

November 7, 2016

Dear Swimming Coaches, Athletic Directors and Officials:

As we prepare for the boys swim season, we want to pass along the rules changes and other important information that was mentioned in the online rules meeting and the 2016-17 IHSAA Winter Sports Manual.

### **2016-2017 IMPORTANT DATES**

District Competition: Saturday, February 4, 2017 – 12:00 pm **NOTE TIME CHANGE**

State Competition: Saturday, February 11, 2017 – 12:30 pm

### **2017-2018 IMPORTANT DATES**

First Legal Practice Date: Monday, November 6, 2017

First Legal Competition Date: Monday, November 20, 2017

District Competition: Saturday, February 3, 2018 – 12:00 pm **NOTE TIME CHANGE**

State Competition: Saturday, February 10, 2018 – 12:30 pm

## **2016-2017 INFORMATION**

### **2016-17 Rules Books**

Each school and registered official should have received a new rules book earlier this fall. If you have not received a new rules book, please contact Laura Brooker in our office. Please keep this rules book through the 2017-18 swimming season, as you will not receive a new book next fall. All rules changes for the 2017-18 swim season will be communicated through the online rules meeting and online memos.

### **2016-2017 Swimming Rules Meeting**

The 2016-17 Swimming and Diving Rules Meeting is active on the IHSAA website. Head coaches are required to view the rules meeting by Monday, November 28 in order to coach in post-season competition. Officials are required to view the rules meeting and pass the swimming examination in order to become registered and work any high school meet.

### **Concussion in Sports: What You Need to Know Course**

All 7-12 coaches (head, assistant, paid, volunteer) are required to view the online concussion course before the first day of practice. This requirement is through legislative action and is being administered by the IHSAA. Your school has been receiving reminders for all coaches who have not completed this requirement. Coaches who do not view this course risk losing their coaching authorization/endorsement.

### **QUIKSTATS**

QuikStats is now open and ready for schools to enter their rosters and schedules. Each school's roster should have rolled over and the grade of the athletes has

advanced by one grade. Again, there will be 3 checkpoints throughout the regular season: Tuesday, December 6; Tuesday, January 10; and Tuesday, January 31. All meets completed through the previous Saturday of each reporting date need to be entered by the check date. Meet results must also be entered by the Tuesday after both the district and state meet. The penalty for failure to report on time is:

**First Offense:** a letter/e-mail to the head coach and athletic director from the IHSAA sport administrator giving 3 days to comply with the mandate.

**Second Offense:** a letter to the athletic director with a copy to the principal and superintendent from the IHSAA executive director, giving 3 days to comply with the mandate.

**Third Offense:** IHSAA member school's expense allowances will be withheld by the IHSAA in the sport in which the third offense occurred.

### **2016-17 Rules & Editorial Changes**

Please review your rule book for the exact wording of these changes.

#### **Rule Changes**

**Rule 1-5-2:** Deck changes are defined as changing into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes.

**Rule 3-6-1d:** Deck changes are prohibited, and will be penalized and considered as unsporting conduct.

**Rule 6-4-1b:** The protocol for determining an official time when a touch pad malfunctions on a lane was changed. Backup buttons and/or watch times, as outlined in the protocol, will now determine the official time. New subsections have been added.

**Rule 8-2-4c:** The final leg of the individual medley and the medley relay requires the swimmer to be at or past vertical toward the breast before any stroke, kick or propulsive motion.

#### **Major Editorial Changes**

**Rule 3-3-2c:** A single visible manufacturer's logo, no more than 2 ¼ inches with no dimension more than 2 ¼ inches is permitted on each item of the uniform (suit and caps).

**Rule 3-6-1 Note:** The NFHS disapproves of any form of taunting which is intended or designed to embarrass, ridicule, or demean others under any circumstances.

### **District Meet Information**

The six district meets will be held on Saturday, February 4, 2017, at 12:00 pm (Note the time change from previous years). District sites and assignments will be posted on our web site later this month. The IHSAA will not post individual district meet

information as it has done in the past. We will still communicate with each school how to make its district entries, but each district meet manager will be responsible for communicating the particulars of their individual site to the participating school. As we approach the district meet, please be on the lookout for information from your district meet manager.

### **State Meet Information**

The state meet will be held at the Marshalltown Community Y on Saturday, February 11, 2017, at 12:30 pm. More information regarding the state meet will be sent out in early January.

**PROPER SUPERVISION OF SWIMMERS** - Section 641-15.4(4)"d"(4) of the Iowa Code states, "For a structured swimming program, such as lap swim, competitive swimming, water exercise classes, swim lessons, and physical education classes a life guard is not required provided the program is supervised by an instructor, teacher, or **coach who is a lifeguard or has current certification from the American Red Cross in basic water rescue, first aid, and infant, child and adult CPR**; or equivalent training approved by the Department of Health. **"An instructor, teacher, or coach may be responsible for a MAXIMUM of 30 persons within a structured activity. If more than 30 persons are involved (*in or out of the water*) in a structured activity, a second qualified supervisor **MUST** be present."**

### **Iowa High School Swim Coaches Association**

Coaches are reminded of the networking and leadership opportunities and student-athlete awards that are available to members of the Iowa High School Swim Coaches Association. Please contact Mike Loupee at Marshalltown High School (mloupee@marshalltown.k12.ia.us) for additional information.

We hope you have a great start to the season. Again, don't hesitate to contact me with any concerns throughout the season.

Sincerely,

Jared Chizek  
Assistant Director