
Email..... andy.foster@bishopheelan.org
Sp. Med. Prov..... Dan Nelson
Girls Tennis..... Katie Hanson
Golf..... Andy Foster
Girls Golf..... Jessica Carson
Basketball..... Andy Foster
Girls Basketball..... Darren Koolstra
Swimming..... Brian Ferris
Baseball..... Andy Osborne
Girls Softball..... Stacia Barker
Wrestling..... Matt Pugh, Jordan Langley
Football..... Roger Jansen
Girls Volleyball..... Mary Miller
Track & Field..... Don Oberle
Cross Country..... Todd Roerig

Girls Cross Country..... Todd Roerig
Soccer..... George Tsiobanos
Girls Soccer..... Clark Charlestin
Wrestling Cheerleading..... Allison Staiert
Student Council..... Megan Schettler
Band Director..... James Kunz
Vocal Director..... Rachael Wragge, John Flanery

BONDURANT-FARRAR

Street Address: 1000 Grant St
City: Bondurant
Zip Code: 50035
Mailing Address: 1000 Grant St
City: Bondurant
Zip Code: 50035
Supt. St Address: 300 Garfield St SW
Supt. City: Bondurant
Supt. Zip: 50035
County: Polk
Area Code: 515
School Phone: 957-8191
HS Fax: 957-8224
AD Fax: 957-8224
Web Site: <https://www.bfschools.org>
School Colors: Blue & White
Nickname: Bluejays
Conference: Raccoon River
Superintendent..... Dr. Rich Powers
Phone..... (515)967-7819 x3421
Email..... powersr@bfschools.org
Admin Asst..... Jessica Hartgers
Phone..... (515)967-7819
Email..... hartgersj@bfschools.org
Principal..... Erik Garnass
Phone..... (515)957-8191
Email..... garnasse@bfschools.org
Asst/Assoc/Vice-Principal..... Jeremiah Ostrem
Phone..... (515)957-8191
Email..... ostremj@bfschools.org
Athletic Administrator..... Ryan Sweeney
Phone..... (515)957-8191 x102
Email..... sweeneyr@bfschools.org
Co-AD/Assistant..... Chad Carlson
Phone..... (515)957-8191
Email..... carlsonc@bfschools.org
Athletic Secretary..... Kristy Lorber
Phone..... (515)957-8191
Email..... lorberk@bfschools.org
Sp. Med. Prov. Brant Reyerson, LAT, PT (Physiotherapy & Assoc.)
Golf..... Lance Maffin
Girls Golf..... Jon Hamborg
Basketball..... Travis Evans
Girls Basketball..... Steve Neville
Baseball..... Brad Hamilton
Girls Softball..... Kris Baker
Wrestling..... Matt Wonderlin
Football..... Zach Pfantz
Girls Volleyball..... Ray Sauer
Track & Field..... Kyle Hammes
Girls Track & Field..... Josh Gibson
Cross Country..... Erin Bone
Girls Cross Country..... Erin Bone
Soccer..... Matt Cox
Girls Soccer..... Jon Paulsen
Bowling..... Matt Johnston
Girls Bowling..... Matt Johnston
Football Cheerleading..... Patti Davis
Basketball Cheerleading..... Patti Davis
Wrestling Cheerleading..... Patti Davis
Speech Director..... TBD
Student Council..... Patti Davis, Brad Hamilton
Band Director..... Braden Wipperman
Vocal Director..... Coren Hucke

BOONE

Street Address: 500 7th St
City: Boone
Zip Code: 50036
Mailing Address: 500 7th St

City: Boone
 Zip Code: 50036
 Supt. St Address: 500 7th St
 Supt. City: Boone
 Supt. Zip: 50036
 County: Boone
 Area Code: 515
 School Phone: 433-0890
 HS Fax: 433-0989
 AD Fax: 433-0991
 Web Site: <http://www.boone.k12.ia.us>
 School Colors: Red & Green
 Nickname: Toreadors
 Conference: Raccoon River
 Superintendent Dr. Brad Manard
 Phone (515)433-0750 x200
 Email bmanard@boone.k12.ia.us
 Asst/Assoc Supt Jill Janes
 Phone (515)433-0750
 Email jjanes@boone.k12.ia.us
 Principal Kristopher Byam
 Phone (515)433-0995 x5110
 Email kbyam@boone.k12.ia.us
 Athletic Administrator Brett Collins
 Phone (515)433-0895 x5128
 Email bcollins@boone.k12.ia.us
 Co-AD/Assistant Scott Kelley
 Phone (515)433-0020 x150
 Email skelley@boone.k12.ia.us
 Athletic Secretary Lori Woodruff
 Phone (515)433-0895 x5127
 Email lwoodruff@boone.k12.ia.us
 Sp. Med. Prov. Nick Statz
 Tennis Jed Hammen
 Girls Tennis Tim Olson
 Golf Steve Sandvig
 Basketball Justin Baute
 Girls Basketball Jim McPartland
 Swimming Chris Mann
 Girls Swimming Chris Mann
 Baseball Charlie Eastlund
 Girls Softball Mike Pritchard
 Wrestling Dalton Mourlam
 Football Thomas McGuire
 Girls Volleyball Shannon Zinnel
 Track & Field Tony Cosentino
 Girls Track & Field TBD
 Cross Country Connor Doyle
 Girls Cross Country Maggie Pestotnik
 Soccer Connor Doyle
 Girls Soccer Brittany Crandall
 Football Cheerleading .. Pam Borkowski, Kristin Leesman
 Basketball Cheerleading .. Pam Borkowski, Kristin Leesman
 Wrestling Cheerleading .. Pam Borkowski, Kristin Leesman
 Student Council Shannon Lumley
 Band Director Chris Truckenmiller
 Vocal Director Kelly Earll
 Orchestra Director Ben Henson

BOYDEN-HULL

Street Address: 801 1st St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 678
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 678
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-2440
 HS Fax: 439-1419
 AD Fax: 439-1419
 Web Site: <http://www.boyden-hull.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Comets
 Conference: Siouland

Superintendent Steve Grond
 Phone (712)439-2711
 Email steve.grond@boyden-hull.org
 Principal Dan Pottebaum
 Phone (712)439-2440
 Email dan.pottebaum@boyden-hull.org
 Athletic Administrator Jeff Meyn
 Phone (712)439-2440
 Email jeff.meyn@boyden-hull.org
 Sp. Med. Prov. Chad Grootwald (Orthopedic Institute)
 Golf Brad Van Roekel
 Girls Golf John Olson
 Basketball Bill Francis
 Girls Basketball Nathan Alexander
 Baseball Matt Den Hartog
 Girls Softball Sara Friedrichsen
 Football Cory Brandt
 Girls Volleyball Melannie Hofmeyer
 Track & Field Cory Brandt, Brian Moser
 Girls Track & Field .. Wade Vander Maten, Todd Puttmann
 Cross Country Tim Brunsting
 Girls Cross Country Tim Brunsting
 Football Cheerleading Melissa Brantsen
 Basketball Cheerleading Melissa Brantsen
 Speech Director Julie Visscher
 Student Council Dan Pottebaum
 Band Director Virginia Eulberg
 Vocal Director Kim Godtland

BOYER VALLEY, DUNLAP

Street Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Mailing Address: 1102 Iowa Ave
 City: Dunlap
 Zip Code: 51529
 Supt. St Address: 1102 Iowa Ave
 Supt. City: Dunlap
 Supt. Zip: 51529
 County: Harrison
 Area Code: 712
 School Phone: 643-2251
 HS Fax: 643-2279
 AD Fax: 643-2279
 Web Site: <http://www.boyer-valley.k12.ia.us>
 School Colors: Purple & White
 Nickname: Bulldogs
 Conference: Rolling Valley
 Superintendent Kurt Brosamle
 Phone (712)643-2251
 Email kbrosamle@boyer-valley.k12.ia.us
 Principal Kurt Brosamle
 Phone (712)643-2258
 Email kbrosamle@boyer-valley.k12.ia.us
 Asst/Assoc/Vice-Principal Mike Weber
 Phone (712)643-2258
 Email weberm@boyer-valley.k12.ia.us
 Athletic Administrator Kurt Brosamle
 Phone (712)643-2258
 Email kbrosamle@boyer-valley.k12.ia.us
 Athletic Secretary Lisa TenEyck
 Phone (712)643-2258 x221
 Email teneyckl@boyer-valley.k12.ia.us
 Golf Gary Neilsen
 Girls Golf Larry Neilsen
 Basketball Shane Reineke
 Girls Basketball Larry Neilsen
 Girls Softball Jim Ewoldt
 Football Cody Malone
 Girls Volleyball Larry Neilsen
 Track & Field Kent Hall
 Girls Track & Field Stacy Pippitt
 Cross Country Kent Hall
 Girls Cross Country Kent Hall
 Football Cheerleading Ted Mallory
 Basketball Cheerleading Ted Mallory
 Speech Director Heather Twohig
 Student Council Jodi Glackin
 Band Director Ben Schauer
 Vocal Director Ben Schauer

BURLINGTON

Street Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Mailing Address: 421 Terrace Dr
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 1429 West Ave
 Supt. City: Burlington
 Supt. Zip: 52601
 County: Des Moines
 Area Code: 319
 School Phone: 753-2211
 HS Fax: 753-6634
 AD Fax: 753-3883
 Web Site: <http://www.bcsds.org>
 School Colors: Purple & Gray
 Nickname: Grayhounds
 Conference: Mississippi Athletic
 Superintendent Patrick Coen
 Phone (319)753-6792
 Email patrick.coen@bcsds.org
 Principal David Keane
 Phone (319)753-2211 x1001
 Email david.keane@bcsds.org
 Asst/Assoc/Vice-Principal David Ruehs
 Phone (319)753-2211 x1016
 Email david.ruehs@bcsds.org
 Asst/Assoc/Vice-Principal Laci Johnson
 Phone (319)753-2211 x1015
 Email laci.johnson@bcsds.org
 Athletic Administrator Zach Shay
 Phone (319)753-9605
 Email zach.shay@bcsds.org
 Athletic Secretary Cherrelle Coleman
 Phone (319)753-2211 x1021
 Email ccolemon08@gapps.bcsds.org
 Sp. Med. Prov. .. Scott Leinbach, PT (Universal Therapy Group)
 Tennis Brian Mumm
 Girls Tennis Tom Galvin
 Golf Brian Mumm
 Girls Golf Mitchell Taylor
 Basketball Reggie Ship
 Girls Basketball Deedra Warner
 Swimming Jeff Kristensen
 Girls Swimming Jeff Kristensen
 Baseball Brock Schneden
 Girls Softball Larry Heath
 Wrestling Jay Huff
 Football Zach Shay
 Girls Volleyball Amber Taeger
 Track & Field Jordan Webb
 Girls Track & Field Madison Moyer
 Cross Country Jim Hofmann
 Girls Cross Country Madison Moyer
 Soccer Chris Madigan
 Girls Soccer Doug Ziegler
 Bowling Eugene "JR" Taylor
 Girls Bowling Scott Mason
 Football Cheerleading Cherie Reid
 Basketball Cheerleading Cherie Reid
 Wrestling Cheerleading Cherie Reid
 Speech Director Dale Kurth
 Student Council Christina Link
 Band Director Derrick Murphy
 Vocal Director James Flaherty
 Orchestra Director Diana Wells

CALAMUS-WHEATLAND

Street Address: 110 E Park Rd
 City: Wheatland
 Zip Code: 52777
 Mailing Address: PO Box 279
 City: Wheatland
 Zip Code: 52777
 Supt. St Address: PO Box 279
 Supt. City: Wheatland
 Supt. Zip: 52777
 County: Clinton

Area Code: 563
 School Phone: 374-1292
 HS Fax: 374-1080
 AD Fax: 374-1080
 Web Site: <http://www.cal-wheat.k12.ia.us>
 School Colors: Navy & Silver
 Nickname: Warriors
 Conference: Tri-Rivers
 Superintendent Lonnie Luepker
 Phone (563)374-1292 x222
 Email lluepker@cal-wheat.net
 Principal Christine Meyer
 Phone (563)374-1794 x224
 Email cmeyer@cal-wheat.net
 Athletic Administrator Michael Bruns
 Phone (563)374-1794 x229
 Email michaelbruns@cal-wheat.net
 Athletic Secretary Marika Pewe
 Phone (563)374-1292
 Email mpewe@cal-wheat.net
 Golf Stacie Luepker
 Girls Golf Stacie Luepker
 Basketball Greg Rickels
 Girls Basketball Matt Boeckmann
 Baseball Michael Bruns
 Girls Softball Marika Pewe
 Girls Volleyball Mackenzie Bruns
 Track & Field Brian Higgins
 Girls Track & Field Kevin Oberfoell
 Cross Country Kevin Oberfoell
 Girls Cross Country Kevin Oberfoell
 Basketball Cheerleading Charity Griebel
 Speech Director Corynn Henry
 Student Council Ashley Ketting
 Band Director Bethany Seedorff
 Vocal Director Rebecca Kerr

CAM, ANITA

Street Address: 1000 Victory Park Rd
 City: Anita
 Zip Code: 50020
 Mailing Address: 1000 Victory Park Rd
 City: Anita
 Zip Code: 50020
 Supt. St Address: 1000 Victory Park Rd
 Supt. City: Anita
 Supt. Zip: 50020
 County: Cass
 Area Code: 712
 School Phone: 762-3231
 HS Fax: 762-3713
 AD Fax: 762-3713
 Web Site: <http://www.camcougars.org/>
 School Colors: Royal Blue, Silver, White
 Nickname: Cougars
 Conference: Rolling Valley
 Superintendent Casey Berlau
 Phone (712)762-3231
 Email cberlau@cam.k12.ia.us
 Principal Dominic Giegerich
 Phone (712)762-3231
 Email dgiegerich@cam.k12.ia.us
 Athletic Administrator Joe Wollum
 Phone (712)762-3231
 Email jwollum@cam.k12.ia.us
 Co-AD/Assistant Nick Hodges
 Phone (712)762-3231
 Email nhodges@cam.k12.ia.us
 Golf Joe Wollum
 Girls Golf Joe Wollum
 Basketball Nick Hodges
 Girls Basketball Joe Wollum
 Baseball Dan Daugherty
 Girls Softball Larry Hunt
 Wrestling Rex Mehrhoff
 Football Joe Wollum
 Girls Volleyball Craig Fredin
 Track & Field Todd Russell
 Girls Track & Field Luke Symonds

Cross Country Todd Russell
 Girls Cross Country Todd Russell
 Football Cheerleading Ellie Stirek
 Basketball Cheerleading Ellie Stirek
 Speech Director Manda Thomas
 Student Council Deb McCann
 Band Director Tyler West
 Vocal Director Jacob Farrell

CAMANACHE

Street Address: 937 9th Ave
 City: Camanche
 Zip Code: 52730
 Mailing Address: 937 9th Ave
 City: Camanche
 Zip Code: 52730
 Supt. St Address: 702 13th Ave
 Supt. City: Camanche
 Supt. Zip: 52730
 County: Clinton
 Area Code: 563
 School Phone: 259-3008
 HS Fax: 259-3048
 AD Fax: 259-3048
 Web Site: <http://www.camanche.k12.ia.us>
 School Colors: Blue, White, Red
 Nickname: Indians
 Conference: River Valley
 Superintendent Tom Parker
 Phone (563)259-3000
 Email tparker@camanchecsd.org
 Admin Asst. Diane Wendell
 Phone (563)259-3000
 Email dwendell@camanchecsd.org
 Principal Carrie Lane
 Phone (563)259-3008
 Email clane@camanchecsd.org
 Athletic Administrator Brett Cline
 Phone (563)259-3010
 Email bcline@camanchecsd.org
 Athletic Secretary Sara Duritza
 Phone (563)259-3010
 Email sduritza@camanchecsd.org
 Sp. Med. Prov. Rock Valley Physical Therapy
 Tennis Jeff Marsh
 Girls Tennis Emily Turner
 Golf Josh Davis
 Girls Golf TBD
 Basketball Josh Davis
 Girls Basketball Ben Erwin
 Baseball Darryl Cochran
 Girls Softball Kevin Roling
 Wrestling Brent Carstensen
 Football Dustin Coit
 Girls Volleyball Heather Clark
 Track & Field TBD
 Girls Track & Field Jerry Ford
 Cross Country Erin Montgomery
 Girls Cross Country Erin Montgomery
 Bowling Jay Garvey
 Girls Bowling Jay Garvey
 Football Cheerleading Carrie Leu
 Basketball Cheerleading Carrie Leu
 Wrestling Cheerleading TBD
 Speech Director Annette Blomme
 Student Council Brandon Mennenoh
 Band Director Carolyn Petersen
 Vocal Director Brandon Mennenoh

CARDINAL, ELDON

Street Address: 4045 Ashland Rd
 City: Eldon
 Zip Code: 52554
 Mailing Address: PO Box 250
 City: Eldon
 Zip Code: 52554
 Supt. St Address: 4045 Ashland Rd
 Supt. City: Eldon
 Supt. Zip: 52554

County: Wapello
 Area Code: 641
 School Phone: 652-7531
 HS Fax: 652-3143
 AD Fax: 652-3143
 Web Site: <http://www.cardinalcomet.com>
 School Colors: Red & White
 Nickname: Comets
 Conference: SEI Superconference-South
 Superintendent Joel Pedersen
 Phone (641)652-7531 x3206
 Email joel.pedersen@cardinalcomet.com
 Admin Asst. Sherry VanBlaricom
 Phone (641)652-7531 x3201
 Email sherry.vanblaricom@cardinalcomet.com
 Principal Landon Miller
 Phone (641)652-7531 x3219
 Email landon.miller@cardinalcomet.com
 Athletic Administrator Chris Becker
 Phone (641)652-7531 x3209
 Email chris.becker@cardinalcomet.com
 Athletic Secretary Sherry VanBlaricom
 Phone (641)652-7531 x3201
 Email sherry.vanblaricom@cardinalcomet.com
 Basketball Mike Strasko
 Girls Basketball Jake Blummer
 Baseball Rick Scott
 Girls Softball Sabrina Morrison
 Wrestling John Lawrence
 Football Landon Miller
 Girls Volleyball Jerald Harter
 Track & Field Jerald Harter
 Girls Track & Field Lindsay Albert
 Cross Country Lindsay Albert
 Girls Cross Country Lindsay Albert
 Football Cheerleading Kami Millikin
 Speech Director Kami Millikin, Clement Penueta
 Student Council Katie Streeby-Riegel
 Band Director Luke Miller
 Vocal Director Katie Streeby-Riegel

CARLISLE

Street Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Mailing Address: 430 School St
 City: Carlisle
 Zip Code: 50047
 Supt. St Address: 430 School St
 Supt. City: Carlisle
 Supt. Zip: 50047
 County: Warren
 Area Code: 515
 School Phone: 989-0831
 HS Fax: 989-5493
 AD Fax: 989-5493
 Web Site: <http://www.carlisle.k12.ia.us>
 School Colors: Red, White, Gold
 Nickname: Wildcats
 Conference: Raccoon River
 Superintendent Bryce Amos
 Phone (515)989-3589
 Email bryce.amos@carlislecsd.org
 Asst/Assoc Supt Brandon Eighthy
 Phone (515)989-5309
 Email brandon.eighthy@carlislecsd.org
 Principal Matthew Blackmore
 Phone (515)989-0831
 Email matthew.blackmore@carlislecsd.org
 Asst/Assoc/Vice-Principal Seth Poldberg
 Phone (515)989-5382
 Email seth.poldberg@carlislecsd.org
 Athletic Administrator Darin Schreck
 Phone (515)989-5391
 Email darin.schreck@carlislecsd.org
 Co-AD/Assistant Vicki Born
 Phone (515)989-5493
 Email vicki.born@carlislecsd.org
 Sp. Med. Prov. Abby Miller, LAT (Athletico)

Golf Matt Berryhill
 Girls Golf..... John Crippen
 Basketball..... Seth Poldberg
 Girls Basketball..... Bryan White
 Baseball..... Blake Heitmeier
 Girls Softball..... Jim Flaws
 Wrestling..... Jason Mehrhoff
 Football..... Mark Hoekstra
 Girls Volleyball..... English Hartwig
 Track & Field..... Jared Fletcher
 Girls Track & Field..... Ben Tilus
 Cross Country..... Marty Mitchell
 Girls Cross Country..... Ben Tilus
 Soccer..... Ken Sadler
 Girls Soccer..... Eric Anderson
 Football Cheerleading..... Jen Nordhagen
 Basketball Cheerleading..... Jen Nordhagen
 Wrestling Cheerleading..... Sarah Rose
 Speech Director..... Rebecca Zirkelbach
 Student Council..... Barb Hillebrand
 Band Director..... Michael Kosiek
 Vocal Director..... Eileen Miller

CARROLL

Street Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Mailing Address: 2809 N Grant Rd
 City: Carroll
 Zip Code: 51401
 Supt. St Address: 1026 N Adams
 Supt. City: Carroll
 Supt. Zip: 51401
 County: Carroll
 Area Code: 712
 School Phone: 792-8010
 HS Fax: 792-8118
 AD Fax: 792-8118
 Web Site: <http://www.carroll.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: Raccoon River
 Superintendent..... Dr. Kevin Lein
 Phone..... (712)792-8001 x4007
 Email..... klein@carrolltigers.org
 Principal..... Tammie McKenzie
 Phone..... (712)792-8010 x1004
 Email..... tmckenzie@carrolltigers.org
 Asst/Assoc/Vice-Principal..... Larry Leslie
 Phone..... (712)792-8010 x1003
 Email..... llesle@carrolltigers.org
 Athletic Administrator..... Randy Bissen
 Phone..... (712)792-8010 x1008
 Email..... rbissen@carrolltigers.org
 Athletic Secretary..... Joyce Bierl
 Phone..... (712)792-8010 x1001
 Email..... jbierl@carrolltigers.org
 Sp. Med. Prov. Steve Schable, PT (St. Anthony Hospital)
 Golf Kevin Rasmussen
 Basketball..... Randy Bissen
 Girls Basketball..... Nathan Wall, Marc Renning
 Swimming..... Deb Danner
 Girls Swimming..... Deb Danner
 Girls Softball..... Ryan Gallegos
 Wrestling..... Eric Nagl
 Football..... Dennis McCartan
 Girls Volleyball..... Kelli Schulz
 Track & Field..... Steve Schable
 Girls Track & Field..... Kirk Christensen
 Soccer..... Gary Magill
 Girls Soccer..... Tim Kramer
 Football Cheerleading..... Lori Warner
 Basketball Cheerleading..... Lori Warner
 Wrestling Cheerleading..... Karly Fagan
 Speech Director..... Bill Polking
 Student Council..... Kathy Cordes
 Band Director..... Jennifer Swope
 Vocal Director..... Doug Sweeney

CASCADE, WESTERN DUBUQUE

Street Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Mailing Address: 505 Johnson St NW
 City: Cascade
 Zip Code: 52033
 Supt. St Address: PO Box 279
 Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 852-3201
 HS Fax: 852-7186
 Web Site: <http://www.wdbqschools.org>
 School Colors: Navy Blue & Gold
 Nickname: Cougars
 Conference: River Valley
 Superintendent..... Richard Colpitts
 Phone..... (563)744-3885 x6004
 Email..... rick.colpitts@wdbqschools.org
 Principal..... Greg Vander Lugt
 Phone..... (563)852-3201 x1003
 Email..... greg.vanderlugt@wdbqschools.org
 Asst/Assoc/Vice-Principal..... Adam Kedley
 Phone..... (563)852-3201 x1053
 Email..... adam.kedley@wdbqschools.org
 Athletic Administrator..... Adam Kedley
 Phone..... (563)852-3201 x1053
 Email..... adam.kedley@wdbqschools.org
 Athletic Secretary..... Lori Manternach
 Phone..... (563)852-3201 x1001
 Email..... lori.manternach@wdbqschools.org
 Golf Steve Weber
 Girls Golf..... Jeff Morreim
 Basketball..... Jacob Brindle
 Girls Basketball..... Mike Sconsa
 Baseball..... Roamn Hummel
 Girls Softball..... Ron Lehman
 Wrestling..... Travis Andrews
 Football..... Tim Frake
 Girls Volleyball..... Mary Frake
 Track & Field..... Chris Curry
 Girls Track & Field..... Tim Frake
 Cross Country..... Robert Davidshofer
 Girls Cross Country..... Robert Davidshofer
 Bowling..... Larry Knipper
 Girls Bowling..... Larry Knipper
 Football Cheerleading..... Hailey Manternach
 Basketball Cheerleading..... Hailey Manternach
 Speech Director..... Angie Manternach
 Student Council..... Brynn Kolpin
 Band Director..... Tony Butterworth
 Vocal Director..... Kayla Wiley

CEDAR FALLS

Street Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 1015 Division St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 1002 W 1st St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 553-2500
 HS Fax: 277-6223
 AD Fax: 277-6223
 Web Site: <http://www.cfhs.cfschools.org>
 School Colors: Red & Black
 Nickname: Tigers
 Conference: Mississippi Valley
 Superintendent..... Andy Pattee
 Phone..... (319)553-3000
 Email..... andy.pattee@cfschools.org
 Asst/Assoc Supt..... Dan Conrad
 Phone..... (319)553-3000
 Email..... dan.conrad@cfschools.org

Principal..... Jason Wedgbury
 Phone..... (319)553-2500
 Email..... jason.wedgbury@cfschools.org
 Asst/Assoc/Vice-Principal..... Ethan Wiechmann
 Phone..... (319)553-2629
 Email..... ethan.wiechmann@cfschools.org
 Asst/Assoc/Vice-Principal..... Dana Deines
 Phone..... (319)553-2624
 Email..... dana.deines@cfschools.org
 Athletic Administrator..... Troy Becker
 Phone..... (319)553-2573
 Email..... troy.becker@cfschools.org
 Athletic Secretary..... Jane Carter
 Phone..... (319)553-2503
 Email..... jane.carter@cfschools.org
 Sp. Med. Prov. Pete Watters (Cedar Valley Medical)
 Tennis..... Brian Suiter
 Girls Tennis..... Mike Knox
 Golf..... Kenton Engels
 Girls Golf..... Megan Youngkent
 Basketball..... Ryan Schultz
 Girls Basketball..... Gregg Groen
 Swimming..... Jordan Wessels
 Girls Swimming..... Scott Pinter
 Baseball..... Nick Klein
 Girls Softball..... Steve Chidester
 Wrestling..... Chris Ortner
 Football..... Brad Remmert
 Girls Volleyball..... Matt Johnson
 Track & Field..... Dirk Homewood
 Girls Track & Field..... Chris Wood
 Cross Country..... Scott Gall
 Girls Cross Country..... Amanda Johnson
 Soccer..... Spencer Steffy
 Girls Soccer..... Alex Place
 Bowling..... Brad Baker
 Girls Bowling..... Scott Holman
 Football Cheerleading..... Tami Doyle
 Basketball Cheerleading..... Tami Doyle
 Wrestling Cheerleading..... Tami Doyle
 Speech Director..... Catherine Bettag
 Student Council..... Erin Gardner
 Band Director..... Gerald Ramsey, Kyle Engelhardt
 Vocal Director..... Elliott Kranz
 Orchestra Director..... Ann Osborne

CEDAR RAPIDS, JEFFERSON

Street Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 1243 20th St SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2435
 HS Fax: 398-2149
 AD Fax: 398-2149
 Web Site: <http://jefferson.cr.k12.ia.us/>
 School Colors: Columbia Blue & White
 Nickname: J-Hawks
 Conference: Mississippi Valley-Mississippi
 Superintendent..... Dr. Brad Buck
 Phone..... (319)558-2223
 Email..... bbuck@cr.k12.ia.us
 Asst/Assoc Supt..... Noreen Bush
 Phone..... (319)558-1981
 Email..... nbush@cr.k12.ia.us
 Admin Asst..... Laurel Day
 Phone..... (319)558-2223
 Email..... lday@cr.k12.ia.us
 Principal..... Charles McDonnell
 Phone..... (319)558-2435
 Email..... cmcdonnell@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Lorie Bateman
 Phone..... (319)558-3720
 Email..... lbateman@cr.k12.ia.us

Asst/Assoc/Vice-Principal.....Chad Szabo
 Phone.....(319)558-1799
 Email.....cszabo@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Chris Deam
 Email.....cdeam@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Daniel DeVore - Metro HS
 Phone.....(319)558-3427
 Athletic Administrator..... Chris Deam
 Phone.....(319)558-4604
 Email.....cdeam@cr.k12.ia.us
 Athletic Secretary..... Jackie Simoens
 Phone.....(319)558-2148
 Email.....jsimoens@cr.k12.ia.us
 Sp. Med. Prov. Suzi Guider, LAT, ATC (Physicians Clinic of IA)
 Tennis..... Tim Preston
 Girls Tennis..... Andrew Boone
 Golf..... BJ McGrew
 Girls Golf..... Dan Ray
 Basketball..... Brandon Horman
 Girls Basketball..... Jason Edwards
 Swimming..... Ryan York
 Girls Swimming..... Ryan York
 Baseball..... Terry Schneckloth, Gordy Nordgren
 Girls Softball..... Brian Erbe
 Wrestling..... Ryan Phillips
 Football..... Chris Buesing
 Girls Volleyball..... Amy Norton
 Track & Field..... Chris Buesing
 Girls Track & Field..... Emily Thomson
 Cross Country..... Matt Hilby
 Girls Cross Country..... Sarah Ritchie
 Soccer..... John O'Connor
 Girls Soccer..... Steven Evans
 Bowling..... Virgil Cerveny
 Girls Bowling..... Virgil Cerveny
 Football Cheerleading..... Sherren Huston
 Basketball Cheerleading..... Sherren Huston
 Wrestling Cheerleading..... Sherren Huston
 Speech Director..... Lynn Jensen
 Student Council..... John O'Connor
 Band Director..... Thad Driskell, Chad Allard
 Vocal Director..... Nick Oswald, Patrick Fagan
 Orchestra Director..... Natalie Miller

CEDAR RAPIDS, KENNEDY

Street Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Mailing Address: 4545 Wenig Rd NE
 City: Cedar Rapids
 Zip Code: 52402
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52405
 County: Linn
 Area Code: 319
 School Phone: 558-2251
 HS Fax: 294-1222
 AD Fax: 294-1222
 Web Site: <http://kenn.cr.k12.ia.us/>
 School Colors: Green and Gold
 Nickname: Cougars
 Conference: Mississippi Valley-Valley
 Superintendent..... Dr. Brad Buck
 Phone.....(319)558-2223
 Email.....bbuck@cr.k12.ia.us
 Asst/Assoc Supt..... Noreen Bush
 Phone.....(319)558-2217
 Email.....nbush@cr.k12.ia.us
 Admin Asst..... Laurel Day
 Phone.....(319)558-2216
 Email.....lday@cr.k12.ia.us
 Principal..... Jason Kline
 Phone.....(319)558-2251
 Email.....jkline@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Robert Johnson
 Phone.....(319)558-1765
 Email.....rjohnson@cr.k12.ia.us

Asst/Assoc/Vice-Principal..... Jim Muench
 Phone.....(319)558-3401
 Email.....jmuench@cr.k12.ia.us
 Athletic Administrator..... Aaron Stecker
 Phone.....(319)558-1451
 Email.....astecker@cr.k12.ia.us
 Athletic Secretary..... Julie Batterson
 Phone.....(319)558-2328
 Email.....jbatterson@cr.k12.ia.us
 Sp. Med. Prov..... Lynn Groth
 Tennis..... Craig Bova
 Golf..... Mike Green
 Girls Golf..... Julie Buerman
 Basketball..... Jon McKowen
 Girls Basketball..... Andy Courtney
 Swimming..... Shawn Thomsen
 Girls Swimming..... Ivan Sanchez
 Baseball..... Bret Hoyer
 Girls Softball..... Maddison LeClere
 Wrestling..... Dennis Hynek
 Football..... Brian White
 Girls Volleyball..... Michelle Goodall
 Track & Field..... Curt Pakkebieer
 Girls Track & Field..... Duane Wampole
 Cross Country..... Brian Annis
 Girls Cross Country..... Mark Jensen
 Soccer..... Adrian Evans
 Girls Soccer..... Annie Feltes
 Bowling..... Scott Bader
 Girls Bowling..... Scott Bader
 Football Cheerleading..... Shelby Patterson
 Basketball Cheerleading..... Shelby Patterson
 Wrestling Cheerleading..... Shelby Patterson
 Speech Director..... Melissa Osborn
 Student Council..... Joe Benedict
 Band Director..... Jared Wacker, Lesley Fleer
 Vocal Director..... Storm Ziegler
 Orchestra Director..... Elizabeth Driskell

CEDAR RAPIDS, WASHINGTON

Street Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 2205 Forest Dr SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 2500 Edgewood Rd NW
 Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319
 School Phone: 558-2226
 HS Fax: 398-2227
 AD Fax: 398-2227
 Web Site: <http://crwash.cr.k12.ia.us/>
 School Colors: Red, White & Blue
 Nickname: Warriors
 Conference: Mississippi Valley-Valley Division
 Superintendent..... Dr. Brad Buck
 Phone.....(319)558-2000
 Email.....bbuck@cr.k12.ia.us
 Asst/Assoc Supt..... Noreen Bush
 Phone.....(319)558-2000
 Email.....nbush@cr.k12.ia.us
 Principal..... John Cline
 Phone.....(319)558-2226
 Email.....jcline@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Dr. Valerie Nyberg
 Phone.....(319)558-2161
 Email.....vnyberg@cr.k12.ia.us
 Asst/Assoc/Vice-Principal..... Darius Ballard
 Phone.....(319)558-2161
 Email.....daballard@cr.k12.ia.us
 Athletic Administrator..... Grant Schultz
 Phone.....(319)558-2226
 Email.....gschultz@cr.k12.ia.us
 Athletic Secretary..... Brenda Carter
 Phone.....(319)558-2226
 Email.....bcarter@cr.k12.ia.us

Sp. Med. Prov..... Katie Kimmich
 Tennis..... Rusty Graff
 Girls Tennis..... Brandon Hornback
 Golf..... Denny Goettel
 Girls Golf..... Denny Goettel
 Basketball..... Justin Decker
 Girls Basketball..... Chris James
 Swimming..... Chris Cruise
 Girls Swimming..... Megan Lewis
 Baseball..... Scott Brune
 Girls Softball..... Amy Bautista
 Football..... Maurice Blue
 Girls Volleyball..... Olivia Pikokivaka
 Track & Field..... Maurice Blue
 Girls Track & Field..... Willis Harte
 Cross Country..... Willis Harte
 Girls Cross Country..... Lisa Nicol
 Soccer..... J.P. Graham
 Girls Soccer..... Jacob Johnson
 Bowling..... Monica Reeves
 Girls Bowling..... Tracy Mooney
 Football Cheerleading..... Krystal Fitzpatrick
 Basketball Cheerleading..... Krystal Fitzpatrick
 Wrestling Cheerleading..... Krystal Fitzpatrick
 Speech Director..... Carolyn Tinkham
 Student Council..... Ericka Derrick
 Band Director..... Jim Miller
 Vocal Director..... Peter Westphalen
 Orchestra Director..... Andrew Steffen

CEDAR VALLEY CHRISTIAN

Street Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Mailing Address: 3636 Cottage Grove Ave SE
 City: Cedar Rapids
 Zip Code: 52403
 Supt. St Address: 3636 Cottage Grove Ave SE
 Supt. City: Cedar Rapids
 Supt. Zip: 52403
 County: Linn
 Area Code: 319
 School Phone: 366-7462
 HS Fax: 247-0037
 AD Fax: 247-0037
 Web Site: <http://www.cedarvalleychristianschool.org/>
 School Colors: blue & gray
 Nickname: Huskies
 Conference: Tri-Rivers
 Superintendent..... Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org
 Principal..... Jeff Pospisil
 Phone.....(319)366-7462
 Email.....jeffpospisil@cvchristian.org
 Athletic Administrator..... Stephanie Hodge
 Phone.....(319)366-7462
 Email.....stephaniehodge@cvchristian.org
 Basketball..... Zach Schmit
 Girls Basketball..... Ron Slagle
 Baseball..... Randy Gustafson
 Girls Volleyball..... Jeff Pospisil
 Soccer..... Adam Conn
 Girls Soccer..... Ron Slagle
 Speech Director..... Robin Crow
 Vocal Director..... Samantha Ulmer

CENTER POINT-URBANA

Street Address: 145 Iowa St
 City: Center Point
 Zip Code: 52213
 Mailing Address: P.O. Box 296
 City: Center Point
 Zip Code: 52213
 Supt. St Address: PO Box 296
 Supt. City: Center Point
 Supt. Zip: 52213
 County: Linn
 Area Code: 319

School Phone: 849-1102
 HS Fax: 849-2068
 AD Fax: 849-2068
 Web Site: <http://www.cpuschools.org>
 School Colors: Black & Gold
 Nickname: Stormin Pointers
 Conference: WaMaC
 Superintendent Matt Berninghaus
 Phone (319)849-1102 x6010
 Email mberninghaus@cpuschools.org
 Principal Rob Libolt
 Phone (319)849-1102 x1011
 Email rlibolt@cpuschools.org
 Athletic Administrator Scott Kriegel
 Phone (319)849-1102 x91022
 Email skriegel@cpuschools.org
 Athletic Secretary Ashlee Schantz
 Phone (319)849-1102 x91020
 Email aschantz@cpuschools.org
 Sp. Med. Prov. Autum Lopata (Ability Therapy)
 Golf Matt Grennan
 Girls Golf Laura Dierks
 Basketball Mike Halac
 Girls Basketball Phillip Klett
 Baseball Tyler Smith
 Girls Softball Shane Light
 Wrestling Matt Grennan
 Football Dan Burke
 Girls Volleyball Cathy Husmann
 Cross Country Amy Marshall
 Girls Cross Country Amy Marshall
 Soccer Curtis Cassidy
 Girls Soccer Rich Plante, Todd Mitchell
 Football Cheerleading Michelle McCann
 Basketball Cheerleading Michelle McCann
 Speech Director Halane Cummings
 Band Director Dan Jacobi
 Vocal Director Bradley Wilson

CENTERVILLE

Street Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Mailing Address: 600 CHS Drive
 City: Centerville
 Zip Code: 52544
 Supt. St Address: PO Box 370
 Supt. City: Centerville
 Supt. Zip: 52544
 County: Appanoose
 Area Code: 641
 School Phone: 856-0812
 HS Fax: 856-0809
 AD Fax: 856-0809
 Web Site: <http://www.centervilleschools.org>
 School Colors: Scarlet & Black
 Nickname: Big Reds
 Conference: South Central
 Superintendent Tom Rubel
 Phone (641)856-0601
 Email tom.rubel@centervillek12.org
 Admin Asst Kate Brauman
 Phone (641)856-0601
 Email kate.brauman@centervillek12.org
 Principal Jeremy Hissem
 Phone (641)856-0808
 Email jeremy.hissem@centervillek12.org
 Athletic Administrator Rich Parker
 Phone (641)856-0811
 Email rich.parker@centervillek12.org
 Athletic Secretary Courtney Koestner
 Phone (641)856-0812
 Email courtney.koestner@centervillek12.org
 Tennis Tyler Baze
 Girls Tennis Tony Endress
 Golf Mike Carney
 Girls Golf Matt Kovacevich
 Basketball Matt Kruzich
 Girls Basketball Nic Belloma
 Baseball Ryan Hodges

Wrestling Matt Johnson
 Football Matt Kovacevich
 Girls Volleyball Tom Hill
 Track & Field Darrin Carson
 Girls Track & Field Kristy Demry, Tom Hill
 Cross Country Matt Kruzich
 Girls Cross Country Matt Kruzich
 Soccer Tino Terrones
 Girls Soccer Tony Kurimski
 Bowling Nick Howe
 Girls Bowling Nick Howe
 Football Cheerleading Sheree Lange
 Basketball Cheerleading Sheree Lange
 Wrestling Cheerleading Maggie Johnson
 Speech Director Kayleen Durley
 Student Council Catherine Lechtenberg, Jennifer Hand
 Band Director Jim DePrizio
 Vocal Director Kayleen Durley

CENTRAL CITY

Street Address: 400 Barber St
 City: Central City
 Zip Code: 52214
 Mailing Address: 400 Barber St
 City: Central City
 Zip Code: 52214
 Supt. St Address: 400 Barber St
 Supt. City: Central City
 Supt. Zip: 52214
 County: Linn
 Area Code: 319
 School Phone: 438-6181
 HS Fax: 438-6110
 AD Fax: 438-6110
 Web Site: <http://www.central-city.k12.ia.us>
 School Colors: Red and Black
 Nickname: Wildcats
 Conference: Tri Rivers
 Superintendent Dr. Tim Cronin
 Phone (319)438-6183
 Email tcronin@central-city.k12.ia.us
 Principal Jason McLaughlin
 Phone (319)438-6182
 Email jmclaughlin@central-city.k12.ia.us
 Asst/Assoc/Vice-Principal Amy Smith
 Phone (319)438-5511
 Email asmith1@central-city.k12.ia.us
 Athletic Administrator Tanner Carlson
 Phone (319)438-6181 x5125
 Email tcarlson@central-city.k12.ia.us
 Golf Jon Byers
 Girls Golf Jon Byers
 Basketball Tanner Carlson
 Girls Basketball Henry Martinson
 Baseball Brendan Drahn
 Girls Softball Dave Johnson
 Wrestling Paul Lindley
 Football Matt Miers
 Girls Volleyball Chris Martin
 Track & Field Tanner Carlson
 Girls Track & Field Cindy McCarthy
 Football Cheerleading Ashley Squires
 Wrestling Cheerleading Wendy Yoder
 Speech Director Donald Hansen
 Student Council Shannon Bohannon
 Band Director Erin Quinn
 Vocal Director Jason Levenhagen

CENTRAL DECATUR, LEON

Street Address: 1201 NE Poplar St.
 City: Leon
 Zip Code: 50144
 Mailing Address: 1201 NE Poplar St
 City: Leon
 Zip Code: 50144
 Supt. St Address: 1201 NE Poplar
 Supt. City: Leon
 Supt. Zip: 50144
 County: Decatur
 Area Code: 641

School Phone: 446-4816
 HS Fax: 446-7990
 AD Fax: 446-7990
 Web Site: <http://www.centraldecatur.org>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: Pride of Iowa
 Superintendent Chris Coffelt
 Phone (641)446-4816
 Email chris.coffelt@centraldecatur.org
 Principal Rudy Evertsen
 Phone (641)446-4816
 Email rudy.evertsen@centraldecatur.org
 Athletic Administrator Zach Clark
 Phone (641)446-4816
 Email zach.clark@centraldecatur.org
 Golf Calieb Kistler
 Girls Golf Calieb Kistler
 Basketball Zach Clark
 Girls Basketball Curtis Boothe
 Baseball TBA
 Girls Softball Rudy Evertsen
 Wrestling Brian Carson
 Football Jon Pedersen
 Girls Volleyball Chelsey Green
 Track & Field Jon Pedersen
 Girls Track & Field Jacob Stamper
 Cross Country Reece Tedford
 Girls Cross Country Reece Tedford
 Bowling Garrett Smith
 Girls Bowling Garrett Smith
 Football Cheerleading Kathy Akers
 Basketball Cheerleading Micki Snow
 Wrestling Cheerleading Boni Rhum
 Speech Director Beth Hall
 Student Council Kathy Akers
 Band Director Aaron Comer
 Vocal Director Beth Hall

CENTRAL DEWITT

Street Address: 519 E 11th St
 City: DeWitt
 Zip Code: 52742
 Mailing Address: PO Box 110
 City: DeWitt
 Zip Code: 52742
 Supt. St Address: PO Box 110
 Supt. City: DeWitt
 Supt. Zip: 52742
 County: Clinton
 Area Code: 563
 School Phone: 659-4715
 HS Fax: 659-0714
 AD Fax: 659-0714
 Web Site: <http://www.cd-csd.org>
 School Colors: Purple & Gold
 Nickname: Sabers
 Conference: WaMaC
 Superintendent Dan Peterson
 Phone (563)659-4700
 Email dan.peterson@cd-csd.org
 Asst/Assoc Supt Jen Vance
 Phone (563)659-4713
 Email jen.vance@cd-csd.org
 Admin Asst Gayle Pepmeier
 Phone (563)659-4701
 Email gayle.pepmeier@cd-csd.org
 Principal George Pickup
 Phone (563)659-4715
 Email george.pickup@cd-csd.org
 Asst/Assoc/Vice-Principal Terri Selzer
 Phone (563)659-4715
 Email terri.selzer@cd-csd.org
 Asst/Assoc/Vice-Principal Bill Petsche
 Phone (563)659-4780
 Email tim.bradley@cd-csd.org
 Asst/Assoc/Vice-Principal Mike Miller
 Phone (563)659-4750
 Email mike.miller@cd-csd.org

Athletic Administrator Kurt Kreiter
 Phone (563)659-4726
 Email kurt.kreiter@cd-csd.org
 Athletic Secretary Karey Carlin
 Phone (563)659-4731
 Email karey.carlin@cd-csd.org
 Sp. Med. Prov. Brent Yotty, LAT (Genesis Health)
 Golf Jen Froeschle
 Girls Golf Troy Steffens
 Basketball Grady Gallagher
 Girls Basketball Chad Specht
 Baseball Shane Sikkema
 Girls Softball Lee Swanson
 Wrestling Matt Ohnemus
 Football Ryan Streets
 Girls Volleyball Rachel Truelsen
 Track & Field Jason Lansing
 Girls Track & Field Eric Olson
 Cross Country Eric Olson
 Girls Cross Country Eric Olson
 Soccer Bob Fout
 Girls Soccer Tom Portz
 Bowling Bill Perdieu
 Girls Bowling Seth Ketelsen
 Football Cheerleading Kari Bossom
 Basketball Cheerleading Kari Bossom
 Wrestling Cheerleading Kari Bossom
 Speech Director Brianne Magill
 Student Council Denise McAleer
 Band Director Josh Greubel
 Vocal Director Ryan Uttech

CENTRAL LEE, DONNELLSON

Street Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Mailing Address: 2642 Hwy 218
 City: Donnellson
 Zip Code: 52625
 Supt. St Address: 2642 Hwy 218
 Supt. City: Donnellson
 Supt. Zip: 52625
 County: Lee
 Area Code: 319
 School Phone: 835-9510
 HS Fax: 835-5709
 AD Fax: 835-5709
 Web Site: <http://www.centrallee.org>
 School Colors: Black, White, Gold
 Nickname: Hawks
 Conference: SEI Super Conference
 Superintendent Andy Crozier
 Phone (319)835-9510 x222
 Email acrozier@centrallee.org
 Admin Asst Lora Azinger
 Phone (319)835-9510 x222
 Principal Nicole Herdrich
 Phone (319)835-9510 x230
 Email nherdrich@centrallee.org
 Athletic Administrator Jerry Ireland
 Phone (319)835-9510 x264
 Email jireland@centrallee.org
 Athletic Secretary Tina Cale
 Phone (319)835-9510 x268
 Email tcale@centrallee.org
 Sp. Med. Prov. Katie Hass
 Golf Mike Ungerer
 Girls Golf Mike Ungerer
 Basketball Evan Swanson
 Girls Basketball Tony Sargent
 Baseball Shane Weirather
 Girls Softball Darrell Krehbiel
 Football Nick Ehret
 Girls Volleyball Amy Cook
 Track & Field Terry Soli
 Girls Track & Field Patty Rooney
 Cross Country Patty Rooney
 Girls Cross Country Patty Rooney
 Soccer Justin Schau

Football Cheerleading Mandi Warneke
 Basketball Cheerleading Mandi Warneke
 Student Council Evan Swanson
 Band Director Abbey Lochmoeller
 Vocal Director Timothy Baird

CENTRAL LYON, ROCK RAPIDS

Street Address: 1010 Greene St
 City: Rock Rapids
 Zip Code: 51246
 Mailing Address: 1010 Greene St
 City: Rock Rapids
 Zip Code: 51246
 Supt. St Address: 1010 Greene St
 Supt. City: Rock Rapids
 Supt. Zip: 51246
 County: Lyon
 Area Code: 712
 School Phone: 472-4051
 HS Fax: 472-2115
 AD Fax: 472-2115
 Web Site: <http://www.centrallyon.org>
 School Colors: Purple & Gold
 Nickname: Lions
 Conference: Siouxland
 Superintendent Dave Ackerman
 Phone (712)472-2664
 Email dacker@centrallyon.org
 Admin Asst Marla Freese
 Phone (712)472-2664
 Email mafreese@centrallyon.org
 Principal Steve Harman
 Phone (712)472-4041
 Email steveharman@centrallyon.org
 Asst/Assoc/Vice-Principal Jason Engleman
 Phone (712)472-2664
 Email jengleman@centrallyon.org
 Athletic Administrator Dan Kruse
 Phone (712)472-2664
 Email dkruse@centrallyon.org
 Co-AD/Assistant Jason Engleman
 Phone (712)472-2664
 Email jengleman@centrallyon.org
 Athletic Secretary Marla Freese
 Phone (712)472-2664
 Email mafreese@centrallyon.org
 Golf Chris Wright
 Girls Golf Ben Gerleman
 Basketball Ben Gerleman
 Girls Basketball Heather Grafing
 Baseball Ben Docker
 Girls Softball Jeff Jager
 Wrestling Curtis Eben
 Football Curtis Eben
 Girls Volleyball Jamie Schar
 Track & Field Dan Snyder
 Girls Track & Field Toby Lorenzen
 Cross Country Curt Fiedler
 Girls Cross Country Curt Fiedler
 Football Cheerleading Denise McCarty
 Basketball Cheerleading Denise McCarty
 Wrestling Cheerleading Jessica Kruse
 Speech Director Rebekah Hakeman, Tabitha Snyder
 Student Council Jessica Harman
 Band Director Sherwin Langholdt
 Vocal Director Ann Langholdt

CENTRAL SPRINGS

Street Address: 105 S East St
 City: Manly
 Zip Code: 50456
 Mailing Address: PO Box 190
 City: Manly
 Zip Code: 50456
 Supt. St Address: PO Box 190
 Supt. City: Manly
 Supt. Zip: 50456
 County: Worth
 Area Code: 641

School Phone: 454-2208
 HS Fax: 454-3086
 AD Fax: 454-2212
 Web Site: <http://www.centalsprings.net>
 School Colors: Royal Blue & Black
 Nickname: Panthers
 Conference: Top of Iowa
 Superintendent Steve Ward
 Phone (641)454-2211
 Email sward@centalsprings.net
 Admin Asst Gwen Mellmann
 Phone (641)454-2211
 Email gmellmann@centalsprings.net
 Principal Ken Estes
 Phone (641)454-2208
 Email kestes@centalsprings.net
 Athletic Administrator Ethan Miller
 Phone (641)454-2208 x644
 Email emiller@centalsprings.net
 Athletic Secretary Bonnie Hagen
 Phone (641)454-2208
 Email bhagen@centalsprings.net
 Sp. Med. Prov. Athletico
 Golf Bill Shafer
 Girls Golf Bill Shafer
 Basketball Corey Miner
 Girls Basketball Brian Fessler
 Baseball Ethan Miller
 Girls Softball Belinda Nelson
 Wrestling Jay McDonough
 Football Bill Shafer
 Girls Volleyball Ron Pedersen
 Track & Field Brian Fessler
 Girls Track & Field Rebecca Miller
 Cross Country Michael Pettengill
 Girls Cross Country Michael Pettengill
 Football Cheerleading Jen Mericle
 Basketball Cheerleading Rhiannon Lillquist
 Speech Director Rachel Hall
 Student Council Bellinda Nelson
 Band Director Cole Younger
 Vocal Director Susan Carrott

CENTRAL, ELKADER

Street Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Mailing Address: 400 1st St NW
 City: Elkader
 Zip Code: 52043
 Supt. St Address: 400 1st St NW
 Supt. City: Elkader
 Supt. Zip: 52043
 County: Clayton
 Area Code: 563
 School Phone: 245-1750
 HS Fax: 245-1763
 AD Fax: 245-1763
 Web Site: <http://www.central.k12.ia.us>
 School Colors: Red & White
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent Nicholas Trenkamp
 Phone (563)245-1751 x303
 Email ntrenkamp@central.k12.ia.us
 Principal Aaron Reinhart
 Phone (563)245-1750
 Email areinhart@central.k12.ia.us
 Athletic Administrator Trevor Hunt
 Phone (563)245-1750
 Email thunt@central.k12.ia.us
 Co-AD/Assistant Aaron Reinhart
 Phone (563)245-1750
 Email areinhart@central.k12.ia.us
 Athletic Secretary Allison Walch
 Phone (563)245-1750
 Email awalch@central.k12.ia.us
 Golf Jamie Rodenberg
 Girls Golf Jamie Rodenberg

Basketball..... Derek Bergan
Girls Basketball..... Mark Wiley
Baseball..... Zachary Mueller
Girls Softball..... Gerald Funk
Wrestling..... Isaac Frieden
Football..... Tom Wilwert, Mitch Seitz
Girls Volleyball..... Derek Bergan
Track & Field..... Tom Wilwert
Girls Track & Field..... Martha Bauder
Cross Country..... Mark Bauder
Girls Cross Country..... Mark Bauder
Football Cheerleading..... Paula Mahoney, Ashley McLain
Basketball Cheerleading..... Helen Backes
Wrestling Cheerleading..... Paula Mahoney, Ashley McLain
Band Director..... Larissa Wilming
Vocal Director..... Brandon Douglas

CHARITON

Street Address: 501 N Grand St
City: Chariton
Zip Code: 50049
Mailing Address: 501 N Grand St
City: Chariton
Zip Code: 50049
Supt. St Address: 140 E. Albia Rd. PO Box 738
Supt. City: Chariton
Supt. Zip: 50049
County: Lucas
Area Code: 641
School Phone: 774-5066
HS Fax: 774-3404
AD Fax: 774-3404
Web Site: <http://www.chariton.k12.ia.us>
School Colors: Red & White
Nickname: Chargers
Conference: South Central

Superintendent..... Larry Achenbach
Phone..... (641)774-5967
Email..... larry.achenbach@chariton.k12.ia.us
Principal..... Tracy Hall
Phone..... (641)774-5066
Email..... tracy.hall@chariton.k12.ia.us
Asst/Assoc/Vice-Principal..... Tim Milledge
Phone..... (641)774-5066
Email..... tim.milledge@chariton.k12.ia.us
Athletic Administrator..... Tim Milledge
Phone..... (641)774-3401
Email..... tim.milledge@chariton.k12.ia.us
Athletic Secretary..... Heather Swarthout
Phone..... (641)774-5066
Email..... heather.swarthout@chariton.k12.ia.us
Sp. Med. Prov..... Nicole Messamer
Tennis..... Brian Zimmerli
Golf..... Ben Schooley
Girls Golf..... J.J. Stout
Basketball..... Ben Schooley
Girls Basketball..... Lee Sandy
Baseball..... Christian Bengtson
Girls Softball..... Deb Seuferer
Wrestling..... Jamie Cochran
Football..... Curt Smyser
Girls Volleyball..... Jana Cain
Track & Field..... Josh Snook
Girls Track & Field..... Bob Cain
Cross Country..... Randy Adams
Girls Cross Country..... Tom Anderson
Soccer..... Cole Pierschbacher
Girls Soccer..... Dennis St. Lawrence
Football Cheerleading..... Hannah Smith
Basketball Cheerleading..... Brooke Howell
Wrestling Cheerleading..... Susie Thurmond
Speech Director..... Justin Sharp
Student Council..... Sue Curnutte
Band Director..... Daniel Scheetz
Vocal Director..... Tyler Ulrich

CHARLES CITY

Street Address: 1 Comet Dr
City: Charles City

Zip Code: 50616
Mailing Address: 1 Comet Dr
City: Charles City
Zip Code: 50616
Supt. St Address: 500 N Grand Ave
Supt. City: Charles City
Supt. Zip: 50616
County: Floyd
Area Code: 641
School Phone: 257-6510
HS Fax: 257-1175
AD Fax: 257-1175
Web Site: <http://www.charlescitieschools.org>
School Colors: Orange & Black
Nickname: Comets
Conference: Northeast Iowa

Superintendent..... Mike Fisher
Phone..... (641)257-6500
Email..... mfisher@charlescitieschools.org
Principal..... Bryan Jurens
Phone..... (641)257-6510
Email..... bjuren@charlescitieschools.org
Asst/Assoc/Vice-Principal..... Larry Wolfe
Phone..... (641)257-6510
Email..... lwolfe@charlescitieschools.org
Athletic Administrator..... Todd Forsyth
Phone..... (641)257-6510 x1211
Email..... tforsyt@charles-city.k12.ia.us
Athletic Secretary..... Julie Ritter
Phone..... (641)257-6510
Email..... jritter@charles-city.k12.ia.us
Girls Tennis..... Brian Parrott
Golf..... Dave Williams
Girls Golf..... Eric Johanninger
Basketball..... Ben Klapperich
Girls Basketball..... Danielle Rippentrop
Baseball..... Tyler Downing
Girls Softball..... Brian Bohlen
Wrestling..... Rob Pittman, Ryan Fank
Football..... Darren Bohlen
Girls Volleyball..... Maddie Fank
Track & Field..... Ryan Rahmiller
Girls Track & Field..... Darren Bohlen
Cross Country..... Ryan Rahmiller
Girls Cross Country..... Amanda Rahmiller
Soccer..... Brad McKenzie
Bowling..... Doug Bohlen
Girls Bowling..... Doug Bohlen
Football Cheerleading..... Marla Rima
Basketball Cheerleading..... Marla Rima
Wrestling Cheerleading..... Marla Rima
Speech Director..... Brenda Bailey
Student Council..... Larry Wolfe
Band Director..... Jacob Gassman
Vocal Director..... Derek Sturtevant
Orchestra Director..... Bethany Rhine

CHEROKEE, WASHINGTON

Street Address: 600 W Bluff St
City: Cherokee
Zip Code: 51012
Mailing Address: 600 W Bluff St
City: Cherokee
Zip Code: 51012
Supt. St Address: 600 W Bluff St
Supt. City: Cherokee
Supt. Zip: 51012
County: Cherokee
Area Code: 712
School Phone: 225-6755
HS Fax: 225-6757
AD Fax: 225-6757
Web Site: <http://www.ccsd.k12.ia.us>
School Colors: Black & Gold
Nickname: Braves
Conference: Lakes
Superintendent..... Kimbery Lingenfelter
Phone..... (712)225-6767
Email..... klingenfelter@ccsd.k12.ia.us

Principal..... Wade Riley
Phone..... (712)225-6755
Email..... wiley@ccsd.k12.ia.us
Asst/Assoc/Vice-Principal..... Val Fuhrman
Phone..... (712)229-3684
Email..... vfuhrman@ccsd.k12.ia.us
Athletic Administrator..... Josh Landhuis
Phone..... (712)225-6755 x103
Email..... jlandhuis@ccsd.k12.ia.us
Co-AD/Assistant..... Scot Aden
Phone..... (712)225-6750
Email..... saden@ccsd.k12.ia.us
Athletic Secretary..... Jen Ohlendorf
Email..... johlendorf@ccsd.k12.ia.us
Sp. Med. Prov..... Jodi Schlichting
Tennis..... David Zelle
Girls Tennis..... Tricia Vannatta
Golf..... James DeVos
Girls Golf..... Amy Sarchet
Basketball..... Mark Hurd
Girls Basketball..... Heath Hagberg
Baseball..... Cory Ege
Girls Softball..... Jen Nixon
Wrestling..... Austin Todd
Football..... Travis Schipper
Girls Volleyball..... Charity Anderson
Track & Field..... Jim Leonard
Girls Track & Field..... Travis Schipper
Cross Country..... Matt Hoskinson
Girls Cross Country..... Matt Hoskinson
Bowling..... Tim Gaydo
Football Cheerleading..... Melinda Hammen
Basketball Cheerleading..... Melissa Schlenger
Wrestling Cheerleading..... Amy Brunsting
Speech Director..... Jaylene DeVos
Student Council..... Joe Vannatta
Band Director..... Joe Vannatta
Vocal Director..... Becky Elemond

CLARINDA

Street Address: 100 N Cardinal Dr
City: Clarinda
Zip Code: 51632
Mailing Address: PO Box 59
City: Clarinda
Zip Code: 51632
Supt. St Address: PO Box 59
Supt. City: Clarinda
Supt. Zip: 51632
County: Page
Area Code: 712
School Phone: 542-5167
HS Fax: 542-3802
AD Fax: 542-3802
Web Site: <http://www.clarinda.k12.ia.us>
School Colors: Cardinal Red, Black, White
Nickname: Cardinals
Conference: Hawkeye Ten

Superintendent..... Deron Stender
Phone..... (712)542-5165
Email..... dstender@clarindacsd.org
Principal..... Denise Green
Phone..... (712)542-5167
Email..... dgreen@clarindacsd.org
Asst/Assoc/Vice-Principal..... Josh Porter
Phone..... (712)542-5167
Email..... jporter@clarindacsd.org
Athletic Administrator..... Josh Porter
Phone..... (712)542-5167
Email..... jporter@clarindacsd.org
Athletic Secretary..... Crystal Henke
Phone..... (712)542-5167
Email..... chenke@clarindacsd.org
Sp. Med. Prov..... Bobby Hess (Clarinda Regional Health)
Tennis..... Matt Bird
Girls Tennis..... Randy Pullen
Golf..... Andrew Almellen
Girls Golf..... Ron Grebert
Basketball..... Rod Eberly

Girls Basketball.....Dane Byerly
 Baseball.....Rodney Eberly
 Wrestling.....Sam Carr
 Football.....Roger Williams
 Girls Volleyball.....Will Baumann
 Track & Field.....Dave Carper
 Girls Track & Field.....Marilyn Wagoner
 Cross Country.....Jane Mayer
 Girls Cross Country.....Jane Mayer
 Football Cheerleading.....Danni Samuelson
 Basketball Cheerleading.....Dani Samuelson
 Wrestling Cheerleading.....Allison VanVactor
 Speech Director.....Kenneth Balster
 Student Council.....Shannon Almeli
 Band Director.....Courtney Ridge
 Vocal Director.....Hannah Grimm

CLARINDA ACADEMY

Street Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Mailing Address: 1820 N 16th St
 City: Clarinda
 Zip Code: 51632
 Supt. St Address: PO Box 59
 Supt. City: Clarinda
 Supt. Zip: 51632
 County: Page
 Area Code: 712
 School Phone: 542-3103
 HS Fax: 542-2907
 Web Site: <http://clarindaacademy.org>
 School Colors: Vegas Gold & Black
 Nickname: Eagles
 Conference: Corner

Superintendent.....Deron Stender
 Phone.....(712)542-5165
 Email.....dstender@clarindacs.org
 Executive Coordinator.....Reggie St Romain
 Phone.....(712)542-3103
 Email.....reggie.st.romain@sequelyouthservices.com
 Principal.....Luke Cox
 Phone.....(712)542-3103
 Email.....luke.cox@sequelyouthservices.com
 Asst/Assoc/Vice-Principal.....Jamie Sherley
 Phone.....(712)542-3103
 Email.....jamie.sherley@sequelyouthservices.com
 Athletic Administrator.....Luke Cox
 Phone.....(712)542-3103
 Email.....luke.cox@sequelyouthservices.com
 Co-AD/Assistant.....Ryan Eberly
 Phone.....(712)542-3103
 Email.....ryan.eberly@sequelyouthservices.com
 Basketball.....Luke Cox
 Girls Basketball.....Darla Olinger
 Baseball.....Taylor Wissel
 Wrestling.....Matt Darrah
 Football.....John Clark
 Girls Volleyball.....Amanda Welsch
 Track & Field.....Patrick Freese
 Girls Track & Field.....Taylor Wissel
 Cross Country.....Taylor Wissell
 Girls Cross Country.....Taylor Wissell
 Soccer.....Matt Darrah

CLARION-GOLDFIELD-DOWS

Street Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Mailing Address: 1111 Willow Dr
 City: Clarion
 Zip Code: 50525
 Supt. St Address: 120 Central Ave E
 Supt. City: Clarion
 Supt. Zip: 50525
 County: Wright
 Area Code: 515
 School Phone: 532-2895
 HS Fax: 532-2897

AD Fax: 532-2897
 Web Site: <http://www.clargold.org>
 School Colors: Red & Black
 Nickname: Cowboys
 Conference: North Central
 Superintendent.....Dr. Robert Olson
 Phone.....(515)532-3423
 Email.....rolson@clargold.org
 Asst/Assoc Supt.....Steve Haberman
 Phone.....(515)532-2412
 Email.....shaberman@clargold.org
 Admin Asst.....Cindy Schaffer
 Phone.....(515)532-3423
 Email.....cschaffer@clargold.org
 Executive Coordinator.....Anita Frye
 Phone.....(515)532-2412
 Email.....afrye@clargold.org
 Principal.....Sheila Hudson
 Phone.....(515)532-2895
 Email.....shudson@clargold.org
 Athletic Administrator.....Patty Stockman-Sann
 Phone.....(515)532-2895
 Email.....psann@clargold.org
 Golf.....Pat O'Brien
 Girls Golf.....Jeffrey Meyer
 Basketball.....Brandon Lantzky
 Girls Basketball.....Kevin Kakacek
 Baseball.....Nick Willwerth
 Girls Softball.....Patty Stockman-Sann
 Wrestling.....Dan Gabrielson
 Football.....Newt Lingenfelter
 Girls Volleyball.....Katrina Terhark
 Track & Field.....Craig Warnke
 Girls Track & Field.....Monty Harker
 Cross Country.....Missy Hauptsteen
 Girls Cross Country.....Missy Hauptsteen
 Football Cheerleading.....Megan Hamilton
 Basketball Cheerleading.....Julie Schmidt
 Wrestling Cheerleading.....Megan Hamilton
 Speech Director.....Tessa Yackle
 Student Council.....Paul Hansch
 Band Director.....Kent Wesselink
 Vocal Director.....David Ackerman

CLARKE, OSCEOLA

Street Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Mailing Address: 800 N Jackson St
 City: Osceola
 Zip Code: 50213
 Supt. St Address: 802 N Jackson St
 Supt. City: Osceola
 Supt. Zip: 50213
 County: Clarke
 Area Code: 641
 School Phone: 342-6505
 HS Fax: 342-2213
 AD Fax: 342-2213
 Web Site: <http://www.clarke.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Indians & Lady Indians
 Conference: South Central
 Superintendent.....Steve Seid
 Phone.....(641)342-4969
 Email.....sseid@clarke.k12.ia.us
 Principal.....Shane Stephens
 Phone.....(641)342-6505 x500
 Email.....sstephens@clarke.k12.ia.us
 Athletic Administrator.....Tracy Johnson
 Email.....tjohnson@clarke.k12.ia.us
 Athletic Secretary.....Sue Brimm
 Phone.....(641)342-6505 x503
 Email.....sbrimm@clarke.k12.ia.us
 Tennis.....Jeff Ehrhardt
 Girls Tennis.....Jeff Ehrhardt
 Golf.....Steve McWilliams
 Girls Golf.....Steve McWilliams
 Basketball.....Jim Dingeman

Girls Basketball.....Christa Subbert
 Baseball.....Lonnie Smith
 Girls Softball.....TBA
 Wrestling.....Brian Reece
 Football.....Duane Matthes
 Girls Volleyball.....Molly Audlehelm
 Track & Field.....Duane Matthes
 Girls Track & Field.....Kyle Eckerman
 Cross Country.....Kayleen McCann
 Girls Cross Country.....Kayleen McCann
 Soccer.....Jorge Avalos
 Girls Soccer.....Jorge Avalos
 Bowling.....Dale Helgevold
 Girls Bowling.....Dale Helgevold
 Football Cheerleading.....Ashley Dudney
 Basketball Cheerleading.....Ashley Dudney
 Wrestling Cheerleading.....Ashley Dudney
 Speech Director.....Don May
 Student Council.....Whitney Siefkas
 Band Director.....Karina Snider
 Vocal Director.....Mary Pohlmann

CLARKSVILLE

Street Address: 318 N Mather St
 City: Clarksville
 Zip Code: 50619
 Mailing Address: 318 N Mather St
 City: Clarksville
 Zip Code: 50619
 Supt. St Address: 318 N Mather St
 Supt. City: Clarksville
 Supt. Zip: 50619
 County: Butler
 Area Code: 319
 School Phone: 278-4273
 HS Fax: 278-4981
 AD Fax: 278-4981
 Web Site: <http://www.clarksville.k12.ia.us/>
 School Colors: Maroon & White
 Nickname: Indians
 Conference: Iowa Star North
 Superintendent.....Joel Foster
 Phone.....(319)278-4008
 Email.....jfoster@clarksville.k12.ia.us
 Principal.....Keith Reuter
 Phone.....(319)278-4008
 Email.....kreuter@clarksville.k12.ia.us
 Asst/Assoc/Vice-Principal.....Bob Saathoff
 Phone.....(319)278-4008
 Email.....bsaathoff@clarksville.k12.ia.us
 Athletic Administrator.....Ashten Henningsen
 Phone.....(319)278-4273
 Email.....ahenningsen@clarksville.k12.ia.us
 Co-AD/Assistant.....Ross Timmermans
 Phone.....(319)278-4273
 Email.....rtimmermans@clarksville.k12.ia.us
 Golf.....Ashten Henningsen
 Girls Golf.....Ashten Henningsen
 Girls Basketball.....Ross Timmermans
 Baseball.....Ryan Gebel
 Girls Softball.....Katie Wedeking
 Girls Volleyball.....Brandon Zelle
 Track & Field.....Brandon Zelle
 Girls Track & Field.....Brandon Zelle
 Cross Country.....Ralph Longus
 Girls Cross Country.....Ralph Longus
 Speech Director.....Rick Sandifer
 Student Council.....Cindy Tiemessen
 Band Director.....John Sundet
 Vocal Director.....John Sundet

CLAY CENTRAL-EVERLY

Street Address: 306 E Second St
 City: Everly
 Zip Code: 51338
 Mailing Address: PO Box 110
 City: Everly
 Zip Code: 51338
 Supt. St Address: PO Box 110

Supt. City: Royal
 Supt. Zip: 51357
 County: Clay
 Area Code: 712
 School Phone: 834-2227
 HS Fax: 834-2193
 AD Fax: 834-2193
 Web Site: <http://www.claycentralevery.org>
 School Colors: Red & Gold
 Nickname: Mavericks
 Conference: War Eagle
 Superintendent Dennis McClain
 Phone (712)933-2241
 Email dmcclain@claycentralevery.org
 Principal Curt Busch
 Phone (712)834-2227
 Email cbusch@claycentralevery.org
 Athletic Administrator Curt Busch
 Phone (712)834-2227
 Email cbusch@claycentralevery.org
 Athletic Secretary Kori Lux
 Phone (712)834-2227
 Email klux@claycentralevery.org
 Sp. Med. Prov. Stephanie Moermond, LAT
 (Sports Medicine Northwest)
 Golf David Rubis
 Girls Golf David Rubis
 Basketball Ross Jobst
 Girls Basketball Lester Tessum
 Baseball Dennis McClain
 Girls Softball Lori Larson
 Football David Rubis
 Girls Volleyball Donna McClain
 Track & Field Clint Goodchild
 Girls Track & Field Clint Goodchild
 Football Cheerleading Elissa Barrick
 Basketball Cheerleading Elissa Barrick
 Speech Director Allison Kulish, Holly Keenan
 Student Council Ashley Tessum
 Band Director Lori Key
 Vocal Director Alyda Haack

CLAYTON RIDGE, GUTTENBERG

Street Address: 131 S River Park Dr
 City: Guttenberg
 Zip Code: 52052
 Mailing Address: PO Box 520
 City: Guttenberg
 Zip Code: 52052
 Supt. St Address: PO Box 520
 Supt. City: Guttenberg
 Supt. Zip: 52052
 County: Clayton
 Area Code: 563
 School Phone: 252-2341
 HS Fax: 252-3387
 AD Fax: 252-3387
 Web Site: <http://www.claytonridge.k12.ia.us>
 School Colors: Hunter Green, Black, Silver
 Nickname: Eagles
 Conference: Upper Iowa
 Superintendent Shane Wahls
 Phone (563)252-2341 x304
 Email swahls@claytonridge.k12.ia.us
 Principal Andy Peterson
 Phone (563)252-2341 x302
 Email apeterson@claytonridge.k12.ia.us
 Athletic Administrator Andy Peterson
 Phone (563)252-2341 x302
 Email apeterson@claytonridge.k12.ia.us
 Athletic Secretary Michele VonHandorf
 Phone (563)252-1747 x305
 Email mvonhandorf@claytonridge.k12.ia.us
 Sp. Med. Prov. Dr. Jeff Hoffmann, DO
 (Cornerstone Family Practice)
 Golf Brian Rodenberg
 Girls Golf Scott Kelly
 Basketball Kyle Sperslage
 Girls Basketball Scott Kelly

Baseball Zach Mueller
 Girls Softball Tierney Schneider
 Wrestling J.T. Cunningham
 Football Chad Harbaugh
 Girls Volleyball Adam Radcliffe
 Track & Field Adam Sadewasser
 Girls Track & Field Rob Andersen
 Cross Country Louis Cook
 Girls Cross Country Louis Cook
 Speech Director Nicole Shaw
 Student Council Michelle Fassbinder
 Band Director Kendra Wilke
 Vocal Director Adam Radcliffe

CLEAR CREEK-AMANA

Street Address: 551 West Marengo Rd
 City: Tiffin
 Zip Code: 52340
 Mailing Address: PO Box 199
 City: Tiffin
 Zip Code: 52340
 Supt. St Address: PO Box 487
 Supt. City: Oxford
 Supt. Zip: 52322
 County: Johnson
 Area Code: 319
 School Phone: 545-2361
 HS Fax: 545-2863
 AD Fax: 545-2863
 Web Site: <http://www.ccaschools.org>
 School Colors: Royal Blue & White
 Nickname: Clippers
 Conference: WaMaC
 Superintendent Tim Kuehl
 Phone (319)828-4510
 Email timkuehl@ccaschools.org
 Principal Mark Moody
 Phone (319)545-2361
 Email markmoody@ccaschools.org
 Asst/Assoc/Vice-Principal Mike Potter
 Phone (319)545-2361
 Email mikepotter@ccaschools.org
 Athletic Administrator Kurt Ronnfeldt
 Phone (319)545-2361
 Email kurtronnfeldt@ccaschools.org
 Sp. Med. Prov. Todd Sorensen
 Golf Chad McCarty
 Girls Golf Cam Stockman
 Basketball Brandon Clubb
 Girls Basketball P.J. Sweeney
 Baseball Brent Henry
 Girls Softball Matt Trosky
 Wrestling Kyle Forness
 Football Gabe Bakker
 Girls Volleyball Jackie Clubb
 Track & Field Ben Robison
 Girls Track & Field Jane Astor
 Cross Country Ben Robison
 Girls Cross Country Jane Astor
 Soccer Tim Benson
 Girls Soccer Matt Harding
 Football Cheerleading Jamie Bowman
 Basketball Cheerleading Jamie Bowman
 Wrestling Cheerleading Jamie Bowman
 Speech Director Christine Maas
 Student Council Matt Trosky
 Band Director John Smith
 Vocal Director Tracy Williams

CLEAR LAKE

Street Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428
 Mailing Address: 125 N 20th St
 City: Clear Lake
 Zip Code: 50428
 Supt. St Address: 1529 3rd Ave N
 Supt. City: Clear Lake
 Supt. Zip: 50428

County: Cerro Gordo
 Area Code: 641
 School Phone: 357-5235
 HS Fax: 357-6218
 AD Fax: 357-6218
 Web Site: <http://www.clearlakeschools.org>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: North Central
 Superintendent Doug Gee
 Phone (641)357-2181
 Email dgee@clearlakeschools.org
 Principal Christopher Murphy
 Phone (641)357-5235
 Email cmurphy@clearlakeschools.org
 Asst/Assoc/Vice-Principal Dale Ludwig
 Phone (641)357-5235
 Email dludwig@clearlakeschools.org
 Athletic Administrator Dale Ludwig
 Phone (641)357-5235
 Email dludwig@clearlakeschools.org
 Athletic Secretary Lori Winter
 Phone (641)357-5235
 Email lwinter@clearlakeschools.org
 Tennis Rich Peters
 Golf Eric Perry
 Girls Golf Colby Andrews
 Basketball Jeremy Ainley
 Girls Basketball Bart Smith
 Baseball Seth Thompson
 Girls Softball Austin Peterson
 Wrestling Mike Lester
 Football Jared DeVries
 Girls Volleyball Richie Ellis
 Track & Field AJ Feuerbach
 Girls Track & Field Shawn Puttmann
 Cross Country Nick Dimarco
 Girls Cross Country Nick Dimarco
 Soccer Zach Hall
 Girls Soccer Greg Jennings
 Football Cheerleading Cat Aragon-Bauer
 Basketball Cheerleading Cat Aragon-Bauer
 Wrestling Cheerleading Cat Aragon-Bauer
 Speech Director Megan Young
 Student Council Troy Tysdahl
 Band Director Brandon Borsest
 Vocal Director Paul Langholz

CLINTON

Street Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Mailing Address: 817 8th Ave S
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 1401 12th Ave N
 Supt. City: Clinton
 Supt. Zip: 52732
 County: Clinton
 Area Code: 563
 School Phone: 243-2435
 HS Fax: 243-0029
 AD Fax: 243-9612
 Web Site: <http://www.clinton.k12.ia.us>
 School Colors: Red & Black
 Nickname: River Kings and River Queens
 Conference: Mississippi Athletic
 Superintendent Gary DeLacy
 Phone (563)243-9600 x32
 Email gdelacy@clintonia.org
 Admin Asst Lori Kness
 Phone (563)243-9600 x32
 Email lkness@clintonia.org
 Principal JR Kuch
 Phone (563)243-2435 x1181
 Email jrkuch@clintonia.org
 Asst/Assoc/Vice-Principal Jamie Mueller
 Phone (563)243-7540
 Email jmueller@clintonia.org

Asst/Assoc/Vice-Principal..... Andy Prinsen
 Phone.....(563)243-7540
 Email.....aprinse@clintonia.org
 Athletic Administrator..... Andy Eberhart
 Phone.....(563)243-7540 x1182
 Email.....aerberhart@clintonia.org
 Co-AD/Assistant..... Lee Camp
 Phone.....(563)243-7540 x1182
 Email.....lcamp@clintonia.org
 Athletic Secretary.....Melissa Baker
 Phone.....(563)243-7540 x1182
 Email.....mbaker@clintonia.org
 Sp. Med. Prov.....Kurt Flathers
 Tennis.....Andrew Carbajal
 Girls Tennis.....Cindy Rasche
 Golf.....Paul Niedermeyer
 Girls Golf.....Jason McEwen
 Basketball.....Troy Ersland
 Girls Basketball.....Stacy Clark
 Swimming.....Albert Hayton
 Girls Swimming.....Albert Hayton
 Baseball.....Kevin Cunningham
 Girls Softball.....Nate Herrig
 Wrestling.....Dustin Caldwell
 Football.....Jon Wauford
 Girls Volleyball.....Micah Cewe
 Track & Field.....Kellen Schneeberger
 Girls Track & Field.....Tony Steen
 Cross Country.....Kellen Schneeberger
 Girls Cross Country.....Kellen Schneeberger
 Soccer.....Matt Hagge
 Girls Soccer.....Nick Hauenstein
 Bowling.....Mark Richardson
 Girls Bowling.....Mark Richardson
 Football Cheerleading.....Vicki Burns
 Basketball Cheerleading.....Vicki Burns
 Wrestling Cheerleading.....Vicki Burns
 Speech Director.....Aaron Westrum
 Student Council.....Jason Endress
 Band Director.....Josh Hahn
 Vocal Director.....Karl Wolf
 Orchestra Director.....Greg Marston

COLFAX-MINGO

Street Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Mailing Address: 204 N League Rd
 City: Colfax
 Zip Code: 50054
 Supt. St Address: 204 N League Rd
 Supt. City: Colfax
 Supt. Zip: 50054
 County: Jasper
 Area Code: 515
 School Phone: 674-4111
 HS Fax: 674-4940
 AD Fax: 674-4940
 Web Site: <http://www.colfax-mingo.k12.ia.us>
 School Colors: Navy Blue and Orange
 Nickname: Tigerhawks
 Conference: South Iowa Cedar League
 Superintendent.....James Verlengia
 Phone.....(515)674-3646
 Email.....jverlengia@colfaxmingo.org
 Admin Asst.....Bertha Deaton
 Phone.....(515)674-3646
 Email.....bertdeaton@colfaxmingo.org
 Principal.....Todd Jones
 Phone.....(515)674-4111
 Email.....tjones@colfaxmingo.org
 Athletic Administrator.....Zach Tomas
 Phone.....(515)674-3646
 Email.....ztomas@colfaxmingo.org
 Co-AD/Assistant.....Erin Hume
 Phone.....(515)674-3646
 Email.....ehume@colfaxmingo.org
 Athletic Secretary.....Bertha Deaton
 Phone.....(515)674-3646
 Email.....bertdeaton@colfaxmingo.org

Golf.....Mike Underwood
 Girls Golf.....Mike Underwood
 Basketball.....Mark Rague
 Girls Basketball.....Jeff Clemens
 Baseball.....Brian Warrick
 Girls Softball.....Bryan Poulter
 Wrestling.....Erin Hume
 Football.....Jeff Lietz
 Girls Volleyball.....Michelle Grant
 Track & Field.....Matt Barkalow
 Girls Track & Field.....Zach Tomas
 Cross Country.....Zach Tomas, Jacob Crouse
 Girls Cross Country.....Zach Tomas, Jacob Crouse
 Football Cheerleading Sarah Thorsbakken, Katelyn Grant
 Basketball Cheerleading.....Jeanne Patterson
 Wrestling Cheerleading.....Chrystin Clark
 Speech Director.....Talbot Hook
 Student Council.....Laurie McGhee
 Band Director.....Michelle Grant
 Vocal Director.....Michelle Grant

COLLINS-MAXWELL

Street Address: 400 Metcalf St
 City: Maxwell
 Zip Code: 50161
 Mailing Address: 400 Metcalf St
 City: Maxwell
 Zip Code: 50161
 Supt. St Address: 400 Metcalf St
 Supt. City: Maxwell
 Supt. Zip: 50161
 County: Story
 Area Code: 515
 School Phone: 387-1115
 HS Fax: 387-8842
 AD Fax: 387-8842
 Web Site: <http://www.collins-maxwell.k12.ia.us>
 School Colors: Blue, Black, Silver
 Nickname: Spartans
 Conference: Iowa Star
 Superintendent.....Ottie Maxey
 Phone.....(515)387-1115 x1100
 Email.....omaxey@collins-maxwell.k12.ia.us
 Admin Asst.....Jodi Girard
 Phone.....(515)387-1115
 Email.....jogirard@collins-maxwell.k12.ia.us
 Principal.....Corey Lunn
 Phone.....(515)387-1115 x1102
 Email.....clunn@collins-maxwell.k12.ia.us
 Athletic Administrator.....Troy Houghe
 Phone.....(515)387-1115 x1205
 Email.....thoughe@collins-maxwell.k12.ia.us
 Sp. Med. Prov.....Kari Sandquist (McFarland Clinic)
 Golf.....Kris Corbin
 Girls Golf.....Kris Corbin
 Basketball.....Wes Stover
 Girls Basketball.....Justin Flaws
 Baseball.....Steve Lewis
 Girls Softball.....Troy Houghe
 Wrestling.....Michael Leslie
 Football.....Cory Crnkovich
 Girls Volleyball.....Nicole Dentlinger
 Track & Field.....Cole Billerbeck
 Girls Track & Field.....Jerry Meinerts
 Cross Country.....Jerry Meinerts
 Girls Cross Country.....Jerry Meinerts
 Soccer.....Crystal Bruntz
 Girls Soccer.....Gary Cummings
 Football Cheerleading.....Heather Scott
 Wrestling Cheerleading.....Heather Scott
 Student Council.....Chris Smith
 Band Director.....Becky Pfeiler
 Vocal Director.....Mark Bjorklund

COLO-NESCO

Street Address: 919 West St
 City: Colo
 Zip Code: 50056
 Mailing Address: PO Box 136

City: Colo
 Zip Code: 50056
 Supt. St Address: 919 West St
 Supt. City: Colo
 Supt. Zip: 50056
 County: Story
 Area Code: 641
 School Phone: 377-2282
 HS Fax: 377-2283
 AD Fax: 377-2283
 Web Site: <http://www.colo-nesco.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Royals
 Conference: Iowa Star
 Superintendent.....Jim Walker
 Phone.....(641)377-2282
 Email.....sgray@nevada.k12.ia.us
 Admin Asst.....Sharon Dean
 Phone.....(641)377-2282
 Email.....sdean@colo-nesco.k12.ia.us
 Principal.....Brandon Kelley
 Phone.....(641)377-2282
 Email.....bkelly@colo-nesco.k12.ia.us
 Athletic Administrator.....Travis Owens
 Phone.....(641)377-2282
 Email.....towens@colo-nesco.k12.ia.us
 Athletic Secretary.....Sharon Dean
 Phone.....(641)377-2282
 Email.....sdean@colo-nesco.k12.ia.us
 Sp. Med. Prov.....McFarland Clinic
 Golf.....Kris Corbin
 Girls Golf.....Kris Corbin
 Basketball.....Brandon Kelley
 Girls Basketball.....Wayne Cafferty
 Baseball.....Brandon Frohwein
 Girls Softball.....Candace Sutton
 Football.....Josh Nessa
 Girls Volleyball.....Jessica Owens
 Track & Field.....Tony Stalzer
 Girls Track & Field.....Josh Nessa
 Cross Country.....Tony Stalzer
 Girls Cross Country.....Tony Stalzer
 Football Cheerleading.....Andrea Ward
 Basketball Cheerleading.....Brooke Handsacker
 Speech Director.....Noah Ronnfeldt, Jess Ownes
 Student Council.....Kara Kinser, Jess Owens
 Band Director.....Hannah Hoefler
 Vocal Director.....Bryan Ward

COLUMBUS CATHOLIC, WATERLOO

Street Address: 3231 W 9th St
 City: Waterloo
 Zip Code: 50702
 Mailing Address: 3231 W 9th St
 City: Waterloo
 Zip Code: 50702
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Black Hawk
 Area Code: 319
 School Phone: 233-3358
 HS Fax: 235-0733
 AD Fax: 235-0733
 Web Site: <http://www.cvcatholicschools.org>
 School Colors: Green, White
 Nickname: Sailors
 Conference: NICL
 Superintendent.....Ms. Kim Hermesen
 Phone.....(563)556-2580 x289
 Email.....k.hermesen@dbqarch.org
 Executive Coordinator.....Tom Novotney
 Phone.....(319)232-1422
 Email.....tnovotney@cvcatholic.org
 Principal.....Daniel Thole
 Phone.....(319)233-3358 x1135
 Email.....dthole@cvcatholic.org
 Athletic Administrator.....Tom Ulses
 Phone.....(319)233-3358 x6109
 Email.....tulses@cvcatholic.org

Athletic Secretary James Larsen
 Phone..... (319)233-3358 x112
 Emailjlarsen@cvcatholic.org
 Sp. Med. Prov..... Nate Person, LAT
 (Cedar Valley Medical Specialists)
 Tennis..... James Larsen
 Girls Tennis..... Dave Will
 Girls Golf..... Adam Hoefler
 Girls Basketball..... Cory O'Brien
 Baseball..... Mark Gallagher
 Girls Softball..... Chris Olmstead
 Wrestling..... Denny Boleyn
 Football..... Brad Schmit
 Girls Volleyball..... Hanna Nuss
 Cross Country..... Ron Roberson
 Girls Cross Country..... Ron Roberson
 Soccer..... William Maletta
 Girls Soccer..... Julie Girsh
 Bowling..... Brenton Kuchera
 Girls Bowling..... Brenton Kuchera
 Football Cheerleading..... Katie Friedly
 Basketball Cheerleading..... Katie Friedly
 Wrestling Cheerleading..... Katie Friedly
 Speech Director..... Kyle Weber
 Student Council..... Dave Will
 Band Director..... Brittany Barnard
 Vocal Director..... Lesa Jacobsen

COLUMBUS COMMUNITY, COLUMBUS JUNCTION

Street Address: 1004 Colton St
 City: Columbus Junction
 Zip Code: 52738
 Mailing Address: 1004 Colton St
 City: Columbus Junction
 Zip Code: 52738
 Supt. St Address: 1210 Colton St
 Supt. City: Columbus Junction
 Supt. Zip: 52738
 County: Louisa
 Area Code: 319
 School Phone: 728-2231
 HS Fax: 728-2205
 AD Fax: 728-2205
 Web Site: <http://www.columbuscsd.org>
 School Colors: Royal Blue & White
 Nickname: Wildcats
 Conference: SEISC North
 Superintendent..... Gary Benda
 Phone..... (319)728-2911 x9090
 Emailgary.benda@columbuscsd.org
 Admin Asst..... Jessica Murphy
 Phone..... (319)728-2231 x3091
 Emailjessica.murphy@columbuscsd.org
 Principal..... Gary Benda
 Phone..... (319)728-2231 x9090
 Emailgary.benda@columbuscsd.org
 Asst/Assoc/Vice-Principal..... Kyle Reeve
 Phone..... (319)728-9107
 Emailkye.reeve@columbuscsd.org
 Athletic Administrator..... Jake McCullough
 Phone..... (319)728-2231
 Emailjake.mccullough@columbuscsd.org
 Co-AD/Assistant..... Charles Mausser
 Phone..... (319)728-2231
 Emailcharles.mausser@columbuscsd.org
 Athletic Secretary..... Jessica Murphy
 Phone..... (319)728-2231 x3091
 Emailjessica.murphy@columbuscsd.org
 Sp. Med. Prov..... Nicole Calvert
 (Integrated Therapy Specialists, PC)
 Basketball..... Dave Lekwa
 Baseball..... Jake McCullough
 Girls Softball..... Tim Milder
 Wrestling..... Joel Keller
 Football..... Scott Symmonds
 Girls Volleyball..... Lori Beenen
 Track & Field..... Scott Denhler
 Cross Country..... Steve Riley
 Girls Cross Country..... Steve Riley
 Soccer..... Luis Cacho

Girls Soccer..... Alfredo Piedra
 Football Cheerleading..... Junior Jimenez, Codi Sammons
 Basketball Cheerleading..... Junior Jimenez, Codi Sammons
 Wrestling Cheerleading..... Junior Jimenez, Codi Sammons
 Student Council..... Maureen Mincks
 Band Director..... Charles Mausser
 Vocal Director..... Molly Peterson
 Orchestra Director..... Charles Mausser, Molly Peterson

COON RAPIDS-BAYARD

Street Address: 905 North St
 City: Coon Rapids
 Zip Code: 50058
 Mailing Address: PO Box 297
 City: Coon Rapids
 Zip Code: 50058
 Supt. St Address: PO Box 297
 Supt. City: Coon Rapids
 Supt. Zip: 50058
 County: Carroll
 Area Code: 712
 School Phone: 999-2208
 HS Fax: 999-7740
 AD Fax: 999-7740
 Web Site: <http://www.crbcusaders.org>
 School Colors: Black & Red
 Nickname: Crusaders
 Conference: Rolling Valley
 Superintendent..... Brett Gibbs
 Phone..... (712)999-2208
 Emailbrett.gibbs@crbcusaders.org
 Principal..... Larry Frakes
 Phone..... (712)999-2208
 Emaillarry.frakes@crbcusaders.org
 Athletic Administrator..... Josh Atwell
 Phone..... (712)999-2208
 Emailjosh.atwell@crbcusaders.org
 Athletic Secretary..... Stacy Muench
 Phone..... (712)999-2208
 Emailstacy.muench@crbcusaders.org
 Golf..... Tim Lee
 Girls Golf..... Jim Nurse
 Basketball..... Cory Meyer
 Girls Basketball..... Kaitlyn Christensen
 Baseball..... John Waddle
 Girls Softball..... Kelly Hays
 Wrestling..... Josh Atwell
 Football..... Chris Mohr
 Girls Volleyball..... Rich Baker
 Track & Field..... Chris Mohr
 Girls Track & Field..... Chris Mohr
 Cross Country..... Elizabeth Larscheid
 Girls Cross Country..... Elizabeth Larscheid
 Speech Director..... Gina Lobendo
 Student Council..... Paula Davis
 Band Director..... Chris Fiscus
 Vocal Director..... Rebecca Fiscus

COUNCIL BLUFFS, ABRAHAM LINCOLN

Street Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 1205 Bonham St
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 12 Scott St
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6481
 HS Fax: 328-6485
 AD Fax: 328-6485
 Web Site: <http://www.cbcsd.org>
 School Colors: Red, White & Blue
 Nickname: Lynx
 Conference: Missouri River
 Superintendent..... Dr. Vickie Murillo
 Phone..... (712)328-6418
 Emailvmurillo@cbcsd.org
 Asst/Assoc Supt..... Dr. Corey Vorthmann
 Phone..... (712)328-6424
 Emailcvorthmann@cbcsd.org

Asst/Assoc Supt..... Dr. Corey Vorthmann
 Phone..... (712)328-6446
 Emailcvorthmann@cbcsd.org
 Admin Asst..... Amy Stuart
 Phone..... (712)328-6418
 Emailastuart@cbcsd.org
 Principal..... Bridgette Bellows
 Phone..... (712)328-6481 x12104
 Emailbbellows@cbcsd.org
 Asst/Assoc/Vice-Principal..... Cyle Forney
 Phone..... (712)328-6481 x12115
 Emailcforney@cbcsd.org
 Asst/Assoc/Vice-Principal..... Amanda Jens
 Phone..... (712)328-6481 x12114
 Emailajens@cbcsd.org
 Athletic Administrator..... Jeff Novotny
 Phone..... (712)328-6481 x12117
 Emailjnovotny@cbcsd.org
 Co-AD/Assistant..... Luke Peterson
 Phone..... (712)328-6454
 Emaillpeterson1@cbcsd.org
 Athletic Secretary..... Molly Stogdill
 Phone..... (712)328-6481 x12100
 Emailmstogdill@cbcsd.org
 Sp. Med. Prov. Melissa Troub (Jennie Ed Sports Medicine)
 Tennis..... Myron Wilder
 Girls Tennis..... Bryan Pregon
 Golf..... Rob Dittmer
 Girls Golf..... Jason Smith
 Basketball..... Jason Isaacson
 Girls Basketball..... Chad Schaa
 Swimming..... Bob Hansen
 Girls Swimming..... Bob Hansen
 Baseball..... Brett Elam
 Girls Softball..... Candice Hughes
 Wrestling..... Mat Daniels
 Football..... John Wolfe
 Girls Volleyball..... Katie Darrington
 Track & Field..... John Wolfe
 Girls Track & Field..... Don Schwartz
 Cross Country..... Scott Milner
 Girls Cross Country..... Traci Stoop
 Soccer..... Jamison Parkhill
 Girls Soccer..... Robbie Miller
 Bowling..... Norman Johnson
 Girls Bowling..... Norman Johnson
 Football Cheerleading..... Nikki McIntosh
 Basketball Cheerleading..... Nikki McIntosh
 Speech Director..... Dirk Waller
 Student Council..... Mike McIntosh
 Band Director..... Mark Mendell
 Vocal Director..... Elmer Ellefson
 Orchestra Director..... Dan Black

COUNCIL BLUFFS, THOMAS JEFFERSON

Street Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 2501 W Broadway
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 300 W Broadway, Suite 1600
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-6493
 HS Fax: 352-0159
 AD Fax: 352-0159
 Web Site: <http://www.cb-schools.org/schools/thomas-jefferson/>
 School Colors: Orange, White, Black accent
 Nickname: Yellow Jackets
 Conference: Missouri River
 Superintendent..... Dr. Vickie Murillo
 Phone..... (712)328-6418
 Emailvmurillo@cbcsd.org
 Asst/Assoc Supt..... Dr. Corey Vorthmann
 Phone..... (712)328-6424
 Emailcvorthmann@cbcsd.org

Admin Asst.....Amy Stuart
 Phone.....(712)328-6418 x223
 Email.....astuart@cbcsd.org
 Principal.....Dania Freudenburg
 Email.....dfreudenburg@cbcsd.org
 Asst/Assoc/Vice-Principal.....Tanya Windham
 Phone.....(712)328-6451
 Email.....twindham@cbcsd.org
 Asst/Assoc/Vice-Principal.....Joanna Letz
 Phone.....(712)328-6451
 Email.....jletz@cbcsd.org
 Athletic Administrator.....Eric Sagert
 Phone.....(712)328-6493 x103
 Email.....esagert@cbcsd.org
 Athletic Secretary.....Michaela Patterson
 Phone.....(712)328-6493
 Email.....mpatterson@cbcsd.org
 Sp. Med. Prov. Rollie Hardies (Jennie Ed Sports Medicine)
 Tennis.....Dave Kaeding
 Girls Tennis.....Matt Connor
 Golf.....Rob Lindquist
 Girls Golf.....Rob Dittmer
 Basketball.....Nate Kreifels
 Girls Basketball.....Devin Schoening
 Baseball.....Josh Bullock
 Girls Softball.....Amy Anderson
 Wrestling.....August Manz
 Football.....Brant Anderson
 Girls Volleyball.....Bonnie Clinch
 Track & Field.....Bob Nielsen
 Girls Track & Field.....Lori Thomas
 Cross Country.....Doug Muehlig
 Girls Cross Country.....Doug Muehlig
 Soccer.....Justin Menichetti
 Girls Soccer.....Mark Royer
 Bowling.....Diane Storey
 Girls Bowling.....Diane Storey
 Football Cheerleading.....Danielle Hendrix
 Basketball Cheerleading.....Kendra Hollenbach
 Wrestling Cheerleading.....Kendra Hollenbach
 Speech Director.....Abby Custer
 Student Council.....Michaela Gray
 Band Director.....Jessica Todd
 Vocal Director.....Travis Walker
 Orchestra Director.....James Giles

CRESTON

Street Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Mailing Address: 601 W Townline Rd
 City: Creston
 Zip Code: 50801
 Supt. St Address: 801 N Elm
 Supt. City: Creston
 Supt. Zip: 50801
 County: Union
 Area Code: 641
 School Phone: 782-2116
 HS Fax: 782-9502
 AD Fax: 782-9502
 Web Site: <http://www.crestonschools.org>
 School Colors: Red and Black
 Nickname: Panthers
 Conference: Hawkeye Ten
 Superintendent.....Steve McDermott
 Phone.....(641)782-7028
 Email.....smcdermott@crestonschools.org
 Principal.....Bill Messerole
 Phone.....(641)782-2116
 Email.....bmesserole@crestonschools.org
 Asst/Assoc/Vice-Principal.....Jeff Bevins
 Phone.....(641)782-7130
 Email.....jbevins@crestonschools.org
 Athletic Administrator.....Jeff Bevins
 Phone.....(641)782-7130
 Email.....jbevins@crestonschools.org
 Athletic Secretary.....Claudia Peppers
 Phone.....(641)782-2116
 Email.....cpeppers@crestonschools.org

Sp. Med. Prov. Chris Lenord (Greater Regional Med. Cntr)
 Tennis.....Kevin Cooper
 Girls Tennis.....Kevin Cooper
 Golf.....Jon Thomson
 Girls Golf.....Jon Thomson
 Basketball.....Bryce Schaffer
 Girls Basketball.....Tony Neubauer
 Baseball.....Steve Birchard
 Girls Softball.....Mike McCabe
 Wrestling.....Cody Downing
 Football.....Brian Morrison
 Girls Volleyball.....Mallory Peterson
 Track & Field.....Pat Schlapia
 Girls Track & Field.....Clay Arnold
 Cross Country.....Pat Schlapia
 Girls Cross Country.....Pat Schlapia
 Soccer.....Jerry Hartman
 Girls Soccer.....Kim Lauffer
 Bowling.....Ron Pendegraft
 Girls Bowling.....Ron Pendegraft
 Football Cheerleading.....Trish Sevier
 Basketball Cheerleading.....Trish Sevier
 Wrestling Cheerleading.....Trish Sevier
 Speech Director.....Laura Grandner
 Student Council Peg Krambeck Eblen, Danielle Dickinson
 Band Director.....Mike Peters
 Vocal Director.....Jane Warner

CRESTWOOD, CRESCO

Street Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Mailing Address: 1000 Schroder Dr
 City: Cresco
 Zip Code: 52136
 Supt. St Address: 1000 Schroder Dr
 Supt. City: Cresco
 Supt. Zip: 52136
 County: Howard
 Area Code: 563
 School Phone: 547-2764
 HS Fax: 547-4650
 AD Fax: 547-4650
 Web Site: <http://www.howard-winn.k12.ia.us>
 School Colors: Blue and White
 Nickname: Cadets
 Conference: Northeast Iowa
 Superintendent.....Theodore Ihns
 Phone.....(563)547-2762
 Email.....tihns@howard-winn.k12.ia.us
 Principal.....Chris Rogne
 Phone.....(563)547-2764
 Email.....crogne@howard-winn.k12.ia.us
 Athletic Administrator.....Caleb Shaeffer
 Phone.....(563)547-2764
 Email.....cshaeffer@howard-winn.k12.ia.us
 Athletic Secretary.....Janice Lansing
 Phone.....(563)547-2764 x200
 Email.....jlansing@howard-winn.k12.ia.us
 Sp. Med. Prov.....TBD
 Golf.....TBD
 Girls Golf.....Jason Sorenson
 Basketball.....Lynn McCormick
 Girls Basketball.....Dale Denner
 Baseball.....Gary Steffen
 Girls Softball.....Doug Sickles
 Wrestling.....Keith Slifka
 Football.....Skip Eckhardt
 Girls Volleyball.....Robin Gossman
 Track & Field.....Chris Sullivan
 Girls Track & Field.....Jim Obermann
 Cross Country.....Jim Obermann
 Girls Cross Country.....Jim Obermann
 Football Cheerleading.....Kelli Gosch
 Basketball Cheerleading.....Kim Lehmkuhl
 Wrestling Cheerleading.....Kim Lehmkuhl
 Speech Director.....Karen LeFebvre/Aaron Kvale
 Band Director.....Jason Dobbs
 Vocal Director.....Karen LeFebvre

DALLAS CENTER-GRIMES

Street Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Mailing Address: 2555 W 1st St
 City: Grimes
 Zip Code: 50111
 Supt. St Address: PO Box 512
 Supt. City: Dallas Center
 Supt. Zip: 50063
 County: Dallas
 Area Code: 515
 School Phone: 986-9747
 HS Fax: 986-9734
 AD Fax: 986-9734
 Web Site: <http://dgcactivities.com>
 School Colors: Red & White
 Nickname: Mustangs
 Conference: Little Hawkeye
 Superintendent.....Scott Grimes
 Phone.....(515)992-3866
 Email.....scott.grimes@dcschools.com
 Admin Asst.....Cindy Ford
 Phone.....(515)992-3866
 Email.....cindy.ford@dcschools.com
 Principal.....Scott Blum
 Phone.....(515)986-9747 x252
 Email.....scott.blum@dcschools.com
 Asst/Assoc/Vice-Principal.....Cindy Bassett
 Phone.....(515)986-9747
 Email.....cindy.bassett@dcschools.com
 Athletic Administrator.....Steve Watson
 Phone.....(515)986-9747 x251
 Email.....steve.watson@dcschools.com
 Co-AD/Assistant.....Brock Yossi
 Phone.....(515)986-9747 x250
 Email.....brock.yossi@dcschools.com
 Athletic Secretary.....Brenda Smith
 Phone.....(515)986-9747 x257
 Email.....brenda.smith@dcschools.com
 Sp. Med. Prov.....Jerod Torrey, LAT (Athletico)
 Golf.....Jordan Ray
 Girls Golf.....John Klaessy
 Basketball.....Joel Rankin
 Girls Basketball.....Adam Jones
 Baseball.....Byron Peyton
 Girls Softball.....Steve Schlafke
 Wrestling.....Cory Stratton
 Football.....Scott Heitland
 Girls Volleyball.....Cheryl Voelker
 Track & Field.....Jordan Sump
 Girls Track & Field.....Rich Kloster
 Cross Country.....Matt Pries
 Girls Cross Country.....Justin Droppert
 Soccer.....Collin Lane
 Girls Soccer.....Dan James
 Football Cheerleading.....Angie Rubel
 Basketball Cheerleading.....Allison Martin
 Wrestling Cheerleading.....Addreonna Tucker
 Speech Director.....Jane Allman, Anne Frett
 Student Council.....Jolie Morgan
 Band Director.....Craig Crilly, Steve Britt
 Vocal Director.....Eric Mohlis

DANVILLE

Street Address: 419 S Main St
 City: Danville
 Zip Code: 52623
 Mailing Address: 419 S Main St
 City: Danville
 Zip Code: 52623
 Supt. St Address: 419 S Main St.
 Supt. City: Danville
 Supt. Zip: 52623
 County: Des Moines
 Area Code: 319
 School Phone: 392-4221
 HS Fax: 392-8390
 AD Fax: 392-8390

Web Site: <http://www.danvillecsd.org>
 School Colors: Royal Blue & White
 Nickname: Bears
 Conference: SEI Superconference-South
 Superintendent Dr. Thomas Ward
 Phone (319)392-4223 x309
 Email thomas.ward@danvillecsd.org
 Principal John Lawrence
 Phone (319)392-4221 x311
 Email john.lawrence@danvillecsd.org
 Asst/Assoc/Vice-Principal Steve Ita
 Phone (319)392-4221 x307
 Email steve.ita@danvillecsd.org
 Athletic Administrator Kirk Soukup
 Phone (319)392-4221 x354
 Email kirk.soukup@danvillecsd.org
 Athletic Secretary Loretta Smith
 Phone (319)392-4221 x314
 Email loretta.smith@danvillecsd.org
 Sp. Med. Prov. Sheena Teeter
 Golf Steve Rogers
 Girls Golf Steve Rogers
 Basketball Matt Morris
 Girls Basketball TJ Dncan
 Girls Softball Ben Fry
 Football Dave Bunnell
 Girls Volleyball Tim Svoboda
 Track & Field Lucas Gourley
 Girls Track & Field Natalie Ford
 Cross Country Lucas Gourley
 Girls Cross Country Lucas Gourley
 Soccer Ted Kuechmann
 Football Cheerleading TBA
 Basketball Cheerleading TBA
 Speech Director Lynn Jacobson
 Student Council Liz Linnenbrink
 Band Director Wyman Martin
 Vocal Director Bobbi Huebner

DAVENPORT, CENTRAL

Street Address: 1120 N Main St
 City: Davenport
 Zip Code: 52803
 Mailing Address: 1120 N Main St
 City: Davenport
 Zip Code: 52803
 Supt. St Address: 1606 Brady St
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 323-9900
 HS Fax: 323-3110
 AD Fax: 323-3110
 Web Site: <http://www.davenport.k12.ia.us>
 School Colors: Royal Blue & Red
 Nickname: Blue Devils
 Conference: Mississippi Athletic
 Superintendent Dr. Art Tate
 Phone (563)336-5083
 Email tateart@mail.davenport.k12.ia.us
 Asst/Assoc Supt Robert Scott
 Phone (563)336-5084
 Email scotttr@davenportportschools.org
 Executive Coordinator Paul Flynn
 Phone (563)336-5032
 Email flynnp@davenportportschools.org
 Principal Jon Flynn
 Phone (563)323-9900
 Email flynnj@davenportportschools.org
 Asst/Assoc/Vice-Principal Guy Heller
 Phone (563)323-9900
 Email hellerj@davenportportschools.org
 Asst/Assoc/Vice-Principal James Veasey
 Phone (563)323-9900
 Asst/Assoc/Vice-Principal Adam Pagett
 Phone (563)323-9900
 Athletic Administrator Brian Ehlinger
 Phone (563)323-1757
 Email ehlingerb@davenportportschools.org

Co-AD/Assistant Theresa Hansen
 Phone (563)323-9900
 Email hansen@davenportportschools.org
 Athletic Secretary Heather Ehlinger
 Phone (563)323-1757 x733
 Email ehlingerh@davenportportschools.org
 Sp. Med. Prov. Rock Valley Physical Therapy
 Tennis Travis Carpenter
 Girls Tennis Kevin Peterson
 Golf Reid Keller
 Girls Golf Dana Schrader
 Basketball Craig Wurdinger
 Girls Basketball Rita Jett
 Swimming Duane Stahl
 Girls Swimming Brian Heller
 Baseball Chris Cartee
 Girls Softball Matt Verdon
 Wrestling Dennis Stevenson
 Football Ben Sacco
 Girls Volleyball Janelle Hester
 Track & Field Casey Schwartzlose
 Girls Track & Field Mike Trujillo
 Cross Country TJ Pearson
 Girls Cross Country Mike Trujillo
 Soccer Robert Harkness
 Girls Soccer Nick Newman
 Bowling Craig Nord
 Girls Bowling Wendy Allen
 Football Cheerleading Christie Toft
 Basketball Cheerleading Christie Toft
 Wrestling Cheerleading Christie Toft
 Student Council Meredith Dennis
 Band Director Alex Wilga
 Vocal Director Michael Reese, Emily Schranck
 Orchestra Director Kendra Elledge

DAVENPORT, NORTH

Street Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Mailing Address: 626 W 53rd St
 City: Davenport
 Zip Code: 52806
 Supt. St Address: 1702 Main Street
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 723-5500
 HS Fax: 445-5953
 AD Fax: 445-5953
 Web Site: <http://www.davenportportschools.org/north>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: Mississippi Athletic
 Superintendent Dr. Art Tate
 Phone (563)336-5083
 Email tateart@mail.davenport.k12.ia.us
 Asst/Assoc Supt Mr. Robert Scott
 Phone (563)336-5084
 Email scotttr@davenportportschools.org
 Executive Coordinator Paul Flynn
 Phone (563)336-5032
 Email flynnp@davenportportschools.org
 Principal Jay Chelf
 Phone (563)723-5500 x103
 Email chelfj@davenportportschools.org
 Asst/Assoc/Vice-Principal Cathy Bosco
 Phone (563)723-5500 x105
 Email boscoc@davenportportschools.org
 Asst/Assoc/Vice-Principal Dave Shovlain
 Phone (563)723-5500 x110
 Email shovlained@davenportportschools.org
 Asst/Assoc/Vice-Principal Bob Tollefson
 Phone (563)723-5500 x102
 Email orifelli@davenportportschools.org
 Asst/Assoc/Vice-Principal Jeremy Mosier
 Phone (563)723-5500 x151
 Email Mosierj@davenportportschools.org

Athletic Administrator Jeremy Mosier
 Phone (563)723-5500 x151
 Email mosierj@davenportportschools.org
 Athletic Secretary Catherine Borcher
 Phone (563)723-5500 x106
 Email borcherca@davenportportschools.org
 Sp. Med. Prov. Julie Evans, PT
 (Rock Valley Physical Therapy)
 Tennis Chris Hall
 Girls Tennis Betty Christian
 Golf Jeff Dietz
 Girls Golf Jeff Dietz
 Basketball Joe Ewen
 Girls Basketball Matt Hoepfner
 Girls Swimming Maddie Seutter
 Baseball Cory Wachal
 Girls Softball Briana Williams
 Wrestling Jacob Conner
 Football Brandon Krusey
 Girls Volleyball Heath Donath
 Track & Field Dan Ziesmer
 Girls Track & Field Brandon Krusey
 Cross Country Alejandro Sanchez
 Girls Cross Country Stacey Hnytko
 Soccer David Gamble
 Girls Soccer Tyler Holle
 Bowling Jeff Strouth
 Girls Bowling Jan Edwards
 Football Cheerleading Lindsay Fox
 Basketball Cheerleading Lindsay Fox
 Student Council Jessica Krusey
 Band Director Kaci Stirling
 Vocal Director Ryan Riewerts
 Orchestra Director Michele Otteson

DAVENPORT, WEST

Street Address: 3505 W. Locust St
 City: Davenport
 Zip Code: 52804
 Mailing Address: 3505 W Locust St
 City: Davenport
 Zip Code: 52804
 Supt. St Address: 1606 Brady St
 Supt. City: Davenport
 Supt. Zip: 52803
 County: Scott
 Area Code: 563
 School Phone: 386-5500
 HS Fax: 386-5508
 AD Fax: 386-5508
 Web Site: <http://www.davenport.k12.ia.us>
 School Colors: Red & White
 Nickname: Falcons
 Conference: Mississippi Athletic
 Superintendent Dr. Art Tate
 Phone (563)336-5083
 Email tateart@mail.davenport.k12.ia.us
 Asst/Assoc Supt Robert Scott
 Phone (563)336-5084
 Email scotttr@davenportportschools.org
 Executive Coordinator Paul Flynn
 Phone (563)336-5032
 Email flynnp@davenportportschools.org
 Principal Virginia Weipert
 Phone (563)386-5500
 Email weiperv@davenportportschools.org
 Asst/Assoc/Vice-Principal Charles Driscoll
 Phone (563)386-5500
 Email driscollc@davenportportschools.org
 Asst/Assoc/Vice-Principal Matt Hassig
 Phone (563)386-5500
 Email hassigm@davenportportschools.org
 Asst/Assoc/Vice-Principal Mike Orfetelli
 Phone (563)386-5500
 Email orfetellim@davenportportschools.org
 Athletic Administrator Kevin Petersen
 Phone (563)386-5500 x415
 Email petersenke@davenportportschools.org
 Athletic Secretary Nicky Haas
 Phone (563)386-5500
 Email haasni@davenportportschools.org

Sp. Med. Prov. Steven Paul, LAT
(Rock Valley Physical Therapy)
Tennis Brandon Yoder
Girls Tennis Ian McCloud
Golf Chad Wolf
Girls Golf Chad Wolf
Basketball David Robinson
Girls Basketball Pat Finn
Swimming Mary Betsworth
Girls Swimming Mary Betsworth
Baseball Scott Beatty
Girls Softball Jake Schumann
Wrestling Jim Weisrock
Football Justin Peters
Girls Volleyball Jillian Donath
Track & Field Kyle Fox
Girls Track & Field Arron Rietz
Cross Country Marty Leal
Girls Cross Country Arron Rietz
Soccer Jon Sandoval
Girls Soccer Kelly Schroeder
Bowling Mark Schlichting
Girls Bowling Mark Schlichting
Football Cheerleading Heather Kormann
Basketball Cheerleading Heather Kormann
Wrestling Cheerleading Heather Kormann
Speech Director Maggie Rietz
Student Council Christine Gray
Band Director Maggie Oates
Orchestra Director Carlene Easley

DAVIS COUNTY, BLOOMFIELD

Street Address: 503 E Locust St
City: Bloomfield
Zip Code: 52537
Mailing Address: 503 E Locust St
City: Bloomfield
Zip Code: 52537
Supt. St Address: 608 S Washington
Supt. City: Bloomfield
Supt. Zip: 52537
County: Davis
Area Code: 641
School Phone: 664-2200
HS Fax: 664-1763
AD Fax: 664-1763
Web Site: <http://www.dcmustangs.com>
School Colors: Maroon & Gold
Nickname: Mustangs
Conference: South Central
Superintendent Dan Maeder
Phone (641)664-2200 x1162
Email dan.maeder@dcmustangs.com
Principal Jennifer Donels
Phone (641)664-2200 x1203
Email jennie.donels@dcmustangs.com
Athletic Administrator Kent Anderson
Phone (641)664-2200 x1190
Email kent.anderson@dcmustangs.com
Athletic Secretary Tish Johnson
Phone (641)664-2200 x1172
Email tish.johnson@dcmustangs.com
Tennis Tucker Henderson
Girls Tennis Brian Skaggs
Golf Andrew Scott
Girls Golf Melissa Devereaux
Basketball Jamie Cason
Girls Basketball Dave Mason
Baseball Todd White
Girls Softball Zach Dunlavy
Wrestling Jim Nelson
Football Kent Anderson
Girls Volleyball Brooke Mason
Track & Field Mike Finneran
Girls Track & Field Michael Pilcher
Cross Country Josh Husted
Girls Cross Country Josh Husted
Bowling Jason Rook
Girls Bowling Jason Rook
Football Cheerleading Brittany Bremer

Basketball Cheerleading Brittany Bremer
Wrestling Cheerleading Brittany Bremer
Speech Director Tricia Stremler
Student Council Shelby Banks
Band Director Jeff Cook
Vocal Director Christopher Gingerich

DECORAH

Street Address: 100 Claiborne Dr
City: Decarah
Zip Code: 52101
Mailing Address: 100 Claiborne Dr
City: Decarah
Zip Code: 52101
Supt. St Address: 510 Winnebago St
Supt. City: Decarah
Supt. Zip: 52101
County: Winneshiek
Area Code: 563
School Phone: 382-3643
HS Fax: 382-3107
AD Fax: 382-3107
Web Site: <http://www.decorah.k12.ia.us>
School Colors: Scarlet & Royal
Nickname: Vikings
Conference: Northeast Iowa
Superintendent Mike Haluska
Phone (563)382-4208
Email michael.haluska@decorah.k12.ia.us
Principal Kim M. Sheppard
Phone (563)382-3643 x1205
Email kim.sheppard@decorah.k12.ia.us
Asst/Assoc/Vice-Principal Adam Riley
Phone (563)382-3643 x1206
Email adam.riley@decorah.k12.ia.us
Asst/Assoc/Vice-Principal David Waskow
Phone (563)382-3643 x1204
Email david.waskow@decorah.k12.ia.us
Athletic Administrator Adam Riley
Phone (563)382-3643 x1206
Email adam.riley@decorah.k12.ia.us
Athletic Secretary Mary Herman
Phone (563)382-3643 x1203
Email mary.herman@decorah.k12.ia.us
Sp. Med. Prov. Kelli Rueckert, LAT
(Winneshiek Medical Center)

Tennis Reg Laursen
Girls Tennis Larry Berland
Golf Rich Gaard
Girls Golf Scott Pierce
Basketball Jonathan Carlson
Girls Basketball Shannon Quandahl
Swimming Laura Storie
Girls Swimming Allie Bachelder
Baseball Dennis Olejniczak
Girls Softball Jill Chirstofferson
Wrestling Jeff Freidhof
Football Pat Trewin
Girls Volleyball Gina Holthaus
Track & Field Joel Rollinger
Girls Track & Field Brad Johansen, Cristy Nimrod
Cross Country Brad Johansen
Girls Cross Country Cristy Nimrod
Soccer James Garcia-Prats
Girls Soccer Loren Hendrickson
Bowling Keith Bruening
Girls Bowling Keith Bruening
Football Cheerleading Juli Knutson
Basketball Cheerleading Juli Knutson
Wrestling Cheerleading Juli Knutson
Speech Director Tom Houdek
Student Council Pat Trewin
Band Director Dustin Bliven
Vocal Director Jason Rausch
Orchestra Director Nicole Cody

DENISON-SCHLESWIG

Street Address: 819 Monarch Dr
City: Denison
Zip Code: 51442

Mailing Address: 819 Monarch Dr
City: Denison
Zip Code: 51442
Supt. St Address: 819 Monarch Dr
Supt. City: Denison
Supt. Zip: 51442
County: Crawford
Area Code: 712
School Phone: 263-3101
HS Fax: 263-6009
AD Fax: 263-6009
Web Site: <http://www.denison.k12.ia.us>
School Colors: Purple & Gold
Nickname: Monarchs (lion)
Conference: Hawkeye Ten
Superintendent Mike Pardun
Phone (712)263-2176
Email mpardun@denisoncsd.org
Asst/Assoc Supt Scott Larson
Phone (712)263-2176
Email slarson@denisoncsd.org
Principal Dave Wiebers
Phone (712)263-3101
Email dwiebers@denisoncsd.org
Asst/Assoc/Vice-Principal Nancy McCarville
Phone (712)263-3101
Email nmccarville@denisoncsd.org
Athletic Administrator Derek Fink
Phone (712)263-3101
Email dfink@denisoncsd.org
Co-AD/Assistant Kevin Dau, MS AD
Phone (712)263-9393
Email kdau@denisoncsd.org
Athletic Secretary Kelli Rupert
Phone (712)263-3101
Email krupert@denisoncsd.org
Tennis Aaron Rattliff
Girls Tennis Megan Nahnsen
Golf John Heiden
Girls Golf Adam Burns
Basketball Derek Fink
Girls Basketball Adam Mich
Baseball Don Lyons
Girls Softball Kevin Dau
Wrestling Nick Bradley
Football Chad Van Kley
Girls Volleyball McKenzie Mich
Track & Field Chad Van Kley
Girls Track & Field Adam Mich
Cross Country Nick Bradley
Girls Cross Country Nick Bradley
Soccer Carlos Trevino
Girls Soccer Nick Bradley
Bowling Matt Wilder
Girls Bowling Matt Wilder
Football Cheerleading Heather Langenfeld, Morgan Walker
Basketball Cheerleading Heather Langenfeld, Morgan Walker
Speech Director Laurel Olsen
Student Council Crystal Holt, Michael Phipps
Band Director Ruben Newell
Vocal Director Kandy Thompson
Orchestra Director Ruben Newell

DENVER

Street Address: 541 E Eagle St
City: Denver
Zip Code: 50622
Mailing Address: PO Box 384
City: Denver
Zip Code: 50622
Supt. St Address: 520 Lincoln St
Supt. City: Denver
Supt. Zip: 50622
County: Bremer
Area Code: 319
School Phone: 984-5639
HS Fax: 984-5630
AD Fax: 984-5630

Web Site: <http://www.denver-cyclones.com>
 School Colors: Maroon & Gold
 Nickname: Cyclones
 Conference: North Iowa Cedar-East
 SuperintendentBrad Laures
 Phone.....(319)984-6323 x699
 Email.....blaures@denver.k12.ia.us
 Admin Asst.....Kendra Knowles
 Phone.....(319)984-6323
 Email.....kknowles@denver.k12.ia.us
 Principal.....Paul Gebel
 Phone.....(319)984-5639 x225
 Email.....pgebel@denver.k12.ia.us
 Athletic Administrator.....Chris Krueger
 Phone.....(319)984-5639
 Email.....ckrueger@denver.k12.ia.us
 Athletic Secretary.....Sue Flory
 Phone.....(319)984-5639
 Email.....sflory@denver.k12.ia.us
 Sp. Med. Prov.....Maria Johnson, PT (Woltz PT)
 Golf.....Kevin Shedenhelm
 Girls Golf.....Matt Sexton
 Basketball.....Kyle Matthias
 Girls Basketball.....Joe Frost
 Baseball.....Dustin Rewerts
 Girls Softball.....Ashley Craft
 Wrestling.....Chris Krueger
 Football.....Rhett Barrett
 Girls Volleyball.....Mara Forsyth
 Track & Field.....Rhett Barrett
 Girls Track & Field.....Abby Fliehler
 Cross Country.....Sandy Sabelka
 Girls Cross Country.....Sandy Sabelka
 Soccer.....Jared Pickett
 Girls Soccer.....Jackie Gielau
 Bowling.....Rick Wilson
 Girls Bowling.....Rick Wilson
 Football Cheerleading.....Dawn Wiebbecke
 Basketball Cheerleading.....Natalie Norman
 Wrestling Cheerleading.....Dawn Wiebbecke
 Speech Director.....Jillian White
 Student Council.....Megan Ruebel
 Band Director.....Dan Cooper
 Vocal Director.....Janece Downs

DES MOINES CHRISTIAN

Street Address: 13007 Douglas Pkwy Suite 300
 City: Urbandale
 Zip Code: 50323
 Mailing Address: 13007 Douglas Pkwy Suite 300
 City: Urbandale
 Zip Code: 50323
 Supt. St Address: 13007 Douglas Pkwy Suite 100
 Supt. City: Urbandale
 Supt. Zip: 50323
 County: Polk
 Area Code: 515
 School Phone: 252-2490
 HS Fax: 251-6972
 AD Fax: 251-6972
 Web Site: <http://dmcs.org>
 School Colors: Navy & White
 Nickname: Lions
 Conference: West Central Valley
 SuperintendentCade Lambert
 Phone.....(515)252-2480
 Email.....clambert@dmcs.org
 Principal.....Jahna Duda
 Phone.....(515)252-2490 x1050
 Email.....jduda@dmcs.org
 Asst/Assoc/Vice-Principal.....Jon Muller
 Phone.....(515)252-2490
 Email.....jmuller@dmcs.org
 Athletic Administrator.....Greg Van Soelen
 Phone.....(515)252-2490
 Email.....gvansoelen@dmcs.org
 Athletic Secretary.....Mallory Robinson
 Phone.....(515)252-2480
 Email.....mrobinson@dmcs.org

Sp. Med. Prov.....Nick McCall (Physiotherapy Associates)
 Golf.....Philip Conover
 Girls Golf.....Greg Van Soelen
 Basketball.....Jason Van Mersbergen
 Girls Basketball.....Brad Johnson
 Baseball.....Derek Flack
 Girls Softball.....Amanda Springer
 Football.....Matt Waring
 Girls Volleyball.....Brian Spanhut
 Track & Field.....TBD
 Girls Track & Field.....TBD
 Cross Country.....Julie Zierke-Clark
 Girls Cross Country.....Julie Zierke-Clark
 Soccer.....Dan Webster
 Girls Soccer.....TBD
 Football Cheerleading.....Molly Eklund
 Basketball Cheerleading.....Maressa Sharp
 Band Director.....Rob Lane
 Vocal Director.....Jeff Johannsen

DES MOINES, ABRAHAM LINCOLN

Street Address: 2600 SW 9th St
 City: Des Moines
 Zip Code: 50315
 Mailing Address: 2600 SW 9th St
 City: Des Moines
 Zip Code: 50315
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7500
 HS Fax: 242-7517
 AD Fax: 242-7362
 Web Site: <http://lincoln.dmschools.org>
 School Colors: Maroon & Gold
 Nickname: Railsplitters
 Conference: CIML-Metro
 SuperintendentDr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc SuptMatt Smith
 Executive CoordinatorJason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Paul Williamson
 Phone.....(515)242-7500
 Email.....paul.williamson@dmschools.org
 Asst/Assoc/Vice-Principal.....Adam Beckel
 Phone.....(515)242-7500
 Email.....adam.beckel@dmschools.org
 Asst/Assoc/Vice-Principal.....Jeff Hummel
 Phone.....(515)242-8452
 Email.....jeffrey.hummel@dmschools.org
 Asst/Assoc/Vice-Principal.....Amanda Dunksky
 Phone.....(515)242-7500
 Email.....amanda.dunksky@dmschools.org
 Asst/Assoc/Vice-Principal.....Greg Marshall
 Phone.....(515)242-8452
 Email.....gregory.marshall@dmschools.org
 Athletic Administrator.....Phil Chia
 Phone.....(515)242-7525
 Email.....salvador.chia@dmschools.org
 Co-AD/AssistantRoberta Nigro
 Phone.....(515)242-8452
 Email.....Roberta.Nigro@dmschools.org
 Athletic SecretaryHeidi Evans
 Phone.....(515)242-7526
 Email.....heidi.evans@dmschools.org
 Sp. Med. Prov.....Hailie Main
 Tennis.....Derek Summy
 Girls Tennis.....Joel Sissel
 Golf.....Dan Vollstedt
 Girls Golf.....Dan Vollstedt
 Basketball.....Justin Einerson
 Girls Basketball.....Scott Harrison
 Swimming.....Brayton Weber
 Girls Swimming.....Brayton Weber

Baseball.....Kris Campbell
 Girls Softball.....Trisha Davis-Coates
 Wrestling.....Dustin Roland
 Football.....Derek Summy
 Girls Volleyball.....Andrew Doyle
 Track & Field.....Scott McClelland
 Girls Track & Field.....TBD
 Cross Country.....Aaron Hohl
 Girls Cross Country.....Garrett Woodson
 Soccer.....Jack Simons
 Girls Soccer.....Scott Voogd
 Bowling.....Scott McClelland
 Girls Bowling.....Ray Felton
 Football Cheerleading.....Ruthie Dearth
 Basketball Cheerleading.....Ruthie Dearth
 Wrestling Cheerleading.....Ruthie Dearth
 Speech Director.....Kaitlyn Evans
 Student Council.....Cynthia Bradshaw
 Band Director.....Kevin Stegemann
 Vocal Director.....Christian White
 Orchestra Director.....Johanna Kennedy

DES MOINES, EAST

Street Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Mailing Address: 815 E 13th St
 City: Des Moines
 Zip Code: 50316
 Supt. St Address: 2323 Grand Ave
 Supt. City: Des Moines
 Supt. Zip: 50312
 County: Polk
 Area Code: 515
 School Phone: 242-7788
 HS Fax: 242-8144
 AD Fax: 242-8144
 Web Site: <http://east.dmschools.org/>
 School Colors: Red & Black
 Nickname: Scarlets
 Conference: CIML-Metro
 SuperintendentDr. Thomas Ahart
 Phone.....(515)242-7766
 Email.....superintendent@dmschools.org
 Asst/Assoc SuptTim Schott
 Email.....timothy.schott@dmschools.org
 Admin Asst.....Vicki Tyler-McConnell
 Phone.....(515)242-7788
 Email.....vicki.tyler-mcconnell@dmschools.org
 Executive CoordinatorJason Allen
 Phone.....(515)242-8377
 Email.....jason.allen@dmschools.org
 Principal.....Leslie Morris
 Phone.....(515)242-7788
 Email.....leslie.morris@dmschools.org
 Asst/Assoc/Vice-Principal.....Chad Street
 Phone.....(515)242-7788
 Email.....michael.street@dmschools.org
 Asst/Assoc/Vice-Principal.....Kelli Rixner
 Phone.....(515)242-7788
 Email.....kelli.rixner@dmschools.org
 Asst/Assoc/Vice-Principal.....Joe Spiess
 Phone.....(515)242-7788
 Email.....joseph.spiess@dmschools.org
 Asst/Assoc/Vice-Principal.....Steve Schappagh
 Phone.....(515)242-7788
 Email.....steven.schappagh@dmschools.org
 Athletic Administrator.....Lyle Fedders
 Phone.....(515)242-7945
 Email.....lyle.fedders@dmschools.org
 Co-AD/AssistantLowell Long
 Phone.....(515)242-7788
 Email.....Lowell.Long@dmschools.org
 Athletic Secretary.....Kim Smith
 Phone.....(515)242-7740
 Email.....Kim.Smith@dmschools.org
 Sp. Med. Prov.....Stacie Brown (Select Physical Therapy)
 Tennis.....Samy El-Baroudi
 Girls Tennis.....Brian Koch

Golf Bob Bagley
 Girls Golf..... Lowell Long
 Basketball..... Trent Smith
 Girls Basketball..... Sam Powell
 Swimming..... Dustin Cassler
 Girls Swimming..... Erin Lowe
 Baseball..... Brian Luft
 Girls Softball..... Sam Allgeier
 Wrestling..... James Giboo
 Football..... Greg Schoon
 Girls Volleyball..... Stephanie Carroll
 Track & Field..... Greg Schoon
 Girls Track & Field..... Ken Morton
 Cross Country..... Alex Hammer
 Soccer..... Derek Lounsberry
 Girls Soccer..... Ried Bentley
 Bowling..... Greg Schoon
 Girls Bowling..... Ken Burgess
 Football Cheerleading..... Jodie Enos
 Basketball Cheerleading..... Jodie Enos
 Wrestling Cheerleading..... Jodie Enos
 Speech Director..... Ginger Johnson
 Student Council..... Antonia Valdez
 Band Director..... Joseph Thering
 Vocal Director..... Traci Squires
 Orchestra Director..... Jennifer Luft

DES MOINES, HOOVER

Street Address: 4800 Aurora Ave
 City: Des Moines
 Zip Code: 50310
 Mailing Address: 4800 Aurora Ave
 City: Des Moines
 Zip Code: 50310
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7300
 HS Fax: 242-8272
 AD Fax: 242-8256
 Web Site: <http://old.dmps.k12.ia.us/schools/3Hoover/index.htm>
 School Colors: Forest Green & Gold
 Nickname: Huskies
 Conference: CIML-Metro
 Superintendent..... Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email..... superintendent@dmschools.org
 Executive Coordinator..... Ben Tilus
 Phone.....(515)242-7572
 Email..... ben.tilus@dmschools.org
 Principal..... Sherry Poole
 Phone.....(515)242-7300
 Email..... sherry.poole@dmschools.org
 Asst/Assoc/Vice-Principal..... James Badger
 Phone.....(515)242-8281
 Email..... james.badger@dmschools.org
 Athletic Administrator..... Melissa Floyd
 Phone.....(515)242-7311
 Email..... melissa.floyd@dmschools.org
 Co-AD/Assistant..... Rob Minick
 Phone.....(515)242-7300
 Email..... robert.minick@dmschools.org
 Co-AD/Assistant..... Haywood Boston
 Phone.....(515)242-7300
 Email..... haywood.boston@dmschools.org
 Athletic Secretary..... Mary Culp
 Phone.....(515)242-7311
 Email..... mary.culp@dmschools.org
 Sp. Med. Prov..... Ashley Padgett (Select)
 Tennis..... Carrie Harjes
 Girls Tennis..... Frances Curtis
 Golf..... Jared Cochran
 Girls Golf..... Missie Feuerbach
 Basketball..... Courtney Henderson
 Girls Basketball..... Frances Curtis
 Negussie
 Swimming..... Scott Torres

Girls Swimming..... Scott Torres
 Baseball..... Joe Salazar
 Girls Softball..... Melissa Feuerbach
 Football..... William Siffin
 Girls Volleyball..... Ashley Padgett
 Track & Field..... Adam Freese
 Girls Track & Field..... Jarred Herring
 Cross Country..... Adam Freese
 Girls Cross Country..... Vincent Lane
 Soccer..... Jon Rubino
 Girls Soccer..... Jeremy Morrow
 Bowling..... Mitch Elbert
 Girls Bowling..... Brad Grier
 Football Cheerleading..... Mariah Goodson
 Basketball Cheerleading..... Mariah Goodson
 Speech Director..... Emily Griffin
 Student Council..... Melissa Feuerbach
 Band Director..... Ryan Rowley
 Orchestra Director..... Lisa Fried

DES MOINES, NORTH

Street Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 501 Holcomb Ave
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7200
 HS Fax: 242-8491
 AD Fax: 242-
 Web Site: <http://north@dmschools.org>
 School Colors: Black, White, Pink and Green
 Nickname: Polar Bears
 Conference: CIML-Metro
 Superintendent..... Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email..... superintendent@dmschools.org
 Executive Coordinator..... Jason Allen
 Phone.....(515)242-8377
 Email..... jason.allen@dmschools.org
 Principal..... Benjamin Graeber
 Phone.....(515)242-7200
 Email..... benjamin.graeber@dmschools.org
 Asst/Assoc/Vice-Principal..... Joe Green
 Phone.....(515)242-7206
 Email..... joseph.green@dmschools.org
 Athletic Administrator..... Jon Johnson
 Phone.....(515)242-7269
 Email..... jonathan.johnson@dmschools.org
 Co-AD/Assistant..... Chad Ryan
 Phone.....(515)242-7204
 Email..... chad.ryan@dmschools.org
 Athletic Secretary..... Terri Buban
 Phone.....(515)242-7204
 Email..... teressa.buban@dmschools.org
 Sp. Med. Prov..... Jordyn Weinard
 Tennis..... Troy Skinner
 Girls Tennis..... Cory Jenkins
 Golf..... Tam Ho
 Basketball..... Chad Ryan
 Girls Basketball..... Haywood Boston
 Girls Swimming..... Scott Weinheimer
 Baseball..... Harry Kramer
 Girls Softball..... Brittanee Grove
 Wrestling..... Cody Swim
 Football..... Shawn Flanagan
 Girls Volleyball..... Carissa Harrington
 Track & Field..... Greg Holland
 Girls Track & Field..... Phillip Ferguson
 Cross Country..... Phillip Ferguson
 Girls Cross Country..... Charlene Beattie
 Soccer..... Mark Carlson
 Girls Soccer..... Lisa Grefe
 Bowling..... Mike Lucht

Girls Bowling.....Christa Kordik
 Football Cheerleading.....Katrina Cozad
 Basketball Cheerleading.....Katrina Cozad
 Wrestling Cheerleading.....Katrina Cozad
 Speech Director.....Amy Rost
 Student Council.....Amy Rost
 Band Director.....Bobby Starace
 Vocal Director.....Vanessa Brady
 Orchestra Director.....Joyce Beyer

DES MOINES, ROOSEVELT

Street Address: 4419 Center St
 City: Des Moines
 Zip Code: 50312
 Mailing Address: 4419 Center St
 City: Des Moines
 Zip Code: 50312
 Supt. St Address: 2100 Fleur Dr
 Supt. City: Des Moines
 Supt. Zip: 50321
 County: Polk
 Area Code: 515
 School Phone: 242-7272
 HS Fax: 242-7350
 AD Fax: 242-8240
 Web Site: <http://desmoinesroosevelths.rschoolteams.com/>
 School Colors: Navy Blue & White
 Nickname: Roughriders
 Conference: CIML (Metro)
 Superintendent..... Dr. Thomas Ahart
 Phone.....(515)242-7766
 Email..... superintendent@dmschools.org
 Admin Asst..... Deb Pendleton
 Phone.....(515)242-7766
 Email..... debra.pendleton@dmschools.org
 Executive Coordinator..... Troy Owens
 Phone.....(515)242-8536
 Email..... troy.owens@dmschools.org
 Principal..... Kevin Biggs
 Phone.....(515)242-7272
 Email..... kevin.biggs@dmschools.org
 Asst/Assoc/Vice-Principal..... Joe Blazeovich
 Phone.....(515)242-8235
 Email..... joseph.blazeovich@dmschools.org
 Asst/Assoc/Vice-Principal..... Doug Calaway
 Phone.....(515)242-8235
 Email..... doug.calaway@dmschools.org
 Athletic Administrator..... Todd Gordon
 Phone.....(515)242-7277
 Email..... todd.gordon@dmschools.org
 Co-AD/Assistant..... Derek Schultz, Jacob Burke
 Phone.....(515)242-7277
 Email..... derek.schultz@dmschools.org
 Athletic Secretary..... David Welshhons
 Phone.....(515)242-7277
 Email..... david.welshhons@dmschools.org
 Sp. Med. Prov..... Caleb Freeze (Select Physical Therapy)
 Tennis..... Daniel Pitz
 Girls Tennis..... Megan Hedrington
 Golf..... Derek Schultz
 Girls Golf..... Jay Groth
 Basketball..... Charles Zanders
 Girls Basketball..... Morgan Schoneberg
 Swimming..... Steve Teter
 Girls Swimming..... Steve Teter
 Baseball..... Chris Miller
 Girls Softball..... Erin Mussett
 Wrestling..... Daryl Dotson
 Girls Volleyball..... Mark Steinbach
 Track & Field..... Joe McQuerry
 Girls Track & Field..... Kim Carson
 Cross Country..... Sara Schwendinger
 Girls Cross Country..... Scott Schoneberg
 Soccer..... Sean Holmes
 Bowling..... Barry Thomas
 Girls Bowling..... Steve Loew
 Football Cheerleading..... Lindsay Cannaday
 Basketball Cheerleading..... Lindsay Cannaday

Wrestling Cheerleading.....Lindsay Cannaday
Speech Director.....Michael Davenport
Student Council.....Brent Wooters
Band Director.....Treg Marcellus
Vocal Director.....Rose Dino
Orchestra Director.....Jennifer Luft

DIAGONAL

Street Address: 403 W 2nd St
City: Diagonal
Zip Code: 50845
Mailing Address: 403 W 2nd St
City: Diagonal
Zip Code: 50845
Supt. St Address: 403 W 2nd St
Supt. City: Diagonal
Supt. Zip: 50845
County: Ringgold
Area Code: 641
School Phone: 734-5331
HS Fax: 734-5729
AD Fax: 734-5729
Web Site: <http://www.diagonal.k12.ia.us>
School Colors: Maroon & White
Nickname: Maroons
Conference: Bluegrass

Superintendent.....Karleen Stephens
Phone.....(641)734-5331 x22
Email.....kstephens@diagonalschools.org
Principal.....Lorna Paxson
Phone.....(641)734-5331 x23
Email.....lpaxson@diagonalschools.org
Athletic Administrator.....Matt Warren
Phone.....(641)734-5331
Email.....mwarren@diagonalschools.org
Basketball.....Matt Warren
Girls Basketball.....Gina Gunsolley
Girls Softball.....Zach Robinson
Girls Volleyball.....Allison Hajek
Track & Field.....Matt Warren
Girls Track & Field.....Matt Warren
Cross Country.....Matt Warren
Girls Cross Country.....Matt Warren
Speech Director.....Pam Hoffman
Student Council.....Lorna Paxson

DIKE-NEW HARTFORD

Street Address: 330 Main St
City: Dike
Zip Code: 50624
Mailing Address: PO Box D
City: Dike
Zip Code: 50624
Supt. St Address: PO Box D
Supt. City: Dike
Supt. Zip: 50624
County: Grundy
Area Code: 319
School Phone: 989-2485
HS Fax: 989-2735
AD Fax: 989-2735
Web Site: <http://www.dnhcsd.org>
School Colors: Royal Blue & White
Nickname: Wolverines
Conference: North Iowa Cedar League-East
Superintendent.....Justin Stockdale
Phone.....(319)989-2552
Email.....justin.stockdale@dnhcsd.org
Principal.....Irv Laube
Phone.....(319)989-2485
Email.....irvin.laube@dnhcsd.org
Athletic Administrator.....Cody Eichmeier
Phone.....(319)989-2485
Email.....cody.eichmeier@dnhcsd.org
Athletic Secretary.....Mary Carithers
Phone.....(319)989-2485
Email.....mary.carithers@dnhcsd.org
Sp. Med. Prov.....Kayla Hutton, ATC/L
(Accelerated Physical Therapy)

Girls Tennis.....Brett Froyen
Golf.....Tim Kopriva
Girls Golf.....Tim Kopriva
Basketball.....Greg Moore
Girls Basketball.....Bruce Dall
Baseball.....Sean Leonard
Girls Softball.....Rhendi Oelmann
Wrestling.....Tony Norton
Football.....Don Betts
Girls Volleyball.....Diane Harms
Track & Field.....Will Reingardt
Girls Track & Field.....Rachael Cheeseman
Cross Country.....Will Reingardt
Girls Cross Country.....Will Reingardt
Football Cheerleading.....Kelsey Morales
Basketball Cheerleading.....Kelsey Morales
Wrestling Cheerleading.....Mary Larson
Speech Director.....Amy Seitz
Student Council.....Amy Seitz
Band Director.....Katie Slack
Vocal Director.....Cassidy Benschoter

DON BOSCO, GILBERTVILLE

Street Address: 405 16th Ave
City: Gilbertville
Zip Code: 50634
Mailing Address: PO Box 106
City: Gilbertville
Zip Code: 50634
Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
Supt. City: Dubuque
Supt. Zip: 52004
County: Black Hawk
Area Code: 319
School Phone: 296-1692
HS Fax: 296-1693
AD Fax: 296-1693
Web Site: <http://www.boscocatholic.org>
School Colors: Royal Blue & White
Nickname: Dons
Conference: Iowa Star
Superintendent.....Ms. Kim Hermsen
Phone.....(563)556-2580 x289
Email.....dbqsup@dbqarch.org
Principal.....Casey Redmond
Phone.....(319)296-1692 x1102
Email.....credmond@boscocatholic.org
Athletic Administrator.....Tom Hogan
Phone.....(319)296-1692 x1106
Email.....thogan@boscocatholic.org
Co-AD/Assistant.....Braxton Chicchelly
Email.....bchicchelly@boscocatholic.org
Sp. Med. Prov.....Scott Lockard, PT
(Cedar Valley Medical Specialists)
Golf.....Steve Ferguson
Girls Golf.....Steve Ferguson
Basketball.....Nate Kellogg
Girls Basketball.....Katie Schachterle
Baseball.....Blaine Rhoads
Girls Softball.....Jane Becker
Wrestling.....Tom Hogan
Football.....Colby Yoder
Girls Volleyball.....Jenni Schares
Track & Field.....Colby Yoder
Girls Track & Field.....Colby Yoder
Cross Country.....Shawn Moses
Girls Cross Country.....Shawn Moses
Football Cheerleading.....Chris Mollicone
Basketball Cheerleading.....Chris Mollicone
Wrestling Cheerleading.....Chris Mollicone
Speech Director.....Heidi Rottink
Student Council.....Heather Sherman
Band Director.....Myron Mikita
Vocal Director.....Sam Bergan

DOWLING CATHOLIC, WEST DES MOINES

Street Address: 1400 Buffalo Rd
City: West Des Moines
Zip Code: 50265

Mailing Address: 1400 Buffalo Rd
City: West Des Moines
Zip Code: 50265
Supt. St Address: 601 Grand Ave
Supt. City: Des Moines
Supt. Zip: 50309
County: Polk
Area Code: 515
School Phone: 225-3000
HS Fax: 222-1056
AD Fax: 222-1056
Web Site: <http://www.dowlingcatholic.org>
School Colors: Maroon & White
Nickname: Maroons
Conference: CIML-Central
Superintendent.....Dr. Tracy Bonday
Phone.....(515)243-7653
Asst/Assoc Supt.....Dan Ryan
Phone.....(515)222-1040
Email.....dryan@dowlingcatholic.org
Admin Asst.....Rachelle Waters
Phone.....(515)225-3000
Email.....rwatters@dowlingcatholic.org
Executive Coordinator.....Staci Burr
Phone.....(515)222-1095
Email.....sburr@dowlingcatholic.org
Principal.....Matt Meendering
Phone.....(515)222-1045
Email.....mmeendering@dowlingcatholic.org
Asst/Assoc/Vice-Principal.....Erica Arnold
Phone.....(515)222-1041
Email.....earnold@dowlingcatholic.org
Asst/Assoc/Vice-Principal.....Grant Bousum
Phone.....(515)222-1024
Email.....gbousum@dowlingcatholic.org
Athletic Administrator.....Tom Wilson
Phone.....(515)222-1010
Email.....twilson@dowlingcatholic.org
Co-AD/Assistant.....Mike O'Connor
Phone.....(515)222-1010
Email.....moconnor@dowlingcatholic.org
Athletic Secretary.....Mary Pick
Phone.....(515)222-1010
Email.....mpick@dowlingcatholic.org
Sp. Med. Prov.....Del Lark
Girls Tennis.....Drew Dunlay
Golf.....Ron Gray
Girls Golf.....Ron Gray
Basketball.....Mike O'Connor
Girls Basketball.....Kristin Meyer
Swimming.....Nicholas Spike
Girls Swimming.....Frankie Hanson
Baseball.....Mark Roering
Girls Softball.....Matt Murillo
Wrestling.....Kevin Stanley
Football.....Tom Wilson
Girls Volleyball.....Mary Beth Wiskus
Track & Field.....Jarred Herring
Girls Track & Field.....Larry Weier
Cross Country.....Tim Ives
Girls Cross Country.....Loran Storts
Soccer.....John Mullins
Girls Soccer.....J.P. Pearson
Bowling.....Robert Kunkle
Girls Bowling.....Robert Kunkle
Football Cheerleading.....Rebecca Cooling
Basketball Cheerleading.....Rebecca Cooling
Wrestling Cheerleading.....Rebecca Cooling
Speech Director.....Tim Sheaff
Student Council.....Carly Triplett, Austin Hall
Band Director.....Steve Holland
Vocal Director.....Quinn Tipping

DUBUQUE, HEMPSTEAD

Street Address: 3715 Pennsylvania Ave
City: Dubuque
Zip Code: 52002
Mailing Address: 3715 Pennsylvania Ave
City: Dubuque

Zip Code: 52002
 Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5200
 HS Fax: 552-5231
 AD Fax: 552-5231
 Web Site: <http://www.hempstead.dbqschools.org>
 School Colors: Green & Gold
 Nickname: Mustangs
 Conference: Mississippi Valley Valley
 Superintendent Stan Rheingans
 Phone (563)552-3012
 Email srheingans@dbqschools.org
 Admin Asst Renee French
 Phone (563)552-3107
 Email rfrench@dbqschools.org
 Executive Coordinator Amy Hawkins
 Phone (563)552-3019
 Email ahawkins@dbqschools.org
 Principal Lee Kolker
 Phone (563)552-5203
 Email lkolker@dbqschools.org
 Asst/Assoc/Vice-Principal Eddie Santiago
 Phone (563)552-5208
 Email esantiago@dbqschools.org
 Asst/Assoc/Vice-Principal Tricia Brosius
 Phone (563)552-5208
 Email tbrosius@dbqschools.org
 Asst/Assoc/Vice-Principal Claudette Bees
 Phone (563)552-5208
 Email kschwaegler@dbqschools.org
 Asst/Assoc/Vice-Principal Karla Schwaegler
 Phone (563)552-5208
 Email kschwaegler@dbqschools.org
 Athletic Administrator Brian Kuhle
 Phone (563)552-5232
 Email bkuhle@dbqschools.org
 Athletic Secretary Wanda Wallace
 Phone (563)552-5233
 Email wwallace@dbqschools.org
 Sp. Med. Prov. Brian Regan
 Tennis Andrew Roos
 Girls Tennis Sara Loetscher
 Golf Chad Parkin
 Girls Golf Karla Weber
 Basketball Curt Deutsch
 Girls Basketball Casey Smith
 Swimming Rick Loeffelholz
 Girls Swimming Renee Roos
 Baseball Jeff Rapp
 Girls Softball Alisha Frese
 Wrestling Chuck Haas
 Football Mike Hoskins
 Girls Volleyball Travis Wills
 Track & Field Norm Anderson
 Girls Track & Field Scott Steepleton
 Cross Country Mark Ressler
 Girls Cross Country Sharon Klein
 Soccer Denis Razic
 Girls Soccer Chad Hollmer
 Bowling Roger Poling
 Girls Bowling Roger Poling
 Football Cheerleading Mandy Enke
 Basketball Cheerleading Mandy Enke
 Wrestling Cheerleading Mandy Enke
 Speech Director Don Stanner
 Student Council Andrea Runde
 Band Director Greg Dowe
 Vocal Director Jill Sieverding

DUBUQUE, SENIOR

Street Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001
 Mailing Address: 1800 Clarke Dr
 City: Dubuque
 Zip Code: 52001

Supt. St Address: 2300 Chaney Rd
 Supt. City: Dubuque
 Supt. Zip: 52001
 County: Dubuque
 Area Code: 563
 School Phone: 552-5500
 HS Fax: 552-5721
 AD Fax: 552-5721
 Web Site: <http://www.dbqschools.org>
 School Colors: Scarlet & Columbia Blue
 Nickname: Rams
 Conference: Mississippi Valley
 Superintendent Stan Rheingans
 Phone (563)552-3012
 Email srheingans@dbqschools.org
 Executive Coordinator Amy Hawkins
 Phone (563)552-3019
 Email ahawkins@dbqschools.org
 Principal Daniel J. Johnson III, Ed.D.
 Phone (563)552-5503
 Email djohnson@dbqschools.org
 Asst/Assoc/Vice-Principal Eric Butikofer
 Phone (563)552-5500
 Email ebutikofer@dbqschools.org
 Asst/Assoc/Vice-Principal Dan Merritt
 Phone (563)552-5504
 Email damerritt@dbqschools.org
 Asst/Assoc/Vice-Principal Joan Schueller
 Phone (563)552-5504
 Email jschueller@dbqschools.org
 Asst/Assoc/Vice-Principal Chris Oberhoffer
 Phone (563)552-5800
 Email coberhoffer@dbqschools.org
 Athletic Administrator Brent P. Cook, CMAA
 Phone (563)552-5522
 Email bcook@dbqschools.org
 Co-AD/Assistant Amy Hawkins
 Phone (563)552-3019
 Email ahawkins@dbqschools.org
 Athletic Secretary Beth Woodward
 Phone (563)552-5521
 Email bwoodward@dbqschools.org
 Sp. Med. Prov. Ronda Humpal
 Tennis Chris Burns
 Girls Tennis Chris Miller
 Golf Tim Felderman
 Girls Golf Rose Kubesheski
 Basketball Wendell Eimers
 Girls Basketball Jared Deutsch
 Swimming Jesse Huff
 Girls Swimming Jesse Huff
 Baseball Andrew Reese
 Girls Softball Kevin Steines
 Wrestling Joe Connolly
 Football Dale Ploessl
 Girls Volleyball Chris Miron
 Track & Field Gary Wittman
 Girls Track & Field Tracy Demerath
 Cross Country Gary Wittman
 Girls Cross Country Louie Fischer
 Soccer TBA
 Girls Soccer Thomas Corcoran
 Bowling Ken Gerken
 Girls Bowling TBA
 Football Cheerleading Terri Mayberry
 Basketball Cheerleading Terri Mayberry
 Wrestling Cheerleading TBA
 Speech Director Aaron Dean
 Student Council Dain Leytem
 Band Director Bill Rowley
 Vocal Director Than Cheser
 Orchestra Director Andrew Geysens

DUNKERTON

Street Address: 509 S Canfield St
 City: Dunkerton
 Zip Code: 50626
 Mailing Address: 509 S Canfield St
 City: Dunkerton

Zip Code: 50626
 Supt. St Address: 509 S Canfield St
 Supt. City: Dunkerton
 Supt. Zip: 50626
 County: Black Hawk
 Area Code: 319
 School Phone: 822-4295
 HS Fax: 822-9456
 AD Fax: 822-9456
 Web Site: <http://www.dunkerton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Raiders
 Conference: Iowa Star
 Superintendent Jim Stanton
 Phone (319)822-4295 x100
 Email jstanton@dunkerton.k12.ia.us
 Principal Kory Kelchen
 Phone (319)822-4295 x104
 Email kkelchen@dunkerton.k12.ia.us
 Athletic Administrator Kory Kelchen
 Phone (319)822-4295 x104
 Email kkelchen@dunkerton.k12.ia.us
 Athletic Secretary Carrie Schaefer
 Phone (319)822-4295 x179
 Email cschaefer@dunkerton.k12.ia.us
 Golf Todd Kuntz
 Girls Golf Todd Kuntz
 Basketball Brian Brungard, Todd Kuntz
 Girls Basketball Nathan Kimball
 Baseball Trevor Rigdon
 Girls Softball Christine Kramer
 Football Jon Steffen
 Girls Volleyball Zach Fisher
 Track & Field Jonathan Steffen
 Girls Track & Field Ross Steinbronn
 Cross Country Jeff Thompson
 Girls Cross Country Jeff Thompson
 Football Cheerleading Kim Weepie
 Basketball Cheerleading Kim Weepie
 Speech Director Carla Ramsey
 Student Council Denise Durant
 Band Director Carla Ramsey
 Vocal Director Ben Owen

DURANT

Street Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Mailing Address: 408 7th St
 City: Durant
 Zip Code: 52747
 Supt. St Address: 408 7th St
 Supt. City: Durant
 Supt. Zip: 52747
 County: Cedar
 Area Code: 563
 School Phone: 785-4431
 HS Fax: 785-6558
 AD Fax: 785-6558
 Web Site: <http://www.durant.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Wildcats
 Conference: River Valley
 Superintendent Joe Burnett
 Phone (563)785-4432 x1290
 Email joe.burnett@durant.k12.ia.us
 Principal Joel Diederichs
 Phone (563)785-4431 x1205
 Email joel.diederichs@durant.k12.ia.us
 Athletic Administrator Matt Straube
 Phone (563)785-4431
 Email matt.straube@durant.k12.ia.us
 Athletic Secretary Holly Nietfeldt
 Phone (563)785-4431 x1200
 Email holly.nietfeldt@durant.k12.ia.us
 Sp. Med. Prov. Rock Valley Physical Therapy
 Golf Casey Strub
 Girls Golf Denise Ahrens
 Basketball Matt Straube

Girls Basketball.....Ross Delong
 Baseball.....Shawn Dierickx
 Girls Softball.....Steve Hopkins
 Wrestling.....Casey Strub
 Football.....Joel Diederichs
 Girls Volleyball.....Mark Lau
 Track & Field.....Phil Roehlk
 Girls Track & Field.....Doug Freit
 Cross Country.....Andrew Hermiston
 Girls Cross Country.....Tracy Tappendorf
 Bowling.....Robert Brown
 Girls Bowling.....Mick Henderson
 Football Cheerleading.....Cheryl Prohaska
 Basketball Cheerleading.....Meika Jensen
 Student Council.....Jeff Trask
 Band Director.....Kevin Mundt
 Vocal Director.....John Whitson

EAGLE GROVE

Street Address: 415 NW 2nd St
 City: Eagle Grove
 Zip Code: 50533
 Mailing Address: 415 NW 2nd St
 City: Eagle Grove
 Zip Code: 50533
 Supt. St Address: 325 N Commercial
 Supt. City: Eagle Grove
 Supt. Zip: 50533
 County: Wright
 Area Code: 515
 School Phone: 448-5143
 HS Fax: 448-3583
 AD Fax: 448-3583
 Web Site: <http://www.eagle-grove.k12.ia.us>
 School Colors: Purple and gold
 Nickname: Eagles
 Conference: North Iowa
 Superintendent.....Jess Toliver
 Phone.....(515)448-4749 x2502
 Email.....jtoliver@eagle-grove.k12.ia.us
 Admin Asst.....Nicole Verbrugge
 Phone.....(515)448-4749 x2500
 Email.....nverbrugge@eagle-grove.k12.ia.us
 Principal.....Jeff Siebersma
 Phone.....(515)448-5143 x1174
 Email.....jsiebersma@eagle-grove.k12.ia.us
 Athletic Administrator.....Richard Thacker
 Phone.....(515)448-5143 x1171
 Email.....rthacker@eagle-grove.k12.ia.us
 Co-AD/Assistant.....Amanda Johnston
 Phone.....(515)448-4767
 Email.....ajohnston@eagle-grove.k12.ia.us
 Athletic Secretary.....Heather Darland
 Phone.....(515)448-5143 x1172
 Email.....hdarland@eagle-grove.k12.ia.us
 Golf.....Cory Rutherford
 Girls Golf.....Richard Thacker
 Basketball.....Ryan Pedersen
 Girls Basketball.....Mike Herrington
 Baseball.....Jordan Miller
 Girls Softball.....Jim McLaughlin
 Wrestling.....Jake Groth
 Football.....Paul Hansch
 Girls Volleyball.....Alyssa Dooley
 Track & Field.....Ben Demuth
 Girls Track & Field.....Andy Ettinger
 Cross Country.....Ben Demuth
 Girls Cross Country.....Mike Herrington
 Football Cheerleading.....Jill Link
 Basketball Cheerleading.....Jill Link
 Wrestling Cheerleading.....Jill Link
 Speech Director.....Lori Olmstead
 Student Council.....Lori Olmstead
 Band Director.....Justin Schwake
 Vocal Director.....Sandy Muzzey

EARLHAM

Street Address: 535 N Chestnut Ave
 City: Earlham

Zip Code: 50072
 Mailing Address: PO Box 430
 City: Earlham
 Zip Code: 50072
 Supt. St Address: PO Box 430
 Supt. City: Earlham
 Supt. Zip: 50072
 County: Madison
 Area Code: 515
 School Phone: 758-2214
 HS Fax: 758-2215
 AD Fax: 758-2215
 Web Site: <http://home.ecsdcards.com>
 School Colors: Royal Blue, Red, White
 Nickname: Cardinals
 Conference: West Central
 Superintendent.....Michael Wright
 Phone.....(515)758-2235 x150
 Email.....mwright@ecsdcards.com
 Principal.....Jen Knight
 Phone.....(515)758-2214
 Email.....jknight@ecsdcards.com
 Athletic Administrator.....Chris Caskey
 Phone.....(515)758-2214 x440
 Email.....ccaskey@ecsdcards.com
 Golf.....Mike Rogers
 Girls Golf.....Mike Rogers
 Basketball.....Kevin Williamson
 Girls Basketball.....Dion Braet
 Baseball.....Kelly Winter
 Girls Softball.....Chris Caskey
 Football.....Chris Caskey
 Girls Volleyball.....Mindy Harskamp
 Track & Field.....Chris Caskey
 Girls Track & Field.....Jon Peterson
 Cross Country.....Dion Braet
 Girls Cross Country.....Dion Braet
 Football Cheerleading.....Maria Ladwig
 Speech Director.....Dan vonRentzell
 Student Council.....Ashley Maiers
 Band Director.....Kelly Weber
 Vocal Director.....Ashley Maiers

EAST BUCHANAN, WINTHROP

Street Address: 414 5th St N
 City: Winthrop
 Zip Code: 50682
 Mailing Address: 414 5th St N
 City: Winthrop
 Zip Code: 50682
 Supt. St Address: 414 5th St N
 Supt. City: Winthrop
 Supt. Zip: 50682
 County: Buchanan
 Area Code: 319
 School Phone: 935-3367
 HS Fax: 935-3615
 AD Fax: 935-3615
 Web Site: <http://www.east-buc.k12.ia.us>
 School Colors: Columbia Blue & Scarlet Red
 Nickname: Buccaneers
 Conference: Tri Rivers
 Superintendent.....Daniel Fox
 Phone.....(319)935-3767
 Email.....dfox@east-buc.k12.ia.us
 Principal.....Eric Dockstader
 Phone.....(319)935-3367
 Email.....tschueller@east-buc.k12.ia.us
 Athletic Administrator.....Pat Schloss
 Phone.....(319)935-3367
 Email.....pschloss@east-buc.k12.ia.us
 Sp. Med. Prov.....John Eikenberry
 Girls Golf.....Scott Zhiss
 Girls Golf.....Nathan Reck
 Basketball.....Chad Lamker
 Girls Basketball.....Nathan Reck
 Baseball.....Jake Van Scoyoc
 Girls Softball.....Marcy Fox
 Wrestling.....Brent Lenox

Football.....Jerry Alden
 Girls Volleyball.....Kayla Gallup
 Track & Field.....Lee White, Adam Riniker
 Girls Track & Field.....Pat Schloss
 Cross Country.....Pat Schloss
 Girls Cross Country.....Pat Schloss
 Football Cheerleading.....Abby Biggs
 Basketball Cheerleading.....Nicole Reck
 Wrestling Cheerleading.....Abby Biggs
 Speech Director.....Lisa Goedken
 Student Council.....Lee White
 Band Director.....Ron Landis
 Vocal Director.....Kelsi Giese

EAST MARSHALL, LEGRAND

Street Address: 201 N Franklin
 City: Le Grand
 Zip Code: 50142
 Mailing Address: PO Box A
 City: Le Grand
 Zip Code: 50142
 Supt. St Address: PO Box 159, 204 W Center St
 Supt. City: Gilman
 Supt. Zip: 50106
 County: Marshall
 Area Code: 641
 School Phone: 479-2785
 HS Fax: 479-2601
 AD Fax: 479-2601
 Web Site: <http://www.e-marshall.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Mustangs
 Conference: North Iowa Cedar-West
 Superintendent.....Anthony Ryan
 Phone.....(641)498-7481
 Email.....tryan@e-marshall.k12.ia.us
 Principal.....Matt Rasmusson
 Phone.....(641)479-2785
 Email.....mattrasmusson@e-marshall.k12.ia.us
 Athletic Administrator.....Scott Wheeler
 Phone.....(641)479-2785
 Email.....swheater@e-marshall.k12.ia.us
 Athletic Secretary.....Kim Wolf
 Phone.....(641)479-2785
 Email.....kwolf@e-marshall.k12.ia.us
 Sp. Med. Prov.....Kristina Horner, PT
 (Sports Plus Physical Therapy)
 Golf.....Dennis Allen, Jordan Augspurger
 Girls Golf.....Dennis Allen, Jordan Augspurger
 Basketball.....Adam Bauder
 Girls Basketball.....Greg Lee
 Baseball.....Justin Frost
 Girls Softball.....Jary Hoskey
 Wrestling.....Todd Hinegardner
 Football.....Matt Bandstra
 Girls Volleyball.....Terri Westendorf
 Track & Field.....Ryan Hull
 Girls Track & Field.....Trent Taylor
 Cross Country.....Trent Taylor
 Girls Cross Country.....Trent Taylor
 Football Cheerleading.....Angie Damman
 Basketball Cheerleading.....Angie Damman
 Wrestling Cheerleading.....Lanise Burchland
 Speech Director.....Jodi Ash
 Student Council.....Priscilla Gammon
 Band Director.....Mary Potter
 Vocal Director.....Jennifer Kitzman

EAST MILLS

Street Address: 58962 380th St
 City: Hastings
 Zip Code: 51540
 Mailing Address: 58962 380th St
 City: Hastings
 Zip Code: 51540
 Supt. St Address: 58962 380th St
 Supt. City: Hastings
 Supt. Zip: 51540
 County: Mills

Area Code: 712
 School Phone: 624-8645
 HS Fax: 624-8124
 AD Fax: 624-8124
 Web Site: <http://www.emschools.org>
 School Colors: Green, Black & Silver
 Nickname: Wolverines
 Conference: Corner
 Superintendent Paul Croghan
 Phone (712)624-8700
 Email pcroghan@emschools.org
 Principal Dale Scott
 Phone (712)624-8645
 Email dscott@emschools.org
 Athletic Administrator Paul Croghan
 Phone (712)624-8645
 Email pcroghan@emschools.org
 Co-AD/Assistant Matt Thornburg
 Phone (712)624-8645
 Email mthornburg@emschools.org
 Athletic Secretary Jen Shaw
 Phone (712)624-8645
 Email jshaw@emschools.org
 Sp. Med. Prov. Jake Stryker (Allegiant Health)
 Golf Joe Wortman
 Girls Golf Joe Wortman
 Basketball Kevin Schafer
 Girls Basketball Blair Holman
 Baseball Lee Christians
 Girls Softball Blair Holman
 Wrestling Claude Lang
 Football Kevin Schafer, Claude Lang
 Track & Field Claude Lang
 Girls Track & Field Kevin Schafer
 Cross Country Joe Wortman
 Girls Cross Country Joe Wortman
 Football Cheerleading Renee Lynn
 Basketball Cheerleading Renee Lynn
 Wrestling Cheerleading Renee Lynn
 Speech Director Jenny Marburger
 Student Council Renee Lynn
 Band Director Murray Moening
 Vocal Director Sarah Hotchkiss

EAST SAC COUNTY
 Street Address: 801 Jackson
 City: Lake View
 Zip Code: 51450
 Mailing Address: PO Box 110
 City: Lake View
 Zip Code: 51450
 Supt. St Address: PO Box 110
 Supt. City: Lake View
 Supt. Zip: 51450
 County: Sac
 Area Code: 712
 School Phone: 665-5001
 HS Fax: 665-5022
 AD Fax: 665-5022
 Web Site: <http://www.eastsac.k12.ia.us>
 School Colors: Red, Black, and White
 Nickname: Raiders
 Conference: Twin Lakes Super Conf.
 Superintendent Barb Kruthoff
 Phone (712)665-5000
 Email bkruthoff@eastsac.k12.ia.us
 Principal Kevin Litterer
 Phone (712)665-5001
 Email klitterer@eastsac.k12.ia.us
 Athletic Administrator Larry Tellinghuisen
 Phone (712)665-5002
 Email ltellinghuisen@eastsac.k12.ia.us
 Athletic Secretary Julie Drost
 Phone (712)665-5002
 Email jdrost@eastsac.k12.ia.us
 Sp. Med. Prov. Mike Spetman, LAT
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf Mike Vauble

Girls Golf Greg Villegas
 Basketball Todd Bontrager
 Girls Basketball Mike Fischer, Sheri Crabb
 Baseball TBA
 Girls Softball TBA
 Wrestling John Smith, Sam Ellis
 Football Eric McCollough
 Girls Volleyball Brenda Olerich
 Track & Field Jeff Niehaus
 Girls Track & Field Mitch Hinrichs
 Cross Country Melanie Hundling
 Girls Cross Country Melanie Hundling
 Soccer Sam Ellis, Bob Babe
 Girls Soccer Sam Ellis, Bob Babe
 Football Cheerleading Mindy Steinkamp
 Basketball Cheerleading Mindy Steinkamp
 Wrestling Cheerleading Brianna Fowler
 Speech Director Maggie Hannasch
 Student Council Melissa Frye
 Band Director Kelsey Struck
 Vocal Director Megan Wise

EAST UNION, AFTON
 Street Address: 1916 High School Dr.
 City: Afton
 Zip Code: 50830
 Mailing Address: 1916 High School Dr
 City: Afton
 Zip Code: 50830
 Supt. St Address: 1916 High School Dr
 Supt. City: Afton
 Supt. Zip: 50830
 County: Union
 Area Code: 641
 School Phone: 347-8421
 HS Fax: 347-5514
 AD Fax: 347-5514
 Web Site: <http://www.east-union.k12.ia.us>
 School Colors: Columbia Blue, Navy & White
 Nickname: Eagles
 Conference: Pride of Iowa
 Superintendent Ken Kasper
 Phone (641)347-5215 x5701
 Email kkasper@eastunionschools.org
 Admin Asst. Dawn Arnold
 Phone (641)347-5215 x5700
 Email darnold@eastunionschools.org
 Principal Mark Weis
 Phone (641)347-8421 x5720
 Email mweis@eastunionschools.org
 Athletic Administrator Jason Riley
 Phone (641)347-5725
 Email jriley@eastunionschools.org
 Co-AD/Assistant Dawn Arnold
 Phone (641)347-5700
 Email darnold@eastunionschools.org
 Athletic Secretary Dawn Arnold
 Phone (641)347-5700
 Email darnold@eastunionschools.org
 Golf Dave Campbell
 Girls Golf Dave Campbell
 Basketball Jared Carter
 Girls Basketball Mike Cooley
 Baseball Dave Campbell
 Girls Softball Kaeleigh Ballentine
 Wrestling Mike McCauley
 Football James Hardy, Craig Ditzler
 Girls Volleyball Gail Thatcher
 Track & Field James Hardy
 Girls Track & Field Rich Bryson
 Cross Country Richard Bryson
 Girls Cross Country Richard Bryson
 Football Cheerleading Miranda Schwickerath
 Basketball Cheerleading Miranda Schwickerath
 Speech Director Clarissa McCollough
 Student Council James Hardy
 Band Director Wes Clark
 Vocal Director Wes Clark

EASTON VALLEY
 Street Address: 321 W School St
 City: Preston
 Zip Code: 52069
 Mailing Address: 321 W School St
 City: Preston
 Zip Code: 52069
 Supt. St Address: 321 W School St
 Supt. City: Preston
 Supt. Zip: 52069
 County: Jackson
 Area Code: 563
 School Phone: 689-4221
 HS Fax: 689-4222
 AD Fax: 689-4222
 Web Site: <http://www.eastonvalleycsd.com>
 School Colors: Orange and Grey
 Nickname: River Hawks
 Conference: Tri Rivers
 Superintendent Chris Fee
 Phone (563)689-5822 x2113
 Email chris.fee@eastonvalleycsd.com
 Principal Tony Johnson
 Phone (563)689-4221 x5001
 Email tony.johnson@eastonvalleycsd.com
 Athletic Administrator Erick Broome
 Phone (563)689-4221
 Email erick.broome@eastonvalleycsd.com
 Athletic Secretary Marsha Skoff
 Phone (563)689-4221 x5000
 Email marsha.skoff@eastonvalleycsd.com
 Golf Derek Erwin
 Girls Golf Derek Erwin
 Basketball Dan Beck
 Girls Basketball Joe Kilburg
 Baseball Derek Erwin
 Girls Softball Taylor Bell
 Football Tony Johnson
 Girls Volleyball Denise Larson
 Track & Field Craig Reuter
 Girls Track & Field Mike Kelly
 Cross Country Mike Kelly
 Girls Cross Country Mike Kelly
 Football Cheerleading Monica Bormann
 Basketball Cheerleading Monica Bormann
 Speech Director Stephania Sauer
 Student Council Denise Larson
 Band Director John Gonzalez
 Vocal Director John Gonzalez

EDDYVILLE-BLAKESBURG-FREMONT
 Street Address: 1301 Berdan St
 City: Eddyville
 Zip Code: 52553
 Mailing Address: 1301 Berdan St
 City: Eddyville
 Zip Code: 52553
 Supt. St Address: 1301 Berdan St
 Supt. City: Eddyville
 Supt. Zip: 52553
 County: Wapello
 Area Code: 641
 School Phone: 969-4288
 HS Fax: 969-4574
 AD Fax: 969-4574
 Web Site: <http://www.rocketsk12.org>
 School Colors: Black & Gold
 Nickname: Rockets
 Conference: South Central
 Superintendent Dr. Dean Cook
 Phone (641)969-4226 x2104
 Email dean.cook@rocketsk12.org
 Principal Steve Noble
 Phone (641)969-4288 x2303
 Email steve.noble@rocketsk12.org
 Athletic Administrator Curt Johnston
 Phone (641)969-4288 x2302
 Email curt.johnston@rocketsk12.org

Athletic Secretary Sherry Mattson
 Phone (641)969-4288 x2105
 Email sherry.mattson@rocketsk12.org
 Sp. Med. Prov. John Voyles, PT
 (Southeast Iowa Physical Therapy)
 Basketball Travis Stout
 Girls Basketball Tony Fenton
 Baseball Tom Hallgren
 Girls Softball Tony Fenton
 Wrestling Brett Little
 Football Brian Koehler
 Girls Volleyball Gladys Genskow
 Girls Track & Field Gladys Genskow
 Cross Country Alexis Kauzlarich
 Girls Cross Country Alexis Kauzlarich
 Football Cheerleading Heather Scharff
 Basketball Cheerleading Lisa Strausser
 Wrestling Cheerleading Heather Scharff
 Speech Director John Thompson
 Student Council Kristen Birchard
 Band Director Joe Overton
 Vocal Director Christopher Ellerston

EDGEWOOD-COLESBURG

Street Address: 403 W Union St
 City: Edgewood
 Zip Code: 52042
 Mailing Address: PO Box 316
 City: Edgewood
 Zip Code: 52042
 Supt. St Address: PO Box 316
 Supt. City: Edgewood
 Supt. Zip: 52042
 County: Clayton
 Area Code: 563
 School Phone: 928-6412
 HS Fax: 928-6414
 AD Fax: 928-6413
 Web Site: <http://www.edge-cole.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Vikings
 Conference: Tri-Rivers
 Superintendent Rob Busch
 Phone (563)928-6411 x301
 Email rbusch@edge-cole.k12.ia.us
 Principal Dawn Voss
 Phone (563)928-6412 x304
 Email dvoss@edge-cole.k12.ia.us
 Athletic Administrator Roger Wright
 Phone (563)928-6412 x327
 Email rwright@edge-cole.k12.ia.us
 Golf Justin Olind
 Girls Golf Alex Hanna
 Basketball Justin Olind
 Girls Basketball Jenny Lange
 Baseball Aaron Hamann
 Girls Softball Tracy Schrader
 Wrestling Alex Hanna
 Football James Rochford
 Girls Volleyball Eileen Bergan
 Track & Field Mike Lutgen
 Girls Track & Field Eden Gaul
 Cross Country Mike Lutgen
 Girls Cross Country Mike Lutgen
 Football Cheerleading Amber Koth
 Wrestling Cheerleading Eileen Bergan
 Speech Director Kari Kintzle, Holly Wille
 Student Council Kevin Kleis
 Band Director Christina Harbaugh
 Vocal Director Carston Calderwood

EMMETSBURG

Street Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Mailing Address: 205 King St
 City: Emmetsburg
 Zip Code: 50536
 Supt. St Address: 205 King St
 Supt. City: Emmetsburg

Supt. Zip: 50536
 County: Palo Alto
 Area Code: 712
 School Phone: 852-2966
 HS Fax: 852-3317
 AD Fax: 852-3317
 Web Site: <http://www.e-hawks.org>
 School Colors: Black & Gold
 Nickname: E-Hawks
 Conference: Lakes
 Superintendent Amanda Schmidt
 Phone (712)852-3201
 Email aschmidt@e-hawks.org
 Executive Coordinator Joe Carter
 Phone (712)852-4485 x400
 Email jcarter@e-hawks.org
 Principal Mike Embrock
 Phone (712)852-2966 x200
 Email membrock@e-hawks.org
 Athletic Administrator Mike Dunlap
 Phone (712)852-2296
 Email mdunlap@e-hawks.org
 Athletic Secretary Rhonda McCartan
 Phone (712)852-4485
 Email rmccartan@e-hawks.org
 Golf Tyler Bjstrom
 Girls Golf Ted Riley
 Basketball Bill Geelan
 Girls Basketball Anna Fiene
 Baseball Brett Hansen
 Girls Softball Travis Birkey
 Wrestling Tyler Bjstrom
 Football Mike Dunlap
 Girls Volleyball Missy Birkey
 Track & Field Tyler Beving
 Girls Track & Field Ben Thomsen
 Cross Country Katie Hedding
 Girls Cross Country Katie Hedding
 Football Cheerleading April Moffitt
 Basketball Cheerleading April Moffitt
 Wrestling Cheerleading April Moffitt
 Speech Director Amy Thompson
 Student Council Kelly Josephson
 Band Director Holly Prier
 Vocal Director Trent Teske

ENGLISH VALLEYS, NORTH ENGLISH

Street Address: 765 W Broad St
 City: North English
 Zip Code: 52316
 Mailing Address: PO Box 490
 City: North English
 Zip Code: 52316
 Supt. St Address: PO Box 490
 Supt. City: North English
 Supt. Zip: 52316
 County: Iowa
 Area Code: 319
 School Phone: 664-3632
 HS Fax: 664-3670
 AD Fax: 664-3670
 Web Site: <http://www.evbears.com>
 School Colors: Navy & Gold
 Nickname: Bears
 Conference: South Iowa Cedar
 Superintendent Donita Joens
 Phone (319)664-3634
 Email djoens@english-valleys.k12.ia.us
 Principal Heather Lightfoot
 Phone (319)664-3632
 Email hlightfoot@english-valleys.k12.ia.us
 Athletic Administrator Alan Ling
 Phone (319)664-3632
 Email aling@english-valleys.k12.ia.us
 Sp. Med. Prov. Ashley Holcombe, Compass Memorial
 Healthcare, LAT (Compass Memorial Healthcare)
 Golf Jeff Kingland
 Girls Golf Jeff Kingland
 Basketball Caleb Lewis
 Girls Basketball Becky Becker

Baseball Jeremy Thomas
 Girls Softball Steve Hester
 Wrestling Steve Hester
 Football Mike Gerard
 Girls Volleyball Becky Becker
 Track & Field Becky Becker
 Girls Track & Field TBA
 Cross Country Breann Coffman
 Girls Cross Country Breann Coffman
 Football Cheerleading Miranda Simpson
 Basketball Cheerleading Miranda Simpson
 Wrestling Cheerleading Miranda Simpson
 Speech Director Carrie Burdick
 Student Council Chuck Nachtman
 Band Director Nile Dudsiecker
 Vocal Director Lauren Parrish

EPWORTH, WESTERN DUBUQUE

Street Address: 302 5th Ave SW
 City: Epworth
 Zip Code: 52045
 Mailing Address: P.O. Box 379
 City: Epworth
 Zip Code: 52045
 Supt. St Address: PO Box 68
 Supt. City: Farley
 Supt. Zip: 52046
 County: Dubuque
 Area Code: 563
 School Phone: 876-3442
 HS Fax: 876-5512
 AD Fax: 876-9109
 Web Site: <http://www.wdhs.wdbschools.org>
 School Colors: Red, Black, White
 Nickname: Bobcats
 Conference: Mississippi Valley- Mississippi
 Superintendent Rick Colpitts
 Phone (563)744-3512 x6004
 Email rick.colpitts@wdbschools.org
 Principal Jake Feldmann
 Phone (563)876-3442 x3003
 Email jacob.feldmann@wdbschools.org
 Asst/Assoc/Vice-Principal Rich Hatcher
 Phone (563)876-3442 x3004
 Email rich.hatcher@wdbschools.org
 Athletic Administrator Tyler Lown
 Phone (563)876-3442 x3009
 Email tyler.lown@wdbschools.org
 Athletic Secretary Alice Ostwinkle
 Phone (563)876-3442 x3008
 Email alice.ostwinkle@wdbschools.org
 Sp. Med. Prov. Susan Theisen
 Tennis Karl Stubben
 Girls Tennis Sam Nieman
 Golf Ben Wilson
 Girls Golf Amy Haldeman
 Basketball Wayne Cusick
 Girls Basketball Amy Ostwinkle
 Baseball Casey Bryant
 Girls Softball Rachael Neal
 Wrestling Paul Cleary
 Football Justin Penner
 Girls Volleyball Megan Scherrman
 Track & Field Tom Jasper
 Girls Track & Field Josie Limmex
 Cross Country Mark Digmann
 Girls Cross Country Mark Digmann
 Girls Soccer Cece Zangara
 Bowling Al Heiberger
 Girls Bowling Kay Heiberger
 Football Cheerleading Cindy McAndrew
 Speech Director Tracey Broadbent
 Student Council Libby Gansen
 Band Director Michael Omarzu
 Vocal Director Cris Tipple, Judy Waterman

ESSEX

Street Address: 111 Forbes St
 City: Essex
 Zip Code: 51638

Mailing Address: 111 Forbes St
 City: Essex
 Zip Code: 51638
 Supt. St Address: 111 Forbes St
 Supt. City: Essex
 Supt. Zip: 51638
 County: Page
 Area Code: 712
 School Phone: 379-3114
 HS Fax: 379-3200
 Web Site: <http://www.ehs-ees.com>
 School Colors: Red & Black
 Nickname: Trojans & Trojanettes
 Conference: Corner
 Superintendent Paul Croghan
 Phone (712)379-3117
 Email croghanp@essex.k12.ia.us
 Principal Robert Brecht
 Phone (712)379-3114
 Email brechr@essex.k12.ia.us
 Athletic Administrator Paul Croghan
 Phone (712)379-3114
 Email croghanp@essex.k12.ia.us
 Co-AD/Assistant Nicole Wenstrand
 Phone (712)379-3114
 Email wenstrandn@essex.k12.ia.us
 Co-AD/Assistant Mike Almquist
 Phone (712)379-3114
 Email almquistm@essex.k12.ia.us
 Athletic Secretary Kealy Andersen
 Phone (712)379-3114 x13
 Email andesenk@essex.k12.ia.us
 Sp. Med. Prov. TBA
 Golf Jay Soderberg
 Girls Golf Jay Soderberg
 Basketball Matthew Quick
 Girls Basketball Jay Soderberg
 Baseball Jay Soderberg
 Girls Softball Matthew Quick
 Football Chase Heinold
 Girls Volleyball Nicole Wenstrand
 Track & Field Matthew Quick
 Girls Track & Field TBA
 Football Cheerleading Mary Ohnmacht
 Basketball Cheerleading Mary Ohnmacht
 Speech Director Marty Mason
 Student Council Kathleen Johnson, Tammy Johnson
 Band Director Rachel Cabeen
 Vocal Director Rachel Cabeen

ESTHERVILLE LINCOLN CENTRAL

Street Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Mailing Address: 1520 Central Ave
 City: Estherville
 Zip Code: 51334
 Supt. St Address: 1814 7th Ave S Ste 1
 Supt. City: Estherville
 Supt. Zip: 51334-2791
 County: Emmet
 Area Code: 712
 School Phone: 362-2659
 HS Fax: 362-3544
 AD Fax: 362-3544
 Web Site: <http://www.estherville.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Midgels
 Conference: Lakes
 Superintendent Tara Paul
 Phone (712)362-2692
 Email tara.paul@elc-csd.org
 Admin Asst Jolene Lutz
 Phone (712)362-7753
 Email jo.lutz@elc-csd.org
 Principal Brad Leonard
 Phone (712)362-2659
 Email brad.leonard@elc-csd.org

Asst/Assoc/Vice-Principal Shane Kalous
 Phone (712)362-8401
 Email shane.kalous@elc-csd.org
 Asst/Assoc/Vice-Principal David McCauley
 Phone (712)362-8451
 Email david.mccauley@elc-csd.org
 Asst/Assoc/Vice-Principal Robert Grems
 Phone (712)362-8484
 Email robert.grems@elc-csd.org
 Asst/Assoc/Vice-Principal Frank Christenson
 Phone (712)362-8475
 Email frank.christenson@elc-csd.org
 Athletic Administrator Scott Stokes
 Phone (712)362-7753
 Email scott.stokes@elc-csd.org
 Athletic Secretary Jolene Lutz
 Phone (712)362-7753 x6200
 Email jo.lutz@elc-csd.org
 Sp. Med. Prov. Kim Venteicher, MS ATC (Avera)
 Tennis Kyle Grems
 Girls Tennis Larry Kirchner
 Golf Dave VanRoekel
 Girls Golf Kevin Richardson
 Basketball Nick Gruhke
 Girls Basketball Don Martindale
 Girls Swimming Jim Fisher
 Baseball Lee Evans
 Girls Softball Megan Anderson
 Wrestling Gable Bonner
 Football Ryan Rezac
 Girls Volleyball Jean Jensen
 Track & Field Richard Barrett
 Girls Track & Field David Nitchals
 Cross Country Connie Humble
 Girls Cross Country Connie Humble
 Football Cheerleading Sonja Christensen
 Basketball Cheerleading Renea Stevens
 Wrestling Cheerleading Sonja Christensen
 Speech Director Jean Herrick
 Student Council Kyle Steffen
 Band Director Laura Giebler
 Vocal Director Steven Bradburn

EXIRA/ELK HORN-KIMBALLTON

Street Address: 4114 Madison Ave
 City: Elk Horn
 Zip Code: 51531
 Mailing Address: PO Box 388A
 City: Elk Horn
 Zip Code: 51531
 Supt. St Address: PO Box 388A
 Supt. City: Elk Horn
 Supt. Zip: 51531
 County: Shelby
 Area Code: 712
 School Phone: 764-4606
 AD Fax: 764-4626
 Web Site: <http://www.exira-ehk.k12.ia.us>
 School Colors: Maroon, Black and White
 Nickname: Spartans
 Conference: Rolling Valley
 Superintendent Trevor Miller
 Phone (712)764-4616
 Email tmiller@exira-ehk.k12.ia.us
 Principal Trevor Miller
 Phone (712)764-4616
 Email tmiller@exira-ehk.k12.ia.us
 Asst/Assoc/Vice-Principal Steve Humphrey
 Phone (712)764-4616
 Email shumphrey@exira-ehk.k12.ia.us
 Athletic Administrator Tom Petersen
 Phone (712)764-4121
 Email tompetersen@exira-ehk.k12.ia.us
 Sp. Med. Prov. Riann Hansen, Dr. Marquardt
 Golf Tony Petersen
 Girls Golf Tom Petersen
 Basketball Doug Newton
 Girls Basketball Tom Petersen

Baseball Trevor Miller
 Girls Softball Ashton Koehlmoos
 Wrestling Rick Andersen
 Football Tom Petersen
 Girls Volleyball Ashton Koehlmoos
 Track & Field Tony Santisteban
 Girls Track & Field Payton Wilkenfeld
 Cross Country Terry Weisenborn
 Girls Cross Country Terry Weisenborn
 Football Cheerleading Kaylee Santisteban
 Basketball Cheerleading Kaylee Santisteban
 Wrestling Cheerleading Kaylee Santisteban
 Speech Director Jill Johnston
 Student Council Cindy Boysen
 Band Director Rick Nielsen
 Vocal Director Amanda Pitzen

FAIRFIELD

Street Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Mailing Address: 605 E Broadway Ave
 City: Fairfield
 Zip Code: 52556
 Supt. St Address: 403 S 20th
 Supt. City: Fairfield
 Supt. Zip: 52556
 County: Jefferson
 Area Code: 641
 School Phone: 472-2059
 HS Fax: 472-0269
 AD Fax: 472-0238
 Web Site: <http://www.fairfieldsfuture.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Southeast
 Superintendent Laurie Noll
 Phone (641)472-2655
 Email laurie.noll@fairfieldsfuture.org
 Principal Brian Stone
 Phone (641)472-2059
 Email brian.stone@fairfieldsfuture.org
 Asst/Assoc/Vice-Principal Stephanie Mishler
 Phone (641)472-2059
 Email stephanie.mishler@fairfieldsfuture.org
 Athletic Administrator Jeff Courtright
 Phone (641)472-5253
 Email Jeff.Courtright@fairfieldsfuture.org
 Athletic Secretary Pam Mitchell
 Phone (641)472-5253
 Email pam.mitchell@fairfieldsfuture.org
 Sp. Med. Prov. Eric Held, Adam Conilogue, PT
 (Jefferson Co. Health Center, Universal Therapy)
 Tennis Bill Sheppard
 Girls Tennis Heidi Grunwald
 Golf Mick Flattery
 Girls Golf Joe Kruzich
 Basketball Mick Flattery
 Girls Basketball Brian Witzenburg
 Girls Swimming Brittany Winslow
 Baseball Josh Allison
 Girls Softball Bob Bradfield
 Wrestling Steve Miller
 Football Matt Jones
 Girls Volleyball Diana Drish
 Track & Field Brian Dunlap
 Girls Track & Field Jerrod Belzer
 Cross Country Jerrod Belzer
 Girls Cross Country Jerrod Belzer
 Soccer Felisto Guezimane
 Girls Soccer Brittany Winslow
 Bowling Lisa Greenig
 Girls Bowling Lisa Greenig
 Football Cheerleading Heidi Bowman
 Basketball Cheerleading Heidi Bowman
 Wrestling Cheerleading Sierra Simmons
 Speech Director Fred Huckle
 Student Council Heidi Grunwald, Lisa Myers
 Band Director Jim Edgeton

Vocal Director Zachary Reiter
Orchestra Director Jim Edgeton

FOREST CITY

Street Address: 206 W School St
City: Forest City
Zip Code: 50436
Mailing Address: 206 W School St
City: Forest City
Zip Code: 50436
Supt. St Address: PO Box 270, 145 S Clark St
Supt. City: Forest City
Supt. Zip: 50436
County: Winnebago
Area Code: 641
School Phone: 585-2324
HS Fax: 585-3034
AD Fax: 585-3034
Web Site: <http://www.forestcity.k12.ia.us>
School Colors: Red & White
Nickname: Indians
Conference: North Iowa
Superintendent Darwin Lehmann
Phone (641)585-2323 x2203
Email dlehmann@forestcity.k12.ia.us
Principal Ken D. Baker
Phone (641)585-2324 x3203
Email kbaker@forestcity.k12.ia.us
Asst/Assoc/Vice-Principal Chad Moore
Phone (641)585-2324
Email cmoore@forestcity.k12.ia.us
Asst/Assoc/Vice-Principal Jeff Jerome
Phone (641)585-2324
Email jjerome@forestcity.k12.ia.us
Asst/Assoc/Vice-Principal Zach Dillavou
Phone (641)585-2324
Email zdillavou@forestcity.k12.ia.us
Athletic Administrator Chad Moore
Phone (641)585-2324 x3204
Email cmoore@forestcity.k12.ia.us
Co-AD/Assistant Jeff Jerome
Email jjerome@forestcity.k12.ia.us
Athletic Secretary Deb Honken
Phone (641)585-2324 x3201
Email dhonken@forestcity.k12.ia.us
Sp. Med. Prov. Michelle Bamrick, PT (Athletico)
Golf Tom Pauley
Girls Golf Tom Pauley
Basketball Dan Rosacker
Girls Basketball Matt Erpelding
Baseball Jeff Jerome
Girls Softball Justin Uhlenhopp
Wrestling Steve Staudt
Football Chad Moore
Girls Volleyball Lacy Jerome
Track & Field Brian Hovenga
Girls Track & Field Jason Sopko
Cross Country Scott Jackson
Girls Cross Country Scott Jackson
Bowling Charlie Frascht
Girls Bowling Charlie Frascht
Football Cheerleading Sherri Lunning
Basketball Cheerleading Nicole Hagen
Wrestling Cheerleading Kat Montgomery
Speech Director Scott Bertelsen
Student Council Cady Windish
Band Director Cory Schmitt
Vocal Director Trent Teske

FORT DODGE

Street Address: 819 N 25th St
City: Fort Dodge
Zip Code: 50501
Mailing Address: 819 N 25th St
City: Fort Dodge
Zip Code: 50501
Supt. St Address: 104 S 17th St
Supt. City: Fort Dodge
Supt. Zip: 50501

County: Webster
Area Code: 515
School Phone: 955-1770
HS Fax: 955-6072
AD Fax: 955-3374
Web Site: <http://www.fdschools.org>
School Colors: Crimson & Black
Nickname: Dodgers
Conference: CIML - Iowa
Superintendent Dr. Jesse Ulrich
Phone (515)574-5638
Email jesseulrich@fdschools.org
Asst/Assoc Supt Robert Hughes
Phone (515)574-5657
Email rhughes@fdschools.org
Principal Dr. Kenneth Hayes
Phone (515)574-5748
Email khayes@fdschools.org
Asst/Assoc/Vice-Principal Kevin Astor
Phone (515)574-5752
Email kastor@fdschools.org
Asst/Assoc/Vice-Principal Scott Danielson
Phone (515)955-1770 x58303
Email sdanielson@fdschools.org
Asst/Assoc/Vice-Principal Staci Laird
Phone (515)955-1770 x58304
Email slaird@fdschools.org
Athletic Administrator Matt Elsbecker
Phone (515)574-5754 x58307
Email melsbecker@fdschools.org
Co-AD/Assistant Ryan O'Leary
Phone (515)574-5826 x57321
Email roleary@fdschools.org
Athletic Secretary John Nyberg
Phone (515)574-5874 x58302
Email jnyberg@fdschools.org
Sp. Med. Prov. Breann Drees
Tennis Radney Roosa
Girls Tennis TBA
Golf Mike Mericle
Girls Golf Dave Louk
Basketball Tom Daniel
Girls Basketball Scott Messerly
Swimming Joel Greathouse
Girls Swimming Ashley Beaumont
Baseball Blake Utley
Girls Softball Andi Adams
Wrestling Bobby Thompson
Football Matt Miller
Girls Volleyball Toni Cochrane
Track & Field John McBride
Girls Track & Field Todd Constable
Cross Country Joe Jackson
Girls Cross Country Joe Jackson
Soccer Joe Jackson
Girls Soccer Michael Lee
Bowling Don Ervin
Girls Bowling Don Ervin
Football Cheerleading KC Williams
Speech Director Lindsey Krug
Student Council Derek Haugland
Band Director Al Paulson
Vocal Director Matt Drees, Kim Wankum
Orchestra Director Brian Robison

FORT MADISON

Street Address: 2001 Avenue B
City: Fort Madison
Zip Code: 52627
Mailing Address: 2001 Avenue B
City: Fort Madison
Zip Code: 52627
Supt. St Address: 1930 Avenue M
Supt. City: Fort Madison
Supt. Zip: 52627
County: Lee
Area Code: 319
School Phone: 372-1862
HS Fax: 372-1325

AD Fax: 372-1325
Web Site: <http://fmcscd.org>
School Colors: Crimson and Black
Nickname: Bloodhounds
Conference: Southeast
Superintendent Erin Slater
Phone (319)372-7252
Email erin.slater@fmcscd.org
Asst/Assoc Supt Kim Harmon
Phone (319)372-7252
Email kim.harmon@fmcscd.org
Principal Greg Smith
Phone (319)372-1862
Email greg.smith@fmcscd.org
Asst/Assoc/Vice-Principal Patrick Lamb
Phone (319)372-1862
Email patrick.lamb@fmcscd.org
Athletic Administrator Jeremy Swink
Phone (319)372-1862
Email jeremy.swink@fmcscd.org
Athletic Secretary Deb Wiseman
Phone (319)372-1862
Email debbie.wiseman@fmcscd.org
Sp. Med. Prov. Trevor Pezley, LAT, ATC
(Fort Madison Community Hospital)
Tennis Dean Hogan
Golf Wayne Mac Learn
Basketball Ryan Wilson
Girls Basketball Todd McGhghy
Girls Softball Jared Rehm
Wrestling Ryan Smith
Football Tony Shiffman
Girls Volleyball Kent Bailey
Track & Field Chad Hannum, Mike Schneider
Girls Track & Field Brian Mendez
Cross Country Brian Mendez
Girls Cross Country Brian Mendez
Soccer Kevin Wellman
Girls Soccer Sebastian Seifert
Football Cheerleading Liz Woodbury
Basketball Cheerleading Liz Woodbury
Wrestling Cheerleading Liz Woodbury
Speech Director Randy Sissel
Student Council Heather Harter, Karen Jones
Band Director Tracy Madsen
Vocal Director Taylor Stoddard
Orchestra Director Taylor Stoddard

FREMONT-MILLS, TABOR

Street Address: 1114 HWY 275
City: Tabor
Zip Code: 51653
Mailing Address: PO Box 310
City: Tabor
Zip Code: 51653
Supt. St Address: 1114 HWY 275
Supt. City: Tabor
Supt. Zip: 51653
County: Fremont
Area Code: 712
School Phone: 629-2325
HS Fax: 629-5155
AD Fax: 629-5155
Web Site: <http://www.fmtabor.org>
School Colors: Black & Gold
Nickname: Knights
Conference: Corner
Superintendent Dave Gute
Phone (712)629-2325
Email dgute@fmtabor.org
Principal Jeremy Christiansen
Phone (712)629-2325
Email jchristiansen@fmtabor.org
Athletic Administrator Jeremy Christiansen
Phone (712)629-2325
Email jchristiansen@fmtabor.org
Co-AD/Assistant DJ Erkenbrack
Email derkenbrack@fmtabor.org
Co-AD/Assistant Greg Ernster
Email gernster@fmtabor.org

GolfGreg Ernster
 Girls Golf.....Greg Ernster
 Basketball.....Steve Raymond
 Girls Basketball.....Bret Weldon
 Baseball.....Jake Brown
 Girls Softball.....Kyle Fichter
 Wrestling.....Jeff Bartholomew
 Football.....Jeremy Christiansen
 Girls Volleyball.....Tracy Malcom
 Track & Field.....Mike Wood
 Girls Track & Field.....Kyle Fichter
 Cross Country.....Mike Wood
 Girls Cross Country.....Mike Wood
 Football Cheerleading.....Judy Foster
 Basketball Cheerleading.....Jeff Vanhouten
 Speech Director.....DJ Erkenbrack
 Student Council.....Jeff Vanhouten
 Band Director.....Susan Saker
 Vocal Director.....DJ Erkenbrack

GARNER-HAYFIELD-VENTURA

Street Address: 605 W Lyons St
 City: Garner
 Zip Code: 50438
 Mailing Address: PO Box 449
 City: Garner
 Zip Code: 50438
 Supt. St Address: PO Box 449
 Supt. City: Garner
 Supt. Zip: 50438
 County: Hancock
 Area Code: 641
 School Phone: 923-2632
 HS Fax: 923-4005
 AD Fax: 923-4005
 Web Site: <http://www.ghvschools.org>
 School Colors: Red & Black
 Nickname: Cardinals
 Conference: Top of Iowa Conference
 Superintendent.....Tyler Williams
 Phone.....(641)923-2718
 Email.....twilliams@ghvschools.org
 Admin Asst.....Jan Bier
 Phone.....(641)923-2632 x207
 Email.....jbier@ghvschools.org
 Principal.....Jim Haag
 Phone.....(641)923-2632
 Email.....jhaag@ghvschools.org
 Athletic Administrator.....Matt Graham
 Phone.....(641)923-2632 x238
 Email.....mgraham@ghvschools.org
 Sp. Med. Prov.....Jamie Smith, LAT (Athletico)
 Golf.....Ken Krause
 Girls Golf.....Todd Greiman
 Basketball.....Jake Young
 Girls Basketball.....Matt Frank
 Baseball.....Shawn Schlechter
 Girls Softball.....Kaitlin Murphy
 Wrestling.....Cory Jenniges
 Football.....Scott Van Dusseldorp
 Girls Volleyball.....Kelsey Edwards
 Track & Field.....Kelsey Edwards
 Girls Track & Field.....Dyan Childress
 Cross Country.....Jeff Short
 Girls Cross Country.....Jeff Short
 Soccer.....Eric Williams
 Girls Soccer.....Hanna DeVries
 Football Cheerleading.....Kristi Carew
 Basketball Cheerleading.....Kristi Carew
 Wrestling Cheerleading.....Penny Weaver
 Band Director.....Jeff Griffin
 Vocal Director.....Jason Heitland

GEHLEN CATHOLIC, LEMARS

Street Address: 709 Plymouth St NE
 City: Le Mars
 Zip Code: 51031
 Mailing Address: 709 Plymouth St NE
 City: Le Mars

Zip Code: 51031
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 546-4181
 HS Fax: 546-9384
 AD Fax: 546-4337
 Web Site: <http://www.gehlencatholic.org>
 School Colors: Green & Gold
 Nickname: Jays
 Conference: War Eagle
 Superintendent.....Patty Lansink
 Phone.....(712)233-7527
 Principal.....Jeff Alesch
 Phone.....(712)546-4181
 Email.....jalesch@gehlencatholic.org
 Athletic Administrator.....Kirk Kronaizl
 Phone.....(712)546-4181
 Email.....kkronaizl@gehlencatholic.org
 Sp. Med. Prov.....LeMars Physical Therapy
 Golf.....Jim Fuentes
 Girls Golf.....Kathy Neary
 Basketball.....Mike Langel
 Girls Basketball.....Brandon Schaecher
 Baseball.....Greer Milledge
 Girls Softball.....Tony Gunter
 Football.....Jeremy Schindler
 Girls Volleyball.....Mike Meyer
 Track & Field.....Jeremy Schindler
 Girls Track & Field.....Travis Westhoff
 Cross Country.....Margie Augustine
 Girls Cross Country.....Margie Augustine
 Football Cheerleading.....Jenni Vacura
 Basketball Cheerleading.....Tammy Logan
 Speech Director.....Mark Moorehead
 Student Council.....Ashley Langel
 Band Director.....Paul Niebuhr
 Vocal Director.....Terra Falkena

GEORGE-LITTLE ROCK

Street Address: 500 E. Indiana Ave.
 City: George
 Zip Code: 51237
 Mailing Address: PO Box 6
 City: George
 Zip Code: 51237
 Supt. St Address: 500 E. Indiana Ave
 Supt. City: George
 Supt. Zip: 51237
 County: Lyon
 Area Code: 712
 School Phone: 475-3311
 HS Fax: 475-3574
 AD Fax: 475-3574
 Web Site: <http://www.george-littlerock.org>
 School Colors: Black & Red
 Nickname: Mustangs
 Conference: Siouxland
 Superintendent.....John Eyerly
 Phone.....(712)475-3311
 Email.....jeyerly@george-littlerock.org
 Principal.....Steve Green
 Phone.....(712)475-3311
 Email.....sgreen@george-littlerock.org
 Athletic Administrator.....Tyler Glanzer
 Phone.....(712)475-3311 x162
 Email.....tglanzer@george-littlerock.org
 Golf.....Brian Luenberger
 Girls Golf.....Brian Luenberger
 Basketball.....Brian Luenberger, Greg De Boer
 Girls Basketball.....Tyler Glanzer
 Baseball.....Brian Luenberger
 Girls Softball.....Jeff Jager
 Wrestling.....John Wayne Kalda
 Girls Volleyball.....Amy Schmidt
 Track & Field.....Curt Fiedler
 Girls Track & Field.....Lori Fiedler

Cross Country.....Curt Fiedler
 Girls Cross Country.....Curt Fiedler
 Football Cheerleading.....Karen Wibben
 Basketball Cheerleading.....Trisha Hengeveld
 Wrestling Cheerleading.....Karen Wibben
 Speech Director.....Brenda Sandbulte
 Student Council.....Dan Helkenn
 Band Director.....Nicole Lewis
 Vocal Director.....Tim Mauldin

GILBERT

Street Address: 312 Gretten St
 City: Gilbert
 Zip Code: 50105
 Mailing Address: 312 Gretten St
 City: Gilbert
 Zip Code: 50105
 Supt. St Address: 103 Mathews Dr
 Supt. City: Gilbert
 Supt. Zip: 50105
 County: Story
 Area Code: 515
 School Phone: 232-3738
 HS Fax: 827-1298
 AD Fax: 827-1298
 Web Site: <http://www.gilbertcsd.org>
 School Colors: Black & Red
 Nickname: Tigers
 Conference: Heart of Iowa
 Superintendent.....Lindsey Beecher
 Phone.....(515)232-3740
 Email.....beecherl@gilbertcsd.org
 Admin Asst.....Tia Davis
 Phone.....(515)232-3740
 Email.....davist@gilbertcsd.org
 Principal.....Vic Vanderpool
 Phone.....(515)232-3738
 Email.....vanderpoolv@gilbertcsd.org
 Athletic Administrator.....Tim Pezzetti
 Phone.....(515)232-3746
 Email.....pezzettit@gilbertcsd.org
 Athletic Secretary.....Debbie Gray
 Phone.....(515)232-3746
 Email.....grayd@gilbertcsd.org
 Sp. Med. Prov.....Brian Sanders (McFarland Clinic)
 Golf.....Holly Lester
 Girls Golf.....Grant Walker
 Basketball.....BJ Terrones
 Girls Basketball.....Mike Frisk
 Baseball.....Jeremy Eldred
 Girls Softball.....Katie Thomas
 Wrestling.....Scott Auderer
 Football.....Scott Auderer
 Girls Volleyball.....Stacy Johnson
 Track & Field.....Kevin Litchfield
 Girls Track & Field.....Laura Kautman
 Cross Country.....Aaron Thomas
 Girls Cross Country.....Laura Kautman
 Soccer.....BJ Jordison
 Girls Soccer.....Dan Jones
 Football Cheerleading.....Rhonda Gardner
 Basketball Cheerleading.....Jen Maguire
 Wrestling Cheerleading.....Jordan Sytsma
 Speech Director.....Heather Schurr
 Student Council.....Jen Schnormeier
 Band Director.....Byron Tinder
 Vocal Director.....Kaaren Rogers

GLADBROOK-REINBECK

Street Address: 600 Blackhawk St
 City: Reinbeck
 Zip Code: 50669
 Mailing Address: 600 Blackhawk St
 City: Reinbeck
 Zip Code: 50669
 Supt. St Address: 600 Blackhawk St
 Supt. City: Reinbeck
 Supt. Zip: 50669
 County: Grundy

Area Code: 319
 School Phone: 345-2921
 HS Fax: 345-6432
 AD Fax: 345-6432
 Web Site: <http://www.gladbrook-reinbeck.k12.ia.us>
 School Colors: Royal Blue & Silver
 Nickname: Rebels
 Conference: NICL - West
 Superintendent David Hill
 Phone (319)345-2712
 Email david.hill@gr-rebels.net
 Principal Andrew McQuillen
 Phone (319)345-2921
 Email andrew.mcquillen@gr-rebels.net
 Athletic Administrator John Olson
 Phone (319)345-2921 x237
 Email john.olson@gr-rebels.net
 Golf Julie Frischmeyer
 Girls Golf Julie Frischmeyer
 Basketball Scott Kiburis
 Girls Basketball Bruce Bailey
 Baseball Scott Kiburis
 Girls Softball Collin Arndt
 Wrestling Scott Fisher
 Football John Olson
 Girls Volleyball Paula Kelley
 Track & Field Jackson Anderson
 Girls Track & Field Chelsey Shuey
 Soccer Jon Dinsdale
 Girls Soccer Aaron Mara
 Football Cheerleading Sherri Scarf
 Basketball Cheerleading Sherri Scarf
 Speech Director Greg Tessendorf
 Student Council Kassi Nelson
 Band Director Laura Sabotta
 Vocal Director Cecilia Shutt

GLENWOOD

Street Address: 504 E Sharp St
 City: Glenwood
 Zip Code: 51534
 Mailing Address: 504 E Sharp St
 City: Glenwood
 Zip Code: 51534
 Supt. St Address: 103 Central St, Ste 300
 Supt. City: Glenwood
 Supt. Zip: 51534
 County: Mills
 Area Code: 712
 School Phone: 527-4897
 HS Fax: 527-9554
 AD Fax: 527-9554
 Web Site: <http://www.glenwood.k12.ia.us>
 School Colors: Black & Vegas Gold
 Nickname: Rams
 Conference: Hawkeye Ten
 Superintendent Devin Embray
 Phone (712)527-9034
 Email embrayd@glenwoodschoools.org
 Principal Richard Hutchinson
 Phone (712)527-4897 x6005
 Email hutchinsonr@glenwoodschoools.org
 Asst/Assoc/Vice-Principal Rick Nickerson
 Phone (712)527-4897 x6004
 Email nickersonr@glenwoodschoools.org
 Athletic Administrator Jeff Bissen
 Phone (712)527-4897 x6002
 Email bissenj@glenwoodschoools.org
 Athletic Secretary Audrey Little
 Phone (712)527-4897 x6000
 Email littlea@glenwoodschoools.org
 Sp. Med. Prov. Jake Stryker
 Girls Tennis Callie Ohm
 Golf Michael Joyner
 Girls Golf Maria Jacobus
 Basketball Curt Schulte
 Girls Basketball Brian Rasmussen
 Baseball Kurt Schulz
 Girls Softball Kylee Stanton

Wrestling Brad Asche
 Football Cory Faust
 Girls Volleyball Chelsey Hirt
 Track & Field Mark Stamer
 Girls Track & Field Cory Faust
 Cross Country Todd Peverill
 Girls Cross Country Dani Woodman
 Soccer Cort Lovato
 Girls Soccer Amy Benson
 Football Cheerleading Dixie Thomas
 Basketball Cheerleading Dixie Thomas
 Wrestling Cheerleading Dixie Thomas
 Student Council Alex Williams
 Band Director Dave Clark
 Vocal Director Kevin Kilpatrick

GLIDDEN-RALSTON

Street Address: 602 Idaho St
 City: Glidden
 Zip Code: 51443
 Mailing Address: PO Box 488
 City: Glidden
 Zip Code: 51443
 Supt. St Address: PO Box 488
 Supt. City: Glidden
 Supt. Zip: 51143
 County: Carroll
 Area Code: 712
 School Phone: 659-2205
 HS Fax: 659-2248
 AD Fax: 659-2248
 Web Site: <http://www.glidden-ralston.k12.ia.us>
 School Colors: Royal Blue & Vegas Gold
 Nickname: Wildcats
 Conference: Rolling Valley
 Superintendent Kreg Lensch
 Phone (712)659-3411
 Email kensch@glidden-ralston.k12.ia.us
 Principal Dirk Troutman
 Phone (712)659-2205
 Email dtoutman@glidden-ralston.k12.ia.us
 Athletic Administrator Tyler Shipley
 Phone (712)659-2205
 Email tshipley@glidden-ralston.k12.ia.us
 Athletic Secretary Angela Oswald
 Phone (712)659-2205
 Email aoswald@glidden-ralston.k12.ia.us
 Golf Cole Corson
 Girls Golf Cole Corson
 Basketball Tyler Shipley
 Girls Basketball Cole Corson
 Baseball Cole Corson
 Girls Softball Kevin Schon
 Football Kreg Lensch
 Girls Volleyball McKaylie Croughan
 Track & Field Dave Prescott
 Girls Track & Field Dave Prescott
 Football Cheerleading Rachel Onken
 Basketball Cheerleading Rachel Onken
 Speech Director Mark Fisher
 Student Council Nancy Baack
 Band Director Chris Fiscus
 Vocal Director Joan Sweeney

GMG, GARWIN

Street Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Mailing Address: 306 Park St
 City: Garwin
 Zip Code: 50632
 Supt. St Address: 306 Park St
 Supt. City: Garwin
 Supt. Zip: 50632
 County: Tama
 Area Code: 641
 School Phone: 499-2005
 HS Fax: 499-2552
 AD Fax: 499-2552

Web Site: <http://www.garwin.k12.ia.us>
 School Colors: Black & Silver
 Nickname: Wolverines
 Conference: Iowa Star
 Superintendent Ben Petty
 Phone (641)474-2254
 Email bpetty@bcluw.org
 Admin Asst Marcia Stamp
 Phone (641)474-2254
 Email mstamp@garwin.k12.ia.us
 Principal Nathan Kleinmeyer
 Phone (641)499-2005
 Email nkleinmeyer@garwin.k12.ia.us
 Athletic Administrator Jon Reed
 Phone (641)499-2005
 Email jreed@garwin.k12.ia.us
 Athletic Secretary Marcia Stamp
 Phone (641)474-2254
 Email mstamp@garwin.k12.ia.us
 Golf Mike Spurlin
 Girls Golf Mike Spurlin
 Basketball Michael Plett
 Girls Basketball Justin Hornberg
 Baseball Jon Dieken
 Girls Softball Katie Barnes
 Wrestling Todd Hinegardner
 Football Adam Anthony
 Girls Volleyball Adam Bauder
 Track & Field Mike Pierson
 Girls Track & Field Jon Reed
 Cross Country Jay Beichley
 Girls Cross Country Jay Beichley
 Football Cheerleading Malaina Gerke
 Basketball Cheerleading Malaina Gerke
 Speech Director Jamie Gargas
 Student Council Jaime Gargas
 Band Director Dan Lastovka
 Vocal Director Sheryl Mullikin

GRAETTINGER-TERRIL

Street Address: 400 W Lost Island St
 City: Graettinger
 Zip Code: 51342
 Mailing Address: PO Box 58
 City: Graettinger
 Zip Code: 51342
 Supt. St Address: PO Box 58
 Supt. City: Graettinger
 Supt. Zip: 51342
 County: Palo Alto
 Area Code: 712
 School Phone: 859-3286
 HS Fax: 859-3509
 AD Fax: 859-3509
 Web Site: <http://www.gtschools.k12.ia.us>
 School Colors: Purple, Black, & Silver
 Nickname: Titans
 Conference: Cornbelt
 Superintendent Andrew Woiwood
 Phone (712)859-3286
 Email awoiwood@gt.ratitans.org
 Principal Jeremy Simington
 Phone (712)859-3286
 Email jsimington@gt.ratitans.org
 Athletic Administrator Todd Hough
 Phone (712)859-3286
 Email though@gt.ratitans.org
 Co-AD/Assistant Rod Hough
 Email rthough@gt.ratitans.org
 Athletic Secretary Jane Brown
 Phone (712)859-3286
 Email jbrown@gt.ratitans.org
 Golf Brent Dyhrkopp
 Girls Golf Aaron Giese
 Basketball Brent Dyhrkopp
 Girls Basketball Todd Hough
 Baseball Corey Boe
 Girls Softball Kyle Norris
 Wrestling Alex Helmich

Football..... Todd Hough
 Girls Volleyball..... Megan Giese
 Football Cheerleading..... Kristi Behrends
 Basketball Cheerleading..... Kristi Behrends
 Wrestling Cheerleading..... Angie Sorbo
 Student Council..... Courtney Cook
 Band Director..... Emily Doerder
 Vocal Director..... Anne Sexe

GRAND VIEW CHRISTIAN SCHOOL

Street Address: 2905 NE 46th Ave
 City: Des Moines
 Zip Code: 50317
 Mailing Address: 2905 NE 46th Ave
 City: Des Moines
 Zip Code: 50317
 Supt. St Address: 2905 NE 46th Ave
 Supt. City: Des Moines
 Supt. Zip: 50317
 County: Polk
 Area Code: 515
 School Phone: 777-3977
 HS Fax: 777-3660
 Web Site: <http://www.grandviewchristianschool.org>
 School Colors: green/black/white
 Nickname: Thunder
 Conference: Independent

Superintendent..... Dick McWilliams
 Phone..... (515)777-3977 x2211
 Email..... dmcwilliams@gvcsmail.org
 Admin Asst..... Dee Dee Burt
 Phone..... (515)777-3977 x2204
 Email..... dburt@gvcsmail.org
 Executive Coordinator..... Mark Weatherly
 Phone..... (515)777-3977 x2209
 Email..... mweatherly@gvcsmail.org
 Principal..... Chris Murphy
 Phone..... (515)777-3657
 Email..... cmurphy@gvcsmail.org
 Athletic Administrator..... Michael Cowell
 Phone..... (515)777-3977
 Email..... mcowell@gvcsmail.org
 Sp. Med. Prov..... Michael Donahue
 Basketball..... Dave Stubbs
 Girls Basketball..... Jason Blunk
 Girls Softball..... Geoff Lane
 Football..... Austin Stubbs
 Girls Volleyball..... Arlie Brandmeyer
 Track & Field..... John Safford
 Cross Country..... Butch Fisher
 Soccer..... Willie Felderman
 Girls Soccer..... Marcus Wilkes
 Football Cheerleading..... Emma Janssen
 Basketball Cheerleading..... Emma Janssen
 Student Council..... Rob Seyler
 Band Director..... Grace Peterson
 Vocal Director..... Jonathan Nilius

GREENE COUNTY

Street Address: 101 Ram Dr
 City: Jefferson
 Zip Code: 50129
 Mailing Address: 101 Ram Dr
 City: Jefferson
 Zip Code: 50129
 Supt. St Address: 204 W Madison
 Supt. City: Jefferson
 Supt. Zip: 50129
 County: Greene
 Area Code: 515
 School Phone: 386-2188
 HS Fax: 386-2159
 AD Fax: 386-2159
 Web Site: <https://www.gccsd.k12.ia.us/>
 School Colors: Red & Black
 Nickname: Rams
 Conference: Heart of Iowa
 Superintendent..... Tim Christensen
 Phone..... (515)386-4168
 Email..... christensent@greenecountycsd.net

Principal..... Brian Phillips
 Phone..... (515)386-2188
 Email..... phillipsb@greenecountycsd.net
 Athletic Administrator..... Mitch Moore
 Phone..... (515)386-2188
 Email..... mooremitch@greenecountycsd.net
 Athletic Secretary..... Misty Bettye
 Phone..... (515)386-2188
 Email..... betteym@greenecountycsd.net
 Golf..... Heath Telleen
 Girls Golf..... TBD
 Basketball..... Chris Nelson
 Girls Basketball..... TBD
 Baseball..... John Hupp
 Girls Softball..... Tom Kennedy
 Wrestling..... Zach Beekman
 Football..... Mitchell Moore
 Girls Volleyball..... Chris Heisterkamp
 Track & Field..... Chad Morton
 Girls Track & Field..... Derek Merk
 Cross Country..... Jeff Lamoureux
 Girls Cross Country..... Jeff Lamoureux
 Soccer..... Carl Behne
 Girls Soccer..... Marilyn Tassler
 Football Cheerleading..... Shannon Black
 Basketball Cheerleading..... Shannon Black
 Wrestling Cheerleading..... Shannon Black
 Speech Director..... Kelley Gray
 Student Council..... Kelley Gray
 Band Director..... Wes Anderson
 Vocal Director..... Dave Heupel

GRINNELL

Street Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Mailing Address: 1333 Sunset St
 City: Grinnell
 Zip Code: 50112
 Supt. St Address: 1333 Sunset St
 Supt. City: Grinnell
 Supt. Zip: 50112
 County: Poweshiek
 Area Code: 641
 School Phone: 236-2720
 HS Fax: 236-2692
 AD Fax: 236-2692
 Web Site: <http://www.grinnell-k12.org>
 School Colors: Black & Orange
 Nickname: Tigers
 Conference: Little Hawkeye
 Superintendent..... Dr. Janet Stutz
 Phone..... (641)236-2700
 Email..... janet.stutz@grinnell-k12.org
 Principal..... Kevin Seney
 Phone..... (641)236-2724
 Email..... kevin.seney@grinnell-k12.org
 Asst/Assoc/Vice-Principal..... Heidi Durbin
 Phone..... (641)236-2725
 Email..... heidi.durbin@grinnell-k12.org
 Athletic Administrator..... Chris Coffman
 Phone..... (641)236-2720
 Email..... chris.coffman@grinnell-k12.org
 Athletic Secretary..... Tracy Neighbors
 Phone..... (641)236-2727
 Email..... tracy.neighbors@grinnell-k12.org
 Sp. Med. Prov..... Kelly Rose, LAT (Total Rehab)
 Tennis..... Travis Smith
 Girls Tennis..... Tony Farmer
 Golf..... Mike Baker
 Girls Golf..... Mark Kivitt
 Basketball..... Scott Sharp
 Girls Basketball..... Trent Edsen
 Swimming..... Travis Smith
 Girls Swimming..... Sarah Smith
 Baseball..... Tony Stenberg
 Girls Softball..... Mike Doty
 Wrestling..... Chad Beck
 Football..... Brian Sauser

Girls Volleyball..... Marsha Schultz
 Track & Field..... Josh Wardenburg
 Girls Track & Field..... Casey McDermott
 Cross Country..... Trent Edsen
 Girls Cross Country..... Trent Edsen
 Soccer..... Parker Koester
 Girls Soccer..... Paul Durr
 Football Cheerleading..... Sarah Dahlby-Albright
 Basketball Cheerleading..... Sarah Dahlby-Albright
 Wrestling Cheerleading..... Sarah Dahlby-Albright
 Speech Director..... Kevin Honsbond
 Student Council..... Dwight Ladig
 Band Director..... Levi Dressler
 Vocal Director..... Roger Henderson

GRISWOLD

Street Address: 20 Madison St
 City: Griswold
 Zip Code: 51535
 Mailing Address: PO Box 280
 City: Griswold
 Zip Code: 51535
 Supt. St Address: PO Box 280
 Supt. City: Griswold
 Supt. Zip: 51535
 County: Cass
 Area Code: 712
 School Phone: 778-2154
 HS Fax: 778-2161
 AD Fax: 778-2161
 Web Site: <http://www.griswoldschools.org>
 School Colors: Blue & White
 Nickname: Tigers
 Conference: Western Iowa

Superintendent..... Dave Henrichs
 Phone..... (712)778-2152
 Email..... dhenrichs@griswoldschools.org
 Principal..... Katie Elwood
 Phone..... (712)778-2154
 Email..... kelwood@griswoldschools.org
 Athletic Administrator..... Katie Elwood
 Phone..... (712)778-2154
 Email..... kelwood@griswoldschools.org
 Athletic Secretary..... Deb Arp
 Phone..... (712)778-2154
 Email..... darp@griswoldschools.org
 Golf..... Chad Rodgers/Jason Reynolds
 Girls Golf..... Chad Rodgers/Jason Reynolds
 Basketball..... Mark Carlton
 Girls Basketball..... Bob Gross
 Baseball..... Carter Stephens
 Girls Softball..... Bob Gross
 Wrestling..... Matt Leighton
 Football..... Andy Everett
 Girls Volleyball..... Jody Rossell
 Track & Field..... Andy Everett
 Girls Track & Field..... Larissa Potter
 Cross Country..... Larissa Potter
 Girls Cross Country..... Larissa Potter
 Football Cheerleading..... Laura Carlton
 Basketball Cheerleading..... Denise Bridges
 Wrestling Cheerleading..... Laura Carlton
 Speech Director..... TBA
 Student Council..... Pat Carlson
 Band Director..... Denise Mardesen
 Vocal Director..... Bonnie Goodson

GRUNDY CENTER

Street Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Mailing Address: 1006 M Ave
 City: Grundy Center
 Zip Code: 50638
 Supt. St Address: 1301 12th St
 Supt. City: Grundy Center
 Supt. Zip: 50638
 County: Grundy
 Area Code: 319

School Phone: 825-5449
 HS Fax: 825-6415
 AD Fax: 825-6415
 Web Site: <http://www.spartanpride.net>
 School Colors: Maroon & White
 Nickname: Spartans
 Conference: North Iowa Cedar-West

Superintendent Neil Mullen
 Phone (319)825-5418 x351
 Email nmullen@spartanpride.net

Admin Asst Becki Smith
 Phone (319)825-5418 x350
 Email bsmith@spartanpride.net

Principal Michael Vokes
 Phone (319)825-5449 x304
 Email mvokes@spartanpride.net

Asst/Assoc/Vice-Principal Dan Breyfogle
 Phone (319)825-5449 x302
 Email dbreyfogle@spartanpride.net

Athletic Administrator Dan Breyfogle
 Phone (319)825-5449
 Email dbreyfogle@spartanpride.net

Athletic Secretary Morgan Benson
 Phone (319)825-5449
 Email mbenson@spartanpride.net

Sp. Med. Prov. Sports Plus (Sports Plus)

Tennis Dale Boren
 Girls Tennis Joel Johnson
 Golf Dennis Dirks
 Girls Golf Jocilyn Onnen
 Basketball Joe Nelson
 Girls Basketball Matt Lindeman
 Baseball Patrick Brown Jr.
 Girls Softball Jeff Mathews
 Wrestling Randy Omvig
 Football Brent Thoren
 Girls Volleyball Lori Willis
 Track & Field Chris Conger
 Girls Track & Field Todd Rohler
 Cross Country Andy McQuillen
 Girls Cross Country Andy McQuillen
 Football Cheerleading Amalie Guldenpfennig
 Basketball Cheerleading Amalie Guldenpfennig
 Student Council Lindsey Aronson
 Band Director Andrew VanHooreweghe
 Vocal Director Emily Boquet

HAMPTON-DUMONT-CAL

Street Address: 101 12th Avenue NW
 City: Hampton
 Zip Code: 50441
 Mailing Address: 101 12th Avenue NW
 City: Hampton
 Zip Code: 50441
 Supt. St Address: 601 12th Avenue NE
 Supt. City: Hampton
 Supt. Zip: 50441
 County: Franklin
 Area Code: 641
 School Phone: 456-4893
 HS Fax: 456-4569
 AD Fax: 456-4569
 Web Site: <http://www.hdcasd.org>
 School Colors: Black & Red
 Nickname: Bulldogs
 Conference: North Central

Superintendent Todd Lettow
 Phone (641)456-2175
 Email tlettow@hdcasd.org

Principal Steve Madson
 Phone (641)456-4893
 Email smadson@hdcasd.org

Asst/Assoc/Vice-Principal Anthony Spradlin
 Phone (641)456-4735
 Email tspradlin@hdcasd.org

Athletic Administrator Kevin Whitehill
 Phone (641)456-4893
 Email kwhitehill@hdcasd.org

Athletic Secretary Jen Walton
 Phone (641)456-4893
 Email jwalton@hdcasd.org

Tennis Jim Davies
 Golf Jane Hoegh
 Girls Golf Carlene Bergeson
 Basketball Heath Walton
 Girls Basketball Miranda Valley
 Baseball Matt Lokenvitz
 Girls Softball Kelsey Enslin
 Wrestling Mike Schimp
 Football Dan Aalbers
 Girls Volleyball Kelli Showalter
 Girls Track & Field Nicole Donnerwerth
 Cross Country Traci Moorehead
 Girls Cross Country Traci Moorehead
 Football Cheerleading Emileigh Eilderts
 Basketball Cheerleading Emileigh Eilderts
 Wrestling Cheerleading Emileigh Eilderts
 Speech Director Emileigh Eilderts
 Student Council Mike Holm
 Band Director Carl Kurth
 Vocal Director Katelyn Ewing

HARLAN COMMUNITY

Street Address: 2102 Durant St
 City: Harlan
 Zip Code: 51537
 Mailing Address: 2102 Durant St
 City: Harlan
 Zip Code: 51537
 Supt. St Address: 2102 Durant St
 Supt. City: Harlan
 Supt. Zip: 51537
 County: Shelby
 Area Code: 712
 School Phone: 755-3101
 HS Fax: 755-7705
 AD Fax: 755-7705
 Web Site: <http://www.harlan.k12.ia.us>
 School Colors: Red & Black
 Nickname: Cyclones
 Conference: Hawkeye Ten

Superintendent Justin Wagner
 Phone (712)755-2152
 Email jwagner@hcsdcyclones.com

Principal Scott Frohlich
 Phone (712)755-3101
 Email sfrohlich@hcsdcyclones.com

Athletic Administrator Mitch Osborn
 Phone (712)755-3101
 Email mosborn@hcsdcyclones.com

Athletic Secretary Joy Schaben
 Phone (712)755-3101
 Email jschaben@hcsdcyclones.com

Tennis Chad Bruns
 Girls Tennis Kayla Weis
 Golf Chad Swanson
 Girls Golf Willie Baughman
 Basketball Mitch Osborn
 Girls Basketball Zach Klaassen
 Baseball Steve Daeges
 Girls Softball Brooke Schaben
 Wrestling John Murtaugh
 Football Curt Bladt
 Girls Volleyball Willie Baughman
 Track & Field Sam Brummer
 Girls Track & Field Doug Renkly
 Cross Country Doug Renkly
 Girls Cross Country Doug Renkly
 Soccer Dave Voge
 Girls Soccer Jarod Boysen
 Bowling David Tyrrel
 Girls Bowling David Tyrrel
 Football Cheerleading Shannon Ferry
 Basketball Cheerleading Shannon Ferry
 Wrestling Cheerleading Kathleen Noeth
 Speech Director Lisa Hagemeyer
 Student Council Mindy Shaffer

Band Director Bill Kearney
 Vocal Director Chase Shoemaker

HARRIS-LAKE PARK

Street Address: 905 S Market St
 City: Lake Park
 Zip Code: 51347
 Mailing Address: PO Box 8
 City: Lake Park
 Zip Code: 51347
 Supt. St Address: PO Box 8
 Supt. City: Lake Park
 Supt. Zip: 51347
 County: Dickinson
 Area Code: 712
 School Phone: 832-3809
 HS Fax: 832-3812
 AD Fax: 832-3812
 Web Site: <http://www.harris-lp.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Wolves
 Conference: War Eagle

Superintendent Andy Irwin
 Phone (712)832-3809
 Email airwin@hlpcsd.org

Principal Greg Hiemstra
 Phone (712)832-3809
 Email ghiemstra@hlpcsd.org

Athletic Administrator Ashley Delaney
 Phone (712)832-3809
 Email adelaney@hlpcsd.org

Athletic Secretary Shirley Taylor
 Phone (712)832-3809
 Email shirley@hlpcsd.org

Sp. Med. Prov. Chad Niemeier
 Golf Tyler Vaut
 Girls Golf Amanda Perkins
 Basketball Jeff Sohn
 Girls Basketball Andy Irwin
 Baseball Lane Gunderson
 Girls Softball Eric Clouse
 Football Lane Gunderson
 Girls Volleyball Daryl Meyer
 Track & Field Lane Gunderson
 Girls Track & Field Tim Heintz
 Cross Country Travis Sprague
 Girls Cross Country Travis Sprague
 Soccer Scott Chambers
 Football Cheerleading Alex Roberts
 Basketball Cheerleading Alex Roberts
 Student Council Kathy Winters
 Band Director Bailey DeBolt
 Vocal Director Kathy Greve

HARTLEY-MELVIN-SANBORN

Street Address: 300 N 8th Ave W
 City: Hartley
 Zip Code: 51346
 Mailing Address: 300 N 8th Ave W
 City: Hartley
 Zip Code: 51346
 Supt. St Address: 300 N 8th Ave W
 Supt. City: Hartley
 Supt. Zip: 51346
 County: O'Brien
 Area Code: 712
 School Phone: 928-3406
 HS Fax: 928-2152
 AD Fax: 928-2152
 Web Site: <http://www.hartley-ms.k12.ia.us>
 School Colors: Maroon & Gold
 Nickname: Hawks
 Conference: War Eagle

Superintendent Patrick Carlin
 Phone (712)928-3406
 Email pcarlin@hartley-ms.k12.ia.us

Principal Nate Hemiller
 Phone (712)928-3406
 Email nhemiller@hartley-ms.k12.ia.us

Athletic Administrator Mark Petersen
 Phone (712)928-3406 x110
 Email mlpetersen@hmshawks.org
 Sp. Med. Prov. Stephanie Moermond
 Golf Mark Japenga
 Girls Golf Julie Burns
 Basketball Mark Petersen
 Girls Basketball Carissa Post
 Baseball Tom Lane
 Girls Softball Carissa Post
 Wrestling Matt Gustafson
 Football Tyler Horkey
 Girls Volleyball Cheryl Kroese
 Track & Field Kyle Borchers
 Girls Track & Field Nicole Dorhout
 Cross Country Nicole Dorhout
 Girls Cross Country Nicole Dorhout
 Football Cheerleading Tricia Vial
 Basketball Cheerleading Tricia Vial
 Wrestling Cheerleading Stephanie Bronstad
 Speech Director Linda Akwa
 Student Council Joann Kenny
 Band Director Jerry Klein
 Vocal Director Kristi Wingert

HEARTLAND CHRISTIAN

Street Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Mailing Address: 400 Wright Rd
 City: Council Bluffs
 Zip Code: 51501
 Supt. St Address: 400 Wright Rd
 Supt. City: Council Bluffs
 Supt. Zip: 51501
 County: Pottawattamie
 Area Code: 712
 School Phone: 322-5817
 HS Fax: 322-4287
 AD Fax: 322-4287
 Web Site: <http://www.heartlandchristiancbia.org>
 School Colors: Navy/Gold
 Nickname: Eagles
 Conference: Corner Conference

Superintendent Larry Gray
 Phone (712)322-5817
 Email lgray@heartlandchristiancbia.org
 Admin Asst Crystal Robinson
 Phone (712)322-5817
 Email crobinson@heartlandchristiancbia.org
 Executive Coordinator Larry Gray
 Phone (712)308-6669
 Email lgray@heartlandchristiancbia.org
 Principal Justin Steinmetz
 Phone (712)322-5817
 Email jsteinmetz@heartlandchristiancbia.org
 Asst/Assoc/Vice-Principal Carolyn Parton
 Phone (712)322-5817
 Email cparton@heartlandchristiancbia.org
 Asst/Assoc/Vice-Principal Justin Steinmetz
 Phone (712)322-5817
 Email jsteinmetz@heartlandchristiancbia.org
 Athletic Administrator Larry Gray
 Phone (712)322-5817
 Email lgray@heartlandchristiancbia.org
 Co-AD/Assistant Carolyn Parton
 Phone (712)322-5817
 Email cparton@heartlandchristiancbia.org
 Athletic Secretary Erin Gray
 Phone (712)326-0118
 Email egray@heartlandchristiancbia.org
 Sp. Med. Prov. Dave Byrns (Jennie Ed)
 Golf Larry Gray
 Girls Golf Larry Gray
 Basketball Lonnie Parton
 Girls Basketball Lonnie Parton
 Football Shawn Struck
 Girls Volleyball Heather Heffernan
 Track & Field Justin Steinmetz

Girls Track & Field Justin Steinmetz
 Student Council Erin Gray, Carolyn Parton
 Vocal Director Teresa Hartzell

HIGHLAND, RIVERSIDE

Street Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327
 Mailing Address: 1715 Vine Ave
 City: Riverside
 Zip Code: 52327
 Supt. St Address: 1715 Vine Ave
 Supt. City: Riverside
 Supt. Zip: 52327
 County: Washington
 Area Code: 319
 School Phone: 648-2891
 HS Fax: 648-3310
 AD Fax: 648-3310
 Web Site: <http://www.highlandhuskie.org>
 School Colors: Red & White
 Nickname: Huskies
 Conference: Southeast Iowa Super Conference
 Superintendent Ken Crawford
 Phone (319)648-2891 x203
 Email kcrawford@highlandhuskies.org
 Principal Angela Hazelett
 Phone (319)648-2891
 Email ahazelett@highlandhuskies.org
 Asst/Assoc/Vice-Principal Bill Zywiac
 Phone (319)648-2891
 Email bzywiac@highlandhuskies.org
 Athletic Administrator Joe Donovan
 Phone (319)648-2891 x114
 Email jdonovan@highlandhuskies.org
 Co-AD/Assistant Jody Fink
 Phone (319)648-2891
 Email jfink@highlandhuskies.org
 Golf Jacob Shultz
 Girls Golf Jacob Shultz
 Basketball Marcus Hall
 Girls Basketball Jody Fink
 Baseball Seth Milledge
 Girls Softball Carrie Wieland
 Wrestling Derick Ball
 Football Joe Donovan, Scott Morel
 Girls Volleyball Whitney Howard
 Track & Field Angie Strobel
 Girls Track & Field Angie Strobel
 Cross Country Angela Strobel
 Girls Cross Country Angela Strobel
 Football Cheerleading Christina Waters
 Speech Director Brian Haymond
 Student Council Carrie Wieland
 Band Director Mark Bressler
 Vocal Director Jenifer Wagner

HINTON

Street Address: 315 W Grand St
 City: Hinton
 Zip Code: 51024
 Mailing Address: 315 W Grand St.
 City: Hinton
 Zip Code: 51024
 Supt. St Address: PO Box 128
 Supt. City: Hinton
 Supt. Zip: 51024
 County: Plymouth
 Area Code: 712
 School Phone: 947-4328
 HS Fax: 947-4947
 AD Fax: 947-4947
 Web Site: <http://www.hintonschool.com>
 School Colors: Black and Gold
 Nickname: Blackhawks
 Conference: War Eagle
 Superintendent Peter Stuerman
 Phone (712)947-4329
 Email peter.stuerman@hintonschool.com

Principal Betty Wendt
 Phone (712)947-4328
 Email betty.wendt@hintonschool.com
 Asst/Assoc/Vice-Principal Brian DeJong
 Phone (712)947-4428
 Email brian.dejong@hintonschool.com
 Athletic Administrator Brian DeJong
 Phone (712)947-4428
 Email brian.dejong@hintonschool.com
 Co-AD/Assistant Casey Crawford
 Phone (712)947-4428
 Email casey.crawford@hintonschool.com
 Athletic Secretary Janet Held
 Phone (712)947-4428
 Email janet.held@hintonschool.com
 Sp. Med. Prov. CNOS
 Golf Bruce Held
 Girls Golf Joel Small
 Basketball John Spies
 Girls Basketball Matt Leary
 Baseball Cale Kramer
 Girls Softball Jennifer Jacobs-List
 Wrestling Casey Crawford
 Football Steve Diediker, Bruce Held
 Girls Volleyball Mary Jo Coleman
 Track & Field Steve Diediker
 Girls Track & Field Robin Mohr
 Cross Country Craig Hoffman
 Girls Cross Country Craig Hoffman
 Football Cheerleading Andrea Held
 Basketball Cheerleading Andrea Held
 Speech Director Angela Iverson
 Student Council Katherine Hunter
 Band Director Laura Garred
 Vocal Director Dustin Rusche

HLV, VICTOR

Street Address: 402 5th St
 City: Victor
 Zip Code: 52347
 Mailing Address: 402 5th St
 City: Victor
 Zip Code: 52347
 Supt. St Address: 402 5th St.
 Supt. City: Victor
 Supt. Zip: 52347
 County: Iowa
 Area Code: 319
 School Phone: 647-2161
 HS Fax: 647-7161
 AD Fax: 647-7161
 Web Site: <http://www.hlv.k12.ia.us>
 School Colors: Red & Black
 Nickname: Warriors
 Conference: South Iowa Cedar
 Superintendent Brad Hohensee
 Phone (319)647-2161 x113
 Email bhohensee@hlv.k12.ia.us
 Principal Cory Lahndorf
 Phone (319)647-2161 x107
 Email clahndorf@hlv.k12.ia.us
 Athletic Administrator Beau Jack
 Phone (319)647-2161 x106
 Email bjack@hlv.k12.ia.us
 Athletic Secretary Carol Healey
 Phone (319)647-2161 x100
 Email chealey@hlv.k12.ia.us
 Golf Cory Lahndorf
 Girls Golf Cory Lahndorf
 Basketball Reggie Dietz
 Girls Basketball Jay Malloy
 Baseball Wes Warwick
 Girls Softball TBA
 Wrestling Beau Jack
 Football Kevin Smith
 Girls Volleyball Holly Kupka
 Track & Field Kevin Smith
 Girls Track & Field Brian Schnebba
 Cross Country Brian Schnebba-Matt Vavroch

Girls Cross CountryBrian Schnebbe-Matt Vavroch
Football CheerleadingBritni Jack
Wrestling CheerleadingBritni Jack
Speech DirectorStacy Jack
Student CouncilHeather Scoville
Band DirectorAnthony Lynn
Vocal DirectorRebecca deSouza

HOLY TRINITY CATHOLIC, FORT MADISON

Street Address: 2600 Ave A
City: Fort Madison
Zip Code: 52627
Mailing Address: 2600 Ave A
City: Fort Madison
Zip Code: 52627
Supt. St Address: 780 W Central Park Ave
Supt. City: Davenport
Supt. Zip: 52804-1998
County: Lee
Area Code: 319
School Phone: 372-2486
HS Fax: 372-6310
AD Fax: 372-6310
Web Site: <http://www.holytrinityschools.org>
School Colors: Royal Blue & Silver
Nickname: Crusaders
Conference: SEI Superconference-South

Superintendent Lee Morrison
Phone(563)888-4231
Emailmorrison@davenportdiocese.org
Principal Michael Sheerin
Phone(319)372-2486 x1
Emailmichael.sheerin@holytrinityschools.org
Athletic Administrator John Goetz
Phone(319)372-2486 x2
Emailjohn.goetz@holytrinityschools.org
Co-AD/Assistant Mike Moylan
Phone(319)837-6131 x109
Emailmike.moylan@holytrinityschools.org
Sp. Med. Prov. Sarah Ragar
Golf John Goetz
Girls Golf Melissa Freesmeier
Basketball John Hellige
Girls Basketball Tony Johnson
Baseball Albert Schinstock
Girls Volleyball Melissa Freesmeier
Cross Country Matt Mohrfeld
Soccer Ryan Culbertson
Girls Soccer Michael Sheerin
Basketball Cheerleading Carol Bentler
Speech Director Joe Harmon
Student Council Ryan Alfred
Band Director Emily Otte
Vocal Director Stewart Beyer

HUDSON

Street Address: 245 S Washington St
City: Hudson
Zip Code: 50643
Mailing Address: PO Box 240
City: Hudson
Zip Code: 50643
Supt. St Address: 136 S Washington
Supt. City: Hudson
Supt. Zip: 50643
County: Black Hawk
Area Code: 319
School Phone: 988-4226
HS Fax: 988-4174
AD Fax: 988-4174
Web Site: <http://hudsonpiratepride.com>
School Colors: Navy Blue & White
Nickname: Pirates
Conference: North Iowa Cedar-East
Superintendent Anthony Voss
Phone(319)988-3233 x6
Emailanthonyvoss@hudschools.org
Admin Asst Sheila Petry
Phone(319)988-3233 x6
Emailsheilapetry@hudschools.org

Principal Jeff Dieken
Phone(319)988-4226
Emailjeffdieken@hudschools.org
Athletic Administrator Kevin Wurzer
Phone(319)988-4226
Emailkevinwurzer@hudschools.org
Athletic Secretary Dee Sallee
Phone(319)988-4226
Emaildeesallee@hudschools.org
Sp. Med. Prov. Joe Bahnsen
Tennis Lowen Anderson
Golf Jeff Curly
Girls Golf Jeff Curly
Basketball Sean Leonard
Girls Basketball Jeff Curley
Baseball Joe Bahnsen
Girls Softball Jeff Curley
Wrestling Wayne Haskovec
Football Justin Brekke
Girls Volleyball Steve Baird
Track & Field Blaire Puls
Girls Track & Field Braden Rogers
Cross Country Sherri Selenke
Girls Cross Country Sherri Selenke
Soccer Sue Rink
Girls Soccer Ashley Smiley
Football Cheerleading Ellie Klenk
Basketball Cheerleading Ellie Klenk
Wrestling Cheerleading Ellie Klenk
Band Director Nicole Davis
Vocal Director Casey Tecklenburg

HUMBOLDT

Street Address: 1500 Wildcat Rd
City: Humboldt
Zip Code: 50548
Mailing Address: 1500 Wildcat Rd
City: Humboldt
Zip Code: 50548
Supt. St Address: PO Box 130
Supt. City: Dakota City
Supt. Zip: 50529
County: Humboldt
Area Code: 515
School Phone: 332-1430
HS Fax: 332-7150
AD Fax: 332-7150
Web Site: <http://www.humboldt.k12.ia.us>
School Colors: Royal Blue & Gold
Nickname: Wildcats
Conference: North Central
Superintendent Greg Darling
Phone(515)332-1330 x6102
Emailgdarling@humboldt.k12.ia.us
Principal Lori Westhoff
Phone(515) 332-1430 x6201
Emaillwesthoff@humboldt.k12.ia.us
Asst/Assoc/Vice-Principal Greg Thomas
Phone(515)332-1430 x6203
Emailgthomas@humboldt.k12.ia.us
Athletic Administrator Greg Thomas
Phone(515)332-1430 x6203
Emailgthomas@humboldt.k12.ia.us
Athletic Secretary Julie Nielsen
Phone(515)332-1430 x6205
Emailjnielsen@humboldt.k12.ia.us
Sp. Med. Prov. Andy Newell
(Humboldt Memorial County Hospital)
Golf Scott Birdsell
Girls Golf Jess Harklau
Basketball Jason Hoag
Girls Basketball Rodd Mooney
Baseball Jason Thurm
Girls Softball Doug VanPelt
Wrestling Chad Beaman
Football Derrick Elman
Girls Volleyball Justin McDaniel
Track & Field Greg Wickett
Girls Track & Field Dean Clasen, Spencer Ross
Cross Country Dean Clasen

Girls Cross CountryDean Clasen
Soccer Joe Hadar
Girls Soccer Rodd Mooney
Football Cheerleading Pam Stalpes
Basketball Cheerleading Pam Stalpes
Wrestling Cheerleading Shondel Beaman
Speech Director Mike Terwilliger
Student Council Heather Nielsen
Band Director Drew Barker
Vocal Director Mike Blair

IKM-MANNING

Street Address: 209 10th St
City: Manning
Zip Code: 51455
Mailing Address: 209 10th St
City: Manning
Zip Code: 51455
Supt. St Address: 209 10th St
Supt. City: Manning
Supt. Zip: 51455
County: Carroll
Area Code: 712
School Phone: 655-3781
HS Fax: 655-3311
AD Fax: 655-3311
Web Site: <http://www.ikm-manning.k12.ia.us>
School Colors: Dark Green/Black
Nickname: Wolves
Conference: Western Iowa Conference
Superintendent Trevor Miller
Phone(712)655-3781
Emailtmiller@ikm-manning.k12.ia.us
Principal Brian Wall
Phone(712)655-3781
Emailbwall@ikm-manning.k12.ia.us
Athletic Administrator Cory McCarville
Phone(712)655-3781
Emailcmccarville@ikm-manning.k12.ia.us
Athletic Secretary Jenny Bunker
Phone(712)655-3781
Emailjbunker@ikm-manning.k12.ia.us
Golf Keith Wagner
Girls Golf Kevin Lahndorf
Basketball Keith Wagner
Girls Basketball Gene Rasmussen
Baseball Cory McCarville
Girls Softball Joy Gross
Football Tom Casey
Girls Volleyball Kathy Lage
Track & Field Kyle Vanderhorst
Girls Track & Field Robert Cast
Cross Country Robert Cast
Girls Cross Country Robert Cast
Football Cheerleading Sara Lingle
Basketball Cheerleading Katie Nobling
Speech Director Allison McCarville
Student Council Beth Hagedorn
Band Director Kyle Runyun
Vocal Director Elizabeth Book

INDEPENDENCE

Street Address: 700 20th Ave SW
City: Independence
Zip Code: 50644
Mailing Address: 700 20th Ave SW
City: Independence
Zip Code: 50644
Supt. St Address: 1207 1st St W
Supt. City: Independence
Supt. Zip: 50644
County: Buchanan
Area Code: 319
School Phone: 334-7405
HS Fax: 334-1296
AD Fax: 332-1296
Web Site: <http://www.independence.k12.ia.us>
School Colors: Maroon & White
Nickname: Mustangs
Conference: WaMaC

Superintendent Russ Reiter
 Phone (319)334-7400
 Email rreiter@independence.k12.ia.us
 Principal John Howard
 Phone (319)334-7405
 Email jhoward@independence.k12.ia.us
 Asst/Assoc/Vice-Principal Dewey Hupke
 Phone (319)334-7405
 Email dhupke@independence.k12.ia.us
 Athletic Administrator Justin Putz
 Phone (319)334-7405
 Email jputz@independence.k12.ia.us
 Co-AD/Assistant Jack Goedken
 Phone (319)334-7405
 Email jgoedken@independence.k12.ia.us
 Athletic Secretary Carrie Cusher
 Phone (319)334-7405
 Email ccusher@independence.k12.ia.us
 Sp. Med. Prov. Buchanan County Health Center
 Tennis Joe Schmitz
 Girls Tennis Dave Morkel
 Golf Ryan Ruffcorn
 Girls Golf Joel Dinger
 Basketball Chad Beatty
 Girls Basketball Patrick Abildtrup
 Girls Softball Heather Hupke
 Wrestling Michael Doyle
 Football Justin Putz
 Girls Volleyball Joe Schmitz
 Girls Track & Field Hollie Osvold
 Cross Country Bri Miller
 Girls Cross Country Hollie Osvold
 Soccer Nate Whited
 Bowling Patrick Shannon
 Girls Bowling Patrick Shannon
 Football Cheerleading Mikka Foley
 Speech Director Kay Reidy
 Band Director David Lang
 Vocal Director Roger Barloon
 Orchestra Director David Lang

INDIANOLA

Street Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Mailing Address: 1304 E 1st Ave
 City: Indianola
 Zip Code: 50125
 Supt. St Address: 1304 E 2nd Ave
 Supt. City: Indianola
 Supt. Zip: 50125
 County: Warren
 Area Code: 515
 School Phone: 961-9510
 HS Fax: 961-9525
 AD Fax: 961-9525
 Web Site: <http://www.indianola.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Indians
 Conference: Little Hawkeye
 Superintendent Art Sathoff
 Phone (515)961-9500
 Email art.sathoff@indianola.k12.ia.us
 Asst/Assoc Supt Ron Lorenz
 Phone (515)961-9500
 Email ron.lorenz@indianola.k12.ia.us
 Principal Craig Calhoun
 Phone (515)961-9510
 Email craig.calhoun@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal Kristy Ellis
 Phone (515)961-9510
 Email kristin.ellis@indianola.k12.ia.us
 Asst/Assoc/Vice-Principal Josh Lullmann
 Phone (515)961-9510 x2170
 Email josh.lullmann@indianola.k12.ia.us
 Athletic Administrator Lee Nelson
 Phone (515)961-9510 x2281
 Email lee.nelson@indianola.k12.ia.us

Co-AD/Assistant Jon Fitzpatrick
 Phone (515)961-9510
 Email jonathan.fitzpatrick@indianola.k12.ia.us
 Athletic Secretary Celeste Gebhart
 Phone (515)961-9520
 Email celeste.gebhart@indianola.k12.ia.us
 Sp. Med. Prov. Josh Lawrence, LAT
 (Athletico Physical Therapy)
 Tennis Jamie Busby
 Girls Tennis Dave Summy
 Golf Gene Capps
 Girls Golf Rita Bunting
 Basketball Brett Watson
 Girls Basketball Jeff Janssen
 Swimming Bobby Shepherd
 Girls Swimming Tiffany Scovel
 Baseball Casey Aldridge
 Girls Softball Stacy Evans
 Wrestling Clint Manny
 Football Eric Kliver
 Girls Volleyball Kent Halstead
 Track & Field Matt Oliver
 Girls Track & Field Kim Arndt
 Cross Country Kevin Barnes
 Girls Cross Country Kim Arndt
 Soccer Hunter Viedenkamp
 Girls Soccer TBA
 Football Cheerleading Paula Straight
 Basketball Cheerleading Paula Straight
 Wrestling Cheerleading Paula Straight
 Speech Director Randy Stone
 Student Council Jori Coghlin
 Band Director Mike Richardson, Nic Addelia
 Vocal Director Val Hagener, Myles Finn
 Orchestra Director Heidi Terrell

INTERSTATE 35, TRURO

Street Address: 405 E North St
 City: Truro
 Zip Code: 50257
 Mailing Address: PO Box 79
 City: Truro
 Zip Code: 50257
 Supt. St Address: PO Box 79
 Supt. City: Truro
 Supt. Zip: 50257
 County: Madison
 Area Code: 641
 School Phone: 765-4818
 HS Fax: 765-4820
 AD Fax: 765-4820
 Web Site: <http://www.i-35.k12.ia.us>
 School Colors: Red, White, Blue
 Nickname: Roadrunners
 Conference: West Central Activities
 Superintendent Sharon Dentlinger
 Phone (641)765-4291
 Email sdentlinger@i-35.k12.ia.us
 Principal Steve Kaster
 Phone (641)765-4818
 Email skaster@i-35.k12.ia.us
 Athletic Administrator Ray Condon
 Phone (641)765-4818
 Email rcondon@i-35.k12.ia.us
 Athletic Secretary Tina Burkhead
 Phone (641)765-5209
 Email tburkhead@i-35.k12.ia.us
 Golf Keegan Smith
 Girls Golf Keegan Smith
 Basketball Nate Rankin
 Girls Basketball Jeff Douglas
 Baseball Jeff Douglas
 Girls Softball Tim Bogs
 Wrestling Ryan Snyder
 Football Mike Stuart
 Girls Volleyball Nicole Vogt
 Track & Field Tim McKinney
 Girls Track & Field Desman Oakley
 Cross Country Desman Oakley
 Girls Cross Country Desman Oakley

Football Cheerleading Nicole Reed
 Wrestling Cheerleading Elizabeth Brant
 Speech Director Eric Borlaug
 Student Council Jason Smith
 Band Director Sara McEntee
 Vocal Director David Webster

IOWA CHRISTIAN ACADEMY

Street Address: 2501 Vine St
 City: West Des Moines
 Zip Code: 50265
 Mailing Address: 2501 Vine St
 City: West Des Moines
 Zip Code: 50265
 Supt. St Address: 2501 Vine St
 Supt. City: West Des Moines
 Supt. Zip: 50265
 County: Polk
 Area Code: 515
 School Phone: 221-3999
 HS Fax: 225-2387
 AD Fax: 225-2387
 Web Site: <http://www.icablazers.org>
 School Colors: Forest Green & White
 Nickname: Trailblazers
 Conference: Bluegrass
 Superintendent/Principal Dr. Keith Touchton
 Phone (515)221-3999
 Email ktouchton@icablazers.org
 Admin Asst. Deb Martinson
 Phone (515)221-3999
 Email dmartinson@icablazers.org
 Athletic Administrator Kyle Martin
 Phone (515)221-3999
 Email kmartin@icablazers.org
 Athletic Secretary Deb Martinson
 Phone (515)221-3999
 Email cadkisson@icablazers.org
 Sp. Med. Prov. Todd Schemper, PT (Kinetic Edge)
 Golf Lance Martinson
 Basketball Randy Duffy
 Girls Basketball Brandi Rose
 Baseball Craig Dueker
 Girls Volleyball Beth Lovett
 Track & Field Mike McGrath
 Girls Track & Field Mike McGrath
 Cross Country Jeff Worsham
 Basketball Cheerleading Mallory Robinson
 Student Council Pam Calaway
 Band Director Ellen Walker
 Vocal Director Dr. Keith Touchton

IOWA CITY, CITY HIGH

Street Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 1900 Morningside Dr
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1040
 HS Fax: 688-1049
 AD Fax: 688-1314
 Web Site: <https://www.iowacityschools.org/Domain/396>
 School Colors: Red & White
 Nickname: Little Hawks
 Conference: Mississippi Valley - Mississippi Div
 Superintendent Stephen Murley
 Phone (319)688-1000
 Email murley.stephen@iowacityschools.org
 Asst/Assoc Supt Matt Degner
 Phone (319)688-1000
 Email degner.matt@iowacityschools.org
 Principal John Bacon
 Phone (319)688-1040
 Email bacon.john@iowacityschools.org

Asst/Assoc/Vice-Principal.....Scott Jespersen
 Phone.....(319)688-1040
 Email.....jespersen.scott@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Natalee Swan
 Phone.....(319)688-1040
 Email.....swan.natalee@iowacityschools.org
 Athletic Administrator.....Terence Coleman
 Phone.....(319)688-1045
 Email.....coleman.terry@iowacityschools.org
 Athletic Secretary.....Ellen Lee-Andino
 Phone.....(319)688-1045
 Email.....lee-andino.ellen@iowacityschools.org
 Sp. Med. Prov.....Jennifer McHenry
 Tennis.....Chip Hardesty
 Girls Tennis.....Fred Pedersen
 Golf.....David Brighton
 Girls Golf.....Michael Bevelacqua
 Basketball.....Derek Roberts
 Girls Basketball.....Bill McTaggart
 Swimming.....Zane Hugo
 Girls Swimming.....Zane Hugo
 Baseball.....Brian Mitchell
 Girls Softball.....Jeff Koenig
 Wrestling.....Cory Connell
 Football.....Dan Sabers
 Girls Volleyball.....Tricia Carty
 Track & Field.....Mike Moore
 Girls Track & Field.....Terry Coleman
 Cross Country.....Jayme Skay
 Girls Cross Country.....Ryan Ahlers, Lynn Ahlers
 Soccer.....Jose Michel Fajardo
 Bowling.....Mike Degner
 Girls Bowling.....Mike Degner
 Football Cheerleading.....Lucy Joseph
 Basketball Cheerleading.....Lucy Joseph
 Wrestling Cheerleading.....Lucy Joseph
 Speech Director.....Troy Peters
 Student Council.....Nathan Hellwig
 Band Director.....Myron McReynolds
 Vocal Director.....Greg Grove
 Orchestra Director.....Megan Stucky

IOWA CITY, LIBERTY

Street Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Mailing Address: 1400 S. Dubuque Street
 City: North Liberty
 Zip Code: 52317
 Supt. St Address: 1725 North Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245
 County: Johnson
 Area Code: 319
 School Phone: 688-1350
 HS Fax: 688-1351
 AD Fax: 688-1353
 Web Site: <https://www.iowacityschools.org/Page/2145>
 School Colors: Black with Silver and Purple
 Nickname: Lightning
 Superintendent.....Stephen Murley
 Phone.....(319)688-1000
 Email.....murley.stephen@iowacityschools.org
 Asst/Assoc Supt.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org
 Admin Asst.....Lisa Mattingly
 Phone.....(319)688-1000
 Email.....mattingly.lisa@iowacityschools.org
 Principal.....Scott Kibby
 Phone.....(319)688-1350
 Email.....kibby.scott@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Justin Colbert
 Phone.....(319)688-1350
 Email.....colbert.justin@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Emily O'Donnell
 Phone.....(319)688-1350
 Email.....odonnell.emily@iowacityschools.org

Asst/Assoc/Vice-Principal.....Kimberly Fitten
 Phone.....(319)688-1350
 Email.....fitten.kimberly@iowacityschools.org
 Athletic Administrator.....Mike Morrison
 Phone.....(319)688-1352
 Email.....morrison.michael@iowacityschools.org
 Athletic Secretary.....Lyn Prella
 Phone.....(319)688-1352
 Email.....prelle.lynn@iowacityschools.org
 Sp. Med. Prov.....Anna Manternach
 Tennis.....TBA
 Girls Tennis.....TBA
 Golf.....Sean McCarty
 Girls Golf.....Brian Wernimont
 Basketball.....Stu Ordman
 Girls Basketball.....Jaime Brandt
 Baseball.....Tom Cronk
 Girls Softball.....Jeff Kelley
 Wrestling.....Joe Williams
 Football.....Jeff Gordon
 Girls Volleyball.....Randy Dolson
 Track & Field.....Bruce Davis
 Girls Track & Field.....Keaton Rickels
 Cross Country.....Josh Hildebrand
 Girls Cross Country.....Tonya McDonough
 Soccer.....Ben Watson
 Girls Soccer.....Frank Fiordellisi
 Football Cheerleading.....Melissa Hatfield
 Basketball Cheerleading.....Melissa Hatfield
 Wrestling Cheerleading.....Melissa Hatfield
 Speech Director.....Brad Borison
 Student Council.....Melissa Nies
 Band Director.....Ryan Arp
 Vocal Director.....Rob Williams
 Orchestra Director.....Annie Savage

IOWA CITY, WEST

Street Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Mailing Address: 2901 Melrose Ave
 City: Iowa City
 Zip Code: 52246
 Supt. St Address: 1725 N Dodge St
 Supt. City: Iowa City
 Supt. Zip: 52245-9589
 County: Johnson
 Area Code: 319
 School Phone: 688-1055
 HS Fax: 688-1315
 AD Fax: 688-1315
 Web Site: <https://www.iowacityschools.org/Domain/327>
 School Colors: Forest Green & Vegas Gold
 Nickname: Trojans/Women of Troy
 Conference: Mississippi Valley
 Superintendent.....Stephen Murley
 Phone.....(319)688-1000
 Email.....murley.stephen@iowacityschools.org
 Asst/Assoc Supt.....Matt Degner
 Phone.....(319)688-1000
 Email.....degner.matt@iowacityschools.org
 Admin Asst.....Kim Colvin
 Phone.....(319)688-1000
 Email.....colvin.kim@iowacityschools.org
 Executive Coordinator.....Craig Hansel
 Phone.....(319)688-1000
 Email.....hansel.craig@iowacityschools.org
 Principal.....Dr. Gregg Shoultz
 Phone.....(319)688-1050
 Email.....shoultz.gregg@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Molly Abraham
 Phone.....(319)688-1050
 Email.....abraham.molly@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Luke DeVries
 Phone.....(319)688-1050 x5481
 Email.....devries.luke@iowacityschools.org
 Asst/Assoc/Vice-Principal.....Maria Martin
 Phone.....(319)688-1050
 Email.....martin.maria@iowacityschools.org

Athletic Administrator.....Craig Huegel
 Phone.....(319)688-1055 x5159
 Email.....huegel.craig@iowacityschools.org
 Athletic Secretary.....Brianna Dusterhoft
 Phone.....(319)688-1055
 Email.....dusterhoft.brianna@iowacityschools.org
 Sp. Med. Prov.....Sheila Stiles
 Tennis.....Mitch Gross
 Girls Tennis.....Amie Villarini
 Golf.....Don Bristow
 Girls Golf.....Mary Goodfellow
 Basketball.....Steve Bergman
 Girls Basketball.....B.J. Mayer
 Swimming.....Byron Butler
 Girls Swimming.....Byron Butler
 Baseball.....Charlie Stumpff
 Girls Softball.....Barb Lynn
 Wrestling.....Nate Moore
 Football.....Garrett Hartwig
 Girls Volleyball.....Scott Sanders
 Track & Field.....T.J. Craig
 Girls Track & Field.....Mike Parker
 Cross Country.....Josh Kidman
 Girls Cross Country.....Mike Parker
 Soccer.....Brad Stiles
 Girls Soccer.....David Rosenthal
 Bowling.....Mike Mellecker
 Girls Bowling.....Mike Mellecker
 Football Cheerleading.....Lisa Barnes
 Basketball Cheerleading.....Lisa Barnes
 Wrestling Cheerleading.....Lisa Barnes
 Speech Director.....John Cooper
 Student Council.....Travis Henderson
 Band Director.....Rob Medd
 Vocal Director.....David Haas
 Orchestra Director.....Jonathan Welch

IOWA FALLS-ALDEN

Street Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Mailing Address: 1903 N Taylor Ave
 City: Iowa Falls
 Zip Code: 50126
 Supt. St Address: 710 North St
 Supt. City: Iowa Falls
 Supt. Zip: 50126
 County: Hardin
 Area Code: 641
 School Phone: 648-6440
 HS Fax: 648-3222
 AD Fax: 648-3222
 Web Site: <http://www.ifacadets.net>
 School Colors: Black, Gold, & Red
 Nickname: Cadets
 Conference: North Central
 Superintendent.....Dr. John Robbins
 Phone.....(641)648-6400
 Email.....jrobbins@ifacadets.net
 Principal.....Tony Neumann
 Phone.....(641)648-6440
 Email.....tneumann@ifacadets.net
 Athletic Administrator.....Pat Norem
 Phone.....(641)648-6440
 Email.....pnorem@ifacadets.net
 Athletic Secretary.....Jennifer Dodd
 Phone.....(641)648-6440
 Email.....jdodd@ifacadets.net
 Tennis.....Jeff Burchfield
 Girls Tennis.....Ben Jass
 Golf.....Gregg Winters
 Girls Golf.....Dave Bonde
 Basketball.....Michael Collison
 Girls Basketball.....Brandon Uhlenberg
 Baseball.....Brendon McNulty
 Girls Softball.....Steve Bahr, Janet Tidman
 Wrestling.....Scott Patton
 Football.....Don Anderson
 Girls Volleyball.....Steve Barhite

Track & Field..... Dave Harms
Girls Track & Field..... Doug Dodd
Cross Country..... Mike Rottink
Girls Cross Country..... Paige Hageman
Soccer..... Greg Lascheid
Girls Soccer..... Jill Vierkandt
Football Cheerleading..... Katie Reed
Basketball Cheerleading..... Katie Reed
Band Director..... Jeff Schmitt
Vocal Director..... Karen Carstens

IOWA MENNONITE, KALONA

Street Address: 1421 540th St SW
City: Kalona
Zip Code: 52247
Mailing Address: 1421 540th St SW
City: Kalona
Zip Code: 52247
Supt. St Address: 1421 540th St SW
Supt. City: Kalona
Supt. Zip: 52247
County: Johnson
Area Code: 319
School Phone: 656-2073
HS Fax: 656-2073
AD Fax: 656-2073
Web Site: <http://www.iowamennonite.org>
School Colors: Maroon, White & Black
Nickname: IMS
Conference: SEI Superconference-North

Principal..... Dwight Gingerich
Phone..... (319)656-2073
Email..... dgingerich@iowamennonite.org
Athletic Administrator..... Dwight Gingerich
Phone..... (319)656-2073
Email..... dgingerich@iowamennonite.org
Athletic Secretary..... Pam Stoltzfus
Phone..... (319)656-2073
Email..... pstoltzfus@iowamennonite.org
Sp. Med. Prov..... Chuck Miller
Golf..... Steve Nelson
Girls Golf..... Steve Nelson
Basketball..... Dwight Gingerich
Girls Basketball..... Kari Heusinkveld
Baseball..... Danny Hershberger
Girls Softball..... Kathryn Ney
Girls Volleyball..... Shannon Miller
Track & Field..... Marty Gingerich
Girls Track & Field..... Marty Gingerich
Cross Country..... Marty Gingerich
Girls Cross Country..... Marty Gingerich
Soccer..... Marcus Miller
Student Council..... Lynn Yoder
Vocal Director..... Mike Wagner
Orchestra Director..... Mike Wagner

IOWA SCHOOL FOR THE DEAF

Street Address: 3501 Harry Langdon Blvd
City: Council Bluffs
Zip Code: 51503
Mailing Address: 3501 Harry Langdon Blvd
City: Council Bluffs
Zip Code: 51503
Supt. St Address: 3501 Harry Langdon Blvd
Supt. City: Council Bluffs
Supt. Zip: 51503
County: Pottawattamie
Area Code: 712
School Phone: 366-0571
HS Fax: 366-3218
AD Fax: 366-3236
Web Site: <http://www.iowaschoolforthe deaf.org/>
School Colors: Cardinal & Gold
Nickname: Bobcats
Superintendent..... Mr. Steve Gettel
Phone..... (712)366-3215
Email..... sgettel@iowaschoolforthe deaf.org
Asst/Assoc Supt..... John Cool
Phone..... (712)366-3215
Email..... jcool@iowaschoolforthe deaf.org

Principal..... Rebecca Gaw
Phone..... (712)366-3237
Email..... rgaw@iowaschoolforthe deaf.org
Asst/Assoc/Vice-Principal..... Bryce Hendricks
Phone..... (712)366-3237
Email..... bhendricks@iowaschoolforthe deaf.org
Athletic Administrator..... Nyle Smith
Phone..... (712)366-3247
Email..... nsmith@iowaschoolforthe deaf.org
Basketball..... Nyle Smith
Girls Basketball..... Dan Gradoville
Football..... Brent Welsch
Girls Volleyball..... Karen Lechner
Track & Field..... Brent Welsch
Girls Track & Field..... Brent Welsch
Football Cheerleading..... Megan Minatra
Basketball Cheerleading..... Megan Minatra
Student Council..... Jen Herzog

IOWA VALLEY, MARENGO

Street Address: 359 E Hilton St
City: Marengo
Zip Code: 52301
Mailing Address: 359 E Hilton St
City: Marengo
Zip Code: 52301
Supt. St Address: 359 E Hilton St
Supt. City: Marengo
Supt. Zip: 52301
County: Iowa
Area Code: 319
School Phone: 642-3332
HS Fax: 642-3023
AD Fax: 642-3023
Web Site: <http://www.iowa-valley.k12.ia.us>
School Colors: Black & Orange
Nickname: Tigers
Conference: SICL

Superintendent..... Ms. Donita Joens
Phone..... (319)642-7714
Email..... djoens@ivcsd.org
Admin Asst..... Shannon Rabe
Phone..... (319)642-3332 x221
Email..... srabe@ivcsd.org
Principal..... Janet Holst-Behrens
Phone..... (319)642-3332
Email..... jbehrens@ivcsd.org
Athletic Administrator..... Ray Cooling
Phone..... (319)642-3332
Email..... rcooling@ivcsd.org
Athletic Secretary..... Shannon Rabe
Phone..... (319)642-3332
Email..... srabe@ivcsd.org
Golf..... Martin Wieck
Girls Golf..... Martin Wieck
Basketball..... Ryne Christner
Girls Basketball..... Janet Holst-Behrens
Baseball..... John Bowlin
Girls Softball..... Kim Fillingworth
Wrestling..... Jeremy Kriegel
Football..... Cody Snitker
Girls Volleyball..... Greg Jergens
Track & Field..... Cody Snitker
Girls Track & Field..... Greg Jergens
Football Cheerleading..... Jalene Megchelsen
Speech Director..... Jackye Bowlin
Student Council..... Tiffany Thiessen
Band Director..... Heath Long
Vocal Director..... Neal Schwarting

ISAAC NEWTON CHRISTIAN ACADEMY

Street Address: 1635 Linmar Drive NE
City: Cedar Rapids
Zip Code: 52402
Mailing Address: 1635 Linmar Drive NE
City: Cedar Rapids
Zip Code: 52402
Supt. St Address: 1635 Linmar Drive NE
Supt. City: Cedar Rapids

Supt. Zip: 52402
County: Linn
Area Code: 319
School Phone: 362-9512
HS Fax: 362-5610
Web Site: <http://www.incaonline.org>
School Colors: Royal Blue/Red/White
Nickname: Patriots
Superintendent..... Dean Ridder
Phone..... (319)362-9512
Email..... dridder@incaonline.org
Admin Asst..... Tracy King
Phone..... (319)362-9512 x231
Email..... tking@incaonline.org
Athletic Administrator..... Amy Bautista
Phone..... (319)362-9512
Email..... abautista@incaonline.org
Golf..... Paul Jungblut
Girls Golf..... Paul Jungblut
Cross Country..... Amy Bautista
Girls Cross Country..... Daniel Walker
Bowling..... Amy Bautista
Girls Bowling..... Roger Taylor

JANESVILLE

Street Address: 505 Barrick Rd.
City: Janesville
Zip Code: 50647
Mailing Address: PO Box 478
City: Janesville
Zip Code: 50647
Supt. St Address: PO Box 478
Supt. City: Janesville
Supt. Zip: 50647
County: Bremer
Area Code: 319
School Phone: 987-2581
HS Fax: 987-2824
AD Fax: 987-2824
Web Site: <http://www.janesville.k12.ia.us>
School Colors: Black & Gold
Nickname: Wildcats
Conference: Iowa Star
Superintendent..... BJ Meaney
Phone..... (319)987-2581
Email..... bj.meaney@janesvilleschools.net
Principal..... BJ Meaney
Phone..... (319)987-2581
Email..... bj.meaney@janesvilleschools.net
Asst/Assoc/Vice-Principal..... Travis Temple
Phone..... (319)987-2581
Email..... travis.temple@janesvilleschools.net
Athletic Administrator..... Travis Temple
Phone..... (319)987-2581
Email..... travis.temple@janesvilleschools.net
Basketball..... Joseph McKenna
Girls Basketball..... Steve Chidester
Baseball..... Brenden Matthias
Girls Softball..... Shelly Sorensen
Football..... Dale Eastman
Girls Volleyball..... Shelly Sorensen
Track & Field..... Richard White
Girls Track & Field..... Molly Bolt
Cross Country..... Nolan Hovland
Girls Cross Country..... Nolan Hovland
Football Cheerleading..... Niki O'Meara
Basketball Cheerleading..... Niki O'Meara
Student Council..... Casey Giraud
Band Director..... Katie Limyao
Vocal Director..... Niki O'Meara

JESUP

Street Address: 531 Prospect St
City: Jesup
Zip Code: 50648
Mailing Address: PO Box 287
City: Jesup
Zip Code: 50648
Supt. St Address: 531 Prospect St

Supt. City: Jesup
 Supt. Zip: 50648
 County: Buchanan
 Area Code: 319
 School Phone: 827-1700
 HS Fax: 827-3905
 AD Fax: 827-3905
 Web Site: <http://www.jesup.k12.ia.us>
 School Colors: Royal Blue & Orange
 Nickname: J-Hawks
 Conference: North Iowa Cedar East
 Superintendent Nathan Marting
 Phone (319)827-1700 x1402
 Email nmarting@jesup.k12.ia.us
 Principal Paul Rea
 Phone (319)827-1700 x1302
 Email prea@jesup.k12.ia.us
 Asst/Assoc/Vice-Principal Lisa Loecher
 Phone (319)827-1700 xe
 Email lloecher@jesup.k12.ia.us
 Athletic Administrator Joe Smeins
 Phone (319)827-1700 x1207
 Email jsmeins@jesup.k12.ia.us
 Athletic Secretary Karma Schmit
 Phone (319)827-1700 x1203
 Email kschmit@jesup.k12.ia.us
 Sp. Med. Prov. Sydney Pirillo, LAT, PT
 (Summit Chiropractic)
 Golf Tom Klein
 Girls Golf Michelle Klein
 Basketball Joe Smeins
 Girls Basketball Tom Klein
 Baseball Bruce Wall
 Girls Softball Rod Elson
 Wrestling Scott Trueg
 Football Tim Sauer
 Girls Volleyball Gina Feldt
 Track & Field Jason Sullivan
 Girls Track & Field Lisa Loecher
 Cross Country Nick Green
 Girls Cross Country Nick Green
 Football Cheerleading Sarah Nolan
 Basketball Cheerleading Sarah Nolan
 Wrestling Cheerleading Sarah Nolan
 Speech Director Alex O'Connell
 Student Council Mollie Emerson
 Band Director Mollie Emerson
 Vocal Director Aaron Fitzgerald

JOHNSTON

Street Address: 6500 NW 100th St
 City: Johnston
 Zip Code: 50131
 Mailing Address: PO Box 10
 City: Johnston
 Zip Code: 50131
 Supt. St Address: PO Box 10
 Supt. City: Johnston
 Supt. Zip: 50131
 County: Polk
 Area Code: 515
 School Phone: 278-0449
 HS Fax: 276-5795
 AD Fax: 278-8183
 Web Site: <http://www.johnston.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Dragons
 Conference: CIML-Iowa
 Superintendent Laura Kacer
 Phone (515)278-0470
 Email laura.kacer@johnston.k12.ia.us
 Asst/Assoc Supt Dr. Bruce Amendt
 Phone (515)278-0470
 Email bamendt@johnston.k12.ia.us
 Executive Coordinator Joy Wiebers
 Phone (515)278-0470
 Email joy.wiebers@johnston.k12.ia.us
 Principal Ryan Woods
 Phone (515)278-0449
 Email ryan.woods@johnston.k12.ia.us

Asst/Assoc/Vice-Principal Randy Klein
 Phone (515)278-0449
 Email rklein@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal Jerry Stratton
 Phone (515)278-0449
 Email jstratton@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal Randy Sparks
 Phone (515)278-0449
 Email randy.sparks@johnston.k12.ia.us
 Asst/Assoc/Vice-Principal Shayne Coenen
 Phone (515)278-0449
 Email shayne.coenen@johnston.k12.ia.us
 Athletic Administrator Joe Nelson
 Phone (515)278-2407
 Email Joseph.nelson@johnston.k12.ia.us
 Co-AD/Assistant Josh Tobey
 Phone (515)278-0476
 Email josh.tobey@johnston.k12.ia.us
 Athletic Secretary Tamara Nelson
 Phone (515)278-2407
 Email tamra.nelson@johnston.k12.ia.us
 Sp. Med. Prov. Chris Wiedmann, PT (Unity Point)
 Tennis Leslie Shipp
 Girls Tennis Mitzi Hetherton
 Golf Steve Smith
 Girls Golf Steve Smith
 Basketball Bobby Sandquist
 Girls Basketball Chad Jilek
 Swimming Shari Walling
 Girls Swimming Darin Robertson
 Baseball Michael Barta
 Girls Softball Todd Meral
 Wrestling Aaron Tecklenburg
 Football Brian Woodley
 Girls Volleyball Rick Brooks
 Track & Field Pat Mattingly
 Girls Track & Field Chris Siewert
 Cross Country Matt Jaschen
 Girls Cross Country Pat Hennes
 Soccer Heath Weeks
 Girls Soccer Matty Smith
 Bowling Scott Taylor
 Girls Bowling Xan Taylor
 Football Cheerleading Kate Safris
 Basketball Cheerleading Kate Safris
 Speech Director Jeremy Fitzpatrick
 Student Council Kari Gray
 Band Director Jeff Robilliard
 Vocal Director Hannah Ryan

KEE, LANSING

Street Address: 569 Center St
 City: Lansing
 Zip Code: 52151
 Mailing Address: 569 Center St
 City: Lansing
 Zip Code: 52151
 Supt. St Address: 569 Center St
 Supt. City: Lansing
 Supt. Zip: 52151
 County: Allamakee
 Area Code: 563
 School Phone: 538-4201
 HS Fax: 538-4969
 AD Fax: 538-4969
 Web Site: <http://www.e-allamakee.k12.ia.us>
 School Colors: Purple, Gray, White
 Nickname: Kee Hawks
 Conference: Upper Iowa
 Superintendent Dale Crozier
 Phone (563)538-4201
 Email crozierdr@mflmarmac.k12.ia.us
 Principal Mary Hogan
 Phone (563)538-4201 x303
 Email mhogan@kee.k12.ia.us
 Asst/Assoc/Vice-Principal Chad Steckel
 Phone (563)544-4246
 Email csteckel@kee.k12.ia.us
 Athletic Administrator Danny Love

Phone (563)538-4201
 Email dlove@kee.k12.ia.us
 Basketball Pat Sullivan
 Girls Basketball Lisa Steckel
 Baseball Pat Heiderscheit
 Girls Softball Elizabeth Hill
 Football Chad Winters
 Girls Volleyball Julie Hawes
 Track & Field Pat Wagner
 Girls Track & Field Chad Winters
 Cross Country Pat Wagner
 Girls Cross Country Pat Wagner
 Speech Director Tammy Manning
 Student Council Tiffanie Peters
 Band Director Elizabeth Peregrine
 Vocal Director Felicity Eward

KEOKUK

Street Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Mailing Address: 2285 Middle Rd
 City: Keokuk
 Zip Code: 52632
 Supt. St Address: 1721 Fulton St
 Supt. City: Keokuk
 Supt. Zip: 52632
 County: Lee
 Area Code: 319
 School Phone: 524-2542
 HS Fax: 526-3847
 AD Fax: 524-1784
 Web Site: <http://keokukschools.org>
 School Colors: Purple & White
 Nickname: Chiefs
 Conference: Southeast
 Superintendent Christine Barnes
 Phone (319)524-1402 x1616
 Email christine.barnes@keokukschools.org
 Principal Adam Magliari
 Phone (319)524-2542 x1001
 Email adam.magliari@keokukschools.org
 Asst/Assoc/Vice-Principal Heather Davis
 Phone (319)524-2542 x1006
 Email heather.davis@keokukschools.org
 Athletic Administrator Zach Summers
 Phone (319)524-2542 x1009
 Email zach.summers@keokukschools.org
 Co-AD/Assistant Stephanie Vittoe
 Phone (319)524-2542
 Athletic Secretary Gina Dean
 Phone (319)524-2542 x1011
 Email gina.dean@keokukschools.org
 Sp. Med. Prov. Chris Lobberrecht
 Tennis Dan Logan
 Girls Tennis Gary de Gala
 Golf Kevin Bogert
 Basketball Zach Summers
 Girls Basketball Mike Davis
 Swimming Mercedes Hawkins
 Girls Swimming Mercedes Hawkins
 Baseball Scott Rose
 Girls Softball Merle Jones
 Wrestling Tommy Rose
 Football Quentin Hamner
 Girls Volleyball Randy Loges
 Track & Field Shaina Arnold
 Girls Track & Field Matt McGhghy
 Cross Country Shaina Arnold
 Girls Cross Country Shaina Arnold
 Soccer Brian Boltz
 Girls Soccer Meg McGhghy
 Bowling Ryan Moore
 Girls Bowling Ryan Moore
 Football Cheerleading Bethany Washburn
 Speech Director Dave Wendt
 Band Director Josh Hetzel
 Vocal Director Katie Sullivan
 Orchestra Director Josh Hetzel

KEOTA

Street Address: 505 N Ellis St
 City: Keota
 Zip Code: 52248
 Mailing Address: PO Box 88
 City: Keota
 Zip Code: 52248
 Supt. St Address: PO Box 88
 Supt. City: Keota
 Supt. Zip: 52248
 County: Keokuk
 Area Code: 641
 School Phone: 636-3491
 HS Fax: 636-2210
 AD Fax: 636-3009
 Web Site: <http://www.keota.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Eagles
 Conference: South Iowa Cedar League

Superintendent Jim Henrich
 Phone (641)636-2189
 Email jim.henrich@keota.k12.ia.us
 Admin Asst Gina Bennett
 Phone (641)636-2189
 Email gina.bennett@keota.k12.ia.us
 Principal Jim Henrich
 Phone (641)636-3491
 Email jim.henrich@keota.k12.ia.us
 Asst/Assoc/Vice-Principal Alex Klopfenstein
 Phone (641)636-2323
 Email alex.klopfenstein@keota.k12.ia.us
 Athletic Administrator Rod Hill
 Phone (641)636-2323
 Email rod.hill@keota.k12.ia.us
 Co-AD/Assistant Dan Stout
 Phone (641)636-2323
 Email dan.stout@keota.k12.ia.us
 Athletic Secretary Gina Bennett
 Phone (641)636-3491
 Email gina.bennett@keota.k12.ia.us
 Golf Rod Hill
 Girls Golf Rod Hill
 Basketball Dan Stout
 Girls Basketball Jeff Sprouse
 Baseball Tanner McClenahan
 Girls Volleyball Teresa Miller
 Track & Field Larry Lyle
 Girls Track & Field Dan Stout
 Cross Country Tanner McClenahan
 Girls Cross Country Tanner McClenahan
 Basketball Cheerleading Jennifer McClenahan
 Speech Director Gina Bennett, Michael McNurlen
 Student Council Jim Henrich
 Band Director Jane Edwards
 Vocal Director Jane Edwards

KINGSLEY-PIERSON

Street Address: 322 Quest Ave
 City: Kingsley
 Zip Code: 51028
 Mailing Address: PO Box 520
 City: Kingsley
 Zip Code: 51028
 Supt. St Address: PO Box 520
 Supt. City: Kingsley
 Supt. Zip: 51028
 County: Plymouth
 Area Code: 712
 School Phone: 378-2861
 HS Fax: 378-3729
 AD Fax: 378-3729
 Web Site: <http://www.k-pcsd.org>
 School Colors: Black & Gold
 Nickname: Panthers
 Conference: Western Valley

Superintendent Scott Bailey
 Phone (712)378-2861
 Email sbailey@k-pcsd.org

Admin Asst Randi Anstine
 Phone (712)378-2861
 Email ranstine@k-pcsd.org
 Principal Scott Bailey
 Phone (712)378-2861
 Email sbailey@k-pcsd.org
 Asst/Assoc/Vice-Principal Rob Wiese
 Phone (712)378-2861
 Email robwiese@k-pcsd.org
 Asst/Assoc/Vice-Principal Dean Harpenau
 Phone (712)378-2861
 Email deanharpenu@k-pcsd.org
 Athletic Administrator Nicole Goodwin
 Phone (712)378-2861
 Email ngoodwin@k-pcsd.org
 Athletic Secretary Jody Reinking
 Phone (712)378-2861
 Email jreinking@k-pcsd.org
 Sp. Med. Prov. Miles Kleinhesselink/Nicole Goodwin, LAT
 (CNOS)
 Golf Tim Dirksen
 Girls Golf Val Sitzmann
 Basketball Jarrod Schott
 Girls Basketball Nicole Goodwin
 Baseball Taylor Doeschot
 Girls Softball TBA
 Wrestling TBA
 Football Bart Boustead
 Girls Volleyball Torey Hill
 Track & Field Geoff Olson, Curt Lilly
 Girls Track & Field Randy Wiese, Dan Borman
 Cross Country Dean Harpenau
 Football Cheerleading Shelly Schaeuble
 Basketball Cheerleading Shelly Schaeuble
 Wrestling Cheerleading Christal Reis
 Speech Director Erin Hoffman
 Student Council Randi Anstine, Jody Reinking
 Band Director Seth Snakenberg
 Vocal Director Maggie Mauch

KNOXVILLE

Street Address: 1811 W Madison St
 City: Knoxville
 Zip Code: 50138
 Mailing Address: 1811 W Madison St
 City: Knoxville
 Zip Code: 50138
 Supt. St Address: 309 W Main St
 Supt. City: Knoxville
 Supt. Zip: 50138
 County: Marion
 Area Code: 641
 School Phone: 842-2173
 HS Fax: 842-2066
 AD Fax: 842-2066
 Web Site: <http://www.knoxville.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Panthers
 Conference: South Central

Superintendent Cassi Pearson
 Phone (641)842-6552
 Email cassi.pearson@kcsd.k12.ia.us
 Principal Tracy Wilkins
 Phone (641)842-2173
 Email tracy.wilkins@kcsd.k12.ia.us
 Asst/Assoc/Vice-Principal Brett Sandy
 Phone (641)842-3714
 Email brett.sandy@kcsd.k12.ia.us
 Athletic Administrator Ryan Paulsen
 Phone (641)842-3717
 Email ryan.paulsen@kcsd.k12.ia.us
 Co-AD/Assistant Trenton Keefer
 Phone (641)842-3315
 Email trenton.keefe@kcsd.k12.ia.us
 Athletic Secretary Stacy Pearson
 Phone (641)842-2173
 Email stacy.pearson@kcsd.k12.ia.us
 Sp. Med. Prov. Brooke Shelquist (Century 21 Rehab)
 Tennis Greg Higginbotham

Girls Tennis Nick DeMoss
 Golf Brian Barkey
 Girls Golf Barry Smith
 Basketball Jeff Larson
 Girls Basketball Jim Uitermarkt
 Baseball Matt Miller
 Girls Softball Coy Hupfeld
 Wrestling Doug Hatch
 Football Eric Kellar
 Girls Volleyball Mollie Keitges
 Track & Field Eric Kellar
 Girls Track & Field Brad McWilliams
 Cross Country Michael Splavec
 Girls Cross Country Michael Splavec
 Soccer Dylan Mick
 Girls Soccer Matt Richhart
 Bowling Shaun Renard
 Girls Bowling Shaun Renard
 Football Cheerleading Natasha Boosalis
 Basketball Cheerleading Natasha Boosalis
 Wrestling Cheerleading Natasha Boosalis
 Speech Director Dan DeVore
 Student Council Sean Gibbons
 Band Director Ben McCartney
 Vocal Director Jackie Duffy

KUEMPER CATHOLIC, CARROLL

Street Address: 109 South Clark Street
 City: Carroll
 Zip Code: 51401
 Mailing Address: 109 South Clark Street
 City: Carroll
 Zip Code: 51401
 Supt. St Address: 1821 Jackson, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Carroll
 Area Code: 712
 School Phone: 792-3596
 HS Fax: 792-8070
 AD Fax: 792-8070
 Web Site: <http://www.kuemper.org>
 School Colors: Red & Gold
 Nickname: Knights
 Conference: Hawkeye 10

Superintendent Patty Lanskink
 Phone (712)233-7527
 Email plansink@stroseoffimaschools.org
 Admin Asst Joanie Buelt
 Phone (712)792-3313 x232
 Email jmbuelt@kuemper.org
 Executive Coordinator President: John Steffes
 Phone (712)792-3313 x253
 Email jjsteffes@kuemper.org
 Principal Pete Haefs
 Phone (712)792-3596 x128
 Email pjhaefs@kuemper.org
 Athletic Administrator Ryan Isgrig
 Phone (712)792-3596 x109
 Email rjsgrig@kuemper.org
 Co-AD/Assistant Denis Bormann
 Phone (712)792-3596 x164
 Email djbormann@kuemper.org
 Athletic Secretary Katie Riesberg
 Phone (712)792-3596 x108
 Email kjriesberg@kuemper.org
 Tennis Matt Greteman
 Girls Tennis Jason Schwarte
 Golf Brian Billmeier
 Girls Golf Deb Gute
 Basketball Sean Minnehan
 Girls Basketball Kevin Potthoff
 Baseball Randy Snyder
 Girls Softball Erin Bohlmann
 Wrestling Tanner Warrington
 Football Chad Klein
 Girls Volleyball Keith Stickrod
 Track & Field Ryan Steinkamp
 Girls Track & Field Chad Klein

Cross Country..... Mark Kloser
Girls Cross Country Mark Kloser
Soccer Ryan Isgrig
Girls Soccer Ken Massey
Football Cheerleading Danielle Sitzman
Basketball Cheerleading..... Danielle Sitzman
Wrestling Cheerleading..... Ann Schmitz
Speech Director Deb Gute
Student Council Bailey Hackathorn, Nicole Martin
Band Director Kate Tomaszewicz
Vocal Director Jeff Wicker

LAKE MILLS

Street Address: 102 S 4th Ave E
City: Lake Mills
Zip Code: 50450
Mailing Address: 102 S 4th Ave E
City: Lake Mills
Zip Code: 50450
Supt. St Address: 102 S 4th Ave E
Supt. City: Lake Mills
Supt. Zip: 50450
County: Winnebago
Area Code: 641
School Phone: 592-0893
HS Fax: 592-0883
AD Fax: 592-0883
Web Site: <http://www.lake-mills.org>
School Colors: Purple & Gold
Nickname: Bulldogs
Conference: Top of Iowa (West)
Superintendent Chad Kohagen
Phone (641)592-0881 x2203
Email ckohagen@lake-mills.org
Principal James Scholbrock
Phone (641)592-0893
Email jscholbrock@lake-mills.org
Athletic Administrator Jim Boehmer
Phone (641)592-7011
Email jboehmer@lake-mills.org
Athletic Secretary Angie Stensrud
Phone (641)592-0881 x2288
Email astensrud@lake-mills.org
Sp. Med. Prov. Brian Budach, PT
(Lake Mills Physical Therapy)
Golf Lyle Thomson
Girls Golf..... TBA
Basketball Kyle Menke
Girls Basketball..... Garrett Patterson
Baseball..... Chris Throne
Girls Softball Matt Daniels
Wrestling..... Alex Brandenburg
Football..... Bill Byrnes
Girls Volleyball..... Jim Boehmer
Track & Field..... Dan Rice
Girls Track & Field..... Skyler Ahrens
Cross Country..... Whitney Spies
Girls Cross Country Whitney Spies
Football Cheerleading Rebecca Roethler
Basketball Cheerleading..... Samantha Patterson
Wrestling Cheerleading..... TBA
Speech Director Kaylene Erdahl
Student Council Brook Christianson
Band Director..... Nate Sletten
Vocal Director Linda Saxton

LAMONI

Street Address: 202 N Walnut St
City: Lamoni
Zip Code: 50140
Mailing Address: 202 N Walnut St
City: Lamoni
Zip Code: 50140
Supt. St Address: 202 N Walnut St
Supt. City: Lamoni
Supt. Zip: 50140
County: Decatur
Area Code: 641
School Phone: 784-3351

HS Fax: 784-6548
AD Fax: 784-6548
Web Site: <http://www.lamonischools.org>
School Colors: Black & Red
Nickname: Demons
Conference: Bluegrass
Superintendent Chris Coffelt
Phone (641)784-3342
Email ccoffelt@lamonischools.org
Principal Alan Dykens
Phone (641)784-3351 x443
Email adykens@lamonischools.org
Athletic Administrator Ted Smith
Phone (641)784-3351 x118
Email tsmith@lamonischools.org
Golf Jon Hampton
Girls Golf..... Jon Hampton
Basketball Ryan Olson
Girls Basketball..... Kevin Brunner
Baseball..... Al Dykens
Girls Softball Brian Fonseca
Football..... Bryan Nowlin
Girls Volleyball..... Laura Jeanes
Track & Field..... Ryan Olson
Girls Track & Field Mark Patience
Bowling Shawn Davis
Girls Bowling..... Shawn Davis
Football Cheerleading Yolanda Taylor
Basketball Cheerleading..... Yolanda Taylor
Student Council Judi Daily
Band Director Lucas Trainer
Vocal Director Lucas Trainer
Orchestra Director Kerry Cox

LAWTON-BRONSON

Street Address: 100 Tara Way
City: Lawton
Zip Code: 51030
Mailing Address: 100 Tara Way
City: Lawton
Zip Code: 51030
Supt. St Address: 100 Tara Way
Supt. City: Lawton
Supt. Zip: 51030
County: Woodbury
Area Code: 712
School Phone: 944-5181
HS Fax: 944-5568
AD Fax: 944-5568
Web Site: <http://www.lb-eagles.org>
School Colors: Black & Gold
Nickname: Eagles
Conference: Western Valley
Superintendent Randy Collins
Phone (712)944-5183
Email collinsr@lb-eagles.org
Principal Brandi Jessen
Phone (712)944-5181
Email jessenb@lb-eagles.org
Athletic Administrator Jamey Lloyd
Phone (712)944-5181
Email lloydj@lb-eagles.org
Athletic Secretary Jennifer Braunschweig
Phone (712)944-5181
Email braunschweig@lb-eagles.org
Sp. Med. Prov. CNOS
Golf Jason Carlson
Girls Golf..... Mike Meyer
Basketball Adam Benson
Girls Basketball..... Joe Loutsch
Baseball..... Ryan Denney
Wrestling..... Matt Thoma
Football..... Jamey Lloyd
Girls Volleyball..... Jeremiah Pottebaum
Track & Field..... Jesse Pedersen
Girls Track & Field Geoff Olson
Cross Country..... Jason Carlson
Girls Cross Country Jason Carlson
Football Cheerleading Carrie Rice
Basketball Cheerleading..... Carrie Rice

Wrestling Cheerleading Randi Koehler
Speech Director Beth Bellinghausen
Student Council Jeff Firsching
Band Director..... Mike Meyer
Vocal Director Emily Jensen

LEMARS

Street Address: 921 Third Ave SW
City: LeMars
Zip Code: 51031
Mailing Address: 921 Third Ave SW
City: Le Mars
Zip Code: 51031
Supt. St Address: 921 3rd Ave SW
Supt. City: LeMars
Supt. Zip: 51031
County: Plymouth
Area Code: 712
School Phone: 546-4153
HS Fax: 546-9581
AD Fax: 546-7024
Web Site: <http://www.lemarscsd.org>
School Colors: Red & Black
Nickname: Bulldogs
Conference: Lakes
Superintendent Dr. Steve Webner
Phone (712)546-4155
Email Steve.Webner@lemarscsd.org
Asst/Assoc Supt Rachel Leavitt
Phone (712)546-4155
Email rachel.leavitt@lemarscsd.org
Admin Asst..... Lisa Eisma
Phone (712)546-4155
Email lisa.eisma@lemarscsd.org
Principal Dr. Mark Iverson
Phone (712)546-4153
Email mark.iverson@lemarscsd.org
Asst/Assoc/Vice-Principal Neal Utesch
Phone (712)546-4153
Email neal.utesch@lemarscsd.org
Athletic Administrator Karlon Hector
Phone (712)546-7022
Email karlon.hector@lemarscsd.org
Co-AD/Assistant Troy Caswell
Phone (712)546-7022
Email troy.caswell@lemarscsd.org
Athletic Secretary Amy Schmidt
Phone (712)546-7028
Email Amy.Schmidt@lemarscsd.org
Sp. Med. Prov. Tony Peyton
Tennis Bill Dalton
Girls Tennis..... Tiffany Wright
Golf Steve Wick
Girls Golf..... Dave Irwin
Basketball Dave Irwin
Girls Basketball..... Judd Kopperud
Baseball..... Trent Eckstaine
Girls Softball Rachel Harris
Wrestling..... Shane Hennesius
Football..... Gabe Tardive
Girls Volleyball Susan Irwin
Track & Field..... Al Engebretson
Girls Track & Field Tamara Dunn
Cross Country..... Al Engebretson
Girls Cross Country Adam Moss
Bowling Kellie Bork
Girls Bowling..... Gail Swanberg
Football Cheerleading..... Sherrie Moritz
Basketball Cheerleading..... Stephanie Buhman
Wrestling Cheerleading TBD
Speech Director..... Shawn Starr, Erin Ohrlund
Student Council Nancy Isebrand, Neal Utesch
Band Director..... Curt Ohrlund
Vocal Director Randy Ewing
Orchestra Director Ted Hallberg

LENOX

Street Address: 600 S Locust St
City: Lenox
Zip Code: 50851

Mailing Address: 600 S Locust St
 City: Lenox
 Zip Code: 50851
 Supt. St Address: 600 S Locust St
 Supt. City: Lenox
 Supt. Zip: 50851
 County: Taylor
 Area Code: 641
 School Phone: 333-2244
 HS Fax: 333-2247
 AD Fax: 333-2247
 Web Site: <http://www.lenoxschools.org>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: Pride of Iowa
 Superintendent David Henrichs
 Phone (641)333-2244
 Email dhenrichs@lenoxschools.org
 Principal Mike Still
 Phone (641)333-2244
 Email mstill@lenoxschools.org
 Asst/Assoc/Vice-Principal Danielle Woods
 Phone (641)333-2244
 Email dwoods@lenoxschools.org
 Athletic Administrator Mike Still
 Phone (641)333-2244
 Email mstill@lenoxschools.org
 Co-AD/Assistant Mandy Stoaks
 Phone (641)333-2244
 Email mstoaks@lenoxschools.org
 Golf Tiffany Green
 Girls Golf Liz Jessen
 Girls Basketball Jesse Cox
 Baseball Trevor Luther
 Girls Softball Mandy Stoaks
 Wrestling Lynn Christensen
 Football Michael Nardini & Cole Bonde
 Girls Volleyball Jesse Cox
 Track & Field Tyler Peterson
 Girls Track & Field Mandy Stoaks
 Cross Country Tom Smith
 Girls Cross Country Tom Smith
 Bowling Cayla Bonde
 Girls Bowling Cayla Bonde
 Football Cheerleading Jenn Miller
 Basketball Cheerleading Jennifer Miller
 Wrestling Cheerleading Tiffany Green
 Speech Director Lisa Mongar
 Student Council Amanda Powell
 Band Director Tim McConaughy
 Vocal Director Sherri Boschee

LEWIS CENTRAL

Street Address: 3504 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 3504 Harry Langdon Blvd
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 4121 Harry Landgon Blvd
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 366-8245
 HS Fax: 366-8340
 AD Fax: 366-8340
 Web Site: <http://www.lewiscentral.org/>
 School Colors: Navy & White
 Nickname: Titans
 Conference: Hawkeye Ten
 Superintendent Dr. Mark Schweer
 Phone (712)366-8248
 Email mschweer@lewiscentral.org
 Asst/Assoc Supt Dave Black
 Phone (712)366-8203
 Email dblack@lewiscentral.org
 Principal Dr. Joel Beyenhof
 Phone (712)366-8322
 Email jbeyenhof@lewiscentral.org

Asst/Assoc/Vice-Principal Joe Vinchattle
 Phone (712)366-8219
 Email jvinchattle@lewiscentral.org
 Asst/Assoc/Vice-Principal Jim Haver
 Phone (712)366-8392
 Email jhaver@lewiscentral.org
 Athletic Administrator Mike Hale
 Phone (712)366-8212
 Email mhale@lewiscentral.org
 Athletic Secretary Cindy Brockman
 Phone (712)366-8245
 Email cindyb@lewiscentral.org
 Sp. Med. Prov Dave Byrne
 Tennis Chris Hanafan
 Girls Tennis Clay Cunningham
 Golf Lowell Kennedy
 Girls Golf Steve Koester
 Basketball Dan Miller
 Girls Basketball Derek Archer
 Swimming Bruce Schomburg
 Girls Swimming Bruce Schomburg
 Baseball Lee Toole
 Girls Softball Don Wittstruck
 Wrestling Doug Kjeldgaard
 Football Jim Duggan
 Girls Volleyball Mike Bond
 Track & Field Matt Argotsinger
 Girls Track & Field Ron Frascht
 Cross Country Taylor May
 Girls Cross Country Taylor May
 Soccer James Driver
 Girls Soccer Chris Von Mende
 Bowling Paul Renshaw
 Girls Bowling Paul Renshaw
 Football Cheerleading Liz Hytrek
 Basketball Cheerleading Liz Hytrek
 Wrestling Cheerleading Liz Hytrek
 Speech Director Laurie Nielsen
 Student Council Maddie Sieck
 Band Director Dan Tucker
 Vocal Director Eric Wyler

LINN-MAR, MARION

Street Address: 3111 N 10th St
 City: Marion
 Zip Code: 52302
 Mailing Address: 3111 N 10th St
 City: Marion
 Zip Code: 52302
 Supt. St Address: 2999 N 10th St
 Supt. City: Marion
 Supt. Zip: 52302
 County: Linn
 Area Code: 319
 School Phone: 447-3040
 HS Fax: 447-3498
 AD Fax: 730-1622
 Web Site: <http://www.linnmar.k12.ia.us>
 School Colors: Red & Black
 Nickname: Lions
 Conference: Mississippi Valley
 Superintendent Shannon Bisgard
 Phone (319)447-3001
 Email sbisgard@linnmar.k12.ia.us
 Asst/Assoc Supt Nathan Wear
 Phone (319)447-3028
 Email nathan.wear@linnmar.k12.ia.us
 Admin Asst Gayla Burgess
 Phone (319)447-3002
 Email gburgess@linnmar.k12.ia.us
 Principal Dr. Jeff Gustason
 Phone (319)447-3041
 Email jgustason@linnmar.k12.ia.us
 Asst/Assoc/Vice-Principal Kim Buelt
 Phone (319)447-3044
 Email kbuelt@linnmar.k12.ia.us
 Asst/Assoc/Vice-Principal Steve Goodall
 Phone (319)730-3622
 Email steven.goodall@linnmar.k12.ia.us

Asst/Assoc/Vice-Principal Joe Nietert
 Phone (319)447-3042
 Email jnietert@linnmar.k12.ia.us
 Athletic Administrator David Brown
 Phone (319)447-3061
 Email dbrown@linnmar.k12.ia.us
 Co-AD/Assistant Tonya Moe
 Phone (319)447-3086
 Email tmoe@linnmar.k12.ia.us
 Athletic Secretary Melaine Kelley
 Phone (319)447-3060
 Email melaine.kelley@linnmar.k12.ia.us
 Sp. Med. Prov Vince Klopfenstein
 Tennis Chris Wudram
 Girls Tennis Stacie Carpenter
 Golf Chris James
 Girls Golf Chris James
 Basketball Chris Robertson
 Girls Basketball Nate Sanderson
 Swimming Tom Belin
 Girls Swimming Bobby Kelley
 Baseball Kyle Rodenkirk
 Girls Softball TBA
 Wrestling Doug Streicher
 Football Paul James
 Girls Volleyball Teresa Bair
 Track & Field Kyle Hoffman
 Girls Track & Field Nathan Hopp
 Cross Country Kyle Hoffman
 Girls Cross Country Todd Goodell
 Soccer Corey Brinkmeyer
 Girls Soccer Marco de Leon
 Bowling Christy Sevensing
 Girls Bowling Jeremy Moser
 Football Cheerleading Erin Taylor
 Basketball Cheerleading Becky Youngkent
 Wrestling Cheerleading Erin Taylor
 Speech Director Ann Fry
 Student Council Honey Sue Heater
 Band Director Dan Terrell, Aaron Nuss, Jen Tiede
 Vocal Director Trent Buglewicz, Jaclyn Ohnemus, Sarah Anderson
 Orchestra Director Josh Reznicow, Thad Sentman

LISBON

Street Address: 235 W School St
 City: Lisbon
 Zip Code: 52253
 Mailing Address: PO Box 839
 City: Lisbon
 Zip Code: 52253
 Supt. St Address: PO Box 839
 Supt. City: Lisbon
 Supt. Zip: 52253
 County: Linn
 Area Code: 319
 School Phone: 455-2106
 HS Fax: 455-3208
 AD Fax: 455-3208
 Web Site: <http://www.lisbon.k12.ia.us>
 School Colors: Red & Black
 Nickname: Lions
 Conference: Tri Rivers
 Superintendent Pat Hocking
 Phone (319)455-2075 x106
 Email phocking@lisbon.k12.ia.us
 Principal Aaron Becker
 Phone (319)455-3500 x108
 Email abecker@lisbon.k12.ia.us
 Asst/Assoc/Vice-Principal Eric Ries
 Phone (319)455-3500 x233
 Email eries@lisbon.k12.ia.us
 Asst/Assoc/Vice-Principal Roger Teeling (Elementary)
 Phone (319)455-3500 x125
 Email rteeling@lisbon.k12.ia.us
 Athletic Administrator Eric Ries
 Phone (319)455-3500 x233
 Email eries@lisbon.k12.ia.us
 Athletic Secretary Cathy Whitman
 Phone (319)455-3500 x107
 Email cwhitman@lisbon.k12.ia.us

Sp. Med. Prov.Mike Reiling
 Golf Andrew Kahl
 Girls Golf..... Lance Kamaus
 Basketball.....Richie Logsdon
 Girls Basketball.....Diamond Boyd
 Baseball.....TBA
 Girls Softball.....Bob Bunting
 Wrestling.....Brad Smith
 Football.....Phil Whitman
 Girls Volleyball.....Lance Kamaus
 Track & Field.....Casey Baxa
 Girls Track & Field.....Keri Speidel
 Football Cheerleading.....Michelle McCoy
 Wrestling Cheerleading.....Michelle McCoy
 Speech Director.....Marilyn Pleasant, J'ne Reade
 Student Council.....Ellen Johanns
 Band Director.....Jimmy Higginbotham
 Vocal Director.....Julie Stulken

LOGAN-MAGNOLIA

Street Address: 1200 N 2nd Ave
 City: Logan
 Zip Code: 51546
 Mailing Address: 1200 N 2nd Ave
 City: Logan
 Zip Code: 51546
 Supt. St Address: 1200 N 2nd Ave
 Supt. City: Logan
 Supt. Zip: 51546
 County: Harrison
 Area Code: 712
 School Phone: 644-2250
 HS Fax: 644-2934
 AD Fax: 644-2934
 Web Site: <http://www.lomaschools.org>
 School Colors: Purple & Gold
 Nickname: Panthers
 Conference: Western Iowa Conference

Superintendent.....Tom Ridder
 Phone.....(712)644-2250
 Email.....tridder@lomaschools.org
 Principal.....Christi Gochenour
 Phone.....(712)644-2250
 Email.....cgochenour@lomaschools.org
 Athletic Administrator.....Matt Straight
 Phone.....(712)644-2250
 Email.....mattstraight@lomaschools.org
 Co-AD/Assistant.....Derek Sonderland
 Phone.....(712)644-2250
 Email.....dsonderland@lomaschools.org
 Golf.....Dan Thompson
 Girls Golf.....Dan Thompson
 Basketball.....Stephen Froehlich
 Girls Basketball.....Derek Sonderland
 Baseball.....Kurtis Hinkel
 Girls Softball.....Trent Kuhl
 Wrestling.....Dan Thompson
 Football.....Matt Straight
 Girls Volleyball.....Faith Bruck
 Track & Field.....Joe Cooper
 Girls Track & Field.....Gene Esser
 Cross Country.....Kelli Gaukel
 Girls Cross Country.....Kelli Gaukel
 Soccer.....Trent Lally
 Girls Soccer.....Daniel Robbins
 Football Cheerleading.....Teresa Czarniecki
 Basketball Cheerleading.....TyRel Dennis
 Wrestling Cheerleading.....Kim Kuhl
 Speech Director.....Jean Nelson
 Student Council.....Colette Dubas
 Band Director.....Alex Albertson
 Vocal Director.....Jo Schmitz

LONE TREE

Street Address: 303 S Devove St
 City: Lone Tree
 Zip Code: 52755
 Mailing Address: PO Box 520
 City: Lone Tree

Zip Code: 52755
 Supt. St Address: PO Box 520
 Supt. City: Lone Tree
 Supt. Zip: 52755
 County: Johnson
 Area Code: 319
 School Phone: 629-4610
 HS Fax: 629-4324
 Web Site: <http://www.lone-tree.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Lions
 Conference: SEI Superconference-North
 Superintendent.....Ken Crawford
 Phone.....(319)629-4212
 Email.....kcrawford@lone-tree.k12.ia.us
 Principal.....Regan Stone
 Phone.....(319)629-4610
 Email.....rstone@lone-tree.k12.ia.us
 Asst/Assoc/Vice-Principal.....Amber Jacque
 Phone.....(319)629-4213
 Email.....ajacque@lone-tree.k12.ia.us
 Athletic Administrator.....Tom Squiers
 Phone.....(319)629-4535
 Email.....tsquiers@lone-tree.k12.ia.us
 Sp. Med. Prov.....Performance Therapies
 Golf.....Jeremy Clausen
 Girls Golf.....Jeremy Clausen
 Basketball.....Tom Squiers
 Girls Basketball.....Jonathon Harshman
 Baseball.....Mike Close
 Football.....Aaron Bohr
 Girls Volleyball.....Lora Sieverding
 Girls Track & Field.....Jessica Brimeyer
 Cross Country.....Caylon DeVaul
 Girls Cross Country.....Caylon DeVaul
 Football Cheerleading.....Sue Squiers
 Basketball Cheerleading.....Sue Squiers
 Speech Director.....Tanya McCarty
 Band Director.....Hannah Brezina
 Vocal Director.....Brooke Smith

LOUISA-MUSCATINE

Street Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Mailing Address: 14354 170th St
 City: Letts
 Zip Code: 52754
 Supt. St Address: 14478 170th Street
 Supt. City: Letts
 Supt. Zip: 52754
 County: Louisa
 Area Code: 319
 School Phone: 726-3421
 HS Fax: 726-3649
 AD Fax: 726-3334
 Web Site: <http://www.lmcsd.org>
 School Colors: Black & Gold
 Nickname: Falcons
 Conference: SEI Superconference-North

Superintendent.....Mike VanSickle
 Phone.....(319)726-3541 x350
 Email.....mvansickle@lmcsd.org
 Admin Asst.....Emily MacEachern
 Phone.....(319)726-3541 x356
 Email.....emaceachern@lmcsd.org
 Principal.....Chris Parkhurst
 Phone.....(319)726-3421 x170
 Email.....cparkhurst@lmcsd.org
 Athletic Administrator.....Tom Wilson
 Phone.....(319)726-3541 x174
 Email.....twilson@lmcsd.org
 Athletic Secretary.....Emily MacEachern
 Phone.....(319)726-3541 x356
 Email.....emaceachern@lmcsd.org
 Sp. Med. Prov.....Sarah Schoon, LAT, ATC
 (Muscatine Physical Therapy Services P.C.)
 Golf.....Brennan Gerst
 Girls Golf.....Brennan Gerst

Girls Basketball.....Mark Wehrle
 Baseball.....Casey Cantrell
 Girls Softball.....Bryan Butler
 Wrestling.....Tom Mashek
 Football.....Eric Gabe
 Girls Volleyball.....Andrea Martinez
 Track & Field.....Caleb Hainey
 Girls Track & Field.....Mark Wehrle
 Cross Country.....Calvin Simmons
 Girls Cross Country.....Calvin Simmons
 Bowling.....Alan Jordan
 Girls Bowling.....Alan Jordan
 Football Cheerleading.....Pam Stewart
 Basketball Cheerleading.....Pam Stewart
 Wrestling Cheerleading.....Pam Stewart
 Student Council.....Baillie Bonnichsen, Michael Dickinson
 Band Director.....Mike Will
 Vocal Director.....Lee Wolf

LYNNVILLE-SULLY

Street Address: 12476 Hwy F62 E
 City: Sully
 Zip Code: 50251
 Mailing Address: PO Box 210
 City: Sully
 Zip Code: 50251
 Supt. St Address: PO Box 210
 Supt. City: Sully
 Supt. Zip: 50251
 County: Jasper
 Area Code: 641
 School Phone: 594-4445
 HS Fax: 594-2770
 AD Fax: 594-2770
 Web Site: <http://www.lshawks.org>
 School Colors: Columbia Blue & Gold
 Nickname: Hawks
 Conference: SICL

Superintendent.....Shane Ehresman
 Phone.....(641)594-4445 x103
 Email.....ehresman@lshawks.com
 Principal.....Shane Wheeler
 Phone.....(641)594-4445 x102
 Email.....wheeler@lshawks.com
 Athletic Administrator.....Bob Scandridge
 Phone.....(641)594-4445 x137
 Email.....scandridge@lshawks.com
 Sp. Med. Prov.....Jordan Vos
 Golf.....TBA
 Basketball.....Nick Harthoorn
 Girls Basketball.....Jerry Hulsing
 Baseball.....Scott Alberts
 Girls Softball.....Stacey Alberts
 Wrestling.....Jason Walston
 Football.....Mike Parkinson
 Girls Volleyball.....Jayme Deal
 Track & Field.....Mike Parkinson
 Girls Track & Field.....Darin Arkema
 Cross Country.....Darin Arkema
 Girls Cross Country.....Darin Arkema
 Football Cheerleading.....Janelle Maasdam
 Basketball Cheerleading.....Janelle Maasdam
 Wrestling Cheerleading.....Lynn Dunsbergen
 Speech Director.....TBA
 Student Council.....Joel Vos
 Band Director.....Victoria Hillabolt
 Vocal Director.....Francesca Richter

MADRID

Street Address: 599 N Kennedy Ave
 City: Madrid
 Zip Code: 50156
 Mailing Address: 201 N Main
 City: Madrid
 Zip Code: 50156
 Supt. St Address: 201 N Main
 Supt. City: Madrid
 Supt. Zip: 50156
 County: Boone

Area Code: 515
 School Phone: 795-3240
 HS Fax: 795-4408
 AD Fax: 795-4408
 Web Site: <http://madrid.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: West Central Activites Conf.

Superintendent Brian Horn
 Phone (515)795-3241
 Email bhorn@madrid.k12.ia.us

Principal Kelly Williamson
 Phone (515)795-3240
 Email kwilliamson@madrid.k12.ia.us

Asst/Assoc/Vice-Principal Justin Johnson
 Phone (515)795-3240
 Email jjohnson@madrid.k12.ia.us

Athletic Administrator Justin Johnson
 Phone (515)795-3240
 Email jjohnson@madrid.k12.ia.us

Athletic Secretary Marty Knox
 Phone (515)795-3240
 Email mknnox@madrid.k12.ia.us

Golf Kyle Stribe
 Girls Golf Kyle Stribe
 Basketball Kyle Stribe
 Girls Basketball Jim Mertz
 Baseball James Janovick
 Girls Softball Mike Mathews
 Football Steve Perkins
 Girls Volleyball Garry DeWall
 Track & Field Steve Perkins
 Girls Track & Field Andrew Lowe
 Cross Country Kelley Grothus
 Girls Cross Country Kelley Grothus
 Football Cheerleading Chelsea Hinkel
 Basketball Cheerleading Chelsea Hinkel
 Speech Director Kelli Wolf
 Student Council Sadie Vorbich
 Band Director Brad Cook
 Vocal Director Erika Johnson

MAHARISHI, FAIRFIELD

Street Address: 804 Dr Robert Keith Wallace Dr
 City: Fairfield
 Zip Code: 52556
 Mailing Address: 804 Dr Robert Keith Wallace Dr
 City: Fairfield
 Zip Code: 52556
 Supt. St Address: 804 Dr Robert Keith Wallace Dr
 Supt. City: Fairfield
 Supt. Zip: 52556
 County: Jefferson
 Area Code: 641
 School Phone: 472-9400
 HS Fax: 472-1211
 AD Fax: 472-1211
 Web Site: <http://www.maharishischooliowa.org>
 School Colors: Green & Gold
 Nickname: Pioneers
 Conference: SEI Superconference-South

Superintendent Dr. Richard Beall
 Phone (641)472-9400 x5080
 Email rbeall@msae.edu

Principal Laurie Baumann
 Phone (641)472-9400 x5062
 Email lbaumann@msae.edu

Athletic Administrator Terry Weiss
 Phone (641)472-9400 x5096
 Email tweiss@msae.edu

Tennis Steve Briggs, Lawrence Eyre
 Golf Ed Hipp
 Basketball Arthur Riegal
 Track & Field Joseph Verstrepen
 Girls Track & Field Joseph Verstrepen
 Soccer Pasha Bousquet
 Speech Director Jan Thatcher

MANSON NORTHWEST WEBSTER

Street Address: 1601 15th St
 City: Manson
 Zip Code: 50563
 Mailing Address: 1601 15th St
 City: Manson
 Zip Code: 50563
 Supt. St Address: 1016 Main St
 Supt. City: Manson
 Supt. Zip: 50563
 County: Calhoun
 Area Code: 712
 School Phone: 469-2245
 HS Fax: 469-3131
 AD Fax: 469-3131
 Web Site: <http://www.manson-nw.k12.ia.us>
 School Colors: Navy Blue/Gray/Orange
 Nickname: Cougars
 Conference: Twin Lakes

Superintendent Justin Daggett
 Phone (712)469-2202
 Email jdaggett@manson-nw.k12.ia.us

Admin Asst Dodie Wood
 Phone (712)469-2202
 Email dwood@manson-nw.k12.ia.us

Principal Kevin Wood
 Phone (712)469-2245
 Email kwood@manson-nw.k12.ia.us

Athletic Administrator Dusty Meyn
 Phone (712)469-2245
 Email dmeyn@manson-nw.k12.ia.us

Athletic Secretary Kelli Girard
 Phone (712)469-2245
 Email kgirard@manson-nw.k12.ia.us

Sp. Med. Prov. Meghan Anderson, LAT (Highland Park)
 Golf Zach Steinhoff
 Girls Golf TBA
 Basketball Caleb Wubben
 Girls Basketball Bret Larson
 Baseball Brian Patterson
 Girls Softball TBA
 Wrestling Mitch Krueger/Ron Ewing
 Football Jeff Anliker
 Girls Volleyball Hailey Haupts
 Track & Field Jeff Anliker
 Girls Track & Field Matt Pohlman
 Cross Country Theo Clark
 Girls Cross Country Theo Clark
 Football Cheerleading Toni Tews
 Basketball Cheerleading Kathy Sonntag
 Wrestling Cheerleading Heather Witrock
 Speech Director Kim Keller
 Student Council Anthony Olson
 Band Director Megan Benz
 Vocal Director Joel Schoening

MAQUOKETA

Street Address: 600 Washington St
 City: Maquoketa
 Zip Code: 52060
 Mailing Address: 600 Washington St
 City: Maquoketa
 Zip Code: 52060
 Supt. St Address: 612 S Vermont St
 Supt. City: Maquoketa
 Supt. Zip: 52060
 County: Jackson
 Area Code: 563
 School Phone: 652-2451
 HS Fax: 652-5324
 AD Fax: 652-5324
 Web Site: <http://www.maquoketa.k12.ia.us>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: WaMaC

Superintendent Chris Hoover
 Phone (563)652-4984
 Email choover@maquoketaschools.org

Principal Mark Vervaecke
 Phone (563)652-2451 x224
 Email mvervaecke@maquoketaschools.org

Asst/Assoc/Vice-Principal Kevin Bowman
 Phone (563)652-2451 x240
 Email kbowman@maquoketaschools.org

Athletic Administrator Tom Gruenwald
 Phone (563)652-2451 x223
 Email tgruenwald@maquoketaschools.org

Athletic Secretary Lorna Scott
 Phone (563)652-2451 x222
 Email lscott@maquoketaschools.org

Tennis Carol Hammill
 Girls Tennis Andrea Raker
 Golf Teri Taylor
 Girls Golf Alex Beck
 Basketball Matt Hartman
 Girls Basketball James Doepke
 Baseball Ray Cavanagh
 Girls Softball Sara Nelson
 Wrestling Brendan Schott
 Football Kevin Bowman
 Girls Volleyball Nicole Snyder
 Track & Field Spencer Scar
 Girls Track & Field Samantha Miller
 Cross Country Rob Dennis
 Girls Cross Country Rob Dennis
 Soccer Ben Kober
 Girls Soccer Jill Bresnan
 Bowling Louie Clasen
 Girls Bowling Louie Clasen
 Football Cheerleading April Edwards
 Basketball Cheerleading April Edwards
 Wrestling Cheerleading April Edwards
 Speech Director Dee Krum
 Student Council Joyce Lansing
 Band Director Matt Hovey
 Vocal Director Joel Hagen

MAQUOKETA VALLEY, DELHI

Street Address: 107 South St
 City: Delhi
 Zip Code: 52223
 Mailing Address: PO Box 186
 City: Delhi
 Zip Code: 52223
 Supt. St Address: 210 South St
 Supt. City: Delhi
 Supt. Zip: 52223
 County: Delaware
 Area Code: 563
 School Phone: 922-2091
 HS Fax: 922-3026
 AD Fax: 922-3026
 Web Site: <http://www.maquoketa-v.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Wildcats
 Conference: Tri Rivers

Superintendent Doug Tuetken
 Phone (563)922-2091
 Email dougluetken@maquoketa-v.k12.ia.us

Principal Troy Osterhaus
 Phone (563)922-2091
 Email troyosterhaus@maquoketa-v.k12.ia.us

Athletic Administrator Kevin Kudrna
 Phone (563)922-2091
 Email kevinkudrna@maquoketa-v.k12.ia.us

Co-AD/Assistant Eric Conner
 Phone (563)922-9411
 Email ericconner@maquoketa-v.k12.ia.us

Athletic Secretary Pam Overman
 Phone (563)922-2091
 Email pamoverman@maquoketa-v.k12.ia.us

Sp. Med. Prov. Jeff McCormick, LAT
 (Regional Medical Center)
 Golf Tim Andrews
 Girls Golf Tim Andrews
 Basketball Eric Conner

Girls Basketball.....Scot Moenck
 Baseball.....Eric Conner
 Girls Softball.....Kendra Whitman
 Wrestling.....Tim Andrews
 Football.....Chris Evers
 Girls Volleyball.....Brandi Whittenbaugh
 Track & Field.....Pat Meehan
 Girls Track & Field.....Creig Dunlap
 Cross Country.....Pat Meehan
 Girls Cross Country.....Pat Meehan
 Speech Director.....Debbie DeVore
 Student Council.....Troy Osterhaus
 Band Director.....Travis Ford
 Vocal Director.....Beth Mueller

MARION

Street Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Mailing Address: 675 S 15th St
 City: Marion
 Zip Code: 52302
 Supt. St Address: 777 S 15th St
 Supt. City: Marion
 Supt. Zip: 52302
 County: Linn
 Area Code: 319
 School Phone: 377-9891
 HS Fax: 377-7621
 AD Fax: 377-7621
 Web Site: <http://www.marion.k12.ia.us>
 School Colors: Red & Gold
 Nickname: Indians
 Conference: WaMac
 Superintendent.....Chris Dyer
 Phone.....(319)377-4691 x1100
 Email.....cdyer@marion-isd.org
 Admin Asst.....Stephanie Viner
 Phone.....(319)377-4691 x1101
 Email.....sviner@marion-isd.org
 Principal.....Greg Semler
 Phone.....(319)377-9891 x1125
 Email.....gsemler@marion-isd.org
 Asst/Assoc/Vice-Principal.....Chad Zrudsky
 Phone.....(319)377-9891 x1121
 Email.....czrudsky@marion-isd.org
 Athletic Administrator.....Corby Laube
 Phone.....(319)377-9891 x1116
 Email.....claube@marion-isd.org
 Athletic Secretary.....Denise Barkdoll
 Phone.....(319)377-9891 x1124
 Email.....dbarkdoll@marion-isd.org
 Sp. Med. Prov.....Ashley Allenstein
 Tennis.....Jonathon Mitchell
 Girls Tennis.....Andrea Hansen
 Golf.....Dave Messerli
 Girls Golf.....Abby Wennekamp
 Basketball.....Mike Manderscheid
 Girls Basketball.....Corby Laube
 Baseball.....Steve Fish
 Girls Softball.....Scott Fruehling
 Wrestling.....Jason Haag
 Football.....Tim Lovell
 Girls Volleyball.....Roxanne Paulsen
 Track & Field.....Chad Zrudsky
 Girls Track & Field.....Sherryl Paige
 Cross Country.....Terri Keeney
 Girls Cross Country.....Terri Keeney
 Soccer.....Kory Boebel
 Girls Soccer.....Erik Trilk
 Bowling.....Jason Bates
 Girls Bowling.....Jason Bates
 Football Cheerleading.....Mary Mcenery
 Basketball Cheerleading.....Rhonda Martin
 Wrestling Cheerleading.....Zoey McDonald
 Speech Director.....Paige Junge
 Student Council.....Andrea Hansen
 Band Director.....Logan Vander Wiel
 Vocal Director.....Jonathon Dyrland

MARQUETTE CATHOLIC, BELLEVUE

Street Address: 502 Franklin St
 City: Bellevue
 Zip Code: 52031
 Mailing Address: 502 Franklin St
 City: Bellevue
 Zip Code: 52031
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Jackson
 Area Code: 563
 School Phone: 872-3356
 HS Fax: 872-3285
 Web Site: <http://www.marquettecatholic.com>
 School Colors: Red & White
 Nickname: Mohawks
 Conference: Tri-Rivers
 Superintendent.....Kim Hermsen
 Phone.....(563)556-2580 x289
 Email.....dbqsup@dbqarch.org
 Executive Coordinator.....Rev. Dennis Miller
 Phone.....(563)872-3356
 Principal.....Geoffrey Kaiser
 Phone.....(563)872-3356
 Email.....geoffreykaiser@marquettecatholic.com
 Asst/Assoc/Vice-Principal.....Karen Timmerman
 Phone.....(563)872-3356
 Email.....karentimmerman@marquettecatholic.com
 Athletic Administrator.....Isaac Sturm
 Phone.....(563)872-3356
 Email.....isaacsturm@marquettecatholic.com
 Athletic Secretary.....Kari Pataska
 Phone.....(563)872-3356
 Email.....kariataska@marquettecatholic.com
 Golf.....Noah Cornelius
 Basketball.....Joel Sieverding
 Girls Basketball.....Jim Keltmann
 Baseball.....Jim Hollensbe
 Girls Volleyball.....Andrew Bishop
 Track & Field.....Geoffrey Kaiser
 Cross Country.....Steve Engelman, Kelsey Kaiser
 Girls Cross Country.....Steve Engelman, Kelsey Kaiser
 Girls Soccer.....Chris Medinger
 Basketball Cheerleading.....Katie Kieffer
 Speech Director.....Carol Feller
 Student Council.....Jim Hollensbe
 Vocal Director.....Noah Cornelius

MARSHALLTOWN

Street Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Mailing Address: 1602 S 2nd Ave
 City: Marshalltown
 Zip Code: 50158
 Supt. St Address: 1002 S 3rd Ave
 Supt. City: Marshalltown
 Supt. Zip: 50158
 County: Marshall
 Area Code: 641
 School Phone: 754-1130
 HS Fax: 754-1136
 AD Fax: 754-1136
 Web Site: <http://www.marshalltown.k12.ia.us>
 School Colors: Red & Blue
 Nickname: Bobcats
 Conference: CIML-Iowa
 Superintendent.....Dr. Theron Schutte
 Phone.....(641)754-1000
 Email.....tschutte@marshalltown.k12.ia.us
 Asst/Assoc Supt.....Dr. Lisa Stevenson
 Phone.....(641)754-1000
 Email.....l Stevenson@marshalltown.k12.ia.us
 Admin Asst.....Gabriela Perez
 Phone.....(641)754-1000
 Email.....gperez@marshalltown.k12.ia.us
 Principal.....Jacque Wyant
 Phone.....(641)754-1130 x1300
 Email.....jwyant@marshalltown.k12.ia.us

Asst/Assoc/Vice-Principal.....Deb Holsapple
 Phone.....(641)754-1130 x1301
 Email.....dholsapple@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal.....Dan Terrones
 Phone.....(641)754-1130 x1307
 Email.....dterrones@marshalltown.k12.ia.us
 Asst/Assoc/Vice-Principal.....Justin Boliver
 Phone.....(641)754-1130 x1136
 Email.....jboliver@marshalltown.k12.ia.us
 Athletic Administrator.....Rollie Ackerman
 Phone.....(641)754-1142 x1303
 Email.....rackerman@marshalltown.k12.ia.us
 Athletic Secretary.....Kate Lamb
 Phone.....(641)754-1142 x1313
 Email.....klamb@marshalltown.k12.ia.us
 Sp. Med. Prov.....Nealey Webster (Sports Plus)
 Tennis.....James Christensen
 Girls Tennis.....John Fiscus
 Golf.....Lucas Johnson
 Girls Golf.....Lucas Johnson
 Basketball.....Michael Appel
 Girls Basketball.....Stacy O'Hare
 Swimming.....Mike Loupee
 Girls Swimming.....Angie Nelson
 Baseball.....Steve Hanson
 Girls Softball.....Jim Palmer
 Wrestling.....Mike Mann
 Football.....Adam Goodvin
 Girls Volleyball.....Chris Brees
 Track & Field.....Doug Bacon
 Girls Track & Field.....Chad Pietig
 Cross Country.....Chad Pietig
 Girls Cross Country.....Stacy O'Hare
 Soccer.....Chris Fuchsen
 Girls Soccer.....Stacy Galema
 Bowling.....Roger Taylor
 Girls Bowling.....Stacy Galema
 Football Cheerleading.....Carissa Lewis
 Wrestling Cheerleading.....Carissa Lewis
 Speech Director.....Jo Frohwein
 Student Council.....Val Hunt
 Band Director.....Brett Umthun
 Vocal Director.....Amy Ose
 Orchestra Director.....Maggie Williams

MARTENSDALE-ST. MARYS

Street Address: 390 Burlington Ave
 City: Martensdale
 Zip Code: 50160
 Mailing Address: PO Box 350
 City: Martensdale
 Zip Code: 50160
 Supt. St Address: 390 Burlington Ave
 Supt. City: Martensdale
 Supt. Zip: 50160
 County: Warren
 Area Code: 641
 School Phone: 764-2385
 HS Fax: 764-2100
 AD Fax: 764-2100
 Web Site: <http://www.mstm.us>
 School Colors: Royal Blue & Gold
 Nickname: Blue Devils
 Conference: Pride of Iowa
 Superintendent.....Tom Wood
 Phone.....(641)764-2466
 Email.....tom_wood@mstm.us
 Admin Asst.....Kerry Gegner
 Phone.....(641)764-2486
 Email.....kerry_gegner@mstm.us
 Principal.....Josh Moser
 Phone.....(641)764-2486
 Email.....josh_moser@mstm.us
 Athletic Administrator.....Max Seeman
 Phone.....(641)764-2385
 Email.....max_seeman@mstm.us
 Athletic Secretary.....Christy Henderson
 Email.....christy_henderson@mstm.us
 Sp. Med. Prov.....Devin Shannon

Golf Manda Gibson
 Girls Golf..... Manda Gibson
 Basketball..... Joe Franey
 Girls Basketball..... Tim Baker
 Baseball..... Jon Fitzpatrick
 Girls Softball..... Brian Sweet
 Wrestling..... Brian Sweet
 Football..... Derek Wharton
 Girls Volleyball..... Tacy Vogel
 Track & Field..... Josh Hart
 Cross Country..... Andrea Benson
 Girls Cross Country..... Andrea Benson
 Football Cheerleading..... Sara Franey
 Basketball Cheerleading..... Sara Franey
 Wrestling Cheerleading..... Wendy Gehringer
 Speech Director..... Brooke Safley
 Band Director..... Randy Olson
 Vocal Director..... Susan Gabbert Clark

MASON CITY

Street Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 1700 4th St SE
 City: Mason City
 Zip Code: 50401
 Supt. St Address: 1515 S Pennsylvania Ave
 Supt. City: Mason City
 Supt. Zip: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 421-4436
 HS Fax: 421-4222
 AD Fax: 421-4222
 Web Site: <http://www.masoncityschools.org>
 School Colors: Red & Black
 Nickname: Mohawks
 Conference: CIML-Northern Division
 Superintendent..... David Versteeg
 Phone..... (641)421-4401
 Email..... dversteeg@masoncityschools.org
 Principal..... Dan Long
 Phone..... (641)421-4431
 Email..... dlong@masoncityschools.org
 Asst/Assoc/Vice-Principal..... Barry Andersen
 Phone..... (641)421-4433
 Email..... bandersen@masoncityschools.org
 Asst/Assoc/Vice-Principal..... Dan Phipps
 Phone..... (641)421-4431
 Email..... dhipps@masoncityschools.org
 Asst/Assoc/Vice-Principal..... Brad Hurst
 Phone..... (641)421-4431
 Email..... bhurst@masoncityschools.org
 Athletic Administrator..... Barry Andersen
 Phone..... (641)421-4433
 Email..... bandersen@masoncityschools.org
 Athletic Secretary..... Shari Rottinghaus
 Phone..... (641)421-4433
 Email..... srottinghaus@masoncityschools.org
 Sp. Med. Prov..... John Knapper (Mercy Health Care)
 Tennis..... Pat Kruger
 Girls Tennis..... Jim Cornick
 Golf..... Jim Cornick
 Girls Golf..... Matt Evans
 Basketball..... Nick Trask
 Girls Basketball..... Curt Klaahsen
 Swimming..... Steve Hugo
 Girls Swimming..... Steve Hugo
 Baseball..... Troy Rood
 Girls Softball..... Bob Horner
 Wrestling..... Dusty Rhodes
 Football..... Matt Berkley
 Girls Volleyball..... Curt Klaahsen
 Track & Field..... Tyler Ketelsen
 Girls Track & Field..... Jim Lee
 Cross Country..... Tyler Ketelsen
 Girls Cross Country..... Tyler Ketelsen
 Soccer..... Bryan DeGabriele
 Girls Soccer..... Whitney Kading

Bowling..... Rich Patras
 Girls Bowling..... Larry Collins
 Football Cheerleading..... Janna Arndt
 Basketball Cheerleading..... Janna Arndt
 Wrestling Cheerleading..... Janna Arndt
 Speech Director..... Mary Alexander
 Student Council..... Laura Grommesh
 Band Director..... Russ Kramer
 Vocal Director..... Joel Everist
 Orchestra Director..... Malcolm Burke

MEDIAPOLIS

Street Address: 725 N Northfield St
 City: Mediapolis
 Zip Code: 52637
 Mailing Address: PO Box 358
 City: Mediapolis
 Zip Code: 52637
 Supt. St Address: PO Box 358
 Supt. City: Mediapolis
 Supt. Zip: 52637
 County: Des Moines
 Area Code: 319
 School Phone: 394-3101
 HS Fax: 394-9198
 AD Fax: 394-9198
 Web Site: <http://www.meposchools.org>
 School Colors: Orange & Black
 Nickname: Bulldogs
 Conference: SEI Superconference
 Superintendent..... Greg Ray
 Phone..... (319)394-3101 x1451
 Email..... rayg@mepoedu.org
 Principal..... Roger Thornburg
 Phone..... (319)394-3101 x1126
 Email..... thornburgr@mepoedu.org
 Athletic Administrator..... Mike Wolter
 Phone..... (319)394-3101 x1104
 Email..... wolterm@mepoedu.org
 Sp. Med. Prov..... Hilary Beard
 Golf..... Jeff Sands
 Girls Golf..... Jeff Sands
 Basketball..... Greg Worrall
 Girls Basketball..... Todd Borrison
 Baseball..... Rick Whitaker
 Girls Softball..... Steve Hahnbaum
 Wrestling..... Jason Payne
 Football..... Brian Borrison
 Girls Volleyball..... Erin Steffener
 Track & Field..... Brian Borrison
 Girls Track & Field..... Erin Steffener
 Cross Country..... Travis Luttenegger
 Girls Cross Country..... Travis Luttenegger
 Soccer..... Mike Hine
 Girls Soccer..... Baret Ertzinger
 Football Cheerleading..... Sherri Spence
 Basketball Cheerleading..... Sherri Spence
 Wrestling Cheerleading..... Jill Kirby
 Speech Director..... Jerry Woods
 Student Council..... Cathy Isley
 Band Director..... Brian Kling
 Vocal Director..... Andrew Reif

MELCHER-DALLAS

Street Address: 214 Main St
 City: Melcher
 Zip Code: 50163
 Mailing Address: PO Box 489
 City: Melcher
 Zip Code: 50163
 Supt. St Address: PO Box 489
 Supt. City: Melcher
 Supt. Zip: 50163
 County: Marion
 Area Code: 641
 School Phone: 947-3731
 HS Fax: 947-5002
 AD Fax: 947-5002
 Web Site: www.melcher-dallascsd.org

School Colors: Maroon & White
 Nickname: Saints
 Conference: Bluegrass
 Superintendent..... Randy Alger
 Phone..... (641)947-3731
 Email..... algerr@melcher-dallas.k12.ia.us
 Admin Asst..... Barb Damon
 Phone..... (641)947-3731
 Email..... damonb@melcher-dallas.k12.ia.us
 Principal..... Randy Alger
 Phone..... (641)947-3731
 Email..... algerr@melcher-dallas.k12.ia.us
 Asst/Assoc/Vice-Principal..... Jon Suntken
 Phone..... (641)947-3731
 Email..... suntkenj@melcher-dallas.k12.ia.us
 Athletic Administrator..... Jim Crozier
 Phone..... (641)947-3731
 Email..... crozierj@melcher-dallas.k12.ia.us
 Golf..... Jim Crozier
 Girls Golf..... Jim Crozier
 Basketball..... Jim Wells
 Girls Basketball..... TBA
 Baseball..... Patrick Ferguson
 Girls Softball..... Jim Crozier
 Football..... Bart Elliott
 Girls Volleyball..... Jesyka Nolte
 Track & Field..... TBA
 Girls Track & Field..... Amy Stuart
 Cross Country..... Amy Stuart
 Girls Cross Country..... Amy Stuart
 Football Cheerleading..... Sadie Kennedy
 Basketball Cheerleading..... Sadie Kennedy
 Speech Director..... Abby Heaberlin
 Student Council..... Elyse Borchers
 Band Director..... Mikayla Bonnema
 Vocal Director..... Mikayla Bonnema

MESKWAKI SETTLEMENT SCHOOL

Street Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Mailing Address: 1608 305th St
 City: Tama
 Zip Code: 52339
 Supt. St Address: 1608 305th St
 Supt. City: Tama
 Supt. Zip: 52339
 County: Tama
 Area Code: 641
 School Phone: 484-9000
 HS Fax: 484-9090
 AD Fax: 484-9090
 Web Site: <http://www.msswarriors.org>
 School Colors: Red/Kelley Green
 Nickname: Warriors
 Conference: Iowa Star Conference
 Superintendent..... Willie Barney
 Phone..... (641)484-9000 x520
 Email..... wbarney@msswarriors.org
 Principal..... Clyde Tarrence
 Phone..... (641)484-9000 x623
 Email..... ctarrence@msswarriors.org
 Athletic Administrator..... Steadman Brown
 Phone..... (641)484-9000
 Email..... sbrown@msswarriors.org
 Co-AD/Assistant..... Stefanie Benda
 Phone..... (641)484-9000 x818
 Email..... sbenda@msswarriors.org
 Athletic Secretary..... Stefanie Benda
 Phone..... (641)484-9000 x818
 Email..... sbenda@msswarriors.org
 Sp. Med. Prov..... Central Iowa Physio
 Basketball..... Garrett Bear
 Baseball..... Brian Murphy
 Football..... Andre Roberts
 Girls Volleyball..... Sarah Murphy
 Track & Field..... Tracy Sienknecht
 Girls Track & Field..... Brian Murphy
 Cross Country..... Tracy Seinknecht

Girls Cross CountryTracy Seinknecht
Bowling.....Eva Keahna
Football Cheerleading TBD
Basketball Cheerleading..... TBD
Speech Director..... Brian Murphy
Band Director..... Ben Blystone
Vocal Director Ben Blystone
Orchestra Director TBD

MFL MARMAC

Street Address: 700 South Page
City: Monona
Zip Code: 52159
Mailing Address: PO Box 1040
City: Monona
Zip Code: 52159
Supt. St Address: PO Box 1040
Supt. City: Monona
Supt. Zip: 52159
County: Clayton
Area Code: 563
School Phone: 539-2031
HS Fax: 539-4694
AD Fax: 539-4694
Web Site: <http://www.mflmarmac.k12.ia.us>
School Colors: Royal Blue & Gold
Nickname: Bulldogs
Conference: Upper Iowa

Superintendent Dale Crozier
Phone.....(563)539-4795 x102
Email.....crozierdr@mflmarmac.k12.ia.us
Principal..... Larry Meyer
Phone.....(563)539-2031 x131
Email.....MeyerLN@mflmarmac.k12.ia.us
Asst/Assoc/Vice-Principal..... Denise Mueller
Phone.....(563)539-2031
Email.....MuellerDM@mflmarmac.k12.ia.us
Athletic Administrator.....David Corlett
Phone.....(563)539-2031 x124
Email.....david.corlett@mflmm.k12.ia.us
Co-AD/Assistant..... Erik Peterson
Phone.....(563)539-4795
Email.....erik.peterson@mflmm.k12.ia.us
Athletic Secretary Mary Winter
Phone.....(563)539-2031 x132
Email.....mary.winter@mflmm.k12.ia.us
Sp. Med. Prov. Danielle Jurjevich, LAT
(Central Community Hospital)
Golf Joe Milewsky
Girls Golf..... Joe Milewsky
Basketball..... Eric Dettbarn
Girls Basketball..... Jason Winter
Baseball..... Brandon Burke
Girls Softball Jerald Kleve
Wrestling..... Chet Bachman
Football..... Dan Anderson
Girls Volleyball..... Kelly Winter
Track & Field..... Kyle Kirkestue
Girls Track & Field Kylie Sandstrom
Cross Country..... Eric Koenig
Girls Cross Country Eric Koenig
Football Cheerleading Kayla Vorwald
Basketball Cheerleading..... Robin Lange
Wrestling Cheerleading Dixie Doepke
Speech Director..... Angie Killian
Student Council Megan Schellhorn
Band Director..... Michelle Hontz
Vocal Director JayDeane Berns

MID-PRAIRIE, WELLMAN

Street Address: 1634 HWY 22 E
City: Wellman
Zip Code: 52356
Mailing Address: PO Box 150
City: Wellman
Zip Code: 52356
Supt. St Address: PO Box 150
Supt. City: Wellman
Supt. Zip: 52356
County: Washington

Area Code: 319
School Phone: 646-6091
HS Fax: 646-6097
AD Fax: 646-6097
Web Site: <https://www.mphawks.org/>
School Colors: Black & Gold
Nickname: Golden Hawks
Conference: River Valley Conference
Superintendent Mark Schneider
Phone.....(319)646-6093
Email.....mschneider@mphawks.org
Admin Asst..... Carmela Ulin
Phone.....(319)646-6093
Email.....culin@mphawks.org
Principal..... Jay Strickland
Phone.....(319)646-6091
Email.....jstrickland@mphawks.org
Asst/Assoc/Vice-Principal..... Tyler Hotz
Phone.....(319)646-6091
Email.....thotz@mphawks.org
Athletic Administrator..... Tyler Hotz
Phone.....(319)646-6091
Email.....thotz@mphawks.org
Co-AD/Assistant Chris Kern
Phone.....(319)646-6091 x123
Email.....ckern@mphawks.org
Athletic Secretary Megan Neal
Phone.....(319)646-6091
Email.....mneal@mphawks.org
Sp. Med. Prov. Jeff Swartzendruber
Golf Kelby Bender
Girls Golf..... Tracy McArtor
Basketball..... Daren Lambert
Girls Basketball..... Stephen Bender
Baseball..... Andy Greiner
Wrestling..... Justin Garvey
Football..... Pete Cavanagh
Girls Volleyball..... Cindy Miller
Track & Field..... Dain Jeppson
Girls Track & Field Chris Tyler
Cross Country..... Mark Hostetler
Girls Cross Country Mark Hostetler
Soccer Pat Cady
Girls Soccer..... Justin Barthleman
Football Cheerleading Liz Harris
Basketball Cheerleading..... Liz Harris
Wrestling Cheerleading Liz Harris
Speech Director..... Dave Helmuth
Student Council Jay Strickland
Band Director..... Dave Kunz
Vocal Director Colette McClellan

MIDLAND, WYOMING

Street Address: 106 W Webster St
City: Wyoming
Zip Code: 52362
Mailing Address: PO Box 109
City: Wyoming
Zip Code: 52362
Supt. St Address: 106 W Webster St
Supt. City: Wyoming
Supt. Zip: 52362
County: Jones
Area Code: 563
School Phone: 488-2292
HS Fax: 488-2253
AD Fax: 488-3304
Web Site: <http://www.midland.k12.ia.us>
School Colors: Black & Gold
Nickname: Eagles
Conference: Tri-Rivers
Superintendent Doug Tuetken
Phone.....(563)488-2292 x1280
Email.....dtuetken@midland.k12.ia.us
Principal..... Carol Reilly
Phone.....(563)488-2292 x1120
Email.....creilly@midland.k12.ia.us
Athletic Administrator..... Ryan Steines
Phone.....(563)488-2292 x2330
Email.....midlandad@midland.k12.ia.us

Co-AD/Assistant Raymond Dosland
Email.....midlandad@midland.k12.ia.us
Athletic Secretary Becca Harvey
Phone.....(563)488-2292
Email.....bharvey@midland.k12.ia.us
Golf Kirk Park
Basketball Marty Marshall
Girls Basketball..... Nathan Becker
Baseball..... Ryan Steines
Girls Softball Dustin Klein
Wrestling..... Cody Goble
Football..... Lennie Miller
Girls Volleyball Eric Smith
Track & Field..... Eric Smith
Girls Track & Field Ryan Luensman
Cross Country..... Jon Eganhouse
Girls Cross Country Jon Eganhouse
Football Cheerleading Deanna Martens
Wrestling Cheerleading Deanna Martens
Student Council Stephanie Kaftan
Band Director..... Elizabeth Wright
Vocal Director Hanna Ralson

MISSOURI VALLEY

Street Address: 605 E Lincoln Hwy
City: Missouri Valley
Zip Code: 51555
Mailing Address: 605 E Lincoln Hwy
City: Missouri Valley
Zip Code: 51555
Supt. St Address: 109 E Michigan
Supt. City: Missouri Valley
Supt. Zip: 51555
County: Harrison
Area Code: 712
School Phone: 642-4149
HS Fax: 642-4624
AD Fax: 642-4624
Web Site: <http://www.movalleyschools.org>
School Colors: Red & White
Nickname: Big Reds/Lady Reds
Conference: Western Iowa
Superintendent Brent Hoelsing
Phone.....(712)642-2706
Email.....bhoelsing@movalleycsd.org
Admin Asst..... Lori Pickle
Phone.....(712)642-2706
Email.....lpickle@movalleycsd.org
Principal..... Kristie Kruckman
Phone.....(712)642-4149
Email.....kkruckman@movalleycsd.org
Athletic Administrator Brad Nichols
Phone.....(712)642-2707
Email.....bnichols@movalleycsd.org
Co-AD/Assistant Brian Knott
Phone.....(712)642-4149
Email.....bknott@movalleycsd.org
Athletic Secretary Shelly Brown
Phone.....(712)642-4149 x1111
Email.....sbrown@movalleycsd.org
Golf Jamie Wieme
Girls Golf..... Jamie Wieme
Basketball Jeff Miller
Girls Basketball..... Rick McHugh
Baseball..... Josh York / Jamie Fouts
Girls Softball Rick Barker
Wrestling..... Keefer Jensen
Football..... Rick Barker
Girls Volleyball Josie Esser
Track & Field..... Rick Barker
Girls Track & Field Scott Cihacek
Cross Country..... Scott Cihacek
Girls Cross Country Scott Cihacek
Girls Soccer Lacy West
Football Cheerleading Leslie Collins
Basketball Cheerleading..... Lisa Voss
Wrestling Cheerleading Leslie Collins
Speech Director Traci Remington
Student Council Jamie Justesen

Band Director.....Sam Arrieta
Vocal Director.....Sam Arrieta

MMCRU

Street Address: 400 E Fenton St
City: Marcus
Zip Code: 51035
Mailing Address: PO Box 667
City: Marcus
Zip Code: 51035
Supt. St Address: PO Box 667
Supt. City: Marcus
Supt. Zip: 51035
County: Cherokee
Area Code: 712
School Phone: 376-4172
HS Fax: 376-4302
Web Site: <http://www.mmcruroyals.org>
School Colors: Royal & White
Nickname: Royals
Conference: War Eagle

Superintendent.....Dan Barkel
Phone.....(712)376-4171
Email.....dan.barkel@mmcruroyals.org
Principal.....Jason Toenges
Phone.....(712)376-4172
Email.....jason.toenges@mmcruroyals.org
Asst/Assoc/Vice-Principal.....Toby Young
Phone.....(712)786-1101
Email.....toby.young@mmcruroyals.org
Athletic Administrator.....Lonnie Boekhout
Phone.....(712)376-4172
Email.....lonnie.boekhout@mmcruroyals.org
Co-AD/Assistant.....Mark Brighton
Phone.....(712)786-1101
Email.....mark.brighton@mmcruroyals.org
Golf.....Shar Duncan
Girls Golf.....Kendra Kurth
Basketball.....Cam Kuchel
Girls Basketball.....Gillian Letsche
Baseball.....TJ Schaefer
Girls Softball.....Kayla Foresman
Wrestling.....Nick Dreckman
Football.....Kyle Oswald
Girls Volleyball.....Heather Youde
Track & Field.....Colin Youde
Girls Track & Field.....Lonnie Boekhout
Cross Country.....Lisa Spieler
Girls Cross Country.....Lisa Spieler
Bowling.....Mark Brighton
Girls Bowling.....Mark Brighton
Football Cheerleading.....Heidi Holmes, Sarah Bottjen
Basketball Cheerleading.....Taylor Weiler
Speech Director.....TBA
Student Council.....Heather Youde
Band Director.....David Moore
Vocal Director.....Lori Looyenga

MOC-FLOYD VALLEY

Street Address: 615 8th St SE
City: Orange City
Zip Code: 51041
Mailing Address: 615 8th St SE
City: Orange City
Zip Code: 51041
Supt. St Address: 1301 8th St SE
Supt. City: Orange City
Supt. Zip: 51041
County: Sioux
Area Code: 712
School Phone: 737-4871
HS Fax: 737-3933
AD Fax: 737-3933
Web Site: <http://www.mocfv.org>
School Colors: Purple & White
Nickname: Dutchmen
Conference: Siouxlant

Superintendent.....Russ Adams
Phone.....(712)737-4873
Email.....radams@mocfv.org

Principal.....Michael Mulder
Phone.....(712)737-4871 x233
Email.....mmulder@mocfv.org
Asst/Assoc/Vice-Principal.....Mark Gunderson
Phone.....(712)737-4871 x242
Email.....mgunderson@mocfv.org
Athletic Administrator.....Mark Gunderson
Phone.....(712)737-4871 x242
Email.....mgunderson@mocfv.org
Co-AD/Assistant.....Lyle Lundgren
Phone.....(712)737-4871
Email.....llundgren@mocfv.org
Co-AD/Assistant.....Shane Williams
Phone.....(712)737-4871
Email.....swilliams@mocfv.org
Athletic Secretary.....Julie Reinders
Phone.....(712)737-4871
Email.....jreinders@mocfv.org
Sp. Med. Prov.....Chris Krohn
Golf.....Brady Baker
Girls Golf.....Monte Tilgner
Basketball.....Loren De Jong
Girls Basketball.....Mark Gunderson
Baseball.....Drew Nonnemacher
Girls Softball.....Jade Niemyer
Wrestling.....Lyle Lundgren
Football.....Grant Hegstad
Girls Volleyball.....Kate Boersma
Track & Field.....Joel Bundt
Girls Track & Field.....Teri Anderson
Cross Country.....Doug DeZeeuw
Girls Cross Country.....Doug DeZeeuw
Soccer.....Mike Mulder
Girls Soccer.....Blake Wiekling
Football Cheerleading.....Kayla Meis
Basketball Cheerleading.....Kayla Meis
Wrestling Cheerleading.....Hannah Van Den Berg
Speech Director.....Joel Stauffer
Student Council.....Sara Burmakow
Band Director.....Dan Mangold
Vocal Director.....Pam Anderson
Orchestra Director.....Laura Haverdink

MONTEZUMA

Street Address: 504 N 4th St
City: Montezuma
Zip Code: 50171
Mailing Address: PO Box 580
City: Montezuma
Zip Code: 50171
Supt. St Address: 504 N 4th St
Supt. City: Montezuma
Supt. Zip: 50171
County: Poweshiek
Area Code: 641
School Phone: 623-5121
HS Fax: 623-5733
AD Fax: 623-5733
Web Site: <http://www.montezuma-schools.org>
School Colors: Royal Blue & White
Nickname: Braves
Conference: South Iowa Cedar

Superintendent.....David Hoeger
Phone.....(641)623-5185
Email.....dhoeger@montezuma.k12.ia.us
Principal.....Tim Hoffman- JH/HS
Phone.....(641)623-5121
Email.....thoffman@montezuma.k12.ia.us
Asst/Assoc/Vice-Principal.....Kurtis Hanna-Elementary
Phone.....(641)623-5121
Email.....khanna@montezuma.k12.ia.us
Athletic Administrator.....Tim Burgess
Phone.....(641)623-5121
Email.....tburgess@montezuma.k12.ia.us
Sp. Med. Prov.....Dustin Briggs
Golf.....Liesel Roorda
Girls Golf.....Liesel Roorda
Basketball.....Derrick Dengler
Girls Basketball.....Janel Burgess

Baseball.....Josh Anderson
Girls Softball.....Jeremy Van Zee
Wrestling.....Josh Kriegel
Football.....Tyler Baethke
Girls Volleyball.....Katie Dunlap
Track & Field.....Tyler Baethke
Girls Track & Field.....Megan Carlson
Cross Country.....Kevin Gartman
Girls Cross Country.....Kevin Gartman
Football Cheerleading.....Debbie Iverson
Basketball Cheerleading.....Mary Jo Sheets
Wrestling Cheerleading.....Mary Jo Sheets
Speech Director.....Liesl Roorda
Student Council.....Earlene Taylor
Band Director.....Carrl Burnett
Vocal Director.....Kaela DeJung

MONTICELLO

Street Address: 850 E Oak St
City: Monticello
Zip Code: 52310
Mailing Address: 850 E Oak St
City: Monticello
Zip Code: 52310
Supt. St Address: 711 S Maple St
Supt. City: Monticello
Supt. Zip: 52310
County: Jones
Area Code: 319
School Phone: 465-6597
HS Fax: 465-4253
AD Fax: 465-4253
Web Site: <http://www.monticello.k12.ia.us>
School Colors: Red & Black
Nickname: Panthers
Conference: River Valley Conference

Superintendent.....Brian Jaeger
Phone.....(319)465-5963 x5100
Email.....brian.jaeger@monticello.k12.ia.us
Principal.....Joan Young
Phone.....(319)465-6597 x1321
Email.....jyoung@monticello.k12.ia.us
Athletic Administrator.....Tim Lambert
Phone.....(319)465-6597 x1323
Email.....tlambert@monticello.k12.ia.us
Athletic Secretary.....Kim Ralston
Phone.....(319)465-3575 x1300
Email.....kim.ralston@monticello.k12.ia.us
Golf.....Curt Tauke
Girls Golf.....Joe Steen
Basketball.....Tim Lambert
Girls Basketball.....Donnie Kremer
Baseball.....Josh Soper
Girls Softball.....Bret McDonald
Wrestling.....Ryan Luensman
Football.....Wes Wilson
Girls Volleyball.....Stacie Breitbach
Track & Field.....Greg Williams
Girls Track & Field.....Val Lynn
Cross Country.....Dan Sauser
Girls Cross Country.....Dan Sauser
Soccer.....Phil Gilkerson
Girls Soccer.....Bruce Feuling
Bowling.....Brian Meyer
Girls Bowling.....Brian Meyer
Football Cheerleading.....Laura Turnis
Basketball Cheerleading.....Laura Turnis
Speech Director.....Kim Carlson
Student Council.....Mary Jane Maher
Band Director.....Alec Garinger
Vocal Director.....Brett Knies

MORAVIA

Street Address: 505 N Trussell Ave
City: Moravia
Zip Code: 52571
Mailing Address: 505 N Trussell Ave
City: Moravia
Zip Code: 52571

Supt. St Address: 505 N Trussell Ave
 Supt. City: Moravia
 Supt. Zip: 52571
 County: Appanoose
 Area Code: 641
 School Phone: 724-3241
 HS Fax: 724-9858
 AD Fax: 724-9858
 Web Site: <http://www.moravia.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Mohawks
 Conference: Bluegrass

Superintendent Brad Breon
 Phone (641)724-3241 x104
 Email brad.breon@moravia.k12.ia.us
 Principal Levi Marx
 Phone (641)724-3241
 Email levi.marx@moravia.k12.ia.us
 Athletic Administrator Matt Finley
 Phone (641)724-3241 x1161
 Email matt.finley@moravia.k12.ia.us
 Co-AD/Assistant Brian Bickel
 Phone (641)724-3241 x1139
 Email brian.bickel@moravia.k12.ia.us
 Golf Darrin Fisher
 Girls Golf Darrin Fisher
 Basketball Brian Bickel
 Girls Basketball Clint Woodward
 Girls Softball Kevin Fritz
 Wrestling Denny Whitlow
 Football Denny Whitlow
 Girls Volleyball Derek Reischauer
 Track & Field Steve Smith
 Girls Track & Field Allison Williams
 Cross Country Darcie Whitlow
 Girls Cross Country Darcie Whitlow
 Speech Director Maranda Leadon
 Student Council Meaghan Foster
 Band Director Lise Nelson
 Vocal Director Jerry Richardson

MORMON TRAIL, GARDEN GROVE

Street Address: 502 E Main St
 City: Garden Grove
 Zip Code: 50103
 Mailing Address: 403 S Front
 City: Humeston
 Zip Code: 50123
 Supt. St Address: PO Box 156
 Supt. City: Humeston
 Supt. Zip: 50123
 County: Decatur
 Area Code: 641
 School Phone: 443-3425
 HS Fax: 443-2644
 AD Fax: 443-2644
 Web Site: <http://www.mormontrailcsd.org>
 School Colors: Black & Gold
 Nickname: Saints
 Conference: Bluegrass

Superintendent Kerry Phillips
 Phone (641)877-2521
 Email kphillips@mormontrailcsd.org
 Principal Becky Stripe
 Phone (641)443-3425
 Email bstripe@mormontrailcsd.org
 Athletic Administrator Robert Thatcher
 Phone (641)443-3425
 Email rthatcher@mormontrailcsd.org
 Athletic Secretary Lori Reed
 Phone (641)877-2521
 Email lreed@mormontrailcsd.org
 Golf Cale Moore
 Girls Golf Cale Moore
 Basketball Aaron Parmer
 Baseball Cale Moore, Jason Newton
 Girls Softball Josh Stiles
 Football Travis Johnson
 Girls Volleyball Josh Stiles

Track & Field Robert Thatcher
 Girls Track & Field Robert Thatcher
 Cross Country Elizabeth Vanderflucht
 Football Cheerleading Missy Myers
 Basketball Cheerleading Missy Myers
 Speech Director Dylan Jones
 Student Council Kara Hilton
 Band Director Steven Neilssen
 Vocal Director Steven Neilssen

MORNING STAR ACADEMY, BETTENDORF

Street Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 1426 Tanglefoot Ln
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 1426 Tanglefoot Ln
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 359-5700
 HS Fax: 359-5737
 AD Fax: 359-5737
 Web Site: <http://www.morningstaracademy.org>
 School Colors: Navy & Gold
 Nickname: Mustangs

Superintendent Rob Spykstra
 Phone (563)359-5700
 Email rob.spykstra@msa-qa.org
 Admin Asst. Tami Rossow
 Phone (563)359-5700
 Email tami.russow@msa-qa.org
 Principal Elisa Wingerd
 Phone (563)359-5700
 Email elisa.wingerd@msa-qa.org
 Asst/Assoc/Vice-Principal Cheryl Headley
 Phone (563)359-5700
 Email cheryl.headley@msa-qa.org
 Athletic Administrator Elisa Wingerd
 Phone (563)359-5700
 Email elisa.wingerd@msa-qa.org
 Basketball Troy Simpson
 Girls Volleyball Mikhail Giza

MOULTON-UDELL

Street Address: 305 E 8th St
 City: Moulton
 Zip Code: 52572
 Mailing Address: 305 E 8th St
 City: Moulton
 Zip Code: 52572
 Supt. St Address: 305 E 8th St
 Supt. City: Moulton
 Supt. Zip: 52572
 County: Appanoose
 Area Code: 641
 School Phone: 642-8131
 HS Fax: 642-8351
 AD Fax: 642-8351
 Web Site: <http://www.moulton-udell.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Bluegrass

Superintendent Brian Vanderluis
 Phone (641)642-3665
 Email bvanderluis@twincedarcsd.org
 Principal Shane Brown
 Phone (641)642-8131 x202
 Email shane.brown@moulton-udell.org
 Athletic Administrator Gary Ogden
 Phone (641)642-8131 x204
 Email gary.ogden@moulton-udell.org
 Basketball Chaz Welch
 Girls Basketball Jason Ogden
 Baseball Brent Marisching
 Girls Softball Jason Ogden
 Girls Volleyball Hannah Johnson

Track & Field Chris Welch
 Girls Track & Field Chris Welch
 Basketball Cheerleading Mickie McKinley
 Speech Director TBA
 Student Council Shane Brown
 Band Director TBA
 Vocal Director TBA

MOUNT AYR

Street Address: 1001 E Columbus St
 City: Mount Ayr
 Zip Code: 50854
 Mailing Address: 1001 E Columbus St
 City: Mount Ayr
 Zip Code: 50854
 Supt. St Address: 1001 E Columbus St
 Supt. City: Mount Ayr
 Supt. Zip: 50854
 County: Ringgold
 Area Code: 641
 School Phone: 464-0510
 HS Fax: 464-2325
 AD Fax: 464-2325
 Web Site: <http://www.mtayschools.org>
 School Colors: Black, White, Red
 Nickname: Raiders
 Conference: Pride of Iowa

Superintendent Joe Drake
 Phone (641)464-0500
 Email jdrake@bedford.k12.ia.us
 Principal Bill Huntington
 Phone (641)464-0510
 Email bill.huntington@mtayschools.org
 Athletic Administrator Delwyn Showalter
 Phone (641)464-2622
 Email delwyn.showalter@mtayschools.org
 Sp. Med. Prov. Natasha Gourley
 (Ringgold County Hospital)

Golf Scott Giles
 Girls Golf Scott Giles
 Basketball Bret Ruggles
 Girls Basketball Thad Streit
 Baseball Chris Elwood, Kelly Klomphaus
 Girls Softball Brandie Ruggles, Bret Ruggles
 Wrestling John Ford, Eric Ehlen
 Football Delwyn Showalter, Derek Lambert
 Girls Volleyball Tori Braby
 Track & Field Brad Elliott
 Girls Track & Field Deb Larsen
 Cross Country Deb Larsen
 Girls Cross Country Deb Larsen
 Bowling Mike Zarr
 Girls Bowling Mike Zarr
 Football Cheerleading Amanda Waske, Annie Hosfield
 Basketball Cheerleading Amanda Waske, Annie Hosfield
 Wrestling Cheerleading Amanda Waske, Annie Hosfield
 Speech Director Shaun Kniep
 Student Council John Larsen
 Band Director Ansley Katz
 Vocal Director Ansley Katz

MOUNT PLEASANT

Street Address: 400 E Madison
 City: Mount Pleasant
 Zip Code: 52641
 Mailing Address: 400 E Madison
 City: Mount Pleasant
 Zip Code: 52641
 Supt. St Address: 400 E Madison
 Supt. City: Mount Pleasant
 Supt. Zip: 52641
 County: Henry
 Area Code: 319
 School Phone: 385-7700
 HS Fax: 385-7789
 AD Fax: 385-7789
 Web Site: <http://www.mt-pleasant.k12.ia.us>
 School Colors: Maroon & Gold
 Nickname: Panthers

Conference: Southeast
 Superintendent John Henriksen
 Phone (319)385-7750
 Email john.henriksen@mtpcsd.org
 Admin Asst Cindy Smith
 Phone (319)385-7750
 Email cindy.smith@mtpcsd.org
 Principal Todd Liechty
 Phone (319)385-7700 x105
 Email todd.liechty@mtpcsd.org
 Asst/Assoc/Vice-Principal Michael Wilson
 Phone (319)385-7700 x104
 Email michael.wilson@mtpcsd.org
 Athletic Administrator Scot Lamm
 Phone (319)385-7704 x111
 Email scot.lamm@mtpcsd.org
 Athletic Secretary Kim Huene
 Phone (319)385-7704 x110
 Email kim.huene@mtpcsd.org
 Tennis Tyler Rodgers
 Girls Tennis Steve Scott
 Golf Rob Zeglen
 Girls Golf Kirby Booton
 Basketball Caleb Akey
 Girls Basketball Curt Watson
 Baseball Brent Broeker
 Girls Softball Troy Mears
 Wrestling Anthony Blint
 Football Shawn Striegel
 Girls Volleyball Dave Streeter
 Track & Field Mitch Anderson
 Cross Country Mitch Anderson
 Girls Cross Country Lyle Murray
 Soccer Neil Schmitz
 Girls Soccer Brennan Williams
 Bowling Anna Haller
 Girls Bowling Anna Haller
 Football Cheerleading Nikole Keaster
 Basketball Cheerleading Nikole Keaster
 Wrestling Cheerleading Nikole Keaster
 Student Council Mike Wilson
 Band Director James DePriest
 Vocal Director Marlene DePriest

MOUNT VERNON

Street Address: 731 Palisades Rd SW
 City: Mount Vernon
 Zip Code: 52314
 Mailing Address: 731 Palisades Rd SW
 City: Mount Vernon
 Zip Code: 52314
 Supt. St Address: 525 Palisades Rd SW
 Supt. City: Mount Vernon
 Supt. Zip: 52314
 County: Linn
 Area Code: 319
 School Phone: 895-8843
 HS Fax: 895-6185
 AD Fax: 895-6185
 Web Site: <http://www.mountvernon.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Mustangs
 Conference: WaMaC
 Superintendent Dr. Greg Batenhorst
 Phone (319)895-8845 x1001
 Email gbatenhorst@mvcscd.org
 Admin Asst Amy Weber
 Phone (319)895-8845 x1000
 Email aweber@mvcscd.org
 Principal Steve Brand
 Phone (319)895-8843 x4001
 Email sbrand@mvcscd.org
 Asst/Assoc/Vice-Principal Matt Thede
 Phone (319)895-8843 x4005
 Email mthede@mvcscd.org
 Athletic Administrator Matt Thede
 Phone (319)895-8843 x4005
 Email mthede@mvcscd.org

Athletic Secretary Valerie Binsfield
 Phone (319)895-8843 x4003
 Email vbinsfield@mvcscd.org
 Sp. Med. Prov Jeremy Elliott
 Girls Tennis Crystal Eskelsen
 Golf Mark Binsfield
 Basketball Ed Timm
 Girls Basketball Matt Haddy
 Baseball Jeremy Elliott
 Girls Softball Robin Brand
 Wrestling Vance Light
 Football Lance Pedersen
 Girls Volleyball Maggie Willems
 Track & Field Ryan Whitman
 Girls Track & Field Maggie Willems
 Cross Country Kory Swart
 Girls Cross Country Sue Deibner
 Soccer Kevin Murray
 Girls Soccer Katelyn Murray
 Football Cheerleading Trista Lynner
 Basketball Cheerleading Trista Lynner
 Speech Director Tawnua Tenley
 Student Council Margo Massey
 Band Director Scott Weber
 Vocal Director Thad Wilkins
 Orchestra Director Tabitha Rasmussen

MURRAY

Street Address: 216 Sherman St
 City: Murray
 Zip Code: 50174
 Mailing Address: PO Box 187
 City: Murray
 Zip Code: 50174
 Supt. St Address: PO Box 187
 Supt. City: Murray
 Supt. Zip: 50174
 County: Clarke
 Area Code: 641
 School Phone: 447-2517
 HS Fax: 447-2313
 AD Fax: 447-2313
 Web Site: <http://www.murraycsd.org>
 School Colors: Purple, White & Gold
 Nickname: Mustangs
 Conference: Bluegrass
 Superintendent Alan Miller
 Phone (641)447-2517 x223
 Email amiller@murraycsd.org
 Principal Bev Brown
 Phone (641)447-2517 x238
 Email bbrown@murraycsd.org
 Athletic Administrator Jerry Shields
 Phone (641)447-2517 x231
 Email jshields@murraycsd.org
 Basketball Darin Wookey
 Girls Basketball Jerry Shields
 Baseball Clint Foster
 Girls Softball Dan Jensen
 Football Taylor Fulton
 Girls Volleyball Jerry Shields
 Track & Field Keith Shields
 Girls Track & Field Keith Shields
 Speech Director Jordan Grove
 Student Council Mindy Oswald
 Band Director Simon McCoy
 Vocal Director John Calahan

MUSCATINE

Street Address: 2705 Cedar Street
 City: Muscatine
 Zip Code: 52761
 Mailing Address: 2705 Cedar Street
 City: Muscatine
 Zip Code: 52761
 Supt. St Address: 2900 Mulberry Ave
 Supt. City: Muscatine
 Supt. Zip: 52761
 County: Muscatine

Area Code: 563
 School Phone: 263-6141
 HS Fax: 264-1794
 AD Fax: 263-5397
 Web Site: <http://www.muscatine.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Muskies
 Conference: Mississippi Athletic
 Superintendent Dr. Jerald Riibe
 Phone (563)263-7223
 Email jerry.riibe@mcsdonline.org
 Admin Asst Jill Bourquin
 Phone (563)263-7223
 Email jill.bourquin@mcsdonline.org
 Principal Terry Hogenson
 Phone (563)263-6141 x1101
 Email terry.hogenson@mcsdonline.org
 Asst/Assoc/Vice-Principal Andy Werling
 Phone (563)263-6141
 Email andy.werling@mcsdonline.org
 Asst/Assoc/Vice-Principal Shauna Koppenhaver
 Phone (563)263-6141 x1102
 Email shauna.koppenhaver@mcsdonline.org
 Asst/Assoc/Vice-Principal Mark Groteluschen
 Phone (563)263-6141 x1103
 Email mark.groteluschen@mcsdonline.org
 Athletic Administrator Mike Morgan
 Phone (563)263-6141 x1104
 Email Mike.Morgan@mcsdonline.org
 Athletic Secretary Allie Meineke
 Phone (563)263-6141 x1114
 Email allie.meineke@mcsdonline.org
 Sp. Med. Prov Nicole Calvert, LAT
 (Rock Valley Physical Therapy)

Tennis Ron Kiser
 Girls Tennis Connie Czerviec
 Golf Scott Schultz
 Girls Golf Tom Randleman
 Basketball John Windham
 Girls Basketball Susan Orvis
 Swimming Judd Anderson
 Girls Swimming Judd Anderson
 Baseball TBA
 Girls Softball TBA
 Wrestling Joe Kane
 Football Jacob Mueller
 Girls Volleyball Tim Martin
 Track & Field Mark Rusch
 Girls Track & Field Tim Armstrong
 Cross Country Chris Foxen
 Girls Cross Country Tim Armstrong
 Soccer Jose Varela
 Girls Soccer Nathan Meineke
 Bowling Brian Chapman
 Girls Bowling Brian Chapman
 Football Cheerleading Ashley Sink
 Basketball Cheerleading Ashley Sink
 Wrestling Cheerleading Ashley Sink
 Speech Director Davis Schrock
 Student Council Sarah Walsh
 Band Director Jeff Heid
 Vocal Director Jonathan Ryan
 Orchestra Director Jon Thoma

MVAOCO

Street Address: 501 S 7th St
 City: Mapleton
 Zip Code: 51034
 Mailing Address: 501 S 7th St
 City: Mapleton
 Zip Code: 51034
 Supt. St Address: 501 S 7th St
 Supt. City: Mapleton
 Supt. Zip: 51034
 County: Monona
 Area Code: 712
 School Phone: 881-1319
 HS Fax: 881-1320
 AD Fax: 881-1320

Web Site: <http://www.mvaoschool.com>
 School Colors: Maroon, Gold, Black
 Nickname: Rams
 Conference: Western Valley
 Superintendent Steve Oberg
 Phone (712)881-1315
 Email soberg@mvaoschool.org
 Principal Dan Dougherty
 Phone (712)881-1317
 Email ddougherty@mvaoschool.org
 Athletic Administrator Jordan Scholl
 Phone (712)881-1317
 Email jscholl@mvaoschool.org
 Co-AD/Assistant Derek Dougherty
 Phone (712)373-5244
 Email dadougherty@mvaoschool.org
 Athletic Secretary Courtney Seuntjens
 Phone (712)881-1317
 Email adsecy@mvaoschool.org
 Sp. Med. Prov. Deb Gress
 Golf Chris Blake
 Girls Golf..... Kathy Scholl
 Basketball..... Corey Dose
 Girls Basketball..... Derek Dougherty
 Baseball..... Dan Dougherty
 Girls Softball..... Derek Dougherty
 Wrestling..... Steven Schaffer
 Football..... Dave Kuhl
 Girls Volleyball..... Brittany Hermesen
 Track & Field..... Scott Breyfogle
 Girls Track & Field..... Scott Breyfogle
 Cross Country..... Alden Berkenpas
 Girls Cross Country..... Alden Berkenpas
 Football Cheerleading..... Mo Sharp
 Basketball Cheerleading..... Mo Sharp
 Wrestling Cheerleading..... Mo Sharp
 Speech Director..... Stephanie Petersen
 Student Council..... Kathy Scholl
 Band Director..... David Korvarna
 Vocal Director..... Brian Smeltzer

NASHUA-PLAINFIELD

Street Address: 612 Greeley St
 City: Nashua
 Zip Code: 50658
 Mailing Address: 612 Greeley St
 City: Nashua
 Zip Code: 50658
 Supt. St Address: 612 Greeley St
 Supt. City: Nashua
 Supt. Zip: 50658
 County: Chickasaw
 Area Code: 641
 School Phone: 435-4166
 HS Fax: 435-4167
 AD Fax: 435-4167
 Web Site: <http://www.nashua-plainfield.k12.ia.us>
 School Colors: Red, Black, Silver
 Nickname: Huskies
 Conference: Top of Iowa East
 Superintendent Keith Turner
 Phone (641)435-4835
 Email kturner@nashua-plainfield.k12.ia.us
 Principal Scott Striegel
 Phone (641)435-4166
 Email striegels@nashua-plainfield.k12.ia.us
 Athletic Administrator Josh Smith
 Phone (641)435-4166
 Email josmith@nashua-plainfield.k12.ia.us
 Golf Jeff Trost
 Girls Golf..... Jeff Trost
 Basketball..... Sam Brown
 Girls Basketball..... Josh Smith
 Baseball..... Levi Miller
 Girls Softball..... Hannah Holthaus
 Wrestling..... Al Frost
 Football..... Nick Lamphier
 Girls Volleyball..... Amber Carter
 Track & Field..... Chase Sudol

Girls Track & Field Kristi Hannemann
 Cross Country..... Jennifer Kalainoff
 Girls Cross Country Jennifer Kalainoff
 Football Cheerleading Sarah Fisher
 Basketball Cheerleading..... Sarah Fisher
 Wrestling Cheerleading Sarah Fisher
 Speech Director Paige Malven
 Student Council Jennifer Kalainoff
 Band Director..... Scott Stroud
 Vocal Director Melanie Johanningmeier

NEVADA

Street Address: 1001 15th St
 City: Nevada
 Zip Code: 50201
 Mailing Address: 1035 15th St
 City: Nevada
 Zip Code: 50201
 Supt. St Address: 1035 15th St
 Supt. City: Nevada
 Supt. Zip: 50201
 County: Story
 Area Code: 515
 School Phone: 382-3521
 HS Fax: 382-2935
 AD Fax: 382-2935
 Web Site: <http://www.nevada.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Cubs
 Conference: Heart of Iowa
 Superintendent Dr. Steve Gray
 Phone (515)382-2783 x101
 Email sgray@nevada.k12.ia.us
 Asst/Assoc Supt Justin Gross
 Phone (515)382-2783 x109
 Email jgross@nevada.k12.ia.us
 Admin Asst..... Rita Foley
 Phone (515)382-2783 x100
 Email rfoley@nevada.k12.ia.us
 Principal Kody Asmus
 Phone (515)382-3521 x392
 Email kasmus@nevada.k12.ia.us
 Asst/Assoc/Vice-Principal..... Dustin Smith
 Phone (515)382-3521 x393
 Email dsmith@nevadacubs.org
 Athletic Administrator Dustin Smith
 Phone (515)382-3521 x393
 Email dsmith@nevadacubs.org
 Athletic Secretary Vawn Thiphasouk
 Phone (515)382-3521 x387
 Email vthiphasouk@nevadacubs.org
 Sp. Med. Prov. 21st Century Rehab.
 Golf Ryan Brown
 Girls Golf..... Mike Lawler
 Basketball..... Tyler Struck
 Girls Basketball..... Jordan Bentley
 Baseball..... Blake Jobe
 Girls Softball..... John Bass
 Wrestling..... Lonnie Ferguson
 Football..... Andy Kleeman
 Girls Volleyball..... Lori Stephenson
 Track & Field..... John Pelzer
 Girls Track & Field..... Ted Johnson
 Cross Country..... Mike Christensen
 Girls Cross Country..... Mike Christensen
 Soccer Todd Sampson, Sam Hoover
 Girls Soccer Randy Davis
 Football Cheerleading Karah Appleget
 Speech Director Bob Mittman
 Student Council Heidi Grimm
 Band Director..... Wade Presley
 Vocal Director Shawna Dumbaugh

NEW HAMPTON

Street Address: 710 W Main St
 City: New Hampton
 Zip Code: 50659
 Mailing Address: 710 W Main St
 City: New Hampton

Zip Code: 50659
 Supt. St Address: 710 W Main St
 Supt. City: New Hampton
 Supt. Zip: 50659
 County: Chickasaw
 Area Code: 641
 School Phone: 394-2144
 HS Fax: 394-2556
 AD Fax: 394-2556
 Web Site: <http://www.new-hampton.k12.ia.us>
 School Colors: Red & Black
 Nickname: Chickasaws
 Conference: Northeast Iowa
 Superintendent Jay Jurrens
 Phone (641)394-2134
 Email j_jurrens@new-hampton.k12.ia.us
 Principal Dr. Sarah Updegraff
 Phone (641)394-2144 x2022
 Email s_updegraff@new-hampton.k12.ia.us
 Asst/Assoc/Vice-Principal..... Bradley Schmitt
 Phone (641)394-5065 x2030
 Email b_schmitt@new-hampton.k12.ia.us
 Athletic Administrator Bradley Schmitt
 Phone (641)394-5065 x2030
 Email b_schmitt@new-hampton.k12.ia.us
 Athletic Secretary Erica Schmitt
 Phone (641)394-5065 x2029
 Email e_schmitt@new-hampton.k12.ia.us
 Sp. Med. Prov. Margaret Peterson (Mercy Medical)
 Golf Bill Glenn
 Girls Golf..... Eric Olson
 Basketball..... Ryan Rausch
 Girls Basketball..... Chad Pemble
 Baseball..... Cory McDonald
 Girls Softball Jack Seelhammer
 Wrestling..... Nick Hemann
 Football..... Scott Frerichs
 Girls Volleyball Jessica Geerts
 Track & Field..... Scott Frerichs
 Girls Track & Field..... Jeanette Laures
 Cross Country..... Jamie Ohrt
 Girls Cross Country..... Jamie Ohrt
 Football Cheerleading Theresa Havlik
 Wrestling Cheerleading Jessica Heying
 Speech Director Jason Speltz
 Student Council Melissa Nelson
 Band Director..... Justin Adam
 Vocal Director Jill Cantu

NEW LONDON

Street Address: 101 W Wilson
 City: New London
 Zip Code: 52645
 Mailing Address: PO Box 97
 City: New London
 Zip Code: 52645
 Supt. St Address: PO Box 97
 Supt. City: New London
 Supt. Zip: 52645
 County: Henry
 Area Code: 319
 School Phone: 367-0500
 HS Fax: 367-0501
 AD Fax: 367-0501
 Web Site: <http://www.new-london.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: SEI Superconference
 Superintendent Chad Wahls
 Phone (319)367-0512 x104
 Email Chad.Wahls@nlcsd.org
 Principal Scott Kracht
 Phone (319)367-0500 x201
 Email Scott.Kracht@nlcsd.org
 Athletic Administrator Michael McBeth
 Phone (319)367-0500 x204
 Email Mike.McBeth@nlcsd.org
 Co-AD/Assistant Ben Fry
 Phone (319)367-0500 x204
 Email Ben.Fry@nlcsd.org

Sp. Med. Prov. Kasi Mertens, ATC
(Great River Medical Center)
Golf Greg Lerdal
Girls Golf Greg Lerdal
Basketball Bryant Porter
Girls Basketball Chad Wahls
Baseball Brad Helmerson
Wrestling Mark Chiri
Football Mark McSorley
Girls Volleyball Maureen Heath
Track & Field Joe White
Girls Track & Field Paula Bliven
Football Cheerleading Melissa Jacobs
Basketball Cheerleading Melissa Jacobs
Student Council Jennifer Campbell
Band Director Arnold Anderson
Vocal Director Brittany Collla

NEWELL-FONDA

Street Address: 205 Clark St
City: Newell
Zip Code: 50568
Mailing Address: PO Box 297
City: Newell
Zip Code: 50568
Supt. St Address: PO Box 297
Supt. City: Newell
Supt. Zip: 50568
County: Buena Vista
Area Code: 712
School Phone: 272-3324
HS Fax: 272-4276
AD Fax: 272-4276
Web Site: <http://www.newell-fonda.k12.ia.us>
School Colors: Royal Blue & Silver
Nickname: Mustangs
Conference: Twin Lakes

Superintendent Jeff Dicks
Phone (712)272-3324
Email dicksj@newell-fonda.k12.ia.us
Principal Alynn Coppock
Phone (712)272-3325
Email coppocka@newell-fonda.k12.ia.us
Athletic Administrator Brian Wilken
Phone (712)272-3324
Email wilkenb@newell-fonda.k12.ia.us
Athletic Secretary Lori Bodholdt
Phone (712)272-3324
Email bodholdtl@newell-fonda.k12.ia.us
Sp. Med. Prov. Brandon Marreel, LAT (CNOS)
Golf Nathan Baron
Girls Golf Justin Barber
Basketball Shad Coppock
Girls Basketball Dick Jungers
Baseball Bo Darrow
Girls Softball Tim Gauley
Football Brian Wilken
Girls Volleyball Marilyn Murra
Track & Field Brian Wilken
Girls Track & Field Craig Davis
Football Cheerleading Trisha Johnson
Basketball Cheerleading Trisha Johnson
Speech Director Cassie Fjerstad
Student Council Jen Tovar
Band Director Renee Sundstrom
Vocal Director Leah Rosado

NEWMAN CATHOLIC, MASON CITY

Street Address: 2445 19th St SW
City: Mason City
Zip Code: 50401
Mailing Address: 2445 19th St SW
City: Mason City
Zip Code: 50401
Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
Supt. City: Dubuque
Supt. Zip: 52004
County: Cerro Gordo
Area Code: 641
School Phone: 423-6939

HS Fax: 423-6653
AD Fax: 423-6653
Web Site: <http://www.newmancatholic.org>
School Colors: Cardinal Red & White
Nickname: Knights
Conference: Top of Iowa
Superintendent Ms. Kim Hermsen
Phone (563)556-2580 x289
Email dbqsup@dbqarch.org
Executive Coordinator Fr. John Gossman
Principal Tony Adams
Phone (641)423-6939
Email tadams@newmancatholic.org
Athletic Administrator Alex Bohl
Phone (641)423-6939
Email abohl@newmancatholic.org
Golf Curt Bonzer
Girls Golf Tam Whitney
Basketball Jerry Gatton
Girls Basketball Mike Schutt
Baseball Alex Bohl
Girls Softball Tom Dunn
Wrestling Mark Bertsch
Football Richard McCardle
Girls Volleyball Kristen Breckenridge
Track & Field Mike Schutt
Girls Track & Field Tom Dunn
Cross Country Mike Schutt
Girls Cross Country Mike Schutt
Football Cheerleading Christine Friederich
Basketball Cheerleading Christine Friederich
Wrestling Cheerleading Christine Friederich
Speech Director Stacey Nichols
Student Council Tony Adams
Band Director A. J. Skinner
Vocal Director Harold Arians

NEWTON

Street Address: 800 E 4th St S
City: Newton
Zip Code: 50208
Mailing Address: 800 E 4th St S
City: Newton
Zip Code: 50208
Supt. St Address: 1302 1st Ave
Supt. City: Newton
Supt. Zip: 50208
County: Jasper
Area Code: 641
School Phone: 792-5797
HS Fax: 792-0005
AD Fax: 792-0005
Web Site: <http://www.newtoncsd.org>
School Colors: Red & Black
Nickname: Cardinals
Conference: Little Hawkeye Conference

Superintendent Bob Callaghan
Phone (641)792-5809
Email callaghanb@newtoncsd.org
Asst/Assoc Supt Bret Miller
Phone (641)792-5809
Email millerb@newtoncsd.org
Asst/Assoc Supt Laura Selover
Phone (641)792-5809
Email seloverl@newtoncsd.org
Asst/Assoc Supt Tina Ross
Phone (641)792-5809
Email rossl@newtoncsd.org
Admin Asst Christine Dawson
Phone (641)792-5809
Email dawsonc@newtoncsd.org
Principal Bill Peters
Phone (641)792-5797
Email petersb@newtoncsd.org
Asst/Assoc/Vice-Principal Dave Kalkhoff
Phone (641)792-5797 x2135
Email kalkhoffd@newtoncsd.org
Athletic Administrator Ryan Rump
Phone (641)792-5797 x2137
Email rump@newtoncsd.org

Co-AD/Assistant Ray Whipple
Phone (641)792-5797 x2138
Email whipple@newtoncsd.org
Athletic Secretary Mindi Walker
Phone (641)792-5797 x2132
Email walkerm@newtoncsd.org
Sp. Med. Prov. Matt Scotton, LAT, PT (NCSD)
Tennis John Bieber
Girls Tennis Erick Zehr
Golf Pat Riley
Girls Golf Scott Enyart
Basketball Kyle Peta
Girls Basketball Jason Carter
Swimming Sarah Patterson
Girls Swimming Sarah Patterson
Baseball Dustin Brisel
Girls Softball Casey Price
Wrestling Andy Swedehjelm
Football Ed Ergenbright
Girls Volleyball Ashley Carter
Track & Field TBD
Girls Track & Field Rachel Tomas
Cross Country Steve Weeks
Girls Cross Country Rachele Tipton
Soccer Zach Jensen
Girls Soccer Abby Lamont
Bowling Christie Hughes
Girls Bowling Christie Hughes
Football Cheerleading Heather Ross
Basketball Cheerleading Heather Ross
Wrestling Cheerleading Heather Ross
Speech Director Niki Hively
Student Council Randy Mills, Kelly Tremel
Band Director Jim Beerends
Vocal Director Rudy Kammel
Orchestra Director TBD

NODAWAY VALLEY

Street Address: 410 NW Second St
City: Greenfield
Zip Code: 50849
Mailing Address: 410 NW 2nd St
City: Greenfield
Zip Code: 50849
Supt. St Address: 410 NW 2nd St
Supt. City: Greenfield
Supt. Zip: 50849
County: Adair
Area Code: 641
School Phone: 743-6141
HS Fax: 343-7040
AD Fax: 343-7040
Web Site: <http://www.nodawayvalley.org/>
School Colors: Silver, Purple, Black
Nickname: Wolverines
Conference: Pride of Iowa

Superintendent Dr. Casey Berlau
Phone (641)743-6127 x1023
Email cberlau@nodawayvalley.org
Principal Lanny Kliefoth
Phone (641)743-6141 x1022
Email lkliefoth@nodawayvalley.org
Asst/Assoc/Vice-Principal Michael Dale
Phone (641)743-6141 x1026
Email Michael.Dale@nodawayvalley.org
Athletic Administrator Michael Dale
Phone (641)743-6141 x1026
Email michael.dale@nodawayvalley.org
Athletic Secretary Sue McMorrان
Phone (641)745-6141 x1021
Email smcmorran@nodawayvalley.org
Basketball Darrell Burmeister
Girls Basketball Brian Eisback
Baseball Dan Jameson
Girls Softball Carol Baudler
Wrestling Jesse McCann
Football Taylor Ashman
Girls Volleyball Allison Kiburz
Track & Field Darrell Burmeister

Girls Track & Field Brett Welsch
 Cross Country..... Darrell Burmeister
 Girls Cross Country Darrell Burmeister
 Girls Soccer Mike Krawczyk
 Bowling..... Phyllis Sackett
 Girls Bowling..... Phyllis Sackett
 Football Cheerleading Kendalyn Huff
 Basketball Cheerleading..... Kendalyn Huff
 Speech Director..... Brenda Thaden
 Student Council Ryan Miller
 Band Director..... Lacey Johnson
 Vocal Director Jordan Leckband

NORTH BUTLER, GREENE

Street Address: 201 North 5th Street
 City: Greene
 Zip Code: 50636
 Mailing Address: PO Box 190
 City: Greene
 Zip Code: 50636
 Supt. St Address: PO Box 190
 Supt. City: Greene
 Supt. Zip: 50636
 County: Butler
 Area Code: 641
 School Phone: 816-5631
 HS Fax: 816-5921
 AD Fax: 816-5921
 Web Site: <http://www.northbutler.org>
 School Colors: Navy Blue & Maize
 Nickname: Bearcats
 Conference: Top of Iowa
 Superintendent Joel Foster
 Phone.....(641)816-5523
 Email joel.foster@northbutler.org
 Admin Asst..... Shellee Bartlett
 Phone.....(319)267-2552
 Email shellee.bartlett@northbutler.org
 Principal..... Heather Holm
 Phone.....(641) 816-5631
 Email heather.holm@northbutler.org
 Athletic Administrator..... Todd Thompson
 Phone.....(641)816-5631
 Email todd.thompson@northbutler.org
 Co-AD/Assistant Beth Endelman
 Phone.....(641)816-5631
 Email beth.endelman@northbutler.org
 Athletic Secretary Eileen Cheney
 Phone.....(641)816-5631
 Email eileen.cheney@northbutler.org
 Golf Todd Thompson
 Girls Golf..... Todd Thompson
 Basketball..... Dave Brown
 Girls Basketball..... Megan Neuendorf
 Baseball..... Travis Miller
 Girls Softball Jeff Stirling
 Wrestling..... Gordy Smith
 Football..... Travis Miller
 Girls Volleyball Laura Schwickerath
 Track & Field..... Kirk Clark
 Girls Track & Field Morgan Steere
 Cross Country..... Kirk Clark
 Girls Cross Country Kirk Clark
 Football Cheerleading McKennah Ott
 Basketball Cheerleading..... Kim Marshall
 Wrestling Cheerleading Kellie Bouillon
 Speech Director MaTina Clark
 Student Council MaTina Clark
 Band Director Susan Brackett
 Vocal Director Joe Strong

NORTH CEDAR, STANWOOD

Street Address: 400 Ball St
 City: Clarence
 Zip Code: 52216
 Mailing Address: PO Box 310
 City: Clarence
 Zip Code: 52216
 Supt. St Address: PO Box 247

Supt. City: Stanwood
 Supt. Zip: 52337
 County: Cedar
 Area Code: 563
 School Phone: 452-3179
 HS Fax: 452-3972
 AD Fax: 452-3972
 Web Site: <http://www.north-cedar.org>
 School Colors: Purple, Teal, Silver
 Nickname: Knights
 Conference: River Valley
 Superintendent Mark Dohmen
 Phone.....(563)942-3341
 Email mdohmen@north-cedarstu.org
 Principal..... Mary Bendixen
 Phone.....(563)455-3179
 Email mbendixen@north-cedarstu.org
 Athletic Administrator Adam Hadenfeldt
 Phone.....(563)452-3179
 Email ahadenfeldt@north-cedarstu.org
 Athletic Secretary Renae Paup
 Phone.....(563)452-3179
 Email rpaup@north-cedarstu.org
 Sp. Med. Prov..... Scott Thoma
 (Progressive Rehabilitation Associates L.L.C.)

Golf Todd Cox
 Girls Golf..... Lori Dittmer
 Basketball Robert Helgerson
 Baseball..... Adam Hadenfeldt
 Girls Softball Alex Curley
 Wrestling Darrell Long
 Football..... Adam Hadenfeldt
 Girls Volleyball..... Traci Smith
 Track & Field..... Scott Kasik
 Cross Country..... Brittany Potts
 Girls Cross Country Brittany Potts
 Football Cheerleading Ashley Fuller
 Basketball Cheerleading..... Ashley Fuller
 Wrestling Cheerleading Brittany Potts
 Speech Director Heather Davidson
 Student Council Kristen Brady
 Band Director..... Jill Powers
 Vocal Director Nicole Miller

NORTH FAYETTE VALLEY

Street Address: 600 N Pine Street
 City: West Union
 Zip Code: 52175
 Mailing Address: P.O. Box 73
 City: West Union
 Zip Code: 52175
 Supt. St Address: P.O. Box 73
 Supt. City: West Union
 Supt. Zip: 52175
 County: Fayette
 Area Code: 563
 School Phone: 422-3836
 HS Fax: 422-3854
 AD Fax: 422-3854
 Web Site: <http://www.northfayetteschools.org>
 School Colors: Black, Columbia Blue, Silver
 Nickname: TigerHawks
 Conference: Upper Iowa
 Superintendent Duane Willhite
 Phone.....(563)422-3836 x126
 Email dwillhite@nfv.k12.ia.us
 Principal..... Todd Wolverton
 Phone.....(563)422-3836 x143
 Email twolverton@nfv.k12.ia.us
 Athletic Administrator Todd Wolverton
 Phone.....(563)422-3836 x143
 Email Twolverton@nfv.k12.ia.us
 Co-AD/Assistant Ronald Imoehl
 Phone.....(563)422-3852 x277
 Email rimoehl@nfv.k12.ia.us
 Co-AD/Assistant Ardel McCartney
 Phone.....(563)426-5551
 Email amccartney@nfv.k12.ia.us
 Sp. Med. Prov..... Melanie Martin

Golf Derek Heins
 Girls Golf..... Robin Madole
 Basketball..... Dan Hovden
 Girls Basketball..... Jim Calkins
 Baseball..... Dan Hovden
 Girls Softball Bob Lape
 Wrestling..... Jacob Pedersen
 Football..... Bob Lape
 Girls Volleyball Jared Tillerdaas, Brooke Lodge
 Track & Field..... Mark Nuss
 Girls Track & Field Mark Nuss
 Cross Country..... Neal Bentley
 Girls Cross Country Neal Bentley
 Bowling..... Leland Ellis
 Girls Bowling..... Leland Ellis
 Football Cheerleading Stephanie Wagner
 Speech Director Julianne Meyer
 Student Council John Kullen
 Band Director..... Ted Schacherer
 Vocal Director Kyle Harms

NORTH IOWA CHRISTIAN SCHOOL

Street Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 Mailing Address: 680 6th Street SE
 City: Mason City
 Zip Code: 50401
 County: Cerro Gordo
 Area Code: 641
 School Phone: 423-6440
 HS Fax: 000-0000
 Web Site: <http://www.northiowachristian.com>
 School Colors: blue and white
 Principal..... Jason Miner
 Phone.....(641)423-6440
 Athletic Administrator Steve Vandenberg
 Phone.....(641)423-6440
 Email stvanderberg@mchsi.com

NORTH IOWA, BUFFALO CENTER

Street Address: 111 3rd Ave. NW
 City: Buffalo Center
 Zip Code: 50424
 Mailing Address: PO Box 510
 City: Buffalo Center
 Zip Code: 50424
 Supt. St Address: PO Box 510
 Supt. City: Buffalo Center
 Supt. Zip: 50424
 County: Winnebago
 Area Code: 641
 School Phone: 562-2525
 HS Fax: 562-2921
 Web Site: <http://www.northiowa.org>
 School Colors: Royal Blue & Silver
 Nickname: Bison
 Conference: North Iowa
 Superintendent Joe Erickson
 Phone.....(641)562-2979
 Email erickson@northiowa.org
 Principal..... Keri Bergeson
 Phone.....(641)562-2525
 Email bergesonk@northiowa.org
 Athletic Administrator Chad Hinders
 Phone.....(641)562-2525 x157
 Email hinders@northiowa.org
 Golf Matt Harriman
 Girls Golf..... Matt Harriman
 Basketball Chad Hinders
 Girls Basketball..... Matt Harriman
 Baseball..... Zach Meinders
 Girls Softball Chad Hinders
 Football..... Brad Bengtson
 Girls Volleyball Micah Peters
 Track & Field..... Jon Potter
 Girls Track & Field Jon Potter
 Cross Country..... Jon Potter
 Girls Cross Country Jon Potter

Football CheerleadingMelissa Bennett
Basketball Cheerleading.....Melissa Bennett
Speech Director.....Shelby Holbrook
Student CouncilTeresa Schmitt
Band Director.....Shelby Holbrook
Vocal DirectorJerry Holbrook

NORTH LINN, TROY MILLS

Street Address: 3033 Lynx Dr
City: Troy Mills
Zip Code: 52344
Mailing Address: PO Box 200
City: Troy Mills
Zip Code: 52344
Supt. St Address: PO Box 200
Supt. City: Troy Mills
Supt. Zip: 52344
County: Linn
Area Code: 319
School Phone: 224-3291
HS Fax: 224-3232
Web Site: <http://www.northlinn.k12.ia.us>
School Colors: Burgundy & White
Nickname: Lynx
Conference: Tri Rivers

SuperintendentAllan Marshall
Phone(319)224-3291
Emailamarshall@northlinncsd.org
PrincipalScott Beatty
Phone(319)224-3291
Emailsbeatty@northlinncsd.org
Athletic Administrator.....Mike Hilmer
Phone(319)224-3291
Emailmhilmer@northlinncsd.org
Athletic SecretarySarah Kilburg
Emailskilburg@northlinncsd.org
GolfKevin Goedken
Girls Golf.....Kevin Goedken
BasketballMike Hilmer, Bob Hilmer
Girls Basketball.....Brian Wheatley
Baseball.....Travis Griffith
Girls SoftballMarv Porter
Wrestling.....Dustin Coufal
Football.....Jared Collum
Girls Volleyball.....Jennifer McNeill
Track & Field.....Jared Collum
Girls Track & Field.....Bob Mudd; Dana Schmidt
Cross Country.....Bob Mudd
Girls Cross Country.....Bob Mudd; Dana Schmidt
Football CheerleadingBethany Brink
Wrestling CheerleadingBethany Brink
Speech Director.....Sue Culwell
Band Director.....Brandon Waring
Vocal DirectorLisa Caston

NORTH MAHASKA, NEW SHARON

Street Address: 2163 135th St.
City: New Sharon
Zip Code: 50207
Mailing Address: PO Box 89
City: New Sharon
Zip Code: 50207
Supt. St Address: PO Box 89
Supt. City: New Sharon
Supt. Zip: 50207
County: Mahaska
Area Code: 641
School Phone: 637-4187
HS Fax: 637-4559
AD Fax: 637-4559
Web Site: <http://nmwarhawks.org/>
School Colors: Red & White
Nickname: Warhawks
Conference: South Iowa Cedar

SuperintendentAngela Livezey
Phone(641)637-4187
Emaillivezey@nmwarhawks.org
PrincipalDoug Ray
Phone(641)637-4187
Emailrayd@nmwarhawks.org

Athletic Administrator.....Steve Ehret
Phone(641)637-4187
Emailehrets@nmwarhawks.org
Athletic SecretaryCindy DeGoey
Phone(641)637-4187
Emaildegoeyc@nmwarhawks.org

GolfRyan Groom
Girls Golf.....Ryan Groom
Basketball.....Seth Streebin
Girls Basketball.....L. E. Moore
Baseball.....Kevin Kelderman
Girls SoftballChris Sampson
Wrestling.....Ryan Groom
Football.....Chris Sampson, Seth Streebin
Girls Volleyball.....Alicia Arkema
Track & Field.....Steve Ehret
Girls Track & FieldTerry Malone
Cross Country.....Kipp Schuler
Girls Cross CountryKipp Schuler
Football CheerleadingKelsey McMahan
Basketball Cheerleading.....Lisa Conner
Speech DirectorRachel Martin
Student CouncilTara Carrico, Jenna Carrico
Band Director.....Bruce Peiffer
Vocal DirectorTara Carrico

NORTH POLK, ALLEMAN

Street Address: 13930 NE 6th St
City: Alleman
Zip Code: 50007
Mailing Address: 13930 NE 6th St
City: Alleman
Zip Code: 50007
Supt. St Address: 13930 NE 6th St
Supt. City: Alleman
Supt. Zip: 50007
County: Polk
Area Code: 515
School Phone: 984-3400
HS Fax: 685-2004
AD Fax: 685-2004
Web Site: <http://www.northpolk.org>
School Colors: Black, Red, Silver Gray
Nickname: Comets
Conference: Heart of Iowa

SuperintendentDr. Dan Mart
Phone(515)984-3400 x2152
Emaildan.mart@northpolk.org
Principal.....Cynthia Phillips
Phone(515)984-3400 x2507
Emailcynthia.phillips@northpolk.org
Athletic Administrator.....Rob Sinclair
Phone(515)984-3400 x2504
Emailrob.sinclair@northpolk.org
Sp. Med. ProvMarissa Drake, CAT
(Rock Valley Physical Therapy - Polk City)

TennisBill Taylor
Girls Tennis.....Alex Bollmeyer
GolfClint Albertsen
Girls Golf.....Gary Fjelland
Basketball.....Nick Wilkens
Girls Basketball.....Clint Albertsen
Baseball.....Dave Middleton
Girls SoftballLynette Foster
Wrestling.....Kirk Hesse
Football.....Evan Groepper
Girls Volleyball.....Matt Overton
Track & Field.....Bill Capaldo
Girls Track & FieldScott Huether
Cross Country.....Steve Leach
Girls Cross CountrySteve Leach
SoccerJosh Birchmier
Girls SoccerJeff Anker
Football CheerleadingKate Brileigh Sears
Basketball Cheerleading.....TBA
Wrestling CheerleadingAriel Palmer
Speech DirectorJenny Subra
Student CouncilLiz Huether
Band Director.....Brandon Weeks
Vocal DirectorScott Growdon

NORTH SCOTT, ELDRIDGE

Street Address: 200 S 1st St
City: Eldridge
Zip Code: 52748
Mailing Address: 200 S 1st St
City: Eldridge
Zip Code: 52748
Supt. St Address: 251 E Iowa St
Supt. City: Eldridge
Supt. Zip: 52748
County: Scott
Area Code: 563
School Phone: 285-9631
HS Fax: 285-6075
Web Site: <http://www.north-scott.k12.ia.us>

School Colors: Scarlet & Silver
Nickname: Lancers
Conference: Mississippi Athletic
SuperintendentMr. Joe Stutting
Phone(563)285-9081
Emailjoe.stutting@north-scott.k12.ia.us
Principal.....Shane Knoche
Phone(563)285-3200
Emailshane.knoche@north-scott.k12.ia.us
Asst/Assoc/Vice-PrincipalFrank Wood
Phone(563)285-3208
Emailfrank.wood@north-scott.k12.ia.us
Asst/Assoc/Vice-PrincipalAaron Schwartz
Phone(563)285-3277
Emailaaron.schwartz@north-scott.k12.ia.us
Athletic AdministratorJason Schroeder, CMAA
Phone(563)285-3224
Emailjason.schroeder@north-scott.k12.ia.us
Athletic SecretaryKathi Washam
Phone(563)285-3207
Emailkathi.washam@north-scott.k12.ia.us
Sp. Med. ProvTim Block (Plaza Physical Therapy)
TennisTodd Satterly
Girls Tennis.....Heidi Wilmott
GolfCollin Ellis
Girls Golf.....Frank Wood
Basketball.....Shamus Budde
Girls Basketball.....TJ Case
Baseball.....Travis Ralfs, Brad Ward
Girls SoftballHolly Hoelting
Wrestling.....Drew Kelly
Football.....Kevin Tippet
Girls Volleyball.....Allie Schwiebert
Track & Field.....Joe Greenwood
Girls Track & FieldTroy Mathadiess
Cross Country.....Amy Knoche
Girls Cross CountryAmy Knoche
SoccerTroy Bendickson
Girls SoccerDion Ayers
BowlingMarie Tharp
Girls Bowling.....Marie Tharp
Football CheerleadingSarah Hansel
Basketball Cheerleading.....Sarah Hansel
Wrestling CheerleadingSarah Hansel
Speech DirectorEmily Hintze
Student CouncilJennifer Sambdman
Band Director.....Carl Collins, Mike McMann
Vocal DirectorLori Potts
Orchestra DirectorLinda Hoppe

NORTH TAMA, TRAER

Street Address: 605 Walnut St
City: Traer
Zip Code: 50675
Mailing Address: 605 Walnut St
City: Traer
Zip Code: 50675
Supt. St Address: 605 Walnut St
Supt. City: Traer
Supt. Zip: 50675
County: Tama
Area Code: 319
School Phone: 478-2265
HS Fax: 478-2917
AD Fax: 478-2917

Web Site: <http://www.n-tama.k12.ia.us>
 School Colors: Red & White
 Nickname: Redhawks
 Conference: Iowa Star
 Superintendent David Hill
 Phone (319)478-2265
 Email dhill@n-tama.k12.ia.us
 Principal Andrew Meister
 Phone (319)478-2265 x202
 Email ameister@n-tama.k12.ia.us
 Athletic Administrator Patty Calderwood
 Phone (319)478-2265 x202
 Email pcalderwood@n-tama.k12.ia.us
 Athletic Secretary Patty Calderwood
 Phone (319)478-2265 x214
 Email pcalderwood@n-tama.k12.ia.us
 Sp. Med. Prov. Dave Fricke, LAT
 (Cedar Valley Medical Specialists)
 Golf Trevor Larson
 Girls Golf..... Trevor Larson
 Basketball..... Alex Tagtow
 Girls Basketball..... Shawn Larmore
 Baseball..... Dan Kopriva
 Girls Softball..... Sam Holtz
 Wrestling..... Andrew Knaack
 Football..... Tom McDermott
 Girls Volleyball..... Channing Halstead
 Track & Field..... Brent Billerbeck
 Girls Track & Field..... Katey Holbach
 Cross Country..... Katey Holbach
 Girls Cross Country..... Katey Holbach
 Football Cheerleading..... Tracy Jones
 Basketball Cheerleading..... Tracy Jones
 Wrestling Cheerleading..... Tracy Jones
 Speech Director..... Levi LaRue
 Student Council..... Levi LaRue
 Band Director..... Channing Halstead
 Vocal Director..... Terry Shay

NORTH UNION

Street Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Mailing Address: 600 4th Ave
 City: Armstrong
 Zip Code: 50514
 Supt. St Address: 600 4th Ave
 Supt. City: Armstrong
 Supt. Zip: 50514
 County: Emmet
 Area Code: 712
 School Phone: 868-3550
 HS Fax: 868-3550
 AD Fax: 868-3550
 Web Site: <http://nuwarriors.org>
 School Colors: Green, Black, White
 Nickname: Warriors
 Conference: Top of Iowa (TIC)
 Superintendent Travis Schueller
 Phone (712)868-3590
 Email travis.schueller@nuwarriors.org
 Admin Asst Erin Rogers
 Phone (712)868-3550
 Email erin.rogers@nuwarriors.org
 Principal Robert Zotz
 Phone (712)868-3590
 Email robert.zotz@nuwarriors.org
 Asst/Assoc/Vice-Principal Julie Runksmeier
 Phone (515)272-4361
 Email julie.runksmeier@nuwarriors.org
 Asst/Assoc/Vice-Principal Karl Dearie
 Phone (515)889-2261
 Email karl.deerie@nuwarriors.org
 Athletic Administrator Alex Fisher
 Phone (712)868-3590
 Email alex.fisher@nuwarriors.org
 Co-AD/Assistant Royce Byrnes
 Phone (515)272-4102
 Email royce.byrnes@nuwarriors.org

Athletic Secretary Lisa Olson
 Phone (712)868-3550
 Email lisa.olson@nuwarriors.org
 Sp. Med. Prov. Center for Specialty Care
 Golf Wes Gibbs
 Girls Golf..... Carole Bernhard
 Basketball..... Alex Fisher
 Girls Basketball..... Merle Tigges
 Baseball..... Royce Byrnes
 Girls Softball..... Art Ingalls
 Wrestling..... Joe Johnson
 Football..... Matt Ernster
 Girls Volleyball..... Amanda Goche
 Track & Field..... Loren Looft
 Girls Track & Field..... Loren Looft
 Cross Country..... Brooke Nelsen
 Girls Cross Country..... Brooke Nelsen
 Football Cheerleading..... Valerie Vivens
 Basketball Cheerleading..... Valerie Vivens
 Speech Director..... Tiffani Stevens, Mitch Mart
 Student Council..... Lydia Fothergill
 Band Director..... Christofer Lockwood
 Vocal Director..... David Sponder

NORTHEAST, GOOSE LAKE

Street Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Mailing Address: 3690 Hwy 136
 City: Goose Lake
 Zip Code: 52750
 Supt. St Address: 3690 Hwy 136
 Supt. City: Goose Lake
 Supt. Zip: 52750
 County: Clinton
 Area Code: 563
 School Phone: 577-2249
 HS Fax: 577-2248
 AD Fax: 577-2248
 Web Site: <http://www.northeast.k12.ia.us>
 School Colors: Columbia Blue & White
 Nickname: Rebels
 Conference: River Valley
 Superintendent Neil Gray
 Phone (563)577-2249 x606
 Email neil.gray@northeastcsd.org
 Principal Jennifer Huling
 Phone (563)577-2249 x106
 Email jennifer.huling@northeastcsd.org
 Asst/Assoc/Vice-Principal Jered Birt
 Phone (563)577-2249 x101
 Email jered.birt@northeastcsd.org
 Athletic Administrator Gary Lueders
 Phone (563)577-2249 x316
 Email gary.lueders@northeastcsd.org
 Co-AD/Assistant Diana Gardner
 Phone (563)577-2249 x111
 Email diana.gardner@northeastcsd.org
 Athletic Secretary Anna Lorenzen
 Phone (563)577-2249 x100
 Email anna.lorenzen@northeastcsd.org
 Sp. Med. Prov. Kate Bauder, LAT
 (Rock Valley Physical Therapy)
 Golf Jacob Schaefer
 Girls Golf..... Alec Anderson
 Basketball..... Travis Eversmeyer
 Girls Basketball..... Scott Maddasion
 Baseball..... Ryan Jordan
 Girls Softball..... Elizabeth Reuter
 Wrestling..... Joshua Petersen
 Football..... Jerad Block
 Girls Volleyball..... Aubree Tanzillo
 Track & Field..... Mike Mattis
 Girls Track & Field..... Pat Healy
 Cross Country..... Trenton Weaver
 Girls Cross Country..... Trenton Weaver
 Girls Soccer..... Rick Barnhill
 Football Cheerleading..... Shana Johnson
 Basketball Cheerleading..... Shana Johnson

Wrestling Cheerleading Shana Johnson
 Speech Director..... Matt Bolahan
 Student Council..... Jake Schaefer
 Band Director..... Matt Bolahan
 Vocal Director..... Laura Horst

NORTHWOOD-KENSETT

Street Address: 704 N 7th St
 City: Northwood
 Zip Code: 50459
 Mailing Address: PO Box 289
 City: Northwood
 Zip Code: 50459
 Supt. St Address: 1200 1st Ave N
 Supt. City: Northwood
 Supt. Zip: 50459
 County: Worth
 Area Code: 641
 School Phone: 324-2142
 HS Fax: 324-2174
 AD Fax: 324-2174
 Web Site: <http://www.nwood-kensett.k12.ia.us>
 School Colors: Blue & White
 Nickname: Vikings
 Conference: Top of Iowa
 Superintendent Mike Crozier
 Phone (641)324-2021
 Email mcrozier@nkvikings.com
 Principal Keith Fritz
 Phone (641)324-2142 x101
 Email kfritz@nkvikings.com
 Athletic Administrator Steve J Hartman
 Phone (641)324-2142
 Email shartman@nkvikings.com
 Athletic Secretary Clara Helgeland
 Phone (641)324-2142 x100
 Email chelgeland@nkvikings.com
 Golf Greg Parks
 Girls Golf..... Steve Hartman
 Basketball..... Marty Cotter
 Girls Basketball..... Daryl Love
 Baseball..... Jeff Ferstein
 Girls Softball..... Greg Parks
 Wrestling..... Jordan Reindl
 Football..... David Capitani
 Girls Volleyball..... Ellen Gallagher
 Track & Field..... David Capitani
 Girls Track & Field..... Troy Einertson
 Cross Country..... Brendan Ehlike
 Girls Cross Country..... Brendan Ehlike
 Football Cheerleading..... Cindy Pangburn
 Basketball Cheerleading..... Cindy Pangburn
 Wrestling Cheerleading..... Cindy Pangburn
 Speech Director..... Ann Flathman
 Student Council..... Monte DeArmoun
 Band Director..... Jared Barnes
 Vocal Director..... Nikkole Koenig

NORWALK

Street Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Mailing Address: 1201 North Ave
 City: Norwalk
 Zip Code: 50211
 Supt. St Address: 380 Wright Rd
 Supt. City: Norwalk
 Supt. Zip: 50211
 County: Warren
 Area Code: 515
 School Phone: 981-4201
 HS Fax: 981-9875
 AD Fax: 981-9871
 Web Site: <http://www.norwalk.k12.ia.us>
 School Colors: Purple & Vegas Gold
 Nickname: Warriors
 Conference: Little Hawkeye
 Superintendent Duane Magee
 Phone (515)981-0676
 Email dmagee@norwalk.k12.ia.us

Principal.....Chris Basinger
 Phone.....(515)981-4201
 Email.....cbasinger@norwalk.k12.ia.us
 Asst/Assoc/Vice-Principal.....Tom Scallon
 Phone.....(515)981-4201
 Email.....tscallon@norwalk.k12.ia.us
 Athletic Administrator.....Al Lammers
 Phone.....(515)981-4204
 Email.....alammers@norwalk.k12.ia.us
 Co-AD/Assistant.....Zach Lipovac
 Phone.....(515)981-0435
 Email.....zlipovac@norwalk.k12.ia.us
 Athletic Secretary.....Mallory Metzger
 Phone.....(515)981-4204
 Email.....mmetzger@norwalk.k12.ia.us
 Sp. Med. Prov.....Peter Sand, LAT (Unity Point)
 Tennis.....Korri ClarkWilt
 Girls Tennis.....Kristin Geisler
 Golf.....Steve Wermerskirchen
 Girls Golf.....Michael Gavin
 Basketball.....Chris Larson
 Girls Basketball.....Jill Martin
 Baseball.....Chad Wiedmann
 Girls Softball.....Andy Pals
 Wrestling.....Brandon Schmitz
 Football.....Paul Patterson
 Girls Volleyball.....Olivia Sulentic
 Girls Track & Field.....Charity Campbell
 Cross Country.....Chad Larson
 Girls Cross Country.....Michelle Wiedmann
 Soccer.....Dustin Kralik
 Girls Soccer.....Andrew Messer
 Bowling.....Dennis Stoker
 Girls Bowling.....Dennis Stoker
 Football Cheerleading.....Amanda Moede
 Basketball Cheerleading.....Heather Saville
 Wrestling Cheerleading.....Tiffany Davis
 Student Council.....Zach Peiper
 Band Director.....Ken Huen
 Vocal Director.....Gerard Krupke

NOTRE DAME, BURLINGTON

Street Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Mailing Address: 702 S Roosevelt Ave
 City: Burlington
 Zip Code: 52601
 Supt. St Address: 708 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Des Moines
 Area Code: 319
 School Phone: 754-8431
 HS Fax: 752-8690
 AD Fax: 752-8690
 Web Site: <http://www.nd-burl.pvt.k12.ia.us>
 School Colors: Navy Blue & Gold
 Nickname: Nikes
 Conference: SEI Superconference - South
 Superintendent.....Lee Morrison
 Phone.....(563)888-4231
 Email.....morrison@davenportdiocese.org
 Principal.....Bill Maupin
 Phone.....(319)754-8431 x352
 Email.....Bill.Maupin@bnotredame.org
 Asst/Assoc/Vice-Principal.....Judi Simon
 Phone.....(319)754-8461 x303
 Email.....judi.simon@bnotredame.org
 Athletic Administrator.....Bill Plein
 Phone.....(319)754-8431 x2
 Email.....bill.plein@bnotredame.org
 Sp. Med. Prov.....Jeff Taeger, PT
 (Great River Medical Center)
 Tennis.....Mike Moffit
 Girls Tennis.....TBD
 Golf.....Dan Kies
 Girls Golf.....Dan Kies
 Basketball.....Dan Kies

Girls Basketball.....Jim Myers
 Baseball.....Jeff Klein
 Wrestling.....Bill Plein
 Girls Volleyball.....Nita Carlson
 Cross Country.....Mike Moffitt
 Girls Cross Country.....Mike Moffitt
 Soccer.....John Wagner
 Girls Soccer.....Todd Ackerman
 Basketball Cheerleading.....Judy Mears
 Speech Director.....Mary Jo Miller
 Student Council.....Nita Carlson
 Band Director.....Joshua Hopper
 Vocal Director.....Amanda Brent

OABCIG

Street Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Mailing Address: 900 John Montgomery Dr
 City: Ida Grove
 Zip Code: 51445
 Supt. St Address: 900 John Montgomery Dr
 Supt. City: Ida Grove
 Supt. Zip: 51445
 County: Ida
 Area Code: 712
 School Phone: 364-3371
 HS Fax: 364-4463
 AD Fax: 668-2631
 Web Site: <http://www.oabcig.org>
 School Colors: Black, Silver, Purple
 Nickname: Falcons
 Conference: Western Valley
 Superintendent.....Mr. Matt Alexander
 Phone.....(712)364-3371
 Email.....malexander@oabcig.org
 Admin Asst.....Kathy Leonard
 Phone.....(712)364-3687
 Email.....kleonard@oabcig.org
 Principal.....Patrick Miller
 Phone.....(712)364-3371
 Email.....pmiller@oabcig.org
 Athletic Administrator.....Larry Allen
 Phone.....(712)668-4820
 Email.....lallen@oabcig.org
 Athletic Secretary.....Traci Allen
 Phone.....(712)668-2289
 Email.....tallen@oabcig.org
 Sp. Med. Prov.....Mike Spelman, LAT
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf.....Kurt Hofmeister
 Girls Golf.....Byron Hartwig
 Basketball.....Steve Brown
 Girls Basketball.....Kurt Brown
 Baseball.....Dan Dotzler
 Girls Softball.....TBD
 Wrestling.....Randy Nieman
 Football.....Larry Allen
 Girls Volleyball.....Holly Nuetzman
 Track & Field.....Travis Chizek
 Girls Track & Field.....Bob Saunders
 Cross Country.....Bob Saunders
 Girls Cross Country.....Bob Saunders
 Bowling.....Kurt Hofmeister
 Football Cheerleading.....Pam Cobb
 Basketball Cheerleading.....Becky Miller, Kim Bleckwehl
 Wrestling Cheerleading.....To Be Determined
 Speech Director.....Kariann Jurgenson
 Student Council.....Jacob Pedersen
 Band Director.....Benjamin Mauritz
 Vocal Director.....Jacob Pedersen

OELWEIN

Street Address: 315 8th Ave SE
 City: Oelwein
 Zip Code: 50662
 Mailing Address: 315 8th Ave SE
 City: Oelwein
 Zip Code: 50662
 Supt. St Address: 307 8th Ave SE

Supt. City: Oelwein
 Supt. Zip: 50662
 County: Fayette
 Area Code: 319
 School Phone: 283-2731
 HS Fax: 283-1689
 AD Fax: 283-1689
 Web Site: <http://www.oelwein.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Huskies
 Conference: Northeast Iowa
 Superintendent.....Josh Ehn
 Phone.....(319)283-3536
 Email.....jehn@oelwein.k12.ia.us
 Admin Asst.....Karen Seeders
 Phone.....(319)283-3536
 Email.....kseeders@oelwein.k12.ia.us
 Principal.....Travis Druvenga
 Phone.....(319)283-2731
 Email.....tdruvenga@oelwein.k12.ia.us
 Asst/Assoc/Vice-Principal.....Steven Lueck
 Phone.....(319)283-2731
 Email.....slueck@oelwein.k12.ia.us
 Athletic Administrator.....Steven Lueck
 Phone.....(319)283-2731
 Email.....slueck@oelwein.k12.ia.us
 Athletic Secretary.....Teresa Tuecke
 Phone.....(319)283-2731
 Email.....ttuecke@oelwein.k12.ia.us
 Sp. Med. Prov.....Todd Bradley, PT (Performance Rehab)
 Tennis.....Nick Schauf
 Girls Tennis.....Jayne Parsons
 Golf.....Cole Thomas
 Girls Golf.....Cole Thomas
 Basketball.....Nick Schauf
 Girls Basketball.....Trevor Arnold
 Baseball.....Jason Gearhart
 Girls Softball.....Kelcie Bormann
 Wrestling.....Travis Bushaw
 Football.....Trevor Arnold
 Girls Volleyball.....Lee Andersen
 Track & Field.....Gary Goeller
 Girls Track & Field.....Gary Goeller
 Cross Country.....Michael Mohlis
 Girls Cross Country.....Michael Mohlis
 Bowling.....Dean Hendricks
 Girls Bowling.....Dean Hendricks
 Football Cheerleading.....Jamie Knowles
 Basketball Cheerleading.....Jamie Knowles
 Wrestling Cheerleading.....Jamie Knowles
 Speech Director.....Dana Meyers
 Student Council.....Derek Kuennen
 Band Director.....Cory McBride
 Vocal Director.....Darci Fuelling

OGDEN

Street Address: 732 W Division St
 City: Ogden
 Zip Code: 50212
 Mailing Address: PO Box 250
 City: Ogden
 Zip Code: 50212
 Supt. St Address: PO Box 250
 Supt. City: Ogden
 Supt. Zip: 50212
 County: Boone
 Area Code: 515
 School Phone: 275-4034
 HS Fax: 275-4972
 AD Fax: 275-4972
 Web Site: <http://www.ogdenschools.org>
 School Colors: Royal Blue & White
 Nickname: Bulldogs
 Conference: West Central Activity Conference
 Superintendent.....Pam Dodge
 Phone.....(515)275-2894
 Email.....pam.dodge@ogden.k12.ia.us
 Principal.....Maury Ruble
 Phone.....(515)275-4034
 Email.....maury.ruble@ogden.k12.ia.us

Athletic Administrator Ben Van Wyk
 Phone (515)275-4034
 Email ben.vanwyk@ogden.k12.ia.us
 Athletic Secretary Julie Hinman
 Phone (515)275-4034
 Email julie.hinman@ogden.k12.ia.us
 Sp. Med. Prov. Samantha Busch, LAT
 (Boone Rehab Services)
 Golf Doug Stoakes
 Girls Golf Doug Stoakes
 Basketball David Morris
 Girls Basketball Ben Van Wyk
 Baseball Dick Smith
 Girls Softball Mike Moses
 Wrestling Jesse Sundell
 Football Jacob Burger
 Girls Volleyball Samantha Sperling
 Track & Field Ryan Kobliska
 Cross Country Ryan Kobliska
 Girls Cross Country Ryan Kobliska
 Football Cheerleading Amanda Novotny
 Basketball Cheerleading Amanda Novotny
 Wrestling Cheerleading Brenda McCloud
 Speech Director Susan Casey
 Student Council Terri Bohr
 Band Director Jeremy Britton
 Vocal Director Michael Jones
 Orchestra Director Jeremy Britton

OKOBOJI, MILFORD

Street Address: 901 H Ave
 City: Milford
 Zip Code: 51351
 Mailing Address: PO Box 147
 City: Milford
 Zip Code: 51351
 Supt. St Address: PO Box 147
 Supt. City: Milford
 Supt. Zip: 51351
 County: Dickinson
 Area Code: 712
 School Phone: 338-2446
 HS Fax: 338-2550
 AD Fax: 338-2550
 Web Site: <http://www.okobojischools.org>
 School Colors: Maroon & White
 Nickname: Pioneers
 Conference: Siouxland
 Superintendent Todd Abrahamson
 Phone (712)338-4757 x2101
 Email tabrahamson@okobojischools.org
 Admin Asst Joan Brown
 Phone (712)338-4757 x2300
 Email jbrown@okobojischools.org
 Principal Brian Downing
 Phone (712)338-2446 x5102
 Email bdowning@okobojischools.org
 Athletic Administrator Justin Bouse
 Phone (712)338-2446 x5134
 Email jubouse@okobojischools.org
 Athletic Secretary Kizze Hromatko
 Phone (712)338-2446 x5100
 Email khromatko@okobojischools.org
 Sp. Med. Prov. Northwest Iowa Bone, Joint, and Sports
 Golf Jeremy Wollenburg
 Girls Golf Bill Alexander
 Basketball Ryan Stumbo
 Girls Basketball John Adams
 Baseball Rory Marra
 Girls Softball Cassidy Davis
 Wrestling Nate Dau
 Football Jon Allen
 Girls Volleyball Ashley Linquist
 Track & Field Brad Peter
 Girls Track & Field Nate Dau
 Cross Country Brad Peter, Erin Frerichs
 Girls Cross Country Brad Peter, Erin Frerichs
 Football Cheerleading Ada DeGraaf
 Basketball Cheerleading Rachel Hoskins

Wrestling Cheerleading Ada DeGraaf
 Speech Director Ann Williamsen
 Student Council Maggie Doyle, Rachel Hoskins
 Band Director Ryan Middleton
 Vocal Director Erin Chappas

ORIENT-MACKSBURG

Street Address: 201 School St
 City: Orient
 Zip Code: 50858
 Mailing Address: PO Box 129
 City: Orient
 Zip Code: 50858
 Supt. St Address: PO Box 129
 Supt. City: Orient
 Supt. Zip: 50858
 County: Adair
 Area Code: 641
 School Phone: 337-5061
 HS Fax: 337-5606
 AD Fax: same
 Web Site: <http://www.o-mschools.org>
 School Colors: Red & White
 Nickname: Bulldogs
 Conference: Bluegrass
 Superintendent Norene Bunt
 Phone (641)337-5061
 Email norene.bunt@o-mschools.org
 Principal Teresa Thompson
 Phone (641)337-5061
 Email teresa.thompson@o-mschools.org
 Athletic Administrator Kim DeJongh
 Phone (641)337-5061
 Email kim.dejongh@o-mschools.org
 Tennis Kevin Cooper
 Girls Tennis Kevin Cooper
 Golf Jan Lesan
 Girls Golf Jan Lesan
 Basketball Michael West
 Girls Basketball Kim DeJongh
 Baseball Drew Dornack
 Girls Softball Mike Cooley
 Wrestling Darrell Frain
 Football Dick Bergstrom
 Girls Volleyball Katie Geidel
 Track & Field Kim DeJongh
 Girls Track & Field Kim DeJongh
 Cross Country Samantha Thompson
 Girls Cross Country Samantha Thompson
 Speech Director Jaclyn Slack
 Student Council Jennifer Ray

OSAGE

Street Address: 820 Sawyer Dr
 City: Osage
 Zip Code: 50461
 Mailing Address: 820 Sawyer Dr
 City: Osage
 Zip Code: 50461
 Supt. St Address: 820 Sawyer Dr
 Supt. City: Osage
 Supt. Zip: 50461
 County: Mitchell
 Area Code: 641
 School Phone: 732-3102
 HS Fax: 732-3456
 AD Fax: 732-3456
 Web Site: <http://www.osageschools.com/>
 School Colors: Green, White & Black
 Nickname: Green Devils
 Conference: North Iowa
 Superintendent Barb Schwamman
 Phone (641)732-5381
 Email bschwamman@osage.k12.ia.us
 Admin Asst Renea Trettin
 Email renea.trettin@osage.k12.ia.us
 Principal Tim Hejhal
 Phone (641)732-3102
 Email thejhal@osage.k12.ia.us

Athletic Administrator Michael Henson
 Phone (641)732-3102
 Email michael.henson@osage.k12.ia.us
 Athletic Secretary Julie Schwab
 Phone (641)732-3102
 Email julieschwab@osage.k12.ia.us
 Golf Eric Goddard
 Girls Golf Eric Goddard
 Basketball Mike Brahn
 Girls Basketball Chad Erickson
 Wrestling Brent Jennings
 Football Matt Finn
 Girls Volleyball Andie Olson
 Track & Field Scott Hoppel
 Girls Track & Field Tom Muller
 Cross Country Thomas Meier
 Girls Cross Country Katie Mostek
 Football Cheerleading Debbie Goodale
 Basketball Cheerleading Debbie Goodale
 Wrestling Cheerleading Debbie Goodale
 Speech Director Lisa Garretts
 Student Council TBD
 Band Director Jeff Kirkpatrick
 Vocal Director Laurie Hoepfner

OSKALOOSA

Street Address: 1816 N 3rd St
 City: Oskaloosa
 Zip Code: 52577
 Mailing Address: 1816 N 3rd St
 City: Oskaloosa
 Zip Code: 52577
 Supt. St Address: PO Box 710
 Supt. City: Oskaloosa
 Supt. Zip: 52577
 County: Mahaska
 Area Code: 641
 School Phone: 673-3407
 HS Fax: 673-1985
 AD Fax: 673-1985
 Web Site: <http://www.oskaloosa.k12.ia.us>
 School Colors: Maroon & White
 Nickname: Indians
 Conference: Little Hawkeye
 Superintendent Paula Wright
 Phone (641)673-8345
 Email wrightp@oskycsd.org
 Principal Stacy Bandy
 Phone (641)673-3407 x1804
 Email bandys@oskycsd.org
 Asst/Assoc/Vice-Principal Charles Banks
 Phone (641)673-3407 x1805
 Email banks@oskycsd.org
 Athletic Administrator Ryan Parker
 Phone (641)673-4421
 Email parkerrj@oskycsd.org
 Athletic Secretary Lynne Veldhuizen
 Phone (641)673-4421 x1827
 Email veldhuizenl@oskycsd.org
 Sp. Med. Prov. Laura Norberg (Kinetic Edge)
 Tennis Tony Witt
 Girls Tennis Bryan Kime
 Golf Bret Foster
 Girls Golf Dennis Parks
 Basketball Ryan Parker
 Girls Basketball Jacie White
 Swimming Grant Bolibaugh
 Girls Swimming Laura Brummel
 Baseball Bill Almond
 Girls Softball Jay Harms
 Wrestling Chase Weber
 Football Jake Jenkins
 Girls Volleyball Jennifer Comfort
 Track & Field Mike Sterner
 Girls Track & Field Betsy Luck
 Cross Country Mike Comfort
 Girls Cross Country Mike Comfort
 Soccer Greg Walter
 Girls Soccer Jodi Steinlage

Bowling.....Tony Witt
Girls Bowling.....Tony Witt
Football Cheerleading.....Kista Grosshans
Basketball Cheerleading.....Karen Eversmeyer
Wrestling Cheerleading.....Tim Gibson
Speech Director.....Jessica Weinreich
Student Council.....Kim Gile
Band Director.....Rich Waddington
Vocal Director.....Chris Weinreich
Orchestra Director.....Bruce McLellan

OTTUMWA

Street Address: 501 E 2nd St
City: Ottumwa
Zip Code: 52501
Mailing Address: 501 E 2nd St
City: Ottumwa
Zip Code: 52501
Supt. St Address: 1112 N Van Buren
Supt. City: Ottumwa
Supt. Zip: 52501
County: Wapello
Area Code: 641
School Phone: 683-4444
HS Fax: 682-9607
AD Fax: 682-9607
Web Site: <http://www.ottumwaschools.com>
School Colors: Red & White
Nickname: Bulldogs
Conference: CIML - Metro
Superintendent.....Nicole Kooiker
Phone.....(641)684-6597 x102
Email.....nicole.kooiker@ottumwaschools.com
Principal.....Dan McGuire
Phone.....(641)683-4444 x77574
Email.....dan.mcguire@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Sherry Bemis
Phone.....(641)683-4445 x77502
Email.....sherry.bemis@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Aaron Ruff
Phone.....(641)683-4445 x777501
Email.....aaron.ruff@ottumwaschools.com
Asst/Assoc/Vice-Principal.....Wendy Maas
Phone.....(641)683-4447 x77503
Email.....wendy.maas@ottumwaschools.com
Athletic Administrator.....Scott Maas
Phone.....(641)683-4446 x77574
Email.....scott.maas@ottumwaschools.com
Co-AD/Assistant.....Mike Egbert
Email.....mike.egbert@ottumwaschools.com
Athletic Secretary.....Kenetta Kirkpatrick
Phone.....(641)683-4444 x77514
Email.....kenetta.kirkpatrick@ottumwaschools.com
Sp. Med. Prov.....Heidi Sartorius-Chilton
(Ottumwa Regional Health Center)
Tennis.....Mark Hanson
Girls Tennis.....Leanna Nelson
Golf.....Kyle Creamer
Girls Golf.....Ryan Morgan
Basketball.....Ken Hutchinson
Girls Basketball.....Kevin Patterson
Swimming.....Cherie Langland
Girls Swimming.....Cherie Langland
Baseball.....John Jaeger
Girls Softball.....Frank Huston
Wrestling.....Jeremy Frueh
Football.....Rich Mayson
Girls Volleyball.....Ruth Thomas
Track & Field.....Jim Nickerson
Cross Country.....Jeff Smith
Girls Cross Country.....Angela Chaney
Soccer.....Brett McKenzie
Girls Soccer.....Whitney Reber
Bowling.....Brandon Brooks
Girls Bowling.....Doug Techel
Football Cheerleading.....Heather Swanstrom
Basketball Cheerleading.....TBA
Wrestling Cheerleading.....TBA
Student Council.....Kelci Eakins

Band Director.....Troy Gerleman
Vocal Director.....Dennis Vasconez
Orchestra Director.....Henry Weberpal

PANORAMA, PANORA

Street Address: 701 W Main
City: Panora
Zip Code: 50216
Mailing Address: PO Box 39
City: Panora
Zip Code: 50216
Supt. St Address: PO Box 39
Supt. City: Panora
Supt. Zip: 50216
County: Guthrie
Area Code: 641
School Phone: 755-2317
HS Fax: 755-3008
AD Fax: 755-3008
Web Site: <http://www.panorama.k12.ia.us>
School Colors: Dark Blue, Light Blue, Silver
Nickname: Panthers
Conference: West Central
Superintendent.....Shawn Holloway
Phone.....(641)755-4144
Email.....shawn.holloway@panorama.k12.ia.us
Admin Asst.....Vanessa Phillips
Phone.....(641)755-4144
Email.....vanessa.phillips@panorama.k12.ia.us
Principal.....Thad Stanley
Phone.....(641)755-2317
Email.....thad.stanley@panorama.k12.ia.us
Athletic Administrator.....Erin Kirtley
Phone.....(641)755-2317
Email.....erin.kirtley@panorama.k12.ia.us
Athletic Secretary.....Char McNeill
Phone.....(641)755-2317
Email.....char.mcneill@panorama.k12.ia.us
Sp. Med. Prov.....Erin Kirtley
Golf.....David VanAhn
Girls Golf.....Melissa Hochstetler
Basketball.....Nick Peasley
Girls Basketball.....Dan Druivenga
Baseball.....Brian Bahrenfuss
Girls Softball.....Ryan Nail
Wrestling.....Jason Kirtley
Football.....Michael Kauzlarich
Girls Volleyball.....Jessica Nail
Track & Field.....Greg Thompson
Girls Track & Field.....Greg Thompson
Cross Country.....Greg Thompson
Girls Cross Country.....Greg Thompson
Soccer.....Matt Fronapfel
Girls Soccer.....Curt Thornberry, Brandon Waddle
Football Cheerleading.....Ashley Smith
Basketball Cheerleading.....Melissa Hochstetler
Wrestling Cheerleading.....Erin Kirtley
Speech Director.....Deb Arganbright
Student Council.....Kylee Boettcher
Band Director.....Jim Bauch
Vocal Director.....Chris Helm

PATON-CHURDAN

Street Address: 606 Adrian St
City: Churdan
Zip Code: 50050
Mailing Address: PO Box 157
City: Churdan
Zip Code: 50050
Supt. St Address: PO Box 157
Supt. City: Churdan
Supt. Zip: 50050
County: Greene
Area Code: 515
School Phone: 389-3111
HS Fax: 389-3113
AD Fax: 389-3113
Web Site: <http://www.paton-churdan.k12.ia.us>
School Colors: Orange & Black

Nickname: Rockets
Conference: Rolling Hills
Superintendent.....Kreg Lensch
Phone.....(515)389-3111
Email.....klensch@glidden-ralston.k12.ia.us
Principal.....Annie Smith
Phone.....(515)389-3111
Email.....asmith@paton-churdan.k12.ia.us
Athletic Administrator.....Chris Stimson
Phone.....(515)389-3111
Email.....cstimson@paton-churdan.k12.ia.us
Athletic Secretary.....Ann Meyer
Phone.....(515)389-3111
Email.....ameyer@paton-churdan.k12.ia.us
Basketball.....Chris Stimson
Girls Basketball.....Tom Kennedy
Girls Volleyball.....Tom Kennedy
Track & Field.....Chris Stimson
Girls Track & Field.....Chris Stimson
Speech Director.....Stephanie Pace
Student Council.....Amanda Tasler
Band Director.....Shannon Hobbs
Vocal Director.....Shannon Hobbs

PCM, MONROE

Street Address: 400 E Old Hwy 163
City: Monroe
Zip Code: 50170
Mailing Address: PO Box 610
City: Monroe
Zip Code: 50170
Supt. St Address: PO Box 610
Supt. City: Monroe
Supt. Zip: 50170
County: Jasper
Area Code: 641
School Phone: 259-2315
HS Fax: 259-2317
AD Fax: 259-2317
Web Site: <http://pcmmonroe.k12.ia.us>
School Colors: Crimson & Gold
Nickname: Mustangs
Conference: Heart of Iowa
Superintendent.....Bradley Jermeland
Phone.....(641)259-2316
Email.....bjermeland@pcmmonroe.k12.ia.us
Admin Asst.....Lori Storm
Phone.....(641)259-2316
Email.....lstorm@pcmmonroe.k12.ia.us
Principal.....Scott Bridges
Phone.....(641)259-2315
Email.....sbridges@pcmmonroe.k12.ia.us
Athletic Administrator.....Greg Bonnett
Phone.....(641)259-2315
Email.....gbonnett@pcmmonroe.k12.ia.us
Athletic Secretary.....Lori Storm
Phone.....(641)259-2315
Email.....lstorm@pcmmonroe.k12.ia.us
Golf.....Matt Rider
Girls Golf.....Tony Ford
Basketball.....Fred Lorensen
Girls Basketball.....Jeff Lindsay
Baseball.....Jeff Lindsay
Wrestling.....Jeff Nicholson
Football.....Greg Bonnett
Girls Volleyball.....Alex Sampson
Track & Field.....Collin Harrison
Girls Track & Field.....Bridget Martin
Cross Country.....Eric Karr
Girls Cross Country.....Eric Karr
Soccer.....Darin Telfer
Girls Soccer.....Bill Sowder
Football Cheerleading.....Megan Bouska
Basketball Cheerleading.....Megan Bouska
Wrestling Cheerleading.....Megan Bouska
Speech Director.....Samantha Pohl
Student Council.....Samantha Pohl, Tara Williams
Band Director.....TBD
Vocal Director.....TBD

PEKIN

Street Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Mailing Address: 1062 Birch Ave
 City: Packwood
 Zip Code: 52580
 Supt. St Address: 1062 Birch Ave
 Supt. City: Packwood
 Supt. Zip: 52580
 County: Jefferson
 Area Code: 319
 School Phone: 695-3705
 HS Fax: 695-5130
 Web Site: <http://www.pekincsd.org>
 School Colors: Black, White, Red
 Nickname: Panthers
 Conference: SEI Superconference-North

Superintendent Dave Harper
 Phone (319)695-3039 x205
 Email dave.harper@pekincsd.org

Admin Asst Ann Swanson
 Phone (319)695-3039 x203
 Email ann.swanson@pekincsd.org

Principal Clint Gingerich
 Phone (319)695-3705 x207
 Email clint.gingerich@pekincsd.org

Athletic Secretary Christy Gambell
 Phone (319)695-3705 x208
 Email christy.gambell@pekincsd.org

Sp. Med. Prov. Eric Turner (Jet Physical Therapy)

Basketball John Swanson
 Girls Basketball Davis Eidahl
 Baseball Curtis Reighard, Aaron Deutsch
 Girls Softball Allison Glick
 Wrestling Al Chapman
 Football Brent Blakely
 Girls Volleyball Sara Lane
 Track & Field Davis Eidahl
 Girls Track & Field Davis Eidahl
 Cross Country Davis Eidahl
 Girls Cross Country Davis Eidahl
 Football Cheerleading Paula Richards
 Basketball Cheerleading Christine Coffin
 Wrestling Cheerleading Paula Richards
 Student Council Dawn Black
 Band Director Derrick White
 Vocal Director Derrick White

PELLA

Street Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Mailing Address: 212 E University St
 City: Pella
 Zip Code: 50219
 Supt. St Address: 210 E University St.
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-3870
 HS Fax: 628-7402
 AD Fax: 628-7402
 Web Site: <http://www.pella.k12.ia.us>
 School Colors: Green & White
 Nickname: Dutch / Lady Dutch
 Conference: Little Hawkeye

Superintendent Greg Ebeling
 Phone (641)628-1111
 Email greg.ebeling@pella.k12.ia.us

Principal Eric Nelson
 Phone (641)628-3870
 Email eric.nelson@pella.k12.ia.us

Asst/Assoc/Vice-Principal Derek Schulte
 Phone (641)628-3870
 Email derek.schulte@pella.k12.ia.us

Athletic Administrator Dale Otte
 Phone (641)628-7305 x1625
 Email dale.otte@pella.k12.ia.us

Co-AD/Assistant Scott Tjeerdsma, Middle School
 Phone (641)628-7305
 Email scott.tjeerdsma@pella.k12.ia.us

Athletic Secretary Abby Cunningham
 Phone (641)628-7305
 Email abby.cunningham@pella.k12.ia.us

Sp. Med. Prov. Todd Smith, LAT, PT
 (Pella Regional Health Center)

Tennis Josiah Brandt
 Girls Tennis Josh McCollam
 Golf Bob Fessler
 Girls Golf Joe Tangen
 Basketball Derek Schulte
 Girls Basketball Jerod Garland
 Baseball Jesse Jablonski
 Girls Softball Teresa Thompson
 Wrestling Bryant Hancock
 Football Jay McKinstrey
 Girls Volleyball Catie Brand
 Track & Field Brent Van Hauen
 Girls Track & Field Dak Rasmussen
 Cross Country Douglas Cutler
 Girls Cross Country Douglas Cutler
 Soccer Mark Solomon
 Girls Soccer Mark Howard
 Bowling Mike Norman
 Girls Bowling Mike Norman
 Football Cheerleading Maddy Dingeman
 Basketball Cheerleading Maddy Dingeman
 Wrestling Cheerleading Alecia Jablonski
 Speech Director Suzanne Jones
 Student Council Dak Rasmussen
 Band Director Jason Pentico, Dameon Place
 Vocal Director Michelle Chaplin
 Orchestra Director Katherine Bendon

PELLA CHRISTIAN

Street Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219
 Mailing Address: 300 Eagle Lane
 City: Pella
 Zip Code: 50219
 Supt. St Address: 300 Eagle Lane
 Supt. City: Pella
 Supt. Zip: 50219
 County: Marion
 Area Code: 641
 School Phone: 628-4440
 HS Fax: 628-3530
 AD Fax: 628-3530
 Web Site: <http://www.pceagles.org>
 School Colors: Maroon & White
 Nickname: Eagles
 Conference: Little Hawkeye

Superintendent Dan Van Kooten
 Phone (641)628-4440 x1103
 Email vankootend@pceagles.org

Principal Dan Van Kooten
 Phone (641)628-4440 x1103
 Email vankootend@pceagles.org

Asst/Assoc/Vice-Principal Greg Wojczynski
 Phone (641)628-4440 x1113
 Email wojczynskig@pceagles.org

Athletic Administrator Dan Branderhorst
 Phone (641)628-4440 x1104
 Email branderhorstd@pceagles.org

Athletic Secretary Penne Fox
 Phone (641)628-4440 x1101
 Email foxp@pceagles.org

Sp. Med. Prov. Ashley Beekman, LAT (Kinetic Edge)

Girls Tennis Danielle Stubbs
 Golf Joel Rietema
 Basketball Larry Hessing
 Girls Basketball Kevin Van Maanen
 Baseball Jeff Bruxvoort
 Girls Softball Karen Harril
 Football Richard Kacmarynski
 Girls Volleyball John Evenhouse
 Track & Field Keith Anderson

Girls Track & Field Keith Anderson
 Cross Country Mike Buchheit
 Girls Cross Country Mike Buchheit
 Soccer Jake Fancher
 Girls Soccer Mike Buchheit
 Bowling Rod Blunck
 Girls Bowling Rod Blunck
 Football Cheerleading Amy Bandstra
 Basketball Cheerleading Amy Bandstra
 Speech Director Marlo Van Peurseem
 Student Council Brad Engbers
 Band Director Shannon Dykstra
 Vocal Director Tim Van Voorst

PERRY

Street Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Mailing Address: 1200 18th St
 City: Perry
 Zip Code: 50220
 Supt. St Address: 1102 Willis Ave. Suite 200
 Supt. City: Perry
 Supt. Zip: 50220
 County: Dallas
 Area Code: 515
 School Phone: 465-3503
 HS Fax: 465-8510
 AD Fax: 465-8510
 Web Site: <http://www.perry.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Bluejays
 Conference: Raccoon River

Superintendent Clark Wicks
 Phone (515)465-4656
 Email clark.wicks@perry.k12.ia.us

Admin Asst Joyce Scott
 Phone (515)465-4656
 Email joyce.scott@perry.k12.ia.us

Principal Dan Marburger
 Phone (515)465-3503 x8337
 Email dan.marburger@perry.k12.ia.us

Asst/Assoc/Vice-Principal Brad Snowgren
 Phone (515)465-3503 x8359
 Email brad.snowgren@perry.k12.ia.us

Athletic Administrator Tom Lipovac
 Phone (515)465-3503 x8336
 Email tom.lipovac@perry.k12.ia.us

Athletic Secretary Jody Halling
 Phone (515)465-8338
 Email jody.halling@perry.k12.ia.us

Sp. Med. Prov. Clint Lutterman

Golf Adam Kealhofer
 Girls Golf Joel Happel
 Basketball Aaron Lyons
 Girls Basketball Skylar Wolf
 Girls Swimming Jean Dowd
 Baseball Austin Daniels
 Girls Softball Tina Lutterman
 Wrestling Mark Weber
 Football Matt Hardy
 Girls Volleyball John Fulton
 Track & Field Ben Coy
 Girls Track & Field Matt Hardy
 Cross Country Ryan Marzen
 Girls Cross Country Ryan Marzen
 Soccer Gary Overla
 Girls Soccer Gilmar Guerra
 Football Cheerleading Kim Herrera
 Basketball Cheerleading Kim Herrera
 Wrestling Cheerleading Kim Herrera
 Speech Director Wendy Bollhoefer
 Student Council Brenda Mintun
 Band Director Bradley Sparks
 Vocal Director Jenn Nelson

PLEASANT VALLEY

Street Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722

Mailing Address: 604 Belmont Rd
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 525 Belmont Rd
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 332-5309
 HS Fax: 823-1952
 AD Fax: 823-1952
 Web Site: <http://www.pleasval.k12.ia.us>
 School Colors: Blue & Gray
 Nickname: Spartans
 Conference: Mississippi Athletic
 Superintendent Dr. James R. Spelhaug
 Phone (563)332-5550
 Email spelhaugjim@pleasval.k12.ia.us
 Asst/Assoc Supt Brian Strusz
 Phone (563)332-5550
 Email struszbr@pleasval.k12.ia.us
 Principal Mike Zimmer
 Phone (563)332-5151
 Email zimmermike@pleasval.k12.ia.us
 Asst/Assoc/Vice-Principal Darren Erickson
 Phone (563)332-5151
 Email ericksondarren@pleasval.k12.ia.us
 Asst/Assoc/Vice-Principal Jason Jones
 Phone (563)505-1763
 Email jonesjason@pleasval.k12.ia.us
 Athletic Administrator D'Anne Kroemer
 Phone (563)332-5309
 Email kroemerdanne@pleasval.k12.ia.us
 Athletic Secretary Kim Meyer
 Phone (563)332-5309
 Email meyerkim@pleasval.k12.ia.us
 Sp. Med. Prov. Jason Viel (Rock Valley)
 Tennis Randy Brockhage
 Girls Tennis Eric Crawford
 Golf Mike Nedelcoff
 Girls Golf Niki Palmer
 Basketball Steve Hillman
 Girls Basketball Jennifer Goetz
 Swimming Stacey Zapolski
 Girls Swimming Frank DeMaria
 Baseball Bill Sandry
 Girls Softball Jose Lara
 Wrestling Jacob Larsen
 Football Rusty VanWetzinga
 Girls Volleyball Amber Hall
 Track & Field Chris Bryant
 Girls Track & Field Jane Wheeler; Kenny Wheeler
 Cross Country Erik Belby
 Girls Cross Country Jane Wheeler
 Soccer Wayne Ward
 Girls Soccer Ed Knupp
 Bowling Pat Meyer
 Girls Bowling Pat Meyer
 Football Cheerleading Megan Ramirez
 Basketball Cheerleading Megan Ramirez
 Wrestling Cheerleading Telly Skahill
 Speech Director William Myatt
 Student Council Barb Pischke
 Band Director Drew Anderson
 Vocal Director Meg Byrne
 Orchestra Director Rob Swinney

PLEASANTVILLE
 Street Address: 415 W Jones St
 City: Pleasantville
 Zip Code: 50225
 Mailing Address: 415 Jones St
 City: Pleasantville
 Zip Code: 50225
 Supt. St Address: 415 Jones St
 Supt. City: Pleasantville
 Supt. Zip: 50225
 County: Marion
 Area Code: 515

School Phone: 848-0541
 HS Fax: 848-0561
 AD Fax: 848-0561
 Web Site: <http://www.pvillecsd.org>
 School Colors: Orange & Black
 Nickname: Trojans
 Conference: Pride of Iowa
 Superintendent Dr. Tony Aylsworth
 Phone (515)848-0555
 Email taylsworth@pvillecsd.org
 Principal Gary Friday
 Phone (515)848-0541
 Email gfriday@pvillecsd.org
 Asst/Assoc/Vice-Principal Jeff Cook
 Phone (515)848-0528
 Email jcook@pvillecsd.org
 Athletic Administrator Jeff Cook
 Phone (515)848-0529
 Email jcook@pvillecsd.org
 Athletic Secretary Amy Fallis
 Phone (515)848-0555
 Email afallis@pvillecsd.org
 Sp. Med. Prov. Breeann Buseman, LAT
 (Pella Regional Hospital)
 Golf Joel Allman
 Girls Golf Jeff Koerselman
 Basketball Joel Allman
 Girls Basketball Aaron Fichter
 Baseball Sheldon Card
 Girls Softball Jan Haugen
 Wrestling Heath DeForest
 Football Mack Jorth
 Girls Volleyball Joel Allman
 Track & Field Dillon Daniel
 Girls Track & Field Aaron Fichter
 Cross Country Aaron Fichter
 Girls Cross Country Aaron Fichter
 Football Cheerleading Jerusha Claver
 Wrestling Cheerleading Jerusha Claver
 Speech Director Rebecca Perryman
 Student Council Dena Burgett, Erin Cook
 Band Director Dan Stecker
 Vocal Director Bonnie Bekersky

POCAHONTAS AREA
 Street Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Mailing Address: 202 1st Ave SW
 City: Pocahontas
 Zip Code: 50574
 Supt. St Address: 202 1st Ave SW
 Supt. City: Pocahontas
 Supt. Zip: 50574
 County: Pocahontas
 Area Code: 712
 School Phone: 335-4848
 HS Fax: 335-3420
 AD Fax: 335-3420
 Web Site: <http://www.pocahontas.k12.ia.us>
 School Colors: Red & Black
 Nickname: Indians
 Conference: Twin Lakes
 Superintendent Joseph Kramer
 Phone (712)335-4311
 Email jkramer@pocahontas.k12.ia.us
 Principal Roger Francis
 Phone (712)335-4848
 Email rfrancis@pocahontas.k12.ia.us
 Athletic Administrator Brandon Ruffridge
 Phone (712)335-4848
 Email bruffridge@pocahontas.k12.ia.us
 Sp. Med. Prov. Jim Lonning
 (Northwest Iowa Bone, Joint & Sports Surgeons)
 Golf Darren Henrickson
 Girls Golf Leon Johnson
 Basketball Brian Friesner
 Girls Basketball Robert Maske
 Baseball Brandon Ruffridge, Aaron Davidso

Girls Softball Gavin Hjerleid
 Wrestling Tony Johnson
 Football Mike Ehn
 Girls Volleyball Susan Oehlert
 Track & Field Roger Sommerlot
 Girls Track & Field Wayne Suntken
 Cross Country Wayne Suntken
 Girls Cross Country Wayne Suntken
 Football Cheerleading Megan Benson
 Basketball Cheerleading Megan Benson
 Speech Director Missy Davis
 Student Council Kenny Shannon
 Band Director Jenna Phillips
 Vocal Director Andrea Christians

POSTVILLE
 Street Address: 314 W Post St
 City: Postville
 Zip Code: 52162
 Mailing Address: PO Box 717
 City: Postville
 Zip Code: 52162
 Supt. St Address: PO Box 717
 Supt. City: Postville
 Supt. Zip: 52162
 County: Allamakee
 Area Code: 563
 School Phone: 864-7651
 HS Fax: 864-7659
 AD Fax: 864-7659
 Web Site: <http://postvilleschools.com>
 School Colors: Red & Black
 Nickname: Pirates
 Conference: Upper Iowa
 Superintendent Tim Dugger
 Phone (563)864-7651 x422
 Email tdugger@postville.k12.ia.us
 Principal Brendan Knudtson
 Phone (563)864-7651 x402
 Email bknudtson@postville.k12.ia.us
 Athletic Administrator Luke Steege
 Phone (563)864-7651 x406
 Email lsteege@postville.k12.ia.us
 Co-AD/Assistant Teresa Berg
 Phone (563)864-7651 x401
 Email tberg@postville.k12.ia.us
 Sp. Med. Prov. Heather Lange
 Golf Mike Sass
 Girls Golf Mike Sass
 Basketball Mike Sass
 Girls Basketball Aandi Deering
 Baseball Corey Smock
 Wrestling Bryan Mueller
 Football Luke Steege
 Girls Volleyball Daryl Schultz
 Track & Field Shelby Varney
 Girls Track & Field Brad Rose
 Cross Country Brad Rose
 Girls Cross Country Brad Rose
 Soccer RJ Olson
 Football Cheerleading Kayla Rupard
 Wrestling Cheerleading RaeAnne Caldwell
 Speech Director Derek Friederich
 Student Council Betsy Shea
 Band Director Shauna Johnsen
 Vocal Director April Kruckman

PRAIRIE, CEDAR RAPIDS
 Street Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Mailing Address: 401 76th Ave SW
 City: Cedar Rapids
 Zip Code: 52404
 Supt. St Address: 401 76th Ave SW
 Supt. City: Cedar Rapids
 Supt. Zip: 52404
 County: Linn
 Area Code: 319

School Phone: 848-5340
 HS Fax: 848-5349
 AD Fax: 848-5349
 Web Site: <http://www.prairiepride.org>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: Mississippi Valley - Mississippi Division
 Superintendent Doug Wheeler
 Phone (319)848-5201
 Email dwheeler@crprairie.org
 Executive Coordinator Jim Rotter
 Phone (319)848-5200 x2015
 Email jrotter@crprairie.org
 Principal Erik Anderson
 Phone (319)848-5341
 Email eanderson@crprairie.org
 Asst/Assoc/Vice-Principal Rocky Bennett
 Phone (319)848-5361
 Email rbennett@crprairie.org
 Asst/Assoc/Vice-Principal Ryan Fritz
 Phone (319)848-5431
 Email rfritz@crprairie.org
 Asst/Assoc/Vice-Principal Matthew Jenkins
 Phone (319)848-5351
 Email mjenkins@crprairie.org
 Athletic Administrator Rocky Bennett
 Phone (319)848-5361
 Email rbennett@crprairie.org
 Co-AD/Assistant Jessica Johnson
 Phone (319)848-5502
 Email jessjohnson@crprairie.org
 Athletic Secretary Lori Pleiness
 Phone (319)848-5350
 Email lpleiness@crprairie.org
 Sp. Med. Prov. Dave Williams (Performance Therapies)
 Tennis Eric Modracek
 Girls Tennis Scott Leggat
 Golf Erik Columbus
 Girls Golf Erik Columbus
 Basketball Jeremy Rickertsen
 Girls Basketball Josh Bentley
 Swimming Ryan York
 Girls Swimming Ryan York
 Baseball James Nelson
 Girls Softball Erin Johnson
 Wrestling Kane Thompson
 Football Mark Bliss
 Girls Volleyball Lynnette Stecklein
 Track & Field Bill Schwarz
 Girls Track & Field Chris Perkins
 Cross Country Bill Schwarz
 Girls Cross Country Corrie Enyart
 Soccer Curt Lewis
 Girls Soccer Scott Lennon
 Bowling Don Willfong
 Girls Bowling Don Willfong
 Football Cheerleading Lindsey Meier
 Basketball Cheerleading Lisa Hajek
 Wrestling Cheerleading Lisa Hajek
 Speech Director Lori Ling
 Student Council Anna Matheny
 Band Director Deron Jimmerson, Charles Oldenkamp
 Vocal Director Justin Sands, Kelsey Legore

PRINCE OF PEACE CATHOLIC, CLINTON

Street Address: 312 S 4th St
 City: Clinton
 Zip Code: 52732
 Mailing Address: 312 S 4th St
 City: Clinton
 Zip Code: 52732
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804
 County: Clinton
 Area Code: 563
 School Phone: 242-1663
 HS Fax: 243-8272
 AD Fax: 243-8272

Web Site: <http://www.prince.pvt.k12.ia.us>
 School Colors: Royal Blue & Gold
 Nickname: Irish
 Conference: Tri-Rivers
 Superintendent Lee Morrison
 Phone (563)888-4231
 Email morrison@davenportdiocese.org
 Admin Asst Virginia Trullo
 Phone (563)324-1912 x256
 Principal Nancy Peart
 Phone (563)242-1663 x303
 Email nancy.peart@staff.prince.pvt.k12.ia.us
 Asst/Assoc/Vice-Principal Jennifer Hansen-Wauford
 Phone (563)242-1663 x307
 Email jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Administrator Jennifer Hansen-Wauford
 Phone (563)242-1663 x307
 Email jennifer.hansen@staff.prince.pvt.k12.ia.us
 Athletic Secretary Lisa Motroni
 Phone (563)242-1663 x301
 Email lisa.motroni@staff.prince.pvt.k12.ia.us
 Basketball Gerry Murphy
 Girls Basketball Dave Nelson
 Baseball Bob Mulholland
 Girls Volleyball Stacie Kenneavy
 Track & Field Owen Howard
 Girls Track & Field Owen Howard
 Cross Country Owen Howard
 Girls Cross Country Owen Howard
 Speech Director Kathy Andrews
 Band Director Jessalyn Small

RED OAK

Street Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Mailing Address: 2011 N 8th St
 City: Red Oak
 Zip Code: 51566
 Supt. St Address: 2011 N 8th St
 Supt. City: Red Oak
 Supt. Zip: 51566
 County: Montgomery
 Area Code: 712
 School Phone: 623-6610
 HS Fax: 623-6613
 AD Fax: 623-6613
 Web Site: <http://www.redoakschooldistrict.com>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: Hawkeye Ten
 Superintendent Tom Messenger
 Phone (712)623-6600 x3300
 Email messingert@roschools.org
 Admin Asst Tammi VanMeter
 Phone (712)623-6600 x5601
 Email vanmetert@roschools.org
 Principal Nate Perrien
 Phone (712)623-6620 x5000
 Email perrienn@roschools.org
 Athletic Administrator Nate Perrien
 Phone (712)623-6610 x5000
 Email perriennroschools.org
 Co-AD/Assistant Ken Blackman
 Phone (712)623-6610 x5001
 Email blackmank@roschools.org
 Tennis Tristan Johnson
 Girls Tennis Arryn Gillespie
 Golf Bob Boeye
 Girls Golf Patty Henke
 Basketball Dan Pollock
 Girls Basketball Maddie Gelber
 Baseball Mark Erickson
 Girls Softball Tristin Johnson
 Wrestling Tiegen Podliska
 Football Ryan Gelber
 Girls Volleyball Angela Montgomery
 Track & Field Sueann French
 Girls Track & Field Curt Adams

Cross Country Curt Adams
 Girls Cross Country Sueann French
 Bowling Mike Webb
 Girls Bowling Mike Webb
 Football Cheerleading Barb Lombard
 Basketball Cheerleading Barb Lombard
 Wrestling Cheerleading Cheri McFarland
 Speech Director Laura Horn
 Student Council Janelle Erickson
 Band Director Taylor Matuszeski
 Vocal Director Tim Marsden

REGINA, IOWA CITY

Street Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Mailing Address: 2150 Rochester Ave
 City: Iowa City
 Zip Code: 52245
 Supt. St Address: 780 W Central Park Ave
 Supt. City: Davenport
 Supt. Zip: 52804-1901
 County: Johnson
 Area Code: 319
 School Phone: 338-5436
 HS Fax: 887-3817
 AD Fax: 887-3817
 Web Site: <http://www.regina.org>
 School Colors: Navy & Gold
 Nickname: Regals
 Conference: River Valley
 Superintendent Lee Morrison
 Phone (563)888-4231
 Email morrison@davenportdiocese.org
 Principal Glenn Plummer
 Phone (319)338-5436 x1200
 Email glenn.plummer@regina.org
 Asst/Assoc/Vice-Principal Tim Foley
 Phone (319)338-5436 x1220
 Email tim.foley@regina.org
 Athletic Administrator Bryce Smeins
 Phone (319)338-5436
 Email bryce.smeins@regina.org
 Co-AD/Assistant Carolyn Sueppel
 Phone (319)338-5436 x1221
 Email carolyn.sueppel@regina.org
 Sp. Med. Prov. Johnnie James, LAT
 (University of Iowa Sports Medicine)
 Golf Jared Galpin
 Girls Golf Kevin Kahler, Tim Scholze
 Basketball Jared Galpin
 Girls Basketball Jeff Wallace
 Baseball Jeff Pacha
 Girls Softball Jake Koolbeck
 Wrestling Adam Martensen
 Football Marv Cook
 Girls Volleyball Jordyn Akers
 Cross Country Liam Hartley
 Girls Cross Country Liam Hartley
 Soccer Rick Larew
 Girls Soccer Ann Larew
 Football Cheerleading Kaitlyn Cooley
 Band Director Tom Nelson
 Vocal Director Travis Richter

RICEVILLE

Street Address: 912 Woodland Ave
 City: Riceville
 Zip Code: 50466
 Mailing Address: 912 Woodland Ave
 City: Riceville
 Zip Code: 50466
 Supt. St Address: 912 Woodland Ave
 Supt. City: Riceville
 Supt. Zip: 50466
 County: Howard
 Area Code: 641
 School Phone: 985-2288
 HS Fax: 985-4001

AD Fax: 985-4001
 Web Site: <http://www.riceville.k12.ia.us>
 School Colors: Red & Black
 Nickname: Wildcats
 Conference: Iowa Star - North
 Superintendent Barb Schwamman
 Phone (641)985-2288 x1052
 Email barb.schwamman@riceville.k12.ia.us
 Principal Vanessa Huber
 Phone (641)985-2288 x2002
 Email vanessa.huber@riceville.k12.ia.us
 Athletic Administrator Bryce Conway
 Phone (641)985-2288
 Email bconway@riceville.k12.ia.us
 Golf Marcia Grimm
 Girls Golf Marcia Grimm
 Basketball Bret Brincks
 Girls Basketball Kelly Houser
 Baseball Bryce Conway
 Girls Softball Sherry Marr, Andrea Bauer
 Wrestling Che' Oulman
 Football Stef Fair
 Girls Volleyball Robin Kuhn
 Track & Field Stef Fair
 Girls Track & Field Darcy Fair
 Cross Country Bryce Conway
 Girls Cross Country Bryce Conway
 Football Cheerleading Heather Christensen
 Basketball Cheerleading Heather Christensen
 Speech Director Jim Cross
 Band Director Amanda Dwine
 Vocal Director Amanda Dwine

RIDGE VIEW

Street Address: 519 E Maple St
 City: Holstein
 Zip Code: 51025
 Mailing Address: PO Box 320
 City: Holstein
 Zip Code: 51025
 Supt. St Address: PO Box 320
 Supt. City: Holstein
 Supt. Zip: 51025-0320
 County: Ida
 Area Code: 712
 School Phone: 368-2641
 HS Fax: 368-4843
 AD Fax: 368-4843
 Web Site: <http://www.rvraptors.org>
 School Colors: Orange, Gold, & Black
 Nickname: Raptors
 Conference: Western Valley
 Superintendent Jon Wiebers
 Phone (712)368-4353
 Email jwiebers@rvraptors.org
 Principal Bret Warnke
 Phone (712)368-2641
 Email bwarnke@rvraptors.org
 Athletic Administrator Scott Mitchell
 Phone (712)368-4353 x406
 Email smitchell@rvraptors.org
 Co-AD/Assistant Mike Richard
 Phone (712)368-4353
 Athletic Secretary Pam Kelly
 Phone (712)368-4353 x0
 Email pkelly@rvraptors.org
 Golf Alex Warnke
 Girls Golf Brian Bode
 Basketball Mike Smith
 Girls Basketball Brian Bode
 Baseball Shannon Tesch
 Girls Softball Scott Phelps
 Wrestling Caleb Christensen
 Football Dale Tokheim
 Girls Volleyball Monica Brandhorst
 Track & Field Dale Tokheim
 Girls Track & Field Angie Kohn
 Cross Country Katie Tesch
 Girls Cross Country Katie Tesch
 Football Cheerleading Mary McAreavy

Basketball Cheerleading Mary McAreavy
 Speech Director Mary McAreavy
 Student Council Amy Peuse
 Band Director Tom Musel
 Vocal Director Kris Kistenmacher

RIVER VALLEY, CORRECTIONVILLE

Street Address: 916 Hackberry
 City: Correctionville
 Zip Code: 51016
 Mailing Address: P.O. Box 8
 City: Correctionville
 Zip Code: 51016
 Supt. St Address: 916 Hackberry
 Supt. City: Correctionville
 Supt. Zip: 51016
 County: Woodbury
 Area Code: 712
 School Phone: 372-4656
 HS Fax: 372-4784
 AD Fax: 372-4784
 Web Site: <http://www.rvwolverines.org>
 School Colors: Red & Gray
 Nickname: Wolverines
 Conference: Western Valley
 Superintendent Ken Slater
 Phone (712)372-4420
 Email kslater@rvwolverines.org
 Principal Adam Bisenius
 Phone (712)372-4656
 Email abisenius@rvwolverines.org
 Athletic Administrator Adam Bisenius
 Phone (712)372-4656
 Email abisenius@rvwolverines.org
 Athletic Secretary Marlo Jepsen
 Phone (712)372-4656
 Email mjepsen@rvwolverines.org
 Golf Keith Byers
 Girls Golf Nolan Shanks
 Basketball Kyle Trapp
 Girls Basketball Brittni Bormann
 Baseball Dan Holtz
 Girls Softball Dean Norris
 Football Noah Phillips
 Girls Volleyball Madison Glade
 Track & Field Mike Persinger
 Girls Track & Field Teena Dreckman
 Football Cheerleading Frankie Deeds
 Speech Director Ryan Brown
 Student Council Kate Goodwin
 Band Director Eric Flynn
 Vocal Director Eric Flynn

RIVERMONT COLLEGIATE, BETTENDORF

Street Address: 1821 Sunset Dr
 City: Bettendorf
 Zip Code: 52722
 Mailing Address: 1821 Sunset Dr
 City: Bettendorf
 Zip Code: 52722
 Supt. St Address: 1821 Sunset Dr
 Supt. City: Bettendorf
 Supt. Zip: 52722
 County: Scott
 Area Code: 563
 School Phone: 359-1366
 HS Fax: 359-7576
 AD Fax: 359-7576
 Web Site: <http://www.rivermontcollegiate.org>
 School Colors: Red & White
 Nickname: Lions
 Superintendent Max Roach
 Phone (563)359-1366
 Email roach@rvmt.org
 Principal Monica Weeks
 Phone (563)359-1366
 Email weeks@rvmt.org
 Athletic Administrator Ed Knupp
 Phone (563)359-1366
 Email knupp@rvmt.org

Athletic Secretary Linda Paget
 Phone (563)359-1366
 Email paget@rvmt.org
 Golf Ed Knupp
 Basketball Ed Knupp
 Girls Basketball TBA
 Girls Volleyball TBA
 Cross Country TBA
 Girls Cross Country TBA
 Basketball Cheerleading Shalar Knupp
 Student Council Ed Knupp
 Band Director Jessica Freemyer
 Vocal Director Joel Kimberly

RIVERSIDE, OAKLAND

Street Address: 18997 Hwy 59
 City: Oakland
 Zip Code: 51560
 Mailing Address: 18997 Hwy 59
 City: Oakland
 Zip Code: 51560
 Supt. St Address: PO Box 218, 330 Pleasant St
 Supt. City: Carson
 Supt. Zip: 51525
 County: Pottawattamie
 Area Code: 712
 School Phone: 482-6464
 HS Fax: 482-3074
 Web Site: <http://www.riversideschools.org>
 School Colors: Navy & Gold
 Nickname: Bulldogs
 Conference: Western Iowa
 Superintendent Dr. Timothy Mitchell
 Phone (712)484-2291
 Email tmitchell@riverside.k12.ia.us
 Principal Mandie Reynolds
 Phone (712)482-6464
 Email mreynolds@riverside.k12.ia.us
 Asst/Assoc/Vice-Principal Liz Graves
 Phone (712)482-6464
 Email lgraves@riverside.k12.ia.us
 Athletic Administrator Darrell Frain
 Phone (712)482-6464
 Email dfrain@riverside.k12.ia.us
 Golf Mitch Rice
 Girls Golf Mitch Rice
 Basketball TBD
 Girls Basketball Taylor Schueman
 Baseball TBD
 Girls Softball Chris Conover
 Wrestling Casey Conover
 Football Darrell Frain
 Girls Volleyball Michaela Schwartzkopf
 Track & Field Alex Oliver
 Girls Track & Field Jared Hoffman
 Cross Country Alex Oliver
 Girls Cross Country Alex Oliver
 Soccer Rick Ryon
 Girls Soccer Terry Bertacini
 Football Cheerleading Karla Keener
 Basketball Cheerleading Karla Keener
 Speech Director TBD
 Student Council Callie Kallsen
 Band Director Amanda Brandon
 Vocal Director Kelsey Burns

ROCK VALLEY

Street Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Mailing Address: 1712 20th Ave
 City: Rock Valley
 Zip Code: 51247
 Supt. St Address: 1712 20th Ave
 Supt. City: Rock Valley
 Supt. Zip: 51247
 County: Sioux
 Area Code: 712
 School Phone: 476-2701
 HS Fax: 476-2125

AD Fax: 476-2125
 Web Site: <http://www.rvcasd.org>
 School Colors: Orange & Black
 Nickname: Rockets
 Conference: Siouxland

Superintendent Chad Janzen
 Phone (712)476-2701
 Email cjanzen@rvcasd.org

Principal Nicole Roder
 Phone (712)476-2701
 Email nroder@rvcasd.org

Athletic Administrator Mike Elgersma
 Phone (712)476-2701 x2219
 Email melgersm@rvcasd.org

Golf Noah De Yager
 Girls Golf Lynelle Schvien
 Basketball Wade Vander Maten
 Girls Basketball Jordan TeGrootenhuis
 Baseball Doug Bundy
 Girls Softball Sara Friedrichson
 Wrestling Scott Van Der Brink
 Football Cory Brandt
 Girls Volleyball Carissa Judge
 Track & Field Brian Moser, Cory Brandt
 Cross Country Jodi Negaard
 Football Cheerleading Jennifer Kvigne
 Basketball Cheerleading Jennifer Kvigne
 Wrestling Cheerleading Shannon Even
 Speech Director Tyler Raehsler
 Student Council Stacey Schmidt
 Band Director Lee Schneider
 Vocal Director Clay Ackerman

ROCKFORD

Street Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Mailing Address: 1460 210th St
 City: Rockford
 Zip Code: 50468
 Supt. St Address: 1460 210th St
 Supt. City: Rockford
 Supt. Zip: 50468
 County: Floyd
 Area Code: 641
 School Phone: 756-3813
 HS Fax: 756-2369
 AD Fax: 756-2369
 Web Site: <http://www.rockford.k12.ia.us>
 School Colors: Blue & White
 Nickname: Warriors
 Conference: Top of Iowa

Superintendent Keith Turner
 Phone (641)756-3813 x304
 Email kturner@rockford.k12.ia.us

Principal Nick Johnson
 Phone (641) 756-3813 x107
 Email njohnson@rockford.k12.ia.us

Athletic Administrator Brian Johnson
 Phone (641)756-3813 x114
 Email bjohnson@rockford.k12.ia.us

Athletic Secretary Christina Schlader
 Phone (641)756-3813
 Email cschlader@rockford.k12.ia.us

Golf Van Carrier
 Girls Golf Carmen Staudt
 Basketball Bob Engels
 Girls Basketball Blake Hansen
 Baseball Scott Johnson
 Girls Softball Kent Shultz
 Wrestling Brad Brosdahl
 Football Torian Wolf
 Girls Volleyball Hannah Kemp
 Track & Field Kevin Longcor
 Girls Track & Field Taylor Johnson
 Cross Country Andy Roth
 Girls Cross Country Andy Roth
 Football Cheerleading Sheena Schilling
 Basketball Cheerleading Robin Fischer

Wrestling Cheerleading Sheena Schilling
 Speech Director Kelly Arickx
 Student Council Taylor Johnson
 Band Director Chelsea Hill
 Vocal Director Emily Koob

ROLAND-STORY, STORY CITY

Street Address: 1009 Story St
 City: Story City
 Zip Code: 50248
 Mailing Address: 1009 Story St
 City: Story City
 Zip Code: 50248
 Supt. St Address: 1009 Story St
 Supt. City: Story City
 Supt. Zip: 50248
 County: Story
 Area Code: 515
 School Phone: 733-4329
 HS Fax: 733-2131
 AD Fax: 733-2131
 Web Site: <http://www.roland-story.k12.ia.us>
 School Colors: Red & Black
 Nickname: Norsemen
 Conference: Heart of Iowa

Superintendent Matt Patton
 Phone (515)733-4301
 Email mpatton@roland-story.k12.ia.us

Principal Steve Schlatter
 Phone (515)733-4329
 Email sschlatter@roland-story.k12.ia.us

Athletic Administrator Brian Petersen
 Phone (515)733-4329 x407
 Email bpetersen@roland-story.k12.ia.us

Co-AD/Assistant Darrin Berggren
 Phone (515)388-4348
 Email dberggren@roland-story.k12.ia.us

Athletic Secretary Kelly Schmitz
 Phone (515)733-4329
 Email kschmitz@roland-story.k12.ia.us

Golf Mike Risdal
 Girls Golf Larry Ammerman
 Basketball Darrin Berggren
 Girls Basketball Justin Morton
 Baseball Chris Hill
 Girls Softball Amber Doyle
 Wrestling Leland Schwartz
 Football Aaron Stensland
 Girls Volleyball Molly Geise
 Track & Field Brian Petersen
 Girls Track & Field Natalie Whipple
 Cross Country Brad Dedic
 Girls Cross Country Brad Dedic
 Football Cheerleading Kari Broer
 Basketball Cheerleading Kari Broer
 Wrestling Cheerleading Kari Broer
 Speech Director Tammy Dickinson-Ferrell
 Student Council Amanda Paulson
 Band Director Kevin Masemann
 Vocal Director Tanner Stutzman

RUTHVEN-AYRSHIRE

Street Address: 1505 Washington St
 City: Ruthven
 Zip Code: 51358
 Mailing Address: PO Box 159
 City: Ruthven
 Zip Code: 51358
 Supt. St Address: PO Box 159
 Supt. City: Ruthven
 Supt. Zip: 51358
 County: Palo Alto
 Area Code: 712
 School Phone: 837-5212
 HS Fax: 837-5210
 AD Fax: 837-5210
 Web Site: <http://www.ruthven.k12.ia.us>
 School Colors: Purple, Black & Silver
 Nickname: Titans

Conference: Twin Lakes

Superintendent Andrew Woiwood
 Phone (712)837-5211
 Email anwoiw@gt.ratitans.org

Principal Jon Josephson
 Phone (712)837-5212
 Email jojose@gt.ratitans.org

Athletic Administrator Jon Josephson
 Phone (712)837-5212
 Email jojose@gt.ratitans.org

Athletic Secretary Alyssa Anderson
 Phone (712)837-5212
 Email alende@gt.ratitans.org

Sp. Med. Prov. Sports Medicine Northwest
 Golf Ron Bentz
 Girls Golf TBA
 Basketball Randy Hough
 Girls Basketball Todd Hough
 Baseball Ryan Sikora
 Girls Softball Kyle Norris
 Football Larry Swingen
 Girls Volleyball Megan Giese
 Track & Field TBA
 Football Cheerleading Kristi Behrends
 Basketball Cheerleading Kristi Behrends
 Wrestling Cheerleading Angie Sorbo
 Speech Director TBA
 Student Council Matt Borchers
 Band Director Tim Nielsen
 Vocal Director Tim Nielsen

SAINT ANSGAR

Street Address: 206 E 8th St
 City: Saint Ansgar
 Zip Code: 50472
 Mailing Address: PO Box 398
 City: Saint Ansgar
 Zip Code: 50472
 Supt. St Address: PO Box 398
 Supt. City: Saint Ansgar
 Supt. Zip: 50472
 County: Mitchell
 Area Code: 641
 School Phone: 713-4720
 HS Fax: 713-2449
 AD Fax: 713-2449
 Web Site: <http://www.st-ansgar.k12.ia.us>
 School Colors: Red & White
 Nickname: Saints
 Conference: Top of Iowa

Superintendent Jody Gray
 Phone (641)713-4681
 Email jgray@st-ansgar.k12.ia.us

Principal Lynn Baldus
 Phone (641)713-4720
 Email lbaldus@st-ansgar.k12.ia.us

Athletic Administrator Scott Cakerice
 Phone (641)713-2331
 Email scakerice@st-ansgar.k12.ia.us

Golf Shannon Belz
 Girls Golf Shannon Belz
 Basketball Jason Squier
 Girls Basketball Scott Cakerice
 Baseball Devin Schwiesow
 Girls Softball Lance Schutjer
 Wrestling Barry Kittleson
 Football Drew Clevenger
 Girls Volleyball Tyler Johnson
 Track & Field Drew Clevenger
 Girls Track & Field Phil Baldus
 Cross Country Tori Steinberg
 Girls Cross Country Tori Steinberg
 Football Cheerleading Diane Mayer
 Basketball Cheerleading Diane Mayer
 Wrestling Cheerleading Diane Mayer
 Speech Director Randy Mogk
 Student Council Deneen Nelson
 Band Director Colin Zidlicky
 Vocal Director Marena Henkel

SAYDEL

Street Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Mailing Address: 5601 NE 7th St
 City: Des Moines
 Zip Code: 50313
 Supt. St Address: 5740 NE 14th St
 Supt. City: Des Moines
 Supt. Zip: 50313
 County: Polk
 Area Code: 515
 School Phone: 262-9325
 HS Fax: 266-8497
 AD Fax: 266-8497
 Web Site: <http://www.saydel.k12.ia.us>
 School Colors: Dark Green & Gold
 Nickname: Eagles
 Conference: Heart of Iowa
 Superintendent Todd Martin
 Phone (515)264-0866
 Email Martintodd@saydel.net
 Principal Kevin Schulte
 Phone (515)262-9325 x1103
 Email schultekvin@saydel.net
 Asst/Assoc/Vice-Principal Alex Stubbers
 Phone (515)262-9325 x1214
 Email stubbersalex@saydel.net
 Athletic Administrator Melissa Crosse
 Phone (515)262-9325 x1101
 Email crossemelissa@saydel.net
 Athletic Secretary Shannon Riddlebarger
 Phone (515)262-9325 x1100
 Email riddlebargershannon@saydel.net
 Sp. Med. Prov. Allison Klapperich
 Tennis Zakk Dunn
 Girls Tennis Jeff Fleming
 Golf Alan Moritz
 Basketball Phil Hemming
 Girls Basketball Jeff Fleming
 Baseball JR Gebhart
 Girls Softball Marty Van Houten
 Wrestling Tyler Wilson
 Football Justin Russell
 Girls Volleyball Karlee Lippert
 Track & Field Chris Mund
 Girls Track & Field Katherine Delahunt
 Cross Country Steve Gebhart
 Girls Cross Country Steve Gebhart
 Football Cheerleading Bethany Kula
 Basketball Cheerleading Rachel Glissman
 Wrestling Cheerleading Julieanne Rogowski
 Speech Director Julieanne Rogowski
 Student Council Brenda Brown
 Band Director Eric Layden
 Vocal Director Michael Puffett

SCATTERGOOD FRIENDS

Street Address: 1951 Delta Ave
 City: West Branch
 Zip Code: 52358
 Mailing Address: 1951 Delta Ave
 City: West Branch
 Zip Code: 52358
 Supt. St Address: 1951 Delta Ave
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 519-1860
 HS Fax: 643-7485
 AD Fax: 643-7485
 Web Site: <http://www.scattergood.org/>
 School Colors: Navy, White & Gray
 Nickname: Scattergood Crew
 Superintendent Thomas Weber
 Phone (319)519-1855
 Email tweber@scattergood.org

Principal Thomas Weber
 Phone (319)519-1855
 Email tweber@scattergood.org
 Athletic Administrator Sam Taylor
 Phone (319)519-1860
 Email staylor@scattergood.org
 Basketball Sam Taylor
 Cross Country Michael Severino
 Soccer Sam Taylor

SERGEANT BLUFF-LUTON

Street Address: 708 Warrior Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Mailing Address: 201 Port Neal Rd
 City: Sergeant Bluff
 Zip Code: 51054
 Supt. St Address: 201 Port Neal Rd
 Supt. City: Sergeant Bluff
 Supt. Zip: 51054
 County: Woodbury
 Area Code: 712
 School Phone: 943-8721
 HS Fax: 943-5887
 AD Fax: 943-5887
 Web Site: <http://www.sblschools.com>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: Missouri River Activities
 Superintendent Dr. Rod Earleywine
 Phone (712)943-4338
 Email earlerod@sblschools.com
 Principal Jason Klingensmith
 Phone (712)943-5561
 Email klingjas@sblschools.com
 Asst/Assoc/Vice-Principal Brian Herman
 Phone (712)943-8721 x721
 Email hermabri@sblschools.com
 Athletic Administrator Brian Herman
 Phone (712)943-8721 x721
 Email hermabri@sblschools.com
 Co-AD/Assistant Joel Huffman
 Phone (712)943-8721 x712
 Email huffmjoe@sblschools.com
 Athletic Secretary Tammy Camerer
 Phone (712)943-5561
 Email camertam@sblschools.com
 Sp. Med. Prov. Paul Wilson
 Golf Troy Husen
 Girls Golf Paul Wilson
 Basketball Adam Vander Schaaf
 Girls Basketball Miranda Riediger
 Baseball Matt Nelson
 Girls Softball Tom Prince
 Wrestling Clint Koedam
 Football Justin Smith
 Girls Volleyball Renee Winkel
 Track & Field Monte Larsen
 Girls Track & Field Monte Larsen
 Cross Country Monte Larsen
 Girls Cross Country Monte Larsen
 Soccer Aaron Witmer
 Girls Soccer Emily Schoonover
 Bowling Noel Herbst, Janelle Woodbury
 Girls Bowling Noel Herbst
 Football Cheerleading Grace McElroy
 Basketball Cheerleading Grace McElroy
 Wrestling Cheerleading Elizabeth Pearson
 Speech Director Kristi Quinn
 Student Council Andrea Kuhl
 Band Director Dennis Eggerling
 Vocal Director Christine Massey

SEYMOUR

Street Address: 100 S Park Ave
 City: Seymour
 Zip Code: 52590
 Mailing Address: 100 S Park Ave
 City: Seymour

Zip Code: 52590
 Supt. St Address: 100 S Park Ave
 Supt. City: Seymour
 Supt. Zip: 52590
 County: Wayne
 Area Code: 641
 School Phone: 898-2291
 HS Fax: 898-7500
 Web Site: <http://www.seymourcsd.org>
 School Colors: Red & Black
 Nickname: Warriors
 Conference: Bluegrass
 Superintendent Brad Breon
 Phone (641)898-2291
 Email brad.breon@seymourcsd.org
 Principal Jamie Houser
 Phone (641)898-2291
 Email jamie.houser@seymourcsd.org
 Athletic Administrator Mark Kruzich
 Phone (641)898-2291
 Email mark.kruzich@seymourcsd.org
 Athletic Secretary Mollie Banks
 Phone (641)898-2291
 Email mollie.banks@seymourcsd.org
 Girls Golf Mark Kruzich
 Basketball Shaun Houser
 Girls Basketball Paul Hinners
 Baseball Clint Housh
 Girls Softball Shaun Houser
 Football Trevor Banks
 Girls Volleyball Jennifer Miller
 Track & Field Elijah Horton
 Girls Track & Field Paul Hinners
 Football Cheerleading Tara Trimble
 Basketball Cheerleading Tara Trimble
 Speech Director Anthony Boggs
 Student Council Chanae Fitzgerald
 Band Director Rylie Graham
 Vocal Director Elizabeth Ross

SHELDON

Street Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Mailing Address: 1700 E 4th St
 City: Sheldon
 Zip Code: 51201
 Supt. St Address: 1700 E 4th St
 Supt. City: Sheldon
 Supt. Zip: 51201
 County: OBrien
 Area Code: 712
 School Phone: 324-2501
 HS Fax: 324-5607
 AD Fax: 324-5607
 Web Site: <http://www.sheldon.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Orabs
 Conference: Siouxland
 Superintendent Cory Myer
 Phone (712)324-2504 x111
 Email rspears@sheldon.k12.ia.us
 Principal Sherrie Zeutenhorst
 Phone (712)324-2501 x103
 Email szeutenhorst@sheldon.k12.ia.us
 Asst/Assoc/Vice-Principal Eric Maassen
 Phone (712)324-2501 x104
 Email emaassen@sheldon.k12.ia.us
 Athletic Administrator Eric Maassen
 Phone (712)324-2501 x104
 Email emaassen@sheldon.k12.ia.us
 Athletic Secretary Amy Wagenaar
 Phone (712)324-2501
 Email awagenaar@sheldon.k12.ia.us
 Sp. Med. Prov. Amber Groendyke (Sanford Sheldon)
 Golf Gene Bomgaars
 Girls Golf Jerod Reinking
 Basketball Eric Maassen
 Girls Basketball Heath Anderson

Baseball.....Brad Zeutenhorst
 Girls Softball.....Jessica Stofferan
 Wrestling.....Kory Roos
 Football.....Tyler Lloyd
 Girls Volleyball.....Heather Keizer
 Track & Field.....Kyle Zankowski
 Girls Track & Field.....Maggie Lloyd
 Cross Country.....Kyle Zankowski
 Girls Cross Country.....Kyle Zankowski
 Football Cheerleading.....Ashley Kerr
 Basketball Cheerleading.....Ashley Kerr
 Wrestling Cheerleading.....Julie Roos
 Speech Director.....Jodi Grant
 Student Council.....Sherrie Zeutenhorst
 Band Director.....Cliff St. Clair
 Vocal Director.....Brandon Lenderink

SHENANDOAH

Street Address: 1000 Mustang Dr.
 City: Shenandoah
 Zip Code: 51601
 Mailing Address: 1000 Mustang Dr
 City: Shenandoah
 Zip Code: 51601
 Supt. St Address: 304 W Nishna Rd
 Supt. City: Shenandoah
 Supt. Zip: 51601
 County: Page
 Area Code: 712
 School Phone: 246-4727
 HS Fax: 246-2842
 AD Fax: 246-2842
 Web Site: <http://www.shencsd.com>
 School Colors: Maroon & White
 Nickname: Mustangs & Fillies
 Conference: Hawkeye Ten

Superintendent.....Dr. Kerri Nelson
 Phone.....(712)246-1581
 Email.....Nelsonk@shencsd.com
 Principal.....Jason Shaffer
 Phone.....(712)246-4727 x5003
 Email.....shafferj@shencsd.com
 Asst/Assoc/Vice-Principal.....Aaron Burdorf
 Phone.....(712)246-4727 x5004
 Email.....burdorfa@shencsd.com
 Athletic Administrator.....Aaron Burdorf
 Phone.....(712)246-4727 x5004
 Email.....burdorfa@shencsd.com
 Athletic Secretary.....Connie McGinnis
 Phone.....(712)246-4727 x5001
 Email.....mcginnisc@shencsd.com
 Tennis.....Tom French
 Girls Tennis.....Brian Daoust
 Girls Golf.....Kyan Kirkholm
 Basketball.....Derek Howard
 Girls Basketball.....Jon Weinrich
 Baseball.....Brett Roberts
 Wrestling.....Todd McGinnis
 Football.....Ty Ratliff
 Girls Volleyball.....Toni Comstock
 Track & Field.....Ty Ratliff
 Girls Track & Field.....Jon Skillern
 Cross Country.....Andy Campbell
 Girls Cross Country.....Liz Skillern
 Bowling.....Amy Zwickel
 Girls Bowling.....Amy Zwickel
 Football Cheerleading.....Angela Trowbridge
 Basketball Cheerleading.....Patti Roberts
 Wrestling Cheerleading.....Angel Dawson
 Speech Director.....Amy Toye
 Student Council.....Wendy Fry
 Band Director.....Dale Risher
 Vocal Director.....Asheigh Sons

SIBLEY-OCHEYEDAN

Street Address: 120 11th Ave NE
 City: Sibley
 Zip Code: 51249
 Mailing Address: 120 11th Ave NE
 City: Sibley

Zip Code: 51249
 Supt. St Address: 120 11th Ave NE
 Supt. City: Sibley
 Supt. Zip: 51249
 County: Osceola
 Area Code: 712
 School Phone: 754-3601
 HS Fax: 754-2534
 AD Fax: 754-2534
 Web Site: <http://www.thegenerals.org>
 School Colors: Orange & Black
 Nickname: Generals
 Conference: Siouxland
 Superintendent.....Bill Boer
 Phone.....(712)754-2533 x201
 Email.....bboer@thegenerals.org
 Admin Asst.....Chrissy Ackerman
 Phone.....(712)754-2533 x203
 Email.....chackerman@thegenerals.org
 Principal.....Stan DeZeeuw
 Phone.....(712)754-3601 x244
 Email.....stan.dezeeuw@thegenerals.org
 Asst/Assoc/Vice-Principal.....Cory Jenness
 Phone.....(712)754-3601
 Email.....cjenness@thegenerals.org
 Athletic Administrator.....Doyle Naig
 Phone.....(712)754-3601 x245
 Email.....dnaig@thegenerals.org
 Athletic Secretary.....Jamie Daiker
 Phone.....(712)754-3601 x205
 Email.....jdaiker@thegenerals.org
 Sp. Med. Prov.....Stephanie Moermond, LAT
 (Northwest Iowa Bone/Joint)

Golf.....Matt Vermeer
 Girls Golf.....Levi Judge
 Basketball.....Brandon Bergfeld
 Girls Basketball.....Henry Eekhoff
 Baseball.....Nate Vos
 Girls Softball.....Luke Schouten
 Wrestling.....Tyler Halverson
 Football.....Dan Spooner
 Girls Volleyball.....Keith Swenson
 Track & Field.....Peter Carlson
 Girls Track & Field.....Lisa Block
 Cross Country.....Ryan Wiersma
 Girls Cross Country.....Ryan Wiersma
 Football Cheerleading.....Chelsea Hecht
 Basketball Cheerleading.....Chelsea Hecht
 Wrestling Cheerleading.....TBD
 Speech Director.....BJ Schuller
 Student Council.....Stan DeZeeuw
 Band Director.....Peter Carlson
 Vocal Director.....Ben Sides

SIDNEY

Street Address: 2754 Knox Rd
 City: Sidney
 Zip Code: 51652
 Mailing Address: PO Box 609
 City: Sidney
 Zip Code: 51652
 Supt. St Address: 2754 Knox Rd
 Supt. City: Sidney
 Supt. Zip: 51652
 County: Fremont
 Area Code: 712
 School Phone: 374-2141
 HS Fax: 374-2013
 AD Fax: 374-2013
 Web Site: <http://www.sidneyschools.org>
 School Colors: Red & White
 Nickname: Cowboys & Cowgirls
 Conference: Corner
 Superintendent.....Tim Hood
 Phone.....(712)374-2141
 Email.....thood@sidney.k12.ia.us
 Principal.....Kim Payne
 Phone.....(712)374-2141
 Email.....kpayne@sidney.k12.ia.us

Athletic Administrator.....Kent Larsen
 Phone.....(712)374-2141
 Email.....klarsen@sidney.k12.ia.us
 Golf.....Janice Shanno
 Girls Golf.....Janice Shanno
 Basketball.....Kent Larsen
 Girls Basketball.....Amy McClintock
 Girls Softball.....Kent Larsen
 Wrestling.....Aaron Lang
 Football.....Donnie Sears
 Girls Volleyball.....Amy McClintock
 Track & Field.....Donnie Sears
 Girls Track & Field.....Donnie Sears
 Cross Country.....Steve Meyer
 Girls Cross Country.....Steve Meyer
 Football Cheerleading.....Suzanne Hall
 Basketball Cheerleading.....Suzanne Hall
 Wrestling Cheerleading.....Carrie Hardy
 Speech Director.....Josh Gredys
 Band Director.....Nicole Zavadil
 Vocal Director.....Nicole Zavadil

SIGOURNEY

Street Address: 909 E Pleasant Valley
 City: Sigourney
 Zip Code: 52591
 Mailing Address: 909 E Pleasant Valley
 City: Sigourney
 Zip Code: 52591
 Supt. St Address: 909 E. Pleasant Valley
 Supt. City: Sigourney
 Supt. Zip: 52591
 County: Keokuk
 Area Code: 641
 School Phone: 622-2010
 HS Fax: 622-2047
 AD Fax: 622-2047
 Web Site: <http://sigourneyschools.com>
 School Colors: Black & Gold
 Nickname: Savages
 Conference: South Iowa Cedar
 Superintendent.....David Harper
 Phone.....(641)622-2025
 Email.....dave.harper@sigourneyschools.com
 Principal.....Shannon Webb
 Phone.....(641)622-2010
 Email.....shannon.webb@sigourneyschools.com
 Athletic Administrator.....Lee Crawford
 Phone.....(641)622-2010
 Email.....lee.crawford@sigourneyschools.com
 Athletic Secretary.....Mel Hammes
 Phone.....(641)622-2010
 Email.....mel.hammes@sigourneyschools.com

Golf.....Zach Tremmel
 Girls Golf.....Zach Tremmel
 Basketball.....Mitch Eslick
 Girls Basketball.....Zach Tremmel
 Baseball.....Lee Crawford
 Girls Softball.....Shelly Streigle
 Wrestling.....Cory VanDenHeuvel
 Football.....Jared Jensen
 Girls Volleyball.....Chris Carter
 Track & Field.....Jared Jensen
 Girls Track & Field.....Jenny Harter
 Cross Country.....Andy Harter
 Girls Cross Country.....Andy Harter
 Bowling.....Trisha Brooks
 Girls Bowling.....Trisha Brooks
 Football Cheerleading.....Brandy Stangle
 Basketball Cheerleading.....Brandy Stangle
 Speech Director.....Joleen Louswma
 Student Council.....Shannon Greiner
 Band Director.....Jessica Meier
 Vocal Director.....Randy Sticher

SIoux CENTER

Street Address: 550 9th St NE
 City: Sioux Center
 Zip Code: 51250

Mailing Address: 550 9th St NE
 City: Sioux Center
 Zip Code: 51250
 Supt. St Address: 550 9th St NE
 Supt. City: Sioux Center
 Supt. Zip: 51250
 County: Sioux
 Area Code: 712
 School Phone: 722-2981
 HS Fax: 722-2986
 Web Site: <http://www.sioux-center.k12.ia.us>
 School Colors: Orange & Blue
 Nickname: Warriors
 Conference: Siouxsland
 Superintendent Gary McEldowney
 Phone (712)722-2985
 Email gary.mcelandowney@scwarriors.org
 Admin Asst Tracy Westcott
 Phone (712)722-2985
 Email tracy.westcott@scwarriors.org
 Principal Brent Town
 Phone (712)722-2981
 Email brent.town@scwarriors.org
 Asst/Assoc/Vice-Principal Mark Hulshof
 Phone (712)441-4836
 Email mark.hulshof@scwarriors.org
 Athletic Administrator Mark Hulshof
 Phone (712)722-2981
 Email mark.hulshof@scwarriors.org
 Golf Todd Arends
 Girls Golf Eli Ellis
 Basketball Brian Schmalbeck
 Girls Basketball Doug Winterfeld
 Baseball Chase Rozeboom
 Girls Softball Kari Schmalbeck
 Wrestling Aaron Schmidt
 Football Tim Van Regenmorter
 Girls Volleyball Julie Oldenkamp
 Track & Field Brock Lehman
 Girls Track & Field Robbie Cundy
 Cross Country Brock Lehman
 Girls Cross Country Brock Lehman
 Soccer Dave Van Ruler
 Girls Soccer Nathan Bullock
 Football Cheerleading Joy Hurst
 Student Council Julie Oldenkamp
 Band Director Meghan Powell
 Vocal Director Heidi Fehlhafer

SIoux CENTRAL, SIoux RAPIDS

Street Address: 4440 US Hwy 71 S
 City: Sioux Rapids
 Zip Code: 50585
 Mailing Address: 4440 US Hwy 71 S
 City: Sioux Rapids
 Zip Code: 50585
 Supt. St Address: 4440 US Hwy 71 S
 Supt. City: Sioux Rapids
 Supt. Zip: 50585
 County: Buena Vista
 Area Code: 712
 School Phone: 283-2571
 HS Fax: 283-2285
 AD Fax: 283-2285
 Web Site: <http://www.siouxcentral.org>
 School Colors: Red & Gray
 Nickname: Rebels
 Conference: Twin Lakes
 Superintendent Scott Williamson
 Phone (712)283-2956
 Email swilliamson@siouxcentral.org
 Principal Jeff Scharn
 Phone (712)283-2571
 Email jscharn@siouxcentral.org
 Athletic Administrator Alan Vasher
 Phone (712)283-2571
 Email avasher@siouxcentral.org
 Sp. Med. Prov. Kevin Carlson
 Golf Chris Wildeman

Girls Golf Jennifer Wittmaack
 Basketball Stephen Tjaden
 Girls Basketball Alan Vasher
 Baseball Jeff Scharn
 Girls Softball Kasey Krager
 Wrestling Onni Prestidge
 Football Brandon Goodchild
 Girls Volleyball Sara Grossnickel
 Track & Field Jeff Tiefenthaler
 Girls Track & Field Kendall Rachuy
 Cross Country Rebecca Newhouse
 Girls Cross Country Rebecca Newhouse
 Bowling Brian Rix
 Girls Bowling Brian Rix
 Football Cheerleading Jennifer Sammons
 Basketball Cheerleading Denise Terrell
 Wrestling Cheerleading Jennifer Sammons
 Speech Director Angie Vanderhoff
 Student Council Lisa Christians
 Band Director Adam Perry
 Vocal Director Crystal Bunge

SIoux CITY, EAST

Street Address: 5011 Mayhew Ave
 City: Sioux City
 Zip Code: 51106
 Mailing Address: 5011 Mayhew Ave
 City: Sioux City
 Zip Code: 51106
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 274-4000
 HS Fax: 274-4670
 AD Fax: 274-4670
 Web Site: <http://www.siouxcityschools.org/east-high-school/>
 School Colors: Orange & Black
 Nickname: Black Raiders
 Conference: Missouri River
 Superintendent Dr. Paul Gausman
 Phone (712)279-6667
 Email gausmap@live.siouxcityschools.com
 Asst/Assoc Supt Dr. Kim Buryanek
 Phone (712)279-6083
 Email buryank@live.siouxcityschools.com
 Executive Coordinator Jim Vanderloo
 Phone (712)279-6070
 Email vanderjr@live.siouxcityschools.com
 Principal Richard Todd
 Phone (712)274-4005
 Email toddr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal Deb Padomek
 Phone (712)274-4683
 Email padomed@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal Dave Dreessen
 Phone (712)274-4672
 Email dreesd@live.siouxcityschools.com
 Athletic Administrator BJ Koch
 Phone (712)274-4008
 Email kochb@live.siouxcityschools.com
 Athletic Secretary Lorri Winterlin
 Phone (712)274-4008
 Email winterl@live.siouxcityschools.com
 Sp. Med. Prov. Jordan Whitsell (CNOS)
 Tennis Jason Gomez
 Girls Tennis Dan Pomeranke
 Golf Brian Drent
 Girls Golf Mike Winlepleck
 Basketball Ras Vanderloo
 Girls Basketball Brian Drent
 Swimming Bryan Farris
 Girls Swimming Amanda Beyer
 Baseball Kevin Dicus
 Girls Softball Mike Crawford
 Wrestling Vince Pederson
 Football Brian Webb

Girls Volleyball Tunisia May
 Track & Field Rick Clarahan
 Girls Track & Field Rick Clarahan
 Cross Country Nick Gaul
 Girls Cross Country Nick Gaul
 Soccer Mike Borrall
 Girls Soccer Tyler Mogensen
 Bowling Kevin Dicus
 Girls Bowling Kevin Dicus
 Football Cheerleading Kayla Kellen
 Basketball Cheerleading Kayla Kellen
 Wrestling Cheerleading Kayla Kellen
 Speech Director Nathan Irwin
 Student Council Michelle Pick
 Band Director Anna Scott
 Vocal Director Tom Hales
 Orchestra Director Eleanor May-Patterson

SIoux CITY, NORTH

Street Address: 4200 Cheyenne Blvd
 City: Sioux City
 Zip Code: 51104
 Mailing Address: 4200 Cheyenne Blvd
 City: Sioux City
 Zip Code: 51104
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 239-7000
 HS Fax: 239-8270
 AD Fax: 239-8270
 Web Site: <http://www.nhs.sioux-city.k12.ia.us>
 School Colors: Red, White, Navy
 Nickname: Stars
 Conference: Missouri River
 Superintendent Dr. Paul Gausman
 Phone (712)279-6667
 Email gausmap@live.siouxcityschools.com
 Asst/Assoc Supt Dr. Kim Buryanek
 Phone (712)279-6083
 Email buryank@live.siouxcityschools.com
 Principal Ryan Dumkrieger
 Phone (712)239-7003
 Email dumkrir@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal Joni Swenson
 Phone (712)239-7004
 Email swensoj@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal Brant Bemus
 Phone (712)239-7006
 Email bemusbr@live.siouxcityschools.com
 Athletic Administrator Chris Koch
 Phone (712)239-7005
 Email koche@live.siouxcityschools.com
 Athletic Secretary Shelly Larson
 Phone (712)239-6009
 Email larsons@live.siouxcityschools.com
 Sp. Med. Prov. Brandon Marreel (CNOS)
 Tennis Scott Davidson
 Girls Tennis Bob Dibble
 Golf Aaron Kolbo
 Girls Golf Eric Hueschen
 Basketball Shawn Miller
 Girls Basketball Michael Groth
 Swimming Eric Hoak
 Baseball Nick Tillio
 Girls Softball Brent Eickholt
 Wrestling John Torno
 Football Mitch Mohr
 Girls Volleyball Malina Ard
 Track & Field TBA
 Girls Track & Field TBA
 Cross Country Abdier Marrero
 Girls Cross Country Abdier Marrero
 Soccer Ricky Azpetitia
 Girls Soccer Jesse Castillo
 Bowling Ken Clark
 Girls Bowling Ken Clark

Football Cheerleading Tonya Zielich
 Basketball Cheerleading..... Tonya Zielich
 Wrestling Cheerleading..... Tonya Zielich
 Speech Director Greg Anderson
 Student Council Brooke Herbst, Carly Conry
 Band Director..... Faith Hall, Austin Simon, Chris Hanson
 Vocal Director Andrew Stoneking
 Orchestra Director Kayla Priest

SIoux CITY, WEST

Street Address: 2001 Casselman St
 City: Sioux City
 Zip Code: 51103
 Mailing Address: 2001 Casselman St
 City: Sioux City
 Zip Code: 51103
 Supt. St Address: 627 4th St
 Supt. City: Sioux City
 Supt. Zip: 51101
 County: Woodbury
 Area Code: 712
 School Phone: 279-6772
 HS Fax: 279-6790
 AD Fax: 279-6790
 Web Site: <http://www.whs.sioux-city.k12.ia.us>
 School Colors: Green & White
 Nickname: Wolverines
 Conference: Missouri River
 Superintendent Dr. Paul R. Gausman
 Phone (712)279-6643
 Email gausmap@live.siouxcityschools.com
 Asst/Assoc Supt Dr. Kim Buryanek
 Phone (712)279-6083
 Email buryank@live.siouxcityschools.com
 Principal April Tidwell
 Phone (712)279-6772
 Email tidwella@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Rebecca Reiken
 Phone (712)279-6772
 Email riekenr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Ron Koch
 Phone (712)279-6772
 Email kochr@live.siouxcityschools.com
 Asst/Assoc/Vice-Principal..... Allan Pace
 Phone (712)279-6772
 Email pacea@live.siouxcityschools.com
 Athletic Administrator..... Al Pace
 Phone (712)279-6772
 Email pacea@live.siouxcityschools.com
 Athletic Secretary Michelle Miller
 Phone (712)279-6781
 Email millerm2@live.siouxcityschools.com
 Sp. Med. Prov. Miles Kleinhesselink (CNOS)
 Tennis Kent Martin
 Girls Tennis..... Todd Siefker
 Golf Troy Worden
 Basketball CoCo Cofield
 Girls Basketball..... Betsy Boetger
 Swimming Eric Hoak
 Girls Swimming..... Molly Hegarty
 Baseball Beau Brown
 Girls Softball Val Uken
 Wrestling..... John Hessenius
 Football..... Joseph A. Schmitz
 Girls Volleyball Val Uken
 Track & Field..... Mateo Molifua
 Girls Track & Field Mateo Molifua
 Cross Country..... Christine Poeckes
 Girls Cross Country Christine Poeckes
 Soccer Gary Fuentes
 Girls Soccer..... Molly Miller
 Bowling..... Benjamin Nelson
 Girls Bowling..... Benjamin Nelson
 Football Cheerleading Chris Jones
 Basketball Cheerleading..... Chris Jones
 Wrestling Cheerleading Chris Jones
 Speech Director Bev Weseman
 Student Council Jamie Bratvold
 Band Director..... Eric Elker

Vocal Director Boe Hodnefield
 Orchestra Director Kristin Ortmann

SIouxLAND CHRISTIAN

Street Address: 6000 Gordon Dr.
 City: Sioux City
 Zip Code: 51106
 Mailing Address: 6000 Gordon Dr.
 City: Sioux City
 Zip Code: 51106
 Supt. St Address: 6000 Gordon Dr.
 Supt. City: Sioux City
 Supt. Zip: 51106
 County: Woodbury
 Area Code: 712
 School Phone: 276-4732
 HS Fax: 276-4752
 AD Fax: 276-4752
 Web Site: <http://www.siouxlandchristian.org>
 School Colors: Blue & Gold
 Nickname: Eagles
 Conference: Western Valley
 Superintendent Dave Baker
 Phone (712)276-4732 x125
 Email dbaker@siouxlandchristian.org
 Admin Asst..... Makala Wooster
 Phone (712)276-4732 x100
 Email mwooster@siouxlandchristian.org
 Athletic Administrator..... Dave Baker
 Phone (712)276-4732 x125
 Email dbaker@siouxlandchristian.org
 Co-AD/Assistant Rachel Wilch
 Phone (712)276-4732
 Email rwilch@siouxlandchristian.org
 Athletic Secretary Makala Wooster
 Phone (712)276-4732 x100
 Email mwooster@siouxlandchristian.org
 Girls Basketball..... Bart Connelly
 Football..... Adam Ball
 Girls Volleyball..... Don Craig
 Track & Field..... Adam Ball
 Girls Track & Field Michelle Ball
 Cross Country..... Tiffany Shepherd
 Speech Director Emily Hageman
 Student Council Kerri Grant
 Band Director..... Emily Hageman
 Vocal Director Emily Hageman

SOLOn

Street Address: 600 W 5th St
 City: Solon
 Zip Code: 52333
 Mailing Address: 600 W 5th St
 City: Solon
 Zip Code: 52333
 Supt. St Address: 301 S Iowa St
 Supt. City: Solon
 Supt. Zip: 52333
 County: Johnson
 Area Code: 319
 School Phone: 624-3401
 HS Fax: 624-4091
 AD Fax: 624-4091
 Web Site: <http://www.solon.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Spartans
 Conference: WAMAC
 Superintendent Davis Eidahl
 Phone (319)624-3401 x1351
 Email deidahl@solon.k12.ia.us
 Admin Asst..... Kris Wentzien
 Phone (319)624-3401 x1349
 Email kwentzien@solon.k12.ia.us
 Principal..... Jacob Munson
 Phone (319)624-3401 x1103
 Email jmunson@solon.k12.ia.us
 Athletic Administrator Casey Hack
 Phone (319)624-3401 x1104
 Email chack@solon.k12.ia.us

Athletic Secretary Kelly Foster
 Phone (319)624-3401 x1100
 Email kfoster@solon.k12.ia.us
 Sp. Med. Prov. David Williams
 Golf Adam Stahle
 Girls Golf..... Curtis Hendrickson
 Basketball..... Jason Pershing
 Girls Basketball..... Jamie Smith
 Baseball..... Keith McSweeney
 Girls Softball Erin White
 Wrestling..... Blake Williams
 Football..... Kevin Miller
 Girls Volleyball Sarah Ferin
 Track & Field..... Mark Sovers
 Girls Track & Field Brent Sands
 Cross Country..... Emy Williams
 Girls Cross Country Emy Williams
 Soccer Jeremy McMurrin
 Girls Soccer John Tucker
 Football Cheerleading Keela Uhlenkamp
 Basketball Cheerleading..... Keela Uhlenkamp
 Student Council Amanda Stahle
 Band Director..... Desmond Cervantez
 Vocal Director Joel Foreman

SOUTH CENTRAL CALHOUN

Street Address: 709 W Main St
 City: Lake City
 Zip Code: 51449
 Mailing Address: 709 W Main St
 City: Lake City
 Zip Code: 51449
 Supt. St Address: 709 W Main St
 Supt. City: Lake City
 Supt. Zip: 51449
 County: Calhoun
 Area Code: 712
 School Phone: 464-7211
 HS Fax: 464-3724
 AD Fax: 464-3724
 Web Site: <http://www.scc.k12.ia.us>
 School Colors: Purple, Black, & Silver
 Nickname: Titans
 Conference: Twin Lakes
 Superintendent Jeff Kruse
 Phone (712)464-7210
 Email jkruse@scc.k12.ia.us
 Admin Asst..... Beth McCarter
 Phone (712)464-7210
 Email bmccarter@scc.k12.ia.us
 Principal..... Randy Martin
 Phone (712)464-7211
 Email rmartin@scc.k12.ia.us
 Athletic Administrator Mark Schaefer
 Phone (712)464-7211
 Email mschaefer@scc.k12.ia.us
 Co-AD/Assistant Brian Knapp
 Phone (712)464-7211
 Email bknapp@scc.k12.ia.us
 Athletic Secretary Beth McCarter
 Phone (712)464-7210
 Email bmccarter@scc.k12.ia.us
 Golf Barry Stevens
 Girls Golf..... Scott Trost
 Basketball Clive Clark
 Girls Basketball..... Eric Francis
 Baseball..... Nate Lamphier
 Girls Softball Eric Francis
 Wrestling..... Lance Schultz
 Football..... Bryan Case
 Girls Volleyball Martha Mericle
 Track & Field..... Bryan Case
 Girls Track & Field Brian Knapp
 Cross Country Brian Knapp
 Girls Cross Country Brian Knapp
 Football Cheerleading Karen Gorden
 Basketball Cheerleading..... Sheila Welander
 Speech Director Amber Bruder
 Student Council John Olson

Band Director..... Tom Plummer
Vocal Director..... Cayla Morton

SOUTH HAMILTON, JEWELL

Street Address: 315 Division St
City: Jewell
Zip Code: 50130
Mailing Address: 315 Division St
City: Jewell
Zip Code: 50130
Supt. St Address: 315 Division St
Supt. City: Jewell
Supt. Zip: 50130
County: Hamilton
Area Code: 515
School Phone: 827-5418
HS Fax: 827-5368
AD Fax: 827-5368
Web Site: <http://www.s-hamilton.k12.ia.us>
School Colors: Cardinal Red & White
Nickname: Hawks
Conference: HOIAC

Superintendent..... Ken Howard
Phone.....(515)827-5479
Email.....ken_howard@s-hamilton.k12.ia.us
Principal..... Scott Dryer
Phone.....(515)827-5418 x104
Email.....scott_dryer@s-hamilton.k12.ia.us
Athletic Administrator..... Todd Coy
Phone.....(515)827-5418 x302
Email.....todd_coy@s-hamilton.k12.ia.us
Athletic Secretary..... Tara Northrop
Phone.....(515)827-5418
Email.....tara_northrop@s-hamilton.k12.ia.us
Sp. Med. Prov. Tim Schlorholtz, LAT (McFarland Clinic)
Golf..... Mark Ullestad
Girls Golf..... Kathi Fisher
Basketball..... Nathan Hill
Girls Basketball..... Mark Henderson
Baseball..... Kyle Galetich
Girls Softball..... Harry McMaken
Wrestling..... Dan Brodie
Football..... Corey Klemp
Girls Volleyball..... Ashley Rosenstiell
Track & Field..... Darrell Paulsen
Girls Track & Field..... Dan Brodie
Cross Country..... Darrell Paulsen
Girls Cross Country..... Emily Bochmann
Football Cheerleading..... Tammy Schafer-Schwerin
Basketball Cheerleading..... Tammy Schafer-Schwerin
Speech Director..... Matt Schutt
Student Council..... Kris Flaugh
Band Director..... Alexa Gibbs
Vocal Director..... Jacob Bunge

SOUTH HARDIN

Street Address: 1800 24th St
City: Eldora
Zip Code: 50627
Mailing Address: 1800 24th St
City: Eldora
Zip Code: 50627
Supt. St Address: 1010 Edgington Ave
Supt. City: Eldora
Supt. Zip: 50627
County: Hardin
Area Code: 641
School Phone: 939-3421
HS Fax: 939-3423
AD Fax: 939-3423
Web Site: <http://www.southhardin.k12.ia.us>
School Colors: Black, Silver & Red
Nickname: Tigers
Conference: North Iowa Cedar-West
Superintendent..... Dr. Adam Zellmer
Phone.....(641)939-5631
Email.....azellmer@southhardin.org
Principal..... Mike Rundall
Phone.....(641)939-3421
Email.....mrundall@southhardin.org

Athletic Administrator..... Matt Thompson
Phone.....(641)939-3421 x1405
Email.....mthompson@southhardin.org
Tennis..... Thomas Howe
Girls Tennis..... Dan Nelson
Golf..... Matt Thompson
Girls Golf..... David Akers
Basketball..... Nathan Gevlinger
Girls Basketball..... Matt Thompson
Baseball..... Dick Shindelar
Girls Softball..... Don Allen
Wrestling..... Mike Olson
Football..... Nick Eller
Girls Volleyball..... Greg Salvo
Track & Field..... Nathan Gevlinger
Girls Track & Field..... Mike Olson
Cross Country..... Mike Olson
Girls Cross Country..... Mike Olson
Football Cheerleading..... Charlotte Cook
Speech Director..... Alex Holt
Student Council..... Annette Baker
Band Director..... Wayne Lu
Vocal Director..... Patrick Gagnon

SOUTH O'BRIEN, PAULLINA

Street Address: 307 W Groesbeck
City: Paullina
Zip Code: 51046
Mailing Address: 216 S Rutledge St
City: Paullina
Zip Code: 51046
Supt. St Address: 216 S Rutledge St
Supt. City: Paullina
Supt. Zip: 51046
County: O'Brien
Area Code: 712
School Phone: 949-3454
HS Fax: 949-3453
AD Fax: 949-2149
Web Site: <http://www.soswolverines.org>
School Colors: Black & Silver
Nickname: Wolverines
Conference: War Eagle
Superintendent..... Daniel Moore
Phone.....(712)949-2115 x101
Email.....dmoore@soswolverines.org
Principal..... Steven Bruder
Phone.....(712)949-3454
Email.....sbruder@soswolverines.org
Athletic Administrator..... Kent De Zeeuw
Phone.....(712)949-3454 x114
Email.....kdezeeuw@soswolverines.org
Golf..... TBA
Girls Golf..... Heath Reichle
Basketball..... Kiley Yates
Girls Basketball..... Erica Dreckman
Baseball..... DJ Hansen
Girls Softball..... Heather Struve
Football..... Mark Fuhrman
Girls Volleyball..... Abby Hansen
Track & Field..... Brant Goodchild
Girls Track & Field..... John Fernstrum
Cross Country..... Andrew Lichter
Girls Cross Country..... Andrew Lichter
Football Cheerleading..... Jessica Mattheis
Basketball Cheerleading..... Jessica Mattheis
Speech Director..... Becky Wester
Student Council..... Kim Poeckes
Band Director..... Brian Cole
Vocal Director..... John Krager

SOUTH PAGE, COLLEGE SPRINGS

Street Address: 606 Iowa Ave
City: College Springs
Zip Code: 51637
Mailing Address: PO Box 98
City: College Springs
Zip Code: 51637
Supt. St Address: PO Box 98

Supt. City: College Springs
Supt. Zip: 51637
County: Page
Area Code: 712
School Phone: 582-3212
HS Fax: 582-3217
AD Fax: 582-3217
Web Site: <http://www.southpageschools.com/>
School Colors: Black & White
Nickname: Rebels
Conference: Corner
Superintendent..... Tim Hood
Phone.....(712)582-3212
Email.....thood@southpageschools.com
Admin Asst..... Pat Behrhorst
Phone.....(712)582-3212
Email.....pbehr@southpageschools.com
Principal..... Rhonda Sheldon
Phone.....(712)582-3211
Email.....rsheldon@southpageschools.com
Athletic Administrator..... Curtis Maassen
Phone.....(712)582-3211
Email.....cmaassen@southpageschools.com
Golf..... Ron Iles
Basketball..... TBD
Girls Basketball..... TBD
Baseball..... Jess Baker
Football..... Tyler Stevens, Zac Stevens
Girls Volleyball..... Karen Guthrie
Track & Field..... TBD
Girls Track & Field..... TBD
Basketball Cheerleading..... LeAnn Mackey
Speech Director..... Karen Guthrie
Student Council..... LeAnn Mackey
Band Director..... Cindy McCall
Vocal Director..... Cindy McCall

SOUTH TAMA COUNTY, TAMA

Street Address: 1715 Harding St
City: Tama
Zip Code: 52339
Mailing Address: 1715 Harding St
City: Tama
Zip Code: 52339
Supt. St Address: 1702 Harding St
Supt. City: Tama
Supt. Zip: 52339
County: Tama
Area Code: 641
School Phone: 484-4345
HS Fax: 484-5152
AD Fax: 484-5152
Web Site: <http://www.s-tama.k12.ia.us>
School Colors: Columbia Blue & Black
Nickname: Trojans
Conference: WaMaC
Superintendent..... Jared Smith
Phone.....(641)484-4811
Email.....jsmith@s-tama.k12.ia.us
Admin Asst..... Connie Cooper
Phone.....(641)484-4811
Email.....ccooper@s-tama.k12.ia.us
Principal..... Roy Frakes
Phone.....(641)484-4345 x6002
Email.....rfrakes@s-tama.k12.ia.us
Asst/Assoc/Vice-Principal..... Brent Bagnall
Phone.....(641)484-4345 x6003
Email.....bbagnall@s-tama.k12.ia.us
Athletic Administrator..... Brent Bagnall
Phone.....(641)484-4345 x6003
Email.....bbagnall@s-tama.k12.ia.us
Athletic Secretary..... Julie Hagerty
Phone.....(641)484-4345 x6001
Email.....jhagerty@s-tama.k12.ia.us
Sp. Med. Prov. Jill Kienzle
Tennis..... Andrea Rutledge
Girls Tennis..... Steve Bearden
Golf..... Nathan Doran
Girls Golf..... Deanna Zmolk

Basketball..... Dustin Peska
 Girls Basketball..... Todd Dale
 Baseball..... Seth Koch
 Girls Softball..... Chelsea Ahrens
 Wrestling..... Nate Van Dyke
 Football..... Nate Doran
 Girls Volleyball..... Amy Dolash
 Track & Field..... Dan Mayo
 Girls Track & Field..... Levi Hunnerdosse
 Cross Country..... Robert Tynnismaa
 Girls Cross Country..... Robert Tynnismaa
 Soccer..... NateVanDyke
 Girls Soccer..... Noah Schmelzer
 Football Cheerleading..... Chris Drummer
 Basketball Cheerleading..... Allison Graham
 Wrestling Cheerleading..... Chris Drummer
 Speech Director..... Dixie Forcht
 Student Council..... Emily Chyma
 Band Director..... Mike Carnahan
 Vocal Director..... Chris McFate

SOUTH WINNESHIEK, CALMAR

Street Address: 203 W South St
 City: Calmar
 Zip Code: 52132
 Mailing Address: PO Box 430
 City: Calmar
 Zip Code: 52132
 Supt. St Address: PO Box 430
 Supt. City: Calmar
 Supt. Zip: 52132
 County: Winneshiek
 Area Code: 563
 School Phone: 562-3269
 HS Fax: 562-3228
 AD Fax: 562-3228
 Web Site: <http://www.s-winneshiek.k12.ia.us>
 School Colors: Scarlet & Silver
 Nickname: Warriors
 Conference: Upper Iowa
 Superintendent..... Kris Einck
 Phone..... (563)562-3269 x110
 Email..... keinck@swinn.k12.ia.us
 Principal..... Kris Einck
 Phone..... (563)562-3226 x103
 Email..... keinck@swinn.k12.ia.us
 Athletic Administrator..... Kris Einck
 Phone..... (563)562-3269 x103
 Email..... keinck@swinn.k12.ia.us
 Co-AD/Assistant..... Bruce Gullickson
 Phone..... (563)562-3269 x113
 Email..... bgullickson@swinn.k12.ia.us
 Co-AD/Assistant..... Jason Halverson
 Phone..... (563)562-3269 x113
 Email..... jhalverson@swinn.k12.ia.us
 Sp. Med. Prov..... Winneshiek Medical Center
 Golf..... Michael Wenthold
 Girls Golf..... Glenna Munuswamy
 Basketball..... Blake Moen
 Girls Basketball..... Steve Hoffert
 Baseball..... Alex Smith
 Girls Softball..... Jeff Krueger
 Wrestling..... Jacob Elsbernd
 Football..... Jason Ohrt
 Girls Volleyball..... Glenna Munuswamy
 Track & Field..... Scott Conway
 Girls Track & Field..... Kevin Kearney
 Cross Country..... Scott Conway
 Girls Cross Country..... Kevin Kearney
 Football Cheerleading..... Sara Schmitt
 Basketball Cheerleading..... Sara Schmitt
 Wrestling Cheerleading..... Leah Kruse
 Speech Director..... Kurt Straube
 Student Council..... Glenna Munuswamy
 Band Director..... Nathan Miller
 Vocal Director..... Connie Formanek

SOUTHEAST POLK

Street Address: 7945 NE University Ave
 City: Pleasant Hill

Zip Code: 50327
 Mailing Address: 7945 NE University Ave
 City: Pleasant Hill
 Zip Code: 50327
 Supt. St Address: 8379 NE University Ave
 Supt. City: Pleasant Hill
 Supt. Zip: 50327
 County: Polk
 Area Code: 515
 School Phone: 967-2944
 HS Fax: 957-3498
 AD Fax: 957-3498
 Web Site: <http://www.southeastpolk.org>
 School Colors: Black & Gold
 Nickname: RAMS
 Conference: CIML-CIC Eastern
 Superintendent..... Dirk Halupnik
 Phone..... (515)967-4294 x1005
 Email..... dirk.halupnik@southeastpolk.org
 Asst/Assoc Supt..... Joe Horton
 Phone..... (515)967-4294 x1003
 Email..... joseph.horton@southeastpolk.org
 Admin Asst..... Karen Haines
 Phone..... (515)967-4294 x1006
 Email..... karen.haines@southeastpolk.org
 Principal..... Steve Pettit
 Phone..... (515)967-6631 x2005
 Email..... stephen.pettit@southeastpolk.org
 Asst/Assoc/Vice-Principal..... John Steffen
 Phone..... (515)967-6631 x2008
 Email..... john.steffen@southeastpolk.org
 Asst/Assoc/Vice-Principal..... Glenn Dietzenbach
 Phone..... (515)967-6631 x2006
 Email..... glenn.dietzenbach@southeastpolk.org
 Asst/Assoc/Vice-Principal..... Scott Belger
 Phone..... (515)967-6631 x2007
 Email..... scott.belger@southeastpolk.org
 Asst/Assoc/Vice-Principal..... Mike Dailey
 Phone..... (515)967-6631
 Email..... michael.dailey@southeastpolk.org
 Athletic Administrator..... Jayson Campbell
 Phone..... (515)957-3471
 Email..... jayson.campbell@southeastpolk.org
 Co-AD/Assistant..... Darin Carpenter
 Phone..... (515)967-6631 x2402
 Email..... darin.carpenter@southeastpolk.org
 Athletic Secretary..... Amy Dawson
 Phone..... (515)967-2944
 Email..... amy.dawson@southeastpolk.org
 Sp. Med. Prov..... Darrin Carpenter
 Tennis..... Richard Beattie
 Girls Tennis..... Josh Cerveny
 Golf..... Scott Powell
 Girls Golf..... Troy Schwemm
 Basketball..... Alan Jenkins
 Girls Basketball..... Tracy Dailey
 Swimming..... Adam Schulte
 Girls Swimming..... Adam Schulte
 Baseball..... Dave Hartman
 Girls Softball..... Tia Stiles
 Wrestling..... Jason Christenson
 Football..... Brad Zelenovich
 Girls Volleyball..... Matt Parker
 Track & Field..... Jason Nolting
 Girls Track & Field..... Chad Willeford
 Cross Country..... Pat Owens
 Girls Cross Country..... Chad Willeford
 Soccer..... Hidajet Tica
 Girls Soccer..... LeGrand Bien-Aime
 Bowling..... Jeff Hart
 Girls Bowling..... Jeff Hart
 Football Cheerleading..... Jenny Rinehart
 Basketball Cheerleading..... Jenny Rinehart
 Wrestling Cheerleading..... Marci Keesee
 Speech Director..... Emma Hantelmann
 Student Council..... Shannon Stusse-Grote
 Band Director..... Jayson Gerth, Jacqui Meunier
 Vocal Director..... Jamie Logan

SOUTHEAST VALLEY, GOWRIE

Street Address: 1005 Riddle
 City: Gowrie
 Zip Code: 50543
 Mailing Address: PO Box 49
 City: Gowrie
 Zip Code: 50543
 Supt. St Address: 1005 Riddle St
 Supt. City: Gowrie
 Supt. Zip: 50543
 County: Webster
 Area Code: 515
 School Phone: 352-3142
 HS Fax: 352-3143
 AD Fax: 352-5576
 Web Site: <http://www.southeastvalley.org>
 School Colors: Black, Teal, & Metallic Silver
 Nickname: Jaguars
 Conference: Twin Lakes
 Superintendent..... Brian Johnson
 Phone..... (515)352-5575
 Email..... bjohnson@svjags.org
 Principal..... Kerry Ketcham
 Phone..... (515)352-3142
 Email..... kketcham@svjags.org
 Athletic Administrator..... Brian Hanson
 Phone..... (515)352-3102
 Email..... bhanson@svjags.org
 Athletic Secretary..... Aimee Jackson
 Phone..... (515)352-3142
 Email..... ajackson@svjags.org
 Sp. Med. Prov..... Megan Anderson
 Golf..... Shawn Blunk
 Girls Golf..... Mike Conrad
 Basketball..... Kyle Johnson
 Girls Basketball..... Amber Sorenson
 Baseball..... Bryan Bachel, Brad Anderson
 Girls Softball..... Heather Lundberg
 Wrestling..... Jeff Miller
 Football..... Mike Swieter
 Girls Volleyball..... Kristi Castenson
 Track & Field..... Travis Nuss
 Girls Track & Field..... Mike Swieter
 Cross Country..... Travis Nuss
 Girls Cross Country..... Travis Nuss
 Football Cheerleading..... Megan Stumpf
 Wrestling Cheerleading..... Danielle Dee
 Speech Director..... Ruth Nellis, Britney Geisler
 Student Council..... Sherry Vogel
 Band Director..... Grant Hyland
 Vocal Director..... Brandon Louis

SOUTHEAST WARREN, LIBERTY CENTER

Street Address: 16331 Tyler St
 City: Liberty Center
 Zip Code: 50145
 Mailing Address: PO Box 19
 City: Liberty Center
 Zip Code: 50145
 Supt. St Address: PO Box 19
 Supt. City: Liberty Center
 Supt. Zip: 50145
 County: Warren
 Area Code: 641
 School Phone: 466-3331
 HS Fax: 466-3525
 AD Fax: 466-3525
 Web Site: <http://www.se-warren.k12.ia.us>
 School Colors: Kelly Green & White
 Nickname: Warhawks
 Conference: Pride of Iowa
 Superintendent..... Delane Galvin
 Phone..... (641)466-3510
 Email..... delane.galvin@se-warren.k12.ia.us
 Admin Asst..... LuAnn Ohnemus
 Phone..... (641)466-3510 x228
 Email..... luann.ohnemus@se-warren.k12.ia.us
 Principal..... Delane Galvin
 Phone..... (641)466-3331
 Email..... delane.galvin@se-warren.k12.ia.us

Asst/Assoc/Vice-Principal..... John Burrell
 Phone.....(641)466-3331
 Email.....john.burrell@se-warren.k12.ia.us
 Asst/Assoc/Vice-Principal..... Scott Dirx
 Phone.....(641)466-3331
 Email.....Scott.dirx@se-warren.k12.ia.us
 Athletic Administrator..... Blake Cruikshank
 Phone.....(641)466-3331 x106
 Email.....blake.cruikshank@se-warren.k12.ia.us
 Co-AD/Assistant..... Shane Rowlands
 Phone.....(641)466-3331
 Email.....shane.rowlands@se-warren.k12.ia.us
 Athletic Secretary..... LuAnn Ohnemus
 Phone.....(641)466-3510 x228
 Email.....luann.ohnemus@se-warren.k12.ia.us
 Sp. Med. Prov.....Tori Ogden
 Girls Basketball.....Shane Rowlands
 Baseball.....Cody Reynolds
 Girls Softball.....Nathan Bauer
 Wrestling.....Dallas O'Brien
 Football.....Shane Rowlands
 Girls Volleyball.....Jodi Clendenen
 Cross Country.....Jim Carr
 Girls Cross Country.....Jim Carr
 Football Cheerleading.....Krissy Merfeld
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Krissy Merfeld
 Student Council.....Megan Birchette
 Band Director.....Deon Walker
 Vocal Director.....Deon Walker

SOUTHWEST VALLEY

Street Address: 904 8th Street
 City: Corning
 Zip Code: 50841
 Mailing Address: 904 8th Street
 City: Corning
 Zip Code: 50841
 Supt. St Address: 904 8th Street
 Supt. City: Corning
 Supt. Zip: 50841
 County: Adams
 Area Code: 641
 School Phone: 322-4242
 HS Fax: 322-5149
 AD Fax: 322-5149
 Web Site: <http://www.southwestvalley.org>
 School Colors: Black, Silver, Teal
 Nickname: Timberwolves
 Conference: Pride of Iowa
 Superintendent.....Chris Fenster
 Phone.....(641)322-4245 x225
 Email.....cfenster@corningcsd.org
 Admin Asst.....Tina Boswell
 Phone.....(641)322-4242 x221
 Email.....tboswell@corningcsd.org
 Principal.....Jamie Craig
 Phone.....(641)322-4245 x222
 Email.....jcraig@corningcsd.org
 Athletic Administrator.....Allen Naugle
 Phone.....(641)322-4020
 Email.....anaugle@corningcsd.org
 Co-AD/Assistant.....Anthony Jones
 Phone.....(712)826-2552 x141
 Email.....ajones@villiscaschools.org
 Athletic Secretary.....Mikalsh Sonntag
 Phone.....(641)322-4245
 Email.....msonntag@corningcsd.org
 Sp. Med. Prov.....Megan Birchard, LAT, ATC
 (Greater Regional Medical Center)
 Tennis.....Pete Nett
 Girls Tennis.....Pete Nett
 Golf.....Cindy Drake
 Girls Golf.....Cindy Drake
 Basketball.....Andrew Focht
 Girls Basketball.....Allen Naugle
 Baseball.....Stoney Gaule
 Girls Softball.....Tara Miller

Wrestling.....Cody Konecne
 Football.....Anthony Donahoo
 Girls Volleyball.....Lindsay Wetzel
 Girls Track & Field.....Jason Hults
 Cross Country.....Jason Hults
 Girls Cross Country.....Jason Hults
 Football Cheerleading.....Liz Timmerman
 Basketball Cheerleading.....Christine McAlpin
 Wrestling Cheerleading.....Melodie Winkler
 Speech Director.....Pete Nett
 Student Council.....Lindsay Wetzel
 Band Director.....Shelby Cooper
 Vocal Director.....Mindy Docker

SPENCER

Street Address: 800 E 3rd St
 City: Spencer
 Zip Code: 51301
 Mailing Address: PO Box 200
 City: Spencer
 Zip Code: 51301
 Supt. St Address: PO Box 200
 Supt. City: Spencer
 Supt. Zip: 51301
 County: Clay
 Area Code: 712
 School Phone: 262-1700
 HS Fax: 262-5704
 AD Fax: 262-5704
 Web Site: <http://www.spenceriowaschools.com>
 School Colors: Purple & Gold
 Nickname: Tigers
 Conference: Lakes
 Superintendent.....Terry Hemann
 Phone.....(712)262-8950
 Email.....themann@spencerschools.org
 Admin Asst.....Laura Wakefield
 Phone.....(712)262-8950 x1010
 Email.....lwakefield@spencerschools.org
 Principal.....Elli Wiemers
 Phone.....(712)262-1700
 Email.....ewiemers@spencerschools.org
 Asst/Assoc/Vice-Principal.....Jade Beehler
 Phone.....(712)262-1700
 Email.....jbeehler@spencerschools.org
 Athletic Administrator.....Taylor Chapman
 Phone.....(712)262-1700 x2006
 Email.....tchapman@spencerschools.org
 Athletic Secretary.....Kelly Kuehler
 Phone.....(712)262-1700 x2001
 Email.....kkuehler@spencerschools.org
 Sp. Med. Prov.....Kevin Carlson
 Tennis.....Joe Steele
 Girls Tennis.....Bob Schlaeger
 Golf.....Steve Bomgaars
 Girls Golf.....Marc Bruning
 Basketball.....Kory Petzenhauser
 Girls Basketball.....Matt Stevenson
 Swimming.....Katie Tanner
 Girls Swimming.....Amie Lawrence
 Baseball.....Brian Dirx
 Girls Softball.....Tara Hauschen
 Wrestling.....Adam Gress
 Football.....Jim Tighe
 Girls Volleyball.....Karl Reiter
 Track & Field.....Kurt Bauermeister
 Girls Track & Field.....Al Pierce
 Cross Country.....Kurt Bauermeister
 Girls Cross Country.....Kurt Bauermeister
 Soccer.....Nick Erdman
 Girls Soccer.....John Hansel
 Football Cheerleading.....Shante Whalen
 Basketball Cheerleading.....Gracie Damann
 Wrestling Cheerleading.....Missy Burns
 Speech Director.....Larry Untiet
 Student Council.....Jade Beehler
 Band Director.....Kurt Schwarck
 Vocal Director.....Katie Kardell

SPIRIT LAKE

Street Address: 2701 Hill Ave
 City: Spirit Lake
 Zip Code: 51360
 Mailing Address: 2701 Hill Ave
 City: Spirit Lake
 Zip Code: 51360
 Supt. St Address: 2701 Hill Ave
 Supt. City: Spirit Lake
 Supt. Zip: 51360
 County: Dickinson
 Area Code: 712
 School Phone: 336-2820
 HS Fax: 336-4641
 Web Site: <http://www.spiritlakescd.org>
 School Colors: Red & Black
 Nickname: Indians
 Conference: Lakes
 Superintendent.....Dr. David Smith
 Phone.....(712)336-2820 x3000
 Email.....dsmith@spirit-lake.k12.ia.us
 Admin Asst.....Donna Sebert
 Phone.....(712)336-2820 x3020
 Email.....dsebert@spirit-lake.k12.ia.us
 Principal.....Casey O'Rourke
 Phone.....(712)336-3707 x2000
 Email.....corourke@spirit-lake.k12.ia.us
 Asst/Assoc/Vice-Principal.....Josh Bolluyt
 Phone.....(712)336-3707 x1280
 Email.....jdbolluyt@spirit-lake.k12.ia.us
 Athletic Administrator.....Rachel Fisher
 Phone.....(712)336-3707 x1960
 Email.....rfisher@spirit-lake.k12.ia.us
 Sp. Med. Prov.....TBD
 Tennis.....Dan Taylor
 Girls Tennis.....Robert O'Hara
 Golf.....Robert Kirchner
 Girls Golf.....Lucas Doxtad
 Basketball.....Dr. David Smith
 Girls Basketball.....Naethan Hoaglund
 Baseball.....Ross Ackerman
 Girls Softball.....Rachel Gerking
 Wrestling.....Andrew Lundgren
 Football.....Joshua Bolluyt
 Girls Volleyball.....Beau Dielschneider
 Track & Field.....Brad Travis
 Girls Track & Field.....Tim Heinitz
 Cross Country.....Tim Heinitz
 Girls Cross Country.....Tim Heinitz
 Soccer.....Mike Davis
 Girls Soccer.....Bill Cochran-Bray
 Football Cheerleading.....Britt Parriott
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Marcy Toews/ Matti Mitchell
 Speech Director.....Kimberly Sierck
 Student Council.....Roland Schmidt
 Band Director.....Tyler Pedersen
 Vocal Director.....Luke Miller

SPRINGVILLE

Street Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Mailing Address: 400 Academy St
 City: Springville
 Zip Code: 52336
 Supt. St Address: 400 Academy St
 Supt. City: Springville
 Supt. Zip: 52336
 County: Linn
 Area Code: 319
 School Phone: 854-6196
 HS Fax: 854-6199
 AD Fax: 854-6199
 Web Site: <http://www.springville.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Orioles
 Conference: Tri Rivers

Superintendent Pat Hocking
 Phone (319)854-6197 x1001
 Email phocking@springville.k12.ia.us
 Admin Asst Barb Hennings
 Phone (319)854-6196 x1000
 Email bhennings@springville.k12.ia.us
 Principal Nick Merritt
 Phone (319)854-6196 x1022
 Email nmerritt@springville.k12.ia.us
 Athletic Administrator Joe Martin
 Phone (319)854-6196 x1005
 Email jmartin@springville.k12.ia.us
 Co-AD/Assistant Shannon Robertson
 Phone (319)854-6196 x1402
 Email srobertson@springville.k12.ia.us
 Athletic Secretary Barb Hennings
 Phone (319)854-6196 x1000
 Email bhennings@springville.k12.ia.us
 Golf Austin Neuendorf
 Girls Golf Austin Neuendorf
 Basketball Nick Merritt
 Girls Basketball Christina Zaruba
 Baseball Tony Dlouhy
 Girls Softball Laura Riley
 Football Joe Martin
 Girls Volleyball Claude Howard
 Track & Field Tyler Husak
 Girls Track & Field Steve Pershing
 Cross Country Steve Pershing
 Girls Cross Country Steve Pershing
 Football Cheerleading Angel Chizek
 Basketball Cheerleading Angel Chizek
 Speech Director Josh Stoll
 Student Council Austin Neuendorf
 Band Director Andrew Escalante
 Vocal Director Ryan Batisto

ST. ALBERT, COUNCIL BLUFFS

Street Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Mailing Address: 400 Gleason Ave
 City: Council Bluffs
 Zip Code: 51503
 Supt. St Address: 400 Gleason Ave
 Supt. City: Council Bluffs
 Supt. Zip: 51503
 County: Pottawattamie
 Area Code: 712
 School Phone: 328-2316
 HS Fax: 328-8316
 AD Fax: 328-8316
 Web Site: <http://www.saintalbertschools.org>
 School Colors: Green & Gold
 Nickname: Falcons & Saintes
 Conference: Hawkeye Ten
 Superintendent Dave Schweitzer
 Phone (712)328-2316 x211
 Email schweitzerd@saintalbertschools.org
 Principal Dave Schweitzer
 Phone (712)328-2316 x211
 Email schweitzerd@saintalbertschools.org
 Asst/Assoc/Vice-Principal Ken Schreiber
 Phone (712)328-2316 x210
 Email schreiberk@saintalbertschools.org
 Athletic Administrator Ken Schreiber
 Phone (712)328-2316 x210
 Email schreiberk@saintalbertschools.org
 Athletic Secretary Libby Cerny
 Phone (712)328-2316
 Email hsoffice@saintalbertschools.org
 Sp. Med. Prov. Nick Finken, LAT
 (Jennie Edmundson Sports Medicine)
 Tennis TBA
 Girls Tennis TBA
 Golf Ben Holling
 Girls Golf Ben Holling
 Basketball Ben Holling
 Girls Basketball Dick Wettengel

Baseball Duncan Patterson
 Girls Softball Lyndsay Daley
 Wrestling Jeremy Hulshizer, Devon Yeoman
 Football Pat Ryan
 Girls Volleyball Angie Lantz
 Track & Field James Cairney
 Cross Country Russ Sindelar
 Girls Cross Country Russ Sindelar
 Soccer Tom Lorkovic
 Girls Soccer Chris Hughes
 Bowling Ken Mehsling
 Girls Bowling Ken Mehsling
 Football Cheerleading Jeanna Sherbondy
 Basketball Cheerleading Jeanna Sherbondy
 Wrestling Cheerleading Jeanna Sherbondy
 Speech Director Brian Peterson
 Student Council Ann Combs
 Band Director Timothy Radermacher
 Vocal Director Ellen Tjaden

ST. EDMOND, FORT DODGE

Street Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Mailing Address: 2220 4th Ave N
 City: Fort Dodge
 Zip Code: 50501
 Supt. St Address: 2220 4th Ave N
 Supt. City: Fort Dodge
 Supt. Zip: 50501
 County: Webster
 Area Code: 515
 School Phone: 955-5850
 HS Fax: 955-3569
 AD Fax: 955-3569
 Web Site: <http://www.st-edmond.com>
 School Colors: Kelly Green & White
 Nickname: Gaels
 Conference: North Central
 Superintendent Patty Lansink
 Phone (712)233-7535
 Email PattyL@scediocese.org
 Asst/Assoc Supt Mary Gibb
 Phone (515)955-6077 x2026
 Email gibbm@st-edmond.com
 Principal Linda Mitchell
 Phone (515) 955-5850 x2254
 Email mitchellli@st-edmond.com
 Asst/Assoc/Vice-Principal Steve Neuberger
 Phone (515)955-5850
 Email neubergers@st-edmond.com
 Athletic Administrator Steve Neuberger
 Phone (515)955-5850 x3219
 Email neubergers@st-edmond.com
 Athletic Secretary Nancy Richman
 Phone (515)955-5850 x3003
 Email richmann@st-edmond.com
 Sp. Med. Prov. Josh Seltz (Orthopaedic Sports Medicine)
 Tennis Jacob Short
 Girls Tennis TBA
 Golf Dan Streit
 Girls Golf Kelsey Faiferlick
 Basketball Adolph Kochendorfer
 Girls Basketball Steve Neuberger
 Baseball Mike Szalat
 Girls Softball Nick Clark
 Wrestling Vinnie Harvey
 Football Matt Dillon
 Girls Volleyball Dee Huss
 Track & Field Bill Kibby
 Cross Country Mike Szalat
 Girls Cross Country Mike Szalat
 Football Cheerleading Amber Barwin
 Basketball Cheerleading Amber Barwin
 Wrestling Cheerleading Amber Barwin
 Speech Director Jared Roth
 Student Council Mike Szalat
 Band Director Michelle Curtis
 Vocal Director Ben Wegner

ST. MARY'S, REMSEN

Street Address: 523 Madison St
 City: Remsen
 Zip Code: 51050
 Mailing Address: PO Box 500
 City: Remsen
 Zip Code: 51050
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Plymouth
 Area Code: 712
 School Phone: 786-1433
 HS Fax: 786-2499
 AD Fax: 786-2499
 Web Site: <http://www.rsmschools.org>
 School Colors: Royal Blue & White
 Nickname: Hawks
 Conference: War Eagle
 Superintendent Patty Lansink
 Phone (712)233-7527
 Executive Coordinator Father Bill McCarthy
 Phone (712)786-1437
 Principal Jeff Burkey
 Phone (712)786-1433
 Email burkeyj@rmschools.org
 Athletic Administrator Brenda Ortmann
 Phone (712)786-1433
 Email ortmannb@rmschools.org
 Athletic Secretary Connie Kellen
 Phone (712)786-1433
 Email kellenc@rmschools.org
 Sp. Med. Prov. LeMars Physical Therapy
 Golf Tim Osterman
 Girls Golf Sue Klein
 Basketball Justin Ruden
 Girls Basketball Scott Willman
 Baseball Dean Harpenau, Jim Wesselmann
 Girls Softball Leo Hupke
 Football Zach Arnold
 Girls Volleyball Alex Willman
 Track & Field Scott Willman
 Girls Track & Field Scott Willman
 Cross Country Scott Willman
 Girls Cross Country Scott Willman
 Football Cheerleading Dalaney Langel
 Speech Director Kim Phillips
 Band Director Steph Niewohner
 Vocal Director Steph Niewohner

ST. MARY'S, STORM LAKE

Street Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Mailing Address: 312 Seneca St
 City: Storm Lake
 Zip Code: 50588
 Supt. St Address: 1821 Jackson St, PO Box 3379
 Supt. City: Sioux City
 Supt. Zip: 51102
 County: Buena Vista
 Area Code: 712
 School Phone: 732-4166
 HS Fax: 732-4590
 AD Fax: 732-4590
 Web Site: <http://www.stmarys-storm.pvt.k12.ia.us>
 School Colors: Black & White
 Nickname: Panthers
 Conference: Twin Lakes
 Superintendent Patty Lansink
 Phone (712)732-7527
 Email PattyL@scediocese.org
 Asst/Assoc Supt Fr. Tim Friedrichsen
 Phone (712)732-3110
 Email t.a.friedrichsen@gmail.com
 Principal Ryan Berg
 Phone (712)732-4166
 Email rberg@stmarys-storm.pvt.k12.ia.us

Athletic Administrator.....Kelby Homeister
 Phone.....(712)732-4166
 Email.....khomeister@stmarys-storm.pvt.k12.ia.us
 Golf.....Herb Besaw
 Girls Golf.....Lynn Hardt
 Basketball.....Kenndy Drey
 Girls Basketball.....Derek Varner
 Baseball.....Derek Varner
 Girls Softball.....Katie Yoder
 Girls Volleyball.....Beth Bjorkgren
 Track & Field.....Kelby Homeister
 Girls Track & Field.....Kelby Homeister
 Basketball Cheerleading.....Victoria Stille
 Speech Director.....Deb Peters
 Student Council.....Ryan Berg
 Band Director.....Gayle Strom
 Vocal Director.....Gayle Strom

STANTON

Street Address: 605 Elliott
 City: Stanton
 Zip Code: 51573
 Mailing Address: P.O. Box 400
 City: Stanton
 Zip Code: 51573
 Supt. St Address: PO Box 400
 Supt. City: Stanton
 Supt. Zip: 51573
 County: Montgomery
 Area Code: 712
 School Phone: 829-2162
 HS Fax: 829-2164
 AD Fax: 829-2164
 Web Site: <http://www.stantonschools.com>
 School Colors: Purple & White
 Nickname: Vikings/Viqueens
 Conference: Corner
 Superintendent.....Chris Herrick
 Phone.....(712)829-2162
 Email.....cherrick@stantonschools.com
 Principal.....Kevin Blunt
 Phone.....(712)829-2162
 Email.....kblunt@stantonschools.com
 Athletic Administrator.....Kevin Blunt
 Phone.....(712)829-2162
 Email.....kblunt@stantonschools.com
 Co-AD/Assistant.....Don Hicks
 Phone.....(712)829-2162
 Email.....dhicks@stantonschools.com
 Athletic Secretary.....Tammy Boyer
 Phone.....(712)829-2162
 Email.....tboyer@stantonschools.com
 Sp. Med. Prov.....Montgomery Memorial Hospital
 Basketball.....Kevin Blunt / Dave Snyder
 Girls Basketball.....Dave Snyder
 Baseball.....Jason Hart, Alex Cabbage
 Girls Softball.....Lacey Stephens, Brandy McFarland
 Football.....Jeff Grebin
 Girls Volleyball.....Jodi Druivenga
 Track & Field.....Jeff Grebin
 Girls Track & Field.....Dave Snyder
 Cross Country.....Kevin Blunt
 Girls Cross Country.....Bruce Subbert
 Speech Director.....John Mainquist
 Student Council.....Dave Snyder
 Band Director.....Kelsie Schmidt
 Vocal Director.....Kelsie Schmidt

STARMONT

Street Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Mailing Address: 3202 40th St
 City: Arlington
 Zip Code: 50606
 Supt. St Address: 3202 40th St
 Supt. City: Arlington
 Supt. Zip: 50606
 County: Fayette

Area Code: 563
 School Phone: 933-2218
 HS Fax: 933-2134
 AD Fax: 933-2134
 Web Site: <http://www.starmont.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Stars
 Conference: Upper Iowa
 Superintendent.....Troy Heller
 Phone.....(563)933-4598
 Email.....theller@starmont.k12.ia.us
 Principal.....Jason Yessak
 Phone.....(563)933-2218 x126
 Email.....jyessak@starmont.k12.ia.us
 Athletic Administrator.....Chad Whittle
 Phone.....(563)933-2218 x128
 Email.....cwhittle@starmont.k12.ia.us
 Athletic Secretary.....Cathy Smith
 Phone.....(563)933-2218
 Email.....csmith@starmont.k12.ia.us
 Golf.....Darryl Syverson
 Girls Golf.....Darryl Syverson
 Basketball.....Colton Janssen
 Girls Basketball.....Jerry Bentley
 Baseball.....Aaron Coghlan
 Girls Softball.....Roger Reed
 Wrestling.....Jake Munger
 Football.....Matt Lee
 Girls Volleyball.....Robert Goedken
 Track & Field.....Matt Lee
 Girls Track & Field.....Roger Reed
 Cross Country.....Charlie Gruman
 Girls Cross Country.....Charlie Gruman
 Football Cheerleading.....TBD
 Basketball Cheerleading.....TBD
 Wrestling Cheerleading.....Sam Jennerjohn
 Speech Director.....Amanda Knox
 Student Council.....Suzy Hamlett
 Band Director.....Robbie McIntyre
 Vocal Director.....Allison McIntyre

STORM LAKE

Street Address: 621 Tornado Dr
 City: Storm Lake
 Zip Code: 50588
 Mailing Address: PO Box 637
 City: Storm Lake
 Zip Code: 50588
 Supt. St Address: 419 Lake Ave
 Supt. City: Storm Lake
 Supt. Zip: 50588
 County: Buena Vista
 Area Code: 712
 School Phone: 732-8065
 HS Fax: 732-8068
 AD Fax: 732-8068
 Web Site: <http://www.slcsd.org>
 School Colors: Kelly Green & White
 Nickname: Tornadoes
 Conference: Lakes
 Superintendent.....Dr. Stacey Cole
 Phone.....(712)732-8060
 Email.....scole@slcsd.org
 Admin Asst.....Staci Maloy
 Phone.....(712)732-8065
 Email.....smaloy@slcsd.org
 Principal.....Beau Ruleaux
 Phone.....(712)732-8065
 Email.....bruleaux@slcsd.org
 Asst/Assoc/Vice-Principal.....Jeff Tollefson
 Phone.....(712)732-8065
 Email.....jtollefson@slcsd.org
 Athletic Administrator.....Ty Seaman
 Phone.....(712)732-8065
 Email.....tseaman@slcsd.org
 Athletic Secretary.....Staci Maloy
 Phone.....(712)732-8065
 Email.....smaloy@slcsd.org
 Sp. Med. Prov.....Mike Spelman, LAT
 (Sports Medicine Northwest)

Tennis.....Sam Lipps
 Girls Tennis.....Staci Maloy
 Golf.....Andrew Zinn
 Girls Golf.....Will Swanson
 Basketball.....Heath Stille
 Swimming.....Roger Peterson
 Girls Swimming.....Jodi Mongan
 Baseball.....Ben Seaman
 Girls Softball.....Mel Fisher
 Wrestling.....Ben Seaman
 Football.....Rudy Wieck
 Girls Volleyball.....Erin Nelson
 Track & Field.....Justin Mellmann
 Girls Track & Field.....Evan Franzmeier
 Cross Country.....Justin Mellmann
 Girls Cross Country.....Justin Mellmann
 Soccer.....Ben Schekirke
 Girls Soccer.....Alison Myrtue
 Football Cheerleading.....Colleen Wabeke
 Basketball Cheerleading.....Colleen Wabeke
 Wrestling Cheerleading.....Colleen Wabeke
 Speech Director.....Sara Carlson
 Student Council.....Kerei Shadlow
 Band Director.....Colleen Hecht
 Vocal Director.....Joanne Tucker
 Orchestra Director.....Celia Garner-Prouty

SUMNER-FREDERICKSBURG

Street Address: 802 W 6th St
 City: Sumner
 Zip Code: 50674
 Mailing Address: 802 W 6th St
 City: Sumner
 Zip Code: 50674
 Supt. St Address: 802 W 6th St
 Supt. City: Sumner
 Supt. Zip: 50674
 County: Bremer
 Area Code: 563
 School Phone: 578-3341
 HS Fax: 578-3424
 AD Fax: 578-3424
 Web Site: <http://www.sfcougars.k12.ia.us>
 School Colors: Navy Blue, Hunter Green, & Vegas Gold
 Nickname: Cougars
 Conference: NICL East
 Superintendent.....Fred Matlage
 Phone.....(563)578-3341
 Email.....matlage@sfcougars.k12.ia.us
 Principal.....Allan Eckelman
 Phone.....(563)578-3341
 Email.....eckelmana@sfcougars.k12.ia.us
 Athletic Administrator.....Allan Eckelman
 Phone.....(563)578-3341
 Email.....eckelmana@sfcougars.k12.ia.us
 Co-AD/Assistant.....Kurt Volker
 Phone.....(563)578-3354
 Email.....volker@sfcougars.k12.ia.us
 Athletic Secretary.....Lindsay Tieskoetter
 Phone.....(563)578-3354
 Email.....tieskoetter@sfcougars.k12.ia.us
 Sp. Med. Prov.....Ronald L. Ragsdale, Justin Trainor, PT
 (Taylor's Physical Therapy)
 Golf.....Josh Krueger
 Girls Golf.....Josh Krueger
 Basketball.....Michael Quigley
 Girls Basketball.....Kevin Bergman
 Baseball.....Jacob Coyle
 Girls Softball.....Kevin Bergman
 Wrestling.....Jeff Meyer
 Football.....Brad Mohs
 Girls Volleyball.....Tori Sorenson
 Track & Field.....Steve Kalous
 Girls Track & Field.....Steve Kalous
 Cross Country.....Linda Wright
 Girls Cross Country.....Linda Wright
 Bowling.....Ryan Dougan
 Girls Bowling.....Ryan Dougan
 Football Cheerleading.....Brett Johns

Basketball Cheerleading..... Brett Johns
 Wrestling Cheerleading..... Krista Smith
 Speech Director..... Shaylie Stortz
 Student Council..... Sarah Bolte
 Band Director..... James Wright
 Vocal Director..... Noell Reynolds

TIPTON

Street Address: 400 E 6th St
 City: Tipton
 Zip Code: 52772
 Mailing Address: 400 E 6th St
 City: Tipton
 Zip Code: 52772
 Supt. St Address: 400 E 6th St
 Supt. City: Tipton
 Supt. Zip: 52772
 County: Cedar
 Area Code: 563
 School Phone: 886-6121
 HS Fax: 886-2341
 AD Fax: 886-2341
 Web Site: <http://www.tipton.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Tigers
 Conference: River Valley Conference

Superintendent..... Jason Wester
 Phone.....(563)886-6121
 Email.....jason.wester@tipton.k12.ia.us
 Principal..... Mark Olmstead
 Phone.....(563)886-6027 x1302
 Email.....mark.olmstead@tipton.k12.ia.us
 Athletic Administrator..... Matt Fouch
 Phone.....(563)886-6027 x1107
 Email.....matt.fouch@tipton.k12.ia.us
 Athletic Secretary..... Michele Gipson
 Phone.....(563)886-6121 x1100
 Email.....michele.gipson@tipton.k12.ia.us
 Sp. Med. Prov..... Progressive Rehabilitation Inc.
 Golf..... Heath Hesse
 Girls Golf..... Heath Hesse
 Basketball..... Matt Fouch
 Girls Basketball..... Chad Rezac
 Girls Swimming..... Whitney Gehrs
 Baseball..... Troy Smock
 Girls Softball..... Brooklyn Koranda
 Wrestling..... Matt Nerem
 Football..... Joe Zeutenhorst
 Girls Volleyball..... Amy Calonder
 Track & Field..... Mike Wehde
 Girls Track & Field..... Jill Engels
 Cross Country..... Eric Walsh
 Girls Cross Country..... Eric Walsh
 Football Cheerleading..... Emilie Hein
 Speech Director..... McKenna Beck
 Student Council..... Sheila Koch
 Band Director..... Andy Owen
 Vocal Director..... Julie Thomas

TREYNOR

Street Address: 102 E Main St
 City: Treynor
 Zip Code: 51575
 Mailing Address: PO Box 369
 City: Treynor
 Zip Code: 51575
 Supt. St Address: PO Box 369
 Supt. City: Treynor
 Supt. Zip: 51575
 County: Pottawattamie
 Area Code: 712
 School Phone: 487-3804
 HS Fax: 487-3332
 AD Fax: 487-3332
 Web Site: <http://www.treynorschools.org>
 School Colors: Red & White
 Nickname: Cardinals
 Conference: The Western Iowa Conference

Superintendent..... Lou Howell
 Phone.....(712)487-3414
 Email.....lhowell@treynorcardinals.org
 Principal..... Gary McNeal
 Phone.....(712)487-3804
 Email.....gmcneal@treynorcardinals.org
 Athletic Administrator..... Tim Navara
 Phone.....(712)487-3804 x1103
 Email.....tnavara@treynorcardinals.org
 Athletic Secretary..... Danette Blackledge
 Phone.....(712)487-3804
 Email.....dblackledge@treynorcardinals.org
 Sp. Med. Prov..... Josh Bintz, PT, DPT
 (Miller Orthopedic Specialists)

Golf..... Thad Nelson
 Basketball..... Scott Rucker
 Girls Basketball..... Joe Chapman
 Baseball..... Bob Mantell
 Girls Softball..... Kara Huisman
 Football..... Jeff Casey
 Girls Volleyball..... Kim Barents
 Track & Field..... Jeff Koenck
 Girls Track & Field..... Gail Hartigan
 Cross Country..... Dan Schleisman
 Girls Cross Country..... Dan Schleisman
 Girls Soccer..... Stephanie Brady
 Football Cheerleading..... Nicole Reed
 Basketball Cheerleading..... Nicole Reed
 Wrestling Cheerleading..... Traci Black
 Band Director..... Jeff Schoening
 Vocal Director..... Jill Davis

TRI-CENTER, NEOLA

Street Address: 33980 310th St
 City: Neola
 Zip Code: 51559
 Mailing Address: 33980 310th St
 City: Neola
 Zip Code: 51559
 Supt. St Address: 33980 310th St
 Supt. City: Neola
 Supt. Zip: 51559
 County: Pottawattamie
 Area Code: 712
 School Phone: 485-2257
 HS Fax: 485-2411
 AD Fax: 485-2402
 Web Site: <http://www.tctrojans.org>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: Western Iowa

Superintendent..... Angela Huseman
 Phone.....(712)485-2257 x150
 Email.....ahuseman@tctrojans.org
 Admin Asst..... Kelly Dollen
 Phone.....(712)485-2257 x170
 Email.....kdollen@tctrojans.org
 Principal..... Chad Harder
 Phone.....(712)485-2257 x160
 Email.....charder@tctrojans.org
 Asst/Assoc/Vice-Principal..... Jami Helgenberger
 Phone.....(712)485-2257
 Email.....jhelgenberger@tctrojans.org
 Athletic Administrator..... Cassie Harris
 Phone.....(712)485-2211 x205
 Email.....charris@tctrojans.org
 Athletic Secretary..... Nancy Christiansen
 Phone.....(712)485-2211 x205
 Email.....mssecretary@tctrojans.org
 Golf..... Brad Huseman
 Girls Golf..... Brad Huseman
 Basketball..... Chad Harder
 Girls Basketball..... Wendy Lausen
 Baseball..... Max Kozeal
 Girls Softball..... Juan Batula
 Wrestling..... Scott Manhart
 Football..... Ryan Schroder
 Girls Volleyball..... Rachel Eikenberry
 Track & Field..... Gene Johnson

Girls Track & Field..... Amy Wingert
 Cross Country..... Alexia Cochran
 Girls Cross Country..... Alexia Cochran
 Soccer..... Josh Calhoon
 Girls Soccer..... Jeff Lefebber
 Bowling..... Kelly Alfert
 Girls Bowling..... Kelly Alfert
 Football Cheerleading..... Becky Thomas
 Basketball Cheerleading..... Becky Thomas
 Wrestling Cheerleading..... TBA
 Speech Director..... Casey Ring
 Student Council..... Sarah Elliott
 Band Director..... Paul Hart
 Vocal Director..... Claudia Baker

TRI-COUNTY, THORNBURG

Street Address: 3003 Hwy 22
 City: Thornburg
 Zip Code: 50255
 Mailing Address: P.O. Box 17
 City: Thornburg
 Zip Code: 50255
 Supt. St Address: PO BOX 17
 Supt. City: Thornburg
 Supt. Zip: 50255
 County: Keokuk
 Area Code: 641
 School Phone: 634-2636
 HS Fax: 634-2145
 AD Fax: 634-2145
 Web Site: <http://www.tri-countyschools.com>
 School Colors: Black & Gold
 Nickname: Trojans
 Conference: SICL

Superintendent..... Chad Straight
 Phone.....(641)634-2636 x197
 Email.....chad.straight@tri-countyschools.com
 Principal..... Jennifer Berg
 Phone.....(641)634-2636 x141
 Email.....jennifer.berg@tri-countyschools.com
 Athletic Administrator..... Scott Edmundson
 Phone.....(641)634-2636 x107
 Email.....scott.edmundson@tri-countyschools.com
 Athletic Secretary..... Shelly Koehn
 Phone.....(641)634-2636 x198
 Email.....shelly.koehn@tri-countyschools.com
 Basketball..... Curtis Fisher
 Girls Basketball..... Chad Little
 Baseball..... Scott Edmundson
 Girls Softball..... Chad Little
 Football..... Scott Edmundson
 Track & Field..... Andy Thomas
 Girls Track & Field..... Andy Thomas
 Football Cheerleading..... Dara Fisher
 Speech Director..... Vince Hrasky
 Student Council..... Sonja Anderson
 Band Director..... Melanie Tygart
 Vocal Director..... Melanie Tygart

TRINITY CHRISTIAN HIGH SCHOOL

Street Address: 1811 Hayes Ave
 City: Hull
 Zip Code: 51239
 Mailing Address: 1811 Hayes Ave
 City: Hull
 Zip Code: 51239
 Supt. St Address: 1811 Hayes Ave
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-1921
 HS Fax: 000-0000
 School Colors: dark green and white
 Nickname: Tigers
 Conference: War Eagle
 Superintendent..... James Regnerus
 Phone.....(712)439-1921
 Email.....jregnerus@trinitychs.org

Principal..... James Regnerus
 Phone..... (712)439-1921
 Email..... jregnerus@trinitychs.org
 Athletic Administrator..... James Regnerus
 Phone..... (712)439-1921
 Email..... jregnerus@trinitychs.org
 Athletic Secretary..... Lorelei Burgers
 Phone..... (712)439-1921
 Email..... lburgers@trinitychs.org
 Golf..... Kevin Van Engen
 Girls Golf..... Kevin Van Engen
 Basketball..... Kevin Van Engen
 Girls Basketball..... Jordan De Boer
 Baseball..... Mike De Jager
 Girls Softball..... Kassandra Heynen
 Wrestling..... James Regnerus
 Girls Volleyball..... Jon Mooy
 Cross Country..... Dillon Brummel
 Girls Cross Country..... Dillon Brummel
 Speech Director..... Rochelle Bloemendaal
 Band Director..... Laura Kuiper
 Vocal Director..... Laura Kuiper

TRIPOLI

Street Address: 209 8th Ave SW
 City: Tripoli
 Zip Code: 50676
 Mailing Address: 209 8th Ave SW
 City: Tripoli
 Zip Code: 50676
 Supt. St Address: 209 8th Ave SW
 Supt. City: Tripoli
 Supt. Zip: 50676
 County: Bremer
 Area Code: 319
 School Phone: 882-4202
 HS Fax: 882-3103
 AD Fax: 882-3103
 Web Site: <http://www.tripoli.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Panthers
 Conference: Iowa Star
 Superintendent..... Troy Heller
 Phone..... (319)882-4201
 Email..... hellert@tripoli.k12.ia.us
 Admin Asst..... Kim Block
 Phone..... (319)882-4202 x115
 Email..... blockk@tripoli.k12.ia.us
 Principal..... Karen Neuendorf
 Phone..... (319)882-4202 x112
 Email..... neuendorf@tripoli.k12.ia.us
 Asst/Assoc/Vice-Principal..... Sarah Figanbaum
 Phone..... (319)882-4203
 Email..... figanbaums@tripoli.k12.ia.us
 Athletic Administrator..... Ethan Kleitsch
 Phone..... (319)882-4202 x130
 Email..... kleitsche@tripoli.k12.ia.us
 Athletic Secretary..... Marcy Moeller
 Phone..... (319)882-4202 x158
 Email..... moellerm@tripoli.k12.ia.us
 Sp. Med. Prov..... Destry Sperfslage, ATC
 (Taylor Physical Therapy)
 Golf..... Joe Urbanek
 Girls Golf..... Joe Urbanek
 Basketball..... Joe Urbanek
 Girls Basketball..... Erica Ollendieck
 Baseball..... Kyle Kleman
 Girls Softball..... Bailey Epling
 Wrestling..... Gary Bergmann
 Football..... Tom Nuss
 Girls Volleyball..... Courtney Anderson
 Track & Field..... Ray Carlson
 Girls Track & Field..... Matt Hoodjer
 Cross Country..... Matt Hoodjer
 Girls Cross Country..... Matt Hoodjer
 Bowling..... Loren Sommerfelt
 Girls Bowling..... Loren Sommerfelt
 Football Cheerleading..... Karen Stumme

Basketball Cheerleading..... Karen Stumme
 Speech Director..... Stacey Snyder
 Student Council..... Ray Carlson
 Band Director..... Denise Lawrence
 Vocal Director..... Chris McIntyre

TURKEY VALLEY, JACKSON JUNCTION

Street Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Mailing Address: 3219 State Hwy 24
 City: Jackson Junction
 Zip Code: 52171
 Supt. St Address: 3219 State Hwy 24
 Supt. City: Jackson Junction
 Supt. Zip: 52171
 County: Winneshiek
 Area Code: 563
 School Phone: 776-6011
 HS Fax: 776-4271
 AD Fax: 776-4271
 Web Site: <http://www.turkey-v.k12.ia.us>
 School Colors: Scarlet & White
 Nickname: Trojans
 Conference: Upper Iowa
 Superintendent..... Jay Jurens
 Phone..... (563)776-6011 x1661
 Email..... jjurens@turkey-v.k12.ia.us
 Principal..... Carol Knoll
 Phone..... (563)776-6011 x1015
 Email..... cknoll@turkey-v.k12.ia.us
 Athletic Administrator..... Dalton Hackman
 Phone..... (563)776-6011 x1013
 Email..... dhackman@turkey-v.k12.ia.us
 Athletic Secretary..... Lindsey Vsetecka
 Phone..... (563)776-6011 x1011
 Email..... lvsetecka@turkey-v.k12.ia.us
 Sp. Med. Prov..... Derek Rausch
 Golf..... John Reicks
 Girls Golf..... John Reicks
 Basketball..... Chris Sullivan
 Girls Basketball..... Carletta Nymeyer
 Baseball..... Dan Stepan
 Girls Softball..... Junior Hackman
 Football..... Mark Scott
 Girls Volleyball..... Ethan Adams
 Track & Field..... Mark Scott
 Cross Country..... Sarah Bakula
 Girls Cross Country..... Sarah Bakula
 Football Cheerleading..... Caroline Scheidel
 Basketball Cheerleading..... Tammy Vrzak
 Wrestling Cheerleading..... Tammy Vrzak
 Speech Director..... Michelle Nystel
 Student Council..... Rhonda Drilling
 Band Director..... Melissa Meyer
 Vocal Director..... Ethan Adams

TWIN CEDARS, BUSSEY

Street Address: 2204 Highway G-71
 City: Bussey
 Zip Code: 50044
 Mailing Address: 2204 Highway G71
 City: Bussey
 Zip Code: 50044
 Supt. St Address: 2204 Highway G71
 Supt. City: Bussey
 Supt. Zip: 50044
 County: Marion
 Area Code: 641
 School Phone: 944-5243
 HS Fax: 944-5225
 AD Fax: 944-5225
 Web Site: <http://www.twincedar.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Sabers
 Conference: Bluegrass
 Superintendent..... Brian VanderSluis
 Phone..... (641)944-5241 x221
 Email..... bvandersluis@twincedarcsd.org

Principal..... Dave Roby
 Phone..... (641)944-5243 x225
 Email..... droby@twincedarcsd.org
 Athletic Administrator..... Dave Roby
 Phone..... (641)944-5241 x225
 Email..... droby@twincedarcsd.org
 Co-AD/Assistant..... Bradley Hammann
 Phone..... (641)944-5241 x280
 Email..... bhammann@twincedarcsd.org
 Basketball..... Blake McWilliams
 Girls Basketball..... Trent Verwers
 Baseball..... Blake McWilliams
 Girls Softball..... Zack Dunkin
 Football..... Cameron Parker
 Girls Volleyball..... Randie Dixon
 Track & Field..... Trent Verwers
 Girls Track & Field..... Cameron Parker
 Cross Country..... Dave Roby
 Girls Cross Country..... Dave Roby
 Football Cheerleading..... Leann Sanders
 Speech Director..... Lauren Gangel
 Student Council..... Maureen Haage
 Band Director..... Nathan Smith
 Vocal Director..... Nathan Smith

UNDERWOOD

Street Address: 629 North St
 City: Underwood
 Zip Code: 51576
 Mailing Address: PO Box 130
 City: Underwood
 Zip Code: 51576
 Supt. St Address: PO Box 130
 Supt. City: Underwood
 Supt. Zip: 51576
 County: Pottawattamie
 Area Code: 712
 School Phone: 566-2703
 HS Fax: 566-2712
 AD Fax: 566-2070
 Web Site: <http://www.underwoodeagles.org>
 School Colors: Royal Blue & White
 Nickname: Eagles
 Conference: Western Iowa
 Superintendent..... Ed Hawks
 Phone..... (712)566-2332
 Email..... ehawks@underwoodschools.org
 Principal..... Matt McDonough
 Phone..... (712)566-2703
 Email..... mmcdonough@underwoodschools.org
 Athletic Administrator..... Beau Jacobsen
 Phone..... (712)566-2332
 Email..... bjacobson@underwoodschools.org
 Co-AD/Assistant..... Jeff Privia
 Phone..... (712)566-2332
 Email..... jprivia@underwoodschools.org
 Athletic Secretary..... Annette Koenig
 Phone..... (712)566-2332
 Email..... akenig@underwoodschools.org
 Golf..... Brad Blum
 Girls Golf..... Beau Jacobsen
 Basketball..... Brad Blum
 Girls Basketball..... Jasmyn Flynn
 Baseball..... Andy Vanfossan
 Girls Softball..... Lea Crouse
 Wrestling..... Joe Stephens
 Football..... Nate Mechaelsen
 Girls Volleyball..... Paula Carman
 Track & Field..... Tyler Ridder
 Girls Track & Field..... Eric Hjelle
 Cross Country..... Eric Hjelle
 Girls Cross Country..... Eric Hjelle
 Soccer..... Eric Rodgers
 Girls Soccer..... Tyler Nelson
 Football Cheerleading..... Amanda Williams
 Wrestling Cheerleading..... Amanda Williams
 Student Council..... Diane Huddle
 Band Director..... Stephen Moore
 Vocal Director..... Evan Gammon

UNION, LA PORTE CITY

Street Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Mailing Address: 200 Adams St
 City: La Porte City
 Zip Code: 50651
 Supt. St Address: 200 Adams St
 Supt. City: LaPorte City
 Supt. Zip: 50651
 County: Black Hawk
 Area Code: 319
 School Phone: 342-2697
 HS Fax: 342-3264
 AD Fax: 342-3264

Web Site: <http://www.union.k12.ia.us>
 School Colors: Red, Black, Silver
 Nickname: Knights
 Conference: North Iowa Cedar-East

Superintendent Travis Fleshner
 Phone (319)342-2674
 Email t_fleshner@union.k12.ia.us
 Principal Jim Cayton
 Phone (319)342-2697
 Email j_cayton@union.k12.ia.us
 Asst/Assoc/Vice-Principal Wayne Slack
 Phone (319)342-2697
 Email w_slack@union.k12.ia.us
 Athletic Administrator Wayne Slack
 Phone (319)342-2697
 Email w_slack@union.k12.ia.us
 Athletic Secretary Brenda Rottinghaus
 Phone (319)342-2697
 Email b_rottinghaus@union.k12.ia.us
 Tennis Bruce Wigg
 Golf Ryan Slater
 Girls Golf Mel Barz
 Basketball Dan Hensing
 Girls Basketball Robert Driscol
 Baseball Robert Driscol
 Girls Softball Laurie Driscol
 Wrestling Bart Mehlert
 Football Joe Hadachek
 Girls Volleyball Brian Jesse
 Girls Track & Field Justin Parson
 Cross Country Justin Parson
 Girls Cross Country Justin Parson
 Girls Soccer Hunter Zempel
 Football Cheerleading Kayleen Glen, Fasha Newton
 Speech Director Dean Bostian
 Student Council Elizabeth Zondo
 Band Director Mike Bistline
 Vocal Director Tim Mitchell

UNITY CHRISTIAN, ORANGE CITY

Street Address: 216 Michigan Ave. SW
 City: Orange City
 Zip Code: 51041
 Mailing Address: 216 Michigan Ave SW
 City: Orange City
 Zip Code: 51041
 Supt. St Address: 216 Michigan Ave SW
 Supt. City: Orange City
 Supt. Zip: 51041
 County: Sioux
 Area Code: 712
 School Phone: 737-4114
 HS Fax: 737-2686
 AD Fax: 737-2686
 Web Site: <http://www.unitychristian.net>
 School Colors: Navy & White
 Nickname: Knights
 Conference: War Eagle

Superintendent Wayne Dykstra
 Phone (712)737-4114 x101
 Email wdykstra@unitychristian.net
 Principal Wayne Dykstra
 Phone (712)737-4114 x101
 Email wdykstra@unitychristian.net

Asst/Assoc/Vice-Principal Josh Van Kempen
 Phone (712)737-4114 x136
 Email jvankempen@unitychristian.net
 Athletic Administrator Terry Schouten
 Phone (712)737-4114 x110
 Email tschouten@unitychristian.net
 Co-AD/Assistant Cody Harskamp
 Phone (712)737-4114
 Email charskamp@unitychristian.net
 Athletic Secretary Marla Vande Kamp
 Phone (712)737-4114 x102
 Email mvandekamp@unitychristian.net
 Sp. Med. Prov. Brad Zwart, PT
 (Orange City Health System)

Golf Cody Harskamp
 Girls Golf Cody Harskamp
 Basketball Cliff Warner
 Girls Basketball Jay Schuiteman
 Baseball Marlin Schoonhoven
 Girls Softball Travis De Jong
 Football Josh Van Kempen
 Girls Volleyball Patty Timmermans
 Track & Field Karl Kaemingk
 Girls Track & Field Mark Kauk
 Cross Country Karl Kaemingk
 Girls Cross Country Mark Kauk
 Soccer Steve Westra
 Girls Soccer Rudy Folkerts
 Football Cheerleading Kate Ver Velde
 Basketball Cheerleading Kate Ver Velde
 Speech Director Nicki Kuiper
 Student Council Dana Broers
 Band Director Carla Van Beek
 Vocal Director Katie De Vries
 Orchestra Director Katie De Vries

URBANDALE

Street Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Mailing Address: 7111 Aurora Ave
 City: Urbandale
 Zip Code: 50322
 Supt. St Address: 11152 Aurora Ave
 Supt. City: Urbandale
 Supt. Zip: 50322
 County: Polk
 Area Code: 515
 School Phone: 457-6800
 HS Fax: 457-6810
 AD Fax: 457-6949
 Web Site: <http://www.j-hawks.com>
 School Colors: Blue & White
 Nickname: J-Hawks
 Conference: CIML-Iowa Conference

Superintendent Steve Bass
 Phone (515)457-5000
 Email basss@urbandaleschools.com
 Asst/Assoc Supt Mark Lane
 Phone (515)457-5014
 Email lanem@urbandaleschools.com
 Principal Tim Carver
 Phone (515)457-6800
 Email carvert@urbandaleschools.com
 Asst/Assoc/Vice-Principal Dania Wilson
 Phone (515)457-6800
 Email wilsond@urbandaleschools.com
 Asst/Assoc/Vice-Principal Dr. Kristi Powers
 Phone (515)457-6800
 Email powersk@urbandaleschools.com
 Asst/Assoc/Vice-Principal Derek Wilkins
 Phone (515)457-6800
 Email wilkinsd@urbandaleschools.com
 Athletic Administrator Dr. William Watson
 Phone (515)457-6994
 Email william.watson@j-hawks.com
 Co-AD/Assistant Josh Jacobs
 Phone (515)457-6946
 Email josh.jacobs@j-hawks.com

Athletic Secretary Andrew Olson
 Phone (515)457-6945
 Email andrew.olson@j-hawks.com
 Sp. Med. Prov. Scott Fleagle, LAT (Unity Point)
 Tennis Alan Reed
 Girls Tennis Dave White
 Golf Pat Henkenius
 Girls Golf Pat Henkenius
 Basketball Jon Schmitz
 Girls Basketball Kenton Tennal
 Baseball Jeremy Heinen
 Girls Softball Nick McCool
 Wrestling Mike Moreno
 Football Sam Anderson
 Girls Volleyball Liz Baethke
 Track & Field Tim TeBrink
 Girls Track & Field Brooke Schupbach
 Cross Country Lee Hammerand
 Girls Cross Country Dan Davis
 Soccer Jim Frizzell
 Girls Soccer Jason Eckhoff
 Bowling Gretta Richardson
 Girls Bowling Gretta Richardson
 Football Cheerleading Kali Brinker
 Basketball Cheerleading Kali Brinker
 Wrestling Cheerleading Kali Brinker
 Speech Director Shaun Knapp
 Student Council Amy Brown Luke
 Band Director Myron Peterson
 Vocal Director Ted Brimeyer, Jon Edgeton

VALLEY LUTHERAN, CEDAR FALLS

Street Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Mailing Address: 4520 Rownd St
 City: Cedar Falls
 Zip Code: 50613
 Supt. St Address: 4520 Rownd St
 Supt. City: Cedar Falls
 Supt. Zip: 50613
 County: Black Hawk
 Area Code: 319
 School Phone: 266-4565
 HS Fax: 266-4054
 AD Fax: 266-4054
 Web Site: <http://vlscrusaders.org>
 School Colors: Purple & White
 Nickname: Crusaders
 Conference: Iowa Star North

Principal Brian L'Heureux
 Phone (319)266-4565
 Email brian.lheureux@vlscrusaders.org
 Athletic Administrator Brian Jo
 Phone (319)266-4565 x160
 Email brian.jo@vlscrusaders.org
 Co-AD/Assistant Chad Holtzman
 Phone (319)266-4565 x100
 Email chad.holtzman@vlscrusaders.org
 Athletic Secretary Sharon Clement
 Phone (319)266-4565
 Email sharon.clement@vlscrusaders.org
 Basketball Brian Jo
 Girls Basketball TBD
 Girls Volleyball Katie Gates
 Track & Field Lucas Tanney
 Girls Track & Field Martha Reinking
 Cross Country Lucas Tanney
 Girls Cross Country Martha Reinking
 Bowling Lucas Tanney
 Girls Bowling Lucas Tanney
 Basketball Cheerleading Jennifer Kimmerly
 Speech Director Rachel Wegener, Austin Pauling
 Student Council Lucas Tanny
 Vocal Director Jim Weaver

VALLEY, WEST DES MOINES

Street Address: 3650 Woodland Ave
 City: West Des Moines

Zip Code: 50266
 Mailing Address: 3650 Woodland Ave
 City: West Des Moines
 Zip Code: 50266
 Supt. St Address: 3550 Mills Civic Pkwy
 Supt. City: West Des Moines
 Supt. Zip: 50265
 County: Polk
 Area Code: 515
 School Phone: 633-4000
 HS Fax: 633-4199
 AD Fax: 633-4199
 Web Site: <http://www.wdmcs.org>
 School Colors: Orange & Black
 Nickname: Tigers
 Conference: CIML-Central
 Superintendent Dr. Lisa Remy
 Phone (515)633-5111
 Email remyl@wdmcs.org
 Asst/Assoc Supt Dr. Carol Seid
 Phone (515)633-5037
 Email seidc@wdmcs.org
 Admin Asst Paul Bobek
 Phone (515)633-5075
 Email bobekp@wdmcs.org
 Executive Coordinator Phil Simmons
 Phone (515)633-5000 x5013
 Email simmonsp@wdmcs.org
 Principal David Maxwell
 Phone (515)633-4401
 Email maxwelld@wdmcs.org
 Asst/Assoc/Vice-Principal David Perrigo
 Phone (515)633-4011
 Email perrigod@wdmcs.org
 Asst/Assoc/Vice-Principal Dr. Jeffrey Grassmyer
 Phone (515)633-4020
 Email grassmyerj@wdmcs.org
 Asst/Assoc/Vice-Principal Erica Whittle
 Phone (515)633-4012
 Email whittlee@wdmcs.org
 Asst/Assoc/Vice-Principal Jill Bryson
 Phone (515)633-4012
 Email brysonj@wdmcs.org
 Athletic Administrator Brad Rose
 Phone (515)633-4259
 Email roseb@wdmcs.org
 Co-AD/Assistant Nate Lingren
 Phone (515)633-4249
 Email lingrenn@wdmcs.org
 Athletic Secretary Toni Wiemers
 Phone (515)633-4264
 Email wiemers@wdmcs.org
 Sp. Med. Prov. Sarah Kennedy, Christina Abernathy
 (Physic/Select Medical)
 Tennis TJ Cox
 Girls Tennis Mike Conlon
 Golf Ben Stein
 Girls Golf Kelli Moore
 Basketball BJ Windhorst
 Girls Basketball Josef Sigrist
 Swimming Shawn DeBoef
 Girls Swimming Shawn DeBoef
 Baseball Ryan Cooley
 Girls Softball Tom Bakey
 Wrestling Travis Young
 Football Gary Swenson
 Girls Volleyball Jeremy Mikesell
 Track & Field Tom Trygstad
 Girls Track & Field Keith Borness
 Cross Country Tom Trygstad
 Girls Cross Country Tom Trygstad
 Soccer Aziz Haffar
 Girls Soccer Rob Chapman
 Bowling Chris Amundson
 Girls Bowling Jason Eckhoff
 Football Cheerleading Beth Ferguson
 Basketball Cheerleading Beth Ferguson
 Wrestling Cheerleading Beth Ferguson
 Speech Director Stacy Hansen
 Student Council Ann Krois; Leah Kain; Tory DeVries

Band Director Josh Waymire
 Vocal Director Haley Gibbons, Matt Erpelding
 Orchestra Director Phil Peters

VAN BUREN COMMUNITY

Street Address: 405 4th St
 City: Keosauqua
 Zip Code: 52565
 Mailing Address: 405 4th St
 City: Keosauqua
 Zip Code: 52565
 Supt. St Address: 503 Henry Street
 Supt. City: Keosauqua
 Supt. Zip: 52565
 County: Van Buren
 Area Code: 319
 School Phone: 293-3183
 HS Fax: 293-3301
 AD Fax: 293-3301
 Web Site: <http://www.van-buren.k12.ia.us>
 School Colors: Orange & Black
 Nickname: Warriors
 Conference: SEI Superconference-South
 Superintendent Dr. Pam Ewell
 Phone (319)293-3334 x2
 Email pam.ewell@van-burencsd.org
 Principal Mark Adams
 Phone (319)293-3183 x1021
 Email mark.adams@van-burencsd.org
 Asst/Assoc/Vice-Principal Mike Bunnell
 Phone (319)293-3183
 Email mike.bunnell@van-burencsd.org
 Athletic Administrator Mike Plecker
 Phone (319)293-3183 x1302
 Email mike.plecker@van-burencsd.org
 Athletic Secretary Robin Lyons
 Phone (319)293-3183 x1205
 Email robin.lyons@van-burencsd.org
 Golf Tony Vandegriff
 Girls Golf Brett Cole
 Basketball Fred Parsons
 Girls Basketball Matt Zeidler
 Baseball Chad Scott
 Girls Softball Randy Smith
 Wrestling Brad Goehring
 Football Mike Bunnell
 Girls Volleyball Matt Zeidler
 Track & Field TBD
 Girls Track & Field Lucinda Moews
 Cross Country Lucinda Moews
 Girls Cross Country Lucinda Moews
 Football Cheerleading Billie Harlan
 Basketball Cheerleading Billie Harlan
 Wrestling Cheerleading Karissa Pforts
 Student Council TBD
 Band Director Marcie Atwood
 Vocal Director Marcie Atwood

VAN METER

Street Address: 520 First Ave
 City: Van Meter
 Zip Code: 50261
 Mailing Address: PO Box 257
 City: Van Meter
 Zip Code: 50261
 Supt. St Address: PO Box 257
 Supt. City: Van Meter
 Supt. Zip: 50261
 County: Dallas
 Area Code: 515
 School Phone: 996-2221
 HS Fax: 996-9954
 AD Fax: 996-2488
 Web Site: <http://www.vmbulldogs.com>
 School Colors: Blue & White
 Nickname: Bulldogs
 Conference: West Central
 Superintendent Deron Durlflinger
 Phone (515)996-9960 x101
 Email deron.durlflinger@vmbulldogs.com

Principal Adam Lamoureux
 Phone (515)996-2221 x101
 Email adam.lamoureux@vmbulldogs.com
 Athletic Administrator Rick Roberts
 Phone (515)996-2221
 Email rick.roberts@vmbulldogs.com
 Co-AD/Assistant Mike Linde
 Phone (515)996-2221
 Email mike.linde@vmbulldogs.com
 Sp. Med. Prov. Bob Reisz, PT (Peak Performance)
 Golf Addison Boughton
 Girls Golf Mike Linde
 Basketball Jed Alexander
 Girls Basketball Jay Olson
 Baseball Mike Kennedy
 Girls Softball James Flaws
 Wrestling Dustin Wright
 Football Eric Trudo
 Girls Volleyball Ed Brogean
 Track & Field Rick Roberts
 Girls Track & Field Rick Roberts
 Cross Country Josh Flaws
 Girls Cross Country Josh Flaws
 Football Cheerleading Shannon Rice
 Basketball Cheerleading Shannon Rice
 Speech Director Jessica Rabe
 Student Council TBA
 Band Director Kyle Pape
 Vocal Director Heather Lindell

VINTON-SHELLSBURG

Street Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Mailing Address: 210 W 21st St
 City: Vinton
 Zip Code: 52349
 Supt. St Address: 1502 C Ave
 Supt. City: Vinton
 Supt. Zip: 52349
 County: Benton
 Area Code: 319
 School Phone: 436-4728
 HS Fax: 472-5704
 AD Fax: 472-5704
 Web Site: <http://www.vscsd.org>
 School Colors: Black & Gold
 Nickname: Vikings/Vikettes
 Conference: WAMAC
 Superintendent Mary Jo Hainstock
 Phone (319)436-5685
 Email maryjo.hainstock@vscsd.org
 Admin Asst Karrie Bartling
 Phone (319)436-5680
 Email karrie.bartling@vscsd.org
 Principal Matt Kingsbury
 Phone (319)436-5703
 Email matt.kingsbury@vscsd.org
 Asst/Assoc/Vice-Principal Tony Islas
 Phone (319)436-5705
 Email tony.islas@vscsd.org
 Athletic Administrator Jim Struve
 Phone (319)436-5706
 Email jim.struve@vscsd.org
 Athletic Secretary Deb Cummings
 Phone (319)436-5704
 Email deb.cummings@vscsd.org
 Golf Chad Pettyjohn
 Girls Golf Janet Woodhouse
 Basketball Joe Johnson
 Girls Basketball Aaron Zuspenn
 Swimming Rob Levis
 Girls Swimming Ashley Hesson
 Baseball Henry Bratten
 Girls Softball Bari Parrott
 Wrestling Brian Sheston
 Football Jim Womochil
 Girls Volleyball Michelle Stepanek
 Track & Field Aric Chvala
 Girls Track & Field Heather Kalous

Cross Country..... Jeff Mangold
Girls Cross Country Jeff Mangold
Soccer Kyle McAbee
Girls Soccer Megan Hesson
Bowling..... Amber Pattee
Girls Bowling..... Amber Pattee
Football Cheerleading Amie Price
Basketball Cheerleading..... Krystal Anderson
Wrestling Cheerleading Rachele Rammelsberg
Speech Director Le Cox
Student Council Rachele Rammelsberg
Band Director Nick Waymire
Vocal Director Michala Martin

WACO, WAYLAND

Street Address: 706 N Pearl
City: Wayland
Zip Code: 52654
Mailing Address: PO Box 158
City: Wayland
Zip Code: 52654
Supt. St Address: PO Box 158
Supt. City: Wayland
Supt. Zip: 52654
County: Henry
Area Code: 319
School Phone: 256-6200
HS Fax: 256-6211
AD Fax: 256-6211
Web Site: <http://www.wacocsd.org>
School Colors: Columbia Blue & White
Nickname: Warriors
Conference: SEI Superconference - South

Superintendent Chris Armstrong
Phone (319)256-6201
Email chris.armstrong@wacocsd.org
Principal Tim Bartels
Phone (319)256-6200
Email tim.bartels@wacocsd.org
Athletic Administrator Chad Edeker
Phone (319)256-6200 x110
Email chad.edeker@wacocsd.org
Co-AD/Assistant Seth Pugh
Phone (319)256-6200
Email seth.pugh@wacocsd.org
Athletic Secretary Kristi Merida
Phone (319)256-6201
Email kristi.merida@wacocsd.org
Sp. Med. Prov. ... Eric Turner, LAT (JET Physical Therapy)
Basketball Paul Kissell
Girls Basketball Caylon DeVaul
Wrestling Seth Pugh
Football Chad Edeker
Girls Volleyball Jay Coble
Track & Field Caylon DeVaul
Girls Track & Field Scott Meth
Cross Country Seth Pugh
Girls Cross Country Seth Pugh
Football Cheerleading Renea Reichenbach
Basketball Cheerleading Renea Reichenbach
Wrestling Cheerleading Renea Reichenbach
Student Council Kate Lefebber
Band Director Jane Koch
Vocal Director Jane Koch
Orchestra Director Denise Freyenberger

WAHLERT, DUBUQUE

Street Address: 2005 Kane St
City: Dubuque
Zip Code: 52001
Mailing Address: 2005 Kane St
City: Dubuque
Zip Code: 52001
Supt. St Address: 1229 Mt. Loretta Ave, PO Box 479
Supt. City: Dubuque
Supt. Zip: 52004
County: Dubuque
Area Code: 563

School Phone: 583-9771
HS Fax: 583-9775
AD Fax: 583-9775
Web Site: <http://www.holyfamilydbq.org>
School Colors: Royal Blue, Gold, White
Nickname: Golden Eagles
Conference: Mississippi Valley
Superintendent Kim Hermsen
Phone (563)556-2580 x289
Email dbqsup@dbqarch.org
Executive Coordinator Carol Trueg
Phone (563)582-5456
Email ctrueg@hollyfamilydbq.org
Principal Ron Meyers
Phone (563)583-9771 x272
Email rmeyers@hollyfamilydbq.org
Asst/Assoc/Vice-Principal Cynthia Wagner
Phone (563)583-9771 x266
Email cwagner@hollyfamilydbq.org
Athletic Administrator Tom English
Phone (563)583-9771 x268
Email tenglish@hollyfamilydbq.org
Co-AD/Assistant Molly Pilcher
Phone (563)583-9771 x239
Email mpilcher@hollyfamilydbq.org
Athletic Secretary Mary Jo Brant
Phone (563)583-9771 x231
Email mbrant@hollyfamilydbq.org
Sp. Med. Prov. Molly Pilcher
Tennis Julie Westercamp
Girls Tennis Maria McDonald
Golf Tim Ehrmann
Girls Golf Katie Lenart
Basketball Tom English
Girls Basketball Kris Spiegler
Girls Swimming Emily Snyder
Baseball Kory Tuescher
Girls Softball Ashley Cullen
Wrestling Joel Allen
Football Travis Zajac
Girls Volleyball Lindsey Beaves
Track & Field Doug Varley
Girls Track & Field Tim Berning
Cross Country Tim Berning, Chuck Tigges
Girls Cross Country Cynthia Wagner
Soccer Dan Block
Girls Soccer Jill Leibforth
Bowling Tom Kramer
Girls Bowling Tom Kramer
Football Cheerleading Deidre Navarro
Basketball Cheerleading Deidre Navarro
Wrestling Cheerleading Deidre Navarro
Student Council Cynthia Wagner
Band Director Richard Traylor
Vocal Director Aaron Behnke

WAPELLO

Street Address: 501 Buchanan Ave
City: Wapello
Zip Code: 52653
Mailing Address: 501 Buchanan Ave
City: Wapello
Zip Code: 52653
Supt. St Address: 406 Mechanic St
Supt. City: Wapello
Supt. Zip: 52653
County: Louisa
Area Code: 319
School Phone: 523-3241
HS Fax: 523-4408
AD Fax: 523-4408
Web Site: <http://www.wapello.k12.ia.us>
School Colors: Blue & Gold
Nickname: Indians/Arrows
Conference: SEI Superconference - North
Superintendent Mike Peterson
Phone (319)523-3641 x1461
Email mike.peterson@wapellocsd.org

Principal Steve Bohlen
Phone (319)523-3241 x1105
Email steve.bohlen@wapellocsd.org
Athletic Administrator Michelle Wade
Phone (319)523-3241 x1209
Email michelle.wade@wapellocsd.org
Sp. Med. Prov. Lishay Allen, LAT (Great River Medical)
Golf Jason Marshall
Girls Golf Jason Marshall
Basketball Ken Spielbauer
Girls Basketball Brandon Brown
Baseball Brandon Brown
Girls Softball Shannon Salazar
Wrestling Rocky Hamilton
Football Todd Parsons
Girls Volleyball Danielle Wolfe
Track & Field Todd Parsons
Girls Track & Field Ken Spielbauer
Cross Country Micah Peck
Girls Cross Country Micah Peck
Soccer Carl Cline
Girls Soccer Megan Brown
Football Cheerleading Jacqueline Thornburg
Wrestling Cheerleading Aundrea Humiston
Speech Director Jane Boslian
Student Council Jeanna Gerot
Band Director Micah Peck
Vocal Director Micah Peck

WAPSIE VALLEY, FAIRBANK

Street Address: 2535 Viking Ave
City: Fairbank
Zip Code: 50629
Mailing Address: 2535 Viking Ave
City: Fairbank
Zip Code: 50629
Supt. St Address: 2535 Viking Ave
Supt. City: Fairbank
Supt. Zip: 50629
County: Buchanan
Area Code: 319
School Phone: 638-6711
HS Fax: 638-7061
AD Fax: 638-7061
Web Site: <http://www.wapsievalleyschools.com>
School Colors: Black & Gold
Nickname: Warriors
Conference: North Iowa Cedar-East

Superintendent Jim Stanton
Phone (319)638-6711 x122
Email jstanton@wapsievalleyschools.org
Principal Taylor Anderson
Phone (319)638-6711 x144
Email tanderson@wapsievalleyschools.org
Athletic Administrator Marty McKowen
Phone (319)638-6711
Email mmckowen@wapsievalleyschools.org
Athletic Secretary Carol Foster
Phone (319)638-6711
Email cfoster@wapsievalleyschools.org
Sp. Med. Prov. Erin Johnson (Woltz Physical Therapy)
Golf Justin Kuethe
Girls Golf Brenda Roberts
Basketball Marty McKowen
Girls Basketball Justin Davie
Baseball Tom Joecken
Wrestling Danny Adams
Football Tony Foster
Girls Volleyball Heather Robinson
Track & Field Justin Davie
Girls Track & Field Duane Foster
Cross Country Justin Davie
Girls Cross Country Justin Davie
Football Cheerleading Alexis Fowler
Basketball Cheerleading Alexis Fowler
Wrestling Cheerleading Alexis Fowler
Speech Director Amy Nosbisch
Student Council Sarah Wilke

Band Director.....Michelle Stanburg
Vocal Director.....Fred Scaife

WASHINGTON

Street Address: 1111 S Ave B
City: Washington
Zip Code: 52353
Mailing Address: PO Box 271
City: Washington
Zip Code: 52353
Supt. St Address: PO Box 926
Supt. City: Washington
Supt. Zip: 52353
County: Washington
Area Code: 319
School Phone: 653-2143
HS Fax: 653-6751
AD Fax: 653-6751
Web Site: <http://www.washington.k12.ia.us>
School Colors: Orange & Black
Nickname: Demons
Conference: Southeast
Superintendent.....Willie Stone
Phone.....(319)653-6543
Email.....wstone@washington.k12.ia.us
Principal.....Erik Buchholz
Phone.....(319)653-2143
Email.....ebuchhol@washington.k12.ia.us
Asst/Assoc/Vice-Principal.....Brent Van Weelden
Phone.....(319)653-2143
Email.....bvanweel@washington.k12.ia.us
Athletic Administrator.....Brent Van Weelden
Phone.....(319)653-2143
Email.....bvanweel@washington.k12.ia.us
Co-AD/Assistant.....Aaron Six, MS
Email.....aasix@washington.k12.ia.us
Athletic Secretary.....Karla Garrett
Phone.....(319)653-2143
Email.....kgarrett@washington.k12.ia.us
Sp. Med. Prov.....Eric Turner (JET Physical Therapy)
Golf.....Collin Stark
Girls Golf.....Leonard Kull
Basketball.....Collin Stark
Girls Basketball.....Shannon Rugg
Baseball.....Nathan Miller
Girls Softball.....Ben Obermann
Wrestling.....Brent Van Weelden
Football.....James Harris
Girls Volleyball.....Lexa Mahr
Track & Field.....Steve Roth
Girls Track & Field.....Stefanie Tschantz
Cross Country.....Stefanie Tschantz
Girls Cross Country.....Stefanie Tschantz
Soccer.....Sally Hart
Girls Soccer.....Pro Marcelino
Bowling.....Chad Zear
Girls Bowling.....Chad Zear
Football Cheerleading.....Erin Smith
Basketball Cheerleading.....Erin Smith
Wrestling Cheerleading.....Kelsey Stout
Speech Director.....Mackenzie Gracey
Student Council.....Chad Wieland
Band Director.....Donald Hughes
Vocal Director.....Jonathan Runaas

WATERLOO CHRISTIAN SCHOOL

Street Address: 1307 W Ridgeway Ave
City: Waterloo
Zip Code: 50701
Mailing Address: 1307 W Ridgeway Ave
City: Waterloo
Zip Code: 50701
Supt. St Address: 1307 W Ridgeway Ave
Supt. City: Waterloo
Supt. Zip: 50701
County: Black Hawk
Area Code: 319
School Phone: 235-9309
HS Fax: 833-4780

AD Fax: 833-4780
Web Site: <http://www.wcs-ia.net>
School Colors: Forest Green & Gold
Nickname: Regents
Conference: Iowa Star North
Superintendent.....Ryan Hall
Phone.....(319)235-9309
Email.....hallr@wcs-ia.net
Principal.....Ryan Hall
Phone.....(319)235-9309
Email.....hallr@wcs-ia.net
Athletic Administrator.....Carmen Wipf
Phone.....(319)235-9309
Email.....wipfc@wcs-ia.net
Athletic Secretary.....Meghan Stoyanoff
Phone.....(319)235-9309
Email.....stoyanoff@wcs-ia.net
Golf.....Lucan Segerstrom
Basketball.....Lucas Segerstrom, Tim Doering
Girls Basketball.....Carmen Wipf
Girls Volleyball.....Angela Evans
Speech Director.....Raechel Sittig-Esser
Student Council.....Carmen Wipf
Band Director.....Bruce Nelson
Vocal Director.....Bruce Nelson

WATERLOO, EAST

Street Address: 214 High St
City: Waterloo
Zip Code: 50703
Mailing Address: 214 High St
City: Waterloo
Zip Code: 50703
Supt. St Address: 1516 Washington St
Supt. City: Waterloo
Supt. Zip: 50702
County: Black Hawk
Area Code: 319
School Phone: 433-2400
HS Fax: 433-2498
AD Fax: 433-2497
Web Site: <http://easthigh.waterloo.k12.ia.us/>
School Colors: Orange & Black
Nickname: Trojans
Conference: Mississippi Valley
Superintendent.....Dr. Jane Lindaman
Phone.....(319)433-1800
Email.....lindamanj@waterlooschools.org
Asst/Assoc Supt.....Stephanie Mohorne
Phone.....(319)433-1800
Email.....mohornes@waterlooschools.org
Admin Asst.....Pam Arndorfer
Phone.....(319)433-1876
Email.....arndorferp@waterlooschools.org
Executive Coordinator.....Dan Huff
Phone.....(319)433-1846
Email.....huffd2@waterlooschools.org
Principal.....Joseph Parker
Phone.....(319)433-2400 x14101
Email.....parkerj@waterlooschools.org
Asst/Assoc/Vice-Principal.....Sharrie Wright
Phone.....(319)433-2400 x14102
Email.....wrights@waterlooschools.org
Asst/Assoc/Vice-Principal.....Josh Payton
Phone.....(319)433-2400 x14112
Email.....paytonj@waterlooschools.org
Asst/Assoc/Vice-Principal.....Xavier Leonard
Phone.....(319)433-2400
Email.....leonardx@waterlooschools.org
Athletic Administrator.....Brenton Shavers
Phone.....(319)433-2474
Email.....shaversb@waterlooschools.org
Athletic Secretary.....Carol Sperry-Weber
Phone.....(319)433-2475
Email.....sperryweberc@waterlooschools.org
Sp. Med. Prov.....AbbeyJohnston, LAT, ATC
(Cedar Valley Medical)
Girls Tennis.....Katie LeClere
Golf.....Dan Hensing

Girls Golf.....Josh Barta
Basketball.....Steve McGraw
Girls Basketball.....William Muhammad
Girls Swimming.....Jeff Kamp
Baseball.....Garrett Ramsey
Girls Softball.....Gene Laughlin
Wrestling.....Jay Llewellyn
Football.....Xavier Leonard
Girls Volleyball.....Corey Kennis
Track & Field.....Tim Moses
Girls Track & Field.....Wilmot Wellington
Cross Country.....Tim Moses
Soccer.....Phed Cody
Girls Soccer.....Chris Worthley
Bowling.....Michael Weber
Girls Bowling.....Michael Weber
Football Cheerleading.....AbbeyJohnston
Basketball Cheerleading.....AbbeyJohnston
Wrestling Cheerleading.....AbbeyJohnston
Speech Director.....Tony Dehl
Band Director.....Joelle Smith
Vocal Director.....Jason Behrens
Orchestra Director.....Kyle Geesey

WATERLOO, WEST

Street Address: 425 E Ridgeway Ave
City: Waterloo
Zip Code: 50702
Mailing Address: 425 E Ridgeway Ave
City: Waterloo
Zip Code: 50702
Supt. St Address: 1516 Washington St
Supt. City: Waterloo
Supt. Zip: 50702
County: Black Hawk
Area Code: 319
School Phone: 433-2700
HS Fax: 433-2748
AD Fax: 433-2748
Web Site: <http://www.wahawkathletics.org>
School Colors: Old Rose & Black
Nickname: Wahawks
Conference: Mississippi Valley
Superintendent.....Dr. Jane Lindaman
Phone.....(319)433-1874
Email.....lindamanj@waterlooschools.org
Asst/Assoc Supt.....Stephanie Mohorne
Phone.....(319)433-1800
Email.....mohornes@waterlooschools.org
Executive Coordinator.....Dan Huff
Phone.....(319)433-1846
Email.....huffd2@waterlooschools.org
Principal.....Andy Miehie
Phone.....(319)433-2700
Email.....miehea@waterlooschools.org
Asst/Assoc/Vice-Principal.....Steve Winters
Phone.....(319)433-2700
Email.....winterss@waterlooschools.org
Asst/Assoc/Vice-Principal.....Byron Phillips
Phone.....(319)433-2700
Email.....Phillipsb@waterlooschools.org
Asst/Assoc/Vice-Principal.....Zach O'Brien
Phone.....(319)433-2700
Email.....obrienz@waterlooschools.org
Asst/Assoc/Vice-Principal.....Allie Hildman
Phone.....(319)433-2700
Email.....hildmana@waterlooschools.org
Athletic Administrator.....Dr. Anthony Pappas
Phone.....(319)433-2708
Email.....pappasa@waterlooschools.org
Athletic Secretary.....Keri Hudson
Phone.....(319)433-2707
Email.....hudsonk@waterlooschools.org
Sp. Med. Prov.....Leslie Peyton
Tennis.....John Aldridge
Girls Tennis.....Brenton Kuchera
Golf.....Josh Barta
Girls Golf.....Kelly Nelson
Basketball.....Cliff Berinobis

Girls Basketball.....Dr. Anthony Pappas
Swimming.....Virgil Haley
Girls Swimming.....Jeff Kamp
Baseball.....TBD
Girls Softball.....Ashley Reimer
Wrestling.....TBD
Football.....Lonnie Moore
Girls Volleyball.....Haley Eckerman
Track & Field.....Matt Mostek
Girls Track & Field.....Joe Malsam
Cross Country.....Joe Malsam
Girls Cross Country.....LorenThalacker
Soccer.....Michael Penning
Girls Soccer.....Chris Worthley
Bowling.....Todd Bracken
Girls Bowling.....Todd Bracken
Football Cheerleading.....Karen Utterback
Basketball Cheerleading.....Karen Utterback
Wrestling Cheerleading.....Karen Utterback
Speech Director.....Bill Dawson
Student Council.....Jonathan Grieder
Band Director...Michael Prichard, Danny Kleinheinz, Matthew Sanders
Vocal Director.....Lucas Overton
Orchestra Director.....Erin Gaherty-Williams

WAUKEE

Street Address: 555 SE University Ave
City: Waukee
Zip Code: 50263
Mailing Address: 555 SE University Ave
City: Waukee
Zip Code: 50263
Supt. St Address: 560 SE University Ave
Supt. City: Waukee
Supt. Zip: 50263
County: Dallas
Area Code: 515
School Phone: 987-5163
HS Fax: 987-2784
AD Fax: 987-2783

Web Site: <http://www.waukeeschools.org>

School Colors: Purple & Gold

Nickname: Warriors

Conference: CIML-Central

Superintendent.....Cindi McDonald

Phone.....(515)987-5161 x4507

Email.....cmcdonald@waukeeschools.org

Asst/Assoc Supt.....Kirk Johnson

Phone.....(515)987-5161 x2000

Email.....kjohnson3@waukeeschools.org

Asst/Assoc Supt.....Terry Hurlburt

Phone.....(515)987-5161 x7500

Email.....thurlburt@waukeeschools.org

Principal.....Cary Justmann

Phone.....(515)987-5163

Email.....cjustmann@waukeeschools.org

Asst/Assoc/Vice-Principal.....Gerald Hiesterman

Phone.....(515)987-5163

Email.....ghiesterman@waukeeschools.org

Asst/Assoc/Vice-Principal.....Judi Roland

Phone.....(515)987-5163 x2643

Email.....jlutherroland@waukeeschools.org

Asst/Assoc/Vice-Principal.....Nick Ross

Phone.....(515)987-5163

Email.....nross1@waukeeschools.org

Athletic Administrator.....Jim Duea

Phone.....(515)987-2782

Email.....jduea@waukeeschools.org

Co-AD/Assistant.....Todd Schneider

Phone.....(515)987-2770

Email.....tschneider@waukeeschools.org

Athletic Secretary.....Fran Wierson

Phone.....(515)987-2782

Email.....fwilson@waukeeschools.org

Tennis.....Eric Wetzel

Girls Tennis.....Chad Jilek

Golf.....John Kotz

Girls Golf.....Marty Sullivan

Basketball.....Justin Ohl

Girls Basketball.....Chris Guess

Swimming.....Dan Briggs
Girls Swimming.....Shelley Twigg
Baseball.....Dave Dirx
Girls Softball.....Carrie Eby
Wrestling.....Chad Vollmecke
Football.....Scott Carlson
Girls Volleyball.....Danielle Kohut Lynch
Track & Field.....Brent Heiland
Cross Country.....Terrence Nielsen
Girls Cross Country.....Abby Schmitz
Soccer.....Carlos Acebey
Girls Soccer.....Tony Gabriel
Bowling.....Steve Bossenberger
Girls Bowling.....Chris Roberts
Football Cheerleading.....Morgan Phillips
Basketball Cheerleading.....Tiffany Drucker
Wrestling Cheerleading.....Tiffany Drucker
Speech Director.....Jacki Pleggenkuhle
Band Director.....Jeff Patterson
Vocal Director.....Jeffrey Knutson

WAUKON

Street Address: 1061 3rd Ave NW

City: Waukon

Zip Code: 52172

Mailing Address: 1061 3rd Ave NW

City: Waukon

Zip Code: 52172

Supt. St Address: 1059 3rd Ave NW

Supt. City: Waukon

Supt. Zip: 52172

County: Allamakee

Area Code: 563

School Phone: 568-3466

HS Fax: 568-3165

AD Fax: 568-3165

Web Site: <http://www.allamakee.k12.ia.us>

School Colors: Black & Orange

Nickname: Indians

Conference: Northeast Iowa

Superintendent.....Jay Mathis

Phone.....(563)568-3409 x3000

Email.....jmathis@allamakee.k12.ia.us

Principal.....Dr. Mike Hardy

Phone.....(563)568-3466 x2500

Email.....mhardy@allamakee.k12.ia.us

Asst/Assoc/Vice-Principal.....Brian Hilsabeck

Phone.....(563)568-3466 x2501

Email.....bhilsabeck@allamakee.k12.ia.us

Athletic Administrator.....Brian Hilsabeck

Phone.....(563)568-3466 x2501

Email.....bhilsabeck@allamakee.k12.ia.us

Athletic Secretary.....Rachel Burrichter

Phone.....(563)568-3466 x2503

Email.....rburrichter@allamakee.k12.ia.us

Sp. Med. Prov.....Brad Krambeer, LAT

(Veterans Memorial Hospital)

Golf.....Tharin Benson

Girls Golf.....Kathy McMillan

Basketball.....Jed Hemann

Girls Basketball.....Greg Criswell

Baseball.....Jerry Keenan

Girls Softball.....Shane Schellsmidt

Wrestling.....Mason Berns

Football.....Chad Beermann

Girls Volleyball.....Angela Adney

Track & Field.....Ted Snitker

Girls Track & Field.....Bob Wasson

Cross Country.....Tara Stein

Girls Cross Country.....Brett Egan

Bowling.....Jerry Keenan

Girls Bowling.....Jerry Keenan

Football Cheerleading.....Amy Bieber

Basketball Cheerleading.....Amy Bieber

Wrestling Cheerleading.....Amy Bieber

Speech Director.....Louise Wild

Student Council.....Louise Wild

Band Director.....JoAnn Knipfer Sherman

Vocal Director.....Sarah Palmer

WAVERLY-SHELL ROCK

Street Address: 1405 4th Ave SW

City: Waverly

Zip Code: 50677

Mailing Address: 1405 4th Ave SW

City: Waverly

Zip Code: 50677

Supt. St Address: 1415 4th Ave SW

Supt. City: Waverly

Supt. Zip: 50677

County: Bremer

Area Code: 319

School Phone: 352-2087

HS Fax: 352-2098

AD Fax: 352-0677

Web Site: <http://www.wsr.k12.ia.us>

School Colors: Black & Gold

Nickname: Go-Hawks

Conference: Northeast Iowa

Superintendent.....Ed Klamfoth

Phone.....(319)352-3630 x204

Email.....ed.klamfoth@wsr.k12.ia.us

Admin Asst.....Sharon Werkman

Phone.....(319)352-3630 x200

Email.....sharon.werkman@wsr.k12.ia.us

Principal.....David Fox

Phone.....(319)352-2087 x104

Email.....david.fox@wsr.k12.ia.us

Asst/Assoc/Vice-Principal.....Brady Weber

Phone.....(352)352-2087 x105

Email.....brady.weber@wsr.k12.ia.us

Athletic Administrator.....David Litterer

Phone.....(319)352-2087 x162

Email.....dave.litterer@wsr.k12.ia.us

Co-AD/Assistant.....Chad Rinehart

Phone.....(319)352-2087 x175

Email.....chad.rinehart@wsr.k12.ia.us

Athletic Secretary.....Chad Rinehart

Phone.....(319)352-2087 x175

Email.....chad.rinehart@wsr.k12.ia.us

Sp. Med. Prov.....Destry Sperfslage, CAT

(Taylor Physical Therapy)

Tennis.....TBD

Girls Tennis.....Scott Giraud

Golf.....Chuck Steckleberg

Girls Golf.....EaVon Woodin

Basketball.....Nate Steege

Girls Basketball.....Greg Bodensteiner

Baseball.....Casey Klunder

Girls Softball.....Heather Zajicek

Wrestling.....Eric Whitcome

Football.....Mark Hubbard

Girls Volleyball.....EaVon Woodin

Track & Field.....Kevin Kueker

Girls Track & Field.....Wende Dawson

Cross Country.....Kevin Kueker

Girls Cross Country.....Kevin Kueker

Soccer.....Derek Krebsbach

Girls Soccer.....Lauren Bauer

Bowling.....Matt Schneider

Girls Bowling.....Cara Schneider

Football Cheerleading.....Jane Zehr

Basketball Cheerleading.....Jane Zehr

Wrestling Cheerleading.....Lindsey Bienamann

Speech Director.....Lisa Phyfe

Student Council.....Beth Burrow

Band Director.....Jim Vowels, Eric Stover

Vocal Director.....Greg Wessel

Orchestra Director.....Matt McLellan

WAYNE, CORYDON

Street Address: 102 N DeKalb St

City: Corydon

Zip Code: 50060

Mailing Address: 102 N DeKalb St

City: Corydon

Zip Code: 50060

Supt. St Address: 102 N DeKalb St

Supt. City: Corydon

Supt. Zip: 50060

County: Wayne
 Area Code: 641
 School Phone: 872-2184
 HS Fax: 872-2091
 AD Fax: 872-2091
 Web Site: <http://www.wayne.k12.ia.us>
 School Colors: Black, Silver & White
 Nickname: Falcons
 Conference: Pride of Iowa

Superintendent Dave Daughton
 Phone (641)872-2184 x1403
 Email dave.daughton@wayne.k12.ia.us

Admin Asst Cindy Comer
 Phone (641)872-2184 x1401
 Email cindy.comer@wayne.k12.ia.us

Principal Stacy Snyder
 Phone (641)872-2184 x1400
 Email stacy.snyder@wayne.k12.ia.us

Athletic Administrator Jeff Whitehall
 Phone (641)872-2184
 Email jeff.whitehall@wayne.k12.ia.us

Athletic Secretary Nancy Everman
 Phone (641)872-2184 x1405
 Email nancy.everman@wayne.k12.ia.us

Golf Kim Hicks
 Girls Golf Kim Hicks

Basketball Brandon Doughan
 Girls Basketball Stacy Snyder
 Baseball Cody Scroggie
 Girls Softball Heather Fortune
 Wrestling Joe Nekvinda
 Football Jeff Whitehall
 Girls Volleyball Holly Berndt
 Track & Field Joe Nekvinda
 Girls Track & Field Aaron Cooper
 Cross Country Rebecca Roberts
 Girls Cross Country Rebecca Roberts
 Football Cheerleading Desire' Grismore
 Basketball Cheerleading Desire' Grismore
 Wrestling Cheerleading Desire' Grismore
 Student Council Melanie Halferty
 Band Director Anne Jaeckel
 Vocal Director Anne Jaeckel

WEBSTER CITY

Street Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Mailing Address: 1001 Lynx Ave
 City: Webster City
 Zip Code: 50595
 Supt. St Address: 825 Beach St
 Supt. City: Webster City
 Supt. Zip: 50595
 County: Hamilton
 Area Code: 515
 School Phone: 832-9210
 HS Fax: 832-9215
 AD Fax: 832-9208
 Web Site: <http://www.webster-city.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Lynx
 Conference: North Central

Superintendent Dr. Amanda Ross
 Phone (515)832-9200
 Email mandy_ross@webster-city.k12.ia.us

Principal Brent Jorth
 Phone (515)832-9210
 Email bjorth@webster-city.k12.ia.us

Asst/Assoc/Vice-Principal Pat Farley
 Phone (515)832-9210
 Email parley@webster-city.k12.ia.us

Athletic Administrator Bob Howard
 Phone (515)832-9210
 Email bhoward@webster-city.k12.ia.us

Sp. Med. Prov. Dr. Jim Kumm
 Tennis Michael Ross
 Girls Tennis Mark Fisher
 Golf Eric Dawson
 Girls Golf Catherine Schroeder

Basketball Marty McKinney
 Girls Basketball Nicole Muhlenbrach
 Baseball Addison Kehoe
 Girls Softball Jessica Howard
 Wrestling Chad Hisler
 Football Bob Howard
 Girls Volleyball Jessica Howard
 Track & Field Chad Hisler
 Girls Track & Field Clint Howard
 Cross Country Joe Lambert
 Girls Cross Country Joe Lambert
 Soccer Craig Signorin
 Girls Soccer Paul Baedke
 Football Cheerleading Annie Barner
 Basketball Cheerleading Annie Barner
 Wrestling Cheerleading Annie Barner
 Speech Director Heather Powers
 Student Council Pam Ryan
 Band Director Rachel Daum
 Vocal Director Andrew Wotherspoon

WEST BEND-MALLARD

Street Address: 300 3rd Avenue SW
 City: West Bend
 Zip Code: 50597
 Mailing Address: PO Box 247
 City: West Bend
 Zip Code: 50597
 Supt. St Address: PO Box 247
 Supt. City: West Bend
 Supt. Zip: 50597
 County: Palo Alto
 Area Code: 515
 School Phone: 887-7831
 HS Fax: 887-7853
 AD Fax: 887-7853
 Web Site: <http://www.west-bend.k12.ia.us>
 School Colors: Purple & Gold
 Nickname: Wolverines
 Conference: Twin Lakes

Superintendent Amanda Schmidt
 Phone (515)887-7821
 Email schmidt@west-bend.k12.ia.us

Admin Asst Carla Montag
 Phone (515)887-7821
 Email montag@west-bend.k12.ia.us

Principal Paul Peppmeier
 Phone (515)887-7831
 Email ppeppmeier@west-bend.k12.ia.us

Athletic Administrator Tyson Wirtz
 Phone (515)887-7831
 Email twirtz@west-bend.k12.ia.us

Athletic Secretary Linda Thul
 Phone (515)887-7841
 Email lthul@west-bend.k12.ia.us

Sp. Med. Prov. Jim Lonning
 Golf Koy Goodchild
 Girls Golf Koy Goodchild
 Basketball Jerry Zaugg
 Girls Basketball Jim Zinnel
 Baseball Paul Peppmeier, Jim Zinnel
 Girls Softball Autumn Hellman
 Wrestling Payton Rice
 Football Shawn Morris
 Girls Volleyball Connie Rasmussen
 Track & Field Jerry Vanderhorst
 Girls Track & Field Eldon Mckimmey
 Cross Country Ben Hellman
 Girls Cross Country Ben Hellman
 Football Cheerleading Amber Vonnahme
 Basketball Cheerleading Amber Vonnahme
 Student Council Paul Peppmeier
 Band Director Moni Westling
 Vocal Director Moni Westling

WEST BRANCH

Street Address: 900 W Main St
 City: West Branch
 Zip Code: 52358
 Mailing Address: 900 W Main St

City: West Branch
 Zip Code: 52358
 Supt. St Address: 148 N Oliphant
 Supt. City: West Branch
 Supt. Zip: 52358
 County: Cedar
 Area Code: 319
 School Phone: 643-7216
 HS Fax: 643-2415
 AD Fax: 643-2415
 Web Site: <http://www.west-branch.k12.ia.us>
 School Colors: Red, White, Black
 Nickname: Bears
 Conference: River Valley Conference

Superintendent Marty Jimmerson
 Phone (319)643-7213
 Email mjimmerson@west-branch.k12.ia.us

Principal Shannon Bucknell
 Phone (319)643-7216 x302
 Email sbucknell@west-branch.k12.ia.us

Athletic Administrator Jake Stenberg
 Phone (319)643-7213
 Email jstenberg@west-branch.k12.ia.us

Athletic Secretary Ruth Farmer
 Phone (319)643-7216 x300
 Email rfarmer@west-branch.k12.ia.us

Sp. Med. Prov. Eastern Iowa Physical Therapy
 Golf Randy Sexton
 Girls Golf Jan O'Neil
 Basketball Jason Kern
 Girls Basketball Jarod Tylee
 Wrestling Cody Krumwiede
 Football Butch Pedersen
 Girls Volleyball John Walsh
 Track & Field Taylor Larson
 Girls Track & Field Ben Holub
 Soccer Greg Seydel
 Football Cheerleading Jenni Olson
 Basketball Cheerleading Michelle Fortune
 Wrestling Cheerleading Michelle Fortune
 Student Council Abby Noelck
 Band Director Jack Frank
 Vocal Director Chris Reed

WEST BURLINGTON

Street Address: 607 Ramsey St
 City: West Burlington
 Zip Code: 52655
 Mailing Address: 408 W. Van Weiss Blvd
 City: West Burlington
 Zip Code: 52655
 Supt. St Address: 607 Ramsey St
 Supt. City: West Burlington
 Supt. Zip: 52655
 County: Des Moines
 Area Code: 319
 School Phone: 754-6567
 HS Fax: 754-0075
 AD Fax: 754-0075
 Web Site: <http://www.wbschools.us>
 School Colors: Green & White
 Nickname: Falcons
 Conference: SEI Superconference - South

Superintendent Dave Schmitt
 Phone (319)752-8747
 Email David.Schmitt@wbschools.us

Principal Bruce Snodgrass
 Phone (319)754-6567 x351
 Email Bruce.Snodgrass@wbschools.us

Asst/Assoc/Vice-Principal Mike Jones
 Phone (319)754-6567
 Email Mike.Jones@wbschools.us

Athletic Administrator Jeff Housel
 Phone (319)754-6567 x4
 Email Jeff.Housel@wbschools.us

Athletic Secretary Vicki Stinematess
 Phone (319)754-6567 x1350
 Email vicki.stinematess@wbschools.us

Sp. Med. Prov. Erin Bush, LAT
 (Great River Health Systems)

Basketball.....Ryan O'Hern
 Girls Basketball.....John Vandenberg
 Baseball.....Pat McKasson
 Girls Softball.....Dave Oleson
 Football.....Jay Eilers
 Girls Volleyball.....Corina Shipp
 Track & Field.....Corey Lamm
 Girls Track & Field.....Mike Gurius
 Football Cheerleading.....Beckie Eilers
 Student Council.....Jenna Amenell
 Band Director.....Mark Eveleth
 Vocal Director.....Annette Siebers

WEST CENTRAL VALLEY, STUART

Street Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Mailing Address: 3299 White Pole Rd
 City: Stuart
 Zip Code: 50250
 Supt. St Address: 3299 White Pole Rd
 Supt. City: Stuart
 Supt. Zip: 50250
 County: Guthrie
 Area Code: 515
 School Phone: 523-1313
 HS Fax: 523-2765
 AD Fax: 523-2765
 Web Site: <http://www.wcv.k12.ia.us>
 School Colors: Purple & Black
 Nickname: Wildcats

Conference: West Central Activities
 Superintendent.....Lance Ridgely
 Phone.....(515)523-2187
 Email.....lridgely@wcv.k12.ia.us
 Admin Asst.....Jennifer Woodson
 Phone.....(515)523-2187
 Email.....jwoodson@wcv.k12.ia.us
 Principal.....Rusty Shockley
 Phone.....(515)523-1313
 Email.....rshockley@wcv.k12.ia.us
 Athletic Administrator.....Dave Doely
 Phone.....(515)523-1313
 Email.....ddoely@wcv.k12.ia.us
 Co-AD/Assistant.....Mary Pease
 Phone.....(515)833-2331
 Email.....mpease@wcv.k12.ia.us
 Athletic Secretary.....Deb Doherty
 Phone.....(515)523-1313
 Email.....ddoherty@wcv.k12.ia.us
 Sp. Med. Prov.....Bobby Reisz, LAT
 (Peak Performance)

Golf.....David Doely
 Girls Golf.....Traca Waddell
 Basketball.....Greg Weno
 Girls Basketball.....Drew Stonewall
 Baseball.....Justin Keck
 Girls Softball.....Taryn Van Ryswyk
 Wrestling.....Ben Strandberg
 Football.....Eric Addy
 Girls Volleyball.....John Jones
 Track & Field.....Eric Addy
 Girls Track & Field.....David Hammond
 Cross Country.....Dave Hammond
 Girls Cross Country.....Dave Hammond
 Soccer.....Jon Boss
 Girls Soccer.....Mike Krawczyk
 Football Cheerleading.....Traca Waddell
 Basketball Cheerleading.....Zoey Waddell
 Wrestling Cheerleading.....Traca Waddell
 Speech Director.....Nancy Bauch
 Student Council.....Tiffany Welsh
 Band Director.....Josh Kassmeyer
 Vocal Director.....Michael Gookin

WEST CENTRAL, MAYNARD

Street Address: 305 Pember St
 City: Maynard
 Zip Code: 50655

Mailing Address: PO Box 54
 City: Maynard
 Zip Code: 50655
 Supt. St Address: PO Box 54
 Supt. City: Maynard
 Supt. Zip: 50655
 County: Fayette
 Area Code: 563
 School Phone: 637-2283
 HS Fax: 637-2294
 AD Fax: 637-2294
 Web Site: <http://www.westcentral.school>
 School Colors: Royal Blue & White
 Nickname: Blue Devils
 Conference: Upper Iowa
 Superintendent.....Fred Matlage
 Phone.....(563)637-2283
 Email.....fmatlage@wc.k12.ia.us
 Admin Asst.....Rena Stremtmatter
 Phone.....(563)637-2283
 Email.....rstremtmatter@wc.k12.ia.us
 Principal.....Josh Bahr
 Phone.....(563)637-2283
 Email.....jbahr@wc.k12.ia.us
 Athletic Administrator.....Josh Bahr
 Phone.....(563)637-2283
 Email.....jbahr@wc.k12.ia.us
 Athletic Secretary.....Rena Stremtmatter
 Phone.....(563)637-2283 x100
 Email.....rstremtmatter@wc.k12.ia.us
 Golf.....Jordan Greco
 Girls Golf.....Jordan Greco
 Basketball.....Darin Lockard
 Girls Basketball.....Jordan Greco
 Girls Softball.....Nick Robinson
 Football.....Steve Milder
 Girls Volleyball.....Abby DeGroot
 Track & Field.....Matthew Hageman
 Girls Track & Field.....Randy Fink
 Football Cheerleading.....Kendra Lockard
 Basketball Cheerleading.....Kendra Lockard
 Speech Director.....Matthew Molumby
 Student Council.....Josh Bahr
 Band Director.....Todd Walter
 Vocal Director.....Stacy Fink

WEST DELAWARE, MANCHESTER

Street Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Mailing Address: 605 New St
 City: Manchester
 Zip Code: 52057
 Supt. St Address: 701 New St
 Supt. City: Manchester
 Supt. Zip: 52057
 County: Delaware
 Area Code: 563
 School Phone: 927-3515
 HS Fax: 927-6222
 AD Fax: 927-6222
 Web Site: <http://www.w-delaware.k12.ia.us>
 School Colors: Black & Orange
 Nickname: Hawks
 Conference: WaMaC
 Superintendent.....Dr. Kristen Rickey
 Phone.....(563)927-3515 x401
 Email.....krickey@w-delaware.k12.ia.us
 Admin Asst.....Laurie Buchheit
 Phone.....(563)927-3515 x406
 Email.....lauriebuchheit@w-delaware.k12.ia.us
 Principal.....Tim Felderman
 Phone.....(563)927-3515 x301
 Email.....timfelderman@w-delaware.k12.ia.us
 Asst/Assoc/Vice-Principal.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us
 Athletic Administrator.....Matt Weis
 Phone.....(563)927-3515 x302
 Email.....mattweis@w-delaware.k12.ia.us

Athletic Secretary.....Kay La Rosa
 Phone.....(563)927-3515 x305
 Email.....kaylarosa@w-delaware.k12.ia.us
 Golf.....Christi Imsland
 Girls Golf.....Brett Mather
 Basketball.....Matt Uthoff
 Girls Basketball.....Rod Conrad
 Baseball.....Nate Lahr
 Girls Softball.....Tiffany Rave
 Wrestling.....Jeff Voss
 Football.....Doug Winkowitsch
 Girls Volleyball.....Brett Mather
 Track & Field.....Doug Winkowitsch
 Girls Track & Field.....Doug Engel
 Cross Country.....Dale Meyer
 Girls Cross Country.....Ben Moser
 Girls Soccer.....Hannah Crompton
 Bowling.....Cub Morris
 Girls Bowling.....Ken Boesenberg
 Football Cheerleading.....Angie Zehr
 Basketball Cheerleading.....Angie Zehr
 Wrestling Cheerleading.....Linda Schaul
 Speech Director.....Abby Osborne
 Band Director.....Mark Philgreen
 Vocal Director.....Duane Philgreen

WEST FORK, SHEFFIELD

Street Address: 453 N 5th St
 City: Sheffield
 Zip Code: 50475
 Mailing Address: PO Box 617
 City: Sheffield
 Zip Code: 50475
 Supt. St Address: PO Box 617
 Supt. City: Sheffield
 Supt. Zip: 50475
 County: Franklin
 Area Code: 641
 School Phone: 892-4461
 HS Fax: 892-4335
 AD Fax: 892-4335
 Web Site: <http://www.westforkschool.org>
 School Colors: Black, Red
 Nickname: Warhawks
 Conference: Top of Iowa

Superintendent.....Darrin Strike
 Phone.....(641)892-4159
 Email.....darrin.strike@westforkschool.org
 Principal.....Bobby Willms
 Phone.....(641)892-4461
 Email.....bobby.willms@westforkschool.org
 Athletic Administrator.....Alex Brayton
 Phone.....(641)892-4461 x1151
 Email.....alex.brayton@westforkschool.org
 Co-AD/Assistant.....Lance Thompson
 Phone.....(641)892-4461
 Email.....lance.thompson@westforkschool.org
 Golf.....Doug Sheriff
 Girls Golf.....Mary Schulz
 Basketball.....Frank Schnoes
 Girls Basketball.....Rodney Huber
 Baseball.....Lance Thompson
 Girls Softball.....Abbee Dickman
 Wrestling.....Jared Arbegast
 Football.....James Perez
 Girls Volleyball.....Abbee Dickman
 Track & Field.....Jeff Tudor
 Girls Track & Field.....Ashley Sears
 Cross Country.....Mark Twedt
 Girls Cross Country.....Mark Twedt
 Football Cheerleading.....Amanda Dannen
 Basketball Cheerleading.....Amanda Dannen
 Wrestling Cheerleading.....Jeana Arbegast
 Speech Director.....Laura Schafer
 Student Council.....Ashley McKee
 Band Director.....Jason Grunklee
 Vocal Director.....Katy Wilson

WEST HANCOCK, BRITT

Street Address: 420 9th Ave SW
 City: Britt
 Zip Code: 50423
 Mailing Address: PO Box 278
 City: Britt
 Zip Code: 50423
 Supt. St Address: PO Box 278
 Supt. City: Britt
 Supt. Zip: 50423
 County: Hancock
 Area Code: 641
 School Phone: 843-3863
 HS Fax: 843-4717
 AD Fax: 843-4717

Web Site: <http://www.whancock.org>

School Colors: Red & white

Nickname: Eagles

Conference: Top of Iowa

Superintendent.....Wayne Kronemann

Phone.....(641)843-3863 x102

Email.....wkronemann@whancock.org

Principal.....Dan Peterson

Phone.....(641)843-3863 x305

Email.....Danpeterson@whancock.org

Athletic Administrator.....Steve Lansing

Phone.....(641)843-3863 x392

Email.....slansing@whancock.org

Co-AD/Assistant.....Ruth Verbrugge

Phone.....(641)762-3261 x205

Email.....rverbrugge@whancock.org

Athletic Secretary.....Linda Sanger

Phone.....(515)341-0811 x315

Email.....lsanger@whancock.org

Sp. Med. Prov.....TBA

Golf.....Melinda Tremmel

Girls Golf.....Melinda Tremmel

Basketball.....Brian Peterson

Girls Basketball.....Paul Sonius

Baseball.....Josh Eisenman

Girls Softball.....Ethan Weiss

Wrestling.....Mark Sanger

Football.....Bob Sanger

Girls Volleyball.....Amber Kluver Heimer/Kassie Robinson

Track & Field.....Bob Sanger

Girls Track & Field.....Mark Sanger

Cross Country.....Holly Lang

Girls Cross Country.....Holly Lang

Football Cheerleading.....Linda Sanger

Basketball Cheerleading.....Linda Sanger

Wrestling Cheerleading.....Linda Sanger

Speech Director.....Robin Kudej

Student Council.....Holly Lang

Band Director.....Jennifer Rosin

Vocal Director.....Stacy Heston

WEST HARRISON, MONDAMIN

Street Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Mailing Address: 410 Pine St
 City: Mondamin
 Zip Code: 51557
 Supt. St Address: 410 Pine St
 Supt. City: Mondamin
 Supt. Zip: 51557
 County: Harrison
 Area Code: 712
 School Phone: 646-2231
 HS Fax: 646-2891
 AD Fax: 646-2891

Web Site: <http://www.westharrison.school>

School Colors: Black & White

Nickname: Hawkeyes

Conference: Rolling Valley

Superintendent.....Julie Trep

Phone.....(712)646-2231

Email.....jtrep@westharrison.school

Principal.....Brandt Snakenberg

Phone.....(712)646-2231

Email.....bsnakenberg@westharrison.school

Athletic Administrator.....Anthony Nunez

Phone.....(712)646-2231

Email.....anunez@westharrison.school

Basketball.....Rowdy Evans

Girls Basketball.....Kathy Glennie

Baseball.....Tony Nunez

Girls Softball.....Jami Sherer

Wrestling.....Steve Forbes

Football.....Craig Birdsall

Girls Volleyball.....Kathy Glennie

Girls Track & Field.....Steve Forbes

Cross Country.....Troy Maasen

Girls Cross Country.....Troy Maasen

Football Cheerleading.....Dedra Hatcher

Basketball Cheerleading.....Dedra Hatcher

Speech Director.....Gina Birdsall

Student Council.....BreAnn Marshall

Band Director.....Benjamin Work

Vocal Director.....Benjamin Work

WEST LIBERTY

Street Address: 1103 N. Elm St PO Box 228

City: West Liberty

Zip Code: 52776

Mailing Address: 310 W Maxson Ave

City: West Liberty

Zip Code: 52776

Supt. St Address: 111 W 7th St

Supt. City: West Liberty

Supt. Zip: 52776

County: Muscatine

Area Code: 319

School Phone: 627-2115

HS Fax: 627-2046

AD Fax: 627-2046

Web Site: <http://www.wl.k12.ia.us>

School Colors: Royal Blue & White

Nickname: Comets

Conference: River Valley Conference

Superintendent.....Dr. Joe Potts

Phone.....(319)627-2116

Email.....jpotts@wl.k12.ia.us

Admin Asst.....Joy Burr

Phone.....(319)627-2116

Email.....jburr@wl.k12.ia.us

Principal.....Brenda Arthur-Miller

Phone.....(319)627-2115

Email.....barthurmiller@wl.k12.ia.us

Asst/Assoc/Vice-Principal.....Ralph Hughes

Phone.....(319)627-2115 x5003

Email.....ralphhughes@wl.k12.ia.us

Athletic Administrator.....Brittney Boffeli

Phone.....(319)627-2115 x5005

Email.....bboffeli@wl.k12.ia.us

Athletic Secretary.....Veronica Rivera

Phone.....(319)627-2115

Email.....vrivera@wl.k12.ia.us

Golf.....Brittney Boffeli

Girls Golf.....James Laughlin

Basketball.....James Laughlin

Girls Basketball.....Michelle Marsh-Teran

Baseball.....Troy Wulf

Girls Softball.....Chad Libby

Wrestling.....Ian Alke

Football.....Jason Iske

Girls Volleyball.....Ruben Galvan

Track & Field.....Gus Garcia

Girls Track & Field.....Michael Hart

Cross Country.....Mike Czarnecki

Girls Cross Country.....Mike Czarnecki

Soccer.....Walton Ponce

Girls Soccer.....Manuel Machado

Football Cheerleading.....Gretchen Nollman

Basketball Cheerleading.....Gretchen Nollman

Speech Director.....Olivia Symmonds

Student Council.....Melanie Clark

Band Director.....Ashley Smith

Vocal Director.....Mallory Vallentine

WEST LYON, INWOOD

Street Address: 1787 182nd St

City: Inwood

Zip Code: 51240

Mailing Address: 1787 182nd St

City: Inwood

Zip Code: 51240

Supt. St Address: 1787 182nd St

Supt. City: Inwood

Supt. Zip: 51240

County: Lyon

Area Code: 712

School Phone: 753-4917

HS Fax: 753-4928

AD Fax: 753-4928

Web Site: <http://www.wlwildcats.org/>

School Colors: Blue & White

Nickname: Wildcats

Conference: Siouxland

Superintendent.....Shawn Kreman

Phone.....(712)753-4917

Email.....skreman@wlwildcats.org

Principal.....Doug Jiskoot

Phone.....(712)753-4917

Email.....djiskoot@wlwildcats.org

Athletic Administrator.....Jeremy Childress

Phone.....(712)753-4917

Email.....jchildress@wlwildcats.org

Sp. Med. Prov.....Ryan Brink (Orthopedic Institute)

Golf.....Matt McKenney

Girls Golf.....Jeff Hoogeveen

Basketball.....Dan De Jong

Girls Basketball.....Ryan Brasser

Baseball.....Koury Kramer

Girls Softball.....Tony Kerkvliet, Jeremy Childress

Wrestling.....Ben Caven

Football.....Jay Rozeboom

Girls Volleyball.....Darla Grotewold

Track & Field.....Mark Rentschler

Girls Track & Field.....Jay Rozeboom

Cross Country.....Teresa Kerkvliet

Girls Cross Country.....Teresa Kerkvliet

Football Cheerleading.....Angie Evans

Basketball Cheerleading.....Lori Rens

Wrestling Cheerleading.....Katie Caven

Speech Director.....Miranda Metzger

Student Council.....Kim Mulder

Band Director.....Drew Balta

Vocal Director.....Jacob VenHuizen

WEST MARSHALL, STATE CENTER

Street Address: 601 3rd St NW

City: State Center

Zip Code: 50247

Mailing Address: PO Box 670

City: State Center

Zip Code: 50247

Supt. St Address: PO Box 670

Supt. City: State Center

Supt. Zip: 50247

County: Marshall

Area Code: 641

School Phone: 483-2136

HS Fax: 483-2172

AD Fax: 483-2665

Web Site: <http://www.w-marshall.k12.ia.us>

School Colors: Black & Gold

Nickname: Trojans

Conference: North Iowa Cedar League

Superintendent.....Jacy Large

Phone.....(641)483-2660

Email.....jlarge@wmcsd.org

Admin Asst.....Amanda Veren

Phone.....(641)483-2660

Email.....averen@wmcsd.org

Principal..... Kristian Einsweiler
 Phone.....(641)483-2136
 Email..... keinsweiler@wmcscd.org
 Athletic Administrator..... Dave Shipley
 Phone.....(641)483-2136
 Email..... dshipley@wmcscd.org
 Athletic Secretary..... Sharon Kline
 Phone.....(641)483-2136
 Email..... skline@wmcscd.org
 Sp. Med. Prov..... Brett Hand
 Golf..... Brandon Weisert
 Girls Golf..... Kim Tarbell
 Basketball..... Paul deNeui
 Girls Basketball..... Fred Zeller
 Baseball..... Jerod Brown
 Girls Softball..... Kim Tarbell
 Wrestling..... Todd Kline
 Football..... Cody Hackett
 Girls Volleyball..... Erik Eckhardt
 Track & Field..... Troy Clark
 Girls Track & Field..... Cynthia Hilleman
 Cross Country..... Cynthia Hilleman
 Girls Cross Country..... Cynthia Hilleman
 Football Cheerleading..... Sarah Stone
 Basketball Cheerleading..... Sarah Stone
 Wrestling Cheerleading..... Sarah Stone
 Band Director..... Drake VanRoekel
 Vocal Director..... Michael Sauer

WEST MONONA, ONAWA

Street Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Mailing Address: 1314 15th St
 City: Onawa
 Zip Code: 51040
 Supt. St Address: 1314 15th St
 Supt. City: Onawa
 Supt. Zip: 51040
 County: Monona
 Area Code: 712
 School Phone: 433-2453
 HS Fax: 433-3803
 AD Fax: 433-1142
 Web Site: <http://www.westmonona.org/>
 School Colors: Kelly Green, White & Black
 Nickname: Spartans
 Conference: Western Valley Conference
 Superintendent..... Julie Treppe
 Phone.....(712)433-2043
 Email..... julie.treppe@westmonona.org
 Principal..... Tim Chesnut
 Phone.....(712)433-2453
 Email..... tim.chesnut@westmonona.org
 Athletic Administrator..... Josh Vanderflucht
 Phone.....(712)433-9098 x302
 Email..... josh.vanderflucht@westmonona.org
 Athletic Secretary..... Janice Blatchford
 Phone.....(712)433-9098 x301
 Email..... janice.blatchford@westmonona.org
 Sp. Med. Prov..... Josh Lander
 Golf..... Beau Hupke
 Girls Golf..... Jeff Pratt
 Basketball..... Nick Holverson
 Girls Basketball..... Kevin Brandt
 Baseball..... Cody Robertson
 Girls Softball..... Clint Nichols
 Wrestling..... Tim Chesnut
 Football..... Drew Potter
 Girls Volleyball..... Larry DeRocher
 Track & Field..... Breanna Doorenbos
 Girls Track & Field..... Cody Robertson
 Cross Country..... Jeffrey Hamblen
 Girls Cross Country..... Jeffrey Hamblen
 Football Cheerleading..... Darla Mohr
 Basketball Cheerleading..... Ashley Gray
 Wrestling Cheerleading..... Jenny Dehn
 Speech Director..... Randy Stanislav
 Student Council..... Kisa Olson
 Band Director..... Tracy Shaw

Vocal Director..... Tracy Shaw

WEST SIOUX, HAWARDEN

Street Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Mailing Address: 1300 Falcon Dr
 City: Hawarden
 Zip Code: 51023
 Supt. St Address: 1300 Falcon Dr
 Supt. City: Hawarden
 Supt. Zip: 51023
 County: Sioux
 Area Code: 712
 School Phone: 551-1181
 HS Fax: 551-1514
 AD Fax: 551-1514
 Web Site: <http://www.westsixouxschools.org/>
 School Colors: Red, White, Blue
 Nickname: Falcons
 Conference: War Eagle
 Superintendent..... Ryan Kramer
 Phone.....(712)551-1461 x209300
 Email..... rkramer@w-sioux.k12.ia.us
 Principal..... Heidi Vasquez
 Phone.....(712)551-1022
 Email..... hvasquez@w-sioux.k12.ia.us
 Athletic Administrator..... Ben Bouza
 Phone.....(712)551-1181
 Email..... bbouza@w-sioux.k12.ia.us
 Athletic Secretary..... Tracie McManaman
 Phone.....(712)551-1181
 Email..... tmcmanam@w-sioux.k12.ia.us
 Sp. Med. Prov..... Mike May/ Colin Wiggins
 Golf..... Brad Klarenbeek
 Girls Golf..... Brad Klarenbeek
 Basketball..... Jerome Hoegh
 Girls Basketball..... Adam McVay
 Baseball..... Brian Engleman
 Girls Softball..... Kaitlyn Lockhorst
 Wrestling..... Mark Van Oort
 Football..... Ryan Schwiesow
 Girls Volleyball..... Mollie Koopmans
 Track & Field..... Jerome Hoegh
 Girls Track & Field..... Dennis Weerheim
 Cross Country..... Nancy Ruhland
 Girls Cross Country..... Nancy Ruhland
 Soccer..... Steve Topete
 Girls Soccer..... Ashley Hoegh
 Bowling..... Brian Engleman
 Girls Bowling..... Brian Engleman
 Football Cheerleading..... Madalyn Eilts
 Wrestling Cheerleading..... Ashley Petersen
 Speech Director..... Melinda Bak
 Student Council..... Erin Schroeder
 Band Director..... Drew Paulson
 Vocal Director..... Wyatt Rath

WESTERN CHRISTIAN, HULL

Street Address: 925 5th St
 City: Hull
 Zip Code: 51239
 Mailing Address: PO Box 658
 City: Hull
 Zip Code: 51239
 Supt. St Address: PO Box 658
 Supt. City: Hull
 Supt. Zip: 51239
 County: Sioux
 Area Code: 712
 School Phone: 439-1013
 HS Fax: 439-1407
 AD Fax: 439-1407
 Web Site: <http://www.westernchristianhs.com>
 School Colors: Maroon & White
 Nickname: Wolfpack
 Conference: Lakes
 Superintendent..... Harlan De Vries
 Phone.....(712)439-1013
 Email..... harlan.devriesl@westernchristianhs.com

Principal..... Harlan De Vries
 Phone.....(712)439-1013
 Email..... harlan.devries@westernchristianhs.com
 Asst/Assoc/Vice-Principal..... Justin Negen
 Phone.....(712)439-1013
 Email..... justin.negen@westernchristianhs.com
 Athletic Administrator..... Travis Kooima
 Phone.....(712)439-1013
 Email..... travis.kooima@westernchristianhs.com
 Athletic Secretary..... Kathy Mouw
 Phone.....(712)439-1013
 Email..... kathy.mouw@westernchristianhs.com
 Sp. Med. Prov..... Steve Haveman/Leah DeStigter
 Golf..... Derek Keizer
 Girls Golf..... Justin Negen
 Basketball..... Derek Keizer
 Girls Basketball..... Justin Negen
 Girls Softball..... Michael DeJong
 Wrestling..... Pete Di Pol
 Football..... Travis Kooima
 Girls Volleyball..... Tammi Veerbeek
 Track & Field..... Travis Kooima
 Girls Track & Field..... Mark Fenchel
 Cross Country..... Dalton Lems
 Girls Cross Country..... Dalton Lems
 Soccer..... Sou Baccam
 Football Cheerleading..... Desiree Coulander
 Basketball Cheerleading..... Desiree Coulander
 Wrestling Cheerleading..... Desiree Coulander
 Speech Director..... Karen Christians
 Student Council..... Lyle Van Ravenswaay
 Band Director..... Lyle Van Ravenswaay
 Vocal Director..... Darren Vant Hul
 Orchestra Director..... Amie Smit

WESTWOOD, SLOAN

Street Address: 1000 Rebel Way
 City: Sloan
 Zip Code: 51055
 Mailing Address: 1000 Rebel Way
 City: Sloan
 Zip Code: 51055
 Supt. St Address: 1000 Rebel Way
 Supt. City: Sloan
 Supt. Zip: 51055
 County: Woodbury
 Area Code: 712
 School Phone: 428-3303
 HS Fax: 428-3246
 AD Fax: 428-3246
 Web Site: <http://www.wrebels.org>
 School Colors: Blue & Gold
 Nickname: Rebels
 Conference: Western Valley
 Superintendent..... Jay Lutt
 Phone.....(712)428-3355 x327
 Email..... jlutt@wcsdrebels.com
 Principal..... Matt Drees
 Phone.....(712)428-3303 x324
 Email..... mdrees@wcsdrebels.com
 Athletic Administrator..... Cass Burkhardt
 Phone.....(712)428-3303 x136
 Email..... cburkhardt@wcsdrebels.com
 Athletic Secretary..... Bobbi Johnson
 Phone.....(712)428-3303
 Email..... bjohnson@wcsdrebels.com
 Sp. Med. Prov..... CNOS
 Golf..... Tom Thompson
 Girls Golf..... Karley Seuntjens
 Basketball..... Lee Haveman
 Girls Basketball..... Vince Johnson
 Baseball..... Chase Collins, Andrew Scott
 Girls Softball..... Dan Thompson
 Wrestling..... Tom Thompson
 Football..... Cass Burkhardt
 Girls Volleyball..... Rich Lamoureux
 Track & Field..... Andrew Scott
 Girls Track & Field..... Sheryl Book
 Cross Country..... Sheryl Book
 Girls Cross Country..... Sheryl Book

Football Cheerleading Jill Kerr
Basketball Cheerleading.....Karla Cople
Wrestling Cheerleading.....Holly Myers
Speech Director.....Tammy Williams
Student Council.....Jill Muenchrath
Band Director.....Blake Lyon
Vocal Director.....Tom Gerking

WHITING

Street Address: 606 West St
City: Whiting
Zip Code: 51063
Mailing Address: PO Box 295
City: Whiting
Zip Code: 51063
Supt. St Address: 606 West St
Supt. City: Whiting
Supt. Zip: 51063
County: Monona
Area Code: 712
School Phone: 455-2468
HS Fax: 455-2601
AD Fax: 455-2601
Web Site: <http://www.whitingcsd.org>
School Colors: Red & White
Nickname: Warriors
Conference: Nebraska Frontier Conf.

Superintendent.....Randy Collins
Principal.....Al Laboranti
Phone.....(712)455-2468
Email.....alaboranti@whitingcsd.org
Athletic Administrator.....Alex Lamp
Phone.....(712)455-2468
Email.....alamp@whitingcsd.org
Athletic Secretary.....Tracy Bell
Phone.....(712)455-2468
Email.....tbell@whitingcsd.org
Sp. Med. Prov.....Chad VonScoyk, LAT (CNOS)
Basketball.....Chris Derry
Girls Basketball.....Steve Murray
Baseball.....Shane Yingst
Girls Softball.....TBD
Football.....Bryce Warner
Girls Volleyball.....Chris Derry
Track & Field.....Alex Lamp
Girls Track & Field.....Alex Lamp
Cross Country.....Alex Lamp
Girls Cross Country.....Alex Lamp
Football Cheerleading.....TBD
Basketball Cheerleading.....TBD
Wrestling Cheerleading.....TBD
Speech Director.....Lisa Hoebelheinrich
Student Council.....Tricia Dieger
Band Director.....Alicia Vande Hoef
Vocal Director.....Alicia Vande Hoef

WILLIAMSBURG

Street Address: 810 W Walnut St
City: Williamsburg
Zip Code: 52361
Mailing Address: PO Box 120
City: Williamsburg
Zip Code: 52361
Supt. St Address: 810 W Walnut St
Supt. City: Williamsburg
Supt. Zip: 52361
County: Iowa
Area Code: 319
School Phone: 668-1050
HS Fax: 668-9359
AD Fax: 668-9359
Web Site: <http://www.williamsburg.k12.ia.us>
School Colors: Red & White
Nickname: Raiders
Conference: WAMAC
Superintendent.....Chad Garber
Phone.....(319)668-1059 x225
Email.....chadgarber@williamsburg.k12.ia.us

Admin Asst.....Dawn Coffman
Phone.....(319)668-1059 x226
Email.....dawncoffman@williamsburg.k12.ia.us
Principal.....Lynell O'Connor
Phone.....(319)668-1050 x222
Email.....lynelloconnor@williamsburg.k12.ia.us
Asst/Assoc/Vice-Principal.....Brent Zirkel
Phone.....(319)668-1050 x267
Athletic Administrator.....Curt Ritchie
Phone.....(319)668-1050 x231
Email.....curtritchie@williamsburg.k12.ia.us
Co-AD/Assistant.....Jeff Lancial
Phone.....(319)668-1050
Email.....jefflancial@williamsburg.k12.ia.us
Athletic Secretary.....Brenda Van Dee
Phone.....(319)668-1050 x223
Email.....brendavandee@williamsburg.k12.ia.us
Sp. Med. Prov.....Michael Ouelette
Golf.....Brad Schaefer
Girls Golf.....Todd Subbert
Basketball.....Brad Knoop
Girls Basketball.....Aaron Feddersen
Swimming.....Margaret Trumpold
Girls Swimming.....Margaret Trumpold
Baseball.....Nathan King
Girls Softball.....Adam Berte
Wrestling.....Grant Eckenrod
Football.....Curt Ritchie
Girls Volleyball.....Amanda Busch
Track & Field.....Matt Matthes
Girls Track & Field.....Nick Nordheim
Cross Country.....Nick Nordheim
Girls Cross Country.....Nick Nordheim
Soccer.....Ryan Sauser
Girls Soccer.....Tim Jones
Football Cheerleading.....Lori Wells-Adamson
Wrestling Cheerleading.....Bridget Stanerson
Speech Director.....Amy Degen
Student Council.....Shannon Musser, Lori Wells-Adamson
Band Director.....Leah Schmidt
Vocal Director.....Steven Manning, Katie Berte

WILTON

Street Address: 1002 Cypress St
City: Wilton
Zip Code: 52778
Mailing Address: 1002 Cypress St
City: Wilton
Zip Code: 52778
Supt. St Address: 1002 Cypress St
Supt. City: Wilton
Supt. Zip: 52778
County: Muscatine
Area Code: 563
School Phone: 732-2035
HS Fax: 732-4121
AD Fax: 732-4437
Web Site: <http://www.wiltoncsd.org>
School Colors: Royal Blue & Gold
Nickname: Beavers
Conference: River Valley Conference
Superintendent.....Joe Burnett
Phone.....(563)732-2035 x250
Email.....joeburnett@wiltoncsd.org
Principal.....Marc Snavelly
Phone.....(563)732-2629 x260
Email.....marcsnavelly@wiltoncsd.org
Athletic Administrator.....Marc Snavelly
Phone.....(563)732-2629 x260
Email.....marcsnavelly@wiltoncsd.org
Co-AD/Assistant.....Jane A. Kreimeyer
Phone.....(563)732-2035 x228
Email.....janekreimeyer@wiltoncsd.org
Athletic Secretary.....Jane Kreimeyer
Phone.....(563)732-2035 x228
Email.....janekreimeyer@wiltoncsd.org
Sp. Med. Prov.....Rock Valley
Golf.....Nick Dohrmann
Girls Golf.....Jamie Meyer

Basketball.....Erik Grunder
Girls Basketball.....Jeremy Putman
Baseball.....Jake Souhrada
Girls Softball.....Kortney Denkmann
Wrestling.....Gabe Boorn
Football.....Ryan Hetzler
Girls Volleyball.....Brenda Grunder
Track & Field.....Mark Patterson
Girls Track & Field.....Jeremy Putman
Cross Country.....Nick Dohrmann
Girls Cross Country.....Nick Dohrmann
Football Cheerleading.....Sara Anderson
Basketball Cheerleading.....TBD
Wrestling Cheerleading.....Sarah Bothell
Speech Director.....Nicole Miller
Student Council.....Erik Grunder
Band Director.....Pete Wyatt
Vocal Director.....Kylie Erickson

WINFIELD-MT. UNION

Street Address: 208 S Olive St
City: Winfield
Zip Code: 52659
Mailing Address: PO Box E
City: Winfield
Zip Code: 52659
Supt. St Address: 208 S Olive St
Supt. City: Winfield
Supt. Zip: 52659
County: Henry
Area Code: 319
School Phone: 257-7701
HS Fax: 257-7703
AD Fax: 257-7714
Web Site: <https://wmucsd.org/>
School Colors: Red & White
Nickname: Wolves
Conference: SEI Superconference - North

Superintendent.....Jeff Maeder
Phone.....(319)257-7700 x101
Email.....jeff.maeder@wmucsd.org
Admin Asst.....Barb Brown
Phone.....(319)257-7700 x100
Email.....barb.brown@wmucsd.org
Principal.....Dave Edwards
Phone.....(319)257-7701 x145
Email.....dave.edwards@wmucsd.org
Athletic Administrator.....Jeff Maeder
Phone.....(319)257-7701 x101
Email.....jeff.maeder@wmucsd.org
Co-AD/Assistant.....Mitch Wachs
Phone.....(319)257-7700 x155
Email.....mitch.wachs@wmucsd.org
Athletic Secretary.....Barb Brown
Phone.....(319)257-7700 x100
Email.....barb.brown@wmucsd.org
Golf.....Mitch Wachs
Girls Golf.....Mitch Wachs
Basketball.....Brad Doerring
Girls Basketball.....Mitch Wachs
Baseball.....Kenton Klopfenstein
Girls Softball.....Amanda Richardson
Wrestling.....Mike Lang
Football.....Scott McCarty
Girls Volleyball.....Dave Peiart
Track & Field.....Brad Doerring
Girls Track & Field.....Alex Dean
Cross Country.....Amanda Hemsworth
Girls Cross Country.....Amanda Hemsworth
Football Cheerleading.....Kristyn Delzell
Student Council.....Kathy Mullin
Band Director.....Casey Dirksen
Vocal Director.....Lindsey Pogmore

WINTERSET

Street Address: 624 Husky Dr
City: Winterset
Zip Code: 50273
Mailing Address: 624 Husky Dr

City: Winterset
 Zip Code: 50273
 Supt. St Address: 110 W Washington
 Supt. City: Winterset
 Supt. Zip: 50273
 County: Madison
 Area Code: 515
 School Phone: 462-3320
 HS Fax: 462-2178
 AD Fax: 462-2178
 Web Site: <http://www.winterset.k12.ia.us>
 School Colors: Black & Gold
 Nickname: Huskies
 Conference: Raccoon River
 Superintendent Dr. Susie Meade
 Phone (515)462-2718
 Email smeade@winterset.k12.ia.us
 Principal Kent Abrahamson
 Phone (515)462-3320
 Email kabrahamson@winterset.k12.ia.us
 Asst/Assoc/Vice-Principal Jeremy Hilbert
 Phone (515)462-3320
 Email jhilbert@winterset.k12.ia.us
 Athletic Administrator Randy McDonald
 Phone (515)462-3320
 Email rmcdonald@winterset.k12.ia.us
 Athletic Secretary Angie Olson
 Phone (515)462-3320
 Email aolson@winterset.k12.ia.us
 Sp. Med. Prov. Mitch (Millenium Therapy)
 Golf Brett West
 Girls Golf Barry Vogt
 Basketball Josh Henry
 Girls Basketball Jason Darling
 Baseball Travis Nedved
 Girls Softball Steve Corkrean
 Wrestling Ryan Jensen
 Football Zach Sweeney
 Girls Volleyball Kalie Schult
 Track & Field Jason Darling
 Girls Track & Field Doug Messerschmitt
 Cross Country Tim Mohs
 Girls Cross Country Reid Leichty
 Soccer Cody Sullivan
 Girls Soccer Stacy Steinbach
 Football Cheerleading Kobie Alcorn
 Basketball Cheerleading Laura Stevenson
 Wrestling Cheerleading Stephanie Walker
 Speech Director Meredith McKay
 Student Council Jessica Gibbons
 Band Director Lucas Peterson
 Vocal Director Jon Barrett

WOODBINE

Street Address: 501 Weare St
 City: Woodbine
 Zip Code: 51579
 Mailing Address: 501 Weare St
 City: Woodbine
 Zip Code: 51579
 Supt. St Address: 501 Weare St
 Supt. City: Woodbine
 Supt. Zip: 51579
 County: Harrison
 Area Code: 712
 School Phone: 647-2440
 HS Fax: 647-2824
 AD Fax: 647-2824
 Web Site: <http://www.woodbineschools.com>
 School Colors: Black & Old Gold
 Nickname: Tigers
 Conference: Rolling Valley Conference
 Superintendent Chris Anderson
 Phone (712)647-2440
 Email canderson@woodbine.k12.ia.us
 Principal Samuel Swenson
 Phone (712)647-2227
 Email sswenson@woodbine.k12.ia.us

Athletic Administrator Sam Swenson
 Phone (712)647-2440
 Co-AD/Assistant Cindy Dickinson
 Phone (712)647-2440
 Email cdickinson@woodbine.k12.ia.us
 Athletic Secretary Cindy Dickinson
 Phone (712)647-2440
 Email cdickinson@woodbine.k12.ia.us
 Golf Tim Marshall
 Girls Golf Tim Marshall
 Basketball Kyle Bartels
 Girls Basketball Ryan Coenen
 Baseball Jerry Brunow
 Girls Softball Greg Kolpin
 Wrestling Brent Willis
 Football Dustin Crook
 Girls Volleyball Ted Webb
 Track & Field Ryan Coenen
 Girls Track & Field Kyle Bartels
 Cross Country Rod Smith
 Girls Cross Country Rod Smith
 Football Cheerleading Kylie Lenz
 Speech Director Nancy Heistand
 Student Council Teresa Smith
 Band Director Andrea King
 Vocal Director Andrea Feller

WOODBURY CENTRAL, MOVILLE

Street Address: 408 S 4th St
 City: Merville
 Zip Code: 51039
 Mailing Address: 408 S 4th St
 City: Merville
 Zip Code: 51039
 Supt. St Address: 408 S 4th St
 Supt. City: Merville
 Supt. Zip: 51039
 County: Woodbury
 Area Code: 712
 School Phone: 873-3128
 HS Fax: 873-3162
 AD Fax: 873-3162
 Web Site: <http://www.woodbury-central.k12.ia.us>
 School Colors: Royal Blue & White
 Nickname: Wildcats
 Conference: Western Valley
 Superintendent Doug Glackin
 Phone (712)873-3128 x104
 Email dglackin@wcvildcats.org
 Principal Dan Bormann
 Phone (712)873-3128 x106
 Email dbormann@wcvildcats.org
 Athletic Administrator Mary Schultz
 Phone (712)873-3128 x219
 Email mschultz@wcvildcats.org
 Athletic Secretary Becky Schultzen
 Phone (712)873-3128 x102
 Email bschultzen@wcvildcats.org
 Sp. Med. Prov. CNOS
 Golf Matthew Jenness
 Girls Golf Jill Gallagher
 Basketball Trevor Alfredson
 Girls Basketball Matthew Jenness
 Baseball Bill Meacham
 Girls Softball Kati Steffen
 Wrestling Jake Thomas
 Football Kurt Bremer
 Girls Volleyball Carla Hubert
 Track & Field Karl Bahrke, Scott Bahrke
 Cross Country Jill Gallagher, Dean Harpenau
 Girls Cross Country Jill Gallagher, Dean Harpenau
 Football Cheerleading Jill Stratton
 Basketball Cheerleading Angel Rocha
 Wrestling Cheerleading Emily Thomas
 Speech Director Denise Heiman
 Student Council Erin Reinders
 Band Director Noah Hickman
 Vocal Director Heather Rollison

WOODWARD ACADEMY

Street Address: 1251 334th St
 City: Woodward
 Zip Code: 50276
 Mailing Address: 1251 334th St
 City: Woodward
 Zip Code: 50276
 Supt. St Address: 1251 334th St
 Supt. City: Woodward
 Supt. Zip: 50276
 County: Boone
 Area Code: 515
 School Phone: 438-3479
 HS Fax: 438-3479
 AD Fax: 438-3479
 Web Site: <http://www.wacademy.com>
 School Colors: Navy & White
 Nickname: Knights
 Conference: West Central Activities Conference
 Superintendent Shawn Hollenkamp
 Phone (515)438-3488
 Email shawn.hollenkamp@sequelyouthservices.com
 Executive Coordinator Shawn Hollenkamp
 Phone (515)438-3488
 Email shawn.hollenkamp@sequelyouthservices.com
 Principal Amy Karg
 Phone (515)438-3647
 Email amy.karg@sequelyouthservices.com
 Asst/Assoc/Vice-Principal William Terry
 Email william.terry@sequelyouthservices.com
 Asst/Assoc/Vice-Principal Lisa Braddock
 Email lisa.braddock@sequelyouthservices.com
 Asst/Assoc/Vice-Principal Aric Rush
 Email aric.rush@sequelyouthservices.com
 Asst/Assoc/Vice-Principal Mark Moses
 Email mark.moses@sequelyouthservices.com
 Athletic Administrator Lorenzo White
 Phone (515)438-3665
 Email lorenzo.white@sequelyouthservices.com
 Co-AD/Assistant Amy Karg
 Phone (515)240-9042
 Email amy.karg@sequelyouthservices.com
 Basketball Dustin Sperling
 Baseball Carl Fenceroy
 Football Lorenzo White / Austin Gibbs
 Track & Field Matt Ruiz
 Girls Track & Field Matt Ruiz
 Cross Country Aric Rush
 Girls Cross Country Aric Rush/Jason Anderson
 Football Cheerleading Lorenzo White
 Basketball Cheerleading Lorenzo White
 Band Director Sabrina Fox

WOODWARD-GRANGER

Street Address: 306 W 3rd St
 City: Woodward
 Zip Code: 50276
 Mailing Address: 306 W 3rd St
 City: Woodward
 Zip Code: 50276
 Supt. St Address: 1904 State St
 Supt. City: Granger
 Supt. Zip: 50109
 County: Dallas
 Area Code: 515
 School Phone: 438-2115
 HS Fax: 438-2497
 AD Fax: 438-4329
 Web Site: <http://www.woodward-granger.k12.ia.us>
 School Colors: Forrest Green & Vegas Gold
 Nickname: Hawks
 Conference: West Central
 Superintendent Brad Anderson
 Phone (515)999-8022
 Email bradanderson@wghawks.school
 Principal Robert Boley
 Phone (515)438-2115
 Email robertboley@wghawks.school

Asst/Assoc/Vice-Principal..... Jake Mohling
 Phone.....(515)438-4263
 Email.....jakemohling@wghawks.school
 Asst/Assoc/Vice-Principal..... Matt Brummond
 Phone.....(515)999-2357
 Email.....mattbrummond@wghawks.school
 Asst/Assoc/Vice-Principal..... Bekka Maass
 Phone.....(515)438-3240
 Email.....rebeekamaass@wghawks.school
 Athletic Administrator..... Matt Eichhorn
 Phone.....(515)999-8154
 Email.....matteichhorn@wghawks.school
 Athletic Secretary..... Kathy Walton
 Phone.....(515)438-4263
 Email.....kathywalton@wghawks.school
 Sp. Med. Prov..... Mitch O'Neil (Athletico)
 Golf..... David Combs
 Girls Golf..... David Combs
 Basketball..... Brent Achenbach
 Girls Basketball..... Gary Dresback
 Baseball..... Eric Evans
 Girls Softball..... Owen Hunter
 Wrestling..... Dave Smeltzer
 Football..... George Ashman
 Girls Volleyball..... Bailey Hunt
 Track & Field..... George Ashman
 Girls Track & Field..... TBD
 Cross Country..... Dave Smeltzer
 Girls Cross Country..... Dave Smeltzer
 Football Cheerleading..... Gwendolyn Martin
 Basketball Cheerleading..... Gwendolyn Martin
 Wrestling Cheerleading..... Brande Milosevich
 Speech Director..... Jennifer McDaniel
 Student Council..... Tiffany Kiernan
 Band Director..... Bryan Willer
 Vocal Director..... Jacie Simon

XAVIER, CEDAR RAPIDS
 Street Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Mailing Address: 6300 42nd St NE
 City: Cedar Rapids
 Zip Code: 52411
 Supt. St Address: 1229 Mt Loretta Ave, PO Box 479
 Supt. City: Dubuque
 Supt. Zip: 52004
 County: Linn
 Area Code: 319
 School Phone: 294-6635
 HS Fax: 294-6712
 AD Fax: 294-6636
 Web Site: <http://www.xaviersaints.org>
 School Colors: Navy Blue & Silver
 Nickname: Saints
 Conference: Mississippi Valley
 Superintendent..... Kim Hermsen
 Phone.....(319)566-2580
 Email.....dbqsup@dbqarch.org
 Asst/Assoc Supt..... Tom Keating
 Phone.....(319)294-6635 x305
 Email.....tom.keating@xaviersaints.org
 Principal..... Angela Olson
 Phone.....(319)294-6635 x304
 Email.....angela.olson@xaviersaints.org
 Asst/Assoc/Vice-Principal..... Gerry Miller
 Phone.....(319)294-6635 x303
 Email.....gerry.miller@xaviersaints.org
 Athletic Administrator..... Andy Umthun
 Phone.....(319)294-6635 x306
 Email.....andy.umthun@xaviersaints.org
 Athletic Secretary..... Pam Barta
 Phone.....(319)294-6635 x302
 Email.....pam.barta@xaviersaints.org

Sp. Med. Prov..... Misti Thompson, LAT
 (Linn County Physical Therapy)
 Tennis..... Jim Potts
 Girls Tennis..... Matt Foxhoven
 Golf..... Tim O'Brien
 Girls Golf..... Julie Kadlec
 Basketball..... Ryan Luehrsmann
 Girls Basketball..... Tom Lilly
 Baseball..... Dan Halter
 Girls Softball..... Nikki Gahring
 Wrestling..... Ryan Chambers
 Football..... Duane Schulte
 Girls Volleyball..... Austin Filer
 Track & Field..... Russ Camacho
 Girls Track & Field..... Bryan Jones
 Cross Country..... Nathan Hopp
 Girls Cross Country..... Bryan Jones
 Soccer..... Amir Hadzic
 Girls Soccer..... Chris Higgins
 Bowling..... Russ Camacho
 Girls Bowling..... Russ Camacho
 Football Cheerleading..... Erica Rheinschmidt
 Basketball Cheerleading..... Erica Rheinschmidt
 Wrestling Cheerleading..... Erica Rheinschmidt
 Speech Director..... Scott Davidson
 Student Council..... Sarah Hayes
 Band Director..... Kelli Swehla
 Vocal Director..... Matt Walker, Brianna DeJong

**Keep an eye on the action.
 Stay involved with high
 school sports by becoming
 an official.**

**www.iahsaa.org/officials
www.highschoolofficials.com**




FREQUENTLY CALLED NUMBERS

Name _____

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Name _____

Address _____

Address _____

Phone _____

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FREQUENTLY CALLED NUMBERS

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