

2006 CLASS 4A DISTRICT/REGIONAL CROSS COUNTRY ASSIGNMENTS

BURLINGTON

Mgr: Ron Glasgow, AD

BETTENDORF
BURLINGTON
DAVENPORT, CENTRAL
DAVENPORT, NORTH
DAVENPORT, WEST
IOWA CITY, CITY HIGH
MUSCATINE
NORTH SCOTT, ELDRIDGE
PLEASANT VALLEY

CEDAR RAPIDS, WASHINGTON

Mgr: Paul James, AD

CEDAR RAPIDS, JEFFERSON
CEDAR RAPIDS, KENNEDY
CEDAR RAPIDS, WASHINGTON
CLINTON
DUBUQUE, HEMPSTEAD
DUBUQUE, SENIOR
IOWA CITY, WEST
LINN-MAR, MARION
PRAIRIE, CEDAR RAPIDS

COUNCIL BLUFFS, ABE LINCOLN

Mgr: Jeff Novotny, AD

COUNCIL BLUFFS, A LINCOLN
COUNCIL BLUFFS, TJ
JOHNSTON
KUEMPER CATHOLIC, CARROLL
LEWIS CENTRAL
SIOUX CITY, EAST
SIOUX CITY, NORTH
SIOUX CITY, WEST
VALLEY, WEST DES MOINES
WAUKEE

INDIANOLA

Mgr: Bernie Brueck, AD

ANKENY
BOONE
DES MOINES, EAST
DES MOINES, HOOVER
DES MOINES, LINCOLN
DES MOINES, ROOSEVELT
INDIANOLA
OTTUMWA
SOUTHEAST POLK, RUNNELLS
URBANDALE

MARSHALLTOWN

Mgr: Tim Bell, AD

AMES
CEDAR FALLS
DES MOINES, NORTH
DOWLING CATHOLIC, WDM
FORT DODGE
MARSHALLTOWN
MASON CITY
NEWTON
WATERLOO, EAST
WATERLOO, WEST