

# 2002 IOWA BOYS' STATE

Drake University, Des Moines, Iowa  
May 24, 25, 2002

## CLASS 4A

Software by Track-on-a-Mac... 1-707-538-5614

5/25@4:52 PM

### Class 4A 100 Meter Dash Finals

Wind:

|   |   |       |
|---|---|-------|
| 1 | Calvin Davis (SR), Iowa City City       | 10.73 |
| 2 | Dwayne Wright (SR), Newton              | 10.87 |
| 3 | Demicole Deeds (SR), Des Moines North   | 10.90 |
| 4 | D.J. Cobler (SR), Ottumwa               | 11.20 |
| 5 | Araf Evans (JR), Cedar Rapids Jefferson | 11.24 |
| 6 | Micah Washington (JR), Burlington       | 11.35 |
| 7 | Scott Phaydavong (JR), Des Moines East  | 11.37 |
| 8 | Kyle Mally (SR), Cedar Rapids Jefferson | 11.44 |

### Preliminary Heat 1

Wind:

|   |   |       |
|---|---|-------|
| 1 | Calvin Davis (SR), Iowa City City       | 10.77 |
| 2 | Araf Evans (JR), Cedar Rapids Jefferson | 11.19 |
| 3 | Aaron Jenkins (SR), Bettendorf          | 11.34 |
| 4 | Landon Murray (SR), Davenport Central   | 11.40 |
| 5 | Chris Pomerleau (SR), Lewis Central     | 11.75 |
|   | Rumel Monk (SR), Des Moines Lincoln     | DNS   |
|   | John Mershon (SR), Cedar Falls          | DNS   |
|   | Brandon Simpson (SR), Sioux City East   | DNS   |

### Preliminary Heat 2

Wind :

|   |  |       |
|---|--|-------|
| 1 | Dwayne Wright (SR), Newton               | 10.76 |
| 2 | D.J. Cobler (SR), Ottumwa                | 10.93 |
| 3 | Scott Phaydavong (JR), Des Moines East   | 11.07 |
| 4 | Micah Washington (JR), Burlington        | 11.12 |
| 5 | Kyle Mally (SR), Cedar Rapids Jefferson  | 11.20 |
| 6 | Ken Fox (SR), Davenport West             | 11.36 |
|   | Jeff Sallee (SR), Valley West Des Moines | DNS   |
|   | Chris Olsen (JR), Cedar Falls            | DNS   |

### Preliminary Heat 3

Wind :

|   |                                       |       |
|---|---------------------------------------|-------|
| 1 | Demicole Deeds (SR), Des Moines North | 10.83 |
| 2 | James Smith (FR), Council Bluffs TJ   | 11.22 |
| 3 | Andy Brodell (SO), Ankeny             | 11.23 |

|   |   |       |
|---|---|-------|
| 4 | Casey Dean (SO), North Scott Eldridge       | 11.44 |
| 5 | Jovon McGruder (SR), Des Moines East        | 11.45 |
| 6 | Cody Jaminet (JR), Sioux City East          | 11.58 |
|   | Terrance Frye (SR), Cedar Rapids Washington | DNS   |
|   | Clayton Aune (SR), Linn-Mar Marion          | DNS   |

### Class 4A 200 Meter Dash Finals

Wind:

|   |  |       |
|---|--|-------|
| 1 | Calvin Davis (SR), Iowa City City        | 21.37 |
| 2 | Demicole Deeds (SR), Des Moines North    | 21.81 |
| 3 | Dwayne Wright (SR), Newton               | 21.94 |
| 4 | Josh Leonard (SR), Ankeny                | 22.12 |
| 5 | Jeff Sallee (SR), Valley West Des Moines | 22.37 |
| 6 | Micah Washington (JR), Burlington        | 22.43 |
| 7 | Brandon Simpson (SR), Sioux City East    | 22.53 |
| 8 | Rumel Monk (SR), Des Moines Lincoln      | 22.57 |

### Preliminary Heat 1

Wind:

|   |   |       |
|---|---|-------|
| 1 | Calvin Davis (SR), Iowa City City         | 21.74 |
| 2 | Brandon Simpson (SR), Sioux City East     | 22.40 |
| 3 | James Smith (FR), Council Bluffs TJ       | 22.61 |
| 4 | Zach Frazier (JR), Clinton                | 23.32 |
|   | Jason Scales (SO), Valley West Des Moines | DNS   |
|   | Andy Brodell (SO), Ankeny                 | DNS   |
|   | Araf Evans (JR), Cedar Rapids Jefferson   | DNS   |
|   | D.J. Cobler (SR), Ottumwa                 | DNS   |

### Preliminary Heat 2

Wind :

|   |  |       |
|---|--|-------|
| 1 | Josh Leonard (SR), Ankeny                | 21.92 |
| 2 | Micah Washington (JR), Burlington        | 22.25 |
| 3 | Jeff Sallee (SR), Valley West Des Moines | 22.45 |
| 4 | Martel Moreland (SR), Fort Dodge         | 22.68 |
| 5 | Ken Fox (SR), Davenport West             | 22.93 |
| 6 | Rob Duwa (JR), Iowa City City            | 22.96 |
|   | Terry Rice (SR), Des Moines East         | DNS   |
|   | Ashton Winchel (SO), Iowa City West      | DNS   |

### Preliminary Heat 3

Wind :

|   |   |       |
|---|---|-------|
| 1 | Demicole Deeds (SR), Des Moines North       | 21.78 |
| 2 | Dwayne Wright (SR), Newton                  | 21.95 |
| 3 | Rumel Monk (SR), Des Moines Lincoln         | 22.42 |
| 4 | Terrance Frye (SR), Cedar Rapids Washington | 22.78 |
| 5 | Clayton Aune (SR), Linn-Mar Marion          | 23.10 |
| 6 | Chris Gee (JR), Clinton                     | 23.29 |
|   | Yawusa Kinda (FR), Des Moines Roosevelt     | DNS   |
|   | Chris Olsen (JR), Cedar Falls               | DNS   |

### Class 4A 400 Meter Dash Finals

Wind:

|   |  |       |
|---|--|-------|
| 1 | Josh Leonard (SR), Ankeny                | 48.30 |
| 2 | Rumel Monk (SR), Des Moines Lincoln      | 49.78 |
| 3 | Brandon Simpson (SR), Sioux City East    | 49.91 |
| 4 | Micah Washington (JR), Burlington        | 50.01 |
| 5 | Mike Zmuda (JR), Clinton                 | 50.07 |
| 6 | Adam Pollard (SR), Davenport Central     | 50.29 |
| 7 | Isaac Dickson (JR), Prairie Cedar Rapids | 51.24 |
| 8 | Alvin Vesey (JR), Bettendorf             | 52.48 |

### Preliminary Heat 1

Wind:

|   |   |       |
|---|---|-------|
| 1 | Micah Washington (JR), Burlington           | 50.04 |
| 2 | Mike Zmuda (JR), Clinton                    | 50.07 |
| 3 | Chris Gee (JR), Clinton                     | 51.31 |
| 4 | Marco Waller (SR), Cedar Rapids Washington  | 52.02 |
|   | Calvin Davis (SR), Iowa City City           | DNS   |
|   | Dwayne Wright (SR), Newton                  | DNS   |
|   | Dallas Hodges (JR), Cedar Rapids Washington | DNS   |
|   | Matt Cessna (SR), Cedar Falls               | DNS   |

### Preliminary Heat 2

Wind :

|   |  |       |
|---|--|-------|
| 1 | Josh Leonard (SR), Ankeny                | 48.72 |
| 2 | Adam Pollard (SR), Davenport Central     | 50.19 |
| 3 | Isaac Dickson (JR), Prairie Cedar Rapids | 50.49 |
| 4 | Martel Moreland (SR), Fort Dodge         | 51.71 |
| 5 | Carlton Reed (SO), Waterloo East         | 52.16 |
| 6 | Josh Moulton (SR), Ankeny                | 52.87 |
|   | Chris Fecht (SR), Dubuque Senior         | DNS   |
|   | James Johnikin (SO), Sioux City West     | DNS   |

### Preliminary Heat 3

Wind :

|   |   |       |
|---|---|-------|
| 1 | Rumel Monk (SR), Des Moines Lincoln     | 50.12 |
| 2 | Brandon Simpson (SR), Sioux City East   | 50.38 |
| 3 | Alvin Vesey (JR), Bettendorf            | 51.18 |
| 4 | Yawusa Kinda (FR), Des Moines Roosevelt | 51.65 |
| 5 | Ben Lueth (FR), Ames                    | 51.66 |
| 6 | Sam Hoopes (SO), Muscatine              | 51.97 |
|   | Phil Baum (SR), Ottumwa                 | DNS   |
|   | D.J. Cobler (SR), Ottumwa               | DNS   |

### Class 4A 800 Meter Run Finals

Wind:

|    |  |         |
|----|--|---------|
| 1  | Eric Dasso (SR), Dubuque Hempstead         | 1:57.24 |
| 2  | Nathan White (SR), Dowling West Des Moines | 1:57.85 |
| 3  | Zach Brower (SO), Valley West Des Moines   | 1:58.69 |
| 4  | Jason Borseth (SO), Valley West Des Moines | 1:58.96 |
| 5  | Nate Seier (SR), Dubuque Senior            | 1:58.97 |
| 6  | Jeremiah Yassin (SO), Des Moines East      | 1:58.98 |
| 7  | Scott Monroe (SR), Cedar Rapids Washington | 1:59.08 |
| 8  | Justin Trueg (SR), Waterloo East           | 1:59.59 |
| 9  | Dan Taylor (SR), Fort Dodge                | 1:59.60 |
| 10 | Tyler Strand (JR), Ankeny                  | 1:59.93 |
| 11 | Nathan White (SR), Southeast Polk Runnells | 2:00.07 |
| 12 | Steven Donnelly (SO), Urbandale            | 2:00.09 |
| 13 | Rob Shriver (SR), Pleasant Valley          | 2:00.33 |
| 14 | John Crouthamel (JR), Boone                | 2:00.38 |
| 15 | Tim Jordan (JR), Boone                     | 2:00.77 |
| 16 | Jeff Worden (SR), Linn-Mar Marion          | 2:00.86 |
| 17 | Jay Herlein (SR), Iowa City City           | 2:01.58 |
| 18 | Matt Roling (SR), Wahlert Dubuque          | 2:02.04 |
| 19 | John Williams (SR), Iowa City City         | 2:03.26 |
| 20 | Peter McNamara (JR), Wahlert Dubuque       | 2:03.47 |
| 21 | Nick Shanahan (JR), Dubuque Senior         | 2:05.14 |
| 22 | Aaron Wells (SR), Southeast Polk Runnells  | 2:05.50 |
| 23 | Joel Rieken (SR), Ankeny                   | 2:07.46 |
| 24 | Buddy Velasquez (JR), Cedar Falls          | 2:07.88 |

### Class 4A 1600 Meter Run Finals

Wind:

|    |   |         |
|----|---|---------|
| 1  | Dan Taylor (SR), Fort Dodge                       | 4:16.72 |
| 2  | Frederic Scoupe (SR), Newton                      | 4:20.45 |
| 3  | Nathan White (SR), Southeast Polk Runnells        | 4:22.03 |
| 4  | Andy Johnson (SR), Des Moines Roosevelt           | 4:25.31 |
| 5  | Aaron Wells (SR), Southeast Polk Runnells         | 4:26.39 |
| 6  | Jon Lamb (JR), Iowa City City                     | 4:28.42 |
| 7  | Chris Lawson (JR), Ankeny                         | 4:29.48 |
| 8  | Austin Williamson (SO), Des Moines Roosevelt      | 4:29.86 |
| 9  | Graham McGaffin (SR), Sioux City West             | 4:29.98 |
| 10 | Justin Vaught (JR), Valley West Des Moines        | 4:31.11 |
| 11 | Ryan McCurnin (SO), Mason City                    | 4:33.20 |
| 12 | Juvenary Hakizimana (SR), Cedar Rapids Washington | 4:33.79 |
| 13 | David Gott (SO), Linn-Mar Marion                  | 4:35.01 |
| 14 | Jeremiah Yassin (SO), Des Moines East             | 4:35.81 |
| 15 | Colin Swaney (SO), Iowa City City                 | 4:37.74 |
| 16 | Chad Czerwiec (JR), Muscatine                     | 4:37.85 |
| 17 | Andy Hodge (SO), Linn-Mar Marion                  | 4:41.28 |
| 18 | Jared Stanton (JR), Marshalltown                  | 4:41.80 |
| 19 | Matt Harbert (SR), Ankeny                         | 4:46.92 |
| 20 | Kevin Oberfoell (SO), Dubuque Senior              | 4:48.80 |
| 21 | Dustin Waite (SR), Prairie Cedar Rapids           | 4:55.01 |
|    | Jason Borseth (SO), Valley West Des Moines        | DNS     |
|    | Nate Seier (SR), Dubuque Senior                   | DNS     |
|    | Eric Dasso (SR), Dubuque Hempstead                | DNS     |

### Class 4A 3200 Meter Run Finals

Wind:

|   |                             |          |
|---|-----------------------------|----------|
| 1 | Dan Taylor (SR), Fort Dodge | 09:19.48 |
|---|-----------------------------|----------|

|    |  |          |
|----|--|----------|
| 2  | Frederic Scoupe (SR), Newton                 | 09:32.28 |
| 3  | Chris Lawson (JR), Ankeny                    | 09:33.82 |
| 4  | Andy Johnson (SR), Des Moines Roosevelt      | 09:34.65 |
| 5  | Austin Williamson (SO), Des Moines Roosevelt | 09:36.02 |
| 6  | Ryan McCurnin (SO), Mason City               | 09:36.14 |
| 7  | Nathan White (SR), Southeast Polk Runnells   | 09:40.98 |
| 8  | Aaron Wells (SR), Southeast Polk Runnells    | 09:41.68 |
| 9  | Pete Christakos (JR), Johnston               | 09:42.17 |
| 10 | Tyler Fisher (JR), Valley West Des Moines    | 09:45.64 |
| 11 | Nick Schriener (SR), Ankeny                  | 09:47.34 |
| 12 | Graham McGaffin (SR), Sioux City West        | 09:47.66 |
| 13 | Dustin Waite (SR), Prairie Cedar Rapids      | 10:01.38 |
| 14 | Craig Crile (SR), Muscatine                  | 10:03.12 |
| 15 | Casey Winkleblack (SR), Ames                 | 10:04.06 |
| 16 | David Gott (SO), Linn-Mar Marion             | 10:06.46 |
| 17 | Jason Sellers (JR), Mason City               | 10:07.93 |
| 18 | Jared Stanton (JR), Marshalltown             | 10:23.83 |
| 19 | Jon Lamb (JR), Iowa City City                | 10:25.45 |
| 20 | Mike Zimmerman (JR), Cedar Rapids Kennedy    | 10:30.75 |
|    | Jason Borseth (SO), Valley West Des Moines   | DNF      |
|    | Eric Dasso (SR), Dubuque Hempstead           | DNF      |
|    | Matt Roling (SR), Wahlert Dubuque            | DNF      |
|    | Dan Corken (JR), Wahlert Dubuque             | DNF      |

#### Class 4A 110 Meter Hurdles Finals

Wind:

|   |   |       |
|---|---|-------|
| 1 | Michael Bell (SR), Marshalltown             | 14.81 |
| 2 | Jordan Crosby (JR), Fort Dodge              | 14.89 |
| 3 | Joe Hunt (JR), Indianola                    | 14.96 |
| 4 | Brian Crandall (SR), Cedar Rapids Jefferson | 14.98 |
| 5 | Kyle Rippey (SR), Ames                      | 15.10 |
| 6 | Jason Brenny (JR), Ankeny                   | 15.13 |
| 7 | Kennon Christian (JR), Davenport North      | 15.21 |
|   | Enye King (JR), Waterloo West               | FS    |

#### Preliminary Heat 1

Wind:

|   |   |       |
|---|---|-------|
| 1 | Michael Bell (SR), Marshalltown                   | 14.78 |
| 2 | Jason Brenny (JR), Ankeny                         | 14.96 |
| 3 | Kennon Christian (JR), Davenport North            | 15.06 |
| 4 | Kyle Rippey (SR), Ames                            | 15.18 |
| 5 | Philip Tschechaniuk (SR), Cedar Rapids Washington | 15.76 |
| 6 | Lyle Wickham (JR), Dubuque Senior                 | 15.92 |
| 7 | Matt Kurtz (JR), Davenport West                   | 15.93 |
| 8 | Chris Cook (JR), Bettendorf                       | 16.05 |

#### Preliminary Heat 2

Wind :

|   |   |        |
|---|---|--------|
| 1 | Brian Crandall (SR), Cedar Rapids Jefferson | 14.87  |
| 2 | Joe Hunt (JR), Indianola                    | 14.91  |
| 3 | Jordan Crosby (JR), Fort Dodge              | 15.25  |
| 4 | Julius Carter (JR), Des Moines Lincoln      | 15.77  |
| 5 | Jason Feipel (SO), Davenport West           | 15.85  |
| 6 | Jason Rotter (SR), Prairie Cedar Rapids     | 16.44  |
| 7 | Tyler Sirovy (JR), Oskaloosa                | 16.82  |
|   | Eric Bokhoven (SO), Ames                    | D15.88 |

#### Preliminary Heat 3

Wind :

|   |  |       |
|---|--|-------|
| 1 | Enye King (JR), Waterloo West                | 15.31 |
| 2 | Andy Becker (SR), Ankeny                     | 15.32 |
| 3 | Brandon List (SR), Cedar Falls               | 15.54 |
| 4 | Milan Moses (JR), Waterloo East              | 15.92 |
| 5 | Matt Metcalf (JR), Clinton                   | 16.18 |
| 6 | Aaron McFarland (JR), Council Bluffs TJ      | 16.46 |
|   | Greg Deal (JR), Iowa City City               | DNS   |
|   | Phil McCullough (JR), Valley West Des Moines | DNS   |

#### Class 4A 400 Meter Hurdles Finals

Wind:

|   |  |       |
|---|--|-------|
| 1 | Michael Bell (SR), Marshalltown              | 52.51 |
| 2 | Kyle Rippey (SR), Ames                       | 53.56 |
| 3 | Jordan Crosby (JR), Fort Dodge               | 55.33 |
| 4 | Joe Hugen (SR), Southeast Polk Runnells      | 55.63 |
| 5 | Phil McCullough (JR), Valley West Des Moines | 56.18 |
| 6 | James Johnkin (SO), Sioux City West          | 56.23 |
| 7 | Steve Fink (SO), North Scott Eldridge        | 56.24 |
|   | James Lindaman (SR), Ankeny                  | DNF   |

#### Preliminary Heat 1

Wind:

|   |  |       |
|---|--|-------|
| 1 | Michael Bell (SR), Marshalltown              | 52.86 |
| 2 | Steve Fink (SO), North Scott Eldridge        | 56.03 |
| 3 | Phil McCullough (JR), Valley West Des Moines | 56.80 |
| 4 | Grant Nixon (SO), Ankeny                     | 56.83 |
| 5 | Matt Kurtz (JR), Davenport West              | 56.87 |
| 6 | Brett Esbaum (JR), North Scott Eldridge      | 57.33 |
| 7 | Chris Dunbar (SR), Iowa City City            | 57.99 |
|   | Kyle Brinkman (SR), Linn-Mar Marion          | DNS   |

#### Preliminary Heat 2

Wind :

|   |   |       |
|---|---|-------|
| 1 | Kyle Rippey (SR), Ames                  | 54.12 |
| 2 | Joe Hugen (SR), Southeast Polk Runnells | 56.12 |
| 3 | James Johnkin (SO), Sioux City West     | 56.30 |
| 4 | Sean Bennett (SO), Clinton              | 57.14 |
| 5 | Royce Mahoney (SO), Linn-Mar Marion     | 58.47 |
| 6 | Kennon Christian (JR), Davenport North  | 58.80 |
|   | Greg Deal (JR), Iowa City City          | DNS   |
|   | Chris Wieman (SO), Des Moines Roosevelt | DNS   |

#### Preliminary Heat 3

Wind :

|   |   |       |
|---|---|-------|
| 1 | Jordan Crosby (JR), Fort Dodge              | 54.53 |
| 2 | James Lindaman (SR), Ankeny                 | 55.51 |
| 3 | Nick Nelson (SO), Cedar Falls               | 56.85 |
| 4 | Tyler Sirovy (JR), Oskaloosa                | 57.55 |
| 5 | Joe Hunt (JR), Indianola                    | 57.86 |
| 6 | Eric Bokhoven (SO), Ames                    | 58.01 |
| 7 | Raph Montag (SO), Boone                     | 59.32 |
|   | Brian Crandall (SR), Cedar Rapids Jefferson | DNS   |

**Class 4A 4x100 Meter Relay Finals**

Wind:

|   |  |       |
|---|--|-------|
| 1 | DES MOINES EAST  | 42.49 |
|   | Scott Phaydavong, Jovon McGruder<br>Markey Glenn, London Hayes |       |
| 2 | CEDAR RAPIDS JEFFERSON   | 43.09 |
|   | Brian Crandall, Kyle Mally<br>Nick Young, Araf Evans           |       |
| 3 | CEDAR RAPIDS WASHINGTON  | 43.30 |
|   | Carl Protsch, Adrian Arrington<br>James Barron, Terry Gantt    |       |
| 4 | VALLEY WEST DES MOINES   | 43.39 |
|   | Jerrold Gaskill, Drew Hilgenberg<br>Jason Scales, Jeff Sallee  |       |
| 5 | DES MOINES ROOSEVELT   | 43.54 |
|   | Aaron Cawthorn, Terrell Rife<br>Chris Wieman, Yawusa Kinda     |       |
| 6 | DES MOINES NORTH   | 43.57 |
|   | Mony Chau, Demicole Deeds<br>Anthony Jackson, Tony Benson      |       |
| 7 | ANKENY   | 43.75 |
|   | Andy Becker, Justin Funk<br>Aaron McCombs, Andy Brodell        |       |
| 8 | OTTUMWA  | 44.39 |
|   | Bobby Phommachach, Tanner Varner<br>Corey Kopatich, Phil Baum  |       |

**Preliminary Heat 1**

Wind:

|   |  |       |
|---|--|-------|
| 1 | DES MOINES EAST  | 42.05 |
|   | Scott Phaydavong, Jovon McGruder<br>Markey Glenn, London Hayes |       |
| 2 | CEDAR RAPIDS JEFFERSON   | 42.83 |
|   | Brian Crandall, Kyle Mally<br>Nick Young, Araf Evans           |       |
| 3 | DES MOINES NORTH   | 43.19 |
|   | Mony Chau, Anthony Jackson<br>Demicole Deeds, Tony Benson      |       |
| 4 | DES MOINES ROOSEVELT   | 43.34 |
|   | Aaron Cawthorn, Terrell Rife<br>Chris Wieman, Yawusa Kinda     |       |
| 5 | ANKENY   | 43.36 |
|   | Andy Becker, Justin Funk<br>Aaron McCombs, Andy Brodell        |       |
| 6 | DAVENPORT CENTRAL  | 44.04 |
|   | Terrance Reid, Adam Pollard<br>Jordan Scott, Landon Murray     |       |
| 7 | IOWA CITY WEST   | 44.76 |
|   | Ross Miller, Greg Coleman<br>Mark Schaafeld, Matt Brown        |       |
| 8 | NEWTON   | 45.33 |
|   | David Slykhuis, James Samson<br>Justin Deegan, Scott Elliott   |       |

**Preliminary Heat 2**

Wind :

|   |  |       |
|---|--|-------|
| 1 | CEDAR RAPIDS WASHINGTON                                      | 43.45 |
|   | Carl Protsch, Adrian Arrington<br>James Barron, Terry Gantt  |       |
| 2 | IOWA CITY CITY   | 43.55 |
|   | Greg Deal, Tyler Gerard<br>Matt Wooldrik, Rob Duwa           |       |
| 3 | BETTENDORF   | 43.60 |
|   | Zach Gablemann, Aaron Jenkins<br>Justin Welsh, Jeff Wakeland |       |

|   |  |       |
|---|--|-------|
| 4 | DES MOINES LINCOLN   | 43.71 |
|   | Charles Shook, Eric Baker<br>Julius Carter, Rumel Monk       |       |
| 4 | INDIANOLA  | 43.71 |
|   | Tyler Mark, Todd Blythe<br>John Mayer, Scott Anderson        |       |
| 6 | SIOUX CITY NORTH   | 44.46 |
|   | Darnell Pitts, Chris Beals<br>Shawn Williams, Deric Manrique |       |
| 7 | SIOUX CITY EAST  | 44.63 |
|   | A.J. Mills, Kirk Jaminet<br>Aaron Girard, Cody Jaminet       |       |
| 8 | LINN-MAR MARION  | 45.00 |
|   | Dustin Palmer, Chris Janda<br>Mike Nielson, Clayton Aune     |       |

**Preliminary Heat 3**

Wind :

|   |   |       |
|---|---|-------|
| 1 | VALLEY WEST DES MOINES  | 43.26 |
|   | Jerrold Gaskill, Drew Hilgenberg<br>Jason Scales, Jeff Sallee   |       |
| 2 | OTTUMWA   | 43.48 |
|   | Bobby Phommachach, D.J. Cobler<br>Corey Kopatich, Phil Baum     |       |
| 3 | CEDAR FALLS   | 43.75 |
|   | John Mershon, Phil Drewis<br>Michael Fritts, Chris Olsen        |       |
| 4 | NORTH SCOTT ELDRIDGE  | 43.81 |
|   | Josh Lacey, Ben Anderson<br>J.W. Staver, Casey Dean             |       |
| 5 | AMES  | 44.30 |
|   | Matt Schuldies, Luke Chittenden<br>Brandon Pei, Katintha Mwanza |       |
| 6 | COUNCIL BLUFFS TJ   | 44.61 |
|   | Corey Radke, Chad Summer<br>Troy Allen, James Smith             |       |
| 7 | BOONE   | 45.31 |
|   | Shawn Smith, Raph Montag<br>Jay Bedingfield, Landon Moss        |       |
|   | DAVENPORT WEST  | DNF   |
|   | Dan Broiher, Chad Tappendorf<br>Matt Kurtz, Ken Fox             |       |

**Class 4A 4x200 Meter Relay Finals**

Wind:

|   |  |         |
|---|--|---------|
| 1 | IOWA CITY CITY   | 1:28.14 |
|   | Greg Deal, Rob Duwa<br>Tyler Gerard, Calvin Davis              |         |
| 2 | DES MOINES EAST  | 1:28.49 |
|   | Scott Phaydavong, Jovon McGruder<br>Markey Glenn, London Hayes |         |
| 3 | VALLEY WEST DES MOINES   | 1:29.44 |
|   | Jason Scales, Drew Hilgenberg<br>Jeff Ledbetter, Jeff Sallee   |         |
| 4 | CEDAR RAPIDS WASHINGTON  | 1:29.86 |
|   | Derek Hunt, Adrian Arrington<br>James Barron, Terry Gantt      |         |
| 5 | IOWA CITY WEST   | 1:29.90 |
|   | Bobby Windauer, Matt Brown<br>Ashton Winchel, Marques Brooks   |         |
| 6 | CEDAR FALLS  | 1:30.23 |
|   | Jordan Juel, Phil Drewis,<br>James Lyle, Matt Cessna,          |         |
| 7 | CEDAR RAPIDS JEFFERSON   | 1:30.48 |
|   | Araf Evans, Kyle Mally<br>Blue Aldridge, Brian Crandall        |         |

8 NEWTON 1:31.60  
David Slykhuis, Todd Friedman  
Justin Deegan, Dwayne Wright

**Preliminary Heat 1**

Wind:

1 IOWA CITY CITY 1:28.70  
Greg Deal, Rob Duwa  
Tyler Gerard, Calvin Davis

2 WATERLOO WEST 1:31.39  
D.J. Jackson, James Johnson  
Mano Bradfield, Enye King

3 DAVENPORT CENTRAL 1:31.43  
Landon Murray, Jonathon Jackson  
Jordan Scott, Terrance Reid

4 AMES 1:31.45  
Katintha Mwanza, Matt Schuldies  
Adam Larson, Ben Lueth

5 ANKENY 1:31.58  
Jon Wunsch, Justin Funk  
Aaron McCombs, Andy Brodell

6 DES MOINES NORTH 1:32.70  
Mony Chau, Tony Benson  
Andre Lotti, Anthony Jackson

7 NORTH SCOTT ELDRIDGE 1:32.76  
Josh Lacey, Luke Shaw  
Joe Miletich, Casey Dean

8 BETTENDORF 1:33.49  
Zach Gablemann, Aaron Jenkins  
David Anderson, Justin Welsh

**Preliminary Heat 2**

Wind :

1 DES MOINES EAST 1:29.35  
Scott Phaydavong, Jovon McGruder  
Markey Glenn, London Hayes

2 CEDAR RAPIDS JEFFERSON 1:31.29  
Mike Swick, Kyle Mally  
Blue Aldridge, Araf Evans

3 DUBUQUE SENIOR 1:32.10  
Ben Paulsen, Joe Reichle  
Aaron Herbst, Chris Fecht

4 OTTUMWA 1:32.37  
Bobby Phommachach, Phil Baum  
Corey Kopatich, Tanner Varner

5 SIOUX CITY EAST 1:32.55  
Matt Brienzo, Brian Boyer  
Aaron Girard, Cody Jaminet

6 CLINTON 1:33.07  
Mike Zmuda, Matt Zmuda  
Blake Raun, Zach Frazier

7 DAVENPORT WEST 1:33.20  
Dan Broiher, Chad Tappendorf  
Matt Kurtz, Ken Fox

8 LINN-MAR MARION 1:34.87  
Royce Mahoney, Mike Nielson  
Paul Taylor, Chris Janda

**Preliminary Heat 3**

Wind :

1 VALLEY WEST DES MOINES 1:29.65  
Jason Scales, Drew Hilgenberg  
Jeff Ledbetter, Jeff Sallee

2 IOWA CITY WEST 1:30.89  
Bobby Windauer, Matt Brown  
Ashton Winchel, Marques Brooks

3 CEDAR FALLS 1:31.10  
John Mershon, Phil Drewis  
James Lyle, Chris Olsen

4 CEDAR RAPIDS WASHINGTON 1:31.10  
Derek Hunt, Adrian Arrington  
James Barron, Terry Gantt

5 NEWTON 1:31.27  
David Slykhuis, Todd Friedman  
Justin Deegan, Dwayne Wright

6 COUNCIL BLUFFS TJ 1:33.76  
Chad Summer, James Smith  
Troy Allen, Corey Radke

7 SIOUX CITY WEST 1:34.20  
Julian Flemister, Merritt Groh  
James Johnkin, Brett Stidfole

DES MOINES ROOSEVELT D  
Yawusa Kinda, Steve Clark  
Tyler Gustufson, Steve Tindrell

**Class 4A 4x400 Meter Relay Finals**

Wind:

1 ANKENY 3:22.00  
James Lindaman, Chris Gardner  
Joel Rieken, Josh Leonard

2 CEDAR FALLS 3:23.63  
Matt Cessna, Brent Dahlstrom  
Jonathon Zanders, Joey Robinson

3 AMES 3:24.11  
Adam Larson, Ben Lueth  
Luke Lowry, Kyle Rippey

4 LINN-MAR MARION 3:24.26  
Matt Janechek, Ryan Lindsley  
Kyle Brinkman, Wylie Hachey

5 IOWA CITY CITY 3:24.73  
Adam Smith, Connor Jostes  
Phil Kenney, Phil George

6 OTTUMWA 3:27.11  
Phil Baum, Bobby Phommachach  
Tanner Varner, Alex Swanstrom

7 VALLEY WEST DES MOINES 3:27.76  
Jeff Ledbetter, Richard Elings  
Blake Howard, Phil McCullough

DAVENPORT CENTRAL DQ  
Terrance Reid, Landon Murray  
Jordan Scott, Adam Pollard

**Preliminary Heat 1**

Wind:

1 ANKENY 3:21.21  
James Lindaman, Tim Briley  
Joel Rieken, Josh Leonard

2 DAVENPORT CENTRAL 3:23.87  
Terrance Reid, Jonathon Jackson  
Adam Pollard, Landon Murray

3 AMES 3:25.08  
Adam Larson, Ben Lueth  
Luke Lowry, Kyle Rippey

4 CEDAR RAPIDS WASHINGTON 3:27.41  
Derek Hunt, Marco Waller  
Stephen Tschopp, John Ogden

5 BETTENDORF 3:29.07  
Jeff Wakeland, Chris Ivory  
Shawn Meyer, Alvin Vesey

6 DUBUQUE HEMPSTEAD 3:31.99  
B.J. Eiben, Zach Dillon  
Brad Willenbring, Brandon Hundt

7 NORTH SCOTT ELDRIDGE 3:34.67  
 Steve Fink, Luke Shaw  
 Shaun Logan, Joe Miletich  
 SIOUX CITY EAST D  
 Brian Boyer, Matt Brienzo  
 Aaron Girard, Brandon Simpson

**Preliminary Heat 2**

Wind :

1 OTTUMWA 3:21.83  
 Phil Baum, Bobby Phommachach  
 Tanner Vamer, D.J. Cobler  
 2 LINN-MAR MARION 3:21.90  
 Matt Janecek, Ryan Lindsley  
 Kyle Brinkman, Wylie Hachey  
 3 IOWA CITY CITY 3:24.93  
 Adam Smith, Connor Jostes  
 Phil Kenney, Phil George  
 4 DES MOINES ROOSEVELT 3:28.51  
 Jimmy Miles-Polka, Aaron Cawthorn  
 Chris Wieman, Yawusa Kinda  
 5 DUBUQUE SENIOR 3:29.17  
 Aaron Herbst, Joe Reichle  
 Nick Shanahan, Chris Fecht  
 6 CEDAR RAPIDS JEFFERSON 3:29.18  
 Mike Swick, Kyle Walker  
 Mike Tierney, Blue Aldridge  
 7 DES MOINES LINCOLN 3:32.45  
 Charles Shook, Aaron Johnson  
 Hieu Shreffler, Brandon McDonough  
 8 WATERLOO EAST 3:34.73  
 Carlton Reed, Trent Flanders  
 Everett Roberts, Justin Trueg

**Preliminary Heat 3**

Wind :

1 CEDAR FALLS 3:25.17  
 Matt Cessna, Brent Dahlstrom  
 Jonathon Zanders, Joey Robinson  
 2 VALLEY WEST DES MOINES 3:26.35  
 Jeff Ledbetter, Richard Elings  
 Blake Howard, Estaben Oyarzabel  
 3 CLINTON 3:27.43  
 Mike Zmuda, Blake Raun  
 Chris Gee, Zach Frazier  
 4 IOWA CITY WEST 3:28.33  
 Jeremy Housel, Bobby Windauer  
 Ashton Winchel, Marques Brooks  
 5 FORT DODGE 3:28.66  
 Jordan Crosby, Luke Donney  
 Jamie Udeze, Martel Moreland  
 6 COUNCIL BLUFFS TJ 3:32.33  
 Corey Radke, James Smith  
 Troy Allen, Jesse Toman  
 7 NEWTON 3:35.43  
 Scott Elliott, Todd Friedman  
 Jake Jenkins, Andrew Barnett  
 8 MARSHALLTOWN 3:36.23  
 Tory Krueger, Barry Kell  
 T.J. Cruikshank, Richard Edgar

**Class 4A 4x800 Meter Relay Finals**

Wind:

1 VALLEY WEST DES MOINES 7:50.81  
 Zach Brower, Richard Elings  
 Tyler Fisher, Jason Borseth

2 IOWA CITY CITY 7:50.93  
 Colin Swaney, Dave Keitel  
 Jay Herlein, John Williams  
 3 ANKENY 7:57.47  
 Tim Briley, Tyler Strand  
 Matt Harbert, Joel Rieken  
 4 WAHLERT DUBUQUE 8:03.59  
 Jeff Friedman, Dan Corken  
 Matt Roling, Peter McNamara  
 5 DUBUQUE SENIOR 8:05.26  
 Nick Shanahan, Chris Feller  
 Kevin Oberfoell, Nate Seier  
 6 AMES 8:06.29  
 Lincoln Nichols, Levi Nichols  
 Doug Moore, Matt Clark  
 7 CEDAR RAPIDS WASHINGTON 8:07.47  
 Stephen Tschopp, John Ogden  
 Juvenary Hakizimana, Scott Monroe  
 8 URBANDALE 8:08.26  
 Kevin Kooienga, Bem White  
 Guthrie Gaylord, Steven Donnelly  
 9 CEDAR FALLS 8:08.58  
 Joey Robinson, Zach Homewood  
 Andy Kahler, Buddy Velasquez  
 10 IOWA CITY WEST 8:09.03  
 Jordan Bontrager, Grant Norland  
 Karl Sagwarth, Robert Hubbard  
 11 MASON CITY 8:09.39  
 John Van Hemert, Tyler Hunt  
 Bryan Welch, Jake Sullivan  
 12 LINN-MAR MARION 8:10.12  
 Jeff Worden, Nick Lindsley  
 Shawn Freese, Andy Hodge  
 13 DOWLING WEST DES MOINES 8:12.48  
 Nathan White, Jeff Craig  
 Kevin Spelman, Joey Cordaro  
 14 DES MOINES ROOSEVELT 8:13.84  
 Jimmy Miles-Polka, David Deng  
 Joseph Yassin, Jimmy Schwartz  
 15 SOUTHEAST POLK RUNNELLS 8:16.56  
 Nate Shortell, Jon Aldrich  
 Jared Wells, Skyler Nesheim  
 16 PRAIRIE CEDAR RAPIDS 8:16.89  
 Glen Fox, Isaac Dickson  
 Tim Volk, Dustin Waite  
 17 JOHNSTON 8:19.96  
 Justin Birru, Jon Evans  
 Pete Christakos, Jason Ward  
 18 NORTH SCOTT ELDRIDGE 8:21.25  
 Jeff Less, Kyle Kundel  
 Trek Langenhan, Andy Flater  
 19 MARSHALLTOWN 8:22.55  
 Adam Daters, Dan Wells  
 Brent Cartier, T.J. Cruikshank  
 20 CEDAR RAPIDS KENNEDY 8:23.70  
 Jordan Witmer, Karl Wagner  
 Matt Halbe, Rudy Chihak  
 21 OTTUMWA 8:27.73  
 Brian Dyer, Ben Tilur  
 Alex Swanstrom, Scott Riggs  
 22 WATERLOO WEST 8:36.92  
 Landon Treloar, Levi Forrester  
 Zach Guliek, Eric Funk  
 23 NEWTON 8:46.93  
 Jason Ferguson, Jake Jenkins  
 Drew Shipley, Andrew Barnett  
 DUBUQUE HEMPSTEAD DNS  
 Zach Dillon, Brad Willenbring  
 Justin Potter, Justin Wilson

**Class 4A Medley Relay Finals**

Wind:

|    |   |         |
|----|---|---------|
| 1  | IOWA CITY CITY  | 3:31.58 |
|    | Greg Deal, Tyler Gerard<br>Colin Swaney, John Williams            |         |
| 2  | CEDAR RAPIDS WASHINGTON   | 3:31.94 |
|    | Derek Hunt, Terry Gantt<br>Marco Waller, Scott Monroe             |         |
| 3  | DUBUQUE SENIOR  | 3:32.01 |
|    | Aaron Herbst, Joe Reichle<br>Chris Fecht, Nate Seier              |         |
| 4  | VALLEY WEST DES MOINES  | 3:32.24 |
|    | Jason Scales, Drew Hilgenberg<br>Phil McCullough, Jason Borseth   |         |
| 5  | IOWA CITY WEST  | 3:32.69 |
|    | Matt Brown, Ashton Winchel<br>Marques Brooks, Robert Hubbard      |         |
| 6  | DUBUQUE HEMPSTEAD   | 3:32.84 |
|    | B.J. Eiben, Brandon Hundt<br>Zach Dillon, Eric Dasso              |         |
| 7  | DES MOINES ROOSEVELT  | 3:33.33 |
|    | Aaron Cawthorn, Terrell Rife<br>Chris Wieman, Jimmy Miles-Polka   |         |
| 8  | ANKENY  | 3:33.99 |
|    | Jon Wunsch, Aaron McCombs<br>Chris Gardner, Tyler Strand          |         |
| 9  | DOWLING WEST DES MOINES   | 3:34.11 |
|    | Ashland Grady, Toni Tursi<br>Dan Breas, Nathan White              |         |
| 10 | LINN-MAR MARION   | 3:35.33 |
|    | Dustin Palmer, Matt Janechek<br>Wylie Hachey, Jeff Worden         |         |
| 11 | DES MOINES EAST   | 3:35.68 |
|    | Jovon McGruder, Rick Weigel<br>Markey Glenn, Gabe Hibben          |         |
| 12 | CEDAR FALLS   | 3:36.82 |
|    | John Mershon, Chris Olsen<br>Joey Robinson, Buddy Velasquez       |         |
| 13 | BOONE   | 3:39.14 |
|    | Jay Bedingfield, Lane McKay<br>Tony Condon, John Crouthamel       |         |
| 14 | SIOUX CITY NORTH  | 3:39.20 |
|    | Darnell Pitts, Chris Beals<br>Shawn Williams, Chad Porsch         |         |
| 15 | NEWTON  | 3:39.92 |
|    | James Samson, Justin Deegan<br>Todd Friedman, Jason Ferguson      |         |
| 16 | SIOUX CITY WEST   | 3:40.34 |
|    | Julian Flemister, Merritt Groh<br>James Johnikin, Graham McGaffin |         |
| 17 | MASON CITY  | 3:40.51 |
|    | Cody Huisman, Bryan Welch<br>Tyler Hunt, John Van Hemert          |         |
| 18 | CEDAR RAPIDS KENNEDY  | 3:40.76 |
|    | Reggie Carter, Doug Ongie<br>Blake Beltramea, Jordan Witmer       |         |
| 19 | WATERLOO EAST   | 3:41.01 |
|    | Roderick Bruce, Everett Roberts<br>Carlton Reed, Justin Trueg     |         |
| 20 | NORTH SCOTT ELDRIDGE  | 3:42.71 |
|    | Ben Anderson, Joe Miletich<br>Luke Shaw, Jeff Less                |         |
| 21 | MARSHALLTOWN  | 3:46.25 |
|    | Brett Wolfe, Logan Squires<br>Barry Kell, Adam Daters             |         |

|    |  |         |
|----|--|---------|
| 22 | FORT DODGE   | 3:51.90 |
|    | Kyle Messerly, Jamie Udeze<br>Brad Halverson, Blake Stantz |         |
| 23 | PRAIRIE CEDAR RAPIDS                                       | 3:54.08 |
|    | Jason Rotter, Isaac Dickson<br>Glen Fox, Tim Volk          |         |
|    | SOUTHEAST POLK RUNNELLS                                    | DNF     |
|    | Joe Hugen, David Brunk<br>Dan Curry, Nate Shortell         |         |

**Class 4A High Jump Finals**

|   |   |               |
|---|---|---------------|
| 1 | Jason Bice (JR), Bettendorf                 | 6'04" (1.93m) |
| 2 | Ben Jacobson (SR), Sioux City East          | 6'04" (1.93m) |
| 3 | Kiel Huston (SR), Ankeny                    | 6'02" (1.88m) |
| 3 | Ryan Niver (JR), Mason City                 | 6'02" (1.88m) |
| 5 | Dan Cibula (SR), Newton                     | 6'02" (1.88m) |
| 5 | David Kummer (JR), Cedar Rapids Washington  | 6'02" (1.88m) |
| 5 | Shaun Logan (SO), North Scott Eldridge      | 6'02" (1.88m) |
|   | Greg Dollmeyer (SR), Cedar Rapids Jefferson |               |
|   | Blue Aldridge (SR), Cedar Rapids Jefferson  |               |
|   | Luke McNamara (JR), Wahlert Dubuque         |               |
|   | Chris Gee (JR), Clinton                     |               |
|   | Justin Meints (JR), Boone                   |               |
|   | Andy Anderson (SR), Boone                   |               |
|   | Jason Ward (JR), Johnston                   |               |
|   | Dustin Waite (SR), Prairie Cedar Rapids     |               |
|   | Milan Moses (JR), Waterloo East             |               |

**Class 4A Long Jump Finals**

|    |  |                   |
|----|--|-------------------|
| 1  | Rumel Monk (SR), Des Moines Lincoln            | 22'07.25" (6.89m) |
| 2  | Anthony Jackson (SR), Des Moines North         | 22'03.25" (6.79m) |
| 3  | Greg Deal (JR), Iowa City City                 | 22'00.75" (6.72m) |
| 4  | Michael Bell (SR), Marshalltown                | 21'05.25" (6.53m) |
| 5  | Alvin Vesey (JR), Bettendorf                   | 21'05.25" (6.53m) |
| 6  | Ken Fox (SR), Davenport West                   | 21'05" (6.53m)    |
| 7  | Jordan Sander (SR), Clinton                    | 21'03" (6.48m)    |
| 8  | Enye King (JR), Waterloo West                  | 20'10.50" (6.36m) |
| 9  | Josh Leonard (SR), Ankeny                      | 20'06.75" (6.27m) |
| 10 | Zach McMahan (SR), Clinton                     | 20'06" (6.25m)    |
| 11 | Rickie Kellar (SR), Council Bluffs A Lincoln   | 20'05" (6.22m)    |
| 12 | Ashton Winchel (SO), Iowa City West            | 20'02.25" (6.15m) |
| 13 | Ryan Borgwardt (JR), Clinton                   | 20'02.25" (6.15m) |
| 14 | Aaron Herbst (SR), Dubuque Senior              | 20'00" (6.10m)    |
| 15 | Dustin Palmer (SR), Linn-Mar Marion            | 19'11" (6.07m)    |
| 16 | Andre Gooch (SR), Davenport West               | 19'09" (6.02m)    |
|    | Adrian Arrington (SO), Cedar Rapids Washington |                   |

**Class 4A Shot Put Finals**

|    |   |                    |
|----|---|--------------------|
| 1  | Jon Cochran (SR), Valley West Des Moines    | 56'02.75" (17.14m) |
| 2  | Darryl Hunter (JR), Dowling West Des Moines | 55'05" (16.89m)    |
| 3  | Kevin McVey (SR), Bettendorf                | 53'09.75" (16.40m) |
| 4  | Chase Rogers (JR), Marshalltown             | 52'04" (15.95m)    |
| 5  | Alex Wilcox (JR), Valley West Des Moines    | 51'09.25" (15.78m) |
| 6  | Brandon Franklin (JR), Des Moines Hoover    | 51'09" (15.77m)    |
| 7  | Aaron Brant (JR), Wahlert Dubuque           | 51'06.75" (15.72m) |
| 8  | Tom Peppers (SR), Davenport West            | 51'01.75" (15.59m) |
| 9  | Dan McCain, Jr. (SR), Des Moines Roosevelt  | 50'01" (15.27m)    |
| 10 | Derek Lingle (SR), Davenport West           | 50'00.50" (15.25m) |
| 11 | Kenny Keith (JR), Ottumwa                   | 49'09.50" (15.18m) |

|    |   |                    |
|----|---|--------------------|
| 12 | Tyler Rawlins (SR), Newton              | 49'07.50" (15.13m) |
| 13 | Josh Pham (SR), Des Moines Lincoln      | 48'11.50" (14.92m) |
| 14 | Munib Sana (JR), Sioux City North       | 48'07.75" (14.83m) |
| 15 | Chris Blackwell (SR), Dubuque Hempstead | 45'06.50" (13.88m) |
| 16 | Cody Lees (JR), Burlington              | 45'03.75" (13.81m) |
| 17 | Marcus Brand (JR), Davenport West       | 45'01" (13.74m)    |

#### **Class 4A Discus Finals**

|    |  |                  |
|----|--|------------------|
| 1  | Seth Zehr (SR), Fort Dodge                   | 174'11" (53.31m) |
| 2  | Tim Polehna (SR), Cedar Rapids Kennedy       | 171'07" (52.30m) |
| 3  | Aaron Brant (JR), Wahlert Dubuque            | 170'08" (52.02m) |
| 4  | Dan McCain, Jr. (SR), Des Moines Roosevelt   | 167'06" (51.05m) |
| 5  | Chase Madison (SO), Newton                   | 166'09" (50.83m) |
| 6  | Brandon Franklin (JR), Des Moines Hoover     | 162'10" (49.63m) |
| 7  | Warren McDuffie (SR), Iowa City City         | 161'02" (49.12m) |
| 8  | Dan Kudron (SR), Boone                       | 159'06" (48.62m) |
| 9  | Mitch Jansen (JR), North Scott Eldridge      | 153'05" (46.76m) |
| 10 | Stewart Nelson (JR), Johnston                | 152'02" (46.38m) |
| 11 | James Williams (SR), Dowling West Des Moines | 150'07" (45.90m) |
| 12 | Marcus Brand (JR), Davenport West            | 144'09" (44.12m) |
| 13 | David Miller (SR), Dowling West Des Moines   | 144'05" (44.02m) |
| 14 | Jared Modlin (JR), Newton                    | 142'08" (43.48m) |
| 15 | Chad Rinehart (JR), Boone                    | 141'01" (43.00m) |
| 16 | Josh DeBower (SR), Marshalltown              | 140'04" (42.77m) |