

A-D-M, ADEL

Coach: Aaron Mager
 Conference: Raccoon River
 Team Nickname: Tigers
 Returning Letterwinners:
 Spencer Cook
 Casey Frank
 Logan Willems

2008-09 Overall Record: 23-2

12/1	@ Creston
12/4	Carlisle*
12/8	@ Carroll*
12/11	@ Boone*
12/15	@ Dallas Center-Grimes*
12/18	Perry*
1/5	Saydel*
1/8	@ Ballard*
1/9	@ Knoxville
1/15	@ Winterset*
1/16	@ Pella
1/19	Carroll*
1/22	Boone*
1/26	Dallas Center-Grimes*
1/29	@ Perry*
1/30	@ Pella Christian
2/2	Ballard*
2/5	Winterset*
2/9	@ Saydel*
2/12	@ Carlisle*
2/18	Norwalk

A-H-S-T, AVOCA

Coach: Pete Schmidt
 Conference: Western Iowa
 Team Nickname: Vikings
 Returning Letterwinners:
 2008-09 Overall Record:

11/30	@ CAM, Anita
12/4	@ Essex
12/8	@ Riverside, Oakland
12/11	Underwood
12/12	Boyer Valley, Dunlap
12/15	@ Missouri Valley
12/17	@ Farragut
12/18	Tri-Center, Neola
1/5	Griswold
1/8	@ Treynor
1/9	Walnut
1/12	Audubon
1/15	@ Underwood
1/19	Missouri Valley
1/22	@ Tri-Center, Neola
1/26	@ Griswold
1/29	@ Audubon
2/5	Treynor
2/9	Woodbine
2/12	Elk Horn-Kimballton

ADAIR-CASEY

Coach: Mark Emgarten
 Conference: Rolling Hills
 Team Nickname: Bombers
 Returning Letterwinners:
 Micheal Christoffersen
 Tyler McCorle
 Cody Roberts
 Austin Wheatley
 Taylor Wheatley

2008-09 Overall Record: 25-1

12/1	Iowa Christian Academy*
12/4	@ Exira*
12/8	CAM, Anita*
12/11	@ Ankeny Christian Academy*
12/12	Guthrie Center
12/15	Glidden-Ralston*
12/18	@ Orient-Macksburg*
12/22	@ Elk Horn-Kimballton*
1/5	Paton-Churdan*
1/7	Villisca
1/8	Walnut*
1/12	@ Iowa Christian Academy*
1/15	Exira*
1/19	@ CAM, Anita*
1/22	Ankeny Christian Academy*
1/26	@ Glidden-Ralston*
1/29	Orient-Macksburg*
2/2	Elk Horn-Kimballton*
2/5	@ Paton-Churdan*
2/9	@ Walnut*
2/12	@ East Greene, Grand Junction

AGWSR, ACKLEY

Coach: Russ Banzhaf
 Conference: NICL-West
 Team Nickname: Cougars
 Returning Letterwinners:
 Parker Drake
 Nick Frazier
 Tanner Heikens
 Jordan Mills
 Cole Rabbitt
 B.J. Reents

2008-09 Overall Record: 12-9

11/30	@ Hampton-Dumont
12/4	@ West Marshall, State Center*
12/8	East Marshall, LeGrand*
12/11	@ Grundy Center*
12/12	Iowa Falls-Alden
12/15	BCLUW, Conrad*
12/18	@ Gladbrook-Reinbeck*
12/22	South Hardin*
1/5	North Butler, Greene
1/8	West Marshall, State Center*
1/12	@ East Marshall, LeGrand*
1/15	Grundy Center*
1/16	@ Aplington-Parkersburg
1/19	@ BCLUW, Conrad*
1/22	Gladbrook-Reinbeck*
1/23	@ Jesup
1/26	@ Wapsie Valley, Fairbank
1/29	@ South Hardin*
2/5	Hudson
2/8	Dike-New Hartford @ McLeod Center
2/9	Northern University High, C. Falls

AKRON-WESTFIELD

Coach: Craig Doty
 Conference: War Eagle
 Team Nickname: Westerners
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 @ St. Marys, Remsen*
 12/4 Hinton
 12/8 West Sioux, Hawarden*
 12/11 @ Unity Christian, Orange City*
 12/14 Dakota Valley, NE
 12/15 @ Sergeant Bluff-Luton*
 12/18 Spalding Catholic, Granville*
 12/22 Remsen-Union*
 1/5 @ Gehlen Catholic, LeMars

1/8	@ South O'Brien, Paullina*
1/9	Westwood, Sloan
1/12	Marcus-Meriden-Cleghorn
1/15	@ Hinton*
1/19	@ Remsen-Union
1/22	@ Marcus-Meriden-Cleghorn*
1/26	Elk Point-Jefferson, SD
1/29	St. Mary's, Remsen*
2/5	@ Hartley-Melvin-Sanborn*
2/6	Alcester-Hudson, SD
2/9	Gehlen Catholic, LeMars*
2/12	West Sioux, Hawarden

ALBIA

Coach: Kevin Archer
 Conference: South Central
 Team Nickname: Blue Demons
 Returning Letterwinners:

2008-09 Overall Record: 14-10

11/30	Wayne, Corydon
12/4	Twin Cedars, Bussey
12/8	@ Fairfield
12/11	Chariton*
12/15	Moravia
12/17	Knoxville
12/18	Clarke, Osceola*
12/21	Grinnell
12/22	@ Winterset
1/5	Davis County, Bloomfield*
1/8	Eddyville-Blakesburg*
1/11	@ Moulton-Udell
1/15	Centerville*
1/18	North Mahaska, New Sharon
1/22	@ Chariton*
1/25	@ Saydel
1/29	@ Clarke, Osceola*
1/30	@ Knoxville
2/2	@ Davis County, Bloomfield*
2/5	@ Eddyville-Blakesburg*
2/9	@ Centerville*

ALBURNETT

Coach: Jeff Christopherson
 Conference: Tri-Rivers
 Team Nickname: Pirates
 Returning Letterwinners:
 Clint Francois
 Tyler McCreary
 Jordan Neighbor

2008-09 Overall Record:

12/4	North-Linn, Troy Mills*
12/7	@ Central City
12/8	@ Edgewood-Colesburg*
12/11	Maquoketa Valley, Delhi*
12/15	Monticello*
12/17	@ Don Bosco, Gilbertville
12/18	@ East Buchanan, Winthrop*
12/21	Center Point-Urbana
1/4	@ Lisbon
1/5	Starmont*
1/8	@ Springville*
1/9	@ North Cedar, Stanwood
1/12	Central City*
1/15	Cascade, Western Dubuque*
1/19	@ North-Linn, Troy Mills*
1/22	@ Maquoketa Valley, Delhi*
1/26	@ Monticello*
1/29	East Buchanan, Winthrop*
2/2	@ Starmont*
2/5	Springville*
2/9	@ Cascade, Western Dubuque*

*Indicates Conference Game

ALGONA

Coach: Noel McLaughlin
 Conference: North Central
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Brady Collision
 Collin Fett
 Michael McMahon
 Ryan McMahon
 Chad Rutledge

2008-09 Overall Record: 11-11

11/30 @ Charles City
 12/1 St. Edmond, Fort Dodge*
 12/4 @ Eagle Grove*
 12/8 Humboldt*
 12/11 @ Hampton-Dumont*
 12/15 @ Clarion-Goldfield*
 12/18 Iowa Falls-Alden*
 12/22 Bishop Garrigan, Algona*
 1/5 @ Clear Lake*
 1/8 @ Webster City*
 1/9 @ Garner-Hayfield
 1/15 Eagle Grove*
 1/19 @ St. Edmond, Fort Dodge*
 1/22 Hampton-Dumont*
 1/23 Forest City
 1/26 Clarion-Goldfield*
 1/29 @ Iowa Falls-Alden*
 2/2 @ Bishop Garrigan, Algona*
 2/5 Webster City*
 2/12 Clear Lake*
 2/18 @ Humboldt*

ALTA

Coach: Dean Lietz
 Conference: Northwest
 Team Nickname: Cyclones
 Returning Letterwinners:
 Ryan Friedrich

2008-09 Overall Record: 11-10

12/1 Sioux Central, Sioux Rapids*
 12/11 Aurelia*
 12/12 @ Woodbury Central, Merville
 12/15 @ Newell-Fonda*
 12/18 Lawton-Bronson
 1/5 St. Mary-Storm Lake*
 1/7 Pocahontas Area/Pomeroy-Palmer
 1/8 Laurens-Marathon*
 1/12 @ Sioux Central, Sioux Rapids*
 1/15 Galva-Holstein/Schaller-Crestland
 1/16 @ Rockwell City-Lytton
 1/19 Kingsley-Pierson
 1/22 @ Aurelia*
 1/23 @ Cherokee, Washington
 1/26 Newell-Fonda*
 1/28 @ Manson Northwest Webster
 2/2 @ St. Mary-Storm Lake*
 2/4 @ East Sac County
 2/5 @ Laurens-Marathon*
 2/9 @ Westwood, Sloan
 2/12 River Valley, Correctionville

AMES

Coach: Vance Downs
 Conference: CIML-Iowa
 Team Nickname: Little Cyclones
 Returning Letterwinners:

2008-09 Overall Record: 26-0

11/30 Urbandale @ Knapp Center
 12/4 Des Moines, Roosevelt

12/8 @ Dowling Catholic, West Des Moines
 12/11 @ Waukee*
 12/17 Waukegan, IL @ Hilton Coliseum
 12/18 Fort Dodge*
 1/5 @ Valley, West Des Moines*
 1/8 @ Marshalltown*
 1/9 @ Ankeny
 1/15 Waukee*
 1/16 @ Mason City*
 1/19 Des Moines, East
 1/22 @ Fort Dodge*
 1/26 @ Southeast Polk
 1/29 Valley, West Des Moines*
 2/2 Des Moines, Abraham Lincoln
 2/5 @ Marshalltown*
 2/6 Sx City, North @ Wells Fargo Arena*
 2/9 @ Indianola
 2/12 Mason City*
 2/16 @ Johnston
 2/19 Des Moines, Hoover

ANAMOSA

Coach: Wayne Lasack
 Conference: WaMaC
 Team Nickname: Blue Raiders
 Returning Letterwinners:

Dalton Ahrendsen
 Evan Buck
 Seth Koch
 Drew Scholtejans
 Jacob Schwaeglar
 Kurt Vauricek
 David Wilcox

2008-09 Overall Record: 1-21

12/1 Vinton-Shellsburg
 12/4 @ Benton, Van Horne
 12/8 West Delaware, Manchester*
 12/11 Beckman, Dyersville*
 12/12 @ Monticello
 12/15 @ Maquoketa*
 12/18 Solon*
 12/19 Cascade, Western Dubuque
 1/5 Central Clinton, DeWitt*
 1/8 @ Epworth, Western Dubuque*
 1/12 Mount Vernon*
 1/15 Beckman, Dyersville*
 1/19 @ West Delaware, Manchester*
 1/22 Williamsburg*
 1/26 Maquoketa*
 1/29 @ Mount Vernon*
 2/2 @ Solon*
 2/5 @ Central Clinton, DeWitt*
 2/9 Epworth, Western Dubuque*
 2/11 @ Maquoketa Valley, Delhi
 2/12 @ Independence*

ANDREW

Coach: Lorin Hammerand
 Conference: Big East
 Team Nickname: Hawks
 Returning Letterwinners:

2008-09 Overall Record:

11/30 @ East Central, Miles
 12/1 Wilton
 12/4 @ Marquette Tournament
 12/5 @ Marquette Tournament
 12/8 Preston
 12/15 @ Camanche*
 12/18 Northeast, Goose Lake*
 1/5 Olin
 1/8 @ Calamus-Wheatland*

1/9 Morning Star Academy
 1/12 Bellevue*
 1/15 @ Midland, Wyoming*
 1/16 @ Springfield
 1/19 @ Prince of Peace Prep, Clinton*
 1/22 Lisbon*
 1/26 East Central, Miles*
 1/29 Preston*
 2/2 @ Olin*
 2/5 Marquette Catholic, Bellevue*
 2/9 @ Bellevue
 2/12 @ Olin

ANKENY

Coach: John Petersen
 Conference: CIML-Central
 Team Nickname: Hawks
 Returning Letterwinners:

Trevor Egli
 Grant Lang
 Bryce Manning
 Cory Myers
 Ross Ryan
 Conner Schabel

2008-09 Overall Record: 7-15

12/1 Fort Dodge
 12/4 @ Valley, West Des Moines
 12/8 Des Moines, Hoover
 12/11 Johnston*
 12/15 @ Des Moines, North
 12/18 Indianola*
 1/5 @ Dowling Catholic, West Des Moines*
 1/8 Urbandale*
 1/9 Ames
 1/12 @ Southeast Polk*
 1/15 @ Johnston*
 1/19 @ Mason City
 1/22 @ Indianola*
 1/26 Des Moines, Abraham Lincoln
 1/29 Dowling Catholic, West Des Moines*
 2/2 @ Des Moines, East
 2/5 @ Urbandale*
 2/9 Marshalltown
 2/12 Southeast Polk*
 2/16 Ottumwa
 2/19 Des Moines, Roosevelt

ANKENY CHRISTIAN ACADEMY

Coach: Steve Olejniczak
 Conference: Rolling Hills
 Team Nickname: Eagles
 Returning Letterwinners:

Austin Alessio
 Jason Cameron
 Andy Harmsen
 Ben Howe
 John Kruse
 Issac Lopez
 Tim Olejniczak
 Joey Reed
 Jay Snyder

2008-09 Overall Record: 19-5

12/4 @ Elk Horn-Kimballton*
 12/8 @ Glidden-Ralston*
 12/10 Van Meter
 12/11 Adair-Casey*
 12/15 Walnut*
 12/18 @ Iowa Christian Academy*
 12/22 @ CAM, Anita*
 1/5 @ Orient-Macksburg*
 1/8 Paton-Churdan*

*Indicates Conference Game

1/12 @ Exira*
 1/15 Elk Horn-Kimballton*
 1/19 Glidden-Ralston*
 1/22 @ Adair-Casey*
 1/26 @ Walnut*
 1/29 Iowa Christian Academy*
 2/2 CAM, Anita*
 2/5 Orient-Macksburg*
 2/6 @Twin Cedars, Bussey
 2/9 @ Paton-Churdan*
 2/12 @ Prairie Valley, Gowrie

APLINGTON-PARKERSBURG

Coach: Aaron Thomas
 Conference: NICL East
 Team Nickname: Falcons
 Returning Letterwinners:
 Scott Becker
 Jimmy Clark
 Sam Cordes
 Alex Hornbuckle
 Lane Luhring
 Austin Ryan
 Coy Wiegmann

2008-09 Overall Record: 3-18
 11/30 North Butler, Greene
 12/1 East Marshall, LeGrand
 12/4 Hudson*
 12/8 @ Wapsie Valley, Fairbank*
 12/11 Jesup*
 12/15 @ Denver*
 12/18 @ Union, LaPorte City*
 12/22 Dike-New Hartford*
 1/5 @ Northern Univesity High, C. Falls*
 1/8 @ Hudson*
 1/12 Wapsie Valley, Fairbank*
 1/15 @ Jesup*
 1/16 AGWSR, Ackley
 1/19 Denver*
 1/22 Union, LaPorte City*
 1/23 @ BCLUW, Conrad
 1/26 West Marshall, State Center
 1/29 @ Dike-New Hartford*
 2/2 Northern University High, C. Falls*
 2/6 @ West Marshall, State Center
 2/8 Gladbrook-Reinbeck @ McLeod Center

AR-WE-VA, WESTSIDE

Coach: Tim Bell
 Conference: Western Valley
 Team Nickname: Rockets
 Returning Letterwinners:
 Derrick Cornelius
 Jeremy Ehlers
 Jared Kock
 Kyle Lenz
 Neil Liechtl
 Ryan Schurke

2008-09 Overall Record: 14-10
 12/1 @ Southern Cal, Lake City
 12/3 East Sac County
 12/4 @ West Harrison, Mondamin*
 12/8 Galva-Holstein/Schaller-Crestland
 12/11 Logan-Magnolia*
 12/18 Boyer Valley, Dunlap*
 12/19 Audubon
 1/5 @ Charter Oak-Ute*
 1/7 West Harrison, Mondamin
 1/12 Woodbine*
 1/15 @ West Monona, Onawa*
 1/19 @ IKM-Manning*

1/21 @ Boyer Valley, Dunlap
 1/22 Whiting*
 1/30 @ OA-BCIG
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/8 Glidden-Ralston
 2/9 Charter Oak-Ute

ARMSTRONG-RINGSTED

Coach: Kurt Fathergill
 Conference: Cornbelt
 Team Nickname: Mustangs
 Returning Letterwinners:
 Spencer Clausen
 Ethan Eisenbacher
 Tyler Fedderson
 Evan Hagebock
 Travis Hantelman
 Ethan Jensen
 Dylan Looft
 Craig Tigges
 Tyler Tonderum

2008-09 Overall Record:
 12/1 @ Ruthven-Ayrshire
 12/4 Clay Central-Everyly*
 12/7 @ Emmetsburg
 12/8 @ Harris-Lake Park*
 12/11 Graettinger-Terril*
 12/12 Estherville Lincoln Central
 12/18 Twin River Valley, Bode*
 1/5 Ruthven-Ayrshire*
 1/8 @ North Sentral Kossuth*
 1/12 @ Clay Central-Everyly*
 1/15 Woden-Crystal Lake-Titonka*
 1/19 Harris-Lake Park*
 1/21 @ Sioux Central, Sioux Rapids
 1/22 @ C-W-L, Corwith*
 1/25 North Iowa, Buffalo Center
 1/26 @ Graettinger-Terril*
 1/29 Ventura*
 1/30 North Sentral Kossuth*
 2/2 @ Laurens-Marathon
 2/5 @ West Bend-Mallard*
 2/13 @ Lake Mills

ASSUMPTION, DAVENPORT

Coach: Joe Barrer
 Conference: Mississippi Athletic
 Team Nickname: Knights
 Returning Letterwinners:
 John Blough
 Tommy Carroll
 Joe Daniel
 Trevor Fennelly
 Sean Finn
 Blake Schneden
 J.T. Vonderhaar

2008-09 Overall Record: 11-12
 12/4 Dubuque, Hempstead
 12/5 Cedar Rapids, Washington
 12/11 Clinton*
 12/12 Orion, IL
 12/15 @ Muscatine*
 12/18 Pleasant Valley*
 12/19 @ Iowa/Illinois Shoot-Out
 1/5 @ North Scott, Eldridge*
 1/8 @ Davenport, West*
 1/9 Iowa City, West
 1/12 @ Davenport, Central*

1/15 @ Burlington*
 1/22 @ Davenport, North*
 1/26 Bettendorf*
 1/29 @ Clinton*
 2/2 Muscatine*
 2/5 @ Pleasant Valley*
 2/9 North Scott, Eldridge*
 2/12 Davenport, West*
 2/16 Davenport, Central*
 2/19 Burlington*

ATLANTIC

Coach: Steve Blazek
 Conference: Hawkeye Ten
 Team Nickname: Trojans
 Returning Letterwinners:
 Chet McNeely
 Taylor Petersen

2008-09 Overall Record: 20-3
 12/1 Perry
 12/5 @ Lewis Central*
 12/8 Glenwood*
 12/11 Harlan*
 12/15 Creston*
 12/18 @ Kuemper Catholic, Carroll*
 12/22 Shenandoah*
 1/5 @ Clarinda*
 1/8 Red Oak*
 1/11 St. Albert, Council Bluffs
 1/12 @ Denison-Schleswig*
 1/15 Lewis Central*
 1/18 Council Bluffs, Abraham Lincoln
 1/22 @ Harlan*
 1/26 @ Creston*
 1/29 Kuemper Catholic, Carroll*
 2/5 Clarinda*
 2/9 @ Red Oak*
 2/12 Denison-Schleswig*
 2/16 @ Glenwood*

AUDUBON

Coach: Larry McNutt
 Conference: Western Iowa
 Team Nickname: Wheelers
 Returning Letterwinners:

2008-09 Overall Record: 3-16
 12/1 IKM-Manning
 12/8 Griswold*
 12/11 @ Treynor*
 12/15 Tri-Center, Neola*
 12/18 @ Missouri Valley*
 12/19 @ Ar-We-Va, Westside
 12/22 @ Southern Cal, Lake City
 1/5 Riverside, Oakland*
 1/8 Underwood*
 1/12 @ A-H-S-T, Avoca*
 1/15 Treynor*
 1/16 Panorama, Panora
 1/19 @ Tri-Center, Neola*
 1/22 Missouri Valley*
 1/26 @ Riverside*
 1/28 Villisca
 1/29 A-H-S-T, Avoca*
 2/2 @ Griswold*
 2/5 @ Underwood*
 2/9 @ IKM-Manning
 2/12 Guthrie Center

AURELIA

Coach: Grant Peckenschneider
 Conference: Northwest

*Indicates Conference Game

Team Nickname: Bulldogs
 Returning Letterwinners:
 Nick Hirschman
 2008-09 Overall Record: 4-15
 11/30 Galva Holstein/Schaller-Crestland
 12/4 Sioux Central, Sioux Rapids*
 12/8 Laurens-Marathon*
 12/11 @ Alta*
 12/12 Ruthven-Ayrshire
 12/17 @ Spalding Catholic, Granville
 12/18 St. Mary-Storm Lake*
 12/22 @ Charter Oak-Ute
 1/7 Whiting
 1/8 @ Newell-Fonda*
 1/12 @ Rockwell City-Lytton
 1/14 River Valley, Correctionville
 1/15 @ Sioux Central, Sioux Rapids*
 1/19 @ Laurens-Marathon*
 1/22 Alta*
 1/29 @ St. Mary-Storm Lake*
 2/4 @ Marcus-Meriden-Cleghorn
 2/5 Newell-Fonda*
 2/9 @ Clay Central-Everly

B-G-M, Brooklyn

Coach: J.R. Glenn
 Conference: SICL
 Team Nickname: Bears
 Returning Letterwinners:
 Greg Beatty
 John Beck
 Nick Beck
 Tyler Grier
 Jordan Hohensee
 Chase Kilmer
 Clayton King
 Sean Lastovka
 Tanner Meldrem
 John Roudabush
 Denzel VanSant

2008-09 Overall Record: 12-9
 12/1 Iowa Valley, Marengo*
 12/4 Belle Plaine*
 12/8 @ Tri-County, Thornburg*
 12/11 H-L-V, Victor*
 12/12 East Marshall, LeGrand
 12/14 North Mahaska, New Sharon*
 12/15 @ Meskwaki Settlement School
 12/18 Montezuma*
 12/22 @ English Valleys, North English*
 1/5 Sigourney*
 1/8 Lynnville-Sully*
 1/11 @ North Mahaska, New Sharon*
 1/12 @ Iowa Valley, Marengo*
 1/15 @ Belle Plaine*
 1/19 @ Keota*
 1/22 Tri-County, Thornburg*
 1/26 @ H-L-V, Victor*
 2/2 @ Montezuma*
 2/5 English Valleys, North English*
 2/8 @ Lynnville-Sully*
 2/9 @ Sigourney
 2/12 Keota*

BALLARD

Coach: Chris Deason
 Conference: Raccoon River
 Team Nickname: Bombers
 Returning Letterwinners:
 Matt Greenfield
 John Krause

Devin Leland
 Austin Seibert
 Austin Vier
 2008-09 Overall Record: 19-6
 12/1 Carlisle*
 12/4 @ Norwalk
 12/7 Pella Christian
 12/8 Winterset*
 12/11 @ Perry*
 12/18 Dallas Center-Grimes*
 12/19 @ Nevada
 1/5 @ Carroll*
 1/8 A-D-M, Adel*
 1/12 @ Boone*
 1/15 Saydel*
 1/19 @ Winterset*
 1/22 Perry*
 1/23 @ North Polk, Alleman
 1/29 @ Dallas Center-Grimes*
 2/2 @ A-D-M, Adel*
 2/5 Boone*
 2/9 Carroll*
 2/12 @ Saydel*
 2/16 @ Carlisle*
 2/18 Creston

BCLUW, CONRAD

Coach: Curt Paugh
 Conference: NICL-West
 Team Nickname: Comets
 Returning Letterwinners:
 Travis Barnes
 Luke Erbes
 Dustin Hammers
 Josh Hesper
 Tommy Kuhl
 Jordan Paglia
 Brandon Reinberg

2008-09 Overall Record:
 12/1 @ Dike-New Hartford*
 12/4 Gladbrook-Reinbeck*
 12/5 Hudson*
 12/8 South Hardin*
 12/12 @ Jesup*
 12/15 @ AGWSR, Ackley*
 12/18 West Marshall, State Center*
 12/22 East Marshall, LeGrand*
 1/5 Grundy Center*
 1/12 @ South Hardin*
 1/16 @ North Butler, Greene
 1/19 AGWSR, Ackley*
 1/22 @ West Marshall, State Center*
 1/23 Aplington-Parkersburg*
 1/26 @ Northern University High, C. Falls*
 1/29 @ East Marshall, LeGrand*
 2/2 @ Grundy Center*
 2/5 @ Gladbrook-Reinbeck*
 2/9 Conference Tournament@McLeod Center
 2/12 GMG, Garwin

BECKMAN, DYERSVILLE

Coach: Dan Correy
 Conference: WaMaC-East
 Team Nickname: Blazers
 Returning Letterwinners:
 Joe Ament
 Eric DeSousa
 Bennet Klottermann
 Todd Manternach
 Patrick Meude
 Blake Olberding

Elliot Salter
 Mark Stanley
 2008-09 Overall Record: 19-6
 12/1 Benton, Van Horne*
 12/4 @ Center Point-Urbana*
 12/8 Mount Vernon*
 12/11 Anamosa*
 12/12 @ Marquette
 12/15 @ Solon*
 12/18 Central Clinton, DeWitt*
 12/22 @ Epworth, Western Dubuque*
 1/5 @ Maquoketa*
 1/8 @ West Delaware, Manchester*
 1/9 @ Cascade, Western Dubuque
 1/15 @ Anamosa*
 1/19 @ Mount Vernon*
 1/22 Clear Creek-Amana*
 1/23 Maquoketa Valley, Delhi
 1/26 Solon*
 1/28 Epworth, Western Dubuque*
 2/2 @ Central Clinton, DeWitt*
 2/5 Maquoketa*
 2/9 @ West Delaware, Manchester*
 2/12 @ Vinton-Shellsburg*

BEDFORD

Coach: Kevin Blunt
 Conference: Pride of Iowa
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Alex Brown
 Nathan Clark
 Chris Lindenmeyer
 Dillon Moore
 Tim Schweitzer
 Ryley Thornton

2008-09 Overall Record: 17-6
 12/1 Riverside, Oakland
 12/4 Lenox*
 12/7 Villisca
 12/8 Corning*
 12/11 @ Mount Ayr*
 12/14 Clarke, Osceola
 12/15 East Union, Afton*
 12/18 Pleasantville*
 1/5 @ Lenox*
 1/8 @ Southeast Warren, Liberty Center*
 1/12 Nodaway Valley*
 1/15 @ Martensdale-St. Marys*
 1/19 @ Corning*
 1/22 @ Interstate-35, Truro*
 1/26 Mount Ayr*
 1/29 Central Decatur, Leon*
 1/30 Griswold
 2/2 @ East Union, Afton*
 2/5 Wayne, Corydon*
 2/8 @ Nodaway Valley*
 2/12 Stanton

BELLE PLAINE

Coach: Justin Northrop
 Conference: SICL
 Team Nickname: Plainsmen
 Returning Letterwinners:
 Keegan DeMeulenaere
 Ben Ehlen
 Chris Janss
 John Long
 Garrett Rollins
 Shawn Stewart

2008-09 Overall Record: 12-11

*Indicates Conference Game

11/30 @ North Tama, Traer
 12/1 @ North Mahaska, New Sharon
 12/4 B-G-M, Brooklyn*
 12/11 Montezuma*
 12/14 English Valleys, North English*
 12/15 Lynnville-Sully*
 12/18 Keota*
 12/21 @ Tri-County, Thornburg*
 1/5 Iowa Valley, Marengo*
 1/8 @ H-L-V, Victor*
 1/11 @ English Valleys, North English*
 1/12 North Mahaska, New Sharon*
 1/15 @ B-G-M, Brooklyn*
 1/18 @ Sigourney*
 1/26 @ Montezuma*
 1/29 @ Lynnville-Sully*
 2/2 @ Keota*
 2/5 @ Tri-County, Thornburg*
 2/8 H-L-V, Victor*
 2/9 @ Iowa Valley, Marengo*
 2/12 Sigourney*

BELLEVUE

Coach: Rick Casel
 Conference: Big East
 Team Nickname: Comets
 Returning Letterwinners:
 Tyler Ernst
 Ben Giesemann
 Bryan Jess
 Chase Junk
 Trevor Michels
 Zach Reed
 Al Weinschenk

2008-09 Overall Record: 8-13
 12/1 Prince of Peace Prep, Clinton
 12/4 Bi-State Tournament @ Galena, IL
 12/5 Bi-State Tournament @ East Dubuque, IL
 12/8 @ Midland, Wyoming
 12/12 North Cedar, Stanwood
 12/15 @ Calamus-Wheatland*
 12/18 @ East Central, Miles*
 12/19 @ Durant
 12/22 @ Northeast, Goose Lake
 1/5 East Central, Miles
 1/8 @ Preston*
 1/12 @ Andrew*
 1/15 Marquette Catholic, Bellevue*
 1/19 @ Camanche*
 1/22 Northeast, Goose Lake*
 1/26 @ Olin*
 1/29 Midland, Wyoming*
 2/2 @ Prince of Peace Prep, Clinton*
 2/5 Lisbon*
 2/6 Platteville, WI @ Loras
 2/9 Andrew

BELMOND-KLEMM

Coach: Jerry Lane
 Conference: North Iowa
 Team Nickname: Broncos
 Returning Letterwinners:
 Mike Bock
 Kris Erdman
 Josh Hildebrand
 Derek Kindwall
 Justin Meyer
 2008-09 Overall Record: 7-13
 12/5 Clarion-Goldfield
 12/8 North Iowa, Buffalo Center*
 12/11 @ Forest City*

@ Lake Mills* 1/8
 Newman Catholic, Mason City* 1/12
 Prairie Valley, Gowrie 1/15
 Ventura 1/19
 West Hancock, Britt* 1/22
 Osage* 1/23
 CAL, Latimer 1/26
 @ Southeast Webster-Grand, Burnside 1/29
 @ Garner-Hayfield* 2/2
 West Fork, Sheffield 2/5
 @ North Iowa, Buffalo Center* 2/9
 Forest City* 2/12
 Lake Mills* 2/16
 @ Newman Catholic, Mason City* 2/19
 @ West Hancock, Britt*
 @ Osage*
 Twin River Valley, Bode
 Garner-Hayfield*

BENTON, VAN HORNE

Coach: Larry Carlson
 Conference: WaMaC
 Team Nickname: Bobcats
 Returning Letterwinners:
 Brandon Andresen
 Robert Becker
 Dillon Franzenburg
 Mitch Lester
 Ben Thompson
 Zach Twedt

2008-09 Overall Record:
 12/1 @ Beckman, Dyersville*
 12/4 Anamosa*
 12/8 Vinton-Shellsburg*
 12/11 @ Center Point-Urbana*
 12/15 @ Columbus Catholic, Waterloo*
 12/18 @ Marion*
 12/19 Fairfield
 1/5 Clear Creek-Amana*
 1/8 @ Williamsburg*
 1/12 Independence*
 1/15 Center Point-Urbana*
 1/19 @ Vinton-Shellsburg*
 1/22 @ Solon*
 1/23 @ Union, LaPorte City
 1/26 Columbus Catholic, Waterloo*
 1/29 @ Independence*
 2/2 Marion*
 2/5 @ Clear Creek-Amana*
 2/9 Williamsburg*
 2/12 Central Clinton, DeWitt
 2/16 @ South Tama County, Tama

BETTENDORF

Coach: Kevin Skillett
 Conference: Mississippi Athletic
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Daniel Byrne
 Eric Lee
 Cam Lovich
 Jordan Sawyer
 Tanner Sortillo
 2008-09 Overall Record: 19-4
 12/4 @ Cedar Rapids, Washington
 12/5 Linn-Mar, Marion
 12/11 Davenport, West*
 12/15 @ Clinton*
 12/18 @ Davenport, North*
 1/5 Burlington*

1/8 @ North Scott, Eldridge*
 1/12 @ Pleasant Valley
 1/15 Davenport, Central*
 1/19 Iowa City, City High
 1/22 Muscatine*
 1/23 @ West Carroll, IL
 1/26 @ Assumption, Davenport*
 1/29 @ Davenport, West*
 2/2 Clinton*
 2/5 Davenport, North*
 2/9 @ Burlington*
 2/12 North Scott, Eldridge
 2/16 Pleasant Valley
 2/19 @ Davenport, Central*

BISHOP GARRIGAN, ALGONA

Coach: Roger Froehlich
 Conference: North Central
 Team Nickname: Golden Bears
 Returning Letterwinners:
 Brett Capesius
 Brandon Doughan
 Kevin Elbert
 Mark Garmen
 Dana Miller
 Austin Vaske
 2008-09 Overall Record: 12-11
 11/30 @ North Central Kossuth
 12/1 @ Humboldt*
 12/4 Iowa Falls-Alden*
 12/8 @ Clarion-Goldfield*
 12/11 Eagle Grove*
 12/14 @ Pocahontas Area/Pomeroy-Palmer
 12/15 Clear Lake*
 12/18 Webster City*
 12/22 @ Algona*
 1/5 St. Edmond, Fort Dodge*
 1/8 Hampton-Dumont*
 1/12 Clarion-Goldfield*
 1/15 @ Iowa Falls-Alden*
 1/19 Humboldt*
 1/22 @ Eagle Grove*
 1/26 @ Clear Lake*
 1/29 Webster City*
 1/30 Garner-Hayfield
 2/2 Algona*
 2/5 @ Hampton-Dumont*
 2/9 @ St. Edmond, Fort Dodge*

BISHOP HEELAN CATHOLIC, SIOUX CITY

Coach: Tom Betz
 Conference: Missouri River
 Team Nickname: Crusaders
 Returning Letterwinners:
 Alex Mallory
 Zach McCabe
 2008-09 Overall Record: 25-5
 12/4 South Sioux City, NE
 12/5 Sioux Center
 12/8 Council Bluffs, Abraham Lincoln*
 12/18 Sioux City, West*
 12/22 @ LeMars
 1/2 @ Sioux City, North*
 1/9 Unity Christian, Orange City
 1/11 @ Rock Valley
 1/12 Sergeant Bluff-Luton
 1/15 @ Council Bluffs, Thomas Jefferson*
 1/19 Sioux City, East*
 1/22 @ St. Paul Johnson, MN
 1/23 @ Osseo, MN
 1/26 @ Sioux City, West*

*Indicates Conference Game

1/30 @ Western Christian, Hull
 2/2 @ Skutt Catholic, Omaha, NE
 2/5 Sioux City, North*
 2/9 @ Sioux City, East*
 2/12 @ Hinton
 2/13 @ Council Bluffs, Abraham Lincoln*
 2/19 Council Bluffs, Thomas Jefferson*

BONDURANT-FARRAR

Coach: Randy Duffy
 Conference: Heart of Iowa-North
 Team Nickname: Bluejays
 Returning Letterwinners:
 Austin Ballard
 Shawn Burrows
 Colby Bycroft
 Nick George
 Blake Hale
 Logan Hamm
 Fred Koke
 Chris Norton
 Ryley Pruiseman

2008-09 Overall Record: 16-7

12/1 @ South Hamilton, Jewell*
 12/4 @ CMB*
 12/5 Woodward Academy @ Woodward-Granger
 12/8 @ Jefferson-Scranton*
 12/11 @ PCM, Monroe*
 12/15 @ Colfax-Mingo*
 12/18 Gilbert*
 12/19 @ Panorama, Panora
 12/22 @ Nevada*
 1/5 @ Roland-Story, Story City*
 1/8 Ogden*
 1/12 @ Colo-Nesco*
 1/16 Jefferson-Scranton*
 1/19 PCM, Monroe*
 1/22 CMB*
 1/26 @ Gilbert*
 1/29 Nevada*
 2/2 Roland-Story, Story City*
 2/5 @ Grandview Park Baptist, Des Moines*
 2/9 North Polk, Alleman*
 2/12 West Marshall, State Center
 2/16 Saydel

BOONE

Coach: Joel Danner
 Conference: Raccoon River
 Team Nickname: Toreadors
 Returning Letterwinners:
 Colby Bowers
 Joshua Cain
 Shane Kading
 Damon Moran

2008-09 Overall Record: 8-14

12/4 Perry*
 12/5 Ogden
 12/8 Saydel*
 12/11 A-D-M, Adel*
 12/15 @ Carroll*
 12/18 Winterset*
 12/22 @ Norwalk
 1/7 @ Newton
 1/8 @ Carlisle*
 1/12 Ballard*
 1/15 @ Dallas Center-Grimes*
 1/19 @ Saydel*
 1/22 @ A-D-M, Adel*
 1/26 Carroll*
 1/29 @ Winterset*

2/2 Carlisle*
 2/5 @ Ballard*
 2/9 Newton
 2/12 Dallas Center-Grimes*
 2/16 @ Perry*
 2/18 @ Nevada

BOYDEN-HULL

Coach: Bill Francis
 Conference: Siouxland
 Team Nickname: Comets
 Returning Letterwinners:

Bryce Marra
 Jordan Mouw
 Josh Mouw
 Adam Schaffer
 Jeff Van Den Top
 Josh Vander Maten
 Trenton Van Holland

2008-09 Overall Record: 15-9

11/30 Spirit Lake
 12/1 @ George-Little Rock*
 12/4 @ Sheldon
 12/8 Rock Valley*
 12/11 MOC-Floyd Valley*
 12/15 @ Sioux Center*
 12/18 @ West Lyon, Inwood*
 12/22 Central Lyon, Rock Rapids*
 1/5 @ Okoboji, Milford*
 1/8 @ Sibley-Ocheyedan*
 1/9 @ Spencer
 1/11 Remsen-Union
 1/15 George-Little Rock*
 1/19 Sheldon
 1/22 @ Rock Valley*
 1/26 @ MOC-Floyd Valley*
 1/29 Sioux Center*
 2/2 West Lyon, Inwood*
 2/5 @ Central Lyon*
 2/9 Okoboji, Milford*
 2/12 Sibley-Ocheyedan*

BOYER VALLEY, DUNLAP

Coach: Andy Armstead
 Conference: Western Valley
 Team Nickname: Bulldogs
 Returning Letterwinners:

Colton Behrendt
 Kyle Brosamle
 Adam Hadden
 Matt Hangan
 Nick Putnam
 Ryan Schaben

2008-09 Overall Record: 14-9

12/1 @ Missouri Valley
 12/4 @ Whiting*
 12/8 Maple Valley-Anthon-Oto
 12/11 West Harrison, Mondamin*
 12/12 @ A-H-S-T, Avoca
 12/15 @ Woodbine
 12/18 @ Ar-We-Va, Westside*
 1/8 Logan-Magnolia*
 1/12 @ Charter Oak-Ute*
 1/15 Woodbine*
 1/16 Lawton-Bronson
 1/19 West Monona, Onawa*
 1/21 Ar-We-Va, Westside
 1/22 @ IKM-Manning*
 1/25 Charter Oak-Ute
 1/29 @ River Valley, Correctionville
 2/1 @ Conference Tournament

2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament

BURLINGTON

Coach: Jeff Bloomer
 Conference: Mississippi Athletic
 Team Nickname: Grayhound
 Returning Letterwinners:

Drew Bentley
 Demarcus Chew
 Todd Glasgow
 Josh Osborn
 Sean Walding
 Jordan Webb

2008-09 Overall Record:

12/1 Keokuk
 12/4 @ Cedar Rapids, Kennedy
 12/8 Iowa City, City High
 12/11 @ Davenport, North*
 12/15 Davenport, Central*
 12/18 North Scott, Eldridge*
 12/19 @ Mount Pleasant
 1/5 @ Bettendorf*
 1/8 Muscatine*
 1/12 @ Davenport, West*
 1/15 Assumption, Davenport*
 1/19 @ Fort Madison
 1/22 Clinton*
 1/26 @ Pleasant Valley*
 1/29 Davenport, North*
 2/2 @ Davenport, Central*
 2/5 @ North Scott, Eldridge*
 2/9 Bettendorf*
 2/12 @ Muscatine*
 2/16 Davenport, West*
 2/19 @ Assumption, Davenport*

C-M-B, BAXTER

Coach: Mark McKenna
 Conference: Heart of Iowa-Large
 Team Nickname: Raiders
 Returning Letterwinners:

Dylan Hanson
 Ethan Schmidt
 Marcus Schmidt

2008-09 Overall Record: 3-19

12/1 @ Ogden*
 12/4 Bondurant-Farrar*
 12/8 @ Roland-Story, Story City*
 12/11 @ Nevada*
 12/12 Colfax-Mingo
 12/15 Gilbert*
 12/18 Jefferson-Scranton*
 12/19 Grandview Park Baptist, Des Moines
 12/22 @ PCM, Monroe*
 1/5 @ Colo-Nesco*
 1/8 Grandview Park Baptist, Des Moines
 1/15 Roland-Story, Story City*
 1/16 Nevada*
 1/19 @ Gilbert*
 1/22 @ Bondurant-Farrar*
 1/26 North Polk-Alleman*
 1/29 @ Jefferson-Scranton*
 2/2 PCM, Monroe*
 2/5 @ Colfax-Mingo*
 2/9 South Hamilton, Jewell*
 2/11 @ Woodward-Granger

CAL, LATIMER

Coach: Matt Delger

*Indicates Conference Game

Conference: Iowa Star 11/30
 Team Nickname: Cadets 12/1
 Returning Letterwinners: 12/4
 Justin Fitz 12/8
 Tyler Krabbe 12/11
 Brett Johnson 12/15
 Kyle Vanness 12/18
 2008-09 Overall Record: 4-17 12/22
 12/1 Waterloo Christian* 1/5
 12/3 @ Meskwaki Settlement School 1/8
 12/4 @ Don Bosco, Gilbertville* 1/9
 12/8 Northeast Hamilton, Blairsburg* 1/12
 12/11 GMG, Garwin* 1/15
 12/15 @ Tripoli* 1/19
 12/18 @ North Tama, Traer* 1/22
 12/22 Clarksville* 1/26
 1/5 @ Janesville* 1/29
 1/8 Dunkerton* 2/2
 1/9 @ Belmont-Klemme 2/5
 1/12 @ Waterloo Christian* 2/6
 1/15 Don Bosco, Gilbertville* 2/9
 1/19 @ Northeast Hamilton, Blairsburg*
 1/21 @ Rockford
 1/22 @ GMG, Garwin*
 1/26 Tripoli*
 1/29 North Tama, Traer*
 2/2 @ Clarksville*
 2/4 Northwood-Kensett
 2/5 Janesville*
 2/9 @ Dunkerton*

CALAMUS-WHEATLAND

Coach: Casey Korn
 Conference: Big East
 Team Nickname: Warriors
 Returning Letterwinners:
 Mitch Christensen
 Logan Goettsch
 Drew Jacobi
 Brian Kruse
 Alex Matzen
 Ryan Powers
 2008-09 Overall Record: 12-11 1/5
 12/1 Marquette Catholic, Bellevue 1/8
 12/4 Midland, Wyoming 1/12
 12/5 Northeast, Goose Lake 1/15
 12/8 Lisbon 1/16
 12/11 Prince of Peace Prep, Clinton 1/19
 12/12 @ East Central, Miles 1/22
 12/15 Bellevue* 1/23
 12/18 @ Midland, Wyoming* 1/26
 12/22 Preston 1/29
 1/8 Andrew* 2/2
 1/9 @ Tipton 2/5
 1/12 @ Lisbon* 2/9
 1/15 Camanche* 2/12
 1/19 East Central, Miles*
 1/22 @ Preston*
 1/26 @ Marquette Catholic, Bellevue*
 1/29 @ Prince of Peace Prep, Clinton*
 2/2 @ Northeast, Goose Lake*
 2/5 Olin*
 2/8 @ Wilton
 2/12 Central City

CAM, ANITA

Coach :Franklin Dea
 Conference: Rolling Hills
 Team Nickname: Cougars
 Returning Letterwinners:
 2008-09 Overall Record:

A-H-S-T, Avoca 12/3
 Elk Horn-Kimballton* 12/4
 Glidden-Ralston* 12/8
 @ Adair-Casey* 12/11
 @ Walnut* 12/15
 @ Paton-Churdan* 12/18
 Exira* 12/19
 Ankeny Christian Academy* 1/5
 @ Iowa Christian Academy* 1/7
 Orient-Macksburg* 1/8
 Nodaway Valley, Greenfield 1/12
 @ Elk Horn-Kimballton* 1/15
 @ Glidden-Ralston* 1/19
 Adair-Casey* 1/22
 Walnut* 1/26
 Paton-Churdan* 1/29
 @ Exira* 2/2
 @ Ankeny Christian Academy* 2/5
 Iowa Christian Academy* 2/9
 @ Griswold 2/12
 @ Orient-Macksburg*

CAMANCHE

Coach: Josh Davis
 Conference: Big East
 Team Nickname: Indians
 Returning Letterwinners:
 Codie Adams
 Brady Grell
 Brad Maxwell
 Taylor Roth
 Austin Stahl
 Tony Stoll
 Mike Sullens

2008-09 Overall Record: 6-15
 12/1 Preston
 12/4 River City Classic @ Clinton
 12/5 River City Classic @ Clinton
 12/8 @ East Central, Miles
 12/15 Andrew*
 12/18 Marquette Catholic, Bellevue*
 @ Prince of Peace Prep, Clinton
 @ Marquette Catholic, Bellevue
 Prince of Peace Prep, Clinton*
 Northeast, Goose Lake*
 @ Calamus-Wheatland*
 Tipton
 Bellevue*
 @ Midland, Wyoming*
 @ North Cedar, Stanwood
 @ Lisbon*
 Olin*
 East Central, Miles*
 @ Preston*
 @ Northeast, Goose Lake
 Durant

CARDINAL, ELDON

Coach: Kenny Hamm
 Conference: SEISC-South
 Team Nickname: Comets
 Returning Letterwinners:
 Raymond Booth
 Marcus Giltner
 Trevor Kayser
 Seth Moore
 Payton Rupe
 Matt Smith
 Tanner Thorne

2008-09 Overall Record: 6-16
 12/1 @ Van Buren, Keosauqua*

@ Pekin 12/3
 @ Notre Dame, Burlington* 12/4
 @ Holy Trinity Catholic, Fort Madison* 12/8
 West Burlington* 12/11
 @ New London* 12/15
 Harmony, Farmington* 12/18
 @ Maharishi, Fairfield* 12/19
 @ Central Lee, Donnellson*
 Moravia
 @ Danville*
 Van Buren, Keosauqua* 1/12
 Notre Dame, Burlington* 1/15
 Holy Trinity Catholic, Fort Madison* 1/19
 @ West Burlington* 1/22
 New London* 1/26
 @ Harmony, Farmington* 1/29
 Maharishi, Fairfield* 2/2
 Central Lee, Donnellson* 2/5
 Danville* 2/9
 @ Conference Shootout 2/12

CARLISLE

Coach: Dru McAnelly
 Conference: Raccoon River
 Team Nickname: Wildcats
 Returning Letterwinners:
 Brock Adams
 Derek Dunn
 Chase Farrell
 Max Grandgenett
 Matt Stickley
 Eric Yates

2008-09 Overall Record: 14-9
 12/1 @ Ballard*
 12/4 @ A-D-M, Adel*
 12/8 Perry*
 12/11 Grinnell
 12/15 Saydel*
 12/18 Carroll*
 1/5 @ Winterset*
 1/8 Boone*
 1/9 Pleasantville
 1/12 Dallas Center-Grimes*
 1/15 Woodward Academy
 1/16 @ Knoxville
 1/19 @ Perry*
 1/22 North Polk, Alleman
 1/23 Clarke, Osceola
 1/26 @ Saydel*
 1/29 @ Carroll*
 2/2 @ Boone*
 2/5 @ Dallas Center-Grimes*
 2/9 Winterset*
 2/12 A-D-M, Adel*
 2/16 Ballard*

CARROLL

Coach: Craig Douma
 Conference: Raccoon River
 Team Nickname: Tigers
 Returning Letterwinners:
 Brian Gossett
 Blake Haluska
 Jordan Holdsworth
 Casey Kasperbauer
 Taylor Ostrich
 Tim O'Tool

2008-09 Overall Record: 22-4
 12/1 Kuemper Catholic, Carroll
 12/4 @ Saydel*
 12/8 A-D-M, Adel*

*Indicates Conference Game

12/11 @ Winterset* 1/30
 12/15 Boone* 2/2
 12/18 @ Carlisle* 2/5
 1/5 Ballard* 2/6
 1/8 @ Dallas Center-Grimes* 2/9
 1/9 Jefferson-Scranton 2/12
 1/15 @ Perry* 2/16
 1/16 Saydel* 2/18
 1/19 @ A-D-M, Adel*
 1/22 Winterset*
 1/26 @ Boone*
 1/29 Carlisle*
 2/2 Dallas Center-Grimes*
 2/9 @ Ballard*
 2/12 Perry*
 2/16 @ Denison-Schleswig
 2/19 @ Council Bluffs, Abraham Lincoln

CASCADE, WESTERN DUBUQUE

Coach: Al Marshall
 Conference: Tri-Rivers
 Team Nickname: Cougars
 Returning Letterwinners:
 Jake Green
 Alex Junk
 Conner Redmond
 Stephen Reiter
 Ryan Rogers
 Regan Takes
 2008-09 Overall Record: 19-5
 12/4 Monticello*
 12/5 @ Epworth, Western Dubuque
 12/8 @ Maquoketa Valley, Delhi*
 12/11 @ East Buchanan, Winthrop*
 12/15 North-Linn, Troy Mills*
 12/18 Springfield*
 12/19 @ Anamosa
 1/5 @ Central City*
 1/8 Starmont*
 1/9 Beckman, Dyersville
 1/12 Edgewood-Colesburg*
 1/15 @ Alburnett*
 1/19 @ Monticello*
 1/22 East Buchanan, Winthrop*
 1/26 @ North-Linn, Troy Mills*
 1/29 @ Springfield*
 2/2 Central City*
 2/5 @ Starmont*
 2/9 Alburnett*

CEDAR FALLS

Coach: Tom Bardal
 Conference: Mississippi Valley
 Team Nickname: Tigers
 Returning Letterwinners:
 Matt Glenn
 James Harrington
 Andrew Wirth
 2008-09 Overall Record: 14-7
 12/1 Waverly-Shell Rock @ Wartburg College
 12/5 @ Decorah
 12/11 @ Wahlert, Dubuque*
 12/15 Cedar Rapids, Washington*
 12/18 @ Waterloo, East*
 1/5 Xavier, Cedar Rapids*
 1/8 Waterloo, West*
 1/12 @ Cedar Rapids, Jefferson*
 1/15 @ Dubuque, Senior*
 1/22 Iowa City, City High*
 1/26 Dubuque, Hempstead*
 1/29 @ Waterloo, West*

Mason City 2/16 @ Linn-Mar, Marion*
 @ Cedar Rapids, Kennedy* 2/18 @ Wahlert, Dubuque*
 Dubuque, Senior*
 @ Union, LaPorte City
 @ Iowa City, West*
 Waterloo, East*
 Prairie, Cedar Rapids*
 @ Linn-Mar, Marion*

CEDAR RAPIDS, JEFFERSON

Coach: Stuart Ordman
 Conference: Mississippi Valley
 Team Nickname: J-hawks
 Returning Letterwinners:
 Teyshawn Campbell
 Joby Frey
 Taylor Olson
 Jarrod Uthoff
 2008-09 Overall Record: 12-11
 12/1 @ Clinton
 12/8 @ Waterloo, West
 12/11 Xavier, Cedar Rapids*
 12/12 Marion
 12/15 @ Dubuque, Senior*
 12/18 Cedar Rapids, Washington*
 1/5 @ Iowa City, City High*
 1/8 @ Cedar Rapids, Kennedy*
 1/9 @ Davenport, North
 1/12 Cedar Falls*
 1/15 @ Prairie, Cedar Rapids*
 1/19 Davenport, Central
 1/22 @ Waterloo, East*
 1/26 Waterloo, West*
 1/29 Cedar Rapids, Kennedy*
 2/2 @ Dubuque, Hempstead*
 2/5 @ Cedar Rapids, Washington*
 2/9 Linn-Mar, Marion*
 2/13 Prairie, Cedar Rapids*
 2/16 Wahlert, Dubuque*
 2/18 @ Iowa City, West*

CEDAR RAPIDS, KENNEDY

Coach: Bob Fontana
 Conference: Mississippi Valley
 Team Nickname: Cougars
 Returning Letterwinners:
 Austin Christensen
 Spencer Fontana
 Christian French
 Kyle Lamaak
 Max Martino
 Jake Misener
 2008-09 Overall Record: 21-2
 12/4 Burlington
 12/5 @ Marion
 12/11 Prairie, Cedar Rapids*
 12/15 @ Iowa City, City High*
 12/18 Sioux City, North
 12/22 Xavier, Cedar Rapids*
 1/5 Dubuque, Hempstead*
 1/8 Cedar Rapids, Jefferson*
 1/12 Iowa City, West*
 1/15 @ Cedar Rapids, Washington*
 1/22 @ Dubuque, Senior*
 1/26 Waterloo, East*
 1/29 @ Cedar Rapids, Jefferson*
 2/2 Cedar Falls*
 2/5 @ Xavier, Cedar Rapids*
 2/6 @ West Delaware, Manchester
 2/9 @ Waterloo, West*
 2/12 Cedar Rapids, Washington*

CEDAR RAPIDS, WASHINGTON

Coach: Brad Metzger
 Conference: Mississippi Valley
 Team Nickname: Warriors
 Returning Letterwinners:
 Shey Gutman
 Josh Oglesby
 2008-09 Overall Record: 16-7
 12/4 Bettendorf
 12/5 @ Assumption, Davenport
 12/8 Davenport, West
 12/10 Waterloo, East*
 12/15 @ Cedar Falls*
 12/18 @ Cedar Rapids, Jefferson*
 1/5 @ Wahlert, Dubuque*
 1/8 Iowa City, City High*
 1/9 @ Newton
 1/12 @ Dubuque, Hempstead*
 1/15 Cedar Rapids, Kennedy*
 1/22 Linn-Mar, Marion*
 1/26 Dubuque, Senior*
 1/29 @ Iowa City, City High*
 2/2 @ Prairie, Cedar Rapids*
 2/5 Cedar Rapids, Jefferson*
 2/9 @ Xavier, Cedar Rapids*
 2/12 @ Cedar Rapids, Kennedy*
 2/16 Iowa City, West*
 2/18 Waterloo, West*

CENTER POINT-URBANA

Coach: K.C. Tupa
 Conference: WaMaC
 Team Nickname: Stormin Pointers
 Returning Letterwinners:
 Nathan Becker
 Connor Gifford
 Zach Kulish
 Ryan Mixdorf
 Dylan Ramsey
 Curtis Sieck
 2008-09 Overall Record: 6-18
 12/1 @ Maquoketa*
 12/4 Beckman, Dyersville*
 12/8 Independence*
 12/11 Benton, Van Horne*
 12/15 @ Marion*
 12/18 Clear Creek-Amana*
 12/19 Maquoketa Valley, Delhi
 12/21 @ Alburnett
 1/5 @ Columbus Catholic, Waterloo*
 1/8 Vinton-Shellsburg*
 1/12 Williamsburg*
 1/15 @ Benton, Van Horne*
 1/19 @ Independence*
 1/22 @ Epworth, Western Dubuque*
 1/26 Marion*
 1/29 @ Williamsburg*
 2/2 @ Clear Creek-Amana*
 2/5 Columbus Catholic, Waterloo*
 2/9 @ Vinton-Shellsburg*
 2/11 @ Union, LaPorte City
 2/12 Mount Vernon*

CENTERVILLE

Coach: Matt Kruzich
 Conference: South Central
 Team Nickname: Big Reds
 Returning Letterwinners:

*Indicates Conference Game

Thaler Carter 12/1
 Zac Cowen 12/4
 Tyler Gray 12/5
 Conner Kirkpatrick 12/8
 Tanner Susin 12/11
 2008-09 Overall Record: 10-12
 11/30 Fort Madison 12/18
 12/3 Ottumwa 1/5
 12/8 @ Putnam County, MO 1/8
 12/11 Davis County, Bloomfield* 1/12
 12/14 Scotland County, MO 1/19
 12/17 @ Eddyville-Blakesburg* 1/22
 12/22 Mount Pleasant 1/26
 1/5 @ Clarke, Osceola* 1/29
 1/8 Chariton* 1/30
 1/12 @ Pella Christian 2/2
 1/15 @ Albia* 2/5
 1/22 @ Davis County, Bloomfield 2/6
 1/26 @ Moulton-Udell 2/9
 1/29 Eddyville-Blakesburg* 2/11
 2/1 @ Oskaloosa 2/16
 2/5 @ Chariton*
 2/6 @ Kirksville, MO
 2/11 Albia*
 2/12 Clarke, Osceola*
 2/16 Pella
 2/19 @ Fairfield

CENTRAL CITY

Coach: Matt Uthoff
 Conference: Tri Rivers
 Team Nickname: Wildcats
 Returning Letterwinners:
 Jacob Elden
 Mason Nielsen
 Ryan Oberhauser
 John Rochford
 Jeffrey Stevens
 2008-09 Overall Record: 18-6
 12/4 Edgewood-Colesburg* 12/21
 12/7 Alburnett 1/5
 12/8 @ Springfield* 1/8
 12/11 Starmont* 1/9
 12/15 East Buchanan, Winthrop* 1/12
 12/18 @ Monticello* 1/15
 1/4 Olin 1/19
 1/5 Cascade, Western Dubuque* 1/22
 1/8 @ North-Linn, Troy Mills* 1/26
 1/9 Springfield 1/29
 1/12 @ Alburnett* 2/2
 1/15 Maquoketa Valley, Delhi* 2/5
 1/19 @ Edgewood-Colesburg* 2/8
 1/22 @ Starmont* 2/9
 1/26 @ East Buchanan, Winthrop*
 1/29 Monticello*
 2/2 @ Cascade, Western Dubuque*
 2/5 North-Linn, Troy Mills*
 2/6 Midland, Wyoming
 2/9 @ Maquoketa Valley, Delhi*
 2/12 @ Calamus-Wheatland

CENTRAL CLINTON, DEWITT

Coach: Jeff Frick
 Conference: WaMaC
 Team Nickname: Sabers
 Returning Letterwinners:
 Scott Burke
 Patrick Burmester
 Brennan Ketelsen
 Tyler Smith
 2008-09 Overall Record: 13-9

Marion* 12/18
 Williamsburg* 12/19
 @ Pleasant Valley 1/5
 @ Maquoketa* 1/8
 Epworth, Western Dubuque* 1/12
 @ Mount Vernon* 1/15
 @ Beckman, Dyersville* 1/19
 @ Anamosa* 1/22
 Solon* 1/26
 West Delaware, Manchester* 1/29
 Maquoketa* 2/2
 Independence* 2/5
 Mount Vernon* 2/6
 @ West Delaware, Manchester* 2/9
 Northeast, Goose Lake 2/12
 Beckman, Dyersville*
 Anamosa*
 North Scott, Eldridge
 @ Solon*
 @ Benton, Van Horne*
 @ Epworth, Western Dubuque*

CENTRAL DECATUR, LEON

Coach: Zach Clark
 Conference: Pride of Iowa
 Team Nickname: Cardinals
 Returning Letterwinners:
 Andy Akers
 Devin Brines
 Brent Kline
 Preston Pedersen
 2008-09 Overall Record: 13-9
 11/30 Moulton-Udell
 12/1 Clarke, Osceola
 12/4 @ Pleasantville*
 12/8 Interstate 35, Truro*
 12/11 @ Southeast Warren, Liberty Center*
 12/15 Martensdale-St. Marys*
 12/18 @ Lenox*
 12/21 @ Mormon Trail, Garden Grove
 1/5 @ Wayne, Corydon*
 1/8 East Union, Afton*
 1/9 Davis County, Bloomfield
 1/12 Pleasantville*
 1/15 Mount Ayr*
 1/19 @ Interstate 35, Truro*
 1/22 Nodaway Valley*
 1/26 Southeast Warren, Liberty Center*
 1/29 @ Bedford*
 2/2 @ Martensdale-St. Marys*
 2/5 @ Corning*
 2/8 @ Lamoni
 2/9 Wayne, Corydon*

CENTRAL LEE, DONNELLSON

Coach: Clay Vass
 Conference: SEISC-South
 Team Nickname: Hawks
 Returning Letterwinners:
 Jordan Hawk
 Lance Kremer
 Sam Miller
 Spencer Peterson
 Brad Vogel
 2008-09 Overall Record: 21-5
 12/1 New London*
 12/4 Maharishi, Fairfield*
 12/8 @ Danville*
 12/11 @ Harmony, Farmington*
 12/12 @ Mount Pleasant
 12/15 Holy Trinity Catholic, Fort Madison*

@ Van Buren, Keosauqua*
 Notre Dame, Burlington*
 Cardinal, Eldon*
 West Burlington*
 @ New London*
 @ Maharishi, Fairfield
 Danville*
 Harmony, Farmington*
 @ Holy Trinity Catholic, Fort Madison*
 Van Buren, Keosauqua*
 @ Notre Dame, Burlington*
 @ Cardinal, Eldon*
 @ KHQS Shoot-out
 @ West Burlington*
 @ Conference Shoot-out

CENTRAL LYON, ROCK RAPIDS

Coach: Shawn De Stigler
 Conference: Siouxland
 Team Nickname: Lions
 Returning Letterwinners:
 Jordan Acevedo
 David Blackburn
 Clayton Busch
 Hunter Sieperda
 2008-09 Overall Record: 1-20
 12/1 @ Sheldon*
 12/4 @ Rock Valley*
 12/8 MOC-Floyd Valley*
 12/11 Sioux Center*
 12/14 @ Ellsworth, MN
 12/15 @ West Lyon, Inwood*
 12/18 Okoboji, Milford*
 12/22 @ Boyden-Hull*
 1/5 Sibley-Ocheyedan*
 1/8 @ George-Little Rock*
 1/9 LuVerne, MN
 1/11 Hills Beaver Creek, MN
 1/15 Sheldon*
 1/19 Rock Valley*
 1/22 @ MOC-Floyd Valley*
 1/26 @ Sioux Center*
 1/29 West Lyon, Inwood*
 2/2 @ Okoboji, Milford*
 2/5 Boyden-Hull*
 2/9 @ Sibley-Ocheyedan*
 2/12 George-Little Rock*

CENTRAL SPRINGS

Coach: Phil Perry
 Conference: Corn Bowl
 Team Nickname: Panthers
 Returning Letterwinners:
 Ty Hedegard
 Dakota Martin
 Jason Walker
 2008-09 Overall Record: 13-6
 12/1 Lake Mills
 12/3 @ West Hancock, Britt
 12/8 Rockford*
 12/11 @ West Fork, Sheffield*
 12/15 @ North Butler, Greene*
 12/17 North Iowa, Buffalo Center
 12/18 Nashua-Plainfield*
 12/19 @ Garner-Hayfield
 1/8 Riceville*
 1/9 @ Newman Catholic, Mason City
 1/12 @ Saint Ansgar*
 1/15 Northwood-Kensett*
 1/19 West Fork, Sheffield*
 1/22 @ Rockford*

*Indicates Conference Game

1/23 @ Osage
 1/26 North Butler, Greene*
 1/29 @ Nashua-Plainfield*
 2/2 Saint Ansgar*
 2/4 @ Ventura
 2/5 @ Riceville*
 2/9 @ Northwood-Kensett*

CENTRAL, ELKADER

Coach: Scott Denner
 Conference: Upper Iowa
 Team Nickname: Warriors
 Returning Letterwinners:

Matt Backes
 Zach Ingles
 Keaton Juergens
 Sheldon Stender
 Jake Sylvester
 Tyler Sylvester
 Tanner Wenger

2008-09 Overall Record: 7-13

11/30 @ Edgewood-Colesburg
 12/4 @ Turkey Valley, Jackson Junction*
 12/8 South Winneshiek, Calmar*
 12/11 West Central, Maynard*
 12/12 Don Bosco, Gilbertville
 12/14 Dunkerton
 12/18 @ Valley Community, Elgin*
 12/19 @ Tipton
 1/5 @ Kee, Lansing*
 1/8 @ Sumner-Fredericksburg*
 1/12 Postville*
 1/15 @ Clayton Ridge, Guttenberg
 1/19 MFL MarMac*
 1/22 Valley Community, Elgin*
 1/26 Sumner-Fredericksburg*
 1/29 Kee, Lansing*
 1/30 North-Linn, Troy Mills
 2/2 @ North Fayette, West Union*
 2/5 @ Postville*
 2/9 Clayton Ridge, Guttenberg*
 2/12 @ MFL MarMac*

CHARITON

Coach: Tim Milledge
 Conference: South Central
 Team Nickname: Chargers
 Returning Letterwinners:

Wucely Anderson
 Patrick Lahart
 Cody McCullough
 Drew Reynolds
 Dakota Sells

2008-09 Overall Record: 9-13

12/1 @ Interstate 35, Truro
 12/3 @ Pleasantville
 12/7 @ PCM, Monroe
 12/11 Albia*
 12/12 @ Melcher-Dallas
 12/18 @ Davis County, Bloomfield*
 12/21 Knoxville
 1/5 Eddyville-Blakesburg*
 1/7 Wayne, Corydon
 1/8 @ Centerville*
 1/15 Clarke, Osceola*
 1/16 @ Grinnell
 1/22 @ Albia*
 1/29 Davis County, Bloomfield*
 1/30 Des Moines Christian
 2/2 @ Eddyville-Blakesburg*
 2/5 Centerville*

2/8 @ Newton
 2/9 @ Fairfield
 2/15 @ Oskaloosa
 2/19 @ Clarke, Osceola*

CHARLES CITY

Coach: Todd Forsyth
 Conference: NEIC
 Team Nickname: Comets
 Returning Letterwinners:

Nathan Buss
 Justin Debower
 Derek Schlader
 Garrett Vanderwerf
 Jordan Vanderwerf

2008-09 Overall Record: 15-7

11/30 Algona
 12/5 @ Mason City
 12/8 Waukon
 12/12 @ Grundy Center
 12/15 Crestwood, Cresco
 12/18 Decorah
 12/19 Saint Ansgar
 12/22 @ Waverly-Shell Rock
 1/2 @ Garner-Hayfield
 1/8 @ Oelwein
 1/12 @ Osage
 1/15 @ New Hampton
 1/16 Forest City
 1/22 @ Decorah
 1/29 @ Waukon
 2/2 @ Crestwood, Cresco
 2/5 Waverly-Shell Rock
 2/6 Nashua-Plainfield
 2/9 Oelwein
 2/12 New Hampton
 2/13 @ Clear Lake

CHARTER OAK-UTE

Coach: Jimmy Staley
 Conference: Western Valley
 Team Nickname: Bobcats
 Returning Letterwinners:

Andrew Kunze
 Marcus Steffen
 Nolan Stanley
 Jerod Thies

2008-09 Overall Record: 10-13

11/30 @ West Monona, Onawa
 12/4 @ IKM-Manning*
 12/7 @ Maple Valley-Anthon-Oto
 12/8 Woodbine
 12/11 Whiting*
 12/15 West Harrison, Mondamin
 12/18 @ Logan-Magnolia*
 12/22 Aurelia
 1/5 Ar-We-Va, Westside*
 @ West Harrison, Mondamin*
 Boyer Valley, Dunlap*
 @ Lawton-Bronson
 Westwood, Sloan
 @ Woodbine*
 West Monona, Onawa*
 @ Boyer Valley, Dunlap
 @ Conference Tournament
 @ Conference Tournament
 @ Conference Tournament
 @ Conference Tournament
 @ Ar-We-Va, Westside

CHEROKEE, WASHINGTON

Coach: Bob Lee
 Conference: Lakes
 Team Nickname: Braves
 Returning Letterwinners:

2008-09 Overall Record:
 12/1 @ Storm Lake*
 12/3 Manson Northwest Webster
 12/5 @ Sergeant Bluff-Luton
 12/8 @ Emmetsburg*
 12/11 Spencer*
 12/12 @ Galva-Holstein/Schaller-Crestland
 12/15 Western Christian, Hull*
 12/18 @ Spirit Lake*
 1/5 @ Estherville Lincoln Center*
 1/7 @ Sioux City, East
 1/8 LeMars*
 1/11 OA-BCIG
 1/15 Storm Lake*
 1/16 @ South O'Brien, Paulina
 1/19 Emmetsburg*
 1/22 @ Spencer*
 1/23 Alta
 1/26 @ Western Christian, Hull*
 1/29 Spirit Lake*
 2/2 Estherville Lincoln Central*
 2/5 @ LeMars*

CLARINDA

Coach: Van Gilmore
 Conference: Hawkeye Ten
 Team Nickname: Cardinals
 Returning Letterwinners:

2008-09 Overall Record: 23-6
 12/1 @ Nodaway Valley, Greenfield
 12/4 @ Creston*
 12/8 @ Red Oak*
 12/11 Denison-Schleswig*
 12/15 @ Lewis Central*
 12/18 Glenwood*
 12/22 @ Harlan*
 1/5 Atlantic*
 1/8 @ Kuemper Catholic, Carroll*
 1/12 @ Shenandoah*
 1/15 Creston*
 1/19 Red Oak*
 1/22 @ Denison-Schleswig*
 1/26 Lewis Central*
 1/29 @ Glenwood*
 1/30 Corning
 2/2 Harlan*
 2/5 @ Atlantic*
 2/8 @ Maryville, MO
 2/9 Kuemper Catholic, Carroll*
 2/12 Shenandoah*

CLARINDA ACADEMY

Coach: Dane Byerly
 Conference: Corner
 Team Nickname: Eagles
 Returning Letterwinners:

2008-09 Overall Record: 14-9
 12/8 Villisca*
 12/11 @ South Page, College Springs*
 12/15 @ Stanton*
 12/17 @ Tri-Center, Neola
 12/18 Essex*
 12/19 @ Woodward Academy
 1/8 @ Farragut*
 1/12 @ Sidney*
 1/15 Hamburg*

*Indicates Conference Game

1/16-1/23 @ Conference Tournament
 1/25 @ Mount Ayr
 1/26 @ Fremont-Mills, Tabor*
 1/28 @ Stanton
 1/29 East Mills*
 1/30 Woodward Academy
 2/2 North Nodaway, MO
 2/6 @ Orient-Macksburg
 2/8 @ Villisca
 2/9 @ Clarke, Osceola

CLARION-GOLDFIELD

Coach: Brandon Lantzky
 Conference: North Central
 Team Nickname: Cowboys
 Returning Letterwinners:

Karl Ahrendson
 Dominic Brandt
 Joseph Gangestad
 Connor Kem
 Evan Murphy
 Corey O'Connor
 Agbeze Onuma
 Wyatt Samm

2008-09 Overall Record:

12/1 @ Clear Lake*
 12/4 Webster City*
 12/5 @ Belmont-Klemme
 12/8 Bishop Garrigan, Algona*
 12/11 @ St. Edmond, Fort Dodge*
 12/15 Algona*
 12/18 @ Hampton-Dumont*
 12/22 Humboldt*
 1/5 @ Eagle Grove*
 1/8 Iowa Falls-Alden*
 1/9 West Hancock, Britt
 1/12 @ Bishop Garrigan, Algona*
 1/15 @ Webster City*
 1/16 @ Woden-Crystal Lake-Titonka
 1/19 Clear Lake*
 1/22 St. Edmond, Fort Dodge*
 1/26 @ Algona*
 1/29 Hampton-Dumont*
 2/2 @ Humboldt*
 2/5 @ Iowa Falls-Alden*
 2/9 Eagle Grove*

CLARKE, OSCEOLA

Coach: Jim Smith
 Conference: South Central
 Team Nickname: Indians
 Returning Letterwinners:

Ian Compton
 Jason Ehrhardt
 Mike Kalk
 Joe Lampe
 Matt Mason

2008-09 Overall Record: 5-16

12/1 @ Central Decatur, Leon
 12/11 Eddyville-Blakesburg*
 12/14 @ Bedford
 12/18 @ Albia*
 12/22 Van Meter
 1/5 Centerville*
 1/8 Davis County, Bloomfield*
 1/15 @ Chariton*
 1/22 @ Eddyville-Blakesburg*
 1/23 @ Carlisle
 1/25 Pleasantville
 1/29 Albia*
 2/2 Lamoni

2/5 @ Davis County, Bloomfield*
 2/6 @Winterset
 2/9 Clarinda Academy
 2/11 @ Interstate 35, Truro
 2/12 @ Centerville*
 2/19 Chariton*

CLARKSVILLE

Coach: Tom Clark
 Conference: Iowa Star
 Team Nickname: Indians
 Returning Letterwinners:

Logan Faust
 Hunter Gray
 Scott Hemper
 Jeff Ranford
 Nick Wessels

2008-09 Overall Record: 0-22

11/30 @ Rockford
 12/1 Tripoli*
 12/4 @ GMG, Garwin*
 12/8 Don Bosco, Gilbertville*
 12/11 @ Dunkerton*
 12/12 @ Meskwaki Settlement School
 12/15 Janesville*
 12/18 Waterloo Christian*
 12/22 @ CAL, Latimer*
 1/5 Northeast Hamilton, Blairsburg*
 1/8 @ North Tama, Traer*
 1/9 Riceville
 1/12 @ Tripoli*
 1/15 GMG, Garwin*
 1/19 @ Don Bosco, Gilbertville*
 1/22 Dunkerton*
 1/26 @ Janesville*
 1/29 @ Waterloo Christian*
 2/2 CAL, Latimer*
 2/5 @ Northeast Hamilton, Blairsburg*
 2/9 North Tama, Traer*

CLAY CENTRAL-EVERLY

Coach: Gordie Jorgensen
 Conference: Corn Belt
 Team Nickname: Mavericks
 Returning Letterwinners:

Aaron Berberich
 Nate Drees
 Austin Klet
 Caleb Mackey

2008-09 Overall Record:

12/1 @ Hartley-Melvin-Sanborn
 12/3 St. Mary-Storm Lake
 12/4 @ Armstrong-Ringsted*
 12/8 @ Graettinger-Terril*
 12/11 Ruthven-Ayrshire*
 12/12 @ South O'Brien, Paullina
 12/15 @ Harris-Lake Park*
 12/18 Ventura*
 1/8 @ C-W-L, Corwith*
 1/12 Armstrong-Ringsted*
 1/15 West Bend-Mallard*
 1/16 Hartley-Melvin-Sanborn
 1/19 Graettinger-Terril*
 1/22 @ North Sentral Kossuth*
 1/26 @ Ruthven-Ayrshire*
 1/29 Twin River Valley, Bode*
 2/2 @ Harris-Lake Park*
 2/4 Spalding Catholic, Granville*
 2/5 @ Woden-Crystal Lake-Titonka*
 2/9 Aurelia
 2/12 @ Sioux Central, Sioux Rapids

CLAYTON RIDGE, GUTTENBERG

Coach: Chad Connelly
 Conference: Upper Iowa
 Team Nickname: Eagles
 Returning Letterwinners:

Bronson Dullin
 Mitchell Giawe
 Dakota Schroyer
 Lee Smith
 Tyler Vifian

2008-09 Overall Record: 8-14

12/1 Maquoketa Valley, Delhi
 12/4-5 @ Marquette Tournament
 12/8 @ Sumner-Fredericksburg*
 12/11 @ Kee, Lansing*
 12/15 North Fayette, West Union*
 12/19 Postville*
 12/22 @ MFL MarMac*
 1/5 South Winneshiek, Calmar*
 1/8 @ Turkey Valley, Jackson Junction*
 1/12 West Central, Maynard*
 1/15 Central, Elkader*
 1/16 North Cedar, Stanwood
 1/19 @ Valley Community, Elgin*
 1/26 @ South Winneshiek, Calmar*
 1/29 Turkey Valley, Jackson Junction*
 2/2 @ West Central, Maynard*
 2/5 MFL MarMac*
 2/9 @ Central, Elkader*
 2/11 Edgewood-Colesburg
 2/12 Valley Community, Elgin*

CLEAR CREEK-AMANA

Coach: Steve Ottosen
 Conference: WaMaC
 Team Nickname: Clippers
 Returning Letterwinners:

Kevin Delzeu
 Drew Disterhoft
 Nile Eckermann
 Ted Hergert
 Aaron Knaack

2008-09 Overall Record: 11-11

12/1 @ Mount Vernon*
 12/4 Solon*
 12/5 @ Regina, Iowa City
 12/8 Columbus Catholic, Waterloo*
 12/10 Mid-Prairie, Wellman
 12/11 Williamsburg*
 12/15 @ Independence*
 12/18 @ Center Point-Urbana*
 1/4 West Branch
 1/5 @ Benton, Van Horne*
 1/8 Marion*
 1/12 Vinton-Shellsburg*
 1/15 @ Williamsburg*
 1/19 @ Columbus Catholic, Waterloo*
 1/22 @ Beckman, Dyersville*
 1/26 Independence*
 1/29 @ Vinton-Shellsburg*
 2/2 Center Point-Urbana*
 2/5 Benton, Van Horne*
 2/9 @ Marion*
 2/16 West Delaware, Manchester*

CLEAR LAKE

Coach: Kevin Kahler
 Conference: North Central
 Team Nickname: Lions

*Indicates Conference Game

Returning Letterwinners:
 Jeff Arians 12/18
 Nick Kruger 12/22
 Ben Lloyd 1/5
 Grant Peterson 1/8
 Jason Sholly 1/12
 Alex Uhlenhopp 1/15
 Harrison Webb 1/16
 1/19
 1/22
 2008-09 Overall Record: 2-20
 12/1 Clarion-Goldfield* 1/26
 12/4 Humboldt* 1/29
 12/8 @ Iowa Falls-Alden* 2/5
 12/11 @ Webster City* 2/8
 12/15 @ Bishop Garrigan, Algona* 2/9
 12/18 St. Edmond, Fort Dodge* 2/11
 12/22 @ Hampton-Dumont*
 1/5 Algona*
 1/8 @ Eagle Grove*
 1/9 @ Forest City
 1/15 @ Humboldt*
 1/16 @ Garner-Hayfield
 1/19 @ Clarion-Goldfield*
 1/22 Webster City*
 1/26 Bishop Garrigan, Algona*
 1/29 @ St. Edmond, Fort Dodge*
 2/2 Hampton-Dumont*
 2/5 Eagle Grove*
 2/12 @ Algona*
 2/13 Charles City
 2/16 Iowa Falls-Alden*

CLINTON

Coach: Bob Walker
 Conference: Mississippi Athletic
 Team Nickname: River Kings
 Returning Letterwinners:
 2008-09 Overall Record: 12-11
 12/1 Cedar Rapids, Jefferson
 12/4 @ Clinton Tournament
 12/5 @ Clinton Tournament
 12/8 Dubuque, Senior
 12/11 @ Assumption, Davenport*
 12/15 Bettendorf*
 12/18 Muscatine*
 1/5 Davenport, West*
 1/8 Pleasant Valley*
 1/12 @ North Scott, Eldridge*
 1/15 @ Davenport, North*
 1/22 @ Burlington*
 1/23 @ West Carroll, IL Shootout
 1/26 Davenport, Central*
 1/29 Assumption, Davenport*
 2/2 @ Bettendorf*
 2/5 @ Muscatine*
 2/9 @ Davenport, West*
 2/12 @ Pleasant Valley*
 2/16 North Scott, Eldridge*
 2/19 Davenport, North*

COLFAX-MINGO

Coach: John Borts
 Conference: Heart of Iowa
 Team Nickname: Tigerhawks
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Nevada*
 12/4 @ Colo-Nesco* 2/2
 12/8 Ogden* 2/5
 12/11 @ North Polk, Alleman 2/9
 12/12 @ C-M-B* 2/11
 12/15 Bondurant-Farrar*

Grandview Park Baptist, Des Moines*
 @ South Hamilton, Jewell*
 @ Woodward Academy
 @ PCM, Monroe*
 Roland-Story, Story City*
 Colo-Nesco*
 @ Ogden*
 North Polk, Alleman*
 Gilbert*
 @ Grandview Park Baptist, Des Moines*
 South Hamilton, Jewell*
 C-M-B*
 @ Eddyville-Blakesburg
 @ Jefferson-Scranton*
 @ Pleasantville

COLO-NESCO

Coach: Pat Wynja
 Conference: Heart of Iowa-Small
 Team Nickname: Royals
 Returning Letterwinners:
 2008-09 Overall Record: 17-8
 12/1 PCM, Monroe*
 12/4 Colfax-Mingo*
 12/5 South Hardin
 @ Meskwaki Settlement School
 South Hamilton, Jewell*
 @ Grandview Park Baptist, DM*
 Ogden*
 @ North Polk, Alleman*
 Collins-Maxwell-Baxter*
 @ Roland-Story, Story City*
 Bondurant-Farrar*
 @ Colfax-Mingo*
 @ South Hamilton, Jewell*
 Grandview Park Baptist, DM*
 Roland-Story, Story City*
 @ Ogden*
 North Polk, Alleman*
 @ Jefferson-Scranton*
 Gilbert*
 @ Nevada*

COLUMBUS CATHOLIC, WATERLOO

Coach: John Holmes
 Conference: WaMaC
 Team Nickname: Sailors
 Returning Letterwinners:
 2008-09 Overall Record: 3-18
 12/1 @ West Delaware, Manchester*
 12/4 Epworth, Western Dubuque*
 12/5 @ South Tama County, Tama
 Clear Creek-Amana*
 12/11 Vinton-Shellsburg*
 12/12 @ Waterloo, West
 Benton, Van Horne*
 @ Williamsburg*
 Center Point-Urbana*
 Independence
 @ Waverly-Shell Rock
 Marion*
 @ Vinton-Shellsburg*
 Clear Creek-Amana*
 @ Mount Vernon*
 @ Benton, Van Horne*
 @ Marion*
 Williamsburg*
 @ Center Point-Urbana*
 @ Independence
 Solon*

COLUMBUS, COLUMBUS JUNCTION

Coach: Miguel Villagrana
 Conference: SEISC-North
 Team Nickname: Wildcats
 Returning Letterwinners:
 Luis Aguire
 2008-09 Overall Record: 3-17
 12/1 @ Lone Tree*
 12/4 Highland, Riverside*
 12/8 Wapello*
 12/11 @ Mediapolis*
 12/15 @ Pekin*
 12/18 @ Laurens-Marathon*
 12/19 @ Iowa Mennonite, Kalona*
 1/5 Winfield-Mt. Union*
 1/8 WACO, Wayland*
 1/12 Lone Tree*
 1/15 @ Highland, Riverside*
 1/16 @ West Liberty
 1/19 @ Wapello*
 1/22 Mediapolis*
 1/25 Pekin*
 1/29 Laurens-Marathon*
 2/2 Iowa Mennonite, Kalona*
 2/5 @ Winfield-Mt. Union*
 2/8 Wilton
 2/9 @ WACO, Wayland*
 2/12 @ Conference Shootout

COON RAPIDS-BAYARD

Coach: Cory Meyer
 Conference: West Central Valley
 Team Nickname: Crusaders
 Returning Letterwinners:
 Jacob Esdolar
 Jacob Hagan
 Daniel Johnston
 Gaye Reis
 Michael Schwenk
 Jake Stoffers
 2008-09 Overall Record: 12-13
 11/30 @ Glidden-Ralston
 12/4 Panorama, Panora*
 12/5 Madrid*
 12/7 @ Exira
 12/8 @ Woodward-Granger*
 12/15 @ East Greene, Grand Junction*
 12/18 Earlham*
 12/19 @ Des Moines Christian*
 1/4 IKM-Manning
 1/5 West Central Valley, Stuart*
 1/8 @ Van Meter*
 1/9 @ Guthrie Center*
 1/12 @ Panorama, Panora*
 1/15 @ Madrid*
 1/19 Woodward-Granger*
 1/22 Des Moines Christian*
 1/26 East Greene, Grand Junction*
 1/29 @ Earlham*
 2/2 @ West Central Valley, Stuart*
 2/5 Van Meter*
 2/9 Guthrie Center*

CORNING

Coach: Mark Fisher
 Conference: Pride of Iowa
 Team Nickname: Red Raiders
 Returning Letterwinners:
 Drew Bartenhagen
 Jordan Duval
 Wyatt Henkenius

*Indicates Conference Game

Tyler Kinmann 1/12
 Caleb Nett 1/15
 Reggie Perrin 1/16
 Cole Schaeffer 1/18
 Blake Thompson 1/19
 2008-09 Overall Record: 16-7 1/23
 12/3 @ Griswold 1/28
 12/4 Mount Ayr* 1/29
 12/8 @ Bedford* 2/2
 12/11 Nodaway Valley* 2/5
 12/14 Stanton* 2/8
 12/15 Lenox* 2/16
 12/18 Southeast Warren, Liberty Center* 2/19
 1/5 @ Mount Ayr*
 1/8 @ Wayne, Corydon*
 1/11 @ Willisca
 1/12 East Union, Afton*
 1/15 @ Pleasantville*
 1/19 Bedford*
 1/22 @ Martensdale-St. Mary's*
 1/26 @ Nodaway Valley, Greenfield*
 1/29 Interstate 35, Truro*
 1/30 @ Clarinda
 2/2 @ Lenox*
 2/5 @ Central Decatur, Leon
 2/8 Red Oak
 2/9 @ East Union, Afton*

COUNCIL BLUFFS, ABRAHAM LINCOLN

Coach: Jay Sealer
 Conference: Missouri River
 Team Nickname: Lynx
 Returning Letterwinners:
 2008-09 Overall Record: 7-12 1/26
 12/3 @ Highland Park, KS Invitational 1/29
 12/4 @ Highland Park, KS Invitational 2/2
 12/5 @ Highland Park, KS Invitational @ Lewis Central*
 12/8 @ Bishop Heelan Catholic, Sioux City* 2/9
 12/11 St. Albert, Council Bluffs 2/12
 12/15 Sioux City, North* 2/16
 12/18 @ Sioux City, East* 2/18
 12/22 Council Bluffs, Thomas Jefferson*
 1/2 Omaha, North, NE
 1/5 Blair, NE
 1/9 @ Harlan
 1/15 Sioux City, West
 1/18 @ Atlantic
 1/22 Sioux City, East*
 1/26 @ Sioux City, North*
 1/29 @ Sioux City, West*
 1/30 Lewis Central
 2/2 @ Lincoln, East, NE
 2/5 @ Council Bluffs, Thomas Jefferson*
 2/13 Bishop Heelan Catholic, Sioux City*
 2/16 @ Atlantic
 2/19 Carroll

COUNCIL BLUFFS, THOMAS JEFFERSON

Coach: David Lutz
 Conference: Missouri River
 Team Nickname: Yellow Jackets
 Returning Letterwinners:
 2008-09 Overall Record: 3-18 1/22
 12/1 @ Glenwood 1/23
 12/5 Urbandale @ Mid America Center 1/29
 12/8 @ South Sioux City, NE 1/30
 12/11 Sioux City, East* 2/2
 12/12 Lincoln Pius, NE 2/4
 12/22 @ Council Bluffs, Abraham Lincoln* 2/9
 1/5 @ Omaha, South, NE 2/12
 1/8 @ Sioux City, West* 2/16

@ Omaha, Benson, NE
 Bishop Heelan Catholic, Sioux City*
 Norfolk Catholic, NE
 @ Qwest Center Classic
 Sioux City, North*
 Waukee
 Lewis Central
 Sioux City, East*
 St. Albert, Council Bluffs
 Council Bluffs, Abraham Lincoln*
 Sioux City, North*
 Sioux City, West*
 @ Bishop Heelan Catholic, Sioux City*

CRESTON

Coach: Jim Calkins
 Conference: Hawkeye Ten
 Team Nickname: Panthers
 Returning Letterwinners:
 2008-09 Overall Record: 10-13 11/30
 12/4 A-D-M, Adel
 12/8 Clarinda*
 12/11 @ Harlan*
 12/15 Red Oak*
 12/18 @ Atlantic*
 1/5 @ Denison-Schleswig*
 1/8 Lewis Central*
 1/12 @ Shenandoah*
 1/15 Glenwood*
 1/16 @ Clarinda*
 1/22 Kuemper Catholic, Carroll*
 1/23 @ Red Oak*
 1/26 @ Winterset
 1/29 Atlantic*
 2/2 Denison-Schleswig*
 2/5 @ Kuemper Catholic, Carroll*
 2/9 @ Lewis Central*
 2/12 Shenandoah*
 2/16 @ Glenwood*
 2/18 Harlan
 @ Ballard

CRESTWOOD, CRESCO

Coach: Lynn McCormick
 Conference: Northeast Iowa
 Team Nickname: Cadets
 Returning Letterwinners:
 Trent Kuhn
 Josh Simiele
 2008-09 Overall Record: 18-2 12/1
 12/4 @ Osage
 12/8 Sumner-Fredericksburg
 12/15 @ Waverly-Shell Rock*
 12/18 @ Charles City*
 12/21 Oelwein*
 12/22 NUH, C. Falls @ Wartburg College
 @ North Fayette, West Union
 @ Waukon*
 Forest City
 @ Decorah*
 Saint Ansgar
 New Hampton*
 @ Oelwein*
 @ Turkey Valley, Jackson Junction
 Waverly-Shell Rock*
 Prairie du Chien, WI
 Charles City*
 @ South Winneshiek, Calmar
 Waukon*
 Decorah*
 @ New Hampton*

CWL, CORWITH

Coach: Ryan Wagner
 Conference: Cornbelt
 Team Nickname: Panthers
 Returning Letterwinners:
 2008-09 Overall Record: 11/30
 12/1 North Iowa, Buffalo Center
 12/4 Ventura*
 12/7 @ North Central Kossuth*
 12/8 @ Southeast Webster-Grand, Burnside
 12/8 @ Woden-Crystal Lake-Titonka*
 12/11 Twin River Valley, Bode*
 12/12 @ Northeast Hamilton, Blairsburg
 12/15 West Bend-Mallard*
 12/18 @ Graettinger-Terril*
 1/5 @ Ventura*
 1/8 Clay Central-Everly*
 1/12 North Central Kossuth*
 1/15 @ Ruthven-Ayrshire*
 1/18 @ West Hancock, Britt
 1/19 Woden-Crystal Lake-Titonka*
 1/22 Armstrong-Ringsted*
 1/23 Newman Catholic, Mason City
 1/26 @ Twin River Valley, Bode*
 1/29 @ Harris-Lake Park*
 2/2 @ West Bend-Mallard*
 2/9 Graettinger-Terril

DALLAS CENTER-GRIMES

Coach: Joel Rankin
 Conference: Raccoon River
 Team Nickname: Mustangs
 Returning Letterwinners:
 Bryce Block
 Tyler Ellerman
 Blair Goldsmith
 Delby Halcomb
 Tyler Kastantin
 2008-09 Overall Record: 10-11 12/4
 12/11 Winterset*
 12/12 Saydel*
 12/15 @ Nodaway Valley
 12/18 A-D-M, Adel*
 1/5 @ Ballard*
 1/8 Perry*
 1/9 Carroll*
 1/12 Norwalk
 1/15 @ Carlisle*
 1/16 Boone*
 1/22 @ Winterset*
 1/23 @ Saydel*
 1/26 @ Grinnell
 1/29 @ A-D-M, Adel*
 2/2 Ballard*
 2/5 @ Carroll*
 2/9 Carlisle*
 2/11 @ Perry*
 2/12 Nevada
 2/16 @ Boone*
 Knoxville

DANVILLE

Coach: Ken Laffoon
 Conference: SEISC-South
 Team Nickname: Bears
 Returning Letterwinners:
 Blake Bonar
 Jalab Brooks
 Collin Burtsch
 Taylor Fraise

*Indicates Conference Game

Eathan Fullenkamp 1/8
 Tyler Hewsley 1/9
 Bo Nelson 1/12
 Josh Streums 1/15
 2008-09 Overall Record: 14-8
 12/1 Notre Dame, Burlington*
 12/4 Holy Trinity Catholic, Fort Madison*
 12/8 Central Lee, Donnellson*
 12/11 @ Van Buren, Keosauqua*
 12/12 Keokuk
 12/15 @ West Burlington*
 12/18 New London*
 12/19 @ Harmony, Farmington*
 1/5 Maharishi, Fairfield*
 1/8 Cardinal, Eldon*
 1/12 @ Notre Dame, Burlington*
 1/15 @ Holy Trinity Catholic, Fort Madison*
 1/16 Fort Madison
 1/19 @ Central Lee, Donnellson*
 1/22 Van Buren, Keosauqua*
 1/26 West Burlington*
 1/29 @ New London*
 2/2 Harmony, Farmington*
 2/5 @ Maharishi, Fairfield*
 2/9 @ Cardinal, Eldon*
 2/12 @ Conference Shootout

DAVENPORT, CENTRAL

Coach: Craig Wurdinger
 Conference: Mississippi Athletic
 Team Nickname: Blue Devils
 Returning Letterwinners:
 Alex Corr
 Tavion Pomlee
 Keyvon Rudd
 2008-09 Overall Record: 16-6
 12/5 Waterloo, East
 12/7 Iowa City, West
 12/11 Pleasant Valley*
 12/15 @ Burlington*
 12/18 @ Davenport, West*
 12/19 @ Iowa/Illinois Shoot-out
 1/5 Muscatine*
 1/8 @ Davenport, North*
 1/12 Assumption, Davenport*
 1/15 @ Bettendorf*
 1/19 @ Cedar Rapids, Jefferson
 1/22 North Scott, Eldridge*
 1/26 @ Clinton*
 1/29 @ Pleasant Valley*
 2/2 Burlington*
 2/5 Davenport, West*
 2/9 Muscatine*
 2/12 Davenport, North*
 2/16 @ Assumption, Davenport*
 2/19 Bettendorf*

DAVENPORT, NORTH

Coach: Steve Overton
 Conference: Mississippi Athletic
 Team Nickname: Wildcats
 Returning Letterwinners:
 2008-09 Overall Record: 7-14
 12/1 @ Dubuque, Senior
 12/8 Dubuque, Hempstead
 12/11 Burlington*
 12/15 @ Davenport, West*
 12/18 Bettendorf*
 12/19 @ Iowa/Illinois Shoot-out
 12/22 Morningstar Academy
 1/5 @ Pleasant Valley*

Davenport, Central* 2/1
 Cedar Rapids, Jefferson 2/2
 @ Muscatine* 2/5
 Clinton* 2/6
 Assumption, Davenport* 2/9
 @ North Scott, Eldridge* 2/11
 @ Burlington* 2/12
 Davenport, West*
 @ Bettendorf*
 Pleasant Valley*
 @ Davenport, Central*
 Muscatine*
 @ Clinton*

DAVENPORT, WEST

Coach: Mark Bigter
 Conference: Mississippi Athletic
 Team Nickname: Falcons
 Returning Letterwinners:
 Cody Cooley
 Darren Stringfellow
 Davon Tate
 Nate Wells
 Patrick Wright
 2008-09 Overall Record: 2-19
 12/11 @ Bettendorf*
 12/15 Davenport, North*
 12/18 Davenport, Central*
 1/5 @ Clinton*
 1/8 Assumption, Davenport*
 1/12 Burlington*
 1/15 @ North Scott, Eldridge*
 1/22 Pleasant Valley*
 1/26 @ Muscatine
 1/29 Bettendorf*
 2/2 @ Davenport, North*
 2/5 @ Davenport, Central*
 2/9 Clinton*
 2/12 @ Assumption, Davenport*
 2/16 @ Burlington*
 2/19 North Scott, Eldridge*

DAVIS COUNTY, BLOOMFIELD

Coach: Jeff Graves
 Conference: South Central
 Team Nickname: Mustangs
 Returning Letterwinners:
 Kyle Graves
 Marcus Gross
 Aaron Halls
 Tucker Henderson
 Jered Kuberski
 Coleton Mathews
 Zach Ripka
 Austin Utt
 Brandon Veatch
 2008-09 Overall Record: 17-7
 12/5 @ Harmony, Farmington
 12/8 Keokuk
 12/11 @ Centerville*
 12/12 @ Wayne, Corydon
 12/15 Fairfield
 12/18 Chariton*
 1/5 @ Albia*
 1/8 @ Clarke, Osceola*
 1/9 @ Central Decatur, Leon
 1/12 Fort Madison
 1/15 @ Eddyville-Blakesburg*
 1/16 Van Buren, Keosauqua
 1/22 Centerville*
 1/29 @ Chariton*

@ Clarke County, MO
 Albia*
 Clarke, Osceola*
 @ Moravia
 Fort Madison
 Scotland County, MO
 Eddyville-Blakesburg*

DECORAH

Coach: David Brown
 Conference: Northeast Iowa
 Team Nickname: Vikings
 Returning Letterwinners:
 Steven Drost
 Dane Huinker
 Robby Jewell
 Lucas Kane
 Andrew Meyer
 Drew Olinger
 Chris Wanless
 Sam Wettach
 2008-09 Overall Record: 5-17
 11/30 @ MFL MarMac
 Cedar Falls
 12/10 @ South Winneshiek, Calmar
 12/12 Linn-Mar, Marion
 @ Waukon*
 12/15 @ Charles City*
 12/18 Oelwein*
 12/22 Postville
 1/2 @ New Hampton*
 1/8 @ North Fayette, West Union
 1/9 Crestwood, Cresco*
 1/15 @ Waterloo, West
 1/16 Waverly-Shell Rock*
 1/19 Charles City*
 1/22 Turkey Valley, Jackson Junction
 1/28 Waukon*
 2/2 @ Oelwein*
 2/5 Prairie du Chien, WI
 2/6 New Hampton*
 2/9 @ Crestwood, Cresco*
 2/12 @ Waverly-Shell Rock*
 2/16

DENISON-SCHLESWIG

Coach: Don Lyons
 Conference: Hawkeye Ten
 Team Nickname: Monarchs
 Returning Letterwinners:
 2008-09 Overall Record: 17-6
 12/1 @ LeMars
 12/4 Kuemper Catholic, Carroll*
 12/8 @ Shenandoah*
 12/11 @ Clarinda*
 12/15 Red Oak*
 12/18 Creston*
 12/22 @ Lewis Central*
 1/5 Glenwood*
 1/8 Harlan*
 1/12 Atlantic*
 1/15 @ Kuemper Catholic, Carroll*
 1/19 Shenandoah*
 1/22 Clarinda*
 1/26 @ Red Oak*
 1/28 Storm Lake
 1/29 @ Creston*
 2/2 Lewis Central*
 2/5 @ Glenwood*
 2/9 @ Harlan*
 2/12 @ Atlantic*
 2/16 Carroll

*Indicates Conference Game

DENVER

Coach: Darrin Berggren
 Conference: NICL-East
 Team Nickname: Cyclones
 Returning Letterwinners:
 2008-09 Overall Record: 11-11
 12/1 @ South Hardin*
 12/4 Union, LaPorte City*
 12/8 @ Dike-New Hartford*
 12/11 @ Northern University High, C. Falls*
 12/15 Aplington-Parkersburg*
 12/18 Hudson*
 12/19 East Marshall, LeGrand @ Wartburg*
 12/21 @ Wapsie Valley, Fairbank*
 1/2 @ Nashua-Plainfield
 1/5 @ Jesup*
 1/8 @ Union, LaPorte City*
 1/12 Dike-New Hartford*
 1/15 Northern University High, C. Falls*
 1/16 Oelwein
 1/19 @ Aplington-Parkersburg*
 1/22 @ Hudson*
 1/23 @ Gladbrook-Reinbeck*
 1/26 @ Grundy Center*
 1/29 Wapsie Valley, Fairbank
 2/2 Jesup*
 2/12 Tripoli

DES MOINES CHRISTIAN

Coach: Dave Stabbs
 Conference: West Central
 Team Nickname: Lions
 Returning Letterwinners:
 2008-09 Overall Record: 19-6
 12/4 West Central Valley, Stuart*
 12/5 @ Guthrie Center*
 12/8 @ East Greene, GrandJunction*
 12/15 @ Earlham*
 12/18 @ Woodward-Granger*
 12/19 Coon Rapids-Bayard*
 1/5 Panorama, Panora*
 1/8 @ Madrid*
 1/9 Van Meter*
 1/12 @ West Central Valley, Stuart*
 1/15 Guthrie Center*
 1/19 East Greene, Grand Junction*
 1/21 Woodward Academy
 1/22 @ Coon Rapids-Bayard*
 1/26 Earlham*
 1/29 Woodward-Granger*
 1/30 @ Chariton
 2/2 @ Panorama, Panora*
 2/5 Madrid*
 2/6 Knoxville
 2/9 @ Van Meter*
 2/11 Pella Christian

DES MOINES, ABRAHAM LINCOLN

Coach: Joe Katich
 Conference: CIML-Metro
 Team Nickname: Railsplitters
 Returning Letterwinners:
 Brandon Chelleen
 Jay Donnelly
 Dillon Egr
 Conner Graziano
 Alex Hoover
 Chris Lambert
 Andrew O'Toole
 Chris Peterson

David Roney
 Zach Steffen
 2008-09 Overall Record: 9-14
 12/1 Iowa City, City High
 12/4 Johnston
 12/8 @ Urbandale
 12/11 Des Moines, Hoover*
 12/15 @ Fort Dodge
 12/18 @ Ottumwa*
 1/5 @ Des Moines, East*
 1/8 Des Moines, Roosevelt*
 1/9 Waukee
 1/12 Des Moines, North*
 1/15 @ Des Moines, Hoover*
 1/19 Dowling Catholic, West Des Moines
 1/22 Ottumwa*
 1/26 @ Ankeny
 1/29 Des Moines, East*
 2/2 @ Ames
 2/5 @ Des Moines, Roosevelt*
 2/9 Valley, West Des Moines
 2/12 @ Des Moines, North*
 2/16 @ Indianola
 2/19 @ Marshalltown

DES MOINES, EAST

Coach: Jim Nahas
 Conference: CIML-Metro
 Team Nickname: Scarlets
 Returning Letterwinners:
 Gavin Althaus
 DaShawn Cason
 Louie Ingoli
 Tyler Jensen
 Cameron Shivers
 2008-09 Overall Record: 1-21
 12/1 @ Southeast Polk
 12/4 @ Fort Dodge
 12/8 Waukee
 12/11 @ Des Moines, Roosevelt*
 12/15 Urbandale
 12/18 @ Des Moines, Hoover*
 12/22 @ Johnston
 1/5 Des Moines, Abraham Lincoln*
 1/8 @ Des Moines, North*
 1/12 Ottumwa*
 1/15 Des Moines, Roosevelt*
 1/19 @ Ames
 1/22 Des Moines, Hoover*
 1/26 Valley, West Des Moines
 1/29 @ Des Moines, Abraham Lincoln*
 2/2 Ankeny
 2/5 Des Moines, North*
 2/9 @ Dowling Catholic, West Des Moines
 2/12 @ Ottumwa*
 2/16 Mason City
 2/18 Indianola

DES MOINES, HOOVER

Coach: Courtney Henderson
 Conference: CIML-Metro
 Team Nickname: Huskies
 Returning Letterwinners:
 Kourtlin Jackson
 Josh Johnson
 Quincy King
 Kelly Madison
 Dwight Sistrunk
 Reggie White
 2008-09 Overall Record: 15-6
 12/1 Valley, West Des Moines

12/4 Dowling Catholic, West Des Moines
 12/8 @ Ankeny
 12/11 @ Des Moines, Abraham Lincoln*
 12/15 @ Marshalltown
 12/18 Des Moines, East*
 1/5 Des Moines, North*
 1/8 @ Ottumwa*
 1/9 Mason City
 1/12 @ Des Moines, Roosevelt*
 1/15 Des Moines, Abraham Lincoln*
 1/19 Southeast Polk
 1/22 @ Des Moines, East*
 1/26 @ Indianola
 1/29 @ Des Moines, North*
 2/2 @ Fort Dodge
 2/5 Ottumwa*
 2/9 Waukee
 2/12 Des Moines, Roosevelt*
 2/16 @ Urbandale
 2/19 @ Ames

DES MOINES, NORTH

Coach: Chad Ryan
 Conference: CIML-Metro
 Team Nickname: Polar Bears
 Returning Letterwinners:
 2008-09 Overall Record: 7-16
 12/1 @ Johnston
 12/4 @ Marshalltown
 12/8 @ Mason City
 12/11 Ottumwa
 12/15 Ankeny
 12/18 Des Moines, Roosevelt
 1/5 @ Des Moines, Hoover
 1/8 Des Moines, East
 1/9 @ Dowling Catholic, West Des Moines
 1/12 @ Des Moines, Abraham Lincoln
 1/15 @ Ottumwa
 1/19 @ Fort Dodge
 1/22 @ Des Moines, Roosevelt
 1/26 Waukee
 1/29 Des Moines, Hoover
 2/2 Indianola
 2/5 @ Des Moines, East
 2/9 @ Southeast Polk
 2/12 Des Moines, Abraham Lincoln
 2/16 Valley, West Des Moines
 2/19 Urbandale

DES MOINES, ROOSEVELT

Coach: Chris McMahon
 Conference: CIML-Metro
 Team Nickname: Roughriders
 Returning Letterwinners:
 Derek Carr
 Shane Davis
 Michael Horst
 Nnamdi Igbokwe
 Dau Jok
 Cody Olson
 2008-09 Overall Record: 13-9
 12/1 @ Dowling Catholic, West Des Moines
 12/4 @ Ames
 12/8 Valley, West Des Moines*
 12/11 Des Moines, East*
 12/15 Indianola
 12/18 @ Des Moines, North*
 1/5 Ottumwa*
 1/8 @ Des Moines, Abraham Lincoln
 1/9 @ Southeast Polk
 1/12 Des Moines, Hoover*

*Indicates Conference Game

1/15 @ Des Moines, East*
 1/19 @ Marshalltown
 1/22 Des Moines, North*
 1/23 Norwalk
 1/29 @ Ottumwa*
 2/2 Urbandale
 2/5 Des Moines, Abraham Lincoln*
 2/9 @ Johnston
 2/12 @ Des Moines, Hoover*
 2/16 Waukee
 2/19 Ankeny

DIAGONAL

Coach: Mikel Hansen
 Conference: Bluegrass
 Team Nickname: Maroons
 Returning Letterwinners:

Tyler Becker
 Dillon Davenport
 Brett England
 Austin Steinbach
 C.J. Steinbach

2008-09 Overall Record: 11-13

11/30 @ South Page, College Springs
 12/1 @ East Union, Afton
 12/4 Mormon Trail, Garden Grove*
 12/8 @ Cainsville, MO
 12/11 @ Twin Cedars, Bussey*
 12/15 @ Murray
 12/18 Moulton-Udell*
 12/22 Eagleville, MO
 1/5 Murray*
 1/8 Moravia*
 1/11 Lineville-Clio
 1/15 Melcher-Dallas*
 1/16-1/23 @ Conference Tournament
 1/25 @ Lenox
 1/26 @ Lamoni*
 1/29 Seymour*
 2/1 @ Mormon Trail, Garden Grove
 2/2 @ Lineville-Clio*
 2/9 Lamoni

DIKE-NEW HARTFORD

Coach: Greg Moore
 Conference: NICL-East
 Team Nickname: Wolverines
 Returning Letterwinners:

Matt Dove
 Eric Joblinske
 Joe Weber
 Lance Welsh

2008-09 Overall Record: 10-12

12/1 BCLUW, Conrad
 12/3 @ Starmont
 12/4 Northern University High, C. Falls*
 12/8 Denver*
 12/11 @ Union, LaPorte City*
 12/12 @ Gladbrook-Reinbeck
 12/15 @ Wapsie Valley, Fairbank*
 12/18 Jesup*
 12/21 @ Aplington-Parkersburg*
 1/5 Hudson*
 1/8 @ Northern University High, C. Falls*
 1/12 @ Denver*
 1/15 Union, LaPorte City*
 1/19 Wapsie Valley, Fairbank*
 1/22 @ Jesup*
 1/23 Grundy Center
 1/26 @ South Hardin
 1/29 Aplington-Parkersburg*

2/2 @ Hudson*
 2/5 @ West Marshall, State Center
 2/8 AGWSR, Ackley @ McLeod Center

DON BOSCO, GILBERTVILLE

Coach: Joel Schares
 Conference: Iowa Star
 Team Nickname: Dons
 Returning Letterwinners:
 Brandon Delagardelle
 Zach Frost
 Eric Nic
 Nick Rosauer
 Andrew Reiter
 Chris Schares
 Austin Schmit
 Nate Springer
 Jacob Vandenbos

2008-09 Overall Record: 15-6

12/4 CAL, Latimer*
 12/8 @ Clarksville*
 12/11 @ Waterloo Christian*
 12/12 @ Central, Elkader
 12/15 Dunkerton*
 12/17 Alburnett
 12/18 Northeast Hamilton, Blairsburg*
 12/22 @ North Tama, Traer*
 1/5 @ GMG, Garwin*
 1/8 Tripoli*
 1/12 Janesville*
 1/16 @ CAL, Latimer*
 1/19 Clarksville*
 1/21 @ Meskwaki Settlement School
 1/22 Waterloo Christian*
 1/26 @ Dunkerton*
 1/29 @ Northeast Hamilton, Blairsburg*
 2/2 North Tama, Traer*
 2/5 GMG, Garwin*
 2/9 @ Tripoli*
 2/12 @ Janesville*

DOWLING CATHOLIC, W. DES MOINES

Coach: Mike O'Connor
 Conference: CIML-Central
 Team Nickname: Maroons
 Returning Letterwinners:

Ryan Coon
 Nate Conlor
 Tommy Gaul
 Spencer Havin
 Michael Hudson
 Zac Illg
 Garrett Miller
 Jonathan Musser
 Alex Savage
 J Pat Studer

2008-09 Overall Record: 11-12

12/1 Des Moines, Roosevelt
 12/4 @ Des Moines, Hoover
 12/8 Ames
 12/11 @ Southeast Polk*
 12/15 @ Valley, West Des Moines*
 12/18 @ Johnston*
 1/5 Ankeny*
 1/8 @ Indianola*
 1/9 Des Moines, North
 1/12 @ Urbandale*
 1/15 Southeast Polk*
 1/19 @ Des Moines, Abraham Lincoln
 1/22 Johnston*
 1/26 Marshalltown

1/29 @ Ankeny*
 2/5 Indianola*
 2/6 @ Mason City
 2/9 Des Moines, East
 2/12 Urbandale*
 2/16 Fort Dodge
 2/19 @ Waukee

DUBUQUE, HEMPSTEAD

Coach: Curt Deutsch
 Conference: Mississippi Valley
 Team Nickname: Mustangs
 Returning Letterwinners:

Brad Duwe
 Matt Ehlers
 Mike Holdridge

2008-09 Overall Record: 6-16

12/1 Pleasant Valley
 12/4 @ Assumption, Davenport
 12/8 @ Davenport, North
 12/11 @ Iowa City, City High
 12/15 Linn-Mar, Marion
 12/18 @ Waterloo, West
 12/19 @ Epworth, Western Dubuque
 1/5 @ Cedar Rapids, Kennedy
 1/8 Dubuque, Senior
 1/12 Cedar Rapids, Washington
 1/15 Wahler, Dubuque
 1/22 Iowa City, West
 1/26 @ Cedar Falls
 1/29 @ Dubuque, Senior
 2/2 Cedar Rapids, Jefferson
 2/5 @ Wahler, Dubuque
 2/6 Badger-Lake Geneva, WI
 2/9 Waterloo, East
 2/12 Waterloo, West
 2/16 @ Xavier, Cedar Rapids
 2/19 @ Prairie, Cedar Rapids

DUBUQUE, SENIOR

Coach: Wendell Eimers
 Conference: Mississippi Valley
 Team Nickname: Rams
 Returning Letterwinners:

Anthony Boettner
 Chris Burns
 Chris Gabriel
 Drew Gibson
 Brian Herther
 Alex Jantsch
 Marcus Washington
 Duke Watson

2008-09 Overall Record: 5-17

12/1 Davenport, North
 12/8 @ Clinton
 12/11 @ Linn-Mar, Marion*
 12/15 Cedar Rapids, Jefferson*
 12/18 Wahler, Dubuque*
 1/5 Iowa City, West*
 1/8 @ Dubuque, Hempstead
 1/12 @ Iowa City, City High*
 1/15 Cedar Falls*
 1/19 @ Pleasant Valley
 1/22 Cedar Rapids, Kennedy*
 1/26 @ Cedar Rapids, Washington*
 1/29 Dubuque, Hempstead*
 2/2 Waterloo, West*
 2/5 @ Cedar Falls*
 2/6 @ Madison, WI
 2/9 @ Prairie, Cedar Rapids*
 2/12 @ Wahler, Dubuque*

*Indicates Conference Game

12/13 @ River Ridge, IL Shoot-out
 2/16 @ Waterloo, East*
 2/18 Xavier, Cedar Rapids*

DUNKERTON

Coach: Dan Knebel
 Conference: Iowa Star
 Team Nickname: Raiders
 Returning Letterwinners:
 Trent Cooper
 Mitch Donohue
 Corey Joens
 Devin Kuenstling
 Dylan Rigdon
 Trevor Rigdon
 2008-09 Overall Record: 10-11
 12/1 GMG, Garwin*
 12/4 @ Northeast Hamilton, Blairsburg*
 12/8 Waterloo Christian*
 12/11 Clarksville*
 12/14 @ Central, Elkader
 12/15 @ Don Bosco, Gilbertville*
 12/18 @ Janesville*
 12/22 Tripoli*
 1/5 North Tama, Traer*
 1/8 @ CAL, Latimer*
 1/12 @ GMG, Garwin*
 1/15 Northeast Hamilton, Blairsburg*
 1/16 @ East Buchanan, Winthrop
 1/19 @ Waterloo Christian*
 1/22 @ Clarksville*
 1/23 Meskwaki Settlement School*
 1/26 Don Bosco, Gilbertville*
 1/29 Janesville*
 2/2 @ Tripoli*
 2/5 @ North Tama, Traer*
 2/9 CAL, Latimer*

DURANT

Coach: Brian Timmerman
 Conference: Cedar Valley
 Team Nickname: Wildcats
 Returning Letterwinners:
 Drew Lensch
 Keith Sanders
 Collin Telsrow
 Chris Timmerman
 2008-09 Overall Record: 0-22
 12/1 Tipton*
 12/4 Washington
 12/8 @ North Cedar, Stanwood*
 12/11 West Liberty*
 12/12 @ Lisbon
 12/18 @ Mid-Prairie, Wellman*
 12/21 Marquette Catholic, Bellevue
 1/2 @ Wilton*
 1/5 @ Regina, Iowa City*
 1/8 @ Tipton*
 1/12 West Branch*
 1/15 North Cedar, Stanwood*
 1/16 @ Epworth, Western Dubuque
 1/21 Bellevue
 1/22 Wilton*
 1/26 Mid-Prairie, Wellman*
 1/29 Regina, Iowa City*
 1/30 @ Fulton, IL
 2/2 @ West Liberty*
 2/5 @ West Branch*
 2/12 @ Camanche

EAGLE GROVE

Coach: Lanny Parrott
 Conference: North Central
 Team Nickname: Eagles
 Returning Letterwinners:
 Mitch Hill
 Austin Loux
 Tim Throntreit
 Randy Wooster
 Tom Yackle
 2008-09 Overall Record: 11-11
 11/30 @ West Hancock, Britt
 12/1 @ Webster City*
 12/4 Algona*
 12/8 St. Edmond, Fort Dodge*
 12/10 Manson Northwest Webster
 12/11 @ Bishop Garrigan, Algona*
 12/15 Hampton-Dumont*
 12/18 @ Humboldt*
 12/22 @ Iowa Falls-Alden*
 1/5 Clarion-Goldfield*
 1/8 Clear Lake*
 1/12 @ St. Edmond, Fort Dodge*
 1/15 @ Algona*
 1/16 @ Prairie Valley, Gowrie
 1/19 Webster City*
 1/22 Bishop Garrigan, Algona*
 1/26 @ Hampton-Dumont*
 1/29 Humboldt*
 2/2 Iowa Falls-Alden*
 2/5 @ Clear Lake*
 2/9 Clarion-Goldfield*

EARLHAM

Coach: Kevin Williamson
 Conference: West Central
 Team Nickname: Cardinals
 Returning Letterwinners:
 2008-09 Overall Record: 12-11
 12/1 Martensdale-St. Mary's
 12/4 East Greene, Grand Junction
 12/5 @ West Central Valley, Stuart
 12/8 Guthrie Center
 12/11 @ Madrid
 12/15 Des Moines Christian
 12/18 @ Coon Rapids-Bayard
 1/5 @ Van Meter
 1/8 Glidden-Ralston
 1/9 Panorama, Panora
 1/12 @ East Greene, Grand Junction
 1/15 West Central Valley, Stuart
 1/19 @ Guthrie Center
 1/22 Madrid
 1/26 @ Des Moines Christian
 1/29 Coon Rapids-Bayard
 2/2 Van Meter
 2/4 @ East Union, Afton
 2/5 @ Glidden-Ralston
 2/9 @ Panorama, Panora

EAST BUCHANAN, WINTHROP

Coach: Craig Decker
 Conference: Tri-Rivers
 Team Nickname: Buccaneers
 Returning Letterwinners:
 Blake Goodenbour
 David Monaghan
 2008-09 Overall Record: 19-2
 12/4 Springville*
 12/5 Lisbon
 12/8 @ North-Linn, Troy Mills*
 12/11 Cascade, Western Dubuque*

12/12 Valley Community, Elgin
 12/15 @ Central City*
 12/18 Alburnett*
 1/5 Maquoketa Valley, Delhi*
 1/8 @ Edgewood-Colesburg*
 1/12 @ Monticello*
 1/15 @ Starmont*
 1/16 Dunkerton
 1/19 @ Springville*
 1/22 @ Cascade, Western Dubuque*
 1/26 Central City*
 1/29 @ Alburnett*
 2/2 @ Maquoketa Valley, Delhi*
 2/5 Edgewood-Colesburg*
 2/9 Starmont*
 2/11 @ North-Linn, Troy Mills

EAST CENTRAL, MILES

Coach: Andrew Naeve
 Conference: Big East
 Team Nickname: Raiders
 Returning Letterwinners:
 Taylory Keeney
 Nathan Wall
 2008-09 Overall Record: 6-16
 11/30 Andrew
 12/1 @ Midland, Wyoming
 12/8 Camanche
 12/11 @ Northeast, Goose Lake
 12/12 Calamus-Wheatland
 12/14 @ Tipton
 12/15 Preston
 12/18 Bellevue
 12/22 @ Marquette Catholic, Bellevue
 1/4 Prince of Peace Prep, Clinton
 1/5 @ Bellevue*
 1/8 Midland, Wyoming*
 1/12 @ Prince of Peace Prep, Clinton*
 1/15 Lisbon*
 1/16 @ Preston
 1/19 @ Calamus-Wheatland*
 1/22 @ Olin*
 1/26 @ Andrew*
 1/29 Marquette Catholic, Bellevue*
 2/2 @ Camanche*
 2/5 Northeast, Goose Lake*

EAST GREENE, GRAND JUNCTION

Coach: Dean Lyons
 Conference: West Central Valley
 Team Nickname: Hawks
 Returning Letterwinners:
 Tom Beger
 Aaron Lyons
 Nik Nicoliasen
 Wes Onken
 Jesse Priest
 Chaz Wessels
 2008-09 Overall Record: 6-16
 12/1 @ Southeast Webster-Grand, Burnside
 12/4 @ Earlham*
 12/5 Van Meter*
 12/8 Des Moines Christian*
 12/11 @ Guthrie Center*
 12/15 Coon Rapids-Bayard*
 12/18 @ West Central Valley, Stuart*
 1/5 @ Woodward-Granger*
 1/8 Panorama, Panora*
 1/9 @ Madrid*
 1/12 Earlham*
 1/15 @ Van Meter*

*Indicates Conference Game

1/19 Des Moines Christian*
 1/22 Guthrie Center*
 1/26 @ Coon Rapids-Bayard*
 1/29 West Central Valley, Stuart*
 2/2 Woodward-Granger*
 2/5 @ Panorama, Panora*
 2/6 @ Paton-Churdan
 2/9 Madrid*
 2/12 Adair-Casey

EAST MARSHALL, LEGRAND

Coach: Bob Berggren
 Conference: NICL-West
 Team Nickname: Mustangs
 Returning Letterwinners:

Brett Anderson
 Travis Briney
 Taylor Johnson
 Blane Kitaman
 Brandon Pals
 Keegan Wilkening
 Luke Wilson

2008-09 Overall Record: 1-21
 12/1 @ Aplington-Parkersburg
 12/4 Grundy Center*
 12/5 North Tama, Traer
 12/8 @ AGWSR, Ackley*
 12/11 West Marshall, State Center*
 12/12 @ BGM, Brooklyn
 12/15 @ South Hardin*
 12/21 GMG, Garwin
 12/22 @ BCLUW, Conrad*
 1/5 @ Gladbrook-Reinbeck*
 1/8 @ Grundy Center*
 1/9 @ Colo-Nesco
 1/12 AGWSR, Ackley*
 1/15 @ West Marshall, State Center*
 1/16 @ Jesup
 1/19 South Hardin*
 1/26 @ Hudson
 1/29 BCLUW, Conrad*
 2/2 Gladbrook-Reinbeck*
 2/5 Wapsie Valley, Fairbank
 2/8 Denver @ McLeod Center

EAST MILLS

Coach: Kevin Schafer
 Conference: Corner
 Team Nickname: Wolverines
 Returning Letterwinners:

Jake Bolton
 Nathan Day
 Jake Doyle
 Daniel Duysen
 Dylan Larsen
 Luke Schafer
 Eric Taylor

2008-09 Overall Record: 15-9
 12/3 @ Underwood
 12/4 Brownell Talbot, NE
 12/8 @ Fremont-Mills, Tabor*
 12/11 Hamburg*
 12/15 @ Sidney*
 12/18 Farragut*
 1/7 Griswold
 1/8 @ South Page, College Springs*
 1/12 Stanton*
 1/15 @ Villisca*
 1/16-1/23 @ Conference Tournament
 1/26 Essex*
 1/29 @ Clarinda Academy*

2/1 Farragut
 2/8 @ Essex
 2/9 @ Riverside, Oakland
 2/12 @ Logan-Magnolia

EAST SAC COUNTY

Coach: Todd Bontrager
 Conference: Twin Lakes
 Team Nickname: Raiders
 Returning Letterwinners:

Phil Brotherton
 Michael Freier
 Derek Huser
 Jake Kent
 Will Riley

2008-09 Overall Record: 17-7
 12/1 @ Galva-Holstein/Schaller-Crestland
 12/3 @ Ar-We-Va, Westside
 12/4 Rockwell City-Lytton
 12/8 Manson Northwest Webster
 12/11 @ Prairie Valley, Gowrie
 12/15 @ Southeast Webster-Grand, Burnside
 12/18 Newell-Fonda
 12/22 @ OA-BCIG
 1/8 Southern Cal, Lake City
 1/9 Kuemper Catholic, Carroll
 1/15 @ Pocahontas Area/Pomeroy-Palmer
 1/18 Maple Valley-Anthon-Oto
 1/19 @ Rockwell City-Lytton
 1/22 @ Mason Northwest Webster
 1/26 Prairie Valley, Gowrie
 1/28 @ Newell-Fonda
 1/29 Southeast Webster-Grand, Burnside
 2/4 Alta
 2/5 @ Southern Cal, Lake City
 2/9 Pocahontas Area/Pomeroy-Palmer
 2/12 Laurens-Marathon

EAST UNION, AFTON

Coach: Craig Ditzler
 Conference: Pride of Iowa
 Team Nickname: Eagles
 Returning Letterwinners:

Zach Brown
 Josh Christian
 Eric Denton
 Tyler Mason
 Zach Peterson

2008-09 Overall Record: 4-16
 12/1 Diagonal
 12/3 @ Nodaway Valley*
 12/8 Mount Ayr*
 12/11 Lenox*
 12/15 @ Bedford*
 12/18 Wayne, Corydon*
 1/5 Nodaway Valley*
 1/8 @ Central Decatur, Leon*
 1/12 @ Corning*
 1/14 Murray
 1/15 @ Southeast Warren, Liberty Center*
 1/19 @ Mount Ayr*
 1/22 Pleasantville*
 1/26 @ Lenox*
 1/29 Martensdale-St. Marys*
 2/2 Bedford*
 2/4 Earlham
 2/5 Interstate 35-Truro*
 2/9 Corning*
 2/12 Orient-Macksburg

EDDYVILLE-BLAKESBURG

Coach: Drew Potter
 Conference: South Central
 Team Nickname: Rockets
 Returning Letterwinners:
 Logan Alexander
 Jacob Batterson
 Blake Glenn
 Joey Lane

2008-09 Overall Record: 7-15
 11/30 @ West Branch
 12/4 @ H-L-V, Victor
 12/5 Lynnville-Sully
 12/8 Moravia
 12/11 @ Clarke, Osceola*
 12/15 @ Oskaloosa
 12/17 Centerville*
 12/21 Montezuma
 1/5 @ Chariton*
 1/8 @ Albia*
 1/9 Maharishi, Fairfield
 1/11 @ Twin Cedars, Bussey
 1/12 @ Fairfield
 1/15 Davis County, Bloomfield*
 1/22 Clarke, Osceola*
 1/25 @ Fort Madison
 1/29 @ Centerville*
 2/2 Chariton*
 2/5 Albia*
 2/8 Colfax-Mingo
 2/12 @ Davis County, Bloomfield*

EDGEWOOD-COLESBURG

Coach: Justin Olind
 Conference: Tri-Rivers
 Team Nickname: Vikings
 Returning Letterwinners:

Jordan Bahls
 Nick Burgin
 Eric Conner
 Ryan Elsberry
 Alex Fern
 Trevor Hunt
 Michael Kelchen
 Keith Kintzle
 Dakota Lueken
 Jordan Sommers
 Adam Sperflage

2008-09 Overall Record: 0-22
 11/30 Central, Elkader
 12/4 @ Central City*
 12/5 @ Postville
 12/8 Alburnett*
 12/11 @ Monticello*
 12/15 Starmont*
 12/18 @ Maquoketa Valley, Delhi*
 1/2 Valley Community, Elgin
 1/5 @ North-Linn, Troy Mills*
 1/8 East Buchanan, Winthrop*
 1/12 @ Cascade, Western Dubuque*
 1/15 @ Springfield*
 1/19 Central City*
 1/22 Monticello*
 1/26 @ Starmont*
 1/29 Maquoketa Valley, Delhi*
 2/2 North-Linn, Troy Mills*
 2/5 @ East Buchanan, Winthrop*
 2/9 Springfield*
 2/11 Clayton Ridge, Guttenburg

ELK HORN-KIMBALLTON

Coach: Doug Newton

*Indicates Conference Game

Conference: Rolling Hills
 Team Nickname: Danes
 Returning Letterwinners:
 Nolan Himmelberg
 Chandler Hoffen
 Ryon Rasmussen
 Tony Santisteban
 Carson Smith
 Jacob Zimmerman
 Reid Zimmerman

2008-09 Overall Record: 13-8

12/1 @ CAM, Anita
 12/4 Ankeny Christian Academy*
 12/8 @ Walnut*
 12/11 Paton-Churdan*
 12/15 @ Orient-Macksburg*
 12/18 @ Glidden-Ralston*
 12/22 Adair-Casey*
 1/5 @ Exira*
 1/8 Iowa Christian Academy*
 1/12 CAM, Anita*
 1/15 @ Ankeny Christian Academy*
 1/19 Walnut*
 1/21 @ Woodbine
 1/22 @ Paton-Churdan*
 1/23 @ Guthrie Center
 1/26 Orient-Macksburg*
 1/29 Glidden-Ralston*
 2/2 @ Adair-Casey*
 2/5 Exira*
 2/9 @ Iowa Christian Academy*
 2/12 @ A-H-S-T, Avoca

EMMETSBURG

Coach: Mike Brennan
 Conference: Lakes
 Team Nickname: EHawks
 Returning Letterwinners:
 Kyle Elbert
 Tommy Kuecker
 Cory Schultes
 Nick Wuebker

2008-09 Overall Record:

11/30 @ Pocahontas Area/Pomeroy-Palmer
 12/7 Armstrong-Ringsted
 12/8 Cherokee, Washington*
 12/11 Estherville Lincoln Central*
 12/12 @ Okoboji, Milford
 12/15 LeMars*
 12/18 @ Spencer*
 1/5 @ Storm Lake*
 1/7 Manson Northwest Webster
 1/8 @ Western Christian, Hull*
 1/11 @ Hartley-Melvin-Sanborn
 1/15 Spirit Lake*
 1/19 @ Cherokee, Washington*
 1/22 @ Estherville Lincoln Central*
 1/26 @ LeMars*
 1/29 Spencer*
 2/1 Sioux Central, Sioux Rapids
 2/5 Western Christian, Hull*
 2/8 North Sentral Kossuth
 2/9 @ Spirit Lake*

ENGLISH VALLEYS, NORTH ENGLISH

Coach: Lance Ellingson
 Conference: South Iowa Cedar
 Team Nickname: Bears
 Returning Letterwinners:
 Kendell Grent
 Zach Hurber

Gideon Kluge
 Carsten Parmeuter

2008-09 Overall Record: 7-15

12/4 @ Keota*
 12/8 H-L-V, Victor*
 12/11 @ Iowa Valley, Marengo*
 12/14 @ Belle Plaine*
 12/15 @ Montezuma*
 12/18 @ North Mahaska, New Sharon*
 12/22 BGM, Brooklyn*
 1/5 Tri-County, Thornburg*
 1/8 Sigourney*
 1/11 Belle Plaine*
 1/15 Keota*
 1/16 @ West Branch
 1/19 @ Lynnville-Sully*
 1/22 @ H-L-V, Victor*
 1/26 Iowa Valley, Marengo*
 2/2 Montezuma*
 2/5 North Mahaska, New Sharon*
 2/8 @ BGM, Brooklyn*
 2/9 @ Sigourney*
 2/12 @ Tri-County, Thornburg*
 Lynnville-Sully*

EPWORTH, WESTERN DUBUQUE

Coach: Dennis Geraghty
 Conference: WaMaC
 Team Nickname: Bobcats
 Returning Letterwinners:
 Brandon Gansemer
 Sam Hoeger
 Zach Otting
 Derrick Pape

2008-09 Overall Record: 13-10

12/1 Independence*
 12/4 @ Columbus Catholic, Waterloo*
 12/5 Cascade, Western Dubuque
 12/8 Solon*
 12/11 @ Central Clinton, DeWitt*
 12/15 @ West Delaware, Manchester*
 12/18 Maquoketa*
 12/19 Dubuque, Hempstead
 12/22 Beckman, Dyersville*
 1/5 @ Mount Vernon*
 1/8 Anamosa*
 1/16 Durant
 1/19 @ Solon*
 1/22 Center Point-Urbana*
 1/26 West Delaware, Manchester*
 1/28 @ Beckman, Dyersville*
 2/2 @ Maquoketa*
 2/5 Mount Vernon*
 2/9 @ Anamosa*
 2/12 @ Marion*
 2/16 Central Clinton, DeWitt*

ESSEX

Coach: Scott Salthun
 Conference: Corner
 Team Nickname: Trojans
 Returning Letterwinners:
 Ethan Fundermann
 Colby Kinney
 Mitchell Nicholas
 Dylan Ross
 Tyler Stewart

2008-09 Overall Record: 7-15

11/30 Underwood
 12/4 A-H-S-T, Avoca
 12/5 Stanton

12/8 South Page, College Springs*
 12/10 @ Griswold
 12/11 @ Farragut*
 12/15 Villisca*
 12/18 @ Clarinda Academy*
 1/5 @ South Page, College Springs
 1/7 Farragut
 1/8 Sidney*
 1/12 @ Hamburg*
 1/15 Fremont-Mills, Tabor*
 1/16-1/23 @ Conference Tournament
 1/26 @ East Mills*
 1/29 @ Stanton*
 2/1 @ Fairfax-Craig, MO
 2/2 @ Villisca
 2/8 East Mills

ESTHERVILLE LINCOLN CENTRAL

Coach: York Plagge
 Conference: Lakes
 Team Nickname: Midgets
 Returning Letterwinners:
 Alex Arends
 Marcus Christensen
 Jeremy Hunt
 Spencer Johnson
 Tyler Lutz
 Jacob Perkins

2008-09 Overall Record: 8-14

12/4 @ Forest City
 12/5 Graettinger-Terril
 12/8 Western Christian, Hull*
 12/11 @ Emmetsburg*
 12/12 @ Armstrong-Ringsted
 12/15 @ Spencer*
 12/18 Storm Lake*
 12/19 Lake Mills
 1/5 Cherokee, Washington*
 1/8 @ Spirit Lake*
 1/11 Jackson County Central, MN
 1/14 Newell-Fonda
 1/15 @ LeMars*
 1/19 @ Western Christian, Hull*
 1/22 Emmetsburg*
 1/26 Spencer*
 1/29 @ Storm Lake*
 2/2 @ Cherokee, Washington*
 2/5 Spirit Lake*
 2/6 @ Ruthven-Ayrshire
 2/9 LeMars*

EXIRA

Coach: Joe Walker
 Conference: Rolling Hills
 Team Nickname: Vikings
 Returning Letterwinners:
 Charlie Goodwin
 Tommy Goodwin
 Matt Kilworth
 Taylor Nelson
 Travis Stevens
 Alec Walker

2008-09 Overall Record: 6-16

12/1 @ Ankeny Christian Academy*
 12/4 Adair-Casey*
 12/7 Coon Rapids-Bayard*
 12/8 @ Paton-Churdan*
 12/11 Orient-Macksburg*
 12/12 @ Villisca
 12/15 Iowa Christian Academy*
 12/18 @ CAM, Anita*

*Indicates Conference Game

12/22 @ Walnut*
 1/5 Elk Horn-Kimballton*
 1/8 Glidden-Ralston*
 1/9 @ Treynor
 1/12 Ankeny Christian Academy*
 1/15 @ Adair-Casey*
 1/19 Paton-Churdan*
 1/22 @ Orient-Macksburg*
 1/26 @ Iowa Christian Academy*
 1/29 CAM, Anita*
 2/2 Walnut*
 2/5 @ Elk Horn-Kimballton*
 2/9 @ Glidden-Ralston*

FAIRFIELD

Coach: Jeff Ebling
 Conference: Southeast
 Team Nickname: Trojans
 Returning Letterwinners:
 Derek Byrnes
 Grant Curran
 Willie Ghent
 Alex Greiner
 Josh Hyde
 Jordan Leazer
 2008-09 Overall Record: 5-16
 11/30 Oskaloosa
 12/4 Mount Pleasant*
 12/5 Ottumwa
 12/8 Albia
 12/11 @ Washington*
 12/15 @ Davis County, Bloomfield
 12/19 @ Benton, Van Horne
 1/5 Keokuk*
 1/8 @ Fort Madison*
 1/12 Eddyville-Blakesburg
 1/15 @ Mount Pleasant*
 1/16 @ Maharishi, Fairfield
 1/22 Washington*
 1/28 @ Regina, Iowa City
 2/1 Mid-Prairie, Wellman
 2/5 @ Keokuk*
 2/6 Pella
 2/9 Chariton
 2/12 Fort Madison*
 2/19 Centerville

FARRAGUT

Coach: Mike Dryer
 Conference: Corner
 Team Nickname: Admirals
 Returning Letterwinners:
 2008-09 Overall Record: 6-15
 12/4 @ Riverside, Oakland
 12/8 Hamburg*
 12/11 Essex*
 12/14 South Page, College Springs*
 12/15 Fremont-Mills, Tabor*
 12/17 A-H-S-T, Avoca
 12/18 @ East Mills*
 1/7 @ Essex*
 1/8 Clarinda Academy*
 1/12 @ South Page, College Springs*
 1/15 Sidney*
 1/25 Fairfax, MO
 1/26 Stanton*
 1/29 @ Villisca*
 2/2 @ Tarkio, MO
 2/5 Hamburg*
 2/9 @ Sidney*

FOREST CITY

Coach: Dan Rosacker
 Conference: North Iowa
 Team Nickname: Indians
 Returning Letterwinners:
 2008-09 Overall Record: 18-5
 12/1 Mason City
 12/4 Estherville Lincoln Central
 12/5 @ Webster City
 12/8 Lake Mills*
 12/11 Belmont-Klemme*
 12/15 @ North Iowa, Buffalo Center*
 12/18 Osage*
 1/5 @ Garner-Hayfield*
 1/8 Newman Catholic, Mason City*
 1/9 Clear Lake
 1/12 @ Crestwood, Cresco
 1/15 @ West Hancock, Britt*
 1/16 @ Charles City
 1/19 @ Lake Mills*
 1/22 @ Belmont-Klemme*
 1/23 @ Algona
 1/26 North Iowa, Buffalo Center*
 1/29 @ Osage*
 2/2 Garner-Hayfield*
 2/5 @ Newman Catholic, Mason City*
 2/12 West Hancock, Britt*

FORT DODGE

Coach: Tom Daniel
 Conference: CIML
 Team Nickname: Dodgers
 Returning Letterwinners:
 Darreus Caton
 Jay Johnson
 Willie Williams
 2008-09 Overall Record: 7-15
 12/1 @ Ankeny
 12/4 Des Moines, East
 12/8 @ Southeast Polk
 12/11 @ Marshalltown*
 12/15 Des Moines, Abraham Lincoln
 12/18 @ Ames*
 12/19 @ Webster City
 1/5 Waukee*
 1/8 @ Mason City*
 1/9 @ Indianola
 1/15 Marshalltown*
 1/16 Valley, West Des Moines*
 1/19 Des Moines, North
 1/22 Ames*
 1/26 @ Johnston
 1/29 @ Waukee*
 2/2 Des Moines, Hoover
 2/5 Mason City*
 2/9 @ Urbandale
 2/12 @ Valley, West Des Moines*
 2/16 @ Dowling Catholic, West Des Moines

FORT MADISON

Coach: Jim VanFossen
 Conference: Southeast
 Team Nickname: Bloodhounds
 Returning Letterwinners:
 Deshawn Edwards
 Kenny Luse
 Cory Muth
 Josh Perry
 Jesse Ross
 2008-09 Overall Record: 5-18
 11/30 @ Centerville

12/4 @ Keokuk
 12/5 Holy Trinity Catholic, Fort Madison
 12/12 Notre Dame, Burlington
 12/15 @ Ottumwa
 12/18 Mount Pleasant
 1/5 @ Washington
 1/8 Fairfield
 1/12 @ Davis County, Bloomfield
 1/15 Keokuk
 1/16 @ Danville
 1/19 Burlington
 1/25 Eddyville-Blakesburg
 1/29 @ Mount Pleasant
 1/30 Clark County, MO
 2/5 Washington
 2/6 @ Davenport, West
 2/9 Davis County, Bloomfield
 2/12 @ Fairfield
 2/18 West Hancock, Britt

FREMONT-MILLS, TABOR

Coach: Matt Thompson
 Conference: Corner
 Team Nickname: Knights
 Returning Letterwinners:
 Nate Meier
 AJ Seerborough
 Nick Williams
 Tym Wood
 2008-09 Overall Record: 12-8
 12/1 @ Sidney
 12/4 Hamburg
 12/7 @ Underwood
 12/8 East Mills*
 12/11 Sidney*
 12/15 @ Farragut*
 12/18 South Page, College Springs*
 12/21 Rock Port, MO
 1/4 Riverside, Oakland
 1/5 @ St. Albert, Council Bluffs
 1/8 @ Stanton*
 1/12 Villisca*
 1/15 @ Essex*
 1/26 Clarinda Academy*
 1/29 @ Hamburg*
 2/2 Stanton
 2/8 @ Shenandoah
 2/12 Treynor

GALVA-HOLSTEIN/SCHALLER-CRESTLAND

Coach: Shannon Tesch
 Conference: Western Valley
 Team Nickname: TBD
 Returning Letterwinners:
 Christian Bondinello
 Kyle Dahm
 Daren Miller
 Isaiah Miller
 2008-09 Overall Record:
 11/30 @ Aurelia
 12/1 East Sac County
 12/3 Lawton-Bronson*
 12/8 @ Ar-We-Va, Westside
 12/11 @ Sioux Central, Sioux Rapids
 12/12 Cherokee, Washington
 12/18 Maple Valley-Anthon-Oto*
 1/5 @ River Valley, Correctionville*
 1/8 @ Kingsley-Pierson*
 1/11 Storm Lake
 1/12 OA-BCIG*

*Indicates Conference Game

1/15 @ Alta
 1/16 @ West Monona, Onawa
 1/19 @ Westwood, Sloan*
 1/22 Woodbury Central, Moville*
 1/29 @ Logan-Magnolia
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/8 @ Newell-Fonda

GARNER-HAYFIELD

Coach: Joe Albertson
 Conference: North Iowa
 Team Nickname: Cardinals
 Returning Letterwinners:
 Alex Bruggeman
 Jace Engstler
 Nick Svare
 Josh Thompson
 2008-09 Overall Record: 21-4
 12/3 @ Ventura
 12/5 West Fork, Sheffield
 12/8 Osage*
 12/11 West Hancock, Britt*
 12/15 Newman Catholic, Mason City*
 12/18 @ Lake Mills*
 12/19 Central Springs
 1/2 Charles City
 1/5 Forest City*
 1/8 @ North Iowa, Buffalo Center*
 1/9 Algona
 1/15 Belmond-Klemme*
 1/16 Clear Lake
 1/19 @ Osage*
 1/22 @ West Hancock, Britt*
 1/26 @ Newman Catholic, Mason City*
 1/29 Lake Mills*
 1/30 @ Bishop Garrigan, Algona
 2/2 @ Forest City*
 2/5 North Iowa, Buffalo Center*
 2/8 @ Belmond-Klemme*

GEHLEN CATHOLIC, LEMARS

Coach: Mike Langel
 Conference: War Eagle
 Team Nickname: Jays
 Returning Letterwinners:
 Trevor Bouma
 Cody Campbell
 Drew Kellen
 Eric Loutsch
 Tyler Meyer
 Adam Nemmers
 Taylor Wurth
 2008-09 Overall Record:
 12/4 Marcus-Meriden-Cleghorn
 12/8 Sergeant Bluff-Luton
 12/11 @ Spalding Catholic, Granville*
 12/15 Hinton
 12/18 @ St. Mary's-Remsen*
 12/22 @ West Sioux, Hawarden
 1/2-1/3 CYO Tournament @ Briar Cliff College
 1/5 Akron-Westfield
 1/8 Unity Christian, Orange City*
 1/12 St. Mary's-Remsen
 1/15 @ Remsen-Union*
 1/19 @ Hinton
 1/22 Hartley-Melvin-Sanborn*
 1/26 Remsen-Union
 1/29 South O'Brien, Paullina*

2/2 Spalding Catholic, Granville
 2/5 @ Marcus-Meriden-Cleghorn*
 2/9 @ Akron-Westfield
 2/12 @ South O'Brien, Paullina

GEORGE-LITTLE ROCK

Coach: Ben Gerleman
 Conference: Siouxland
 Team Nickname: Mustangs
 Returning Letterwinners:
 2008-09 Overall Record: 11-14
 12/1 Boyden-Hull*
 12/4 @ Sibley-Ocheyedan*
 12/8 @ Okoboji, Milford*
 12/11 Sheldon*
 12/15 @ Rock Valley*
 12/18 MOC-Floyd Valley*
 12/22 Sioux Center*
 1/5 @ West Lyon, Inwood*
 1/8 Central Lyon, Rock Rapids*
 1/9 @ Adrien, MN
 1/11 Ellsworth, MN
 1/15 @ Boyden-Hull*
 1/19 Sibley-Ocheyedan*
 1/22 Okoboji*
 1/25 Unity Christian, Orange City
 1/26 @ Sheldon*
 1/29 Rock Valley*
 2/2 @ MOC-Floyd Valley*
 2/5 @ Sioux Center*
 2/9 West Lyon, Inwood*
 2/12 @ Central Lyon, Rock Rapids*

GILBERT

Coach: Randy Sniezek
 Conference: Heart of Iowa-Large
 Team Nickname: Tigers
 Returning Letterwinners:
 Brett Byriel
 Tyler Eagan
 Matt Fiscus
 Kels Morrisey
 Kaleb Popp
 Christian Reed
 Nick Schalinske
 2008-09 Overall Record: 12-11
 12/1 North Polk, Alleman*
 12/4 @ Jefferson-Scranton*
 12/8 PCM, Monroe*
 12/11 Grandview Park Baptist, Des Moines*
 12/12 South Tama County, Tama
 12/15 @ C-M-B*
 12/18 @ Bondurant-Farrar*
 12/19 Roland-Story, Story City*
 1/5 @ Nevada*
 1/8 South Hamilton, Jewell*
 1/9 West Marshall, State Center
 1/12 @ Ogden*
 1/15 Jefferson-Scranton*
 1/16 @ PCM, Monroe*
 1/19 C-M-B*
 1/22 @ Colfax-Mingo*
 1/23 @ South Hamilton, Jewell
 1/26 Bondurant-Farrar*
 1/29 @ Roland-Story, Story City*
 2/2 Nevada*
 2/5 @ Colo-Nesco*
 2/9 Woodward Academy

GLADBROOK-REINBECK

Coach: Scott Kiburis

Conference: NICL-West
 Team Nickname: Rebels
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 @ Union, LaPorte City
 12/4 @ BCLUW, Conrad
 12/5 @ North Butler, Greene
 12/11 @ South Hardin
 Dike-New Hartford
 12/12 @ West Marshall, State Center
 12/18 AGWSR, Ackley
 12/22 @ Grundy Center
 East Marshall, LeGrand
 Waterloo Christian School
 South Hardin
 West Marshall, State Center
 Denver
 Jesup
 Grundy Center
 @ North Tama, Traer
 @ East Marshall, LeGrand
 BCLUW, Conrad
 @ Don Bosco, Gilbertville
 Conference Tournament@McLeod
 Center

GLENWOOD

Coach: Curt Schulte
 Conference: Hawkeye Ten
 Team Nickname: Rams
 Returning Letterwinners:
 Dylan Blenkinship
 Cole Darrow
 Taylor Kaufman
 Nate Lincoln
 Cory Simms
 2008-09 Overall Record: 9-13
 12/1 Council Bluffs, Thomas Jefferson
 12/4 Harlan*
 12/8 @ Atlantic*
 12/11 @ Kuemper Catholic, Carroll*
 12/15 Shenandoah*
 12/18 @ Clarinda*
 1/5 @ Denison-Schleswig*
 1/8 Lewis Central*
 1/9 Red Oak*
 1/12 @ Creston*
 1/15 @ Harlan*
 1/16 Blair, NE
 1/22 Kuemper Catholic, Carroll*
 1/26 @ Shenandoah*
 1/29 Clarinda*
 2/2 @ Red Oak*
 2/5 Denison-Schleswig*
 2/6 @ St. Albert, Council Bluffs
 2/9 @ Lewis Central*
 2/12 Creston*
 2/16 Atlantic*

GLIDDEN-RALSTON

Coach: Chris Nelson
 Conference: Rolling Hills
 Team Nickname: Wildcats
 Returning Letterwinners:
 BJ Anthofer
 Payne Blair
 Taylor Hackett
 Tyler Headlee
 Wade Hoyle Jr.
 Josh Johnson
 Will Reever

*Indicates Conference Game

Zack Rohrbeck
 Jerrad Stofer
 Matt Ware
 2008-09 Overall Record: 2-20
 11/30 Coon Rapids-Bayard
 12/1 @ Paton-Churdan*
 12/4 @ CAM, Anita*
 12/8 Ankeny Christian Academy*
 12/11 Iowa Christian Academy*
 12/15 @ Adair-Casey*
 12/18 Elk Horn-Kimballton*
 12/22 Orient-Macksburg*
 1/5 Walnut*
 1/8 @ Exira*
 1/12 @ Paton-Churdan*
 1/15 CAM, Anita*
 1/16 Southern Cal, Lake City
 1/19 @ Ankeny Christian Academy*
 1/22 @ Iowa Christian Academy*
 1/26 Adair-Casey*
 1/29 @ Elk Horn-Kimballton*
 2/2 @ Orient-Macksburg*
 2/5 @ Walnut*
 2/8 @ Ar-We-Va, Westside
 2/9 Exira*

GMG, GARWIN

Coach: Curt Bacon
 Conference: Iowa Star
 Team Nickname: Wolverines
 Returning Letterwinners:
 Austin Aldrich
 Seth Appelgate
 Jacob Hias
 Wyatt Kaiser
 Dustin Woebeking
 Will Worden
 Blaze Wurr

2008-09 Overall Record: 9-12
 12/1 @ Dunkerton*
 12/4 Clarksville*
 12/8 @ Janesville*
 12/11 @ CAL, Latimer*
 12/12 @ South Hardin
 12/15 North Tama, Traer*
 12/18 Tripoli*
 12/21 @ East Marshall, LeGrand
 12/22 @ Waterloo Christian*
 1/5 Don Bosco, Gilbertville*
 1/8 @ Northeast Hamilton, Blairsburg*
 1/12 Dunkerton*
 1/15 @ Clarksville*
 1/19 Janesville*
 1/22 CAL, Latimer*
 1/26 @ North Tama, Traer*
 1/29 @ Tripoli*
 2/2 Waterloo Christian*
 2/5 @ Don Bosco, Gilbertville*
 2/9 Northeast Hamilton, Blairsburg*
 2/12 @ BCLUW, Conrad

GRAETTINGER-TERRIL

Coach: Brent Dyhrkopp
 Conference: Cornbelt
 Team Nickname: Knights
 Returning Letterwinners:
 Cody Chapman
 Beau Cunig
 Cody Dyhrkopp
 Taylor Harris
 Eric Hatland

Colin Looting
 Jesse Nissen
 2008-09 Overall Record: 8-12
 12/1 Harris-Lake Park*
 12/5 @ Estherville Lincoln Central
 12/8 Clay Central-Everly*
 12/11 @ Armstrong-Ringsted*
 12/15 @ Ruthven-Ayrshire*
 12/17 Laurens-Marathon
 12/18 C-W-L, Corwith*
 1/5 @ Harris-Lake Park*
 1/8 @ Woden-Crystal Lake-Titonka*
 1/12 @ Laurens-Marathon
 1/15 Ventura*
 1/19 @ Clay Central-Everly
 1/21 @ St. Mary, Storm Lake
 1/22 @ West Bend-Mallard
 1/26 Armstrong-Ringsted
 1/29 North Sentral Kossuth
 2/2 Ruthven-Ayrshire
 2/5 @ Twin River Valley, Bode
 2/8 @ C-W-L, Corwith
 2/12 West Bend-Mallard

GRANDVIEW PARK BAPTIST, DSM

Coach: Chris Murphy
 Conference: Heart of Iowa
 Team Nickname: Defenders
 Returning Letterwinners:
 Tate DeGraff
 John Eisenhauer
 Reed Mells
 Wes Safford
 Micah Westrum
 Cody Wright

2008-09 Overall Record:
 12/1 @ Roland-Story, Story City*
 12/4 @ Ogden*
 12/11 @ Gilbert*
 12/12 @ Woodward-Granger
 12/15 Colo-Nesco*
 12/18 @ Colfax-Mingo*
 12/19 @ C-M-B, Maxwell
 12/22 North Polk, Alleman*
 1/5 South Hamilton, Jewell*
 1/8 @ C-M-B, Baxter*
 1/9 @ Woodward Academy
 1/12 Jefferson-Scranton*
 1/14 Ogden*
 1/16 North Polk, Alleman*
 1/19 Nevada*
 1/22 @ Colo-Nesco*
 1/26 Colfax-Mingo*
 1/30 @ Saydel
 2/2 @ South Hamilton, Jewell*
 2/5 Bondurant-Farrar*
 2/9 @ PCM, Monroe*

GRINNELL

Coach: Scott Sharp
 Conference: Little Hawkeye
 Team Nickname: Tigers
 Returning Letterwinners:
 Trent Baker
 Darrin Chitwood
 Brian Kramer
 Adam Shell
 Cole Tokle

2008-09 Overall Record: 12-11
 12/1 Knoxville*
 12/4 @ Newton*

12/5 Mount Vernon
 12/8 @ Norwalk*
 12/11 @ Carlisle
 12/12 @ Waverly-Shell Rock
 12/15 Pella*
 12/21 @ Albia
 1/5 @ Pella Christian*
 1/8 South Tama County, Tama*
 1/12 Oskaloosa*
 1/15 @ Knoxville*
 1/16 Chariton
 1/19 Newton*
 1/22 Norwalk*
 1/23 Dallas Center-Grimes
 1/29 @ Pella*
 2/5 Pella Christian*
 2/9 @ South Tama County, Tama*
 2/12 @ Oskaloosa*
 2/18 @ Washington

GRISWOLD

Coach: Chad Rodgers
 Conference: Western Iowa
 Team Nickname: Tigers
 Returning Letterwinners:
 Dillon Bates
 Landon Cousins
 Zach Schoning
 Trinton Strauss

2008-09 Overall Record: 14-8
 12/1 Farragut
 12/3 Corning
 12/8 @ Audubon*
 12/10 Essex*
 12/11 Missouri Valley*
 12/15 @ Treynor*
 12/18 @ Underwood*
 1/5 @ A-H-S-T, Avoca*
 1/7 @ East Mills
 1/8 @ Tri-Center, Neola*
 1/12 Riverside, Oakland*
 1/15 @ Missouri Valley*
 1/19 Treynor*
 1/22 Underwood*
 1/26 A-H-S-T, Avoca*
 1/29 @ Riverside, Oakland*
 1/30 @ Bedford
 2/2 Audubon*
 2/5 Tri-Center, Neola
 2/6 CAM, Anita
 2/12 Nodaway Valley

GRUNDY CENTER

Coach: Rollie Ackerman
 Conference: NICL-West
 Team Nickname: Spartans
 Returning Letterwinners:
 Taylor Appel
 Eric Frisch
 Trevor Hook
 Nathan Lyman

2008-09 Overall Record: 12-12
 12/1 @ Hudson
 12/4 @ East Marshall, LeGrand*
 12/5 Jesup
 12/8 @ West Marshall, State Center*
 12/11 AGWSR, Ackley*
 12/12 Charles City
 12/18 @ South Hardin*
 12/22 Gladbrook-Reinbeck*
 1/5 @ BCLUW, Conrad*

*Indicates Conference Game

1/8 East Marshall, LeGrand*
 1/12 West Marshall, State Center*
 1/15 @ AGWSR, Ackley*
 1/16 @ Iowa Falls-Alden
 1/19 Meskwaki Settlement School
 1/22 South Hardin*
 1/23 @ Dike-New Hartford
 1/26 Denver
 1/29 @ Gladbrook-Reinbeck*
 1/30 South Tama County, Tama
 2/2 BCLUW, Conrad*
 2/6 @ Roland-Story, Story City
 2/8 Conference Shoot-out @ McLeod Center

GUTHRIE CENTER

Coach: Seth Poldberg
 Conference: West Central
 Team Nickname: Tigers
 Returning Letterwinners:
 Brandon Clark
 Dustin Clark
 Justin Clark
 Trevor Osen
 2008-09 Overall Record: 13-8
 12/4 @ Van Meter*
 12/5 Des Moines Christian*
 12/8 @ Earlham*
 12/11 East Greene, Grand Junction*
 12/12 @ Adair-Casey
 12/15 Woodward-Granger*
 12/18 Panorama, Panora*
 1/5 @ Madrid*
 1/8 West Central Valley, Stuart*
 1/9 Coon Rapids-Bayard*
 1/12 Van Meter*
 1/15 @ Des Moines Christian*
 1/19 Earlham*
 1/22 @ East Greene, Grand Junction*
 1/23 Elk Horn-Kimballton
 1/26 @ Woodward-Granger*
 1/29 @ Panorama, Panora*
 2/2 Madrid*
 2/5 West Central Valley, Stuart*
 2/9 @ Coon Rapids-Bayard*
 2/12 @ Audubon

H-L-V, VICTOR

Coach: Zach Tremmel
 Conference: SICL
 Team Nickname: Warriors
 Returning Letterwinners:
 Sheldon Gryp
 Brenden Kuesel
 Alex Schrebbe
 2008-09 Overall Record: 19-4
 12/1 Sigourney*
 12/4 Eddyville-Blakesburg
 12/8 @ English Valleys, North English*
 12/11 @ BGM, Brooklyn*
 12/14 @ Iowa Valley, Marengo*
 12/15 @ Tri-County, Thornburg*
 12/18 @ Lynnville-Sully*
 12/22 North Mahaska, New Sharon*
 1/5 Keota*
 1/8 Belle Plaine*
 1/11 Iowa Valley, Marengo*
 1/12 @ Sigourney*
 1/19 @ Montezuma*
 1/22 English Valleys, North English*
 1/26 BGM, Brooklyn
 1/29 Tri-County, Thornburg*

2/2 Lynnville-Sully*
 2/5 @ North Mahaska, New Sharon*
 2/8 @ Belle Plaine*
 2/9 @ Keota*
 2/12 Montezuma*

HAMBURG

Coach: Nick Hodges
 Conference: Corner Conference
 Team Nickname: Wildcats
 Returning Letterwinners:
 Matt Barrett
 Joel Delong
 Blake Finnell
 Aaron Mincer
 Colin Nahkunst
 Doug Raymond
 Kyle Sebek
 Andrew Thompson
 2008-09 Overall Record: 2-20
 12/1 Clarinda Academy
 12/4 @ Fremont-Mills, Tabor
 12/8 Farragut
 12/11 @ East Mills
 12/15 @ South Page, College Springs
 12/17 @ Rock Port, MO
 12/18 Stanton
 1/5 Lewiston, NE
 1/7 @ Fairfax, Craig, MO
 1/8 @ Villisca
 1/12 Essex
 1/15 @ Clarinda Academy
 1/16 Conference Tournament
 1/26 @ Sidney
 1/29 Fremont-Mills
 South Page, College Springs
 Sidney
 @ Farragut
 Johnson-Brock, NE

HAMPTON-DUMONT

Coach: Heath Walton
 Conference: North Central
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Jordan Brass
 Slater Johansen
 Jordan McLennan
 Dylan Reents
 Evan Vaelker
 Ethan Viet
 2008-09 Overall Record: 4-18
 11/30 AGWSR, Ackley
 12/1 @ Iowa Falls-Alden*
 12/4 @ St. Edmond, Fort Dodge*
 12/8 Webster City*
 12/11 Algona*
 12/12 @ North Butler, Greene
 12/15 @ Eagle Grove*
 12/18 Clarion-Goldfield*
 12/22 Clear Lake*
 1/5 @ Humboldt*
 1/8 @ Bishop Garrigan, Algona*
 1/15 St. Edmond, Fort Dodge*
 1/19 Iowa Falls-Alden*
 1/22 @ Algona*
 1/23 West Fork, Sheffield
 1/26 Eagle Grove*
 1/29 @ Clarion-Goldfield*
 2/2 @ Clear Lake*
 2/5 Bishop Garrigan, Algona*

2/12 Humboldt*
 2/16 @ Webster City*

HARLAN

Coach: Mitch Osborn
 Conference: Hawkeye Ten
 Team Nickname: Cyclones
 Returning Letterwinners:
 Craig Connell
 Michael Kaufman
 Luke Lansman
 Zach Osborn
 2008-09 Overall Record: 23-4
 12/4 @ Glenwood*
 12/8 Creston*
 12/11 @ Atlantic*
 12/15 Kuemper Catholic, Carroll*
 12/18 @ Shenandoah*
 12/22 Clarinda*
 1/5 Red Oak*
 1/8 @ Denison-Schleswig*
 1/9 Council Bluffs, Abraham Lincoln
 1/12 @ Lewis Central*
 1/15 Glenwood*
 1/16 @ St. Albert, Council Bluffs
 1/18 @ Omaha Shootout vs. Millard North
 1/22 Atlantic*
 1/26 @ Kuemper Catholic, Carroll*
 1/29 Shenandoah*
 2/2 @ Clarinda*
 2/5 @ Red Oak*
 2/9 Denison-Schleswig*
 2/12 Lewis Central*
 2/16 @ Creston*

HARMONY, FARMINGTON

Coach: Ken Nelson
 Conference: SEISC-West
 Team Nickname: Rockets
 Returning Letterwinners:
 Lucas Batten
 Chad Denly
 Brandon Hudson
 Gunnar Mills
 Jarric Nelson
 Kyler Nelson
 Daniel Vance
 2008-09 Overall Record: 1-22
 12/1 West Burlington*
 12/4 @ Van Buren, Keosauqua*
 12/5 Davis County, Bloomfield
 12/8 @ New London*
 12/11 Central Lee, Donnellson*
 12/12 Moulton-Udell
 12/15 Notre Dame, Burlington*
 12/18 @ Cardinal, Eldon*
 12/19 Danville*
 1/5 Holy Trinity Catholic, Fort Madison*
 1/8 Maharishi, Fairfield*
 1/12 @ West Burlington*
 1/15 Van Buren, Keosauqua*
 1/19 New London*
 1/22 @ Central Lee, Donnellson*
 1/26 @ Notre Dame, Burlington*
 1/29 Cardinal, Eldon*
 2/2 @ Danville*
 2/5 @ Holy Trinity Catholic, Fort Madison*
 2/9 @ Maharishi, Fairfield*
 2/12 @ Conference Shoot-out

HARRIS-LAKE PARK

*Indicates Conference Game

Coach: Jeff Sohn
 Conference: Cornbelt
 Team Nickname: Wolves
 Returning Letterwinners:
 Steve Hibma
 Jake Ihnen
 Justin Murphy
 Brady Nissen
 Mychal Sheridan
 2008-09 Overall Record: 5-16
 12/1 @ Graettinger-Terril*
 12/3 Okoboji, Milford
 12/4 Ruthven-Ayrshire*
 12/8 Armstrong-Ringsted*
 12/12 Spirit Lake
 12/14 Mt. Lake Christian, Windom, MN
 12/15 @ Clay Central-Every*
 12/18 North Sentral Kossuth*
 1/4 Southwest Star Concept
 1/5 Graettinger-Terril*
 1/8 @ West Bend-Mallard*
 1/12 @ Ruthven-Ayrshire*
 1/15 Twin River Valley, Bode*
 1/19 @ Armstrong-Ringsted*
 1/22 @ Woden-Crystal Lake-Titonka*
 1/25 @ Round Lake-Brewster, MN
 1/26 @ Mt. Lake Christian, Windom, MN
 1/29 C-W-L, Corwith*
 2/2 Clay Central-Every*
 2/5 @ Ventura*
 2/8 @ Sibley-Ocheyedan

HARTLEY-MELVIN-SANBORN

Coach: Mike Ewen
 Conference: War Eagle
 Team Nickname: Hawks
 Returning Letterwinners:
 Mat Ben
 Aaron Boll
 Greg Hegstad
 Cody Leng
 Marcus Treimer
 Justin Wahlert
 Nate Walburg
 2008-09 Overall Record: 2-20
 12/1 Clay Central-Every
 12/4 Remsen-Union
 12/8 Unity Christian, Orange City*
 12/11 @ West Sioux, Hawarden*
 12/15 @ Spalding Catholic, Granville*
 12/18 Sergeant Bluff-Luton*
 12/21 Spirit Lake
 12/22 South O'Brien, Paullina*
 1/4 Sioux Central, Sioux Rapids
 1/5 @ Hinton
 1/8 @ Remsen-Union*
 1/11 Emmetsburg
 1/15 @ St. Mary's-Remsen*
 1/16 @ Clay Central-Every
 1/22 @ Gehlen Catholic, LeMars*
 1/29 Hinton*
 1/30 @ Sibley-Ocheyedan
 2/2 @ South O'Brien, Paullina
 2/5 Akron-Westfield*
 2/9 Marcus-Meriden-Cleghorn*

HIGHLAND, RIVERSIDE

Coach: Matt Haas
 Conference: SEISC
 Team Nickname: Huskies
 Returning Letterwinners:

Skyler Houseal
 Riley Kleopfer
 Zach Rozmus
 Aaron Swailes
 2008-09 Overall Record: 11-11
 12/1 @ Wapello*
 12/4 @ Columbus, Columbus Junction*
 12/8 Mediapolis*
 12/11 Winfield-Mt. Union*
 12/12 @ West Branch
 12/15 WACO, Wayland*
 12/18 Pekin*
 12/19 @ Louisa-Muscatine*
 1/5 @ Iowa Mennonite, Kalona*
 1/8 @ Lone Tree*
 1/12 Wapello*
 1/15 Columbus, Columbus Junction*
 1/19 @ Mediapolis*
 1/22 @ Winfield-Mt. Union*
 1/23 @ Keota
 1/26 @ WACO, Wayland*
 1/29 @ Pekin*
 2/2 Louisa-Muscatine*
 2/5 Iowa Mennonite, Kalona*
 2/9 Lone Tree*
 2/13 @ Conference Shoot-out

HINTON

Coach: Phil Skamser
 Conference: War Eagle
 Team Nickname: Blackhawks
 Returning Letterwinners:
 Nick Becker
 Tyler Stuerman
 2008-09 Overall Record: 17-5
 11/30 River Valley, Correctionville
 12/4 @ Akron-Westfield
 12/5 @ OA-BCIG
 12/8 Remsen-Union*
 12/11 @ South O'Brien, Paullina*
 12/15 @ Gehlen Catholic, LeMars*
 12/18 Marcus-Meriden-Cleghorn*
 12/19 @ Woodbury Central, Merville
 12/22 @ Sergeant Bluff-Luton*
 1/4 Lawton-Bronson
 1/5 Hartley-Melvin-Sanborn
 1/8 Spalding Catholic, Granville*
 1/9 @ Sioux City, West
 1/12 @ West Sioux, Hawarden
 1/15 Akron-Westfield*
 1/19 Gehlen Catholic, LeMars
 1/22 @ Unity Christian, Orange City*
 1/26 Sergeant Bluff-Luton
 1/29 @ Hartley-Melvin-Sanborn*
 2/5 @ St. Mary's-Remsen*
 2/9 West Sioux, Hawarden*

HOLY TRINITY CATHOLIC, FT MADISON

Coach: Loren Menke
 Conference: SEISC-South
 Team Nickname: Crusaders
 Returning Letterwinners:
 Zach Burtlett
 Sean Conrad
 Jacob Hanenburger
 Ben Harmeyer
 Justin Menke
 Ben Rector
 John Vanderhuar
 2008-09 Overall Record: 19-5

12/1 @ Maharishi, Fairfield*
 12/4 @ Danville*
 12/5 @ Fort Madison
 12/8 Cardinal, Eldon*
 12/11 Notre Dame, Burlington*
 12/15 @ Central Lee, Donnellson*
 12/18 West Burlington*
 12/19 @ New London*
 1/5 @ Harmony, Farmington*
 1/8 @ Van Buren, Keosauqua*
 1/12 Maharishi, Fairfield*
 1/15 Danville*
 1/19 @ Cardinal, Eldon*
 1/22 @ Notre Dame, Burlington*
 1/23 WACO, Wayland
 1/26 Central Lee, Donnellson*
 1/29 @ West Burlington*
 2/2 New London*
 2/5 Harmony, Farmington*
 2/9 Van Buren, Keosauqua*
 2/12 @ Conference Shoot-out

HUDSON

Coach: Steve Miles
 Conference: NICL-East
 Team Nickname: Pirates
 Returning Letterwinners:
 Ethan Budreau
 Matt Buzynski
 Alex Chileote
 Jon Hammer
 Aaron Oltmann
 Justin Petersen
 Cade Shatzer
 Tanner Wright
 2008-09 Overall Record:
 12/1 Grundy Center
 12/4 @ Aplington-Parkersburg*
 12/5 @ BCLUW, Conrad
 12/8 @ Jesup*
 12/11 @ Wapsie Valley, Fairbank*
 12/15 Union, LaPorte City*
 12/18 @ Denver*
 1/5 @ Dike-New Hartford*
 1/8 Aplington-Parkersburg*
 1/9 Northern University High, C. Falls*
 1/12 Jesup*
 1/15 @ Wapsie Valley, Fairbank*
 1/19 @ Union, LaPorte City*
 1/22 Denver*
 1/23 Nashua-Plainfield
 1/26 East Marshall, LeGrand
 1/29 @ Northern University High, C. Falls
 2/2 Dike-New Hartford
 2/5 @ AGWSR, Ackley
 2/9 South Hardin@McLeod Center

HUMBOLDT

Coach: Craig Orness
 Conference: North Central
 Team Nickname: Wildcats
 Returning Letterwinners:
 Dane Nelson
 2008-09 Overall Record: 9-14
 12/1 Bishop Garrigan, Algona*
 12/4 @ Clear Lake*
 12/8 @ Algona*
 12/11 @ Iowa Falls-Alden*
 12/15 Webster City*
 12/18 Eagle Grove*
 12/19 Manson Northwest Webster

*Indicates Conference Game

12/22 @ Clarion-Goldfield*
 1/5 Hampton-Dumont*
 1/8 St. Edmond, Fort Dodge*
 1/15 Clear Lake*
 1/16 @ Spencer
 1/19 @ Bishop Garrigan, Algona*
 1/22 Iowa Falls-Alden*
 1/26 @ Webster City*
 1/29 @ Eagle Grove*
 2/2 Clarion-Goldfield*
 2/5 @ St. Edmond, Fort Dodge*
 2/11 @ Storm Lake
 2/12 @ Hampton-Dumont*
 2/18 Algona*

IKM-MANNING

Coach: Keith Wagner
 Conference: Western Valley
 Team Nickname: Wolves
 Returning Letterwinners:
 Rick Blake
 Tyler Bruck
 Jerad Croghan
 Jerad Gaskill
 Bryce Irlbeck

2008-09 Overall Record: 20-2
 12/1 @ Audubon
 12/4 Charter Oak-Ute*
 12/11 @ Woodbine*
 12/12 @ Perry
 12/15 OA-BCIG
 12/19 @ Southern Cal, Lake City
 1/2 St. Albert, Council Bluffs
 1/4 @ Coon Rapids-Bayard
 1/5 @ Whiting*
 1/8 West Monona, Onawa*
 1/12 West Harrison, Mondamin*
 1/15 @ Logan-Magnolia*
 1/19 Ar-We-Va, Westside*
 1/22 Boyer Valley, Dunlap*
 1/23 Treynor
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/9 Audubon
 2/12 Tri-Center, Neola

INDEPENDENCE

Coach: Chris Black
 Conference: WaMaC
 Team Nickname: Mustangs
 Returning Letterwinners:

Tyler Cooksley
 Adam Gustafson
 Danelo Hernandez
 Keaton Hosch
 Andy McCardle
 Eric Newsom
 Austin Pink
 Nick Rummel
 Ryan Tegtmeier
 2008-09 Overall Record: 8-15
 12/1 @ Epworth, Western Dubuque*
 12/4 Maquoketa*
 12/8 @ Center Point-Urbana*
 12/11 Marion*
 12/15 Clear Creek-Amana*
 12/18 @ Vinton-Shellsburg*
 1/5 Williamsburg*
 1/7 @ Waverly-Shell Rock

1/8 @ Columbus Catholic, Waterloo*
 1/12 @ Benton, Van Horne*
 1/15 @ Marion*
 1/19 Center Point-Urbana*
 1/22 @ Central Clinton, DeWitt*
 1/26 @ Clear Creek-Amana*
 1/29 Benton, Van Horne*
 2/2 Vinton-Shellsburg*
 2/5 @ Williamsburg*
 2/8 Oelwein
 2/9 Columbus Catholic, Waterloo*
 2/11 Jesup
 2/12 Anamosa*

INDIANOLA

Coach: Will Nailor
 Conference: CIML-Central
 Team Nickname: Indians
 Returning Letterwinners:
 Michael Chia
 Sean Coen
 Jake Day
 Lance Parker
 TJ Suntken

2008-09 Overall Record: 2-20
 12/1 Marshalltown
 12/4 @ Waukee
 12/8 Ottumwa
 12/11 Urbandale*
 12/15 @ Des Moines, Roosevelt
 12/18 @ Ankeny*
 1/5 @ Southeast Polk*
 1/8 Dowling Catholic, West Des Moines*
 1/9 Fort Dodge
 1/12 Johnston*
 1/15 @ Urbandale*
 1/19 @ Valley, West Des Moines
 1/22 Ankeny*
 1/26 Des Moines, Hoover
 1/29 Southeast Polk*
 2/2 @ Des Moines, North
 2/5 @ Dowling Catholic, West Des Moines*
 2/9 Ames
 2/12 @ Johnston*
 2/16 Des Moines, Abraham Lincoln
 2/19 @ Des Moines, East

INTERSTATE 35, TRURO

Coach: Nate Rankin
 Conference: Pride of Iowa
 Team Nickname: Roadrunners
 Returning Letterwinners:

2008-09 Overall Record:
 12/1 Chariton
 12/3 Earlham
 12/4 Southeast Warren, Liberty Center*
 12/8 @ Central Decatur, Leon*
 12/11 Wayne, Corydon*
 12/15 @ Pleasantville*
 12/18 Mount Ayr*
 12/22 Martensdale-St. Mary's*
 1/8 @ Lenox*
 1/12 @ Southeast Warren, Liberty Center*
 1/15 @ Nodaway Valley*
 1/19 Central Decatur, Leon*
 1/22 Bedford*
 1/26 @ Wayne, Corydon*
 1/28 Murray
 1/29 @ Corning*
 2/2 Pleasantville*
 2/5 East Union, Afton

2/9 @ Martensdale-St. Marys*
 2/11 Clarke, Osceola

IOWA CHRISTIAN ACADEMY

Coach: Tim Steinmeyer
 Conference: Rolling Hills
 Team Nickname: Trailblazers
 Returning Letterwinners:
 Colton Barton
 Andrew Klenk
 Connor Loginbill
 Jon Mason
 Troy Peters
 Nic Schroeder
 Keaton Schut

2008-09 Overall Record: 13-9
 12/1 @ Adair-Casey*
 12/4 Walnut*
 12/8 Orient-Macksburg*
 12/11 @ Glidden-Ralston*
 12/15 @ Exira*
 12/18 Ankeny Christian Academy*
 12/19 Twin Cedars, Bussey
 12/22 @ Paton-Churdan*
 1/4 Melcher-Dallas
 1/5 CAM, Anita*
 1/8 @ Elk Horn-Kimballton*
 1/11 Southeast Warren, Liberty Center
 1/12 Adair-Casey*
 1/15 @ Walnut*
 1/19 @ Orient-Macksburg*
 1/22 Glidden-Ralston*
 1/26 Exira*
 1/29 @ Ankeny Christian Academy*
 2/2 Paton-Churdan*
 2/5 @ CAM, Anita
 2/9 Elk Horn-Kimballton*

IOWA CITY, CITY HIGH

Coach: Adam Loria
 Conference: Mississippi Valley
 Team Nickname: Little Hawks
 Returning Letterwinners:
 Nolan Amelon
 Terrance Brown
 John Chelf
 Noah Cmiel
 A.J. Derby

2008-09 Overall Record: 17-6
 12/1 @ Des Moines, Abraham Lincoln
 12/5 Davenport, West
 12/8 @ Burlington
 12/11 Dubuque, Hempstead*
 12/15 Cedar Rapids, Kennedy*
 12/18 @ Iowa City, West*
 1/5 Cedar Rapids, Jefferson*
 1/8 @ Cedar Rapids, Washington*
 1/9 @ Muscatine
 1/12 Dubuque, Senior*
 1/15 @ Xavier, Cedar Rapids*
 1/19 @ Bettendorf
 1/22 @ Cedar Falls*
 1/26 @ Prairie, Cedar Rapids*
 1/30 Cedar Rapids, Washington @ US Cellular Center*
 2/2 @ Linn-Mar, Marion*
 2/6 Iowa City, West*
 2/9 @ Wahlert, Dubuque*
 2/12 Xavier, Cedar Rapids*
 2/16 @ Waterloo, West*
 2/18 Waterloo, East*

*Indicates Conference Game

IOWA CITY, WEST

Coach: Steve Bergman
 Conference: Mississippi Valley
 Team Nickname: Trojans
 Returning Letterwinners:
 Tayler Bontrager
 Jordan Bradley
 Clayton Freeman
 Lucas McLeran
 David Rachke
 Andrew Stratton
 Nick Wilson

2008-09 Overall Record: 11-13
 12/3 @ Muscatine
 12/7 @ Davenport, Central
 12/11 Waterloo, West*
 12/15 @ Waterloo, East*
 12/18 Iowa City, City High*
 12/22 Pleasant Valley
 1/5 @ Dubuque, Senior*
 1/8 Prairie, Cedar Rapids*
 1/9 @ Assumption, Davenport*
 1/12 @ Cedar Rapids, Kennedy*
 1/15 @ Linn-Mar, Marion*
 1/19 @ North Scott, Eldridge
 1/22 @ Dubuque, Hempstead*
 1/26 Xavier, Cedar Rapids*
 1/29 @ Prairie, Cedar Rapids*
 2/2 Wahlert, Dubuque*
 2/6 @ Iowa City, City High*
 2/9 Cedar Falls*
 2/12 Linn-Mar, Marion*
 2/16 @ Cedar Rapids, Washington*
 2/18 Cedar Rapids, Jefferson*

IOWA FALLS-ALDEN

Coach: Kyle Hutchinson
 Conference: North Central
 Team Nickname: Cadets
 Returning Letterwinners:
 Nate Adams
 Michael Krogh
 Aaron Nelson
 Spencer Nelson
 Kade Olson

2008-09 Overall Record: 16-6
 11/30 @ South Hardin
 12/1 Hampton-Dumont*
 12/4 @ Bishop Garrigan, Algona*
 12/8 Clear Lake*
 12/11 Humboldt*
 12/12 @ AGWSR, Ackley
 12/15 @ St. Edmond, Fort Dodge*
 12/18 @ Algona*
 12/22 Eagle Grove*
 1/5 Webster City*
 1/8 @ Clarion-Goldfield*
 1/15 Bishop Garrigan, Algona*
 1/16 Grundy Center
 1/19 @ Hampton-Dumont*
 1/22 @ Humboldt*
 1/26 St. Edmond, Fort Dodge*
 1/29 Algona*
 2/2 @ Eagle Grove*
 2/5 Clarion-Goldfield*
 2/12 @ Webster City*
 2/16 @ Clear Lake*

IOWA MENNONITE, KALONA

Coach: Dwight Gingerich
 Conference: SEISC-North

Team Nickname: IMS
 Returning Letterwinners:
 Jackson Brokaw
 Aaron Erb
 Ethan Gingerich
 Brant Kapple
 Stephen Peters
 Sean Prihoda
 Truman Shetler
 David Yoder
 Jacob Yoder

2008-09 Overall Record: 26-2
 12/1 @ WACO, Wayland*
 12/4 Louisa-Muscatine*
 12/8 @ Lone Tree*
 12/11 @ Pekin*
 12/15 Mediapolis*
 12/18 @ Wapello*
 12/19 Columbus, Columbus Junction*
 1/2 Morningstar Academy
 1/5 Highland, Riverside*
 1/8 Winfield-Mt. Union*
 1/12 WACO, Wayland*
 1/15 @ Louisa-Muscatine*
 1/16 Keokuk
 1/19 Lone Tree*
 1/22 Pekin*
 1/26 @ Mediapolis*
 1/29 Wapello*
 2/2 @ Columbus, Columbus Junction*
 2/5 @ Highland, Riverside*
 2/6 @ Washington
 2/9 @ Winfield-Mt. Union*
 2/12 @ Conference Shoot-out

IOWA VALLEY, MARENGO

Coach: Eric Henry
 Conference: SICL
 Team Nickname: Tigers
 Returning Letterwinners:
 Kurt Henry
 Cody Vogt

2008-09 Overall Record: 0-13
 12/1 @ BGM, Brooklyn*
 12/4 @ Lynnville-Sully*
 12/8 Keota*
 12/11 English Valleys, North English*
 12/14 H-L-V, Victor*
 12/15 @ Sigourney*
 12/18 Tri-County, Thornburg*
 12/22 @ Montezuma*
 1/5 @ Belle Plaine*
 1/8 @ North Mahaska, New Sharon*
 1/11 @ H-L-V, Victor*
 1/12 BGM, Brooklyn*
 1/15 Lynnville-Sully*
 1/19 West Branch
 1/22 @ Keota*
 1/26 @ English Valleys, North English*
 1/29 Sigourney*
 2/2 @ Tri-County, Thornburg*
 2/5 Montezuma*
 2/8 North Mahaska, New Sharon*
 2/9 Belle Plaine*

JANESVILLE

Coach: Scott Murley
 Conference: Iowa Star
 Team Nickname: Wildcats
 Returning Letterwinners:
 2008-09 Overall Record: 6-16

12/4 @ Tripoli*
 12/8 GMG, Garwin*
 12/11 North Tama, Traer*
 12/12 @ North-Linn, Troy Mills
 12/15 @ Clarksville*
 12/18 Dunkerton*
 12/21 West Central, Maynard
 12/22 @ Northeast Hamilton, Blairsburg*
 1/5 CAL, Latimer*
 1/8 @ Waterloo Christian*
 1/12 @ Don Bosco, Gilbertville*
 1/15 Tripoli*
 1/19 @ GMG, Garwin*
 1/22 @ North Tama, Traer*
 1/26 Clarksville*
 1/29 @ Dunkerton*
 2/2 Northeast Hamilton, Blairsburg*
 2/5 @ CAL, Latimer*
 2/9 Waterloo Christian*
 2/12 Don Bosco, Gilbertville*

JEFFERSON-SCRANTON

Coach: Mike McGinnis
 Conference: Heart of Iowa Large
 Team Nickname: Rams
 Returning Letterwinners:
 Dustin Ackerman
 Allen Fisher
 Quinn Marquardt
 Nolan Muench
 Curt Sievers

2008-09 Overall Record: 17-7
 12/4 Gilbert*
 12/8 Bondurant-Farrar*
 12/11 @ Roland-Story, Story City*
 12/12 @ Kuemper Catholic, Carroll
 12/15 Nevada*
 12/18 @ C-M-B*
 12/19 Perry
 12/22 @ Ogdon*
 1/5 @ PCM, Monroe*
 1/8 North Polk, Alleman*
 1/9 @ Carroll
 1/12 @ Grandview Park Baptist, Des Moines*
 1/15 @ Gilbert*
 1/16 @ Bondurant-Farrar*
 1/19 Roland-Story, Story City*
 1/22 @ Nevada*
 1/26 PCM, Monroe*
 1/29 C-M-B*
 2/2 Colo-Nesco*
 2/5 @ South Hamilton, Jewell*
 2/9 Colfax-Mingo*

JESUP

Coach: Hugh DeBerg
 Conference: NICL-East
 Team Nickname: J-Hawks
 Returning Letterwinners:
 Noah Brown
 Max Faulkner
 Brian Forsythe
 Brady Larson
 Brady Mattson
 Jordan Nieman
 Ethan Pelton
 Mitch Roberts
 Trey Versluis

2008-09 Overall Record: 3-19
 12/1 @ Independence
 12/4 @ Wapsie Valley, Fairbank*

*Indicates Conference Game

12/8 Hudson* 1/5
 12/11 @ Aplington-Parkersburg* 1/7
 12/12 BCLUW, Conrad 1/8
 12/15 Northern University High, C. Falls* 1/12
 12/18 @ Dike-New Hartford* 1/15
 12/22 Union, LaPorte City* 1/19
 1/5 Denver* 1/22
 1/8 Wapsie Valley, Fairbank* 1/25
 1/12 @ Hudson* 1/26
 1/15 Aplington-Parkersburg* 1/29
 1/16 East Marshall, LeGrand 2/2
 1/19 @ Northern University High, C. Falls* 2/5
 1/22 Dike-New Hartford* 2/9
 1/23 AGWSR, Ackley 2/12
 1/26 @ Gladbrook-Reinbeck
 1/29 @ Union, LaPorte City*
 2/2 @ Denver*
 2/8 Tripoli @ McLeod Center
 2/9 @ Grundy Center*

JOHNSTON

Coach: Bobby Sandquist
 Conference: CIML-Central
 Team Nickname: Dragons
 Returning Letterwinners:
 Mitch Fondell
 Bryce Johnson
 Corey Schaefer
 Nick Smith
 Andrew Vander Zuaag
 2008-09 Overall Record: 20-6
 12/1 Des Moines, North
 12/4 @ Des Moines, Abraham Lincoln
 12/8 Marshalltown
 12/11 @ Ankeny*
 12/15 @ Mason City
 12/18 Dowling Catholic, West Des Moines*
 12/22 Des Moines, East
 1/5 @ Urbandale*
 1/8 @ Southeast Polk*
 1/12 @ Indianola*
 1/15 Ankeny*
 1/19 @ Ottumwa
 1/22 @ Dowling Catholic, West Des Moines*
 1/26 Fort Dodge
 1/29 Urbandale*
 2/2 @ Waukee
 2/5 Southeast Polk*
 2/9 Des Moines, Roosevelt
 2/12 Indianola*
 2/16 Ames
 2/19 @ Valley, West Des Moines

KEE, LANSING

Coach: Gene Schultz
 Conference: Upper Iowa
 Team Nickname: Kee Hawks
 Returning Letterwinners:
 Jalen Cooper
 Blake Feuerhelm
 John Heiderscheitz
 Joe Manning
 Jason Mooney
 2008-09 Overall Record: 7-16
 12/1 @ Seneca, WI
 12/4 @ West Central, Maynard*
 12/11 Clayton Ridge, Guttenberg*
 12/15 @ MFL MarMac*
 12/18 North Fayette, West Union*
 12/19 De Soto, WI
 12/22 Spring Grove, MN

Central, Elkader* 2/5
 @ Mabel Canton, MN 2/8
 Postville* 2/9
 @ Valley Community, Elgin* 2/12
 @ Turkey Valley, Jackson Junction*
 South Winneshiek, Calmar*
 @ North Fayette, West Union*
 @ De Soto, WI
 @ Postville
 @ Central, Elkader*
 @ Sumner-Fredericksburg*
 Valley Community, Elgin*
 Turkey Valley, Jackson Junction*
 @ South Winneshiek, Calmar*

KEOKUK

Coach: Jeff Dahl
 Conference: Southeast
 Team Nickname: Chiefs
 Returning Letterwinners:
 David Dahl
 Tyler Hendrickson
 Julius Hurt
 Craig Smith
 Elliott Vandenberg
 2008-09 Overall Record: 13-11
 12/1 @ Burlington
 12/4 Fort Madison*
 12/8 @ Davis County, Bloomfield
 12/11 @ Mount Pleasant*
 12/12 Danville
 12/18 Washington*
 12/22 @ Louisa-Muscatine*
 1/5 @ Fairfield*
 1/11 Canyon, MO
 1/15 @ Fort Madison*
 1/16 @ Iowa Mennonite, Kalona
 1/22 Mount Pleasant*
 1/26 @ West Hancock, IL
 1/29 @ Washington*
 1/30 West Liberty
 2/2 @ Ottumwa
 2/5 Fairfield*
 2/6 @ South Shelby, MO
 2/9 Clark County, MO
 2/16 @ Quincy Notre Dame, IL
 2/19 Oskaloosa

KEOTA

Coach: Dan Stout
 Conference: SICL
 Team Nickname: Eagles
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Montezuma*
 12/4 English Valleys, North English*
 12/8 @ Iowa Valley, Marengo*
 12/14 Lynnville-Sully*
 12/15 North Mahaska, New Sharon*
 12/18 @ Belle Plaine*
 12/22 Sigourney*
 1/5 @ H-L-V, Victor*
 1/8 @ Tri-County, Thornburg*
 1/11 @ Lynnville-Sully*
 1/12 @ Montezuma*
 1/15 @ English Valleys, North English*
 1/19 BGM, Brooklyn*
 1/22 Iowa Valley, Marengo*
 1/23 Highland, Riverside
 1/29 @ North Mahaska, New Sharon*
 2/2 Belle Plaine*

@ Sigourney* 2/5
 Tri-County, Thornburg* 2/8
 H-L-V, Victor* 2/9
 @ BGM, Brooklyn* 2/12

KINGSLEY-PIERSON

Coach: Adam Rapp
 Conference: Western Valley
 Team Nickname: Panthers
 Returning Letterwinners:
 Brandon Bainbridge
 Evan Colfack
 Justin Keck
 Cody Kuchel
 Andrew Langel
 Joe Mason
 Ryan Mercer
 Travis Neumann
 Tate Rohde
 Tyler Sudbeck
 Matt Young
 2008-09 Overall Record:
 12/1 Woodbury Central, Merville
 12/3 @ St. Mary's, Remsen
 12/4 Maple Valley-Anthon-Oto*
 12/8 West Monona, Onawa
 12/11 Westwood, Sloan*
 12/18 @ River Valley, Correctionville*
 1/5 @ Woodbury Central, Merville*
 1/7 St. Mary, Storm Lake
 1/8 Galva-Holstein/Schaller-Crestland*
 1/11 @ Gehlen Catholic, LeMars
 1/12 Lawton-Bronson*
 1/15 @ OA-BCIG*
 1/19 @ Alta
 1/21 @ Remsen-Union
 1/23 @ Spalding Catholic, Granville
 1/29 Whiting
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/12 Marcus-Meriden-Cleghorn

KNOXVILLE

Coach: Brad McWilliams
 Conference: Little Hawkeye
 Team Nickname: Panthers
 Returning Letterwinners:
 Mike Jacks
 Blake McWilliams
 Luke Moore
 Kaleb Robuck
 Jason Ryan
 2008-09 Overall Record: 5-17
 12/1 @ Grinnell*
 12/4 South Tama County, Tama*
 12/8 Pella Christian*
 12/11 @ Newton*
 12/17 @ Albia
 12/18 Norwalk*
 12/21 @ Chariton
 1/5 @ Pella*
 1/8 @ Oskaloosa*
 1/9 A-D-M, Adel
 1/15 Grinnell*
 1/16 Carlisle
 1/19 @ South Tama County, Tama*
 1/22 @ Pella Christian*
 1/26 Newton*
 1/30 Albia

*Indicates Conference Game

2/2 @ Norwalk*
 2/5 Pella*
 2/6 @ Des Moines Christian
 2/9 Oskaloosa*
 2/16 @ Dallas Center-Grimes

KUEMPER CATHOLIC, CARROLL

Coach: Tyler Edwards
 Conference: Hawkeye Ten
 Team Nickname: Knights
 Returning Letterwinners:
 Bryce Berg
 Michael Greteman
 Kent Kenderson
 Taylor Pudenz
 Andrew Schleisman
 Alex Wiederin
 Cody Williams

2008-09 Overall Record: 7-15

12/1 @ Carroll
 12/4 @ Denison-Schleswig*
 12/8 Lewis Central*
 12/11 Glenwood*
 12/12 Jefferson-Scranton
 12/15 @ Harlan*
 12/18 Atlantic*
 12/22 Woodward Academy
 1/4 @ Shenandoah*
 1/8 Clarinda*
 1/9 @ East Sac County
 1/12 @ Red Oak*
 1/15 Denison-Schleswig*
 1/16 @ Creston*
 1/19 @ Lewis Central*
 1/22 @ Glenwood*
 1/26 Harlan*
 1/29 @ Atlantic*
 2/2 Creston*
 2/5 Shenandoah*
 2/9 @ Clarinda*
 2/12 Red Oak*

LAKE MILLS

Coach: Kyle Menke
 Conference: North Iowa
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Jordan Colby
 Marcus Gaskill
 Alex Grunhovd
 Eric Johnson
 Tyler Rice
 Chris Throne

2008-09 Overall Record: 13-10

12/1 @ Central Springs
 12/3 Northwood-Kensett
 12/5 Rockford
 12/8 @ Forest City*
 12/11 @ North Iowa, Buffalo Center*
 12/12 @ West Fork, Sheffield
 12/15 Belmond-Klemme*
 12/18 Garner-Hayfield*
 12/19 @ Estherville Lincoln Central
 1/5 @ Osage*
 1/8 West Hancock, Britt*
 1/15 Newman Catholic, Mason City*
 1/19 Forest City*
 1/22 North Iowa, Buffalo Center*
 1/23 North Sentral Kossuth
 1/26 @ Belmond-Klemme*

1/29 @ Garner-Hayfield*
 2/2 Osage*
 2/5 @ West Hancock, Britt*
 2/8 @ Newman Catholic, Mason City*
 2/12 Armstrong-Ringsted

LAMONI

Coach: Ryan Olson
 Conference: Blue Grass
 Team Nickname: Demons
 Returning Letterwinners:
 Rhett Boles
 Alex Carr
 Ethan Pitt
 Tyler Seymour
 Sterling Sherman

2008-09 Overall Record: 12-9

12/1 Murray
 12/3 North Mercer, MO
 12/4 Moravia*
 12/8 @ Mormon Trail, Garden Grove
 12/11 @ Seymour*
 12/15 @ Moulton-Udell*
 12/17 @ Mount Ayr
 12/18 Mormon Trail, Garden Grove*
 1/8 Lineville-Clio*
 1/12 Melcher-Dallas*
 1/15 @ Twin Cedars, Bussey*
 1/16-1/23 @ Conference Tournament
 1/26 Diagonal*
 1/29 @ Murray*
 2/1 North Harrison, MO
 2/2 @ Clarke, Osceola
 2/8 Central Decatur, Leon
 2/9 @ Diagonal

LAURENS-MARATHON

Coach: Todd Machino
 Conference: Northwest
 Team Nickname: Chargers
 Returning Letterwinners:

2008-09 Overall Record: 22-4

12/4 St. Mary, Storm Lake*
 12/7 Southern Cal, Lake City
 12/8 @ Aurelia*
 12/11 @ Newell-Fonda*
 12/17 @ Graettinger-Terril
 12/18 Sioux Central, Sioux Rapids*
 12/21 @ Rockwell City-Lytton
 1/7 @ Ruthven-Ayrshire
 1/8 @ Alta*
 1/12 Graettinger-Terril
 1/14 @ Pocahontas Area/Pomeroy-Palmer
 1/15 @ St. Mary, Storm Lake*
 1/19 Aurelia*
 1/21 @ Prairie Valley, Gowrie
 1/22 Newell-Fonda*
 1/26 @ Southern Cal, Lake City
 1/29 @ Sioux Central, Sioux Rapids*
 2/2 Armstrong-Ringsted
 2/5 Alta*
 2/9 Ruthven-Ayrshire
 2/12 @ East Sac County

LAWTON-BRONSON

Coach: Vince Johnson
 Conference: Western Valley
 Team Nickname: Eagles
 Returning Letterwinners:
 Jessie Baldwin
 Connor McNaughlin

Corrie Schroeder
 Mike Tolkamp
 2008-09 Overall Record: 8-11
 12/1 Whiting
 12/3 @ Galva-Holstein/Schaller-Crestland*
 12/11 OA-BCIG*
 12/15 River Valley, Correctionville
 12/18 @ Alta
 12/21 St. Mary's, Remsen
 1/4 @ Hinton
 1/5 Westwood, Sloan*
 1/8 Woodbury Central, Moville*
 1/12 @ Kingsley-Pierson*
 1/15 Charter Oak-Ute
 1/16 @ Boyer Valley, Dunlap
 1/19 Maple Valley-Anthon-Oto*
 1/22 @ River Valley, Correctionville*
 1/28 @ Remsen-Union
 1/29 @ Woodbury Central, Moville
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/4 @ Conference Tournament
 2/5 @ Conference Tournament
 2/12 West Monona, Onawa

LEMARS

Coach: Dave Irwin
 Conference: Pride of Iowa
 Team Nickname: Bulldogs
 Returning Letterwinners:

2008-09 Overall Record:
 12/1 Denison-Schleswig
 12/8 @ Storm Lake
 12/11 Spirit Lake
 12/12 @ Sioux City, West
 12/15 @ Emmetsburg
 12/18 Western Christian, Hull
 12/22 Bishop Heelan Catholic, Sioux City
 1/5 @ Spencer
 1/8 @ Cherokee, Washington
 1/15 Estherville Lincoln Central
 1/19 Storm Lake
 1/22 Spirit Lake
 1/26 Emmetsburg
 1/29 @ Western Christian, Hull
 1/30 Sheldon
 2/2 Spencer
 2/5 Cherokee, Washington
 2/9 @ Estherville Lincoln Central

LENOX

Coach: Jesse Cox
 Conference: Pride of Iowa
 Team Nickname: Tigers
 Returning Letterwinners:

Robert Brown
 Drew Barker
 Dylon Douglas
 Eric Hensley
 Connor Langer
 Landon Maynes
 Monte Maynes
 Ethan Westphal

2008-09 Overall Record: 12-10

12/1 Villisca
 12/4 @ Bedford*
 12/8 Nodaway Valley*
 12/11 @ East Union, Afton*
 12/15 @ Corning*
 12/17 @ Murray
 12/18 Central Decatur, Leon*

*Indicates Conference Game

1/5 Bedford*
 1/8 Interstate 35, Truro*
 1/12 @ Mount Ayr*
 1/15 @ Wayne, Corydon*
 1/16 @ Orient-Macksburg
 1/19 @ Nodaway Valley*
 1/22 Southeast Warren, Liberty Center*
 1/25 Diagonal
 1/26 East Union, Afton*
 1/29 @ Pleasantville*
 2/2 Corning*
 2/5 @ Martensdale-St. Mary's*
 2/8 @ Stanton
 2/9 Mount Ayr*

LEWIS CENTRAL

Coach: Dan Miller
 Conference: Hawkeye Ten
 Team Nickname: Titans
 Returning Letterwinners:
 Zach Larrison
 Denver Lohnes
 Alex Martinez
 Tyler McGrain
 Luke Norville
 Zach Pettepier
 Trevor Ryba
 Eric Toole

2008-09 Overall Record: 14-9
 12/5 Atlantic*
 12/8 @ Kuemper Catholic, Carroll*
 12/11 @ Shenandoah*
 12/15 Clarinda*
 12/18 @ Red Oak*
 12/22 Denison-Schleswig*
 1/5 @ Creston*
 1/8 @ Glenwood*
 1/12 Harlan*
 1/15 @ Atlantic*
 1/19 Kuemper Catholic, Carroll*
 1/21 St. Albert, Council Bluffs
 1/22 Shenandoah*
 1/26 @ Clarinda*
 1/28 @ Council Bluffs, Thomas Jefferson
 1/29 Red Oak*
 1/30 @ Council Bluffs, Abraham Lincoln
 2/5 Creston*
 2/9 Glenwood*
 2/12 @ Harlan*
 2/16 @ Denison-Schleswig*

LINEVILLE-CLIO

Coach: Mike Snyder
 Conference: Bluegrass
 Team Nickname: Eagles
 Returning Letterwinners:
 James Clow
 Cole Ellis
 James Harbeson
 Troy Richardson
 Derrick Snow
 Chase Wik
 Mike Wik

2008-09 Overall Record: 0-17
 12/1 @ Cainsville, MO
 12/4 Ridgeway, MO
 12/8 North Daviess, MO
 12/11 @ Moulton-Udell*
 12/15 @ Mormon Trail, Garden Grove*
 12/18 @ Melcher-Dallas*
 1/7 @ North Daviess, MO

1/8 @ Lamoni*
 1/11 @ Diagonal
 1/12 Moravia*
 1/16-1/23 @ Conference Tournament
 1/26 Seymour*
 1/29 Twin Cedars, Bussey*
 2/2 Diagonal*
 2/4 Cainsville, MO
 2/5 @ Murray*
 2/9 @ Seymour
 2/12 Mormon Trail, Garden Grove

LINN-MAR, MARION

Coach: Chris Robertson
 Conference: Mississippi Valley
 Team Nickname: Lions
 Returning Letterwinners:

Shane Benton
 Matt Bohannon
 Keith Brown
 Jody Henton
 Ryan Jennings
 Marcus Paige
 Will Roth
 Darius Stokes

2008-09 Overall Record: 23-3
 12/4 Davenport, Central
 12/5 @ Bettendorf
 12/11 Dubuque, Senior*
 12/12 @ Decorah
 12/15 @ Dubuque, Hempstead*
 12/18 Prairie, Cedar Rapids*
 12/19 Sioux City, North
 1/5 @ Waterloo, West*
 1/8 Xavier, Cedar Rapids*
 1/9 @ Timberwolves Shoot-out
 1/12 @ Waterloo, East*
 1/15 Iowa City, West*
 1/22 @ Cedar Rapids, Washington*
 1/26 Wahlert, Dubuque*
 1/29 @ Xavier, Cedar Rapids*
 2/2 Iowa City, City High*
 2/5 @ Prairie, Cedar Rapids*
 2/9 @ Cedar Rapids, Jefferson*
 2/12 @ Iowa City, West*
 2/16 Cedar Rapids, Kennedy*
 2/18 Cedar Falls*

LISBON

Coach: Matt Haddy
 Conference: Big East
 Team Nickname: Lions
 Returning Letterwinners:

Jordan Bahl
 Nathan Budde
 Jake Hendricks
 Ben Knuke
 Matt Knuke
 Cody Rickard
 Kris Walters
 Jacob Young

2008-09 Overall Record: 4-17
 12/1 West Liberty
 12/5 @ East Buchanan, Winthrop
 12/8 @ Calamus-Wheatland
 12/11 Morning Star Academy
 12/12 Durant
 12/15 Marquette Catholic, Bellevue*
 12/18 Prince of Peace Prep, Clinton*
 12/19 @ North Cedar, Stanwood
 12/22 Wilton

1/4 Alburnett
 1/8 @ Olin*
 1/9 North-Linn, Troy Mills
 1/12 Calamus-Wheatland*
 1/15 @ East Central, Miles*
 1/19 Midland, Wyoming*
 1/22 @ Andrew*
 1/26 Camanche*
 1/29 @ Northeast, Goose Lake*
 2/2 Preston*
 2/5 Bellevue*
 2/9 @ Midland, Wyoming

LOGAN-MAGNOLIA

Coach: Steve Nixon
 Conference: Western Valley
 Team Nickname: Panthers
 Returning Letterwinners:

Bryce Azinger
 Levi Ettleman
 Nate Fender
 Chance McDonald
 Tyler Rosengren

2008-09 Overall Record: 13-8
 12/1 @ Tri-Center, Neola
 12/4 Underwood
 12/8 Westwood, Sloan
 12/11 @ Ar-We-Va, Westside*
 12/14 @ Maple Valley-Anthon-Oto
 12/18 Charter Oak-Ute*
 12/21 @ West Harrison, Mondamin
 1/5 Woodbine*
 1/8 @ Boyer Valley, Dunlap*
 1/12 @ West Monona, Onawa*
 1/15 IKM-Manning*
 1/16 Riverside, Oakland
 1/19 Whiting*
 1/22 @ West Harrison, Mondamin*
 1/29 Galva-Holstein
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/8 @ Conference Tournament
 2/12 @ Missouri Valley
 East Mills

LONE TREE

Coach: TomSquiers
 Conference: SEISC-North
 Team Nickname: Lions
 Returning Letterwinners:

Kyle Close
 Trey Forbes
 Luke Hard
 Jackie Moore
 Quinn Rayner
 Luke Zemen

2008-09 Overall Record: 11-11
 11/30 @ Olin
 12/1 Columbus, Columbus Junction*
 12/3 @ West Branch
 12/4 Mediapolis*
 12/8 Iowa Mennonite, Kalona*
 12/11 @ Wapello*
 12/15 @ Winfield-Mt. Union*
 12/18 WACO, Wayland*
 12/19 @ Pekin*
 1/5 Laurens-Marathon*
 1/8 Highland, Riverside*
 1/12 @ Columbus, Columbus Junction*

*Indicates Conference Game

1/15 @ Mediapolis*
 1/19 @ Iowa Mennonite, Kalona*
 1/22 @ Wapello*
 1/26 Winfield-Mt. Union*
 1/29 @ WACO, Wayland*
 2/2 Pekin*
 2/5 @ Laurens-Marathon*
 2/9 @ Highland, Riverside*
 2/12 @ Conference Shoot-out

LOUISA-MUSCATINE

Coach: Trent Stout
 Conference: SEISC-North
 Team Nickname: Falcons
 Returning Letterwinners:
 2008-09 Overall Record: 6-14
 11/30 @ West Liberty
 12/1 Mediapolis*
 12/4 @ Iowa Mennonite, Kalona*
 12/8 @ Winfield-Mt. Union*
 12/11 WACO, Wayland*
 12/15 Wapello*
 12/18 Columbus Community, Columbus Junction*
 12/19 Highland, Riverside*
 12/22 Keokuk
 1/5 @ Lone Tree*
 1/8 @ Pekin*
 1/12 @ Mediapolis*
 1/15 Iowa Mennonite, Kalona*
 1/19 Winfield-Mt. Union*
 1/22 @ WACO, Wayland*
 1/26 @ Wapello*
 1/29 @ Columbus Community, Columbus Junction*
 2/2 @ Highland, Riverside*
 2/5 Lone Tree*
 2/9 Pekin*
 2/13 @ Conference Shoot-out

LYNNVILLE-SULLY

Coach: Nick Harthoorn
 Conference: SICL
 Team Nickname: Hawks
 Returning Letterwinners:
 Chase Cullen
 Corey Gifford
 Shawn Jansen
 Zach Stafford
 Taylor VanDekrol
 Jacob Van Maanen
 Andrew Van Wyk
 Logan Vos
 2008-09 Overall Record: 19-5
 12/1 @ Tri-County, Thornburg*
 12/4 Iowa Valley, Marengo*
 12/5 @ Eddyville-Blakesburg
 12/8 Sigourney*
 12/11 @ North Mahaska, New Sharon*
 12/14 @ Keota*
 12/15 @ Belle Plaine*
 12/18 H-L-V, Victor*
 1/5 @ Montezuma*
 1/8 @ BGM, Brooklyn*
 1/11 Keota*
 1/12 Tri-County, Thornburg*
 1/15 @ Iowa Valley, Marengo*
 1/19 English Valley, North English*
 1/22 @ Sigourney*
 1/26 North Mahaska, New Sharon*
 1/29 Belle Plaine*
 2/2 @ H-L-V, Victor*
 2/8 BGM, Brooklyn*

2/9 @ Montezuma*
 2/12 @ English Valley, North English*

MADRID

Coach: Jon Schmitz
 Conference: West Central
 Team Nickname: Tigers
 Returning Letterwinners:
 Tyler Ahrens
 Marc Bryan
 Brock Hinkel
 Johnny Mahoney
 CJ Manthe
 Brett Mathes
 Mike Sievers
 Eric Simmons
 TJ Van Dyke
 2008-09 Overall Record:
 12/4 Woodward-Granger*
 12/5 @ Coon Rapids-Bayard*
 12/8 Panorama, Panora*
 12/11 Earlham*
 12/15 @ West Central Valley, Stuart*
 12/18 @ Van Meter*
 1/5 Guthrie Center*
 1/8 Des Moines Christian*
 1/9 East Greene, Grand Junction*
 1/12 @ Woodward-Granger*
 1/15 Coon Rapids-Bayard*
 1/19 @ Panorama, Panora*
 1/21 Southeast Webster-Grand, Burnside
 1/22 @ Earlham*
 1/23 Woodward Academy
 1/26 West Central Valley, Stuart*
 1/28 @ Ankeny Christian Academy
 1/29 Van Meter*
 2/2 @ Guthrie Center*
 2/5 @ Des Moines Christian*
 2/9 @ East Greene, Grand Junction*

MAHARISHI, FAIRFIELD

Coach: Mitch Haas
 Conference: SEISC-South
 Team Nickname: Pioneers
 Returning Letterwinners:
 Pascha Bousquet
 Joseph Gelfand
 2008-09 Overall Record: 2-21
 12/1 Holy Trinity Catholic, Fort Madison*
 12/4 @ Central Lee, Donnellson*
 12/8 @ West Burlington*
 12/11 New London*
 12/15 Van Buren, Keosauqua*
 12/18 @ Notre Dame, Burlington*
 12/19 Cardinal, Eldon*
 1/5 @ Danville*
 1/8 @ Harmony, Farmington*
 1/9 @ Eddyville-Blakesburg*
 1/12 @ Holy Trinity Catholic, Fort Madison*
 1/15 Central Lee, Donnellson*
 1/16 Fairfield
 1/19 West Burlington*
 1/22 @ New London*
 1/26 @ Van Buren, Keosauqua*
 1/29 Notre Dame, Burlington*
 2/2 @ Cardinal, Eldon*
 2/5 Danville*
 2/9 Harmony, Farmington*
 2/12 @ Conference Shoot-out

MANSON NORTHWEST WEBSTER

Coach: Mark Pearson
 Conference: Twin Lakes
 Team Nickname: Cougars
 Returning Letterwinners:
 Kaden Cue
 Zach Steinhoff
 Kyle Twait
 Brandon Wessels
 Brandon McGinty
 2008-09 Overall Record: 13-9
 11/30 OA-BCIG
 12/3 @ Cherokee, Washington
 12/4 @ Southern Cal, Lake City*
 12/8 @ East Sac County*
 12/10 @ Eagle Grove
 12/11 Rockwell City-Lytton*
 12/18 @ Pochontas Area/Pomeroy-Palmer*
 12/19 @ Humboldt
 12/22 Newell-Fonda
 1/7 @ Emmetsburg
 1/8 Prairie Valley, Gowrie *
 1/14 North Sentral Kossuth
 1/15 @ Southeast Webster-Grand, Burnside*
 1/16 West Bend-Mallard
 1/19 Southern Cal, Lake City *
 1/22 East Sac County*
 1/26 @ Rockwell City-Lytton*
 2/2 Pochontas Area/Pomeroy-Palmer*
 2/5 @ Prairie Valley, Gowrie*
 2/9 Southeast Webster-Grand, Burnside*

MAPLE VALLEY-ANTHON-OTO

Coach: Brian Brown
 Conference: Western Valley
 Team Nickname: Rams
 Returning Letterwinners:
 Dylan Maynard
 Chris Oberg
 Drew Conover
 Ethan Heinse
 2008-09 Overall Record: 15-7
 12/1 @ West Monona, Onawa
 12/3 Missouri Valley
 12/4 @ Kingsley-Pierson*
 12/7 Charter Oak-Ute
 12/8 @ Boyer Valley, Dunlap
 12/11 River Valley, Bode*
 12/14 Logan-Magnolia
 12/17 @ Sergeant Bluff-Luton
 12/18 @ Galva-Holstein/Schaller-Crestland*
 1/5 OA-BCIG*
 1/12 Westwood, Sloan*
 1/15 Woodbury Central, Merville*
 1/18 @ East Sac County
 1/19 @ Lawton-Bronson*
 1/26 @ West Harrison, Mondamin
 2/1 @ Conference Tournament
 2/2 @ Conference Tournament
 2/5 @ Conference Tournament
 2/6 @ Conference Tournament
 2/8 Whiting
 2/11 Underwood

MAQUOKETA

Coach: Troy Osterhaus
 Conference: WaMac
 Team Nickname: Cardinals
 Returning Letterwinners:
 2008-09 Overall Record: 10-12
 11/30 Wahlert, Dubuque
 12/1 Center Point-Urbana*

*Indicates Conference Game

12/4 @Independence*
 12/8 Central Clinton, DeWitt*
 12/10 West Delaware, Manchester*
 12/15 Anamosa*
 12/18 @Epworth, Western Dubuque*
 1/5 Beckman, Dyersville*
 1/8 Mount Vernon*
 1/9 @Sherrard, IL
 1/12 Solon*
 1/15 @West Delaware, Manchester*
 1/19 @Central Clinton, DeWitt*
 1/22 Marion*
 1/26 @Anamosa*
 1/29 @Solon*
 2/2 Epworth, Western Dubuque*
 2/5 @Beckman, Dyersville*
 2/6 @Monticello
 2/9 @Mount Vernon*
 2/12 @Williamsburg*

MAQUOKETA VALLEY, DELHI

Coach: Scott Kriegel
 Conference: Tri-Rivers
 Team Nickname: Wildcats
 Returning Letterwinners:
 Derek Dzaboff
 Colt Feltes
 Tanner Ellison
 2008-09 Overall Record: 16-7
 12/4 @Starmont*
 12/8 Cascade, Western Dubuque*
 12/11 @Alburnett*
 12/15 @Springville*
 12/18 Edgewood-Colesburg*
 12/19 @Beckman, Dyersville
 12/22 @Center Point-Urbana
 1/5 @East Buchanan, Winthrop*
 1/8 Monticello*
 1/12 North-Linn, Troy Mills*
 1/15 @Central City*
 1/16 West Delaware, Manchester
 1/19 Starmont*
 1/22 Alburnett*
 1/26 Springville*
 1/29 @Edgewood-Colesburg*
 2/2 East Buchanan, Winthrop*
 2/5 @Monticello*
 2/9 Central City*
 2/11 Anamosa

MARCUS-MERIDEN-CLEGHORN

Coach: Pat Bird
 Conference: War Eagle
 Team Nickname: Eagles
 Returning Letterwinners:
 Will Hanson
 Neal Bunt
 2008-09 Overall Record: 3-19
 12/1 @Remsen-Union
 12/4 @Gehlen Catholic, LeMars
 12/8 Spalding Catholic, Granville*
 12/11 @Sergeant Bluff-Luton*
 12/12 @St. Mary, Storm Lake
 12/15 St. Mary's, Remsen*
 12/18 @Hinton*
 12/22 @Unity Christian, Orange City*
 1/5 @St. Mary's, Remsen
 1/8 West Sioux, Hawarden*
 1/12 @Akron-Westfield
 1/15 @South O'Brien, Paullina*
 1/19 @Spalding Catholic, Granville

1/22 Akron-Westfield*
 1/23 @Ruthven-Ayrshire
 1/29 Remsen-Union*
 2/2 @West Sioux, Hawarden
 2/4 Aurelia
 2/5 Gehlen Catholic, LeMars*
 2/9 @Hartley-Melvin-Sanborn*
 2/12 @Kingsley-Pierson

MARION

Coach: Mike Manderscheid
 Conference: WaMac
 Team Nickname: Indians
 Returning Letterwinners:
 Kasey Semler
 Corey Kramer
 Dalton Combs
 Hunter Sade
 2008-09 Overall Record: 20-5
 12/1 @Central Clinton, DeWitt*
 12/4 West Delaware, Manchester*
 12/5 Cedar Rapids, Kennedy
 12/8 @Williamsburg*
 12/11 @Independence*
 12/12 @Cedar Rapids, Jefferson
 12/15 Center Point-Urbana*
 12/18 Benton, Van Horne*
 1/5 Vinton-Shellsburg*
 1/8 @Clear Creek-Amana*
 1/12 @Columbus Catholic, Waterloo*
 1/15 Independence*
 1/19 Williamsburg*
 1/22 @Maquoketa*
 1/26 @Center Point-Urbana*
 1/29 Columbus Catholic, Waterloo
 2/2 @Benton, Van Horne*
 2/5 @Vinton-Shellsburg*
 2/9 Clear Creek-Amana*
 2/12 Epworth, Western Dubuque*
 2/16 Mount Pleasant

MARQUETTE CATHOLIC, BELLEVUE

Coach: Jim Squiers
 Conference: Big East
 Team Nickname: Mohawks
 Returning Letterwinners:
 Ben Pankowski
 Ryan Sieverding
 Rob Timmer
 Kyle Jacobs
 2008-09 Overall Record: 14-10
 12/1 @Calamus-Wheatland
 12/4 Marquette Invitational
 12/5 Marquette Invitational
 12/11 @Preston*
 12/12 Beckman, Dyersville
 12/15 @Lisbon*
 12/18 Camanche*
 12/21 @Durant
 12/22 East Central, Miles
 1/5 @Camanche
 1/8 @Northeast, Goose Lake*
 1/9 Monticello
 1/12 Preston*
 1/15 @Bellevue*
 1/19 Olin*
 1/22 Prince of Peace Prep, Clinton*
 1/26 Calamus-Wheatland*
 1/29 East Central, Miles*
 2/2 Midland, Wyoming*
 2/5 @Andrew*

2/6 Cascade, Western Dubuque@Loras College

MARSHALLTOWN

Coach: Ron Ginapp
 Conference: CIML
 Team Nickname: Bobcats
 Returning Letterwinners:
 Jarred Carlson
 Chanse Creekmur
 Jordan Judkins
 Nick Thimesch
 2008-09 Overall Record: 16-6
 12/1 @Indianola
 12/4 Des Moines, North
 12/8 @Johnston
 12/11 Fort Dodge*
 12/12 Newton
 12/15 Des Moines, Hoover
 12/18 @Valley, West Des Moines*
 12/21 @Urbandale
 1/5 @Mason City*
 1/8 @Ames*
 1/12 Waukee*
 1/15 @Fort Dodge*
 1/19 Des Moines, Roosevelt
 1/22 Valley, West Des Moines*
 1/26 @Dowling Catholic, West Des Moines
 1/29 Mason City*
 2/5 Ames*
 2/9 @Ankeny
 2/12 @Waukee*
 2/16 @Southeast Polk
 2/19 Des Moines, Abraham Lincoln

MARTENSDALE-ST. MARYS

Coach: Joe Franey
 Conference: Pride of Iowa
 Team Nickname: Blue Devils
 Returning Letterwinners:
 Hayden Van House
 Zeb Noel
 Nick Ferin
 Jake Defenbaugh
 Weston Connor
 Eric Rimard
 Tiegen Wood
 Zach Wood
 2008-09 Overall Record: 3-20
 12/1 @Earlham
 12/4 @Wayne, Corydon*
 12/8 Southeast Warren, Liberty Center*
 12/11 Pleasantville*
 12/15 @Central Decatur, Leon*
 12/18 @Nodaway Valley
 12/22 @Interstate 35, Truro*
 1/5 Wayne, Corydon*
 1/8 @Mount Ayr*
 1/15 Bedford*
 1/19 @Southeast Warren, Liberty Center*
 1/22 Corning*
 1/26 @Pleasantville*
 1/29 @East Union, Afton*
 2/2 Central Decatur, Leon
 2/5 Lenox*
 2/9 Interstate 35, Truro*
 2/12 @Murray

MASON CITY

Coach: Jon Nelson
 Conference: CIML
 Team Nickname: Mohawks

*Indicates Conference Game

Returning Letterwinners:

Lincoln Vorba
Mike Hudson
Jake Peter
Sam Skogen
Matt Merry

2008-09 Overall Record: 5-18

12/1 @Forest City
12/4 Urbandale
12/5 Charles City
12/8 Des Moines, North
12/11 Valley, West Des Moines
12/15 Johnston
12/18 @Waukee
1/5 Marshalltown
1/8 Fort Dodge
1/9 @Des Moines, Hoover
1/15 @Valley, West Des Moines
1/16 Ames
1/19 Ankeny
1/22 Waukee
1/29 @Marshalltown
1/30 @Cedar Falls
2/5 @Fort Dodge
2/6 Dowling Catholic, West Des Moines
2/12 @Ames
2/16 @Des Moines, East
2/19 Southeast Polk

MEDIAPOLIS

Coach: Greg Worrall
Conference: SEISC North
Team Nickname: Bulldogs
Returning Letterwinners:

Jacob Holsteen
Blake Wulf
Matt Schulte
Chad Hasten
Cody Vantiger
Conner Kester
Tanner Siegworth
Ethan Gerst

2008-09 Overall Record: 5-17

12/1 @Louisa-Muscatine*
12/4 @Lone Tree*
12/8 @Highland, Riverside*
12/11 Columbus, Columbus Junction*
12/15 @Iowa Mennonite, Kalona*
12/18 Winfield-Mt. Union*
12/19 @WACO, Wayland*
12/21 @Notre Dame, Burlington
1/8 @Wapello*
1/9 @Pekin*
1/12 Louisa-Muscatine*
1/15 Lone Tree*
1/19 Highland, Riverside*
1/22 @Columbus, Columbus Junction*
1/26 Iowa Mennonite, Kalona*
1/29 @Winfield-Mt. Union*
2/2 WACO, Wayland*
2/5 Pekin*
2/8 West Burlington
2/9 Wapello*
2/12 @ Conference Tournament

MELCHER-DALLAS

Coach:Jon Suntken/Jim Wells
Conference: Bluegrass
Team Nickname: Saints
Returning Letterwinners:

Robert Bingham
Matt Maxfield
Cameron Ripperger
Jacob Wadle
Clint Wetterling

2008-09 Overall Record: 10-10

12/1 Moravia
12/4 Moulton-Udell*
12/11 @ Moravia*
12/12 Chariton
12/15 Twin Cedars, Bussey*
12/18 Lineville-Clio*
12/22 Mormon Trail, Garden Grove
1/4 @ Iowa Christian Academy
1/8 Woodward Academy
1/9 Martensdale-St. Mary's
1/12 @ Lamoni*
1/15 @ Diagonal*
1/16-23 @ Bluegrass Conference Tournament
1/26 @ Mormon Trail, Garden Grove*
1/30 Southeast Warren, Liberty Center
2/2 Murray*
2/5 @ Seymour*
2/9 Twin Cedars, Bussey
2/12 Wayne, Corydon

MESKWAKI SETTLEMENT SCHOOL

Coach: Steadman Brown
Conference: Iowa Star
Team Nickname: Warriors
Returning Letterwinners:
2008-09 Overall Record: 4-3

11/30 @Janesville*
12/3 Cal, Latimer*
12/5 Waterloo Christian*
12/8 Colo-Nesco
12/10 Scattergood Friends
12/12 Clarksville*
12/15 B-G-M, Brooklyn
12/18 Woodward Academy
12/19 @Morning Star Academy
1/6 @Montezuma
1/8 Rivermont Collegiate
1/9 @North Tama, Traer*
1/11 @Mid-Prairie, Wellman
1/16 Northeast Hamilton, Blairsburg*
1/19 @Grundy Center
1/21 Don Bosco, Gilbertville*
1/23 @Dunkerton*
1/29 @Scattergood Friends
1/30 Morning Star Academy
2/1 Woodward Academy
2/6 G-M-G, Garwin

MFL MARMAC

Coach: Eric Dettbarn
Conference: Upper Iowa
Team Nickname: Bulldogs
Returning Letterwinners:

Collin Thompson
Cory Donlon
John Rothmeyer
D.J. Pfeiffer
Harlan Greener

2008-09 Overall Record: 9-13

11/30 Decorah
12/1 @Prairie du Chien, WI
12/4 Valley Community, Elgin*
12/8 @Postville*
12/11 Sumner-Fredericksburg*
12/15 Kee, Lansing*

12/18 Turkey Valley, Jackson Junction*
12/22 Clayton Ridge, Guttenberg*
1/5 Waukon
1/8 @West Central, Maynard*
1/12 South Winneshiek, Calmar*
1/15 North Fayette, West Union*
1/19 @Central, Elkader*
1/22 @Turkey Valley, Jackson Junction*
1/23 @New Hampton
1/29 West Central, Maynard*
2/2 @South Winneshiek, Calmar*
2/5 @Clayton Ridge, Guttenberg
2/6 Wapsie Valley, Fairbank
2/9 @North Fayette, West Union*
2/12 Central, Elkader*

MID-PRAIRIE, WELLMAN

Coach: Don Showalter
Conference: Cedar Valley
Team Nickname: Golden Hawks
Returning Letterwinners:

Tanner Miller
Kaleb Duwa
Cody Bontrager
Quinn Hollan
Micah Berg
Mark Aldeman
Christian Boehmer
Aaron Smit
Oliver Hassman
Zac Passmore
Alan Ouverson

2008-09 Overall Record: 18-6

11/30 @ Williamsburg
12/1 @Washington
12/8 West Branch*
12/10 @Clear Creek-Amana
12/11 Regina, Iowa City*
12/15 @Tipton*
12/18 Durant*
12/22 @Solon
1/4 Mount Pleasant
1/5 North Cedar, Stanwood*
1/8 @West Liberty*
1/12 @Wilton*
1/15 @West Branch*
1/19 @Regina, Iowa City*
1/22 Tipton*
1/26 @Durant*
1/29 @North Cedar, Stanwood*
2/2 @Fairfield
2/5 Wilton*
2/9 Washington
2/12 West Liberty*

MIDLAND, WYOMING

Coach: Matt Hartman
Conference: Big East
Team Nickname: Eagles
Returning Letterwinners:

Kolby Harms
Mark Petersen
Jon Hansen
Sam McCreedy
Jarred Stepp
Ryan Andreesen
Cole Ackley

2008-09 Overall Record: 7-15

12/1 East Central, Miles
12/4 Calamus-Wheatland
12/5 Wilton

*Indicates Conference Game

12/8 Bellevue
 12/12 @Springville*
 12/15 @Northeast, Goose Lake*
 12/18 Calamus-Wheatland*
 12/19 Monticello
 12/22 @Olin*
 1/8 @East Central, Miles*
 1/12 Olin
 1/15 Andrew*
 1/19 @Lisbon*
 12/22 Camanche*
 1/26 Preston*
 1/29 @Bellevue*
 1/30 @Tipton
 2/2 @Marquette Catholic, Bellevue*
 2/5 Prince of Peace Prep, Clinton
 2/6 @Central City
 2/9 Lisbon

MISSOURI VALLEY

Coach: Travis Maasen
 Conference: Western Iowa
 Team Nickname: Big Reds
 Returning Letterwinners:
 Josh York
 Cory Cunard
 Joey Cipolla
 Nick Monzu
 Dustin Nelson
 Nolan Ford
 Kyle Wilson
 Jole Miller
 Corey Chapin

2008-09 Overall Record: 8-14

12/1 Boyer Valley, Dunlap
 12/3 @Maple Valley-Anthon-Oto
 12/8 Underwood*
 12/11 @Griswold*
 12/14 @Westwood, Sloan
 12/15 AHST, Avoca*
 12/18 Audubon*
 12/19 West Harrison, Mondamin
 1/5 Treynor*
 1/8 @Riverside, Oakland*
 1/9 @West Monona, Onawa
 1/12 @Tri-Center, Neola*
 1/15 Griswold*
 1/19 @AHST, Avoca*
 1/22 @Audubon*
 1/26 @Treynor*
 1/29 Tri-Center, Neola*
 2/2 @Underwood*
 2/5 Riverside, Oakland*
 2/8 Logan-Magnolia
 2/11 @Woodbine

MOC-FLOYD VALLEY

Coach: Loren DeJong
 Conference: Siouxland
 Team Nickname: Dutchmen
 Returning Letterwinners:
 Davis Bloemendaal
 Wyatt Vander Voort
 Trevor Starkweather
 Chris Vander Zwaag

2008-09 Overall Record:

12/1 @Sioux Center
 12/4 West Lyon, Inwood
 12/8 @Central Lyon, Rock Rapids
 12/11 @Boyden-Hull
 12/15 Sibley-Ocheyedan

12/18 @George-Little Rock
 12/19 @Unity Christian, Orange City
 12/22 Sheldon
 1/7 Rock Valley@Tyson Event Center
 1/8 Okoboji, Milford
 1/12 Western Christian, Hull
 1/15 Sioux Center
 1/19 @West Lyon, Inwood
 1/22 Central Lyon, Rock Rapids
 1/26 Boyden-Hull
 1/29 @Sibley-Ocheyedan
 2/2 George-Little Rock
 2/5 @Sheldon
 2/9 Rock Valley
 2/12 @Okoboji, Milford
 2/18 @Sioux City, West

MONTEZUMA

Coach: Derek Schulte
 Conference: SICL
 Team Nickname: Braves
 Returning Letterwinners:
 Damon Bryan
 D.J. Sutfin
 Victor Bushong

2008-09 Overall Record: 14-9

12/1 @Keota*
 12/4 @Tri-County, Thornburg*
 12/8 North Mahaska, New Sharon*
 12/11 @Belle Plaine*
 12/14 @Sigourney*
 12/15 English Valleys, North English*
 12/18 @B-G-M, Brooklyn*
 12/21 @Eddyville-Blakesburg
 12/22 Iowa Valley, Marengo*
 1/5 @Lynnville-Sully*
 1/11 Sigourney*
 1/12 Keota*
 1/15 Tri-County, Thornburg*
 1/19 H-L-V, Victor*
 1/22 @North Mahaska, New Sharon*
 1/26 Belle Plaine*
 1/29 @English Valleys, North English*
 2/2 B-G-M, Brooklyn*
 2/5 @Iowa Valley, Marengo*
 2/9 Lynnville-Sully*
 2/12 @H-L-V, Victor*

MONTICELLO

Coach: Tim Lambert
 Conference: Tri-Rivers
 Team Nickname: Panthers
 Returning Letterwinners:

Jay Ahlrichs
 Dan Hosen
 Jordan Harms
 2008-09 Overall Record: 9-14
 12/4 @Cascade, Western Dubuque*
 12/8 @Starmont*
 12/11 Edgewood-Colesburg*
 12/12 Anamosa
 12/15 @Alburnett*
 12/18 Central City*
 12/19 @Midland, Wyoming
 1/5 @Springville*
 1/8 @Maquoketa Valley, Delhi*
 1/9 @Marquette Catholic, Bellevue
 1/12 East Buchanan, Winthrop*
 1/15 North Linn, Troy Mills*
 1/19 Cascade, Western Dubuque*
 1/22 @Edgewood-Colesburg*

1/26 Alburnett*
 1/29 @Central City*
 2/2 Springville*
 2/5 Maquoketa Valley, Delhi*
 2/6 Maquoketa
 2/9 @North Linn, Troy Mills*
 2/12 Northeast, Goose Lake

MORAVIA

Coach: Brian Bickel
 Conference: Bluegrass
 Team Nickname: Mohawks
 Returning Letterwinners:
 Kody Kerr
 Jack Clouse
 Keith Rowley
 Blake Weilbrenner
 Chris Bird
 Tyler Pfannebecker

2008-09 Overall Record: 4-16

12/1 @Melcher-Dallas
 12/4 @Lamoni*
 12/5 @Albia
 12/8 @Eddyville-Blakesburg
 12/11 Melcher-Dallas*
 12/19 Moulton-Udell
 1/5 Twin Cedars, Bussey
 1/7 @Cardinal, Eldon
 1/8 @Diagonal*
 1/11 @Seymour*
 1/12 @Lineville-Clio*
 1/15 Murray*
 1/16 Conference Tournament
 1/19 Conference Tournament
 1/21 Conference Tournament
 1/23 Conference Tournament
 1/26 @Twin Cedars, Bussey*
 1/29 @Moulton-Udell*
 2/2 Seymour*
 2/5 @Mormon Trail, Garden Grove*
 2/6 Davis County, Bloomfield

MORMON TRAIL, GARDEN GROVE

Coach: Aaron Parmer
 Conference: Blue Grass
 Team Nickname: Saints
 Returning Letterwinners:
 Travis Arnold
 Alec Ballanger
 Colton Gwinn
 Austin Leer
 Cody Leer
 Trevor Polluck

2008-09 Overall Record: 5-13

12/1 Mount Ayr
 12/4 @Diagonal*
 12/8 Lamoni
 12/11 @Murray*
 12/15 @Lineville-Clio*
 12/18 @Lamoni*
 12/21 Central Decatur, Leon
 12/22 @Melcher-Dallas
 1/8 @Twin Cedars, Bussey*
 1/12 Seymour
 1/16-1/23 @Conference Tournament
 1/25 @Moravia
 1/26 Melcher-Dallas*
 2/1 Diagonal
 2/2 @Moulton-Udell*
 2/4 @Southeast Warren, Liberty Center
 2/5 Moravia*

*Indicates Conference Game

2/8 @ Seymour
 2/9 Murray
 2/12 @ Lineville-Clio

MORNING STAR ACADEMY, BETTENDORF

Coach: Bill Sandry
 Conference:
 Team Nickname: Mustangs
 Returning Letterwinners:
 Josh Brown
 Tim Daniel
 Taylor Fore
 Josiah Jacques
 2008-09 Overall Record:
 11/30 @ Pleasant Valley
 12/4 @ Davenport, West
 12/11 @ Lisbon
 12/12 Camanche
 12/15 @ Durant
 12/19 Meskwaki Settlement School
 12/22 @ Davenport, North
 1/2 @ Iowa Mennonite, Kalona
 1/4 Calamus-Wheatland
 1/5 @ Rivermont Collegiate, Bettendorf
 1/9 @ Andrew
 1/12 Washington
 1/16 Olin
 1/21 Unity Christian, IL
 1/23 Lone Tree
 1/26 United, IL
 1/30 @ Meskwaki Settlement School
 2/4 Rivermont Collegiate, Bettendorf
 2/6 @ Olin
 2/8 @ Unity Christian, IL
 2/12 @ Wilton

MOULTON-UDELL

Coach: Brent Martsching
 Conference: Bluegrass
 Team Nickname: Eagles
 Returning Letterwinners:
 Cody Korthaus
 Michael Waybill
 Austin Pauls
 Kaleb Brinesar
 Chase Kirby
 Colton Probasco
 Clinton Scott
 Dyllan Lawson
 2008-09 Overall Record: 18-5
 11/30 @Central Decatur, Leon
 12/1 @Seymour
 12/4 @Melcher-Dallas*
 12/8 Novinger, MO
 12/11 Lineville-Clio*
 12/12 @Harmony, Farmington
 12/15 Lamon*
 12/18 @Diagonal*
 12/19 @Moravia*
 1/8 @Murray*
 1/11 Albia
 1/15 Seymour*
 1/16-1/23 Conference Tournament
 1/26 Centerville
 1/29 Moravia*
 2/2 Mormon Trail, Garden Grove*
 2/5 @Twin Cedars, Bussey*
 2/9 @Schuyler County, MO

MOUNT AYR

Coach: Bret Ruggles
 Conference: Pride of Iowa
 Team Nickname: Raiders
 Returning Letterwinners:
 Colton Bolles
 Dusty Lyden
 Malcom Mercer
 David Showalter
 Matt Sobotka
 2008-09 Overall Record: 7-15
 11/30 Murray
 12/1 @ Mormon Trail, Garden Grove
 12/4 @ Corning*
 12/8 @ East Union, Afton*
 12/11 Bedford*
 12/15 @ Nodaway Valley*
 12/17 @ Lamoni
 12/18 @ Interstate 35, Truro*
 1/5 Corning*
 1/8 Martensdale-St. Mary's*
 1/11 Clarke, Osceola
 1/12 Lenox*
 1/15 @ Central Decatur, Leon*
 1/19 East Union, Afton*
 1/22 Wayne, Corydon*
 1/25 Clarinda Academy
 1/26 @ Bedford*
 1/29 @ Southeast Warren, Liberty Center*
 2/2 Nodaway Valley*
 2/5 Pleasantville*
 2/9 @ Lenox*

MOUNT PLEASANT

Coach: Paul Rundquist
 Conference: Southeast
 Team Nickname: Panthers
 Returning Letterwinners:
 Henry Krieger-Coble
 Scott Hahn
 Austin Marshall
 Bobby Thorne
 Mason Donnelly
 Eric Hahn
 Darian Cotton
 2008-09 Overall Record: 19-5
 12/1 Xavier, Cedar Rapids
 12/4 @Fairfield*
 12/5 Pella
 12/8 @Prairie, Cedar Rapids
 12/11 Keokuk*
 12/12 Central Lee, Donnellson
 12/18 @Fort Madison*
 12/19 Burlington
 12/22 @Centerville
 1/4 @Mid-Prairie, Wellman
 1/8 Washington*
 1/9 @WACO, Wayland
 1/15 Fairfield*
 1/19 Muscatine
 1/22 @Keokuk*
 1/25 Regina, Iowa City
 1/29 Fort Madison*
 2/5 @Oskaloosa
 2/12 @Washington*
 2/16 @Marion
 2/18 Ottumwa

MOUNT VERNON

Coach: Ed Timm

Conference: WaMac
 Team Nickname: Mustangs
 Returning Letterwinners:
 2008-09 Overall Record: 15-8
 12/1 Clear Creek-Amana*
 12/4 @Vinton-Shellsburg*
 12/5 @Grinnell*
 12/8 @Beckman, Dyersville*
 12/11 Solon*
 12/15 Central Clinton, DeWitt*
 12/18 @West Delaware, Manchester*
 1/5 Epworth, Western Dubuque*
 1/8 @Maquoketa*
 1/9 Regina, Iowa City
 1/12 @Anamosa*
 1/15 @Solon*
 1/19 Beckman, Dyersville*
 1/22 Columbus Catholic, Waterloo*
 1/23 @Prairie, Cedar Rapids
 1/26 @Central Clinton, DeWitt*
 1/29 Anamosa*
 2/2 West Delaware, Manchester*
 2/5 @Epworth, Western Dubuque*
 2/9 Maquoketa*
 2/12 @Center Point-Urbana*

MURRAY

Coach: Darin Wookey
 Conference: Bluegrass
 Team Nickname: Mustangs
 Returning Letterwinners:
 Jeremy Shaw
 Remington Siefkus
 Eric Hamer
 Landon Turner
 Scotty Hampton
 2008-09 Overall Record: 7-14
 11/30 @Mount Ayr
 12/1 @Lamoni
 12/4 @Seymour*
 12/11 Mormon Trail, Garden Grove*
 12/15 Diagonal*
 12/17 Lenox
 1/5 @Diagonal
 1/7 Orient-Macksburg
 1/8 Moulton-Udell*
 1/12 @Twin Cedars, Bussey*
 1/14 @East Union, Afton
 1/15 @Moravia*
 1/16-1/23 Conference Tournament
 1/28 @Interstate35, Truro
 1/29 Lamon*
 2/2 @Melcher-Dallas*
 2/5 Lineville-Clio*
 2/9 @Mormon Trail, Garden Grove
 2/12 Martensdale-St. Mary's

MUSCATINE

Coach: Brandon Welsch
 Conference: Mississippi Athletic
 Team Nickname: Muskies
 Returning Letterwinners:
 Jake Ahman
 Nick Clemens
 Andrew Failor
 Andrew Howell
 Chris Lawhead
 Ryan Meineke
 Cole Miller
 2008-09 Overall Record: 2-20
 12/3 Iowa City, West

*Indicates Conference Game

12/5 Prairie, Cedar Rapids
 12/11 @North Scott, Eldridge*
 12/15 Assumption, Davenport*
 12/18 @Clinton*
 1/5 @Davenport, Central*
 1/8 @ Burlington*
 1/9 Iowa City, City High
 1/12 Davenport, North*
 1/15 @Pleasant Valley*
 1/19 @Mount Pleasant
 1/22 @Bettendorf*
 1/26 Davenport, West*
 1/29 North Scott, Eldridge*
 1/30 Washington
 2/2 @Assumption, Davenport*
 2/5 Clinton*
 2/9 Davenport, Central*
 2/12 Burlington*
 2/16 @Davenport, North*
 2/19 Pleasant Valley*

NASHUA-PLAINFIELD

Coach: Matt Welp
 Conference: Corn Bowl
 Team Nickname: Huskie
 Returning Letterwinners:
 Tanner Baldwin
 2008-09 Overall Record: 3-17
 11/30 New Hampton
 12/8 @Saint Ansgar*
 12/11 @Riceville*
 12/15 Northwood-Kensett*
 12/18 @ Central Springs*
 12/19 @Sumner-Fredericksburg
 1/2 @Denver
 1/8 @West Fork, Sheffield*
 1/11 Turkey Valley, Jackson Junction
 1/12 Rockford*
 1/15 North Butler, Greene*
 1/19 Riceville*
 1/22 @Saint Ansgar*
 1/23 @Hudson
 1/26 @Northwood-Kensett*
 1/29 Central Springs*
 2/2 @Rockford*
 2/5 West Fork, Sheffield*
 2/6 Charles City
 2/9 @North Butler, Greene*

NEVADA

Coach: Joel Fey
 Conference: Heart of Iowa
 Team Nickname: Cubs
 Returning Letterwinners:
 Dylan Bellile
 Ryan Young
 Aaron Randall
 Max Herzberg
 2008-09 Overall Record:
 12/1 @Colfax-Mingo*
 12/4 @PCM, Monroe*
 12/8 @South Hamilton, Jewell*
 12/11 C-M-B*
 12/15 @Jefferson-Scranton*
 12/18 Roland-Story*
 12/19 Ballard
 12/22 Bondurant-Farrar*
 1/5 Gilbert*
 1/12 @North Polk, Alleman*
 1/15 PCM, Monroe*
 1/16 @C-M-B*

1/19 @Grandview Park Baptist, Des Moines*
 1/22 Jefferson-Scranton*
 1/26 @Roland-Story, Story City*
 1/29 @Bondurant-Farrar*
 2/2 @Gilbert*
 2/5 Ogden*
 2/9 Colo-Nesco*
 2/11 @Dallas Center-Grimes
 2/18 Boone

NEW HAMPTON

Coach: John Joachim
 Conference: Northeast Iowa
 Team Nickname: Chickasaw
 Returning Letterwinners:
 Dylan Boyd
 Kyle Hackman
 Brandon Henn
 Judd Landers
 Nathan Nicolaisen
 2008-09 Overall Record: 17-7
 11/30 @Nashua-Plainfield
 12/1 Sumner-Fredericksburg
 12/8 @Oelwein*
 12/10 North Fayette, West Union
 12/15 Waverly-Shell Rock*
 12/19 @South Winneshiek, Calmar
 12/22 @Waukon*
 1/2 Turkey Valley, Jackson Junction
 1/5 @Saint Ansgar
 1/8 Decorah*
 1/9 @Osage
 1/14 Riceville
 1/15 Charles City*
 1/19 @Crestwood, Cresco*
 1/23 MFL MarMac
 1/29 Oelwein*
 2/2 @Waverly-Shell Rock*
 2/5 Waukon*
 2/9 @Decorah*
 2/12 @Charles City*
 2/16 Crestwood, Cresco*

NEW LONDON

Coach: Curt Watson
 Conference: SEISC
 Team Nickname: Tigers
 Returning Letterwinners:
 Steven Meyer
 Kyle Helmerson
 Austin Allen
 Luke Griffis
 Jade Hobbs
 2008-09 Overall Record: 9-13
 12/1 @Central Lee, Donnellson
 12/4 West Burlington
 12/8 Harmony, Farmington
 12/11 @Maharishi, Fairfield
 12/15 Cardinal, Eldon
 12/18 @Danville
 12/19 Holy Trinity Catholic, Fort Madison
 1/5 @Van Buren, Keosauqua
 1/8 @Notre Dame, Burlington
 1/9 Wapello
 1/12 Central Lee, Donnellson
 1/15 @West Burlington
 1/16 @Winfield-Mt. Union
 1/19 @Harmony, Farmington
 1/22 Maharishi, Fairfield
 1/26 @Cardinal, Eldon
 1/29 Danville

2/2 @Holy Trinity Catholic, Fort Madison
 2/5 Van Buren, Keosauqua
 2/9 Notre Dame, Burlington
 2/12 @ Conference Tournament

NEWELL-FONDA

Coach: Paul Loos
 Conference: Northwest
 Team Nickname: Mustangs
 Returning Letterwinners:
 Cody Wells
 Alex Vanderhoff
 Brad Bohe
 Jacob Johnson
 Conner Juilfs
 2008-09 Overall Record: 7-15
 11/30 Rockwell City-Lytton
 12/1 St. Mary, Storm Lake*
 12/3 @Spencer
 12/8 @Sioux Central, Sioux Rapids*
 12/11 Laurens-Marathon*
 12/12 @Southern Cal, Lake City
 12/15 Alta*
 12/18 @East Sac County
 12/19 OA-BCIG
 12/22 @Manson Northwest Webster
 1/5 Prairie Valley, Gowrie
 1/8 Aurelia*
 1/9 Pocahontas Area/Pomeroy-Palmer
 1/12 @St. Mary, Storm Lake*
 1/14 @Estherville Lincoln Central
 1/19 Sioux Central, Sioux Rapids*
 1/22 @Laurens-Marathon*
 1/26 @Alta*
 1/28 East Sac County
 2/5 @Aurelia*
 2/8 Galva-Holstein/Schaller-Crestland

NEWMAN CATHOLIC, MASON CITY

Coach: Grant Trygsted
 Conference: North Iowa
 Team Nickname: Knights
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Saint Ansgar
 12/3 Woden-Crystal Lake-Titonka
 12/8 @West Hancock, Britt*
 12/11 @Osage*
 12/12 @Northwood-Kensett
 12/15 @Garner-Hayfield*
 12/18 @Belmond-Klemme*
 12/19 @West Fork, Sheffield
 1/5 North Iowa, Buffalo Center*
 1/8 @Forest City*
 1/9 Central Springs
 1/15 @Lake Mills*
 1/16 Rockford
 1/19 West Hancock, Britt*
 1/22 Osage*
 1/26 Garner-Hayfield*
 1/29 Belmond-Klemme*
 1/30 St. Edmond, Fort Dodge
 2/2 @North Iowa, Buffalo Center*
 2/5 Forest City*
 2/8 Lake Mills*

NEWTON

Coach: Tom Vanderlaan
 Conference: Little Hawkeye
 Team Nickname: Cardinals
 Returning Letterwinners:

*Indicates Conference Game

Colten McDermott
 Grant McDermott
 Devon Hugen
 Ryan VanMaanen
 Josh Bates
 2008-09 Overall Record: 3-17
 12/1 Pella*
 12/4 Grinnell*
 12/11 Knoxville*
 12/12 @Marshalltown*
 12/15 @Pella Christian*
 12/18 @Oskaloosa*
 12/22 Cedar Rapids, Washington
 1/5 @Norwalk*
 1/7 Boone
 1/12 South Tama County, Tama*
 1/15 @Pella*
 1/19 @Grinnell*
 1/26 @Knoxville*
 1/29 Pella Christian*
 2/2 Oskaloosa*
 2/5 Norwalk*
 2/8 Chariton
 2/9 @Boone
 2/12 @South Tama County, Tama*
 2/18 Perry

NODAWAY VALLEY

Coach: Darrell Burmeister
 Conference: Pride of Iowa
 Team Nickname: Wolverines
 Returning Letterwinners:

Jordan Bovee
 Steven McFarland
 Nick Fox
 Chad Varley
 Blake Quam
 Travis Jameson
 Stephen Hansen
 J.R. Hicks

2008-09 Overall Record: 19-3
 12/1 Clarinda
 12/4 East Union, Afton*
 12/8 @Lenox*
 12/11 @Corning*
 12/12 Dallas Center-Grimes
 12/15 Mount Ayr*
 12/18 Martensdale-St. Mary's*
 1/5 @East Union, Afton*
 1/8 @Pleasantville*
 1/9 @CAM, Anita
 1/12 @Bedford*
 1/16 Interstate 35, Truro*
 1/17 West Central Valley, Stuart
 1/22 @Central Decatur, Leon*
 1/26 Corning*
 1/29 @Wayne, Corydon*
 2/2 @Mount Ayr*
 2/5 Southeast Warren, Liberty Center*
 2/8 Bedford*
 2/11 Griswold

NORTH BUTLER, GREENE

Coach:
 Conference: Corn Bowl
 Team Nickname: Bearcats
 Returning Letterwinners:
 Rich Vickers
 Reese Kock
 Cole Chambers
 Lucas Dralle

2008-09 Overall Record: 15-6
 11/30 @Aplington-Parkersburg
 12/5 Gladbrook-Reinbeck
 12/8 Riceville*
 12/11 @Saint Ansgar*
 12/12 Hampton-Dumont
 12/15 Central Springs*
 12/18 Northwood-Kensett*
 1/5 @AGWSR, Ackley
 1/8 @Rockford*
 1/12 West Fork, Sheffield*
 1/15 @Nashua-Plainfield*
 1/16 BCLUW, Conrad
 1/19 Saint Ansgar*
 1/22 @Riceville*
 1/26 @Central Springs*
 1/29 @Northwood-Kensett*
 2/2 @West Fork, Sheffield*
 2/5 Rockford*
 2/9 Nashua-Plainfield*

NORTH CEDAR, STANWOOD

Coach: Scott Jackson
 Conference: Cedar Valley
 Team Nickname: Knights
 Returning Letterwinners:

Jacob Edleman
 Brian Hansen
 Casey Jones
 Tyler Braughton
 Tyler Glover
 Josh Droll
 Aaron Hintz
 Jordan Hay
 Jace Ahrendsen

2008-09 Overall Record: 21-3
 12/1 @Northeast, Goose Lake
 12/8 Durant*
 12/11 @West Branch*
 12/12 @Bellevue
 12/15 @West Liberty*
 12/18 Wilton*
 1/5 @Mid-Prairie, Wellman*
 1/8 Regina, Iowa City*
 1/9 Alburnett
 1/12 Tipton*
 1/15 @Durant*
 1/16 @Clayton Ridge, Guttenberg
 1/22 West Liberty*
 1/23 Camanche
 1/26 @Wilton*
 1/29 Mid-Prairie, Wellman*
 1/30 Lisbon@US Cellular Center
 2/2 @Regina, Iowa City*
 2/5 @Tipton*
 2/8 West Branch*
 2/12 @Prince of Peace

NORTH FAYETTE, WEST UNION

Coach: Dan Hovden
 Conference: Upper Iowa
 Team Nickname: Hawks
 Returning Letterwinners:

Marcus Baumier
 Eric Horn
 Tom Heying
 Reid Nuss
 Davis Wulfkuhle
 Steve Schroeder
 Brady Feldman

2008-09 Overall Record: 4-17

12/4 @South Winneshiek, Calmar*
 12/8 West Central, Maynard*
 12/10 @New Hampton
 12/15 @Clayton Ridge, Guttenberg*
 12/18 @Kee, Lansing*
 12/22 Cresco, Crestwood
 1/5 @Postville*
 1/8 @Valley Community, Elgin*
 1/9 Decorah
 1/12 @Sumner-Fredericksburg*
 1/14 Waukon
 1/15 @MFL MarMac
 1/19 Turkey Valley, Jackson Junction*
 1/22 Kee, Lansing*
 1/26 Valley Community, Elgin*
 1/29 Postville*
 1/30 @Oelwein
 2/2 Central, Elkader*
 2/5 Sumner-Fredericksburg*
 2/9 MFL MarMac*
 2/12 @Turkey Valley, Jackson Junction*

NORTH IOWA, BUFFALO CENTER

Coach: Chad Hinders
 Conference: North Iowa
 Team Nickname: Bison
 Returning Letterwinners:

Ben Matson
 Nic Hassebrock
 Anthony Kokakis
 Logan Hovland
 Brent Price

2008-09 Overall Record: 10-13
 11/30 @C-W-L, Corwith
 12/1 West Fork, Sheffield
 12/5 North Central Kossuth
 12/8 @Belmond-Klemme*
 12/11 Lake Mills*
 12/15 Forest City*
 12/17 @Central Springs
 12/18 @West Hancock, Britt*
 1/5 @Newman Catholic, Mason City*
 1/8 Garner-Hayfield*
 1/11 Woden-Crystal Lake-Titonka
 1/15 @Osage*
 1/19 Belmond-Klemme*
 1/22 @Lake Mills*
 1/25 @Armstrong-Ringsted
 1/26 @Forest City*
 1/29 West Hancock, Britt*
 2/2 Newman Catholic, Mason City*
 2/5 @Garner-Hayfield*
 2/8 @Osage*
 2/12 Northwood-Kensett

NORTH MAHASKA, NEW SHARON

Coach: Jeff Phillips
 Conference: South Iowa Cedar
 Team Nickname: Warhawks
 Returning Letterwinners:

Kody Lake
 Chaz McBirnie
 Dylan Boyle

2008-09 Overall Record: 12-9
 12/1 Belle Plaine*
 12/4 @Sigourney*
 12/8 @Montezuma*
 12/11 Lynnville-Sully*
 12/14 @B-G-M, Brooklyn*
 12/15 @Keota*
 12/18 English Valleys, North English*

*Indicates Conference Game

12/22 @H-L-V, Victor*
 1/8 Iowa Valley, Marengo*
 1/11 B-G-M, Brooklyn*
 1/12 @Belle Plaine*
 1/15 Sigourney*
 1/18 @Albia
 1/19 @Tri-County, Thornburg*
 1/22 Montezuma*
 1/26 @Lynnville-Sully*
 1/29 Keota*
 2/2 @English Valleys, North English*
 2/5 H-L-V, Victor*
 2/8 @Iowa Valley, Marengo*
 2/12 Tri-County, Thornburg*

NORTH POLK, ALLEMAN

Coach: Tron Scott
 Conference: Heart of Iowa-Large
 Team Nickname: Comets
 Returning Letterwinners:
 2008-09 Overall Record: 9-13
 12/1 @Gilbert*
 12/4 South Hamilton, Jewell*
 12/5 West Marshall, State Center
 12/8 @Prairie Valley, Gowrie
 12/11 Colfax-Mingo*
 12/18 PCM, Monroe*
 12/21 Colo-Nesco*
 12/22 @Grandview Park Baptist, Des Moines*
 1/5 @Ogden*
 1/8 @Jefferson-Scranton*
 1/12 Nevada*
 1/15 @South Hamilton, Jewell
 1/16 Grandview Park Baptist, Des Moines*
 1/19 @Colfax-Mingo*
 1/22 @Carlisle
 1/23 Ballard
 1/26 @C-M-B
 1/29 @Colo-Nesco*
 2/2 Ogden*
 2/5 Roland-Story, Story City*
 2/9 @Bondurant-Farrar*

NORTH SCOTT, ELDRIDGE

Coach: Shamus Budde
 Conference: Mississippi Athletic
 Team Nickname: Lancers
 Returning Letterwinners:
 Brandon Vos
 Aaron Huber
 Nolan Swanson
 Jake Mirfield
 Eric Poirier
 Austin Schwartz
 2008-09 Overall Record: 18-7
 12/1 Wahlert, Dubuque
 12/4 @Prairie, Cedar Rapids
 12/11 Muscatine*
 12/15 @Pleasant Valley*
 12/18 @Burlington*
 12/19 @Quad Cities Shoot-out
 1/5 Assumption, Davenport*
 1/8 Bettendorf*
 1/12 Clinton*
 1/15 Davenport, West*
 1/19 Iowa City, West
 1/22 @Davenport, Central*
 1/26 Davenport, North*
 1/29 @Muscatine*
 2/2 Pleasant Valley*
 2/5 Burlington*

2/6 @Central Clinton, DeWitt
 2/9 @Assumption, Davenport*
 2/12 @Bettendorf*
 2/16 @Clinton*
 2/19 @Davenport, West*

NORTH SENTRAL KOSSUTH

Coach: Chad Heinen
 Conference: Cornbelt
 Team Nickname: Eagles
 Returning Letterwinners:
 2008-09 Overall Record:
 11/30 Bishop Garrigan, Algona
 12/1 @Twin River Valley, Bode*
 12/4 C-W-L, Corwith*
 12/5 @North Iowa, Buffalo Center
 12/8 @West Bend-Mallard*
 12/11 Woden-Crystal Lake-Titonka*
 12/15 @Ventura*
 12/18 @Harris-Lake Park*
 1/5 Twin River Valley, Bode*
 1/8 Armstrong-Ringsted*
 1/12 @C-W-L, Corwith*
 1/14 @Manson Northwest Webster
 1/19 West Bend-Mallard*
 1/22 Clay Central-Everly*
 1/23 @Lake Mills
 1/26 @Woden-Crystal Lake-Titonka*
 1/29 @Graettinger-Terril*
 1/30 @Armstrong-Ringsted
 2/2 Ventura*
 2/5 Ruthven-Ayrshire*

NORTH TAMA, TRAEER

Coach: Brandon Clubb
 Conference: Iowa Star
 Team Nickname: Redhawks
 Returning Letterwinners:
 Lucas Hefty
 Brendon Boerm
 Cade Isenhower
 Tyler Cizek
 2008-09 Overall Record: 13-9
 11/30 Belle Plaine
 12/4 @Waterloo Christian*
 12/5 @East Marshall, LeGrand
 12/8 Tripoli*
 12/11 @Janesville*
 12/15 @GMG, Garwin*
 12/18 CAL, Latimer*
 12/22 Don Bosco, Gilbertville*
 1/5 @Dunkerton*
 1/8 Clarksville*
 1/12 @Northeast Hamilton, Blairsburg*
 1/15 Waterloo Christian*
 1/19 @Tripoli*
 1/22 Janesville*
 1/26 GMG, Garwin*
 1/29 @CAL, Latimer*
 1/30 @Gladbrook-Reinbeck
 2/2 @Don Bosco, Gilbertville*
 2/5 Dunkerton*
 2/9 @Clarksville*
 2/12 Northeast Hamilton, Blairsburg*

NORTH-LINN, TROY MILLS

Coach: Mike Hilmer
 Conference: Tri-Rivers
 Team Nickname: Lynx
 Returning Letterwinners:

Matt Supple
 Trevor Pflughaupt
 Tanner Pease
 Mike Meisheid
 Tyler Vavricek
 Jaye Wauman
 2008-09 Overall Record: 13-9
 11/30 Valley Community, Elgin
 12/4 @Alburnett*
 12/8 East Buchanan, Winthrop*
 12/11 Springville*
 12/12 Janesville
 12/15 @Cascade, Western Dubuque*
 12/18 @Starmont*
 1/5 Edgewood-Colesburg*
 1/8 Central City*
 1/9 @Lisbon
 1/12 @Maquoketa Valley, Delhi*
 1/15 @Monticello*
 1/19 Alburnett*
 1/22 @Springville*
 1/26 Cascade, Western Dubuque*
 1/29 Starmont*
 1/30 @Central, Elkader
 2/2 @Edgewood-Colesburg*
 2/5 @Central City*
 2/9 Monticello
 2/11 East Buchanan, Winthrop

NORTHEAST HAMILTON, BLAIRSBURG

Coach: Brandon Kelley
 Conference: Iowa Star
 Team Nickname: Trojans
 Returning Letterwinners:
 Trey Seiser
 Houston Harreld
 Clay Harreld
 Marcus Mechaelsen
 Corey Hassebrock
 Ethan Seiser
 2008-09 Overall Record: 14-10
 11/30 Woden-Crystal Lake-Titonka
 12/3 @Southeast Webster-Grand, Burnside
 12/4 Dunkerton*
 12/8 @CAL, Latimer*
 12/11 @Tripoli*
 12/12 C-W-L, Corwith
 12/15 Waterloo Christian*
 12/18 @Don Bosco, Gilbertville*
 12/22 Janesville*
 1/5 @Clarksville*
 1/8 GMG, Garwin*
 1/12 North Tama, Traer*
 1/15 @Dunkerton*
 1/16 @Meskwaki Settlement School
 1/19 CAL, Latimer*
 1/22 Tripoli*
 1/26 @Waterloo Christian*
 1/29 Don Bosco, Gilbertville*
 2/2 @Janesville*
 2/5 Clarksville*
 2/9 @GMG, Garwin*
 2/12 @North Tama, Traer*

NORTHEAST, GOOSE LAKE

Coach: Travis Eversmeyer
 Conference: Big East
 Team Nickname: Rebels
 Returning Letterwinners:
 C.J. Herrington
 Jed Rogis

*Indicates Conference Game

Ryne Lingle
Tanner Kleppe
Tanner Loots
Marty Hansen
2008-09 Overall Record: 19-4
12/1 North Cedar, Stanwood
12/5 @Calamus-Wheatland
12/8 Prince of Peace Prep, Clinton
12/11 East Central, Miles
12/15 Midland, Wyoming*
12/18 @Andrew*
12/22 Bellevue
1/5 @Preston
1/8 Marquette Catholic, Bellevue*
1/12 @Camanche*
1/15 @Olin*
1/19 Preston*
1/22 @Bellevue*
1/23 @Tipton
1/26 @Prince of Peace Prep, Clinton*
1/29 Lisbon*
1/30 @Central Clinton, DeWitt
2/2 Calamus-Wheatland*
2/5 @East Central, Miles*
2/9 Camanche
2/11 @Monticello

NORTHERN UNIVERSITY HIGH

Coach: Paul Eiser
Conference: NICL East
Team Nickname: Panthers
Returning Letterwinners:
Eddie Diemer
Kyle Denning
Tanner Cooke
Johnny Hines
Aaron Jones
Jalen Baines
Dominick Fagan

2008-09 Overall Record: 20-5
12/4 @Dike-New Hartford*
12/5 @Waterloo, East
12/8 Union, LaPorte City*
12/11 Denver*
12/15 @Jesup*
12/18 Wapsie Valley, Fairbank*
12/21 Crestwood, Cresco@Wartburg College, Waverly
1/4 South Hardin
1/5 Aplington-Parkersburg*
1/8 Dike-New Hartford*
1/9 @ Hudson*
1/12 @Union, LaPorte City*
1/15 @Denver*
1/19 Jesup*
1/22 @Wapsie Valley, Fairbank*
1/26 BCLUW, Conrad
1/29 Hudson*
1/30 West Marshall, State Center
2/2 @Aplington-Parkersburg*
2/8 Grundy Center@McLeod Center
2/9 @AGWSR, Ackley

NORTHWOOD-KENSETT

Coach: Marty Cotter
Conference: Corn Bowl
Team Nickname: Vikings
Returning Letterwinners:
Sam Arnold
Christian Burnes
Jacob Gordon
Jayson Olson

Tyson Werner
2008-09 Overall Record: 12-9
12/1 West Hancock, Britt
12/3 @Lake Mills
12/8 West Fork, Sheffield*
12/11 @Rockford*
12/12 Newman Catholic, Mason City
12/15 @Nashua-Plainfield*
12/18 @North Butler, Greene*
1/8 Saint Ansgar*
1/12 @Riceville*
1/15 @Central Springs*
1/19 Rockford*
1/21 Ventura
1/22 @West Fork, Sheffield*
1/26 Nashua-Plainfield*
1/28 @Glenville, MN
1/29 North Butler, Greene*
2/2 Keota*
2/4 @CAL, Latimer
2/5 @Saint Ansgar*
2/9 Central Springs*
2/12 @North Iowa, Buffalo Center

NORWALK

Coach: Chris Larson
Conference: Little Hawkeye
Team Nickname: Warriors
Returning Letterwinners:
Jared Stogdill
Jake Logan
Garrett Crall
Chris Onstot
Sean Stephany
Austin Ward
Nate Jones
Travis Mateer
Jake Loll
Marcus Littleton
Austin Dermody

2008-09 Overall Record: 24-3
12/1 @Oskaloosa*
12/4 Ballard
12/8 Grinnell*
12/15 @South Tama County, Tama*
12/18 @Knoxville*
12/22 Boone
1/5 Newton*
1/8 Pella Christian*
1/9 @Dallas Center-Grimes
1/12 @Pella*
1/15 Oskaloosa*
1/22 @Grinnell*
1/23 @Des Moines, Roosevelt
1/29 South Tama County, Tama*
1/30 Perry
2/2 Knoxville*
2/5 @Newton*
2/9 @Pella Christian*
2/12 Pella*
2/13 Winterset
2/18 @A-D-M, Adel

NOTRE DAME, BURLINGTON

Coach: Ryan Rump
Conference: SEISC-South
Team Nickname: Nikes
Returning Letterwinners:
Andrew Schilling
Kameron Gray

Derek Carlson
Jon Lowell
Chris Kottenstette
Jacob Giertz
2008-09 Overall Record: 23-4
12/1 @Danville*
12/4 Cardinal, Eldon*
12/8 Van Buren, Keosauqua*
12/11 @Holy Trinity Catholic, Fort Madison*
12/12 @Fort Madison
12/15 @Harmony, Farmington*
12/18 Maharishi, Fairfield*
12/19 @Central Lee, Donnellson*
12/21 Mediapolis
1/5 West Burlington*
1/8 New London*
1/12 Danville*
1/15 @Cardinal, Eldon*
1/19 @Van Buren, Keosauqua*
1/22 Holy Trinity Catholic, Fort Madison*
1/26 Harmony, Farmington*
1/29 @Maharishi, Fairfield*
2/2 Central Lee, Donnellson*
2/5 @West Burlington*
2/9 @New London*
2/12 North/South Shootout

OA-BCIG

Coach: Jim Mickelson
Conference: Western Valley
Team Nickname: Falcons
Returning Letterwinners:
Alex Warnke
Cole Boger
Bret Phillips
Dayton Hoelscher
Trent Iverson
Quinn Reik
Josh Blair

2008-09 Overall Record: OA 5-15/ BC-IG 17-4
11/30 @Manson Northwest Webster
12/1 River Valley, Correctionville*
12/4 Woodbury Central, Merville*
12/5 Hinton
12/11 @Lawton-Bronson*
12/15 @IKM-Manning
12/17 @Sioux City, West
12/19 @Newell-Fonda
12/22 East Sac County
1/5 @Maple Valley-Anthon-Oto*
1/9 Sioux City, North@Tyson Event Center
1/11 @Cherokee, Washington
1/12 @Galva-Holstein/Schaller-Crestland*
1/15 Kingsley-Pierson*
1/21 Westwood, Sloan*
1/29 Ar-We-Va, Westside
2/1 @Conference Tournament
2/2 @Conference Tournament
2/5 @Conference Tournament
2/6 @Conference Tournament

OELWEIN

Coach: Nick Schauf
Conference: Northeast Iowa
Team Nickname: Huskies
Returning Letterwinners:
Kyle Fink
Cody Michael
Justin Stewart
2008-09 Overall Record: 14-9
11/30 Starmont

*Indicates Conference Game

12/8 New Hampton*
 12/11 @ Waterloo, East
 12/18 @ Crestwood, Cresco*
 12/19 @ West Delaware, Manchester
 12/22 @ Decorah*
 1/8 Charles City*
 1/9 West Central, Maynard
 1/15 Waverly-Shell Rock*
 1/16 @ Denver
 1/19 @ Waukon*
 1/22 Crestwood, Cresco*
 1/23 @ Wapsie Valley, Fairbank
 1/29 @ New Hampton*
 1/30 North Fayette, West Union
 2/5 Decorah*
 2/8 Independence
 2/9 @ Charles City*
 2/12 @ Waverly-Shell Rock*
 2/16 Vinton-Shellsburg
 2/18 Waukon*

OGDEN

Coach: David Morris
 Conference: Heart of Iowa-North
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Tyler Baumhover
 Bronson Mayse
 Asher Van Sickle
 Adam Adreon
 Byron Klauenberg
 Gabe Summerhays
 Josh Turner
 Tanner Wilson

2008-09 Overall Record: 4-13

11/30 @West Central Valley, Stuart
 12/1 C-M-B*
 12/4 Grandview Park Baptist, Des Moines*
 12/5 @Boone
 12/8 @Colfax-Mingo*
 12/15 South Hamilton, Jewell*
 12/18 @Colo-Nesco*
 12/19 Woodward-Granger
 12/22 Jefferson-Scranton*
 1/5 North Polk, Alleman*
 1/8 @Bondurant-Farrar*
 1/12 Gilbert*
 1/14 @Grandview Park Baptist, Des Moines*
 1/16 Colfax-Mingo*
 1/19 Southeast Webster-Grand, Burnside
 1/22 @South Hamilton, Jewell*
 1/26 Colo-Nesco*
 1/29 PCM, Monroe*
 2/2 @North Polk, Alleman*
 2/5 @Nevada*
 2/9 Roland-Story, Story City*

OKOBOJI, MILFORD

Coach: Ryan Paulsen
 Conference: Siouxland
 Team Nickname: Pioneers
 Returning Letterwinners:
 Matt Baschke
 Matt Ohl
 Milan Johnson
 William Burgduff

2008-09 Overall Record: 16-9

12/1 @Sibley-Ocheyedan*
 12/3 @Harris-Lake Park
 12/4 @Sioux Center*
 12/8 George-Little Rock*

12/11 West Lyon, Inwood*
 12/12 Emmetsburg
 12/14 @Sheldon*
 12/18 @Central Lyon, Rock Rapids*
 12/22 Rock Valley*
 1/5 Boyden-Hull*
 1/8 @MOC-Floyd Valley*
 1/15 Sibley-Ocheyedan*
 1/16 @Spirit Lake
 1/19 Sioux Center*
 1/22 @George-Little Rock*
 1/26 @West Lyon, Inwood*
 1/29 Sheldon*
 2/2 Central Lyon, Rock Rapids*
 2/5 @Rock Valley*
 2/9 @Boyden-Hull*
 2/12 MOC-Floyd Valley*

OLIN

Coach: Kahm Sauer
 Conference: Big East
 Team Nickname: Lions
 Returning Letterwinners:
 Logan Hansen
 Seth Bondixen
 Austin Schminke
 Josh Heinsius
 Josh Rouse
 Nathan Sawyer
 Tyler Crowfoot

2008-09 Overall Record: 1-21

11/30 Lone Tree
 12/15 Prince of Peace Prep, Clinton*
 12/18 @Preston*
 12/19 @Springville
 12/21 @ Rivermont Collegiate, Bettendorf
 12/22 Midland, Wyoming
 1/4 @Central City
 1/8 Lisbon*
 1/12 @Midland, Wyoming*
 1/15 Northeast, Goose Lake*
 1/16 @Morning Star Academy, Bettendorf
 1/19 @Marquette Catholic, Bellevue*
 1/22 East Central, Miles*
 1/23 Rivermont Collegiate, Bettendorf
 1/26 Bellevue*
 1/29 @Camanche*
 2/2 Andrew*
 2/5 @Calamus-Wheatland*
 2/6 Morning Star Academy, Bettendorf
 2/8 @Rivermont Collegiate, Bettendorf
 2/9 Preston
 2/12 @Andrew

ORIENT-MACKSBURG

Coach: Steve Tussey
 Conference: Rolling Hills
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Kyle Thompson
 Michael Kaufman
 Drew Davis
 Andrew Pool
 Nick Ray

2008-09 Overall Record: 13-9

12/1 @Walnut*
 12/4 Paton-Churdan*
 12/8 @Iowa Christian Academy*
 12/11 @Exira*
 12/15 Elk Horn -Kimballton*
 12/18 Adair-Casey*

12/22 @Glidden-Ralston*
 1/5 Ankeny Christian Academy*
 1/7 @Murray
 1/8 @CAM, Anita*
 1/12 Walnut*
 1/15 @Paton-Churdan*
 1/19 Iowa Christian Academy*
 1/22 Exira*
 1/26 @Elk Horn-Kimballton*
 1/29 @Adair-Casey*
 2/2 Glidden-Ralston*
 2/5 @Ankeny Christian Academy*
 2/6 Clarinda Academy
 2/9 CAM, Anita*
 2/12 East Union, Afton

OSAGE

Coach: Steve Bremer
 Conference: North Iowa
 Team Nickname: Green Devils
 Returning Letterwinners:
 Jon Lutz
 Marcus Christensen
 Trevor Molitor
 Luke Wagner
 J.T. Lee
 Ryan Goche

2008-09 Overall Record: 3-18

12/1 Crestwood, Cresco
 12/5 @Saint Ansgar
 12/8 @Garner-Hayfield*
 12/11 Newman Catholic, Mason City*
 12/12 @Riceville
 12/15 @West Hancock, Britt*
 12/18 @Forest City*
 12/19 Rockford
 1/5 Lake Mills*
 1/8 @Belmond-Klemme*
 1/9 New Hampton
 1/12 Charles City
 1/15 North Iowa, Buffalo Center*
 1/19 Garner-Hayfield*
 1/22 @Newman Catholic, Mason City*
 1/23 Central Springs
 1/26 West Hancock, Britt*
 1/29 Forest City*
 2/2 @Lake Mills*
 2/5 Belmond-Klemme*
 2/8 @North Iowa, Buffalo Center*

OSKALOOSA

Coach: Brian White
 Conference: Little Hawkeye
 Team Nickname: Indians
 Returning Letterwinners:

2008-09 Overall Record: 15-8

11/30 @Fairfield
 12/1 Norwalk*
 12/4 @Pella*
 12/8 South Tama County, Tama*
 12/11 Pella Christian*
 12/15 Eddyville-Blakesburg
 12/18 Newton*
 1/8 Knoxville*
 1/9 @Xavier, Cedar Rapids
 1/12 @Grinnell*
 1/15 @Norwalk*
 1/19 Pella*
 1/22 @South Tama County, Tama*
 1/26 @Pella Christian*
 2/1 Centerville

*Indicates Conference Game

2/2 @Newton*
 2/5 Mount Pleasant
 2/9 @Knoxville*
 2/12 Grinnell*
 2/16 Chariton
 2/19 @Keokuk

OTTUMWA

Coach: Chris Gravett
 Conference: CIML Metro
 Team Nickname: Bulldogs
 Returning Letterwinners:
 Michael Wetrich
 Adam Goodwin
 Jordan Jones
 Justin Rusch
 Aaron Keith
 Ben Ryder
 Blake Miller
 Taylor Maas

2008-09 Overall Record: 11-11

12/1 @Centerville
 12/4 Southeast Polk
 12/5 @Fairfield
 12/8 @Indianola
 12/11 @Des Moines, North*
 12/15 Fort Madison
 12/18 Des Moines, Abraham Lincoln*
 1/5 @Des Moines, Roosevelt*
 1/8 Des Moines, Hoover*
 1/12 @Des Moines, East*
 1/15 Des Moines, North*
 1/16 Valley, West Des Moines
 1/19 Johnston
 1/22 @Des Moines, Abraham Lincoln*
 1/26 @Urbandale
 1/29 Des Moines, Roosevelt*
 2/2 Keokuk
 2/5 @Des Moines, Hoover*
 2/12 Des Moines, East*
 2/16 @Ankeny
 2/18 @Mount Pleasant

PANORA, PANORAMA

Coach: Kent Muyskens
 Conference: West Central
 Team Nickname: Panthers
 Returning Letterwinners:
 2008-09 Overall Record: 19-3
 12/4 @Coon Rapids-Bayard
 12/5 Woodward-Granger
 12/8 @Madrid
 12/11 West Central Valley, Stuart
 12/15 @Van Meter
 12/18 @Guthrie Center
 12/19 Bondurant-Farrar
 1/5 @Des Moines Christian
 1/8 @East Greene, Grand Junction
 1/9 @Earlham
 1/12 Coon Rapids-Bayard
 1/15 @Woodward-Granger
 1/16 @Audubon
 1/19 Madrid
 1/22 @West Central Valley, Stuart
 1/26 Van Meter
 1/29 Guthrie Center
 2/2 Des Moines Christian
 2/5 East Greene, Grand Junction
 2/9 Earlham
 2/12 @Winterset

PATON-CHURDAN

Coach: Michelle Brock
 Conference: Rolling Hills
 Team Nickname: Rockets
 Returning Letterwinners:
 2008-09 Overall Record: 3-17
 12/1 Glidden-Ralston*
 12/4 @Orient-Macksburg*
 12/8 Exira*
 12/11 @Elk Horn-Kimballton*
 12/15 CAM, Anita*
 12/18 Walnut*
 12/22 Iowa Christian Academy*
 1/5 @Adair-Casey*
 1/8 @Ankeny Christian Academy*
 1/12 @Glidden-Ralston*
 1/15 Orient-Macksburg*
 1/16 Southeast Webster-Grand, Burnside
 1/19 @Exira*
 1/22 Elk Horn-Kimballton*
 1/26 @CAM, Anita*
 1/29 @Walnut
 2/2 @Iowa Christian Academy*
 2/5 Adair-Casey*
 2/9 Ankeny Christian Academy

PCM, MONROE

Coach: Fred Lorensen
 Conference: Heart of Iowa
 Team Nickname: Mustangs
 Returning Letterwinners:
 Joe Gilson
 Rand Hazelton
 Matt Jennings
 Josh Fosenburg
 Scott Bruxvoort
 Hutch Burns
 Jordan Van Roekel
 2008-09 Overall Record: 18-6
 12/1 @Colo-Nesco*
 12/3 Pella Christian
 12/4 Nevada*
 12/7 Chariton
 12/8 @Gilbert*
 12/11 Bondurant-Farrar*
 12/15 @Roland-Story, Story City*
 12/18 @North Polk, Alleman*
 12/22 C-M-B*
 1/5 @Jefferson-Scranton*
 1/8 Colfax-Mingo*
 1/9 @Pella
 1/12 @South Hamilton, Jewell*
 1/15 @Nevada*
 1/16 Gilbert*
 1/19 @Bondurant-Farrar*
 1/22 Roland-Story, Story City*
 1/26 Jefferson-Scranton*
 1/29 @Ogden*
 2/2 @C-M-B*
 2/9 Grandview Park Baptist, Des Moines*

PEKIN

Coach: Ken Hutchinson
 Conference: SEISC-West
 Team Nickname: Panthers
 Returning Letterwinners:
 Brady Lamb
 Tanner McCreedy
 A.J. Neff
 Trenton Northrup
 Kyle Paul

Trey Sathoff
 Dalton Stone
 2008-09 Overall Record: 20-4
 12/1 Winfield-Mt. Union*
 12/3 Cardinal, Eldon
 12/4 Wapello*
 12/8 @WACO, Wayland*
 12/15 Columbus, Columbus Junction*
 12/18 @Highland, Riverside*
 12/19 Lone Tree*
 12/22 Iowa Mennonite, Kalona
 1/5 Mediapolis*
 1/8 Louisa-Muscatine*
 1/12 @Winfield-Mt. Union*
 1/15 @Wapello*
 1/19 WACO, Wayland*
 1/22 @Iowa Mennonite, Kalona*
 1/23 @Van Buren, Keosauqua
 1/25 @Columbus, Columbus Junction*
 1/29 Highland, Riverside*
 2/2 @Lone Tree*
 2/5 @Mediapolis*
 2/9 @Louisa-Muscatine*

PELLA

Coach: Mark Core
 Conference: Little Hawkeye
 Team Nickname: Dutch
 Returning Letterwinners:
 Blaine Forsythe
 Travis Eine
 Nathan Buchheit
 Matt Meyers
 Matt Dowie
 Andy Vanderbroek
 Teag Klyn
 Josh Pringle
 Chris Bandstra
 2008-09 Overall Record: 17-6
 12/1 @Newton*
 12/4 Oskaloosa*
 12/5 @Mount Pleasant
 12/11 South Tama County, Tama*
 12/15 @Grinnell*
 12/18 @Pella Christian*
 1/5 Knoxville*
 1/9 PCM, Monroe
 1/12 Norwalk*
 1/15 Newton*
 1/16 A-D-M, Adel
 1/19 @Oskaloosa*
 1/26 @South Tama County, Tama*
 1/29 Grinnell*
 2/2 Pella Christian*
 2/5 @Knoxville*
 2/6 @Fairfield
 2/12 @Norwalk*
 2/13 Washington
 2/16 @Centerville

PELLA CHRISTIAN

Coach: Larry Hessing
 Conference: Little Hawkeye
 Team Nickname: Eagles
 Returning Letterwinners:
 Jon Holwerda
 Chase Carlson
 Kyle Nikkel
 James Blom
 Zach Vos
 2008-09 Overall Record: 26-2

*Indicates Conference Game

12/1 @South Tama County, Tama*
 12/3 @PCM, Monroe
 12/7 @Ballard
 12/8 @Knoxville*
 12/11 @Oskaloosa*
 12/15 Newton*
 12/18 Pella*
 1/5 Grinnell*
 1/8 @Norwalk*
 1/12 Centerville
 1/15 South Tama County, Tama*
 1/22 Knoxville*
 1/23 @Washington
 1/26 Oskaloosa*
 1/29 @Newton*
 1/30 A-D-M, Adel
 2/2 @Pella*
 2/5 @Grinnell*
 2/9 Norwalk*
 2/11 @Des Moines Christian

PERRY

Coach: Ned Menke
 Conference: Raccoon River Conference
 Team Nickname: Bluejays
 Returning Letterwinners:
 Micky Boyle
 Ricky Boyle
 Marshall Repp
 Patrick Thompson
 Travis White
 Jake Kruger
 Will Ostransky

2008-09 Overall Record: 7-15

12/1 @Atlantic
 12/4 @Boone*
 12/8 @Carlisle*
 12/11 Ballard*
 12/12 IKM-Manning
 12/15 @Winterset*
 12/18 @A-D-M, Adel*
 12/19 @Jefferson-Scranton
 1/5 @Dallas Center-Grimes*
 1/12 @Saydel*
 1/15 Carroll*
 1/16 @Woodward Academy
 1/19 Carlisle*
 1/22 @Ballard*
 1/26 Winterset*
 1/29 A-D-M, Adel*
 1/30 @Norwalk
 2/5 Saydel*
 2/9 Dallas Center-Grimes*
 2/12 @Carroll*
 2/16 Boone*
 2/18 @Newton

PLEASANT VALLEY

Coach: Steve Hillman
 Conference: Mississippi Athletic
 Team Nickname: Spartans
 Returning Letterwinners:

Tim Martinez
 Mitch Michaels
 Brandon Hankins
 Brett Ahlgren
 Keegan Bohn
 Andrew Swanson
 Michael Kardell
 Josh Clifton

2008-09 Overall Record: 18-5

12/1 @Dubuque, Hempstead
 12/5 Central Clinton, DeWitt
 12/11 @Davenport, Central*
 12/15 North Scott, Eldridge*
 12/18 @Assumption, Davenport*
 12/22 @Iowa City, West
 Davenport, North*
 1/5 @Clinton*
 18 Bettendorf*
 1/12 Muscatine*
 1/15 @Wahlert, Dubuque
 1/16 Dubuque, Senior
 1/19 @Davenport, West*
 1/22 Burlington*
 1/26 Davenport, Central*
 2/2 @North Scott, Eldridge*
 2/5 Assumption, Davenport*
 2/9 @Davenport, North*
 2/12 Clinton*
 2/16 @Bettendorf*
 2/19 @Muscatine*

PLEASANTVILLE

Coach: Tom Wilkens
 Conference: Pride of Iowa
 Team Nickname: Trojans
 Returning Letterwinners:
 Ryan Marsh
 Jacob Schletzbaum

2008-09 Overall Record:

12/3 Chariton
 12/4 Central Decatur, Leon*
 12/8 @Wayne, Corydon*
 12/11 @Martensdale-St. Mary's*
 12/12 Grandview Park Baptist, Des Moines
 12/15 Interstate 35, Truro*
 12/18 @Bedford*
 1/5 @Central Decatur, Leon*
 1/8 Nodaway Valley*
 1/9 @Carlisle
 1/12 Southeast Warren, Liberty Center*
 1/15 Corning*
 1/19 Wayne, Corydon*
 1/22 @East Union, Afton*
 1/25 @Clarke, Osceola
 1/26 Martensdale-St. Mary's*
 1/29 Lenox*
 2/2 @Interstate 35, Truro
 2/5 @Mount Ayr*
 2/9 @Southeast Warren, Liberty Center*
 2/11 Colfax-Mingo

POCAHONTAS AREA/POMEROY-PALMER

Coach: Roger Francis
 Conference: Twin Lakes
 Team Nickname: Indians
 Returning Letterwinners:
 Chad Francis
 Jonathon Rittgers
 Patrick Allen
 Matt Stafford

2008-09 Overall Record: 14-7

11/30 Emmetsburg
 12/4 @Prairie Valley, Gowrie*
 12/8 @Rockwell City-Lytton*
 12/11 Southeast Webster-Grand, Burnside*
 12/14 Bishop Garrigan, Algona
 12/15 Southern Cal, Lake City*
 12/18 Manson-Northwest Webster*
 12/21 West Bend-Mallard
 1/7 @Alta

1/9 @Newell-Fonda
 1/14 Laurens-Marathon
 1/15 East Sac County*
 1/19 Prairie Valley, Gowrie*
 1/22 Rockwell City-Lytton*
 1/26 @Southeast Webster-Grand, Burnside*
 1/29 @Southern Cal, Lake City*
 2/2 @Manson Northwest Webster*
 2/4 @St. Edmond, Fort Dodge
 2/8 @St. Mary, Storm Lake
 2/9 @East Sac County*
 2/11 Sioux Central, Sioux Rapids

POSTVILLE

Coach: Mike Sass
 Conference: Upper Iowa
 Team Nickname: Pirates
 Returning Letterwinners:
 Isaac Jacobson
 John Kruckenberg
 Zach Cox
 Troy Friederich

2008-09 Overall Record: 14-8

11/30 @Waukon
 12/5 Edgewood-Colesburg
 12/8 MFL MarMac*
 12/11 Turkey Valley, Jackson Junction*
 12/15 @South Winneshiek, Calmar*
 12/18 @Sumner-Fredericksburg*
 12/19 @Clayton Ridge, Guttenberg*
 12/21 Valley Community, Elgin*
 1/2 @Decorah
 1/5 North Fayette, West Union*
 1/8 @Kee, Lansing*
 1/9 Starmont
 1/12 @Central, Elkader*
 1/15 @West Central, Maynard*
 1/22 Sumner-Fredericksburg*
 1/26 Kee, Lansing*
 1/29 @North Fayette, West Union*
 2/2 @Valley Community, Elgin*
 2/5 Central, Elkader*
 2/9 West Central, Maynard*

PRAIRIE VALLEY, GOWRIE

Coach: Kim Martin
 Conference: Twin Lakes
 Team Nickname: Warriors
 Returning Letterwinners:

2008-09 Overall Record: 5-16

11/30 Twin River Valley, Bode
 12/4 Pochontas Area/Pomeroy-Palmer*
 12/8 North Polk, Alleman
 12/11 East Sac County*
 12/15 @Rockwell City-Lytton*
 12/18 Southeast Webster-Grand, Burnside
 12/22 @Belmond-Klemme
 1/5 @Newell-Fonda
 1/8 @Manson Northwest Webster*
 1/15 @Southern Cal, Lake City*
 1/16 Eagle Grove
 1/19 @Pochontas Area/Pomeroy-Palmer*
 1/21 Laurens-Marathon
 1/26 @East Sac County*
 1/29 Rockwell City-Lytton*
 2/2 @Southeast Webster-Grand, Burnside*
 2/5 Manson Northwest Webster*
 2/6 South Hardin
 2/9 Southern Cal, Lake City*
 2/10 Ankeny Christian Academy

*Indicates Conference Game

PRAIRIE, CEDAR RAPIDS

Coach: Paul Schenkelberg
 Conference: Mississippi Valley
 Team Nickname: Hawks
 Returning Letterwinners:

Glen Hughes
 Adam VanDooren
 Brandon Lafferty
 2008-09 Overall Record: 4-19
 12/1 Davenport, West
 12/4 North Scott, Eldridge
 12/5 @Muscatine
 12/8 Mount Pleasant
 12/11 @Cedar Rapids, Kennedy*
 12/15 @Wahlert, Dubuque*
 12/18 @Linn-Mar, Marion*
 1/5 Waterloo, East*
 1/8 @Iowa City, West*
 1/12 @Waterloo, West*
 1/15 Cedar Rapids, Jefferson*
 1/22 @Xavier, Cedar Rapids*
 1/23 Mount Vernon
 1/26 Iowa City, City High*
 1/29 Iowa City, West*
 2/2 Cedar Rapids, Washington*
 2/5 Linn-Mar, Marion*
 2/9 Dubuque, Senior*
 2/12 @Cedar Rapids, Jefferson*
 2/16 @Cedar Falls*
 2/19 Dubuque, Hempstead*

PRESTON

Coach: Dan Beck
 Conference: Big East
 Team Nickname: Trojans
 Returning Letterwinners:

Jason Feddersen
 Joel Geier
 Austin Hughes
 Dakota Kieffer
 2008-09 Overall Record: 19-4
 12/1 @ Camanche
 12/4 @ East Dubuque, IL
 12/5 Galena, IL
 12/8 @ Andrew
 12/10 @ Prince of Peace Prep, Clinton
 12/11 Marquette Catholic, Bellevue
 12/15 @ East Central, Miles*
 12/18 Olin*
 12/22 @ Calamus-Wheatland
 1/5 Northeast, Goose Lake
 1/8 Bellevue*
 1/12 @ Marquette Catholic, Bellevue*
 1/15 Prince of Peace Prep, Clinton*
 1/16 East Central, Miles
 1/19 @ Northeast, Goose Lake*
 1/22 Calamus-Wheatland*
 1/26 @ Midland, Wyoming*
 1/29 Andrew*
 2/2 @ Lisbon*
 2/5 Camanche*
 2/9 @ Olin

PRINCE OF PEACE PREP, CLINTON

Coach: Gerry Murphy
 Conference: Big East
 Team Nickname: Irish
 Returning Letterwinners:
 Sean Mulholland
 John Nelson
 James Nelson

Derek Witt
 Eric Sikkema
 Ian Flood
 Seth Hinrichs
 R.J. Howard

2008-09 Overall Record: 19-6
 11/30 @Bellevue
 12/4 River City Classic@Clinton
 12/5 River City Classic@Clinton
 12/8 @Northeast, Goose Lake
 12/10 Preston
 12/11 @Calamus-Wheatland
 12/15 @Olin*
 12/18 Lisbon*
 12/21 Camanche
 1/4 @East Central, Miles
 1/8 @Camanche*
 1/9 @Sterling Newman, IL
 1/12 East Central, Miles*
 1/15 @Preston*
 1/19 Andrew*
 1/22 @Marquette Catholic, Bellevue*
 1/26 Northeast, Goose Lake*
 1/29 Calamus-Wheatland*
 2/2 Bellevue*
 2/5 @Midland, Wyoming*
 2/12 North Cedar, Stanwood

RED OAK

Coach: Brad Schlieman
 Conference: Hawkeye Ten
 Team Nickname: Tigers
 Returning Letterwinners:

Cody Walford
 Dylan Hambright
 Jackson Miller
 Josh Kasubick
 Jake Reeve
 Caleb Flowers
 Matt Goracke
 Dakota White
 Colby Wise
 Justin Marsden
 2008-09 Overall Record: 2-20
 12/1 @St. Albert, Council Bluffs
 12/4 Shenandoah*
 12/8 Clarinda*
 12/11 @Creston*
 12/15 @Denison-Schleswig*
 12/18 Lewis Central*
 1/5 @Harlan*
 1/8 @Atlantic*
 1/9 @Glenwood*
 1/12 Kuemper Catholic, Carroll*
 1/15 @Shenandoah*
 1/19 @Clarinda*
 1/22 Creston*
 1/23 Tri-Center, Neola
 1/26 Denison-Schleswig*
 1/29 @Lewis Central*
 2/2 Glenwood*
 2/5 Harlan*
 2/8 @Corning
 2/9 Atlantic*
 2/12 @Kuemper Catholic, Carroll*

REGINA, IOWA CITY

Coach: Randy Larson
 Conference: Cedar Valley
 Team Nickname: Regals
 Returning Letterwinners:

Paul Jensen
 Braden Lehman
 Kevin Arnold
 Ryan Lynch
 Sean Sullivan

Ross Westemeyer
 2008-09 Overall Record: 7-16
 12/5 Clear Creek-Amana
 12/8 Wilton*
 12/11 @Mid-Prairie, Wellman*
 12/15 @West Branch*
 12/18 @Tipton*
 1/4 Williamsburg
 1/5 Durant*
 1/8 @North Cedar, Stanwood*
 1/9 @Mount Vernon
 1/12 West Liberty*
 1/15 @Wilton*
 1/16 Washington
 1/22 West Branch*
 1/23 Solon
 1/25 Mount Pleasant
 1/26 Tipton*
 1/28 Fairfield
 1/29 @Durant*
 1/30 Mid-Prairie, Wellman@US Cellular Center*
 2/2 North Cedar, Stanwood*
 2/5 @West Liberty*

REMSEN-UNION

Coach: Steve Neuberger
 Conference: War Eagle
 Team Nickname: Rockets
 Returning Letterwinners:

Kraig Alesch
 Jacob Fieldler
 Josh Bohnenkamp
 Alex Hansen
 2008-09 Overall Record: 12-11
 12/1 Marcus-Meriden-Cleghorn
 12/4 @Hartley-Melvin-Sanborn
 12/8 @Hinton*
 12/11 St. Mary's, Remsen*
 12/15 @West Sioux, Hawarden*
 12/18 Unity Christian, Orange City*
 12/22 @Akron-Westfield*
 1/5 Spalding Catholic, Granville
 1/8 Hartley-Melvin-Sanborn*
 1/11 @Boyden-Hull
 1/12 @River Valley, Correctionville
 1/15 Gehlen Catholic, LeMars*
 1/19 Akron-Westfield
 1/21 Kingsley-Pierson
 1/22 @Spalding Catholic, Granville*
 1/26 @Gehlen Catholic, LeMars
 1/28 Lawton-Bronson
 1/29 @Marcus-Meriden-Cleghorn*
 2/5 @South O'Brien, Paullina*
 2/8 @Woodbury Central, Moville
 2/9 Sergeant Bluff-Luton*

RICEVILLE

Coach: Bryce Conway
 Conference: Cornbowl
 Team Nickname: Wildcats
 Returning Letterwinners:

2008-09 Overall Record:
 12/3 @Grand Meadow, MN
 12/8 @North Butler, Greene*
 12/11 Nashua-Plainfield*
 12/12 Osage

*Indicates Conference Game

12/15 Rockford*
 12/18 @West Fork, Sheffield*
 12/22 @LeRoy-Ostrander, MN
 1/5 Waukon
 1/8 @Central Springs*
 1/9 @Clarksville
 1/12 Northwood-Kensett*
 1/14 @ New Hampton
 1/15 @ Saint Ansgar*
 1/16 South Winneshiek, Calmar
 1/19 @ Nashua-Plainfield*
 1/22 North Butler, Greene*
 1/26 @Rockford*
 1/29 West Fork*
 2/2 @Northwood-Kensett*
 2/5 Central Springs*
 2/9 Saint Ansgar*

RIVER VALLEY, CORRECTIONVILLE

Coach: Dean Norris
 Conference: Western Valley
 Team Nickname: Wolverines
 Returning Letterwinners:
 2008-09 Overall Record: 2-20
 11/30 @Hinton
 12/1 @OA-BCIG*
 12/7 West Monona, Onawa
 12/8 Woodbury Central, Merville
 12/11 @Maple Valley-Anthon-Oto*
 12/14 Whiting
 12/15 @Lawton-Bronson
 12/18 Kingsley-Pierson*
 1/5 Galva-Holstein/Schaller-Crestland*
 1/12 Remsen-Union
 1/14 @Aurelia
 1/15 @Westwood, Sloan*
 1/19 @Woodbury Central, Merville*
 1/22 Lawton-Bronson*
 1/29 Boyer Valley, Dunlap
 2/1-2/6 Conference Tournament
 2/12 @Alta

RIVERMONT COLLEGIATE, BETTENDORF

Coach: Dave Wessel
 Conference:
 Team Nickname: Lions
 Returning Letterwinners:
 Daniel Foster-Pray
 Jimmy Weeks
 Matt Newsome
 2008-09 Overall Record:
 12/8 @Scattergood Friends
 12/21 Olin
 1/5 Morning Star Academy, Bettendorf
 1/8 @Meskwaki Settlement School
 1/16 Notre Dame, Burlington
 1/22 Scattergood Friends
 1/23 @Olin
 1/25 @Unity Christian, Fulton, IL
 1/26 Sterling Christian, Galt, IL
 2/1 Scattergood Friends
 2/4 @Morningside Star Academy, Bettendorf
 2/5 @Scattergood Friends
 2/8 Olin
 2/12 Unity Christian, Fulton, IL

RIVERSIDE, OAKLAND

Coach: Jason Shelangouski
 Conference: Western Iowa
 Team Nickname: Bulldogs
 Returning Letterwinners:

Tanner Todd
 Michael Bentley
 Alex Gleaves
 Bryce Baragary
 Nick Mayberry
 Eric Pittmaann
 Kody Stowell
 2008-09 Overall Record: 1-21
 12/1 @Bedford
 12/4 Farragut
 12/8 A-H-S-T, Avoca*
 12/11 @Tri-Center, Neola*
 12/15 @Underwood*
 12/18 Treynor*
 12/21 @Stanton
 1/4 @Fremont-Mills, Tabor
 1/5 @Audubon*
 1/8 Missouri Valley*
 1/12 @Griswold*
 1/15 Tri-Center, Neola*
 1/16 @Logan-Magnolia
 1/19 Underwood*
 1/22 @Treynor*
 1/23 Woodbine
 1/26 Audubon*
 1/29 Griswold*
 2/2 @A-H-S-T, Avoca*
 2/5 @Missouri Valley*
 2/9 East Mills

ROCK VALLEY

Coach: Heath Swanson
 Conference: Siouxland
 Team Nickname: Rockets
 Returning Letterwinners:
 Jordan Dykstra
 Marcus Heemstra
 Nic Bakker
 Keaton Grevengoed
 Nate VanGinkel
 Trey VanMaanen
 Chris Zylstra
 Jordan VanBeek
 Blake Kooima
 Matt Westra
 Austin Koehler
 Mike DeRuyter
 Michael Olivier
 2008-09 Overall Record: 25-2
 11/30 @Unity Christian, Orange City
 12/1 West Lyon, Inwood*
 12/4 Central Lyon, Rock Rapids*
 12/8 @Boyden-Hull*
 12/11 Sibley-Ocheyedan*
 12/12 Spencer
 12/15 George-Little Rock*
 12/18 Sheldon*
 12/22 @Okoboji, Milford*
 1/7 MOC-Floyd Valley@Tyson Event Center*
 1/8 @Sioux Center*
 1/11 Bishop Heelan Catholic, Sioux City
 1/15 @West Lyon, Inwood*
 1/19 @Central Lyon, Rock Rapids*
 1/22 Boyden-Hull*
 1/26 @Sibley-Ocheyedan*
 1/29 @George-Little Rock*
 2/2 @Sheldon*
 2/5 Okoboji, Milford*
 2/9 @MOC-Floyd Valley*
 2/12 Sioux Center*

ROCKFORD

Coach: Rudy Evertsen
 Conference: Corn Bowl
 Team Nickname: Warriors
 Returning Letterwinners:
 Brandon Wood
 Travis Christophersen
 Scott Paulus
 Jace Ahrends
 Luke Staudt
 Darrin Kingery
 2008-09 Overall Record: 5-14
 11/30 Clarksville
 12/5 @Lake Mills
 12/8 @Central Springs*
 12/11 Northwood-Kensett*
 12/15 @Riceville*
 12/18 Saint Ansgar*
 12/19 @Osage
 1/8 North Butler, Greene*
 1/12 @Nashua-Plainfield*
 1/15 @West Fork, Sheffield*
 1/16 Newman Catholic, Mason City
 1/19 @Northwood-Kensett*
 1/21 @CAL, Latimer
 1/22 Central Springs*
 1/26 Riceville
 1/29 @Saint Ansgar*
 2/2 Nashua-Plainfield*
 2/5 @North Butler, Greene*
 2/9 West Fork, Sheffield*

ROCKWELL CITY-LYTTON

Coach: Clive Clark
 Conference: Twin Lakes
 Team Nickname: Wildcats
 Returning Letterwinners:
 Zach DeMoss
 D.J. Erkenbroek
 Brady Farrington
 Tyler Fistler
 Chris Gray
 Jackson Linder
 Justin Martin
 Shawn Monahan
 Logan Pankey
 Jacob Simpson
 Curtis Weston
 2008-09 Overall Record: 5-16
 11/30 @Newell-Fonda
 12/3 @West Bend-Mallard
 12/4 @East Sac County*
 12/8 Pocahontas Area/Pomeroy-Palmer*
 12/11 @Manson Northwest Webster*
 12/15 Prairie Valley, Gowrie*
 12/18 @Southern Cal, Lake City*
 12/21 Laurens-Marathon
 1/4 Twin River Valley, Bode
 1/8 @Southeast Webster-Grand, Burnside*
 1/12 Aurelia
 1/16 Alta
 1/19 East Sac County*
 1/22 Pochontas Area/Pomeroy-Palmer*
 1/26 Manson Northwest Webster*
 1/29 @Prairie Valley, Gowrie*
 2/2 Southern Cal, Lake City*
 2/5 Southeast Webster-Grand, Burnside*
 2/8 Sioux Central, Sioux Rapids*
 2/12 St. Mary, Storm Lake

ROLAND-STORY, STORY CITY

*Indicates Conference Game

Coach: Kreg Klaver
 Conference: Heart of Iowa-Large
 Team Nickname: Norsemen
 Returning Letterwinners:
 Jacob Rathmacher
 Matt Swanson
 2008-09 Overall Record: 19-4
 12/1 @Grandview Park Baptist, Des Moines*
 12/5 South Hamilton, Jewell
 12/8 C-M-B*
 12/11 Jefferson-Scranton*
 12/15 PCM, Monroe*
 12/18 @Nevada*
 12/19 @Gilbert*
 1/5 Bondurant-Farrar*
 1/8 Colo-Nesco*
 1/12 @Colfax-Mingo*
 1/15 @C-M-B*
 1/16 @South Hamilton, Jewell
 1/19 @Jefferson-Scranton*
 1/22 @PCM, Monroe*
 1/23 @Colo-Nesco
 1/26 Nevada*
 1/19 Gilbert*
 2/2 @Bondurant-Farrar*
 2/5 @North Polk, Alleman*
 2/6 Grundy Center
 2/9 @Ogden*

RUTHVEN-AYRSHIRE

Coach: Randy Hough
 Conference: Corn Belt
 Team Nickname: Raiders
 Returning Letterwinners:
 Ryan Sikora
 Mark Geelan
 2008-09 Overall Record: 18-5
 12/1 Armstrong-Ringsted*
 12/4 @ Harris-Lake Park*
 12/8 St. Mary, Storm Lake
 12/11 @Clay Central-Everyly*
 12/12 @Aurelia
 12/15 Graettinger-Terril*
 12/18 Woden-Crystal Lake-Titonka*
 1/5 @Armstrong-Ringsted
 1/7 Laurens-Marathon
 1/8 @Twin River Valley, Bode*
 1/12 Harris-Lake Park*
 1/15 C-W-L, Corwith*
 1/18 @West Bend-Mallard
 1/22 @Ventura*
 1/23 Marcus-Meriden-Cleghorn
 1/26 Clay Central-Everyly*
 1/29 West Bend-Mallard*
 2/2 @Graettinger-Terril*
 2/5 @North Central Kossuth*
 2/6 Estherville Lincoln Central
 2/9 @Laurens-Marathon

SAINT ANSGAR

Coach: Merlyn Thorson
 Conference: Cornbelt
 Team Nickname: Saints
 Returning Letterwinners:
 2008-09 Overall Record: 10-7
 12/1 @Newman Catholic, Mason City
 12/5 Osage
 12/8 @Nashua-Plainfield*
 12/11 North Butler, Greene*
 12/15 West Fork, Sheffield*
 12/18 @Rockford*

12/19 @Charles City
 1/5 New Hampton
 1/8 @Northwood-Kensett*
 1/12 Central Springs*
 1/15 Riceville*
 1/16 @Crestwood, Cresco
 1/19 @North Butler, Greene*
 1/22 Nashua-Plainfield*
 1/26 @West Fork, Sheffield*
 1/29 Rockford*
 2/2 @Central Springs*
 2/5 Northwood-Kensett*
 2/9 @Riceville*

SAYDEL

Coach: Seth Ickowitz
 Conference: Raccoon River
 Team Nickname: Eagles
 Returning Letterwinners:
 Brian Baker
 Zach Buehrer
 Nick King
 Nick McEachron
 Chris Philips
 Steven Moore
 Travis Newman
 2008-09 Overall Record: 10-12
 12/1 @Van Meter
 12/4 Carroll*
 12/8 @Boone*
 12/11 Dallas Center-Grimes*
 12/15 @Carlisle*
 12/18 @South Tama County, Tama
 1/5 @A-D-M, Adel*
 1/8 Winterset*
 1/12 Perry*
 1/15 @Ballard*
 1/16 @Carroll*
 1/19 Boone*
 1/22 @Dallas Center-Grimes*
 1/25 Albia
 1/26 Carlisle*
 1/30 Grandview Park Baptist, Des Moines
 2/2 @Winterset*
 2/5 @Perry*
 2/9 A-D-M, Adel*
 2/12 Ballard*
 2/16 Bondurant-Farrar

SCATTERGOOD FRIENDS

Coach:
 Conference:
 Team Nickname: Scattergood Crew
 Returning Letterwinners:
 2008-09 Overall Record:
 12/4 @ East Moline Christian, IL
 12/8 Rivermont Collegiate, Bettendorf
 12/10 @ Meskwaki Settlement School
 1/16 Quad City Christian, IL
 1/22 @ Rivermont Collegiate, Bettendorf
 1/28 @ Iowa Mennonite, Kalona
 1/29 Meskwaki Settlement School
 2/1 @ Rivermont Collegiate, Bettendorf
 2/5 Rivermont Collegiate, Bettendorf
 2/8 Iowa Mennonite, Kalona
 2/16 Quad City Christian, IL

SERGEANT BLUFF-LUTON

Coach: Adam VanderSchaaf
 Conference: War Eagle
 Team Nickname: Warriors

Returning Letterwinners:
 Ross Chettinger
 Derek Jensen
 Jake Wimmer
 Logan Shine
 Danny Osterdorf
 David Wilson

2008-09 Overall Record: 14-8
 12/5 Cherokee, Washington
 12/8 @Gehlen Catholic, LeMars*
 12/11 Marcus-Meriden-Cleghorn*
 12/12 @Sioux City, East
 12/15 Akron-Westfield*
 12/17 Maple Valley-Anthon-Oto
 12/18 @Hartley-Melvin-Sanborn*
 12/22 Hinton*
 1/5 @West Sioux, Hawarden
 1/8 @St. Mary's, Remsen*
 1/12 @Bishop Heelan Catholic, Sioux City
 1/15 West Sioux, Hawarden*
 1/19 Unity Christian, Orange City
 1/21 Sioux City, West
 1/22 South O'Brien, Paullina*
 1/26 @Hinton
 1/29 @Unity Christian, Orange City*
 2/5 @Spalding Catholic, Mason City
 2/9 @Remsen-Union*
 2/11 @Sioux City, North
 2/12 LeMars
 2/19 @South Sioux City, NE

SEYMOUR

Coach: Paul Hinners
 Conference: Bluegrass
 Team Nickname: Warriors
 Returning Letterwinners:
 2008-09 Overall Record: 13-6
 12/1 Moulton-Udell
 12/4 Murray*
 12/8 @ Newton, MO
 12/11 Lamoni*
 12/18 Twin Cedars, Bussey*
 1/4 Martensdale-St. Mary's
 1/8 @ North Mercer, MO
 1/11 Moravia
 1/12 @ Mormon Trail, Garden Grove*
 1/15 @ Moulton-Udell*
 1/16-1/23 @ Conference Tournament
 1/26 @ Lineville-Clio*
 1/29 @ Diagonal*
 1/30 @ Sigourney
 2/2 @ Moravia*
 2/5 Melcher-Dallas*
 2/8 Mormon Trail, Garden Grove
 2/9 Lineville-Clio

SHELDON

Coach:
 Conference: Siouxland
 Team Nickname: Orabs
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Central Lyon, Rock Rapids*
 12/4 Boyden-Hull*
 12/5 South O'Brien, Paullina
 12/8 Sibley-Ocheyedan*
 12/11 @George-Little Rock*
 12/14 Okoboji, Milford*
 12/18 @Rock Valley*
 12/22 @MOC Floyd Valley*
 1/5 Sioux Center*

*Indicates Conference Game

1/8 West Lyon, Inwood*
 1/12 Spencer
 1/15 @Central Lyon, Rock Rapids*
 1/19 @Boyden-Hull*
 1/22 @Sibley-Ocheyedan*
 1/26 George-Little Rock*
 1/29 @Okoboji, Milford*
 1/30 @LeMars
 2/1 Rock Valley*
 2/5 MOC Floyd Valley*
 2/9 @West Lyon, Inwood*

SHENANDOAH

Coach: Kyan Kirkholm
 Conference: Hawkeye Ten
 Team Nickname: Mustangs
 Returning Letterwinners:
 Casey Wright
 Chad Tremeyer
 Nick Allely
 Austin Fichter
 Adam Fichter
 Michael Johnson
 Kyle Sparks
 Jeff Armstrong

2008-09 Overall Record: 1-20
 12/1 South Page, College Spring
 12/4 @Red Oak*
 12/5 Treynor@Mid America Center
 12/8 Denison-Schleswig*
 12/11 Lewis Central*
 12/15 @Glenwood*
 12/18 Harlan*
 1/4 Kuemper Catholic, Carroll*
 1/7 @Atlantic*
 1/8 Creston*
 1/12 Clarinda*
 1/15 Red Oak*
 1/19 @Denison-Schleswig*
 1/22 @Lewis Central
 1/26 Glenwood*
 1/29 @Harlan*
 2/2 Atlantic*
 2/5 @Kuemper Catholic, Carroll*
 2/8 Fremont-Mills, Tabor
 2/9 @Creston*
 2/12 @Clarinda*

SIBLEY-OCHEYEDAN

Coach: Bill Hartzell
 Conference: Siouxland
 Team Nickname: Generals
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Okoboji, Milford*
 12/4 George-Little Rock*
 12/8 @Sheldon*
 12/11 @Rock Valley*
 12/15 @MOC Floyd Valley*
 12/18 @Sioux Center*
 12/22 West Lyon, Inwood*
 1/5 @Central Lyon, Rock Rapids*
 1/8 Boyden-Hull*
 1/9 @Spirit Lake
 1/15 @Okoboji, Milford*
 1/19 @George-Little Rock*
 1/22 Sheldon*
 1/26 Rock Valley*
 1/29 MOC Floyd Valley*
 1/30 Hartley-Melvin-Sanborn
 2/2 Sioux Center*

2/5 @West Lyon, Inwood*
 2/8 Harris-Lake Park
 2/9 Central Lyon, Rock Rapids*
 2/12 @Boyden-Hull*

SIDNEY

Coach: Kent Larson
 Conference: Corner
 Team Nickname: Cowboys
 Returning Letterwinners:
 Heath Huntley
 Triston Crouch
 Brandon Anderson
 Leland Cornelius
 Trevor Schaaf
 Casey Cruickshank
 Jason Gregory
 Russell Burns
 Brendan Hordy
 2008-09 Overall Record: 14-9
 12/1 Fremont-Mills, Tabor
 12/5 @Palmyra, NE
 12/8 @Stanton*
 12/11 @Fremont-Mills, Tabor*
 12/15 East Mills*
 12/17 Tarkio, MO
 12/18 Villisca*
 12/22 @Nebraska City Lourdes, NE
 1/8 @Essex*
 1/9 @Sterling
 1/12 Clarinda Academy*
 1/15 @Farragut*
 1/16-1/23 Conference Tournament
 1/26 Hamburg*
 1/29 South Page, College Springs*
 1/30 Omaha Brownell Talbot, NE
 2/4 @Hamburg
 2/9 Farragut
 2/13 Lincoln College View Academy, NE

SIGOURNEY

Coach: Dave Tremmel
 Conference: SICL
 Team Nickname: Savages
 Returning Letterwinners:
 Matt Moser
 Andrew Otterback
 Logan Klean
 Andrew Fritz
 J.C. Abrahamson
 2008-09 Overall Record: 5-15
 12/1 @H-L-V, Victor*
 12/4 North Mahaska, New Sharon*
 12/8 @Lynnville-Sully*
 12/11 Tri-County, Thornburg*
 12/14 Montezuma*
 12/15 Iowa Valley, Marengo*
 12/22 @Keota*
 1/5 @B-G-M, Brooklyn*
 1/8 @English Valley, North English*
 1/11 @Montezuma*
 1/12 H-L-V, Victor*
 1/15 @North Mahaska, New Sharon*
 1/19 Belle Plaine*
 1/22 Lynnville-Sully*
 1/26 @Tri-County, Thornburg*
 1/29 @Iowa Valley, Marengo*
 1/30 Seymour
 2/5 Keota*
 2/8 English Valley, North English*
 2/9 B-G-M, Brooklyn*

2/12 @Belle Plaine*

SIOUX CENTER

Coach: Todd Arends
 Conference: Siouxland
 Team Nickname: Warriors
 Returning Letterwinners:
 Rees Bear
 Bryce Byker
 Jacob Evenson
 Mark Miedema
 Matt O'Donnell
 Jason Pomente
 2008-09 Overall Record: 10-13
 12/1 MOC-Floyd Valley*
 12/4 Okoboji, Milford*
 12/5 @ Bishop Heelan Catholic, Sioux City
 12/8 @ West Lyon, Inwood*
 12/11 @ Central Lyon, Rock Rapids*
 12/15 Boyden-Hull*
 12/18 Sibley-Ocheyedan*
 12/19 Western Christian, Hull
 12/22 @ George-Little Rock*
 1/5 @ Sheldon*
 1/8 Rock Valley*
 1/15 @ MOC-Floyd Valley*
 1/19 @ Okoboji, Milford*
 1/22 West Lyon, Inwood*
 1/26 Central Lyon, Rock Rapids*
 1/29 @ Boyden-Hull*
 2/2 @ Sibley-Ocheyedan*
 2/4 @ Unity Christian, Orange City
 2/5 George-Little Rock*
 2/9 Sheldon*
 2/12 @ Rock Valley*

SIOUX CENTRAL, SIOUX RAPIDS

Coach: Chris Wildeman
 Conference: Northwest
 Team Nickname: Rebels
 Returning Letterwinners:
 Adam Ehlers
 Jason Richter
 Mike Ripke
 Matt Dahlin
 2008-09 Overall Record: 17-5
 12/1 @Alta*
 12/4 @Aurelia*
 12/8 Newell-Fonda*
 12/11 Galva-Holstein/Schaller-Crestland*
 12/15 @St. Mary, Storm Lake*
 12/18 @Laurens-Marathon*
 1/4 @Hartley-Melvin-Sanborn
 1/5 South O'Brien, Paullina
 1/9 Southern Cal, Lake City
 1/12 Alta*
 1/15 Aurelia*
 1/19 @Newell-Fonda*
 1/21 Armstrong-Ringstead
 1/26 St. Mary, Storm Lake*
 1/29 Laurens-Marathon*
 2/1 @Emmetsburg
 2/4 @South O'Brien, Paullina
 2/8 @Rockwell City-Lytton
 2/9 Twin River Valley, Bode
 2/11 @Pocahontas Area/Pomeroy-Palmer
 2/12 Clay Central-Everly

SIOUX CITY, EAST

Coach: Jeff Vanderloo
 Conference: Missouri River

*Indicates Conference Game

Team Nickname: Black Raiders

Returning Letterwinners:

Jordan Thomas
Alex Kleene
Quinton Behlers
Ben Moes
Derrick Dehaughtor
Alex Imming
Quenton James
Adam Woodbury
Mike Krantz
Aaron Woodbury
Dillon Godfrey
Jeff Sponder

2008-09 Overall Record: 17-7

12/1 @Lewis Central
12/5 Storm Lake
12/11 Council Bluffs, Thomas Jefferson
12/12 Sergeant Bluff-Luton
12/18 Council Bluffs, Abraham Lincoln
1/5 @South Sioux City, NE
1/7 Cherokee, Washington @Tyson EC
1/9 Western Christian, Hull @ Tyson EC
1/12 Sioux City, West
1/15 Sioux City, North
1/19 @Bishop Heelan Catholic, Sioux City
1/22 @Council Bluffs, Abraham Lincoln
1/23 @Sioux Falls, Lincoln, SD
1/26 Sioux Falls, O'Gorman, SD
1/29 Council Bluffs, Thomas Jefferson
1/30 Spencer
2/5 @Sioux Falls, Washington, SD
2/9 Bishop Heelan Catholic, Sioux City
2/13 @Sioux City, West
2/16 @LeMars
2/19 @Sioux City, North

SIoux CITY, NORTH

Coach: Joe Burkhart

Conference: Missouri River

Team Nickname: Stars

Returning Letterwinners:

Darrek Tomscha
Danny Rudeen

2008-09 Overall Record:

12/3 @Storm Lake
12/10 Sioux City, West*
12/15 @Council Bluffs, Abraham Lincoln*
12/18 @Cedar Rapids, Kennedy
12/19 @Linn-Mar, Marion
12/22 @Western Christian, Hull
1/2 Bishop Heelan Catholic, Sioux City*
1/7 South Sioux City, NE @ Neutral
1/9 OA-BCIG @ Neutral
1/15 @Sioux City, East*
1/19 @Council Bluffs, Thomas Jefferson*
1/22 @Sioux City, West*
1/23 @Lincoln, Southwest, NE
1/26 Council Bluffs, Abraham Lincoln*
1/29 @Bishop Heelan Catholic, Sioux City*
2/6 Ames @Wellsfargo
2/8 Council Bluffs, Thomas Jefferson*
2/11 Sergeant Bluff-Luton
2/13 @LeMars
2/16 South Sioux City, NE
2/19 Sioux City, East*

SIoux CITY, WEST

Coach: Kelly Boyle

Conference: Missouri River

Team Nickname: Wolverines

Returning Letterwinners:

Wesley Staten
Zach Clarey

2008-09 Overall Record: 13-10

12/5 @South Sioux City, NE
12/10 @Sioux City, North*
12/12 LeMars
12/17 OA-BCIG
12/18 @Bishop Heelan Catholic, Sioux City*
1/8 Council Bluffs, Thomas Jefferson*
1/9 Hinton @Tyson Events Center
1/12 @Sioux City, East*
1/15 @Council Bluffs, Abraham Lincoln*
1/18 @Sergeant Bluff-Luton
1/22 Sioux City, North*
1/23 Dakota Valley Classic @ TBA
1/26 Bishop Heelan Catholic, Sioux City*
1/29 Council Bluffs, Abraham Lincoln*
2/2 @Dakota Valley, SD
2/6 Sioux Falls, Roosevelt, SD
2/8 @Sioux Falls, O'Gorman, SD
2/12 Sioux City, East*
2/15 Storm Lake
2/16 @Council Bluffs, Thomas Jefferson*
2/18 MOC-Floyd Valley

SOLOn

Coach: Brad Randall

Conference: WaMaCt

Team Nickname: Spartans

Returning Letterwinners:

Hale Rickels
Tanner Wentzien
Brady Smith
Wes Sleeper
Nathan Fordice

2008-09 Overall Record: 28-0

12/1 Williamsburg*
12/4 @Clear Creek-Amana*
12/8 @Epworth, Western Dubuque*
12/11 @Mount Vernon*
12/15 Beckman, Dyersville*
12/18 @Anamosa*
12/19 West Liberty
12/22 Mid-Prairie, Wellman
1/5 West Delaware, Manchester*
1/8 @Central Clinton, DeWitt*
1/12 @Maquoketa*
1/15 Mount Vernon*
1/19 Epworth, Western Dubuque*
1/22 Benton, Van Horne*
1/23 @Regina, Iowa City
1/26 @Beckman, Dyersville*
1/29 Maquoketa*
2/2 Anamosa*
2/5 @West Delaware, Manchester*
2/9 Central Clinton, DeWitt*
2/11 @Columbus Catholic, Waterloo*

SOuTH HAMILTON, JEWELL

Coach: Jeff Steines

Conference: Heart of Iowa-Small

Team Nickname: Hawks

Returning Letterwinners:

Jesse Monthei
Preston Hocking
Devan Quam
Austin Riedemann
Sam Block
Jayson Shepherd

2008-09 Overall Record: 4-18

12/1

12/4

12/5

12/8

12/11

12/15

12/19

12/22

1/5

1/8

1/12

1/15

1/16

1/19

1/22

1/23

1/29

1/30

2/2

2/5

2/9

Bondurant-Farrar*

@North Polk, Alleman*

@Roland-Story, Story City*

Nevada*

@Colo-Nesco*

@Ogden*

St. Edmond, Fort Dodge

Colfax-Mingo*

@Grandview Park Baptist, DSM*

@Gilbert*

PCM, Monroe*

North Polk, Alleman*

Roland-Story, Story City

Colo-Nesco*

Ogden*

Gilbert

@Colfax-Mingo*

@South Hardin

Grandview Park Baptist, DSM*

Jefferson-Scranton*

@C-M-B*

SOuTH HARDIN

Coach: Geoffrey Buchanan

Conference: NICL-West

Team Nickname: Tigers

Returning Letterwinners:

Ben Daleske

Taylor Heue

Jared Kadolph

2008-09 Overall Record: 6-15

11/30

12/1

12/5

12/8

12/11

12/12

12/15

12/18

12/22

1/4

1/5

1/11

1/15

1/19

1/22

1/26

1/29

1/30

2/2

2/6

2/9

Iowa Falls-Alden

Denver

Colo-Nesco

@ BCLUW, Conrad*

Gladbrook-Reinbeck*

GMG, Garwin

East Marshall, LeGrand*

Grundy Center*

@ AGWSR, Ackley*

@ Northern University High, C. Falls

@ West Marshall, State Center*

BCLUW, Conrad*

@ Gladbrook-Reinbeck*

@ East Marshall, LeGrand*

@ Grundy Center*

Dike-New Hartford

AGWSR, Ackley*

South Hamilton, Jewell

West Marshall, State Center*

@ Prairie Valley, Gowrie

NICL Tournament @ McLeod Center

SOuTH O'BRIEN, PAULLINA

Coach: Kiley Yates

Conference: War Eagle

Team Nickname: Wolverines

Returning Letterwinners:

Jared Syndergaard

Ryan Brasser

Adam Paulsen

Kyle Petrich

Zach Boltjes

Cody Rehder

Beau Lange

Chas Biery

2008-09 Overall Record: 14-9

12/1

12/5

12/8

12/11

@Spirit Lake

@Sheldon

@St. Mary's, Remsen*

Hinton*

*Indicates Conference Game

12/12 Clay Central-Everly
 12/15 Unity Christian, Orange City
 12/18 @West Sioux, Hawarden
 12/22 @Hartley-Melvin-Sanborn*
 1/5 @Sioux Central, Sioux Rapids
 1/8 Akron-Westfield*
 1/12 @Unity Christian, Orange City*
 1/15 Marcus-Meriden-Cleghorn*
 1/16 Cherokee, Washington
 1/22 @Sergeant Bluff-Luton*
 1/26 West Sioux, Hawarden*
 1/29 @Gehlen Catholic, LeMars*
 2/2 Hartley-Melvin-Sanborn
 2/4 Sioux Central, Sioux Rapids
 2/5 Remsen-Union*
 2/9 Spalding Catholic, Granville*
 2/12 Gehlen Catholic, LeMars

SOUTH PAGE, COLLEGE SPRINGS

Coach: Vaughn Hiarings
 Conference: Corner
 Team Nickname: Rebels
 Returning Letterwinners:
 2008-09 Overall Record:
 11/30 Diagonal
 12/1 @Shenandoah
 12/4 Stanton
 12/8 @Essex*
 12/11 Clarinda Academy*
 12/14 @Farragut
 12/15 Hamburg*
 12/17 Bedford
 12/18 @Fremont-Mills, Tabor*
 1/5 Essex
 1/7 West Nodaway, MO
 1/8 East Mills*
 1/12 Farragut*
 1/15 @Stanton*
 1/16-1/23 Conference Tournament
 1/25 North Nodaway, MO
 1/26 Villisca*
 1/29 @Sidney*
 2/8 @Tarkio, MO
 2/9 @Rock Port, MO

SOUTH TAMA COUNTY, TAMA

Coach: John Carrier
 Conference: Little Hawkeye
 Team Nickname: Trojans
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Pella Christian*
 12/4 @Knoxville*
 12/5 Columbus Catholic, Waterloo
 12/8 @Oskaloosa*
 12/11 Pella*
 12/15 Norwalk*
 12/18 Saydel
 1/8 @Grinnell*
 1/12 @Newton*
 1/15 @Pella Christian*
 1/19 Knoxville*
 1/22 Oskaloosa*
 1/26 @Pella*
 1/29 @Norwalk*
 1/30 @Grundy Center
 2/9 Grinnell*
 2/12 Newton*
 2/16 Benton, Van Horne
 2/22 Vinton-Shellsburg

SOUTH WINNESHIEK, CALMAR

Coach: Steve Hoffert
 Conference: Upper Iowa
 Team Nickname: Warriors
 Returning Letterwinners:
 Jordan Anders
 Logan Einck
 Jason Kuennen
 Zac Soukup
 Alex Schmitt
 2008-09 Overall Record: 14-8
 12/4 North Fayette, West Union*
 12/8 @Central, Elkader*
 12/10 Decorah
 12/11 @Valley Community, Elgin*
 12/15 Postville*
 12/18 West Central, Maynard*
 12/19 New Hampton
 12/22 Turkey Valley, Jackson Junction*
 1/5 @Clayton Ridge, Guttenberg*
 1/12 @MFL MarMac*
 1/15 Sumner-Fredericksburg*
 1/16 @Riceville
 1/19 @Kee, Lansing*
 1/22 @West Central, Maynard*
 1/26 Clayton Ridge, Guttenberg*
 2/2 MFL MarMac*
 2/4 Crestwood, Cresco
 2/5 @Turkey Valley, Jackson Junction*
 2/9 @Sumner-Fredericksburg*
 2/11 @Waukon
 2/12 Kee, Lansing*

SOUTHEAST POLK

Coach: BJ Windhorst
 Conference: CIML-Central
 Team Nickname: Rams
 Returning Letterwinners:
 2008-09 Overall Record: 18-6
 12/1 Des Moines, East
 12/4 @Ottumwa (Evans)*
 12/8 Fort Dodge
 12/11 Dowling Catholic, West Des Moines*
 12/15 @Waukee
 12/18 @Urbandale*
 1/5 Indianola*
 1/8 Johnston*
 1/9 Des Moines, Roosevelt
 1/12 Ankeny*
 1/15 @Dowling Catholic, West Des Moines*
 1/19 Des Moines, Hoover
 1/22 Urbandale*
 1/26 Ames
 1/29 @Indianola*
 2/2 @Valley, West Des Moines
 2/5 @Johnston*
 2/9 Des Moines, North
 2/12 @Ankeny*
 2/16 Marshalltown
 2/19 @Mason City

SOUTHEAST WARREN, LIBERTY CENTER

Coach: John Burrell
 Conference: Pride of Iowa
 Team Nickname: Warhawks
 Returning Letterwinners:
 Seth Nutting
 Torey Mason
 Travis Owens
 Evan Schurman
 Matt Baldwin

Grant Seuferer
 Kolton Drake
 Samuel Nutting
 Austin Allen
 2008-09 Overall Record: 14-9
 12/4 @Interstate 35, Truro*
 12/8 @Martensdale-St. Mary's*
 12/11 Central Decatur, Leon*
 12/12 Twin Cedars, Bussey
 12/15 @Wayne, Corydon*
 12/18 Corning*
 1/5 Interstate 35, Truro*
 1/8 Bedford*
 1/11 @Iowa Christian Academy
 1/12 @Pleasantville*
 1/15 East Union, Afton*
 1/19 Martensdale-St. Mary's*
 1/22 @Lenox*
 1/26 @Central Decatur, Leon*
 1/29 Mount Ayr*
 1/30 @Melcher-Dallas
 2/2 Wayne, Corydon*
 2/4 Mormon Trail, Garden Grove
 2/5 @Nodaway Valley*
 2/8 Woodward Academy
 2/9 Pleasantville*

SOUTHEAST WEBSTER-GRAND, BURNSIDE

Coach: Ryan Mach
 Conference: Twin Lakes
 Team Nickname: Eagles
 Returning Letterwinners:
 Matt Lundquist
 Matt Mitchell
 Joe Lennon
 Mike Pals
 Tyler Hinman
 2008-09 Overall Record: 12-12
 12/1 East Greene, Grand Junction
 12/3 Northeast Hamilton, Blairsburg
 12/7 CWL, Corwith
 12/8 Southern Cal, Lake City*
 12/11 @Pocahontas Area/Pomeroy-Palmer*
 12/14 @West Bend-Mallard
 12/15 East Sac County*
 12/18 @Prairie Valley, Gowrie*
 1/5 @Ogden
 1/8 Rockwell City-Lytton*
 1/12 Belmont-Klemme
 1/15 Manson Northwest Webster*
 1/16 @Paton-Churdan
 1/21 @Madrid
 1/22 @Southern Cal, Lake City*
 1/26 Pocahontas Area/Pomeroy-Palmer*
 1/29 @East Sac County*
 2/2 Prairie Valley, Gowrie*
 2/5 @Rockwell City-Lytton*
 2/9 @Manson Northwest Webster*
 2/12 @Twin River Valley, Bode

SOUTHERN CAL, LAKE CITY

Coach: Brian Hanson
 Conference: Twin Lakes
 Team Nickname: Mustangs
 Returning Letterwinners:
 Matthew Schleisman
 Cody Dick
 Chase Willett
 Alex Anderson

*Indicates Conference Game

Cole Blair 1/9
 Brian Green 1/12
 2008-09 Overall Record: 12-9 1/15
 12/1 Ar-We-Va, Westside 1/16
 12/4 Manson Northwest Webster* 1/19
 12/7 @Laurens-Marathon 1/22
 12/8 @SE Webster-Grand, Burnside* 1/26
 12/12 Newell-Fonda 1/29
 12/15 @Pocahontas Area/Pomeroy-Palmer* 1/30
 12/18 Rockwell City-Lytton* 2/2
 12/19 IKM-Manning 2/5
 12/22 Audubon 2/9
 1/8 @East Sac County* 2/12
 1/9 @Sioux Central
 1/15 Prairie Valley, Gowrie*
 1/16 @Glidden-Ralston
 1/19 @Manson Northwest Webster*
 1/22 SE Webster-Grand, Burnside*
 1/26 Laurens-Marathon
 1/29 Pocahontas Area/Pomeroy-Palmer*
 2/2 @Rockwell City-Lytton*
 2/5 East Sac County
 2/9 @Prairie Valley, Gowrie*
 2/12 Boyer Valley, Dunlap

SPALDING CATHOLIC, GRANVILLE

Coach: Galen VanEs
 Conference: War Eagle
 Team Nickname: Spartans
 Returning Letterwinners:
 2008-09 Overall Record: 11-11
 12/1 West Sioux, Hawarden
 12/8 @Marcus-Meriden-Cleghorn*
 12/12 Gehlen Catholic, LeMars*
 12/15 Hartley-Melvin-Sanborn*
 12/17 Aurelia
 12/18 @Akron-Westfield*
 12/22 St. Mary's, Remsen*
 1/2 @CYO Tournament
 1/3 @CYO Tournament
 1/5 @Remsen-Union
 1/8 @Hinton*
 1/14 St. Mary, Storm Lake
 1/15 Unity Christian, Orange City*
 1/19 Marcus-Meriden-Cleghorn
 1/22 @Remsen-Union*
 1/23 Kingsley-Pierson
 1/26 @St. Mary's, Remsen
 1/29 @West Sioux, Hawarden*
 2/2 @Gehlen Catholic, LeMars
 2/4 @Clay Central-Everyly
 2/5 Sergeant Bluff-Luton*
 2/9 @South O'Brien, Paullina

SPENCER

Coach: Bob Haak
 Conference: Lakes
 Team Nickname: Tigers
 Returning Letterwinners:
 Drake Swanson
 Josh Bubke
 Jordan Oltman
 2008-09 Overall Record:
 12/3 Newell-Fonda
 12/4 Unity Christian, Orange City
 12/8 Spirit Lake*
 12/11 @Cherokee, Washington*
 12/12 @Rock Valley
 12/18 Emmetsburg*
 1/5 LeMars*
 1/8 @Storm Lake*

Boyden-Hull 2/5
 @Sheldon 2/9
 Western Christian, Hull*
 Humboldt
 @Spirit Lake*
 Cherokee, Washington*
 @Estherville Lincoln Central*
 @Emmetsburg*
 @Sioux City, East
 @LeMars*
 Storm Lake*
 @Western Christian, Hull*
 Estherville Lincoln Central*

SPIRIT LAKE

Coach: John Walz
 Conference: Lakes
 Team Nickname: Indians
 Returning Letterwinners:
 Drew Dau
 Mitch Peschon
 Kyle Heidebrink
 2008-09 Overall Record:
 12/5 Jackson, MN
 12/8 @Spencer*
 12/11 @LeMars*
 12/12 @Harris-Lake Park
 12/15 Storm Lake*
 12/18 Cherokee, Washington*
 12/21 @Hartley-Melvin-Sanborn
 1/5 @Western Christian, Hull*
 1/8 Estherville Lincoln Central*
 1/9 Sibley-Ocheyedan
 1/15 @Emmetsburg*
 1/16 Okoboji, Milford
 1/19 Spencer*
 1/22 LeMars*
 1/26 @Storm Lake*
 1/29 @Cherokee, Washington*
 1/30 South O'Brien, Paullina
 2/2 Western Christian, Hull*
 2/5 @Estherville Lincoln Central*
 2/9 Emmetsburg*

SPRINGVILLE

Coach: Nick Merritt
 Conference: Tri-Rivers
 Team Nickname: Orioles
 Returning Letterwinners:
 Ben Kruk
 Joel Lamb
 Noel Nissen
 Jordan Seriver
 2008-09 Overall Record: 10-13
 12/4 @ East Buchanan, Winthrop*
 12/8 Central City*
 12/11 @ North-Linn, Troy Mills*
 12/12 Midland, Wyoming
 12/15 Maquoketa Valley, Delhi*
 12/18 @ Cascade, Western Dubuque*
 12/19 Olin
 1/5 Monticello*
 1/8 Alburnett*
 1/9 @ Central City
 1/12 @ Starmont*
 1/15 Edgewood-Colesburg*
 1/16 Andrew
 1/19 East Buchanan, Winthrop*
 1/22 @ North-Linn, Troy Mills*
 1/26 @ Maquoketa Valley, Delhi*
 1/29 Cascade, Western Dubuque*

Alburnett* 2/5
 @ Edgewood-Colesburg* 2/9

ST. ALBERT, COUNCIL BLUFFS

Coach: Dale Scott
 Conference: Centennial
 Team Nickname: Falcons
 Returning Letterwinners:
 Paul Johnson
 Jake Waters
 Andrew Brown
 Mickey Russell
 Steve ONeil
 2008-09 Overall Record: 20-4
 12/1 Red Oak
 12/5 Tri-Center, Neola@Mid America Center
 12/11 @Council Bluffs, Abraham Lincoln
 12/12 Westwood, Sloan
 12/19 @Treyner
 1/2 @IKM-Manning
 1/5 Fremont-Mills, Tabor
 1/7 Roncalli, NE
 1/11 @Atlantic
 1/15 @Wahoo Neumann, NE
 1/16 Harlan
 1/19 @Fremont Bergan, NE
 1/21 @Lewis Central
 1/25-1/30 Conference Tournament
 2/2 @Council Bluffs, Thomas Jefferson
 2/4 Mount Michael, NE
 2/6 Glenwood
 2/9 @Boystown, NE

ST. EDMOND, FORT DODGE

Coach: Adolph Kochendorfer
 Conference: North Central
 Team Nickname: Gaels
 Returning Letterwinners:
 Conner Mulholland
 Luke Becker
 Nick Clark
 2008-09 Overall Record: 26-2
 12/1 @Algona*
 12/4 Hampton-Dumont*
 12/8 @Eagle Grove*
 12/11 Clarion-Goldfield*
 12/15 Iowa Falls-Alden*
 12/18 @Clear Lake*
 12/19 @South Hamilton, Jewell
 12/22 Webster City*
 1/5 @Bishop Garrigan, Algona*
 1/8 @Humboldt*
 1/12 Eagle Grove*
 1/15 @Hampton-Dumont*
 1/19 Algona*
 1/22 @Clarion-Goldfield*
 1/26 @Iowa Falls-Alden*
 1/29 Clear Lake*
 1/30 @Newman Catholic, Mason City
 2/2 @Webster City*
 2/4 Pocahontas Area/Pomeroy-Palmer
 2/5 Humboldt*
 2/9 Bishop Garrigan, Algona*

ST. MARY'S, REMSEN

Coach: Ken Hajek
 Conference: War Eagle
 Team Nickname: Hawks
 Returning Letterwinners:
 2008-09 Overall Record: 5-18
 11/30 @Whiting

*Indicates Conference Game

12/1 Akron-Westfield
 12/3 Kingsley-Pierson
 12/4 West Sioux, Hawarden
 12/8 South O'Brien, Paullina*
 12/11 @Remsen-Union*
 12/15 @Marcus-Meriden-Cleghorn*
 12/18 Gehlen Catholic, LeMars*
 12/21 Lawton-Bronson
 12/22 @Spalding Catholic, Granville*
 1/2 @CYO Tournament
 1/3 @CYO Tournament
 1/5 Marcus-Meriden-Cleghorn
 1/8 Sergeant Bluff-Luton*
 1/12 @Gehlen Catholic, LeMars
 1/14 Woodbury Central, Merville
 1/15 Hartley-Melvin-Sanborn*
 1/22 @West Sioux, Hawarden*
 1/26 Spalding Catholic, Granville
 1/29 @Akron-Westfield*
 2/5 Hinton*
 2/9 Unity Christian, Orange City*

ST. MARY, STORM LAKE

Coach: Brad Wilkening
 Conference: Northwest
 Team Nickname: Panthers
 Returning Letterwinners:

Michael Ivey
 Paul Yak
 Matt Lange
 Tyler Zylstra
 Connor Richardson
 Daniel Lenhart
 Andy Drey
 Bobby Ivey
 Nathan Lenhart

2008-09 Overall Record: 12-10

12/1 @Newell-Fonda*
 12/3 @Clay Central-Everly
 12/4 @Laurens-Marathon*
 12/8 @Ruthven-Ayrshire
 12/12 Marcus-Meriden-Cleghorn
 12/15 Sioux Central, Sioux Rapids*
 12/18 @Aurelia*
 1/2 @CYO Tournament
 1/3 @CYO Tournament
 1/5 @Alta*
 1/7 @Kingsley-Pierson
 1/8 @Westwood, Sloan
 1/12 Newell-Fonda*
 1/14 @Spalding Catholic, Granville
 1/15 Laurens-Marathon*
 1/21 Graettinger-Terril
 1/26 @Sioux Central, Sioux Rapids*
 1/29 Aurelia*
 2/2 Alta*
 2/8 Pocahontas Area/Pomeroy-Palmer
 2/12 @Rockwell City-Lytton

STANTON

Coach: Steve Bruning
 Conference: Corner
 Team Nickname: Vikings
 Returning Letterwinners:

Alex Whigham
 Tanner Stubbendeck
 Zach McCarthy
 Shayne Larson

2008-09 Overall Record: 17-6

12/4 @South Page, College Springs
 12/5 @Essex

12/8 Sidney*
 12/11 @Villisca*
 12/14 @Corning
 12/15 Clarinda Academy*
 12/18 @Hamburg*
 12/21 Riverside, Oakland
 1/8 Fremont-Mills, Tabor*
 1/12 @East Mills, Malvern*
 1/15 South Page, College Springs*
 1/16-1/23 Conference Tournament
 1/26 @Farragut*
 1/28 @Clarinda Academy
 1/29 Essex*
 2/2 @Femont-Mills, Tabor
 2/5 Villisca
 2/8 Lenox
 2/12 @Bedford

STARMONT

Coach: Troy Northrop
 Conference: Tri-Rivers
 Team Nickname: Stars
 Returning Letterwinners:

Brady Janssen
 Austin Hamlett
 Ethan Moses
 Cole Cook

2008-09 Overall Record: 4-18

11/30 @Oelwein
 12/4 Maquoketa Valley, Delhi*
 12/8 Monticello*
 12/11 @Central City*
 12/15 @Edgewood-Colesburg*
 12/18 North-Linn, Troy Mills*
 1/5 @Alburnett*
 1/8 @Cascade, Western Dubuque*
 1/9 @Postville
 1/12 Springville*
 1/15 East Buchanan, Winthrop*
 1/19 @Maquoketa Valley, Delhi*
 1/22 Central City*
 1/26 Edgewood-Colesburg*
 1/29 @North-Linn, Troy Mills*
 2/2 Alburnett*
 2/4 @West Central, Maynard
 2/5 Cascade, Western Dubuque*
 2/6 @Valley Community, Elgin
 2/9 @East Buchanan, Winthrop*

STORM LAKE

Coach: Bob Grant
 Conference: Lakes
 Team Nickname: Tornadoes
 Returning Letterwinners:

Bobby Brown
 Paul Diehl
 J.B. Tut
 Jordan VanDerSloot
 Carsen Anderson
 Nolan Cone
 Michael McCabe

2008-09 Overall Record:

12/1 Cherokee, Washington*
 12/3 Sioux City, North
 12/5 @Sioux City, East
 12/8 LeMars*
 12/11 Western Christian, Hull*
 12/15 @Spirit Lake*
 12/18 @Estherville Lincoln Central*
 1/5 Emmetsburg*
 1/8 Spencer*

1/11 @Galva-Holstein/Schaller-Crestland
 1/15 @Cherokee, Washington*
 1/19 @LeMars*
 1/22 @Western Christian, Hull*
 1/26 Spirit Lake*
 1/28 @Denison-Schleswig
 1/29 Estherville Lincoln Central*
 2/2 @Emmetsburg*
 2/5 @Spencer*
 2/11 Humboldt
 2/15 @Sioux City, West

SUMNER-FREDERICKSBURG

Coach: Jim Stewart
 Conference: Upper Iowa
 Team Nickname: Cougars
 Returning Letterwinners:

2008-09 Overall Record: 23-3

12/1 @New Hampton
 12/4 @Crestwood, Cresco
 12/8 Clayton Ridge, Guttenberg*
 12/11 @MFL MarMac*
 12/15 Turkey Valley, Jackson Junction*
 12/18 Postville*
 12/19 Nashua-Plainfield
 1/5 @Valley Community, Elgin*
 1/8 Central, Elkader*
 1/9 @Wapsie Valley, Fairbank
 1/12 North Fayette, West Union*
 1/15 @South Winneshiek, Calmar*
 1/19 West Central, Maynard*
 1/22 @Postville*
 1/26 @Central, Elkader*
 1/29 Valley Community, Elgin*
 2/2 Kee, Lansing*
 2/5 @North Fayette, West Union*
 2/6 Waverly-Shell Rock
 2/9 South Winneshiek, Calmar*
 2/12 @West Central, Maynard*

TIPTON

Coach: Adam Spangler
 Conference: Cedar Valley
 Team Nickname: Tigers
 Returning Letterwinners:

2008-09 Overall Record:

12/1 @Durant*
 12/8 West Liberty*
 12/11 @Wilton*
 12/14 East Central, Miles
 12/15 Mid-Prairie, Wellman*
 12/18 Regina, Iowa City*
 12/19 Central, Elkader
 1/2 Calamus-Wheatland
 1/5 West Branch*
 1/8 Durant*
 1/9 @Washington
 1/12 @North Cedar, Stanwood*
 1/15 @West Liberty*
 1/16 @Camanche
 1/22 @Mid-Prairie, Wellman*
 1/23 Northeast, Goose Lake
 1/26 @Regina, Iowa City*
 1/29 West Branch*
 1/30 Midland, Wyoming
 2/5 North Cedar, Stanwood*
 2/9 Wilton*

TREYNOR

Coach: Scott Rucker
 Conference: Western Iowa

*Indicates Conference Game

Team Nickname: Cardinals
 Returning Letterwinners:
 Kale Rogers
 Brock Meis
 Andrew King
 Cole Rath
 Chris Zimmerman
 2008-09 Overall Record: 21-3
 12/5 @Shenandoah
 12/8 @Tri-Center, Neola*
 12/11 Audubon*
 12/15 Griswold*
 12/18 @Riverside, Oakland*
 12/19 St. Albert, Council Bluffs
 1/5 @Missouri Valley*
 1/8 A-H-S-T, Avoca*
 1/9 Exira
 1/12 Underwood*
 1/14 @East Mills
 1/15 @Audubon*
 1/19 @Griswold*
 1/22 Riverside, Oakland*
 1/23 @IKM-Manning
 1/26 Missouri Valley*
 1/29 @Underwood*
 2/2 Tri-Center, Neola*
 2/5 @A-H-S-T, Avoca*
 2/9 West Harrison, Mondamin
 2/12 @Fremont-Mills, Tabor

TRI-CENTER, NEOLA

Coach: Chad Harder
 Conference: Western Iowa
 Team Nickname: Trojans
 Returning Letterwinners:
 Josh Calhoen
 Derek Finken
 Brandon Pogge
 Jesse Harman
 Austin McMahon
 2008-09 Overall Record: 15-7
 12/1 Logan-Magnolia
 12/3 @Woodbine
 12/5 St. Albert, Council Bluffs@Mid America Center
 12/8 Treynor*
 12/11 Riverside, Oakland*
 12/15 @Audubon*
 12/17 Clarinda Academy
 12/18 @A-H-S-T, Avoca*
 1/5 @Underwood*
 1/8 Griswold*
 1/12 Missouri Valley*
 1/15 @Riverside, Oakland*
 1/19 Audubon*
 1/22 A-H-S-T, Avoca*
 1/23 Red Oak
 1/26 Underwood*
 1/29 @Missouri Valley*
 2/2 @Treynor*
 2/5 @Griswold*
 2/8 Walnut
 2/12 @IKM-Manning

TRI-COUNTY, THORNBURG

Coach: Mitch Christner
 Conference: SICL
 Team Nickname: Trojans
 Returning Letterwinners:
 Tyce Schmidt
 Andy Thomas
 Austin Christner

Daniel Collins
 Colt Brumbaugh
 Austin Rogers
 2008-09 Overall Record: 3-18
 12/1 Lynnville-Sully*
 12/4 Montezuma*
 12/8 B-G-M, Brooklyn*
 12/11 @Sigourney*
 12/15 H-L-V, Victor*
 12/18 @Iowa Valley, Marengo*
 12/22 Belle Plaine*
 1/5 @English Valleys, North English*
 1/8 Keota*
 1/12 @Lynnville-Sully*
 1/15 @Montezuma*
 1/19 North Mahaska, New Sharon*
 1/22 @B-G-M, Brooklyn*
 1/26 Sigourney*
 1/29 @H-L-V, Victor*
 2/2 Iowa Valley, Marengo*
 2/5 @Belle Plaine*
 2/8 @Keota*
 2/9 English Valleys, North English*
 2/12 @North Mahaska, New Sharon*

TRIPOLI

Coach: Rich Gilbert
 Conference: Iowa Star
 Team Nickname: Panthers
 Returning Letterwinners:
 Andrew Drewis
 Drew Dettmering
 Cody Nilges
 2008-09 Overall Record: 18-5
 12/1 @Clarksville*
 12/4 Janesville*
 12/8 @North Tama, Traer*
 12/11 Northeast Hamilton, Blairsburg*
 12/15 CAL, Latimer*
 12/18 @GMG, Garwin*
 12/22 @Dunkerton*
 1/5 Waterloo Christian*
 1/8 @Don Bosco, Gilbertville*
 1/12 Clarksville*
 1/15 @Janesville*
 1/19 North Tama, Traer*
 1/22 @Northeast Hamilton, Blairsburg*
 1/26 @CAL, Latimer*
 1/28 @Wapsie Valley, Fairbank
 1/29 GMG, Garwin*
 2/2 Dunkerton*
 2/5 @Waterloo Christian*
 2/8 Jesup @McLeod Center
 2/9 Don Bosco, Gilbertville*
 2/12 @Denver

TURKEY VALLEY, JACKSON JUNCTION

Coach: Mike Kuennen
 Conference: Upper Iowa
 Team Nickname: Trojans
 Returning Letterwinners:
 Mason Adams
 Mitch Bulik
 Neil Hackman
 Derek Kuennen
 Jacob Luzum
 Brad Winter
 Justin Bakula
 Brady Kuennen
 2008-09 Overall Record: 10-11
 12/4 Central, Elkader*

12/8 @Valley Community, Elgin*
 12/11 @Postville*
 12/15 @Sumner-Fredericksburg*
 12/18 @MFL MarMac*
 12/22 @South Winneshiek, Calmar*
 1/2 @New Hampton
 1/5 West Central, Maynard*
 1/8 Clayton Ridge, Guttenberg*
 1/9 @Waukon
 1/11 @Nashua-Plainfield
 1/15 Kee, Lansing*
 1/19 @North Fayette, West Union*
 1/22 MFL MarMac*
 1/23 Crestwood, Cresco
 1/26 @West Central, Maynard*
 1/28 @Decorah
 1/29 @Clayton Ridge, Guttenberg*
 2/5 South Winneshiek, Calmar*
 2/9 @Kee, Lansing*
 2/12 North Fayette, West Union*

TWIN CEDARS, BUSSEY

Coach: Alan Stewart
 Conference: Blue Grass
 Team Nickname: Sabers
 Returning Letterwinners:
 Brett Wimmer
 Zach Greene
 Travis Downey
 Seth Rose
 2008-09 Overall Record: 5-16
 11/30 @Iowa Christian Academy
 12/4 @Albia
 12/5 @Martensdale-St. Mary's
 12/11 Diagonal*
 12/12 Southeast Warren, Liberty Center
 12/14 Wayne, Corydon
 12/15 @Melcher-Dallas*
 12/18 @Seymour*
 1/5 @Moravia
 1/8 Mormon Trail, Garden Grove*
 1/11 Eddyville-Blakesburg
 1/12 Murray*
 1/15 Lamoni*
 1/16 @Conference Tournament
 1/19 @Conference Tournament
 1/22 @Conference Tournament
 1/23 @Conference Tournament
 1/26 Moravia*
 1/29 @Lineville-Clio*
 2/5 Moulton-Udell*
 2/6 Ankeny Christian Academy
 2/9 Melcher-Dallas

TWIN RIVER VALLEY, BODE

Coach: Andrew Theesfeld
 Conference: Cornbelt
 Team Nickname: Thunder
 Returning Letterwinners:
 Matt Rasmussen
 Abel Ramos
 Ray How
 Rob McLeland
 Zach McKenna
 Anthony Olson
 2008-09 Overall Record: 0-20
 11/30 @Prairie Valley, Gowrie
 12/1 @North Sentral Kossuth*
 12/4 @West Bend-Mallard*
 12/8 Ventura*
 12/11 @C-W-L, Corwith*

*Indicates Conference Game

12/15 Woden-Crystal Lake-Titonka*
 12/18 @Armstrong-Ringsted*
 1/4 Rockwell City-Lytton
 1/5 North Sentral Kossuth*
 1/8 Ruthven-Ayrshire*
 1/12 West Bend-Mallard*
 1/15 @Harris-Lake Park*
 1/19 @Ventura*
 1/26 C-W-L, Corwith*
 1/29 @Clay Central-Everly*
 2/2 @Woden-Crystal Lake-Titonka*
 2/5 Graettinger-Terril*
 2/6 @Belmond-Klemme
 2/9 @Sioux Central, Sioux Rapids
 2/12 Southeast Webster-Grand, Burnside

UNDERWOOD

Coach: Andy Vanfossen
 Conference: Western Iowa
 Team Nickname: Eagles
 Returning Letterwinners:
 Tyler Hamilton
 Jacob Hoffman
 Austin Knowlton
 Kyle Knowlton
 Adam Voss
 Andrew Bonnet

2008-09 Overall Record: 18-5

11/30 @Essex
 12/3 East Mills
 12/4 @Logan-Magnolia
 12/7 Fremont-Mills, Tabor
 12/8 @Missouri Valley*
 12/11 @A-H-S-T, Avoca*
 12/15 Riverside, Oakland*
 12/18 Griswold*
 1/5 Tri-Center, Neola*
 1/8 @Audubon*
 1/12 @Treynor*
 1/15 A-H-S-T, Avoca*
 1/19 @Riverside, Oakland*
 1/22 @Griswold*
 1/26 @Tri-Center, Neola*
 1/29 Treynor*
 2/2 Missouri Valley*
 2/5 Audubon*
 2/8 West Harrison, Mondamin
 2/11 @Maple Valley-Anthon-Oto

UNION, LAPORTE CITY

Coach: Cliff Berinobis
 Conference: NICL East
 Team Nickname: Knights
 Returning Letterwinners:
 Jared Wauters
 Bradley Siebel

2008-09 Overall Record: 21-3

12/1 Gladbrook-Reinbeck
 12/4 @Denver*
 12/8 @Northern University High, C. Falls*
 12/11 Dike-New Hartford*
 12/15 @Hudson*
 12/18 Aplington-Parkersburg*
 12/21 @Jesup*
 1/5 Wapsie Valley, Fairbank*
 1/7 @Vinton-Shellsburg
 1/8 Denver*
 1/12 Northern University High, C. Falls*
 1/15 @Dike-New Hartford*
 1/19 Hudson*
 1/22 @Aplington-Parkersburg*

1/23 Benton, Van Horne
 1/29 Jesup*
 2/2 @Wapsie Valley, Fairbank*
 2/6 Cedar Falls
 2/9 West Marshall, State Center@McLeod Center
 2/13 South Tama County, Tama
 2/16 Center Point-Urbana

UNITY CHRISTIAN, ORANGE CITY

Coach: Ross Bouma
 Conference: War Eagle
 Team Nickname: Knights
 Returning Letterwinners:

2008-09 Overall Record: 19-6

11/30 Rock Valley
 12/4 @Spencer
 12/5 @Western Christian, Hull
 12/8 @Hartley-Melvin-Sanborn*
 12/11 Akron-Westfield*
 12/15 @South O'Brien, Paullina
 12/18 @Remsen-Union*
 12/19 MOC-Floyd Valley
 12/22 Marcus-Meriden-Cleghorn*
 1/8 Gehlen Catholic, LeMars*
 1/9 Bishop Heelan, Sioux City*
 1/12 South O'Brien, Paullina*
 1/15 @Spalding Catholic, Granville
 1/19 @Sergeant Bluff-Luton
 1/22 Hinton*
 1/25 George-Little Rock
 1/29 Sergeant Bluff-Luton*
 2/2 @Sioux Falls Christian, SD
 2/4 Sioux Center
 2/5 West Sioux, Hawarden*
 2/9 @St. Mary's, Remsen*

URBANDALE

Coach: Brad Bjorkgren
 Conference: CIML Central
 Team Nickname: J-Hawks
 Returning Letterwinners:

Travis Perry
 Michael Schinstock
 Tyler Craig
 Eric DeVries
 Grae Herold
 Chad Kobal
 Colby McEnany
 Kene Ukabiala
 Jake Bjorkgren

2008-09 Overall Record: 18-6

11/30 Ames @ Knapp Center
 12/4 @Mason City
 12/5 @Council Bluffs, Thomas Jefferson
 12/8 Des Moines, Abraham Lincoln
 12/11 @Indianola*
 12/15 @Des Moines, East
 12/18 Southeast Polk*
 12/21 Marshalltown
 1/5 Johnston*
 1/8 @Ankeny*
 1/12 Dowling Catholic, West Des Moines*
 1/15 Indianola*
 1/19 @Waukee
 1/22 @Southeast Polk*
 1/26 Ottumwa
 1/29 @Johnston*
 2/2 @Des Moines, Roosevelt
 2/5 Ankeny*
 2/9 Fort Dodge
 2/12 @Dowling Catholic, West Des Moines*

2/16 Des Moines, Hoover
 2/19 @Des Moines, North

VALLEY COMMUNITY, ELGIN

Coach: Matt Krambeer
 Conference: Upper Iowa
 Team Nickname: Tigers
 Returning Letterwinners:

Kyle Lansing
 Greg Mitchell
 Paul Seabrooke
 Logan Paster
 Blaine Everman

2008-09 Overall Record: 6-15

11/30 @North-Linn, Troy Mills
 12/4 @MFL MarMac*
 12/8 Turkey Valley, Jackson Junction*
 12/11 South Winneshiek, Calmar*
 12/12 @East Buchanan, Winthrop
 12/15 @West Central, Maynard*
 12/18 Central, Elkader*
 12/21 @Postville*
 1/2 @Edgewood-Colesburg
 1/5 Sumner-Fredericksburg*
 1/8 North Fayette, West Union*
 1/12 Kee,Lansing*
 1/19 Clayton Ridge, Guttenberg*
 1/22 @Central, Elkader*
 1/26 @North Fayette, West Union*
 1/29 @Sumner-Fredericksburg*
 2/2 Postville*
 2/5 @Kee, Lansing*
 2/6 Starmont
 2/8 West Central, Maynard
 2/12 Clayton Ridge, Guttenberg*

VALLEY, WEST DES MOINES

Coach: Willie Thornton
 Conference: CIML
 Team Nickname: Tigers
 Returning Letterwinners:

2008-09 Overall Record: 9-13

12/1 @ Des Moines, Hoover
 12/4 Ankeny
 12/8 @ Des Moines, Roosevelt
 12/11 @ Mason City*
 12/15 Dowling Catholic, West Des Moines
 12/18 Marshalltown*
 1/5 Ames*
 1/8 @Waukee
 1/15 Mason City*
 1/16 @ Fort Dodge*
 1/19 Indianola
 1/22 @ Marshalltown*
 1/26 @ Des Moines, East
 1/29 @ Ames*
 2/2 Southeast Polk
 2/5 Waukee
 2/9 @ Des Moines, Abraham Lincoln
 2/12 Fort Dodge*
 2/16 @ Des Moines, North
 2/19 Johnston

VAN BUREN, KEOSAUQUA

Coach: Fred Parsons
 Conference: SEISC-South
 Team Nickname: Warriors
 Returning Letterwinners:

Jordan Hervey

2008-09 Overall Record: 11-11

12/1 Cardinal, Eldon*

*Indicates Conference Game

12/4 Harmony, Farmington*
 12/8 @Notre Dame, Burlington*
 12/11 Danville*
 12/15 @Maharishi, Fairfield*
 12/18 Central Lee, Donnellson*
 12/19 @West Burlington*
 1/5 New London*
 1/8 Holy Trinity, Fort Madison*
 1/12 @Cardinal, Eldon*
 1/15 @Harmony, Farmington*
 1/16 @Davis County, Bloomfield
 1/19 Notre Dame, Burlington*
 1/22 @Danville*
 1/23 Pekin
 1/26 Maharishi, Fairfield*
 1/29 @Central Lee, Donnellson*
 2/2 West Burlington*
 2/5 @New London*
 2/12 Conference Tournament
 2/15 Conference Tournament

VAN METER

Coach: Shawn Hyer
 Conference: West Central
 Team Nickname: Bulldogs
 Returning Letterwinners:
 2008-09 Overall Record: 20-5
 12/1 Saydel
 12/4 Guthrie Center*
 12/5 @East Greene, Grand Junction*
 12/8 @West Central Valley, Stuart*
 12/10 @Ankeny Christian Academy
 12/11 @Woodward-Granger*
 12/15 Panorama, Panora*
 12/18 Madrid*
 12/22 @Clarke, Osceola
 1/5 Earlham*
 1/8 Coon Rapids-Bayard*
 1/9 @Des Moines Christian*
 1/12 @Guthrie Center*
 1/15 East Greene, Grand Junction*
 1/19 West Central Valley, Stuart*
 1/22 Woodward-Granger*
 1/26 @Panorama, Panora*
 1/29 @Madrid*
 2/2 @Earlham*
 2/5 @Coon Rapids-Bayard*
 2/9 Des Moines Christian*

VENTURA

Coach: Ryan Eastvold
 Conference: Cornbelt
 Team Nickname: Vikings
 Returning Letterwinners:
 2008-09 Overall Record: 21-4
 12/1 @CWL, Corwith*
 12/3 Garner-Hayfield
 12/4 Woden-Crystal Lake-Titonka*
 12/8 @Twin River Valley, Bode
 12/11 West Bend-Mallard*
 12/12 @West Hancock, Britt
 12/15 North Central Kossuth*
 12/17 @Clay Central-Everly*
 1/4 @Belmond-Klemme
 1/5 CWL, Corwith*
 1/12 @Woden-Crystal Lake-Titonka*
 1/15 @Graettinger-Terril*
 1/19 Twin River Valley, Bode*
 1/21 @Northwood-Kensett
 1/22 Ruthven-Ayrshire*
 1/26 @West Bend-Mallard*

1/29 @Armstrong-Ringsted*
 2/2 @North Central Kossuth*
 2/4 Central Springs
 2/5 Harris-Lake Park*
 2/8 @West Fork, Sheffield

VILLISCA

Coach: Jim Obermeier
 Conference: Corner
 Team Nickname: Bluejays
 Returning Letterwinners:
 Nathan Cordon
 Marshall Dolch
 Timmy Myers
 Chris Schaaf
 Jared Gillespie
 Nick Eblen
 Jake Eblen
 Alex Herzberg
 Cody Hardy
 Sawyer Johanne
 2008-09 Overall Record: 21-4

12/1 @Lenox
 12/7 @Bedford
 12/8 @Clarinda Academy*
 12/11 Stanton*
 12/12 Exira
 12/15 @Essex*
 12/18 @Sidney*
 1/8 Hamburg*
 1/11 Corning
 1/12 @Fremont-Mills, Tabor*
 1/15 East Mills*
 1/16 @Conference Tournament
 1/18 @Conference Tournament
 1/19 @Conference Tournament
 1/20 @Conference Tournament
 1/21 @Conference Tournament
 1/22 @Conference Tournament
 1/23 @Conference Tournament
 1/26 @South Page, College Springs*
 1/28 @Audubon
 1/29 Farragut*
 2/2 Essex
 2/4 @Farragut
 2/5 @Stanton
 2/8 Clarinda Academy

VINTON-SHELLSBURG

Coach: Joe Johnson
 Conference: WaMaC
 Team Nickname: Vikings
 Returning Letterwinners:
 Logan Williams
 Zach Heineman
 Grant Wittmer
 Dane Peterson
 Carson Struve
 2008-09 Overall Record: 7-16
 12/1 @Anamosa*
 12/4 Mount Vernon*
 12/8 @Benton, Van Horne*
 12/11 @Columbus Catholic, Waterloo*
 12/15 Williamsburg*
 12/18 Independence*
 12/22 @South Tama County, Tama
 1/5 @Marion*
 1/7 Union, LaPorte City
 1/8 @Center Point-Urbana*
 1/12 @Clear Creek-Amana*
 1/15 Columbus Catholic, Waterloo*

1/19 Benton, Van Horne*
 1/22 @West Delaware, Manchester*
 1/26 @Williamsburg*
 1/29 Clear Creek-Amana*
 2/2 @Independence*
 2/5 Marion*
 2/9 Center Point-Urbana*
 2/12 Beckman, Dyersville*
 2/16 @Oelwein

WACO, WAYLAND

Coach: Bob Hilmer
 Conference: SEISC-North
 Team Nickname: Warriors
 Returning Letterwinners:
 Nathan Shelman
 Bryce Shelman
 Tad Morrow
 Matt Mitchell
 Ethan Starr
 Christian Roth
 Brady Stauffer
 Ray Fear

2008-09 Overall Record: 8-14
 12/1 Iowa Mennonite, Kalona*
 12/4 Winfield-Mt.Union*
 12/8 Pekin*
 12/11 @Louisa-Muscatine*
 12/15 @Highland, Riverside*
 12/18 @Lone Tree*
 12/19 Mediapolis*
 1/4 Wapello*
 1/8 @Columbus, Columbus Junction*
 1/9 Mount Pleasant
 1/12 @Iowa Mennonite, Kalona*
 1/15 @Winfield-Mt Union*
 1/19 @Pekin*
 1/22 Louisa-Muscatine*
 1/23 @Holy Trinity Catholic, Fort Madison
 1/26 Highland, Riverside*
 1/29 Lone Tree*
 2/2 @Mediapolis*
 2/5 Wapello*
 2/9 Columbus, Columbus Junction*
 2/12 Conference Tournament

WAHLERT, DUBUQUE

Coach: Tom English
 Conference: Mississippi Valley
 Team Nickname: Golden Eagles
 Returning Letterwinners:
 Jake Burbach
 Nolan Gall
 Luke Burbach
 Brad Kane
 2008-09 Overall Record: 18-7
 11/30 @Maquoketa
 12/1 @North Scott, Eldridge
 12/4 Assumption, Davenport
 12/5 Waterloo, West
 12/11 Cedar Falls*
 12/15 Prairie, Cedar Rapids*
 12/18 @Dubuque, Senior*
 1/5 Cedar Rapids, Washington*
 1/8 @Waterloo, East*
 1/12 @Xavier, Cedar Rapids*
 1/15 @Dubuque,Hempstead*
 1/16 Pleasant Valley
 1/19 West Carroll, IL
 1/22 @Waterloo, West*
 1/26 @Linn-Mar, Marion*

*Indicates Conference Game

1/29 Waterloo, East*
 2/2 @Iowa City, West*
 2/5 Dubuque, Hempstead*
 2/9 Iowa City, City*
 2/12 Dubuque, Senior*
 2/16 @Cedar Rapids, Jefferson*
 2/18 Cedar Rapids, Kennedy*

WALNUT

Coach: N/A
 Conference: Rolling Hills
 Team Nickname: Warriors
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 Orient-Macksburg
 12/4 @Iowa Christian Academy*
 12/8 Elk Horn-Kimballton*
 12/11 CAM, Anita*
 12/12 Woodbine
 12/15 @Ankeny Christian Academy*
 12/18 @Paton-Churdan*
 12/22 Exira*
 1/5 @Glidden-Ralston*
 1/8 @Adair-Casey*
 1/9 @A-H-S-T, Avoca
 1/12 @Orient-Macksburg*
 1/15 Iowa Christian Academy*
 1/19 @Elk Horn-Kimballton*
 1/22 @CAM, Anita*
 1/26 Ankeny Christian Academy*
 1/29 Paton-Churdan*
 2/1 @Exira*
 2/5 Glidden-Ralston*
 2/9 Adair-Casey*

WAPELLO

Coach: Ken Spielbauer
 Conference: SEISC North
 Team Nickname: Indians
 Returning Letterwinners:
 Taylor Jacobsmeier
 Logan Brockway
 Brock Webb
 Trevor Massuer
 Jacob Lafayette
 Danny Johnson
 2008-09 Overall Record: 11-12
 12/1 Highland, Riverside*
 12/4 @Pekin*
 12/8 @Columbus, Columbus Junction*
 12/11 Lone Tree*
 12/15 @Louisa-Muscatine*
 12/18 Iowa Mennonite, Kalona*
 12/21 @Winfield-Mt Union*
 1/5 WACO, Wayland*
 1/8 Mediapolis*
 1/9 @New London
 1/12 @Highland, Riverside*
 1/15 Pekin*
 1/19 Columbus, Columbus Junction*
 1/22 @Lone Tree*
 1/23 Wilton
 1/26 Louisa-Muscatine*
 1/29 @Iowa Mennonite, Kalona*
 2/2 Winfield-Mt Union*
 2/5 @WACO, Wayland*
 2/9 @Mediapolis*
 2/13 Conference Tournament

WAPSIE VALLEY, FAIRBANK

Coach: Marty McKowen

Conference: NICL East
 Team Nickname: Warriors
 Returning Letterwinners:
 Collin Ritzman
 Zach Schmidt
 Taylor Sickles
 Michael Rathe
 Tony Kleitsch
 Josh Weepie
 2008-09 Overall Record: 15-10
 12/4 Jesup*
 12/8 Aplington-Parkersburg*
 12/11 @Hudson*
 12/12 @Woodward Academy
 12/15 Dike-New Hartford*
 12/18 @Northern University High, C. Falls*
 12/22 Denver*
 1/5 @Union, LaPorte City*
 1/8 @Jesup*
 1/9 Sumner-Fredericksburg
 1/12 @Aplington-Parkersburg*
 1/15 Hudson*
 1/19 @Dike-New Hartford*
 1/22 Northern University High, C. Falls*
 1/23 Oelwein
 1/26 AGWSR, Ackley
 1/28 Tripoli
 1/29 @Denver*
 2/2 Union, LaPorte City*
 2/5 @East Marshall, LeGrand
 2/6 @MFL MarMac
 2/9 Conference Tournament@McLeod Center

WASHINGTON

Coach: Bryce Smeins
 Conference: Southeast
 Team Nickname: Demons
 Returning Letterwinners:
 Isaac Gardner
 Alex Vogel
 Kaleb Rich
 Nic Williams
 2008-09 Overall Record: 9-13
 12/1 Mid-Prairie, Wellman
 12/4 @Durant
 12/11 Fairfield*
 12/18 @Keokuk*
 12/19 @West Branch
 1/5 Fort Madison*
 1/8 @Mount Pleasant*
 1/9 Tipton
 1/12 @ Morning Star Academy, Bettendorf
 1/16 @Regina, Iowa City
 1/22 @Fairfield*
 1/23 Pella Christian
 1/29 Keokuk*
 1/30 @Muscatine
 2/5 @Fort Madison*
 2/6 Iowa Mennonite, Kalona
 2/9 @Mid-Prairie, Wellman
 2/12 Mount Pleasant*
 2/13 @Pella
 2/16 @Williamsburg

WATERLOO CHRISTIAN

Coach: Todd Kuntz
 Conference: Iowa Star
 Team Nickname: Regents
 Returning Letterwinners:
 David Speed
 KJ Ellringer

Lucas Segerstrom
 Peter Bernstrom
 2008-09 Overall Record: 15-8
 12/1 @CAL, Latimer*
 12/4 North Tama,Traer*
 12/5 @Meskwaki Settlement School
 12/8 @Dunkerton*
 12/11 Don Bosco, Gilbertville*
 12/15 @Northeast Hamilton,Blairsburg*
 12/18 @Clarksville*
 12/22 GMG, Garwin*
 1/5 @Tripoli*
 1/8 Janesville*
 1/12 CAL, Latimer*
 1/14 @Gladbrook-Reinbeck
 1/15 @North Tama,Traer*
 1/19 Dunkerton*
 1/22 @Don Bosco, Gilbertville*
 1/26 Northeast Hamilton, Blairsburg*
 1/29 Clarksville*
 2/2 @GMG, Garwin*
 2/5 Tripoli*
 2/6 West Central, Maynard
 2/9 @Janesville*

WATERLOO, EAST

Coach: Anthony Thomas
 Conference: Mississippi Valley
 Team Nickname: Trojans
 Returning Letterwinners:
 2008-09 Overall Record:
 12/3 Northern University High, C. Falls
 12/5 @Davenport, Central
 12/10 @Cedar Rapids, Washington*
 12/11 Oelwein
 12/15 Iowa City, West*
 12/18 Cedar Falls*
 1/2 @Waverly-Shell Rock
 1/5 @Prairie, Cedar Rapids*
 1/8 Wahlert, Dubuque*
 1/12 Linn-Mar, Marion*
 1/15 @Waterloo, West*
 1/22 Cedar Rapids, Jefferson*
 1/26 @Cedar Rapids, Kennedy*
 1/29 @Wahlert, Dubuque*
 2/2 Xavier, Cedar Rapids*
 2/5 Waterloo, West*
 2/9 @Dubuque, Hempstead*
 2/12 @Cedar Falls*
 2/16 Dubuque, Senior*
 2/18 @Iowa City, City*

WATERLOO, WEST

Coach:
 Conference: Mississippi Valley
 Team Nickname: Wahawks
 Returning Letterwinners:
 2008-09 Overall Record: 10-10
 12/5 @ Wahlert, Dubuque
 12/8 Cedar Rapids,Jefferson
 12/11 @Iowa City, West*
 12/12 Columbus Catholic, Waterloo
 12/15 @Xavier, Cedar Rapids*
 12/18 Dubuque, Hempstead*
 1/5 Linn-Mar, Marion*
 1/8 @Cedar Falls*
 1/12 Prairie, Cedar Rapids*
 1/15 Waterloo, East*
 1/16 Decorah
 1/22 Wahlert, Dubuque*
 1/26 @Cedar Rapids, Jefferson*

*Indicates Conference Game

1/29 Cedar Falls*
 1/30 Waverly-Shell Rock
 2/2 @Dubuque, Senior*
 2/5 @Waterloo, East*
 2/9 Cedar Rapids, Kennedy*
 2/12 @Dubuque, Hempstead*
 2/16 Iowa City, City*
 2/18 @Cedar Rapids, Washington*

WAUKEE

Coach: Matt Woodley
 Conference: CIML-Iowa
 Team Nickname: Warriors
 Returning Letterwinners:
 Chad Owens
 Collin Niehaus
 Brian Peters
 Jonny Getting
 Will Artino
 Matt Roling

2008-09 Overall Record: 14-9

12/4 Indianola
 12/7 @Des Moines, East
 12/11 Ames*
 12/15 Southeast Polk
 12/18 Mason City*
 1/5 @Fort Dodge*
 1/8 Valley, West Des Moines*
 1/9 @Des Moines, Abraham Lincoln
 1/12 Marshalltown*
 1/15 @Ames*
 1/19 Urbandale
 1/22 @Mason City*
 1/23 @Council Bluffs, Thomas Jefferson
 1/26 @Des Moines, North
 1/29 Fort Dodge*
 2/2 Johnston
 2/5 @Valley, West Des Moines*
 2/9 @Des Moines, Hoover
 2/12 @Marshalltown*
 2/16 @Des Moines, Roosevelt
 2/19 Dowling Catholic, West Des Moines

WAUKON

Coach: Jed Hemann
 Conference: Northeast Iowa
 Team Nickname: Indians
 Returning Letterwinners:
 Jake Needham

2008-09 Overall Record: 9-11

11/30 Postville
 12/8 @Charles City*
 12/10 Spring Grove, MN
 12/15 Decorah*
 12/18 Waverly-Shell Rock*
 12/22 @New Hampton*
 1/5 @MFL MarMac
 1/8 Crestwood, Cresco*
 1/9 Turkey Valley, Jackson Junction
 1/11 @Caledonia, MN
 1/14 @North Fayette, West Union
 1/19 Oelwein*
 1/22 @Waverly-Shell Rock*
 1/26 @Prairie du Chien, WI
 1/29 Charles City*
 1/30 @Winona Cotter, MN
 2/2 @Decorah*
 2/5 New Hampton*
 2/9 @Crestwood, Cresco*
 2/11 South Winneshiek, Calmar
 2/18 @Oelwein*

WAVERLY-SHELL ROCK

Coach: Nate Steege
 Conference: Northeast Iowa
 Team Nickname: Go-Hawks
 Returning Letterwinners:
 Brandon Steggall
 Luke Wright
 Jordan David
 Blake Willson
 Ryan Severson
 Connor Coleman

2008-09 Overall Record: 6-16

12/1 Cedar Falls @Wartburg College
 12/5 @Xavier, Cedar Rapids
 12/8 Crestwood, Cresco*
 12/12 Grinnell
 12/15 @New Hampton*
 12/18 @Waukon*
 12/22 Charles City*
 1/2 Waterloo, East
 1/7 Independence
 1/9 Columbus Catholic, Waterloo
 1/15 @Oelwein*
 1/16 @Webster City
 1/19 @Decorah*
 1/22 Waukon*
 1/29 @Crestwood, Cresco*
 1/30 @Waterloo, West
 2/2 New Hampton*
 2/5 @Charles City*
 2/6 @Sumner-Fredericksburg
 2/12 Oelwein*
 2/16 Decorah*

WAYNE, CORYDON

Coach: Steve Hunt
 Conference: Pride of Iowa
 Team Nickname: Falcons
 Returning Letterwinners:
 2008-09 Overall Record:

11/30 @Albia
 12/1 @Twin Cedars, Bussey
 12/4 Martensdale-St. Mary's*
 12/8 Pleasantville*
 12/11 @ Interstate 35, Truro*
 12/12 Davis County, Bloomfield
 12/15 Southeast Warren, Liberty Center*
 12/18 @ East Union, Afton*
 1/5 @ Martensdale-St. Mary's*
 1/7 @ Chariton
 1/8 Corning*
 1/12 Central Decatur, Leon*
 1/15 Lenox*
 1/19 @Pleasantville*
 1/22 @Mount Ayr*
 1/26 Interstate 35-Truro*
 1/29 Nodaway Valley*
 2/2 @Southeast Warren, Liberty Center*
 2/5 @Bedford*
 2/9 @Central Decatur, Leon*
 2/12 @Melcher-Dallas

WEBSTER CITY

Coach: Marty McKinney
 Conference: North Central
 Team Nickname: Lynx
 Returning Letterwinners:
 Bryan Johnson

2008-09 Overall Record: 14-8

12/1 Eagle Grove*

12/4 @Clarion-Goldfield*
 12/5 Forest City
 12/8 @Hampton-Dumont*
 12/11 Clear Lake*
 12/15 @Humboldt*
 12/18 Bishop Garrigan, Algona*
 12/19 Fort Dodge
 12/22 @St. Edmond, Fort Dodge*
 1/5 @Iowa Falls-Alden*
 1/8 Algona*
 1/15 Clarion-Goldfield*
 1/16 Waverly-Shell Rock
 1/19 @Eagle Grove*
 1/22 @Clear Lake*
 1/26 Humboldt*
 1/29 @Bishop Garrigan, Algona*
 2/2 St. Edmond, Fort Dodge*
 2/5 @Algona*
 2/12 Iowa Falls-Alden*
 2/16 Hampton-Dumont*

WEST BEND-MALLARD

Coach: Mark Wenzel
 Conference: Cornbelt
 Team Nickname: Wolverines
 Returning Letterwinners:
 Ryan Banwart
 Jake Goodchild
 Aaron Johnson
 Mitch Bonnstetter
 Chris Schmidt

2008-09 Overall Record: 7-16

12/1 @Woden-Crystal Lake-Titonka
 12/3 Rockwell City-Lytton
 12/4 Twin River Valley, Bode
 12/8 North Sentral Kossuth
 12/11 @Ventura
 12/14 Southeast Webster-Grand, Burnside
 12/15 @C-W-L, Corwith
 12/21 @Pocahontas Area/Pomeroy-Palmer
 1/5 Woden-Crystal Lake-Titonka
 1/8 Harris-Lake Park
 1/12 @Twin River Valley, Bode
 1/15 @Clay Central, Everly
 1/16 @Manson Northwest Webster
 1/18 Ruthven-Ayrshire
 1/19 @North Sentral Kossuth
 1/22 Graettinger-Terril
 1/26 Ventura
 1/29 @Ruthven-Ayrshire
 2/2 C-W-L, Corwith
 2/5 Armstrong-Ringsted
 2/12 @Graettinger-Terril

WEST BRANCH

Coach: Stephen Bender
 Conference: Cedar Valley
 Team Nickname: Bears
 Returning Letterwinners:
 Jordan Oneil
 Ryan Baker
 Travis Kaufman
 Logan Murry
 Mitch Moon
 Brandon Young

2008-09 Overall Record: 12-11

12/1 Eddyville-Blakesburg
 12/3 Lone Tree
 12/8 @Mid-Prairie, Wellman*
 12/11 North Cedar, Stanwood*
 12/12 Highland, Riverside

*Indicates Conference Game

12/15 Regina, Iowa City*
 12/18 @West Liberty*
 12/19 Washington
 1/4 @Clear Creek-Amana
 1/5 @Tipton*
 1/8 Wilton*
 1/12 @Durant*
 1/15 Mid-Prairie, Wellman*
 1/16 English Valleys, North English
 1/19 @Iowa Valley, Marengo
 1/22 @Regina, Iowa City*
 1/26 West Liberty*
 1/29 Tipton*
 2/2 @Wilton*
 2/5 @Durant*
 2/8 @North Cedar, Stanwood*

WEST BURLINGTON

Coach: Vern Reed
 Conference: SEISC-South
 Team Nickname: Falcons
 Returning Letterwinners:
 2008-09 Overall Record:
 12/1 @Harmony, Farmington*
 12/4 @New London*
 12/5 West Liberty
 12/8 Maharishi, Fairfield*
 12/11 @Cardinal, Eldon*
 12/15 Danville*
 12/18 @Holy Trinity, Fort Madison*
 12/19 Van Buren, Keosauqua*
 1/5 @Notre Dame, Burlington*
 1/8 @Central Lee, Donnellson*
 1/12 Harmony, Farmington*
 1/15 New London*
 1/19 @Maharishi, Fairfield*
 1/22 Cardinal, Eldon*
 1/26 @Danville*
 1/29 Holy Trinity, Fort Madison*
 2/2 @Van Buren, Keosauqua*
 2/5 Notre Dame, Burlington*
 2/8 @Mediapolis
 2/9 Central Lee, Donnellson*
 2/12 Conference Tournament

WEST CENTRAL VALLEY, STUART

Coach: Mick Long
 Conference: West Central
 Team Nickname: Wildcats
 Returning Letterwinners:
 Cody Buttler
 Ethan Gilman
 Cole Kearns
 Cody Tilk
 Ryan Wagers
 Dylan Moore
 Maston Hasty
 Greg Duckey
 Jeff Duckey
 2008-09 Overall Record: 8-14
 11/30 Ogden
 12/4 @Des Moines Christian*
 12/5 Earlham*
 12/8 Van Meter*
 12/11 @Panorama, Panora*
 12/15 Madrid*
 12/18 East Greene, Grand Junction*
 1/5 @Coon Rapids-Bayard*
 1/8 @Guthrie Center*
 1/9 @Woodward-Granger*
 1/12 Des Moines Christian*

1/15 @Earlham*
 1/16 @Nodaway Valley, Greenfield
 1/19 @Van Meter*
 1/22 Panorama, Panora*
 1/23 @Grandview Park Baptist, DSM
 1/26 @Madrid*
 1/29 @East Greene, Grand Junction*
 2/2 Coon Rapids-Bayard*
 2/5 Guthrie Center*
 2/9 Woodward-Granger*

WEST CENTRAL, MAYNARD

Coach: Brad Wild
 Conference: Upper Iowa
 Team Nickname: Blue Devils
 Returning Letterwinners:
 Kaleb Buhrow
 Jake Johnston
 DJ Bivins
 Andrew Williams
 Mark Hanson
 2008-09 Overall Record: 19-5
 12/4 Kee, Lansing*
 12/8 @North Fayette, West Union*
 12/11 @Central, Elkader*
 12/15 Valley Community, Elgin*
 12/18 @South Winneshiek, Calmar*
 12/21 @Janesville
 1/5 @Turkey Valley, Jackson Junction*
 1/8 @MFL MarMac*
 1/9 @Oelwein
 1/12 @Clayton Ridge, Guttenberg*
 1/15 Postville*
 1/19 @Sumner-Fredericksburg*
 1/22 South Winneshiek, Calmar*
 1/26 Turkey Valley, Jackson Junction*
 1/29 @MFL MarMac*
 2/2 Clayton Ridge, Guttenberg*
 2/4 Starmont
 2/6 Waterloo Christian
 2/9 @Postville*
 2/12 Sumner-Fredericksburg*

WEST DELAWARE, MANCHESTER

Coach: Tony Tjaden
 Conference: WaMaC
 Team Nickname: Hawks
 Returning Letterwinners:
 Taylor Heinrichs
 Jordan Mangold
 Aaron Harper
 Pat Hartbeck
 Peter Eilers
 Jared Zebuhr
 Troy Beck
 2008-09 Overall Record: 6-16
 12/1 Columbus Catholic, Waterloo*
 12/4 @Marion*
 12/8 @Anamosa*
 12/10 @Maquoketa*
 12/15 Epworth, Western Dubuque*
 12/18 Mount Vernon*
 12/20 Oelwein
 1/5 @Solon*
 1/8 @Beckman, Dyersville*
 1/12 @Central Clinton, Dewitt*
 1/15 Maquoketa*
 1/16 @Maquoketa Valley
 1/19 Anamosa*
 1/22 Vinton-Shellsburg*
 1/26 @Epworth, Western Dubuque*

1/29 Central Clinton, Dewitt*
 2/2 @Mount Vernon*
 2/5 Solon*
 2/6 Cedar Rapids, Kennedy
 2/9 Beckman, Dyersville*
 2/16 @Clear Creek-Amana*

WEST FORK, SHEFFIELD

Coach: Jordan Nelson
 Conference: Corn Bowl
 Team Nickname: Warhawks
 Returning Letterwinners:
 Riley Ubben
 Justin Meyer
 Seth Tuttle
 Travis Johnson
 2008-09 Overall Record: 20-2
 12/1 @North Iowa, Buffalo Center
 12/5 @Garner-Hayfield
 12/8 @Northwood-Kensett*
 12/11 Central Springs*
 12/12 Lake Mills
 12/15 @Saint Ansgar*
 12/18 Riceville*
 12/19 Newman Catholic, Mason City
 1/8 Nashua-Plainfield*
 1/12 @North Butler, Greene*
 1/15 Rockford*
 1/16 @Belmond-Klemme
 1/19 @Central Springs*
 1/22 Northwood-Kensett*
 1/23 @Hampton-Dumont
 1/26 Saint Ansgar*
 1/29 @Riceville*
 2/2 North Butler, Greene*
 2/5 @Nashua-Plainfield*
 2/8 Ventura
 2/9 @Rockford*

WEST HANCOCK, BRITT

Coach: Brian Peterson
 Conference: North Iowa
 Team Nickname: Eagles
 Returning Letterwinners:
 Gerardo Ibarra
 Ryan Swanson
 Brady Christianson
 Jacob Patterson
 Tyler Thompson
 Matt McDermott
 2008-09 Overall Record: 15-8
 11/30 Eagle Grove
 12/1 @Northwood-Kensett
 12/3 Central Springs
 12/8 Newman Catholic, Mason City*
 12/11 @Garner-Hayfield*
 12/12 Ventura
 12/15 Osage*
 12/18 North Iowa, Buffalo Center*
 1/5 @Belmond-Klemme*
 1/8 @Lake Mills*
 1/9 @Clarion-Goldfield
 1/15 @Forest City*
 1/18 C-W-L, Corwith
 1/19 @Newman Catholic, Mason City*
 1/22 Garner-Hayfield*
 1/26 @Osage*
 1/29 @North Iowa, Buffalo Center*
 2/1 Belmont-Klemme*
 2/5 Lake Mills*
 2/9 Woden-Crystal Lake-Titonka
 *Indicates Conference Game

2/11 Forest City*

WEST HARRISON, MONDAMIN

Coach: Aaron Perkins
Conference: Western Valley
Team Nickname: Hawkeyes
Returning Letterwinners:

Jeremy Watters
Pete Davis
Lucas Christensen
Ryan Manseth
Joe Roden
Tyler Burns
Ethan Earlywine

2008-09 Overall Record: 4-18

12/1 @Westwood, Sloan
12/4 Ar-We-Va, Westside*
12/11 @Boyer Valley, Dunlap*
12/15 @Charter Oak-Ute
12/18 Woodbine*
12/19 @Missouri Valley
12/21 Logan-Magnolia
1/5 @West Monona, Onawa*
1/7 @Ar-We-Va, Westside
1/8 Charter Oak-Ute*
1/12 IKM-Manning*
1/15 @Whiting*
1/22 @Logan-Magnolia*
1/26 Maple Valley-Anthon-Oto
1/29 @Woodbine
2/1 Conference Tournament
2/2 Conference Tournament
2/5 Conference Tournament
2/6 Conference Tournament
2/8 @Underwood
2/9 @Treynor

WEST LIBERTY

Coach: James Laughlin
Conference: Cedar Valley
Team Nickname: Comets
Returning Letterwinners:

Mason Garcia
Jonathan Lopez
Jordan Meyers

2008-09 Overall Record: 12-10

11/30 Louisa-Muscatine
12/1 @Lisbon
12/5 @West Burlington
12/8 @Tipton*
12/11 @Durant*
12/15 North Cedar, Stanwood*
12/18 West Branch*
12/19 @Solon
1/5 @Wilton*
1/8 Mid-Prairie, Wellman*
1/12 Regina, Iowa City*
1/15 Tipton*
1/16 Columbus, Columbus Junction
1/22 @North Cedar, Stanwood*
1/26 @West Branch*
1/29 Wilton*
1/30 @Keokuk
2/2 Durant*
2/5 @Regina, Iowa City*
2/8 Winfield-Mt. Union
2/12 @Mid-Prairie, Wellman*

WEST LYON, INWOOD

Coach: Aaron Johnson
Conference: Siouxland

Team Nickname: Wildcats

Returning Letterwinners:

Beau Hassebroek
Dan Kroger
Kyle Meyer
Matt Viereck
Mike Standley
Joel Terwee
Cody Grotewold
Tanner Grotewold
Adam Teunissen
Bradley Van Bork

2008-09 Overall Record: 7-14

12/1 @Rock Valley
12/4 @MOC-Floyd Valley
12/8 Sioux Center
12/11 @Okoboji, Milford
12/15 Central Lyon, Rock Rapids
12/18 Boyden-Hull
12/22 @Sibley-Ocheyedan
1/5 George-Little Rock
1/8 @Sheldon
1/15 Rock Valley
1/19 MOC-Floyd Valley
1/22 @Sioux Center
1/23 @Hills-Beaver Creek, MN
1/26 Okoboji, Milford
1/29 @Central Lyon, Rock Rapids
2/2 @Boyden-Hull
2/5 Sibley-Ocheyedan
2/6 West Sioux, Hawarden
2/9 @George-Little Rock
2/12 Sheldon

WEST MARSHALL, STATE CENTER

Coach: Dave Shipley
Conference: NICL
Team Nickname: Trojans
Returning Letterwinners:

Drake Ferch
Taylor Keislar

2008-09 Overall Record: 24-2

12/1 @Woodward Academy
12/4 AGWSR, Ackley*
12/8 Grundy Center*
12/11 @East Marshall, LeGrand*
12/12 @Colo-Nesco
12/15 Gladbrook-Reinbeck*
12/18 @BCLUW, Conrad*
1/5 South Hardin, Eldora*
1/8 @AGWSR, Ackley*
1/9 @Gilbert
1/12 @Grundy Center*
1/15 East Marshall, LeGrand*
1/19 @Gladbrook-Reinbeck*
1/22 BCLUW, Conrad*
1/23 Ogden
1/26 @Aplington-Parkersburg
1/30 @Northern University High, C. Falls
2/2 @South Hardin*
2/5 Dike-New Hartford
2/6 Aplington-Parkersburg
2/9 Conference Tournament@McLeod Center
2/12 @Bondurant-Farrar

WEST MONONA, ONAWA

Coach: Matt Westendorf
Conference: Western Valley
Team Nickname: Spartans
Returning Letterwinners:
2008-09 Overall Record: 1-20

11/30

12/1

12/4

12/7

12/8

12/15

12/18

1/5

1/8

1/9

1/12

1/15

1/16

1/19

1/22

1/29

2/1

2/2

2/5

2/6

2/12

WEST SIOUX, HAWARDEN

Coach: Brad Klarenbeek
Conference: War Eagle
Team Nickname: Falcons
Returning Letterwinners:

2008-09 Overall Record: 4-18

12/1 @Spalding Catholic, Granville
12/4 @St. Mary's, Remsen
12/8 @Akron-Westfield*
12/11 Hartley-Melvin-Sanborn*
12/12 @Alcester-Hudson, SD
12/15 Remsen-Union*
12/18 South O'Brien, Paullina*
12/22 Gehlen Catholic, LeMars*
1/5 Sergeant Bluff-Luton
1/8 @Marcus-Meriden-Cleghorn*
1/12 Hinton
1/15 @Sergeant Bluff-Luton*
1/19 Alcester-Hudson, SD
1/22 St. Mary's, Remsen*
1/26 @South O'Brien, Paullina
1/29 Spalding Catholic, Granville*
2/2 Marcus-Meriden-Cleghorn
2/5 @Unity Christian, Orange City*
2/6 @West Lyon, Inwood
2/9 @Hinton*
2/12 @Akron-Westfield

WESTERN CHRISTIAN, HULL

Coach: Jim Fekhoff
Conference: Lakes
Team Nickname: Wolfpack
Returning Letterwinners:

Tyler Wolterstorff
Bryce Groeneweg
Jacob Granstra
Theo Bartman

2008-09 Overall Record: 26-2

12/5 Unity Christian, Orange City
12/8 @Estherville Lincoln Central*
12/11 @Storm Lake*
12/15 @Cherokee, Washington*
12/18 @LeMars*
12/19 @Sioux Center
12/22 Sioux City, North
1/5 Spirit Lake*
1/8 Emmetsburg*
1/9 Soux City, East @Tyson Events Ctr
1/12 @MOC-Floyd Valley

*Indicates Conference Game

1/15 @Spencer*
 1/19 Estherville Lincoln Central*
 1/22 Storm Lake*
 1/26 Cherokee, Washington*
 1/29 LeMars*
 1/30 Bishop Heelan, Sioux City
 2/2 @Spirit Lake*
 2/5 @Emmetsburg*
 2/6 St. Thomas Moore @Augustana Cig
 2/9 Spencer*

WESTWOOD, SLOAN

Coach: Cass Burkhart
 Conference: Western Valley
 Team Nickname: Rebels
 Returning Letterwinners:
 Aaron Paulsen
 Chad Walker
 Dan Jordening
 Greg Sibenaller
 2008-09 Overall Record: 15-8
 12/1 West Harrison, Mondamin
 12/8 @Logan-Magnolia
 12/11 @Kingsley-Pierson*
 12/12 @St. Albert, Council Bluffs
 12/14 Missouri Valley
 12/17 @Whiting
 12/18 Woodbury Central, Moville*
 1/5 @Lawton-Bronson
 1/8 St. Mary, Storm Lake
 1/9 @Akron-Westfield
 1/12 @Maple Valley-Anthon-Oto*
 1/15 River Valley, Correctionville*
 1/16 @Charter Oak-Ute
 1/19 Galva-Holstein/Schaller-Crestland*
 1/21 @OA-BCIG*
 1/29 @West Monona, Onawa
 2/1 @Conference Tournament
 2/2 @Conference Tournament
 2/5 @Conference Tournament
 2/6 @Conference Tournament
 2/9 Alta

WHITING

Coach: Shawn Packard
 Conference: Western Valley
 Team Nickname: Warriors
 Returning Letterwinners:
 Kevin Grell
 Reid Linden
 Christian Neldeberg
 Justin Storm
 2008-09 Overall Record: 0-20
 11/30 St. Mary's, Remsen
 12/1 @Lawton-Bronson
 12/4 Boyer Valley, Dunlap*
 12/10 @Woodbury Central, Moville
 12/11 @Charter Oak-Ute*
 12/14 @River Valley, Correctionville
 12/17 Westwood, Sloan
 12/18 @West Monona, Onawa*
 12/21 St. Mary, Storm Lake
 1/5 IKM-Manning*
 1/7 @Aurelia
 1/8 @Woodbine*
 1/15 West Harrison, Mondamin*
 1/19 Logan-Magnolia*
 1/22 @Ar-We-Va, Westside*
 1/29 Kingsley-Pierson*
 2/1 @Conference Tournament
 2/2 @Conference Tournament

2/5 @Conference Tournament
 2/6 @Conference Tournament
 2/8 @Maple Valley-Anthon-Oto

WILLIAMSBURG

Coach: Dave Schlabaugh
 Conference: WaMaC
 Team Nickname: Raiders
 Returning Letterwinners:
 Chad Malloy
 Nick Timm
 Luke Kniffen
 Tanner Blomme
 Tyler Huedepohl
 Kelly O'Rourke
 Nathan Glandorf
 2008-09 Overall Record: 12-11
 11/30 Mid-Prairie, Wellman
 12/1 @Solon*
 12/4 @Central Clinton, Dewitt*
 12/8 Marion*
 12/11 @Clear Creek-Amana*
 12/15 @Vinton-Shellsburg*
 12/18 Columbus Catholic, Waterloo*
 1/4 @Regina, Iowa City
 1/5 @Independence*
 1/8 Benton, Van Horne*
 1/12 @Center Point-Urbana*
 1/15 Clear Creek-Amana*
 1/19 @Marion*
 1/22 @Anamosa*
 1/26 Vinton-Shellsburg*
 1/29 Center Point-Urbana*
 2/2 @Columbus Catholic, Waterloo*
 2/5 Independence*
 2/9 @Benton, Van Horne*
 2/12 Maquoketa*
 2/16 Washington*

WILTON

Coach: Mark Patterson
 Conference: Cedar Valley
 Team Nickname: Beavers
 Returning Letterwinners:
 Alec Crawford
 Ryan Waach
 Jared Howell
 Mitch Ingstad
 2008-09 Overall Record: 19-6
 11/30 @Columbus, Columbus Junction
 12/1 @Andrew
 12/5 @Midland, Wyoming
 12/8 @Regina, Iowa City*
 12/11 Tipton*
 12/18 North Cedar, Stanwood*
 12/22 @Lisbon
 1/2 Durant*
 1/5 West Liberty*
 1/8 West Branch*
 1/12 Mid-Prairie, Wellman*
 1/15 Regina, Iowa City*
 1/19 @Tipton*
 1/22 @Durant*
 1/23 @Wapello
 1/26 @North Cedar, Stanwood*
 1/29 @West Liberty*
 1/30 Conference Tournament
 2/2 @West Branch*
 2/5 @Mid-Prairie, Wellman*
 2/8 Calamus-Wheatland
 2/12 Morning Star Academy, Bettendorf

WINFIELD-MT UNION

Coach: Cody Wolfe
 Conference: SEISC-North
 Team Nickname: Wolves
 Returning Letterwinners:
 2008-09 Overall Record: 12-11
 12/1 @Pekin*
 12/4 @WACO, Wayland*
 12/8 Louisa-Muscatine*
 12/11 @Highland, Riverside*
 12/15 Lone Tree*
 12/18 @Mediapolis*
 12/21 Wapello*
 1/5 @Columbus, Columbus Junction*
 1/8 @Iowa Mennonite, Kalona*
 1/12 Pekin*
 1/15 WACO, Wayland*
 1/16 New London
 1/19 @Louisa-Muscatine*
 1/22 Highland, Riverside*
 1/26 @Lone Tree*
 1/29 Mediapolis*
 2/2 @Wapello*
 2/5 Columbus, Columbus Junction*
 2/8 @West Liberty
 2/9 Iowa Mennonite, Kalona*
 2/12 Conference Tournament

WINTERSET

Coach: Andy Pickering
 Conference: Raccoon River
 Team Nickname: Huskies
 Returning Letterwinners:
 Jackson Sawyer
 Jordan Morris
 Cole Jordan
 Mort Machir
 2008-09 Overall Record: 2-17
 12/4 @Dallas Center-Grimes*
 12/8 @Ballard*
 12/11 Carroll*
 12/15 Perry*
 12/18 @Boone*
 12/22 Albia
 1/5 Carlisle*
 1/8 @Saydel*
 1/15 A-D-M, Adel*
 1/16 Dallas Center-Grimes*
 1/19 Ballard*
 1/22 @Carroll*
 1/23 Creston
 1/26 @Perry*
 1/29 Boone*
 1/30 @Newton
 2/2 Saydel*
 2/5 @A-D-M, Adel*
 2/6 Clarke, Osceola
 2/9 @Carlisle*
 2/13 @Norwalk

WODEN-CRYSTAL LAKE-TITONKA

Coach: Matt Erpelding
 Conference: Cornbelt
 Team Nickname: Tigers
 Returning Letterwinners:
 2008-09 Overall Record: 4-17
 11/30 @Northeast Hamilton, Blairsburg
 12/1 West Bend-Mallard*
 12/3 @Newman Catholic, Mason City
 12/4 @Ventura*

*Indicates Conference Game

12/8 CWL, Corwith*
 12/11 @North Sentral Kossuth*
 12/15 @Twin River Valley, Bode*
 12/18 @Ruthven-Ayrshire*
 1/5 @West Bend-Mallard*
 1/8 Graettinger-Terril*
 1/11 @North Iowa, Buffalo Center
 1/12 Ventura*
 1/15 @Armstrong-Ringsted*
 1/16 Clarion-Goldfield
 1/19 @CWL, Corwith*
 1/22 Harris-Lake Park*
 1/26 North Sentral Kossuth*
 2/2 Twin River Valley, Bode*
 2/5 Clay Central-Everly*
 2/9 @West Hancock, Britt

WOODBINE

Coach: Heath Stille
 Conference: Western Valley
 Team Nickname: Tigers
 Returning Letterwinners:
 Nicholas Powers
 Dillon Smith
 Adam Taylor
 Derek Wagner
 Spencer Bull
 Ethan Lenz

2008-09 Overall Record:

12/3 Tri-Center, Neola
 12/4 West Monona, Onawa*
 12/8 @Charter Oak-Ute
 12/11 IKM-Manning*
 12/12 @Walnut
 12/15 Boyer Valley, Dunlap
 12/18 @West Harrison, Mondamin*
 1/5 @Logan-Magnolia*
 1/8 Whiting*
 1/12 @Ar-We-Va, Westside*
 1/15 @Boyer Valley, Dunlap*
 1/19 Charter Oak-Ute*
 1/21 Elk Horn-Kimballton
 1/23 @Riverside, Oakland
 1/29 West Harrison, Mondamin
 2/1 @Conference Tournament
 2/2 @Conference Tournament
 2/5 @Conference Tournament
 2/6 @Conference Tournament
 2/9 @A-H-S-T, Avoca
 2/11 Missouri Valley

WOODBURY CENTRAL, MOVILLE

Coach: Jeff Siebersma
 Conference: Western Valley
 Team Nickname: Wildcats
 Returning Letterwinners:
 Alex Ralston
 Taylor Kleich
 Derek DeWitt
 Michael Allmer
 Taylor McElrath
 James Wright
 Grady Gallagher

2008-09 Overall Record: 9-10

12/1 @Kingsley-Pierson
 12/4 @OA-BCIG*
 12/8 @River Valley, Correctionville
 12/10 Whiting
 12/12 Alta
 12/15 West Monona, Onawa
 12/18 @Westwood, Sloan*

12/19 Hinton
 1/5 Kingsley-Pierson*
 1/8 @Lawton-Bronson*
 1/14 @Remsen-Union
 1/15 @Maple Valley-Anthon-Oto*
 1/19 River Valley, Correctionville*
 1/22 @Galva-Holstein/Schaller-Crestland*
 1/29 Lawton-Bronson
 2/1 @Conference Tournament
 2/2 @Conference Tournament
 2/5 @Conference Tournament
 2/6 @Conference Tournament
 2/8 Remsen-Union

WOODWARD ACADEMY

Coach: Trent Fleshner
 Conference:
 Team Nickname: Knights
 Returning Letterwinners:

2008-09 Overall Record:

12/1 West Marshall, State Center
 12/5 Bondurant-Farrar
 12/12 Wapsie Valley, Fairbank
 12/18 @ Meskwaki Settlement School
 12/22 @ Kuemper Catholic, Carroll
 1/5 Colfax-Mingo
 1/7 @ PCM, Monroe
 1/9 Grandview Park Baptist, Des Moines
 1/15 @ Carlisle
 1/16 Perry
 1/21 @ Des Moines Christian
 1/23 @ Madrid
 1/30 @ Clarinda Academy
 2/1 Meskwaki Settlement School
 2/8 @ Southeast Warren, Liberty Center
 2/9 @ Gilbert
 2/16 @ A-D-M, Adel
 2/18 @ Iowa Falls-Alden

WOODWARD-GRANGER

Coach: Bob Bustad
 Conference: West Central
 Team Nickname: Hawks
 Returning Letterwinners:
 Luke Geneser
 Kyle Martin
 Brandon Sweeney
 Jake Parsons

2008-09 Overall Record: 10-11

12/4 @Madrid*
 12/5 @Panorama, Panora*
 12/8 Coon Rapids-Bayard*
 12/11 Van Meter*
 12/12 @Grandview Park Baptist, DSM
 12/14 @Guthrie Center*
 12/18 Des Moines Christian*
 12/19 @Ogden
 1/5 @East Greene, Grand Junction*
 1/8 @Earlham*
 1/9 @West Central Valley, Stuart*
 1/12 Madrid*
 1/15 Panorama, Panora*
 1/19 @Coon Rapids-Bayard*
 1/22 @Van Meter*
 1/26 Guthrie Center*
 1/29 @Des Moines Christian*
 2/2 East Greene, Grand Junction*
 2/5 Earlham*
 2/9 West Central Valley, Stuart*
 2/11 C-M-B

XAVIER, CEDAR RAPIDS

Coach: Matt Jenkins
 Conference: Mississippi Valley
 Team Nickname: Saints
 Returning Letterwinners:
 Joe Sayre
 Jon Keller
 Ike Hasley
 Carter Valentine
 Ryan Sander
 Mitch Valentine

2008-09 Overall Record: 7-15

12/1 @Mount Pleasant
 12/5 Waverly-Shell Rock
 12/11 @Cedar Rapids, Jefferson*
 12/12 @Dowling Catholic, West Des Moines
 12/15 Waterloo, West*
 12/22 @Cedar Rapids, Kennedy*
 1/5 @Cedar Falls*
 1/8 @Linn-Mar, Marion*
 1/9 Oskaloosa
 1/12 Wahlert, Dubuque*
 1/15 Iowa City, City*
 1/22 Prairie, Cedar Rapids*
 1/26 @Iowa City, West*
 1/29 Linn-Mar, Marion*
 2/2 @Waterloo, East*
 2/5 Cedar Rapids, Kennedy*
 Cedar Rapids, Washington*
 @Iowa City, City*
 2/16 Dubuque, Hempstead*
 2/18 @Dubuque, Senior*

*Indicates Conference Game

IHSAA SPORTS SEASONS--2009-10 SCHOOL YEAR

	Practice Begins	First Legal Playing Date	Number of Contests or Playing Dates	Number of Scrimmages	IHSAA-Sponsored Tournament Dates	State Championship
FALL GOLF	Week 6/Aug 10	Week 7/Aug 13	12 meets	None	District: Oct 6	Oct 9,10
CROSS COUNTRY	Week 6/Aug 10	Week 8/Aug 24	10 meets	None	District: Oct 22	Oct 31
FOOTBALL	***Week 6/Aug 10 3 days noncontact	Week 9/Aug 27	*9 games None later than October 23	1 after first legal playing date	All Classes Subst: Oct 28 First Rnd: Nov 2 Qtrfinal: Nov 6 Semifinal: Nov 12,13,14,16	All Classes: Nov 20,21
SOCCER	Week 37/March 15	Week 39/Apr 1	13 gms; 3 may be mult. Tm Tourn	1 -- anytime during the season	May 24,26,29	June 3-5
SWIMMING	Week 19/Nov 9	Week 22/Nov 24	12 meets	None	District: Feb 6	Feb 13
BOWLING	Week 19/Nov 9	Week 21/Nov 16	12 playing dates****	None	Regional: Feb 20	1A: Feb 25 / 2A: Feb 26
WRESTLING	Week 20/Nov 16	Week 22/Nov 30	15 meets	Only 1 prior to first legal contest date Tournament qualifiers may have additional scrimmages	1A, 2A Sect: Feb 6 1A, 2A, 3A District: Feb 13 1A, 2A Regional Dual Team: Feb 9 3A Reg Dual Team: Feb 23	Feb 17-20 Dual Team: Feb 27
BASKETBALL	Week 20/Nov 16	Week 22/Nov 30	21 games: Each Game Played Counts Toward 21-Game Limit	3 -- Anytime during Season	1A Dist: 15,18,23,25 2A: 15,18,23 3A: 22,25 Subst: Feb 22,26,27, Mar 1,2	1A: 8,11,12 2A: 8,9,11,12 3A: 9,10,11,13 4A: 10,12,13
TRACK	Week 33/Feb 15	**Week 33/Feb 15	12 meets	None	Dist: All Classes May 14	May 20-22
SPRING GOLF	Week 38/March 22	Week 39/March 31	12 meets	None	Sectional: May 14,15 District: May 21, 22	May 28,29 Coed: June 8
TENNIS	Week 38/March 22	Week 39/March 31	12 meets	None	District: May 13 Pie-Subst Tm: May 15; Subst Team: May 22	May 28,29 Team: June 1 Coed: June 8
BASEBALL	Week 44/May 3	Week 47/May 24	40 games	None	1A Dist: July 10,13,15,17 2A Dist: July 10,13,17 3A Dist: July 16,19 1A Subst: July 20 2A Subst: July 20 3A Subst: July 21 4A Subst: July 16,19,21	1A - July 23,24,29 2A - July 26,29 3A - July 27,30 4A - July 28,30 Champ Games All Classes: July 31

*Football Play-Off Qualifiers for all classes will be determined after the completion of the October 23rd games.

**Any indoor meets must be run prior to your first outdoor competition. Any indoor competition after your first outdoor meet would count toward your meet limitations of 12 meets.

***Football practice begins Mon, Aug 10. Two-a-days permissible August 10,11,12 (Non-Contact), 13, 14 (Contact). No Practice Aug. 15, 16. Contact and one practice per day beginning Aug 17.

****Two team matches per day. Six individual games per day.

IHSAA SPORTS SEASONS -- 2010-11 SCHOOL YEAR

	<i>Practice Begins</i>	<i>First Legal Playing Date</i>	<i>Number of Contests or Playing Dates</i>	<i>Number of Scrimmages</i>	<i>IHSAA-Sponsored Tournament Dates</i>	<i>State Championship</i>
FALL GOLF	Week 6/Aug 9	Week 6/Aug 12	12 meets	None	District: Oct 5	Oct 8,9
CROSS COUNTRY	Week 6/Aug 9	Week 8/Aug 23	10 meets	None	District: Oct 21	Oct 30
FOOTBALL	***Week 6/Aug 9 3 days noncontract	Week 9/Aug 26	*9 games None later than October 22	1 after first legal playing date	All Classes Subst: Oct 27 First Rnd: Nov 1 Qfinal: Nov 5 Semifinal: Nov 12,13,15	All Classes: Nov 19,20
SOCCER	Week 37/March 14	Week 39/March 31	13 gms: 3 may be mult Tim Tourm	1 -- anytime during the season	May 23,25,28	June 2-4
SWIMMING	Week 19/Nov 8	Week 22/Nov 23	12 meets	None	District: Feb 5	Feb 12
BOWLING	Week 19/Nov 8	Week 21/Nov 15	12 playing dates****	None	Regional: Feb 19	1A: Feb 26 / 2A: Feb 27
WRESTLING	Week 20/Nov 15	Week 22/Nov 29	15 meets	Only 1 prior to first legal contest date Tournament qualifiers may have additional scrimmages	1A, 2A Sect: Feb 5 1A, 2A, 3A District: Feb 12 1A, 2A Regional Dual Team: Feb 8 3A Reg Dual Team: Feb 22	Feb 16-19 Dual Team: Feb 26 1A: 7,10,11 2A: 7,8,10,11 3A: 8,9,10,12 4A: 9,11,12
BASKETBALL	Week 20/Nov 15	Week 22/Nov 29	21 games: Each Game Played Counts Toward 21-Game Limit	3 -- Anytime during Season	1A Dist: 14,17,22,24 2A: 14,17,22 3A: 21,24 Subst: Feb 21,25,26,28, Mar 1 Dist: All Classes May 13	May 19-21
TRACK	Week 33/Feb 14	***Week 33/Feb 14	12 meets	None	Sectional: May 13,14 District: May 21,21	May 27,28 Coed: June 7
SPRING GOLF	Week 38/March 21	Week 39/March 30	12 meets	None	District: May 12 Pre Subst Trn: May 14; Subst Team: May 21	May 27,28 Team: May 31 Coed: June 7
TENNIS	Week 38/March 21	Week 39/March 30	12 meets	None	1A Dist: July 9,12,14,16 2A Dist: July 9,12,16 3A Dist: July 15,18 1A Subst: July 19 2A Subst: July 19 3A Subst: July 20 4A Subst: July 15,18,20	1A - July 22,23,28 2A - July 25,28 3A - July 26,29 4A - July 27,29 Champ Games All Classes: July 30
BASEBALL	Week 44/May 2	Week 47/May 23	40 games	None		

*Football Play-Off Qualifiers for all classes will be determined after the completion of the October 22nd games.

**Any indoor meets must be run prior to your first outdoor competition. Any indoor competition after your first outdoor meet would count toward your meet limitations of 12 meets.

***Football practice begins Mon, Aug 9. Two-a-days permissible August 9, 10, 11 (Non-Contact), 12, 13 (Contact). No Practice Aug. 15, 16. Contact and one practice per day beginning Aug 17.

****Two team matches per day. Six individual games per day.