

DECEMBER 21, 2009, SECOND BASKETBALL MEMO

Basketball is off and running. We have had a few glitches, but for the most part we're off to a good start. I would encourage officials to use good game management skills including being there for the right reasons, because you enjoy what you are doing! Coaches and officials need to conduct themselves in a professional manner, making sure you are providing a positive environment for the student athlete.

RULE 3.5 ART.5 UNDERSHIRTS: Undershirts shall be a single solid color similar to the torso of the jersey and shall be hemmed and not have frayed or ragged edges. If the undershirt has sleeves, they shall be the same length. A visible manufacturer's logo/trademark/reference is **NOT** permitted on the undershirt.

Alternating Possession Throw-in: The direction of the possession arrow is reversed immediately after an alternating-possession throw-in ends. An alternating-possession throw-in ends when the throw-in ends as in 4-42-5 Art. 5...The opportunity to make an alternating-possession throw-in is lost if the throw-in team violates (9-2 Art. 1-10 throw-in provisions). If either team fouls during an alternating-possession throw-in, it does not cause the throw-in team to lose the possession arrow.

NFHS STATEMENT ON MEDICAL APPLIANCES: Via the NFHS Sports Medicine Advisory Committee (SMAC), although still relatively rare, the use of insulin pumps by athletes with diabetes has become more commonplace over the past few years. With the wider use of insulin pumps, as well as other medical devices such as heart monitoring equipment, concerns have been raised regarding safety of the athlete wearing the device, teammates, opponents and the device itself. The NFHS SMAC has discussed these issues and come to the following conclusion:

When it is necessary for an athlete to wear a medical appliance (such as an insulin pump) during athletic competitions, the device shall be padded and securely attached to the player's body underneath the uniform. Devices attached to the head (such as hearing aids and cochlear implants) do not need to be padded, but shall be firmly secured to the body. No medical appliance should pose a risk of injury to others. It is recommended that the athlete and coach notify the official of the presence of the medical appliance prior to the contest.

Thoughts for officials:

Keep interaction with players, spectators and coaches to a minimum; be professional

Swinging of elbows

Maintain good angles

Enforce the rules with no regard for the time or score

Enforce the rules, players will adjust; **do not permit rough play**

Freedom of movement is a rule, a given right of players—offense & defense

What you allow is what you encourage to continue

Work to be consistent at both ends

Get to the foul reporting areas-don't get lazy

Call three seconds; it matters

Observe the thrower-in after a made goal, don't be ahead of this player

Use proper mechanics

Make sure teams are back on the floor ready to play on the second horn

Enforce the bench decorum rule; then it's fair for everyone involved

Close down on jump ball situations

Free throw administration, administering official be in the same position during all attempts
If a offensive players rhythm, speed or balance are affected, a foul should be called

A RULE IS A RULE

10 THOUGHTS ON LIFE:

1. Life isn't fair, but it's still good.
2. Life is too short to waste time hating anyone.
3. You don't have to win every argument. Agree to disagree.
4. Don't compare your life to others. You have no idea what their journey is all about.
5. No one is in charge of your happiness but you.
6. Frame every so-called disaster with these words "in five years, will this matter?"
7. Forgive everyone everything.
8. Don't audit life. Show up and make the most of it now.
9. Envy is a waste of time. You already have all you need.
10. Life isn't tied with a bow, but it's still a gift.

In closing, the IHSAA staff would like to wish everyone a Merry Christmas & Happy New Year!!
Take time to be with family and friends!!

Sincerely,
Roger Barr
IHSAA